

Annual Report for IMPACT BARNET

Year ending 31st March 2023

Charity number: 1161670

Registered address: St John's Parish Centre
Friern Barnet Road
London
N11 3EQ

Trustees: Chairperson: Lee Amoss
Secretary: Stuart Gates
Vicki Powell
Tim Palmer

Charitable Objectives :

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

Activities:

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- We have been able to reopen our Friday night youth club, running during term time. This has been run on a rotation system by our staff and dedicated volunteers.
- Family support and counselling – we have found this stem of our work has continued to grow and the concerns around well-being and the mental health needs of young people seems to be greater than ever. We continue to offer family work when appropriate, as we do find this kind of support can contribute positively in our work with a young person. We have also continued to work in partnership with a new charity that came about as a response to the pandemic, in providing families in need, with food and necessities including the support and direction to access appropriate financial aid.
- Issue-based workshops held in our mobile youth van based in secondary schools (for vulnerable students) – these workshops are held in groups of 6-8 students and cover a

wide range of topics including; self esteem; anger management; bullying; peer pressure; social media; positive relationships; positive communications; substance abuse; self image etc Our youth van is equipped with a tv, dvd player, fixed bench seating, heating and lighting and the young people absolutely love the space that it offers them. We have been able to reintroduce these sessions to schools again.

- One-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Many of these issues have been accentuated by the pandemic, and many of the referrals coming through are at a higher level of need than pre-pandemic. Schools refer the students to us on a case by case basis. The pandemic has resulted in a surge of young people requiring support around mental health and well-being. We have also seen a rapid increase in neuro-diverse needs, which we have been able to respond to, with staff having access to on-going training in these areas. Having been required to provide this support through alternative means such as virtual and telephone sessions, at times through the pandemic, has meant we have also been able to continue to offer some sessions this way, should it be required, including for young people who may need support whilst at university. However, where possible, our work does continue to be face to face.
- Professional mentoring for school staff offering mentoring within their setting and counselling for staff in schools - been requested and offered within two of our schools during this year.
- Multi-agency work - we often work in connection with local schools and PRUs, social services, CAMHS, Barnet youth support services (Barnet Council), the police and other charities.
- Systemic work is an important element of how we work with a young person. Our work with a young person may involve us communicating with parents, school staff, universities, community members and statutory services to enable us to meet the needs of the young person and support positive change. As well as emotional support for the young person, we provide practical support for them as well as the systems around them i.e strategies for staff within schools. We also provide reports to support their needs for further assessments around mental health and neurodiverse diagnosis, to help them access appropriate support and allowances within educational settings (schools, colleges and universities).

During the past year, we have continued our work with Barnet Collective to ensure those of our families in need are able to receive food and necessities, which there is an even greater need for with the cost of living crisis. We have been requested by schools to increase hours again, and this has included the mentoring and counselling of staff as well as an increase in student hours. Our youth club has re-established itself and now has a regular cohort of 15 - 20 young people attending. We have also had 2 regular young people attending as young leaders at our youth club.

We have now come to the end of John Lyon's Charity grant funding. The John Lyon's Charity provided us with a generous grant over the last 4 years (extended due to the pandemic) which has been pivotal in enabling us to continue the very important work that we do. Our funding through schools has increased due to the increase in hours and a need to increase our fees (with our main funding outside of schools coming to an end). Fortunately, schools have been willing to pay our increase in fees to maintain the services they receive and this has not impacted our work in schools and we have continued to receive funding from 4 schools.

Structure and management:

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a properly convened board meeting. Board meetings are held quarterly throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. Following

COVID, we had some changes in trustees, and two needed to leave due to a change in personal circumstances, so we only had 3 for a period of time, but have had a new trustee join the board and therefore, currently have 4 trustees.

The dedicated board of trustees, which is made up of unpaid volunteers, is responsible for the overall running and management of the charity, and supports the Director in their role. The charity Director / Youth and community Coordinator, a paid employee, acts as staff representatives at the board meetings and one of our youth and family support workers also attends, and together they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director / Youth and community Coordinator report to the board of trustees and is line managed by one of our trustees. Our youth and family support workers are line-managed by the Director.

There are now 3 paid members of staff, including the Director. Staff are provided with supervision. Our staff all have access to up-to-date essential and relevant on-going training through AC Education, London Youth, and Barnet Youth Services. Our Director / Youth and Community coordinator offers 29 years experience of working within both the voluntary and statutory sectors with children and young people between the ages of 5 and 25, supporting vulnerable young people including those presenting with challenging behaviour, SEND needs, and supporting parents and families in need. Our highly experienced team offer a combination of: level 4 diploma in youth work, degrees in psychology and Education, qualifications in counselling; with the following experience: 18 years of working for the Ministry of Justice in Rehabilitation services for offenders, 4 years experience of working with Barnet Youth Services, years of experience of supporting individuals around challenging behaviour, 2 years experience working as a ABA therapist. We have a dedicated team of trustees who support the work we carry out, and a team of volunteers including our young leaders who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

Achievements and performance for 2022-2023:

- We have established ourselves further as a recognised and essential service with statutory services within Barnet including schools.
- Our support hours have increased in the secondary schools that we work with.
- We have maintained the number of schools that we receive regular donations to our service, including in the borough of Enfield, even though we have had to increase our fees, and schools are under greater financial pressures. We continue to receive very positive feedback from schools, parents and students alike.
- We have formed more positive and useful networks amongst other charities and statutory services this year.
- Continued to work in close partnership with another charity to ensure the basic needs of the families we support, are being met in continued challenging times.
- Have established an active website, which has resulted in requests for referrals for Early Help and new schools.
- The Hadley Trust contacted us directly having seen our website, and having conducted an interview and visited our youth club are considering us for a funding application.

Public Benefit:


Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding boroughs. By working with the youth as we do we are not only supporting them as individuals, but we are also supporting their families and schools. We enable young people to access their learning by working closely with the schools, and we promote a

positive outlook to help them find their sense of direction at a time when many of them are struggling. By working with families, we help to develop more positive relationships which also encourages young people to make more positive choices both towards peers and others within their community, as well as showing a greater respect for the environment in which they live. The extensive waiting lists that these services are facing because they are so inundated with referrals means that we are also receiving requests for referrals to our Charity by statutory services, to help meet the increasing needs of young people who may be unable to receive this kind of support elsewhere.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

Goals/Aims and Outcomes for the year ahead:

- Securing further funding to continue to provide services previously funded by John Lyon's.
- Supporting the needs of young people and their families
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills

	CHARITY COMMISSION FOR ENGLAND AND WALES		Barnet		1161670		CC16a			
			Receipts and payments accounts							
			For the period from	1/4/2022	To	31/3/2023				
Section A Receipts and payments										2021/22
	Unrestricted funds		Restricted funds		Endowment funds		Total funds		Last year	
	to the nearest	£	to the nearest	£	to the nearest	£	to the nearest	£		
A1 Receipts										
Wren Academy (School)	-		13,300		-		13,300		8,790	
John Lyons			-		-		-		30,000	
JRS Grant	-				-		-		1,630	
LB Barnet Van Insurance Donation	-		-		-		-		-	
Friern Barnet PCC	-		-		-		-		-	
MLT Middlesex Learning (Compton school)	-		11,120		-		11,120		12,880	
Youth Club	-		-		-		-		-	
Donations	-		1,182		-		1,182			
Individual Sessions	-				-		-		270	
East Barnet (School)	-		3,800		-		3,800		-	
Fundraising										
St Peter's Bourne	-		-		-		-			
St Andrew Apostle (School)	-		315		-		315		360	
Sub total(Gross income for AR)	-		29,717		-		29,717		53,930	
53930.35										
A2 Asset and investment sales, (see table).										
	-		-		-		-			
	-		-		-		-		-	
Sub total	-		-		-		-		-	
Total receipts										
	-		29,717		-		29,717		53,930	
53930.35										
A3 Payments										
Access underwriting Insurance	350		-		-		350			
Admin costs	658		-		-		658		103	
Agenda Resource/DBS			-		-		-		840	
Banking Fees	80		-		-		80		96	
Office Costs	-		-		-		-			
London Youth Membership	100		-		-		100		125	
East Barnet Festival	-		-		-		-			
Payroll Costs	830		-		-		830		420	
Staffing Costs	21,141		14,448		-		35,589		33,314	
Football Pitch Hire	-		-		-		-			
Van Costs	2,369		-		-		2,369		2,346	
Staff Training/AC Education	660		-		-		660		180	
Youth Club expenses	1,015		-		-		1,015		58	
Sub total	27,203		14,448		-		41,651		37,482	
37481.76										
A4 Asset and investment purchases, (see table)										
	-		-		-		-			
	-		-		-		-			
Sub total	-		-		-		-		-	
Total payments										
	27,203		14,448		-		41,651		37,482	
37481.76										
Net of receipts/(payments)										
	- 27,203		15,269		-		- 11,934		16,449	
16448.59										
A5 Transfers between funds										
A6 Cash funds last year end	61,697		-		-		61,697		46,879	
Cash funds this year end	31,137		15,269		-		49,763		63,328	
63327.59										
Section B Statement of assets and liabilities at the end of the period										
Categories	Details			Unrestricted funds	Restricted funds	Endowment funds				
				to nearest £	to nearest £	to nearest £				
B1 Cash funds						-				
	Cash at Bank			31,137		-				
				-	-	-				
	Total cash funds			31,137	-	-				
	(agree balances with receipts and payments account(s))			OK	Agreement Error	OK				
				Unrestricted funds	Restricted funds	Endowment funds				
				to nearest £	to nearest £	to nearest £				
B2 Other monetary assets				-	-	-				
				-	-	-				
				-	-	-				
				-	-	-				
				-	-	-				
				-	-	-				

		Fund to which asset belongs	Cost (optional)	Current value (optional)		
B3 Investment assets	Details		-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)		
B4 Assets retained for the charity's own use			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)		
B5 Liabilities			-			
			-			
			-			
			-			
			-			
			-			
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval		
		Stuart M Gates				
		Lee Amoss				

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash at Bank	25,309	2,108	-
		-	-	-
		-	-	-
	Total cash funds	25,309	2,108	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Impact Barnet Accounts

2 messages

Howard Sherbourne <howard@numbersrus.co.uk>
To: Stuart Gates <stuart.g.impactbarnet@gmail.com>
Cc: Shelley Sander <shelley.s.impactbarnet@gmail.com>

Thu, Dec 14, 2023 at 10:14 PM

To Whom it may concern

I have audited the accounts for Impact Barnet, charity number 1161670 and there is nothing to note.

Best Regards

Howard

Howard Sherbourne
Director

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Stuart Gates <stuart.g.impactbarnet@gmail.com>
Draft To: Howard Sherbourne <howard@numbersrus.co.uk>
Cc: Shelley Sander <shelley.s.impactbarnet@gmail.com>

Thu, Dec 14, 2023 at 11:03 PM

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