

# SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION

England & Wales · Charity number 1162042

## Details

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Other names	SAPHNA
Status	Registered
Legal form	CIO
Registered	2015-06-05
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Capital Office 124 City Road London EC1V 2NX
Phone	07349266942
Email	<a href="mailto:Info@saphna.co">Info@saphna.co</a>
Website	<a href="http://www.saphna.co">www.saphna.co</a>

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE ADVANCEMENT OF THE HEALTH OF CHILDREN AND YOUNG PEOPLE THROUGH THE PROMOTION OF EXCELLENCE IN SCHOOL NURSING AND SPECIALIST COMMUNITY PUBLIC HEALTH NURSING, IN PARTICULAR BUT NOT EXCLUSIVELY BY:-RAISING STANDARDS, BUILDING EXPERTISE, CREATING NETWORKS AND PROMOTING RESEARCH AND INNOVATION IN PRACTICE;-RAISING AWARENESS AMONGST STAKEHOLDERS FOR HEALTH, CHILDREN, FAMILIES, EDUCATION, SCHOOLS AND OTHERS OF THE BENEFITS OF DEVELOPING EVIDENCE-BASED PRACTICES THAT IMPROVE THE HEALTH AND WELL-BEING OF CHILDREN AND YOUNG PEOPLE.

**Activities:** Improving outcomes for children and young people through promoting and improving school and public health nursing.

## Classification

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- **How:** Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

## Geography

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- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-07-31	£151,974	£189,355	-	-
2024-07-31	£183,503	£170,037	-	-
2023-07-31	£116,477	£107,110	-	-
2022-07-31	£141,074	£80,811	-	-
2021-07-31	£148,405	£125,429	-	-

## Trustees

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Name	Role	Appointed
<b>Catherine anne McEvilly</b>	Chair	2024-05-05
Els Suzanne van Leeuwen		2025-10-10
Katherine Dwyer		2025-11-06
Newsha Nosrati		2025-09-16
Rachel Bostwick		2019-11-12

**SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

England & Wales - Charity number 1162042

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# Accounts

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# **SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

**Charity Number 1162042**

## **Annual Report and Financial Statements**

**Year ended 31 July 2025**

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## **CHAIR'S SUMMARY REPORT**

### **FOR THE YEAR ENDED 31 JULY 2025**

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I am pleased to share this year's annual report. The Board of Trustees confirms that SAPHNA's charitable activities comply with our constitution and regulatory standards.

Over the previous year, SAPHNA has continued to pursue its mission with a focus on strengthening governance and financial processes, underpinning maximum benefit for all members.

The year ending July 2025 saw a change in leadership, which supported the sustainability, efficiency, and stability of the charity. The appointment of an interim Chief Operating Officer brought expertise, continuity, and steady leadership, strengthening our operational processes, and ensuring that SAPHNA remained resilient and effective in fulfilling its mission.

The charity prioritised financial management, governance, and leadership, launching a Chief Executive Officer recruitment drive and expanding the board of trustees. Adding a treasurer improved the board's breadth of expertise, supporting our strategic direction.

In 2024-2025, SAPHNA continued to advance professional practice, influence national policy, support members, and improve outcomes for children and young people. Key achievements from the year include:

- Contribution to national policy, safeguarding and workforce development agendas affecting children and young people.
- Policy influence, campaigning and leadership, with a focus on safeguarding, prevention, school health, and the Healthy Child Programme.
- Participation in national consultations, stakeholder forums and policy discussions relating to safeguarding and child protection prevention and public health workforce issues. Notable contribution includes the Darzi Report Response, Change the NHS Consultation, RSCPH Parliamentary Roundtable on workforce, and RCPCH Vaccine in the UK Access, Uptake and Equity.
- Education and professional development for school and public health nurses.
- Knowledge sharing, including SAPHNA's annual national conference, December 2025, and weekly newsletters for all members.
- Resources and toolkits, including Guidance for Nurses working in Independent Settings, and the Joint SAPHNA/iHV and ADPH The Safeguarding Role of Public Health 0-19 Services Joint Policy Position

SAPHNA relies on the expertise and dedication of the Chief Operating Officer and team to serve its beneficiaries. We thank our outgoing interim COO, whose leadership over the past year guided SAPHNA through significant financial and governance changes.

We extend our sincere appreciation to all staff and volunteers for their continued support, professionalism, and commitment; all of which are essential for the delivery of our high-quality services. Their continued loyalty and perseverance throughout changes in leadership and our procedures have been fundamental to the charity's ongoing success.

The Board thanks our members, sponsors, stakeholders, and partners for supporting SAPHNA's continued success in 2024-25.

Thank you to all trustees for dedicating your time, expertise, and commitment, which ensures the work and operations of SAPHNA meet the needs of our members, and our constitutional and regulatory obligations.

Looking ahead, our focus remains on income diversification and enhanced benefit for members. The Board's commitment continues to support the leadership team to expertly deliver the charity's mission, respond to challenges and opportunities, and deliver growth to augment impact for all our beneficiaries.

Catherine McEvilly, Chair of Board of Trustees

Date: 11 March 2026

# **TRUSTEES' ANNUAL REPORT**

## **FOR THE YEAR ENDED 31 JULY 2025**

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The trustees present their annual report together with the financial statements of the charity for the year ended 31 July 2025.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

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**Charity Name** School and Public Health Nurses Association

**Charity Number** 1162042

**Registered Office** Capital Office  
124 City Road  
London  
EC1V 2NX

**Trustees** Catherine McEvilly  
Rachel Bostwick  
Katherine Dwyer  
Els Van Leeuwen  
Newsha Nosrati

**Bankers** Lloyds Banking Group plc

**Independent Examiner** Mark Heaton FCCA FCIE DChA  
K M Chartered Accountants  
Burnley Wharf  
Manchester Road

# TRUSTEES' ANNUAL REPORT

## FOR THE YEAR ENDED 31 JULY 2025

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### OBJECTS

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The objects of the charity, as per its constitution dated 5 January 2015, are:

*For the public benefit, the advancement of the health of children and young people through the promotion of excellence in school nursing and specialist community public health nursing, in particular but not exclusively by: raising standards, building expertise, creating networks and promoting research and innovation in practice; and raising awareness amongst stakeholders for health, children, families, education, schools and others of the benefits of developing evidence-based practices that improve the health and well-being of children and young people.*

### PUBLIC BENEFIT

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The trustees have had due regard to the Charity Commission guidance on public benefit. The activities undertaken during the reporting period were in direct furtherance of the charity's charitable objects, contributing to improved professional practice, sector advocacy and the advancement of child and young people's health.

### WHAT WE DO

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SAPHNA is a professional organisation dedicated to the advancement of school nursing and specialist community public health nursing. The charity delivers its mission through:

- advocacy and policy influence
- education and professional development
- networking and peer support
- development of resources and guidance
- research collaboration and knowledge exchange

### POLICY INFLUENCE, CAMPAIGNING & STRATEGIC LEADERSHIP

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During the reporting period, SAPHNA continued to contribute to national policy, safeguarding and workforce development agendas affecting children and young people.

#### Policy Consultations & Government Engagement

Activity included participation in national consultations, stakeholder forums and policy discussions relating to:

- safeguarding and child protection
- education guidance
- specialist community public health nursing
- prevention and public health workforce issues

Specific consultations that SAPHNA responded to included:

- Darzi Report Response
- Change the NHS Consultation
- RSCPH Parliamentary Roundtable on workforce
- RCPCH Vaccine in the UK Access, Uptake and Equity

#### Strategic Alliances & Networks

SAPHNA engaged with sector partners and networks to support policy influence and workforce voice, including:

- Health Policy influencing Group
- Health Conditions in School Alliance

## TRUSTEES' ANNUAL REPORT

### FOR THE YEAR ENDED 31 JULY 2025

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- National Allergy Strategy group
- Professional Organisations Meeting (OHID)
- British Association of Community Child Health
- British Association of Community Child Health Research Group
- Children and Young People's Mental Health Alliance
- SAPHNA and NHS Scotland Meeting
- ERIC Potty Roundtable
- 0-19 Research Network
- Transforming Children and Young People's Community Services
- Royal College of Nursing: Children's Nursing Partnership UK
- 0-19 Transformation Programme National QI Forum
- Cross Sector Meeting -Policy Influencing
- United Kingdom Standing Conference of SCPHN educators

Policy priorities continued to focus on safeguarding, prevention, school health, and the Healthy Child Programme, including:

- SAPHNA's "The Forgotten Frontline" survey report and Parliamentary Launch (Oct 2024)
- TES – Review of education packages
- Trudell and ITN Business – "Managing asthma: how to control symptoms during the asthma spike" (August 2024)
- Oracle impact event (April 2025)
- Kings Fund panel on health inequalities and impact for children and young people (May 2025)
- RCPCH launch of report from Immunisation Commission – SAPHNA were a panel member (July 2025)
- NHSConfedexpo Mental health and schools (June 2025)
- Session with Anaphylaxis UK and Royal College of Medicine regarding role of school nurses (July 2025)

### **EDUCATION, CONTINUED PROFESSIONAL DEVELOPMENT (CPD) & KNOWLEDGE SHARING**

SAPHNA continued to provide learning and development activities for school and public health nurses, including students and early-career practitioners. This included:

- Seven student sessions
- One preceptorship session
- Attendance at One school nurse forum
- Attendance at the Nursing In Practice conference in Cardiff

SAPHNA entered into an affiliation partnership with the National Association of School Nurse Academics (NASNA) in May 2025, which strengthens our access to research, early-career academics and emerging evidence, enabling richer knowledge exchange, collaborative enquiry and high-quality literature review activity to support the ongoing development of the school nursing workforce.

### **Training & Learning Events**

The charity delivered online training and development opportunities including:

- webinars:
  - Asthma update for health professionals working with CYP (117 registrations)
  - Best Practice Guidance: Nurses working in independent Schools (53 registrations)
  - Child sexual abuse: Improving our identification and response (103 registrations)
  - Empowering School & Public Health Nurses: Discover the MAAPP Toolkit (24 registrations)

## TRUSTEES' ANNUAL REPORT

### FOR THE YEAR ENDED 31 JULY 2025

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- Evidenced Based Preventative Care to Children and Young People with SEND (108 registrations)
- Join the conversation: Change the NHS (97 registrations)
- LGBTQ+ Gender Identity Awareness and Inclusion Training Workshops (57 registrations)
- Meeting the Health Needs of Children and Young People: A Standard Operating Procedure for the Safe Delegation of Clinical Interventions in Schools & Community Settings (51 registrations)
- Moving School Nursing from a "Safeguarding Team" to a "Public Health Team" (149 registrations)
- Reducing the risk of alcohol exposed pregnancies in adolescents (58 registrations)
- Safeguarding Children and Young people using a True Preventative Approach (148 registrations)
- first cohort of the new Leadership Training course (started in June 2025, completed October 2025) with 12 delegates
- Communities of Practice (previously called Special Interest Groups):
  - Innovations in Practice – July 2025 (27 registrations)
  - Leading and Thriving - June 2025 (11 registrations)
  - Practice Educator – October 2024 (65 registrations)
  - Practice Educator – February 2025 (45 registrations)
  - Practice Educator – May 2025 (45 registrations)
  - Practice Educator – July 2025 (39 registrations)
  - Safeguarding the Safeguarder – August 2024 (76 registrations)
  - Safeguarding the Safeguarder – October 2024 (62 registrations)
  - Safeguarding the Safeguarder – December 2024 (57 registrations)
  - Safeguarding the Safeguarder – February 2025 (42 registrations)
  - Safeguarding the Safeguarder – April 2025 (42 registrations)
  - Safeguarding the Safeguarder – June 2025 (40 registrations)
  - Student SCPHN School Nurse – January 2025 (32 registrations)
  - Student SCPHN School Nurse – April 2025 (47 registrations)
  - Student SCPHN School Nurse – July 2025 (25 registrations)
  - Workforce and skill mix – October 2024 (45 registrations)
  - Workforce Development and School Nurse Practice (the new Workforce and skill mix SIG) – June 2025 (19 registrations)
- engagement with universities:
  - Oxford Brookes
  - Surrey
  - Anglia Ruskin
  - QMU
  - Greenwich
  - UWE
  - BCU

#### Annual Conference 2024

SAPHNA delivered its annual national conference during the reporting period, held in a hybrid format at Buckinghamshire New University and online. The 2024 theme was "A School Nurse in Every School: School nurses' positive impact in addressing health inequalities in children, young people and their families".

The programme included keynote presentations, policy updates and professional learning sessions, with contributions from national leaders, academics, practitioners and young people. Speakers included Professor Sir Michael Marmot, Professor Jamie Waterall and SAPHNA representatives.

A total of 194 delegates registered for the conference, comprised of both in-person and virtual participants. Corporate support included a headline sponsor (AstraZeneca) and multiple exhibitors and partners.

## **TRUSTEES' ANNUAL REPORT**

### **FOR THE YEAR ENDED 31 JULY 2025**

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Evaluation feedback was received from 28 delegates (17 virtual and 11 in-person). Key findings included:

- **93%** satisfied with the overall experience
- **93%** reported the conference met expectations
- **93%** found sessions useful and relevant
- **96%** would recommend the conference to colleagues
- **82%** reported they were likely to apply learning to practice

Delegates highlighted the quality of speakers, the relevance of topics and the value of youth voice. Areas for improvement included enhanced networking opportunities, further optimisation of the virtual experience and clearer administrative communication.

The conference continued to support SAPHNA's charitable objects by promoting professional development, advancing evidence and contributing to improved practice for those working with children and young people.

### **Digital Learning & Resources**

Plans continued for development of digital learning materials and e-learning platforms as part of the 2025–2028 strategy.

## **MEMBERSHIP, SPONSORSHIP & ENGAGEMENT**

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Membership remained a key mechanism for supporting professional connection and sharing of practice.

As of year-end:

- Individual members – 1,287
- Number of corporate member organisations – 26 with approximately 725 individuals

Engagement activity included:

- communications to members, including the quarterly SAPHNA newsletter
- engagement with student nurses
- external speaking opportunities
- sponsorship and partnership development

Sponsors for 2024-25 included:

- Digital Health Transformation Service
- Tigerlily Training
- Sandoz
- School Screener
- The Lancaster Model/Aire Innovate

Non-financial partnerships in 2024-2025 included:

- Medical Tracker
- Nursing In Practice
- Anaphylaxis UK
- Eve Appeal

# TRUSTEES' ANNUAL REPORT

## FOR THE YEAR ENDED 31 JULY 2025

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### RESOURCES, GUIDANCE & PRACTICE DEVELOPMENT

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SAPHNA continued to support practice development through the curation and development of professional resources.

Activities included:

- collaboration with higher education and research partners
- resource sharing with practitioners
- specialist Communities of Practice

Resources and toolkits that were created and published in 2024-2025 include:

- SAPHNA Guidance for Nurses working in Independent Settings
- Joint SAPHNA/iHV and ADPH The Safeguarding Role of Public Health 0-19 Services Joint Policy Position.

### REPRESENTATION, EVENTS & PUBLIC ENGAGEMENT

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SAPHNA maintained presence at external events to represent the school and public health nursing workforce. Representation included a presentation at the QNI ICB Chief Nurses Forum.

### RESEARCH & INNOVATION

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The charity continued to participate in collaborative research and sector knowledge networks to inform practice and support evidence-based delivery.

Activity included:

- collaboration with research networks
- evidence gathering to support policy influence
- student engagement activities
- Presenting at the RCN International Research Conference
- CIRCLE Study by the Sea Advisory Group
- Presenting at the NHS Expo

### IN SUMMARY

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Throughout 2024–2025, SAPHNA continued to deliver activities that advanced professional practice, contributed to national policy discussions, supported the workforce and promoted improved outcomes for children and young people. Planned developments for 2025–2028 aim to build organisational sustainability and strengthen the public benefit delivered through the charity's objects.

### INCOME SOURCES

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Income for the period ended 31 July 2025 was **£151,974**. The majority of income was derived from:

- membership
- sponsorship
- conference activity
- events and professional services
- expert advice

# TRUSTEES' ANNUAL REPORT

## FOR THE YEAR ENDED 31 JULY 2025

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### RESERVES

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The charity operates a reserves policy to maintain a minimum of three months' operating costs. At year end, unrestricted funds remained in place to support operational viability. The trustees reviewed reserves during the year in line with financial performance and future planning.

Cash carried forward at year end was **£96,164**.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

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SAPHNA is a Foundation Charitable Incorporated Organisation (CIO) governed by its constitution dated 5 January 2015.

Trustees are responsible for strategic direction, compliance and oversight. Trustees are appointed in accordance with the constitution following a skills and experience assessment.

#### Government Developments

During the year, governance and financial processes were strengthened. The Charity Commission concluded regulatory engagement in August 2025 with no further action taken and encouraged continued strengthening of financial controls.

### RISKS AND UNCERTAINTIES

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The trustees monitor risks relating to financial sustainability, operational delivery and governance. Financial sustainability remains the most significant risk due to rising costs and variable income. Mitigations include developing income diversification and strengthened financial management arrangements.

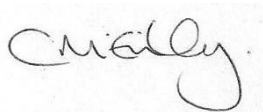
### PLANS FOR THE FUTURE

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The Board approved a development strategy for 2025–2028 focused on:

- expansion of CPD and training provision
- policy and workforce engagement
- research collaboration
- digital development
- income diversification to support sustainability

Approved by the trustees and signed on their behalf by:



.....  
C McEvelly, Chair

Date: 11 March 2026

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 JULY 2025

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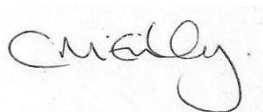
The Trustees are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statement, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable charities SORP;
- make judgements and estimates that are reasonable and prudent;
- to state whether applicable standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose the reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on its behalf by:



.....  
C McEvilly, Chair

Date: 11 March 2026

# **INDEPENDENT EXAMINER'S REPORT**

## **FOR THE YEAR ENDED 31 JULY 2025**

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### **Independent examiner's report to the trustees of School and Public Health Nurses Association**

I report on the financial statements of School and Public Health Nurses Association ("the Charity") for the year ended 31 July 2025, which are set out on pages 11 to 13.

### **Respective responsibilities and basis of report**

As the Charity's trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

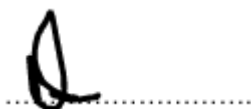
I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

Having completed my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records.

I confirm that there are no other matters to which your attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Mark Heaton FCCA FCIE DChA  
K M Chartered Accountants  
Burnley Wharf  
Manchester Road  
Burnley  
BB11 1JG

Date: 11 March 2026

**RECEIPTS AND PAYMENTS ACCOUNT**  
FOR THE YEAR ENDED 31 JULY 2025

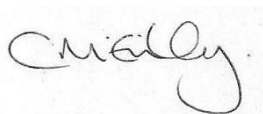
	Unrestricted Funds	<b>Total 2025</b>	Total 2024
	£	£	£
<b>Receipts</b>			
0-19 Research Network	1,300	<b>1,300</b>	7,200
Advertising	2,635	<b>2,635</b>	925
Commissions	-	-	7,290
Conference tickets	17,700	<b>17,700</b>	19,247
Events	1,559	<b>1,559</b>	-
Expert Advice	5,513	<b>5,513</b>	1,040
Leadership	3,294	<b>3,294</b>	-
Membership	82,764	<b>82,764</b>	83,363
Roundtable event	-	-	11,500
Service review	-	-	14,110
Sponsorship	34,773	<b>34,773</b>	33,777
Training	486	<b>486</b>	4,162
Other	1,949	<b>1,949</b>	889
	<b>151,974</b>	<b>151,974</b>	183,503
<b>Payments</b>			
Charitable activities	38,495	<b>38,495</b>	40,522
Staff costs	150,860	<b>150,860</b>	129,515
	<b>189,355</b>	<b>189,355</b>	170,037
<b>Net receipts/(payments)</b>	<b>(37,381)</b>	<b>(37,381)</b>	13,466
Cash funds brought forward	133,545	<b>133,545</b>	120,079
<b>Cash funds carried forward</b>	<b>96,164</b>	<b>96,164</b>	133,545

**STATEMENT OF ASSETS AND LIABILITIES**  
FOR THE YEAR ENDED 31 JULY 2025

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	Unrestricted Funds	<b>Total 2025</b>	Total 2024
<b>Assets</b>	£	£	£
Cash at bank and in hand	96,164	<b>96,164</b>	133,545
	96,164	96,164	133,545
<b>Liabilities</b>	£	£	£
Deferred income	19,833	<b>19,833</b>	38,980
Independent examiners accrual	1,050	<b>1,050</b>	1,020
	20,883	20,883	40,000

Approved by the trustees and signed by:



.....  
C McEvilly

Date: 11 March 2026

## **NOTES TO THE FINANCIAL STATEMENTS**

FOR THE YEAR ENDED 31 JULY 2025

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### **1. Basis of preparation**

These financial statements have been prepared on the receipts and payments basis in accordance with the Charities Act 2011

### **2. Fund accounting**

- (a) Unrestricted funds are those that can be expended at the discretion of the trustees in the furtherance of the objects of the charity.
- (b) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.

### **3. Taxation**

- (a) The charity is not liable to corporation tax on its charitable activities.
- (b) The charity is not registered for VAT, thus all costs are shown inclusive of VAT charged. Irrecoverable VAT is included in the expense to which it relates.

### **4. Transactions with trustees and related parties**

- (a) No remuneration was paid to trustees during the year or in the previous year.
- (b) No expenses were reimbursed to trustees during the year or in the previous year.
- (c) There were no transactions with related parties during the year or in the previous year.

**SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

England & Wales - Charity number 1162042

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# Accounts

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**SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

**Charity No. 1162042**

# **Annual Report and Financial Statements**

**Year ended 31<sup>st</sup> July 2024**

# School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

## Reference and administrative details

Trustees	C McEvelly (appointed 5 <sup>th</sup> May 2024) N Stevens (appointed 5 <sup>th</sup> May 2024) P Sharifi (appointed 5 <sup>th</sup> May 2024, resigned 14 <sup>th</sup> April 2025) P Watson R Bostwick
Principal address	Capital Office 124 City Road London EC1V 2NX
Bankers	The Co-Operative Bank PLC
Registered Charity Number	1162042
Independent Examiner	M R Heaton FCCA FCIE DChA KM Chartered Accountants 1 <sup>st</sup> Floor, Block C The Wharf Manchester Road Burnley BB11 1JG

## School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

### TRUSTEES ANNUAL REPORT

The trustees present their report with the financial statements of the charity for the year ending 31<sup>st</sup> July 2024.

#### OBJECTS

The objects of the charity, as per its constitution dated 5<sup>th</sup> January 2015 are:

For the public benefit, the advancement of the health of children and young people through the promotion of excellence in school nursing and specialist community public health nursing, in particular but not exclusively by: raising standards, building expertise, creating networks and promoting research and innovation in practice; and raising awareness amongst stakeholders for health, children, families, education, schools and others of the benefits of developing evidence-based practices that improve the health and well-being of children and young people.

#### PUBLIC BENEFIT

In accordance with their objectives for this year, and with due regard to the published Charity Commission guidance on the operation of the Public Benefit requirements of the Charities Act 2006, the trustees have undertaken appropriate activities in furtherance of these aims for the public benefit. This report explains how our activities achieve public benefit.

#### WHAT WE DO

The School and Public Health Nurses Association (SAPHNA) is a professional organisation dedicated to the advancement of school nursing and specialist community public health nursing. We support the development of high standards of practice and aim to improve the health outcomes of children and young people across the UK. Our activities include:

- **Advocacy and Policy Influence:** SAPHNA actively engages with policymakers, government bodies, and key stakeholders to ensure the voice of school and public health nurses is heard and considered in health and education policies.
- **Education and Training:** We provide a range of educational resources, training courses, webinars, and events to enhance the knowledge and skills of school and public health nurses working with children and young people.
- **Networking and Support:** SAPHNA fosters a collaborative environment where school nurses and public health practitioners can connect, share best practices, and access peer support.
- **Resource Development:** We create evidence-based resources, guidance, and toolkits to support school and public health nurses in their work with children, families, and schools.
- **Research and Innovation:** SAPHNA encourages and promotes research that informs best practices in school and public health nursing, driving improvements in service delivery.

SAPHNA continued to deliver its charitable aims by leading, influencing, and empowering the school nursing and public health nursing workforce across the UK. Between August 2023 and July 2024, SAPHNA engaged in a broad programme of advocacy, education, research, service development, and system-wide collaboration to promote better health outcomes for children and young people.

## School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

TRUSTEES ANNUAL REPORT (CONTINUED)

### POLICY INFLUENCE, CAMPAIGNING & STRATEGIC LEADERSHIP

SAPHNA played a central role in influencing national health and education policy, shaping services, and championing public health nursing through evidence, consultation, and strategic partnership:

#### Major Campaigns & National Initiatives:

- **A School Nurse for Every School – National Roundtables**

In collaboration with the Queen's Nursing Institute (QNI) and the College of Medicine, and funded by Sanofi (with no input or influence), SAPHNA co-led two national School Nurse Roundtables:

- 15 December 2023: Identified causes and impact of the school nursing workforce decline
- 20 March 2024: Progress review, stakeholder commitments and calls to action  
Over 30 organisations contributed, including Directors of Public Health, National Health Service (NHS), local authorities, and voluntary sector partners. The work culminated in published reports calling for urgent investment and reform.

- **#SchoolNurseInEverySchool Survey (January 2024)**

A national survey was launched to gather frontline intelligence from school nursing teams on the state of the workforce, Healthy Child Programme delivery, system pressures, and innovation. Findings are being used to advocate with Department of Health and Social Care, NHS England (NHSE), and Integrated Care Boards (ICBs).

#### Policy Consultations & Government Engagement:

- **Responses submitted to DHSC and Department for Education (DfE) on:**

- Mandatory reporting of child sexual abuse
- Parent-to-child abuse
- Gender guidance for schools
- Relationship, Sex and Health Education statutory guidance review
- Working Together to Safeguard Children

- **Contributions to:**

- House of Commons inquiries
- All-Party Parliamentary Groups (APPGs) on Children and Education
- ICB commissioning and workforce planning
- Health Equity, Prevention and Population Health Strategy (Chief Nursing Officer pending publication)

## **School and Public Health Nurses Association**

**Year ended 31<sup>st</sup> July 2024**

TRUSTEES ANNUAL REPORT (CONTINUED)

### **Joint Projects & Safeguarding Collaboration:**

- Policy Position: Role of public health nurses in safeguarding (with the Association of Directors of Public Health (ADPH) and the Institute of Health Visitors (iHV))
- Intrafamilial Abuse Webinar (with Child Sexual Abuse Centre)
- Working Together webinar (with DHSC, NHSE, iHV)
- JTAI Consultation on Domestic Abuse (with Care Quality Commission (CQC), Office for Standards in Education, Children's Services and Skills (Ofsted))
- Greater Manchester Attendance Action Alliance collaboration with the Children's Commissioner
- Free School Meals (FSM) for All campaign (National Education Union (NEU)): SAPHNA supported the Westminster event launch (July 2024), part of a national bus tour, advocating for expanded FSM access

### **Coalitions & Committees:**

- Quarterly Health Policy Influencing Group (HPIG) meetings
- Cross-Sector Manifesto Influencing Group (monthly)
- National Safeguarding Collaboration (NHSE)
- Partnership and Policy Sub-committee (x2 annually)
- Representation in coalitions: Medical Conditions in Schools, Children and Young People's Mental Health Coalition (CYPMHC), Paediatric Continence Forum (until closure)

## **EDUCATION, CONTINUED PROFESSIONAL DEVELOPMENT (CPD) & KNOWLEDGE SHARING**

SAPHNA provided professional learning, leadership development, and student engagement through:

### **Annual Conference (Autumn 2023)**

Theme: "Looking to a positive future: strengthen, prevent, promote and protect"  
Held online via Vfairs with morning keynotes and afternoon workshops, the conference explored trauma-informed practice, health inequalities, inclusive education and digital safety. Supported by: Solutions4Health, Sanofi, AstraZeneca, Sandoz

### **Immunisation Toolkit (Sept 2023)**

Co-created with Ashfield MedComms (Inizio Medical), based on youth consultation, this interactive resource (Mission: Searching Space for Vaccine Confidence) supports addressing vaccine hesitancy. It was shortlisted for a Communiqué Award in Public Health Communications.

## School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

TRUSTEES ANNUAL REPORT (CONTINUED)

### Webinars Delivered (selection):

- Testicular Health for School Nurses
- Weight Stigma & Body Acceptance (with Nutriiri)
- Are Mobile Phones Damaging Children's Eyes?
- Health Behaviour in School-aged Children: Report Findings
- Nursing and Midwifery Council (NMC) Regulatory Review – Specialist Community Public Health Nurse (SCPHN) Implications (with Royal College of Nursing (RCN) & iHV)
- Promoting Positive Body Image in Children (with Body Happy)

### Pan-London SCPHN Practice Learning Resources (July 2024)

SAPHNA co-developed tools with iHV including a Good Learning Environment Charter and SCPHN Maturity Matrix to support student experience and educational quality.

### Leadership Commissions & Service Support:

- Pan-London Leadership Commission: Two leadership courses delivered; development of an educational infrastructure toolkit; five Communities of Practice (COP), linked to the ICB footprints
- Tower Hamlets: Commissioned to support school nursing procurement
- Isle of Man: Service review **Student Engagement & Promotion:**
- School Nurse Student Ambassadors: Led a Special Interest Group (SIG)SIG, promoted SAPHNA nationally, and supported CPD and advocacy opportunities
- SAPHNA spoke at multiple university talks and recruitment sessions:
  - Chester (Dec 2023), Derby (Sept 2023), Oxford Brookes (Oct 2023), Queen Margaret (Nov 2023), South Wales (Jan 2024), Manchester Metropolitan (Oct 2023), UWE (Oct 2023), Greenwich (Jan 2024, pre-recorded), Birmingham City (Feb 2024)

### Podcasts:

*School Nursing Uncovered* – a new podcast series created in partnership with ChatHealth (Digital Transformation in Healthcare) and Leicestershire Partnership NHS Trust.

## MEMBERSHIP, SPONSORSHIP & ENGAGEMENT

As of 31st July 2024, SAPHNA had:

- 1,118 active individual members, including 71 student members
- 25 corporate members, including NHS Trusts, local authorities, and independent schools

### Annual Corporate Sponsors:

- Sanofi (roundtable sponsor), Solutions4Health, AstraZeneca, Sandoz

## **School and Public Health Nurses Association**

**Year ended 31<sup>st</sup> July 2024**

TRUSTEES ANNUAL REPORT (CONTINUED)

### **RESOURCES, GUIDANCE & PRACTICE DEVELOPMENT**

SAPHNA responded to several consultations, such as Position Statements on School Readiness, Trauma-Informed Practice and Healthy Weight.

**Special Interest Groups (SIGs)** supported:

- Safeguarding the Safeguarders
- LGBTQi
- Practice Educators
- Student School Nurse Ambassadors
- Nurses in Independent Settings
- Joint Special Educational Needs, Disabilities and Inclusion (SENDi) & Community Children's Nurses (QNI/SAPHNA)

### **REPRESENTATION, EVENTS & PUBLIC ENGAGEMENT**

SAPHNA had a strong national presence, promoting the profession and building visibility:

**External Conferences and Events:**

- Central London Community Healthcare NHS Trust 0–19 Conference (Nov 2023)
- Nursing in Practice – Southampton (May 2024)
- Brighton & Hove 0–19 Conference (June 2024)
- Buckinghamshire Healthcare Trust Conference (May 2024)
- RCN Wales Seminar & Healthy Child Wales Workshop (April 2024)
- Taunton Research Conference (pre-recorded, June 2024)
- Association of British Paediatric Nurses Celebration, Birmingham
- APPG for Children – Portcullis House with the Children's Commissioner
- House of Lords Event (Jan 2024): *Health of the Next Generation – Good Food for Children* report launch with media coverage (ITN)

### **RESEARCH & INNOVATION**

Contributed to ongoing research forums, including the British Association for Community Child Health (BACCH) and the 0-19 Research Network.

## School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

TRUSTEES ANNUAL REPORT (CONTINUED)

### IN SUMMARY

Throughout 2023–2024, SAPHNA has delivered a wide-reaching and impactful programme of work that directly supported our charitable objectives: to advance the health and wellbeing of children and young people through the promotion of excellence in school and public health nursing.

Through national campaigns, expert-led training, collaborative resource development, and policy influence, we have:

- **Raised awareness** of the vital role of school and public health nurses in safeguarding, prevention, and health promotion.
- **Built professional capacity and resilience**, equipping practitioners with the tools, knowledge and leadership opportunities needed to meet growing and complex demands
- **Informed and shaped national policy**, ensuring the voice of our workforce is represented in strategic decision-making at all levels.
- **Promoted best practice and innovation**, sharing research, championing evidence-based delivery, and responding to real-time workforce needs.
- **Strengthened professional networks**, providing connection, support and advocacy for our members, students, and corporate partners.

Collectively, this activity has not only met but strengthened our commitment to delivering tangible public benefit. As we look ahead, SAPHNA remains steadfast in our mission to ensure that we support a confident, skilled, and valued school and public health nursing workforce so that every child and young person can thrive.

## School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

TRUSTEES ANNUAL REPORT (CONTINUED)

### Income sources

All income received in financial year 2023-24 was unrestricted for general use.

0-19 Research Network	£ 7,200
Advertising	£ 925
Commissions (TES course reviews, Sandoz course review)	£ 7,290
Conference tickets (individual and corporate)	£ 19,247
Expert Advice (Sandoz expert advisory board, Solutions4Health virtual clinic)	£ 1,040
Membership (individual and corporate)	£ 83,363
Roundtable event (Sanofi)	£ 11,500
Service review (Isle of Man and Tower Hamlets)	£ 14,110
Sponsorship (annual and conference): Astra Zeneca Thomson Screener Tigerlily Training Aire Innovate Sandoz Solutions4Health Leicestershire Partnership NHS Trust (Chat Health) Alutrix Ltd Sanofi	£ 33,777
Training (Children's Nutritional Health Training)	£ 4,162
<b>Other</b>	£ 889
<b>TOTAL</b>	<b>£ 183,503</b>

### RESERVES

SAPHNA have a reserve policy of three-months operating costs plus closure expenses, which is reviewed quarterly at each Board meeting and adjusted where necessary to reflect the growth of the organisation.

As at 31 July 2024, the general funds carried forward is £133,545 (2023: £120,079) which meets the reserves policy.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

SAPHNA is a Foundation Charitable Incorporated Organisation (CIO) governed by its constitution dated 5th January 2015. The charity's trustees are responsible for overseeing SAPHNA's strategic direction, ensuring compliance with its objectives, and maintaining sound financial management. Trustees are appointed in accordance with the charity's constitution, which sets out the criteria and process for appointment.

Trustees are recruited through an open selection process to ensure a diverse range of skills and experiences relevant to SAPHNA's work. Induction and ongoing support are provided to ensure trustees are equipped to fulfil their duties effectively.

**School and Public Health Nurses Association**

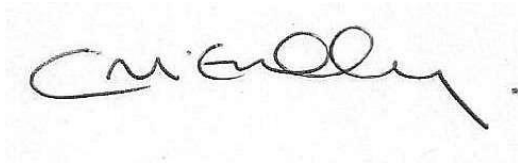
**Year ended 31<sup>st</sup> July 2024**

TRUSTEES ANNUAL REPORT (CONTINUED)

**RISKS AND UNCERTAINTIES**

The trustees actively monitor risks associated with SAPHNA's operations and services. Regular reviews of financial performance, operational delivery, and governance practices are conducted to ensure SAPHNA continues to meet its charitable objectives while maintaining public trust and confidence.

This report was approved by the trustees on 22<sup>nd</sup> May 2025 and signed on their behalf by:



.....

Catherine McEvelly  
**Vice Chair of the Board of Trustees**

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31<sup>st</sup> July 2024

### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
M R Heaton FCCA FCIE DChA  
KM  
1<sup>st</sup> Floor, Block C,  
The Wharf  
Burnley  
Lancashire  
BB11 1JG

22<sup>nd</sup> May 2025

**School and Public Health Nurses Association**  
**Year ended 31<sup>st</sup> July 2024**

**RECEIPTS AND PAYMENTS ACCOUNT**

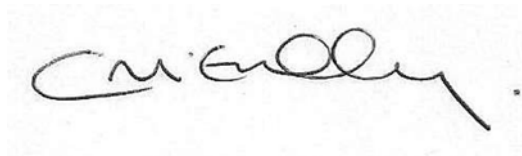
	General funds £	
<b>Receipts</b>		
0-19 Research Network	7,200	
Advertising	925	
Commissions	7,290	
Conference tickets	19,247	
Expert Advice	1,040	
Membership	83,363	
Roundtable event	11,500	
Service review	14,110	
Sponsorship	33,777	
Training	4,162	
Other	889	
	<hr/> 183,503 <hr/>	
<b>Payments</b>		
Charitable activities	40,522	
Staff costs	129,515	
	<hr/> 170,037 <hr/>	
Net receipts/(payments)	<table border="1" style="width: 100%;"><tr><td style="text-align: center;">13,466</td></tr></table>	13,466
13,466		
Cash funds brought forward	<table border="1" style="width: 100%;"><tr><td style="text-align: center;">120,079</td></tr></table>	120,079
120,079		
Cash funds carried forward	<table border="1" style="width: 100%;"><tr><td style="text-align: center;">133,545</td></tr></table>	133,545
133,545		

**School and Public Health Nurses Association**  
**Year ended 31<sup>st</sup> July 2024**

**STATEMENT OF ASSETS AND LIABILITIES**

	General funds £
<b>Assets</b>	
Cash at bank and in hand	133,545
Prepayments	797
Debtors	70
<b>Liabilities</b>	
Accruals	6,823
Deferred income	38,980
Other creditors	1,833

Approved by the trustees and signed by:

A handwritten signature in black ink, appearing to read 'C. E. O' followed by a flourish and a period.

22<sup>nd</sup> May 2025

## School and Public Health Nurses Association

Year ended 31<sup>st</sup> July 2024

### NOTES TO THE FINANCIAL STATEMENTS

- 1 Basis of preparation  
These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.
- 2 Fund Accounting
  - (a) Unrestricted funds are those that can be expended at the discretion of the trustees in the furtherance of the objects of the charity
  - (b) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor.
- 3 Taxation  
The charity is not liable to tax on its charitable activities.  
The charity is not registered for VAT. Irrecoverable VAT is included in the expense to which it relates.
- 4 Transactions with trustees  
No remuneration nor expenses were paid to trustees, or any persons connected with them during the year or previous year.

**SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

England & Wales - Charity number 1162042

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# Accounts

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## **CEO report 2022-2023**



### **Overview**

This past year, our focus has been in continuing to support the workforce in its ongoing redesign and dynamic service provision demanded by and from the impact of COVID 19; the advancement in the use of digital technology a key component of this. This is, however, set against a backdrop of a crisis in recruitment and retention to the school nursing workforce and in reduced commissioning by local authorities linked to the Governments public health grant, a continuing cut of budget in real terms. The context is also within a cost-of-living crisis, significantly impacting the workforce and the families we work with. All of our work is in partnership with Government departments, commissioners, providers, stakeholders, voluntary sector and relevant others including service users and their families.

The wellbeing of our workforce has and remains paramount and thus, much of our work has also focused on supervision, training, and webinars, offering safe psychological spaces and communities of practice; these have been well accessed with positive impact and, importantly, provide local practitioner intelligence, being used to influence and inform the wider School nursing workforce agenda and aligned guidance and policy.

The workforce has risen to and beyond these challenges, developing a plethora of creative initiatives. SAPHNA continue to collaborate with partners to showcase and celebrate these to good effect, providing a platform of best practice which has been well utilised in improving outcomes for children and young people. We have successfully nominated a number of individuals and services for national awards.

The stark health inequalities of COVID19 and the worsening cost-of-living crisis, resulting in the tragic increase in abuse, neglect, poverty, mental health issues/illness, bereavement etc., for children, young people, and families, has further strengthened our commitment, efforts and call for reinvestment in School nursing, demanding that the health and wellbeing of children is placed urgently and high on our governments' agenda. Working as part of a number of alliances/national lobbying groups, we have had significant wins including increased emphasis and accountability on children and young people within the Health and Care Bill and now actively working with ICB Directors of Nursing to embed this into practice; the Hewitt review, recommending further investment into prevention, the work of the National Child Safeguarding Practice Review Panel, the SEND review and more, joining us in our call for reinvestment.

Our partnership working continues to grow and, as part of several coalitions, our voice has been in high demand, welcomed and heard. As a result of this, the support for investment into the school nursing workforce continues to gather pace, strength, and activity; we are in the preliminary stages of developing a national campaign and, as a result, have forged new and

strengthened existing alliances with the ADPH, RSPH, LGA, RCPCH, RCGP, NHSE, RCN, CPHVA iHV and others.

## **Activity**

SAPHNA remain active members of the OHID 0-19 (24) Professional organisations board working in transparent partnership with the Chief Nurses Office Directorate team, actively contributing through evidence-based/service user and local practitioner intelligence and, as required, bringing constructive political/professional challenge.

We remain standing and active members of:

- Children and Young People's Mental Health Coalition (Centre for Mental health)
- National Children's Bureau:
  - Health Policy Influencing Group
  - Disabled Childrens Partnership
- BAACH
- Carnegie Centre for Excellence in Mental Health in school's advisory board
- Children First Alliance
- Children's Research Network (York and Humbs)
- Good grief (All Party Parliamentary Group on Bereavement Support)
- Health Conditions in School's Alliance
- HPV Action and European cancer network
- Natasha's allergy research foundation
- National Network of Designated Professionals
- NHS Digital children and young people (now NHSEi)
- NHSE Children and Young People's Transformation Board
- NHSE Special Educational Settings Clinical Standard
- NHSE Covid Safeguarding Collaborative
- NHSE Genomics nursing project board
- NMC Post Registration Standards Group
- OHID CND World Health Organisation (WHO) Collaborating centre.

- Paediatric Continence Forum
- The Ella Roberta Foundation
- UCL National research group and more
- UK Children and Young People's Forum (RCN)
- UK National forum for School Health Educators
- UK Standing Council

We continue to contribute to relevant consultations/publications including OHID, UKSHA, DfE, DHSC, NICE, NHSE, NMC, iHV, PHE, QNI, RCN, CPHVAetc., and continue to have an extraordinarily strong nursing/media presence.

Additionally, recognised as a lead stakeholder for public health nursing, we have contributed to an entire range of shared learning events with both statutory and non-statutory partners, locally, nationally, and internationally.

Other works include advice, support, advocacy, networking, ranging from national to international; operational to governmental.

During this year SAPHNA has continued to deliver its successful leadership course, commissioned by NHSE, the Pan-London 0-19 network and individual Providers, to a range of 0-19 health professionals. All courses have had overwhelmingly positive evaluations (report available).

Our involvement in research has increased and 'School nursing in the times of COVID' project report is receiving significant attention, again, evidencing the need for investment into the waning workforce. We continue to support the workforce in their research, wider partners and joint applications for funding.

Our Healthy Lifestyles for children and adolescent training had undergone a review and refresh and is receiving positive feedback.

There is increasing demand for our Clinical and Safeguarding supervision as well as support to NMC revalidation, which we are providing and looking to build upon. We have recently launched group Safeguarding Supervision.

In partnership with Compass Positive Effect, we have developed our Digital training offer which is receiving good interest, uptake, and positive evaluations.

The launch of the School Nurse eating Disorders toolkit took the world by storm in October 2022, thus far over 5K downloads, currently undertaking a formal evaluation but anecdotally and from user feedback is making a positive difference to many.

## **Funding**

We gain our funding from a combination of funded workstreams and commissions including.

- SAPHNA training
- E-learning health modules, webinars, resources, and publications
- Sponsored Webinars/training
- Research activity
- Corporate sponsorship
- Commissioner/Provider advice, support, service reviews, redesigns, service specifications tender support
- Memberships

## **Visibility and growth**

Our reach has increased hugely due to social media activity with over 25,000 followers, our website, which receives unprecedented traffic from our growing membership, profession, and a range of key stakeholders; membership has grown by over 60% in the past 12 months.

We have recruited x 4 academic advisors who have strengthened our research activity and pin providing essential education expertise. We have also recruited a successor student ambassador, with a strengthened two-way offer to student SCPHN, nursing associates and others, which is working effectively.

Working in partnership with the Institute of Health Visiting has grown allowing us to jointly influence, challenge, change and drive forward the 0-19 public health nursing agenda.

Our offer to nurses working in the independent sector has and continues to grow, expertise and support provided via our expert advisor who also leads a dedicated special interest group.

We have strengthened offer to nurses working with children SEND. Special interest group established, now partnered with the QNI Children's community network, expertise, dedicated website section and national forthcoming conference.

Our Special Interest Groups continue to develop according to membership need and are producing excellent best practice, guides, tools and expertise.

We have a growing bank of national public health nursing experts who offer their time and talents to SAPHNA voluntarily. We are looking to optimise this process as part of our wider transformation.

## Membership

**Corporate membership** is growing at an exponential rate with several others currently being explored.

**Individual membership** also continues to grow, particularly from nurses working outwith the 'state' school nursing sector. There is a growing trend for schools to employ their own nurse due to lack of resource/capacity within local authority school nursing.

**Corporate partner sponsorship agreements** have been secured.

These include:

- [The Lancaster Model](#)
- [School Screener](#)
- [ChatHealth](#)
- [Kitt Medical](#)

**Partnership member offers** have been secured with:

- Dr Pooky Knightsmith [www.creativeeducation.co.uk](http://www.creativeeducation.co.uk)
- The British Journal of Child Health (School Nursing) [www.markallengroup.com](http://www.markallengroup.com)
- First Aid for Life [www.firstaidforlife.org](http://www.firstaidforlife.org)
- National Association Special Schools [National Association of Independent & Non-Maintained Special Schools \(nasschools.org.uk\)](http://NationalAssociationofIndependent&Non-MaintainedSpecialSchools(nasschools.org.uk))
- Scottish Council Independent Schools [Home » SCIS](#)
- MAAPP [Home - QR Code Resources - MAAPP](#)

## Consultancy services

We continue to receive requests to and deliver expertise across a range of areas including service development; development events, service specifications, service review, change/re-design, implementation, oversight, monitoring, and audit. Contributing to tender review, submissions, and procurement processes etc. We continue to build our bank of Consultancy experts and have made further recent appointments in response to demand.

## **Committee**

The Committee continue to support and enable the work of SAPHNA and, given the unimaginable impact of COVID19 as well as the ever-increasing pressures on their time and talents, deserve huge thanks and appreciation for all that they contribute, as does our amazing admin support and essential cog in the wheel, Gemma. We are also supported by WSA communications and thank them for their professional excellence.

Our trustees, have, as ever, been great sources of encouragement, wisdom, and support for which we are grateful.

Due to our growth, we are currently reviewing our structures and will be undergoing a period of positive transition. As part of this we have appointed a part-time interim Professional officer with imminent plans to recruit.

## **Conclusion**

This annual report demonstrates further growth and strength in SAPHNA as the leading professional organisation for school and public health nursing of which we should all be extremely proud.

It is an honour to serve as CEO of this wonderful organisation alongside such resolute experts in advancing the public health nursing profession and, in turn, the improvement of health and well-being outcomes for children, young people and families.

Sharon White OBE, CEO SAPHNA [sharon@saphna.co](mailto:sharon@saphna.co)

**SAPHNA**  
**Accounts for the year ended 31 July 2023**

	£	£
<u>Income</u>		
General fund	-	6,058
Interest		-
Saphna projects		<u>122,535</u>
Total income		116,477
<u>Expenditure</u>		
General fund expenses	99,020	
Leadership	2,190	
Digital Technologies	-	
Forum Training	-	
SEND conference	2,500	
Eventbrite	250	
Research Network	<u>3,150</u>	
Total expenditure		107,110
Returned funds		15,000
Net surplus for the year	<u>-</u>	<u><b>5,633</b></u>
Fund balance at 31 July 2022		98,553
Surplus (above)	-	<u>5,633</u>
Fund balance at 31 July 2023		<u><b>92,921</b></u>
Bank balance at 31 July 2023		120,079
Timing differences	-	<u>27,159</u>
Fund balance at 31 July 2023		<u><b>92,921</b></u>

**SAPHNA**  
**Balance Sheet as at 31 July 2023**

	£	£
<u>Current Assets</u>		
Debtors	11,441	
Prepayments	6,030	
Expense claims	51	
Cash at bank	<u>120,079</u>	
Total	137,601	
<u>Current Liabilities</u>		
Accruals	5,349	
Deferred income	<u>47,502</u>	
Total	52,851	
Net current assets		<b><u>84,751</u></b>
Represented by:		
General Fund		53,983
Leadership		30,318
Eventbrite		-
Research Network		450
		<b><u>84,751</u></b>



**THOMPSONS**  
CHARTERED ACCOUNTANTS

### **Independent examiner's report to the trustees of Saphna**

I report to the trustees on my examination of the accounts of Saphna for the year ended 31 July 2023.

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the *Charities Act 2011* ('the Act').

I report in respect of my examination of the Trust's accounts carried out under s. 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under s. 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act;
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the *Charities (Accounts and Reports) Regulations 2008* other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: JONATHAN ROUND

Relevant professional qualification or body: FCA

Address: 7 PRINCES SQUARE, HARROGATE HG1 1ND

Date: 30/11/2023

7 Princes Square, Harrogate, North Yorkshire, HG1 1ND

t: 01423 565680 e: ask@thompsons.accountants w: www.thompsons.accountants

Director: G.F. Behbood A.C.A.

Thompsons, Chartered Accountants is the trading name of Glentworth Accountants Limited

Glentworth Accountants Limited is a company registered in England & Wales. Company number. 09551421

Registered office as above.



**SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

England & Wales - Charity number 1162042

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# Accounts

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## **CEO report 2021-2022**



### **Overview**

This past year, our focus has been in continuing to support the workforce in its ongoing redesign and dynamic service provision demanded by and from the impact of COVID 19; the advancement in the use of digital technology a key component of this. This is, however, set against a backdrop of a crisis in recruitment and retention to the school nursing workforce and in reduced commissioning by local authorities linked to the Governments public health grant, a continuing cut of budget in real terms. The context is also within a cost-of-living crisis, significantly impacting the workforce and the families we work with. All of our work is in partnership with Government departments, commissioners, providers, stakeholders, voluntary sector and relevant others including service users and their families.

The wellbeing of our workforce has and remains paramount and thus, much of our work has also focused on supervision, training, and webinars, offering safe psychological spaces and communities of practice; these have been well accessed with positive impact and, importantly, provide local practitioner intelligence, being used to influence and inform the wider School nursing workforce agenda and aligned guidance and policy.

The workforce has risen to and beyond these challenges, developing a plethora of creative initiatives. SAPHNA continue to collaborate with partners to showcase and celebrate these to good effect, providing a platform of best practice which has been well utilised in improving outcomes for children and young people. We have successfully nominated a number of individuals and services for national awards.

The stark health inequalities of COVID19 and the worsening cost-of-living crisis, resulting in the tragic increase in abuse, neglect, poverty, mental health issues/illness, bereavement etc., for children, young people, and families, has further strengthened our commitment, efforts and call for reinvestment in School nursing, demanding that the health and wellbeing of children is placed urgently and high on our governments' agenda. Working as part of a number of alliances/national lobbying groups, we have had significant wins including increased emphasis and accountability on children and young people within the Health and Care Bill and now actively working with ICB Directors of Nursing to embed this into practice; the Hewitt review, recommending further investment into prevention, the work of the National Child Safeguarding Practice Review Panel, the SEND review and more, joining us in our call for reinvestment.

Our partnership working continues to grow and, as part of several coalitions, our voice has been in high demand, welcomed and heard. As a result of this, the support for investment into the school nursing workforce continues to gather pace, strength, and activity; we are in the preliminary stages of developing a national campaign and, as a result, have forged new and

strengthened existing alliances with the ADPH, RSPH, LGA, RCPCH, RCGP, NHSE, RCN, CPHVA iHV and others.

## **Activity**

SAPHNA remain active members of the OHID 0-19 (24) Professional organisations board working in transparent partnership with the Chief Nurses Office Directorate team, actively contributing through evidence-based/service user and local practitioner intelligence and, as required, bringing constructive political/professional challenge.

We remain standing and active members of:

- Children and Young People’s Mental Health Coalition (Centre for Mental health)
- National Children’s Bureau:
  - Health Policy Influencing Group
  - Disabled Childrens Partnership
- BAACH
- Carnegie Centre for Excellence in Mental Health in school’s advisory board
- Children First Alliance
- Children’s Research Network (York and Humbs)
- Good grief (All Party Parliamentary Group on Bereavement Support)
- Health Conditions in School’s Alliance
- HPV Action and European cancer network
- Natasha’s allergy research foundation
- National Network of Designated Professionals
- NHS Digital children and young people (now NHSEi)
- NHSE Children and Young People’s Transformation Board
- NHSE Special Educational Settings Clinical Standard
- NHSE Covid Safeguarding Collaborative
- NHSE Genomics nursing project board
- NMC Post Registration Standards Group
- OHID CND World Health Organisation (WHO) Collaborating centre.

- Paediatric Continence Forum
- The Ella Roberta Foundation
- UCL National research group and more
- UK Children and Young People's Forum (RCN)
- UK National forum for School Health Educators
- UK Standing Council

We continue to contribute to relevant consultations/publications including OHID, UKSHA, DfE, DHSC, NICE, NHSE, NMC, iHV, PHE, QNI, RCN, CPHVAetc., and continue to have an extraordinarily strong nursing/media presence.

Additionally, recognised as a lead stakeholder for public health nursing, we have contributed to an entire range of shared learning events with both statutory and non-statutory partners, locally, nationally, and internationally.

Other works include advice, support, advocacy, networking, ranging from national to international; operational to governmental.

During this year SAPHNA has continued to deliver its successful leadership course, commissioned by NHSE, the Pan-London 0-19 network and individual Providers, to a range of 0-19 health professionals. All courses have had overwhelmingly positive evaluations (report available).

Our involvement in research has increased and 'School nursing in the times of COVID' project report is receiving significant attention, again, evidencing the need for investment into the waning workforce. We continue to support the workforce in their research, wider partners and joint applications for funding.

Our Healthy Lifestyles for children and adolescent training had undergone a review and refresh and is receiving positive feedback.

There is increasing demand for our Clinical and Safeguarding supervision as well as support to NMC revalidation, which we are providing and looking to build upon. We have recently launched group Safeguarding Supervision.

In partnership with Compass Positive Effect, we have developed our Digital training offer which is receiving good interest, uptake, and positive evaluations.

The launch of the School Nurse eating Disorders toolkit took the world by storm in October 2022, thus far over 5K downloads, currently undertaking a formal evaluation but anecdotally and from user feedback is making a positive difference to many.

## **Funding**

We gain our funding from a combination of funded workstreams and commissions including.

- SAPHNA training
- E-learning health modules, webinars, resources, and publications
- Sponsored Webinars/training
- Research activity
- Corporate sponsorship
- Commissioner/Provider advice, support, service reviews, redesigns, service specifications tender support
- Memberships

## **Visibility and growth**

Our reach has increased hugely due to social media activity with over 25,000 followers, our website, which receives unprecedented traffic from our growing membership, profession, and a range of key stakeholders; membership has grown by over 60% in the past 12 months.

We have recruited x 4 academic advisors who have strengthened our research activity and pin providing essential education expertise. We have also recruited a successor student ambassador, with a strengthened two-way offer to student SCPHN, nursing associates and others, which is working effectively.

Working in partnership with the Institute of Health Visiting has grown allowing us to jointly influence, challenge, change and drive forward the 0-19 public health nursing agenda.

Our offer to nurses working in the independent sector has and continues to grow, expertise and support provided via our expert advisor who also leads a dedicated special interest group.

We have strengthened offer to nurses working with children SEND. Special interest group established, now partnered with the QNI Children's community network, expertise, dedicated website section and national forthcoming conference.

Our Special Interest Groups continue to develop according to membership need and are producing excellent best practice, guides, tools and expertise.

We have a growing bank of national public health nursing experts who offer their time and talents to SAPHNA voluntarily. We are looking to optimise this process as part of our wider transformation.

## Membership

**Corporate membership** is growing at an exponential rate with several others currently being explored.

**Individual membership** also continues to grow, particularly from nurses working outwith the 'state' school nursing sector. There is a growing trend for schools to employ their own nurse due to lack of resource/capacity within local authority school nursing.

**Corporate partner sponsorship agreements** have been secured.

These include:

- [The Lancaster Model](#)
- [School Screener](#)
- [ChatHealth](#)
- [Kitt Medical](#)

**Partnership member offers** have been secured with:

- Dr Pooky Knightsmith [www.creativeeducation.co.uk](http://www.creativeeducation.co.uk)
- The British Journal of Child Health (School Nursing) [www.markallengroup.com](http://www.markallengroup.com)
- First Aid for Life [www.firstaidforlife.org](http://www.firstaidforlife.org)
- National Association Special Schools [National Association of Independent & Non-Maintained Special Schools \(nasschools.org.uk\)](http://NationalAssociationofIndependent&Non-MaintainedSpecialSchools(nasschools.org.uk))
- Scottish Council Independent Schools [Home » SCIS](#)
- MAAPP [Home - QR Code Resources - MAAPP](#)

## Consultancy services

We continue to receive requests to and deliver expertise across a range of areas including service development; development events, service specifications, service review, change/re-design, implementation, oversight, monitoring, and audit. Contributing to tender review, submissions, and procurement processes etc. We continue to build our bank of Consultancy experts and have made further recent appointments in response to demand.

## **Committee**

The Committee continue to support and enable the work of SAPHNA and, given the unimaginable impact of COVID19 as well as the ever-increasing pressures on their time and talents, deserve huge thanks and appreciation for all that they contribute, as does our amazing admin support and essential cog in the wheel, Gemma. We are also supported by WSA communications and thank them for their professional excellence.

Our trustees, have, as ever, been great sources of encouragement, wisdom, and support for which we are grateful.

Due to our growth, we are currently reviewing our structures and will be undergoing a period of positive transition. As part of this we have appointed a part-time interim Professional officer with imminent plans to recruit.

## **Conclusion**

This annual report demonstrates further growth and strength in SAPHNA as the leading professional organisation for school and public health nursing of which we should all be extremely proud.

It is an honour to serve as CEO of this wonderful organisation alongside such resolute experts in advancing the public health nursing profession and, in turn, the improvement of health and well-being outcomes for children, young people and families.

Sharon White OBE, CEO SAPHNA [sharon@saphna.co](mailto:sharon@saphna.co)

**SAPHNA**

**Accounts for the year ended 31 July 2022**

	£	£
<u>Income</u>		
General fund		100,534
Interest		-
Saphna projects		<u>40,540</u>
Total income		141,074
<u>Expenditure</u>		
General fund expenses	72,250	
Leadership	1,868	
Educare	385	
All our Health	385	
Digital Technologies	1,013	
School Nurse Vision	2,358	
Long Covid guidance	703	
Forum Training	1,564	
Eventbrite	250	
Stripe	<u>37</u>	
Total expenditure		80,811
Net surplus for the year		<u><b>60,263</b></u>
Fund balance at 31 July 2021		38,290
Surplus (above)		<u>60,263</u>
Fund balance at 31 July 2022		<u><b>98,553</b></u>
Bank balance at 31 July 2022		<u><b>98,553</b></u>

**SAPHNA**

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**SCHOOL AND PUBLIC HEALTH NURSES ASSOCIATION**

England & Wales - Charity number 1162042

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# Accounts

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### Overview

This past year, our focus has been in continuing to support the workforce in its ongoing redesign and dynamic service provision demanded by and from the impact of COVID 19. We have worked with Government departments, commissioners, providers, stakeholders, and partners, as part of a wider response and adapted accordingly.

The wellbeing of our workforce has and remains paramount and thus, much of our work has also focused on supervision, training, and webinars, offering safe spaces and communities of practice; these have been much appreciated with positive impact and, importantly, provide local practitioner intelligence, being used to influence and inform the wider School nursing workforce agenda.

The workforce has risen to and beyond these challenges, developing a plethora of creative initiatives. SAPHNA continue to collaborate with partners to showcase and celebrate these to good effect, providing a platform of best practice which has been well utilised in improving outcomes for children and young people.

The stark health inequalities of COVID19 and the tragic increase in abuse, neglect, poverty, mental health issues/illness, bereavement, loss etc., for children, young people, and families, has further strengthened our commitment, efforts and call for reinvestment in School nursing and, significantly, demanding that the health and wellbeing of children is placed urgently and high on our governments' agenda. Working as part of a national lobbying group, we have had significant wins including increased emphasis and accountability on children and young people within the recent Health and Care Bill.

Our partnership working continues to grow and, as part of several coalitions, our voice has been in high demand, welcomed and heard. As a result of this, the support for investment into the school nursing workforce continues to gather pace, strength, and activity; we are in the preliminary stages of developing a national campaign.

## **Activity**

SAPHNA remain active members of the OHID 0-19 (24) Professional organisations board working in transparent partnership with the Chief Nurses Office Directorate team, actively contributing through evidence-based/service user intelligence and, as required, bringing political/professional challenge.

We remain standing and active members of:

- Children and Young People's Mental Health Coalition (Centre for Mental health)
- National Children's Bureau
- Carnegie Centre for Excellence in Mental Health in school's advisory board
- NHS Digital children and young people
- PHE CND World Health Organisation (WHO) Collaborating centre
- NHSE Genomics nursing project board
- NHSE Children and Young People's Transformation Board
- NHSE Special Educational Settings Clinical Standard
- Good grief (All Party Parliamentary Group on Bereavement Support)
- Natasha's allergy research foundation
- NMC Post Registration Standards Group
- NHSE Covid Safeguarding Partnership
- Health conditions in school's alliance
- HPV Action and European cancer network
- U.K. National forum for School Health Educators
- UK standing council
- UK children and young people's forum (RCN)
- Paediatric continence forum
- School nurse international committee
- Children First Alliance
- The Ella Roberta Foundation

- The Beam Project
- Children's Research Network (York and Humbs)
- UCL National research group

We continue to contribute to relevant consultations/publications including DfE, NICE, DHSC, NHSE, PHE, QNI, RCN, DfE, NMC etc., and continue to have an extraordinarily strong nursing/media presence.

Additionally, recognised as a lead stakeholder for public health nursing, we have contributed to an entire range of shared learning events with both statutory and non-statutory partners, locally, nationally, and internationally.

Other works include advice, support, advocacy, networking, ranging from national to international; operational to governmental.

During this year SAPHNA has continued to deliver its successful leadership course, commissioned by NHSE to safeguarding health professionals. All courses have had overwhelmingly positive evaluations (report available).

Our Healthy Lifestyles for children and adolescent training had undergone a total refresh and will be relaunching in September.

There is increasing demand for our Clinical and Safeguarding supervision as well as support to NMC revalidation, which we are providing and looking to build upon

In partnership with Compass Positive Effect, we have developed our Digital training offer which is receiving good interest, uptake, and positive evaluations

## **Funding**

We gain our funding from a combination of funded workstreams and commissions including.

- Leadership for safeguarding professionals NHSE
- E-learning health modules, webinars, resources, and publications
- Sponsored Webinars
- NHSE Safeguarding formal advisory partner
- PHE All our health
- Research activity
- Corporate sponsorship

- Commissioner/Provider advice, support, service reviews etc
- Memberships

## Visibility and growth

Our reach has increased hugely due to social media activity with over 20,000 followers, our website, which receives unprecedented traffic from our growing membership, profession, and a range of key stakeholders; membership has grown by 42% in the past 12 months.

We have recruited x 4 academic advisors who are strengthening our research activity and providing essential education expertise. We have also recruited a successor student ambassador, with a strengthened two-way offer to student SCPHN, nursing associates and others, which is working effectively.

Our offer to nurses working in the independent sector has and continues to grow, expertise and support provided via our expert advisor who also leads a dedicated special interest group.

Strengthened offer to nurses working with children SEND. Special interest group established, now partnered with the Children's community network, expertise, and dedicated website section.

We have a growing bank of public health nursing experts who offer their time and talents to SAPHNA voluntarily. We are looking to optimise this process as part of our wider transformation.

## Membership

**Corporate membership** is growing at an exponential rate with several others currently being explored.

**Individual membership** also continues to grow, particularly from nurse working out with the 'state' school nursing sector

**Corporate partner sponsorship agreements** have been secured, with more in discussion.

These include:

- The Lancaster Model
- School Screener
- ChatHealth

**Partnership member offers** have been secured with:

- Dr Pooky Knightsmith [www.creativeeducation.co.uk](http://www.creativeeducation.co.uk)
- The British Journal of Child Health (School Nursing) [www.markallengroup.com](http://www.markallengroup.com)
- First Aid for Life [www.firstaidforlife.org](http://www.firstaidforlife.org)

- National Association Special Schools

## **Consultancy services**

We continue to receive requests to and deliver expertise across a range of areas including service development; development events, service specifications, service review, change/re-design, implementation, oversight, monitoring, and audit. Contributing to tender review, submissions, and procurement processes etc. We continue to build our bank of Consultancy experts and have made further recent appointments in response to demand.

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The Committee continue to support and enable the work of SAPHNA and, given the unimaginable impact of COVID19 as well as the ever-increasing pressures on their time and talents, deserve huge thanks and appreciation for all that they contribute, as does our amazing admin support and essential cog in the wheel, Gemma. We are also supported by WSA communications and thank them for their professional excellence.

Our trustees, have, as ever, been great sources of encouragement, wisdom, and support for which we are grateful.

Due to our growth, we are currently reviewing our structures and will be undergoing a period of positive transition.

## **Conclusion**

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It is an honour to serve as CEO of this wonderful organisation alongside such resolute experts in advancing the public health nursing profession and, in turn, the improvement of health and well-being outcomes for children, young people and families.

Sharon White OBE, CEO SAPHNA [sharon@saphna.co](mailto:sharon@saphna.co)

**SAPHNA**

**Accounts for the year ended 31 July 2021**

	£	£
<u>Income</u>		
General fund		96,550
Interest		-
Saphna projects		<u>51,855</u>
Total income		148,405
<u>Expenditure</u>		
General fund expenses	93,549	
Saphna General Conference	16,648	
Burdett	385	
Leadership	2,450	
Educare	1,155	
All our Health	585	
Stripe	<u>10,657</u>	
Total expenditure		125,429
Net surplus for the year		<u><b>22,976</b></u>
Fund balance at 31 July 2020		15,314
Surplus (above)		<u>22,976</u>
Fund balance at 31 July 2021		<u><b>38,290</b></u>
Bank balance at 31 July 2021		<u><b>38,290</b></u>

**SAPHNA**

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