



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 08/05/2022 Period start date To 07/05/2023

Period end date

Charity name: aspire2be recovery community

Charity registration number: 1161256

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The object of the CIO is the relief of the physical and mental sickness of persons in need by reason of addiction to drugs and/or alcohol, in particular by the provision of counselling and support.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	In order to further its charitable purposes for the public benefit, aspire2be recovery community organised and ran support groups and other activities throughout the year for the benefit of individuals suffering from addiction to drugs or alcohol. All aspire2be support groups are free to attend. Support groups have been held over the past year on a twice weekly face to face basis + daily online Zoom meetings
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees are expected to have a personal interest in recovery from addiction to drugs and/or alcohol. Individuals may request to become a Trustee or be approached by a current Trustee. Trustees vote in private on the appointment; this is decided by a simple majority. Guidance Notes are issued to each trustee outlining the duties and obligations in line with the Charity Commission requirements.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Support group attendance Over the year (May 2022 to May 2023) we have run 340, 40 minute online support groups with an attendance of approximately 2,380 people + 65 face to face meetings attended by approximately 520 people. This has been made possible by approximately 350 hours of work by volunteer group facilitators. A 2015 survey of 535 support group attendees found that there was a 2:1 ratio of males to females attending support groups, with the average age being 43 years old (44 for males; 40 for females). 89% of attendees had alcohol as their main problem substance, with 7% using non-opiate drugs and 4% opiates. This has remained largely unchanged in the time period since. In the previous year (May 2021 to 2022) attendance was approximately 2,450 service users attending 352 support groups. We have maintained the daily online meetings introduced during the COVID 19 pandemic, and have been able to reintroduce the face to face meetings held at the local recovery hub and another local venue.

		We hope to put on more face to face meetings over the next year as volunteers to run them have become available that meet the Charity's criteria This. is subject to the Information, news and recovery stories are conveyed through our online presence. Currently we have 455 Facebook 'likes', 1220 followers on Twitter and our YouTube videos have been watched 280 times.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We are always looking to increase the number of meetings that we run, which is dictated by room availability, available funding and volunteers to run the groups. This year we have been able to run slightly fewer groups due to volunteer number drop.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our funds held have decreased from £4206 to £3431 over the financial period in question. We hope to utilise these funds for activities and extra room hire going forward.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We always hold reserves to basically meet expenses as they arise. Room hire is approximately £800 a year so like to ensure that we have enough in reserve to cover that. The setting up of the online meetings has been a real success without incurring any costs.
Amount of reserves held	Para 1.22	All of the funds are available when needed but like to keep an amount aside to cover room hire.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution last amended 09/04/2015
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Foundation Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by existing trustees. Trustees are expected to have a personal interest in recovery from addiction to drugs and/or alcohol. Individuals may request to become a Trustee or be approached by a current Trustee. Trustees vote in private on the appointment; this is decided by a simple majority.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	aspire2be recovery community
Other name the charity uses	
Registered charity number	1161256
Charity's principal address	61 Sandling Park Sandling Lane Maidstone Kent ME14 2NY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Martin Panhurst	Chair		
2	Aaron McAuliffe			
3	Rebecca Berger			
4				
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7				
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15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Martin Pankhurst	Aaron McAuliffe
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	02/09/25	



CHARITY COMMISSION
FOR ENGLAND AND WALES

aspire2be recovery community

1161256

Receipts and payments accounts

CC16a

For the period
from

0805/22

To

07/05/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Balance Brought Forward	3,922	284	-	4,206	
Donations	115		-	115	-
Interest on Accounts	3	-	-	3	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,040	284	-	4,324	4,206
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,040	284	-	4,324	4,206
A3 Payments					
Facilitators Expenses	-		-		-
Room Hire		20	-	20	-
Community Trips	-	301	-	301	-
Bank Chagres	-	20	-	20	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	341	-	341	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	341	-	341	-
Net of receipts/(payments)	4,040	- 57	-	3,983	4,206
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	4,040	- 57	-	3,983	4,206

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details			
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details			
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Martin Pankhurst	02/09/2025	
		Aaron McAuliffe	02/09/2025	