



# **SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

**Charity Number 1162042**

## **Annual Report and Financial Statements**

**Year ended 31 July 2025**

## CONTENTS

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Chair's summary report.....	1
Trustees' annual report.....	2-8
Statement of Trustees' responsibilities.....	9
Independent examiner's report.....	10
Receipts and payments accounts.....	11
Statement of assets and liabilities.....	12
Notes to the financial statements.....	13

## **CHAIR'S SUMMARY REPORT**

### **FOR THE YEAR ENDED 31 JULY 2025**

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I am pleased to share this year's annual report. The Board of Trustees confirms that SAPHNA's charitable activities comply with our constitution and regulatory standards.

Over the previous year, SAPHNA has continued to pursue its mission with a focus on strengthening governance and financial processes, underpinning maximum benefit for all members.

The year ending July 2025 saw a change in leadership, which supported the sustainability, efficiency, and stability of the charity. The appointment of an interim Chief Operating Officer brought expertise, continuity, and steady leadership, strengthening our operational processes, and ensuring that SAPHNA remained resilient and effective in fulfilling its mission.

The charity prioritised financial management, governance, and leadership, launching a Chief Executive Officer recruitment drive and expanding the board of trustees. Adding a treasurer improved the board's breadth of expertise, supporting our strategic direction.

In 2024-2025, SAPHNA continued to advance professional practice, influence national policy, support members, and improve outcomes for children and young people. Key achievements from the year include:

- Contribution to national policy, safeguarding and workforce development agendas affecting children and young people.
- Policy influence, campaigning and leadership, with a focus on safeguarding, prevention, school health, and the Healthy Child Programme.
- Participation in national consultations, stakeholder forums and policy discussions relating to safeguarding and child protection prevention and public health workforce issues. Notable contribution includes the Darzi Report Response, Change the NHS Consultation, RSCPH Parliamentary Roundtable on workforce, and RCPCH Vaccine in the UK Access, Uptake and Equity.
- Education and professional development for school and public health nurses.
- Knowledge sharing, including SAPHNA's annual national conference, December 2025, and weekly newsletters for all members.
- Resources and toolkits, including Guidance for Nurses working in Independent Settings, and the Joint SAPHNA/iHV and ADPH The Safeguarding Role of Public Health 0-19 Services Joint Policy Position

SAPHNA relies on the expertise and dedication of the Chief Operating Officer and team to serve its beneficiaries. We thank our outgoing interim COO, whose leadership over the past year guided SAPHNA through significant financial and governance changes.

We extend our sincere appreciation to all staff and volunteers for their continued support, professionalism, and commitment; all of which are essential for the delivery of our high-quality services. Their continued loyalty and perseverance throughout changes in leadership and our procedures have been fundamental to the charity's ongoing success.

The Board thanks our members, sponsors, stakeholders, and partners for supporting SAPHNA's continued success in 2024-25.

Thank you to all trustees for dedicating your time, expertise, and commitment, which ensures the work and operations of SAPHNA meet the needs of our members, and our constitutional and regulatory obligations.

Looking ahead, our focus remains on income diversification and enhanced benefit for members. The Board's commitment continues to support the leadership team to expertly deliver the charity's mission, respond to challenges and opportunities, and deliver growth to augment impact for all our beneficiaries.

Catherine McEvilly, Chair of Board of Trustees

Date: 11 March 2026

## **TRUSTEES' ANNUAL REPORT**

### **FOR THE YEAR ENDED 31 JULY 2025**

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The trustees present their annual report together with the financial statements of the charity for the year ended 31 July 2025.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

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<b>Charity Name</b>	School and Public Health Nurses Association
<b>Charity Number</b>	1162042
<b>Registered Office</b>	Capital Office 124 City Road London EC1V 2NX
<b>Trustees</b>	Catherine McEvilly Rachel Bostwick Katherine Dwyer Els Van Leeuwen Newsha Nosrati
<b>Bankers</b>	Lloyds Banking Group plc
<b>Independent Examiner</b>	Mark Heaton FCCA FCIE DChA K M Chartered Accountants Burnley Wharf Manchester Road

## **OBJECTS**

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The objects of the charity, as per its constitution dated 5 January 2015, are:

*For the public benefit, the advancement of the health of children and young people through the promotion of excellence in school nursing and specialist community public health nursing, in particular but not exclusively by: raising standards, building expertise, creating networks and promoting research and innovation in practice; and raising awareness amongst stakeholders for health, children, families, education, schools and others of the benefits of developing evidence-based practices that improve the health and well-being of children and young people.*

## **PUBLIC BENEFIT**

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The trustees have had due regard to the Charity Commission guidance on public benefit. The activities undertaken during the reporting period were in direct furtherance of the charity's charitable objects, contributing to improved professional practice, sector advocacy and the advancement of child and young people's health.

## **WHAT WE DO**

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SAPHNA is a professional organisation dedicated to the advancement of school nursing and specialist community public health nursing. The charity delivers its mission through:

- advocacy and policy influence
- education and professional development
- networking and peer support
- development of resources and guidance
- research collaboration and knowledge exchange

## **POLICY INFLUENCE, CAMPAIGNING & STRATEGIC LEADERSHIP**

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During the reporting period, SAPHNA continued to contribute to national policy, safeguarding and workforce development agendas affecting children and young people.

### **Policy Consultations & Government Engagement**

Activity included participation in national consultations, stakeholder forums and policy discussions relating to:

- safeguarding and child protection
- education guidance
- specialist community public health nursing
- prevention and public health workforce issues

Specific consultations that SAPHNA responded to included:

- Darzi Report Response
- Change the NHS Consultation
- RSCPH Parliamentary Roundtable on workforce
- RCPCH Vaccine in the UK Access, Uptake and Equity

### **Strategic Alliances & Networks**

SAPHNA engaged with sector partners and networks to support policy influence and workforce voice, including:

- Health Policy influencing Group
- Health Conditions in School Alliance

## **TRUSTEES' ANNUAL REPORT**

### **FOR THE YEAR ENDED 31 JULY 2025**

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- National Allergy Strategy group
- Professional Organisations Meeting (OHID)
- British Association of Community Child Health
- British Association of Community Child Health Research Group
- Children and Young People's Mental Health Alliance
- SAPHNA and NHS Scotland Meeting
- ERIC Potty Roundtable
- 0-19 Research Network
- Transforming Children and Young People's Community Services
- Royal College of Nursing: Children's Nursing Partnership UK
- 0-19 Transformation Programme National QI Forum
- Cross Sector Meeting -Policy Influencing
- United Kingdom Standing Conference of SCPHN educators

Policy priorities continued to focus on safeguarding, prevention, school health, and the Healthy Child Programme, including:

- SAPHNA's "The Forgotten Frontline" survey report and Parliamentary Launch (Oct 2024)
- TES – Review of education packages
- Trudell and ITN Business – "Managing asthma: how to control symptoms during the asthma spike" (August 2024)
- Oracle impact event (April 2025)
- Kings Fund panel on health inequalities and impact for children and young people (May 2025)
- RCPCH launch of report from Immunisation Commission – SAPHNA were a panel member (July 2025)
- NHSConfedexpo Mental health and schools (June 2025)
- Session with Anaphylaxis UK and Royal College of Medicine regarding role of school nurses (July 2025)

### **EDUCATION, CONTINUED PROFESSIONAL DEVELOPMENT (CPD) & KNOWLEDGE SHARING**

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SAPHNA continued to provide learning and development activities for school and public health nurses, including students and early-career practitioners. This included:

- Seven student sessions
- One preceptorship session
- Attendance at One school nurse forum
- Attendance at the Nursing In Practice conference in Cardiff

SAPHNA entered into an affiliation partnership with the National Association of School Nurse Academics (NASNA) in May 2025, which strengthens our access to research, early-career academics and emerging evidence, enabling richer knowledge exchange, collaborative enquiry and high-quality literature review activity to support the ongoing development of the school nursing workforce.

### **Training & Learning Events**

The charity delivered online training and development opportunities including:

- webinars:
  - Asthma update for health professionals working with CYP (117 registrations)
  - Best Practice Guidance: Nurses working in independent Schools (53 registrations)
  - Child sexual abuse: Improving our identification and response (103 registrations)
  - Empowering School & Public Health Nurses: Discover the MAAPP Toolkit (24 registrations)

- Evidenced Based Preventative Care to Children and Young People with SEND (108 registrations)
- Join the conversation: Change the NHS (97 registrations)
- LGBTQ+ Gender Identity Awareness and Inclusion Training Workshops (57 registrations)
- Meeting the Health Needs of Children and Young People: A Standard Operating Procedure for the Safe Delegation of Clinical Interventions in Schools & Community Settings (51 registrations)
- Moving School Nursing from a "Safeguarding Team" to a "Public Health Team" (149 registrations)
- Reducing the risk of alcohol exposed pregnancies in adolescents (58 registrations)
- Safeguarding Children and Young people using a True Preventative Approach (148 registrations)
- first cohort of the new Leadership Training course (started in June 2025, completed October 2025) with 12 delegates
- Communities of Practice (previously called Special Interest Groups):
  - Innovations in Practice – July 2025 (27 registrations)
  - Leading and Thriving - June 2025 (11 registrations)
  - Practice Educator – October 2024 (65 registrations)
  - Practice Educator – February 2025 (45 registrations)
  - Practice Educator – May 2025 (45 registrations)
  - Practice Educator – July 2025 (39 registrations)
  - Safeguarding the Safeguarder – August 2024 (76 registrations)
  - Safeguarding the Safeguarder – October 2024 (62 registrations)
  - Safeguarding the Safeguarder – December 2024 (57 registrations)
  - Safeguarding the Safeguarder – February 2025 (42 registrations)
  - Safeguarding the Safeguarder – April 2025 (42 registrations)
  - Safeguarding the Safeguarder – June 2025 (40 registrations)
  - Student SCPHN School Nurse – January 2025 (32 registrations)
  - Student SCPHN School Nurse – April 2025 (47 registrations)
  - Student SCPHN School Nurse – July 2025 (25 registrations)
  - Workforce and skill mix – October 2024 (45 registrations)
  - Workforce Development and School Nurse Practice (the new Workforce and skill mix SIG) – June 2025 (19 registrations)
- engagement with universities:
  - Oxford Brookes
  - Surrey
  - Anglia Ruskin
  - QMU
  - Greenwich
  - UWE
  - BCU

### **Annual Conference 2024**

SAPHNA delivered its annual national conference during the reporting period, held in a hybrid format at Buckinghamshire New University and online. The 2024 theme was "A School Nurse in Every School: School nurses' positive impact in addressing health inequalities in children, young people and their families".

The programme included keynote presentations, policy updates and professional learning sessions, with contributions from national leaders, academics, practitioners and young people. Speakers included Professor Sir Michael Marmot, Professor Jamie Waterall and SAPHNA representatives.

A total of 194 delegates registered for the conference, comprised of both in-person and virtual participants. Corporate support included a headline sponsor (AstraZeneca) and multiple exhibitors and partners.

## **TRUSTEES' ANNUAL REPORT**

### **FOR THE YEAR ENDED 31 JULY 2025**

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Evaluation feedback was received from 28 delegates (17 virtual and 11 in-person). Key findings included:

- **93%** satisfied with the overall experience
- **93%** reported the conference met expectations
- **93%** found sessions useful and relevant
- **96%** would recommend the conference to colleagues
- **82%** reported they were likely to apply learning to practice

Delegates highlighted the quality of speakers, the relevance of topics and the value of youth voice. Areas for improvement included enhanced networking opportunities, further optimisation of the virtual experience and clearer administrative communication.

The conference continued to support SAPHNA's charitable objects by promoting professional development, advancing evidence and contributing to improved practice for those working with children and young people.

### **Digital Learning & Resources**

Plans continued for development of digital learning materials and e-learning platforms as part of the 2025–2028 strategy.

## **MEMBERSHIP, SPONSORSHIP & ENGAGEMENT**

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Membership remained a key mechanism for supporting professional connection and sharing of practice.

As of year-end:

- Individual members – 1,287
- Number of corporate member organisations – 26 with approximately 725 individuals

Engagement activity included:

- communications to members, including the quarterly SAPHNA newsletter
- engagement with student nurses
- external speaking opportunities
- sponsorship and partnership development

Sponsors for 2024-25 included:

- Digital Health Transformation Service
- Tigerlily Training
- Sandoz
- School Screener
- The Lancaster Model/Aire Innovate

Non-financial partnerships in 2024-2025 included:

- Medical Tracker
- Nursing In Practice
- Anaphylaxis UK
- Eve Appeal



# **TRUSTEES' ANNUAL REPORT**

## **FOR THE YEAR ENDED 31 JULY 2025**

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### **RESOURCES, GUIDANCE & PRACTICE DEVELOPMENT**

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SAPHNA continued to support practice development through the curation and development of professional resources.

Activities included:

- collaboration with higher education and research partners
- resource sharing with practitioners
- specialist Communities of Practice

Resources and toolkits that were created and published in 2024-2025 include:

- SAPHNA Guidance for Nurses working in Independent Settings
- Joint SAPHNA/iHV and ADPH The Safeguarding Role of Public Health 0-19 Services Joint Policy Position.

### **REPRESENTATION, EVENTS & PUBLIC ENGAGEMENT**

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SAPHNA maintained presence at external events to represent the school and public health nursing workforce. Representation included a presentation at the QNI ICB Chief Nurses Forum.

### **RESEARCH & INNOVATION**

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The charity continued to participate in collaborative research and sector knowledge networks to inform practice and support evidence-based delivery.

Activity included:

- collaboration with research networks
- evidence gathering to support policy influence
- student engagement activities
- Presenting at the RCN International Research Conference
- CIRCLE Study by the Sea Advisory Group
- Presenting at the NHS Expo

### **IN SUMMARY**

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Throughout 2024–2025, SAPHNA continued to deliver activities that advanced professional practice, contributed to national policy discussions, supported the workforce and promoted improved outcomes for children and young people. Planned developments for 2025–2028 aim to build organisational sustainability and strengthen the public benefit delivered through the charity's objects.

### **INCOME SOURCES**

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Income for the period ended 31 July 2025 was **£151,974**. The majority of income was derived from:

- membership
- sponsorship
- conference activity
- events and professional services
- expert advice

# TRUSTEES' ANNUAL REPORT

## FOR THE YEAR ENDED 31 JULY 2025

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### RESERVES

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The charity operates a reserves policy to maintain a minimum of three months' operating costs. At year end, unrestricted funds remained in place to support operational viability. The trustees reviewed reserves during the year in line with financial performance and future planning.

Cash carried forward at year end was **£96,164**.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

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SAPHNA is a Foundation Charitable Incorporated Organisation (CIO) governed by its constitution dated 5 January 2015.

Trustees are responsible for strategic direction, compliance and oversight. Trustees are appointed in accordance with the constitution following a skills and experience assessment.

#### Government Developments

During the year, governance and financial processes were strengthened. The Charity Commission concluded regulatory engagement in August 2025 with no further action taken and encouraged continued strengthening of financial controls.

### RISKS AND UNCERTAINTIES

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The trustees monitor risks relating to financial sustainability, operational delivery and governance. Financial sustainability remains the most significant risk due to rising costs and variable income. Mitigations include developing income diversification and strengthened financial management arrangements.

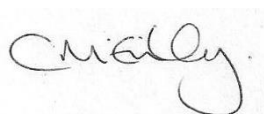
### PLANS FOR THE FUTURE

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The Board approved a development strategy for 2025–2028 focused on:

- expansion of CPD and training provision
- policy and workforce engagement
- research collaboration
- digital development
- income diversification to support sustainability

Approved by the trustees and signed on their behalf by:



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C McEvilly, Chair

Date: 11 March 2026

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

### FOR THE YEAR ENDED 31 JULY 2025

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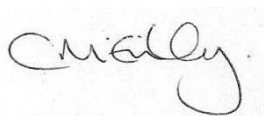
The Trustees are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statement, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable charities SORP;
- make judgements and estimates that are reasonable and prudent;
- to state whether applicable standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose the reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on its behalf by:



.....  
C McEvilly, Chair

Date: 11 March 2026

# **INDEPENDENT EXAMINER'S REPORT**

## **FOR THE YEAR ENDED 31 JULY 2025**

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### **Independent examiner's report to the trustees of School and Public Health Nurses Association**

I report on the financial statements of School and Public Health Nurses Association ("the Charity") for the year ended 31 July 2025, which are set out on pages 11 to 13.

### **Respective responsibilities and basis of report**

As the Charity's trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

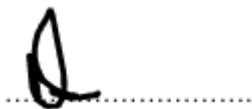
I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

Having completed my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records.

I confirm that there are no other matters to which your attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Mark Heaton FCCA FCIE DChA  
K M Chartered Accountants  
Burnley Wharf  
Manchester Road  
Burnley  
BB11 1JG

Date: 11 March 2026

# RECEIPTS AND PAYMENTS ACCOUNT

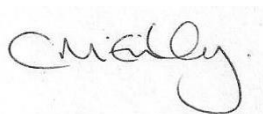
FOR THE YEAR ENDED 31 JULY 2025

	Unrestricted Funds	<b>Total 2025</b>	Total 2024
	£	£	£
<b>Receipts</b>			
0-19 Research Network	1,300	<b>1,300</b>	7,200
Advertising	2,635	<b>2,635</b>	925
Commissions	-	-	7,290
Conference tickets	17,700	<b>17,700</b>	19,247
Events	1,559	<b>1,559</b>	-
Expert Advice	5,513	<b>5,513</b>	1,040
Leadership	3,294	<b>3,294</b>	-
Membership	82,764	<b>82,764</b>	83,363
Roundtable event	-	-	11,500
Service review	-	-	14,110
Sponsorship	34,773	<b>34,773</b>	33,777
Training	486	<b>486</b>	4,162
Other	1,949	<b>1,949</b>	889
	<b>151,974</b>	<b>151,974</b>	183,503
<b>Payments</b>			
Charitable activities	38,495	<b>38,495</b>	40,522
Staff costs	150,860	<b>150,860</b>	129,515
	<b>189,355</b>	<b>189,355</b>	170,037
<b>Net receipts/(payments)</b>	<b>(37,381)</b>	<b>(37,381)</b>	13,466
Cash funds brought forward	133,545	<b>133,545</b>	120,079
<b>Cash funds carried forward</b>	<b>96,164</b>	<b>96,164</b>	133,545

**STATEMENT OF ASSETS AND LIABILITIES**  
FOR THE YEAR ENDED 31 JULY 2025

	Unrestricted Funds	<b>Total 2025</b>	Total 2024
	£	£	£
<b>Assets</b>			
Cash at bank and in hand	96,164	<b>96,164</b>	133,545
	96,164	96,164	133,545
<b>Liabilities</b>	£	£	£
Deferred income	19,833	<b>19,833</b>	38,980
Independent examiners accrual	1,050	<b>1,050</b>	1,020
	20,883	20,883	40,000

Approved by the trustees and signed by:



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C McEvilly

Date: 11 March 2026

## **NOTES TO THE FINANCIAL STATEMENTS**

### **FOR THE YEAR ENDED 31 JULY 2025**

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#### **1. Basis of preparation**

These financial statements have been prepared on the receipts and payments basis in accordance with the Charities Act 2011

#### **2. Fund accounting**

- (a) Unrestricted funds are those that can be expended at the discretion of the trustees in the furtherance of the objects of the charity.
- (b) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.

#### **3. Taxation**

- (a) The charity is not liable to corporation tax on its charitable activities.
- (b) The charity is not registered for VAT, thus all costs are shown inclusive of VAT charged. Irrecoverable VAT is included in the expense to which it relates.

#### **4. Transactions with trustees and related parties**

- (a) No remuneration was paid to trustees during the year or in the previous year.
- (b) No expenses were reimbursed to trustees during the year or in the previous year.
- (c) There were no transactions with related parties during the year or in the previous year.