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CHARITY INFORMATION

Trustees: Kim Pau
Phebean Johnson
Paulina Saliba is replacing Sister Anne Miller (who is now deceased)
Ivona Gordon

Erinda Marcona
Margaret Roberts

Registered Office: 187 Grange Road, Plaistow, London
E13 0HA

Registered Charity No: 1161526

Telephone: 0207 511 6444

Email: dropinbereavement@btinternet.com

Bankers: Barclays Bank

Independent Examiner:

THE DROP IN BEREAVEMENT CENTRE

REPORT OF THE MANAGEMENT COMMITTEE

History, Objectives and Activities of Drop in Bereavement Centre

The Management Committee submit their report and financial statements for the year ended 31st March 2023. The Drop-in bereavement centre was established in 2011 but was under Community Links. In 2013 we became an independent organisation with a constitution, trustee and a bank account. We became a Registered Charity in 2015.

Objectives of the Drop in Bereavement Centre

The Drop-in Centre is a not-for-profit voluntary self-help Organisation set up by a group of widows committed to helping families/individuals who have suffered bereavement providing them with support in coming to terms with the emotional difficulties often facing individuals, reaching out and making a real and sustained difference in the community

Structure, Governance and Management

The charity is constituted by a constitution. It is governed by the regulation set out in the Constitution and run by a voluntary management committee/Board of Trustee.

The Management Committee met 3 times during the year to review the activities of the charity including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund-raising dates, well-being project activities, for the charity. The day-to-day work of the charity is overseen by the Secretary/Treasurer who is responsible for and reports to the Board of Trustees/Management Committee. The Management Committee/Board of Trustees are aware of the potential risks to the organisation, both financial and otherwise. Therefore, strategies are in place to control these risks. Assessments have also been taken relating to fire and health and safety. The Management Committee/Board of Trustees is seriously looking into other risk areas such as operational, governance and compliance with law and regulations. Review of the Charities Safeguarding Policy will be reviewed twice yearly.

Achievements and Performance of the Trust

The Management Committee is pleased to report an active and successful year. The Drop-in bereavement Centre is actively seeking to protect its financial security to continue to safeguard the ongoing development of the organisation and its projects and services that it offers to its clients in Newham, Redbridge and other Outer surrounding Boroughs across East London.

Over the last 12 months we organised and delivered the following activities:

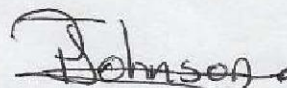
Our Charity delivers on a weekly basis face2face/telephone/video Grief Counselling with supported weekly wellbeing activities consisting of a range of keep fit exercise classes for the bereaved elderly,, Tea and Coffee mornings meet ups with beneficiaries, annual day trips to places of interests; we initiated working with Age UK Ilford, and successfully delivered face2face counselling for the over 65+ older people residing across Redbridge (Romford, Barking & Dagenham, Ilford, Chadwell Heath, Barkingside, Rainham, to avoid the older people referred for bereavement counselling by GP/IAPT (Talking Therapies) travelling all the way into Plaistow Newham for face2face; programs are all designed to help process the grief journey for beneficiaries. We continue to deal with the increasing demand for telephone/face to face bereavement counselling and continue to part operate remotely. We provided additional safeguarding supervision/training workshops for Trainee/Professional Counsellors re clients presenting suicidal thoughts/mental health issues/who have experienced multiple COVID-19 losses.

Changes are also made replacing Kim Pau as Sec with

Olive Brade
Secretary



Phebean Johnson
Treasurer



Drop In Bereavement Centre

Independent Examiner's Report 2023

To the Trustees.

I report on the accounts of Drop In Bereavement Centre for the year ended 31st March 2023 which are set out in the following pages.

Respective Responsibilities of Trustee and Examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act: and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

B. Dexter

Brian Dexter
Chartered Management Accountant
172 Sandford Road
East Ham
London E6 3PX

Dated 12th May 2024

The Drop In Bereavement Centre

Statement of Financial Activities for the Year Ending 31 March 2023

	Restricted Funds	Unrestricted Funds	2023 Total	2022 Total
Incoming Resources				
Grants	40,625		40,625	38,468
Members Contributions		5,843	5,843	10,888
Local giving and other donations		4,000	4,000	2,093
Gift Aid		3,090	3,090	3,185
Total Incoming Resources	40,625	12,933	53,558	54,634
Expenditure on				
Raising Funds				
Charitable Activities	40,625	13,626	54,251	59,868
Governance		250	250	300
Total Resources Expended	40,625	13,876	54,501	60,168
Net Incoming/(Outgoing Resources) before Transfers	-	943	943	5,534
Transfers between funds				
Net movement in funds	-	943	943	5,534
Reserves brought forward 1 April 2022	-	1,906	1,906	7440
Reserves carried forward 31 March 2023	-	963	963	1,906

The Drop In Bereavement Centre

Balance Sheet as at 31 March 2023


	Restricted Funds	Unrestricted Funds	2023 Total	2022 Total
Fixed Assets	-	-	-	-
Current Assets				
Debtors	-	-	-	-
Cash at Bank and in Hand	-	1,213	1,213	2,206
Total Current Assets	-	1,213	1,213	2,206
Creditors due within 1 Year				
Trade Creditors		250	250	300
Accruals				-
Total Creditors due within 1 year	-	250	250	300
Net Current Assets	-	963	963	1,906
Creditors due after more than 1 year	-	-	-	-
Total Net Assets	-	963	963	1,906
Funds				
Restricted Funds	-	-	-	-
General Funds		963	963	1,906
	-	963	963	1,906

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to exist.

The trustees are responsible for keeping proper records, which disclose with reasonable accuracy the financial position of the charity. They are also responsible for safeguarding the assets of the charity and taking reasonable steps to prevent and detect fraud and other irregularities

Approved by the Trustees on 12/5/2024 and signed on their behalf by:


Olive Brade
Secretary

Phebean Johnson
Treasurer 

Notes to the financial statements for the year ended 31-March 2023

The financial statements are prepared under the historic cost convention and in accordance with the Statement of Recommended Practice (SORP), Accounting and Reporting by Charities issued in March 2015 and the Charities Act 2011.

Fund Accounting

Unrestricted funds are those receive with no restrictions placed upon their use and are available as general funds, to be used by the charity to advance its charitable objects.

Depreciation is provided at the following annual rate in order to write off the cost of each asset over its estimated useful life:

2 Incoming Resources

	Restricted Funds	Unrestricted Funds	2023 Total	2022 Total
Co-op Foundation			-	968
Tesco	1,125		1,125	-
Asda Foundation	2,050		2,050	
Members Contributions		5,843	5,843	10,888
Aspers Casino			-	1,000
Karon Keating Foundation			-	3,000
Charles Platter Foundation	5,000		5,000	
Ground Work UK	375		375	1,000
Neighbourly grant			-	400
L.B. Newham	700		700	3,600
National Lottery	8,000		8,000	
Arnold Clark			-	1,000
Percy Bilton Foundation	500		500	
Westfield One Newham	375		375	500
Royal Docks Trust	2,000		2,000	
Screwfix Foundation			-	1,500
Redbridge small grants fund	10,000		10,000	15,000
London Community grant	10,000		10,000	10,000
Little Magic grant	500		500	500
Local giving and others		4,000	4,000	2,093
Gift Aid recovered		3,090	3,090	3,185
Total	40,625	12,933	53,558	54,634

The Drop In Bereavement Centre

Notes to the financial statements for the year ended 31 March 2023

3 Staff Costs and Tax

During the year the charity employed one (2022; 2) members of staff

The total of wages and salaries paid to provide charitable services was

	2023	2022
Salary and tax	<u>9,432</u>	<u>57,272</u>

4 Creditors

	2023	2022
for Audit	250	300
Others	<u> </u>	<u> </u>

5 Trustees

The trustees received payment only for professional services provided to the organisation