

InteraKt Annual Report **2022-2023**



InteraKt is a local charity based in Newbury, West Berkshire. We support young people and adults with learning, physical and sensory challenges by providing a whole host of creative opportunities in dance, drama, arts & crafts, and life skills.

Our participants thrive in the safe, friendly and professional environment we provide, with regular access to creative classes enabling them to develop skills and maintain a strong sense of identity and purpose. As well as running daily classes and clubs and where ever possible we work alongside professional actors and filmmakers to produce spectacular shows with our participants at the heart of every performance thus enriching the lives of everyone involved.

We LOVE BEING CREATIVE and shout about the power of creativity from the rooftops (loudly) whenever we can. Creativity isn't just a performance or a piece of music, it's a way of life and at InteraKt we create new possibilities every day. This approach enables us to deliver a bespoke service so that everyone engages fully on their level of ability.

ACHIEVEMENTS

Our new in house accountant is ticking all the boxes, not only are our accounts looked after so perfectly but, we realised that we needed someone who was

prepared to come into the office, familiarise themselves with our participants,

their homes and our team. This process not only helps our accountant understand the day to day routines but it is also helpful with the invoicing process and monitoring the complexities of the disability community. Our new website has achieved the desired outcome with more interest resulting in raising our profile in our local community, and there have been more enquiries which furthered our growth while promoting a more supportive and positive atmosphere amongst our stakeholders. The most imminent of strategic development is the establishing a Theatre Group called ReaKt. This group has grown from our evening drama club and we are now at the point of branding and collaborating with a few local theatres in order to raise awareness of performing arts within the disability community and establishing those partnerships with the disability community at the heart of what we do.

The second most recent objective is to recruit more volunteers, this is an area which most charities find challenging. We have researched extensively best practice and understanding the various approaches as well as consulting our existing volunteers for their input and guidance in making certain our approach and documentation was in line from those valued volunteers and from the research undertaken. Our aim is to have our updated marketing in ready for West Berkshire Volunteer Bureau's annual volunteer fair in January 2024 and to reach out through a variety of social media platforms not excluding face to face events for meeting potential volunteers and for increasing our volunteer data base.

There are numerous projects & opportunities for InteraKt to consider and to carefully and sensitively implement with the support of the whole team and stake holders. Watch this space for further updates as we continue to focus building up a centre of excellence in the performing and the creative, visual and performing arts for our community of individuals with learning, sensory and physical challenges and disabilities.

PERFORMANCES

This year has been full on with wonderful projects culminating in performances and film making!

The Friday Dramatised Story Telling Group love finding traditional stories which have and are expressed with humour and uniqueness.

These projects are utilised for supporting our participants develop their imagination, self-expression and editing skills.

- Slurping Beauty
- 2 versions of Three Little Pigs
- How The Birds Got Their Colour (An Aboriginal story which the art group researched and produced the scenery and props, the Dramatised Story Telling performed the story and The Wednesday Film Making Group created the Video.
- St. Patricks Day
- An Egg Rolling Tale
- Halloween

We have been part of the Watermill Theatre's 4th Wall Project for the last 5 years and in the last two years Interakt has supported by hosting and playing a big part in their performance based on the play at the time called Othello.

The 4th Wall is all about introducing live theatre to the disability community by taking part in a series of workshops run by the Watermill based on the play being performed at that time.

The project not only enables us to work with a Watermill professional but also allows us to meet the actors,





perform at the Watermill to family, friends and often times the professional cast join the audience and take part in the talk back at the end of the show.

This year we performed "Othello", we learned such a lot about the character and the challenges the actors had to overcome in order to perform this powerful play.

We absolutely loved playing Othello and being part of the 4th Wall Project at the Watermill Theatre.

Following a series of workshops delivered by a wonderful Director Rachel Taylor, the Dramatised Story Telling Actors performed on September 2023 a piece at Arlington Arts Theatre near Mary Hare School called "Mambo No. 5".

They told a very entertaining story about a group of adults with learning disabilities who had a dream of winning a singing competition which took place overseas. This performance incorporated physical theatre, scripted, dance and of course singing and... yes they won the competition!!!

Mambo No. 5 is the very first collaborative partnership project with Arlington Arts and one of many more to come. These inclusive projects are varied and have the potential of involving students



at Mary Hare School, the wider learning disability community and the professional and mainstream community who have aspirations for multi inclusive performances.

Monday eve ReaKt Theatre worked with a local script writer, professional actors and musician to perform an adaptation of Twelfth Night called Twelfth Night (Not Quite) at Arlington Arts near Newbury as part of our focus for creating partnership projects with local theatres.

The play incorporated traditional Shakespearean characters as well as developed characters for the purpose of creating an all-inclusive performance.

The feedback for this play from the audience and Arlington Arts staff have been wonderful, all the performers expressed their appreciation for the opportunity of working within such a varied mixed ability group of actors.

Everyone involved is looking forward to another project of working together. The project in its entirety has turned out to be one of the most enriching and successful piece of work which we will treasure for a very long time.



EVENTS

- Newbury Post 16 School for young adults with learning disabilities joined Interakt's sessions as part of Post 16 outreach for their students to access communities that are outside their educational sphere
Nov.2022- 4, 11, 18, 25
Dec.2022- 1, 18, 15, 22
Jan.2023-5,12,19,26
Feb. 2023- 2, 9, 16, 23
March 2023 2,9,16,30
- Disco 12th November 2022 5.30-10pm
- Christmas Disco 17th December 2022 5.30-10.00pm
- Volunteer Day supporting our potential volunteers Saturday 14th January 2023, 8.30-3.30
- Valentine's Disco Saturday 11th February 2023 5.30pm-10.00pm
- Mascots for Home Game at Newbury Rugby Club Saturday 18th February 2023 1pm-5pm
- Movie Night Saturday 11th March 2023 5.30pm-9.30pm
- Family Bingo Saturday 15th April 2023 5.30pm-10.00pm
- Family Quiz Saturday 20th May 2023 5.30pm-10.00pm
- All Day Drama workshop and showcase Saturday 3rd June 2023 9am-5pm
- Summer Disco Saturday 29th July 2023 5.30pm-10.00pm

NEW OPPORTUNITIES

New dance classes, evening social group activities are now planned and being delivered.

Mini Disco Club including Laban Dance utilising symbols for transitioning students from Post 16 with complex learning and physical needs.



Happy Halloween



TESTIMONIALS

13/09/2022

To Whom it may concern,

My daughter who is now aged 29 has attended the day service Interakt provide for over 5 years. She really enjoys going each day and takes part in nearly all the activities Interakt offer.

I asked her what she enjoyed most about it and she told me it 'got her out of the house' and 'to meet my friends' I truly feel if Interakt wasn't there she would stagnate at her house, her mental health would deteriorate and she would end up doing nothing.

She interacts with everyone at Interakt and is always telling us what happens every day and is excited for the following day.

The Interakt staff are a very caring, imaginative team and definitely improve my daughter's lifestyle.

Interakt offer such a varied programme, at no point does my daughter get bored of anything. As parents when we see the various plays, fashion shows and art projects that Interakt put on we are truly amazed at the scope, imagination and care of all the staff. All the staff members go 'above and beyond' in their support for the participants.

The sessions enable my daughter to lead a fuller life and encourage her to be more independent learning life skills at each session.

Anna Gent

Hi Tsippy, On behalf of the service users I have worked with as a social worker in West Berkshire, I would like to commend the unique work provide by Interakt.

The use of the performing arts has a transforming effect on the lives of those who access the services in terms of promoting creativity, confidence building, problem solving, relationship building and giving individuals an invaluable sense of pride, satisfaction and success.

Many of the service users are undervalued and overlooked in today's society but their lives and the lives of their friends and family are enriched by the opportunities provided by Interakt.

The public performances to date are well attended and of a high standard and a credit to all involved and a great way of enabling the wider community see what can be achieved with the right support and encouragement.

Very best wishes

Ruth

Ruth Hampton
Social Worker
East Locality, Adult Social Care,
West Berkshire Council,
Turnhams Green, Pincents Lane, Tilehurst,
RG31 4UH
01635 503305
Mondays, Thursdays and Fridays

Dear Tsippy,

'We are a small independent care home and as such, we have to battle for funding to enable our residents to experience a life that is full of all of the opportunities and aspirations that they tell us they want to achieve.

Like with any provision, this comes at a cost but it is what makes us get up every morning and carry on striving to be better and different than all the other care homes in the region.

We mention this because this is exactly what Interakt have aspired and - most importantly - have achieved. Their community projects have provided meaningful activities and engagements for people with learning disabilities.

When the world shut down to Covid, Interakt were one of the first to start back up again - testament to the hard work and passion that all of the team at Newbury have. We have one individual who will regularly refuse to engage and refuse her medication, the only way to ever encourage her to re-engage is to remind her that she has Interakt on Fridays.

This shows that Tsippy and her team have such a high and valuable understanding of individual's needs and as such Interakt is so well received by our individuals. There has never been one occasion where Tsippy and her team have been unable to deal with any of the challenges that our resident presents at times. We regard Interakt as one of the only clubs that empowers our individuals and whom encourage individuality.

Without the endorsements of the Good Exchange and other similar stakeholders, Interakt would be unable to continue as they do today - that is a continuation of forward thinking and person centred sessions for people with learning disabilities who truly make a difference to the lives of the people who attend their workshops and sessions and whom provide individuals with a voice and upskilling in theatre and dramatics'.

Hope that helps,

Kind regards,

Theo

Theo Lock, Registered Manager – Down View
Telephone: (01488) 683087 Mobile: 07742458755

Interakt Community Limited

Company No. 07848672

**Trustees' Report and
Unaudited Accounts
28 February 2023**

Interakt Community Limited

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Interakt Community Limited

COMPANY INFORMATION

Directors (Trustees)

H.L. Green (appointed 6th November 2016)

J.S. Hunter (appointed 5th March 2019)

A. Higgins (appointed 1st June 2018)

D. Bradshaw (appointed 1st March 2020)

Registered Office

Newbury Rugby Club

Monks Lane

Newbury

RG14 7RW

Registered in England and Wales, Company No. 07848672

Interakt Community Limited is a Registered Charity – Number 1161572

Interakt Community Limited

DIRECTORS' REPORT

The Directors (Trustees) present their report and accounts for the year ended 28 February 2023.

Principal activities

The principal activity of the company during the year under review was provision of Services for people with disabilities.

Directors

The Directors (Trustees) who served during the year were as follows:

H.L. Green
A. Higgins
J.S Hunter
D. Bradshaw

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime as set out in Part 15 of the Companies Act 2006.
Signed on behalf of the board

Director/Trustee

October 2023

Interakt Community Limited

Profit and Loss Account for the year ended 28 February 2023

	Notes	2023 £	2022 £
Turnover			
Invoiced sales		182,784	158,769
Donations		923	25
Grants		13,779	14,684
Miscellaneous		1,021	2,040
Interest Income		0	12
Bank Loyalty rewards		0	0
Cost of sales		(8,630)	(481)
Gross profit		189,877	175,049
Administrative expenses	2	(172,633)	(159,512)
Profit on ordinary activities before depreciation and taxation		17,244	15,537
Taxation	3	Nil	Nil
Depreciation	4	526	872
Profit for the financial year		16,718	14,665

Interakt Community Limited

RECOGNISED GAINS AND LOSSES the year ended 28 February 2023

	Notes	2023	2022
		£	£
Profit for the financial year		16,718	14,665
Total recognised gains and losses related to the year		16,718	14,665
Total recognised gains and losses since last accounts		16,718	14,665

Interakt Community Limited

BALANCE SHEET at 28 February 2023

Company No.07848672

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	4	1,579	2,105
		1,579	2,105
Current assets			
Debtors	5	20,835	14,273
Cash at bank		174,372	155,095
Total Current Assets		195,207	169,368
Creditors:			
Amount falling due within one year	6	(30,189)	(21,594)
Net current assets		165,018	147,774
Total assets less current liabilities		166,597	149,879
Capital and reserves			
Profit and loss account		£166,597	£149,879

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime of the Companies Act 2006 and the Financial Reporting Standard for Smaller Entities (effective January 2015).

For the year ended 28 February 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The members acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on *F. M. A. J. K.* 2023
And signed on its behalf by:

Director/Trustee

Interakt Community Limited

NOTES TO THE ACCOUNTS

For the year ended 28 February 2023

1. Accounting Policies:

Basis of Preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the amounts (excluding value added tax) derived from the provision of goods and services to customers and fundraising.

Tangible Fixed Assets and Depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Furniture, fittings and equipment	25% reducing balance.
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2. Operating Profit

	2023	2022
This is stated after charging		
Depreciation of owned assets	£526	£872

3. UK Corporation Tax

Charge for the period	Nil	Nil
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4. Tangible Fixed Assets:

Cost or revaluation

As at 28 th February 2022	£6,466
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Additions:	£0
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As at 28 th February 2023	£6,466
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Depreciation

At 28 th February 2022	£4,361
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Charge for the 2023	£ 526
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As at 28 th February 2023	£4,887
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Net Book Value as at 28 th February 2023	£1,579
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Interakt Community Limited
NOTES TO THE ACCOUNTS

5. Debtors	2023	2022
Trade debtors	20,835	14,273
Other	0	0
Total	20,835	14,273
6. Creditors		
Trade Creditors	1,170	0
Corporation Tax	Nil	Nil
Payroll liabilities	3,838	(3,587)
Other Creditors	25,181	25,181
	30,189	21,594

7. Related party disclosures

Controlling party – no single party controls the company.

Independent Examiner's Report to the Trustees of

Interakt Community Limited

I report on the accounts of the company for the year ended 28 February 2023, which are set out on pages 4 to 8.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- Follow the procedures laid down under the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present 'a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



E J Business Consultants Limited

Date: 22/11/23

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Canal Walk
Newbury
RG14 1DY