

SPORT IN MIND

Annual Report and Financial Statements for the Year Ended 28th February 2021

Charity Number 1161323

SPORT IN MIND

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SPORT IN MIND

Charity number 1161323

MEMBERS OF THE BOARD AND ADVISORS

The charity's current Trustees and those that served throughout the year ending 28th February 2021 are:

Chairman: Paul McAdam
Helen Murphy (Resigned 28/05/2020)
Paul Burden
Nicola Connell (Resigned 28/05/2020)
Jan Watson
Dr Justin Wilson
Ros Crowder
Derek Peaple (Appointed 24/09/2020)
Elizabeth Sywyj (Appointed 28/09/2020)
Andy Preece (Appointed 06/10/2020)

Registered Address: Sport in Mind
Rivermead Leisure Centre
Richfield Avenue
Reading
RG1 8EQ

Date of incorporation: 20th April 2015

Bankers: HSBC Bank
Reading Branch
26 Broad Street
Reading
Berkshire
RG1 2BU

Virgin Money
160 Friar St
Reading
Berkshire
RG1 1HE

Nationwide Building Society
PO BOX 3
5-11 St Georges Street
Douglas
Isle of Man
IM99 1AS

Independent Examiner:

S.E. Kelk

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SPORT IN MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 28th February 2021

The Trustees present their report and the unaudited financial statements of the charity for the year ended 28th February 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)

Our Aims and Objectives

Purposes and Aims

Sport in Mind's purpose, as set out in the objects contained in the charity's constitution, are:

- The relief of sickness and the preservation of health among people experiencing mental illness or in need of rehabilitation as a result of such illness through the provision of or assistance in providing facilities to enable individuals to participate in sport and other physical recreation.
- To advance the education of the public on the subject of mental health.

Ensuring our work delivers our aims

Sport in Mind reviews our aims, objectives and activities each year. The review looks at the service that we have provided and the outcomes our work has achieved in the previous twelve months; at the success of each activity delivered and the benefits they have brought to those groups of people we are established to help. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they set.

The focus of our work

We believe people experiencing mental health problems should have the same opportunities to engage in sport and physical activity as everyone else

We recognise that in order to provide the best possible service people with lived experience of mental health problems should play a key role in the development and delivery of our work

We believe that raising awareness of mental illness amongst the wider population is vital in order to reduce stigma

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Strategic Report

Our Mission:

'Our mission is to improve the lives of people experiencing mental health problems through sport and physical activity'

Our Values:

S – Supportive – offering care and encouragement within a supportive environment

P – Partnerships – working together and building strong relationships

O – Optimism – giving hope and optimism

R – Respect – giving respect to all

T – Trust – promoting integrity, reliability and fairness

Our Strategic Goals:

1. To be operationally excellent; evidenced by high levels of Service User, Carer, Staff and Stakeholder involvement and satisfaction.
2. To be the main provider of supported sport and physical activity programmes for people experiencing mental health problems in Berkshire.
3. To support individuals in line with the local NHS' recovery model
4. To work in collaboration with local mental health services and other organisations
5. To ensure an insight driven approach to our programme design and delivery through effective monitoring and evaluation.
6. To ensure the long-term sustainable development of the organisation

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on improving the lives of people experiencing mental health problems.

Who used and benefited from our services

Sport in Mind provides people experiencing mental health problems in the South East of England with the opportunity to engage in sport and physical activity sessions in a safe and supportive environment in order to help improve their mental and physical health, aid recovery, build self-esteem, combat social isolation, learn new skills and empower individuals to move their lives forward in a positive direction.

Achievements and Performance

The past twelve months have been exceptionally challenging for our charity due to the impact of Covid 19. In April our regular services were paused, along with all our expansion plans, due to government restrictions. Although we were unable to run our regular face-to-face services, we were able to quickly adapt and begun using technology more frequently to maintain contact with our beneficiaries, ensuring they remained connected with our charity and didn't feel alone and isolated in these challenging times.

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In the early part of the year, we delivered online initiatives and produced activity packs that were distributed to beneficiaries who were struggling to leave home due to the fear of Covid contamination. As restrictions eased in the summer, we piloted running 'Covid-secure' sessions – sessions delivered outside, which maintained social distancing. These proved popular, however, by the winter we were again forced to pause delivery of face-to-face services once more. Between then and the end of the financial year we used technology to maintain that essential connection with our beneficiaries and have distributed over 500 activity packs and journals to help motivate and support our beneficiaries to get active to promote good mental health.

Due to the impact of Covid and subsequent restrictions, online connectivity has been essential for us during this year, with our website seeing 28,700 user visits and 95,163 page impressions.

The best performing referrals to the Sport in Mind website were:

- Organic/direct (68%)
- Social Media (18%)
- Referral from redtogether.co.uk (13%)

Whilst this has been a very challenging year for the charity, Sport in Mind were still able to support over 1,000 people with mental health problems in one form or another. We were able to achieve this through the fantastic support of our network of volunteers. During the year, 86 volunteers dedicated hundreds of hours of support. They have supported us in a multitude of different ways including:

- Running sessions
- Supporting the delivery of sessions
- Organisation online campaigns
- Planning
- Raising awareness
- Attending events
- Fundraising activities.

The enhanced capacity that our volunteers have provided us this year has put us in a strong position to recommence delivery of regular services in 2021-22.

Covid 19 and subsequent lockdowns have also had a significant impact on our fundraising plans for the year, with all our major face-to-face fundraising events planned in 2020 having to be cancelled. However, before the country was placed in the first lockdown, Sport in Mind were already planning for the future by putting in place Covid safe fundraising initiatives to ensure we would not have a significant shortfall in our fundraising income. During the year we raised £578,444 on an investment of £103,324 on fundraising initiatives.

Throughout this financial year we have continued to work closely with our long-term partner Berkshire Healthcare NHS Foundation Trust and have built key relationships with NHS trusts across the South of England. We have also formed partnerships with RED Together and the Crocombe family (Paul Crocombe Legacy) to help build awareness and fundraise to support our charity's mission.

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RED Together is an organisation that delivers RED January, a nationwide movement campaign that empowers people to move every day in January to beat the winter blues. The campaign helps raise awareness of the benefits of physical activity on mental health and our services, and fundraises to support Sport in Mind deliver more programmes. Over 45,000 people engaged in this campaign throughout January 2021 and helped raise nearly £400,000. The income generated through this campaign will enable Sport in Mind to expand our services into new areas across the UK and meet the rapidly growing demand for our services nationally.

The Paul Crocombe Legacy is an initiative that was set up by the Crocombe family in memory of their dad Paul Crocombe who sadly lost his life to mental health problems in 2020. As a teacher, Paul dedicated his life to children and the Paul Crocombe Legacy will have a key focus on promoting sport and physical activity for mental health for children and young people.

Financial Review

Sport in Mind satisfies the criteria for exemption from an audit of the financial statements.

The Statement of Financial Activities, set out on page 10 reflects all incoming resources and expenditure in the year.

During this accounting period the CIO's income was £964,286

Reserves Policy

The Trustees have carefully considered Sport in Mind's exposure to the risk of any significant loss of income or unforeseen cost. It is thus our policy to hold six months operating costs of the charity as reserves, totalling £202,206

| | |
|-------------------------|---------|
| Free reserves required: | 202,206 |
| Free reserves held: | 233,547 |

The Trustees believe that this level of free reserves is sufficient for our current level of activity. These reserves are held in a low-risk interest bearing accounts with Virgin Money and Nationwide which has proven a prudent and effective course of action over the past few years.

Risk management

The Trustees Board have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate risk management processes are in place. This has involved identifying the types of risks Sport in Mind face, prioritising them in terms of potential impact and the likelihood of occurrences, and then identifying and implementing ways of mitigating them. These processes are reviewed periodically to ensure that they continue to meet the needs of the charity. Sport in Mind's key risks are considered to be: the achievement of sustainable funding, managing the necessary number of appropriately skilled staff, partner retention and reputational standing. In response to COVID 19, Sport in Mind has added an additional section to the risk register on risks relating to the pandemic and government measures to address it.

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Investment Policy

Under the constitution the charity has the power to make any investments which the Trustees deem appropriate. The Trustees apply their judgement and expertise in making all decisions on investments. All funds are held in instant access bank accounts with HSBC, Virgin Money and Nationwide, and a 90-day access Nationwide Account. This avoids risk of capital loss and gives the necessary flexibility to enable the Trustees to quickly respond to changes in demand for services.

Future plans

The last 12 months has been challenging for us as a charity, however, we feel that Sport in Mind has a sound financial basis upon which to build for the future. Covid-19 has had a significant impact on our nation's mental health and demand for our services has grown exponentially during this period. Our plan is to continue to work closely with people experiencing mental health problems and healthcare professionals to improve our services and explore new opportunities that will help empower many more individuals to move their lives forward in a positive direction. Our short-term aim is to expand our services across the South East of England, once Covid restrictions have been reduced, and then longer-term to look to grow provision across the country, with the delivery of Sport in Mind services in South West, London, Midlands and Wales being our aim for the next 12-24 months.

Structure, Governance and Management

Governing Document

Sport in Mind is governed by its constitution. The Board of Trustees is responsible for the overall governance of the charity and meet a minimum of four times a year. The quorum is three charity Trustees.

The present membership of the Board of Trustees is set out on page 3. A regular skills audit is carried out to ensure that the Trustee body has the appropriate mix of skills and experience. New Trustees receive an induction pack containing information about Sport in Mind and its work. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 7 to the accounts.

Election and re-election of Trustees is carried out by approval by the Board of Trustees. The Chief Executive is consulted regarding all appointments. Sport in Mind has always actively encouraged people with lived experience of mental illness to be involved in the charity's work and our board will ensure that at least one Trustee has lived experience of such conditions.

The trustees are responsible for the governance of the organisation. The management function rests with the Chief Executive, Neil Harris, who is responsible for ensuring the charity undertakes its services effectively and that the Trustees are kept well informed. The Chief Executive is assisted by a team of staff and volunteers. A staff pay structure is in place and reviewed regularly against market rates.

Reference and Administrative Details

Sport in Mind is a Charitable Incorporated Organisation (charity number 1161323) formed on 20th April 2015, having previously operated as an unincorporated charity of the same name for 4 years.

Details of Trustees and external advisers are given on page 3.

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Trustees' responsibilities in relation to the financial statements

The charity Trustees are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Approved by the Trustees on 23/11/21 and signed on their behalf by:



PAUL MCADAM, CHAIR of TRUSTEES

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INDEPENDENT EXAMINERS'S REPORT TO THE TRUSTEES OF SPORT IN MIND

I report on the accounts of the charity for the year ending 28th February 2021, which are set out on pages 10-16.

Respective responsibilities of Trustees and examiner

The charity's Trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act;
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 17/12/2021

Name: Sophie Kelk

Address: 61 Perne Av. Cambridge, CB1 3RY

Relevant professional qualification or body:

ICAEW

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STATEMENT OF FINANCIAL ACTIVITY

(Income and Expenditure Account) for the year ended 28th February 2021

| | Note | Unrestricted funds 2021 £ | Designated funds 2021 £ | Restricted funds 2021 £ | Total funds 2021 £ | Total funds 2020 £ |
|------------------------------------|------|---------------------------------|-------------------------------|-------------------------------|--------------------------|-----------------------|
| Incoming Resources | | | | | | |
| Income and endowments from: | | | | | | |
| Donations & Legacies | 2 | 291,964 | 246,310 | - | 538,274 | 90,816 |
| Charitable Activities | 3 | 40,170 | - | 384,608 | 424,777 | 126,481 |
| Investment income | 4 | 1,235 | - | - | 1,235 | 1,792 |
| Total Income | | 333,369 | 246,310 | 384,608 | 964,286 | 219,089 |
| Resources expended | | | | | | |
| Raising Funds | 5 | 103,324 | - | - | 103,324 | 4,170 |
| Charitable activities | 6 | 159,900 | - | 244,513 | 404,413 | 225,085 |
| Support Costs | 7 | 2,212 | - | - | 2,212 | 531 |
| Total Expenditure | | 265,436 | - | 244,513 | 509,949 | 229,786 |
| Net income/(expenditure) | | 67,932 | 246,310 | 140,095 | 454,337 | (10,698) |
| Extraordinary items | | - | - | - | - | - |
| Transfers between funds | | - | - | - | - | - |
| Net movement in funds | | 67,932 | 246,310 | 140,095 | 454,337 | (10,698) |
| Reconciliation of funds: | | | | | | |
| Total funds brought forward | | 165,615 | - | 168,121 | 333,736 | 344,433 |
| Total funds carried forward | | 233,547 | 246,310 | 308,216 | 788,073 | 333,736 |

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BALANCE SHEET

| | | 2021 | | 2020 | |
|---|----|------------------|----------------|----------------|----------------|
| | | £ | | £ | |
| Current Assets | | | | | |
| Cash at bank and in hand | 8 | 1,017,468 | | 333,736 | |
| Debtors | 9 | 182 | | 0 | |
| | | 1,017,650 | | 333,736 | |
| | | | | | |
| Creditors: amounts falling due within one year | 10 | (229,577) | | 0 | |
| | | | | | |
| Net current assets | | | 788,073 | | 333,736 |
| | | | | | |
| Funds of the Charity | | | | | |
| Restricted funds | | | 308,216 | | 168,121 |
| Unrestricted funds | | | 233,547 | | 165,615 |
| Designated funds | | | 246,310 | | - |
| Total funds | | | 788,073 | | 333,736 |

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STATEMENT OF CASH FLOW

| | 2021 | 2020 |
|--|------------------|----------------|
| Net Income /(Expenditure) for reporting period | 454,337 | -10,698 |
| Adjustments for: | | |
| Investment Income | -1,235 | -1,792 |
| (Increase)/Decrease in Debtors | -182 | 0 |
| Increase/(Decrease) in Creditors | 229,577 | 0 |
| Cashflows from operating activities | 682,497 | -12,490 |
| Cashflow from investing activities | 1,235 | 1,792 |
| Net increase in Cash and Cash equivalents | 683,732 | -10,698 |
| Cash and Cash Equivalents at the beginning of the year | 333,736 | 344,433 |
| Cash and Cash Equivalents at end of year | 1,017,468 | 333,736 |

The financial statements were approved by the Trustees on 23/11/21 and signed on their behalf by:



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PAUL MCADAM



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NOTES TO THE ACCOUNTS

1. Accounting Policies

Charity information

Sport in Mind is a CIO registered with the charity commission in England and Wales, charity number 1161323. The registered office is Rivermead Leisure Centre, Richfield Avenue, Reading, Berkshire RG1 8EQ

1.1 Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going Concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity which have not been designated for other purposes.

Designated funds are those that have been set aside by the trustees to part finance specific projects or known commitments of the charity. For example, many of our projects are part funded by grants and designated funds are Sport in Mind's match funding commitment to a specific project.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax

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recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Support Costs Allocation

Support costs are those that assist the work of the charity, but do not directly represent charitable activities and include governance costs and administrative payroll costs.

1.8 Intangible Fixed Assets

Intangible fixed assets are non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights.

‘Sport in Mind’ is registered trademark, covering 6 classes:

- Class 16: Books, paper, cardboard and goods made from these materials
- Class 25: Clothing, footwear and headwear
- Class 28: Games and Sporting Goods
- Class 36: Financial and monetary services
- Class 41: Education and entertainment services, shows, sporting events, training
- Class 44: Services for medical care, hygienic and beauty care

‘Socktober’ is registered trademark, covering 4 classes:

- Class 16: Books, paper, cardboard and goods made from these materials
- Class 25: Clothing, footwear and headwear
- Class 28: Games and Sporting Goods
- Class 41: Education and entertainment services, shows, sporting events, training

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‘Sport Empowers’ is registered trademark, covering 4 classes:

- Class 9: Computers and Scientific Devices
- Class 16: Books, paper, cardboard and goods made from these materials
- Class 25: Clothing, footwear and headwear
- Class 41: Education and entertainment services, shows, sporting events, training

‘Dont drop the ball’ is registered trademark, covering 5 classes:

- Class 25: Clothing, footwear and headwear
- Class 28: Games and Sporting Goods
- Class 35: Advertising and Business Services
- Class 36: Financial and monetary services
- Class 41: Education and entertainment services, shows, sporting events, training

The Trustees currently value the trademark at zero.

1.9 Tangible Fixed Assets

Tangible Fixed Assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

- Computer and Office Equipment - 33% p.a.

Items of equipment are capitalised where the purchase price exceeds £1,000. This is a policy change from 2020 due to increased size of the charity’s definition of materiality as the charity grows.

1.10 Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors also include deferred income, which is income received by Sport in Mind whereby the conditions of the grant relate to activity that will take place in a future period.

2. Donations

| | Unrestricted funds | Designated funds | Restricted funds | Total funds 2021 | Total funds 2020 |
|----------------------|--------------------|------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ | £ |
| Donations & Legacies | 291,964 | 246,310 | - | 538,274 | 90,816 |
| Total | 291,964 | 246,310 | - | 538,274 | 90,816 |

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Donations and Legacies received, included in the above, are as follows:

| | Unrestricted funds | Restricted funds | Total funds 2021 |
|----------------------------------|--------------------|------------------|------------------|
| | £ | £ | £ |
| Corporate Donations | | | |
| Otsuka | 2,879 | - | 2,879 |
| Betconnect | 1,130 | - | 1,130 |
| Via Fundraising Platforms | - | - | - |
| Virgin Giving | 10,019 | - | 10,019 |
| Just Giving | 418,914 | - | 418,914 |
| Website | 24,300 | - | 24,300 |
| Much Loved | 50,288 | - | 50,288 |
| Charitable Giving | 1,833 | - | 1,833 |
| Facebook | 6,909 | - | 6,909 |
| Other Donations | - | - | - |
| Reading Santa Run | 4,400 | - | 4,400 |
| Berks CF | 1,000 | - | 1,000 |
| RBC | 8,350 | - | 8,350 |
| Donations under £1k | 8,252 | - | 8,252 |
| Total | 538,274 | - | 538,274 |

Designated funds:

From the donations and legacies received, the following funding has been designated for a set purpose by the trustees to part finance specific projects and commitments of the charity:

| | Total funds 2021 |
|----------------------|------------------|
| | £ |
| South East Programme | 190,560 |
| Crocombe legacy | 50,000 |
| Bushby Legacy | 5,750 |
| Total | 246,310 |

South East Programme is a project to deliver Sport in Mind services for adults experiencing mental health problems across the South East of England in partnership with NHS trusts.

The Crocombe and Bushby Legacies are projects aimed specifically at the delivery of Sport in Mind's children and young person programmes.

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3. Income from Charitable Activities

| | Unrestricted funds | Restricted funds | Total funds 2021 | Total funds 2020 |
|--------------|--------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ |
| Grants | 40,170 | 384,608 | 424,777 | 124,210 |
| Other | - | - | - | 2,271 |
| Total | 40,170 | 384,608 | 424,777 | 126,481 |

Grants received, included in the above, are as follows:

| | Unrestricted funds | Restricted funds | Total funds 2021 | Total funds 2020 |
|----------------------------|--------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ |
| Bracknell Council | - | - | - | 10,000 |
| Sport England | - | 193,840 | 193,840 | 43,940 |
| NHS North Hants | - | 6,667 | 6,667 | 2,500 |
| BCF | - | 5,000 | 5,000 | 35,000 |
| Southern | - | - | - | 6,000 |
| UoR | - | - | - | 6,800 |
| Big Lottery | - | 9,100 | 9,100 | 9,860 |
| Mind | - | 61,200 | 61,200 | - |
| RBC | - | 15,000 | 15,000 | - |
| CAF | - | 18,000 | 18,000 | - |
| Peter Harrison | - | 15,000 | 15,000 | - |
| Matt Palmer | - | 11,000 | 11,000 | - |
| HMRC JRS | 40,170 | - | 40,170 | - |
| Laureus | - | 8,958 | 8,958 | - |
| Good Exchange | - | 6,384 | 6,384 | - |
| Assura | - | 5,000 | 5,000 | - |
| St James' Place Foundation | - | 5,000 | 5,000 | - |
| Grants under £5k | - | 24,459 | 24,459 | 12,610 |
| Total | 40,170 | 384,608 | 424,777 | 126,710 |

Sport in Mind would like to acknowledge and express our thanks to all the following grant givers who provided us with grants under £5,000:

National Gardening Scheme, Matrix, Bucks Community Foundation, Syder, Boost CT, Get Berks Active, Albert Hunt, Slough Council, Surrey County Council, Sir Jules Thorn CT, Cameron Grant MT, Berks NHS.

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4. Investment Income

| | Unrestricted funds 2021 | Unrestricted funds 2020 |
|---------------|-------------------------|-------------------------|
| | £ | £ |
| Bank Interest | 1,235 | 1,792 |
| Total | 1,235 | 1,792 |

5. Cost of Raising Funds

| | Unrestricted funds | Restricted funds | Total funds 2021 | Total funds 2020 |
|------------------|--------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ |
| Fundraising Cost | 103,324 | - | 103,324 | 4,170 |
| Total | 103,324 | - | 103,324 | 4,170 |

6. Cost of Charitable Activities by Fund Type

| | Unrestricted funds | Restricted funds | Total funds 2021 | Total funds 2020 |
|-------------------------|--------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ |
| Staff Costs | 24,024 | 169,627 | 193,650 | 123,102 |
| Sports Session Delivery | 3,418 | 24,587 | 28,005 | 63,894 |
| Equipment | 4,021 | 30,187 | 34,208 | 8,524 |
| RED January | 115,000 | - | 115,000 | - |
| Other Costs | 13,437 | 20,112 | 33,549 | 29,564 |
| Total | 159,900 | 244,513 | 404,412 | 225,085 |

RED January Costs

| | Unrestricted funds |
|--------------------------------------|--------------------|
| | £ |
| Marketing, PR and partner engagement | 70,000 |
| Technology | 30,000 |
| Monitoring and evaluation | 15,000 |
| Total | 115,000 |

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6.1 Staff Costs

| | Unrestricted funds | Restricted funds | Total funds 2021 | Total funds 2020 |
|-------------------------|--------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ |
| Wages and Salaries | 24,024 | 122,333 | 146,357 | 103,927 |
| Social Security & Taxes | 0 | 35,183 | 35,183 | 9,767 |
| Pensions | 0 | 12,110 | 12,110 | 9,408 |
| Total | 24,024 | 169,627 | 193,650 | 123,102 |

The average monthly number of employees was 8

No employee earned over £60,000

The charity's Trustees received no payment for their services supplied to the charity.

Trustees Remuneration of Expenses

During the year, one trustee was reimbursed £24 for making a purchase on the charity's behalf. No other expenses were paid to trustees or any person connected to them.

7. Support Costs

| | Unrestricted funds | Restricted funds | Total funds 2020 | Total funds 2020 |
|--------------|--------------------|------------------|------------------|------------------|
| | £ | £ | £ | £ |
| Payroll | 2,389 | | 2,389 | 531 |
| Total | 2,389 | 0 | 2,389 | 531 |

8. Cash in hand and in bank

| | Total funds 2021 | Total Funds 2020 |
|--------------------------|------------------|------------------|
| | £ | £ |
| Cash in hand and in bank | 1,017,468 | 333,736 |
| Total | 1,017,468 | 333,736 |

9. Debtors

| | Total funds 2021 | Total funds 2020 |
|--------------|------------------|------------------|
| | £ | £ |
| Facilities | 182 | 0 |
| Total | 182 | 0 |

SPORT IN MIND

10. Creditors

| | Due within 1 year | Due after 1 year | Total funds 2020 |
|-----------------|----------------------|---------------------|---------------------|
| | £ | £ | £ |
| Facilities | - | - | - |
| Sports Coaches | 330 | - | - |
| Support Costs | 176 | - | - |
| RED January | 150,000 | - | - |
| Deferred Income | 79,071 | - | - |
| Total | 229,577 | 0 | 0 |

10.1 Deferred Income

| | Total funds 2021 |
|---------------------|---------------------|
| | £ |
| Sport England | 61,571 |
| This Girl Can | 10,000 |
| Tesco (Groundworks) | 7,500 |
| Total | 79,071 |

The above income from Sport England, This Girl Can and Tesco (Groundworks) has been deferred as Sport in Mind is unable to recognise this income due to Covid-19 restrictions preventing the charity from delivering these projects. The grant funders have approved that these projects can be delivered in the new year when Covid restrictions have been eased.