



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day14	Month05	Year2023		Day15	Month05	Year2024

### Section A

### Reference and administration details

Charity name	ASK ERWIN
Other names charity is known by	Empowering Rights When In Need
Registered charity number (if any)	1161686
Charity's principal address	108 Evelina Rd LONDON  Postcode SE15 3HL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paula Donohoe	Chair		
2	Suneil Saraf	Trustee		
3				
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11				
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14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by board and leadership

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Safeguarding Policy and procedures were reviewed and updated in line with national and best practice changes

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

- 1) To relieve the need of persons who have health problems, disabilities or sensory impairments in particular but not exclusively by:
  - a) Providing advocacy, advice, assistance, projects, representation and other services
  - b) Helping the people listed above identify and meet their own needs
  - c) Providing support for those who care for the people listed above
- 2) To advance the education of the general public, including specific

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

<p>professional and other groups and the needs of the people listed above</p>
<p>Ask Erwin aims to support people to understand their health &amp; care rights and have a voice.</p> <p>Ask Erwin wants to support people to be more informed and involved in decision making around their health and support needs. This can be particularly important to people with a disability, long term health needs or older people.</p> <p>Ask Erwin will support people to understand and use for their benefit; in particular the Mental Capacity Act and the Care Act.</p> <p>Ask Erwin will achieve this though providing information and support services. This will be a combination of helpline, workshops, closed support groups and 1:1 support.</p> <p>-----</p> <p>Ask Erwin provided in this period a telephone and email helpline to support people to understand and access their health and social care rights.</p> <p>We have provided sessions on Lasting Power of attorneys to the public and have a waiting list for further support.</p> <p>Ask Erwin provides no harm or detriment to the public</p> <p>Ask Erwin offers some of its services to the public in general and some of its services specifically to people with protected characteristics.</p>

**Additional details of objectives and activities (Optional information)**

Trustees did not claim any expenses in this reporting period.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

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### Summary of the main achievements of the charity during the year

Ask Erwin's information and help service provided support to people in relation to their health and social care needs and in particular information around Lasting Power of Attorneys.

Ask Erwin runs a support help service via telephone and email helpline.

We are currently looking to expand our Brain Tumour support services and are looking for further funding. This period the focus has been providing support to the public through our helpline and email service to understand Lasting Power of Attorneys in terms of what they are, how they work and how to complete them.

We also provides further tailored 1:1 support with the option of visiting our office for a face to face session to support the completing of the LPA documents, Advanced statement to refuse treatment and other wider care planning approaches.

We also provide workshops to raise awareness and understanding of LPAs and how to complete them.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

Ask Erwin has a reserves policy. The trustees regularly review this..

**Details of any funds materially in deficit**

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

We do not currently fundraise from the public.  
We do not make any investments.  
We do not currently pay any salaries we are all volunteers giving our time to support the objectives of the charity.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	<i>P Donohoe</i>	
<b>Full name(s)</b>	Paula Donohoe	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	13/3/25	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Ask Erwin

1161686

## Receipts and payments accounts

CC16a

For the period  
from

15.5.2023

To

14.5.24

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants		-	-		-
Donations		-	-		-
Trading Activity	-	-	-	-	-
Gift Aid	-	-	-	-	-
Refunds	-	-	-	-	-
Charitable Activity	-	-	-	-	-
Memberships	-	-	-	-	-
Other		-	-	-	-
<b>Sub total</b> (Gross income for AR)		-	-		8817-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	0	-	-		8817
<b>A3 Payments</b>					
Utilities	713	-	-	713	-
Telephone, internet, website, email	555	-	-	555	-
Stationary, printing and postage	125	-	-	125	-
Refreshments	275	-	-	275	-
Insurance & Fees	527	-	-	527	-
Maintenance & repairs	878	-	-	878	-
Volunteer Expenses	0	-	-	0	-
Other	100	-	-	100	-
		-	-		-
<b>Sub total</b>	3,173	-	-	3,173	-
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	3,173	-	-	3,173	-
<b>Net of receipts/(payments)</b>	3173	-	-	3173	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	8817	-	-	8817-	-
<b>Cash funds this year end</b>	5644	-	-	5644	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Receipts	31,869	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>5,644</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>P. Donahoe</i>	P. Donahoe	13/3/25	