



# **Financial statements**

## **for the year ended**

## **31<sup>st</sup> March 2023**

<b>Page</b>	<b>Contents</b>
2,3	Trustees' annual report
4	Receipts & payments account
5	Statement of assets & liabilities

Full name **Growing Old Grace-fully**  
Registered charity number 1161765

**Main address:** Diocese of Leeds, 11 North Grange Road, Leeds LS6 2BR

**Committee members**

Carol Burns, <i>Chair</i>	Pippa Bonner
Anne Forbes ( resigned November 2022)	Paul Grafton ( resigned November 2022)
Cath Mahoney	Mgr Peter Rosser, <i>Treasurer</i>
Ann West	
Rachel Walker	
Joseph Cortis (appointed March 2022)	

**Bankers:** The Co-operative Bank, P O Box 250, Delf House, Southway,  
Skelmersdale WN8 6WT

**Governance and management**

Growing Old Grace-fully is managed by a committee of between 5 and 10 trustees.  
The trustees have the power to:

- i. Raise funds, receive grants and donations
- ii. Apply for funds to carry out the work of the charity
- iii. Co-operate with and support other charities with similar purpose
- iv. Do anything which is lawful and necessary to achieve the purposes.

New trustees are recruited either because:

- a. vacancies have arisen or will arise
- b. existing Trustees have agreed that additional specific skills are needed.

The trustees agree what skills, experience and knowledge are needed, and write it down in the form of a short job description and person specification to form the criteria for recruitment. The responsibilities and a process for recruitment are agreed and the whole board remains consulted. The best route to find new candidates is agreed and a short-list is produced. Interviews are arranged against the agreed criteria, with notes kept and similar questions asked. Preferred candidates are identified and invited to join the trustees, subject to references and formal vetting. They then receive a formal letter of appointment including a copy of the Constitution setting out their duties, which they sign and return. Unsuccessful candidates are notified and thanked. A simple induction plan is agreed and all relevant parties, such as funders, are notified.

**Aims and objectives**

We are a charity working across the Catholic Diocese of Leeds.

Our Mission is:

*To enhance the spiritual, emotional and physical wellbeing of older people across the Diocese of Leeds through raising awareness, inspiring and supporting responsive action in parishes.*

Our work is focused on supporting Later Life Friendly Parishes and promoting social inclusion of people who are socially excluded as a result of conditions which arise from old age.

Our Current Aims are:

1. To inspire and actively support parishes to introduce models and approaches which enhance parish-based support and involvement of older people.
2. To enable, equip and support individuals and groups in parish communities as they seek to involve and support older people in their own parishes.
3. To champion a positive view of ageing and later life.
4. To share good practice and relevant information.
5. To use a consultative approach so that an increased understanding of needs, hopes and ideas of older people informs all that we do.

### **Achievements in 2022-23**

During 2022-23 older people became more confident about attending face to face events and we were able to organise several in person events. However, the pandemic has showed us there is still a demand for meetings on line too.

In partnership with the Leeds Church Institute we organised two events one in person and one on line. The first focussed on perspectives in Later Life and the second on the experience of loss in later life. About 30 people attended each event. The content was also posted on our website as audio files. Two events celebrated the Queens Jubilee one at Wheeler Hall in Leeds and one at The Briery in Ilkley.

Growing old Gracefully received funding from the Charlotte Marshall Trust to make videos of older people talking about the experience of growing older and these are now all on our website.

In November 2022 the key person who supported our work moved on and because our future funding has been uncertain we used our remaining funding to commission a review of our website. This work was carried out between December and March 2023.

Regular mailings kept us in touch with our network of contacts and members of the network provided reflections in Lent and Pentecost.

The Diocese of Leeds through Catholic Care contributed £8000 a year, which ended in March 2023. This was supplemented by the Mercy Sisters, The Harold Hood Trust and Charlotte Marshall Trust

In March 2023 funding was very uncertain and the trustees are prioritising identifying future funding

### **The charity's policy on reserves**

We aim to hold the equivalent of 3 months expenditure (based on last year's costs) plus a proportion for legal costs and maintain the level of reserves from unrestricted income. The trustees may agree to designate some of the free reserves for a particular

project or activity. They will ensure that these designated funds are spent within a reasonable period of time. This policy is reviewed at least annually.

Signed on behalf of the charity's trustees:

Signed \_\_Carol Burns\_\_\_\_\_ Date 5/9/22

\_\_\_\_\_  
Carol Burns, Chair

**Growing Old Grace-fully  
Receipts & payments account  
for the year ended 31<sup>st</sup> March 2023**

	Unrestricted Funds £	Restricted funds £	Total funds £
<b>Income</b>			
Donations -			
Grants	3000	1636.74	4636.74
Other income	40.85		40.85
<b>Total receipts</b>	<b>3040.85</b>	<b>1636.74</b>	<b>4677.59</b>
<b>Expenditure</b>			
Office costs	21.78		21.78
Consultancy services	680	1983.50	2663.50
Other	257.56		257.56
Printing	132.63		132.63
Computer Services	98.74		98.74
<b>Total Payments</b>	<b>1190.21</b>	<b>1983.50</b>	<b>3173.71</b>
<b>Net receipts/(payments)</b>	<b>1,116.25</b>	<b>-346.76</b>	<b>1503.88</b>
Bank and cash at the start of the period	3068.38	10,680	13,748.38
<b>Bank and cash at the end of the period</b>	<b>4919.02</b>	<b>10,333.24</b>	<b>15,252.26</b>

**Growing Old Grace-fully**  
**Statement of assets and liabilities**  
**at 31<sup>st</sup> March 2023**

	£
<b>Cash assets</b>	
Current account	15, 252.26
Deposit account	0
Petty cash	<u>0</u>
<b>Total cash assets</b>	<b>15,252.26</b>
<b>Other assets</b> - None	

These financial statements are accepted on behalf of the charity by:

Signed \_\_\_\_\_ Dated \_\_\_\_\_  
Mgr Peter Rosser, Treasurer