

MOTION CONTROL DANCE

England & Wales - Charity number 1161551

Details

Other names MCD

Status Registered

Legal form CIO

Registered 2015-05-06

Register [View on the Charity Commission register](#)

Contact

Address Ymca
Court Road
Barry
South Glamorgan
CF63 4EE

Phone 07725038778

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Website www.motioncontroldance.com

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO ADVANCE THE EDUCATION OF PEOPLE OF ALL AGES, LIVING IN THE VALE OF GLAMORGAN AND THE SURROUNDING AREAS, IN THE PERFORMING ARTS, PARTICULARLY THE ART OF DANCE, FOR THE BENEFIT OF THE PUBLIC, IN PARTICULAR THROUGH THE PROVISION OF CLASSES, TRAINING, WORKSHOPS AND PERFORMANCE OPPORTUNITIES.

Activities: Motion Control Dance enriches lives through movement whilst breaking down barriers and create positive attributes for life. Our vision is to 'advance the education of people all ages, living in the Vale of Glamorgan through provision of dance classes, workshops, and performance opportunities.'

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Vale Of Glamorgan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£149,264	£135,928	-	-
2024-08-31	£151,326	£121,813	-	-
2023-08-31	£103,722	£117,903	-	-
2022-08-31	£107,752	£126,573	-	-
2021-08-31	£93,168	£95,776	-	-
2020-08-31	£117,903	£90,484	-	-

Trustees

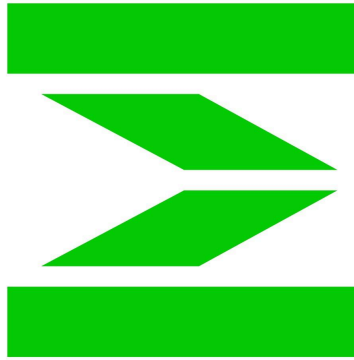
Name	Role	Appointed
Catherine Earon Ashford	Chair	2025-08-13
Helen Passey		2025-05-12
Lewis Hodder		2026-04-27
Robert Oros		2025-05-12
Rodica Nita		2025-05-12

MOTION CONTROL DANCE

England & Wales - Charity number 1161551

Accounts

Registered Charity No: 1161551



MOTION CONTROL DANCE

Trustees' Annual Report

12 Months ended 31 August 2025

Registered Charity No: 1161551

Motion Control Dance

TRUSTEES' ANNUAL REPORT
SEPTEMBER 1ST 2024 - AUGUST 31ST 2025

The trustees present their report with the financial statements for the year ended 31 August 2025. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting of Charities' issued 2005, (as amended 2008).

Reference and Administrative Details

Charity Name: Motion Control Dance

Registered Charity Number: 1161551

Registered Office: 147 Fontygary Road, Rhoose, Vale of Glamorgan, Wales, CF62 3DU

Operational Address: MCD Studio, Barry YMCA, Court Road, Barry Vale of Glamorgan, CF63 4EE

Trustees:

Mr Rhys Lawrence Chairperson resigned due to ill health on 13th August 2025

Miss Rachal Minchinton resigned on 10th March 2025

Miss Catherine Ashford Secretary

Miss Kate Ashman resigned on 12th May 2025

Mrs Helen Passey joined on 12th May 2025

Mr Leon Patnett joined on 12th May 2025

Mr Robert Oras joined on 12th May 2025

Miss Rodica Nita joined on 12th May 2025

Chief Executive/Founding Director: Emma Mallam

Bankers: The Co-operative Bank, Delf House, Southway, Skelmersdale WN8 6NY

Independent Examiner: Seamount Business Services Limited, Association of Accounting Technicians, Gryson House The Grove Pontllanfraith NP12 2EQ

Structure, Governance and Management

Governing Document: Motion Control Dance is a Charitable Incorporated Organisation governed by a constitution whose voting members are its charity trustees.

Appointment of Trustees: The members of the trustees board are elected to serve three years, after which they must be re-elected at the next Annual General Meeting. This year our trustee Kate Ashman stepped down from the board after completing the full term of 8 years with MCD. Rachal Minchinton had to step down due to personal reasons. At the end of the year, our Chair, Rhys Lawrence had to step down from his position on the board due to ill health. We recruited 4 new members at our AGM who joined our board from seeing our adverts on social media. Recruitment for new trustees with HR skills and finance skills have been promoted through various platforms and primary introductions to potential volunteers have been made with the hope of them joining the board in the upcoming year.

Trustee Induction and Training: Induction for new trustees are sent an induction pack that contains our constitution, recent accounts and trustee report, the Essential Trustee guidelines (CC3 form) and the trustee handbook from the Charity Commission. They are introduced to the board and staff prior to joining to see how the charity operates and whether we are a fit to what they want to gain from becoming a trustee. All new trustees attend governance training with Arts Business Wales.

Organisational Structure: The Charity operates under a governing Board of the Trustees. The Chief Executive also attends board meetings, which are held at least four times a year. The day to day management of the charity is delegated to the Chief Executive and the part time workers undertake the coordination of the different dance projects. Our Local Motion and Step classes are supported by our young dance leader volunteers.

Related Parties: Motion Control Dance works in partnership with the Barry YMCA, Vale Sports & Play Development Team, Vale Disability Officer and Vale Youth Service along with older people networks, many local organisations and schools across the Vale of Glamorgan. This year, Motion Control Dance developed its relationship with the BBC Children in Need as well as local care homes across the Vale.

It is a member of the Foundation of Community Dance where it follows the Code of Conduct for professional practice and translates the core values of community dance into standards of ethical and responsible practice to which community dance professionals adhere. The People Dancing Code of Conduct is aligned to the ArtsWork Code of Practice, which explains how people working across the participatory arts sector should behave.

Risk Management: Monthly meetings with the Chair and CEO, quarterly meetings with the board of trustees have taken place, where we have reviewed any risks or factors that could cause risk. Policies are updated annually by the trustee board members.

Objectives and Activities

The object of the charity and principal activities are:

To advance the education of people of all ages, living in the Vale of Glamorgan and the surrounding areas, in the performing arts, particularly the art of dance, for the benefit of the public, in particular through the provision of classes, training, workshops and performance opportunities.

Public Benefit: In planning Motion Control Dance activities for the year the trustees kept in mind the Charity Commission's guidance on public benefit.

The main objectives and activities for the year were to grow the charity to sustain its future. This was achieved by providing opportunities, in education and the community, for people of all ages and abilities to experience and participate in dance activities. The strategies employed to assist the charity in meeting these objectives included the following:

- Increase our work force with funded part time posts to enhance our disability and older persons movement programmes.
- Large-scale community dance showcase “Lose Yourself to Dance” in the Vale of Glamorgan.
- Maintained numbers of children, young people, women and vulnerable adults into weekly dance programme to 250 members, focusing upon physical and mental health and wellbeing
- To get recognition for the great work we deliver in the Vale through nominations of local awards, especially in being the winner of the Best Inclusive Services Award by ThinkEdi and having the Strictly Come Dancing Stars come to our studio to dance with us!
- To maintain the financial viability of the charity during the preceding times to ensure the stability of its future

Achievements and Performance

The main areas of charitable activity are the provision of classes/workshops/training and performance opportunities for people living in the Vale of Glamorgan and surrounding areas.

In 2024/25 Motion Control Dance:

Registered Charity No: 1161551

- worked with 1777 individuals on a variety of projects of a range of ages - a decrease of 2.7% from last year's figures. This is due to our school workshops not reaching the target we had anticipated.
- delivered 23 weekly dance sessions for children, young people, women and vulnerable adults at the YMCA, Barry and satellite centres across the Vale - an decrease of 18% from our previous year
- took participants to perform at 9 community events, the same amount as last year
- delivered 28 additional community dance projects - a decrease of 20% from previous year due to lack of project funding
- We moved towards a more professional and sustainable operational model by expanding our team by employing an administrator for the charity and maintaining the 2 part-time funded workers alongside 5 freelance professional dance tutors on a weekly basis with the help of 2 student training dance leaders and 8 young volunteer dance leaders.
- Trained up 6 level 2 dance leaders with Leadership Skills Foundation UK
- Motion Control Dance won Best Inclusive Services from ThinkEdi and our Director won the Triumph Over Adversity Award at the Bro Radio Community Awards.
- Motion Control Dance celebrated its 10 year anniversary alongside our Director' 25 years service in community dance in the Vale.

Highlights of this programme were:

- We had 96% retention of our members this year based on attrition
- In December we created a digital community showcase with over 100 performers that explored the seasons and celebrated another successful year.
- Our Leap dancers competed at various streetdance competitions and qualified to compete at 101 National Championships in November in team, solos and duets categories
- Our BGirls and Bboys represented Wales as they competed at Break Mission in Birmingham to gain confidence in their battle techniques and be inspired by professional breakers from across the world.
- Our Local Motion Dance Company was invited to perform at the Welsh National Folk Festival held at Tredegar House, Newport once again

- Thanks to funding from the Shared Prosperity Fund we were able to employ a part time coordinator to coordinate our older peoples programme for 18 months. During this term our tutors managed to engage 532 members in 22 different physical activities who are over the age of 50 in a variety of sessions including those with Parkinsons.
- 33 young dancers worked hard with Pro Excel to be part of a large performance for the World Record Attempt of backing dancers with a named pop artist in Bradford in May. Oldham Stadium cancelled this event without warning and dancers have lost out on an experience of a lifetime. This matter is under investigation by board members, who are seeking legal advice.
- Our Local Motion Dancers were filmed with the Strictly Come Dancing Stars and aired on the programme to promote Children in Need - meeting Anton and the professional dancers was so inspiring for the children and young people.
- Organised a free Family Dance Festival to end the season and thank the community for supporting our work for many years. Over 650 people attended the event and had a chance to dance in the park.

Financial Review

Motion Control Dance has managed to provide a broad programme of work to children, young people and vulnerable adults in a variety of settings this year all of which focused upon increasing the health and wellbeing of our members.

The Charity, with the aid of sound financial management and the continued efforts of staff and support generated a total turnover for the charity's financial year ending 31 August 2025 was £151,326 with expenditure costs at £155000 There are accruals of £22000 leaving the charity carrying forward into the next financial period, as we were awarded core costs from Children in Need, Simon Gibson Charitable Trust and Home Instead, for the upcoming 2025/26 season.

The financial performance of the charity is disclosed in the financial statements.

Principal Funding Sources: Our principal source of funds has been generated through our studio dance programme for this financial period as well as services being booked by our charity within organisations in the Vale of Glamorgan. Motion Control Dance gratefully acknowledges all those who provided funding support in particular:

- Children in Need,
- Shared Prosperity Levelling Up Fund,
- Strong Communities Fund
- Garfield Weston Charity
- The Baily Thomas Fund
- Percy Bilton Fund

Registered Charity No: 1161551

- The Postcode People's Lottery.
- Glamorgan Voluntary Services Youth Led and Small Grants
- Barry Town Council
- Pobl
- Vale of Glamorgan Youth Service and Healthy Living Team.

As a result of an increasingly competitive funding environment, the trustees continue to seek additional sources of funding from an increasingly broader range of agencies within both the public and private sectors. During 2024/25 good progress has been made in creating new links and partnerships with the following organisations supporting Motion Control Dance financially and in kind: ACT, Legal and General, Mr Tees Embroidery, Tyre Boss Ltd and Snap Fitness Barry.

Policy on Reserves

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency repairs and other expenditure and future plans.

The charity aims to maintain sufficient unrestricted reserves of a total approximately £20K to cover:

- Any Grant funds repaid,
- pension payments,
- Final set of accounts prepared,
- insurance - pay balance,
- Studio lease x 12 weeks,
- One month salaries and payroll.

We have had to use our reserves to cover our core costs, we are in the process of building our reserves pot backup as it is on £15000 at present. We intend to maintain our reserves at a level which can cover all eventualities if we had to close immediately (looking to increase/decrease dependent on annual unrestricted funds). The reserves that we are aiming to set aside to provide financial stability and the means for the development of our principal activity and are one of the main focus for the next few years to sustain our community dance charity future.

The board of trustees are aware the reserves policy is essentially held in case of emergency and the project is unable to continue at its capacity or continue delivery. In the case of external grants and projects this money can be on hold and returned whilst existing monthly outgoings and annual costs will need to be reserved and covered.

We will review the policy in regards to trends, best practice guidance from the Charity Commission and our own financial performance. This will provide us with an approach to reserves that will enable us to provide for future risks to the organisation, including the worst case scenario of closure.

The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. This is done on a quarterly basis. The % will change dependent on finance/total unrestricted funds for the year.

Investment Policy: This charity does not have an investment policy or committee or manager due to the size of the charity. In the future, we would look to create an investment portfolio and policy if our reserves warranted investment.

Plans for Future Periods

Motion Control Dance's plans for 2025/26 are:

Organisational Development (The Legacy)

- Increase the financial security of the charity by building the financial reserves to cover one month of operational costs by August 2026 through securing at least two major strategic grants
- Update and implement all policies and procedures by August 2026, with quarterly board reviews ensuring 100% compliance with Charity Commission standards and the creation of a comprehensive risk register.
- Recruit 2 new trustees with specified skills in finance, marketing, healthcare partnerships and fundraising by December 2025, with all members actively contributing to the charity's strategic direction. The active search for a new treasurer with finance skills is a key development that will directly impact the charity's financial management capabilities.
- To increase core funding by expanding participation in weekly classes by 5%, actively seeking unrestricted grants or project funding. The goal is to achieve a break-even financial position by the end of the 2025-2026 season.
- The charity will actively pursue corporate donations and sponsorships, building on its strong local reputation. The strategy will involve creating sponsorship packages that offer benefits to corporate partners, such as brand visibility at events and in marketing materials.

Sector Development (Let's Dance)

- Develop new partnerships with local schools in the region to expand on joint projects and deliver staff training programmes based on the new Welsh Creative Curriculum
- Continue to develop our dance programme working with over 50s and those with dementia, those residing in care homes & in hospital and those with Parkinson's
- Work in partnership with other dance organisations to promote our services in hip hop and breakin in Wales
- Implement standardised wellbeing measurement tools by July 2026 to demonstrate that 75% of regular participants experience measurable improvements in physical fitness, mental wellbeing, and social connection

Training & Development (Future Leaders)

- Network with local organisations in the Vale for future partnership possibilities
- Tutors to attend refresher Safeguarding and First Aid Courses with Vale of Glamorgan Council
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- Train up 10 dance leaders to be assistant student dance leaders to support our younger classes and Local Motion Dance programme

Community Programme (Showcase)

- Sustain our current dance programme of weekly sessions and to increase the number of members by 5% over the season - aim is 260
- Deliver at least 4 projects to schools, colleges, health partners & community groups
- Perform at least 5 community events in the UK
- Establish a new formal partnership with healthcare providers and community organisations by July 2026 to develop a specialised programme for neurodegenerative health sessions in care homes and at the studio.
- Increase community performance opportunities by 5% in 2026, ensuring participation from all four programme streams and reaching a combined audience of at least 1,000 people across the Vale of Glamorgan.
- Donor support will be developed by actively engaging with participants and their families, showcasing the charity's impact through performances and reports, and creating opportunities for direct donations, such as at events or through a clear donation portal on the website.

Statement of Trustees' Responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. In preparing those financial statements the Trustees are required to follow best practice and to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charity SORP;

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Signature and Declaration

Declaration: I declare, in my capacity of charity trustee, that: the trustees have approved the report above and have authorised me to sign it on their behalf.

Signature: *Catzen Ashford*

Full Name: *CATHERINE ASHFORD*

Position: Chair of Board

Date: *30/03/2026*

Motion Control Dance

Charity No. 1161551

Company No. CE004062

Trustees' Report and Unaudited Accounts

31 August 2025

Motion Control Dance
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Motion Control Dance

Independent Examiners Report

Independent Examiner's Report to the trustees of Motion Control Dance

I report to the charity trustees on my examination of the financial statements of Motion Control Dance for the year ended 31 August 2025.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Seamount Business Services Limited
Gryson House
The Grove
Pontllanfraith

NP12 2EQ
23 March 2026

Motion Control Dance
Statement of Financial Activities
for the year ended 31 August 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
	Notes				
Income and endowments from:					
Charitable activities	3	75,175	-	75,175	72,082
Other	4	14,506	59,583	74,089	79,244
Total		89,681	59,583	149,264	151,326
Expenditure on:					
Charitable activities	5	15,826	7,188	23,014	13,322
Other	6	64,580	48,334	112,914	108,491
Total		80,406	55,522	135,928	121,813
Net gains on investments		-	-	-	-
Net income		9,275	4,061	13,336	29,513
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		9,275	4,061	13,336	29,513
Other gains and losses					
Net movement in funds		9,275	4,061	13,336	29,513
Reconciliation of funds:					
Total funds brought forward		12,164	26,121	38,285	9,644
Total funds carried forward		21,439	30,182	51,621	39,157

at 31 August 2025

Company No. CE004062	Notes	2025 £	2024 £
Current assets			
Debtors	9	1,575	550
Cash at bank and in hand		57,512	37,727
		<u>59,087</u>	<u>38,277</u>
Creditors: Amount falling due within one year	10	(7,466)	880
Net current assets		51,621	39,157
Total assets less current liabilities		51,621	39,157
Net assets excluding pension asset or liability		51,621	39,157
Total net assets		<u>51,621</u>	<u>39,157</u>
The funds of the charity			
Restricted funds	11		
Unrestricted funds	11		
General funds		51,621	38,285
		<u>51,621</u>	<u>38,285</u>
Reserves	11		
Total funds		<u>51,621</u>	<u>38,285</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

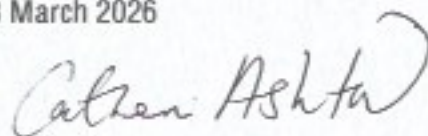
For the year ended 31 August 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 23 March 2026

And signed on its behalf by:



C. Ashford
Trustee
23 March 2026

for the year ended 31 August 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Classes	70,075	70,075	58,044
Events	660	660	7,483
Workshops	4,440	4,440	6,555
	<u>75,175</u>	<u>75,175</u>	<u>72,082</u>

4 Other income

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Grants	10,770	59,583	70,353	71,420
Donations	3,400	-	3,400	7,751
Bank interest	336	-	336	73
	<u>14,506</u>	<u>59,583</u>	<u>74,089</u>	<u>79,244</u>

5 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Classes	3,242	6,017	9,259	3,719
Projects	11,751	90	11,841	7,464
Workshops	833	1,081	1,914	2,139
<i>Governance costs</i>				
	<u>15,826</u>	<u>7,188</u>	<u>23,014</u>	<u>13,322</u>

6 Other expenditure

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Hall Hire	3,038	10,385	13,423	12,124
Freelance Tutors	11,909	7,030	18,939	16,645
Employee costs	41,995	30,919	72,914	73,033
Motor and travel costs	844	-	844	775
General administrative costs	5,330	-	5,330	4,437
Legal and professional costs	1,464	-	1,464	1,477
	<u>64,580</u>	<u>48,334</u>	<u>112,914</u>	<u>108,491</u>

Motion Control Dance
Notes to the Accounts

7 Staff costs

	2025	2024
Salaries and wages	67,343	67,427
Pension costs	3,166	1,557
	<u>70,509</u>	<u>68,984</u>

No employee received emoluments in excess of £60,000.

8 Debtors

	2025	2024
	£	£
Trade debtors	1,575	550
	<u>1,575</u>	<u>550</u>

9 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Trade creditors	828	118
Other taxes and social security	874	(924)
Other creditors	5,764	(74)
	<u>7,466</u>	<u>(880)</u>

10 Restricted Funds Received

	At 1 September 2024	Incoming resources (including other gains/losses) £	Resources expended £	At 31 August 2025 £
Restricted funds:				
Restricted income funds:				
Bailey Thomas	-	2,250	(2,159)	91
Pobl	-	990	(990)	-
Strong Communities	-	5,687	(5,265)	422
Restricted income funds:				
Glamorgan Voluntary Services	1,485	-	(1,485)	-
Shared Prosperity	(5,906)	5,906	-	-
Garfield Weston	10,000	-	(10,000)	-
Postcode Community	20,000	-	(20,000)	-
Percy Bilton	542	-	(542)	-
Children In Need	-	30,000	(15,000)	15,000
Simon Gibson Charitable Trust	-	14,000	-	14,000
Home Instead	-	750	(80)	670
<i>Total</i>	<u>26,121</u>	<u>59,583</u>	<u>(55,522)</u>	<u>30,182</u>
Unrestricted funds:				
General funds	12,164	89,681	(80,406)	21,439
Total funds	<u><u>38,285</u></u>	<u><u>149,264</u></u>	<u><u>(135,928)</u></u>	<u><u>51,621</u></u>

11 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Motion Control Dance
Detailed Statement of Financial Activities
for the year ended 31 August 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:				
Charitable activities				
Classes	70,075	-	70,075	58,044
Events	660	-	660	7,483
Workshops	4,440	-	4,440	6,555
	<u>75,175</u>	<u>-</u>	<u>75,175</u>	<u>72,082</u>
Other				
Grants	10,770	59,583	70,353	71,420
Donations	3,400	-	3,400	7,751
Bank interest	336	-	336	73
	<u>14,506</u>	<u>59,583</u>	<u>74,089</u>	<u>79,244</u>
Total income and endowments	89,681	59,583	149,264	151,326
Expenditure on:				
Charitable activities				
Classes	3,242	6,017	9,259	3,719
Projects	11,751	90	11,841	7,464
Workshops	833	1,081	1,914	2,139
	<u>15,826</u>	<u>7,188</u>	<u>23,014</u>	<u>13,322</u>
Total of expenditure on charitable activities	15,826	7,188	23,014	13,322
Other expenditure				
Hall Hire	3,038	10,385	13,423	12,124
Freelance Tutors	11,909	7,030	18,939	16,645
	<u>14,947</u>	<u>17,415</u>	<u>32,362</u>	<u>28,769</u>
Employee costs				
Salaries/wages	37,032	30,311	67,343	67,427
Pension costs	3,166	-	3,166	1,557
Staff entertainment	-	-	-	491
Staff training	1,797	608	2,405	3,558
	<u>41,995</u>	<u>30,919</u>	<u>72,914</u>	<u>73,033</u>
Motor and travel costs				
Travel and subsistence	594	-	594	580
Business mileage costs reimbursed	250	-	250	195
	<u>844</u>	<u>-</u>	<u>844</u>	<u>775</u>
General administrative costs, including depreciation and amortisation				
Bank charges	76	-	76	529
General insurances	601	-	601	600

Motion Control Dance

Detailed Statement of Financial Activities

Postage and couriers	236	-	236	157
Software, IT support and related costs	1,236	-	1,236	841
Stationery and printing	381	-	381	455
Subscriptions	1,852	-	1,852	1,248
Sundry expenses	301	-	301	-
Telephone, fax and broadband	647	-	647	607
	<u>5,330</u>	<u>-</u>	<u>5,330</u>	<u>4,437</u>
Legal and professional costs				
Accountancy and bookkeeping	1,464	-	1,464	1,464
Other legal and professional costs	-	-	-	13
	<u>1,464</u>	<u>-</u>	<u>1,464</u>	<u>1,477</u>
Total of expenditure of other costs	<u>64,580</u>	<u>48,334</u>	<u>112,914</u>	<u>108,491</u>
Total expenditure	80,406	55,522	135,928	121,813
Net gains on investments	-	-	-	-
	<u>9,275</u>	<u>4,061</u>	<u>13,336</u>	<u>29,513</u>
Net income				
Net income before other gains/(losses)	9,275	4,061	13,336	29,513
Other Gains	-	-	-	-
	<u>9,275</u>	<u>4,061</u>	<u>13,336</u>	<u>29,513</u>
Net movement in funds				
Reconciliation of funds:				
Total funds brought forward	12,164	26,121	38,285	9,644
Total funds carried forward	<u>21,439</u>	<u>30,182</u>	<u>51,621</u>	<u>39,157</u>

MOTION CONTROL DANCE

England & Wales - Charity number 1161551

Accounts

Registered Charity No: 1161551



MOTION CONTROL DANCE

Trustees' Annual Report

12 Months ended 31 August 2024

Registered Charity No: 1161551

Motion Control Dance

TRUSTEES' ANNUAL REPORT
SEPTEMBER 1ST 2023 - AUGUST 31ST 2024

The trustees present their report with the financial statements for the year ended 31 August 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting of Charities' issued 2005, (as amended 2008).

Reference and Administrative Details

Charity Name: Motion Control Dance

Registered Charity Number: 1161551

Registered Office: 147 Fontygary Road, Rhoose, Vale of Glamorgan, Wales, CF62 3DU

Operational Address: MCD Studio, Barry YMCA, Court Road, Barry Vale of Glamorgan, CF63 4EE

Trustees:

Mr Rhys Lawrence Chairperson

Mrs Siobhan Saunders Treasurer resigned on 9th May 2024

Miss Rachal Minchinton Treasurer

Miss Catherine Ashford Secretary

Miss Kate Ashman

Chief Executive: Emma Mallam

Bankers: The Co-operative Bank, Delf House, Southway, Skelmersdale WN8 6NY

Independent Examiner: Seamount Business Services Limited, Association of Accounting Technicians, Gryson House The Grove Pontllanfraith NP12 2EQ

Structure, Governance and Management

Governing Document: Motion Control Dance is a Charitable Incorporated Organisation governed by a constitution whose voting members are its charity trustees.

Appointment of Trustees: The members of the trustees board are elected to serve three years, after which they must be re-elected at the next Annual General Meeting. This year our treasurer Siobhan Saunders stepped down from the board after completing 4 years with MCD. The rest of the board remained the same as previous year with 4 members from May-August. Recruitment for new trustees with HR skills has been promoted through GVS and Arts Business Wales and primary introductions to potential volunteers have been made with the hope of them joining the board.

Trustee Induction and Training: Induction for new trustees are sent an induction pack that contains our constitution, recent accounts and trustee report, the Essential Trustee guidelines (CC3 form) and the trustee handbook from the Charity Commission. They are introduced to the board and staff prior to joining to see how the charity operates and whether we are a fit to what they want to gain from becoming a trustee.

Organisational Structure: The Charity operates under a governing Board of the Trustees. The Chief Executive also attends board meetings, which are held at least four times a year. The day to day management of the charity is delegated to the Chief Executive and the part time workers undertake the coordination of the different dance projects.

Related Parties: Motion Control Dance works in partnership with the Barry YMCA, Vale Sports & Play Development Team, Vale Disability Officer and Vale Youth Service along with older people networks, many local organisations and schools across the Vale of Glamorgan. This year, Motion Control Dance developed its relationship with the BBC Children in Need as well as local care homes across the Vale.

It is a member of the Foundation of Community Dance where it follows the Code of Conduct for professional practice and translates the core values of community dance into standards of ethical and responsible practice to which community dance professionals adhere. The People Dancing Code of Conduct is aligned to the ArtsWork Code of Practice, which explains how people working across the participatory arts sector should behave.

Risk Management: Monthly meetings with the Chair and CEO, quarterly meetings with the board of trustees have taken place, where we have reviewed any risks or factors that could cause risk. Policies are updated annually by the trustee board members.

Objectives and Activities

The object of the charity and principal activities are:

To advance the education of people of all ages, living in the Vale of Glamorgan and the surrounding areas, in the performing arts, particularly the art of dance, for the benefit of the public, in particular through the provision of classes, training, workshops and performance opportunities.

Public Benefit: In planning Motion Control Dance activities for the year the trustees kept in mind the Charity Commission's guidance on public benefit.

The main objectives and activities for the year was on growing the charity to sustain its future. This was achieved by providing opportunities, in education and the community, for people of all ages and abilities to experience and participate in dance activities. The strategies employed to assist the charity to meet these objectives included the following:

- Increase our work force with funded part time posts to enhance our disability and older persons movement programmes.
- Large scale community dance showcase “Lose Yourself to Dance” in the Vale of Glamorgan.
- Increased numbers of children, young people, women and vulnerable adults into weekly dance programme to 250 members focusing upon physical and mental health and wellbeing
- To get recognition for the great work we deliver in the Vale through nominations of local awards especially in obtaining our GOLD INSPORT badge for inclusion with Disability Sport Wales
- To maintain financial viability of the charity during the precedent times to ensure the stability of its future

Achievements and Performance

The main areas of charitable activity are the provision of classes/workshops/training and performance opportunities for people living in the Vale of Glamorgan and surrounding areas.

In 2023/24 Motion Control Dance:

- worked with 1825 individuals on a variety of projects of a range of ages - an increase of 44% from last year

Registered Charity No: 1161551

- delivered 28 weekly dance sessions for children, young people, women and vulnerable adults at the YMCA, Barry and satellite centres across the Vale - an increase of 40% from our previous year
- took participants to perform at 9 community events
- delivered 35 additional community dance projects
- We expanded our team to include 2 part time workers with 7 freelance professional dance tutors on a weekly basis with the help of 9 young volunteers
- Trained up 4 level 1 dance leaders with SportLeaders UK
- Motion Control Dance won Best Dance Studio in Welsh Prestige Awards 2023/24, was a finalist for Best Third Sector with Vale Business Awards, had one of our dance leaders come runner up for Young Volunteer of the Year with WCVA and Sam Griffiths won Best Individual Award with Cardiff Parents Federation for her amazing work working with those with disabilities. Our Meaningful Movement project won the Arts & Business Award for Arts in Health Award in partnership with CAVUHB.
- Motion Control Dance was awarded the Gold Badge for Inclusion with Disability Sport Wales - the 2nd club in the Vale to achieve this award. We are also now an Autism Aware and Dementia Friendly Organisation.

Highlights of this programme were:

- We had 94% retention of our members this year
- In May we held a large scale community showcase with over 100 performers to an audience of 300 members at Memo Arts Theatre, Barry that explored a wide range of topics that made our members Lose Themselves to Dance!
- Our Leap dancers chose to test their skill development and compete again for the first time since before covid at the WDO Streedance championships where they came 3rd in the under 17 category.
- Our BGirls represented Wales as they competed at Break Mission in Birmingham to gain confidence in their battle techniques and be inspired by professional breakers from across the world. They also competed at HydroJam in August where one of our girls came runner up in the under 18 division.
- We were awarded 3 year funding from Children in Need to employ a part time project worker to deliver and develop our Local Motion Disability Dance programme. This year we have had 54 members attend regularly weekly classes with outreach sessions being

Registered Charity No: 1161551

held at Ty Hafan and Vale People First and our working relationship with Jenner Park Unit was enhanced as we worked with them for 12 weeks to create a performance at the Best Foot Forward show. Our Local Motion Dance Company was invited to perform at the Welsh National Folk Festival held at Tredegar House, Newport.

- Thanks to funding from the Shared Prosperity Fund we were able to employ a part time coordinator to coordinate our older peoples programme for 18 months. We managed to engage 91 members to attend weekly sessions who are over the age of 50 in a variety of sessions including those with Parkinsons. Outreach sessions were delivered in many care homes across the region as well as at Barry Hospital Dementia Cafe.
- We took 38 dancers aged 9-30 to perform at Cardiff City Stadium as part of the rugby Judgement Day half time entertainment where they performed on the pitch in front of approx 10,000 fans.
- Our dancers have undertaken fundraising activities this year to help raise money for different causes. Our dancers have helped fundraise £284 for Children in Need during our Pudsey Week where they all demonstrated they were SPOTacular in undertaking the Bearpee Challenge. They also took part in a sponsored danceathon to help raise funds for our 25th anniversary celebrations in 2025 to support our ACW application.
- We held a summer scheme that saw 87 young dancers experience various dance styles workshops and also through taster sessions during the summer that was funded by the Vale Healthy Living Team.

Financial Review

Motion Control Dance has managed to provide a broad programme of work to children, young people and vulnerable adults in a variety of settings this year all of which focused upon increasing the health and wellbeing of our members.

The Charity, with the aid of sound financial management and the continued efforts of staff and support generated a total turnover for the charity's financial year ending 31 August 2024 was £151,325 with expenditure costs at £121,813. There are accruals of £39,157 leaving the charity carrying forward into the next financial period as we were awarded core costs from a few grant applications including the Postcode People Lottery for the upcoming 2024/25 season.

The financial performance of the charity is disclosed in the financial statements.

Principal Funding Sources: Our principal source of funds has been generated through our studio dance programme for this financial period as well as services being booked by

our charity within organisations in the Vale of Glamorgan. Motion Control Dance gratefully acknowledges all those who provided funding support in particular:

- Children in Need,
- Shared Prosperity Levelling Up Fund,
- The Foyle Foundation
- The Baily Thomas Fund
- Percy Bilton Fund
- the Postcode People's Lottery.
- Third Sector Preventative Fund,
- Barry Round Table
- Glamorgan Voluntary Services,
- Arts Business Wales and CAVUHB,
- Vale of Glamorgan Youth Service and Healthy Living Team.

As a result of an increasingly competitive funding environment the trustees continue to seek additional sources of funding from an increasingly broader range of agencies within both the public and private sectors. During 2023/24 good progress has been made in creating new links and partnerships with the following organisations which have supported Motion Control Dance financially and in kind: Tyre Boss Ltd and Cardiff and the Vale Health Board.

Policy on Reserves

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency repairs and other expenditure and future plans.

The charity aims to maintain sufficient unrestricted reserves of a total approximately £20K to cover:

- Any Grant funds repaid,
- pension payments,
- Final set of accounts prepared,
- insurance - pay balance,
- Studio lease x 12 weeks,
- One month salaries and payroll.

However, due to past years after the pandemic, we have had to use our reserves to cover our core costs, we are in the process of building our reserves pot backup as it is on £13,578 at present. We intend to maintain our reserves at a level which can cover all eventualities if we had to close immediately (looking to increase/decrease dependent on annual unrestricted funds). The reserves that we are aiming to set aside to provide financial stability and the means for the development of our principal activity and are one of the main focus for the next few years to sustain our community dance charity future.

The board of trustees are aware the reserves policy is essentially held in case of emergency and the project is unable to continue at its capacity or continue delivery. In the case of external grants and projects this money can be on hold and returned whilst existing monthly outgoings and annual costs will need to be reserved and covered.

We will review the policy in regards to trends, best practice guidance from the Charity Commission and our own financial performance. This will provide us with an approach to reserves that will enable us to provide for future risks to the organisation, including the worst case scenario of closure.

The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. This is done on a quarterly basis. The % will change dependent on finance/total unrestricted funds for the year.

Investment Policy: This charity does not have an investment policy or committee or manager due to the size of the charity. In the future, we would look to create an investment portfolio and policy if our reserves warranted investment.

Plans for Future Periods

Motion Control Dance's plans for 2024/25 are:

Organisational Development (The Legacy)

- Increase financial security of the charity by building upon the business strategy to reduce costs and increase reserves
- Work with Arts Business Wales to find new board members with HR skills to join our trustee board
- Plan towards the 5 year plan from 2027 outlined for the growth of the charity with the emphasis on securing corporate sponsorships for unrestricted funds to support our events and programmes
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- To source funding for our 25th anniversary celebrations of Motion Control Dance working in the Vale

Sector Development (Let's Dance)

- Develop new partnerships with local schools in the region to expand on joint projects and deliver staff training programmes based on the new Welsh Creative Curriculum
- Continue to develop our dance programme working with over 50s and those with dementia, those residing in care homes & in hospital and those with Parkinson's
- Continue to work in partnership with local organisations to connect with our community and expand on our reputation and work of mouth referrals focusing upon health and wellbeing and working with those with disabilities
- Engage with more members from areas of deprivation having subsidised sessions for those on low income families

- Work in partnership with other dance organisations to promote our services in hip hop and breakin in Wales
- Be recognised as the 'Go To' for inclusive dance in the Vale of Glamorgan

Training & Development (Future Leaders)

- Network with local organisations in the Vale for future partnership possibilities
- Tutors to attend refresher Safeguarding and First Aid Courses with Vale of Glamorgan Council
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- Train up freelance dance practitioner in working with older people as part of their professional development
- Our Disability Dance tutor to become a certified Touch Trust practitioner and implement the IRIS syllabus with our local motion dance company

Community Programme (Showcase)

- Sustain our current dance programme of weekly sessions at the YMCA and maintain after school clubs and increase number of members to 260 on a weekly basis
- Deliver at least 4 projects to schools, colleges, health partners & community groups
- Perform at least 5 community events in the local area - one being a large performance for the World Record Attempt of backing dancers with a named pop artist.
- Deliver weekly dance sessions in at least 4 care homes in the local area
- To organise a large outdoor 3 day dance festival to celebrate 25 years of our Director working in the community alongside our 10 year anniversary as a dance charity in the Vale.

Statement of Trustees' Responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. In preparing those financial statements the Trustees are required to follow best practice and to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charity SORP;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Signature and Declaration

Declaration: I declare, in my capacity of charity trustee, that: the trustees have approved the report above and have authorised me to sign it on their behalf.



Signature:

Full Name: Rhys Lawrence

Position: Chair of Board

Date: 22/3/25

Motion Control Dance

Charity No. 1161551

Company No. CE004062

Trustees' Report and Unaudited Accounts

31 August 2024

Motion Control Dance
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Motion Control Dance

Independent Examiners Report

Independent Examiner's Report to the trustees of Motion Control Dance

I report to the charity trustees on my examination of the financial statements of Motion Control Dance for the year ended 31 August 2024.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Seamount Business Services Limited
Gryson House
The Grove
Pontllanfraith

NP12 2EQ
17 March 2025

Motion Control Dance
Statement of Financial Activities
for the year ended 31 August 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:					
Charitable activities	3	72,082	-	72,082	64,684
Other	4	8,977	70,267	79,244	39,038
Total		81,059	70,267	151,326	103,722
Expenditure on:					
Charitable activities	5	10,687	2,635	13,322	13,167
Other	6	61,582	46,909	108,491	104,736
Total		72,269	49,544	121,813	117,903
Net gains on investments		-	-	-	-
Net income/(expenditure)		8,790	20,723	29,513	(14,181)
Transfers between funds		-	-	-	-
Net income/(expenditure) before other gains/(losses)		8,790	20,723	29,513	(14,181)
Other gains and losses					
Net movement in funds		8,790	20,723	29,513	(14,181)
Reconciliation of funds:					
Total funds brought forward		4,788	4,856	9,644	23,825
Total funds carried forward		13,578	25,579	39,157	9,644

Motion Control Dance

Balance Sheet

at 31 August 2024

Company No. CE004062	Notes	2024 £	2023 £
Current assets			
Debtors	8	550	982
Cash at bank and in hand		37,727	9,208
		<u>38,277</u>	<u>10,190</u>
Creditors: Amount falling due within one year	9	880	(546)
Net current assets		39,157	9,644
Total assets less current liabilities		39,157	9,644
Net assets excluding pension asset or liability		39,157	9,644
Total net assets		<u>39,157</u>	<u>9,644</u>
The funds of the charity			
Restricted funds			
Restricted income funds	10	26,121	4,856
		<u>26,121</u>	<u>4,856</u>
Unrestricted funds			
General funds	10	13,578	4,788
		<u>13,578</u>	<u>4,788</u>
Reserves	10		
Total funds		<u>39,699</u>	<u>9,644</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.


For the year ended 31 August 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 17 March 2025

And signed on its behalf by:


R. Lawrence - Chair person
Trustee

17 March 2025

for the year ended 31 August 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from charitable activities

	Unrestricted	Total 2024	Total 2023
	£	£	£
Classes	58,044	58,044	51,858
Events	7,483	7,483	4,443
Workshops	6,555	6,555	8,383
	<u>72,082</u>	<u>72,082</u>	<u>64,684</u>

4 Other income

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Grants	1,153	70,267	71,420	36,992
Donations	7,751	-	7,751	2,007
Bank interest	73	-	73	39
	<u>8,977</u>	<u>70,267</u>	<u>79,244</u>	<u>39,038</u>

5 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Classes	2,841	878	3,719	3,820
Projects	7,464	-	7,464	7,294
Workshops	382	1,757	2,139	2,053
<i>Governance costs</i>				
	<u>10,687</u>	<u>2,635</u>	<u>13,322</u>	<u>13,167</u>

6 Other expenditure

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Hall Hire	719	11,405	12,124	13,203
Freelance Tutors	14,879	1,766	16,645	27,703
Employee costs	39,722	33,311	73,033	56,726
Motor and travel costs	348	427	775	1,233
General administrative costs	4,437	-	4,437	4,394
Legal and professional costs	1,477	-	1,477	1,477
	<u>61,582</u>	<u>46,909</u>	<u>108,491</u>	<u>104,736</u>

Motion Control Dance
Notes to the Accounts

7 Staff costs

	2024	2023
Salaries and wages	67,427	51,694
Pension costs	1,557	651
	<u>68,984</u>	<u>52,345</u>

No employee received emoluments in excess of £60,000.

8 Debtors

	2024	2023
	£	£
Trade debtors	550	982
	<u>550</u>	<u>982</u>

9 Creditors:

amounts falling due within one year

	2024	2023
	£	£
Trade creditors	118	7
Other taxes and social security	(924)	-
Other creditors	(74)	539
	<u>(880)</u>	<u>546</u>

10 Restricted Funds Received

	At 1 September 2023	Receipts in Year	Resources expended	At 31 August 2024
		£	£	£
Restricted funds:				
Restricted income funds:				
Glamorgan Voluntary Services	4,856	1,485	(4,856)	1,485
Foyle Foundation	-	5,000	(5,000)	-
Children In Need	-	15,000	(15,000)	-
Strong Communities	-	4,883	(4,883)	-
Shared Prosperity	-	12,399	(18,305)	(5,906)
Youth Led	-	1,500	(1,500)	-
Garfield Weston	-	10,000	-	10,000
Postcode Community	-	20,000	-	20,000
Percy Bilton	-	542	-	542
<i>Total</i>	<u>4,856</u>	<u>70,809</u>	<u>(49,544)</u>	<u>26,121</u>
Unrestricted funds:				
General funds	4,788	81,059	(72,269)	13,578
Total funds	<u><u>9,644</u></u>	<u><u>151,868</u></u>	<u><u>(121,813)</u></u>	<u><u>39,699</u></u>

11 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Motion Control Dance
Detailed Statement of Financial Activities
for the year ended 31 August 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:				
Charitable activities				
Classes	58,044	-	58,044	51,858
Events	7,483	-	7,483	4,443
Workshops	6,555	-	6,555	8,383
	<u>72,082</u>	<u>-</u>	<u>72,082</u>	<u>64,684</u>
Other				
Grants	1,153	70,267	71,420	36,992
Donations	7,751	-	7,751	2,007
Bank interest	73	-	73	39
	<u>8,977</u>	<u>70,267</u>	<u>79,244</u>	<u>39,038</u>
Total income and endowments	81,059	70,267	151,326	103,722
Expenditure on:				
Charitable activities				
Classes	2,841	878	3,719	3,820
Projects	7,464	-	7,464	7,294
Workshops	382	1,757	2,139	2,053
	<u>10,687</u>	<u>2,635</u>	<u>13,322</u>	<u>13,167</u>
Total of expenditure on charitable activities	10,687	2,635	13,322	13,167
Other expenditure				
Hall Hire	719	11,405	12,124	13,203
Freelance Tutors	14,879	1,766	16,645	27,703
	<u>15,598</u>	<u>13,171</u>	<u>28,769</u>	<u>40,906</u>
Employee costs				
Salaries/wages	34,921	32,506	67,427	51,694
Pension costs	1,557	-	1,557	651
Staff entertainment	491	-	491	408
Staff training	2,753	805	3,558	3,973
	<u>39,722</u>	<u>33,311</u>	<u>73,033</u>	<u>56,726</u>
Motor and travel costs				
Travel and subsistence	153	427	580	635
Business mileage costs reimbursed	195	-	195	598
	<u>348</u>	<u>427</u>	<u>775</u>	<u>1,233</u>
General administrative costs, including depreciation and amortisation				
Bank charges	529	-	529	56
General insurances	600	-	600	629

Motion Control Dance

Detailed Statement of Financial Activities

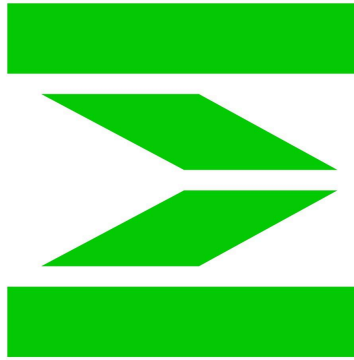
Postage and couriers	157	-	157	92
Software, IT support and related costs	841	-	841	857
Stationery and printing	455	-	455	867
Subscriptions	1,248	-	1,248	993
Telephone, fax and broadband	607	-	607	900
	<u>4,437</u>	<u>-</u>	<u>4,437</u>	<u>4,394</u>
Legal and professional costs				
Accountancy and bookkeeping	1,464	-	1,464	1,464
Other legal and professional costs	13	-	13	13
	<u>1,477</u>	<u>-</u>	<u>1,477</u>	<u>1,477</u>
Total of expenditure of other costs	<u>61,582</u>	<u>46,909</u>	<u>108,491</u>	<u>104,736</u>
Total expenditure	72,269	49,544	121,813	117,903
Net gains on investments	-	-	-	-
Net income/(expenditure)	<u>8,790</u>	<u>20,723</u>	<u>29,513</u>	<u>(14,181)</u>
Net income/(expenditure) before other gains/(losses)	8,790	20,723	29,513	(14,181)
Other Gains	-	-	-	-
Net movement in funds	<u>8,790</u>	<u>20,723</u>	<u>29,513</u>	<u>(14,181)</u>
Reconciliation of funds:				
Total funds brought forward	4,788	4,856	9,644	23,825
Total funds carried forward	<u>13,578</u>	<u>25,579</u>	<u>39,157</u>	<u>9,644</u>

MOTION CONTROL DANCE

England & Wales - Charity number 1161551

Accounts

Registered Charity No: 1161551



MOTION CONTROL DANCE

Trustees' Annual Report

12 Months ended 31 August 2023

Registered Charity No: 1161551

Motion Control Dance

TRUSTEES' ANNUAL REPORT
SEPTEMBER 1ST 2022 - AUGUST 31ST 2023

The trustees present their report with the financial statements for the year ended 31 August 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting of Charities' issued 2005, (as amended 2008).

Reference and Administrative Details

Charity Name: Motion Control Dance

Registered Charity Number: 1161551

Registered Office: 147 Fontygary Road, Rhoose, Vale of Glamorgan, Wales, CF62 3DU

Operational Address: MCD Studio, Barry YMCA, Court Road, Barry Vale of Glamorgan, CF63 4EE

Trustees:

Mrs Louise Price-David (Chair) - resigned 2nd Jan 2023

Mr Rhys Lawrence (Chair) - appointed April 2023

Mrs Siobhan Saunders (Treasurer)

Miss Kate Ashman

Miss Rachal Minchinton - appointed 3rd April 2023

Miss Catherine Ashford (Secretary) - appointed 3rd April 2023

Mr Rhys Jones - resigned in 10th May 2023

Mr Nick Robinson - resigned in 10th May 2023

Chief Executive/Founding Director: Emma Mallam

Bankers: Co-operative Bank, PO Box 250 Skelmersdale, WN8 6WT

Independent Examiner: Seamount Business Services Limited, Association of Accounting Technicians, Gryson House The Grove Pontllanfraith NP12 2EQ

Bankers: The Co-operative Bank, Delf House, Southway, Skelmersdale WN8 6NY

Structure, Governance and Management

Governing Document: Motion Control Dance is a Charitable Incorporated Organisation governed by a constitution whose voting members are its charity trustees.

Appointment of Trustees: The members of the trustees board are elected to serve three years, after which they must be re-elected at the next Annual General Meeting. This year our board saw a restructure of 3 new members with the resignation of our Chair Louise David and trustee members Nick Robinson and with Rhys Jones stepping down after serving the maximum term on the board. Rhys Lawrence is was appointed as our new Chair of the board and Rachal Minchinton and Catherine Ashford have joined as new trustees.

Trustee Induction and Training: Induction for new trustees are sent an induction pack that contains our constitution, recent accounts and trustee report, the Essential Trustee guidelines (CC3 form) and the trustee handbook from the Charity Commission.

Organisational Structure: The Charity operates under a governing Board of the Trustees. The Chief Executive also attends board meetings, which are held at least four times a year. The day to day management of the charity is delegated to the Chief Executive.

Related Parties: Motion Control Dance works in partnership with the Barry YMCA, Vale Healthy Living Team, Vale Disability Officer and Vale Youth Service along with older people networks, many local organisations and schools across the Vale of Glamorgan. This year, Motion Control Dance developed its networks with Arts Business Wales and Cardiff and the Vale Health Board.

It is a member of the Foundation of Community Dance where it follows the Code of Conduct for professional practice and translates the core values of community dance into standards of ethical and responsible practice to which community dance professionals adhere. The People Dancing Code of Conduct is aligned to the ArtsWork Code of Practice, which explains how people working across the participatory arts sector should behave.

Risk Management: Monthly meetings with the Chair and CEO, quarterly meetings with the board of trustees have taken place, where we have reviewed any risks or factors that could cause risk. Policies are updated annually by the Director in liaison with the trustee board.

Objectives and Activities

The object of the charity and principal activities are:

To advance the education of people of all ages, living in the Vale of Glamorgan and the surrounding areas, in the performing arts, particularly the art of dance, for the benefit of the public, in particular through the provision of classes, training, workshops and performance opportunities.

Public Benefit: In planning Motion Control Dance activities for the year the trustees kept in mind the Charity Commission's guidance on public benefit.

The main objectives and activities for the year was on sustaining the charity back to pre covid numbers. This was achieved by providing opportunities, in education and the community, for people of all ages and abilities to experience and participate in dance activities. The strategies employed to assist the charity to meet these objectives included the following:

- Large school intensive performance project delivered at a local Primary school working with the whole school and staff members based on the theme Cynefin.
- Community dance event “The Ice Queen” in the Vale of Glamorgan that was created by the young dance leaders and the MCD staff.
- Increased numbers of children, young people, women and vulnerable adults into weekly dance programme to 232 members focusing upon physical and mental health and wellbeing
- To maintain financial viability of the charity during the precedent times to ensure the stability of its future

Achievements and Performance

The main areas of charitable activity are the provision of classes/workshops/training and performance opportunities for people living in the Vale of Glamorgan and surrounding areas.

In 2022/23 Motion Control Dance:

- worked with 2290 individuals on a variety of projects of a range of ages - an increase of 57% from last year
- delivered 17 weekly dance sessions for children, young people, women and vulnerable adults at the YMCA, Barry and satellite centres across the Vale - an decrease of 15% from our previous year due to cost of living crisis and we had to combine classes due to low numbers attending
- took participants to perform at 8 community events

Registered Charity No: 1161551

- co-ordinated 25 community dance projects that were booked for our services
- We expanded our team from 1 full time post to include 2 but then dropped back down to 1 part time workers with 7 freelance professional dance tutors on a weekly basis with the help of 5 young volunteers
- Motion Control Dance won the Third Sector Business at the Vale Business Awards, won Best Dance Studio at the Welsh Prestige Awards and was shortlisted for the Green Award by One Dance UK for our Green Movement project.

Highlights of this programme were:

- We had 71% overall retention of our members this year
- Community showcase with over 100 performers to an audience of 250 members at St Cyres High School that revised the story of the Snow Queen to be more relevant to our young dancers using mobile phones in their creation of the Ice Queen.
- Our BBirls and BBoys had a chance to showcase their skill development at the Urdd Urban Games where our dancers dominated the competition and took 2nd in the Breaking and 3rd in the street dance duet.
- Our Local Motion Disability Dance programme has seen 58 members in the studio this year to attend regularly weekly classes.
- We managed to engage 78 members to attend our programme who are over the age of 50 in a variety of sessions including those with Dementia and Parkinson's.
- We organised a few social events for our members to enjoy and participate in such as a trips to Move It Exhibition in London. We also organised to have our dancers plant 100 tree saplings as part of the climate change project and the Vale project zero initiative.
- Motion Control Dance made a new partnership with Barry Hospital as they delivered creative movement sessions to both Sam Davis and St Baruc wards working with those with young onset dementia and those in palliative care.
- We delivered a large school intensive project 'Cynefin' at Evenlode Primary School in Penarth to celebrate the school values of belonging.
- We held a Summer of Fun project that saw 44 young dancers experience various dance classes during the summer to engage new members in the next season.

Financial Review

Motion Control Dance has managed to provide a broad programme of work to children, young people and vulnerable adults in a variety of settings this year all of which focused upon increasing the health and wellbeing of our members.

The Charity, with the aid of sound financial management and the continued efforts of staff and support generated a total turnover for the charity's financial year ending 31 August 2023 was £103,722 with expenditure costs at £117,903. There was a large overspend this year of £14,181 which was a planned investment taken from the reserves of last year for the employment of the administrator to support the future sustainability of the charity. The financial performance of the charity is disclosed in the financial statements.

Principal Funding Sources: Our principal source of funds has been generated through our studio dance programme for this financial period as well as services being booked by our charity within organisations in the Vale of Glamorgan. Motion Control Dance gratefully acknowledges all those who provided funding support in particular:

- Children in Need,
- Third Sector Preventative Fund,
- Glamorgan Voluntary Services,
- Arts Business Wales and CAVUHB,
- Vale of Glamorgan Youth Service and Healthy Living Team.

As a result of an increasingly competitive funding environment the trustees continue to seek additional sources of funding from an increasingly broader range of agencies within both the public and private sectors. During 2022/23 good progress has been made in creating new links and partnerships with the following organisations which have supported Motion Control Dance financially and in kind: Evenlode Primary School and Vale Brook Care Home.

Policy on Reserves: Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency repairs and other expenditure and future plans.

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which can cover all eventualities if we had to close immediately (looking to increase/decrease dependent on annual unrestricted funds). The charity aims to maintain sufficient unrestricted reserves of a total approximately £15k to cover:

- Children in Need grant funds repaid,
- £2700 professional course with Studio Evolution,
- pension payments,

- Final set of accounts prepared,
- insurance - pay balance,
- Studio lease x 12 weeks,
- One month salaries and payroll.

The board of trustees are aware the reserves policy is essentially held in case of emergency and the project is unable to continue at its capacity or continue delivery. In the case of external grants and projects this money can be on hold and returned whilst existing monthly outgoings and annual costs will need to be reserved and covered.

We will review the policy in regards to trends, best practice guidance from the Charity Commission and our own financial performance. This will provide us with an approach to reserves that will enable us to provide for future risks to the organisation, including the worst case scenario of closure.

The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. This is done on a quarterly basis. The % will change dependent on finance/total unrestricted funds for the year.

Investment Policy: This charity does not have an investment policy or committee or manager due to the size of the charity. In the future, we would look to create an investment portfolio and policy if our reserves warranted investment.

Plans for Future Periods

Motion Control Dance's plans for 2023/24 are:

Organisational Development

- Recruit new board members to increase ability and confidence of the Board to handle outstanding skills such as HR matters appropriately
- Work towards the 5 year plan for financial stability and growth with an emphasis on securing unrestricted grant funding and corporate donations.
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development

Sector Development

- Develop new partnerships with primary schools in the region to expand on joint projects and deliver staff training programmes based on the new Welsh Creative Curriculum
- Continue to develop our dance programme working with over 50s and those with dementia, those residing in care homes & in hospital and those with Parkinson's
- Continue to work in partnership with local organisations to connect with our community and expand on our reputation and work of mouth referrals focusing upon health and wellbeing

Registered Charity No: 1161551

- Engage with more members from areas of deprivation having subsidised sessions for ACES and those on low income families
- Work in partnership with other dance organisations to promote our services in hip hop and breakin in Wales
- Give performance opportunities to our dancers in large scale events at Cardiff City Stadium and local dance competitions.

Training & Development

- Network with local organisations in the Vale for future partnership possibilities
- Tutors to attend refresher Safeguarding and First Aid Courses with Vale of Glamorgan Council
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- Our Disability Dance tutor to become a certified Touch Trust practitioner
- MCD to achieve GOLD INSPORT status

Community Programme

- Sustain our current dance programme of weekly sessions at the YMCA and maintain after school clubs and increase number of members to 270 on a weekly basis
- Deliver at least 4 projects to schools, colleges, health partners & community groups
- Perform at least 5 community events in the local area
- Deliver weekly dance sessions in at least 4 care homes in the local area

Statement of Trustees' Responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. In preparing those financial statements the Trustees are required to follow best practice and to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charity SORP;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and Companies

Registered Charity No: 1161551

Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Signature and Declaration

Declaration: I declare, in my capacity of charity trustee, that: the trustees have approved the report above and have authorised me to sign it on their behalf.



Signature:

Full Name: Rhys Lawrence

Position: Chair of Board

Date: 12th April 2024

Motion Control Dance

Charity No. 1161551

Company No. CE004062

Trustees' Report and Unaudited Accounts

31 August 2023

Motion Control Dance
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Balance Sheet	4
Notes to the Accounts	5 to 7
Detailed Statement of Financial Activities	8 to 9

Motion Control Dance

Independent Examiners Report

Independent Examiner's Report to the trustees of Motion Control Dance

I report to the charity trustees on my examination of the financial statements of Motion Control Dance for the year ended 31 August 2023.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Seamount Accountancy

Gryson House

The Grove

Pontllanfraith

NP12 2EQ

12 April 2024

Motion Control Dance
Statement of Financial Activities
for the year ended 31 August 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:					
Charitable activities	3	64,684	-	64,684	57,668
Other	4	2,046	36,992	39,038	50,084
Total		66,730	36,992	103,722	107,752
Expenditure on:					
Charitable activities	5	7,114	6,053	13,167	22,491
Other	6	78,653	26,083	104,736	104,082
Total		85,767	32,136	117,903	126,573
Net gains on investments		-	-	-	-
Net expenditure		(19,037)	4,856	(14,181)	(18,821)
Transfers between funds		-	-	-	-
Net expenditure before other gains/(losses)		(19,037)	4,856	(14,181)	(18,821)
Other gains and losses					
Net movement in funds		(19,037)	4,856	(14,181)	(18,821)
Reconciliation of funds:					
Total funds brought forward		23,825	-	23,825	42,645
Total funds carried forward		4,788	4,856	9,644	23,824

at 31 August 2023

Company No. CE004062	Notes	2023 £	2022 £
Current assets			
Debtors	8	982	16
Cash at bank and in hand		9,208	26,705
		<u>10,190</u>	<u>26,721</u>
Creditors: Amount falling due within one year	9	(546)	(2,897)
Net current assets		9,644	23,824
Total assets less current liabilities		9,644	23,824
Net assets excluding pension asset or liability		9,644	23,824
Total net assets		<u>9,644</u>	<u>23,824</u>
The funds of the charity			
Restricted funds			
Restricted income funds	10	4,856	-
		<u>4,856</u>	<u>-</u>
Unrestricted funds			
General funds	10	4,788	23,825
		<u>4,788</u>	<u>23,825</u>
Reserves	10		
Total funds		<u>9,644</u>	<u>23,825</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

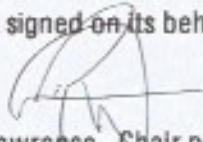
For the year ended 31 August 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 12 April 2024

And signed on its behalf by:



R. Lawrence - Chair person

Trustee

12 April 2024

for the year ended 31 August 2023

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from charitable activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Classes	51,858	51,858	37,140
Projects	4,443	4,443	18,026
Events	-	-	40
Workshops	8,383	8,383	2,462
	<u>64,684</u>	<u>64,684</u>	<u>57,668</u>

4 Other income

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Grants	0	36,992	36,992	47,397
Donations	2,007	-	2,007	2,686
Bank interest	39	-	39	1
	<u>2,046</u>	<u>36,992</u>	<u>39,038</u>	<u>50,084</u>

5 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Classes	3,820	-	3,820	2,204
Projects	3,141	4,153	7,294	16,525
Workshops	153	1,900	2,053	3,762
<i>Governance costs</i>				
	<u>7,114</u>	<u>6,053</u>	<u>13,167</u>	<u>22,491</u>

6 Other expenditure

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Hall Hire	13,063	140	13,203	12,457
Freelance Tutors	2,990	24,713	27,703	28,172
Employee costs	55,496	1,230	56,726	49,474
Motor and travel costs	1,233	-	1,233	2,225
General administrative costs	4,394	-	4,394	9,717
Legal and professional costs	1,477	-	1,477	2,037
	<u>78,653</u>	<u>26,083</u>	<u>104,736</u>	<u>104,082</u>

Motion Control Dance
Notes to the Accounts

7 Staff costs

	2023	2022
Salaries and wages	51,694	43,947
Pension costs	651	797
	<u>52,345</u>	<u>44,744</u>

No employee received emoluments in excess of £60,000.

8 Debtors

	2023	2022
	£	£
Trade debtors	982	16
	<u>982</u>	<u>16</u>

9 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Trade creditors	7	615
Other taxes and social security	-	1,061
Other creditors	539	1,220
Accruals	-	1
	<u>546</u>	<u>2,897</u>

10 Restricted Funds Received

	At 1 September 2022	Receipts in Year	Resources expended	At 31 August 2023
	£	£	£	£
Restricted funds:				
Restricted income funds:				
Third Sector GVS	-	8,740	(3,883)	4,856
GVS Equipment	-	3,653	(3,653)	-
Barry Town Council	-	4,000	(4,000)	-
Arts Business Wales - Culture Step	-	3,600	(3,600)	-
Vale Youth Service	-	14,600	(14,600)	-
Youth Led	-	1,500	(1,500)	-
Mayors Foundation	-	400	(400)	-
Garnett Foundation	-	500	(500)	-
<i>Total</i>	<u>-</u>	<u>36,992</u>	<u>(32,136)</u>	<u>4,856</u>
Unrestricted funds:				
General funds	23,825	66,730	(85,767)	4,788
Total funds	<u>23,825</u>	<u>103,722</u>	<u>(117,903)</u>	<u>9,644</u>

11 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Motion Control Dance
Detailed Statement of Financial Activities
for the year ended 31 August 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Charitable activities				
Classes	51,858	-	51,858	37,140
Projects	4,443	-	4,443	18,026
Events	-	-	-	40
Workshops	8,383	-	8,383	2,462
	<u>64,684</u>	<u>-</u>	<u>64,684</u>	<u>57,668</u>
Other				
Grants	0	36,992	36,992	47,397
Donations	2,007	-	2,007	2,686
Bank interest	39	-	39	1
	<u>2,046</u>	<u>36,992</u>	<u>39,038</u>	<u>50,084</u>
Total income and endowments	66,730	36,992	103,722	107,752
Expenditure on:				
Charitable activities				
Classes	3,820	-	3,820	2,204
Projects	3,141	4,153	7,294	16,525
Workshops	153	1,900	2,053	3,762
	<u>7,114</u>	<u>6,053</u>	<u>13,167</u>	<u>22,491</u>
Total of expenditure on charitable activities	7,114	6,053	13,167	22,491
Other expenditure				
Hall Hire	13,063	140	13,203	12,457
Freelance Tutors	2,990	24,713	27,703	28,172
	<u>16,053</u>	<u>24,853</u>	<u>40,906</u>	<u>40,629</u>
Employee costs				
Salaries/wages	50,464	1,230	51,694	43,947
Pension costs	651	-	651	797
Staff entertainment	408	-	408	817
Staff training	3,973	-	3,973	3,913
	<u>55,496</u>	<u>1,230</u>	<u>56,726</u>	<u>49,474</u>
Motor and travel costs				
Travel and subsistence	635	-	635	1,601
Business mileage costs reimbursed	598	-	598	624
	<u>1,233</u>	<u>-</u>	<u>1,233</u>	<u>2,225</u>
General administrative costs, including depreciation and amortisation				
Bank charges	56	-	56	39

Motion Control Dance

Detailed Statement of Financial Activities

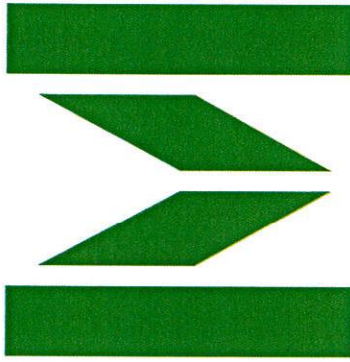
General insurances	629	-	629	586
Postage and couriers	92	-	92	208
Software, IT support and related costs	857	-	857	3,235
Stationery and printing	867	-	867	1,240
Subscriptions	993	-	993	1,847
Sundry expenses	-	-	-	835
Telephone, fax and broadband	900	-	900	1,727
	<u>4,394</u>	<u>-</u>	<u>4,394</u>	<u>9,717</u>
Legal and professional costs				
Accountancy and bookkeeping	1,464	-	1,464	1,614
Other legal and professional costs	13	-	13	423
	<u>1,477</u>	<u>-</u>	<u>1,477</u>	<u>2,037</u>
Total of expenditure of other costs	<u>78,653</u>	<u>26,083</u>	<u>104,736</u>	<u>104,082</u>
Total expenditure	85,767	32,136	117,903	126,573
Net gains on investments	-	-	-	-
Net expenditure	<u>(19,037)</u>	<u>4,856</u>	<u>(14,181)</u>	<u>(18,821)</u>
Net expenditure before other gains/(losses)	<u>(19,037)</u>	<u>4,856</u>	<u>(14,181)</u>	<u>(18,821)</u>
Other Gains	-	-	-	-
Net movement in funds	<u>(19,037)</u>	<u>4,856</u>	<u>(14,181)</u>	<u>(18,821)</u>
Reconciliation of funds:				
Total funds brought forward	23,825	-	23,825	42,645
Total funds carried forward	<u>4,788</u>	<u>4,856</u>	<u>9,644</u>	<u>23,824</u>

MOTION CONTROL DANCE

England & Wales - Charity number 1161551

Accounts

Registered Charity No: 1161551



MOTION CONTROL DANCE

Trustees' Annual Report

12 Months ended 31 August 2022

Registered Charity No: 1161551

Motion Control Dance

TRUSTEES' ANNUAL REPORT
SEPTEMBER 1ST 2021 - AUGUST 31ST 2022

The trustees, present their report with the financial statements for the year ended 31 August 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting of Charities' issued 2005, (as amended 2008).

Reference and Administrative Details

Charity Name: Motion Control Dance

Registered Charity Number: 1161551

Registered Office: 147 Fontygary Road, Rhoose, Vale of Glamorgan, Wales, CF62 3DU

Operational Address: MCD Studio, Barry YMCA, Court Road, Barry Vale of Glamorgan, CF63 4EE

Trustees:

Mrs Louise David-Price Chairperson

Mr Rhys Jones

Mrs Siobhan Saunders Treasurer

Mr Nick Robinson

Miss Kate Ashman

Chief Executive: Emma Mallam

Bankers: Co-operative Bank, PO Box 250 Skelmersdale, WN8 6WT

Independent Examiner: Seamount Business Services Limited, Association of Accounting Technicians, Gryson House The Grove Pontllanfraith NP12 2EQ

Structure, Governance and Management

Governing Document: Motion Control Dance is a Charitable Incorporated Organisation governed by a constitution whose voting members are its charity trustees.

Appointment of Trustees: The members of the trustees board are elected to serve three years, after which they must be re-elected at the next Annual General Meeting. This year our board remained the same as previous year with 5 members.

Trustee Induction and Training: Induction for new trustees are sent an induction pack that contains our constitution, recent accounts and trustee report, the Essential Trustee guidelines (CC3 form) and the trustee handbook from the Charity Commission.

Organisational Structure: The Charity operates under a governing Board of the Trustees. The Chief Executive also attends board meetings, which are held at least four times a year. The day to day management of the charity is delegated to the Chief Executive.

Related Parties: Motion Control Dance works in partnership with the Barry YMCA, Vale Sports & Play Development Team, Vale Disability Officer and Vale Youth Service along with older people networks, many local organisations and schools across the Vale of Glamorgan. This year, Motion Control Dance developed its networks with Arts Business Wales and Age Connects.

It is a member of the Foundation of Community Dance where it follows the Code of Conduct for professional practice and translates the core values of community dance into standards of ethical and responsible practice to which community dance professionals adhere. The People Dancing Code of Conduct is aligned to the ArtsWork Code of Practice, which explains how people working across the participatory arts sector should behave.

Risk Management: Monthly meetings with the Chair and CEO, quarterly meetings with the board of trustees have taken place, where we have reviewed any risks or factors that could cause risk.

Objectives and Activities

The object of the charity and principal activities are:

To advance the education of people of all ages, living in the Vale of Glamorgan and the surrounding areas, in the performing arts, particularly the art of dance, for the benefit of the public, in particular through the provision of classes, training, workshops and performance opportunities.

Public Benefit: In planning Motion Control Dance activities for the year the trustees kept in mind the Charity Commission's guidance on public benefit.

The main objectives and activities for the year was on growing the charity back to pre covid numbers to sustain its future. This was achieved by providing opportunities, in education and the community, for people of all ages and abilities to experience and participate in dance activities. The strategies employed to assist the charity to meet these objectives included the following:

- Large school intensive performance project delivered at a local Primary school working with the whole school and staff members.
- Large scale community dance event "Green Movement" in the Vale of Glamorgan.
- Increased numbers of children, young people, women and vulnerable adults into weekly dance programme to 270 members focusing upon physical and mental health and wellbeing
- To maintain financial viability of the charity during the precedent times to ensure the stability of its future

Achievements and Performance

The main areas of charitable activity are the provision of classes/workshops/training and performance opportunities for people living in the Vale of Glamorgan and surrounding areas.

In 2021/22 Motion Control Dance:

- worked with 1266 individuals on a variety of projects of a range of ages - an increase of 14% from last year
- delivered 20 weekly dance sessions for children, young people, women and vulnerable adults at the YMCA, Barry and satellite centres across the Vale - an increase of 17% from our previous year
- took participants to perform at 6 community events
- co-ordinated 40 community dance projects – a huge increase from last year as events began to reopen after the pandemic
- We expanded our team from 1 full time post to include 2 part time workers with 8 freelance professional dance tutors on a weekly basis with the help of 5 young volunteers

Registered Charity No: 1161551

- Motion Control Dance won the Sports Club of the Year from Bro Radio in Barry and our trustee Siobhan Saunders was shortlisted for the Adviser of the Year Prize at Arts & Business Cymru's Celebration of the Arts

Highlights of this programme were:

- We had 96% retention of our members this year
- Large scale outdoor community showcase with over 100 performers to an audience of 350 members at Central Park, Barry that explored a wide range of activism by using dance to protest, research, and raise awareness for important issues based on climate change.
- Our BBirls and BBoys had a chance to showcase their skill development at the Urdd Urban Games where our dancers dominated the competition and took top 2 winning spots on the day. They also took part in HydroJam 2022 alongside professional adult breakers who inspired them to build on their skills as they work towards breakin being part of the next Olympic Games.
- Our Local Motion Disability Dance programme have seen 56 members return back to the studio this year to attend regularly weekly classes.
- We managed to engage 83 members to attend our programme who are over the age of 50 in a variety of sessions including those with Dementia.
- We organised a few social events for our members to enjoy and participate in such as Christmas Tea Party, Trips to Move It Exhibition along with bowling and winter wonderland. We also organised a beach clean with our youngest members and their families as part of the climate change project.
- Motion Control Dance made a new partnership with Newydd Housing as they delivered Tai Chi sessions to various sheltered accommodations in Barry.
- We delivered a large school intensive project 'Big Dragon Dance' at Ysgol Y Ddraig in Llantwit to celebrate the Queen's Platinum Jubilee.
- We held a Summer of Fun project that saw 288 young dancers experience various dance styles over 40 sessions during the summer that was funded by the Welsh Government and Vale Healthy Living Team

Financial Review

Motion Control Dance has managed to provide a broad programme of work to children, young people and vulnerable adults in a variety of settings this year all of which focused upon increasing the health and wellbeing of our members.

The Charity, with the aid of sound financial management and the continued efforts of staff and support generated a total turnover for the charity's financial year ending 31 August 2022 was £107,751.00 with expenditure costs at £126,573.00. There was a large overspend this year of £18,821.00 - these deficit funds were taken from the reserves of last year pandemic grants to support the charity. The financial performance of the charity is disclosed in the financial statements.

Principal Funding Sources: Our principal source of funds has been generated through our studio dance programme for this financial period as well as services being booked by our charity within organisations in the Vale of Glamorgan. Motion Control Dance gratefully acknowledges all those who provided funding support in particular:

Arts Council Wales, KickStart Government Scheme, True Colours Trust, Welsh Assembly Government, Garnett Foundation, Third Sector Preventative Fund, Sport Wales, Youth Cymru, Glamorgan Voluntary Services, Arnold Clark Community Fund, Vale of Glamorgan Youth Service and Healthy Living Team.

As a result of an increasingly competitive funding environment the trustees continue to seek additional sources of funding from an increasingly broader range of agencies within both the public and private sectors. During 2021/22 good progress has been made in creating new links and partnerships with the following organisations which have supported Motion Control Dance financially and in kind: Newydd Housing and Cardiff and the Vale Health Board.

Policy on Reserves: Our reserves position:

	Current Year 2021/22	Previous Year 2020/21	% Increase / (Decrease)
Unrestricted Funds (Reserves)	76,480	68,819	11.1%
Restricted / Designated Funds:	31,271	24,349	28.4%
Total Funds	107,751	93,168	15.7%
Ratio of Reserves to Annual Operating Expenditure	13.07%	10.19%	

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which can cover all eventualities if we had to close immediately (looking to increase/decrease dependent on annual unrestricted funds). Due to an increase in rental and a contract with three months notice we have needed to increase the reserves up to 13% if available, we intend to use the reserves in the following manner if for any reason the business were to cease operation:-

- a. Studio Lease Hire (3 month contract) - £4,500.00
- b. Financial regulations monitoring (in line with Charity Commission) = £1,500.00
- c. Student Fees – Maximum of £1,000.00 (based on 139 students monthly fees)
- d. Staffing costs – Maximum of £3,000.00

The board of trustees are aware the reserves policy is essentially held in case of emergency and the project is unable to continue at its capacity or continue delivery. In the case of external grants and projects this money can be on hold and returned whilst existing monthly outgoings and annual costs will need to be reserved and covered.

The board will look to review the policy in regard to trends and drops in the market, this will lead into developing a strategy of reserves to cover the worst case scenario of closing down and future risks to the organisation.

The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. This is done on a quarterly basis. The % will change dependent on finance/total unrestricted funds for the year.

Investment Policy: This charity does not have an investment policy or committee or manager due to the size of the charity. In the future, we would look to create an investment portfolio and policy if our reserves warranted investment.

Plans for Future Periods

Motion Control Dance's plans for 2022/23 are:

Organisational Development

- Increase financial security of the charity and CEO by working with professional mentor from Arts & Business Wales to build upon business strategy and HR matters for next financial year
- Work towards the 5 year plan outlined for the growth of the charity with the emphasis on securing corporate sponsorships for unrestricted funds to support our events and programmes
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- Employ a part time Creative Diversity Officer to work alongside the CEO to develop and expand our inclusive movement opportunities in our community

Sector Development

- Develop new partnerships with primary schools in the region to expand on joint projects and deliver staff training programmes based on the new Welsh Creative Curriculum
- Continue to develop our dance programme working with over 50s and those with dementia, those residing in care homes & in hospital and those with Parkinson's
- Continue to work in partnership with local organisations to connect with our community and expand on our reputation and work of mouth referrals focusing upon health and wellbeing
- Engage with more members from areas of deprivation having subsidized sessions for ACES and those on low income families
- Work in partnership with other dance organisations to promote our services in hip hop and breakin in Wales

Training & Development

- Network with local organisations in the Vale for future partnership possibilities
- Tutors to attend refresher Safeguarding and First Aid Courses with Vale of Glamorgan Council
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- CEO to continue professional development with Studio Expansion to roll out a 2 year programme that can be repeated for ease with administration and focus on retention.
- Our Disability Dance tutor to become a certified Touch Trust practitioner
- MCD to achieve GOLD INSPORT status and become an Autism Aware organisation

Community Programme

- Sustain our current dance programme of weekly sessions at the YMCA and maintain after school clubs and increase number of members to 300 on a weekly basis
- Deliver at least 4 projects to schools, colleges, health partners & community groups
- Perform at least 5 community events in the local area
- Deliver weekly dance sessions in at least 4 care homes in the local area

Statement of Trustees' Responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. In

Registered Charity No: 1161551

preparing those financial statements the Trustees are required to follow best practice and to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charity SORP;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Signature and Declaration

Declaration: I declare, in my capacity of charity trustee, that: the trustees have approved the report above and have authorised me to sign it on their behalf.

Signature: *S. Saunders*

Full Name: *Siobhan Saunders*

Position: Chair of Board

Date: *03/04/2023*

Motion Control Dance

Charity No. 1161551

Company No. CE004062

Unaudited Accounts 31 August 2022

Motion Control Dance
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Notes to the Accounts	4 to 6
Detailed Statement of Financial Activities	7 to 8

Motion Control Dance

Independent Examiners Report

Independent Examiner's Report to the trustees of Motion Control Dance

I report to the charity trustees on my examination of the financial statements of Motion Control Dance for the year ended 31 August 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

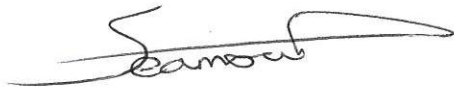
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Seamount Business Services Limited
Gryson House
The Grove
Pontllanfraith

NP12 2EQ
15 February 2023

Motion Control Dance
Statement of Financial Activities
for the year ended 31 August 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes				
Income and endowments					
from:					
Charitable activities	3	57,668	-	57,668	39,397
Other trading activities	4	-	-	-	22
Other	5	9,820	40,264	50,084	53,749
Total		67,488	40,264	107,752	93,168
Expenditure on:					
Charitable activities	6	16,520	5,971	22,491	18,860
Other	7	67,703	36,379	104,082	76,916
Total		84,223	42,350	126,573	95,776
Net gains on investments		-	-	-	-
Net expenditure		(16,735)	(2,086)	(18,821)	(2,608)
Transfers between funds		-	-	-	-
Net expenditure before other gains/(losses)		(16,735)	(2,086)	(18,821)	(2,608)
Other gains and losses					
Net movement in funds		(16,735)	(2,086)	(18,821)	(2,608)
Reconciliation of funds:					
Total funds brought forward		24,863	17,782	42,645	46,361
Total funds carried forward		8,128	15,696	23,824	43,753

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The charity is a Charitable Incorporated Organisation limited by guarantee and consequently does not have share capital.

3 Income from charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Classes	37,140	37,140	24,337
Projects	18,026	18,026	11,842
Events	40	40	1,832
Workshops	2,462	2,462	1,386
	<u>57,668</u>	<u>57,668</u>	<u>39,397</u>

4 Income from other trading activities

	Total 2022	Total 2021
	£	£
Merchandise	-	22
	<u>-</u>	<u>22</u>

5 Other income

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Grants	7,133	40,264	47,397	45,227
Donations	2,686	-	2,686	8,520
Bank interest	1	-	1	2
	<u>9,820</u>	<u>40,264</u>	<u>50,084</u>	<u>53,749</u>

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Classes	2,204	-	2,204	2,250
Projects	10,554	5,971	16,525	10,391
Workshops	3,762	-	3,762	6,219
<i>Governance costs</i>				
	<u>16,520</u>	<u>5,971</u>	<u>22,491</u>	<u>18,860</u>

Motion Control Dance

Notes to the Accounts

7 Other expenditure	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Hall Hire	5,638	6,819	12,457	-
Freelance Tutors	28,172	-	28,172	21,766
Employee costs	19,914	29,560	49,474	34,152
Motor and travel costs	2,225	-	2,225	1,189
General administrative costs	9,717	-	9,717	18,887
Legal and professional costs	2,037	-	2,037	922
	<u>67,703</u>	<u>36,379</u>	<u>104,082</u>	<u>76,916</u>
8 Staff costs		2022		2021
Salaries and wages		43,947		28,202
Social security costs		-		2,510
Pension costs		797		529
		<u>44,744</u>		<u>31,241</u>
No employee received emoluments in excess of £60,000.				
9 Debtors		2022		2021
		£		£
Trade debtors		16		-
		<u>16</u>		<u>-</u>
10 Creditors:		2022		2021
amounts falling due within one year		£		£
Trade creditors		615		-
Other taxes and social security		1,061		1,854
Other creditors		1,220		638
Accruals		1		-
		<u>2,897</u>		<u>2,492</u>
11 Restricted Funds Received:	Bal b/fwd £	Receipts in year £	Payments in year £	Bal c/fwd £
Art Council Wales	-	1,436	-	1,436
Vale Heros	2,149	-	2,149	-
True Colours Trust	-	4,730	4,730	-
VYS Wellbeing Project	13,733	-	12,283	1,450
Youth Led Project	-	1,681	673	1,008
Older People Revenue	-	2,549	2,528	21
Youth Cymru	1,900	-	1,704	196
Summer of Fun 22	-	4,345	4,301	44
	<u>17,782</u>	<u>14,741</u>	<u>28,368</u>	<u>4,155</u>
12 Related party disclosures				
<i>Controlling party</i>				

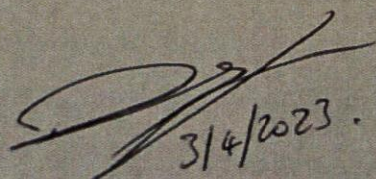
The charity is limited by guarantee and has no share capital; thus no single party controls the company.

Motion Control Dance
Detailed Statement of Financial Activities
for the year ended 31 August 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Charitable activities				
Classes	37,140	-	37,140	24,337
Projects	18,026	-	18,026	11,842
Events	40	-	40	1,832
Workshops	2,462	-	2,462	1,386
	<u>57,668</u>	<u>-</u>	<u>57,668</u>	<u>39,397</u>
Other trading activities				
Merchandise	-	-	-	22
	<u>-</u>	<u>-</u>	<u>-</u>	<u>22</u>
Other				
Grants	7,133	40,264	47,397	45,227
Donations	2,686	-	2,686	8,520
Bank interest	1	-	1	2
	<u>9,820</u>	<u>40,264</u>	<u>50,084</u>	<u>53,749</u>
Total income and endowments	67,488	40,264	107,752	93,168
Expenditure on:				
Charitable activities				
Classes	2,204	-	2,204	2,250
Projects	10,554	5,971	16,525	10,391
Workshops	3,762	-	3,762	6,219
	<u>16,520</u>	<u>5,971</u>	<u>22,491</u>	<u>18,860</u>
Total of expenditure on charitable activities	16,520	5,971	22,491	18,860
Other expenditure				
Hall Hire	5,638	6,819	12,457	-
Freelance Tutors	28,172	-	28,172	21,766
	<u>33,810</u>	<u>6,819</u>	<u>40,629</u>	<u>21,766</u>
Employee costs				
Salaries/wages	14,537	29,410	43,947	28,202
Employer's NIC	-	-	-	2,510
Pension costs	797	-	797	529
Staff entertainment	817	-	817	-
Staff training	3,763	150	3,913	2,911
	<u>19,914</u>	<u>29,560</u>	<u>49,474</u>	<u>34,152</u>
Motor and travel costs				
Travel and subsistence	1,601	-	1,601	50
Business mileage costs reimbursed	624	-	624	1,139

Motion Control Dance
Detailed Statement of Financial Activities

	2,225	-	2,225	1,189
General administrative costs, including depreciation and amortisation				
Bank charges	39	-	39	163
Equipment repairs and maintenance	-	-	-	2,307
General insurances	586	-	586	718
Postage and couriers	208	-	208	-
Software, IT support and related costs	3,235	-	3,235	7,651
Stationery and printing	1,240	-	1,240	362
Subscriptions	1,847	-	1,847	6,841
Sundry expenses	835	-	835	711
Telephone, fax and broadband	1,727	-	1,727	134
	<u>9,717</u>	<u>-</u>	<u>9,717</u>	<u>18,887</u>
Legal and professional costs				
Accountancy and bookkeeping	1,614	-	1,614	922
Other legal and professional costs	423	-	423	-
	<u>2,037</u>	<u>-</u>	<u>2,037</u>	<u>922</u>
Total of expenditure of other costs	<u>67,703</u>	<u>36,379</u>	<u>104,082</u>	<u>76,916</u>
Total expenditure	<u>84,223</u>	<u>42,350</u>	<u>126,573</u>	<u>95,776</u>
Net gains on investments	-	-	-	-
Net expenditure	<u>(16,735)</u>	<u>(2,086)</u>	<u>(18,821)</u>	<u>(2,608)</u>
Net expenditure before other gains/(losses)	<u>(16,735)</u>	<u>(2,086)</u>	<u>(18,821)</u>	<u>(2,608)</u>
Other Gains	-	-	-	-
Net movement in funds	<u>(16,735)</u>	<u>(2,086)</u>	<u>(18,821)</u>	<u>(2,608)</u>
Reconciliation of funds:				
Total funds brought forward	24,863	17,782	42,645	46,361
Total funds carried forward	<u>8,128</u>	<u>15,696</u>	<u>23,824</u>	<u>43,753</u>


 3/4/2023.

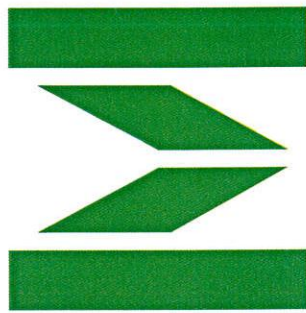
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 03/04/2023

MOTION CONTROL DANCE

England & Wales - Charity number 1161551

Accounts

Registered Charity No: 1161551



MOTION CONTROL DANCE

Trustees' Annual Report
12 Months ended 31 August 2021

Registered Charity No: 1161551

Motion Control Dance

TRUSTEES' ANNUAL REPORT
SEPTEMBER 1ST 2020 - AUGUST 31ST 2021

The trustees present their report with the financial statements for the year ended 31 August 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting of Charities' issued 2005, (as amended 2008).

Reference and Administrative Details

Charity Name: Motion Control Dance

Registered Charity Number: 1161551

Registered Office: 147 Fontygary Road, Rhoose, Vale of Glamorgan, Wales, CF62 3DU

Operational Address: MCD Studio, Barry YMCA, Court Road, Barry Vale of Glamorgan, CF63 4EE

Trustees:

Mrs Louise Price - David Chairwoman

Mr Rhys Jones

Mr Sy Joshua

Miss Kate Ashman

Mrs Siobhan Saunders Treasurer

Mr Nick Robinson

Chief Executive: Emma Mallam

Bankers: Co-operative Bank, PO Box 250 Skelmersdale, WN8 6WT

Independent Examiner: Seamount Business Services Limited

Association of Accounting Technicians

Seamount Business Services Limited

Gryson House

The Grove

Pontllanfraith

NP12 2EQ

Structure, Governance and Management

Governing Document: Motion Control Dance is a Charitable Incorporated Organisation governed by a constitution whose voting members are its charity trustees.

Appointment of Trustees: The members of the trustees board are elected to serve three years, after which they must be re-elected at the next Annual General Meeting. This year we had one trustee be asked to step down in May 2021 as he had served his three year term and had not attended any meetings for over 6 months.

Trustee Induction and Training: Induction for new trustees are sent an induction pack that contains our constitution, recent accounts and trustee report, the Essential Trustee guidelines (CC3 form) and the trustee handbook from the Charity Commission.

Organisational Structure: The Charity operates under a governing Board of the Trustees. The Chief Executive also attends board meetings, which are held at least four times a year. The day to day management of the charity is delegated to the Chief Executive.

Related Parties: Motion Control Dance works in partnership with the Barry YMCA, Vale Sports & Play Development Team, Vale Disability Officer and Vale Youth Service along with a few older people networks, many local organisations and schools across the Vale of Glamorgan.

It is a member of the Foundation of Community Dance where it follows the Code of Conduct for professional practice and translates the core values of community dance into standards of ethical and responsible practice to which community dance professionals adhere. The People Dancing Code of Conduct is aligned to the ArtsWork Code of Practice, which explains how people working across the participatory arts sector should behave.

Risk Management: Monthly meetings with the Chair and CEO, quarterly meetings with the board of trustees have taken place, where we have reviewed any risks or factors that could cause risk. The Covid - 19 pandemic brought our risk management into play this year and trustees all maintained contact via zoom to ensure the stabilization of the charity.

Objectives and Activities

The object of the charity and principal activities are:

To advance the education of people of all ages, living in the Vale of Glamorgan and the surrounding areas, in the performing arts, particularly the art of dance, for the benefit of the public, in particular through the provision of classes, training, workshops and performance opportunities.

Public Benefit: In planning Motion Control Dance activities for the year the trustees kept in mind the Charity Commission's guidance on public benefit.

The main objectives and activities for the year was to focus on stabilizing the charity after the pandemic by providing opportunities, in education and the community, for people of all ages and abilities to experience and participate in dance activities. The strategies employed to assist the charity to meet these objectives included the following:

- Our first ever whole school digital dance performance "Believe" was created at aired in December 2020
- Developing our online dance programme for the community to participate in - online projects were also created in partnership with the Vale of Glamorgan Healthy Living team to encourage older people to access physical activity whilst in lockdown.
- To maintain financial viability of the charity during the precedent times to ensure the stability of its future

Achievements and Performance

The main areas of charitable activity are the provision of classes/workshops/training and performance opportunities for people living in the Vale of Glamorgan and surrounding areas.

In 2020/21 Motion Control Dance:

- worked with 1106 individuals on a variety of projects of a range of ages - an decrease of 9% from last year – due to the pandemic and being closed for 2 terms and working online.
- delivered 17 weekly dance sessions for children, young people, women and vulnerable adults at the YMCA, Barry - an decrease of 32% from our previous year
- participants took part at 7 community performances - 6 of these were online!
- co-ordinated 9 community dance projects – an decrease of 83% from last year due to the pandemic
- Employed 7 freelance professional dance tutors on a weekly basis with the help of 8 young volunteers
- Motion Control Dance took on 2 young people to support the social media and administration of MCD charity through the Kickstart campaign and working in partnership with The Gloves Are On charity
- Emma Mallam & Motion Control Dance was shortlisted for One Dance UK - Dance in Wales Award in November 2020

Highlights of this programme were:

- Christmas Showcase with over 85 performers to an online audience of 506
- Our Local Motion Disability Dance Company were selected to represent Wales in their online screening of U.Dance
- A series of online videos were created by different dance choreographers to engage the community funded by the Vale Youth Service
- A small group of dancers created a music video based on the pandemic during online sessions and our Easter break when restrictions were lifted
- We maintained 35% of our students during switching to online classes but then managed to have 125 students on a weekly basis attend our studio by the end of the year
- We delivered movement sessions outside in various parks to re - engage with our members especially our older members who were too anxious to attend inside the studio
- We held a summer scheme that saw 322 young dancers take classes with our professional tutors to reconnect and focus on their wellbeing after the lockdown. This was funded by the Welsh Assembly Government and the Vale Council

Financial Review

Motion Control Dance has managed to provide a broad programme of work to children, young people and vulnerable adults despite transitioning to online sessions during the lockdown months.

The Charity, with the aid of sound financial management and the continued efforts of staff and support generated a total turnover for the charity's financial year ending 31 August 2020 was £93,168 with expenditure costs at £93,654. There was a small overspend this year of £486. The financial performance of the charity is disclosed in the financial statements.

Principal Funding Sources: Our charity's principal source of funds has been generated through our studio dance programme for this financial period as well as services being booked by our charity within organisations in the Vale of Glamorgan. Dancers have been booked to perform at local events which has helped with core costs.

Motion Control Dance has been awarded financial support by a few grants and donations this financial period for various projects and posts for projects. A small proportion of income was through our studio dance programme. Other income was generated from services being booked by our charity within organisations in the Vale of Glamorgan.

Policy on Reserves: Our reserves position:

	Current Year 2020-2021	Previous Year 2019/20	% Increase / (Decrease)
Unrestricted Funds (Reserves)	68,819	83,224	(17.3%)
Restricted / Designated Funds:	24,349	34,679	(29.7)
- Building Fund			
- Education Fund			
- Others			
Endowment Funds			
Total Funds	93,168	117,903	(20.9%)
Ratio of Reserves to Annual Operating Expenditure	10.19%	9.52%	

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least equivalent to 8-10% (looking to increase/decrease dependent on annual unrestricted funds). We intend to use the reserves in the following manner if for any reason the business were to cease operation:-

- a. Studio Lease Hire (monthly cost) - £1,000.00
- b. Insurances & Licensing (annual contract) £3,000.00
- c. Financial regulations monitoring (in line with Charity Commission) = £1,500
- d. Student Fees – Maximum of £1,000.00
- e. Staffing costs – Maximum of £3,000.00

The board of trustees are aware the reserves policy is essentially held in case of emergency and the project is unable to continue at its capacity or continue delivery. In the case of external grants and projects this money can be on hold and returned whilst existing monthly outgoings and annual costs will need to be reserved and covered.

The board will look to review the policy in regards to trends and drops in the market, this will lead into developing a strategy of reserves to cover the worst case scenario of closing down and future risks to the organisation.

The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. This is done on a quarterly basis. The % will change dependent on finance/total unrestricted funds for the year.

Investment Policy: This charity does not have an investment policy or committee or manager due to the size of the charity. In the future, we would look to create an investment portfolio and policy if our reserves warranted investment.

Plans for Future Periods

Motion Control Dance's plans for 2021/22 are:

Organisational Development

- Increase financial security of the charity and CEO by working with new accountant to build upon business plan for next financial year to maintain and increase income
- Work towards the 5 year plan outlined for the growth of the charity with the emphasis on securing corporate sponsorships for unrestricted funds to support our events
- Focus on promoting our services to increase members back to pre-covid numbers

Sector Development

- Develop new partnerships with primary schools in the region to expand on joint projects and deliver staff training programmes based on the new Welsh Creative Curriculum 2022.
- Continue to redevelop our dance programme working with over 50s and those residing in the care homes
- Develop new initiative with Cardiff and Vale Health Board and Arts Business Wales with a new project in Barry Hospital
- Engage with more members from areas of deprivation having subsidized sessions for ACES and those on low income families and seek funding to cover these sessions
- Continue to work in partnership with local organisations to connect with our community and expand on our reputation and work of mouth referrals focusing upon health and wellbeing

Training & Development

- Network with local organisations in the Vale for future partnership possibilities
- Tutors to attend refresher Safeguarding and First Aid Courses with Vale of Glamorgan Council
- Tutors to undergo Chaperone License course to ensure safeguarding of our children whilst backstage at performances
- Keep mandatory training for internal staff, regular freelance staff and volunteers up to date, and complete a programme of training to hone production and promotional skills development
- CEO to continue professional development with Studio Expansion to roll out a 2 year programme that can be repeated for ease with administration and focus on retention.
- MCD to undertake application for GOLD INSPORT status

Community Programme

- Sustain our current dance programme of weekly sessions at the YMCA and maintain after school clubs and increase number of members to 300 on a weekly basis
- Deliver at least 3 projects to schools, colleges, health partners & community groups
- Perform at least 5 community events in the local area
- Deliver weekly dance sessions in at least 4 care homes in the local area

Statement of Trustees' Responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. In preparing those financial statements the Trustees are required to follow best practice and to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charity SORP;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

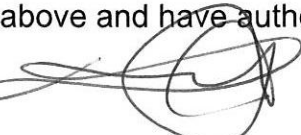
The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Signature and Declaration

Declaration: I declare, in my capacity of charity trustee, that: the trustees have approved the report above and have authorised me to sign it on their behalf.

Signature:



Full Name: DAVID HOUSE

Position: Chair of Board

Date:

17th May 2021

Motion Control Dance

Charity No. 1161551

Company No. CE004062

Trustees' Report and Unaudited Accounts

31 August 2021

**Motion Control Dance
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Statement of Financial Activities	3
Notes to the Accounts	4 to 8
Detailed Statement of Financial Activities	9 to 10

Motion Control Dance

Independent Examiners Report

Independent Examiner's Report to the trustees of Motion Control Dance

I report to the charity trustees on my examination of the financial statements of Motion Control Dance for the year ended 31 August 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

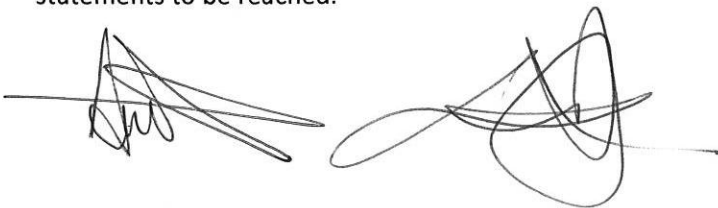
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Seamount Business Services Limited
Association of Accounting Technicians
Seamount Business Services Limited
Gryson House
The Grove
Pontllanfraith

NP12 2EQ
17 May 2022

Motion Control Dance
Statement of Financial Activities
for the year ended 31 August 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
	Notes				
Income and endowments from:					
Charitable activities	3	39,397	-	39,397	43,953
Other trading activities	4	22	-	22	100
Other	5	29,400	24,349	53,749	73,849
Total		68,819	24,349	93,168	117,902
Expenditure on:					
Charitable activities	6	17,508	23,118	40,626	39,799
Other	7	34,089	21,061	55,150	50,684
Total		51,597	44,179	95,776	90,483
Net gains on investments		-	-	-	-
Net (expenditure)/income		17,222	(19,830)	(2,608)	27,419
Transfers between funds		-	-	-	-
Net (expenditure)/income before other gains/(losses)		17,222	(19,830)	(2,608)	27,419
Other gains and losses					
Net movement in funds		17,222	(19,830)	(2,608)	27,419
Reconciliation of funds:					
Total funds brought forward		20,522	25,839	46,361	18,942
Total funds carried forward		37,744	6,009	43,753	46,361

Motion Control Dance

Notes to the Accounts

for the year ended 31 August 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Fund accounting

- Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
- Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.
- Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
- Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

Motion Control Dance
Notes to the Accounts

3 Income from charitable activities

	Unrestricted	Total	Total
		2021	2020
	£	£	£
Classes	24,337	24,337	37,098
Projects	11,842	11,842	4,563
Events	1,832	1,832	1,705
Workshops	1,386	1,386	587
	<u>39,397</u>	<u>39,397</u>	<u>43,953</u>

4 Income from other trading activities

	Unrestricted	Total	Total
		2021	2020
	£	£	£
Merchandise	22	22	100
	<u>22</u>	<u>22</u>	<u>100</u>

5 Other income

	Unrestricted	Restricted	Total	Total
			2021	2020
	£	£	£	£
Grants	20,878	24,349	45,227	71,018
Donations	8,520	-	8,520	2,815
Bank interest	2	-	2	16
	<u>29,400</u>	<u>24,349</u>	<u>53,749</u>	<u>73,849</u>

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total	Total
			2021	2020
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Classes	2,250	-	2,250	1,427
Hall Hire	1	10,390	10,391	10,186
Freelance Tutors	9,038	12,728	21,766	22,034
Event Expenses	6,219	-	6,219	6,152
<i>Governance costs</i>				
	<u>17,508</u>	<u>23,118</u>	<u>40,626</u>	<u>39,799</u>

Motion Control Dance
Notes to the Accounts

7 Other expenditure

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Employee costs	19,819	14,333	34,152	26,100
Motor and travel costs	1,189	-	1,189	2,124
Premises costs	-	-	-	14,909
General administrative costs	12,159	6,728	18,887	7,201
Legal and professional costs	922	-	922	350
	<u>34,089</u>	<u>21,061</u>	<u>55,150</u>	<u>50,684</u>

8 Staff costs

	2021	2020
Salaries and wages	28,202	24,999
Social security costs	2,510	-
Pension costs	529	-
	<u>31,241</u>	<u>24,999</u>

No employee received emoluments in excess of £60,000.

9 Creditors:

amounts falling due within one year

	2021	2020
	£	£
Other taxes and social security	1,854	-
Other creditors	638	-
	<u>2,492</u>	<u>-</u>

Motion Control Dance
Notes to the Accounts

10 Movement in funds

	At 1 September 2020	Incoming resources (including other gains/losses) £	Resources expended £	At 31 August 2021 £
Restricted funds:				
Restricted income funds:				
Parkinsons	300	-	(300)	-
Arts Council Wales	13,950	14,333	(24,423)	3,860
Vale Heros	2,149	-	-	2,149
Older People	9,440	-	(9,440)	-
Youth Cymru	-	2,000	(2,000)	-
The Moondance Foundation	-	8,016	(8,016)	-
<i>Total</i>	<u>25,839</u>	<u>24,349</u>	<u>(44,179)</u>	<u>6,009</u>
Unrestricted funds:				
General funds	20,522	68,819	(51,597)	37,744
Total funds	<u>46,361</u>	<u>93,168</u>	<u>(95,776)</u>	<u>43,753</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Parkinsons

Arts Council Wales Support core costs through the pandemic to cover Director's salary and studio hire

Vale Heros

Older People

Youth Cymru To support a summer dance scheme

The Moondance Foundation Support core costs in terms of project workers wages

11 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	43,753	43,753
	<u>43,753</u>	<u>43,753</u>

Motion Control Dance
Notes to the Accounts

12 Reconciliation of net debt

	At 1 September 2020 £	Cash flows £	At 31 August 2021 £
Cash and cash equivalents	46,361	(116)	46,245
	<u>46,361</u>	<u>(116)</u>	<u>46,245</u>
Net debt	<u>46,361</u>	<u>(116)</u>	<u>46,245</u>

13 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2021 Land and buildings £	2021 Other £	2020 Land and buildings £	2020 Other £
Operating leases with expiry date:				

Pension commitments

	2021 £	2020 £
The pension cost charge to the company amounted to:	<u>529</u>	<u>-</u>

0 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Motion Control Dance
Detailed Statement of Financial Activities
for the year ended 31 August 2021

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:				
Charitable activities				
Classes	24,337	-	24,337	37,098
Projects	11,842	-	11,842	4,563
Events	1,832	-	1,832	1,705
Workshops	1,386	-	1,386	587
	<u>39,397</u>	<u>-</u>	<u>39,397</u>	<u>43,953</u>
Other trading activities				
Merchandise	22	-	22	100
	<u>22</u>	<u>-</u>	<u>22</u>	<u>100</u>
Other				
Grants	20,878	24,349	45,227	71,018
Donations	8,520	-	8,520	2,815
Bank interest	2	-	2	16
	<u>29,400</u>	<u>24,349</u>	<u>53,749</u>	<u>73,849</u>
Total income and endowments	68,819	24,349	93,168	117,902
Expenditure on:				
Charitable activities				
Classes	2,250	-	2,250	1,427
Hall Hire	1	10,390	10,391	10,186
Freelance Tutors	9,038	12,728	21,766	22,034
Event Expenses	6,219	-	6,219	6,152
	<u>17,508</u>	<u>23,118</u>	<u>40,626</u>	<u>39,799</u>
Total of expenditure on charitable activities	17,508	23,118	40,626	39,799
Employee costs				
Salaries/wages	13,869	14,333	28,202	24,999
Employer's NIC	2,510	-	2,510	-
Pension costs	529	-	529	-
Staff training	2,911	-	2,911	1,101
	<u>19,819</u>	<u>14,333</u>	<u>34,152</u>	<u>26,100</u>
Motor and travel costs				
Travel and subsistence	50	-	50	536
Business mileage costs reimbursed	1,139	-	1,139	1,588
	<u>1,189</u>	<u>-</u>	<u>1,189</u>	<u>2,124</u>
Premises cleaning	-	-	-	82
Premises repairs and maintenance	-	-	-	14,827

Motion Control Dance
Detailed Statement of Financial Activities

	-	-	-	14,909
General administrative costs, including depreciation and amortisation				
Bank charges	163	-	163	46
Equipment repairs and maintenance	2,307	-	2,307	1,404
General insurances	718	-	718	545
Software, IT support and related costs	923	6,728	7,651	877
Stationery and printing	362	-	362	1,854
Subscriptions	6,841	-	6,841	-
Sundry expenses	711	-	711	2,475
Telephone, fax and broadband	134	-	134	-
	<u>12,159</u>	<u>6,728</u>	<u>18,887</u>	<u>7,201</u>
Legal and professional costs				
Accountancy and bookkeeping	922	-	922	350
	<u>922</u>	<u>-</u>	<u>922</u>	<u>350</u>
Total of expenditure of other costs	<u>34,089</u>	<u>21,061</u>	<u>55,150</u>	<u>50,684</u>
Total expenditure	<u>51,597</u>	<u>44,179</u>	<u>95,776</u>	<u>90,483</u>
Net gains on investments	-	-	-	-
Net (expenditure)/income	<u>17,222</u>	<u>(19,830)</u>	<u>(2,608)</u>	<u>27,419</u>
Net (expenditure)/income before other gains/(losses)	<u>17,222</u>	<u>(19,830)</u>	<u>(2,608)</u>	<u>27,419</u>
Other Gains	-	-	-	-
Net movement in funds	<u>17,222</u>	<u>(19,830)</u>	<u>(2,608)</u>	<u>27,419</u>
Reconciliation of funds:				
Total funds brought forward	20,522	25,839	46,361	18,942
Total funds carried forward	<u>37,744</u>	<u>6,009</u>	<u>43,753</u>	<u>46,361</u>