



Trustees' Annual Report for the period

From

Period start date

Period end date

Day

1ST

Month

APRI
L

Year

2022

Day

31ST

Month

MARCH

Year

2023

Charity name

SPIRIT IN SPORT

Other names charity is known by

Registered charity number (if any)

1161773

Charity's principal address

72, CHELSEA ROAD, SOUTHSEA,
HAMPSHIRE,

Postcode: PO5
1NJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	JOSEPH McCABE	CHAIR		
2	DAVID PUGSLEY			
3	STEPHEN KERR			
4	SARAH SPENDER			
5	ELAINE HALLATT			
6				
7				
8				
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11				
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17				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Model Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed for a period of three years and this is reviewed annually at the Annual General Meeting

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and received no remuneration or other benefits.

The Chair of the CIO meets monthly with the Spirit in Sport team leader to review progress and duty of care responsibilities.

At the January 2023 AGM, all trustees indicated that they would continue in post for the forthcoming year



Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit by providing community based services and activities for members of the community in accordance with Christian principles, in order to prevent or relieve social exclusion. To promote good health and wellbeing for the public benefit in particular by the provision of community sports activities for children and adults of all ages, particularly, but not exclusively in the Portsmouth area.

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit in line with our objects at our trustee meetings.

Between April 2022 through to March 2023

- Sports Club:
 - Home Ed - 235 bookings over 36 weekly sessions (981 children sessions in total) across 7 seasons over 20 x 1 hour sessions averaging 27 participants per week.
 - Mar/Apr 22: 32 children over 5 weekly sessions
 - May 22: 26 children over 3 weekly sessions
 - Jun/Jul 22: 27 children over 6 weekly sessions
 - Sep/Oct 22: 38 children over 6 weekly sessions
 - Nov/Dec 22: 42 children over 6 weekly sessions
 - Jan/Feb 23: 42 children over 5 weekly sessions
 - Feb/Apr 23: 38 over 5 weekly sessions
 - New Home Ed Sports group established with first season starting March 2023, with 22 children booked over 6 weekly sessions
 - Sports Camp - 89 bookings for 4 x 2-3 day events (192 children sessions) across the year including:
 - Easter 22: 22 children over 2 days
 - May 22: 22 children over 2 days
 - October 22: 24 children over 2 days
 - February 23: 25 children over 3 days
 - School Sports - 69 bookings for 5-6 weekly sessions (383 children sessions) over 5 seasons
 - Jun/Jul 22: 16 children over 6 sessions
 - Sep/Oct 22: 16 children over 6 sessions
 - Nov/Dec 22: 10 children over 6 sessions
 - Jan/Feb 23: 14 children over 5 sessions
 - Feb/Mar 23: 13 children over 5 sessions
- Team Sports
 - Monday Night 5-a-side Football - 620 participations across 3 seasons of between 9 - 12 weeks each
 - Spring 22: 200 participations across the season (10 weeks, 4 teams, 5 players per team)
 - Summer 22: 180 participations across the season (9 weeks, 4 teams, 5 players per team)
 - Winter 22/23: 240 participations (12 weeks, 4 teams, 5 players per team)
 - Girls Football Club - new activity starting in Jan 23 with 25 bookings of 2 seasons (114 children sessions) of 4-6 weekly sessions.
 - Jan/Feb 23: 14 children over 6 weekly sessions
 - Mar 23: 11 children over 4 weeks

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- 11-a-side football match
- Family Sports
 - England V Wales World Cup Live Screening - 30 attendees
 - Table Tennis Cafe - weekly drop in activities typically attended by between 5 - 10 members of public
- Pursuit Sports
 - London to Brighton Bike Ride - 3 participants
 - Valiant Valley 5k Run - 13 participants
 - Birthday parties - 2 parties for 20-30 children each

Total = 2,349 counted participant sessions across 9 different activities (not including counts for Table Tennis Cafe and birthday parties). This compares with 1,084 in the previous year, and 320 in the year before that.

GENERAL UPDATE

Good growth between 2022-23. This was accelerated with the introduction of a Graduate Team Leader and intern from September 2022. Their introductions provided greater strength and consistency in resource to run existing activities while also allowing for additional activities to be designed and introduced, including further afield.

The new Sports Leader Qualification was also introduced with 5 volunteers enrolled for the year long programme.

Spirit in Sport continued to operate from the new base for its office, storage and some activities, as at St Judes Church, but also continued to benefit from use of other local facilities such as schools and local council owned playing fields.

Additional details of objectives and activities (Optional information)

In addition to the trustees, Spirit in Sport benefitted from the assistance of 12 volunteers during this period.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity in this year included:

- Strengthening existing activities
- Employing a full time graduate
- Introducing new activities and additional groups within existing activities
- Receiving grant funding to support staff costs as well as the introduction of new activities.

Brief statement of the charity's policy on reserves

On 31/03/23 cash held on account at the bank totalled £44072.00
This included a contingency fund of £5000 which is held in reserve to meet essential running costs and annual commitments, including; insurance, administration, rent, and sport or community programmes that are currently running, for up to one year should no additional funding be made available.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The main sources of funding in the year came from donations, fees for activities and fundraising.

The main outgoings included: Labour and coaching fees, buildings and sports hall hire, equipment and consumables, administration, insurance and marketing.

Section F

Other optional information

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) **CHRIS COX**

Full name(s) **CHRISTOPHER TEX COX**

Position (eg Secretary, Chair, etc) **MANAGER**

Date **21.10.23**



Financial Report

Period: 1st April 2022 – 31st March 2023

B/Fwd from 31 st March 2022	£52,545.45
Income	£25,215.97
Outgoings	- £33,689.38
Balance at 31st March 2023	£44,072.04

Income :

- Regular Monthly Donations have increased to £498.03
- During Quarter 4 a grant of £3,055 was received from Community Action Cancer (January 2023). Also £250 from the Tricordant Foundation (January 2023).
- Regular activities continue to provide a steady income - Home Education, Monday Football and Sports Camp with new activities introduced - Girls Football & Table Tennis Cafe.

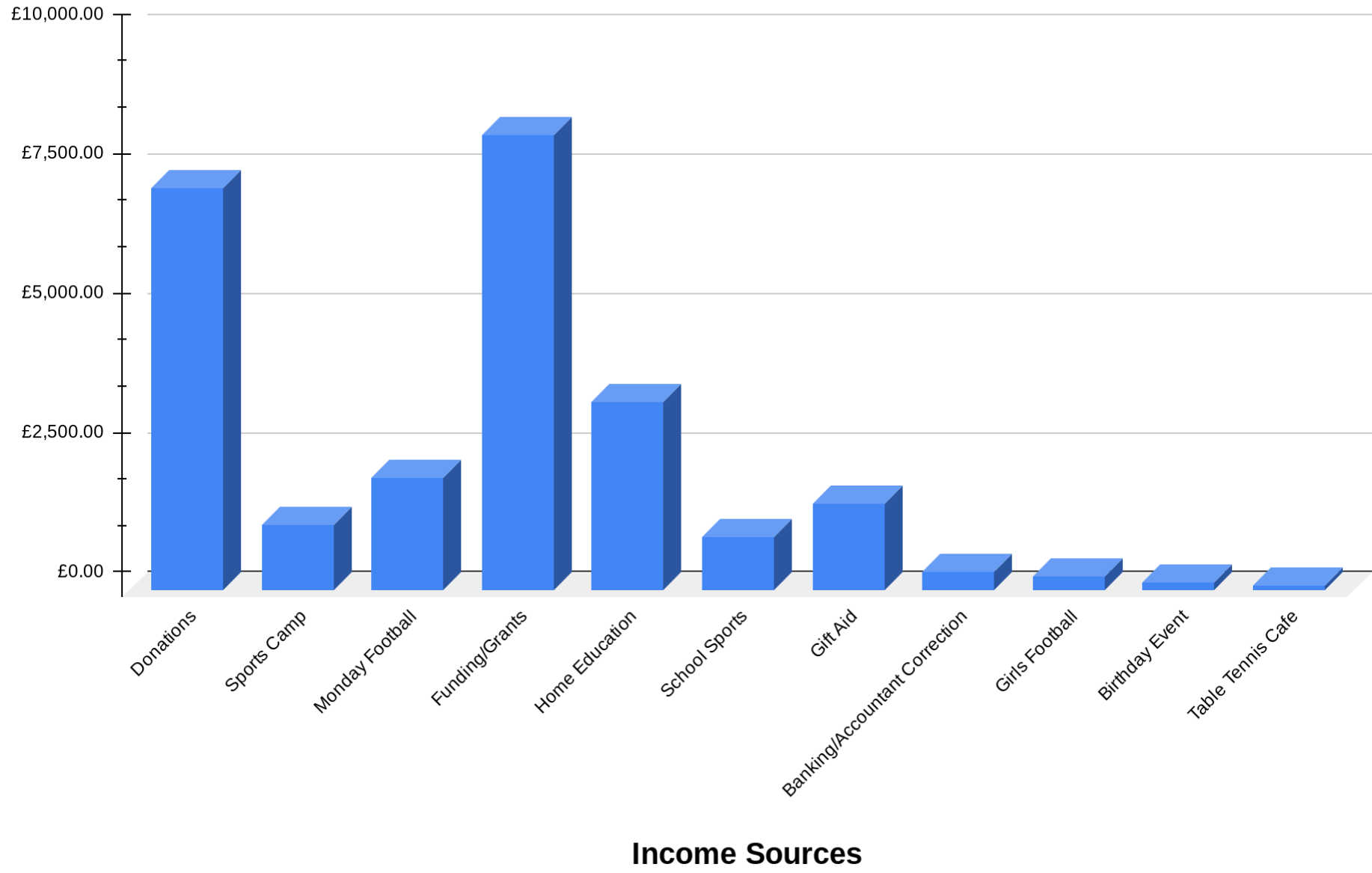


Outgoings:

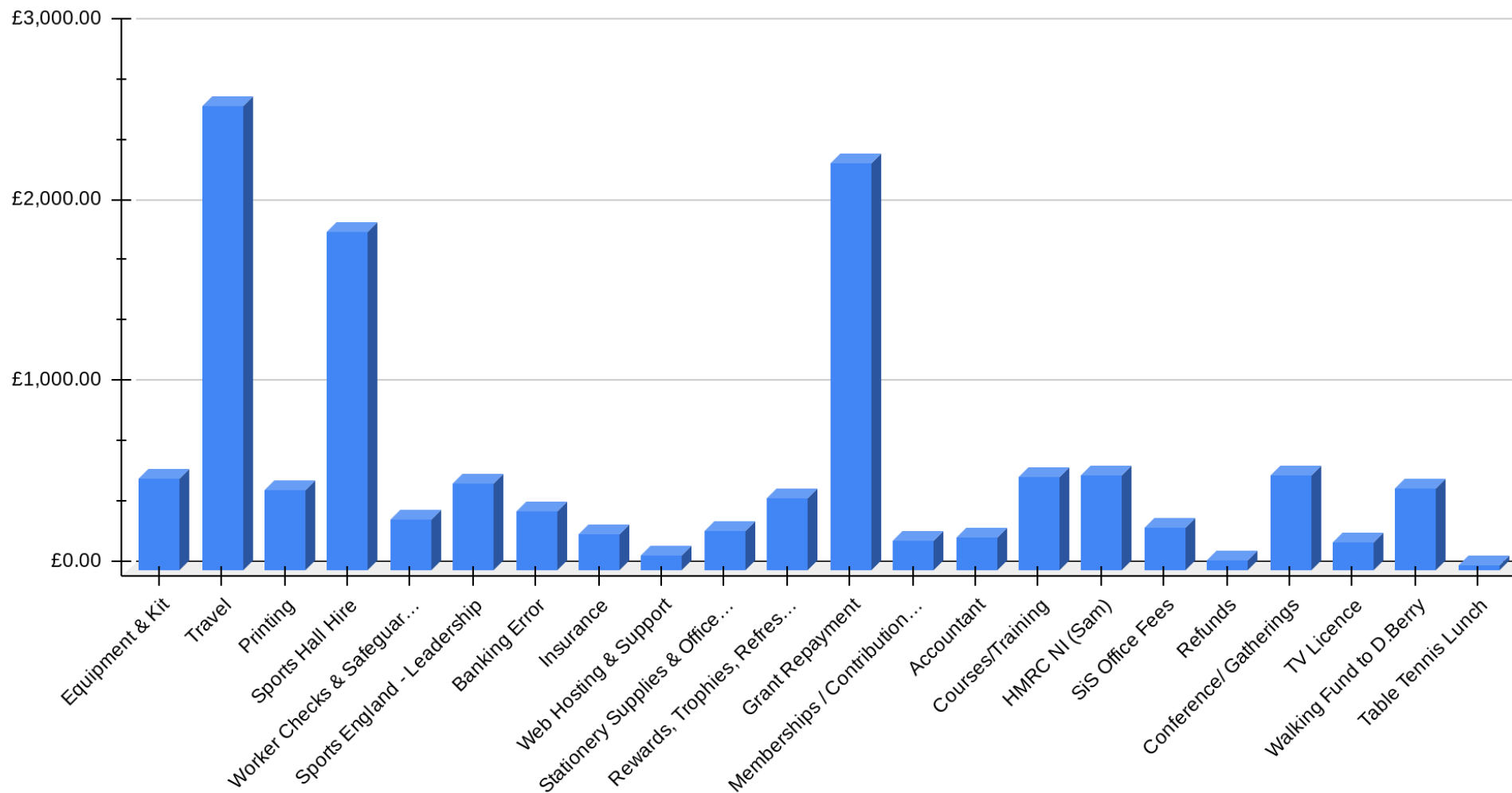
- The biggest cost is for labour which was £21,204.36 this year.
- Other significant overall outgoings this year were:
 - Travel £2,567.00
 - This includes USA visit
 - Repayment of a Grant £2,255.38
 - Sports Hall Hires £1,875.21
- The Walking Fund has now been transferred out of the SiS Account.
- The year closed at a healthy £44,072.04.

Well done team !!

Annual Income 2022/23



Annual Outgoings 2022/23



Plus Labour & Coaching Costs = £21,204.36



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
SPIRIT IN SPORT

On accounts for the year
ended

31ST March 2023

Charity no
(if any)

1161773

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 25/10/2023

Name:

Helen Smith

Relevant professional
qualification(s) or body
(if any):

ACCA

Address:

5, Albert Road, Southsea, Hampshire PO5 2SE

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No material matters of concern to disclose.