



# Trustees' Annual Report for the period

**From**

Period start date

Day <b>1ST</b>	Month <b>APRI L</b>	Year <b>2020</b>
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Period end date

Day <b>31ST</b>	Month <b>MARC H</b>	Year <b>2021</b>
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## Section A

## Reference and administration details

**Charity name**

**SPIRIT IN SPORT**

**Other names charity is known by**

**Registered charity number (if any)**

**1161773**

**Charity's principal address**

**72, CHELSEA ROAD, SOUTHSEA,  
HAMPSHIRE,**

**Postcode: PO5 1NJ**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	JOSEPH McCABE	CHAIR		
2	DAVID PUGSLEY			
3	STEPHEN KERR			
4	SARAH SPENDER			
5	ELAINE HALLATT			
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**Names of the trustees for the charity, if any, (for example, any custodian**

trustees)

Name	Dates acted if not for whole year

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

#### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Model Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed for a period of three years and this is reviewed annually at the Annual General Meeting

#### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and received no remuneration or other benefits.

The Chair of the CIO meets monthly with the Spirit in Sport team leader to review progress and duty of care responsibilities.

At the January 2021 AGM, all trustees indicated that they would continue in post for the forthcoming year

**Summary of the objects of the charity set out in its governing document**

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

To promote social inclusion for the public benefit by providing community based services and activities for members of the community in accordance with Christian principles, in order to prevent or relieve social exclusion.  
To promote good health and wellbeing for the public benefit in particular by the provision of community sports activities for children and adults of all ages, particularly, but not exclusively in the Portsmouth area.

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit in line with our objects at our trustee meetings.

Between April through to

- Home Ed - 174 (sessions resumed in September and October 2020 and again in March 2021)
- Sports Delivered! - 46 (6 week online fitness and sports challenge programme)
- Badminton Club - 14 (all in October 2020)
- Sports Camp - 86 (outdoor camps in August and October 2020)
- Skipping challenge - 9
- The following activities were suspended from April 2020 without returning for the remainder of the financial year (March 2021):
  - 5-a-side Football
  - 3x3 Basketball
  - Men's Shed
  - Community Cafe
  - Outreach Sports Camps
  - Any partnership activities

**Total = 320**

While COVID-19 restrictions resulted in ceasing activities from March 2020 through to July 2020, we were able to take advantage of our online media channels to produce and share regular videos during each lockdown, including between May to July 2020 and November and December 2020, and in February 2021 while we were preparing to return to in-person activities. This allowed us to expand our online reach in this time while also providing another avenue to stay in touch with our regular activity participants.

Viewers online:

- 6 x 'Monday Meet The Team' videos - 1,154 (short video introductions to individual team members between May & June 2020)
- 9 x 'Wednesday Word of the Week' - 641 (short

encouragement videos posted online using the charity's Sports Camp cards, running between May & July 2020)

- Skipping Challenge - 412 (online challenge with 2 videos including results video)
- Sports Delivered! - 442 (weekly challenge for 6 weeks posted online in addition to sharing with official participants (counted above))

**Total - 2,649**

**Grand total reach through activities and online outreach during lockdown = 2,969**

#### **Additional details of objectives and activities (Optional information)**

As has been the case since Spirit in Sport started we have been blessed with great volunteers in the following areas of work: Sport coaches and helpers, leading youth evenings and fund raising.

Volunteers have increased to: 31 in number

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

The main achievements of the charity in this particularly challenging year have included:

- Keeping in touch with families in times of national lockdown through organising online fitness and sports challenges
- Adapting to new outdoor settings and adapted COVID-19 safe activities as a result of restrictions and end of tenancy
- Seeing regular participants return to our activities at the same numbers and in some cases more than prior to lockdown
- Attracting funding for sports equipment to be able to share with families during lockdown
- Use of media to prepare a programme of online fitness, sports challenge, and encouragement videos to continue to motivate and connect with the participants

**Brief statement of the charity's policy on reserves**

**On 31<sup>st</sup> March 2021 cash held on account at the bank totalled £20,802.13**

This included a contingency fund of £5000 which is held in reserve to meet essential running costs and annual commitments, including; insurance, administration, rent, and sport or community programmes that are currently running, for up to one year should no additional funding be made available.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The main sources of funding in the year came from donations, fees for activities and fundraising.

The main outgoings included: Labour and coaching fees, buildings and sports hall hire, equipment and consumables, administration, insurance and marketing.

**Section F**

**Other optional information**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)** **CHRIS COX**

**Full name(s)** **CHRISTOPHER TEX COX**

**Position (eg Secretary, Chair, etc)** **MANAGER**

**Date**

**10.11.2021**

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## Financial Report

Period: 1<sup>st</sup> April 2020 – 31<sup>st</sup> March 2021

B/Fwd from 31 <sup>st</sup> March 2020	<b>£18,</b>
<b>561.19</b>	
Income	£14,497.88
Outgoings	-
<b>£12,256.94</b>	
<b>Balance at 31<sup>st</sup> March 2021</b>	
<b>£20,802.13</b>	

### Income :

- Regular Monthly Donations remain at £415.00
- Significant income from :
  - o Gift Aid £1,417.57 (May 20)
  - o Donation from St.Jude's £750.00 (May 20)
  - o Sports England £1,000.00 (June 20)
  - o Covid 19 Response Grant £1,100.00 (August 20)
  - o Grant from Partnership Foundation £500.00 (Dec. 20)
  - o Selling of SiS equipment £1,537.09 (Dec.20 - Feb. 21)
  - o Grant from the Co-Op £1,648.11 (March 21)

### Outgoings:

- Regular Monthly Labour costs of £600.00



- Immanuel Baptist Church £152.00 monthly for storage space