

STRIDE FOUNDATION UK

England & Wales · Charity number 1161442

Details

Status Registered

Legal form CIO

Registered 2015-04-27

Register [View on the Charity Commission register](#)

Contact

Address Simpson Wreford Llp
Wellesley House
Duke of Wellington Avenue
London
SE18 6SS

Phone 07778420321

Email stride.foundation.uk@gmail.com

Website www.stridefoundation.com

Activities

Objects: FOR THE PUBLIC BENEFIT:TO RELIEVE THE PHYSICAL AND MENTAL SICKNESS OF PERSONS SUFFERING FROM ADDICTION, IN PARTICULAR BY: (A) THE MAKING OF GRANTS (B) THE PROVISION OF FREE ADVICE AND INFORMATION (C) THE PROVISION OF COMMUNITY DAY CENTRES

Activities: STRIDE FOUNDATION UK is an established charity working to provide counselling and advice to those who have the desire to recover, and those who are recovering from substance abuse and their families. STRIDE also provides access to information and education to improve understanding and public perception of the issues surrounding addiction.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Essex
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£85,666	£141,195	-	-
2024-03-31	£38,588	£25,901	-	-
2023-03-31	£438,481	£12,593	-	-
2022-03-31	£0	£452	-	-
2021-03-31	£0	£1,352	-	-

Trustees

Name	Role	Appointed
Gavin Patchett		2024-03-25
Keith Mirams		2026-03-14
Thomas Edward Greenlees		2026-05-26

STRIDE FOUNDATION UK

England & Wales - Charity number 1161442

Accounts

Charity registration number 1161442 (England and Wales)

STRIDE FOUNDATION UK CIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

STRIDE FOUNDATION UK CIO

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	F Amati	
	M Buxton	(Appointed 4 April 2024)
	G Patchett	
Management	P Sculfor	Chief executive officer
Charity number (England and Wales)	1161442	
Independent examiner	Simpson Wreford LLP	
	Wellesley House	
	Duke of Wellington Avenue	
	Royal Arsenal	
	London	
	SE18 6SS	
Bankers	Handelsbanken	
	Romford Branch	
	Ground Floor, 3 - 5 Eastern Road	
	Romford	
	RM1 3NH	

STRIDE FOUNDATION UK CIO

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STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Objectives in Accordance with the Public Benefit Statement (Charities Act 2011)

The STRIDE Foundation operates with a clear commitment to providing **public benefit** by directly addressing the needs of individuals and communities affected by addiction. As set out in Section 4 of the Charities Act 2011, the objectives of the Foundation are to:

1. Relieve the suffering of individuals affected by addiction

We provide practical, high-impact support services to individuals in recovery, helping them navigate the complex journey of re-integrating into society. The charity focuses on alleviating the challenges of addiction recovery by offering accessible services and resources for individuals and their families.

2. Advance public understanding of addiction and its consequences

We seek to increase awareness and reduce the stigma surrounding addiction through educational initiatives and outreach programs. By providing unbiased, evidence-based information, the Foundation promotes informed discussions about addiction, mental health, and recovery.

3. Promote social inclusion and successful reintegration for individuals in recovery

We support individuals in their recovery by fostering social and community integration. The charity provides guidance to individuals who reach out for help via their social media platforms and website.

4. Encourage collaboration and resource-sharing with other organisations

We work with local charities, public health organisations, and experts in addiction and mental health to strengthen the support network for individuals in recovery, maximising its collective impact.

There has been no change in these during the year.

Activities

1. Providing Practical Support to Recovering Addicts and Their Families

We offer a wide range of services aimed at helping individuals recovering from addiction and their families. This includes counselling, therapeutic support, and assistance with reintegration into society, and guidance on rebuilding relationships and employment.

2. Educational Outreach and School Workshops

As part of its commitment to raising awareness, the Stride Foundation runs educational assembly's, workshops and talks in schools. These activities aim to inform young people about the realities of addiction, promote healthy lifestyle choices, and reduce the stigma around substance use. By reaching students early, STRIDE works to prevent future addiction-related issues and foster a deeper understanding of the subject.

3. Sponsoring a Podcast to Raise Awareness on Addiction and Mental Health

The Stride Foundation operates a podcast dedicated to raising awareness about addiction and mental health issues. The podcast offers a platform for addiction specialists, mindset coaches, and individuals in recovery to share their expertise, personal stories, and valuable insights, furthering public understanding and reducing stigma.

STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4. Supporting Local Charity Initiatives and Improving Public Perception

The Stride Foundation contributes to local charity initiatives that align with its mission to address addiction and mental health. By supporting these initiatives, the Foundation aims to improve the public perception of addiction, highlighting it as a treatable health issue rather than a moral failing.

These activities reflect STRIDE Foundation's dedication to providing **public benefit**, ensuring that individuals affected by addiction receive the support they need and that the broader public gains a clearer, more informed perspective on addiction. Through education, support, and collaboration, the Stride Foundation is working to create lasting positive change for individuals, families, and communities.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Stride Foundation UK were able to provide guidance to people out of treatment, discussing the best ways to have strong sobriety, including 12 step programmes and the next best steps for them. The charity has also been able to arrange further treatment for people who need this, on a pro bono basis. This includes paid for programmes of therapy to certain people where full rehab treatment has not been necessary, but where a suitable therapist would work for them.

Achievements against objectives set

The Stride podcast series 'This is Powerful' - focusing on addiction recovery and positive mindset – had a successful first season of 24 episodes and began a second season. From August 2024 to the end of March 2025 32 episodes aired, reaching a growing audience via Apple Podcasts, and through a broad social media campaign. At the end of March 2025 total downloads were 135K, with 25K total views on the YouTube Channel and 3.7K followers on Instagram. Additional allocated funding of £27,544 was received from a private donor on 26 March 2025. *This is Powerful* has been nominated for a British Podcast Award.

In August 2024, Stride Foundation UK launched a pilot Outreach Programme, visiting a select group of schools to assess both the receptiveness and impact of our assemblies and workshops. The response from students, teachers, and school administrators was overwhelmingly positive. Feedback has highlighted the effectiveness of this wellness-focused approach in helping students relate to the content in a meaningful way. Furthermore, many schools have reported an increase in student engagement around mental health topics, with some requesting follow-up sessions and additional support for at-risk students. The success of this pilot phase has provided us with invaluable insights into how we can refine our delivery methods, expand our content offerings, and scale our efforts to reach a broader student audience. This feedback has validated the need for the programme and reinforced our belief that schools are eager for more support in addressing these critical issues. Between August 2024 and March 2025, the Project delivered 25 assemblies and workshops in secondary schools.

We successfully applied for funding to continue the Outreach Project and received £32,465 funding for this purpose on 26 March 2025 from a private donor.

Financial review

Incoming resources for the year totalled £85,666, of which £25,666 were for unrestricted purposes and £60,000 were for restricted purposes. Outgoing resources for the year totalled £141,195, all of which were attributable to unrestricted funds. Overall the accounts show a deficit for the year of £55,529. Unrestricted funds at the year-end totalled £352,769 and restricted funds totalled £60,000.

The results for the year are as shown in the Statement of Financial Activities.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

The charity is a charitable incorporated organisation, governed by its constitution established 27 April 2015. The constitution was amended in April 2025, with approval by trustees in May 2025.

The trustees who served during the year and up to the date of signature of the financial statements were:

P Sculfor	(Resigned 7 October 2024)
F Amati	
M Buxton	(Appointed 4 April 2024)
P Bates	(Resigned 24 January 2025)
G Patchett	
Y Feussner	(Appointed 11 November 2024 and resigned 13 March 2025)

Trustee Appointment and Introduction

The charity is small and it has a simple approach to appointing charity trustees.

If a need for a new trustee is identified a specification is agreed which details the skills and knowledge needed. The charity then agrees a process for recruitment which complies with its governing document. Interviews are carried out and the selected candidates are invited to join the charity. The charity is in the process of vetting two new trustees at the time of this report.

Checks are carried out to ensure that they are not disqualified from acting as a trustee and there are no conflicts of interest. New trustees receive an induction in which they are introduced to other trustees and their role and responsibilities are made clear.

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

The trustees' report was approved by the Board of Trustees.

F Amati

Trustee

18 December 2025

STRIDE FOUNDATION UK CIO

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF STRIDE FOUNDATION UK CIO

I report to the trustees on my examination of the financial statements of Stride Foundation UK CIO (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement - matter of concern identified

I have completed my examination. I have identified a matter of concern that, Stride Foundation UK CIO employed a person connected to a trustee, as fully disclosed in note 20. The charity did not obtain prior consent from The Charity Commission in relation to the employment arrangement as required by the charity's constitution document.

I have not seen any evidence of misappropriation of funds. The board of trustees have been made aware of the situation and the connected trustee has resigned from the role.

I confirm that apart from the matter of concern set out above, no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I confirm that there are no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Hollie Price BSc ACA
Simpson Wreford LLP
Wellesley House
Duke of Wellington Avenue
Royal Arsenal
London
SE18 6SS
18 December 2025

STRIDE FOUNDATION UK CIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £
Income from:					
Donations and legacies	3	19,051	60,000	79,051	32,714
Other trading activities	4	1,200	-	1,200	-
Investments	5	5,415	-	5,415	5,874
Total income		<u>25,666</u>	<u>60,000</u>	<u>85,666</u>	<u>38,588</u>
Expenditure on:					
Raising funds	6	10,039	-	10,039	-
Charitable activities	7	131,156	-	131,156	12,687
Total expenditure		<u>141,195</u>	<u>-</u>	<u>141,195</u>	<u>12,687</u>
Net income/(expenditure) and movement in funds		(115,529)	60,000	(55,529)	25,901
Reconciliation of funds:					
Fund balances at 1 April 2024		<u>468,298</u>	<u>-</u>	<u>468,298</u>	<u>442,397</u>
Fund balances at 31 March 2025		<u>352,769</u>	<u>60,000</u>	<u>412,769</u>	<u>468,298</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

STRIDE FOUNDATION UK CIO

BALANCE SHEET AS AT 31 MARCH 2025

	Notes	£	2025 £	£	2024 £
Current assets					
Debtors	14	-		60	
Cash at bank and in hand		425,456		469,558	
		<u>425,456</u>		<u>469,618</u>	
Creditors: amounts falling due within one year	15	(12,687)		(1,320)	
Net current assets			412,769		468,298
			<u><u>412,769</u></u>		<u><u>468,298</u></u>
The funds of the charity					
Restricted income funds	17		60,000		-
Unrestricted funds	18		352,769		468,298
			<u>412,769</u>		<u>468,298</u>
			<u><u>412,769</u></u>		<u><u>468,298</u></u>

The financial statements were approved by the trustees on 18 December 2025

F Amati
Trustee

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Stride Foundation UK CIO is a charitable incorporated organisation. It is incorporated in England and Wales and registered as a charity with the Charity Commission. The registered office is Wellesley House, Duke of Wellington Avenue, Royal Arsenal, London, SE18 6SS. The charity does not have an operating address.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives. Unrestricted funds include donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	19,051	60,000	79,051	32,714	-	32,714
Donations and gifts						
Donations	16,232	60,000	76,232	32,553	-	32,553
Gift Aid	2,819	-	2,819	-	-	-
Other	-	-	-	161	-	161
	19,051	60,000	79,051	32,714	-	32,714

4 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising events	1,200	-

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	5,415	5,874

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Advertising	10,039	-

7 Expenditure on charitable activities

	General 2025 £	General 2024 £
Direct costs		
Staff costs	32,830	-
Bank charges	167	150
Website costs	45	45
Administrative costs	17,659	1,057
Consultancy	825	1,462
Travel and conference costs	-	229
Entertaining	159	93
Podcast costs	51,800	4,366
Just Giving fees	493	763
Talk fees	5,675	-
Insurance	426	-
Podcast marketing costs	8,880	-
Rehab costs	6,750	-
Subscriptions	142	-
Sundry	40	-
	125,891	8,165
Grant funding of activities (see note 8)	-	2,790
Share of support and governance costs (see note 9)		
Governance	5,265	1,732
	131,156	12,687
Analysis by fund		
Unrestricted funds	131,156	12,687

8 Grants payable

	General 2024 £
Grants to individuals	2,790

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Support costs allocated to activities

	2025 £	2024 £
Governance costs	5,265	1,732
Analysed between:		
General	5,265	1,732

10 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable to the charity's independent examiner:		
- for the independent examination of the charity's financial statements	1,800	1,320
- for other financial services	240	-

11 Trustees

None of the trustees received any remuneration or benefits from the charity during the year. P Sculfor, the spouse of trustee F Amati, was paid for his role as CEO during the year. See note 20 for further details.

12 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	1	-

Employment costs

	2025 £	2024 £
Wages and salaries	32,500	-
Other pension costs	330	-
	32,830	-

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025 Number	2024 Number
£60,001 - £70,000	1	-

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

13 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

14 Debtors

	2025	2024
	£	£
Amounts falling due within one year:		
Trade debtors	-	60
	<u> </u>	<u> </u>

15 Creditors: amounts falling due within one year

	2025	2024
	£	£
Other taxation and social security	1,149	-
Trade creditors	5,031	-
Other creditors	4,377	-
Accruals and deferred income	2,130	1,320
	<u> </u>	<u> </u>
	12,687	1,320
	<u> </u>	<u> </u>

16 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	330	-
	<u> </u>	<u> </u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

At 1 April 2024	Incoming resources	At 31 March 2025
£	£	£
-	60,000	60,000
<u> </u>	<u> </u>	<u> </u>

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

18 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	468,298	25,666	(141,195)	352,769
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	442,397	38,588	(12,687)	468,298
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

19 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	2025	2025	2025
	£	£	£
At 31 March 2025:			
Current assets/(liabilities)	352,769	60,000	412,769
	<u> </u>	<u> </u>	<u> </u>
	352,769	60,000	412,769
	<u> </u>	<u> </u>	<u> </u>
	Unrestricted funds	Restricted funds	Total
	2024	2024	2024
	£	£	£
At 31 March 2024:			
Current assets/(liabilities)	468,298	-	468,298
	<u> </u>	<u> </u>	<u> </u>
	468,298	-	468,298
	<u> </u>	<u> </u>	<u> </u>

20 Related party transactions

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

20 Related party transactions

(Continued)

During the year the CEO had their expenses met by the charity. They were reimbursed for advertising and entertaining costs paid on behalf of the charity, the total amount reimbursed was £685.

In 2024 one trustee was reimbursed £547 for travel, entertaining and counselling costs.

During the year P Sculfor resigned as a trustee and subsequently commenced employment with the charity as the Chief Executive Officer. In his role as an employee he received remuneration of £32,500, with pension contributions of £330. At the year end a balance of £4,120 was due to P Sculfor. No remuneration was received for trustee duties during the year. The trustees consider this was in the best interests of the charity, with the CEO overseeing the operational management of the charity and implementing strategies set by the trustees to fulfil Stride's charitable objectives.

STRIDE FOUNDATION UK

England & Wales - Charity number 1161442

Accounts

Charity registration number 1161442 (England and Wales)

STRIDE FOUNDATION UK CIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

STRIDE FOUNDATION UK CIO

LEGAL AND ADMINISTRATIVE INFORMATION

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	M Buxton	(Appointed 4 April 2024)
	P Bates	(Appointed 25 March 2024)
	G Patchett	(Appointed 25 March 2024)
	Y Feussner	(Appointed 11 November 2024)
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STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Objectives in Accordance with the Public Benefit Statement (Charities Act 2011)

The STRIDE Foundation operates with a clear commitment to providing **public benefit** by directly addressing the needs of individuals and communities affected by addiction. As set out in Section 4 of the Charities Act 2011, the objectives of the Foundation are to:

1. Relieve the suffering of individuals affected by addiction

We provide practical, high-impact support services to individuals in recovery, helping them navigate the complex journey of re-integrating into society. The charity focuses on alleviating the challenges of addiction recovery by offering accessible services and resources for individuals and their families.

2. Advance public understanding of addiction and its consequences

We seek to increase awareness and reduce the stigma surrounding addiction through educational initiatives and outreach programs. By providing unbiased, evidence-based information, the Foundation promotes informed discussions about addiction, mental health, and recovery.

3. Promote social inclusion and successful reintegration for individuals in recovery

We support individuals in their recovery by fostering social and community integration. The charity provides guidance to individuals who reach out for help via their social media platforms and website.

4. Encourage collaboration and resource-sharing with other organisations

We work with local charities, public health organisations, and experts in addiction and mental health to strengthen the support network for individuals in recovery, maximising its collective impact.

There has been no change in these during the year.

Activities

1. Providing Practical Support to Recovering Addicts and Their Families

We offer a wide range of services aimed at helping individuals recovering from addiction and their families. This includes counselling, therapeutic support, and assistance with reintegration into society, and guidance on rebuilding relationships and employment.

2. Educational Outreach and School Workshops

As part of its commitment to raising awareness, the Stride Foundation runs educational assemblies, workshops and talks in schools. These activities aim to inform young people about the realities of addiction, promote healthy lifestyle choices, and reduce the stigma around substance use. By reaching students early, STRIDE works to prevent future addiction-related issues and foster a deeper understanding of the subject.

3. Sponsoring a Podcast to Raise Awareness on Addiction and Mental Health

The Stride Foundation operates a podcast dedicated to raising awareness about addiction and mental health issues. The podcast offers a platform for addiction specialists, mindset coaches, and individuals in recovery to share their expertise, personal stories, and valuable insights, furthering public understanding and reducing stigma.

STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

4. Supporting Local Charity Initiatives and Improving Public Perception

The Stride Foundation contributes to local charity initiatives that align with its mission to address addiction and mental health. By supporting these initiatives, the Foundation aims to improve the public perception of addiction, highlighting it as a treatable health issue rather than a moral failing.

These activities reflect STRIDE Foundation's dedication to providing **public benefit**, ensuring that individuals affected by addiction receive the support they need and that the broader public gains a clearer, more informed perspective on addiction. Through education, support, and collaboration, the Stride Foundation is working to create lasting positive change for individuals, families, and communities.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Stride Foundation UK were able to provide guidance to people out of treatment, discussing the best ways to have strong sobriety, including 12 step programmes and the next best steps for them. The charity has also been able to arrange further treatment for people who need this, on a pro bono basis. This includes paid for programmes of therapy to certain people where full rehab treatment has not been necessary, but where a suitable therapist would work for them.

Achievements against objectives set

We have begun the process of developing and promoting our own podcast series focused on addiction recovery and positive mindset. The aim is to provide valuable information, raise awareness, and foster open discussions about addiction, its causes, and its impact on individuals and communities and how one can get better and achieve a happy healthy life.

We've also begun creating a pilot outreach programme designed to engage with schools and provide students with education and advice on addiction prevention.

- **Objective:** The program aims to raise awareness of the risks of using alcohol and substances-to provide students with the tools to make informed decisions, and offer support resources for those who may be affected by addiction.
- **Pilot Development:** We are currently working on the structure and content of the programme, which will include workshops, discussions, and informational materials tailored to different age groups.
- **Collaboration with Schools:** We are reaching out to schools to gauge interest and establish partnerships for pilot delivery, with a focus on creating a safe and supportive environment for young people to ask questions and engage in meaningful conversations about addiction.

Financial review

Incoming resources for the year totalled £38,588 all of which were for unrestricted purposes. Outgoing resources for the year totalled £12,867 all of which were attributable to unrestricted funds. Overall the accounts show a surplus for the year on unrestricted funds of £25,901. Unrestricted funds at the year-end totalled £468,298.

The results for the year are as shown in the Statement of Financial Activities.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is a charitable incorporated organisation, governed by its constitution established 27 April 2015.

STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The trustees who served during the year and up to the date of signature of the financial statements were:

P Sculfor	(Resigned 11 October 2024)
H Lunn	(Resigned 20 March 2024)
M Garnham	(Resigned 20 September 2023)
F Amati	
M Buxton	(Appointed 4 April 2024)
P Bates	(Appointed 25 March 2024)
G Patchett	(Appointed 25 March 2024)
Y Feussner	(Appointed 11 November 2024)

Trustee Appointment and Introduction

The charity is small and it has a simple approach to appointing charity trustees.

If a need for a new trustee is identified a specification is agreed which details the skills and knowledge needed. The charity then agrees a process for recruitment which complies with its governing document. Interviews are carried out and the selected candidates are invited to join the charity.

Checks are carried out to ensure that they are not disqualified from acting as a trustee and there are no conflicts of interest. New trustees receive an induction in which they are introduced to other trustees and their role and responsibilities are made clear.

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

The trustees' report was approved by the Board of Trustees.

Y Feussner

Trustee

16 January 2025

STRIDE FOUNDATION UK CIO

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF STRIDE FOUNDATION UK CIO

I report to the trustees on my examination of the financial statements of Stride Foundation UK CIO (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simpson Wreford LLP

Wellesley House
Duke of Wellington Avenue
Royal Arsenal
London
SE18 6SS
16 January 2025

STRIDE FOUNDATION UK CIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from:			
Donations and legacies	3	32,714	437,844
Investments	4	5,874	637
Total income		38,588	438,481
Expenditure on:			
Charitable activities	5	12,687	12,593
Total expenditure		12,687	12,593
Net income and movement in funds		25,901	425,888
Reconciliation of funds:			
Fund balances at 1 April 2023		442,397	16,509
Fund balances at 31 March 2024		468,298	442,397

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

STRIDE FOUNDATION UK CIO

BALANCE SHEET AS AT 31 MARCH 2024

			2024		2023
	Notes	£	£	£	£
Current assets					
Debtors	12	60		87,844	
Cash at bank and in hand		469,558		355,873	
		<u>469,618</u>		<u>443,717</u>	
Creditors: amounts falling due within one year	13	(1,320)		(1,320)	
Net current assets			<u>468,298</u>		<u>442,397</u>
The funds of the charity					
Unrestricted funds	14		<u>468,298</u>		<u>442,397</u>
			<u>468,298</u>		<u>442,397</u>

The financial statements were approved by the trustees on 16 January 2025

Y Feussner
Trustee

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Stride Foundation UK CIO is a charitable incorporated organisation. It is incorporated in England and Wales and registered as a charity with the Charity Commission. The registered office is Wellesley House, Duke of Wellington Avenue, Royal Arsenal, London, SE18 6SS. The charity does not have an operating address.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives. Unrestricted funds include donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	32,714	437,844
	<u> </u>	<u> </u>
Donations and gifts		
Donations	32,553	350,000
Gift Aid	-	87,844
Other	161	-
	<u> </u>	<u> </u>
	32,714	437,844
	<u> </u>	<u> </u>

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	5,874	637
	<u> </u>	<u> </u>

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

5 Expenditure on charitable activities

	General 2024 £	General 2023 £
Direct costs		
Bank charges	150	14
Website costs	45	66
Administrative costs	1,057	1,623
Consultancy	1,462	-
Travel and conference costs	229	-
Entertaining	93	-
Podcast costs	4,366	-
Just Giving fees	763	-
	<u>8,165</u>	<u>1,703</u>
Grant funding of activities (see note 6)	2,790	9,570
Share of support and governance costs (see note 7)		
Governance	1,732	1,320
	<u>12,687</u>	<u>12,593</u>
Analysis by fund		
Unrestricted funds	<u>12,687</u>	<u>12,593</u>

6 Grants payable

	General 2024 £	General 2023 £
Grants to individuals	<u>2,790</u>	<u>9,570</u>
-		

7 Support costs allocated to activities

	2024 £	2023 £
Governance costs	<u>1,732</u>	<u>1,320</u>
Analysed between:		
General	<u>1,732</u>	<u>1,320</u>

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

8	Net movement in funds	2024	2023
		£	£
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the independent examination of the charity's financial statements	1,320	1,320
		<u> </u>	<u> </u>
9	Trustees		
	None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.		
10	Employees		
	The average monthly number of employees during the year was:		
		2024	2023
		Number	Number
	Total	-	-
		<u> </u>	<u> </u>
	There were no employees whose annual remuneration was more than £60,000.		
11	Taxation		
	The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.		
12	Debtors		
		2024	2023
	Amounts falling due within one year:	£	£
	Trade debtors	60	-
	Other debtors	-	87,844
		<u> </u>	<u> </u>
		60	87,844
		<u> </u>	<u> </u>
13	Creditors: amounts falling due within one year		
		2024	2023
		£	£
	Accruals and deferred income	1,320	1,320
		<u> </u>	<u> </u>

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	442,397	38,588	(12,687)	468,298
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
General funds	16,509	438,481	(12,593)	442,397
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

15 Related party transactions

During the year one trustee had their expenses met by the charity. The trustee was reimbursed for travel and entertaining costs and counselling costs paid on behalf of the charity, the total amount reimbursed was £547. There were no disclosable related party transactions in 2023.

STRIDE FOUNDATION UK

England & Wales - Charity number 1161442

Accounts

STRIDE FOUNDATION UK CIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

STRIDE FOUNDATION UK CIO

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	P Sculfor	(Appointed 28 June 2022)
	H Lunn	
	M Garnham	
	F Amati	
Charity number	1161442	
Independent examiner	Simpson Wreford LLP	
	Wellesley House	
	Duke of Wellington Avenue	
	Royal Arsenal	
	London	
Bankers	SE18 6SS	
	Handelsbanken	
	Romford Branch	
	Ground Floor, 3 - 5 Eastern Road	
	Romford	
	RM1 3NH	

STRIDE FOUNDATION UK CIO

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STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objectives are to relieve the physical and mental sickness of persons suffering from addiction in particular by making grants, providing free advice and information and the provision of community day centres. The policies adopted in furtherance of these objectives are making grants to individuals and organisations and providing advice and information.

There has been no change in these during the year.

Public Benefit Statement

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. The main activities undertaken to further the charity's purposes for the public benefit are detailed above.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Stride Foundation UK were able to provide talks for people who were just out of treatment, and discuss the 12 step programme and what is best for them on the other side. The charity has also been able to arrange further treatment for people who need this, on a pro bono basis. This includes branching out and paying for therapists for certain people that may not have required the full rehab treatment.

We have also had further discussions with people in the aftercare rehabilitation stage – using some of third space for conference and talks.

We have created an Outreach programme on addiction to run in secondary schools, and have provided advice and support to vulnerable individuals.

Financial review

Incoming resources for the year totalled £438,481 all of which were for unrestricted purposes. Outgoing resources for the year totalled £12,593 all of which were attributable to unrestricted funds. Overall the accounts show a profit for the year on unrestricted funds of £425,888. Unrestricted funds at the year-end totalled £442,397.

The results for the year are as shown in the Statement of Financial Activities.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is a charitable incorporated organisation, governed by its constitution established 27 April 2015.

STRIDE FOUNDATION UK CIO

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The trustees who served during the year and up to the date of signature of the financial statements were:

P Sculfor

H Lunn

(Appointed 28 June 2022)

M Garnham

F Amati

Trustee Appointment and Introduction

The charity is small and it has a simple approach to appointing charity trustees.

If a need for a new trustee is identified a specification is agreed which details the skills and knowledge needed. The charity then agrees a process for recruitment which complies with its governing document. Interviews are carried out and the selected candidates are invited to join the charity.

Checks are carried out to ensure that they are not disqualified from acting as a trustee and there are no conflicts of interest. New trustees receive an induction in which they are introduced to other trustees and their role and responsibilities are made clear.

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

The trustees' report was approved by the Board of Trustees.

P Sculfor

Trustee

14 December 2023

STRIDE FOUNDATION UK CIO

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF STRIDE FOUNDATION UK CIO

I report to the trustees on my examination of the financial statements of Stride Foundation UK CIO (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simpson Wreford LLP

Wellesley House
Duke of Wellington Avenue
Royal Arsenal
London
SE18 6SS

Dated: 14 December 2023

STRIDE FOUNDATION UK CIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Unrestricted funds 2022 £
<u>Income from:</u>			
Donations and legacies	3	437,844	-
Investments	4	637	-
Total income		438,481	-
<u>Expenditure on:</u>			
Charitable activities	5	12,593	452
Net income/(expenditure) for the year/ Net movement in funds		425,888	(452)
Fund balances at 1 April 2022		16,509	16,961
Fund balances at 31 March 2023		442,397	16,509

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

STRIDE FOUNDATION UK CIO

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	£	2023 £	£	2022 £
Current assets					
Debtors	11	87,844		-	
Cash at bank and in hand		355,873		16,509	
		<u>443,717</u>		<u>16,509</u>	
Creditors: amounts falling due within one year	12	(1,320)		-	
		<u></u>		<u></u>	
Net current assets			442,397		16,509
			<u></u>		<u></u>
Income funds					
Unrestricted funds			442,397		16,509
			<u>442,397</u>		<u>16,509</u>
			<u></u>		<u></u>

The financial statements were approved by the Trustees on 14 December 2023

P Sculfor
Trustee

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Stride Foundation UK CIO is a charitable incorporated organisation. It is incorporated in England and Wales and registered as a charity with the Charity Commission. The registered office is Wellesley House, Duke of Wellington Avenue, Royal Arsenal, London, SE18 6SS. The charity does not have an operating address.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives. Unrestricted funds include donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Total
	2023 £	2022 £
Donations and gifts	437,844	-
	=====	=====
Donations and gifts		
Donation	350,000	-
Gift Aid	87,844	-
	=====	=====
	437,844	-
	=====	=====

4 Investments

	Unrestricted funds	Total
	2023 £	2022 £
Interest receivable	637	-
	=====	=====

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

	General 2023 £	General 2022 £
Bank charges	14	2
Website costs	66	-
Administration costs	1,623	-
	<u>1,703</u>	<u>2</u>
Grant funding of activities (see note 6)	9,570	450
Share of governance costs (see note 7)	1,320	-
	<u>12,593</u>	<u>452</u>

6 Grants payable

	General 2023 £	General 2022 £
Grants to institutions:		
Grants to individuals	9,570	450
	<u>9,570</u>	<u>450</u>

-

7 Support costs

	Support costs £	Governance costs £	2023 £
The analysis of the independent examiner's remuneration is as follows:	-	1,320	1,320
	<u>-</u>	<u>1,320</u>	<u>1,320</u>
Analysed between			
Charitable activities	-	1,320	1,320
	<u>-</u>	<u>1,320</u>	<u>1,320</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

STRIDE FOUNDATION UK CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	87,844	-

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	1,320	-

13 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	April	2021		31	March	2022

Section A

Reference and administration details

Charity name

Stride Foundation UK

Other names charity is known by

Registered charity number (if any)

1161442

Charity's principal address

Simpson Wreford, Wellesley House, Duke of Wellington Ave.

Royal Arsenal, London

Postcode

SE18 6SS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Sculfor			
2	Federica Amati			
3	Michael Gamham			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	C.I.O.
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the Public Benefit:-

- To relieve the physical and mental sickness of persons suffering from addiction in particular by a) making grants b) provision of free advice and information c) The provision of community day centres.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Making grants to individuals.
- Making grants to organisations.
- Providing advice and information.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

- Giving talks to people just out of treatment – Discussing the 12 step program and what's best for them on the other side.
- Arranging further treatment for people, pro bono.
- Branched out and paid for therapists for certain people that may not have required the full rehab treatment.
- Further discussions with people in the aftercare rehabilitation stage – using some of third space for conferences and talks.

Section E

Financial review

Brief statement of the charity's policy on reserves

n/a

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity.
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Paul Sculfor

Full name(s) Paul Sculfor

Position (eg Secretary, Chair, etc) Trustee

Date 22/09/22

Name: Stride Foundation
Year end 31/3/22
Income

[illegible]

Name: Stride Foundation
Year end 31/3/22
Expenditure

[illegible]



=====

STRIDE FOUNDATION UK

England & Wales - Charity number 1161442

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	April	2020		31	March	2021

Section A Reference and administration details

Charity name

Stride Foundation UK

Other names charity is known by

Registered charity number (if any) 1161442

Charity's principal address

Simpson Wreford, Wellesley House, Duke of Wellington Ave.

Royal Arsenal, London

Postcode

SE18 6SS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Sculfor			
2	Federica Amati			
3	Michael Garnham			
4				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

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- contribution made by volunteers.

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- Further discussions with people in the aftercare rehabilitation stage – using some of third space for conferences and talks.

Section E Financial review

Brief statement of the charity's policy on reserves

n/a

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity.
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Paul Sculfor

Full name(s) Paul Sculfor

Position (eg Secretary, Chair, etc) Trustee

Date 25/10/21

Name: Stride Foundation
Year end 31/3/21
Income

[illegible]

Name: Stride Foundation
Year end 31/3/21
Expenditure

[illegible]