



Trustees' Annual Report for the period

| | | | | | | | |
|------|-----------|-------------------|--------------|----|-----------------|-------------|--------------|
| | | Period start date | | | Period end date | | |
| From | Day 01 | Month 05 | Year 2020 | To | Day 30 | Month 04 | Year 2021 |

Section A

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|---------------------------------|-----------------------------|-----------------------------------|---|
| 1 | Dr. Imran Ghanghro | Founding Trustee (Chairman) | 14/04/2015 – present. | N/a |
| 2 | Dr. Naeem Ahmed Farooqi | Founding Trustee | 14/04/2015 – present. | N/a |
| 3 | Dr. Shaikh Muhammad Faisal Rana | Founding Trustee | 14/04/2015 – present. | N/a |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------------------|---|
| Accountant | At-Tariq Limited | Suite 121, The Old Bus Garage, Harborne Lane, Birmingham. B29 6SN |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

| |
|--|
| |
|--|

Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|---|
| Type of governing document (eg. trust deed, constitution) | Constitution |
| How the charity is constituted (eg. trust, association, company) | Charitable Incorporated Organisation |
| Trustee selection methods (eg. appointed by, elected by) | Appointment / election as per Constitution. |

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

| |
|--|
| |
|--|

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.

The objectives of the charity will be achieved by raising funds, to be invested in various projects including;

- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

Grantmaking Policy - The charity has strengthened it's grantmaking policy internal controls.
The charity has a documented checklist of controls it must undertake in regards to the beneficiary, disbursement of funds and the utilisation of funds.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £3,305.

ii) Grants - Total funds amounting to £8,150 were granted to support the following specific projects;

a) Dow Graduates of Northern Europe (DOGANE) – working with this UK registered charity, which has a mission to promote and facilitate educational activities undertaken by graduates from Dow Medical College, Karachi, Pakistan, currently working in Northern Europe, and to help raise funds for charitable projects.

Total funds granted in the year under review amounted to £650, which were allocated to the Patient Welfare Association at the Civil Hospital, Karachi, Pakistan, who provide free medicines to poor and needy patients.

b) HOPE (Health-Oriented Preventive Education) UK CIO – working with this Non-Governmental Organisation (NGO), which has a mission to provide services of health and education for the poor and needy in Pakistan.

Funds granted in the year under review amounted to £2,000.

c) Midland Doctors Association UK – working with this UK registered charity, which has a mission to purchase, equip and operate a hospital facility for the poor and needy in Kashmir, Pakistan.

Funds granted in the year under review amounted to £1,000.

d) Nigahban Welfare Association – working with this Non-Governmental Organisation (NGO), which has a mission to provide free healthcare to the poor and needy in Karachi, Pakistan.

Funds granted in the year under review amounted to £4,500, which were used to purchase equipment to upgrade the cancer surgical unit at the Civil Hospital, Karachi, Pakistan.

The fundraising performance of the charity in the year under review was significantly impacted by the Coronavirus pandemic.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The fifth Gift Aid tax credit claim amounting to £826 for the year to 30/04/2021 has recently been submitted to HM Revenue & Customs (HMRC).

The charity granted funds totalling £8,150 in the year under review. These funds provided financial support to specific projects and beneficiaries resident in Pakistan, enabling the charity to fulfil its objectives.

No expenditure (with the exception of bank charges of £30) were incurred by the charity in the year under review, as time and resources were provided to the charity on a voluntary basis.

Section F


Other optional information

| |
|--|
| |
|--|

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---|--|
| Signature(s) |  | |
| Full name(s) | Dr. Imran Ghanghro | |
| Position (eg Secretary, Chair, etc) | Chairman | |
| Date | 19/07/2021 | |



| | |
|--------------------------------|-------------|
| Charity Name | No (if any) |
| Heal International Trust (HIT) | 1161266 |

Receipts and payments accounts

CC16a

| | | | |
|---------------------|------------|----|------------|
| For the period from | 01/05/2020 | To | 30/04/2021 |
|---------------------|------------|----|------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations | 7,780 | - | - | 7,780 | 9,014 |
| HMRC Gift Aid tax credits | 2,129 | - | - | 2,129 | 1,495 |
| Fundraising events | - | - | - | - | - |
| Bank deposit interest | 6 | - | - | 6 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 9,915 | - | - | 9,915 | 10,510 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 9,915 | - | - | 9,915 | 10,510 |
| A3 Payments | | | | | |
| Fundraising event costs | - | - | - | - | - |
| Wages, salaries and NIC | - | - | - | - | - |
| Printing, postage, stationery & computer supplies | - | - | - | - | - |
| Telephone and internet | - | - | - | - | - |
| Bank charges | 30 | - | - | 30 | 95 |
| Governance costs | - | - | - | - | - |
| Grants and donations paid | 8,150 | - | - | 8,150 | 11,500 |
| Sub total | 8,180 | - | - | 8,180 | 11,595 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 8,180 | - | - | 8,180 | 11,595 |
| Net of receipts/(payments) | 1,735 | - | - | 1,735 | - 1,085 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 1,182 | - | - | 1,182 | 2,267 |
| Cash funds this year end | 2,917 | - | - | 2,917 | 1,182 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash at bank | 2,917 | - | - |
| | | | - | - |
| | | - | - | - |
| | Total cash funds | 2,917 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

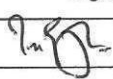
| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|--------------------------|---------------------------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | HMRC Gift Aid tax credits | - | - | - |
| | | | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|----------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|--|---------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|----------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|--------------------|------------------|
|  | Dr. Imran Ghanghro | 19/07/2021 |