

GIVING FOR LATVIA

England & Wales · Charity number 1161932

Details

Other names GFL

Status Registered

Legal form Other

Registered 2015-06-01

Register [View on the Charity Commission register](#)

Contact

Address 15 Vivienne Close
Twickenham
TW1 2JX

Phone 07799348095

Email info@givingforlatvia.com

Website www.givingforlatvia.com

Activities

Objects: TO RELIEVE THE CHARITABLE NEEDS OF CHILDREN AND PARENTS IN LATVIA WHO HAVE SUFFERED FROM EMOTIONAL AND/OR PHYSICAL ABUSE, AND TO THOSE DISADVANTAGED BY AGE, DISABILITY, FINANCIAL PROBLEMS OR OTHER HARDSHIPS

Activities: Purpose: to provide aid to children and parents in Latvia, who have suffered from emotional and physical abuse, and to those disadvantaged by age, disability, financial problems or other hardships. Activities: - raising funds - collecting donations in kind- other skilled volunteer support (for example distance translation of documents from Latvian to English)

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Latvia
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£25,397	£24,772	-	-
2024-04-05	£23,205	£28,470	-	-
2023-04-05	£34,407	£25,933	-	-
2022-04-05	£34,407	£33,527	-	-
2021-04-05	£21,431	£21,615	-	-

Trustees

Name	Role	Appointed
DANIELA UTANE	Chair	2013-03-10
Aija Bruno		2023-09-23
MARTINS NIKOLAJEVs		2013-03-10

Accounts



Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 6	Month April	Year 2024		Day 5	Month April



Section A Reference and administration details

Charity name	Giving for Latvia		
Other names charity is known by	GfL		
Registered charity number (if any)	1161932		
Charity's principal address	15 Vivienne Close		
	East Twickenham		
	Postcode	TW1 2JX	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Daniela Utane	Chairman	Throughout the period	AGM
2	Martins Nikolajevs	Treasurer	Throughout the period	AGM
3	Aija Bruno	Secretary	Throughout the period	AGM

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Small charity constitution
How the charity is constituted (eg. trust, association, company)	Unincorporated Association
Trustee selection methods (eg. appointed by, elected by)	Elected by members during AGMs

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity is run by Trustees and volunteers (no paid employees). Over the last years we have grown close ties with around 100 children's charities in Latvia and also cooperate with a handful of charities in UK, including those run by the Latvian diaspora.

We adopted our Risk Management Policy in late 2022.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The purpose of the charity is to provide aid to children and parents in Latvia, who have suffered from emotional and physical abuse, and to those disadvantaged by age, disability, financial problems or other hardships.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

When planning the activities for the year, the trustees have considered the Charity Commission's guidance on public benefit, and in particular, the specific guidance on charities in relief of those in need, by reason of youth, age, ill-health, disability, financial or other disadvantage.

The objective of our charity is achieved through supporting charities throughout Latvia that work with children and parents:

- purchasing equipment / furniture / educational materials / household goods
 - to the crisis centres, that are the key institutions in Latvia, that provide temporary shelter to children and parents who have suffered from emotional and physical abuse,
 - to small charities in Latvia that work with parents and children, --- to charities in Latvia that work with special needs children,
- supporting projects that educate / inform / create dialogue in Latvia in particular around the themes of modern parenting, inclusion of special needs people and other marginalised groups of people, recognition of LGBT rights
- distributing donations in kind, such as winter coats, toys among crisis centres and children's charities, refugees in Latvia
- assisting children's charities with translations from Latvian into English,
- assisting / cooperating with other Latvia based children's and parent's charities that have aligned objectives, including contributing to their libraries, sharing information that may be of use to them.

Following the invasion of Ukraine by Russia in February 2022, around 40 thousand Ukrainian refugees moved to Latvia, mainly women with children. Our Giving for Latvia activities expanded to include this group of people in Latvia, that is particularly financially and emotionally vulnerable.

To enable the above, the trustees have retained focus on 3 key groups of activities throughout the year:

- raising funds and coordinating grants,
- collecting donations in kind, arranging transportation to Latvia and distribution,
- coordinating other skilled volunteer support.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Giving for Latvia does not employ any staff or rent any premises or equipment. All work is done by trustees and volunteers to minimise any administrative costs.

Where possible, our events are hosted by our volunteers reducing overall costs.

Giving for Latvia does not have resources to give financial support directly to the individuals in need. Instead, trustees work with crisis centres and children's charities with aligned aims, to purchase goods that have been nominated by such charities and reviewed and approved by our grant committee.

Similarly, we initiate collection of donations in kind only once we have confirmed that the transportation costs for shipping of the donated goods to Latvia will be zero.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Grants to several charities in Latvia were issued during the period.

Giving for Latvia has expanded its activities towards facilitating dialogue in the Latvian society and working towards prevention of any type of abuse including emotional, and towards inclusion of all individuals disregarding their backgrounds. Our contributions are also tailored to strengthen the role of charitable sector in Latvia:

- Free copies of a book by Norwegian psychologist Hedvig Montgomery (full series of 5 books) and How to talk so kids will listen and how to listen so kids will talk by Adele Faber (two books of the series) have been distributed for free in 2021/22/23 and 2025 to 75 charities that work with parents and children. These charities have committed to lend the books to their members and subsequently arrange discussions to engage parents on the topic of modern parenting approaches. Work on the next books in the series continues.
- We continue to support pre/post-natal depression charity Debesmanna.com that organizes Children's Mental Health Week in Latvia through series of free of charge webinars for parents with the leading specialists in Latvia. During early 2025 they hosted their 5th annual event and expanded cooperation with schools in Latvia that engaged pupils.
- We continue a multi-year project of bringing letterboard alternative communication method to Latvia, that gives back voice to non-speaking autistic individuals who have apraxia. As part of informing the Latvian society about the alternative communication method for nonspeaking people on the autistic spectrum, but also to expand the understanding of autistic spectrum in Latvia (there are currently 10 books in Latvian available on the theme of autism), we had teamed up with a publishing house in Latvia to translate into Latvian and publish book "I do in Autismland", written on a letterboard by a nonspeaking author. Three Giving for Latvia volunteers took on the responsibility of translating the book into Latvian. In early 2025 the book was finally printed and thanks to donations and in coordination with the Latvian Autism Association distributed free of charge to 720 Latvian public libraries, 620 schools and circa 620 kindergartens, 37 special needs schools, several day centres for special needs people, social services units, hospitals with specialists that work with children on autistic spectrum, among others, and the 75 children's and parents' charities.

Section E

Financial review

Brief statement of the charity's policy on reserves

Giving for Latvia's Financial Policy adopted in 2021 outlines our reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;

The principal sources of Giving for Latvia funds are:

- fundraising from charity networking events,
- donations through social media like Facebook, fundraising platforms (People's Fundraising and Charities Aid Foundation), and sports fundraising, if any,
- matched donations, if any.

- investment policy and objectives including any ethical investment policy adopted.

By supporting broader network of charities working with parents and children, we reduce the risk of children from disadvantaged families ever needing to seek help from crisis centres and other charities.

By aiding special needs charities we ease their everyday life, and support their parents, as well as facilitate a dialogue in the society about inclusion and care for special needs people.

Section F Other optional information

N/A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature		
Full name	DANIELA URTVE	MARTINS NIKOLAŠEVŠ
Position	CHAIR	TREASURER
Date	22 05 2025	22 05 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Giving for Latvia

No (if any)
1161932

Receipts and payments accounts

CC16a

For the period
from

Period start
06-Apr-24

To

Period end
05-Apr-25

Section A Receipts and payments

Unrestricted
funds
to the
nearest £

Restricted
funds
to the
nearest £

Endowment
funds
to the nearest
£

Total
funds
to the
nearest
£

Last year
to the
nearest £

A1 Receipts

Donations, grants	19,589	5,808	-	25,397	23,205
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	19,589	5,808	-	25,397	23,205

A2 Asset and investment sales, (see table).

	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-

Total receipts

19,589	5,808	-	25,397	23,205
--------	-------	---	--------	--------

A3 Payments

Grants and donations paid	11,122	13,582	-	24,704	28,392
Bank charges	68	-	-	68	78
	-	-	-	-	-
	-	-	-	-	-
Sub total	11,190	13,582	-	24,772	28,470

A4 Asset and investment purchases, (see table)

	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments

11,190	13,582	-	24,772	28,470
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Net of receipts/(payments)

8,399	-7,774	-	625	-5,265
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A5 Transfers between funds

-1,542	1,542	-	-	-
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A6 Cash funds last year end

4,412	8,719	-	13,131	18,405
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Cash funds this year end

11,269	2,487	-	13,756	13,140
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash accounts	11,269	2,487	-
		-	-	-
		-	-	-
	Total cash funds	11,269	2,487	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		DANIELA WITNE	22 05 2025	
		MARTINS NIKOLAJEVS	22 05 2025	



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Giving for Latvia

On accounts for the year
ended

5 April 2025

Charity no
(if any)

1161932

Set out on pages

p5 & p6

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05 / 04 / 2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

21 May 2025

Name:

Jahis Magons

Relevant professional
qualification(s) or body
(if any):

ACA, Institute of Chartered Accountants in England and Wales

Address:

294 Hatfield Road, St Albans, Hertfordshire, AL1 4UN, UK

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No issues to note.

GIVING FOR LATVIA

England & Wales - Charity number 1161932

Accounts



Trustees' Annual Report for the period



		Period start date			Period end date		
		Day 6	Month April	Year 2022	Day 5	Month April	Year 2023
From					To		

Section A Reference and administration details

Charity name	Giving for Latvia
Other names charity is known by	GfL
Registered charity number (if any)	1161932
Charity's principal address	15 Vivienne Close East Twickenham Postcode TW1 2JX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Daniela Utane	Chairman	Throughout the period	AGM
2	Martins Nikolajevs	Treasurer	Throughout the period	AGM
3	Klaudija Gauja	Secretary	Throughout the period	AGM
4				
5				

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Small charity constitution
How the charity is constituted (eg. trust, association, company)	Unincorporated Association
Trustee selection methods (eg. appointed by, elected by)	Elected by members during AGMs

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity is run by Trustees and volunteers (no paid employees). Over the last years we have grown close ties with around 100 children's charities in Latvia and also cooperate with a handful of charities in UK, including those run by the Latvian diaspora.

We adopted our Risk Management Policy in late 2022.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The purpose of the charity is to provide aid to children and parents in Latvia, who have suffered from emotional and physical abuse, and to those disadvantaged by age, disability, financial problems or other hardships.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

When planning the activities for the year, the trustees have considered the Charity Commission's guidance on public benefit, and in particular, the specific guidance on charities in relief of those in need, by reason of youth, age, ill-health, disability, financial or other disadvantage.

The objective of our charity is achieved through supporting charities throughout Latvia that work with children and parents:

- purchasing equipment / furniture / educational materials / household goods
 - to the crisis centres, that are the key institutions in Latvia, that provide temporary shelter to children and parents who have suffered from emotional and physical abuse,
 - to small charities in Latvia that work with parents and children,
 - to charities in Latvia that work with special needs children,
- supporting projects that educate / inform / create dialogue in Latvia in particular around the themes of modern parenting, inclusion of special needs people and other marginalised groups of people, recognition of LGBT rights
- distributing donations in kind, such as winter coats, toys among crisis centres and children's charities, refugees in Latvia
- assisting children's charities with translations from Latvian into English,
- assisting / cooperating with other Latvia based children's and parent's charities that have aligned objectives, including contributing to their libraries, sharing information that may be of use to them.

Following the invasion of Ukraine by Russia in February 2022, around 40 thousand Ukrainian refugees moved to Latvia, mainly women with children. Our Giving for Latvia activities expanded to include this group of people in Latvia, that is particularly financially and emotionally vulnerable.

To enable the above, the trustees have retained focus on 3 key groups of activities throughout the year:

- raising funds and coordinating grants,
- collecting donations in kind, arranging transportation to Latvia and distribution,
- coordinating other skilled volunteer support.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Giving for Latvia does not employ any staff or rent any premises or equipment. All work is done by trustees and volunteers to minimise any administrative costs.

Where possible, our events are hosted by our volunteers reducing overall costs.

Giving for Latvia does not have resources to give financial support directly to the individuals in need. Instead, trustees work with crisis centres and children's charities with aligned aims, to purchase goods that have been nominated by such charities and reviewed and approved by our grant committee.

Similarly, we initiate collection of donations in kind only once we have confirmed that the transportation costs for shipping of the donated goods to Latvia will be zero.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Grants to 12 children's charities in Latvia were issued during the period.

Giving for Latvia has expanded its activities towards informing / facilitating dialogue in the Latvian society and therefore prevention, to the extent possible, of any type of abuse. In parallel we are also contributing towards strengthening the role of charitable sector in Latvia:

- Free copies of a book by Norwegian psychologist Hedvig Montgomery (third and fourth book in the series of 5) and How to talk so kids will listen and how to listen so kids will talk by Adele Faber (first in the series) were distributed for free in 2021/22/23 to 75 charities that work with parents and children. These charities have committed to lend the books to their members and subsequently arrange discussions to engage parents on the topic of modern parenting approaches. Work on the next books in the series continues.
- We continue to support pre/post-natal depression charity Debesmanna.com that organizes Children's Mental Health Week in Latvia through series of free of charge webinars for parents with the leading specialists in Latvia. During early 2023 they hosted their 3rd annual event and for the first time cooperated with schools in Latvia engaging pupils.
- We supported projects that assist Ukrainian refugees, both by arranging fundraising but also donations in kind (winter coats and sleeping bags).
- We launched a multi-year project of bringing letterboard alternative communication method to Latvia, that gives back voice to non-speaking autistic individuals that have apraxia. The first practitioner, director of a special needs school, began studies with I-ASC International Association for Spelling as Communication and completed internship in the UK. We also arranged for letterboard stencils with Latvian alphabet, that can be handed to families of non-speaking students, for additional communication practice within families. The first word spelled independently by a non-speaking student in Latvia was "bioloģija" during a plants science lesson: <https://www.givingforlatvia.com/letterboard>

Section E Financial review

Brief statement of the charity's policy on reserves

Giving for Latvia's Financial Policy adopted in 2021 outlines our reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The principal sources of Giving for Latvia funds are:

- fundraising from charity networking events,
- donations through social media like Facebook, fundraising platforms (People's Fundraising and Charities Aid Foundation), and sports fundraising, if any,
- matched donations, if any.

By supporting broader network of charities working with parents and children, we reduce the risk of children from disadvantaged families ever needing to seek help from crisis centres and other charities.

By supporting special needs children we ease their everyday life, and support their parents, as well as facilitate a dialogue in the society about inclusion and support for special needs people.

Section F Other optional information

N/A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature		
Full name	DANIELA UTANE	MARTINS NIKOLAJEVS
Position	CHAIR	TRUSTEE
Date	1 DEC 2023	1 DEC 2023



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Giving for Latvia

On accounts for the year
ended

5 April 2023

Charity no
(if any)

1161932

Set out on pages

p5 & p6

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05 / 04 / 2023**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

28 December 2023

Name:

Janis Magons

Relevant professional
qualification(s) or body
(if any):

ACA, Institute of Chartered Accountants in England and Wales

Address:

294 Hatfield Road, St Albans, Hertfordshire, AL1 4UN, UK

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No issues to note.



Charity Name Giving for Latvia	No. of day 1101032
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Receipts and payments accounts

CC16a

For the period from	Period start date 06-Apr-22	To	Period end date 05-Apr-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and grants	845	33,562	-	34,407	34,407
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	845	33,562	-	34,407	34,407
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	845	33,562	-	34,407	34,407
A3 Payments					
Costs of fundraising events	-	-	-	-	-
Grants and donations paid	498	25,332	-	25,830	33,459
Bank charges	103	-	-	103	68
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	601	25,332	-	25,933	33,527
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	601	25,332	-	25,933	33,527
Net of receipts/(payments)	244	8,230	-	8,474	880
A5 Transfers between funds	- 651	651	-	-	-
A6 Cash funds last year end	5,610	4,321	-	9,931	9,051
Cash funds this year end	5,203	13,202	-	18,405	9,931

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash account	5,203	13,202	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	5,203	13,202	-

(agree balances with receipts and payments account(s))

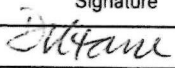
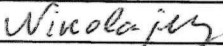
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DANIEA URTANE	1 DEC 23
	MARTINS NIKOLAJEV	5 DEC 23

GIVING FOR LATVIA

England & Wales - Charity number 1161932

Accounts

Trustees' Annual Report for the period



		Period start date			Period end date			
		Day	Month	Year	Day	Month	Year	
From		6	April	2021	To	5	April	2022

Section A Reference and administration details

Charity name Giving for Latvia

Other names charity is known by GfL

Registered charity number (if any) 1161932

Charity's principal address 15 Vivienne Close

East Twickenham

Postcode

TW1 2JX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Daniela Utane	Chairman	Throughout the period	AGM
2	Martins Nikolajevs	Treasurer	Throughout the period	AGM
3	Klaudija Gauja	Secretary	Throughout the period	AGM
4				
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Small charity constitution
How the charity is constituted (eg. trust, association, company)	Unincorporated Association
Trustee selection methods (eg. appointed by, elected by)	Elected by members during AGMs

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity is run by Trustees and volunteers (no paid employees). Over the last years we have grown close ties with around 100 children's charities in Latvia and also cooperate with a handful of charities in UK, including those run by the Latvian diaspora.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The purpose of the charity is to provide aid to children and parents in Latvia, who have suffered from emotional and physical abuse, and to those disadvantaged by age, disability, financial problems or other hardships.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

When planning the activities for the year, the trustees have considered the Charity Commission's guidance on public benefit, and in particular, the specific guidance on charities in relief of those in need, by reason of youth, age, ill-health, disability, financial or other disadvantage.

The objective of our charity is achieved through supporting charities throughout Latvia that work with children and parents:

- purchasing equipment / furniture / educational materials / household goods
 - to the crisis centres, that are the key institutions in Latvia, that provide temporary shelter to children and parents who have suffered from emotional and physical abuse,
 - to small charities in Latvia that work with parents and children,
 - to charities in Latvia that work with special needs children,
- supporting projects that educate / inform / create dialogue in Latvia in particular around the themes of modern parenting, inclusion of special needs people and other marginalised groups of people, recognition of LGBT rights
- distributing donations in kind, such as winter coats, toys among crisis centres and children's charities,
- assisting children's charities with translations from Latvian into English,
- assisting / cooperating with other Latvia based children's and parent's charities that have aligned objectives, including contributing to their libraries, sharing information that may be of use to them.

To enable the above, the trustees have retained focus on 3 key groups of activities throughout the year:

- raising funds and coordinating grants,
- collecting donations in kind, arranging transportation to Latvia and distribution,
- coordinating other skilled volunteer support.

Calendar of activities remained limited due to Covid restrictions:

- Oct 2021 Charity networking, hosted by one of the volunteers

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Giving for Latvia does not employ any staff or rent any premises or equipment. All work is done by trustees and volunteers to minimise any administrative costs.

Where possible, our events are hosted by our volunteers reducing overall costs.

Giving for Latvia does not have resources to give financial support directly to the individuals in need. Instead, trustees work with crisis centres and children's charities with aligned aims, to purchase goods that have been nominated by such charities and reviewed and approved by our grant committee.

Similarly, we initiate collection of donations in kind only once we have confirmed that the transportation costs for shipping of the donated goods to Latvia will be zero.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Grants to 17 children's charities in Latvia were issued during the period.

Giving for Latvia has expanded its activities towards informing / facilitating dialogue in the Latvian society and therefore prevention, to the extent possible, of any type of abuse. In parallel we are also contributing towards strengthening the role of charitable sector in Latvia:

- Free copies of a book by Norwegian psychologist Hedvig Montgomery (third and fourth book in the series of 5) and How to talk so kids will listen and how to listen so kids will talk by Adele Faber (first in the series) were distributed for free in 2021/22 to 75 charities that work with parents and children. These charities have committed to lend the books to their members and subsequently arrange discussions to engage parents on the topic of modern parenting approaches. Work on the next books in the series continues.
- We supported Latvian Autism Association with publishing of a 350 page book on autism as written by a team of 40 Finnish specialists. Thanks to us and other supporters the LAA could supply a free copy to every single one of around 800 libraries in Latvia.
- We continue to support pre/post-natal depression charity Debesmanna.com that organizes Children's Mental Health Week in Latvia through series of free of charge webinars for parents with the leading specialists in Latvia. The videos from their 2022 event had around 50thousand individual views.
- We also bought English language educational books to assist training of specialists at Children's Clinical University Hospital, Teenage Resource Centre, and other leading charities in Latvia.

Section E

Financial review

Brief statement of the charity's policy on reserves

Giving for Latvia's Financial Policy adopted in January 2021 outlines our reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The principal sources of Giving for Latvia funds are:

- fundraising from charity networking events,
- donations through social media like Facebook, fundraising platforms (People's Fundraising and Charities Aid Foundation), and sports fundraising, if any,
- matched donations, if any.

By supporting broader network of charities working with parents and children, we reduce the risk of children from disadvantaged families ever needing to seek help from crisis centres and other charities.

By supporting special needs children we ease their everyday life, and support their parents, as well as facilitate a dialogue in the society about inclusion and support for special needs people.

Section F

Other optional information

N/A

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature		
Full name	DANIELA UTANE	
Position	CHAIR	
Date	23 JAN 2023	



Charity Name Giving for Latvia	No (if any) 1161932
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Receipts and payments accounts

CC16a

For the period from	Period start date 06-Apr-21	To	Period end date 05-Apr-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and grants	3,484	30,923	-	34,407	21,431
					-
					-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,484	30,923	-	34,407	21,431
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,484	30,923	-	34,407	21,431
A3 Payments					
Costs of fundraising events	-	-	-	-	929
Grants and donations paid	865	32,594	-	33,459	20,686
Bank charges	68	-	-	68	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	933	32,594	-	33,527	21,615
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	933	32,594	-	33,527	21,615
Net of receipts/(payments)	2,551	1,671	-	880	184
A5 Transfers between funds	158	158	-	-	-
A6 Cash funds last year end	3,217	5,834	-	9,051	9,235
Cash funds this year end	5,610	4,321	-	9,931	9,051

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash account	5,610	4,321	-
		-	-	-
		-	-	-
	Total cash funds	5,610	4,321	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		DANIELA UTANE	22 JAN 2023

Page 2 of 2



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

GIVING FOR LATVIA

On accounts for the year
ended

5 APRIL 2022

Charity no
(if any)

1161932

Set out on pages

Set out on pages 1 to 10 of the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05 04 2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

J. Magons

Date:

23 January 2023

Name:

JANIS MAGONS

Relevant professional
qualification(s) or body

ACA, Institute of Chartered Accountants in
England and Wales

(if any):

Address:

14 GLENLYN AVENUE, ST ALBANS,
HERTFORDSHIRE, AL1 5PE, UK.

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None.