

Drop In Bereavement Centre

Charity Registration 1161526

Report and Accounts to 31 March 2025.

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CHARITY INFORMATION

Trustees:	Phebean Johnson Paulina Saliba Ivona Godon Erlinda Marcona
Registered Office:	187 Grange Road, Plaistow, London E13
Registered Charity No:	1161526
Telephone:	0207 511 6444
Email:	dropinbereavement@btintemet.com
Bankers:	Barclays Bank
Independent Examiner:	Brian Dexter, A Thousand Hills Ltd. 172 Sandford Road, East Ham.

THE DROP IN BEREAVEMENT CENTRE

REPORT OF THE MANAGEMENT COMMITTEE

History. Objectives and Activities of Drop in Bereavement Centre

History

The Management Committee submit their report and financial statements for the year ended 31s March 2025. The Drop In bereavement centre was established in 2011 but was operating under Community Links until 2013 we became an independent organisation with a constitution, trustees and a bank account. We became a Registered Charity in 2015. Number 1161526

Objectives

The Drop-in Centre is a not-for-profit voluntary self-help Organisation set up by a group of widows committed to helping families individuals who have suffered bereavement, providing them with support in coming to terms with the emotional difficulties often facing individuals, reaching out and making a real and sustained difference in the community

Structure, Governance and Management

The charity is established by a constitution and is governed by the regulation set out in the Constitution and run by a voluntary management committee/Board of Trustee. The Management Committee meet 3 times during the year to review the activities of the charity including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund-raising dates, wellbeing project activities, for the charity. The day-to-day work of the charity is overseen by the Secretary and Treasurer who are responsible for and reports to the Board of Trustees/ Management Committee.

The Management Committee Board of Trustees are aware of the potential risks to the organisation, both financial and otherwise. Therefore, strategies are in place to mitigate these risks. Assessments have also been taken relating to fire and health and safety. The Management committee Board of Trustees is seriously looking into other risk areas such as operational, governance and compliance with law and regulations. The Charities Safeguarding Policy will be reviewed twice yearly.

Achievements and Performance of the Trust

The Management Committee is pleased to report an active and successful year. The Drop In Bereavement Centre is actively seeking to protect its financial security to continue to safeguard the ongoing development of the organisation and its projects and services that it offers to its clients in Newham, Redbridge and other Outer surrounding Boroughs across East London.

Over the last 12 months we organised and delivered the following activities:

Our Charity delivers

- on a weekly basis face2face, telephone/video Grief Counselling with supported weekly wellbeing activities consisting of a range of keep fit exercise classes for the bereaved elderly
- Tea and Coffee mornings meet ups with beneficiaries,
- annual day trips to places of interests.
- we initiated working with Age UK Ilford, and successfully delivered face to face counselling for the over 65+ older people residing across Redbridge {Romford, Barking & Dagenham, Ilford, Chadwell Heath, Barkingside, Rainham, to avoid the older people referred for bereavement counselling by GPIAPT (Talking Therapies) traveling all the way into Plaistow, Newham for face2face programs are all designed to help process the grief journey for beneficiaries. There is a continuous demand for this outreach service.
- We continue to deal with the increasing demand for telephone bereavement counselling and continue to part operate remotely. We provided additional safeguarding supervision training workshops for Trainee Professional Counsellors re client presenting suicidal thoughts mental health issues who have experienced multiple COVID losses.

The closure of The Newham Bereavement Service MIND at the end of September 2024 has resulted in the Drop In Bereavement Centre presently being the only service in Newham providing bereavement counselling support with a range of Well-being activities for the bereaved local community. This closure has greatly impacted our services. We are seeking contributory funding support from Newham to enable our counselling services to cope with the increasing number of Referrals.

Signed on behalf of the trustees

29 December 2025

Olive Brade

Phebean Johnson

Olive Brade

Phebean Johnson

Secretary

Treasurer

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Drop In Bereavement Centre
Independent Examiner's Report 2025

To the Trustees.

I report on the accounts of Drop In Bereavement Centre for the year ended 31st March 2025 which are set out in the following pages.

Respective Responsibilities of Trustee and Examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act: and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Brian Dexter
Chartered Management Accountant
172 Sandford Road
East Ham
London E6 3PX

Dated 29th December 2025

Drop In Bereavement Centre
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The Drop In Bereavement Centre					
Charity Registration 1161526					
Statement of Financial Activities for the Year Ending 31 March 2025					
		Restricted Funds	Unrestricted Funds	2025 Total	2024 Total
Incoming Resources					
Grants		33,812		33,812	58,361
Members Contributions			5,087	5,087	6,727
Local giving and other donations			6,800	6,800	3,000
Gift Aid			1,293	1,293	1,333
Total Incoming Resources		33,812	13,180	46,992	69,421
Expenditure on					
Raising Funds					
Charitable Activities		33,812	10,531	44,343	68,548
Governance			100	100	250
Total Resources Expended		33,812	10,631	44,443	68,798
Net Incoming/(Outgoing Resources) before Transfers		-	2,550	2,550	623
Transfers between funds					
Net movement in funds		-	2,550	2,550	623
Reserves brought forward 1 April 2024		-	1,586	1,586	963
Reserves carried forward 31 March 2025		-	4,136	4,136	1,586

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The Drop In Bereavement Centre					
Balance Sheet as at 31 March 2025					
		Restricted Funds	Unrestricted Funds	2025 Total	2024 Total
Fixed Assets		-	-	-	-
Current Assets					
Debtors		-	-	-	-
Cash at Bank and in Hand		-	4,236	4,236	1,836
Total Current Assets		-	4,236	4,236	1,836
Creditors due within 1 Year					
Trade Creditors			100	100	250
Accruals					
Total Creditors due within 1 year		-	100	100	250
Net Current Assets		-	4,136	4,136	1,586
Creditors due after more than 1 year		-	-	-	-
Total Net Assets		-	4,136	4,136	1,586
Funds					
Restricted Funds		-		-	-
General Funds			4,136	4,136	1,586
		-	4,136	4,136	1,586
<p>The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity for that period. In preparing those financial statements the trustees are required to:</p> <ul style="list-style-type: none"> - Select suitable accounting policies and apply them consistently. - Make judgements and estimates that are reasonable and prudent - Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to exist. <p>The trustees are responsible for keeping proper records, which disclose with reasonable accuracy the financial position of the charity. They are also responsible for safeguarding the assets of the charity and taking reasonable steps to prevent and detect fraud and other irregularities</p>					
Approved by the Trustees on 29th December 2025 and signed on their behalf by:					
<i>Olive Brade</i>		<i>Phebean Johnson</i>			
Olive Brade		Phebean Johnson			
Secretary		Treasurer			

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The Drop In Bereavement Centre						
Notes to the financial statements for the year ended 31 March 2025						
1 Accounting policies						
The financial statements are prepared under the historic cost convention and in accordance with the Statement of Recommended Practice(SORP), Accounting and Reporting by Charities issued in March 2015 and the Charities Act 2011.						
Incoming resources represent grants, donations and bank interest receivable.						
Fund Accounting						
Restricted Funds are to be used for specified purposes as laid down by the funder or donor. Direct and support expenditure, which meets these criteria, are included under the fund together with a fair allocation of other costs						
Unrestricted funds are those receive with no restrictions placed upon their useand are available as general funds, toi be used by the charity to advance its charitable objects.						
Fixed Assets						
Depreciation is provided at the following annual rate in order to write off the cost of each asset over its estimated useful life:						
Compurt Equipment		25% on cost				
2 Incoming Resources						
The total incoming resources of the charity for the year have been derived from its principal activity undertaken in the United Kingdom, and came from the following sources:						
		Restricted Funds	Unrestricted Funds	2025 Total	2024 Total	
Asda Foundation		1,800		1,800	900	
Members Contributions			5,087	5,087	6,727	
L.B. Newham		1,000		1,000	2,300	
National Lottery		10,032		10,032	8,000	
Barchester foundation		1,480		1,480	-	
Aspers community grant		1,000		1,000	-	
Eden Tree		-		-	10,000	
Redbridge small grants fund		17,000		17,000	30,000	
Screwfix grant		1,500		1,500	-	
Little Magic grant					500	
Local giving and other Individuals			6,800	6,800	3,000	
Gift Aid recovered			1,293	1,293	1,333	
Total		33,812	13,180	46,992	69,421	

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3 Staff Costs and Tax							
During the year the charity employed one (2024; 1) member of staff							
The total of wages and salaries paid to provide charitable services was							
					2025	2024	
Salary and tax					8,928	9,050	
4 Creditors					2025	2024	
for Audit					100	250	
Others							
5 Trustees							
The trustees received payment only for professional services provided to the organisation							