

# NORMA GORDON FOUNDATION [NGF]

England & Wales · Charity number 1161728

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2015-05-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 56 Oakley Road  
Luton  
LU4 9PU

**Phone** 07718495707

**Email** [normagordon55@yahoo.com](mailto:normagordon55@yahoo.com)

**Website** [www.normagordonfoundation.org.uk](http://www.normagordonfoundation.org.uk)

## Activities

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**Objects:** 1) THE PRESERVATION AND PROTECTION OF GOOD MENTAL AND PHYSICAL HEALTH OF PEOPLE OVER THE AGE OF 18 IN PARTICULAR THOSE WHO ARE SUFFERING FROM LONELINESS AND DEPRESSION 2) TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY)."

**Activities:** Our day to day activities include the following Daily advisory service Daily volunteering and befriending service Daily researching activities Daily planning for fund raising activities Daily organising for carers that may be needed by our members General office duties Our Office opens from 09.30 am to 18.00 pm Monday to Friday. Our mobile phones are available for 24/7.

## Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Elderly/old People, The General Public/mankind

## Geography

- Ghana
- Haiti
- India
- Nigeria
- Bedford
- Buckinghamshire
- Hertfordshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	-	-	-	-
2023-03-31	-	-	-	-
2022-03-31	£0	£0	-	-
2021-03-31	£0	£0	-	-
2020-03-31	£0	£0	-	-
2019-03-31	£0	£0	-	-
2018-03-31	£0	£0	-	-

## Trustees

Name	Role	Appointed
ABENA AHENKORAH		2019-06-06
FRANCIS DIKE		2015-01-01
NORMA GRAY		2015-01-01

**NORMA GORDON FOUNDATION [NGF]**

England & Wales - Charity number 1161728

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# Accounts

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## Trustees' Annual Report for the period

From **31/03/22** Period start date **To 01/04/21** Period end date

Charity name: **Norma Gordon Foundation**

Charity registration number: **1161728**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>1. Preservation and protecting of good mental health and physical health of people over the age of is in particular those suffering from loneliness and depression</b> <b>2. To promote social inclusion for public benefit</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>Volunteering, befriending, Advicing, Researching, fundraising to support the lonely</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>Yes</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<b>We did not achieve much as we were in the process of moving the charity forward.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>The charity has no reserves</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>Nil</b>
Amount of reserves held	Para 1.22	<b>Nil</b>
Reasons for holding zero reserves	Para 1.22	<b>Nil</b>
Details of fund materially in deficit	Para 1.24	<b>Nil</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Nil</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		<b>Nil</b>
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Nil</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>Nil</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Nil</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Nil
Other name the charity uses	Nil
Registered charity number	Nil

Charity's principal address	Nil

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Norma Gordon		Whole year	
2	Francis Dike		Whole year	
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees - names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	


## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Nil
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Nil

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Nil		
Nil		
Nil		
Nil		

#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Signature(s)**

Francis dike

**Full name(s)**

Francis Dike

**Position (eg  
Secretary, Chair, etc)**

Trustee

**Date**

12/01/2023

**NORMA GORDON FOUNDATION [NGF]**

England & Wales - Charity number 1161728

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# Accounts

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# Trustees' Annual Report for the period

From (start date) 

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 to (end date) 

3	1	0	3	2	1
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## Section A Reference and administration details

Charity name

Other names the charity is known by

Registered charity number (if any) 

1	1	6	1	7	2	8
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Charity's principal address

Postcode 

L	U	4		9	P	U
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### Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Norma Gray		Whole Year	
2	Francis Dike		Whole Year	
3	Abena Ahenkorah		Whole Year	
4				
5				
6				
7				
8				
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10				
11				
12				
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16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
NIL		
NIL		
NIL		
NIL		

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

Constitution

How the charity is constituted  
(eg trust, association, company)

Company

Trustee selection methods  
(eg appointed by, elected by)

Appointment

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

Summary of the objects of the charity set out in its governing document

- 1) Preservation and protection of good mental and physical health of people over the age of 65 in particular those suffering from LONELINESS & DEPRESSION.
- 2) To promote social inclusion for public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Volunteering, Befriending, Advicing, Researching, Fundraising to support the lonely.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

Summary of the main achievements of the charity during the year

We did not achieve much as we were in the process of moving the charity forward.

**Section E**

**Financial review**

Brief statement of the charity's policy on reserves

The charity has no reserves

Details of any funds materially in deficit

NIL

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Norma Gordon Foundation  
has not been able to raise any funds till date

**Section F**

**Other optional information**

**Section G**

**Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)

*ML*

Full name(s)

*Francis Duke*

Position (eg Secretary, Chair, etc)

*Trustee*

Date

*24 11 21*