

Annual Report for IMPACT BARNET

Year ending 31st March 2024

Charity number: 1161670

Registered address: St John's Parish Centre
Friern Barnet Road
London
N11 3EQ

Trustees: Chairperson: Lee Amoss
Secretary: Stuart Gates
Vicki Powell
Tim Palmer

Charitable Objectives :

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

Activities:

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- We have been able to maintain our Friday night youth club, running during term time. This has been run on a rotation system by our staff and dedicated volunteers.
- Family support and counselling – we have found this stem of our work has continued to grow and the concerns around well-being and the mental health needs of young people seems to be greater than ever. We continue to offer family work when appropriate, as we do find this kind of support can contribute positively in our work with a young person. We have also continued to work in partnership with the charity that came about as a response to the pandemic, in providing families in need, with food and necessities including the support and direction to access appropriate financial aid.
- Unfortunately, our youth van was stolen last term and therefore, we no longer have this resource. However, we have still been able to offer our issue-based workshops in

secondary schools (for vulnerable students) by using a space within school – these workshops are held in groups of 6-8 students and cover a wide range of topics including; self esteem; anger management; bullying; peer pressure; social media; positive relationships; positive communications; substance abuse; self image etc

- One-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Many of these issues have been accentuated by the pandemic, and many of the referrals coming through are at a higher level of need than pre-pandemic. Schools refer the students to us on a case by case basis. The pandemic has resulted in a surge of young people requiring support around mental health and well-being. We have also seen a rapid increase in neuro-diverse needs, which we have been able to respond to, with staff having access to on-going training in these areas. Having been required to provide this support through alternative means such as virtual and telephone sessions, at times through the pandemic, has meant we have also been able to continue to offer some sessions this way, should it be required, including for young people who may need support whilst at university. However, where possible, our work does continue to be face to face.
- Counselling for staff in schools - request for counselling for school staff has increased in the two schools this was being offered in during this year.
- Multi-agency work - we often work in connection with local schools and PRUs, social services, CAMHS, Barnet youth support services (Barnet Council), the police and other charities.
- Systemic work is an important element of how we work with a young person. Our work with a young person may involve us communicating with parents, school staff, universities, community members and statutory services to enable us to meet the needs of the young person and support positive change. As well as emotional support for the young person, we provide practical support for them as well as the systems around them i.e strategies for staff within schools. We also provide reports to support their needs for further assessments around mental health and neurodiverse diagnosis, to help them access appropriate support and allowances within educational settings (schools, colleges and universities).

During the past year, we have continued our work with Barnet Collective to ensure those of our families in need are able to receive food and necessities, which there is an even greater need for with the cost of living crisis. We have been requested by some schools to increase hours again, and this has included the mentoring and counselling of staff as well as an increase in student hours. Our youth club has continued to run and we now run an older girl's group for vulnerable girls offering them a space both in and outside the youth club. Our 2 regular young people attending as young leaders also participate in this group.

The John Lyon's Charity who provided us with a generous grant over a 4 year period (extended due to the pandemic) which was pivotal in enabling us to continue the very important work that we do, came to an end. We have since been very fortunate to receive two generous funding donations in the last year, one from Volunteers On Wheels and another from The Hadley Trust which has enabled us to keep offering the services we carry out, outside of the school environment. Fortunately, schools have been willing to continue paying our fees to maintain the services they receive and this has not impacted our work in schools and we have continued to receive funding from 4 schools.

Structure and management:

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a properly convened

board meeting. Board meetings are held throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. We currently have 4 trustees.

The dedicated board of trustees, which is made up of unpaid volunteers, is responsible for the overall running and management of the charity, and supports the Director in their role. The charity Director / Practitioner, a paid employee, acts as staff representatives at the board meetings and one of our youth and family support workers also attends, and together they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director / Practitioner reports to the board of trustees and refers regularly to members of the board. Our youth and family support workers are line-managed by the Director.

There are 3 part-time members of staff on payroll, including the Director. We have a paid admin staff member, as well as a Child and Adolescent counsellor offering paid sessional hours. Staff are provided with supervision. Our staff all have access to up-to-date essential and relevant on-going training through AC Education, London Youth, and Barnet Youth Services. Our Director / Practitioner offers 30 years experience of working within both the voluntary and statutory sectors with children and young people between the ages of 5 and 25, supporting vulnerable young people including those presenting with challenging behaviour, SEND needs, and supporting parents and families in need. Our highly experienced team offer a combination of: level 4 diploma in youth work, degrees in psychology and Education, qualifications in counselling; training in psychotherapy, with the following experience: 18 years of working for the Ministry of Justice in Rehabilitation services for offenders, 4 years experience of working with Barnet Youth Services, years of experience of supporting individuals around challenging behaviour, 2 years experience working as a ABA therapist. We have a dedicated team of trustees who support the work we carry out, and a team of volunteers including our young leaders who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

Achievements and performance for 2023-2024:

- We remain established as a recognised and essential service with statutory services within Barnet including schools.
- Our support hours have increased in the secondary schools that we work with.
- We have maintained the number of schools we receive regular donations from to our service, including in the borough of Enfield, even though we have had to increase our fees, and schools are under greater financial pressures. We continue to receive very positive feedback from schools, parents and students alike.
- We have started to provide staff counselling in two of our schools, on a needs basis, which is funded by the school.
- We have continued to develop positive and useful networks amongst other charities and statutory services this year.
- Continued to work in close partnership with another charity to ensure the basic needs of the families we support, are being met in continued challenging times.
- Have established an active website, which has resulted in requests for referrals for Early Help and new schools.
- The Hadley Trust, having contacted us through the recommendation of the Young Barnet Foundation, agreed to our funding application following visits and interviews to explore how we run and what we offer.

Public Benefit:


Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding boroughs. By working with the youth as we do we are not only

supporting them as individuals, but we are also supporting their families and schools. We enable young people to access their learning by working closely with the schools, and we promote a positive outlook to help them find their sense of direction at a time when many of them are struggling. By working with families, we help to develop more positive relationships which also encourages young people to make more positive choices both towards peers and others within their community, as well as showing a greater respect for the environment in which they live. The extensive waiting lists that these services are facing because they are so inundated with referrals means that we are also receiving requests for referrals to our Charity by statutory services, to help meet the increasing needs of young people who may be unable to receive this kind of support elsewhere.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

Goals/Aims and Outcomes for the year ahead:

- Securing further funding to continue to provide services.
- Supporting the needs of young people and their families
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing and supporting the mental health of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills

	Charity Commission for England and Wales		Barnet		1161670	CC16a		
	Receipts and payments accounts							
	For the period from	1/4/2023	To	31/3/2024				

Section A Receipts and payments								2022/23
	Unrestricted funds		Restricted funds	Endowment funds	Total funds	Last year		
	to the nearest	£	to the nearest £	to the nearest £	to the nearest £	to the nearest £		
A1 Receipts								
Wren Academy (School)	-		9,955	-	9,955	13,300		
John Lyons	-		-	-	-	-		
JRS Grant	-		-	-	-			
Friern Barnet PCC	-		-	-	-	-		
MLT Middlesex Learning (Compton school)	-		10,160	-	10,160	11,120		
Youth Club	-		15	-	15	-		
Donations	2,000		-	-	2,000	1,182		
Individual Sessions	-		-	-	-			
East Barnet (School)	-		1,935	-	1,935	3,800		
Fundraising	-		-					
St Peter's Bourne	-		-	-	-	-		
Volunteers On Wheels	15,000		-					
Young Barnet Foundation	-		245					
The Hadley Trust	20,000		-					
St Andrew Apostle (School)	-		-	-	-	315		
Bank Interest Received	-		87	-	87	-		
Sub total (Gross income for AR)	37,000		22,397	-	24,152	29,717		29716.64
A2 Asset and investment sales, (see table).								
	-		-	-	-			
	-		-	-	-	-		
Sub total	-		-	-	-	-		
Total receipts	37,000		22,397	-	24,152	29,717		29716.64
A3 Payments								
Access underwriting Insurance	350		-	-	350	350		
Admin costs	209		-	-	209	658		
Agenda Resource/DBS	-		-	-	-	-		
Banking Fees	60		-	-	60	80		
Office Costs	99		-	-	99	-		
London Youth Membership	100		-	-	100	100		
East Barnet Festival	-		-	-	-	-		
Payroll Costs	5,040		-	-	5,040	830		
Staffing Costs	36,153		-	-	36,153	35,589		
Football Pitch Hire	-		-	-	-	-		
Van Costs	3,274		-	-	3,274	2,369		
Staff Training/AC Education	-		-	-	-	660		
Youth Club expenses	-		-	-	-	1,015		
Sub total	45,286		-	-	45,286	41,651		41650.62
A4 Asset and investment purchases, (see table)								
	-		-	-	-			

	-	-	-	-			
<i>Sub total</i>	-	-	-	-	-		
<i>Total payments</i>	45,286	-	-	45,286	41,651		41650.62
<i>Net of receipts/(payments)</i>	- 8,286	22,397	-	Cross Add Error	- 11,934		-11933.98
A5 Transfers between funds	-	-	-	-	-		
A6 Cash funds last year end		-	-	-	61,697		
<i>Cash funds this year end</i>	- 8,286	22,397	-	-	49,763		49763.02

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds		
		to nearest £	to nearest £	to nearest £		
B1 Cash funds				-		
	Cash at Bank	- 8,286		-		
		-	-	-		
	<i>Total cash funds</i>	- 8,286	-	-		
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK		
		Unrestricted funds	Restricted funds	Endowment funds		
	Details	to nearest £	to nearest £	to nearest £		
B2 Other monetary assets		-	-	-		
		-	-	-		
		-	-	-		
		-	-	-		
		-	-	-		
		-	-	-		
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)		
B3 Investment assets			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)		
B4 Assets retained for the charity's own use			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)		
B5 Liabilities			-			

			-			
			-			
			-			
			-			
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval			
	SMG	Stuart M Gates	12122024			
	LA	Lee Amoss	12122024			

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	25,309	2,108	-
		-	-	-
		-	-	-
	Total cash funds	25,309	2,108	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Harben House
Harben Parade
Fincheley Road
London
NW3 6LH

8th November 2024

Re: IMPACT BARNET

I report to the Charity Trustees on my examination of the accounts of the Company for the year ended 31st March 2024.

Responsibilities and Basis of Report

As the Charity's Trustees (who are also the directors of the Company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination, I have followed the directions given by the Charity Commission (under section 145(5)(b)) of the 2011 Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- Accounting records were not kept in accordance with section 386 of the Companies Act 2006 or
- The accounts do not accord with such records or
- The accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination or
- The accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'H Sherbourne', is written over a horizontal line.

Howard Sherbourne
Accountant