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REGISTERED CHARITY NO 1162039

(ENGLAND & WALES)

REPORT & FINANCIAL STATEMENTS

YEAR ENDING 31ST JANUARY 2023

HOPE FOR FOOD TRUSTEE BOARD

The Trustees submit their annual report and audited financial statement for the year ending 31st January 2023. The Trustees confirm that the report and financial statements of the charity's current statutory requirements, the requirements of the charity's governing document, and the provisions of "Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102F (effective 1 January 2019) (Charities SORP FRS 102)).

LEGAL & ADMINISTRATIVE INFORMATION

For the year ended 31 January 2023

TRUSTEES

J Sharp (Chair)

D Clayton

M Duncan

P Stevenson

S Smith

B Sutherns

L Watts (Appointed 30 November 2022)

Treasurer P Stevenson

Charity Number 1162039

Address Unit 13 West Howe Industrial Estate, Elliott Road,
Bournemouth, Dorset, BH11 8LZ

Accountants MLW Accountants, 53 Wroxham Road, Poole, BH12 1NL

STRUCTURE, GOVERNANCE & MANAGEMENT

A constitution effected in June 2015 governs the charity. Hope for Food is an unincorporated Charity.

OBJECTIVE & ACTIVITIES

CHARITABLE OBJECTIVES:

The charity's purpose is to help prevent or relieve financial poverty for individuals and families predominantly within Bournemouth but also the surrounding areas. By providing such things as food, clothing, toiletries, cleaning packs, small household items. These items are distributed to people referred to us by schools, health and social workers, citizens advice bureau and other charitable organisations. They are also distributed at the Community Meals we run.

VISION

Our vision is that no one should find themselves unable to afford the essentials due to financial poverty.

MISSION

We aim to ensure that everyone who is referred to us and requires support with food, clothing, toiletries, cleaning packs or small household items are provided these as necessary.

ACTIVITIES

COMMUNITY MEALS

Hope for Food continued to run two community meals two nights a week, every week of the year. These are for the rough sleepers and vulnerably housed. One is a sit down meal in one of the local churches and the other outside in the car park of a church hall.

At each meal we provide soup, a hot meal and a drink, together with sandwiches, cake and other fresh food we have available for our clients to take away.

We also have our community meals van available at every meal in order that we can provide clothing, toiletries, camping items if rough sleeping.

During the community meals we have support and attendance from local hairdressers, The Samaritans, the local PTSO and another charity who provide additional toiletries on a monthly basis.

SUPPORT FOR FAMILIES & INDIVIDUALS WHO ARE HOUSED

Our focus for families and individuals that are referred to us, is to provide a weekly food parcel over a 6 week period. Everyone we support has been referred to us either by schools, social or health workers or by Citizens Advice or other charities who support those in need. Within the parcels we provide non perishable staples, and fresh food, such as fruit veg & meat as available from the supermarkets we collect surplus food from. We are also extremely lucky to be supported by local businesses who regularly provide us with these items.

Along with the food, we also supply toiletries and cleaning packs on a monthly basis.

We have also been able to support the many requests we receive for clothing, adult, children and babies; moving in packs when families and

individuals have been housed and other small household items as and when requested.

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CONTRIBUTION MADE BY VOLUNTEERS

Hope for Food is 100% run by volunteers and no one receives a salary. There are approximately 200 registered volunteers who volunteer as much or as little time as they have available.

The Trustees would like to recognise and thank all our volunteers for their help and support, and the many hours given to support our clients. Not only do they help sort & distribute the provisions we supply, but also help with their mental wellbeing, by way of a listening ear, a chat and a smile. Without this invaluable time and the energy given, we would not have been able to achieve so much.

ACHIEVEMENTS & PERFORMANCE

HOMELESS SUPPORT

6200 meals were served during the 22/23 financial year.

SUPPORT FOR FAMILIES & INDIVIDUALS WHO ARE HOUSED

6590 - Food Parcels provided

294 - Christmas Food Parcels provided to 17 schools and included Christmas food items, and selection boxes.

321 - Toiletry Packs provided

401 - Household Cleaning Packs
provided

247 - Requests for clothes and/or moving
in packs
received and provided.

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The trustees felt with the rising number of people being hit by the fuel crisis and struggling to meet the cost of living, that we should again continue to ensure that we can meet the ever increasing demand for our services. Meaning that we should never have to say no to someone requiring our help and to not considering changing how we operate. Our focus has therefore been to concentrate on delivering to the homeless/vulnerably housed via our community meals and to households in financial difficulty.

This year has started to see a drop in physical donations and we have started to need to buy much more food for the weekly food hampers. Our volunteers have been invaluable for taking the time to visit supermarkets to ensure that we have enough of the right things to include in the hampers.

Having moved to a new larger unit last financial year, we have continued to kit out the unit with additional shelving and freezers. We still open the unit up 3 mornings per week, to sort, pack and distribute food, clothing, toiletries, household cleaning supplies, moving in packs and any additional items requested, if available.

The unit is manned by our volunteers and they deal with all the items mentioned above, sorting them, packing them and having them ready for redistribution.

These go to clients who come to collect from the unit and we also continue to deliver to schools or the client's home if required. Our collections van is regularly used to collect and deliver donations.

The provision of the community meals twice weekly has again been outside as we had not been able to secure any agreement for use of premises. However the great news is one of the churches is allowing us in

to use their hall on a Sunday, meaning we can offer a sit down meal rather than the usual collect and go. These continue to be run by our volunteers and an online rota is used for the volunteers to sign up.

At the community meals in addition to the provision of the food, the community meals van is always in attendance, this is racked out to provide clothes, toiletries and bedding to those that need it.

We have continued the tradition to provide Christmas food hampers and Christmas 2022 saw us provide these to local schools for families on low incomes, together with supermarket vouchers for them to purchase a Christmas gift for their children.

We also provided the homeless with a 3 course meal at both Easter and Christmas and gave all those that attended an Easter egg and Christmas gifts.

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FINANCIAL REVIEW

CHARITY POLICY ON RESERVES

(Please also read the Reserves Notes and the Budget Forecast attached to the 2022/2023 Accounts)

The Charity has total reserves available of £235,729 (as at 31/1/2023) of which £56,000 is already designated with a further £21,000 in reserve for specific contingencies. We have £14,812 held in restricted funds, from money donated for specific items. The unallocated reserves of £143,917 will be reviewed in 2023/2024.

PRINCIPAL SOURCES OF FUNDING

The Charity's principal source of funding continues to be donations, and this amounts to 94% of all receipts in. Donations continue to be from individuals and businesses.

With these continued donations the charity has successfully been able to purchase an increasing number of items of food, toiletries and household cleaning for the food parcels and packs we give out. The Trustees are grateful for all these donations, as this has meant we are able to meet

demand and have not had to consider putting restrictions on the number requests we are able to service.

RESERVES NOTES

Reserves Notes (See Section E) cont.

1. The charity has stress tested its anticipated expenditure over the next three years against a 15% drop in its unrestricted receipts (averaged over the last 3 years). We believe that this should be enough to overcome any downturn as a result of the coronavirus pandemic and current fuel poverty crisis.
2. Looking at the forecast expenditure continues to broadly match anticipated receipts for the next 3 years with the exception of some one off costs (itemised in point 3 below).
3. The charity has designated funds from reserves of £25,000 for a replacement vehicle in 2023/24
4. The charity believes it sensible to hold three months running costs (a total of £16,000) in reserve.

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5. With physical donations dropping the charity has designed the average of three months expenditure on food purchases to be held in reserve (a total of £10,000)
6. The Charity also believes it sensible to hold £5,00 in reserve for funeral expenses for the homeless.

DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature: Pauline Stevenson

Full Name: PAULINE STEVENSON

Position: TREASURER



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
HOPE FOR FOOD

No (if any)
1162039

CC16a

Receipts and payments accounts

For the period from	Period start date 01/02/2022	To	Period end date 31/01/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	78,104	16,850	-	94,954	91,410
Fundraising	5,955	-	-	5,955	5,159
Interest Received	124	-	-	124	10
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	84,183	16,850	-	101,033	96,579
A2 Asset and investment sales, (see table).					
Motor Vehicle Sale	-	-	-	-	6,000
Rent Deposit Refund	-	-	-	-	3,000
Sub total	-	-	-	-	9,000
Total receipts	84,183	16,850	-	101,033	105,579
A3 Payments					
Homeless Support	23,955	3,876	-	27,831	30,410
Families & Schools Support	40,684	12,935	-	53,619	45,577
Fundraising (last year)	-	-	-	-	-
Administration & Other Costs	3,487	-	-	3,487	3,460
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	68,125	16,811	-	84,937	79,447
A4 Asset and investment purchases. (see table)					
Commercial Freezer	1,944	-	-	1,944	3,503
	-	-	-	-	9,600
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,944	-	-	1,944	13,103
Total payments	70,069	16,811	-	86,881	92,550
Net of receipts/(payments)	14,113	39	-	14,152	13,029
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	206,804	14,773	-	221,577	208,548
Cash funds this year end	220,917	14,812	-	235,729	221,577

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	72,047	14,812	-
	Bank Savings Account	135,133		-
	Paypal	13,737	-	-
	Total cash funds	220,917	14,812	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Collection Van	Unrestricted	16,079	-
	Deposits	Unrestricted	9,600	-
	Warehouse Equipment	Unrestricted	19,313	-
	Clothes Bank	Unrestricted	300	-
	Computer	Unrestricted	190	-
	Community Meal Van	Restricted	25,400	-
	Fridges & Freezers	Restricted	7,498	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		James Sharp		
		David Clayton		

Hope for Food Charity (No. 1162039)

Receipts and Payments Accounts for the Year Ended 31/01/2023

	£	£	£
<u>A1 Receipts</u>			
Donations	£94,953.95		
Fundraising	£5,955.20		
Interest	£123.53		
Receipts Sub Total		£101,032.68	
<u>A2 Asset Sales</u>			
	£0.00		
	£0.00		
Total Asset Sales		£0.00	
Total Receipts			£101,032.68
<u>A3 Payments</u>			
Homeless Support	£27,830.89		
Families & Schools Support	£53,619.13		
Fundraising Costs	£0.00		
Wages and Salaries	Nil		
Administration/Other	£3,486.66		
Payments Sub Total		£84,936.67	
<u>A4 Asset Purchases</u>			
Commercial Freezer	£1,943.98		
Total Asset Purchases		£1,943.98	
Total Payments			-£86,880.65
Net of Receipts/(Payments)			<u>£14,152.03</u>

Hope for Food Charity (No. 1162039)

Receipts and Payments Accounts for the Year Ended 31/01/2023

Cash Funds

Date	Bank	Savings	PayPal	Total
01/02/2022 Opening Balance	£87,639.70	£100,009.76	£33,927.57	£221,577.03
31/01/2023 Closing Balance	£86,858.83	£135,133.29	£13,736.94	£235,729.06
Net Movement	<u>-£780.87</u>	<u>£35,123.53</u>	<u>-£20,190.63</u>	<u>£14,152.03</u>

Restricted Funds

	b/f 01/02/2022	Receipts Into	Payments Out of	Deficit	c/f 31/01/2023
Funerals	£2,192.00				£2,192.00
D.S. Fund *	£1,457.31				£1,457.31
Selection Boxes	£148.32				£148.32
Fridges & Freezers	£110.45		-£110.45		£0.00
Clothing	£464.68		-£464.68		£0.00
Homeless Boots	£2,186.25		-£499.75		£1,686.50
Homeless Wet Weather	£2,127.27		-£1,129.60		£997.67
Homeless Sleeping Bags	£404.87				£404.87
Homeless		£3,000.00	-£1,006.84		£1,993.16
Food	£5,510.00	£9,100.00	-£12,935.10		£1,674.90
N.F. Fund *	£172.25				£172.25
WDEP		£4,750.00	-£665.05		£4,084.95
Totals	<u>£14,773.40</u>	<u>£16,850.00</u>	-£16,811.47	£0.00	<u>£14,811.93</u>
			£0.00		
			<u>-£16,811.47</u>	Actual Restricted Payments	

* Full names removed for privacy

Hope For Food - Budget Forecast Stress Test (3 years)

VAT Rate
20%

<u>Expenditure Item</u>	Homeless Support			Families & Schools Support			Combined Activities		
	£ 2023/24	£ 2024/25	£ 2025/26	£ 2023/24	£ 2024/25	£ 2025/26	£ 2023/24	£ 2024/25	£ 2025/26
Rent	15,000	15,000	15,000	15,000	15,000	15,000	30,000	30,000	30,000
<i>Dilapidation</i>	<i>3,000</i>	<i>3,000</i>	<i>3,000</i>	<i>3,000</i>	<i>3,000</i>	<i>3,000</i>	<i>6,000</i>	<i>6,000</i>	<i>6,000</i>
Business Rates (20%)	600	600	600	600	600	600	1,200	1,200	1,200
Electric/Water	3,900	3,900	3,900	2,100	2,100	2,100	6,000	6,000	6,000
Food Provision	8,000	8,000	8,000	26,000	26,000	26,000	34,000	34,000	34,000
Vehicle Maintenance/Tax	3,000	3,000	3,000	750	750	750	3,750	3,750	3,750
Vehicle Fuel	3,600	3,600	3,600	1,200	1,200	1,200	4,800	4,800	4,800
Vehicle Insurance	3,600	3,600	3,600	1,000	1,000	1,000	4,600	4,600	4,600
Commercial Waste							2,200	2,200	2,200
Fundraising Costs							1,000	1,000	1,000
Administration							3,000	3,000	3,000
Contingency							5,000	5,000	5,000
Annual Totals	40,700	40,700	40,700	49,650	49,650	49,650	101,550	101,550	101,550
Cumulative Totals	40,700	81,400	122,100	49,650	99,300	148,950	101,550	203,100	304,650
<i>Van Purchase</i>	<i>12,500</i>			<i>12,500</i>			<i>25,000</i>		
<i>Cumulative with Asset Purchases</i>	<i>53,200</i>	<i>93,900</i>	<i>134,600</i>	<i>62,150</i>	<i>111,800</i>	<i>161,450</i>	<i>126,550</i>	<i>228,100</i>	<i>329,650</i>

<u>Unrestricted Funds (Actual)</u>	£ 2020/2021	£ 2021/2022	£ 2022/2023
Receipts	84,840	94,147	86,097
Average Receipts (over 3 years)			<u>88,361</u>

Budget Forecast Stress Test (-15%)			
	£ 2023/24	£ 2024/25	£ 2025/26
Bank (unrestricted funds) b/f	218,917	167,474	141,031
Receipts @ 85%	75,107	75,107	75,107
Expenditure budget	-101,550	-101,550	-101,550
<i>Van Purchase</i>	<i>-25,000</i>		
Bank (unrestricted funds) c/f	167,474	141,031	114,589
Net Movement	-51,443	-26,443	-26,443



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
HOPE FOR FOOD

On accounts for the year
ended

31/01/2023

Charity no
(if any)

1162039

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/01/2023**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

21/09/2023

Name:

MARIANNE WHITE

Relevant professional
qualification(s) or body
(if any):

AAT Licenced Accountant 1003917
ACCA Qualified

Address:

53 Wroxham Road

Poole
Dorset, BH12 1NL

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

HOPE FOR FOOD

On accounts for the year
ended

31/01/2023

Charity no
(if any)

1162039

Set out on pages

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* Please delete the words in the brackets if they do not apply.

Signed:

M White

Date:

21/09/2023

Name:

MARIANNE WHITE

Relevant professional
qualification(s) or body
(if any):

AAT Licenced Accountant 1003917
ACCA Qualified

Address:

53 Wroxham Road

Poole
Dorset, BH12 1NL

Section B	Disclosure
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