

# IMPACT BARNET

England & Wales · Charity number 1161670

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2015-05-14

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** St John's Church  
Friern Barnet Road  
London  
N11 3EQ

**Phone** 02084457844

**Email** [impactbarnet@gmail.com](mailto:impactbarnet@gmail.com)

**Website** [www.impactbarnet.org.uk](http://www.impactbarnet.org.uk)

## Activities

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**Objects:** TO ADVANCE IN LIFE AND RELIEVE NEEDS OF YOUNG PEOPLE IN BARNET AND THE SURROUNDING AREAS THROUGH: A) THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE; ANDB) PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS

**Activities:** IMPACT BARNET offers services to young people aged between 11 and 18. Our services include a Friday night youth club and counselling, mentoring and group workshops within secondary schools in Barnet.

## Classification

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- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Economic/community Development/employment, Recreation
- **Who:** Children/young People

## Geography

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- Barnet
- Enfield
- Haringey
- Hertfordshire

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£38,088	£45,899	-	-
2024-03-31	£59,397	£45,286	-	-
2023-03-31	£29,717	£41,651	-	-
2022-03-31	£53,930	£37,482	-	-
2021-03-31	£8,847	£28,310	-	-

## Trustees

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Name	Role	Appointed
Lee Amoss	Chair	2020-10-01
Stuart Gates		2021-06-16
Timothy John Palmer		2023-01-01
Victoria Powell		2017-04-01

**IMPACT BARNET**

England & Wales - Charity number 1161670

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# Accounts

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# Annual Report for IMPACT BARNET

Year ending 31<sup>st</sup> March 2025

**Charity number:** 1161670

**Registered address:** St John's Parish Centre  
Friern Barnet Road  
London  
N11 3EQ

**Trustees:** Chairperson: Lee Amoss  
Secretary: Stuart Gates  
Vicki Powell  
Tim Palmer

## **Charitable Objectives :**

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

## **Activities:**

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- We have been able to maintain our Friday night youth club, running during term time. This has been run on a rotation system by our staff and dedicated volunteers.
- Family support and counselling – we have found this stem of our work has continued to grow and the concerns around well-being and the mental health needs of young people seems to be greater than ever. We continue to offer family work when appropriate, as we do find this kind of support can contribute positively in our work with a young person. We have also continued to work in partnership with the charity that came about as a response to the pandemic, in providing families in need, with food and necessities including the support and direction to access appropriate financial aid.
- Unfortunately, our youth van was stolen last year and therefore, we no longer have this resource. However, we have still been able to offer our workshops in secondary schools

which have been specifically aimed at supporting the more vulnerable students through the secondary school transition (using a space within school) – these workshops are held in groups of 6-8 students and cover a wide range of topics including; self image and esteem; self awareness; peer pressure; social media awareness; positive relationships; positive communications; etc

- One-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Many of these issues have continued to be accentuated following COV-ID, and many of the referrals coming through are at a higher level of need than pre-pandemic. Schools refer the students to us on a case by case basis. The impact of the pandemic has seen a surge of young people requiring support around mental health and well-being. We have seen a rapid increase in neuro-diverse needs which we have been able to respond to, with staff having access to on-going training in these areas. Having been required to provide this support through alternative means such as virtual and telephone sessions, at times through the pandemic, has meant we have also been able to continue to offer some sessions this way, should it be required, including for young people who may need support whilst at university. However, where possible, our work does continue to be face to face.
- Counselling for staff in schools - request for counselling for school staff has continued to increase in the two schools this was being offered in during this past year.
- Multi-agency work - we often work in connection with local schools and PRUs, social services, CAMHS, Barnet youth support services (Barnet Council), the police and other charities.
- Systemic work is an important element of how we work with a young person. Our work with a young person may involve us communicating with parents, school staff, universities, community members and statutory services to enable us to meet the needs of the young person and support positive change. As well as emotional support for the young person, we provide practical support for them as well as the systems around them i.e strategies for staff within schools. We also provide reports to support their needs for further assessments around mental health and neurodiverse diagnosis, to help them access appropriate support and allowances within educational settings (schools, colleges and universities).

During the past year, we have continued our work with Barnet Collective to ensure those of our families in need are able to receive food and necessities, which there is an even greater need for with the cost of living crisis. We have been requested by some schools to increase hours again, and this has included the mentoring and counselling of staff as well as an increase in student hours.

Our youth club has continued to run and we have continued to offer a safe space for a group of older more vulnerable girls. This includes one of our young leaders who has now become a volunteer with Impact Barnet.

The John Lyon's Charity who provided us with a generous grant over a 4 year period (extended due to the pandemic) which was pivotal in enabling us to continue the very important work that we do, came to an end. We were then very fortunate to receive two generous funding donations from Volunteers On Wheels and from The Hadley Trust, and The Hadleigh Trust then gave us another generous donation this year, which has enabled us to keep offering the services we carry out outside of the school environment. Fortunately, schools have been willing to continue paying our fees to maintain the services they receive, and we have now taken on a fifth school and we therefore receive funding from all five schools.

## **Structure and management:**

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a properly convened board meeting. Board meetings are held throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. We currently have 4 trustees.

The dedicated board of trustees, which is made up of unpaid volunteers, is responsible for the overall running and management of the charity, and supports the Director in their role. The charity Director / Practitioner, a paid employee, acts as staff representatives at the board meetings and one of our youth and family support workers also attends, and together they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director / Practitioner reports to the board of trustees and refers regularly to members of the board. Our youth and family support workers are line-managed by the Director.

There are 3 part-time members of staff on payroll, including the Director. We have a paid admin staff member, as well as a Child and Adolescent counsellor offering paid sessional hours. Staff are provided with supervision. Our staff all have access to up-to-date essential and relevant on-going training through AC Education, London Youth, and Barnet Youth Services. Our Director / Practitioner offers over 30 years experience of working within both the voluntary and statutory sectors with children and young people between the ages of 5 and 25, supporting vulnerable young people including those presenting with challenging behaviour, SEND needs, and supporting parents and families in need. Our highly experienced team offer a combination of: level 4 diploma in youth work, degrees in psychology and Education, qualifications in counselling; training in psychotherapy, with the following experience: 19 years of working for the Ministry of Justice in Rehabilitation services for offenders, 4 years experience of working with Barnet Youth Services, years of experience of supporting individuals around challenging behaviour, 2 years experience working as a ABA therapist. We have a dedicated team of trustees who support the work we carry out, and a team of volunteers including our young leaders, who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

## **Achievements and performance for 2024-2025:**

- We remain established as a recognised and essential service with statutory services within Barnet including schools.
- Our support hours have increased in the secondary schools that we work with and we now have a new school that we are offering our services to.
- We have maintained the number of original schools we receive regular donations from to our service and have a new school contributing, this includes in the borough of Enfield despite schools being under greater financial pressures. We continue to receive very positive feedback from schools, parents and students alike.
- We have continued to provide staff counselling in two of our schools on a needs basis, which is funded by the school.
- We have continued to develop positive and useful networks amongst other charities and statutory services.
- Continued to work in close partnership with another charity to ensure the basic needs of the families we support, are being met in continued challenging times.
- Have established an active website, which has resulted in requests for referrals for Early Help and new schools.
- The Hadley Trust, having previously contacted us through the recommendation of the Young Barnet Foundation, agreed to giving us further funding this year.

## **Public Benefit:**

Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding boroughs. By working with the youth as we do we are not only supporting them as individuals, but we are also supporting their families and schools. We enable young people to access their learning by working closely with the schools, and we promote a positive outlook to help them find their sense of direction at a time when many of them are struggling. By working with families, we help to develop more positive relationships which also encourages young people to make more positive choices both towards peers and others within their community, as well as showing a greater respect for the environment in which they live. The extensive waiting lists that these services are facing because they are so inundated with referrals means that we are also receiving requests for referrals to our Charity by statutory services, to help meet the increasing needs of young people who may be unable to receive this kind of support elsewhere.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

Goals/Aims and Outcomes for the year ahead:

- Securing further funding to continue to provide services.
- Supporting the needs of young people and their families
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing and supporting the mental health of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills



**Receipts and payments accounts**

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For the period from 1/4/2024 To 31/3/2025

**Section A Receipts and payments**

2023/24

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
<b>A1 Receipts</b>						
Wren Academy (School)	-	7,840	-	7,840	9,955	
John Lyons	-	-	-	-	-	
JRS Grant	-	-	-	-	-	
Friern Barnet PCC (school)	-	18,140	-	18,140	10,160	
Youth Club	-	-	-	-	15	
Donations	6,320	-	-	6,320	2,000	
Individual Sessions	-	-	-	-	-	
East Barnet (School)	-	5,720	-	5,720	1,935	
Fundraising	-	-	-	-	-	
St Peter's Bourne	-	-	-	-	-	
Volunteers On Wheels	-	-	-	-	15,000	
Young Barnet Foundation	-	-	-	-	245	
The Hadlrey Trust	10,000	-	-	-	20,000	
St Andrew Apostle (School)	-	-	-	-	315	
Bank Interest Received	-	68	-	68	87	
<b>AR)</b>	<b>16,320</b>	<b>31,768</b>	<b>-</b>	<b>38,088</b>	<b>59,712</b>	0
<b>A2 Asset and investment sales, (see table).</b>						
	-	-	-	-	-	
	-	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	
<b>Total receipts</b>	<b>16,320</b>	<b>31,768</b>	<b>-</b>	<b>38,088</b>	<b>59,712</b>	0
<b>A3 Payments</b>						
Access underwriting Insurance	360	-	-	360	350	
Admin costs	960	-	-	960	209	
Agenda Resource/DBS	-	-	-	-	-	
Banking Fees	60	-	-	60	60	
Office Costs	130	-	-	130	99	
London Youth Membership	-	-	-	-	100	
East Barnet Festival	-	-	-	-	-	
Payroll Costs	5,728	-	-	5,728	5,040	
Staffing Costs	37,156	-	-	37,156	36,153	
Football Pitch Hire	-	-	-	-	-	
Van Costs	-	-	-	-	3,274	
Staff Training/AC Education	1,504	-	-	1,504	-	
Youth Club expenses	-	-	-	-	-	
<b>Sub total</b>	<b>45,899</b>	<b>-</b>	<b>-</b>	<b>45,899</b>	<b>45,285</b>	0
<b>A4 Asset and investment purchases (see table)</b>						
	-	-	-	-	-	
	-	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	
<b>Total payments</b>	<b>45,899</b>	<b>-</b>	<b>-</b>	<b>45,899</b>	<b>41,651</b>	0

<b>Net of receipts/(payments)</b>	- 29,579	31,768	-	Cross Add Error	- 11,934		
A5 Transfers between funds	-	-	-	-	-		
A6 Cash funds last year end					61,697		
<b>Cash funds this year end</b>	<b>- 29,579</b>	<b>31,768</b>	<b>-</b>	<b>-</b>	<b>49,763</b>		

0

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**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £		
<b>B1 Cash funds</b>	Cash at Bank	- 29,579		-		
		-	-	-		
	<b>Total cash funds</b>	<b>- 29,579</b>	<b>-</b>	<b>-</b>		

(agree balances with receipts and payments account(s))

OK Agreement Error OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £		
<b>B2 Other monetary assets</b>		-	-	-		
		-	-	-		
		-	-	-		
		-	-	-		
		-	-	-		
		-	-	-		

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)		
<b>B3 Investment assets</b>			-	-		
			-	-		
			-	-		
			-	-		
			-	-		

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)		
<b>B4 Assets retained for the charity's own use</b>			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)		
<b>B5 Liabilities</b>			-			
			-			
			-			
			-			
			-			

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval		
		Stuart M Gates			
		Lee Amoss			

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at Bank	25,309	2,108	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>25,309</b>	<b>2,108</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
		<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all	Signature	Print Name		Date of approval

**Trial Balance**  
**1st April 2024 - 31st March 2025**

	DR	CR	
Sage Donations Received		6,000.00	
MLT Middlesex Learning		18,140.00	
East Barnet School		5,720.00	
Wren Academy		7,840.00	
The Hadley Trust		10,000.00	
Access Underwriting Ltd - Liability Insurance	360.24		9/9/2024
Accounts to 3/24	525.00		
Bank charges	60.00		
Education Ltd Impact Barnet Training - Staff/volunteer training	432.00		11/7/2024
Education Ltd Webinar - Staff Training	7.99		21/5/2024
EE	60.30		
Interest Received		67.54	
Jack Mann - Parent contribution		80.00	1/8/2024
JS 0524 Uddin T & S - Parent contribution		240.00	23/7/2024
Mrs E. Grilli - Sessional hours	1,064.50		13/5/2024
Net Salaries	37,156.47		
NI/PAYE	5,387.77		
Payroll costs-Balance Data	340.00		
Reimbursement to Shelley Team social	245.30		
Shelley - Reimbursement of expense-Stadd/volunteer gifts/smas social/1:1 session expenses	189.74		27/12/2024
Shelley (mobile sim) - Impact Barnet mobile sim	70.01		21/5/2024
<b>Profit/Loss</b>		<b>-2,188.22</b>	
	<b>45,899.32</b>	<b>45,899.32</b>	



Harben House  
Harben Parade  
Fincheley Road  
London  
NW3 6LH

15<sup>th</sup> July 2025

**Re: IMPACT BARNET**

I report to the Charity Trustees on my examination of the accounts of the Company for the year ended 31<sup>st</sup> March 2025.

**Responsibilities and Basis of Report**

As the Charity's Trustees (who are also the directors of the Company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination, I have followed the directions given by the Charity Commission (under section 145(5)(b)) of the 2011 Act.

**Independent Examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- Accounting records were not kept in accordance with section 386 of the Companies Act 2006 or
- The accounts do not accord with such records or
- The accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination or
- The accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink that reads 'H. Sherbourne'.

Howard Sherbourne  
Accountant

**IMPACT BARNET**

England & Wales - Charity number 1161670

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# Accounts

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# Annual Report for IMPACT BARNET

Year ending 31<sup>st</sup> March 2024

**Charity number:** 1161670

**Registered address:** St John's Parish Centre  
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**Trustees:** Chairperson: Lee Amoss  
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## **Charitable Objectives :**

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- Unfortunately, our youth van was stolen last term and therefore, we no longer have this resource. However, we have still been able to offer our issue-based workshops in

secondary schools (for vulnerable students) by using a space within school – these workshops are held in groups of 6-8 students and cover a wide range of topics including; self esteem; anger management; bullying; peer pressure; social media; positive relationships; positive communications; substance abuse; self image etc

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The John Lyon's Charity who provided us with a generous grant over a 4 year period (extended due to the pandemic) which was pivotal in enabling us to continue the very important work that we do, came to an end. We have since been very fortunate to receive two generous funding donations in the last year, one from Volunteers On Wheels and another from The Hadley Trust which has enabled us to keep offering the services we carry out, outside of the school environment. Fortunately, schools have been willing to continue paying our fees to maintain the services they receive and this has not impacted our work in schools and we have continued to receive funding from 4 schools.

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board meeting. Board meetings are held throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. We currently have 4 trustees.

The dedicated board of trustees, which is made up of unpaid volunteers, is responsible for the overall running and management of the charity, and supports the Director in their role. The charity Director / Practitioner, a paid employee, acts as staff representatives at the board meetings and one of our youth and family support workers also attends, and together they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director / Practitioner reports to the board of trustees and refers regularly to members of the board. Our youth and family support workers are line-managed by the Director.

There are 3 part-time members of staff on payroll, including the Director. We have a paid admin staff member, as well as a Child and Adolescent counsellor offering paid sessional hours. Staff are provided with supervision. Our staff all have access to up-to-date essential and relevant on-going training through AC Education, London Youth, and Barnet Youth Services. Our Director / Practitioner offers 30 years experience of working within both the voluntary and statutory sectors with children and young people between the ages of 5 and 25, supporting vulnerable young people including those presenting with challenging behaviour, SEND needs, and supporting parents and families in need. Our highly experienced team offer a combination of: level 4 diploma in youth work, degrees in psychology and Education, qualifications in counselling; training in psychotherapy, with the following experience: 18 years of working for the Ministry of Justice in Rehabilitation services for offenders, 4 years experience of working with Barnet Youth Services, years of experience of supporting individuals around challenging behaviour, 2 years experience working as a ABA therapist. We have a dedicated team of trustees who support the work we carry out, and a team of volunteers including our young leaders who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

### **Achievements and performance for 2023-2024:**

- We remain established as a recognised and essential service with statutory services within Barnet including schools.
- Our support hours have increased in the secondary schools that we work with.
- We have maintained the number of schools we receive regular donations from to our service, including in the borough of Enfield, even though we have had to increase our fees, and schools are under greater financial pressures. We continue to receive very positive feedback from schools, parents and students alike.
- We have started to provide staff counselling in two of our schools, on a needs basis, which is funded by the school.
- We have continued to develop positive and useful networks amongst other charities and statutory services this year.
- Continued to work in close partnership with another charity to ensure the basic needs of the families we support, are being met in continued challenging times.
- Have established an active website, which has resulted in requests for referrals for Early Help and new schools.
- The Hadley Trust, having contacted us through the recommendation of the Young Barnet Foundation, agreed to our funding application following visits and interviews to explore how we run and what we offer.

### **Public Benefit:**

Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding boroughs. By working with the youth as we do we are not only

supporting them as individuals, but we are also supporting their families and schools. We enable young people to access their learning by working closely with the schools, and we promote a positive outlook to help them find their sense of direction at a time when many of them are struggling. By working with families, we help to develop more positive relationships which also encourages young people to make more positive choices both towards peers and others within their community, as well as showing a greater respect for the environment in which they live. The extensive waiting lists that these services are facing because they are so inundated with referrals means that we are also receiving requests for referrals to our Charity by statutory services, to help meet the increasing needs of young people who may be unable to receive this kind of support elsewhere.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

Goals/Aims and Outcomes for the year ahead:

- Securing further funding to continue to provide services.
- Supporting the needs of young people and their families
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing and supporting the mental health of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills



**Receipts and payments accounts**

For the period  
from

1/4/2023

To

31/3/2024

**Section A Receipts and payments**

2022/23

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year		
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £		
<b>A1 Receipts</b>							
Wren Academy (School)	-	9,955	-	9,955	13,300		
John Lyons	-	-	-	-	-		
JRS Grant	-	-	-	-	-		
Friern Barnet PCC	-	-	-	-	-		
MLT Middlesex Learning (Compton school)	-	10,160	-	10,160	11,120		
Youth Club	-	15	-	15	-		
Donations	2,000	-	-	2,000	1,182		
Individual Sessions	-	-	-	-	-		
East Barnet (School)	-	1,935	-	1,935	3,800		
Fundraising	-	-	-	-	-		
St Peter's Bourne	-	-	-	-	-		
Volunteers On Wheels	15,000	-	-	-	-		
Young Barnet Foundation	-	245	-	-	-		
The Hadley Trust	20,000	-	-	-	-		
St Andrew Apostle (School)	-	-	-	-	315		
Bank Interest Received	-	87	-	87	-		
<b>Sub total (Gross income for AR)</b>	<b>37,000</b>	<b>22,397</b>	<b>-</b>	<b>24,152</b>	<b>29,717</b>		29716.64
<b>A2 Asset and investment sales, (see table).</b>							
	-	-	-	-	-		
	-	-	-	-	-		
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>		
<b>Total receipts</b>	<b>37,000</b>	<b>22,397</b>	<b>-</b>	<b>24,152</b>	<b>29,717</b>		29716.64
<b>A3 Payments</b>							
Access underwriting Insurance	350	-	-	350	350		
Admin costs	209	-	-	209	658		
Agenda Resource/DBS	-	-	-	-	-		
Banking Fees	60	-	-	60	80		
Office Costs	99	-	-	99	-		
London Youth Membership	100	-	-	100	100		
East Barnet Festival	-	-	-	-	-		
Payroll Costs	5,040	-	-	5,040	830		
Staffing Costs	36,153	-	-	36,153	35,589		
Football Pitch Hire	-	-	-	-	-		
Van Costs	3,274	-	-	3,274	2,369		
Staff Training/AC Education	-	-	-	-	660		
Youth Club expenses	-	-	-	-	1,015		
<b>Sub total</b>	<b>45,286</b>	<b>-</b>	<b>-</b>	<b>45,286</b>	<b>41,651</b>		41650.62
<b>A4 Asset and investment purchases, (see table)</b>							
	-	-	-	-	-		

	-	-	-	-		
<b>Sub total</b>	-	-	-	-	-	
<b>Total payments</b>	45,286	-	-	45,286	41,651	41650.62
<b>Net of receipts/(payments)</b>	8,286	22,397	-	Cross Add Error	11,934	-11933.98
A5 Transfers between funds	-	-	-	-	-	
A6 Cash funds last year end					61,697	
<b>Cash funds this year end</b>	8,286	22,397	-	-	49,763	49763.02

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £		
<b>B1 Cash funds</b>						
	Cash at Bank	8,286				
	<b>Total cash funds</b>	8,286				
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK		
<b>B2 Other monetary assets</b>						
<b>B3 Investment assets</b>						
<b>B4 Assets retained for the charity's own use</b>						
<b>B5 Liabilities</b>						

			-			
			-			
			-			
			-			
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval			
	SMG	Stuart M Gates	12122024			
	LA	Lee Amoss	12122024			

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at Bank	25,309	2,108	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	25,309	2,108	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B2 Other monetary assets</b>	<b>Details</b>	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval



Harben House  
Harben Parade  
Fincheley Road  
London  
NW3 6LH

8<sup>th</sup> November 2024

**Re: IMPACT BARNET**

I report to the Charity Trustees on my examination of the accounts of the Company for the year ended 31<sup>st</sup> March 2024.

**Responsibilities and Basis of Report**

As the Charity's Trustees (who are also the directors of the Company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination, I have followed the directions given by the Charity Commission (under section 145(5)(b)) of the 2011 Act.

**Independent Examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- Accounting records were not kept in accordance with section 386 of the Companies Act 2006 or
- The accounts do not accord with such records or
- The accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination or
- The accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'H. Sherbourne', written over a horizontal line.

Howard Sherbourne  
Accountant

**IMPACT BARNET**

England & Wales - Charity number 1161670

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# Accounts

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# Annual Report for IMPACT BARNET

Year ending 31<sup>st</sup> March 2023

**Charity number:** 1161670

**Registered address:** St John's Parish Centre  
Friern Barnet Road  
London  
N11 3EQ

**Trustees:** Chairperson: Lee Amoss  
Secretary: Stuart Gates  
Vicki Powell  
Tim Palmer

## **Charitable Objectives :**

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

## **Activities:**

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- We have been able to reopen our Friday night youth club, running during term time. This has been run on a rotation system by our staff and dedicated volunteers.
- Family support and counselling – we have found this stem of our work has continued to grow and the concerns around well-being and the mental health needs of young people seems to be greater than ever. We continue to offer family work when appropriate, as we do find this kind of support can contribute positively in our work with a young person. We have also continued to work in partnership with a new charity that came about as a response to the pandemic, in providing families in need, with food and necessities including the support and direction to access appropriate financial aid.
- Issue-based workshops held in our mobile youth van based in secondary schools (for vulnerable students) – these workshops are held in groups of 6-8 students and cover a

wide range of topics including; self esteem; anger management; bullying; peer pressure; social media; positive relationships; positive communications; substance abuse; self image etc Our youth van is equipped with a tv, dvd player, fixed bench seating, heating and lighting and the young people absolutely love the space that it offers them. We have been able to reintroduce these sessions to schools again.

- One-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Many of these issues have been accentuated by the pandemic, and many of the referrals coming through are at a higher level of need than pre-pandemic. Schools refer the students to us on a case by case basis. The pandemic has resulted in a surge of young people requiring support around mental health and well-being. We have also seen a rapid increase in neuro-diverse needs, which we have been able to respond to, with staff having access to on-going training in these areas. Having been required to provide this support through alternative means such as virtual and telephone sessions, at times through the pandemic, has meant we have also been able to continue to offer some sessions this way, should it be required, including for young people who may need support whilst at university. However, where possible, our work does continue to be face to face.
- Professional mentoring for school staff offering mentoring within their setting and counselling for staff in schools - been requested and offered within two of our schools during this year.
- Multi-agency work - we often work in connection with local schools and PRUs, social services, CAMHS, Barnet youth support services (Barnet Council), the police and other charities.
- Systemic work is an important element of how we work with a young person. Our work with a young person may involve us communicating with parents, school staff, universities, community members and statutory services to enable us to meet the needs of the young person and support positive change. As well as emotional support for the young person, we provide practical support for them as well as the systems around them i.e strategies for staff within schools. We also provide reports to support their needs for further assessments around mental health and neurodiverse diagnosis, to help them access appropriate support and allowances within educational settings (schools, colleges and universities).

During the past year, we have continued our work with Barnet Collective to ensure those of our families in need are able to receive food and necessities, which there is an even greater need for with the cost of living crisis. We have been requested by schools to increase hours again, and this has included the mentoring and counselling of staff as well as an increase in student hours. Our youth club has re-established itself and now has a regular cohort of 15 - 20 young people attending. We have also had 2 regular young people attending as young leaders at our youth club.

We have now come to the end of John Lyon's Charity grant funding. The John Lyon's Charity provided us with a generous grant over the last 4 years (extended due to the pandemic) which has been pivotal in enabling us to continue the very important work that we do. Our funding through schools has increased due to the increase in hours and a need to increase our fees (with our main funding outside of schools coming to an end). Fortunately, schools have been willing to pay our increase in fees to maintain the services they receive and this has not impacted our work in schools and we have continued to receive funding from 4 schools.

### **Structure and management:**

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a properly convened board meeting. Board meetings are held quarterly throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. Following

COV-ID, we had some changes in trustees, and two needed to leave due to a change in personal circumstances, so we only had 3 for a period of time, but have had a new trustee join the board and therefore, currently have 4 trustees.

The dedicated board of trustees, which is made up of unpaid volunteers, is responsible for the overall running and management of the charity, and supports the Director in their role. The charity Director / Youth and community Coordinator, a paid employee, acts as staff representatives at the board meetings and one of our youth and family support workers also attends, and together they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director / Youth and community Coordinator report to the board of trustees and is line managed by one of our trustees. Our youth and family support workers are line-managed by the Director.

There are now 3 paid members of staff, including the Director. Staff are provided with supervision. Our staff all have access to up-to-date essential and relevant on-going training through AC Education, London Youth, and Barnet Youth Services. Our Director / Youth and Community coordinator offers 29 years experience of working within both the voluntary and statutory sectors with children and young people between the ages of 5 and 25, supporting vulnerable young people including those presenting with challenging behaviour, SEND needs, and supporting parents and families in need. Our highly experienced team offer a combination of: level 4 diploma in youth work, degrees in psychology and Education, qualifications in counselling; with the following experience: 18 years of working for the Ministry of Justice in Rehabilitation services for offenders, 4 years experience of working with Barnet Youth Services, years of experience of supporting individuals around challenging behaviour, 2 years experience working as a ABA therapist. We have a dedicated team of trustees who support the work we carry out, and a team of volunteers including our young leaders who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

### **Achievements and performance for 2022-2023:**

- We have established ourselves further as a recognised and essential service with statutory services within Barnet including schools.
- Our support hours have increased in the secondary schools that we work with.
- We have maintained the number of schools that we receive regular donations to our service, including in the borough of Enfield, even though we have had to increase our fees, and schools are under greater financial pressures. We continue to receive very positive feedback from schools, parents and students alike.
- We have formed more positive and useful networks amongst other charities and statutory services this year.
- Continued to work in close partnership with another charity to ensure the basic needs of the families we support, are being met in continued challenging times.
- Have established an active website, which has resulted in requests for referrals for Early Help and new schools.
- The Hadley Trust contacted us directly having seen our website, and having conducted an interview and visited our youth club are considering us for a funding application.

### **Public Benefit:**

Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding boroughs. By working with the youth as we do we are not only supporting them as individuals, but we are also supporting their families and schools. We enable young people to access their learning by working closely with the schools, and we promote a

positive outlook to help them find their sense of direction at a time when many of them are struggling. By working with families, we help to develop more positive relationships which also encourages young people to make more positive choices both towards peers and others within their community, as well as showing a greater respect for the environment in which they live. The extensive waiting lists that these services are facing because they are so inundated with referrals means that we are also receiving requests for referrals to our Charity by statutory services, to help meet the increasing needs of young people who may be unable to receive this kind of support elsewhere.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

Goals/Aims and Outcomes for the year ahead:

- Securing further funding to continue to provide services previously funded by John Lyon's.
- Supporting the needs of young people and their families
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills



**Receipts and payments accounts**

CC16a

For the period from 1/4/2022 To 31/3/2023

**Section A Receipts and payments** 2021/22

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
<b>A1 Receipts</b>						
Wren Academy (School)	-	13,300	-	13,300	8,790	
John Lyons	-	-	-	-	30,000	
JRS Grant	-	-	-	-	1,630	
LB Barnet Van Insurance Donation	-	-	-	-	-	
Friern Barnet PCC	-	-	-	-	-	
MLT Middlesex Learning (Compton school)	-	11,120	-	11,120	12,880	
Youth Club	-	-	-	-	-	
Donations	-	1,182	-	1,182	-	
Individual Sessions	-	-	-	-	270	
East Barnet (School)	-	3,800	-	3,800	-	
Fundraising	-	-	-	-	-	
St Peter's Bourne	-	-	-	-	-	
St Andrew Apostle (School)	-	315	-	315	360	
<b>Sub total(Gross income for AR)</b>	-	29,717	-	29,717	53,930	53930.35
<b>A2 Asset and investment sales, (see table).</b>						
	-	-	-	-	-	
	-	-	-	-	-	
<b>Sub total</b>	-	-	-	-	-	
<b>Total receipts</b>	-	29,717	-	29,717	53,930	53930.35
<b>A3 Payments</b>						
Access underwriting Insurance	350	-	-	350	-	
Admin costs	658	-	-	658	103	
Agenda Resource/DBS	-	-	-	-	840	
Banking Fees	80	-	-	80	96	
Office Costs	-	-	-	-	-	
London Youth Membership	100	-	-	100	125	
East Barnet Festival	-	-	-	-	-	
Payroll Costs	830	-	-	830	420	
Staffing Costs	21,141	14,448	-	35,589	33,314	
Football Pitch Hire	-	-	-	-	-	
Van Costs	2,369	-	-	2,369	2,346	
Staff Training/AC Education	660	-	-	660	180	
Youth Club expenses	1,015	-	-	1,015	58	
<b>Sub total</b>	27,203	14,448	-	41,651	37,482	37481.76
<b>A4 Asset and investment purchases, (see table)</b>						
	-	-	-	-	-	
	-	-	-	-	-	
<b>Sub total</b>	-	-	-	-	-	
<b>Total payments</b>	27,203	14,448	-	41,651	37,482	37481.76
<b>Net of receipts/(payments)</b>	- 27,203	15,269	-	- 11,934	16,449	16448.59
<b>A5 Transfers between funds</b>	-	-	-	-	-	
<b>A6 Cash funds last year end</b>	61,697	-	-	61,697	46,879	
<b>Cash funds this year end</b>	31,137	15,269	-	49,763	63,328	63327.59

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
<b>B1 Cash funds</b>					
	Cash at Bank	31,137	-	-	
		-	-	-	
	<b>Total cash funds</b>	31,137	-	-	
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK	
	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
<b>B2 Other monetary assets</b>					
		-	-	-	
		-	-	-	
		-	-	-	
		-	-	-	
		-	-	-	



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	Cash at Bank	25,309	2,108	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	25,309	2,108	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Endowment funds</b>
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
		-	-	-
		<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

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**Impact Barnet Accounts**

2 messages

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**Howard Sherbourne** <howard@numbersrus.co.uk>  
To: Stuart Gates <stuart.g.impactbarnet@gmail.com>  
Cc: Shelley Sander <shelley.s.impactbarnet@gmail.com>

Thu, Dec 14, 2023 at 10:14 PM

To Whom it may concern

I have audited the accounts for Impact Barnet, charity number 1161670 and there is nothing to note.

Best Regards

Howard

**Howard Sherbourne**  
**Director**

D +44(0)20 8798 2498  
M +44(0)7375 922705

howard@numbersrus.co.uk

www.numbersrus.co.uk



This e-mail may contain confidential information and is intended for the use of the addressee only. Any unauthorised use may be unlawful. If you receive this e-mail by mistake, please advise the sender immediately.

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**Stuart Gates** <stuart.g.impactbarnet@gmail.com>  
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**IMPACT BARNET**

England & Wales - Charity number 1161670

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# Accounts

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# Annual Report for IMPACT BARNET

Year ending 31<sup>st</sup> March 2022

**Charity number:** 1161670

**Registered address:** St John's Parish Centre  
Friern Barnet Road  
London  
N11 3EQ

**Trustees:** Chairperson: Lee Amoss  
Secretary: Sarah Afuwape  
Treasurer - Rob Townley  
Vicki Powell  
Stuart Gates

## **Charitable Objectives :**

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

## **Activities:**

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- We have been able to reopen our Friday night youth club, running during term time. This has been run on a rotation system by our staff and dedicated volunteers.
- family support and counselling - we have found this stem of our work has continued to grow and the concerns around well-being and the mental health needs of young people seems to be greater than ever. We continue to offer

family work when appropriate, as we do find this kind of support can contribute positively in our work with a young person. We have also continued to work in partnership with a new charity that came about as a response to the pandemic, in providing families in need, with food and necessities including the support and direction to access appropriate financial aid.

- issue-based workshops held in our mobile youth van based in secondary schools (for vulnerable students) – these workshops are held in groups of 6-8 students and cover a wide range of topics including; self esteem; anger management; bullying; peer pressure; social media; positive relationships; positive communications; substance abuse; self image etc Our youth van is equipped with a tv, dvd player, fixed bench seating, heating and lighting and the young people absolutely love the space that it offers them. We have been able to reintroduce these sessions to schools again.
- one-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Many of these issues have been accentuated by the pandemic, and many of the referrals coming through are at a higher level of need than pre-pandemic. Schools refer the students to us on a case by case basis. The pandemic has resulted in a surge of young people requiring support around mental health and well-being. Having been required to provide this support through alternative means such as virtual and telephone sessions, at times through the pandemic, has meant we have also been able to continue to offer some sessions this way, should it be required, including for young people who may need support whilst at university. However, where possible, our work has continued to be face to face.
- Multi-agency work - we often work in connection with local schools and PRUs, social services, CAMHS, Barnet youth support services (Barnet Council), the police and other charities.
- Systemic work is an important element of how we work with a young person. Our work with a young person may involve us communicating with parents, school staff, universities, community members and statutory services to enable us to meet the needs of the young person and support positive change. As well as emotional support for the young person, we provide practical support for them as well as the systems around them i.e strategies for staff within schools. We also provide reports to support their needs for further assessments, to access appropriate support and allowances within education, (schools, colleges and universities),

COV-ID has impacted the structure of our charity, as our Director moved to Torquay, and the Youth and Community Coordinator who was also involved in the evolving of the Charity in 2015, increased hours to take on the role of Director, as well as continuing their previous role responsibilities.

A few other changes in our work during 2021-22 has included reintroducing aspects of the service that were impacted by COV-ID ie. the van sessions and youth club restarting. Also the return to working face to face in schools with all students as they returned to full-time in-school learning. Continuing our work with Barnet Collective to ensure those of our families in need were able to receive food and necessities. We have been able to increase hours so staff were all working their full hours again. However, in order to respond to the increasing number of referrals being made for support around mental health in young people, staff hours have also been increased compared to pre-pandemic, and we have been able to employ another part-time member of staff.

We also received confirmation for our third tranche of John Lyon's Charity grant funding. The John Lyon's Charity have continued to provide us with a generous grant which has been pivotal in enabling us to continue the very important work that we do. As well as this funding, we have now increased from two to four secondary schools making termly contributions to our charity which enables us to offer more support to those who need it. Social Care has funded us for the continuation of our work, where we have already been working with a young person. Families are also funding us directly to continue our work with them.

### **Structure and management:**

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a properly convened board meeting. Board meetings are held quarterly throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. Following COV-ID, we had some changes in trustees, and two needed to leave due to a change in personal circumstances. We also had a new trustee join the board so that we currently have 3 trustees.

The dedicated board of trustees, which is made up of unpaid volunteers, is responsible for the overall running and management of the charity, and supports the Director in their role. The charity Director / Youth and community Coordinator, a paid employee, acts as staff representatives at the board meetings and one of our youth and family support workers also attends, and together they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director / Youth and community Coordinator report to the board of trustees and is line managed by one of our trustees. Our youth and family support workers are line-managed by the Director.

There are now 3 paid members of staff, including the Director. Staff are provided with supervision. Our staff all have access to up-to-date essential and relevant on-going training through AC Education, London Youth, and Barnet Youth Services. Members of the team have now obtained their Counselling children and adolescents diplomas. Our Director / Youth and Community coordinator holds a degree in Psychology and Education and 28 years experience of working within both the voluntary and statutory sectors with children and young people between the ages of 5 and 25, supporting vulnerable young people including those presenting with challenging behaviour, SEND needs, and supporting parents and families in need; our team of Youth and Family support workers between them offer 18 years of working for the Ministry of Justice in Rehabilitation services for offenders, 4 years experience of working with Barnet Youth Services, a level 4 diploma in youth work, a degree in psychology, skills in counselling, 7 years experience of supporting individuals around challenging behaviour, and 2 years working as an ABA therapist. We have a dedicated team of trustees who support the work we carry out, and a team of volunteers who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

### **Achievements and performance for 2021-22:**

- We have established ourselves further as a recognised and essential service with statutory services within Barnet including schools.

- Our support hours have increased in the secondary schools that we work with.
- We have increased the number of schools from two to four schools that now make regular donations to our service, including in the borough of Enfield, and families have also continued to refer and donate directly. We continue to receive very positive feedback from schools, parents and students alike.
- We have formed more positive and useful networks amongst other charities and statutory services this year.
- Continued to work in close partnership with another charity to ensure the basic needs of the families we support, are being met in continued challenging times.

### **Public Benefit:**

Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding boroughs. By working with the youth as we do we are not only supporting them as individuals, but we are also supporting their families and schools. We enable young people to access their learning by working closely with the schools, and we promote a positive outlook to help them find their sense of direction at a time when many of them are struggling. By working with families, we help to develop more positive relationships which also encourages young people to make more positive choices both towards peers and others within their community, as well as showing a greater respect for the environment in which they live.

The extensive waiting lists that these services are facing because they are so inundated with referrals means that we are also receiving requests for referrals to our Charity by statutory services, to help meet the increasing needs of young people who may be unable to receive this kind of support elsewhere.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

### Goals/Aims and Outcomes for the year ahead:

- Supporting the needs of young people and their families
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills

**IMPACT BARNET**

England & Wales - Charity number 1161670

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# Accounts

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Year ending 31<sup>st</sup> March 2021

**Charity number:** 1161670

**Registered address:** St John's Parish Centre  
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London  
N11 3EQ

**Trustees:** Chairperson: Ed Newman  
Treasurer: Robert Townley  
Secretary: Sarah Afuwape  
Vicki Powell  
Lee Amoss

## **Charitable Objectives :**

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

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- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

## **Activities:**

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- A Friday night youth club, running during term time. This has been run on a rotation system by our staff and dedicated volunteers. Unfortunately, due to the pandemic and not having access to the church premises, this has been closed.
- family support and counselling - we have found this stem of our work busier than ever this year, with much of our youth work leading to more family-based therapy. We have found this extremely helpful when the whole family is getting the support they need. We have also worked in partnership with a new charity

that came about as a response to the pandemic, in providing families in need, with food and necessities including the support and direction to access appropriate financial aid.

- issue-based workshops held in our mobile youth van based in secondary schools (for vulnerable students) – these workshops are held in groups of 8 – 10 students and cover a wide range of topics including; self esteem; anger management; bullying; peer pressure; social media; positive relationships; positive communications; substance abuse; self image etc Our youth van is equipped with a tv, games console, fixed bench seating, heating and lighting and the young people absolutely love the space that it offers them. Unfortunately, due to the pandemic, we were unable to carry out sessions in the van as it is not a space where we can ensure social distancing.
- one-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Many of these issues have been accentuated by the pandemic. Schools refer the students to us on a case by case basis. We often work in connection with local schools and PRUs, social services, CAMHS, Barnet youth support services (Barnet Council), the police and other charities. The pandemic has resulted in a surge of young people requiring support around mental health and well-being. We have also been required to provide this support through varied means, including virtual sessions, telephone sessions, outdoor sessions, as well as continuing to support the vulnerable students still attending schools during lockdowns, within the school environment.

A few changes in our work during 2020-21 has included the work with Barnet Collective to ensure those of our families in need were able to receive food and necessities, and this partnership continues. Individual families have also provided funding for our continuation of work, where we have already been working with a young person / them. We have been required to adapt in how we work with young people especially in response to the lockdowns, to ensure we continue to support them, but finding alternative ways for many to school based sessions. Virtual sessions have enabled us to continue to offer support at times when this would be very difficult, including being able to extend our support to students who have faced the challenge of attending university during the pandemic.

Due to a reduction in services IMPACT BARNET was able to offer, and staff family circumstances during lockdowns, some staff members' hours needed to be reduced / furloughed, but we were also able to take on a sessional youth and family worker to continue offering some of those hours. New permanent staff were unable to be employed as intended, due to the impact of the pandemic on some of our work. Therefore, John Lyon's Charity very kindly enabled us to defer the 3rd tranche of grant funding to the end of this year. The John Lyon's Charity provide us with a generous grant which has been pivotal in enabling us to continue the very important work that we do. As well as this funding, two secondary schools make termly/annual contributions to our charity which enables us to offer more support to those who need it. Families are also funding us directly to continue our work with them.

### **Structure and management:**

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a

properly convened board meeting. Board meetings are held quarterly throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. Currently, we have a dedicated board of 5 trustees.

The board of trustees which is made up of unpaid volunteers, is responsible for the overall running and management of the charity. The charity Director and the Youth and community Coordinator, both paid employees, act as staff representatives at the board meetings and one of our dedicated volunteers acts as a volunteer representative and together, they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director and Youth and community Coordinator report to the board of trustees and are line managed by one of our trustees. Our youth worker and our placements are line-managed by the Director.

There are now 3 paid members of staff, including the Director. Staff are also provided with external professional supervision. Our staff have received relevant training in areas including counselling and safeguarding, and all have access to up-to-date ongoing training through AC Education, London Youth, and Barnet Youth Services. Members of the team have now obtained their Counselling children and adolescents diplomas. Our Youth and Community coordinator holds a degree in Psychology and Education; our Director has completed her level 4 diploma in youth work practice and has been trained in facilitating the Circle of Security program. Our sessional Youth and Family worker has 4 years experience working with Barnet Youth Services and also holds a level 4 diploma in youth work practice. We have a dedicated team of volunteers who help to run our youth club and who have all received safeguarding and basic youth work training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. Although the youth club has been closed, all volunteers have continued to maintain contact with Impact Barnet in preparation for when we reopen. All staff and volunteers hold a valid and current DBS certificate.

### **Achievements and performance for 2020-21:**

- We have established ourselves further as a recognised and essential service with statutory services within Barnet including schools.
- Our support hours have increased in the secondary schools that we work with.
- Two schools, and families that we work with have made regular donations to our service, and we continue to receive very positive feedback from schools, parents and students alike.
- We have formed more positive and useful networks amongst other charities and statutory services this year.
- Working in close partnership with another charity to ensure basic needs of families we support, have been met during very challenging times.

Since the academic year runs from September to July, some specific aims from the previous year that were due to be completed in the final term of school could not be completed due to Cov-id 19 and lockdown. These include the parenting programme, the secondary school workshops for Yr 6, the building of our log cabin office and the residential trip for the youth club group.

### **Public Benefit:**

Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding areas. By working with the youth of

Barnet today, we are not only making a difference to their lives now, we are also supporting their families and teachers, as well as paving the way for a brighter future for Barnet as a whole.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

Goals/Aims and Outcomes for the year ahead:

- Supporting the needs of young people and their families on whom Cov-id 19 has had a detrimental impact
- Helping our young people to increase their academic attainment
- Improving the mental wellbeing of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills


**Receipts and payments accounts**

For the period from 01/04/2020 To 31/03/2021

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Wren Academy		5,040	-	5,040	5,625
Compton			-	-	8,000
John Lyons			-	-	60,000
JRS Grant		2,108	-	2,108	
LB Barnet Van Insurance Donation			-	-	
Friem Barnet PCC			-	-	
Youth Club			-	-	
Individual Donations	1,076			1,076	190
Individual Sessions	450			450	810
East Barnet Plant Stall			-	-	
Quiz Night			-	-	
St Peters Bourne	173			173	
<b>AR)</b>	<b>1,699</b>	<b>7,148</b>	<b>-</b>	<b>8,847</b>	<b>74,625</b>
<b>A2 Asset and investment sales, (see table).</b>					
<b>Sub total</b>					
<b>Total receipts</b>	<b>1,699</b>	<b>7,148</b>	<b>-</b>	<b>8,847</b>	<b>74,625</b>
<b>A3 Payments</b>					
Access underwriting	350			350	350
Agenda Resource					
Banking Fees	69			69	55
DBS and Office Costs					424
London Youth Membership					125
East Barnet Festival					40
Payroll Costs	82			82	416
Staffing Costs	22,109	5,040		27,149	26,295
Football Pitch Hire					180
Van Costs					1,965
AC Education	660			660	
Staff Training					1,398
<b>Sub total</b>	<b>23,270</b>	<b>5,040</b>	<b>-</b>	<b>28,310</b>	<b>31,248</b>
<b>A4 Asset and investment purchases (see table)</b>					
<b>Sub total</b>					
<b>Total payments</b>	<b>23,270</b>	<b>5,040</b>	<b>-</b>	<b>28,310</b>	<b>31,248</b>
<b>Net of receipts/(payments)</b>	<b>- 21,571</b>	<b>2,108</b>	<b>-</b>	<b>19,463</b>	<b>43,377</b>
<b>A5 Transfers between funds</b>					
<b>A6 Cash funds last year end</b>	<b>46,879</b>			<b>46,879</b>	<b>3,502</b>
<b>Cash funds this year end</b>	<b>25,308</b>	<b>2,108</b>	<b>-</b>	<b>27,416</b>	<b>46,879</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at Bank	25,308	2,108	-
	<b>Total cash funds</b>	<b>25,308</b>	<b>2,108</b>	<b>-</b>
	<small>(agree balances with receipts and payments account(s))</small>			
<b>B2 Other monetary assets</b>	Details			
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Signed by one or two trustees on behalf of all the trustees	Signature 	Print Name Stuart M Gates	Date of approval 24/01/2022	