

**FULL CIRCLE FUND THERAPIES  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 APRIL 2024**

**CHARITY NUMBER 1162010  
COMPANY NUMBER 09554871**



## FULL CIRCLE FUND THERAPIES

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## **FULL CIRCLE FUND THERAPIES**

### **LEGAL AND ADMINISTRATIVE INFORMATION**

**Trustees:**

B H Brennan  
T L DI Lorenzo  
A F P Dunn  
M C McCann  
G D Norton  
K Prasad  
S A Ruggles  
N Sharma  
F M Willis

**Charity registration number:** 1162010

**Company registration number:** 09554871

**Registered office address:** 12 Northfields Prospect  
Putney Bridge Road  
London  
SW18 1PE

**Operational address:** c/o The Ruth Myles Unit  
2nd Floor  
St. James's Wing  
St. George's University Hospitals NHS Foundation Trust  
London  
SW17 0QT

**Independent examiner:** **S B Chicksand, F.C.A**  
Chicksand Gordon Avis Ltd  
12 Northfields Prospect  
Putney Bridge Road  
London  
SW18 1PE

## **FULL CIRCLE FUND THERAPIES**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2024**

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report and the financial statements of the Charity for the year ended 30 April 2024.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The Charity is a company limited by guarantee governed by its memorandum and articles of association, a deed of trust and is registered as a Charity with the Charity Commission.

### **Recruitment and appointment of new trustees**

New trustees are selected and appointed by the existing trustees. Appointment of members of the Committee is governed by the Constitution dated 22 April 2015. The Committee is authorised to appoint new members to fill vacancies arising through resignation or death of any existing member.

### **Relevant interests**

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

### **Risk management**

The trustees continue to assess and monitor the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The Charity's twin objectives, as set out in the Governing Document, are

a - to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and

b- to advance the education of health care professionals, including supportive therapists, patients, their carers and the general public about the role and benefits of supportive and complementary therapies.

There is no means testing relating to provisions, support is available at the point of need to all referred to the Full Circle service at St. George's Hospital.

### **Public benefit**

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the Charity should undertake and how the donations made have advanced the objects of the Charity.

## **FULL CIRCLE FUND THERAPIES**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2024**

It is with much pride that the Charity continued its important function: delivering highly skilled integrative practitioners and know-how to support the resilience and wellbeing of very sick patients of all ages with major, life limiting conditions in the NHS and their carers.

In addition to our ongoing commitment to support patients across multiple medical departments including haematology (blood cancers and sickle cell disorder), oncology, and paediatric medicine, we also launched a new patient project for General Intensive Care Unit (GICU). This 1-year pilot project was generously funded by the General Intensive Care Unit's Ward Fund through St George's Hospital Charity. Our vital work in haematology for adults aged 18 years and older with malignant cancers such as leukaemia and multiple myeloma and those with non-malignant haematology conditions such as a life-threatening genetic condition Sickle Cell Disorder, continues to receive passionate support from clinical staff and patients. Recent Full Circle data of over 500 patient treatments and across multiple diagnoses, reveal significant reductions in pain, anxiety, stress, fatigue and sleep reported after Full Circle treatment.

In Sussex, Trustees of the Sussex Cancer Fund invited Full Circle to develop an expansion plan for their 3 hospital-based cancer projects. Following this, Sussex Cancer Fund generously funded expansion of our existing service provision for Royal Sussex County Hospital, Brighton and The Princess Royal Hospital, Hayward's Heath as well as a new project for Worthing Hospital's Cancer Unit – all of which commenced on time in January 2024.

We have successfully and safely pioneered integrative therapies on children's wards since 2006 at St George's Hospital. All our paediatric projects are developed collaboratively with multiple clinicians and key stakeholders. Over 70% of our referrals support children and their families with the child referred for significant pain or anxiety e.g. as a result of major trauma or brain tumour. This unique project was generously funded by donors to our Connecting Reiki with Medicine project which was co-created by our Founder and is hosted under the direction of Full Circle Fund Therapies.

For the Royal Alexandra Children's Hospital (Brighton), paediatric psychologists secured generous funding of £5,000 which was donated to Full Circle by the Rockinghorse Charity. This funded an expert Full Circle paediatric practitioner to lead the children's cancer project for "The Alex" for one year. At the end of this period, we were delighted to receive a generous donation of £24,000 to continue and expand Full Circle's presence for two children's hospital projects for the coming year.

We continue to respond to demand for our team's expertise to support exhausted NHS Staff. We have delivered regular monthly staff wellbeing support for haematology staff throughout the year. In May 2023 a private donor – Chris Gohl – raised a fantastic £1,400 by walking 9,665km from Lisbon to Santiago specifically to support Full Circle and our NHS Staff Wellbeing initiatives. His efforts funded vital support for renal staff to receive Full Circle's Therapy Team support for a year as well as seed funding a 3 month pilot project for Neuro Intensive Care Unit staff and supporting International Nurses Day across two NHS sites – St George's Hospital and Queen Mary's Hospital, Roehampton.

In Sussex, we supported Cancer Staff across 4 NHS sites – Brighton, Hayward's Heath and Park Breast Cancer Centre, Brighton, these were funded by Royal Sussex's Hospital Charity. For Worthing Hospital's cancer unit staff, we were proud to fund this thanks to Chris Gohl's 9,665km fundraising walk. Additionally, within this period we were asked by senior intensive care nurses to develop a new Staff Wellbeing project for General Intensive Care Unit staff. This initiative was funded by the GICU ward fund through St George's Hospital Charity.

During this year we were extremely grateful to receive £3,500 from the 25<sup>th</sup> annual SWRC May Flyer cycling event – which has proudly supported our charity for over 10 years. The proceeds go towards our Kids in Hospitals Appeal – to help bring our expertise to develop more Full Circle projects specifically for children's hospitals.

Over the year and across five NHS sites we have delivered a total of 1,865 treatments.

For the year up to 30<sup>th</sup> April 2024, the Charity received income of £63,246.

The Trustees feel that the Charity is exceptionally well placed to continue to provide the level of integrative medicine and wellbeing expertise that very sick patients of all ages and – crucially, also – NHS healthcare workers need during such challenging times for the NHS.

Our unique ability allows us to adapt our evidence informed services to multiple complex healthcare environments. Our team's proven expertise and professionalism has never been more in demand in today's NHS.

Approved by order of the board of trustees and signed on its behalf by:

**S A Ruggles – Trustee**

27 February 2025

## **FULL CIRCLE FUND THERAPIES**

### **INDEPENDENT EXAMINER' S REPORT TO THE TRUSTEES**

I report on the accounts for the year ended 30 April 2024 set out on pages 5 to 8.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

#### **Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A  
Chicksand Gordon Avis Ltd  
12 Northfields Prospect  
Putney Bridge Road  
London  
SW18 1PE

Date: 27 February 2025

# FULL CIRCLE FUND THERAPIES

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		3,271	53,739	57,010	29,933
Activities for generating funds		4,673	1,563	6,236	20,534
<b>Total incoming resources</b>		<b>7,944</b>	<b>55,302</b>	<b>63,246</b>	<b>50,467</b>
<b>RESOURCES EXPENDED</b>					
<b>Cost of generating funds</b>					
Service delivery		250	25	275	30,743
<b>Charitable activities</b>					
Therapists		-	46,432	46,432	27,005
<b>Governance costs</b>		960	-	960	960
<b>Other resources expended</b>		3,122	-	3,122	3,339
<b>Total resources expended</b>		<b>4,332</b>	<b>46,457</b>	<b>50,789</b>	<b>62,047</b>
<b>NET INCOMING / (OUTGOING) RESOURCES</b>	2	3,612	8,845	12,457	(11,580)
Total funds brought forward		2,020	37,045	39,065	50,645
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>5,632</b>	<b>45,890</b>	<b>51,522</b>	<b>39,065</b>

## FULL CIRCLE FUND THERAPIES

### BALANCE SHEET AS AT 30 APRIL 2024

	Notes	2024 £	2023 £
<b>FIXED ASSETS</b>			
Intangible assets	3	-	-
Tangible assets	4	-	-
		<u>-</u>	<u>-</u>
		<u>-</u>	<u>-</u>
<b>CURRENT ASSETS</b>			
Cash at bank and in hand		51,428	38,971
Debtors		2,836	2,836
		<u>54,264</u>	<u>41,807</u>
<b>CREDITORS</b>			
Amounts falling due within one year		(2,742)	(2,742)
		<u>51,522</u>	<u>39,065</u>
<b>NET CURRENT ASSETS</b>		<u>51,522</u>	<u>39,065</u>
<b>NET ASSETS</b>		<u>51,522</u>	<u>39,065</u>
<b>FUNDS</b>			
Unrestricted funds	5	5,632	2,020
Restricted funds	5	45,890	37,045
		<u>51,522</u>	<u>39,065</u>
<b>TOTAL FUNDS</b>		<u>51,522</u>	<u>39,065</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2024.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The accounts were approved by the Board of Trustees on 27 February 2025 and were signed on its behalf by:

S Ruggles - Trustee .....



## FULL CIRCLE FUND THERAPIES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2024

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

##### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software	33.33% straight-line
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##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

#### 2. NET INCOMING RESOURCES

This is stated after charging:

	2024 £	2023 £
CEO remuneration	-	14,583

#### 3. INTANGIBLE FIXED ASSETS

Trade mark:

£

Cost

At 1 May 2023 and 30 April 2024

9,868

Amortisation

At 1 May 2023 and 30 April 2024

9,868

Net book value

At 1 May 2023 and 30 April 2024

-

## FULL CIRCLE FUND THERAPIES

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2024

#### 4. TANGIBLE FIXED ASSETS

##### Equipment:

##### Cost

At 1 May 2023 and 30 April 2024

£

1,683

##### Depreciation

At 1 May 2023 and 30 April 2024

1,683

##### Net book value

At 1 May 2023 and 30 April 2024

-

#### 5. MOVEMENT IN FUNDS

	2024 £	2023 £
<b>Unrestricted funds</b>		
Brought forward	2,020	11,873
Net incoming / (outgoing) resources for the year	3,612	(16,103)
Funds transfer	-	6,250
Carried forward	<u>5,632</u>	<u>2,020</u>
<b>Restricted funds</b>		
Brought forward	37,045	38,772
Net incoming resources for the year	8,845	4,523
Funds transfer	-	(6,250)
Carried forward	<u>45,890</u>	<u>37,045</u>