



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 05	Year 2022		Day 30	Month 04	Year 2023

Section A

Reference and administration details

Charity name Heal International Trust

Other names charity is known by HIT

Registered charity number (if any) 1161266

Charity's principal address 20 Greenslade Road,

Walsall,

West Midlands.

Postcode

WS5 3QH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Imran Ghanghro	Founding Trustee (Chairman)	14/04/2015 – present.	N/a
2	Dr. Naeem Ahmed Farooqi	Founding Trustee	14/04/2015 – present.	N/a
3	Dr. Shaikh Muhammad Faisal Rana	Founding Trustee	14/04/2015 – present.	N/a
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	At-Tariq Limited	Apex House, Calthorpe Road, Edgbaston, Birmingham. B15 1TR

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointment / election as per Constitution.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.

The objectives of the charity will be achieved by raising funds, to be invested in various projects including;

- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

i) Grant making policy – The charity undertakes a checklist of internal reporting controls (i.e. due diligence) in regards to grant making, including obtaining details of the beneficiary, the disbursement of funds, and ensuring funds are used for their designated purpose.

ii) Volunteer policy – Time and resources are provided to the charity by volunteers on an unpaid basis.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £2,662.

ii) Grants - Total funds amounting to £3,000 were granted to support the following specific projects;

- a) HOPE (Health-Oriented Preventive Education) UK CIO – working with this UK registered charity (and Pakistan registered Non-Governmental Organisation (NGO)), which has a mission to provide services of health and education for the poor and needy in Pakistan.

Funds granted in the year under review amounted to £1,500.

- b) Midland Doctors Association UK – working with this UK registered charity, which has a mission to purchase, equip and operate a hospital facility for the poor and needy in Kashmir, Pakistan.

Funds granted in the year under review amounted to £1,500.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The seventh Gift Aid tax credit claim amounting to £460 for the year to 30/04/2023 has recently been submitted to HM Revenue & Customs (HMRC).

The charity granted funds totalling £3,000 in the year under review. These funds provided financial support to specific projects and beneficiaries resident in Pakistan, enabling the charity to fulfil its objectives.

No expenditure was incurred by the charity in the year under review, as time and resources were provided to the charity on an unpaid voluntary basis.


Section F

Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr. Imran Ghanghro	
Position (eg Secretary, Chair, etc)	Chairman	
Date	04/07/2023	



Charity Name	No (if any)
Heal International Trust (HIT)	1161266

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Receipts and payments accounts

For the period from	01/05/2022	To	30/04/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,850	-	-	1,850	3,245
HMRC Gift Aid tax credits	812	-	-	812	828
Fundraising events	-	-	-	-	-
Bank deposit interest	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,662	-	-	2,662	4,073
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,662	-	-	2,662	4,073
A3 Payments					
Fundraising event costs	-	-	-	-	-
Wages, salaries and NIC	-	-	-	-	-
Printing, postage, stationery & computer supplies	-	-	-	-	-
Telephone and internet	-	-	-	-	-
Bank charges	-	-	-	-	-
Governance costs	-	-	-	-	-
Grants and donations paid	3,000	-	-	3,000	6,500
Sub total	3,000	-	-	3,000	6,500
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,000	-	-	3,000	6,500
Net of receipts/(payments)	- 338	-	-	- 338	- 2,428
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	490	-	-	490	2,917
Cash funds this year end	152	-	-	152	490

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	152	-	-
			-	-
			-	-
		-	-	-
	Total cash funds	152	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	HMRC Gift Aid tax credits	-	-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Dr. Imran Ghanghro (Chairman)	04/07/2023	