

MATOPOS CENTRE

England & Wales · Charity number 1161368

Details

Status Registered

Legal form CIO

Registered 2015-04-21

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: 1)TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS OF ALL MEN BETWEEN THE AGES OF 16 -50, RESIDENT IN NORTHAMPTONSHIRE SUFFERING FROM DOMESTIC VIOLENCE BY THE PROVISION OF COUNSELLING AND SUPPORT, PRACTICAL HELP OF FINDING ELSEWHERE TO LIVE AND ALSO REBUILDING LIVES THROUGH THE USE OF ACTIVITIES SUCH AS MARTIAL ARTS, CONFIDENCE BOOST WORKSHOPS;2)THE PREVENTION OR RELIEF OF POVERTY IN NORTHAMPTONSHIRE BY PROVIDING CLOTHING AND FOOD THOROUGH A FOOD BANK SYSTEM DIRECTLY TO INDIVIDUALS AND FAMILIES IN NEED;3)TO PROMOTE FOR THE BENEFIT OF ALL THE INHABITANTS OF NORTHAMPTONSHIRE AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR AGE, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS; AND4)TO ADVANCE IN LIFE AND RELIEVE NEEDS OF THE YOUNG PEOPLE IN NORTHAMPTONSHIRE BETWEEN THE AGES OF 16 TO 30 BY PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS.

Activities: Currently focusing on providing recreational and guidance services to young people in Northamptonshire via arts and crafts projects, seminars, workshops and interactions to promote happy and healthy functionality and expression mainly in young people and also minimize the lack of purpose or nothing

to do which lead to mental health issues, lack of social and work skills, misbehavior and crime.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, Other Defined Groups

Geography

- **Area of benefit:** NORTHAMPTONSHIRE AND THE SURROUNDING AREA
- Northamptonshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-02	-	-	-	-
2024-01-02	-	-	-	-
2023-01-02	-	-	-	-
2022-01-02	£500	£500	-	-
2021-01-02	£9,480	£10,100	-	-
2020-01-02	£1,000	£1,000	-	-
2019-01-02	£1,320	£1,320	-	-
2018-01-02	£1,000	£1,000	-	-

Trustees

Name	Role	Appointed
Annia Matereke		2019-11-27

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Accounts

ANNUAL REPORT:

Based in Northampton, we are a charity founded on the principle of 'Power of Togetherness'. We help people reach their potential and offer advice and guidance to those in need. We offer a 'one stop' facility to help individuals because we realise that often people require different forms of help but can never find it in one place. Our organisation name is derived from the hills in the southern part of Zimbabwe which are very spritual and powerful! Although our heritage is rooted in Zimbabwe, everything we do here is open for all in the local community of Wellingborough. The idea of this new project is to provide a platform where young people 16 -25 can make positive choices in areas in their lives where they can be most vulnerable. To provide confidential non judgemental help to young people so that they can further their life goals rather than go on a distractive path. To provide a safe area to 'offload' and not be in the streets. Our new project will be focusing on 1. Mental Health issues such as Anxiety and depression, Self Harm, confidence issues and eating disorders 2. Nutrition, physical inactivity and oral health 3. Sexual Health and Unplanned Pregnancy 4. Substance and Alcohol Misuse 5. Other social pressures Our project will address some serious issues that young people have, it will also be a place of leisure and fun. We want to attract as many young people as possible. Therefore we have tried to do our sessions once a month due to funding issuses but we plan to get back to running them once a week, every saturday from 12 noon-4pm.

We have managed to provide a positive supportive space where attendees can be creative. And also did a lot of signposting.

Accounts

Fundraising by volunteers 500 pounds

Money spent on materials for the youth 500 pounds

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We have our fair share of social problems locally in Wellingborough. We will support young people that come from different backgrounds. Our sessions will provide a positive supportive space where attendees can be creative. When we asked the young people what they wanted they seemed surprised in being asked as they said 'we normally just have stuff done to us! We will have project workers to support the young people, they will be guided with any issues they have. If the project cannot help them with more in depth issues, they will be signposted to a professional relevancy agency for further support. We have many young people that have expressed a particular interest in music and art based activities. We hope that at the project we will be able to adapt to the attendee's changing needs and some will learn transferable skills that will help them in volunteering or employment.

We have been consulting young people aged between 16-25 for a number of months now. One of our favourite places to talk with them is in the centre of Wellingborough outside the fast food store! as they often congregate their. It is self evident that they are generally bored and don't have anywhere to go, that they are hanging about in that spot more often than not. We also consulted by compiling a book of comments asking young people what kind of project they would like to plan and take part in, the common themes were: Arts activities Music A chilled out space to relax and meet new people Some IT access There are potentially at least 30 young people that are ready to attend our project already and this is before we ask the local authority for referrals from there various contacts. Our project also will support Wellingborough Council's 'Youth Matters' strategy which is about young people achieving their potential through increased access to organised opportunities in the community. We shall advertise with a promotional open event and on social media and design posters.

Accounts

Project staff £4800

Venue cost for whole project £2400

Promotional event and marketing £975

Equipment & arts material (music system, microphone, arts stationary, drums) £1500

Refreshments£250