

SPORT IN MIND

SPORT IN MIND

**Annual Report and Financial Statements
for the Year Ended 28th February 2022**

Charity Number 1161323

SPORT IN MIND

Contents

Page	
3 - 10	Report of the Trustees
11	Statement of Financial Activities
12	Balance Sheet
13	Statement of Cash Flow
14 - 20	Notes to Accounts

SPORT IN MIND

Charity number 1161323

MEMBERS OF THE BOARD AND ADVISORS

The charity's current Trustees and those that served throughout the year ending 28th February 2022 are:

Chairman:

Paul McAdam
Paul Burden
Jan Watson
Dr Justin Wilson
Ros Crowder
Derek Peaple
Elizabeth Sywyj
Andy Preece
Nicola Connell (Appointed 29/07/2021)

Registered Address:

Sport in Mind
Rivermead Leisure Centre
Richfield Avenue
Reading
RG1 8EQ

Date of incorporation:

20th April 2015

Bankers:

HSBC Bank
Reading Branch
26 Broad Street
Reading
Berkshire
RG1 2BU

Virgin Money
160 Friar St
Reading
Berkshire
RG1 1HE

Nationwide Building Society
PO BOX 3
5-11 St Georges Street
Douglas
Isle of Man
IM99 1AS

Independent Examiner:

SOPHIE KELK
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SPORT IN MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 28th February 2022

The Trustees present their report and the unaudited financial statements of the charity for the year ended 28th February 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)

Our Aims and Objectives

Purposes and Aims

Sport in Mind's purpose, as set out in the objects contained in the charity's constitution, are:

- The relief of sickness and the preservation of health among people experiencing mental illness or in need of rehabilitation as a result of such illness through the provision of or assistance in providing facilities to enable individuals to participate in sport and other physical recreation.
- To advance the education of the public on the subject of mental health.

Ensuring our work delivers our aims

Sport in Mind reviews our aims, objectives and activities each year. The review looks at the service that we have provided and the outcomes our work has achieved in the previous twelve months; at the success of each activity delivered and the benefits they have brought to those groups of people we are established to help. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they set.

The focus of our work

We believe people experiencing mental health problems should have the same opportunities to engage in sport and physical activity as everyone else

We recognise that in order to provide the best possible service people with lived experience of mental health problems should play a key role in the development and delivery of our work

We believe that raising awareness of mental illness amongst the wider population is vital to reduce stigma.

SPORT IN MIND

Strategic Report

Our Mission:

'Our mission is to improve the lives of people experiencing mental health problems through sport and physical activity'

Our Values:

S – Supportive – offering care and encouragement within a supportive environment
P – Partnerships – working together and building strong relationships
O – Optimism – giving hope and optimism
R – Respect – giving respect to all
T – Trust – promoting integrity, reliability and fairness

Our Strategic Goals:

1. Build upon our core success in Berkshire by expanding our direct service geographically and achieve a UK wide presence through digital channels
2. Influence, educate and inspire as a national thought leader on the importance of physical activity for mental wellbeing
3. To be an accessible and inclusive organisation in all that we do
4. Increase capacity and resources to grow and sustain our impact

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on improving the lives of people experiencing mental health problems

Who used and benefited from our services

Sport in Mind delivers sport and physical activity interventions to improve the mental health of people in England and Wales, and educational programmes to enhance the public's understanding of mental health. The charity provides services in safe, supportive and accessible environments in order to help improve people's mental and physical health, aid recovery, build self-esteem, combat social isolation, learn new skills and empower individuals to move their lives forward in a positive direction.

Achievements and Performance

With Covid continuing to have such a significant impact on the nation's mental health, there has been unprecedented demand for both Sport in Mind's Adult and Children's services over the past twelve months, with interest in the charity's services covering the length and breadth of the country and abroad. During this period, we have continued to work closely with our NHS partners Berkshire Healthcare NHS Foundation Trust, Oxford Health NHS Foundation Trust, Southern Health NHS Foundation Trust and Surrey & Borders NHS Foundation Trust to provide supported sport and physical activity groups across both community and inpatients settings. We have also formed relationships with a number of new NHS trusts, working in Devon, Dorset, Kent and Sussex.

To meet the rapidly growing demand for the charity's services, we have diversified our offerings to support more people with the introduction of mum and baby, mum and toddler, children and young people, men / women only, gardening, dance and movement sessions and educational programmes.

SPORT IN MIND

The RED January campaign, run by RED Together, aims to get the nation moving every day in January for their mental health, raising awareness of Sport in Mind's services and fundraising to support the delivery of our programmes. During the year the campaign proved to be a great success this year with over 20,000 people getting involved and raising awareness of the benefits of physical activity on mental health.

In addition to the 20,000 people who we got moving for their mental health through RED January, in the past year we have:

- Helped more than 2,500 people with mental health problems through sport and physical activity
- Delivered in excess of 4,000 hours of supported sport and physical activity provision
- Distributed over 1,000 Wellbeing Journals and activity packs to help support those struggling with their mental health
- Delivered 6 sports days
- Provided educational programmes to over 1000 children and young people
- Offered volunteering opportunities to 76 local people (those with and without lived experience of mental health problems)

Our volunteers have again supported Sport in Mind amazingly this year, helping our charity in a multitude of different ways. These include:

- Running sessions
- Supporting the delivery of sessions
- Organisation online campaigns
- Planning
- Raising awareness
- Attending events
- Fundraising activities.

As a charity, online connectivity has become increasingly important for us in recent years and during the previous 12 months our website traffic has increased dramatically, with unique visits increasing sixfold to 127,294 and page views up to 163,775.

Financial Review

Sport in Mind satisfies the criteria for exemption from an audit of the financial statements.

The Statement of Financial Activities, set out on page 10 reflects all incoming resources and expenditure in the year.

During this accounting period the Charitable Incorporated Organisation's (CIO) income was £679,025

Reserves Policy

The Trustees have carefully considered Sport in Mind's exposure to the risk of any significant loss of income or unforeseen cost. It is thus our policy to hold six months operating costs of the charity as reserves, totalling £248,501

Free reserves required:	248,501
Free reserves held:	273,873

SPORT IN MIND

The Trustees believe that this level of free reserves is sufficient for our current level of activity. These reserves are held in a low-risk interest bearing accounts with Virgin Money and Nationwide which has proven a prudent and effective course of action over the past few years.

Risk management

The Trustees Board have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate risk management processes are in place. This has involved identifying the types of risks Sport in Mind face, prioritising them in terms of potential impact and the likelihood of occurrences, and then identifying and implementing ways of mitigating them. These processes are reviewed periodically to ensure that they continue to meet the needs of the charity. Sport in Mind's key risks are considered to be: the achievement of sustainable funding, managing the necessary number of appropriately skilled staff, partner retention and reputational standing. In response to COVID 19, Sport in Mind has added an additional section to the risk register on risks relating to the pandemic and government measures to address it.

Investment Policy

Under the constitution the charity has the power to make any investments which the Trustees deem appropriate. The Trustees apply their judgement and expertise in making all decisions on investments. All funds are held in instant access bank accounts with HSBC, Virgin Money and Nationwide, and a 90-day access Nationwide Account. This avoids risk of capital loss and gives the necessary flexibility to enable the Trustees to quickly respond to changes in demand for services.

Future plans

The last 12 months have proven challenging for us as a charity in terms of meeting the rapidly growing demand for our services, however, Sport in Mind has a sound financial basis upon which to build for the future. Our plan for the next year 12 months is to build on the new connections we have made during the year and work closely with people with lived experience of mental health problems and healthcare professionals to improve our services and explore new opportunities. Our short-term aim is to expand our services across the South of England to meet the demand for our physical activity programmes and educational work. Our longer-term aim, over the next 12 to 24 months, is to expand services across London, Wales and the Midlands.

SPORT IN MIND

Structure, Governance and Management

Governing Document

Sport in Mind is governed by its constitution. The Board of Trustees is responsible for the overall governance of the charity and meet a minimum of four times a year. The quorum is three charity Trustees.

The present membership of the Board of Trustees is set out on page 3. A regular skills audit is carried out to ensure that the Trustee body has the appropriate mix of skills and experience. New Trustees receive an induction pack containing information about Sport in Mind and its work. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 7 to the accounts.

Election and re-election of Trustees is carried out by approval by the Board of Trustees. The Chief Executive is consulted regarding all appointments. Sport in Mind has always actively encouraged people with lived experience of mental illness to be involved in the charity's work and our board will ensure that at least one Trustee has personal experience of such conditions.

The trustees are responsible for the governance of the organisation. The management function rests with the Chief Executive, Neil Harris, who is responsible for ensuring the charity undertakes its services effectively and that the Trustees are kept well informed. The Chief Executive is assisted by a team of staff and volunteers. A staff pay structure is in place and reviewed regularly against market rates.

Reference and Administrative Details

Sport in Mind is a Charitable Incorporated Organisation (charity number 1161323) formed on 20th April 2015, having previously operated as an unincorporated charity of the same name for 4 years.

Details of Trustees and external advisers are given on page 3.

SPORT IN MIND

Trustees' responsibilities in relation to the financial statements

The charity Trustees are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Approved by the Trustees on 23/11/22 and signed on their behalf by:

DocuSigned by:


PAUL MCADAM, CHAIR of TRUSTEES

SPORT IN MIND

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORT IN MIND

I report on the accounts of the charity for the year ending 28th February 2022, which are set out on pages 11-21.

Respective responsibilities of Trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The Charities Act 2011 (the Charities Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- ~~to cause me reasonable cause to believe that in, any material respect, the requirements:~~
- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2 In which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Sc Kelk Date: 31/12/2022
Name: Sophie Kelk
Address: 61 Perne Avenue, Cambridge, CB1 3RY

Relevant professional qualification or body: ACA (IAEW)

SPORT IN MIND

STATEMENT OF FINANCIAL ACTIVITY

(Income and Expenditure Account) for the year ended 28th February 2022

	Note	Unrestricted funds 2022 £	Designated funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income Resources						
Income and endowments from:						
Donations & Legacies	2	279,816	39,080	-	318,896	538,274
Charitable Activities	3	16,242	-	343,210	359,452	424,777
Investment Income	4	676	-	-	676	1,235
Total Income		296,734	39,080	343,210	679,025	964,286
Resources expended						
Raising Funds	5	43,442	-	-	43,442	103,324
Charitable activities	6	211,491	8,666	366,704	586,861	404,413
Support Costs	7	1,475	-	-	1,475	2,212
Total Expenditure		256,408	8,666	366,704	631,778	509,949
Net income/(expenditure)		40,326	30,414	(23,494)	47,246	454,337
Extraordinary items		-	-	-	-	-
Transfers between funds		-	-	-	-	-
Net movement in funds		40,326	30,414	(23,494)	47,246	454,337
Reconciliation of funds:						
Total funds brought forward		233,547	246,310	308,216	788,073	333,736
Total funds carried forward		273,873	276,724	284,722	835,319	788,073

SPORT IN MIND

BALANCE SHEET

	2022 £	2021 £
Current Assets		
Cash at bank and in hand	8 1,007,731	1,017,467
Debtors	9 213	182
	<u>1,007,943</u>	<u>1,017,650</u>
Creditors: amounts falling due within one year	10 (172,625)	(229,577)
Net current assets	<u>835,319</u>	<u>788,072</u>
Funds of the Charity		
Unrestricted funds	273,873	233,547
Designated funds	276,724	246,310
Restricted funds	284,722	308,215
Total funds	<u>835,319</u>	<u>788,072</u>

SPORT IN MIND**STATEMENT OF CASH FLOW**

	2022	2021
Net Income /(Expenditure) for reporting period	47,246	454,337
Adjustments for:		
Investment Income	(676)	(1,235)
(Increase)/Decrease in Debtors	(30)	(182)
Increase/(Decrease) in Creditors	(56,952)	229,577
Cashflows from operating activities	(10,413)	682,497
Cashflow from investing activities	676	1,235
Net increase in Cash and Cash equivalents	(9,736)	683,732
Cash and Cash Equivalents at the beginning of the year	1,017,467	333,736
Cash and Cash Equivalents at end of year	1,007,731	1,017,468

The financial statements were approved by the Trustees on 23/11/2022 and signed on their behalf by:

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PAUL MCADAM

DocuSigned by:

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SPORT IN MIND

NOTES TO THE ACCOUNTS

1. Accounting Policies

Charity information

Sport in Mind is a CIO registered with the charity commission in England and Wales, charity number 1161323. The registered office is Rivermead Leisure Centre, Richfield Avenue, Reading, Berkshire RG1 8EQ

1.1 Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going Concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity which have not been designated for other purposes.

Designated funds are those that have been set aside by the trustees to part finance specific projects or known commitments of the charity. For example, many of our projects are part funded by grants and designated funds are Sport in Mind's match funding commitment to a specific project.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

SPORT IN MIND

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Support Costs Allocation

Support costs are those that assist the work of the charity, but do not directly represent charitable activities and include governance costs and administrative payroll costs.

1.8 Intangible Fixed Assets

Intangible fixed assets are non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights.

‘Sport in Mind’ is registered trademark, covering 6 classes:

- Class 16: Books, paper, cardboard and goods made from these materials
- Class 25: Clothing, footwear and headwear
- Class 28: Games and Sporting Goods
- Class 36: Financial and monetary services
- Class 41: Education and entertainment services, shows, sporting events, training
- Class 44: Services for medical care, hygienic and beauty care

‘Socktober’ is registered trademark, covering 4 classes:

- Class 16: Books, paper, cardboard and goods made from these materials
- Class 25: Clothing, footwear and headwear
- Class 28: Games and Sporting Goods
- Class 41: Education and entertainment services, shows, sporting events, training

SPORT IN MIND

'Sport Empowers' is registered trademark, covering 4 classes:

- Class 9: Computers and Scientific Devices
- Class 16: Books, paper, cardboard and goods made from these materials
- Class 25: Clothing, footwear and headwear
- Class 41: Education and entertainment services, shows, sporting events, training

'Dont drop the ball' is registered trademark, covering 5 classes:

- Class 25: Clothing, footwear and headwear
- Class 28: Games and Sporting Goods
- Class 35: Advertising and Business Services
- Class 36: Financial and monetary services
- Class 41: Education and entertainment services, shows, sporting events, training

The Trustees currently value the trademark at zero.

1.9 Tangible Fixed Assets

Tangible Fixed Assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

- Computer and Office Equipment - 33% p.a.

Items of equipment are capitalised where the purchase price exceeds £1,000.

1.10 Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors also include deferred income, which is income received by Sport in Mind whereby the conditions of the grant relate to activity that will take place in a future period.

2. Donations

	Unrestricted funds	Designated funds	Restricted funds	Total funds 2022	Total funds 2021
	£	£	£	£	£
Donations & Legacies	279,816	39,080	-	318,896	538,274
Total	279,816	39,080	-	318,896	538,274

SPORT IN MIND

Donations and Legacies received, included in the above, are as follows:

	Unrestricted funds £	Designated funds £	Restricted funds £	Total funds 2022 £
<i>Corporate Donations</i>				
DPD Group	10,000	-	-	10,000
UIP	7,320	-	-	7,320
<i>Via Fundraising Platforms</i>				
Virgin Giving	8,075	-	-	8,075
Just Giving	66,279	9,080	-	75,359
Website	28,487	-	-	28,487
Giving.Com	9,957	-	-	9,957
Much Loved	-	2,689	-	2,689
Charitable Giving	6,383	-	-	6,383
Facebook	2,911	-	-	2,911
Purple Patch	2,864	-	-	2,864
Enthuse (RED January)	116,979	-	-	116,979
<i>Other Donations</i>				
Newbury Festival	5,000	-	-	5,000
Other Donations under £5k	15,559	27,311	-	42,870
Total	279,816	39,080	0	318,896

Designated funds:

From the donations and legacies received, the following funding has been designated for a set purpose by the trustees to part finance specific projects and commitments of the charity:

	Total funds 2022 £
South East Programme	189,494
Crocombe legacy	51,480
Bushby Legacy	5,750
South West & Wales	30,000
Total	276,724

South East Programme is a project to deliver Sport in Mind services for people experiencing mental health problems across the South East of England in partnership with NHS trusts.

The Crocombe and Bushby Legacies are projects aimed specifically at the delivery of Sport in Mind's children and young person programmes.

SPORT IN MIND

There is limited movement in these funds during the year as the charity has successfully secured additional funds to support the delivery of these projects, with the current designated funds acting as match funding. The designated funds remain ringfenced for the delivery of the charity's programmes in the South East and CYP Programmes for 2022 and beyond.

South West and Wales is a new project focused specifically on the delivery of Sport in Mind's sport and physical activity interventions for people experiencing mental health problems in the South West of England and Wales.

3. Income from Charitable Activities

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Grants	14,842	342,706	357,548	424,777
Other	1,400	505	1,905	-
Total	16,242	343,210	359,452	126,481

Grants received, included in the above, are as follows:

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Bracknell Council	-	10,000	10,000	-
Brighter Futures	-	14,256	14,256	-
Groundworks	-	9,060	9,060	-
Sport England	-	171,571	171,571	193,840
NHS North Hants	-	5,000	5,000	6,667
BCF	-	10,000	10,000	5,000
Newby Trust	-	10,000	10,000	-
RVA	-	7,500	7,500	-
Garfield Weston	-	30,000	30,000	-
Big Lottery	-	-	-	9,100
Mind	-	6,800	6,800	61,200
RBC	-	5,000	5,000	15,000
CAF	-	-	-	18,000
Peter Harrison	-	15,000	15,000	15,000
Matt Palmer	-	-	-	11,000
HMRC JRS	12,342	-	12,342	40,170
Laureus	-	-	-	8,958
Good Exchange	-	16,238	16,238	6,384
Assura	-	-	-	5,000
St James' Place Foundation	-	-	-	5,000
Grants under £5k	2,500	32,281	34,781	24,459
Total	14,842	342,706	357,548	424,778

SPORT IN MIND

Sport in Mind would like to acknowledge and express our thanks to all the following grant givers who provided us with grants under £5,000:

Charles Dowding, Pixel Fund, Nineveh, Get Berks Active, Joseph Levy, Bucks CNCL, Screwfix Foundation, Slough CVS, Oxfordshire CF, Local Giving, LTA, Sovereign Housing, Boost CT, GHF, Sir Jules Thor.

4. Investment Income

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Bank Interest	676	1,235
Total	676	1,235

5. Cost of Raising Funds

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Fundraising Cost	43,442	-	43,442	103,324
Total	43,442	-	43,442	103,324

6. Cost of Charitable Activities by Fund Type

	Unrestricted funds £	Designated Funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Staff Costs	41,554	6,551	247,755	295,860	193,650
Sports Session Costs	6,410	2,115	61,353	69,878	28,005
Equipment Costs	265	-	20,233	20,498	34,208
Campaign Costs	124,475	-	-	124,475	115,000
Other Costs	38,787	-	37,364	76,150	33,549
Total	211,491	8,666	366,704	586,861	404,412

Red January Campaign Costs

	Unrestricted funds £
Campaign management, strategy & delivery	22,000
Campaign consultant:	10,000
Campaign strategy, creative and production:	53,450
Marketing & Promotion	25,399
Other Costs	13,626
Total	124,475

SPORT IN MIND

6.1 Staff Costs

	Unrestricted funds £	Designated funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Wages and Salaries	41,554	6,551	178,055	226,160	146,357
Social Security & Taxes	0	0	54,069	54,069	35,183
Pensions	0	0	15,631	15,631	12,110
Total	41,554	6,551	247,755	295,860	193,650

The average monthly number of employees was 12, this is an increase of 4 in comparison to the previous year which is reflected in the increase in expenditure.

No employee earned over £60,000

The charity's Trustees received no payment for their services supplied to the charity.

Trustees Remuneration of Expenses

During the year, no expenses were paid to trustees or any person connected to them.

7. Support Costs

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Payroll	1,475	0	1,475	2,389
Total	1,475	0	1,475	2,389

8. Cash in hand and in bank

	Total funds 2022 £	Total Funds 2021 £
Cash in hand and in bank	1,007,731	1,017,467
Total	1,007,731	1,017,467

9. Debtors

	Total funds 2022 £	Total funds 2021 £
Facilities	213	182
Total	213	182

SPORT IN MIND**10. Creditors**

	Due within 1 year £	Due after 1 year £	Total funds 2022 £
Staff	4,044	-	4,044
Session Delivery	6,441	-	6,441
Support Costs	140	-	140
RED Together	162,000	-	162,000
Total	172,625	0	172,625