

FULL CIRCLE FUND THERAPIES

England & Wales · Charity number 1162010

Details

Status Registered

Legal form Charitable company

Company number [09554871](#)

Registered 2015-06-04

Register [View on the Charity Commission register](#)

Contact

Address St. Georges Hospital
Blackshaw Road
London
SW17 0QT

Phone 02087255503

Activities

Objects: 1) TO RELIEVE THOSE IN NEED BY REASON OF ILL HEALTH OR DISABILITY AND TO PRESERVE THE HEALTH OF PATIENTS, CARERS AND STAFF AT ST GEORGE'S HOSPITAL, LONDON AND NHS HOSPITALS REGIONALLY AND NATIONALLY THROUGH FUNDING AND THROUGH THE ADVANCEMENT OF RESEARCH INTO SUPPORTIVE AND COMPLEMENTARY THERAPIES.2) TO ADVANCE THE EDUCATION OF HEALTH CARE PROFESSIONALS, INCLUDING SUPPORTIVE THERAPISTS, PATIENTS, THEIR CARERS AND THE GENERAL PUBLIC ABOUT THE ROLE AND BENEFITS OF SUPPORTIVE AND COMPLEMENTARY THERAPIES.

Activities: We believe in supporting quality of life. The Full Circle Fund is dedicated to supporting the quality of life of children and adults with life-limiting illnesses at St George's Hospital, Tooting. We receive no government or NHS funding and rely totally on donations to support this service.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£133,885	£77,042	-	-
2024-04-30	£63,246	£50,789	-	-
2023-04-30	£50,467	£62,047	-	-
2022-04-30	£78,949	£94,311	-	-
2021-04-30	£99,157	£78,529	-	-

Trustees

Name	Role	Appointed
ANTONIA FELICITY POWNALL DUNN		2015-04-22
Barbara Brennan		2020-03-04
Dr FENELLA MAI WILLIS		2015-04-22
Dr KAVITA PRASAD		2015-04-22
GEORGE DOUGLAS NORTON		2015-04-22
MONICA CATHERINE MCCANN		2015-04-22
NINA SHARMA		2015-04-22
SUZANNE AMANDA RUGGLES		2015-04-22

FULL CIRCLE FUND THERAPIES

England & Wales - Charity number 1162010

Accounts

FULL CIRCLE FUND THERAPIES
(A COMPANY LIMITED BY GUARANTEE)

REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2025

CHARITY NUMBER 1162010
COMPANY NUMBER 09554871

Full Circle Fund **THERAPIES**
Supporting quality of life

FULL CIRCLE FUND THERAPIES

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FULL CIRCLE FUND THERAPIES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees: B H Brennan
A F P Dunn
M C McCann
G D Norton
K Prasad
S A Ruggles
N Sharma
F M Willis

Charity registration number: 1162010

Company registration number: 09554871

Registered office address: 12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Operational address: c/o The Ruth Myles Unit
2nd Floor
St. James's Wing
St. George's University Hospitals NHS Foundation Trust
London
SW17 0QT

Independent examiner: **S B Chicksand, F.C.A**
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2025

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report and the financial statements of the Charity for the year ended 30 April 2025.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee governed by its memorandum and articles of association, a deed of trust and is registered as a Charity with the Charity Commission.

Recruitment and appointment of new trustees

New trustees are selected and appointed by the existing trustees. Appointment of members of the Committee is governed by the Constitution dated 22 April 2015. The Committee is authorised to appoint new members to fill vacancies arising through resignation or death of any existing member.

Relevant interests

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

Risk management

The trustees continue to assess and monitor the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's twin objectives, as set out in the Governing Document, are

a - to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and

b- to advance the education of health care professionals, including supportive therapists, patients, their carers and the general public about the role and benefits of supportive and complementary therapies.

There is no means testing relating to provisions, support is available at the point of need to all referred to the Full Circle service at St. George's Hospital.

Public benefit

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the Charity should undertake and how the donations made have advanced the objects of the Charity.

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2025

It is with much pride that the Charity continued its important function: delivering highly skilled integrative practitioners and know-how to support the resilience and wellbeing of very sick patients of all ages in the NHS, their families and NHS staff.

Our ongoing commitment is to support patients across multiple medical departments including haematology (blood cancers and sickle cell disorder), major trauma, palliative care and paediatric medicine.

Our current projects include:

- 1. St George's University Hospitals Foundation Trust, Tooting.** St George's is one of the largest hospitals in Europe and has been our project's primary base for 25 years. Working collaboratively with clinicians, we offer an award-winning, evidence-informed integrative therapy approach that provides a positive counterbalance to the rigours of often invasive, frightening medical interventions to keep a person feeling human. Through ongoing evaluation, our interventions have been shown to significantly reduce anxiety and pain and improve sleep across multiple age groups and diagnoses. Central to our vision is to provide highly skilled Full Circle® practitioners to the hospital bedside in some of the most complex areas in medicine including:
 - **Haematology and Bone Marrow Transplant Unit.** Our longest running project supports over 250 blood and lymphatic cancer patients a year and is proudly supported by the Ruth Myles Ward Fund (a restricted fund in St George's Hospital Charity) and our Connecting Reiki with Medicine project. Due to the unique physical and mental impact of a haematology diagnosis, a blood cancer patient endures weeks and months in an isolation room following intensive full body chemotherapy. As a result, patients are often highly anxious as well as severely immune compromised for extensive periods. Haematology patients suffer with a range of debilitating side effects such as nerve pain caused by chemotherapy (chemotherapy induced peripheral neuropathy (CIPN)) as well as nausea, fatigue and insomnia.
 - **Haematology Day Care Unit** this project was designed to be available to support patients with **chemotherapy induced nerve damage** and to extend Full Circle person-centred support to patients who remain extremely vulnerable after **Stem Cell Transplantation**. This specific project was requested by haematology clinicians and proudly supported by Ruth Myles Fund.
 - **Major Trauma** project launched in August 2024. This is a *first its kind pilot project* in collaboration with Major Trauma's senior nurses, psychologists and medical teams. St George's is a major trauma centre part of the Southwest London and Surrey trauma network which covers a population of 2.6 million. Around 120 patients a month with the most severe injuries are taken to St George's often bypassing nearer hospitals. This project receives match-funding in our partnership with the Major Trauma Unit's Ward Fund (part of St George's Hospital Charity) and private donors to our Connecting Reiki with Medicine project.
 - **Sickle Cell Disorder** 2-year pilot project for patients diagnosed with sickle cell disorder (SCD) across five South West London Boroughs. Supporting patients with SCD has been a dedicated part of our vision since 2003. SCD is a life-threatening genetic condition which affects the red blood cells and is particularly common in people with an African or Caribbean family background. Working in collaboration with SCD psychologists and clinicians, we were invited to design a 2-year Full Circle® delivered integrative therapy project for adults with SCD. We were thrilled to be awarded NHS England funding of £18,000 for this important project, commencing January 2025.
- 2. University Hospitals Sussex – Brighton, Hayward's Heath and Worthing**

We are delighted to receive the continued enthusiastic support of the Sussex Cancer Fund. Building on the success of last year's project, we were invited to develop an expansion plan for their hospital-based cancer projects for:

- Royal Sussex County Hospital (Brighton)
- The Princess Royal Hospital, Hayward's Heath
- Worthing Hospital's Cancer Unit.

During this period a total of 1,279 Full Circle treatments were delivered to cancer patients across Sussex.

3. Supporting 3 Children's Hospital Projects

- The Royal Alexandra Children's Hospital (Brighton)
- Kingston Hospital's Children's Unit (Surrey)
- St George's University Hospital Children's Unit (London)

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2025

We were delighted to continue our focus our expertise to support children with life-changing diagnoses and their families. With gratitude to a generous donation from the Raymond Charity and fundraising efforts from our annual cycling event The May Flyer organised by local cycling club the South Western Road Club. With this support, we were able to develop and launch our 3rd paediatric project - for Kingston Hospital Children's Unit - in January 2025.

Across all our projects we consistently receive highly engaged referral support from clinical teams on the ground and immense gratitude from those we support.

Our mission is to support children and adults and their carers when they are facing some of the most challenging weeks and months following diagnosis.

"In a very stressful time, having access to Full Circle is a reprieve and heaven when I can switch off and reboot. We have spent the past 6 months in various different hospitals, and Full Circle is the best and most valuable support so far to parents. Hugely grateful. Thank you so much."

Mother of 10 yr old with cancer.

4. NHS Staff

We continue to respond to the demand from the frontline for our team's expertise to support exhausted NHS Staff. During the year, we have delivered regular monthly staff wellbeing support through our specialist Full Circle® Remedial Massage team. Special Staff Wellbeing Days were organised for Neuro Intensive Care, General Intensive Care and Haematology and Stem Cell Transplant teams throughout the year. A total of 271 staff treatments were given with fatigue, stress and sleep difficulties the most prevalent health challenges reported by healthcare professionals in this project.

These Full Circle NHS Staff projects were requested and supported by lead nurses and consultants and funded by each department's ward fund through St George's Hospital Charity.

Over the year and across six NHS sites we have delivered a total of 2,660 treatments which represents a 42% increase on our previous year's activity.

During this year we were honoured to receive £66,293 from a single, generous bequest to support and expand the work of our Connecting Reiki with Medicine project.

For the year to 30th April 2025, the Charity received income of £133,885.

During this year also it is with great pride that our Founder and CEO Suzanne Ruggles Redhead was honoured to receive a British Empire Medal given in recognition of her tireless work over the last 25 years pioneering integrative, holistic, patient-focused support for children and adults diagnosed with life threatening conditions in the NHS.

Trustees feel that the Charity is exceptionally well placed to continue to provide the level of integrative therapy expertise that very sick patients of all ages and – crucially - NHS healthcare workers need during challenging times for the NHS. Our charity's size and dedicated team allows us to adapt our evidence informed services to respond swiftly to the many urgent calls for our support from the frontline of care. Over the last 25 years of designing and delivering projects in some of the most complex medical areas in the NHS, our dedicated Full Circle® team's proven track record consistently demonstrates it is both possible – and needed.

Approved by order of the board of trustees and signed on its behalf by:

S A Ruggles – Trustee

01 December 2025

FULL CIRCLE FUND THERAPIES

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 30 April 2025 set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Date: 1 December 2025

FULL CIRCLE FUND THERAPIES

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		987	128,416	129,403	57,010
Activities for generating funds		3,636	846	4,482	6,236
Total incoming resources		<u>4,623</u>	<u>129,262</u>	<u>133,885</u>	<u>63,246</u>
RESOURCES EXPENDED					
Cost of generating funds					
Service delivery		98	9,072	9,170	275
Charitable activities					
Therapists		-	63,145	63,145	46,432
Governance costs		1,200	-	1,200	960
Other resources expended		3,527	-	3,527	3,122
Total resources expended		<u>4,825</u>	<u>72,217</u>	<u>77,042</u>	<u>50,789</u>
NET INCOMING / (OUTGOING) RESOURCES	2	(202)	57,045	56,843	12,457
Total funds brought forward		5,632	45,890	51,522	39,065
TOTAL FUNDS CARRIED FORWARD		<u>5,430</u>	<u>102,935</u>	<u>108,365</u>	<u>51,522</u>

FULL CIRCLE FUND THERAPIES

BALANCE SHEET AS AT 30 APRIL 2025

	Notes	2025 £	2024 £
FIXED ASSETS			
Intangible assets	3	-	-
Tangible assets	4	-	-
		<u>-</u>	<u>-</u>
CURRENT ASSETS			
Cash at bank and in hand		113,011	51,428
Debtors		<u>1,990</u>	<u>2,836</u>
		115,001	54,264
CREDITORS			
Amounts falling due within one year		(6,636)	(2,742)
		<u>108,365</u>	<u>51,522</u>
NET CURRENT ASSETS			
		<u>108,365</u>	<u>51,522</u>
NET ASSETS			
		<u>108,365</u>	<u>51,522</u>
FUNDS			
Unrestricted funds	5	5,430	5,632
Restricted funds	5	102,935	45,890
		<u>108,365</u>	<u>51,522</u>
TOTAL FUNDS			
		<u>108,365</u>	<u>51,522</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2025.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The accounts were approved by the Board of Trustees on 1 December 2025 and were signed on its behalf by:

S Ruggles - Trustee

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2025

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software 33.33% straight-line

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

2. NET INCOMING RESOURCES

This is stated after charging:

	2025	2024
	£	£
CEO remuneration	8,750	-

3. INTANGIBLE FIXED ASSETS

Trade mark:

£

Cost

At 1 May 2024 and 30 April 2025

9,868

Amortisation

At 1 May 2024 and 30 April 2025

9,868

Net book value

At 1 May 2024 and 30 April 2025

-

FULL CIRCLE FUND THERAPIES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2025**

4. TANGIBLE FIXED ASSETS

Equipment:

	£
Cost	
At 1 May 2024 and 30 April 2025	<u>1,683</u>
Depreciation	
At 1 May 2024 and 30 April 2025	<u>1,683</u>
Net book value	
At 1 May 2024 and 30 April 2025	<u>—</u>

5. MOVEMENT IN FUNDS

	2025	2024
	£	£
Unrestricted funds		
Brought forward	5,632	2,020
Net (outgoing) / incoming resources for the year	(202)	3,612
	<u>5,430</u>	<u>5,632</u>
Carried forward		
	<u>5,430</u>	<u>5,632</u>
Restricted funds		
Brought forward	45,890	37,045
Net incoming resources for the year	<u>57,045</u>	<u>8,845</u>
Carried forward	<u>102,935</u>	<u>45,890</u>

FULL CIRCLE FUND THERAPIES

England & Wales - Charity number 1162010

Accounts

**FULL CIRCLE FUND THERAPIES
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2024**

**CHARITY NUMBER 1162010
COMPANY NUMBER 09554871**

Full Circle Fund THERAPIES
Supporting quality of life

FULL CIRCLE FUND THERAPIES

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FULL CIRCLE FUND THERAPIES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees:

B H Brennan
T L DI Lorenzo
A F P Dunn
M C McCann
G D Norton
K Prasad
S A Ruggles
N Sharma
F M Willis

Charity registration number: 1162010

Company registration number: 09554871

Registered office address: 12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Operational address: c/o The Ruth Myles Unit
2nd Floor
St. James's Wing
St. George's University Hospitals NHS Foundation Trust
London
SW17 0QT

Independent examiner: **S B Chicksand, F.C.A**
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2024

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report and the financial statements of the Charity for the year ended 30 April 2024.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

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Relevant interests

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

Risk management

The trustees continue to assess and monitor the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's twin objectives, as set out in the Governing Document, are

a - to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and

b- to advance the education of health care professionals, including supportive therapists, patients, their carers and the general public about the role and benefits of supportive and complementary therapies.

There is no means testing relating to provisions, support is available at the point of need to all referred to the Full Circle service at St. George's Hospital.

Public benefit

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the Charity should undertake and how the donations made have advanced the objects of the Charity.

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2024

It is with much pride that the Charity continued its important function: delivering highly skilled integrative practitioners and know-how to support the resilience and wellbeing of very sick patients of all ages with major, life limiting conditions in the NHS and their carers.

In addition to our ongoing commitment to support patients across multiple medical departments including haematology (blood cancers and sickle cell disorder), oncology, and paediatric medicine, we also launched a new patient project for General Intensive Care Unit (GICU). This 1-year pilot project was generously funded by the General Intensive Care Unit's Ward Fund through St George's Hospital Charity. Our vital work in haematology for adults aged 18 years and older with malignant cancers such as leukaemia and multiple myeloma and those with non-malignant haematology conditions such as a life-threatening genetic condition Sickle Cell Disorder, continues to receive passionate support from clinical staff and patients. Recent Full Circle data of over 500 patient treatments and across multiple diagnoses, reveal significant reductions in pain, anxiety, stress, fatigue and sleep reported after Full Circle treatment.

In Sussex, Trustees of the Sussex Cancer Fund invited Full Circle to develop an expansion plan for their 3 hospital-based cancer projects. Following this, Sussex Cancer Fund generously funded expansion of our existing service provision for Royal Sussex County Hospital, Brighton and The Princess Royal Hospital, Hayward's Heath as well as a new project for Worthing Hospital's Cancer Unit – all of which commenced on time in January 2024.

We have successfully and safely pioneered integrative therapies on children's wards since 2006 at St George's Hospital. All our paediatric projects are developed collaboratively with multiple clinicians and key stakeholders. Over 70% of our referrals support children and their families with the child referred for significant pain or anxiety e.g. as a result of major trauma or brain tumour. This unique project was generously funded by donors to our Connecting Reiki with Medicine project which was co-created by our Founder and is hosted under the direction of Full Circle Fund Therapies.

For the Royal Alexandra Children's Hospital (Brighton), paediatric psychologists secured generous funding of £5,000 which was donated to Full Circle by the Rockinghorse Charity. This funded an expert Full Circle paediatric practitioner to lead the children's cancer project for "The Alex" for one year. At the end of this period, we were delighted to receive a generous donation of £24,000 to continue and expand Full Circle's presence for two children's hospital projects for the coming year.

We continue to respond to demand for our team's expertise to support exhausted NHS Staff. We have delivered regular monthly staff wellbeing support for haematology staff throughout the year. In May 2023 a private donor – Chris Gohl – raised a fantastic £1,400 by walking 9,665km from Lisbon to Santiago specifically to support Full Circle and our NHS Staff Wellbeing initiatives. His efforts funded vital support for renal staff to receive Full Circle's Therapy Team support for a year as well as seed funding a 3 month pilot project for Neuro Intensive Care Unit staff and supporting International Nurses Day across two NHS sites – St George's Hospital and Queen Mary's Hospital, Roehampton.

In Sussex, we supported Cancer Staff across 4 NHS sites – Brighton, Hayward's Heath and Park Breast Cancer Centre, Brighton, these were funded by Royal Sussex's Hospital Charity. For Worthing Hospital's cancer unit staff, we were proud to fund this thanks to Chris Gohl's 9,665km fundraising walk. Additionally, within this period we were asked by senior intensive care nurses to develop a new Staff Wellbeing project for General Intensive Care Unit staff. This initiative was funded by the GICU ward fund through St George's Hospital Charity.

During this year we were extremely grateful to receive £3,500 from the 25th annual SWRC May Flyer cycling event – which has proudly supported our charity for over 10 years. The proceeds go towards our Kids in Hospitals Appeal – to help bring our expertise to develop more Full Circle projects specifically for children's hospitals.

Over the year and across five NHS sites we have delivered a total of 1,865 treatments.

For the year up to 30th April 2024, the Charity received income of £63,246.

The Trustees feel that the Charity is exceptionally well placed to continue to provide the level of integrative medicine and wellbeing expertise that very sick patients of all ages and – crucially, also – NHS healthcare workers need during such challenging times for the NHS.

Our unique ability allows us to adapt our evidence informed services to multiple complex healthcare environments. Our team's proven expertise and professionalism has never been more in demand in today's NHS.

Approved by order of the board of trustees and signed on its behalf by:

S A Ruggles – Trustee

27 February 2025

FULL CIRCLE FUND THERAPIES

INDEPENDENT EXAMINER' S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 30 April 2024 set out on pages 5 to 8.

Respective responsibilities of trustees and examiner

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- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

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Independent examiner's statement

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- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Date: 27 February 2025

FULL CIRCLE FUND THERAPIES

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		3,271	53,739	57,010	29,933
Activities for generating funds		4,673	1,563	6,236	20,534
Total incoming resources		<u>7,944</u>	<u>55,302</u>	<u>63,246</u>	<u>50,467</u>
RESOURCES EXPENDED					
Cost of generating funds					
Service delivery		250	25	275	30,743
Charitable activities					
Therapists		-	46,432	46,432	27,005
Governance costs		960	-	960	960
Other resources expended		3,122	-	3,122	3,339
Total resources expended		<u>4,332</u>	<u>46,457</u>	<u>50,789</u>	<u>62,047</u>
NET INCOMING / (OUTGOING) RESOURCES	2	3,612	8,845	12,457	(11,580)
Total funds brought forward		2,020	37,045	39,065	50,645
TOTAL FUNDS CARRIED FORWARD		<u>5,632</u>	<u>45,890</u>	<u>51,522</u>	<u>39,065</u>

FULL CIRCLE FUND THERAPIES

**BALANCE SHEET
AS AT 30 APRIL 2024**

	Notes	2024 £	2023 £
FIXED ASSETS			
Intangible assets	3	-	-
Tangible assets	4	-	-
		<u>-</u>	<u>-</u>
CURRENT ASSETS			
Cash at bank and in hand		51,428	38,971
Debtors		2,836	2,836
		<u>54,264</u>	<u>41,807</u>
CREDITORS			
Amounts falling due within one year		(2,742)	(2,742)
		<u>51,522</u>	<u>39,065</u>
NET CURRENT ASSETS			
		<u>51,522</u>	<u>39,065</u>
NET ASSETS			
		<u>51,522</u>	<u>39,065</u>
FUNDS			
Unrestricted funds	5	5,632	2,020
Restricted funds	5	45,890	37,045
		<u>51,522</u>	<u>39,065</u>
TOTAL FUNDS			
		<u>51,522</u>	<u>39,065</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2024.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The accounts were approved by the Board of Trustees on 27 February 2025 and were signed on its behalf by:

S Ruggles - Trustee

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2024

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software 33.33% straight-line

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

2. NET INCOMING RESOURCES

This is stated after charging:

	2024	2023
	£	£
CEO remuneration	-	14,583

3. INTANGIBLE FIXED ASSETS

Trade mark:

£

Cost

At 1 May 2023 and 30 April 2024

9,868

Amortisation

At 1 May 2023 and 30 April 2024

9,868

Net book value

At 1 May 2023 and 30 April 2024

—

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2024

4. TANGIBLE FIXED ASSETS

Equipment:

Cost

At 1 May 2023 and 30 April 2024

£

1,683

Depreciation

At 1 May 2023 and 30 April 2024

1,683

Net book value

At 1 May 2023 and 30 April 2024

—

5. MOVEMENT IN FUNDS

	2024	2023
	£	£
Unrestricted funds		
Brought forward	2,020	11,873
Net incoming / (outgoing) resources for the year	3,612	(16,103)
Funds transfer	<u>-</u>	<u>6,250</u>
Carried forward	<u>5,632</u>	<u>2,020</u>
Restricted funds		
Brought forward	37,045	38,772
Net incoming resources for the year	8,845	4,523
Funds transfer	<u>-</u>	<u>(6,250)</u>
Carried forward	<u>45,890</u>	<u>37,045</u>

FULL CIRCLE FUND THERAPIES

England & Wales - Charity number 1162010

Accounts

**FULL CIRCLE FUND THERAPIES
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2023**

**CHARITY NUMBER 1162010
COMPANY NUMBER 09554871**

Full Circle Fund THERAPIES
Supporting quality of life

FULL CIRCLE FUND THERAPIES

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FULL CIRCLE FUND THERAPIES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees: B H Brennan
T L DI Lorenzo
A F P Dunn
M C McCann
G D Norton
K Prasad
S A Ruggles
N Sharma
F M Willis

Charity registration number: 1162010

Company registration number: 09554871

Registered office address: 12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Operational address: c/o The Ruth Myles Unit
2nd Floor
St. James's Wing
St. George's University Hospitals NHS Foundation Trust
London
SW17 0QT

Independent examiner: S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2023

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report and the financial statements of the Charity for the year ended 30 April 2023.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee governed by its memorandum and articles of association, a deed of trust and is registered as a Charity with the Charity Commission.

Recruitment and appointment of new trustees

New trustees are selected and appointed by the existing trustees. Appointment of members of the Committee is governed by the Constitution dated 22 April 2015. The Committee is authorised to appoint new members to fill vacancies arising through resignation or death of any existing member.

Relevant interests

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

Risk management

The trustees continue to assess and monitor the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's twin objectives, as set out in the Governing Document, are

a - to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and

b- to advance the education of health care professionals, including supportive therapists, patients, their carers and the general public about the role and benefits of supportive and complementary therapies.

There is no means testing relating to provisions, support is available at the point of need to all referred to the Full Circle service at St. George's Hospital.

Public benefit

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the Charity should undertake and how the donations made have advanced the objects of the Charity.

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2023

It is with great pride that the Charity continued its important function: delivering highly skilled integrative practitioners and know-how to support the resilience and wellbeing of very sick patients with major, life limiting conditions in the NHS and their carers.

From the Charity's primary base at St George's University Hospital Foundation Trust – one of Europe's largest hospitals, the majority of our 'proof of concept' work is developed, planned, evaluated and rolled out. Since the pandemic we have continued to receive unprecedented demand for our service from healthcare professionals for their patients (of all ages) with life-threatening conditions.

Full Circle continues to be proudly fully funded by The Sussex Cancer Fund in two Sussex NHS cancer projects for the Royal Sussex County Hospital, Brighton and Princess Royal Hospital, Hayward's Heath. In early Spring 2023, Trustees of the Sussex Cancer Fund invited Full Circle to develop a funded expansion of their projects and to add a third NHS site – Worthing Hospital. We will develop the project and oversee recruit in the coming year with project commencement planned for Winter2023/2024.

Demand for our expertise continues to grow nationally and during the year we have been approached by healthcare professionals from numerous NHS Trusts nationally. We are sharing our expertise with these healthcare professionals based on the proven success of the Full Circle model to help develop their own services.

However, there continues to be a devastating aftermath of the pandemic: exhausted NHS staff are urgently requesting our expertise to provide direct support for their frontline colleagues. In response to this we consulted numerous healthcare professionals and then worked with clinical teams directly to develop one-to-one sessions specifically tailored for busy, working, NHS staff. These sessions were successfully trialled in collaboration with paediatric intensive care and, later, successfully rolled out for renal and haematology clinical teams too. We are hoping that further funding can be found to continue this vital support of our frontline healthcare workforce.

Over the year and across three of our NHS sites we have delivered a total of 1,366 treatments and 553 to healthcare staff.

From May 2022 to April 2023 the Charity received income of £50,467. During this year we were thrilled to be the main beneficiary of the Mayor of Wandsworth's Charity of the Year, receiving a phenomenal £20,000. A very welcome donation of £10,000 was received from the Wimbledon Foundation specifically to support our work with the most poorly patients at their hospital bedsides. Our annual cycling event, the SWRC May Flyer (May 2022), was extremely well attended after the cancellation of the previous year's event due to the pandemic, raised an impressive £4,000.

Trustees feel that the Charity is exceptionally well placed to continue to provide the level of integrative medicine and wellbeing expertise that very sick patients and healthcare workers need during such a challenging time in the NHS.

The Charity has a proven track record in providing compassionate care in the most complex medical environments. In the post pandemic NHS, Full Circle remains at the forefront of integrative care.

By actively responding to, developing, and adapting our support to respond to the wellbeing needs of very sick patients and exhausted healthcare workers, our unique ability – as a small charity – to adjust and respond, has never been more in demand in the NHS – for patients and the exhausted healthcare workers who care for them.

Approved by order of the board of trustees and signed on its behalf by:

T L Di Lorenzo – Treasurer and Trustee

30 January 2024

FULL CIRCLE FUND THERAPIES

INDEPENDENT EXAMINER' S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 30 April 2023 set out on pages 5 to 8..

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Date: 30 January 2024

FULL CIRCLE FUND THERAPIES

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		835	29,098	29,933	55,120
Activities for generating funds		20,065	469	20,534	13,621
Coronavirus job retention scheme grant		-	-	-	10,208
Total incoming resources		<u>20,900</u>	<u>29,567</u>	<u>50,467</u>	<u>78,949</u>
RESOURCES EXPENDED					
Cost of generating funds					
Service delivery		30,743	-	30,743	58,165
Charitable activities					
Therapists		1,961	25,044	27,005	20,147
Governance costs		960	-	960	960
Other resources expended		3,339	-	3,339	15,039
Total resources expended		<u>37,003</u>	<u>25,044</u>	<u>62,047</u>	<u>94,311</u>
NET (OUTGOING) / INCOMING RESOURCES	2	(16,103)	4,523	(11,580)	(15,362)
Total funds brought forward		11,873	38,772	50,645	66,007
Funds transfer		6,250	(6,250)	-	-
TOTAL FUNDS CARRIED FORWARD		<u>2,020</u>	<u>37,045</u>	<u>39,065</u>	<u>50,645</u>

FULL CIRCLE FUND THERAPIES

**BALANCE SHEET
AS AT 30 APRIL 2023**

	Notes	2023 £	2022 £
FIXED ASSETS			
Intangible assets	3	-	-
Tangible assets	4	-	-
		<u>-</u>	<u>-</u>
		<u>-</u>	<u>-</u>
CURRENT ASSETS			
Cash at bank and in hand		38,971	55,775
Debtors		2,836	-
		<u>41,807</u>	<u>55,775</u>
CREDITORS			
Amounts falling due within one year		(2,742)	(5,130)
		<u>39,065</u>	<u>50,645</u>
		<u>39,065</u>	<u>50,645</u>
NET ASSETS			
		<u>39,065</u>	<u>50,645</u>
FUNDS			
Unrestricted funds	5	2,020	11,873
Restricted funds	5	37,045	38,772
		<u>39,065</u>	<u>50,645</u>
		<u>39,065</u>	<u>50,645</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2023.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The accounts were approved by the Board of Trustees on 30 January 2024 and were signed on its behalf by:

S Ruggles - Trustee

T Di Lorenzo - Treas. / Trustee.....

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2023

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software 33.33% straight-line

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

2. NET INCOMING RESOURCES

This is stated after charging:

	2023	2022
	£	£
CEO remuneration	14,583	35,000

3. INTANGIBLE FIXED ASSETS

Trade mark: £

Cost

At 1 May 2022 and 30 April 2023 9,868

Amortisation

At 1 May 2022 and 30 April 2023 9,868

Net book value

At 1 May 2022 and 30 April 2023 —

FULL CIRCLE FUND THERAPIES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2023**

4. TANGIBLE FIXED ASSETS

Equipment:

	£
Cost	
At 1 May 2022 and 30 April 2023	<u>1,683</u>
Depreciation	
At 1 May 2022 and 30 April 2023	<u>1,683</u>
Net book value	
At 1 May 2022 and 30 April 2023	<u>—</u>

5. MOVEMENT IN FUNDS

	2023 £	2022 £
Unrestricted funds		
Brought forward	11,873	28,827
Net (outgoing) resources for the year	(16,103)	(16,954)
Funds transfer	<u>6,250</u>	<u>—</u>
Carried forward	<u>2,020</u>	<u>11,873</u>
Restricted funds		
Brought forward	38,772	37,180
Net incoming resources for the year	4,523	1,592
Funds transfer	<u>(6,250)</u>	<u>—</u>
Carried forward	<u>37,045</u>	<u>38,772</u>

6. RELATED PARTY DISCLOSURES

During the year payments were made to the following:

- S A Ruggles - CEO remuneration £14,583
- T L DI Lorenzo – Administration £5,710
- Therapy £2,367
- N Sharma – Administration £9,665
- Therapy £3,220

FULL CIRCLE FUND THERAPIES

England & Wales - Charity number 1162010

Accounts

**FULL CIRCLE FUND THERAPIES
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2022**

**CHARITY NUMBER 1162010
COMPANY NUMBER 09554871**

Full Circle Fund THERAPIES
Supporting quality of life

FULL CIRCLE FUND THERAPIES

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FULL CIRCLE FUND THERAPIES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees:

B H Brennan
T L DI Lorenzo
A F P Dunn
M C McCann
G D Norton
K Prasad
S A Ruggles
N Sharma
F M Willis

Charity registration number: 1162010

Company registration number: 09554871

Registered office address: 12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Operational address: c/o The Ruth Myles Unit
2nd Floor
St. James's Wing
St. George's University Hospitals NHS Foundation Trust
London
SW17 0QT

Independent examiner: **S B Chicksand, F.C.A**
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2022

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report and the financial statements of the Charity for the year ended 30 April 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee governed by its memorandum and articles of association, a deed of trust and is registered as a Charity with the Charity Commission.

Recruitment and appointment of new trustees

New trustees are selected and appointed by the existing trustees. Appointment of members of the Committee is governed by the Constitution dated 22 April 2015. The Committee is authorised to appoint new members to fill vacancies arising through resignation or death of any existing member.

Relevant interests

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

Risk management

The trustees continue to assess and monitor the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's twin objectives, as set out in the Governing Document, are

- a) to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and
- b) to advance the education of health care professionals, including supportive therapists, patients, their carers and the general public about the role and benefits of supportive and complementary therapies.

Public benefit

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the Charity should undertake and how the donations made have advanced the objects of the Charity.

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2022

It is with great pride that the Charity continued its post Covid-19 function: delivering highly skilled integrative know-how to increase support, coping, resilience and wellbeing for very sick patients with major, life limiting conditions and their NHS carers.

Full Circle's 'Wellbeing Hub' www.fullcirclefund.org.uk/wellbeing-hub which was set up as an immediate response to the pandemic continues to be a 'trusted resource' by our healthcare colleagues. During this year a total 5,900 site visits were recorded to the new Wellbeing Hub.

The Charity's primary base remains St. George's University Hospital Foundation Trust - one of the largest hospitals in Europe, this is where the majority of our 'proof of concept' work is developed, planned, and rolled out. We continue to pioneer holistic care for people of all ages with life-threatening conditions including cancers, sickle cell disorder, brain tumours, genetic conditions, haemophilia, and kidney transplant patients. Treatments were resumed safely post pandemic and were delivered by our team of highly skilled, expert Full Circle practitioners to patients receiving life-saving treatments on specialist cancer and transplant wards, and paediatric wards including paediatric intensive care. During this year our youngest patient was 7 weeks old and our eldest was 86 years old.

Full Circle is proud to be in two additional NHS cancer specific projects - at the Royal Sussex County Hospital, Brighton and Princess Royal Hospital, Hayward's Heath. These are generously funded by the Sussex Cancer Fund.

Despite the COVID restrictions implemented by the Trust, limiting the number of non-essential staff visiting patients, we were able to deliver a total of 1,366 treatments over the year and across three NHS sites.

However, there is a devastating aftermath within the NHS caused by the pandemic. Within our places of work, patient groups remain extremely frightened, vulnerable, and shielded, and courageous healthcare workers are exhausted with many reported to have symptoms of PTSD.

Throughout this period, we kept in close contact with our NHS colleagues and the patient groups that they care for, the following are just two of the many examples of how we adapted and responded directly to the urgent need:

1) Innovative conference for marginalised BAME patients with Sickle Cell Disorder

Since 2006 we have pioneered support for patients with Sickle Cell Disorder - a life threatening condition that disproportionately affects people with a sub-Saharan heritage. However, during the pandemic this highly vulnerable, shielded patient group and the healthcare workers caring for them were extremely concerned for their wellbeing and asked Full Circle to explore innovative ways to support this highly marginalised BAME patient group. In collaboration with the Trust's Sickle Cell psychologists and physiotherapists for paediatric and adult medicine, and patients and their carers we devised a series of online group workshops focused on 'strategies for self-care', this included

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2022

breath focused techniques to reduce stress and support lung health. As a response to multiple requests for help in understanding nutrition we brought in leading registered dietitian Claudine Matthews who is a global expert in nutrition in Sickle Cell. Together we set up the world's first conference 'Nutrition in Sickle Cell Disorder'. The proceedings were introduced by Dr lizzie Rhodes, Consultant Haematologist and Clinical Director for Specialist Medicine at St. George's Foundation Trust with over 200 attendees including Sickle Cell patients, healthcare workers and academics from across the UK, Africa, Australia, United States and Canada. The recording was specifically developed and made available as a permanent resource on our Website (www.fullcirclefund.org.uk) for this vulnerable patient group.

2) Expert Wellbeing Support for Exhausted Healthcare workers

Towards the end of 2021 as the NHS moved from pandemic to recovery, we were asked for our expert input by one of the St. George's Hospital's Medical Directors to develop a 'forward-focused' wellbeing plan to support around 9,000 exhausted NHS Healthcare workers. We undertook consultations with over 30 key stakeholders and lead clinicians who all voiced concern about the mental wellbeing of NHS staff, and requested our charity's urgent involvement. Our strategy will include the use of evidence-based therapies and biofeedback technology 'HeartMath' which has been used successfully in American hospitals to significantly reduce a range of symptoms in healthcare workers such as exhaustion, anxiety and depression.

The Charity received income of £78,949.

During this year Full Circle became the Mayor of Wandsworth Charity of the Year 2021-22 in total raising £25,320. We are extremely grateful to Richard Field for supporting the Charity during his time as Mayor of Wandsworth. We also received a very generous grant of £10,000 from the Sobell Foundation.

Additionally, we were delighted to be the beneficiary of two fundraising events: A new annual walking event - The River Ramble, and a Triathlon Festival of Endurance at Hever Castle, organised by Carrington Wealth Management, together raising a total of £13,349.

Trustees feel that the Charity is exceptionally well placed to continue to provide the level of integrative medicine and wellbeing support that very sick patients and - crucially - NHS healthcare workers need, during this extremely challenging time.

We remain committed to finding new, innovative, safe and responsive ways of supporting patients and their NHS healthcare workers both digitally and in-person.

The Charity has a proven track record in this 'twin-approach' to compassionate and resilience-based care in the medical environment and is at the front end of actively knowing about, contributing to, developing, and pioneering evidence-based approaches to support wellbeing and resilience.

The Full Circle model - an exemplar of holistic, integrative, evidence-based care - has never been more needed in today's NHS.

Approved by order of the board of trustees and signed on its behalf by:

T L Di Lorenzo - Treasurer and Trustee

18 January 2023

FULL CIRCLE FUND THERAPIES

INDEPENDENT EXAMINER' S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 30 April 2022 set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Date: 18 January 2023

FULL CIRCLE FUND THERAPIES

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		28,998	26,122	55,120	69,976
Activities for generating funds		13,621	-	13,621	7,950
Coronavirus job retention scheme grant		10,208	-	10,208	21,231
Total incoming resources		52,827	26,122	78,949	99,157
RESOURCES EXPENDED					
Cost of generating funds					
Administration and fundraising		22,163	-	22,163	20,562
Charitable activities					
Therapists		1,783	18,364	20,147	4,830
Governance costs		36,962	-	36,962	38,417
Other resources expended		8,873	6,166	15,039	14,720
Total resources expended		69,781	24,530	94,311	78,529
NET (OUTGOING) / INCOMING RESOURCES	2	(16,954)	1,592	(15,362)	20,628
Total funds brought forward		28,827	37,180	66,007	45,379
TOTAL FUNDS CARRIED FORWARD		11,873	38,772	50,645	66,007

FULL CIRCLE FUND THERAPIES

BALANCE SHEET AS AT 30 APRIL 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Intangible assets	3	-	-
Tangible assets	4	-	-
		<u>-</u>	<u>-</u>
CURRENT ASSETS			
Cash at bank and in hand		55,775	71,815
CREDITORS			
Amounts falling due within one year		(5,130)	(5,808)
NET CURRENT ASSETS			
		<u>50,645</u>	<u>66,007</u>
NET ASSETS			
		<u>50,645</u>	<u>66,007</u>
FUNDS			
Unrestricted funds	5	11,873	28,827
Restricted funds	5	38,772	37,180
TOTAL FUNDS			
		<u>50,645</u>	<u>66,007</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 18 January 2023 and were signed on its behalf by:

S Ruggles - Trustee

T Di Lorenzo - Treas. / Trustee

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2022

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software 33.33% straight-line

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

2. NET INCOMING RESOURCES

This is stated after charging:

	2022	2021
	£	£
Trustees remuneration	35,000	36,167

3. INTANGIBLE FIXED ASSETS

Trade mark: £

Cost

At 1 May 2021 and 30 April 2022 9,868

Amortisation

At 1 May 2021 and 30 April 2022 9,868

Net book value

At 1 May 2021 and 30 April 2022 =

FULL CIRCLE FUND THERAPIES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2022**

4. TANGIBLE FIXED ASSETS

Equipment:

	£
Cost	
At 1 May 2021 and 30 April 2022	<u>1,683</u>
Depreciation	
At 1 May 2021 and 30 April 2022	<u>1,683</u>
Net book value	
At 1 May 2021 and 30 April 2022	<u> -</u>

5. MOVEMENT IN FUNDS

	2022 £	2021 £
Unrestricted funds		
Brought forward	28,827	36,361
Net (outgoing) resources for the year	(16,954)	(7,534)
	<u> -</u>	<u> -</u>
Carried forward	<u>11,873</u>	<u>28,827</u>
Restricted funds		
Brought forward	37,180	9,018
Net incoming resources for the year	1,592	28,162
	<u> -</u>	<u> -</u>
Carried forward	<u>38,772</u>	<u>37,180</u>

6. RELATED PARTY DISCLOSURES

During the year trustee' s salaries amounting to £35,000 were paid to S A Ruggles, as executive officer.

During the year the following trustees were paid fees:

T L DI Lorenzo - £9,491 as administrator

N Sharma - £12,570 as administrator

FULL CIRCLE FUND THERAPIES

England & Wales - Charity number 1162010

Accounts

**FULL CIRCLE FUND THERAPIES
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2021**

**CHARITY NUMBER 1162010
COMPANY NUMBER 09554871**

Full Circle Fund THERAPIES
Supporting quality of life

FULL CIRCLE FUND THERAPIES

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FULL CIRCLE FUND THERAPIES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees:

B H Brennan
T L DI Lorenzo
A F P Dunn
M C McCann
G D Norton
K Prasad
S A Ruggles
N Sharma
F M Willis

Charity registration number: 1162010

Company registration number: 09554871

Registered office address: 12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Operational address: c/o The Ruth Myles Unit
2nd Floor
St. James's Wing
St. George's University Hospitals NHS Foundation Trust
London
SW17 0QT

Independent examiner: **S B Chicksand, F.C.A**
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2021

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report and the financial statements of the Charity for the year ended 30 April 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee governed by its memorandum and articles of association, a deed of trust and is registered as a Charity with the Charity Commission.

Recruitment and appointment of new trustees

New trustees are selected and appointed by the existing trustees. Appointment of members of the Committee is governed by the Constitution dated 22 April 2015. The Committee is authorised to appoint new members to fill vacancies arising through resignation or death of any existing member.

Relevant interests

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

Risk management

The trustees continue to assess and monitor the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's twin objectives, as set out in the Governing Document, are

a - to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and

b- to advance the education of health care professionals, including supportive therapists, patients, their carers and the general public about the role and benefits of supportive and complementary therapies.

There is no means testing relating to provisions, support is available at the point of need to all referred to the Full Circle service at St. George's Hospital.

Public benefit

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the Charity should undertake and how the donations made have advanced the objects of the Charity.

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2021

It is with great pride that the Charity continued its Covid-19 adapted function: to deliver highly skilled integrative know-how to increase support, coping, resilience and wellbeing for very sick patients with major, life limiting conditions and their NHS carers.

Delivering Differently: post Covid-19

As the pandemic was declared, we had the benefit of being agile and entrepreneurial in our response. We immediately developed our service to an online resource known as Full Circle's 'Wellbeing Hub' www.fullcirclefund.org.uk/wellbeing-hub

The aim is to provide a trusted, expert-led continuity of support for our patients as well as our NHS colleagues.

Within its first year a total of 8,602 site visits were recorded to the new Wellbeing Hub.

From Spring 2020 - with the arrival of Covid-19 - it became clear that the Charity's website needed to be upgraded to meet the new demands of delivering our service digitally. To this end, we researched numerous Digital Marketing leaders, which would see us develop and launch a brand new website later in 2021.

In addition, we undertook numerous consultations with lead clinicians (doctors, nurses, psychologists) who all voiced significant concern about the mental wellbeing and resilience of their patient cohorts and NHS staff caring for them, and asked the Charity to develop a solution for these diverse cohort's mental wellbeing. This was prioritised and developed by the Charity in consultation with clinical leads from two NHS Hospital sites.

To this end the Charity, guided by patient and clinician collaboration, spent time creating blueprints for digital projects. The Charity's initiatives included a world first conference on 'Nutrition in Sickle Cell Disorder' (scheduled for June 2021) and bespoke Nutritional content specifically created for NHS staff by Genetic Dietitian on subjects including: 'nutrition and inflammation' and 'nutrition and stress'.

In order to re-start our in-patient service, we also worked closely with Infection Control teams at both our NHS sites and successfully and safely re-started our service in the month of March 2021.

The Charity received income of £99,157 during the year.

The trustees feel that the Charity is exceptionally well placed to continue to provide the level of integrative medicine support that very sick patients and NHS carers need during a pandemic of this current scale.

We remain committed to finding new, innovative, safe and responsive ways of supporting patients and their NHS carers both digitally and in-person.

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2021

The Charity has a proven track record in this 'twin-approach' to compassionate and resilience-based care in the medical environment and is at the front end of actively knowing about, contributing to, developing, and pioneering evidence-based approaches to support the wellbeing and resilience of extremely sick patients during a pandemic and the NHS staff caring for them.

The Full Circle model - an exemplar of holistic, integrative, evidence-based care - has never been more needed in today's NHS.

Approved by order of the board of trustees and signed on its behalf by:

T L Di Lorenzo - Treasurer and Trustee

10 January 2022

FULL CIRCLE FUND THERAPIES

INDEPENDENT EXAMINER' S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 30 April 2021 set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Date: 10 January 2022

FULL CIRCLE FUND THERAPIES

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		8,904	61,072	69,976	60,650
Activities for generating funds		5,464	2,486	7,950	5,964
Coronavirus job retention scheme grant		21,231	-	21,231	-
Total incoming resources		<u>35,599</u>	<u>63,558</u>	<u>99,157</u>	<u>66,614</u>
RESOURCES EXPENDED					
Cost of generating funds					
Administration and fundraising		9,762	10,800	20,562	804
Charitable activities					
Therapists		-	4,830	4,830	38,110
Governance costs		22,651	15,766	38,417	17,002
Other resources expended		10,720	4,000	14,720	10,145
Total resources expended		<u>43,133</u>	<u>35,396</u>	<u>78,529</u>	<u>66,061</u>
NET INCOMING RESOURCES	2	(7,534)	28,162	20,628	553
Total funds brought forward		36,361	9,018	45,379	44,826
TOTAL FUNDS CARRIED FORWARD		<u>28,827</u>	<u>37,180</u>	<u>66,007</u>	<u>45,379</u>

FULL CIRCLE FUND THERAPIES

BALANCE SHEET AS AT 30 APRIL 2021

	Notes	2021 £	2020 £
FIXED ASSETS			
Intangible assets	3	-	-
Tangible assets	4	-	-
		<u>-</u>	<u>-</u>
CURRENT ASSETS			
Cash at bank and in hand		71,815	47,970
CREDITORS			
Amounts falling due within one year		(5,808)	(2,591)
		<u>66,007</u>	<u>45,379</u>
NET CURRENT ASSETS			
		<u>66,007</u>	<u>45,379</u>
NET ASSETS			
		<u>66,007</u>	<u>45,379</u>
FUNDS			
Unrestricted funds	5	28,827	36,361
Restricted funds	5	37,180	9,018
		<u>66,007</u>	<u>45,379</u>
TOTAL FUNDS			
		<u>66,007</u>	<u>45,379</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2021.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 10 January 2022 and were signed on its behalf by:

S Ruggles - Trustee

T Di Lorenzo - Treas. / Trustee

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2021

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software 33.33% straight-line

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

2. NET INCOMING RESOURCES

This is stated after charging:

	2021	2020
	£	£
Trustees remuneration	36,167	16,042

3. INTANGIBLE FIXED ASSETS

Trade mark:

£

Cost

At 1 May 2020 and 30 April 2021

9,868

Amortisation

At 1 May 2020 and 30 April 2021

9,868

Net book value

At 1 May 2020 and 30 April 2021

—

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2021

4. TANGIBLE FIXED ASSETS

Equipment:

	£
Cost	
At 1 May 2020 and 30 April 2021	<u>1,683</u>
Depreciation	
At 1 May 2020 and 30 April 2021	<u>1,683</u>
Net book value	
At 1 May 2020 and 30 April 2021	<u>-</u>

5. MOVEMENT IN FUNDS

	2021 £	2020 £
Unrestricted funds		
Brought forward	36,361	44,826
Net (outgoing) resources for the year	(7,534)	(8,465)
	<u>28,827</u>	<u>36,361</u>
Restricted funds		
Brought forward	9,018	-
Net incoming resources for the year	28,162	9,018
	<u>37,180</u>	<u>9,018</u>
Carried forward	<u>37,180</u>	<u>9,018</u>

6. RELATED PARTY DISCLOSURES

During the year trustee's salaries amounting to £36,167 were paid to S A Ruggles, as executive officer.

During the year the following trustees were paid fees:

T L DI Lorenzo - £7,790 as administrator

N Sharma - £12,772 as administrator