

HEAL INTERNATIONAL TRUST

England & Wales · Charity number 1161266

Details

Other names HIT

Status Registered

Legal form CIO

Registered 2015-04-14

Register [View on the Charity Commission register](#)

Contact

Address 20 Greenslade Road
Walsall
WS5 3QH

Phone 07765961160

Email ghanghro@hotmail.com

Activities

Objects: THE PRESERVATION AND PROTECTION OF GOOD HEALTH FOR THE PUBLIC BENEFIT PRIMARILY IN PAKISTAN IN PARTICULAR BUT NOT EXCLUSIVELY THROUGH THE PROVISION OF A MEDICAL CENTRE AND THE PROVISION OF APPROPRIATE FREE MEDICAL CARE AND HEALTH EDUCATION

Activities: THE OBJECTIVES OF THE CHARITY WILL BE ACHIEVED BY RAISING FUNDS, TO BE INVESTED IN VARIOUS PROJECTS INCLUDING: A) THE EDUCATION AND TRAINING OF HEALTHCARE PROFESSIONALS, B) BUILDING HEALTHCARE AND EDUCATION RELATED FACILITIES, C) THE PROVISION OF LIFE-SAVING EQUIPMENT AND MEDICATION.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Overseas Aid/famine Relief
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Pakistan
- Birmingham City
- Walsall

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£1,927	£0	-	-
2024-04-30	£2,218	£2,000	-	-
2023-04-30	£2,662	£3,000	-	-
2022-04-30	£4,073	£6,500	-	-
2021-04-30	£9,915	£8,180	-	-

Trustees

Name	Role	Appointed
Dr Imran Ghanghro	Chair	2015-04-14
DR NAEEM AHMED FAROOQI MBBS		2015-04-14
DR SHAIKH MUHAMMAD FAISAL RANA MBBS		2015-04-14

HEAL INTERNATIONAL TRUST

England & Wales - Charity number 1161266

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 05	Year 2024		Day 30	Month 04	Year 2025

Section A

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Imran Ghanghro	Founding Trustee (Chairman)	14/04/2015 – present.	N/a
2	Dr. Naeem Ahmed Farooqi	Founding Trustee	14/04/2015 – present.	N/a
3	Dr. Shaikh Muhammad Faisal Rana	Founding Trustee	14/04/2015 – present.	N/a
4				
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14				
15				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	At-Tariq Limited	Apex House, Calthorpe Road, Edgbaston, Birmingham. B15 1TR

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	Charitable Incorporated Organisation
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointment / election as per Constitution.

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>Due to fundraising challenges, the Board of Trustees of Heal International Trust (aka HIT CIO) intend to wind up and dissolve the CIO in accordance with it's Constitution.</p>
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Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.</p>
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The objectives of the charity will be achieved by raising funds, to be invested in various projects including;

- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

i) Grant making policy – The charity undertakes a checklist of internal reporting controls (i.e. due diligence) in regards to grant making, including obtaining details of the beneficiary, the disbursement of funds, and ensuring funds are used for their designated purpose.

ii) Volunteer policy – Time and resources are provided to the charity by volunteers on an unpaid basis.

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

- i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £1,540.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The ninth Gift Aid tax credit claim amounting to £385 for the year to 30/04/2025 has recently been submitted to HM Revenue & Customs (HMRC).

No funds were granted in the year under review.

No expenditure was incurred by the charity in the year under review, as time and resources were provided to the charity on an unpaid voluntary basis.

Section F

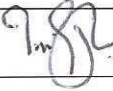
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr. Imran Ghanghro	
Position (eg Secretary, Chair, etc)	Chairman	
Date	17/10/2025	



Charity Name Heal International Trust (HIT)	No (if any) 1161266
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Receipts and payments accounts

For the period from	01/05/2024	To	30/04/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,540	-	-	1,540	1,740
HMRC Gift Aid tax credits	387	-	-	387	465
Fundraising events	-	-	-	-	-
Bank deposit interest	-	-	-	-	-
Sundry donations	-	-	-	-	13
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,927	-	-	1,927	2,218
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,927	-	-	1,927	2,218
A3 Payments					
Fundraising event costs	-	-	-	-	-
Wages, salaries and NIC	-	-	-	-	-
Printing, postage, stationery & computer supplies	-	-	-	-	-
Telephone and internet	-	-	-	-	-
Bank charges	-	-	-	-	-
Governance costs	-	-	-	-	-
Grants and donations paid	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	1,927	-	-	1,927	2,218
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	370	-	-	370	152
Cash funds this year end	2,297	-	-	2,297	2,370

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	2,297	-	-
			-	-
		-	-	-
	Total cash funds	2,297	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

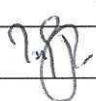
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	HMRC Gift Aid tax credits	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Dr. Imran Ghanghro (Chairman)	17/10/2025

HEAL INTERNATIONAL TRUST

England & Wales - Charity number 1161266

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 05	Year 2023		Day 30	Month 04	Year 2024

Section A Reference and administration details

Charity name Heal International Trust

Other names charity is known by HIT

Registered charity number (if any) 1161266

Charity's principal address 20 Greenslade Road,
Walsall,
West Midlands.
Postcode WS5 3QH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Imran Ghanghro	Founding Trustee (Chairman)	14/04/2015 – present.	N/a
2	Dr. Naeem Ahmed Farooqi	Founding Trustee	14/04/2015 – present.	N/a
3	Dr. Shaikh Muhammad Faisal Rana	Founding Trustee	14/04/2015 – present.	N/a
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	At-Tariq Limited	Apex House, Calthorpe Road, Edgbaston, Birmingham. B15 1TR

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	Charitable Incorporated Organisation
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointment / election as per Constitution.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.

The objectives of the charity will be achieved by raising funds, to be invested in various projects including;

- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

i) Grant making policy – The charity undertakes a checklist of internal reporting controls (i.e. due diligence) in regards to grant making, including obtaining details of the beneficiary, the disbursement of funds, and ensuring funds are used for their designated purpose.

ii) Volunteer policy – Time and resources are provided to the charity by volunteers on an unpaid basis.

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £2,218.

ii) Grants - Total funds amounting to £2,000 were granted to support the following specific projects;

a) HOPE (Health-Oriented Preventive Education) UK CIO – working with this UK registered charity (and Pakistan registered Non-Governmental Organisation (NGO)), which has a mission to provide services of health and education for the poor and needy in Pakistan.

No funds were granted in the year under review.

b) Midland Doctors Association UK – working with this UK registered charity, which has a mission to purchase, equip and operate a hospital facility for the poor and needy in Kashmir, Pakistan.

Funds granted in the year under review amounted to £1,000.

c) East Riding Community Foundation Trust – working with this UK registered charity, which has been leading various inter-community cohesion programmes and activities in the East Riding Yorkshire area, England.

Funds granted in the year under review amounted to £1,000.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The eighth Gift Aid tax credit claim amounting to £375 for the year to 30/04/2024 has recently been submitted to HM Revenue & Customs (HMRC).

The charity granted funds totalling £2,000 in the year under review. These funds provided financial support to specific projects and beneficiaries resident in Pakistan, enabling the charity to fulfil its objectives.

No expenditure was incurred by the charity in the year under review, as time and resources were provided to the charity on an unpaid voluntary basis.


Section F

Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr. Imran Ghanghro	
Position (eg Secretary, Chair, etc)	Chairman	
Date	10/02/2025	



Charity Name Heal International Trust (HIT)	No (if any) 1161266
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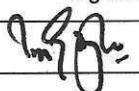
Receipts and payments accounts

For the period from	01/05/2023	To	30/04/2024
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1,740	-	-	1,740	1,850
HMRC Gift Aid tax credits	465	-	-	465	812
Fundraising events	-	-	-	-	-
Bank deposit interest	-	-	-	-	-
Sundry donations	13	-	-	13	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,218	-	-	2,218	2,662
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,218	-	-	2,218	2,662
A3 Payments					
Fundraising event costs	-	-	-	-	-
Wages, salaries and NIC	-	-	-	-	-
Printing, postage, stationery & computer supplies	-	-	-	-	-
Telephone and internet	-	-	-	-	-
Bank charges	-	-	-	-	-
Governance costs	-	-	-	-	-
Grants and donations paid	2,000	-	-	2,000	3,000
Sub total	2,000	-	-	2,000	3,000
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,000	-	-	2,000	3,000
Net of receipts/(payments)	218	-	-	218	338
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	152	-	-	152	490
Cash funds this year end	370	-	-	370	152

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	370	-	-
			-	-
		-	-	-
	Total cash funds	370	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
	HMRC Gift Aid tax credits	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Dr. Imran Ghanghro (Chairman)	10/02/2025	

HEAL INTERNATIONAL TRUST

England & Wales - Charity number 1161266

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 05	Year 2022		Day 30	Month 04	Year 2023

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Other names charity is known by HIT

Registered charity number (if any) 1161266

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Names of the charity trustees who manage the charity

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1	Dr. Imran Ghanghro	Founding Trustee (Chairman)	14/04/2015 – present.	N/a
2	Dr. Naeem Ahmed Farooqi	Founding Trustee	14/04/2015 – present.	N/a
3	Dr. Shaikh Muhammad Faisal Rana	Founding Trustee	14/04/2015 – present.	N/a
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15				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	At-Tariq Limited	Apex House, Calthorpe Road, Edgbaston, Birmingham. B15 1TR

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

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Additional governance issues (Optional information)

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- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.

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- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

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- policy programme related investment;
- contribution made by volunteers.

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ii) Volunteer policy – Time and resources are provided to the charity by volunteers on an unpaid basis.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £2,662.

ii) Grants - Total funds amounting to £3,000 were granted to support the following specific projects;

a) HOPE (Health-Oriented Preventive Education) UK CIO – working with this UK registered charity (and Pakistan registered Non-Governmental Organisation (NGO)), which has a mission to provide services of health and education for the poor and needy in Pakistan.

Funds granted in the year under review amounted to £1,500.

b) Midland Doctors Association UK – working with this UK registered charity, which has a mission to purchase, equip and operate a hospital facility for the poor and needy in Kashmir, Pakistan.

Funds granted in the year under review amounted to £1,500.

Section E

Financial review

Brief statement of the charity's policy on reserves

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The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The seventh Gift Aid tax credit claim amounting to £460 for the year to 30/04/2023 has recently been submitted to HM Revenue & Customs (HMRC).

The charity granted funds totalling £3,000 in the year under review. These funds provided financial support to specific projects and beneficiaries resident in Pakistan, enabling the charity to fulfil its objectives.

No expenditure was incurred by the charity in the year under review, as time and resources were provided to the charity on an unpaid voluntary basis.

Section F


Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr. Imran Ghanghro	
Position (eg Secretary, Chair, etc)	Chairman	
Date	04/07/2023	



Charity Name Heal International Trust (HIT)	No (if any) 1161266
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CC16a

Receipts and payments accounts

For the period from	01/05/2022	To	30/04/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,850	-	-	1,850	3,245
HMRC Gift Aid tax credits	812	-	-	812	828
Fundraising events	-	-	-	-	-
Bank deposit interest	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,662	-	-	2,662	4,073
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,662	-	-	2,662	4,073
A3 Payments					
Fundraising event costs	-	-	-	-	-
Wages, salaries and NIC	-	-	-	-	-
Printing, postage, stationery & computer supplies	-	-	-	-	-
Telephone and internet	-	-	-	-	-
Bank charges	-	-	-	-	-
Governance costs	-	-	-	-	-
Grants and donations paid	3,000	-	-	3,000	6,500
Sub total	3,000	-	-	3,000	6,500
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,000	-	-	3,000	6,500
Net of receipts/(payments)	- 338	-	-	- 338	- 2,428
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	490	-	-	490	2,917
Cash funds this year end	152	-	-	152	490

Section B Statement of assets and liabilities at the end of the period


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	152	-	-
			-	-
		-	-	-
	Total cash funds	152	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	HMRC Gift Aid tax credits	-	-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Dr. Imran Ghanghro (Chairman)	04/07/2023

HEAL INTERNATIONAL TRUST

England & Wales - Charity number 1161266

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	05	2021		04	2022	

Section A

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Imran Ghanghro	Founding Trustee (Chairman)	14/04/2015 – present.	N/a
2	Dr. Naeem Ahmed Farooqi	Founding Trustee	14/04/2015 – present.	N/a
3	Dr. Shaikh Muhammad Faisal Rana	Founding Trustee	14/04/2015 – present.	N/a
4				
5				
6				
7				
8				
9				
10				
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14				
15				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	At-Tariq Limited	Suite 121, The Old Bus Garage, Harborne Lane, Birmingham. B29 6SN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	Charitable Incorporated Organisation
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointment / election as per Constitution.

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.</p>

The objectives of the charity will be achieved by raising funds, to be invested in various projects including;

- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

i) Grant making policy – The charity undertakes a checklist of internal reporting controls (i.e. due diligence) in regards to grant making, including obtaining details of the beneficiary, the disbursement of funds, and ensuring funds are used for their designated purpose.

ii) Volunteer policy – Time and resources are provided to the charity by volunteers on an unpaid basis.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £4,073.

ii) Grants - Total funds amounting to £6,500 were granted to support the following specific projects;

a) HOPE (Health-Oriented Preventive Education) UK CIO – working with this Non-Governmental Organisation (NGO), which has a mission to provide services of health and education for the poor and needy in Pakistan.

Funds granted in the year under review amounted to £1,000.

b) Indus Health Network UK – working with the Indus Hospital, Karachi, Pakistan which has a mission to provide free medical services to patients in the local community.

Funds granted in the year under review amounted to £2,500.

c) Midland Doctors Association UK – working with this UK registered charity, which has a mission to purchase, equip and operate a hospital facility for the poor and needy in Kashmir, Pakistan.

Funds granted in the year under review amounted to £1,500.

d) The Health Foundation, Karachi, Pakistan – working with this Non-Governmental Organisation (NGO), which has a mission to eradicate preventable diseases in Pakistan, with the core focus on Hepatitis.

Funds granted in the year under review amounted to £1,500.

Section E Financial review

Brief statement of the charity's policy on reserves

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The sixth Gift Aid tax credit claim amounting to £811 for the year to 30/04/2022 has recently been submitted to HM Revenue & Customs (HMRC).

The charity granted funds totalling £6,500 in the year under review. These funds provided financial support to specific projects and beneficiaries resident in Pakistan, enabling the charity to fulfil its objectives.

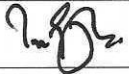
No expenditure was incurred by the charity in the year under review, as time and resources were provided to the charity on an unpaid voluntary basis.

Section F Other optional information

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr. Imran Ghanghro	
Position (eg Secretary, Chair, etc)	Chairman	
Date	27/05/2022	



Charity Name Heal International Trust (HIT)	ISO (if any) 1161266
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Receipts and payments accounts

For the period from	01/05/2021	To	30/04/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,245	-	-	3,245	7,780
HMRC Gift Aid tax credits	828	-	-	828	2,129
Fundraising events	-	-	-	-	-
Bank deposit interest	-	-	-	-	6
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,073	-	-	4,073	9,915
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,073	-	-	4,073	9,915
A3 Payments					
Fundraising event costs	-	-	-	-	-
Wages, salaries and NIC	-	-	-	-	-
Printing, postage, stationery & computer supplies	-	-	-	-	-
Telephone and internet	-	-	-	-	-
Bank charges	-	-	-	-	30
Governance costs	-	-	-	-	-
Grants and donations paid	6,500	-	-	6,500	8,150
Sub total	6,500	-	-	6,500	8,180
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,500	-	-	6,500	8,180
Net of receipts/(payments)	- 2,428	-	-	- 2,428	1,735
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,917	-	-	2,917	1,182
Cash funds this year end	490	-	-	490	2,917

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	490	-	-
			-	-
		-	-	-
	Total cash funds	490	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	HMRC Gift Aid tax credits	-	-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Dr. Imran Ghanghro	27/05/2022

HEAL INTERNATIONAL TRUST

England & Wales - Charity number 1161266

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day	Month	Year	To	Day	Month	Year
	01	05	2020		30	04	2021

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Imran Ghanghro	Founding Trustee (Chairman)	14/04/2015 – present.	N/a
2	Dr. Naeem Ahmed Farooqi	Founding Trustee	14/04/2015 – present.	N/a
3	Dr. Shaikh Muhammad Faisal Rana	Founding Trustee	14/04/2015 – present.	N/a
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5				
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10				
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12				
13				
14				
15				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	At-Tariq Limited	Suite 121, The Old Bus Garage, Harborne Lane, Birmingham. B29 6SN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	Charitable Incorporated Organisation
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointment / election as per Constitution.

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>The preservation and protection of good health for the public benefit primarily in Pakistan, in particular but not exclusively, through the provision of a medical centre and the provision of appropriate free medical care and health education.</p>

The objectives of the charity will be achieved by raising funds, to be invested in various projects including;

- a) the education and training of healthcare professionals,
- b) building healthcare and education related facilities, and
- c) the provision of life-saving equipment and medication.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

Grantmaking Policy - The charity has strengthened it's grantmaking policy internal controls.
The charity has a documented checklist of controls it must undertake in regards to the beneficiary, disbursement of funds and the utilisation of funds.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity during the year under review are considered to be as follows:

i) Fundraising - Productive fundraising activities securing generous and regular donations, particularly from the graduates of Dow Medical College, Karachi, Pakistan, resident in the UK.

The total funds raised in the year under review amounted to £3,305.

ii) Grants - Total funds amounting to £8,150 were granted to support the following specific projects;

a) Dow Graduates of Northern Europe (DOGANE) – working with this UK registered charity, which has a mission to promote and facilitate educational activities undertaken by graduates from Dow Medical College, Karachi, Pakistan, currently working in Northern Europe, and to help raise funds for charitable projects.

Total funds granted in the year under review amounted to £650, which were allocated to the Patient Welfare Association at the Civil Hospital, Karachi, Pakistan, who provide free medicines to poor and needy patients.

b) HOPE (Health-Oriented Preventive Education) UK CIO – working with this Non-Governmental Organisation (NGO), which has a mission to provide services of health and education for the poor and needy in Pakistan.

Funds granted in the year under review amounted to £2,000.

c) Midland Doctors Association UK – working with this UK registered charity, which has a mission to purchase, equip and operate a hospital facility for the poor and needy in Kashmir, Pakistan.

Funds granted in the year under review amounted to £1,000.

d) Nigahban Welfare Association – working with this Non-Governmental Organisation (NGO), which has a mission to provide free healthcare to the poor and needy in Karachi, Pakistan.

Funds granted in the year under review amounted to £4,500, which were used to purchase equipment to upgrade the cancer surgical unit at the Civil Hospital, Karachi, Pakistan.

The fundraising performance of the charity in the year under review was significantly impacted by the Coronavirus pandemic.

Section E

Financial review

Brief statement of the charity's policy on reserves

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The trustees propose to maintain the charity's reserves at a level which is at least equivalent to six months operational expenditure, and have done so having regards to its manner of operation of likely funding streams.

The trustees review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their finance meeting.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are through the generous donations made by;

- i) the graduates of Dow Medical College, Karachi, Pakistan. The diaspora resident in the UK, Europe, North America and the Middle East.
- ii) the general public.
- iii) Gift Aid donation tax credits. The charity has registered charity status with HM Revenue & Customs (HMRC), enabling it to claim tax credits on donations received from individual UK resident taxpayers, under the Gift Aid scheme.

These are an additional source of funding for the charity.

The fifth Gift Aid tax credit claim amounting to £826 for the year to 30/04/2021 has recently been submitted to HM Revenue & Customs (HMRC).

The charity granted funds totalling £8,150 in the year under review. These funds provided financial support to specific projects and beneficiaries resident in Pakistan, enabling the charity to fulfil its objectives.

No expenditure (with the exception of bank charges of £30) were incurred by the charity in the year under review, as time and resources were provided to the charity on a voluntary basis.

Section F


Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr. Imran Ghanghro	
Position (eg Secretary, Chair, etc)	Chairman	
Date	19/07/2021	



Charity Name Heal International Trust (HIT)	No (if any) 1161266
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CC16a

Receipts and payments accounts

For the period from	01/05/2020	To	30/04/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	7,780	-	-	7,780	9,014
HMRC Gift Aid tax credits	2,129	-	-	2,129	1,495
Fundraising events	-	-	-	-	-
Bank deposit interest	6	-	-	6	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	9,915	-	-	9,915	10,510
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	9,915	-	-	9,915	10,510
A3 Payments					
Fundraising event costs	-	-	-	-	-
Wages, salaries and NIC	-	-	-	-	-
Printing, postage, stationery & computer supplies	-	-	-	-	-
Telephone and internet	-	-	-	-	-
Bank charges	30	-	-	30	95
Governance costs	-	-	-	-	-
Grants and donations paid	8,150	-	-	8,150	11,500
Sub total	8,180	-	-	8,180	11,595
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,180	-	-	8,180	11,595
Net of receipts/(payments)	1,735	-	-	1,735	- 1,085
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,182	-	-	1,182	2,267
Cash funds this year end	2,917	-	-	2,917	1,182

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	2,917	-	-
			-	-
		-	-	-
	Total cash funds	2,917	-	-

(agree balances with receipts and payments account(s))

OK OK OK

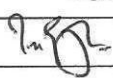
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	HMRC Gift Aid tax credits	-	-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Dr. Imran Ghanghro	19/07/2021