

Charity registration number: 1161515

Impelo

Annual Report and Financial Statements
for the Year Ended 31 March 2022

Impelo

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Impelo

Reference and Administrative Details

Trustees	J O Adams
	E Davies
	A Shayek
	R Liggitt
	D Kerlin
	C Jones
	M Townsend
Charity Registration Number	1161515
Principal Office	The Dance Centre
	Arlais Road
	Llandrindod Wells
	LD1 5HE
Independent Examiner	T Richardson
	Mitchell Meredith Limited
	Chartered Accountants
	The Exchange, Fiveways
	Temple Street
	Llandrindod Wells
	Powys, LD1 5HG

Impelo

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2022.

Objectives and activities

Impelo is a Charitable Incorporated Organisation at the forefront of participatory dance in the UK. It seeks to share the transformational power of dance far and wide, connecting people of all ages and ways of life in joyful expression.

Based in Llandrindod Wells, Powys, as a rurally based dance company, serving the rural local community but also with wide, open wings which can fly to wherever such ideas are needed and bring about real human joy and benefits to individuals and communities well being.

OUR PLACE IN THE WORLD

Impelo is a charitable organisation that seeks to share the transformational power of dance as far and wide as possible, connecting people of all ages and ways of life in joyful expression.

WHAT WE STRIVE FOR

To put the transformative power of dance at the heart of everyday life.

Everybody dancing - for themselves, each other and a better life.

THE JOURNEY WE'RE ON

To connect and inspire individuals, communities and organisations through the joy of dance - empowering curiosity, ambition and lifelong learning.

Public Benefit

In shaping the objectives and planning the activities for the year, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance on fee charging. The charity relies on grants and the income from fees and charges to cover its operating costs. In setting the level of fees, ticket prices, and other charges the trustees give consideration to the accessibility to activities for those on low income.

Our key strategic aims prioritise work focusing on positive outcomes for communities in the areas of:

Health and wellbeing

Inclusion, diversity and talent

Creative learning

We achieve these public benefits through:

- talent development; investing in and advocating for aspiring, emerging and established dancers, especially from backgrounds which are under-represented in dance.
- our Dance Centre programme; a safe, fun and nurturing space for people to show up just as they are and dance with a wide range of weekly dance workshops and classes, a space to create for Y Nyth (our professional dance network) and our inclusive dance company.
- community projects; co-produced opportunities for and with children and young people, families, differently abled adults and older people - especially those experiencing marginalisation, poor mental and physical health, isolation or who are at risk.
- educational programmes in schools, facilitating rich learning opportunities through quality professional dance, interactions with diverse dancers, and training for educators.

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Trustees' Report

2021/2022 priorities

Activities, logistics and priorities continued to be shaped and responded to the social impact of the pandemic on communities and the continued requirements for infection prevention. However the year saw an incredible reflowering both of work postponed due to Covid like our toured piece Cell and schools programme Cintetig and new work with people and communities whose mental and physical wellbeing had suffered over the lockdowns. Whilst working outdoors can be a challenge in mid Wales three projects explored possibilities of dancing in the beautiful Powys landscape (Hiraeth and Artscape) which not only reduced covid infection risk but allowed the chance to test new ways of producing dance and connecting with audiences.

Responding to the impact on mental health we developed new programmes for mothers who had had babies during lockdown. Codi our youth programme funded by Tampon Tax saw accelerated work in schools as restrictions eased. In the autumn of 2021 Hiraeth a choreographed youth dance production that had been part of Codi was selected to represent Wales at the prestigious U:Dance national event.

Over the year Impelo facilitated 699 dance sessions with 11,533 participations

For 2021/2022 Impelo had the following strategic aims:

- * Reach and create dance with more people in challenging circumstances;
- * Increase the transformative impact of dancing with us on people's health and joy of learning;
- * Work with great artists to create and tour inspiring and meaningful work with a lasting impact on their audience;
- * Grow a richly diverse and ambitious dance ecology in Powys;
- * Test out new and artistically compelling ways of connecting people with dance;
- * Create and consolidate a sustainable, robust and flexible business and leadership model with a mixed income that suits the way we work;

Partnerships

Key to reaching communities in the most challenging circumstances has been the development of new partnerships over the year, which has increased our reach and practice as we co-produced work with targeted communities, many of whom continued to be socially or clinically impacted by Covid 19

We worked with:

- Powys Sports Development to work in schools through our programme Cintetig
- Dementia Matters in Powys working in meeting centres as they reopened
- Powys County Council, Natural Resources Wales and Articulture on Artscape
- Ballet Cymru to develop new dance practice and develop talent pathways for ballet Duets project in the most economically disadvantaged area in Powys
- MIND for a programme of dance to improve wellbeing of those living with mental health issues
- Flying Start and Afon Dance with the development of Big Fish Baby Fish
- Powys Teaching Health Board and Dementia Matters Powys on Joio, a co-produced programme for people living with memory to improve physical and mental wellbeing and reducing isolation and Bach I lach for early years dance and movement
- Cardiff Metropolitan University on the user led design process for Cintetig
- People Dancing on their 11 Million Reasons project developing inclusive dance practice in Wales
- Haf, providing holiday provision for families in work poverty in Llandrindod Wells
- Ransack Dance residency and youth programme developing Us and Them production and supporting our youth programme Codi
- 31 new artists through Y Nyth, Artscape and Codi projects
- Celf Y Gwympys for artists wellbeing event
- Arfon Dance for Big Fish, Baby Fish pilot

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Trustees' Report

Delivering on our strategic aims

Health and Wellbeing

AIM:

**Reach and create dance with more people in challenging circumstances*

** Increase the transformative impact of dancing with us on people's health*

Impelo's weekly programme is at the heart of our health and wellbeing work offering low cost dance for all ages. We worked particularly hard to meet the needs of older and physically able adults and teenagers whose mental health was particularly impacted through lockdowns. We made sure that we could provide a safe space to reconnect face to face at the dance centre for those who wanted to.

- Me, myself and us - 38 weekly sessions with adults with learning differences
- Joio our programme for people living with or alongside a dementia diagnosis 29 sessions
- Do your thing - weekly session for older mobile adults - 37 sessions
- MIND dance with people with mental health issues 2 sessions (groups started back much later because of infection anxiety by participants)
- Energise (7-11) and Spark (5-7)- 42 sessions for children
- Youth dance (12 -18), 34 sessions
- Big Fish, Little Fish - for under 5s and their carers 23 sessions
- Codi - our youth designed programme to support body confidence, increase well being and dance technique which included working with Ransack Dance, Yoga and commissioning further work with dance professionals across 19 sessions
- Haf - holiday provision for families in work poverty 13 sessions in special schools
- New programmes for older adults, children and young people and a monthly session for adults were added to this in the last quarter (ballet, and a new 'little fish' programme for pre school year) 85 sessions
- Artist Wellbeing workshop 1 session

Project highlights- Big Fish Baby Fish

The impact of 2020 on half of newborns and their families has been considerable. A survey commissioned by Homestart, Best Beginnings and Parent Infant foundation found that just 1 in 10 (11%) parents of under twos have seen a health visitor face-to-face. Extended family interaction and support had not been possible, groups which connect and provide support for parents and babies locally have been unable to meet. Families with older children have had to homeschool as well as care for newborns and have felt that they have missed out on focused time with their babies

This mix of a breakdown in established pathways of support for the youngest members of our community and their carers is perhaps why nearly half of new mothers meet the threshold for post natal depression (UCL research)

Big Fish Baby Fish supported parents/carers to develop confidence to look after their mental and physical health and to give their children the best start in life - we know that the evidence is unequivocal that the first 1,001 days of a child's life, from pregnancy to age two, lay the foundations for a happy and healthy life.

Through funding from the Social Forum Fund we developed a creative dance and movement methodology and sharing day for dance practitioners across Wales. We co created with mothers (in particular) the sessions themselves

The pilot had 9 sessions with 162 participations. 100% of participants asked, reported they are more confident and using exercises from the sessions at home. Increasing bonding and physical development outside the weekly class. Increased physical confidence in both parent/ carer and baby. 100% sited their wellbeing had improved and 100% rated the programme as 'good or excellent'

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Trustees' Report

Project Highlight -ARTSCAPE Impelo was the creative partner on a programme developed by Powys County Council, Natural Resources Wales and Articulture and 'involved the creation of a programme of community focused, environmentally themed and locally based creative arts experiences, to improve wellbeing and mental health through happenings and events in the physical landscape and digital space'

35 events happened in three locations and with local communities with 1372 people involved in workshops or as audience members: Hafren Forest and neighbouring villages and towns in North Powys; Llandrindod Lake and woodlands at Llandrindod Wells in Mid Powys; and the Island Fields and the town of Brecon in South Powys "The [pupils] wrote some poetic pieces which illustrated their feelings towards our local landscape...[and] pleaded to world leaders to do what they can to support the natural world...The project enabled the[m] to feel that they had sent a message to others about the importance of acting to inhibit climate change. Climate and ecology were the emphasis but it always came back to life, loss and personal narratives." High school teacher North Powys

For artists creating together after lockdown was 'invigorating.'

"I was inspired by the work that was created. There was incredible collaboration and connection between artists; the projects on the ground were beautiful. This has the potential to become something else."

Inclusion, Diversity and Talent

AIM: *Grow a richly diverse and ambitious dance ecology in Powys*

As demand for our work grows, our biggest organisational risk is the lack of professional dancers in the area.

For us to match the ambition of our work with the talents of professional artists we know that we need to build pathways of dance leadership, dance and choreographic practice, audience focused production, compelling and well paid professional opportunities, CPD and performance opportunities. We want to take the lead in making Powys a great place to grow dance careers through our focus on developing dance and dancers with a diversity of ideas, culture, lived experience, and perspectives to create transformative dance experiences which will in turn inspire the next generation of dancers and dance audiences.

Project highlights: Y Nyth - support for freelance dancers

The challenges for already precarious freelance dance careers have been enormous over the pandemic through support from Foyle Foundation to 'grow the professional dance ecology in rural mid Wales' and the verve of the dancers we work with the funding has an incredible legacy embedding the ideas tested by the dancers into our main programme of work.

It gave me the time and space to nourish my own practice without the pressure of having to "make something". Being around other dance artists provided some perspective about where I am with my practice and it was reassuring to know we all have similar concerns about teaching/being a dance artist. This was really needed, especially post-Covid, but I think it can be useful for practitioners at any stage of their career as quite often we work independently and don't have opportunities to discuss and try out new ideas. Hatch dance artist

The programme supported

- 7 funded digital residencies during lockdown (including 1 early career stage, 1 single parent, 1 POC, 1 Welsh language)
- 2 week residency for 8 dancers Hatch/Deor where new graduates (particularly impacted by lack of professional opportunities) worked with mid career stage professionals
- 34 days of studio time to develop work
- 64 sessions of funding of career/ business support advice
- Dancers time to participate in 25 training sessions offered by national organisations

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Trustees' Report

- 30 Y Nyth training/networking meetings
- Freelancer Fridays
- Paid for dancers to be part of organisational planning sessions - for example looking at systems/processes and policies in social justice

Through the increased support and dancer led programme that the programme provided we retained all our dancers and through the Hatch/Deor programme gained new young graduate dancers.

Through the digital residency programme

→ 1 dancer explored the possibility of dance to make a difference to people and families living with a cancer diagnosis - we are now working with Powys Teaching Health Board on a programme of dance to improve the cancer journey

→ 3 dancers produced work exploring mental health - Jake Nwogu's film 'for those that struggle' was selected for a showcase at The Place. Rosa Carless and Stan Blakes explored of the impact of lockdown 'Firebreak' have led to commissions by National Dance Company of Wales

Through the Company Class and training programme we have developed several areas of new work led by dancers including:

- Freelancer Friday - a weekly professionally led dance class and networking opportunity
- Big Fish Baby Fish - a dance and movement project with babies born in lockdown
- Improved training and creative methodologies to work with people living with dementia, complex needs, creative education, and neurodivergent children and adults

Through Hatch relationships developed and we supported 3 dancers to be a part of Artscape which was a partnership with Powys County Council and Natural Resources Wales. We supported dancers to create a collaborative site specific dance piece Glanio which we are now looking to 'slow tour' creating site specific iterations of the programme but decreasing the carbon footprint of traditional touring

Creative Learning

AIM:

- * To improve educational outcomes for children by delivering expressive arts and STEM curriculum programmes through artist-led processes involving play, experiment and collaboration.
- * To reach and grow new dance audiences by creating high quality dance co-produced with young people, artists and scientists which tours schools.

With a sparsely populated 2000 sq mile geography and with 99.5 % of children attending school, it is the most effective way to reach the poorest children and their families who have the least access to provision outside of schools.

Impelo's commitment to working with children and young people with the least access to arts and culture which means schools are the best place to make a difference, and we hope inspire future dance audiences and dancers.

Programme Highlights

- 35 sessions of Duets with Ballet Cymru at Ysgol Cribarth
- 14 dance through the curriculum sessions
- 30 dance enrichment sessions in ALN units/special schools
- 1 training session developing dancer confidence, skills and methodology for Cinetig
- 64 Cinetig sessions for pupils
- 68 Cinetig sessions for teachers
- 3 Bach I lach sessions in pre schools

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Project highlights

Cinetig Dance across the curriculum

Children, young people and teachers returning to school after lockdowns with the impending introduction of the new Curriculum for Wales in September 2022 were faced with a number of challenges - from embedding the expressive curriculum into their teaching pedagogy to increased anxiety and poorer concentration.

Cinetig, funded by Powys Sports Development, was developed through a user design process with Cardiff Metropolitan University - reviewing international best practice and interviewing Powys teachers to design a programme which would have a positive and lasting impact for Powys children and young people.

The programme is an in-school teacher training programme that pairs teachers from schools across Powys with a dance practitioner to increase dance/movement activity either in PE, to explore other curriculum areas, or support class wellbeing. Each school has worked with the dancer to create a bespoke approach.

This first phase has seen projects in 18 Powys schools, including 13 primaries (2 Welsh language), 4 secondaries, and one special school.

"We have loved it - working with YOUR pupils in YOUR environment is a much better way to receive training...I am amazed by what they (the pupils) achieved...I was worried about standing at the front of the class teaching dance moves, but when I saw how Beth took ideas from the pupils and developed those - I think we could adapt it to any topic in the future, it's lot easier than you think. The creative aspect of the PE curriculum had been missing - we're definitely ready to add it in now."

PE teacher - Welshpool High School

Cell

'An utterly inspiring performance and workshop. The children were awestruck' Primary teacher

Devised with a team of leading scientists from Imperial College London and the University of Oxford along with BAFTA and Grammy winning artists, we developed a playful, immersive, d/Deaf inclusive landscape exploring the science of the Cell through dance.

Committed to building future audiences for dance and ensuring that all children see the highest quality touring work we secured funding for a tour to Powys schools.

After 3 shows in 2020 we entered the first lockdown and so we were bursting at the seams to get back on the road -

Whilst the show was not about Covid, one of the central stories was that of the 'virus' which really resonated for the children.

Some of the scientists that we had worked with on the R&D from Imperial and Oxford were at the heart of the research behind the vaccine

1186 children from 20 schools joined us inside our inflatable world of stories exploring human cells through dance, digital, music, visuals & workshops

"I like knowing that I have trillions of cells that can do many wonderful things..." KS2 learner

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Future planning

Impelo business plan 2022 -2027 and our operational plan for 2022/2023 setting out its strategic aims, resource allocation and targets for the year for **Arts, Health and Wellbeing, Diversity Inclusion Talent and Creative Learning**. These include further development of under 4s and dementia programmes, 2 artist led projects in communities exploring more sustainable models of production and touring and capitalising on the dance centre as a physical resource to deliver our objectives in the medium to long term by a reconfiguration to provide:

- enhanced accessibility for physically and neuro diverse communities and individuals;
- doubled studio space allowing for development of new Impelo dance projects and production, and supporting the development of talent, educational and career pathways for dancers in Powys;
- Reduced environmental impact and increased digital capacity of the building and organisation which reflects a meaningful response to the climate emergency;
- Increase the percentage of our income from hires and earned income.

Appointment of trustees

The maximum number of charity trustees is 12. Trustees serve for a maximum term of nine years and are elected on renewable terms of between 2 and 4 years to ensure continuity and the right mix of skills as the organisation grows. In 2020/2021 one Trustee left the Board Frederick Greaves and one new Trustee Melissa Townsend joined.

The Board audits the skills and contributions of its trustees biannually. It identifies and recruits new trustees openly through public advertisement and via direct approach when needed to fill any skills gaps or vacancies.

Impelo actively seeks, and has been successful in, appointing trustees from diverse backgrounds. In 2021/2022 the Board comprised 7 Trustees. 4 identified as male and 3 as female, 4 were under 40 years of age and 3 between 40 and 60 years old. 1 as queer, 2 as Welsh speakers, 5 as white British and 1 as British Asian, 3 as living with a disability or health condition

Applications from potential trustees are reviewed by the Board and may be appointed to the Board during the year to fill casual vacancies, with the agreement of the trustees.

Trustee induction and training New trustees receive briefings on the history of the company, the Governing Document, the board and decision-making processes, the business plan and recent financial performance of the company. They also receive a formal induction on their legal obligations under charity law.

Organisation

The board of trustees determines the long-term objectives of the company. It meets quarterly.

In 2021/2022 the Board had one committee with Terms of Reference delegating scrutiny to a Finance committee who are responsible for making recommendations to the Board of Trustees on financial matters.

The Board also has Capital and Safety, health, employment and wellbeing Committees who had no matters delegated by the Board of Trustees in 2021/2022

The Board appoints executive officers, not being members of the board, to discharge the artistic, administrative and other duties necessary for the proper functioning of the CIO.

In December 2021 Artistic Director left the organisation after 9 years in the role. Amanda had led the organisation's transformation from a Powys County Council service to a Charity in 2015, increasing the reach and quality of the work including the integration of produced professional dance for children as part of the the organisation's work

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Trustees' Report

A new role was trialled on a fixed term basis to increase the richness and reach of the Welsh language within projects and programmes

Artistic Director Amanda Grifkin (part time) until December 2021

Executive Director Suzy West (part time)

Programme and Marketing Co ordinator Jemma Thomas (part time) Interim Artistic Director (from December 2021)

Assistant Welsh Language Producer Bethan Cooper (part time)

Administrator Tracy Hutton (part time)

Impelo has a pool of talented and experienced freelance dance practitioners (Yr Nyth) and other creatives, who are contracted to work on programmes and projects. We worked with 22 freelance dancer during 2021/2022.

Trustees gave their time freely during the year under review, receiving no remuneration for their services.

Risk Management

Impelo, in common with all charities, faces a level of risk across its activities. Risk assessment is embedded within the organisation, including the building of contingencies into budgets, and all our activities are rigorously risk assessed. In accordance with good practice guidelines from the Charity Commission, the trustees identify, assess and monitor risks in the following areas: People, Operations, Compliance, Financial and Reputational

The trustees' risk management strategy includes: annual internal control review, in line with Charity Commission guidelines, the establishment of policies, systems and procedures to mitigate any identified risks arising from annual review, delegated responsibility for risks relating to compliance, management accounting systems which identify and manage our key financial risks

Finances

Impelo managed the ongoing increased expenditure with ongoing requirements of managing a Covid safe space -social distancing/PSE/cleaning costs and our capacity to earn income due to reduced capacity/closure/changes in business practice/partners capacity to commission with additional work required to 'make things happen.'

We carried over £51236 of restricted funding from 20/21 the majority of which had been associated with projects that had been wholly or partially postponed due to the pandemic. Knowing that there would be increased costs associated with these projects (conceived in the main pre pandemic) the Board agreed that reserves be designated to cover increased costs due to either 2 year postponements or increased costs to cover covid infection management - in particular Cell tour.

The mix of increased costs directly or indirectly related to the pandemic, project commitments costed pre pandemic and increased delivery in the year meant that whilst our balance sheet strengthened the year showed a deficit.

The backlog of projects with restricted incomes meant that we reduced our ambitions for new funding and commission for all but high priority projects which included arts and health in particular with new commissions or grants from Powys Teaching Health Board, the regional commissioning partnership (Social Value Forum)

Our partnership with Powys Sports Development continued into it's second year and has underwritten the Cinetig schools project and its success.

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Trustees' Report

With the increasingly inflationary climate emerging at the end of the year the opportunity to increase earned income through capital development, our track record of successful projects particularly in the area of health and learning with potential for new commissioned work to diversify income, our entrepreneurial approach and our allocation of funding through designated reserves to develop and monetise key areas for Impelo's future sustainability will support us as we like other charities continue to weather the storm.

Reserves Policy

Impelo has succeeded in maintaining the healthy level of reserves which it had accumulated in previous years. Aside from the costs of winding up the CIO, the major designation is for the purchase and match funding for the redevelopment of the organisation's base, the Dance Centre.

The Trustees have reviewed the charity's reserves policy in line with the guidance issued by the Charity Commission and recognise the need to safeguard against potential reductions in grant aided income, fluctuations in earned income and unplanned expenditure.

Based on the risk calculation for the financial year 2022/2023 it is agreed that Trustees would hold a minimum of 3 months of current levels of operating expenditure in reserves to meet the costs of winding up the CIO.

Specific Reserves

Impelo also agreed surplus funds to be held in reserve to deliver Impelo's Charitable objectives. To do this the following reserves have been established:

- **Capital Reserve - £176,000** to be retained for purchase and refurbishment of the Dance Centre, Arlais Road.
- **Sustainability Reserve - £30,882** to invest in programmes and systems that will diversify income portfolio, support research and development of new artistic and business areas for the organisation to assure future sustainability.

The annual report was approved by the trustees of the charity on 12 January 2023 and signed on its behalf by:

J O Adams
Trustee

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Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Impelo

Independent Examiner's Report to the trustees of Impelo

I report to the trustees on my examination of the accounts of Impelo for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of Impelo you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Impelo's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Impelo as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

T Richardson

Mitchell Meredith Limited
Chartered Accountants
The Exchange, Fiveways
Temple Street
Llandrindod Wells
Powys, LD1 5HG

12 January 2023

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Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies		126,672	19,706	146,378	199,185
Charitable activities		24,400	28,195	52,595	25,043
Investment income	5	44	-	44	117
Total income		<u>151,116</u>	<u>47,901</u>	<u>199,017</u>	<u>224,345</u>
Expenditure on:					
Charitable activities		<u>(180,532)</u>	<u>(54,305)</u>	<u>(234,837)</u>	<u>(175,967)</u>
Total expenditure		<u>(180,532)</u>	<u>(54,305)</u>	<u>(234,837)</u>	<u>(175,967)</u>
Net movement in funds		(29,416)	(6,404)	(35,820)	48,378
Reconciliation of funds					
Total funds brought forward		<u>239,873</u>	<u>51,236</u>	<u>291,109</u>	<u>242,731</u>
Total funds carried forward	13	<u>210,457</u>	<u>44,832</u>	<u>255,289</u>	<u>291,109</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 13.

Impelo
(Registration number: 1161515)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	10	2,311	3,716
Current assets			
Debtors	11	26,453	16,306
Cash at bank and in hand		<u>246,189</u>	<u>286,852</u>
		272,642	303,158
Creditors: Amounts falling due within one year	12	<u>(19,664)</u>	<u>(15,765)</u>
Net current assets		<u>252,978</u>	<u>287,393</u>
Net assets		<u><u>255,289</u></u>	<u><u>291,109</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds		44,832	51,236
Unrestricted income funds			
Unrestricted funds		<u>210,457</u>	<u>239,873</u>
Total funds	13	<u><u>255,289</u></u>	<u><u>291,109</u></u>

The financial statements on pages 13 to 24 were approved by the trustees, and authorised for issue on 12 January 2023 and signed on their behalf by:

J O Adams
Trustee

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Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Impelo is a Charitable Incorporated Organisation. The address of the registered office is given in the charity information on page 1 of these financial statements.

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Impelo meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

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Notes to the Financial Statements for the Year Ended 31 March 2022

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable entity for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	over 4 years

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds of the charity which the trustee's have decided at their discretion to set aside to use for a specific purpose.

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Notes to the Financial Statements for the Year Ended 31 March 2022

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted		Total	Total
	General	Restricted	2022	2021
	£	£	£	£
Donations and legacies;				
Donations	-	-	-	10
Grants receivable (note 3)	126,672	19,706	146,378	199,175
	<u>126,672</u>	<u>19,706</u>	<u>146,378</u>	<u>199,185</u>

3 Grants

	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	2022	2021
	£	£	£	£
ACW - Arts Portfolio Wales 2021-22 grant	113,841	-	113,841	113,841
PCC - Annual grant Award 2021-22 grant	10,484	-	10,484	16,640
NESTA - Y Lab Nourish grant	-	7,750	7,750	-
PAVO SVDF Big Fish	-	4,862	4,862	-
ACW - Professional Fees grant	-	2,294	2,294	-
Powys Public Health Team grant	-	4,800	4,800	-
ACW - Covid-19 funding	1,585	-	1,585	14,265
HMRC Coronavirus Job Retention Scheme	762	-	762	9,513
ACW - Creative Collaboration grant	-	-	-	1,475
Lottery Community Fund Awards for All	-	-	-	9,233
CFW Tampon Tax Community grant	-	-	-	9,058
Foyle Foundation grant	-	-	-	10,000
PCC Lockdown grants	-	-	-	13,000
PAVO Covid-19 funding	-	-	-	800
NESTA Sprint grant	-	-	-	1,350
	<u>126,672</u>	<u>19,706</u>	<u>146,378</u>	<u>199,175</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Venue hire	2,623	-	2,623	1,512
Production income	901	-	901	900
Participant fees	9,365	-	9,365	580
Commissions	11,511	-	11,511	3,844
Merchandise	-	-	-	11
PCC Sports Development	-	-	-	10,000
PCC Sports Development - Credu Project	-	-	-	8,196
PCC Dance and movement workshops	-	300	300	-
PCC School Missing Middle Mindful Movement Project	-	6,000	6,000	-
PCC - Arts in Health Event Horizon Project	-	2,815	2,815	-
PCC - Arts in Health Event	-	2,750	2,750	-
PCC - Bach a Iach	-	16,330	16,330	-
	<u>24,400</u>	<u>28,195</u>	<u>52,595</u>	<u>25,043</u>

5 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>44</u>	<u>44</u>	<u>117</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

6 Expenditure on charitable activities

	Total 2022 £	Total 2021 £
Core activity	98,264	64,281
Staff costs	103,758	88,586
Premises and building maintenance	18,974	16,438
Administration	9,676	3,097
Governance	2,760	2,160
Depreciation	1,405	1,405
	<u>234,837</u>	<u>175,967</u>

£180,532 (2021 - £152,701) of the above expenditure was attributable to unrestricted funds and £54,305 (2021 - £23,266) to restricted funds.

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	93,072	79,574
Social security costs	3,034	2,002
Pension costs	5,123	6,318
Other staff costs	<u>2,529</u>	<u>692</u>
	<u>103,758</u>	<u>88,586</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

The monthly average number of persons (including senior management team) employed by the charity during the year including full and part time staff was as follows:

	2022 No	2021 No
Charitable activities	<u>5</u>	<u>5</u>

3 (2021 - 4) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £5,123 (2021 - £6,318).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £52,289 (2021 - £59,951) .

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 April 2021	<u>5,613</u>	<u>5,613</u>
At 31 March 2022	<u>5,613</u>	<u>5,613</u>
Depreciation		
At 1 April 2021	1,897	1,897
Charge for the year	<u>1,405</u>	<u>1,405</u>
At 31 March 2022	<u>3,302</u>	<u>3,302</u>
Net book value		
At 31 March 2022	<u>2,311</u>	<u>2,311</u>
At 31 March 2021	<u>3,716</u>	<u>3,716</u>

11 Debtors

	2022 £	2021 £
Debtors	<u>26,453</u>	<u>16,306</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Creditors and accruals	19,664	15,765

13 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
Unrestricted income fund	45,373	151,116	(180,532)	(12,382)	3,575
<i>Designated</i>					
Future capital plans	146,000	-	-	30,000	176,000
Key strategic projects	48,500	-	-	(17,618)	30,882
	194,500	-	-	12,382	206,882
Total unrestricted funds	239,873	151,116	(180,532)	-	210,457
Restricted funds					
CFW Ashley Family Foundation	4,238	-	(4,238)	-	-
CFW Powys Welsh Church Act	3,080	-	(3,080)	-	-
PCC Mindful Movement Project	26,870	-	(11,389)	-	15,481
Lottery Community Fund Awards For All	10	-	(10)	-	-
CFW Tampon Tax Community Fund	8,184	-	(8,184)	-	-
Foyle Foundation	3,225	-	(3,225)	-	-
PCC Play Funding	5,629	-	(2,650)	-	2,979
NESTA Y Lab Nourish grant	-	7,750	(6,242)	-	1,508
PAVO SVDF	-	4,862	(4,862)	-	-
ACW Capital	-	2,294	(2,294)	-	-
PPHT Bach a Iach	-	4,800	(1,831)	-	2,969
PCC Dance and movement workshops	-	300	(300)	-	-
PCC Schools Cintetig	-	6,000	(6,000)	-	-
PCC Arts in Health Event HORIZON	-	2,815	-	-	2,815
PCC Arts in Health Event	-	2,750	-	-	2,750

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Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
PCC Bach a Iach	-	16,330	-	-	16,330
Total restricted funds	<u>51,236</u>	<u>47,901</u>	<u>(54,305)</u>	<u>-</u>	<u>44,832</u>
Total funds	<u>291,109</u>	<u>199,017</u>	<u>(234,837)</u>	<u>-</u>	<u>255,289</u>

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
Unrestricted income fund	123,995	178,579	(152,701)	(104,500)	45,373
<i>Designated</i>					
Future capital plans	65,000	-	-	81,000	146,000
Key strategic projects	<u>25,000</u>	<u>-</u>	<u>-</u>	<u>23,500</u>	<u>48,500</u>
	<u>90,000</u>	<u>-</u>	<u>-</u>	<u>104,500</u>	<u>194,500</u>
Total unrestricted funds	<u>213,995</u>	<u>178,579</u>	<u>(152,701)</u>	<u>-</u>	<u>239,873</u>
Restricted					
CFW Ashley Family Foundation	4,238	-	-	-	4,238
ACW Creative Collaborations	-	1,475	(1,475)	-	-
CFW Powys Welsh Church Act	4,200	-	(1,120)	-	3,080
PCC Mindful Movement Project	20,298	10,000	(3,428)	-	26,870
Lottery Community Fund Awards For All	-	9,233	(9,223)	-	10
CFW Tampon Tax Community Fund	-	9,058	(874)	-	8,184
Foyle Foundation	-	10,000	(6,775)	-	3,225
PCC Play Funding	<u>-</u>	<u>6,000</u>	<u>(371)</u>	<u>-</u>	<u>5,629</u>
Total restricted funds	<u>28,736</u>	<u>45,766</u>	<u>(23,266)</u>	<u>-</u>	<u>51,236</u>
Total funds	<u>242,731</u>	<u>224,345</u>	<u>(175,967)</u>	<u>-</u>	<u>291,109</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

CFW Ashley Family Foundation Grant towards 3 weeks fees and expenses to cover Cell lab days in 22 Powys Schools, together with learning resources and management.

CFW Powys Welsh Church Act Grant towards 3 weeks fees and expenses to cover Cell lab days in 22 Powys Schools.

ACW Creative Collaborations fund for creative organisations and schools working together.

Funding received from Powys County Council towards the Mindful Movement project.

Lottery Community Fund - Awards for All - Joio a programme - people using dance to support older feel happier, healthier and more connected.

CFW Wales Tampon Tax Community Fund grant - Codi a programme co designed with rural teenage girls to improve confidence and aspirations through working with professional dancers and artists and showcasing their work on professional stages.

Foyle Foundation grant towards the Y Nyth project , a professional development programme for emerging and mid-career dancers in rural mid Wales.

Powys County Council project supporting the development of 'play packs'.

NESTA Y Lab Nourish grant - funding for innovation and scaling Joio - arts and health project for people living with and alongside dementia.

PAVO Social Value Forum Development Fund - funding to trial work with carers and babies born in lockdown.

ACW grant towards a project supporting Professional Fees RIBA Stage 3 planned redevelopment of the dance centre.

Powys Public Health Team grant to support movement and wellbeing through dance for pre school as part of Bach a Iach programme.

PCC Dance and movement workshops in school holidays.

PCC School Missing Middle Mindful Movement Project supporting Cintetig a programme supporting schools to use dance across the curriculum.

PCC Arts in Health Event HORIZON and PCC Arts in Health Event is funding to produce a Strategic Arts & Health conference in Powys.

PCC Bach a Iach supporting dance across the curriculum in Powys schools.

Designated funds

The board has designated unrestricted reserves of £176,000 for the purchase and refurbishment of the Dance Centre, Arlais Road and £30,882 to invest in programmes and systems that will diversify income portfolio, support research and development of new artistic and business areas for the organisation to assure future sustainability.

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Notes to the Financial Statements for the Year Ended 31 March 2022

14 Analysis of net assets between funds

	Unrestricted funds		Restricted funds	Total funds at 31 March 2022
	General	Designated		
	£	£	£	£
Tangible fixed assets	2,311	-	-	2,311
Current assets	20,927	206,882	44,832	272,641
Current liabilities	(19,664)	-	-	(19,664)
Total net assets	<u>3,574</u>	<u>206,882</u>	<u>44,832</u>	<u>255,288</u>

15 Related party transactions

There were no related party transactions in the year.