

SANCTUARY FAMILY SUPPORT

England & Wales · Charity number 1161537

Details

Status Registered

Legal form CIO

Registered 2015-05-05

Register [View on the Charity Commission register](#)

Contact

Address 322-326 Upper Parliament Street
Liverpool
L8 7QL

Phone 01517350747

Email ruth@sanctuaryfs.org

Website www.sanctuaryfs.com

Activities

Objects: TO RELIEVE SICKNESS AMONGST PERSON SUFFERING FROM SUBSTANCE MISUSE BY THE PROVISION OF SUPPORT,ADVICE AND COUNSELLING FOR THEM AND THEIR FAMILIES, AND TO EDUCATE THE PUBLIC IN ALL MATTERS RELATING TO SUBSTANCE MISUSE

Activities: Sanctuary Family Support provides:- 1-1 support, advice, counselling, advocacy, home visits, referrals, peer to peer group, relapse prevention, health & wellbeing workshops, holistic therapies, drug education and information, sign posting, family cohesion activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Knowsley
- Liverpool City
- Sefton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£174,668	£137,227	-	-
2024-06-30	£162,152	£101,410	-	-
2023-06-30	£103,012	£94,481	-	-
2022-06-30	£86,670	£83,554	-	-
2021-06-30	£91,905	£82,905	-	-

Trustees

Name	Role	Appointed
MADELEINE VAZ DIPC	Chair	1999-03-24
DRUSILLA CLARKE LLB, DIP C		2003-02-22
JUNE HUDSON		2014-08-22
Roy Davis CIPD		2023-01-27

Accounts

SANCTUARY FAMILY SUPPORT

**ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30TH JUNE 2025**

Charity Registration No. 1161537

SANCTUARY FAMILY SUPPORT

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SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2025

The trustees present their report and financial statements of the Charitable Incorporated Organisation for the year ended 30th June 2025.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

The organisation's objects are to relieve sickness amongst people suffering from substance misuse by the provision of support, advice and counselling for their families, and to educate the public in all matters relating to substance misuse.

Public Benefit

In considering the objectives and activities, the Trustees have considered the Charity Commission's guidance on Public Benefit to ensure that the organisation is meeting its Public Benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

The beginning of the year was extremely busy at Sanctuary. It's normally busy in January, but it was much busier than usual. We have had a lot of staff illness this year and hospital appointments. Some of our staff have had to have procedures done which they had to have time off work. We have made a lot of new connections with organisations and hopefully will be setting up some new support groups for families in the future.

Staffing

Sanctuary was successful with an application to Public Health for a Full time Family Support Worker. This post didn't start until June 2025, and the staff member had to be trained over 3 months. We now have 3 Family Support Workers, A Counsellor, Admin/Finance and a Health & Wellbeing person; as well as our chair who volunteers 3 days a week.

Sanctuary Multi Care

Our Health & Wellbeing post comes to an end in December. We have applied for funding to carry this post on as we feel it is necessary to have somebody just looking at the health & wellbeing of our service users who come to us with debilitating effects on physical and mental health.

Public Health (Addictions)

Our public health funding is for a f/t Family Support Worker who was employed from June 2025 until March 2026. We will hopefully be able to apply for this funding again next year. We also attended combatting drugs meetings at Cunard buildings.

Children's Counselling Service

Our children's Counsellor has dealt with 12 children (Children of substance misusers), She had 65 sessions.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2025

Partnership Working

Sanctuary loves to work in Partnership; the following is some of the work we have done:-
Myself & our Service lead Sharon gave a talk to other organisations at the Brink on what we do and how we do it.

- Garston Children's centre gave a talk to the kinship carers
- Adfam most of the work has been done in teams' meetings
- Kinship Carers Norris Green- talk to carers
- Goodison Park Family Hub (Conference)
- Torus/Firefit fortnightly visits from our Health & Wellbeing person
- Talking therapies (Home Office) manned a table at this event
- World Mental Health day Central Library Sanctuary manned a stall.
- Transforming Lives project (Kelvin Grove)
- 3x Health & Wellbeing events Primary Care Network (PCN)
- Alcohol Awareness PCN
- Steve Biko Housing health & Wellbeing event

Training

- Let's talk about suicide
- HIV
- 3-day Trauma training
- Ketamine
- Alcohol,
- Cannabis,
- Mental health
- Blood Pressure monitoring
- Online Ketamine training (Children's service)
- Fuel Support CAB

Workshops Sanctuary Delivered

- 6x Health & Wellbeing 5-week Courses
- 1x Drug Awareness Course
- 2x Stigma Course

Holistic Therapies/Exercise & Yoga

- Sanctuary delivered 47 Exercise sessions & 40 yoga sessions.

Open Days

- Garston Children's centre Open day
- Astra Zeneca Open day manned a stall/afternoon tea
- Dunstan Village surgery Healthy day
- Sanctuary organised a Healthy/Fund Day during half term so children could attend
- We had a great turnout with 8 organisations giving out information and goodies.
- We had the Live Well bus, doing blood pressure monitoring and cholesterol.
- The Liver Bus, doing fibre scans on the liver. 2 Therapist giving massages.
- We had reptiles for the children; Everybody thoroughly enjoyed the day.
- St George's Hall World Mental Health Day Lovely food and refreshments.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2025

Meetings Attended

- 4 Zoom meetings with ADFAM
- 3 meetings at Combatting drugs partnership
- 6 Public health meetings
- 2 Presentations from CAB
- 2 meetings with Integrated Care
- Local Neighbour-hood Manager
- Lifeboat (organisation deals with ketamine)
- 2 meetings with Social Prescribers
- Meeting with staff from Granby/Picton Children's centre
- Meeting with Sharon Lane from Transforming Lives

Carers /Family Activities

- Day out at Blackpool/Lytham St Annes
- Christmas Party
- Pantomime at the Everyman
- Meal at Pan Asian
- Canal Boat trip
- A day visit to Llandudno
- A trip on the Floating Grace
- 2 trips to the theatre

Reach Team

The Team are volunteers that give their time to charities and groups in the south end of Liverpool. The Team came to Sanctuary in August to paint 3 of our downstairs rooms. They brought a skip to get rid of any furniture that we don't need any more and they planted a variety of bulbs which when bloomed we will send them photos of.

Mutual Aid Groups

Sanctuary has its Peer-to-Peer group which is very well attended every week. This group is for family members to attend and meet up with other people in the same situation as themselves and be able to have a cup of coffee or tea and a friendly chat, and they decide the days out that they have.

We have two mutual aid groups at Sanctuary a family one and a user one; they both meet weekly.

I am still in the process of looking for places to meet with families so we can offer support to them in the community and hopefully they will become mutual aid groups.

I have recently met with Carol Mounsey from LFC Foundation who will introduce me to some of the other organisations. We have also met with Sharon Lane from Transforming Lives who is getting some consultation forms completed for us with regards to a family support group. We are due to meet up with Sharon this month.

Funding

- We were successful with a 3-year application to the National Lottery
- We are still working through our 5-year fundraising and sustainability plan and have been successful with all the match funding that we needed.
- We received a donation from Orr Mack Foundation Sharegift. We were surprised to receive a phone call asking us for our Bank details.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2025

- So, I did our due diligence and contacted LCVS to see if they had heard from them. They had, and their donation was in our bank within a week.

Monitoring

- Family Support Workers 1-1 1,373
- Counsellor 1-1 359
- Holistic Therapies 1-1 250
- Peer to Peer Sessions 47
- Exercise 47

FINANCIAL REVIEW

Total income for the year was £174,668 (2024: £162,152), of which £127,484 (2024: £160,007) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £137,227 (2024: £101,410) leaving a surplus for the year of £37,441 (2024: surplus £60,742).

At 30th June 2025 the Charitable Incorporated Organisation's reserves stood at £159,475 (2024: £122,034) of which £132,013 (2024: £123,600) represented restricted funds.

Risk Management

The main risks to which the Charitable Incorporated Organisation's is exposed as identified by the trustees have been considered and systems have been established to mitigate those risks.

Reserves Policy

It is the policy of the Charitable Incorporated Organisation to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year, the unrestricted funds totalled £27,462 less tangible fixed assets of £585 leaving a balance of free reserves of £26,877. The Charitable Incorporated Organisation requires £15,283 for redundancy provision and £4,539 for three months' running costs, (Total £19,822).

Plans for the Future

We have been successful with a 7-year Lease on the premises; trying to get it up to 10 years. We hope to make some alterations to a room on the ground floor. We want to knock down a wall and put in concertina doors; this will enable us to have a bigger space for our exercise etc.

We also need a new kitchen as the old one is dilapidated. We have applied for funding to the Clothworkers Fund for the funding for the wall and will use the donation we received to pay for the kitchen.

We would preferably like our funding to be over 3 years this way there is sustainability for the future; this is why our applications to our Funders mirror this. PH Holt and Rathbones are funding us for the next 3 years we are waiting to hear from John Moore's.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sanctuary Family Support is a registered Charitable Incorporated Organisation (CIO), number 1161537 formed on 5th May 2015, under the terms of the Memorandum and Articles of Association dated 7th April 2015.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2025

The organisation was previously a Charity, number 1077908, which is now disbanded, and all assets have been transferred to the CIO. The CIO started trading on 1st June 2015.

The Board of Trustees also forms the Executive Committee which appoints officers who are responsible for the day-to-day running of the charity.

The Executive Committee shall consist of not less than 3 members and no more than 8 members. All the members of the Executive Committee shall retire from office together at the end of the annual general meeting next after the date on which they came into office, but they may be re-elected or re-appointed.

The Executive Committee meets at least twice a year, and a special meeting may be called at any time by the chair or by any two members of the Executive Committee.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sanctuary Family Support
Charity number	1161537
Address & Office	322-326 Upper Parliament Street Liverpool L8 7QL
Trustees	The members of the Board of Trustees are as follows: D Clarke R Davis C Dempsey J Hudson M Vaz - Chair (Resigned 27 th February 2026)
Independent Examiner	Ying Huang FCCA c/o LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	Lloyds TSB Bank PLC India Buildings 108 Water Street Liverpool L69 2WN

Signed on behalf of the Trustees

.....

M Vaz, Trustee

.....
24.4.26
Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SANCTUARY FAMILY SUPPORT

I report on the accounts of the Charitable Incorporated Organisation for the year ended 30th June 2025 which are set out on pages 8 to 20.

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's
statement

In connection with my examination, no matter has come to my attention:

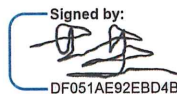
(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Ying Huang**

Signed by:

DF051AE92EBD4B6...

Relevant professional qualification or body: **FCCA**

Address: **c/o LCVS 151 Dale Street, L2 2AH**

Dated: 27 April 2026

SANCTUARY FAMILY SUPPORT
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH JUNE 2025

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		2025 £	2025 £	2025 £	2024 £
Income and Endowments from					
Donations	2a	11,084	-	11,084	1,690
Charitable activities	2b	36,100	127,484	163,584	160,462
		-----	-----	-----	-----
Total income		47,184	127,484	174,668	162,152
		-----	-----	-----	-----
Expenditure on					
Charitable activities	3	18,156	119,071	137,227	101,410
		-----	-----	-----	-----
Total expenditure		18,156	119,071	137,227	101,410
		-----	-----	-----	-----
Net (expenditure)/income, net movement in funds		29,028	8,413	37,441	60,742
Total funds brought forward	8 - 10	(1,566)	123,600	122,034	61,292
		-----	-----	-----	-----
Total funds carried forward	8 – 10	27,462	132,013	159,475	122,034
		=====	=====	=====	=====

The notes on pages 10 to 20 form part of these accounts.

All the above amounts relate to continuing activities of the charity.

SANCTUARY FAMILY SUPPORT
BALANCE SHEET AS AT 30TH JUNE 2025

	Notes	30 th June 2025		30 th June 2024	
Fixed assets		£	£	£	£
Tangible fixed assets	4		7,263		27
Right of use assets	5		-		9,590
			-----		-----
			7,263		9,617
Current assets					
Debtors	6	237		791	
Cash at bank and in hand		157,703		160,877	
		-----		-----	
		157,940		161,668	
Current liabilities					
Creditors: amounts falling due within one year	7	(5,728)		(49,251)	
		-----		-----	
Total assets less current liabilities			152,212		112,417
			-----		-----
Net assets			159,475		122,034
			=====		=====
Funds:					
Unrestricted funds	8, 9	27,462		(1,566)	
Restricted funds	8, 10	132,013		123,600	
		-----		-----	
			159,475		122,034
			=====		=====

Approved by Trustees on 24.4.26

M Vaz
M Vaz, Trustee

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

1. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2019) and Charities Act 2011.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charitable Incorporated Organisation has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the Charitable Incorporated Organisation has adequate reserves to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the Charitable Incorporated Organisation free reserves available for the trustees to apply in accordance with the charity's objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accrual's basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Fixed Assets

Capital expenditure is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Computer Equipment	25% per annum straight line method
Fixtures, Fittings & Equipment	10% per annum straight line method
Right of use assets	Over the term of the lease

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

SANCTUARY FAMILY SUPPORT
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

Critical accounting estimates and judgements

In the application of the charity’s accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Cost of charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charity. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charity

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charity benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions. The charity is not able to recover Value Added Tax. Expenditure is recorded in the accounts inclusive of VAT.

2. Income and endowments from:

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
a. Donations and legacies				
Donations	11,084	-	11,084	1,690
	=====	=====	=====	=====

Donations and legacies income for year end 2024 related wholly to unrestricted funds.

SANCTUARY FAMILY SUPPORT**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025**

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
b. Charitable activities				
Contract income	36,100	-	36,100	-
Father Austin	-	-	-	-
Garfield Weston Foundation	-	-	-	15,000
LCVS Community Impact Fund	-	2,940	2,940	1,610
Liverpool City Council	-	500	500	-
Liverpool VCFSE Health & Wellbeing Fund	-	38,855	38,855	13,954
Local Neighbourhood Fund	-	750	750	635
Merseycare Trust	-	-	-	19,979
National Lottery Community Fund	-	80,000	80,000	53,829
Postcode Neighbourhood Trust	-	-	-	25,000
Trusthouse Charitable Foundation	-	-	-	30,000
UK Shared Prosperity Fund	-	4,439	4,439	-
Room hire	-	-	-	455
	36,100	127,484	163,584	160,462

Charitable activities income for year end 2024 includes unrestricted income of £455 and £160,007 of restricted income.

3. Expenditure on charitable activities

	Direct charitable Expenditure £	Support & Governance Costs £	Total 2025 £	Total 2024 £
To provide help and support and advice on substance misuse for families	81,146	56,081	137,227	101,410
	=====	=====	=====	=====

a. analysed as follows:

	2025 £	2024 £
<i>Direct Charitable Expenditure:</i>		
Staff salary costs	60,562	45,766
Pension	196	615
Sessional fees	6,490	3,375
Activities, events and Therapies	11,097	7,434
25 th Anniversary	-	1,180
Food and toiletries	688	736
Volunteer expenses	1,627	1,330
Equipment	486	424
	81,146	60,860

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

	2025	2024
	£	£
<i>Support and governance costs:</i>		
Staff salary costs	16,410	12,697
Office costs	8,223	2,718
Running costs	8,791	5,721
Subscriptions and memberships	285	527
Travel and subsistence expenses	935	331
Training	3,302	353
Insurance	438	438
Marketing	380	-
Consultancy fees	4,305	6,536
Lease interest charges	1,538	
Loss on disposal of fixed assets	20	-
Payroll fees	-	476
Accountancy	1,137	1,137
Right of use depreciation	9,590	9,590
Depreciation	727	26
	-----	-----
	56,081	40,550
	-----	-----
Total expenditure on charitable activities	137,227	101,410
	=====	=====

£119,071 (2024: £92,618) of the above expenditure relates to restricted funding.

b. Staff Costs	2025	2024
	£	£
Gross wages and salaries	76,972	58,463
Pension	196	615
	-----	-----
	77,168	59,078
	=====	=====

c. Particulars of employees:

The average number of employees during the year 5.33 (2024: 3.83), and calculated on the basis of full-time equivalents, was as follows:

	2025	2024
	2.9	2.3
Charitable activities	=====	=====

No employee received emoluments of more than £60,000 during the year. (2024: none)

The trustees are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year (2024: £nil).

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

4. Tangible fixed assets

	Computer Equipment	Fixtures, Fittings & Equipment	Total
Cost	£	£	£
Balance at 1 st July 2024	-	318	318
Additions in the year	7,983	-	7,983
Disposals in the year	(-)	(265)	(265)
	-----	-----	-----
Balance at 30 th June 2025	7,983	53	8,036
	-----	-----	-----
Depreciation			
Balance at 1 st July 2024	-	291	291
Charge for the year	720	7	727
Disposals for the year	(-)	(245)	(245)
	-----	-----	-----
Balance at 30 th June 2025	720	53	773
	-----	-----	-----
Net book value at 30th June 2025	7,263	-	7,263
	=====	=====	=====
Net book value at 30 th June 2024	27	27	27
	=====	=====	=====

5. Right of use assets

	Lease	Total
Cost:	£	£
Balance at 1st July 2024	67,131	67,131
Additions in the year	-	-
	-----	-----
Balance at 30th June 2025	67,131	67,131
	=====	=====
Depreciation:		
Balance at 1st July 2024	57,541	57,541
Charge for the year	9,590	9,590
	-----	-----
Balance at 30th June 2025	67,131	67,131
	=====	=====
Net Book Value at 30th June 2025	-	-
	=====	=====
Net Book Value at 30 th June 2024	9,590	9,590
	=====	=====

Charitable Incorporated Organisation signed a lease for 322-326 Upper Parliament Street for ten years starting 1st July 2015. No new lease agreement has been signed at year end 30th June 2025.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

6. Debtors

	2025	2024
	£	£
Debtors	237	791
	=====	=====

7. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals	2,274	7,673
Other creditors	-	38,285
Pension	3,454	3,293
	-----	-----
	5,728	49,251
	=====	=====

8. Analysis of net assets between Funds

	Fixed	Net	Total
	Assets	Current	
2025		Assets	
Unrestricted Funds	£	£	£
General Fund	585	26,877	27,462
	-----	-----	-----
Restricted Funds			
Father Austin	-	924	924
Foyle Foundation	-	44	44
Garfield Weston Foundation	-	7,595	7,595
John Moore's Foundation	-	465	465
LCVS Community Impact Fund	-	5,736	5,736
Liverpool City Council	-	500	500
Liverpool VCFSE Health & Wellbeing Fund	-	27,811	27,811
Local Neighbourhood Fund	-	416	416
Medicash Charitable Trust	-	1,616	1,616
Merseycare Trust	-	11,907	11,907
National Lottery Community Fund	302	54,968	55,270
P H Holt Foundation	-	2,821	2,821
Postcode Neighbourhood Trust	1,605	3,500	5,105
Trusthouse Charitable Foundation	1,605	7,032	8,637
Uk Shared Prosperity Fund	3,166	-	3,166
	-----	-----	-----
	6,678	125,335	132,013
	-----	-----	-----
Totals	7,263	152,212	159,475
	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

	Fixed	Net	Total
	Assets	Current	
2024	Assets	Assets	
Unrestricted Funds	£	£	£
General Fund	9,590	(11,156)	(1,566)
	-----	-----	-----
Restricted Funds			
Father Austin	-	924	924
Foyle Foundation	-	258	258
Garfield Weston Foundation	-	13,859	13,859
John Moore's Foundation	-	945	945
LCVS Community Impact Fund	-	6,274	6,274
Liverpool City Council	-	2,761	2,761
Liverpool VCFSE Health & Wellbeing Fund	-	7,285	7,285
Local Neighbourhood Fund	-	302	302
Medicash Charitable Trust	-	1,616	1,616
Merseycare Trust	-	12,003	12,003
National Lottery Community Fund	27	15,400	15,427
P H Holt Foundation	-	6,946	6,946
Postcode Neighbourhood Trust	-	25,000	25,000
Trusthouse Charitable Foundation	-	30,000	30,000
	-----	-----	-----
	27	123,573	123,600
	-----	-----	-----
Totals	9,617	112,417	122,034
	=====	=====	=====

9. Unrestricted funds

		Movements in the Year		
2025	Reserves at beginning of year	Income	Expenditure	Reserves at End of Year
	£	£	£	£
General Fund	(1,566)	47,184	(18,156)	27,462
	=====	=====	=====	=====

		Movements in the Year		
2024	Reserves at beginning of year	Income	Expenditure	Reserves at End of Year
	£	£	£	£
General Fund	5,081	2,145	(8,792)	(1,566)
	=====	=====	=====	=====

General Fund is used to finance the charity's general activities and core costs as outlined in the Trustees' Report.

SANCTUARY FAMILY SUPPORT**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025****10. Restricted funds**

2025	Reserves at beginning of year £	Movements in the Year		Reserves at End of Year £
		Income £	Expenditure £	
Father Austin	924	-	(-)	924
Foyle Foundation	258	-	(214)	44
Garfield Weston Foundation	13,859	-	(6,264)	7,595
John Moore's Foundation	945	-	(480)	465
LCVS Community Impact Fund	6,274	2,940	(3,478)	5,736
Liverpool City Council	2,761	500	(2,761)	500
Liverpool VCFSE Health & Wellbeing Fund	7,285	38,855	(18,329)	27,811
Local Neighbourhood Fund	302	750	(636)	416
Medicash Charitable Trust	1,616	-	(-)	1,616
Mereycare Trust	12,003	-	(96)	11,907
National Lottery Community Fund	15,427	80,000	(40,157)	55,270
P H Holt Foundation	6,946	-	(4,125)	2,821
Postcode Neighbourhood Trust	25,000	-	(19,895)	5,105
Trusthouse Charitable Foundation	30,000	-	(21,363)	8,637
UK Shared Prosperity Fund	-	4,439	(1,273)	3,166
	-----	-----	-----	-----
	123,600	127,484	(119,071)	132,013
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025**

2024	Reserves at beginning of year	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
Co-Op Local Community Fund	1,304	-	(1,304)	-
Father Austin	1,211	-	(287)	924
Foyle Foundation	258	-	(-)	258
Garfield Weston Foundation	-	15,000	(1,141)	13,859
John Moore's Foundation	8,958	-	(8,013)	945
Improving Maternal Mental Health	3,765	-	(3,765)	-
LCVS Community Impact Fund	7,385	1,610	(2,721)	6,274
Liverpool City Council	3,931	-	(1,170)	2,761
Liverpool City Council (Activities)	1,394	-	(1,394)	-
Liverpool VCFSE Health & Wellbeing Fund	3,940	13,954	(10,609)	7,285
Local Neighbourhood Fund	-	635	(333)	302
Mayoral Neighbourhood Fund	1,678	-	(1,678)	-
Medicash Charitable Trust	1,616	-	(-)	1,616
Merseycare Trust	-	19,979	(7,976)	12,003
National Lottery Community Fund	8,593	53,829	(46,995)	15,427
P H Holt Foundation	10,968	-	(4,022)	6,946
Postcode Neighbourhood Trust	-	25,000	(-)	25,000
Torus Foundation	1,210	-	(1,210)	-
Trusthouse Charitable Foundation	-	30,000	(-)	30,000
	56,211	160,007	(92,618)	123,600
	=====	=====	=====	=====

Description of Funds

These are monies given to the charity to be spent at the discretion of the Board of Trustees for specific charitable purposes:

Co-op Local Community Fund –Contribution towards carers' keep-fit

Father Austin - Contribution towards 'Health and Wellbeing' project

Foyle Foundation - Contribution towards counsellors' salary costs.

Garfield Weston Foundation - Contribution towards core costs

Improving Maternal Mental Health -Contribution towards 'Sharing and Caring' project

John Moores Foundation – Contribution towards counsellors' salary costs.

LCVS Community Impact Fund – Contribution towards 'Health and Wellbeing' project

Liverpool City Council - to contribute towards activities and winter fuel

Liverpool City Council (Activities)– to contribute towards Children's' healthy eating activities, therapy costs, a night-out, boxercise and exercise and other activities for carers.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2025

Liverpool VCFSE Health & Wellbeing Fund – Contribution towards 'Health and Wellbeing' project

Local Neighbourhood Fund - Contribution towards taking children to the pantomime

Mayoral Neighbourhood Fund – Contribution towards introduction to counselling course

Medicash Charitable Trust – Contribution towards 'Road to recover Veterans' project.

Merseycare Trust – Contribution towards Suicide Prevents a project to help ease the suffering of people who are wanting to take their own life.

National Lottery Community Fund – Contribution towards salary cost for the Family support workers, administration, and Therapists.

P H Holt Foundation – Contribution towards salary cost for the support workers.

Postcode Neighbourhood Trust – Contribution towards core costs

Torus Foundation – Contribution towards elderly activities and food.

Trusthouse Charitable Foundation- Contribution towards core costs

UK Shared Prosperity Fund – Contribution towards computer equipment

11. Guarantees and Other Financial Commitments

Financial commitments under non-cancellable operating leases relating to property lease of 322-326 Upper Parliament Street. Previous lease finished in the year, new lease in negotiation and signed in the new year.

12. Related Party Transactions

There were no material related party transactions during the year which require disclosure (2024: none).

Accounts

SANCTUARY FAMILY SUPPORT

**ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30TH JUNE 2024**

Charity Registration No. 1161537

CONTENTS

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SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2024

The trustees present their report and financial statements of the Charitable Incorporated Organisation for the year ended 30th June 2024.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

The organisation's objects are to relieve sickness amongst people suffering from substance misuse by the provision of support, advice and counselling for their families, and to educate the public in all matters relating to substance misuse.

Public Benefit

In considering the objectives and activities, the Trustees have considered the Charity Commission's guidance on Public Benefit to ensure that the organisation is meeting its Public Benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

On the 22nd January 2024, we had the most wonderful evening at the National Lottery Big Night of Musicals in Manchester's AO Arena. Four of the staff attended this night and thoroughly enjoyed it.

Sanctuary celebrated 25 years in existence on the 24th March 2024. We had a wonderful celebration at St Dunstan's church, with attendance from funders, service users, friends and family.

We have had an extremely busy year with our Suicide Prevention project and our Sanctuary Multi Care project both coming to an end.

We have also had a year of health problems with one of our Family Support Worker's waking up one morning and not being able to walk. She was off on sickness leave for 10 weeks. Other staff members have been ill with flu etc

We've had a busy year fundraising as we need to be sustainable for the next year at least three if possible.

Staffing

Our Counsellor had to leave in July 2023 due to health reasons. We experienced some problems employing a new counsellor but finally did in September 2023 when we employed Joe Galloway, who did his placement at Wirral ways.

Sanctuary's 25th Anniversary

Sanctuary celebrated 25 years of supporting communities in March 2024. What a celebration. It was attended by our, trustees, service users, funders and other organisations. Roy one of our Trustee's was the compere for the day. The choir with no name and Steph an ex-service user, sang amazing songs. Collective Encounters did some work with our carers, who did a performance on the day and had me in tears. It was a day enjoyed by everybody that came and one to be remembered.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2024

Projects

In July 2023 Sanctuary was successful with funding from Mersey Care for Suicide Prevention. This project ended in June 2024; Sanctuary dealt with 60 people. We had a celebration day in Quaker House on July 18th.

Sanctuary Multi Care

A project funded by Integrated Care to work with family members affected by substance misuse, ended in March 2024. The good news is we have recently been awarded more funding for 21 months to employ a Health & Wellbeing Adviser.

Public Health (Addictions)

Sanctuary were invited to apply for the funding to Public Health for Family Support and were successful. The funding we applied for was for a part time Family Support Worker and is from April 2024 to March 2025

Children's Counselling Service

There has been 40 play therapy sessions and 68 counselling sessions delivered to Bellerive and St. Clare's schools

Partnership Working

- Sanctuary works with all the local Primary Care Networks
- Our volunteers manned stalls at Dry January Central Library
- Improving mental health & Addictions Central Library
- Healthy Days for men at Joseph Lappin Centre - SWAGGA Primary Care Network
- 2 Healthy Days Lister Drive Library - Picton Primary Care network
- 2 Healthy Days Kensington Children's centre - Picton Primary care
- We attended the opening of the Big Life Hub Liverpool. A Hub for Homeless people Dame Carol Black was a guest
- Building Connections an opportunity to meet other community groups at (Mersey Care) Life Rooms
- World Mental Health Day at the Central Library through Talking Therapies

Training

All of the staff did "No More Suicide" Community training, Menopause workshop, IT Training on Excel, Alcohol Conference at Aintree Hospital & Gambling Conference.

Sanctuary Delivered:-

- 3 Health & Wellbeing 5 week Courses
- 1 Drug Awareness Course
- 1 Stigma Course

Open Day

Sanctuary organised an Open day in partnership with Central PCN at the Caribbean Centre. The day had unexpected snow, but it didn't stop people attending. We had a good turnout of 45 people, CAB, Talking Therapies, Carer's Centre, Credit Union, WHISC were just a few of the organisations that took part. There were holistic therapies and Auricular acupuncture and Lunch.

We had the live well bus with staff that took people's blood pressure and cholesterol and made referrals to G. P's or hospital.

Meetings Attended

4 Zoom meetings with ADFAM

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2024

3 meetings at Combatting drugs partnership
2 Presentations from CAB
3 meetings with Integrated Care

Fibre Scan Liver Bus

Sanctuary was introduced to the head Alcohol nurse from the Royal Liverpool Hospital at a meeting with Public Health. We were able to book the Bus to come tour organisation through the nurse. 15 of our service users had the scans completed; and were given results there and then.

Carers Family Activities

Sanctuary families visited The Welsh Mountain Zoo and attended 2 pantomimes at the Empire and Royal Court theatre. Carers had a Christmas party at Sanctuary where they all brought a dish of food each, this went really well. Carers also went out for a meal in the New Year paid for by the local councillor's fund and visited the theatre three times. Families have also visited Blackpool whilst the carers visited Lytham St Annes.

Reach Team

The Team are volunteers that give their time to charities and groups in the south end of Liverpool. They have been to Sanctuary on a number of occasions to help with painting, gardening, moving rubbish etc.

Funding

Our Lottery funding came to an end in August 2024.

We have had a busy year fundraising and had previously devised a 5-year Income & Succession plan.

We have had experience with contracts as we have successfully in April been awarded a contract with the LCC Addiction services & Public Health for 12 months. Part of this funding was to employ a parttime Family Support Worker.

Mutual Aid Groups

Sanctuary is in the process of setting up 5 mutual aid groups in different communities. There's a long way to go yet but have had leaflets and Poster printed and distributed.

Actual and percentage

For July 2023 to June 2024

Family Clients	157
User Clients	226

	383
Male	173
Female	210

	383

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2024

Details of support given	2023/2024
One to One/Phone Family Support Worker	1,359
Counsellor Sessions	250
Holistic Therapies	303
Peer to Peer Sessions	48
Exercise	280

Total	2,240

FINANCIAL REVIEW

Total income for the year was £162,152 (2023: £103,012), of which £160,007 (2023: £99,519) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £101,410 (2023: £94,481) leaving a surplus for the year of £60,742 (2023: surplus £8,531).

At 30th June 2024 the Charitable Incorporated Organisation's reserves stood at £122,034 (2023: £61,292) of which £123,600 (2023: £56,211) represented restricted funds.

Risk Management

The main risks to which the Charitable Incorporated Organisation's is exposed as identified by the trustees have been considered and systems have been established to mitigate those risks.

Reserves Policy

It is the policy of the Charitable Incorporated Organisation to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year, the deficit unrestricted funds totalled £1,566 less tangible fixed assets of £9,590 leaving a balance of deficit free reserves of £11,156. The charitable company requires £14,343 for redundancy provision and £2,198 for three months' running costs, (Total £16,541).

The plan to build up the unrestricted reserves having identified potential contracts and sub-contracts with the public sector; self- generating income via room hire and through surplus from the delivery of courses & workshops; also, donations and to register for gift aid with HMRC.

Plans for the Future

We have a lot of work to complete such as dealing with our service users, workshops and courses so will be busy with those as well as attending PCN Open Days.

There is a Tender out in Liverpool for the Alcohol & Drugs contract; Family Support is included in the Tender so there is a good chance that Sanctuary will be included in a Tender.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sanctuary Family Support is a registered Charitable Incorporated Organisation (CIO), number 1161537 formed on 5th May 2015, under the terms of the Memorandum and Articles of Association dated 7th April 2015.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2024

The organisation was previously a Charity, number 1077908, which is now disbanded, and all assets have been transferred to the CIO. The CIO started trading on 1st June 2015.

The Board of Trustees also forms the Executive Committee which appoints officers who are responsible for the day-to-day running of the charity.

The Executive Committee shall consist of not less than 3 members and no more than 8 members. All the members of the Executive Committee shall retire from office together at the end of the annual general meeting next after the date on which they came into office, but they may be re-elected or re-appointed.

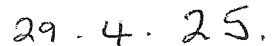
The Executive Committee meets at least twice a year, and a special meeting may be called at any time by the chair or by any two members of the Executive Committee.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sanctuary Family Support
Charity number	1161537
Address & Office	322-326 Upper Parliament Street Liverpool L8 7QL
Trustees	The members of the Board of Trustees are as follows: D Clarke R Davis C Dempsey J Hudson M Vaz - Chair
Independent Examiner	Ying Huang FCCA c/o LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	Lloyds TSB Bank PLC India Buildings 108 Water Street Liverpool L69 2WN

Signed on behalf of the Trustees


.....
M Vaz, Trustee


.....
Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SANCTUARY FAMILY SUPPORT

I report on the accounts of the Charitable Incorporated Organisation for the year ended 30th June 2024 which are set out on pages 8 to 21.

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's
statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Ying Huang**



Relevant professional qualification or body: **FCCA**

Address: **c/o LCVS 151 Dale Street, L2 2AH**

Dated: 29/04/2025

SANCTUARY FAMILY SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH JUNE 2024

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		2024 £	2024 £	2024 £	2023 £
Income and Endowments from					
Donations	2a	1,690	-	1,690	2,953
Charitable activities	2b	455	160,007	160,462	100,059
Total income		2,145	160,007	162,152	103,012
Expenditure on					
Charitable activities	3	8,792	92,618	101,410	94,481
Total expenditure		8,792	92,618	101,410	94,481
Net (expenditure)/income, net movement in funds		(6,647)	67,389	60,742	8,531
Total funds brought forward	10, 11	5,081	56,211	61,292	52,761
Total funds carried forward	9 - 11	(1,566)	123,600	122,034	61,292

The notes on pages 10 to 21 form part of these accounts.

All the above amounts relate to continuing activities of the charity.

SANCTUARY FAMILY SUPPORT
BALANCE SHEET AS AT 30TH JUNE 2024

	Notes	30 th June 2024		30 th June 2023	
Fixed assets		£	£	£	£
Tangible fixed assets	4		27		53
Right of use assets	5		9,590		19,180
			-----		-----
			9,617		19,233
Current assets					
Debtors	6	791		237	
Cash at bank and in hand		160,877		84,631	
		-----		-----	
		161,668		84,868	
Current liabilities					
Creditors: amounts falling due within one year	7	(49,251)		(32,802)	
		-----		-----	
Net current assets			112,417		52,066
			-----		-----
Total assets less current liabilities			122,034		71,299
			-----		-----
Creditors: amounts falling due after more than one year	8		(-)		(10,007)
			-----		-----
Net assets			122,034		61,292
			=====		=====
Funds:					
Unrestricted funds	9, 10		(1,566)		5,081
Restricted funds	9, 11		123,600		56,211
			-----		-----
			122,034		61,292
			=====		=====

Approved by Trustees on 29/4/25

M. Vaz
M Vaz, Trustee

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

1. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2019) and Charities Act 2011.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charitable Incorporated Organisation has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company can build up adequate reserves to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the Charitable Incorporated Organisation free reserves available for the trustees to apply in accordance with the charities objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Fixed Assets

Capital expenditure is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Fixtures, Fittings & Equipment	10% per annum straight line method
Right of use assets	Over the term of the lease

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Cost of charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charity. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charity

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charity benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions. The charity is not able to recover Value Added Tax. Expenditure is recorded in the accounts inclusive of VAT.

2. Income and endowments from:

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
a. Donations and legacies				
Donations	1,690	-	1,690	2,953
	=====	=====	=====	=====

Donations and legacies income for 2023 related wholly to unrestricted funds.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
b. Charitable activities				
Father Austin	-	-	-	500
Garfield Weston Foundation	-	15,000	15,000	-
John Moore's Foundation	-	-	-	10,000
LCVS Community Impact Fund	-	1,610	1,610	5,000
Liverpool City Council	-	-	-	1,534
Liverpool VCFSE Health & Wellbeing Fund	-	13,954	13,954	13,954
Local Neighbourhood Fund	-	635	635	-
Merseycare Trust	-	19,979	19,979	-
National Lottery Community Fund	-	53,829	53,829	58,531
P H Holt Foundation	-	-	-	10,000
Postcode Neighbourhood Trust	-	25,000	25,000	-
Trusthouse Charitable Foundation	-	30,000	30,000	-
Room hire	455	-	455	540
	455	160,007	160,462	100,059
	=====	=====	=====	=====

The income for 2023 includes unrestricted income of £540 and £99,519 of restricted income.

3. Expenditure on charitable activities

	Direct charitable Expenditure £	Support & Governance Costs £	Total 2024 £	Total 2023 £
To provide help and support and advice on substance misuse for families	60,860	40,550	101,410	94,481
	=====	=====	=====	=====

a. analysed as follows:

	2024 £	2023 £
<i>Direct Charitable Expenditure:</i>		
Staff salary costs	45,766	36,423
Pension	615	530
Sessional fees	3,375	11,880
Activities, events and Therapies	7,434	7,706
25 th Anniversary	1,180	-
Food and toiletries	736	800
Volunteer expenses	1,330	1,278
Equipment	424	-
	60,860	58,617
	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

	2024	2023
	£	£
<i>Support and governance costs:</i>		
Staff salary costs	12,697	10,272
Office costs	2,718	2,928
Running costs	5,721	6,765
Subscriptions and memberships	527	100
Travel and subsistence expenses	331	175
Training	353	192
Insurance	438	429
Consultancy fees	6,536	3,396
Payroll fees	476	901
Accountancy	1,137	1,085
Right of use depreciation	9,590	9,591
Depreciation	26	30
	-----	-----
	40,550	35,864
	-----	-----
Total expenditure on charitable activities	101,410	94,481
	=====	=====

£92,618 (2023: £92,253) of the above expenditure relates to restricted funding.

b. Staff Costs	2024	2023
	£	£
Gross wages and salaries	58,463	46,695
Pension	615	530
	-----	-----
	59,078	47,225
	=====	=====

c. Particulars of employees:

The average number of employees during the year 3.83 (2023: 4.00), and calculated on the basis of full-time equivalents, was as follows:

	2024	2023
Charitable activities	2.3	2.2
	=====	=====

No employee received emoluments of more than £60,000 during the year. (2023: none)

The trustees are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year (2023: £nil).

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

4. Tangible fixed assets

	Fixtures, Fittings & Equipment	Total
Cost	£	£
Balance at 1 st July 2023	318	318
Additions in the year	-	-
Disposals in the year	-	-
	-----	-----
Balance at 30 th June 2024	318	318
	-----	-----
Depreciation		
Balance at 1 st July 2023	265	265
Charge for the year	26	26
Disposals for the year	-	-
	-----	-----
Balance at 30 th June 2024	291	291
	-----	-----
Net book value at 30th June 2024	27	27
	=====	=====
Net book value at 30 th June 2023	53	53
	=====	=====

5. Right of use assets

	Lease	Total
Cost:	£	£
Balance at 1st July 2023	67,131	67,131
Additions in the year	-	-
	-----	-----
Balance at 30th June 2024	67,131	67,131
	=====	=====
Depreciation:		
Balance at 1st July 2023	47,951	47,951
Charge for the year	9,590	9,590
	-----	-----
Balance at 30th June 2024	57,541	57,541
	=====	=====
Net Book Value at 30th June 2024	9,590	9,590
	=====	=====
Net Book Value at 30 th June 2023	19,180	19,180
	=====	=====

Charitable Incorporated Organisation signed a lease for 322-326 Upper Parliament Street for ten years starting 1st July 2015

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

6. Debtors

	2024	2023
	£	£
Debtors	791	237
	=====	=====

7. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals	7,673	2,661
Other creditors	38,285	28,277
Pension	3,293	1,858
Tax and social security	-	6
	-----	-----
	49,251	32,802
	=====	=====

8. Creditors: amounts falling due after more than one year

	2024	2023
	£	£
Other Creditors	-	10,007
	=====	=====

Other creditors comprise lease commitments on 322-326 Upper Parliament Street started 1st July 2015 for 10 years adjusted as per IFRS 16 with discount rate of 0.95% (2023: 0.95%)

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

9. Analysis of net assets between Funds

2024	Fixed Assets	Net Current Assets	Creditors More than one year	Total
	£	£	£	£
Unrestricted Funds				
General Fund	9,590	(11,156)	-	(1,566)
	-----	-----	-----	-----
Restricted Funds				
Father Austin	-	924	-	924
Foyle Foundation	-	258	-	258
Garfield Weston Foundation	-	13,859	-	13,859
John Moore's Foundation	-	945	-	945
LCVS Community Impact Fund	-	6,274	-	6,274
Liverpool City Council	-	2,761	-	2,761
Liverpool VCFSE Health & Wellbeing Fund	-	7,285	-	7,285
Local Neighbourhood Fund	-	302	-	302
Medicash Charitable Trust	-	1,616	-	1,616
Merseycare Trust	-	12,003	-	12,003
National Lottery Community Fund	27	15,400	-	15,427
P H Holt Foundation	-	6,946	-	6,946
Postcode Neighbourhood Trust	-	25,000	-	25,000
Trusthouse Charitable Foundation	-	30,000	-	30,000
	-----	-----	-----	-----
	27	123,573	-	123,600
	-----	-----	-----	-----
Totals	9,617	112,417	-	122,034
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

2023	Fixed Assets	Net Current Assets	Creditors More than one year	Total
Unrestricted Funds	£	£	£	£
General Fund	19,180	(4,092)	(10,007)	5,081
	-----	-----	-----	-----
Restricted Funds				
Co-op Local	-	1,304	-	1,304
Community Fund	-	1,211	-	1,211
Father Austin	-	258	-	258
Foyle Foundation	-	8,958	-	8,958
John Moore's Foundation	-	3,765	-	3,765
Improving Maternal Mental Health	-	7,385	-	7,385
LCVS Community Impact Fund	-	3,940	-	3,940
Liverpool VCFSE Health & Wellbeing Fund	-	3,931	-	3,931
Liverpool City Council	-	1,394	-	1,394
Liverpool City Council (Activities)	-	1,678	-	1,678
Mayoral Neighbourhood Fund	-	1,616	-	1,616
Medicash Charitable Trust	53	8,540	-	8,593
National Lottery Community Fund	-	10,968	-	10,968
P H Holt Foundation	-	1,210	-	1,210
Torus Foundation	-----	-----	-----	-----
	53	56,158	-	56,211
	-----	-----	-----	-----
Totals	19,233	52,066	(10,007)	61,292
	=====	=====	=====	=====

10. Unrestricted funds

2024	Movements in the Year			Reserves at End of Year
	Reserves at beginning of year	Income	Expenditure	
	£	£	£	£
General Fund	5,081	2,145	(8,792)	(1,566)
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

2023	Reserves at beginning of year £	Movements in the Year		Reserves at End of Year £
		Income £	Expenditure £	
General Fund	3,816	3,493	(2,228)	5,081
	=====	=====	=====	=====

General Fund is used to finance the charity's general activities and core costs as outlined in the Trustees' Report.

11. Restricted funds

2024	Reserves at beginning of year £	Movements in the Year		Reserves at End of Year £
		Income £	Expenditure £	
Co-Op Local Community Fund	1,304	-	(1,304)	-
Father Austin	1,211	-	(287)	924
Foyle Foundation	258	-	(-)	258
Garfield Weston Foundation	-	15,000	(1,141)	13,859
John Moore's Foundation	8,958	-	(8,013)	945
Improving Maternal Mental Health	3,765	-	(3,765)	-
LCVS Community Impact Fund	7,385	1,610	(2,721)	6,274
Liverpool City Council	3,931	-	(1,170)	2,761
Liverpool City Council (Activities)	1,394	-	(1,394)	-
Liverpool VCFSE Health & Wellbeing Fund	3,940	13,954	(10,609)	7,285
Local Neighbourhood Fund	-	635	(333)	302
Mayoral Neighbourhood Fund	1,678	-	(1,678)	-
Medicash Charitable Trust	1,616	-	(-)	1,616
Mereycare Trust	-	19,979	(7,976)	12,003
National Lottery Community Fund	8,593	53,829	(46,995)	15,427
P H Holt Foundation	10,968	-	(4,022)	6,946
Postcode Neighbourhood Trust	-	25,000	(-)	25,000
Torus Foundation	1,210	-	(1,210)	-
Trusthouse Charitable Foundation	-	30,000	(-)	30,000
	56,211	160,007	(92,618)	123,600
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

2023	Reserves at beginning of year £	Movements in the Year		Reserves at End of Year £
		Income £	Expenditure £	
Co-Op Local Community Fund	1,304	-	-	1,304
Father Austin	836	500	(125)	1,211
Foyle Foundation	3,992	-	(3,734)	258
John Moore's Foundation	-	10,000	(1,042)	8,958
Improving Maternal Mental Health	3,765	-	-	3,765
LCVS Community Impact Fund	4,033	5,000	(1,648)	7,385
Liverpool City Council	7,200	1,534	(4,803)	3,931
Liverpool City Council (Activities)	1,809	-	(415)	1,394
Liverpool VCFSE Health & Wellbeing Fund	-	13,954	(10,014)	3,940
Mayoral Neighbourhood Fund	4,354	-	(2,676)	1,678
Medicash Charitable Trust	5,875	-	(4,259)	1,616
National Lottery Community Fund	8,515	58,531	(58,453)	8,593
P H Holt Foundation	6,052	10,000	(5,084)	10,968
Torus Foundation	1,210	-	-	1,210
	48,945	99,519	(92,253)	56,211
	=====	=====	=====	=====

Description of Funds

These are monies given to the charity to be spent at the discretion of the Board of Trustees for specific charitable purposes:

Co-op Local Community Fund –Contribution towards carers' keep-fit

Father Austin - Contribution towards 'Health and Wellbeing' project

Foyle Foundation - Contribution towards counsellors' salary costs.

Garfield Weston Foundation - Contribution towards core costs

Improving Maternal Mental Health -Contribution towards 'Sharing and Caring' project

John Moores Foundation – Contribution towards counsellors' salary costs.

LCVS Community Impact Fund – Contribution towards 'Health and Wellbeing' project

Liverpool City Council - to contribute towards activities.

Liverpool City Council (Activities)– to contribute towards Children's' healthy eating activities, therapy costs, a night-out, boxercise and exercise and other activities for carers.

Liverpool VCFSE Health & Wellbeing Fund – Contribution towards 'Health and Wellbeing' project

Local Neighbourhood Fund - Contribution towards taking children to the pantomime

Mayoral Neighbourhood Fund – Contribution towards introduction to counselling course

Medicash Charitable Trust – Contribution towards 'Road to recover Veterans' project.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2024

Mereycare Trust – Contribution towards Suicide Prevents a project to help ease the suffering of people who are wanting to take their own life.

National Lottery Community Fund – Contribution towards salary cost for the Family support workers, administration, and Therapists.

P H Holt Foundation – Contribution towards salary cost for the support workers.

Postcode Neighbourhood Trust – Contribution towards core costs

Torus Foundation – Contribution towards elderly activities and food.

Trusthouse Charitable Foundation- Contribution towards core costs

12. Guarantees and Other Financial Commitments

Financial commitments under non-cancellable operating leases relating to property lease of 322-326 Upper Parliament Street. The lease liability is included in creditors.

14. Related Party Transactions

There were no material related party transactions during the year which require disclosure (2023: none).

Accounts

SANCTUARY FAMILY SUPPORT

**ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30TH JUNE 2023**

Charity Registration No. 1161537

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SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

The trustees present their report and financial statements of the Charitable Incorporated Organisation for the year ended 30th June 2023.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

The organisation's objects are to relieve sickness amongst people suffering from substance misuse by the provision of support, advice and counselling for their families, and to educate the public in all matters relating to substance misuse.

Public Benefit

In considering the objectives and activities, the Trustees have considered the Charity Commission's guidance on Public Benefit to ensure that the organisation is meeting its Public Benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

The beginning of 2023 was an extremely busy year for Sanctuary with 40 referrals being received within the first 2 months. This was a mixture of substance misusers and family members as well; The fact that we deal with the families of substance misusers as well as substance misusers themselves works really well at Sanctuary. Sometimes we have mainly mum, bringing in their daughter's or son's for help and support. They would both be dealt with by two different family support worker's if the family member wanted support as well.

We have a new project which started last year, Sanctuary Multi-Care, for families from disadvantaged wards in the communities and a suicide prevention project which started in July this year.

During the second week of June, we had another flooding from upstairs. This time we had to close downstairs and one of our consulting rooms. Exercise had to be cancelled for 2 weeks until the carpet and walls dried. The staff were limited to clients coming into the office, so some clients were dealt with over the phone.

Over the past year we have been busy with referrals from the Social Prescribers; these are people employed by G.P. surgeries to work with patients referred to them by the doctor who they then refer onto other organisations for the health & wellbeing of the patient.

Staffing

Our long term Counsellor Nicky had to leave us in June due to health reasons. It has been difficult recruiting a new counsellor for one reason or another. We have now employed a new counsellor Jose who started with us in September. Alex is a trainee counsellor on placement with us and hopefully we will be having another placement in November.

Projects

The veterans project at Launchpad Speke House, came to an end this year with funding finally spent. The Counsellor, we sent them last year, now has a full time post with them, as I had recommended.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

Carers

Our Carers had a Turkey & Tinsel weekend away in Llandudno. Sanctuary provided a Christmas celebration for the carers. Funding received from the Liverpool City Council paid for A Christmas Meal & Pantomime for our families.

Activities

Sanctuary continues to provide holistic therapies every week to help with the stress that our service users experience. Exercise is also on the agenda weekly and helps to maintain a healthy wellbeing. We provided a trip for 35 people to the Welsh Mountain Zoo, this was an excellent day enjoyed by everybody that attended.

Children's Counselling Service

The counselling service in schools is still taking place, we do hope to fundraise to continue this service; which we feel is desperately needed.

Sanctuary's Open Day/Launch MultiCare Project

We held an Open Day at Sanctuary to showcase our Multi-Care project. Transforming Choices, CAB, Beacon Counselling, Families Anonymous were some of the organisations that took part in the day. The day was very well attended by many carers.

Sanctuary Multi-Care

Sanctuary was successful with funding from the Integrated Care Board (Formally CCG) to deliver a project including Counselling, Auricular Acupuncture, Massage Exercise, & Health & Wellbeing workshops to family members affected by substance misuse & living in disadvantaged wards.

Suicide Prevention

Sanctuary was successful with funding to provide suicide prevention. The project started in July and there has been 32 clients that have received support from our Family Support Worker. The Crisis Team have made a few referrals to us.

Training

All staff attended Safeguarding update & Suicide Awareness training.

Health Awareness Days

Sanctuary has taken part in two mental health awareness days organised by Talk Liverpool at the Liverpool Central Library we also attended 2 healthy days at Kensington Children's centre & A Women's healthy roadshow at Lister Drive Library which was organised by the Picton PCN (Primary Care Network). We attended 3 days at Dingle Health Centre promoting our service with other organisations. 2 days promoting our service at the Pure Gym organised by Talk Liverpool

Partnership work

Sanctuary is now a member of the Combatting Drugs' Partnership.

In response to the recommendations from the two-part independent review by Professor Dame Carol Black the government published a 10 Year Drug Plan (From Harm to Hope) : a ten year plan in December 2021 to cut crime and save lives and to deliver on its recommendations.

The plan (strategy) requires a partnership approach to delivering on the three national strategic priorities:

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

1. Break drug supply chains
2. Deliver a world-class treatment and recovery system
3. Achieve a shift in demand for drugs

Our chair attends the meeting with the Combatting Drugs Partnership.

Sanctuary is working with Cheshire & Merseyside CCG'S and funding received from them has enabled us to provide the Multi-Care project. There are about 18 other organisations who were funded by the CCG'S & we attend monthly meetings with them all. We are also working with Mersey Care who have funded our Suicide Prevention project.

Advocacy

I have advocated on behalf of our organisation to several organisations including: -

- Kinship Carers
- Social Prescribers
- Hosted 7 Zimbabwe Social Workers
- Visit from a Manager from Telford Drugs Team.

Courses

We had a creative writing course running for 3 months. This was delivered by one of our attendees on our introduction to counselling course which ran 18 months ago & it was free for participants.

Our Health & Wellbeing course runs for 5 weeks. We have just had one course completed and another one starting on Friday the 27th October 2023. We are now starting a Mutual Aid Group for our Family service users.

Reach Team

The Reach Team have once again been to Sanctuary to do their good deeds. They painted one of our consulting rooms, they cleared the back garden and planted new plants. They brought a skip to clear out any old furniture that we needed to get rid of. We are truly appreciative to this team for all their good work.

Trustees

Sanctuary will be recruiting new Trustees in the coming months. One of our Trustees has recently had to resign due to health reasons.

Here is our Monitoring for 2022 2023

Family Support Workers 1-1 Inc. Phone	1220
Counsellor 1-1 Inc. Phone	266
Holistic Therapies 1-1	278
Peer to Peer Sessions	48
Exercise	48

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

OUTCOME 1

Individuals suffering from substance misuse will be able to access competent and tailored support and advice, counselling and intervention and be better supported to manage their problems and addictions, resulting in them being able to move on positively with their lives. They will reduce alcohol/drug consumption and/or becoming abstinent and less likely to re-engage in this harmful and or criminal behaviour

Within the Year 2022 2023

INDICATOR 1: Following Care Plan	98%
INDICATOR 2: Managing Their Responsibilities	93%
INDICATOR 3: <i>Reporting A Better Quality of Life</i>	86%
INDICATOR 4: Awareness of Health To Substance Misusers	83%
INDICATOR 5: Improved Cognitive Behaviour	99%
INDICATOR 6: <i>Reporting Reduced Stress</i>	76%
INDICATOR 7: Increased Self Confidence	95%
INDICATOR 8: Better Decision Making	79%

OUTCOME 2

Family members suffering as a result of somebody else's Drug and Alcohol will feel better supported, and have a greater understanding of substance misuse and misuser, have an increased resilience as well as being better able to support the substance misuser; develop and employ new coping and management strategies and reduce negative impact on the family

Within the year 2022 - 2023

INDICATOR 1: Improved Cognitive Behaviour	87%
INDICATOR 2: Reporting A Better Quality of Life	91%
INDICATOR 3: <i>Reporting Reduced Stress</i>	97%
INDICATOR 4: Increased Self Confidence	96%
INDICATOR 5: Managing their Responsibilities	90%
INDICATOR 6: Better Decision Making	99%

OUTCOME 3

Both substance misusers and their families will learn of alternate ways to manage stress, have improved cognitions, better able to deal with anxiety through CBT and other methods referral to our in-house therapist or to a Counsellor, and for the misusers, to help avoid or minimise relapse leading to improved health, improved mental health and wellbeing.

Within the Year 2022 2023

INDICATOR 1: Improved Cognitive Behaviour	99%
INDICATOR 2: Reporting A Better Quality Of Life	87%
INDICATOR 3: <i>Reporting Reduced Stress</i>	85%
INDICATOR 4: Increased Self Confidence	98%

SANCTUARY FAMILY SUPPORT
TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

OUTCOME 4:

Both substance misusers and their families taking responsibility of their lives, their actions, their decisions, making better, safer life choices.

Within the year 2022 - 2023

INDICATOR 1: Managing Their Responsibilities	94%
INDICATOR 2: Better Decision Making	83%

Combined Actual and percentage

Male	461
Female	500
Total	961

Male	48%
Female	52%

Ages	
0 - 24	149
25 - 64	705
65+	107
	961

Ages	
0 - 24	16%
25 - 64	73%
65+	11%
	100%

Ethnicity, Religion and Sexual Orientation Information	
White/Mixed White	620
Mixed/Multiple Ethnic Groups	73
Asian/Asian UK	40
Black/African/Caribbean/Black UK	187
Other ethnic Groups	41
TOTAL	961
Religion or Belief	
No Religion	501
Christian	352
Buddhist	8
Hindu	0
Jewish Muslim	7
Sikh Muslim	23

Ethnicity, Religion and Sexual Orientation Information	Percentage
White/Mixed White	66%
Mixed/Multiple Ethnic Groups	7%
Asian/Asian UK	4%
Black/African/Caribbean/Black UK	19%
Other ethnic Groups	4%
TOTAL	100%
Religion or Belief	
No Religion	52%
Christian	36%
Buddhist	1%
Hindu	0%
Jewish Muslim	1%
Sikh Muslim	2%

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

Other Religion	70
TOTAL	961
Sexual Orientation	
Heterosexual	847
Lesbians, gay men or bisexual	114
TOTAL	961
Health Issues	
Health Issues	783
No Health Issues	178
TOTAL	961
Disabled	297
Non Disabled	664
TOTAL	961

Other Religion	8%
TOTAL	100%
Sexual Orientation	
Heterosexual	88%
Lesbians, gay men or bisexual	12%
TOTAL	100%
Health Issues	
Health Issues	81%
No Health Issues	19%
TOTAL	100%
Disabled	31%
Non Disabled	69%
TOTAL	100%

FINANCIAL REVIEW

Total income for the year was £103,012 (2022: £86,670), of which £99,519 (2022: £83,635) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £94,481 (2022: £83,554) leaving a surplus for the year of £8,531 (2022: surplus £3,116).

At 30th June 2023 the Charitable Incorporated Organisation's reserves stood at £61,292 (2022: £52,761) of which £56,211 (2022: £48,945) represented restricted funds.

Risk Management

The main risks to which the Charitable Incorporated Organisation's is exposed as identified by the trustees have been considered and systems have been established to mitigate those risks.

Reserves Policy

It is the policy of the Charitable Incorporated Organisation to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year, the unrestricted funds totalled £5,081 less tangible fixed assets of £53 leaving a balance of free reserves of £5,748. The charitable company requires £7,593 for redundancy provision and £557 for three months' running costs, (Total £8,150).

The plan to build up the unrestricted reserves having identified potential contracts and sub-contracts with the public sector; self- generating income via room hire and through surplus from the delivery of courses & workshops; also, donations and to register for gift aid with HMRC.

Plans for the Future

We have an Income & Fundraising Strategic Plan for 2023-2024 and contributions to this plan have been made by Trustees & staff. We are currently working through this plan.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sanctuary Family Support is a registered Charitable Incorporated Organisation (CIO), number 1161537 formed on 5th May 2015, under the terms of the Memorandum and Articles of Association dated 7th April 2015. The organisation was previously a Charity, number 1077908, which is now disbanded, and all assets have been transferred to the CIO. The CIO started trading on 1st June 2015.

The Board of Trustees also forms the Executive Committee which appoints officers who are responsible for the day-to-day running of the charity.

The Executive Committee shall consist of not less than 3 members and no more than 8 members. All the members of the Executive Committee shall retire from office together at the end of the annual general meeting next after the date on which they came into office, but they may be re-elected or re-appointed.

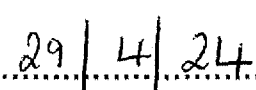
The Executive Committee meets at least twice a year, and a special meeting may be called at any time by the chair or by any two members of the Executive Committee.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sanctuary Family Support
Charity number	1161537
Address & Office	322-326 Upper Parliament Street Liverpool L8 7QL
Trustees	The members of the Board of Trustees are as follows: D Clarke R Davis (Appointed 27 th January 2023) C Dempsey (Appointed 10 th June 2022) M Gray (Resigned 19 th May 2023) J Hudson M Vaz
Independent Examiner	Ying Huang FCCA c/o LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	Lloyds TSB Bank PLC India Buildings 108 Water Street Liverpool L69 2WN

Signed on behalf of the Trustees


.....
M Vaz, Trustee


.....
Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SANCTUARY FAMILY SUPPORT

I report on the accounts of the Charitable Incorporated Organisation for the year ended 30th June 2023 which are set out on pages 10 to 23.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Ying Huang**



Relevant professional qualification or body: **FCCA**

Address: **c/o LCVS 151 Dale Street, L2 2AH**

Dated:**30/04/2024**.....

SANCTUARY FAMILY SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH JUNE 2023

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		2023 £	2023 £	2023 £	2022 £
Income and Endowments from					
Donations	2a	2,953	-	2,953	2,655
Charitable activities	2b	540	99,519	100,059	84,015
Total income		3,493	99,519	103,012	86,670
Expenditure on					
Charitable activities	3	2,228	92,253	94,481	83,554
Total expenditure		2,228	92,253	94,481	83,554
Net Income/(expenditure), net movement in funds		1,265	7,266	8,531	3,116
Total funds brought forward	10, 11	3,816	48,945	52,761	49,645
Total funds carried forward	9 - 11	5,081	56,211	61,292	52,761

The notes on pages 12 to 23 form part of these accounts.

All the above amounts relate to continuing activities of the charity.

SANCTUARY FAMILY SUPPORT
BALANCE SHEET AS AT 30TH JUNE 2023

	Notes	30 th June 2023		30 th June 2022	
Fixed assets		£	£	£	£
Tangible fixed assets	4		53		83
Right of use assets	5		19,180		28,771
			<u>19,233</u>		<u>28,854</u>
Current assets					
Debtors	6	237		228	
Cash at bank and in hand		84,631		65,717	
		<u>84,868</u>		<u>65,945</u>	
Current liabilities					
Creditors: amounts falling due within one year	7	(32,802)		(21,928)	
		<u>52,066</u>		<u>44,017</u>	
Net current assets					
			<u>71,299</u>		<u>72,871</u>
Total assets less current liabilities					
Creditors: amounts falling due after more than one year	8	(10,007)		(20,110)	
		<u>61,292</u>		<u>52,761</u>	
Net assets					
			<u>61,292</u>		<u>52,761</u>
Funds:					
Unrestricted funds	9, 10	5,081		3,816	
Restricted funds	9, 11	56,211		48,945	
		<u>61,292</u>		<u>52,761</u>	
		<u>61,292</u>		<u>52,761</u>	

Approved by Trustees on 29/4/24

M Vaz
M Vaz, Trustee

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

1. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2019) and Charities Act 2011.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charitable Incorporated Organisation has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company can build up adequate funds to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the Charitable Incorporated Organisation free reserves available for the trustees to apply in accordance with the charities objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Fixed Assets

Capital expenditure is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Computer Equipment	25% per annum straight line method
Fixtures, Fittings & Equipment	10% per annum straight line method
Right of use assets	Over the term of the lease

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

All expenditure is accounted for on an accrual's basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Cost of charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charity. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charity

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charity benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions. The charity is not able to recover Value Added Tax. Expenditure is recorded in the accounts inclusive of VAT.

2. Income and endowments from:

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
a. Donations and legacies				
Donations	2,953	-	2,953	2,655
	=====	=====	=====	=====

Donations and legacies income for 2022 related wholly to unrestricted funds.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
b. Charitable activities				
Co-op Local Community Fund	-	-	-	554
ESF Community Grant	-	-	-	588
Father Austin	-	500	500	700
Foyle Foundation	-	-	-	7,500
John Moore's Foundation	-	10,000	10,000	-
LCVS Community Impact Fund	-	5,000	5,000	4,500
Liverpool VCFSE Health & Wellbeing Fund	-	13,954	13,954	-
Liverpool City Council	-	1,534	1,534	7,200
National Lottery Community Fund	-	58,531	58,531	52,593
P H Holt Foundation	-	10,000	10,000	10,000
Room hire	540	-	540	380
	540	99,519	100,059	84,015

The income for 2022 includes unrestricted income of £380 and £83,635 of restricted income.

3. Expenditure on charitable activities

	Direct charitable Expenditure £	Support & Governance Costs £	Total 2023 £	Total 2022 £
To provide help and support and advice on substance misuse for families	58,617	35,864	94,481	83,554
	=====	=====	=====	=====

a. analysed as follows:

	2023 £	2022 £
<i>Direct Charitable Expenditure:</i>		
Staff salary costs	36,423	35,488
Pension	530	266
Sessional fees	11,880	10,545
Activities and events	7,706	5,976
Covid 19 support	-	502
Food and toiletries	800	580
Volunteer expenses	1,278	1,082
Equipment	-	222
	58,617	54,661

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

<i>Support and governance costs:</i>	£	£
Staff salary costs	10,272	10,427
Office costs	2,928	2,696
Running costs	6,765	1,681
Subscriptions and memberships	100	400
Travel and subsistence expenses	175	105
Training	192	-
Insurance	429	416
Consultancy fees	3,396	578
Right of use interest	-	1,426
Payroll fees	901	425
Accountancy	1,085	1,030
Right of use depreciation	9,591	9,590
Depreciation	30	119
	35,864	28,893
Total expenditure on charitable activities	94,481	83,554
	=====	=====

£79,159 (2022: £79,159) of the above expenditure relates to restricted funding.

b. Staff Costs	2023	2022
	£	£
Gross wages and salaries	46,695	45,915
Pension	530	266
	47,225	46,211
	=====	=====

c. Particulars of employees:

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2023	2022
Charitable activities	2.2	2.2
	=====	=====

No employee received emoluments of more than £60,000 during the year. (2022: none)

The trustees are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year (2022: £nil).

SANCTUARY FAMILY SUPPORT
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

4. Tangible fixed assets

	Computer Equipment	Fixtures, Fittings & Equipment	Total
Cost	£	£	£
Balance at 1 st July 2022	3,888	318	4,206
Additions in the year	-	-	-
Disposals in the year	(3,888)	-	(3,888)
	-----	-----	-----
Balance at 30 th June 2023	-	318	318
	-----	-----	-----
Depreciation			
Balance at 1 st July 2022	3,886	237	4,123
Charge for the year	2	28	30
Disposals for the year	(3,888)	-	(3,888)
	-----	-----	-----
Balance at 30 th June 2023	-	265	265
	-----	-----	-----
Net book value at 30th June 2023	-	53	53
	=====	=====	=====
Net book value at 30 th June 2022	2	81	83
	=====	=====	=====

5. Right of use assets

	Lease	Total
Cost:	£	£
Balance at 1st July 2022	67,131	67,131
Additions in the year	-	-
	-----	-----
Balance at 30th June 2023	67,131	67,131
	=====	=====
Depreciation:		
Balance at 1st July 2022	38,360	38,360
Charge for the year	9,591	9,591
	-----	-----
Balance at 30th June 2023	47,951	47,951
	=====	=====
Net Book Value at 30th June 2023	19,180	19,180
	=====	=====
Net Book Value at 30 th June 2022	28,771	28,771
	=====	=====

Charitable Incorporated Organisation signed a lease for 322-326 Upper Parliament Street for ten years starting 1st July 2015

SANCTUARY FAMILY SUPPORT
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

6. Debtors

	2023	2022
	£	£
Debtors	237	228
	=====	=====

7. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals	4,519	3,455
Other creditors	28,277	18,175
Tax and social security	6	298
	-----	-----
	32,802	21,928
	=====	=====

8. Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Other Creditors	10,007	20,110
	=====	=====

Other creditors comprise lease commitments on 322-326 Upper Parliament Street started 1st July 2015 for 10 years adjusted as per IFRS 16 with discount rate of 0.95% (2022: 0.95%)

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

9. Analysis of net assets between Funds

2023	Fixed Assets	Net Current Assets	Creditors More than one year	Total
	£	£	£	£
Unrestricted Funds				
General Fund	19,180	(4,092)	(10,007)	5,081
	-----	-----	-----	-----
Restricted Funds				
Co-op Local	-	1,304	-	1,304
Community Fund	-	1,211	-	1,211
Father Austin	-	258	-	258
Foyle Foundation	-	8,958	-	8,958
John Moore's	-	3,765	-	3,765
Foundation	-	7,385	-	7,385
Improving Maternal	-	3,940	-	3,940
Mental Health	-	3,931	-	3,931
LCVS Community	-	1,394	-	1,394
Impact Fund	-	1,678	-	1,678
Liverpool VCFSE	-	1,616	-	1,616
Health & Wellbeing	-	8,540	-	8,540
Fund	-	10,968	-	10,968
Liverpool City	-	1,210	-	1,210
Council	-		-	
Liverpool City	-		-	
Council (Activities)	-		-	
Mayoral	-		-	
Neighbourhood Fund	-		-	
Medicash Charitable	-		-	
Trust	-		-	
National Lottery	53		-	
Community Fund	-		-	
P H Holt Foundation	-		-	
Torus Foundation	-		-	
	-----	-----	-----	-----
	53	56,158	-	56,211
	-----	-----	-----	-----
Totals	19,233	52,066	(10,007)	61,292
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

2022	Fixed Assets	Net Current Assets	Creditors More than one year	Total
Unrestricted Funds	£	£	£	£
General Fund	28,774	(4,848)	(20,110)	3,816
	-----	-----	-----	-----
Restricted Funds				
Co-op Local	-	1,304	-	1,304
Community Fund	-	836	-	836
Father Austin	-	3,992	-	3,992
Foyle Foundation	-	3,765	-	3,765
Improving Maternal Mental Health	-	4,033	-	4,033
LCVS Community	-	7,200	-	7,200
Impact Fund	-	1,809	-	1,809
Liverpool City Council	-	4,354	-	4,354
Liverpool City Council (Activities)	-	5,875	-	5,875
Mayoral	-	8,435	-	8,435
Neighbourhood Fund	-	6,052	-	6,052
Medicash Charitable Trust	-	1,210	-	1,210
National Lottery Community Fund	80		-	
P H Holt Foundation	-		-	
Torus Foundation	-		-	
	-----	-----	-----	-----
	80	48,865	-	48,945
	-----	-----	-----	-----
Totals	28,854	44,017	(20,110)	52,761
	=====	=====	=====	=====

10. Unrestricted funds

2023	Reserves at beginning of year	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
General Fund	3,816	3,493	(2,228)	5,081
	-----	-----	-----	-----

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

2022	Movements in the Year			
	Reserves at beginning of year	Income	Expenditure	Reserves at End of Year
	£	£	£	£
General Fund	5,176	3,035	(4,395)	3,816
	=====	=====	=====	=====

General Fund is used to finance the charity's general activities and core costs as outlined in the Trustees' Report.

11. Restricted funds

2023	Movements in the Year			
	Reserves at beginning of year (restated)	Income	Expenditure	Reserves at End of Year
	£	£	£	£
Co-Op Local Community Fund	1,304	-	-	1,304
Father Austin	836	500	(125)	1,211
Foyle Foundation	3,992	-	(3,734)	258
John Moore's Foundation	-	10,000	(1,042)	8,958
Improving Maternal Mental Health	3,765	-	-	3,765
LCVS Community Impact Fund	4,033	5,000	(1,648)	7,385
Liverpool VCFSE Health & Wellbeing Fund	-	13,954	(10,014)	3,940
Liverpool City Council	7,200	1,534	(4,803)	3,931
Liverpool City Council (Activities)	1,809	-	(415)	1,394
Mayoral Neighbourhood Fund	4,354	-	(2,676)	1,678
Medicash Charitable Trust	5,875	-	(4,259)	1,616
National Lottery Community Fund	8,515	58,531	(58,453)	8,593
P H Holt Foundation	6,052	10,000	(5,084)	10,968
Torus Foundation	1,210	-	-	1,210
	=====	=====	=====	=====
	48,945	99,519	(92,253)	56,211
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

2022	Reserves at beginning of year (restated)	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
Ann and Ray Messer Foundation	1,543	-	(1,543)	-
Co-Op Local Community Fund	1,416	554	(666)	1,304
ESF Community Grant	1,736	588	(2,324)	-
Father Austin	290	700	(154)	836
Foyle Foundation	-	7,500	(3,508)	3,992
Improving Maternal Mental Health	5,189	-	(1,424)	3,765
LCVS Community Impact Fund	2,533	4,500	(3,000)	4,033
Liverpool City Council	-	7,200	(-)	7,200
Liverpool City Council (Activities)	1,897	-	(88)	1,809
Mayoral Neighbourhood Fund	7,397	-	(3,043)	4,354
Medicash Charitable Trust	7,889	-	(2,014)	5,875
National Lottery Community Fund	8,511	52,593	(52,589)	8,515
P H Holt Foundation	4,858	10,000	(8,806)	6,052
Torus Foundation	1,210	-	(-)	1,210
	44,469	83,635	(79,159)	48,945
	=====	=====	=====	=====

Description of Funds

These are monies given to the charity to be spent at the discretion of the Board of Trustees for specific charitable purposes:

Ann and Ray Messer Foundation – Contribution towards a children's/young person counsellor

Co-op Local Community Fund – Contribution towards carers' keep-fit

ESF Community Grant – Contribution towards 'Onwards and Upwards' project

Father Austin - Contribution towards 'Health and Wellbeing' project

Foyle Foundation - Contribution towards counsellors' salary costs.

Improving Maternal Mental Health -Contribution towards 'Sharing and Caring' project

John Moores Foundation – Contribution towards counsellors' salary costs.

LCVS Community Impact Fund – Contribution towards 'Health and Wellbeing' project

Liverpool VCFSE Health & Wellbeing Fund -

Liverpool City Council - to contribute towards activities.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2023

Liverpool City Council (Activities)– to contribute towards Children’s’ healthy eating activities, therapy costs, a night-out, boxercise and exercise and other activities for carers.

Mayoral Neighbourhood Fund – Contribution towards introduction to counselling course

Medicash Charitable Trust – Contribution towards ‘Road to recover Veterans’ project.

National Lottery Community Fund – Contribution towards salary cost for the Family support workers, administration, and Therapists.

P H Holt Foundation – Contribution towards salary cost for the support workers.

Torus Foundation – Contribution towards elderly activities and food.

12. Guarantees and Other Financial Commitments

Financial commitments under non-cancellable operating leases relating to property lease of 322-326 Upper Parliament Street. The lease liability is included in creditors.

14. Related Party Transactions

There were no material related party transactions during the year which require disclosure (2022: none).

Accounts

SANCTUARY FAMILY SUPPORT

**ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30TH JUNE 2022**

Charity Registration No. 1161537

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SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2022

The trustees present their report and financial statements of the Charitable Incorporated Organisation for the year ended 30th June 2022.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

The organisation's objects are to relieve sickness amongst people suffering from substance misuse by the provision of support, advice and counselling for their families, and to educate the public in all matters relating to substance misuse.

Public Benefit

In considering the objectives and activities, the Trustees have considered the Charity Commission's guidance on Public Benefit to ensure that the organisation is meeting its Public Benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

Sanctuary Family Support has gone from strength to strength over the past year. The staff are all feeling positive and although some of us have lost family & friends over the past year we continue to strive towards an excellent service for our service users.

There have still been some challenging situations like the leakings from the flats above. This has been challenging for our staff, as coming into work in the morning only to find water coming through smoke alarms & ceiling lights can take its toll on everybody. At the beginning of this year, we came in one Monday morning to find the ceiling had collapsed in the counselling room. Thankfully it was over the weekend & there was nobody in there when this happened. So besides having to use other space to accommodate our service users we have kept a smile on our faces.

Our Service Users wellbeing is very important to us and will do everything within our power to keep them safe.

Staffing

Kim our new Family Support worker was employed from October 2021. Kim was a volunteer with Sanctuary 10 years ago, so was very aware of the work we do.

Projects

Veterans/Pent House/ Speke House

I visited Pent House which was a local residency service for homeless veterans. I was in the process of setting up a service to support the veterans at Pent House when I was shocked to hear that they had lost funding and had to close down.

Sanctuary employed a new counsellor on a sessional basis to support the veterans at Speke House, Launchpad. The Counsellor has been attending 2 days a week. This project will ended at the end of January 2023, when the funding comes to an end. We do not have the full resources to deliver this at present but maybe will look at it in the future. I have spoken to the Manager from Speke House & they would be looking to apply for funding themselves.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2022

Children's Counselling Service

Sanctuary was successful with funding from Mayoral Neighbourhood Fund & PH Holt Foundation to provide counselling in 4 local schools. This has been on-going since 2021.

Sanctuary Multi-Care

Sanctuary was successful with funding from the Integrated Care Board (Formally CCG) to deliver a project including Counselling, Auricular Acupuncture, Exercise & Yoga, Stigma & Health & Wellbeing workshops to family members affected by substance misuse & living in all disadvantaged wards.

Introduction to Counselling Course

Sanctuary delivered an introduction to Counselling for 7 people with funding from Liverpool City Council.

Mental Health Awareness Day

Sanctuary was invited to take part in a Mental Health Awareness day and have a stall with all their information & drug cards with information on the effects, etc. This was outside John Lewis at Liverpool One.

Sanctuary also took part in a mental health day at the Al Gazhali a local Multicultural charity. 2 Trustees including myself manned a stall at the Summer Fair Organisation Information day at the Fire-Fit Liverpool.

Staff manned a stall at the St George's Hall for a Local organisation day. To make people aware of what is available in Liverpool.

Christmas 2021

We delivered 45 Christmas chocolate Bouquets gifts to our service users for Christmas this was funded by Waitrose. 30 of our service user's children received gifts from Cash for Kids delivered by Sanctuary they also attended a pantomime. 15 of our Carers went out for a Christmas meal. The latter funded by Liverpool City Council.

Liverpool & John Moore's University

Interchange is a project delivered by Liverpool University. This project was about succession for when the day comes that I cannot do this job anymore. With my job being voluntary and managing the service, it's a big role to fill. All the staff & Trustees were interviewed as well as me and then a report was completed by the student completing the project. One of our Trustees & myself did a presentation to students at JMU via zoom. regarding the voluntary sector.

Partnership work

Sanctuary are trusted partners with C.A.B & Talk Liverpool.

We have recently met with Beacon Counselling who deal with people who are experiencing gambling related harm; this is to look at working relationship. Also, the Crown Hub, which is a Re-abolment Service offering activities for people with mental health issues. Hopefully we will make referrals and receive them.

On-line Support

Dr Sarah Galvani, Professor of Social Research and Substance Use, at Manchester University contacted me in relation to end of life for substance misusers. This is to look at the service that was provided by hospitals and how people had been treated.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2022

She set up an on-line support group for family support for people affected and with a family member or friend who had passed away or was very ill. Unfortunately, we only had two group meetings as the funding came to an end for this project.

Zoom Meetings

Various Zoom meetings: - The Life Rooms Mersey Care, Mental Health Transformation. Adfam: - Alliance of Family Support. Public Health and how they work. Integrated Care board (formally CCG). Funding Available. Easy Fundraising.

Inspirational Women

I was asked to take part in a project for inspirational women and do an interview which was recorded by Women in Action. An arts and heritage project led by Collective Encounters in 2021, the radio ballad highlights the stories of 18 Merseyside women to give an insight into the incredible contributions women make every day to improve lives in our region. The women all share a concern for fairness and social justice, but their actions and impacts are many and varies. All the recordings are (available on-line or on request) These recordings are going to be archived in the Liverpool Museum.

Visits to Sanctuary

Sanctuary had a visit from The Police Commissioner, Emily Spurrell.

The Commissioner was shocked to learn that we deal with substance misusers as well as family members. She asked us for some stats, which we provided. The chair asked if it was possible for some of the seized assets to go to Family Support. She didn't get an answer. We also had a visit from Dan Carden who is a Member of Parliament. He was very impressed with the work we are doing.

Trustees/Volunteers

We have recently recruited two new Trustees to join our organisation. Christina who previously worked for LCVS and has now retired & one of our ex-service users. Christina volunteers one day a week. We also have a service user in recovery who wanted to give something back and volunteers 2 days a week.

One of ex-service users had put our name forward to his place of work to do some volunteering. We visited them to choose some furniture and a leather settee. They also came into our building and painted 2 rooms, gave the garden a makeover and ordered a skip to get rid of any rubbish.

FINANCIAL REVIEW

Total income for the year was £86,670 (2021: £91,905), of which £83,635 (2021: £88,372) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £83,554 (2021: £82,905) leaving a surplus for the year of £3,116 (2021: surplus £9,000).

At 30th June 2022 the Charitable Incorporated Organisation's reserves stood at £52,761 (2021: £49,645) of which £48,945 (2021: £44,469) represented restricted funds.

Risk Management

The main risks to which the Charitable Incorporated Organisation's is exposed as identified by the trustees have been considered and systems have been established to mitigate those risks.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2022

Reserves Policy

It is the policy of the Charitable Incorporated Organisation to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year, the unrestricted funds totalled £3,816 less tangible fixed assets of £83 leaving a balance of free reserves of £3,733. The charitable company requires £7,593 for redundancy provision and £1,099 for three months' running costs, (Total £8,692).

The plan to build up the unrestricted reserves having identified potential contracts and sub-contracts with the public sector; self-generating income via room hire and through surplus from the delivery of courses & workshops; also, donations and to register for gift aid with HMRC.

Plans for the Future

Sanctuary's funding with National Lottery Community Fund (NLCF) will come to an end in August 2024. We are now looking forward as to how we can sustain our organisation in the future. Sanctuary has now hired a Consultant to look at Grants, Health sector contracts & sub-contracts. The Trustees have identified potential contracts and sub-contracts beyond the expiry of the NLCF live grant in August 2024. Our Income & Fundraising Succession plan has now been finalised and is now in operation.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sanctuary Family Support is a registered Charitable Incorporated Organisation (CIO), number 1161537 formed on 5th May 2015, under the terms of the Memorandum and Articles of Association dated 7th April 2015. The organisation was previously a Charity, number 1077908, which is now disbanded, and all assets have been transferred to the CIO. The CIO started trading on 1st June 2015.

The Board of Trustees also forms the Executive Committee which appoints officers who are responsible for the day-to-day running of the charity.

The Executive Committee shall consist of not less than 3 members and no more than 8 members. All the members of the Executive Committee shall retire from office together at the end of the annual general meeting next after the date on which they came into office, but they may be re-elected or re-appointed.

The Executive Committee meets at least twice a year, and a special meeting may be called at any time by the chair or by any two members of the Executive Committee.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sanctuary Family Support
Charity number	1161537
Address & Office	322-326 Upper Parliament Street Liverpool L8 7QL

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2022

Trustees

The members of the Board of Trustees are as follows:

D Clarke - Treasurer

R Davis

(Appointed 27th January 2023)

C Dempsey

(Appointed 10th June 2022)

M Gray

J Hudson

M Vaz - Chair

Independent Examiner Paula Sanchez ACCA

c/o LCVS

151 Dale Street,

Liverpool,

L2 2AH

Bankers

Lloyds TSB Bank PLC

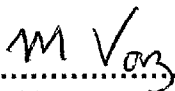
India Buildings

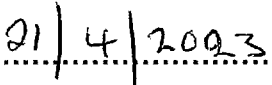
108 Water Street

Liverpool

L69 2WN

Signed on behalf of the Trustees


.....
M Vaz, Trustee


.....
Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SANCTUARY FAMILY SUPPORT

I report on the accounts of the Charitable Incorporated Organisation for the year ended 30th June 2022 which are set out on pages 8 to 21.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Paula Sanchez**

Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151 Dale Street, L2 2AH**

Dated:

SANCTUARY FAMILY SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH JUNE 2022

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		2022 £	2022 £	2022 £	2021 £
Income and Endowments from					
Donations	2a	2,655	-	2,655	1,733
Charitable activities	2b	380	83,635	84,015	90,172
		-----	-----	-----	-----
Total income		3,035	83,635	86,670	91,905
		-----	-----	-----	-----
Expenditure on					
Charitable activities	3	4,395	79,159	83,554	82,905
		-----	-----	-----	-----
Total expenditure		4,395	79,159	83,554	82,905
		-----	-----	-----	-----
Net (expenditure)/income, net movement in funds		(1,360)	4,476	3,116	9,000
		-----	-----	-----	-----
Total funds brought forward	10, 11	5,176	44,469	49,645	40,645
		-----	-----	-----	-----
Total funds carried forward	9 - 11	3,816	48,945	52,761	49,645
		=====	=====	=====	=====

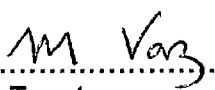
The notes on pages 10 to 21 form part of these accounts.

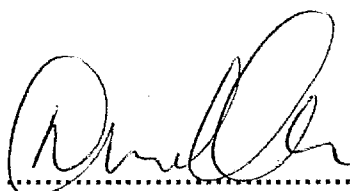
All the above amounts relate to continuing activities of the charity.

SANCTUARY FAMILY SUPPORT
BALANCE SHEET AS AT 30TH JUNE 2022

	Notes	30 th June 2022	30 th June 2021
Fixed assets		£	£
Tangible fixed assets	4	83	202
Right of use assets	5	28,771	38,361
		-----	-----
		28,854	38,563
Current assets			
Debtors	6	228	223
Cash at bank and in hand		65,717	66,507
		-----	-----
		65,945	66,730
Current liabilities			
Creditors: amounts falling due within one year	7	(21,928)	(25,339)
		-----	-----
Net current assets		44,017	41,391
		-----	-----
Total assets less current liabilities		72,871	79,954
		-----	-----
Creditors: amounts falling due after more than one year	8	(20,110)	(30,309)
		-----	-----
Net assets		52,761	49,645
		=====	=====
Funds:			
Unrestricted funds	9, 10	3,816	5,176
Restricted funds	9, 11	48,945	44,469
		-----	-----
		52,761	49,645
		=====	=====

Approved by Trustees on 21/4/23


 M Vaz, Trustee


 D Clarke, Trustee

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

1. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2019) and Charities Act 2011.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charitable Incorporated Organisation has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company can build up adequate funds to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the Charitable Incorporated Organisation free reserves available for the trustees to apply in accordance with the charities objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Fixed Assets

Capital expenditure is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Computer Equipment	25% per annum straight line method
Fixtures, Fittings & Equipment	10% per annum straight line method
Right of use assets	Over the term of the lease

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

All expenditure is accounted for on an accrual's basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Cost of charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charity. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charity

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charity benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions. The charity is not able to recover Value Added Tax. Expenditure is recorded in the accounts inclusive of VAT.

2. Income and endowments from:

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
a. Donations and legacies				
Donations	2,655	-	2,655	1,733
	=====	=====	=====	=====

Donations and legacies income for 2021 related wholly to unrestricted funds.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
b. Charitable activities				
Activities income	-	-	-	1,600
Ann and Ray Messer Foundation	-	-	-	1,964
Austen Smith Fund	-	-	-	750
Co-op Local Community Fund	-	554	554	1,416
ESF Community Grant	-	588	588	2,671
Father Austin	-	700	700	-
Foyle Foundation	-	7,500	7,500	-
Improving Maternal Mental Health	-	-	-	5,194
John Moores Foundation	-	-	-	5,000
LCVS Community Impact Fund	-	4,500	4,500	2,000
Liverpool City Council	-	7,200	7,200	-
Mayoral Neighbourhood Fund	-	-	-	5,925
National Lottery Community Fund	-	52,593	52,593	53,251
P H Holt Foundation	-	10,000	10,000	10,201
Room hire	380	-	380	200
	380	83,635	84,015	90,172

The income for 2021 includes unrestricted income of £1,800 and £88,372 of restricted income.

3. Expenditure on charitable activities

	Direct charitable Expenditure £	Support & Governance Costs £	Total 2022 £	Total 2021 £
To provide help and support and advice on substance misuse for families	54,661	28,893	83,554	82,905
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022**

a. analysed as follows:

	2022	2021
	£	£
<i>Direct Charitable Expenditure:</i>		
Staff salary costs	35,488	38,814
Pension	266	-
Sessional fees	10,545	2,666
Activities and events	5,976	2,143
Covid 19 support	502	8,299
Food and toiletries	580	211
Volunteer expenses	1,082	1,083
Equipment	222	-
	54,661	53,216
	-----	-----
<i>Support and governance costs:</i>	£	£
Staff salary costs	10,427	10,430
Office costs	2,696	2,947
Running costs	1,681	3,972
Subscriptions and memberships	400	50
Travel and subsistence expenses	105	130
Insurance	416	189
Consultancy fees	578	250
Right of use interest	1,426	445
Payroll fees	425	637
Accountancy	1,030	930
Right of use depreciation	9,590	9,590
Depreciation	119	119
	28,893	29,689
	-----	-----
Total expenditure on charitable activities	83,554	82,905
	=====	=====

£79,159 (2021: £71,983) of the above expenditure relates to restricted funding.

b. Staff Costs	2022	2021
	£	£
Gross wages and salaries	45,915	49,244
Pension	266	-
	46,211	49,244
	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

c. Particulars of employees:

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2022	2021
Charitable activities	2.2	2.3
	=====	=====

No employee received emoluments of more than £60,000 during the year. (2021: none)

The trustees are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year (2021: £nil).

4. Tangible fixed assets

	Computer Equipment	Fixtures, Fittings & Equipment	Total
Cost	£	£	£
Balance at 1 st July 2021	3,888	318	4,206
Additions in the year	-	-	-
	-----	-----	-----
Balance at 30 th June 2022	3,888	318	4,206
	-----	-----	-----
Depreciation			
Balance at 1 st July 2021	3,799	205	4,004
Charge for the year	87	32	119
	-----	-----	-----
Balance at 30 th June 2022	3,886	237	4,123
	-----	-----	-----
Net book value at 30th June 2022	2	81	83
	=====	=====	=====
Net book value at 30 th June 2021	89	113	202
	=====	=====	=====

SANCTUARY FAMILY SUPPORT**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022****5. Right of use assets**

	Lease	Total
	£	£
Cost:		
Balance at 1st July 2021	67,131	67,131
Additions in the year	-	-
	-----	-----
Balance at 30th June 2022	67,131	67,131
	=====	=====
Depreciation:		
Balance at 1st July 2021	28,770	28,770
Charge for the year	9,590	9,590
	-----	-----
Balance at 30th June 2022	38,360	38,360
	=====	=====
Net Book Value at 30th June 2022	28,771	28,771
	=====	=====
Net Book Value at 30 th June 2021	38,361	38,361
	=====	=====

Charitable Incorporated Organisation signed a lease for 322-326 Upper Parliament Street for ten years starting 1st July 2015

6. Debtors

	2022	2021
	£	£
Debtors	228	223
	=====	=====

7. Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals	3,455	1,981
Other creditors	18,175	23,174
Tax and social security	298	184
	-----	-----
	21,928	25,339
	=====	=====

8. Creditors: amounts falling due after more than one year

	2022	2021
	£	£
Other Creditors	20,110	30,309
	=====	=====

Other creditors comprise lease commitments on 322-326 Upper Parliament Street started 1st July 2015 for 10 years adjusted as per IFRS 16 with discount rate of 0.95% (2021: 0.95%)

SANCTUARY FAMILY SUPPORT**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022****9. Analysis of net assets between Funds**

2022	Fixed Assets	Net Current Assets	Creditors More than one year	Total
Unrestricted Funds	£	£	£	£
General Fund	28,774	(4,848)	(20,110)	3,816
	-----	-----	-----	-----
Restricted Funds				
Co-op Local	-	1,304	-	1,304
Community Fund	-	836	-	836
Father Austin	-	3,992	-	3,992
Foyle Foundation	-	3,765	-	3,765
Improving Maternal Mental Health	-	4,033	-	4,033
LCVS Community Impact Fund	-	7,200	-	7,200
Liverpool City Council	-	1,809	-	1,809
Liverpool City Council (Activities)	-	4,354	-	4,354
Mayoral Neighbourhood Fund	-	5,875	-	5,875
Medicash Charitable Trust	80	8,435	-	8,515
National Lottery Community Fund	-	6,052	-	6,052
P H Holt Foundation	-	1,210	-	1,210
Torus Foundation	-----	-----	-----	-----
	80	48,865	-	48,945
	-----	-----	-----	-----
Totals	28,854	44,017	(20,110)	52,761
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

2021	Fixed Assets	Net Current Assets	Creditors More than one year	Total
Unrestricted Funds	£	£	£	£
General Fund	38,369	(2,884)	(30,309)	5,176
	-----	-----	-----	-----
Restricted Funds				
Ann and Ray Messer Foundation	-	1,543	-	1,543
Co-Op Local Community Fund	-	1,416	-	1,416
ESF Community Grant	-	1,736	-	1,736
Father Austin Improving Maternal Mental Health	-	290	-	290
LCVS Community Impact Fund	-	5,189	-	5,189
Liverpool City Council	-	2,533	-	2,533
Mayoral Neighbourhood Fund	88	1,809	-	1,897
Medicash Charitable Trust	-	7,397	-	7,397
National Lottery Community Fund	-	7,889	-	7,889
P H Holt Foundation	106	8,405	-	8,511
Torus Foundation	-	4,858	-	4,858
	-	1,210	-	1,210
	-----	-----	-----	-----
	194	44,275	-	44,469
	-----	-----	-----	-----
Totals	38,563	41,391	(30,309)	49,645
	=====	=====	=====	=====

10. Unrestricted funds

2022	Reserves at beginning of year	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
General Fund	5,176	3,035	(4,395)	3,816
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

2021	Movements in the Year			
	Reserves at beginning of year (restated)	Income	Expenditure	Reserves at End of Year
	£	£	£	£
General Fund	<u>12,565</u>	<u>3,533</u>	<u>(10,922)</u>	<u>5,176</u>

General Fund is used to finance the charity's general activities and core costs as outlined in the Trustees' Report.

11. Restricted funds

2022	Movements in the Year			
	Reserves at beginning of year (restated)	Income	Expenditure	Reserves at End of Year
	£	£	£	£
Ann and Ray Messer Foundation	1,543	-	(1,543)	-
Co-Op Local Community Fund	1,416	554	(666)	1,304
ESF Community Grant	1,736	588	(2,324)	-
Father Austin	290	700	(154)	836
Foyle Foundation	-	7,500	(3,508)	3,992
Improving Maternal Mental Health	5,189	-	(1,424)	3,765
LCVS Community Impact Fund	2,533	4,500	(3,000)	4,033
Liverpool City Council	-	7,200	(-)	7,200
Liverpool City Council (Activities)	1,897	-	(88)	1,809
Mayoral Neighbourhood Fund	7,397	-	(3,043)	4,354
Medicash Charitable Trust	7,889	-	(2,014)	5,875
National Lottery Community Fund	8,511	52,593	(52,589)	8,515
P H Holt Foundation	4,858	10,000	(8,806)	6,052
Torus Foundation	1,210	-	(-)	1,210
	<u>44,469</u>	<u>83,635</u>	<u>(79,159)</u>	<u>48,945</u>

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

2021	Reserves at beginning of year (restated)	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
Ann and Ray Messer Foundation	-	1,964	(421)	1,543
Co-Op Local Community Fund	-	1,416	(-)	1,416
ESF Community Grant	-	2,671	(935)	1,736
Father Austin	-	750	(460)	290
Improving Maternal Mental Health	-	5,194	(5)	5,189
John Moores Foundation	1,441	5,000	(6,441)	-
LCVS Community Impact Fund	2,324	2,000	(1,791)	2,533
Liverpool Cares	3,152	-	(3,152)	-
Liverpool City Council	2,304	-	(407)	1,897
Mayoral Neighbourhood Fund	1,952	5,925	(480)	7,397
Medicash Charitable Trust	9,439	-	(1,550)	7,889
National Lottery Community Fund	5,562	53,251	(50,302)	8,511
P H Holt Foundation	381	10,201	(5,724)	4,858
Torus Foundation	1,525	-	(315)	1,210
	28,080	88,372	(71,983)	44,469
	=====	=====	=====	=====

Description of Funds

These are monies given to the charity to be spent at the discretion of the Board of Trustees for specific charitable purposes:

Ann and Ray Messer Foundation – Contribution towards a children's/young person counsellor

Co-op Local Community Fund – Contribution towards carers' keep-fit

ESF Community Grant – Contribution towards 'Onwards and Upwards' project

Father Austin - Contribution towards 'Health and Wellbeing' project

Foyle Foundation - Contribution towards counsellors' salary costs.

Improving Maternal Mental Health -Contribution towards 'Sharing and Caring' project

John Moores Foundation – Contribution towards counsellors' salary costs.

LCVS Community Impact Fund – Contribution towards 'Health and Wellbeing' project

Liverpool Cares - Contribution towards make workplace safe from Covid-19

Liverpool City Council - to contribute towards activities.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2022

Liverpool City Council (Activities)– to contribute towards Children's' healthy eating activities, therapy costs, a night-out, boxercise and exercise and other activities for carers.

Mayoral Neighbourhood Fund – Contribution towards introduction to counselling course

Medicash Charitable Trust – Contribution towards 'Road to recover Veterans' project.

National Lottery Community Fund – Contribution towards salary cost for the Family support workers, administration, and Therapists.

P H Holt Foundation – Contribution towards salary cost for the support workers.

Torus Foundation – Contribution towards elderly activities and food.

12. Guarantees and Other Financial Commitments

Financial commitments under non-cancellable operating leases relating to property lease of 322-326 Upper Parliament Street. The lease liability is included in creditors.

14. Related Party Transactions

There were no material related party transactions during the year which require disclosure (2021: none).

Accounts

SANCTUARY FAMILY SUPPORT

**ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30TH JUNE 2021**

Charity Registration No. 1161537

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SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2021

The trustees present their report and financial statements of the Charitable Incorporated Organisation for the year ended 30th June 2021.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

The organisation's objects are to relieve sickness amongst people suffering from substance misuse by the provision of support, advice and counselling for their families, and to educate the public in all matters relating to substance misuse.

Public Benefit

In considering the objectives and activities, the Trustees have considered the Charity Commission's guidance on Public Benefit to ensure that the organisation is meeting its Public Benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

Sanctuary Family Support is a frontline organisation that deals with people in crisis, who are affected by substance misuse. Our service users comprise family members, the substance misusers themselves & kinship carers. Sanctuary's mission is early intervention and to work with service users in order to prevent the problems getting worse.

The last 12 months were very challenging due to staff shortages, lockdowns, sickness, problems with a leak from the upstairs flats, which have had a detrimental effect on myself & staff. This has happened on a number of occasions and has caused our services to be cancelled at some point, although the service users were still supported over the phone as the staff worked from home.

The staff came back into work on the 3rd August 2020, after working from home for 5 months due to the lockdown associated with Covid. They continued to support people not only with substance misuse problems but with their mental health problems as well. After returning to work some of our service users were a bit reluctant to come to the office so we continued with support over the phone. The Staff returned to work on Monday the 4th January 2021 only to have another lockdown put in place, staff returning to work 6th April 2021.

Although we couldn't gain full admission, due to covid, Sanctuary delivered 30 Easter Baskets to 3 of the Sheltered accommodations owned by Torus Housing, one of our partners; in December we also delivered 30 gift bags to 3 of the sheltered accommodations owned by Torus. Sanctuary has delivered Health & Wellbeing courses to the over 55's in these accommodations.

During the lockdown I attended many zoom meetings on behalf of Sanctuary, some included Adfam, the national charity for families affected by substance misuse; There was a zoom meeting for Addiction professionals; this was a very interesting way of learning how important Family Support is to other drug services and how the family should be included in the recovery process.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2021

Over the last 12 months our work with social services has increased; the amount of time spent working with a client due to advocating at meetings, phone calls etc is time consuming.

Due to Sanctuary being based in the diverse community of Toxteth we serve this community with people from different cultures who engage with our organisation. We have a good relationship with the local Councillors, local G. P. surgeries, Housing Associations, The Life Rooms, Mersey Care, We Are with You, Social Services, the local Mosque and other cultural organisations together with other drug & alcohol organisation.

Training & Workshops

We hope to update our safeguarding training in the next couple of weeks.

Play Therapy – Counsellor
EMDR – Counsellor

Children's Counselling

We felt because of the large waiting times for CAMHS and the amount of children & young people needing this service, Sanctuary applied for funding to deliver counselling and has recently been successful with the funding to offer counselling to children & young people 8 to 17.

Staff

One of our Family Support Worker's left our employment in April 2021 as she wanted a full-time post. We eventually employed Kim, who had been a volunteer at Sanctuary 10 years earlier. I would like to report that Kim is doing very well.

Volunteers

Two of our service users are now volunteers with Sanctuary and are doing very well. Christina Dempsey, who has recently retired from LCVS will be coming on board at Sanctuary as a Trustee & volunteer.

I wish everybody well and hope that people can start rebuilding their lives after life with Covid.

Activities from July 2020- June 2021

Family Support Worker 1-1	96
Counsellor 1-1	49
Family Support Worker 1-1 phone sessions	1,147
Counsellor phone sessions	358
Holistic Therapies	77
Peer to Peer sessions	36
Exercise Sessions	36

Support for Service Users

- Sanctuary dealt with 290 service users over the last 12 months.
- 95 male substance misuser clients & 89 female user clients. There were 106 family clients: 4 male and 102 female.
- Ages ranged from: - (0-24) 6% (25-64) 79% (65+) 15%
- Ethnicity (66%) white/mixed white, Mixed/Ethnic groups (8%) Asian/Asian UK (7%) Black/African/Caribbean/Black UK (19%)
- (51%) had no religion (38%) Christian Buddhist (1%) Judaism (1%) Muslim (1%) Sikh (5%) other (3%)
- Sexual Orientation; (91%) heterosexual, Other (9%)
- (65%) people had health issues; (35%) healthy (20%) were classed as disabled

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2021

FINANCIAL REVIEW

Total income for the year was £91,905 (2020: £113,030), of which £88,372 (2020: £89,618) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £82,905 (2020 restated: £95,037) leaving a surplus for the year of £9,000 (2020 restated: surplus £17,993).

At 30th June 2021 the Charitable Incorporated Organisation's reserves stood at £49,645 (2020 restated: £40,645) of which £44,469 (2020 restated: £28,080) represented restricted funds.

Risk Management

The main risks to which the Charitable Incorporated Organisation's is exposed as identified by the trustees have been considered and systems have been established to mitigate those risks.

The Charitable Incorporated Organisation has cut the risk of Covid 19 to staff and families by offering one to one support service over the phone. During Covid 19 there has been no activities income and fundraising events affecting unrestricted reserves. Once restrictions are lifted plans are in place to build up the unrestricted reserves through fundraising and activities.

Reserves Policy

It is the policy of the Charitable Incorporated Organisation to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year, the unrestricted funds totalled £5,176 less tangible fixed assets of £202 leaving a balance of free reserves of £4,974. The charitable company requires £5,987 for redundancy provision and £2,730 for three months' running costs, (Total £8,717).

Plans for the future

Sanctuary plan to continue with their valued work of one-to-one support for people affected by substance misuse together with the counselling we are offering to children & young people.

We are looking forward to having an Open Day, where we can showcase our very important work to the community.

If we are successful with an application to the Police Fund, we will be offering 6 Square Peg workshops, 6 Creative writing workshops, 6 Connecting Youth workshops to all our service users.

We will continue to fundraise for the activities that are not funded by the National Lottery Community Fund.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sanctuary Family Support is a registered Charitable Incorporated Organisation (CIO), number 1161537 formed on 5th May 2015, under the terms of the Memorandum and Articles of Association dated 7th April 2015. The organisation was previously a Charity, number 1077908, which is now disbanded, and all assets have been transferred to the CIO. The CIO started trading on 1st June 2015.

The Board of Trustees also forms the Executive Committee which appoints officers who are responsible for the day-to-day running of the charity.

SANCTUARY FAMILY SUPPORT

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 30TH JUNE 2021

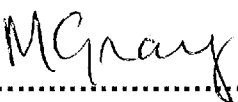
The Executive Committee shall consist of not less than 3 members and no more than 8 members. All the members of the Executive Committee shall retire from office together at the end of the annual general meeting next after the date on which they came into office, but they may be re-elected or re-appointed.

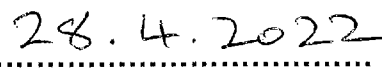
The Executive Committee meets at least twice a year, and a special meeting may be called at any time by the chair or by any two members of the Executive Committee.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sanctuary Family Support
Charity number	1161537
Address & Office	322-326 Upper Parliament Street Liverpool L8 7QL
Trustees	The members of the Board of Trustees are as follows: D Clarke M Gray J Hudson M Vaz C Williams
Independent Examiner	Graham Wright B A (Hons), FCA DChA, c/o LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	Lloyds TSB Bank PLC India Buildings 108 Water Street Liverpool L69 2WN

Signed on behalf of the Trustees


.....
M Gray, Trustee


.....
Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SANCTUARY FAMILY SUPPORT

I report on the accounts of the Charitable Incorporated Organisation for the year ended 30th June 2021 which are set out on pages 7 to 18.

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's
statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Graham Wright**

Relevant professional qualification or body: **FCA DChA**

Address: **c/o LCVS 151 Dale Street, L2 2AH**

Dated: **28 April 2022**

SANCTUARY FAMILY SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH JUNE 2021

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		2021 £	2021 £	2021 £	2020 £
Income and Endowments from					
Donations	2a	1,733	-	1,733	10,709
Charitable activities	2b	1,800	88,372	90,172	102,321
Total income		3,533	88,372	91,905	113,030
Expenditure on					
Charitable activities	3	10,922	71,983	82,905	95,037
Total expenditure		10,922	71,983	82,905	95,037
Net (expenditure)/income, net movement in funds		(7,389)	16,389	9,000	17,993
Total funds brought forward	10, 11	12,565	28,080	40,645	22,652
Total funds carried forward	9 - 11	5,176	44,469	49,645	40,645

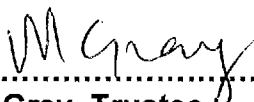
The notes on pages 9 to 18 form part of these accounts.

All the above amounts relate to continuing activities of the charity.

SANCTUARY FAMILY SUPPORT
BALANCE SHEET AS AT 30TH JUNE 2021

	Notes	30 th June 2021		Restated 30 th June 2020	
		£	£	£	£
Fixed assets					
Tangible fixed assets	4		202		321
Right of use assets	5		38,361		47,951
			-----		-----
			38,563		48,272
Current assets					
Debtors	6	223		315	
Cash at bank and in hand		66,507		46,675	
		-----		-----	
		66,730		46,990	
Current liabilities					
Creditors: amounts falling due within one year	7	(25,339)		(13,876)	
		-----		-----	
Net current assets			41,391		33,114
			-----		-----
Total assets less current liabilities			79,954		81,386
Creditors: amounts falling due after more than one year	8	(30,309)		(40,741)	
		-----		-----	
Net assets			49,645		40,645
			=====		=====
Funds:					
Unrestricted funds	9, 10	5,176		12,565	
Restricted funds	9, 11	44,469		28,080	
		-----		-----	
			49,645		40,645
			=====		=====

Approved by Trustees on 28.4.2022



 M Gray, Trustee
 28 April 2022

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

1. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) (effective 1st January 2019) and Charities Act 2011.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charitable Incorporated Organisation has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

The Charitable Incorporated Organisation has not been significantly impacted financially by Covid-19, due to the continuation of their service and receiving funding. At the time of approving the accounts, the Trustees have a reasonable expectation that the Charitable Incorporated Organisation has adequate resources to continue in operational existence for the foreseeable future. The Trustees have therefore adopted the going concern basis of accounting in preparing the accounts

Fund accounting

Unrestricted funds are the Charitable Incorporated Organisation free reserves available for the trustees to apply in accordance with the charities objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Fixed Assets

Capital expenditure is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Computer Equipment	25% per annum straight line method
Fixtures, Fittings & Equipment	10% per annum straight line method
Right of use assets	Over the term of the lease

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

All expenditure is accounted for on an accrual's basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Cost of charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charity. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charity

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charity benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions. The charity is not able to recover Value Added Tax. Expenditure is recorded in the accounts inclusive of VAT.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

2. Income and endowments from:

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
a. Donations and legacies				
Donations	1,733	-	1,733	10,709
	=====	=====	=====	=====

Donations and legacies income for 2020 related wholly to unrestricted funds

b. Charitable activities	£	£	£	£
Activities income	1,600	-	1,600	12,000
Ann and Ray Messer Foundation	-	1,964	1,964	-
Austen Smith Fund	-	750	750	350
Co-Op Local Community Fund	-	1,416	1,416	-
ESF Community Grant	-	2,671	2,671	-
Improving Maternal Mental Health	-	5,194	5,194	-
John Moores Foundation	-	5,000	5,000	10,000
LCVS Community Impact Fund	-	2,000	2,000	3,000
Liverpool Cares	-	-	-	3,548
Liverpool City Council	-	-	-	1,750
Mayoral Neighbourhood Fund	-	5,925	5,925	1,952
Medicash Charitable Trust	-	-	-	13,430
National Lottery Community Fund	-	53,251	53,251	54,063
P H Holt Foundation	-	10,201	10,201	-
Room hire	200	-	200	703
Torus Foundation	-	-	-	1,525
	-----	-----	-----	-----
	1,800	88,372	90,172	102,321
	=====	=====	=====	=====

The income for 2020 as above includes unrestricted income for the charity of £12,703 and restricted income £89,618.

3. Expenditure on charitable activities

	Direct charitable Expenditure £	Support & Governance Costs £	Total 2021 £	Restated Total 2020 £
To provide help and support and advice on substance misuse for families	53,216	29,689	82,905	95,037
	=====	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

a. analysed as follows:

	2021	Restated 2020
	£	£
<i>Direct Charitable Expenditure:</i>		
Staff salary costs	38,814	40,870
Pension	-	173
Sessional fees	2,666	7,510
Activities and events	2,143	8,681
Covid 19 support	8,299	-
Food and toiletries	211	727
Volunteer expenses	1,083	1,672
Room hire	-	700
Equipment	-	86
	53,216	60,419
	-----	-----
<i>Support and governance costs:</i>	£	£
Staff salary costs	10,430	9,480
Office costs	2,947	4,020
Running costs	3,972	1,721
Training	-	837
Subscriptions	50	-
Travel and subsistence expenses	130	702
Insurance	189	919
Refreshments	-	7
Consultancy fees	250	821
Professional fees	-	475
HMRC Interest	-	8
Right of use interest	445	5,194
Payroll fees	637	-
Accountancy	930	725
Depreciation	9,709	9,709
	29,689	34,618
	-----	-----
Total expenditure on charitable activities	82,905	95,037
	=====	=====

£71,983 (2020 restated: £82,594) of the above expenditure relates to restricted funding.

b. Staff Costs	2021	2020
	£	£
Gross wages and salaries	49,244	50,350
Pension	-	173
	49,244	50,523
	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

c. Particulars of employees:

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2021	2020
Charitable activities	2.3	2.3
	=====	=====

No employee received emoluments of more than £60,000 during the year. (2020: none)

The trustees are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year (2020: £nil).

4. Tangible fixed assets

	Computer Equipment	Fixtures, Fittings & Equipment	Total
Cost	£	£	£
Balance at 1 st July 2020	3,888	318	4,206
Additions in the year	-	-	-
	-----	-----	-----
Balance at 30 th June 2021	3,888	318	4,206
	-----	-----	-----
Depreciation			
Balance at 1 st July 2020	3,712	173	3,885
Charge for the year	87	32	119
	-----	-----	-----
Balance at 30 th June 2021	3,799	205	4,004
	-----	-----	-----
Net book value at 30th June 2021	89	113	202
	=====	=====	=====
Net book value at 30 th June 2020	176	145	321
	=====	=====	=====

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

5. Right of use assets

	Lease £	Total £
Cost:		
Balance at 1 st July 2020 (restated)	67,131	67,131
Additions in the year	-	-
	-----	-----
Balance at 30th June 2021	67,131	67,131
	=====	=====
Depreciation:		
Balance at 1 st July 2020 (restated)	19,180	19,180
Charge for the year	9,590	9,590
	-----	-----
Balance at 30th June 2021	28,770	28,770
	=====	=====
Net Book Value at 30th June 2021	38,361	38,361
	=====	=====
Net Book Value at 30 th June 2020 (restated)	47,951	47,951
	=====	=====

Charitable Incorporated Organisation signed a lease for 322-326 Upper Parliament Street for ten years starting 1st July 2015

6. Debtors

	2021 £	2020 £
Debtors	223	315
	=====	=====

7. Creditors: amounts falling due within one year

	2021 £	Restated 2020 £
Accruals	1,981	973
Other creditors	23,174	12,903
Tax and social security	184	-
	-----	-----
	25,339	13,876
	=====	=====

8. Creditors: amounts falling due after more than one year

	2021 £	Restated 2020 £
Other Creditors	30,309	40,741
	=====	=====

Other creditors comprise lease commitments on 322-326 Upper Parliament Street started 1st July 2015 for 10 years adjusted as per IFRS 16 with discount rate of 0.95% (2020: 0.91%)

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

9. Analysis of net assets between Funds

	Fixed Assets	Net Current Assets	Creditors More than one year	Total
	£	£	£	£
Unrestricted Funds				
General Fund	38,369	(2,884)	(30,309)	5,176
	-----	-----	-----	-----
Restricted Funds				
Ann and Ray Messer Foundation	-	1,543	-	1,543
Austen Smith Fund	-	290	-	290
Co-Op Local Community Fund	-	1,416	-	1,416
ESF Community Grant	-	1,736	-	1,736
Improving Maternal Mental Health	-	5,189	-	5,189
LCVS Community Impact Fund	-	2,533	-	2,533
Liverpool City Council	88	1,809	-	1,897
Mayoral Neighbourhood Fund	-	7,397	-	7,397
Medicash Charitable Trust	-	7,889	-	7,889
National Lottery Community Fund	106	8,405	-	8,511
P H Holt Foundation	-	4,858	-	4,858
Torus Foundation	-	1,210	-	1,210
	-----	-----	-----	-----
	194	44,275	-	44,469
	-----	-----	-----	-----
Totals	38,563	41,391	(30,309)	49,645
	=====	=====	=====	=====

10. Unrestricted funds

	<u>Movements in the Year</u>			
	Funds at beginning of year (restated)	Income	Expenditure	Funds at End of Year
	£	£	£	£
General Fund	12,565	3,533	(10,922)	5,176
	=====	=====	=====	=====

General Fund is used to finance the charity's general activities and core costs as outlined in the Trustees' Report.

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

11. Restricted funds

	Funds at beginning of year (restated) £	Movements in the Year		Funds at End of Year £
		Income	Expenditure	
		£	£	
Ann and Ray Messer Foundation	-	1,964	(421)	1,543
Austen Smith Fund	-	750	(460)	290
Co-Op Local Community Fund	-	1,416	(-)	1,416
ESF Community Grant	-	2,671	(935)	1,736
Improving Maternal Mental Health	-	5,194	(5)	5,189
John Moores Foundation	1,441	5,000	(6,441)	-
LCVS Community Impact Fund	2,324	2,000	(1,791)	2,533
Liverpool Cares	3,152	-	(3,152)	-
Liverpool City Council	2,304	-	(407)	1,897
Mayoral Neighbourhood Fund	1,952	5,925	(480)	7,397
Medicash Charitable Trust	9,439	-	(1,550)	7,889
National Lottery Community Fund	5,562	53,251	(50,302)	8,511
P H Holt Foundation	381	10,201	(5,724)	4,858
Torus Foundation	1,525	-	(315)	1,210
	28,080	88,372	(71,983)	44,469
	=====	=====	=====	=====

Description of Funds

These are monies given to the charity to be spent at the discretion of the Board of Trustees for specific charitable purposes:

Ann and Ray Messer Foundation – Contribution towards a children's/young person counsellor

Austen Smith Fund – Contribution towards 'Health and Wellbeing' project

Co-Op Local Community Fund – Contribution towards carers' keep-fit

ESF Community Grant – Contribution towards 'Onwards and Upwards' project

Improving Maternal Mental Health -Contribution towards 'Sharing and Caring' project

John Moores Foundation – Contribution towards counsellors' salary costs.

LCVS Community Impact Fund – Contribution towards 'Health and Wellbeing' project

Liverpool Cares - Contribution towards make workplace safe from Covid-19

Liverpool City Council – to contribute towards Children's' healthy eating activities, therapy costs, a night-out, boxercise and exercise and other activities for carers

Mayoral Neighbourhood Fund – Contribution towards introduction to counselling course

SANCTUARY FAMILY SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2021

Medicash Charitable Trust – Contribution towards 'Road to recover Veterans' project.

National Lottery Community Fund – Contribution towards salary cost for the Family support workers, administration, and Therapists.

P H Holt Foundation – Contribution towards salary cost for the support workers.

Torus Foundation – Contribution towards elderly activities and food.

12. Guarantees and Other Financial Commitments

Financial commitments under non-cancellable operating leases relating to property lease of 322-326 Upper Parliament Street. The lease liability is included in creditors.

14. Related Party Transactions

There were no material related party transactions during the year which require disclosure (2020: none).

15. Prior year adjustment

Prior year figures have been restated to reflect the introduction of IFRS 16 Lease Right of use assets, depreciation, and right of use lease interest charge and lease liabilities moving rent payment from expenditure to the balance sheet.

A. Statement of financial activities for the year ended 30th June 2020

	£
Reported net movement in funds	22,290
Rent payable removed from operating cists	11,000
Insurance for rental property	(512)
Right of use lease interest	(5,194)
Depreciation of right of use lease	(9,591)

Restated net movement in funds	17,993
	=====

B. Balance Sheet as at 30th June 2020

	£
Reported total funds	44,877
Right of use lease asset introduced	47,951
Provision for lease commitments due in one year	(11,442)
Provision for lease commitments due after more than one year	(40,741)

Restated total funds	40,645
	=====