

Drop In Bereavement Centre
Charity Registration 1161525

Report and Accounts to 31 March 2024.

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Report and Accounts to 31 March 2024.

CHARITY INFORMATION

Trustees:	Phebean Johnson Paulina Saliba Ivona Godon Erlinda Marcona Margaret Roberts
Registered Office:	187 Grange Road, Plaistow, London E13
Registered Charity No:	1161526
Telephone:	0207 511 6444
Email:	dropinbereavement@btinternet.com
Bankers:	Barclays Bank
Independent Examiner:	Brian Dexter, A Thousand Hills Ltd. 172 Sandford Road, East Ham.

THE DROP IN BEREAVEMENT CENTRE

REPORT OF THE MANAGEMENT COMMITTEE

History. Objectives and Activities of Drop in Bereavement Centre

History

The Management Committee submit their report and financial statements for the year ended 31st March 2024. The Drop in bereavement centre was established in 2011 but was operating under Community Links until 2013 we became an independent organisation with a constitution, trustees and a bank account. We became a Registered Charity in 2015. Number 1161526

Objectives

The Drop-in Centre is a not-for-profit voluntary self-help Organisation set up by a group of widows committed to helping families individuals who have suffered bereavement, providing them with support in coming to terms with the emotional difficulties often facing individuals, reaching out and making a real and sustained difference in the community

Structure, Governance and Management

The charity is established by a constitution and is governed by the regulation set out in the Constitution and run by a voluntary management committee/Board of Trustees. The Management Committee meet 3 times during the year to review the activities of the charity including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund-raising dates, wellbeing project activities, for the charity. The day-to-day work of the charity is overseen by the Secretary and Treasurer who are responsible for and reports to the Board of Trustees/ Management Committee.

The Management Committee Board of Trustees are aware of the potential risks to the organisation, both financial and otherwise. Therefore, strategies are in place to mitigate these risks. Assessments have also been taken relating to fire and health and safety. The Management committee Board of Trustees is seriously looking into other risk areas such as operational, governance and compliance with law and regulations. The Charities Safeguarding Policy will be reviewed twice yearly.

Achievements and Performance of the Trust

The Management Committee is pleased to report an active and successful year. The Drop in bereavement Centre is actively seeking to protect its financial security to continue to safeguard the ongoing development of the organisation and its projects and services that it offers to its clients in Newham, Redbridge and other Outer surrounding Boroughs across East London.

Over the last 12 months we organised and delivered the following activities:


Our Charity delivers

- on a weekly basis face2face, telephone/video Grief Counselling with supported weekly wellbeing activities consisting of a range of keep fit exercise classes for the bereaved elderly
- Tea and Coffee mornings meet ups with beneficiaries,
- annual day trips to places of interests;
- we initiated working with Age UK Ilford, and successfully delivered face to face counselling for the over 65+ older people residing across Redbridge {Romford, Barking & Dagenham, Ilford, Chadwell Heath, Barkingside, Rainham, to avoid the older people referred for bereavement counselling by GPIAPT (Talking Therapies) traveling all the way into Plaistow, Newham for face2face programs are all designed to help process the grief journey for beneficiaries.
- We continue to deal with the increasing demand for telephone bereavement counselling and continue to part operate remotely. We provided additional safeguarding supervision training workshops for Trainee Professional Counsellors re client presenting suicidal thoughts mental health issues who have experienced multiple COVID losses.

The closure of The Newham Bereavement Service MIND at the end of September 2024 has resulted in the Drop In Bereavement Centre presently being the only service in Newham providing bereavement counselling support with a range of Well-being activities for the bereaved local community. This closure has greatly impacted our services. We are seeking contributory funding support from Newham to enable our counselling services to cope with the increasing number of Referrals.

Signed on behalf of the trustees

29th November 2024


Olive Brade

Secretary

Phebean Johnson

Treasurer



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Drop In Bereavement Centre
Independent Examiner's Report 2024

To the Trustees.

I report on the accounts of Drop In Bereavement Centre for the year ended 31st March 2024 which are set out in the following pages.

Respective Responsibilities of Trustee and Examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act: and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you the Trustees concerning any such matters.

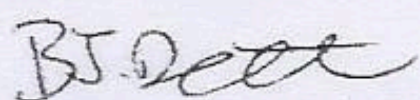
The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Brian Dexter
Chartered Management Accountant
172 Sandford Road
East Ham
London E6 3PX

Dated 26th November 2024

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The Drop In Bereavement Centre
Charity Registration 1161525
Statement of Financial Activities for the Year Ending 31 March 2024

	Restricted Funds	Unrestricted Funds	2024 Total	2023 Total
Incoming Resources				
Grants	58,361		58,361	40,625
Members Contributions		6,727	6,727	5,843
Local giving and other donations		3,000	3,000	4,000
Gift Aid		1,333	1,333	3,090
Total Incoming Resources	58,361	11,060	69,421	53,558
Expenditure on				
Raising Funds				
Charitable Activities	58,361	10,188	68,548	54,251
Governance		250	250	250
Total Resources Expended	58,361	10,438	68,798	54,501
Net Incoming/(Outgoing Resources) before Transfers	-	623	623 -	943
Transfers between funds				
Net movement in funds	-	623	623 -	943
Reserves brought forward 1 April 2023	-	963	963	1906.03
Reserves carried forward 31 March 2024	-	1,586	1,586	963

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The Drop In Bereavement Centre

Balance Sheet as at 31 March 2024

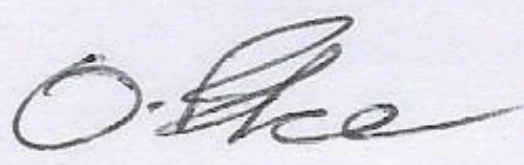
	Restricted Funds	Unrestricted Funds	2023 Total	2023 Total
Fixed Assets	-	-	-	-
Current Assets				
Debtors	-	-	-	-
Cash at Bank and in Hand	-	1,836	1,836	1,213
Total Current Assets	-	1,836	1,836	1,213
Creditors due within 1 Year				
Trade Creditors		250	250	250
Accruals				
Total Creditors due within 1 year	-	250	250	250
Net Current Assets	-	1,586	1,586	963
Creditors due after more than 1 year	-	-	-	-
Total Net Assets	-	1,586	1,586	963
Funds				
Restricted Funds	-	-	-	-
General Funds		1,586	1,586	963
	-	1,586	1,586	963

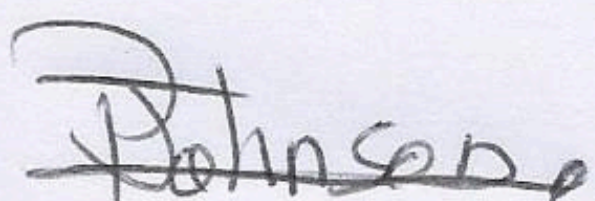
The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to exist.

The trustees are responsible for keeping proper records, which disclose with reasonable accuracy the financial position of the charity. They are also responsible for safeguarding the assets of the charity and taking reasonable steps to prevent and detect fraud and other irregularities

Approved by the Trustees on 29.11.2024 and signed on their behalf by:


Secretary

Treasurer 

The Drop In Bereavement Centre

Notes to the financial statements for the year ended 31 March 2024

1 Accounting policies

The financial statements are prepared under the historic cost convention and in accordance with the Statement of Recommended Practice (SORP), Accounting and Reporting by Charities issued in March 2015 and the Charities Act 2011.

Incoming resources represent grants, donations and bank interest receivable.

Fund Accounting

Restricted Funds are to be used for specified purposes as laid down by the funder or donor. Direct and support expenditure, which meets these criteria, are included under the fund together with a fair allocation of other costs.

Unrestricted funds are those received with no restrictions placed upon their use and are available as general funds, to be used by the charity to advance its charitable objects.

Fixed Assets

Depreciation is provided at the following annual rate in order to write off the cost of each asset over its estimated useful life:

Computers Equipment	25% on cost
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2 Incoming Resources

The total incoming resources of the charity for the year have been derived from its principal activity undertaken in the United Kingdom, and came from the following sources:

	Restricted Funds	Unrestricted Funds	2024 Total	2023 Total
Co-op Foundation	1,111		1,111	-
Tesco			-	1,125
Asda Foundation	900		900	2,050
Members Contributions		6,727	6,727	5,843
WG Edwards	1,500		1,500	-
Quaker Social Action/PSBL	3,300		3,300	-
Charles Platter Foundation			-	5,000
Ground Work UK			-	375
Neighbourly grant			-	-
L.B. Newham	2,300		2,300	700
National Lottery	8,000		8,000	8,000
Arnold Clark			-	-
Percy Bilton Foundation	750		750	500
Westfield One Newham			-	375
Royal Docks Trust			-	2,000
Eden Tree	10,000		10,000	-
Redbridge small grants fund	30,000		30,000	10,000
London Community grant			-	10,000
Little Magic grant	500		500	500
Local giving and others		3,000	3,000	4,000
Gift Aid recovered		1,333	1,333	3,090
Total	58,361	11,060	69,421	53,558

3 Staff Costs and Tax

During the year the charity employed one (2023; 1) members of staff

The total of wages and salaries paid to provide charitable services was

	2024	2023
Salary and tax	<u>9,050</u>	<u>9,432</u>

4 Creditors

	2024	2023
for Audit	250	250
Others	<u> </u>	<u> </u>

5 Trustees

The trustees received payment only for professional services provided to the organisation