

Charity number: 1161235

**Hope Trust Cardiff
(A Charitable Incorporated Organisation)**

**Trustees' report and financial statements
for the year ended 31 March 2022**

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Legal and administrative information

Charity number	1161235
Registered office	Glenwood Church Circle Way West Llanedeyrn Cardiff CF23 6UW
Trustees	Paul Francis (Chair) Rachel Treseder Jillian Jamieson (resigned 23 rd May 2022) Hannah Westwell (appointed 23 rd May 2022)
Bankers	Co-operative Bank
Independent Examiner	Steve Ellum Steve Ellum & Associates Chartered Accountants Adulam House Glan Yr Afon Llanelli SA15 3QB

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st March 2022

The Trustees have pleasure in submitting the Report and Accounts for the year to 31st March 2022

Structure, Governance and Management
Nature of organization

HOPE Trust Cardiff Charitable Incorporated Organisation is a registered with the Charity Commissions of England and Wales (Registration Number 1161235) in April 2015.

HOPE Trust Cardiff CIO is the social action charity for Glenwood Church Faith Community. Our aim is to promote social inclusion in Cardiff for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are, and assisting them to integrate back into society.

Currently HOPE Trust Cardiff CIO is the umbrella organisation for three projects. Hope St Mellons joined HOPE Trust in June 2019.

- The Junction which independently runs support for any form of baby loss or crisis pregnancy.
- TAVS which aims to engage, support and empower people in Cardiff addressing issues arising from homelessness, addiction and promoting mental health awareness and/or isolation.
- Hope St Mellons are committed to working with children, young people and families to:
Benefit and improve wellbeing;
Strengthen and develop community;
Grow opportunities for occupation and social enterprise.

Current projects include: The Step Out Fund Scholarship Programme, Forest School, Emotional Literacy Support, and Parent Support Groups.

The team is led by local staff and volunteers and we are passionate about serving St Mellons.

Appointment of Trustees

Initial Trustees we appointed in agreement with the leadership team of Glenwood Church at the time, which is lead by Paul Francis. Those Trustees were Paul Francis (chair), Jill Jamieson, Barry McKeever, Nkini Pulei and Rachel Treseder appointed in July 2014, and Barry McKeever and Nkini Pulei have since stood down. No changes occurred during the year ending 31st March 2022.

Income

All Trustees give their time voluntarily and receive no benefits from the charity.

HOPE Trust Cardiff CIO relies on support from Glenwood Church, voluntary contributions and funding applications.

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Risk Management

The Trustees have reviewed the risks to which a small charity operating with few employees is exposed. Appropriate procedures are in place to identify, monitor and review these risks on a regular basis.

Organisational Structure

The Trustees are legally responsible for the CIO. The Trustees meet at least three times annually. They are also responsible to the Glenwood Church leaders. A few from Glenwood Church leadership team are trustees which allows for good cross working between Glenwood Church and HOPE Trust Cardiff CIO.

Responsibilities of the Trustees

Charity law requires the Trustees to prepare financial statements for each accounting year which give a true and fair view of the state of the charity and of its income and expenditure for the year.

We are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- State whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business

We are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable us to ensure that the financial statements comply with the Charities Act 2011. We also have a responsibility to safeguard the assets of the charity and to take reasonable steps to prevent fraud or any other irregularities.

Our Aims and Objectives

To promote social inclusion in Cardiff for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the public benefit, to promote the mental health and well-being of persons resident in South Wales suffering from depression, bereavement, loss or pregnancy-related crises, by the provision of voluntary counselling, education and support for such persons.

Hope through connection, collaboration, creativity & care

Tavs annual report Year ending March 2022

The Tavs Centre continued to do all it could do to support our clients in 2021/2022 in the face of ongoing Covid-19 restrictions. Working in partnership with other Churches and other charity groups in the City.

A team of approximately 40 volunteers, have shown incredible faith commitment and passion for the work and as a result we have been able to keep going. Through client feedback despite the changes we had to make to our services Tavs has continued to be a place of support and hope to many.

Tavs Food Co-op



We recognised the growing need for affordable, good healthy food and were so aware that the pandemic and the cost of living crisis has exacerbated this need. Hence the importance of the food Co-op. Members contribute £2 and receive approximately £15 of food (ranging from fresh fruit, vegetables, dairy products and meats).

The Tavs Food Co-op is open twice a week and we saw an average of 70 people a week and in that year had close to 300 members. The Tavs Food Co-op has resulted in a growing new demographic of people that use the Centre. With more families and a large number of refugee and asylum seekers. This has resulted in the need to adapt our services to better meet the needs of those using the Tavs Centre.

When Covid-19 restrictions allowed we opened the upstairs twice a week for teas & coffees. This quickly became a hub for community and connection, which had been much missed during lockdown.

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Sunday Food evenings

Hot food is served on a Sunday evening as a takeaway due to Covid-19. The new bi-fold windows allow this to be done smoothly. This remains a popular Tavs provision, with good number coming each week.

Washing and laundry facilities

With the easing of restrictions the showers and laundry facilities are slowly being used again.

Groups

We delivered a six week music workshops. Run by a volunteer, an experienced music teacher. We had a wide range of people choose to engage with the workshops. Some of whom spoke little English but were still able to take part. They were grateful for the opportunity to be part of something. We made lots of noise, learnt lots and had lots of fun. It was a therapeutic space and a place of wellbeing.



Tavs has historically baked bread, this stopped with Covid-19, however gave the opportunity to explore doing something a little bit differently with the bread baking workshops. With the help of two occupational therapy students we developed a 6 week wellbeing bread baking course, which we run at the end of April.

Bloom

Our women's space runs once a month on Wednesday evening. A safe space for women in need of connection, friendship and refuge within the local community. We provide refreshments; self-care treats and the opportunity to engage in activities and crafts together. It also allows for the opportunity to make new friends and widen their social circle.

The Junction Annual Report – 2021/22

The Junction continues to offer support to clients who have experienced baby loss, such as miscarriage, still birth, post-abortion or any pregnancy related distress including fertility difficulties, anxiety during pregnancy, traumatic birth and crisis pregnancy. Clients are provided with usually up to ten sessions of counselling with a member of our team, depending on need. The team delivering support to clients consists of a counselling psychologist, trainee counselling psychologists and bereavement volunteers. Clients can be seen one-to-one or as a couple, and can choose to attend for face-to-face appointments in the newly built counselling rooms at Glenwood Wellbeing Centre, or receive support via zoom, which has increased accessibility for those who may not be able to attend in person.

Referrals are received from GPs, hospital and community midwives, mental health services and other third sector organisations, for example MIND and SANDS. Clients can self-refer, and are initially placed on a waiting list until appointments can be offered.

During the year our Centre Manager completed her qualification as a Counselling Psychologist, enabling us to provide clinical supervision for trainee psychologists and counsellors in-house. This has increased our capacity to offer placement opportunities, therefore increasing our capacity to offer appointments to clients.

Clients

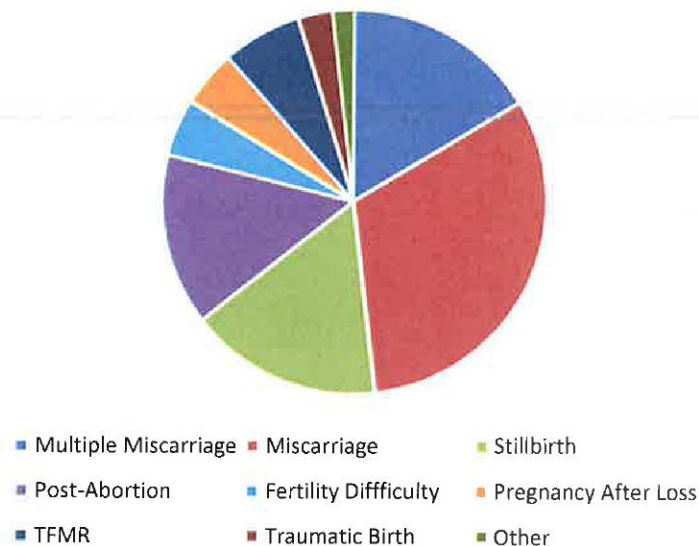
During the year 2021/22 we received **98 referrals** for support, the chart below shows the reasons clients are referred to The Junction Cardiff, although the main reasons are often accompanied by other mental health difficulties, such as anxiety and depression, with increasing referrals from NHS mental health teams. We offered **397 appointments** to clients during the year, supporting clients with the emotional impact of their pregnancy or loss experiences. On average clients waited between 2 to 3 months for an appointment from first contact, however, we prioritise those who are currently pregnant in order to ensure support is provided during the vulnerable antenatal period. Although the majority of clients are women, we are increasingly seeing men seeking support following baby loss, and couples attending together to support each other during their fertility journey.

Clients often go on to fundraise for us as a way to commemorate the life of their baby, and to ensure that the support they received can continue for others. In July 2021 a couple, who had both received support from the Junction, set up a fundraising page in memory of their son, raising over £2,700.

We ask for feedback from clients so that we can improve our practice. A client of one of our trainee psychologists shared the following feedback on his experience:

“The sessions were utterly invaluable in helping me articulate and discharge difficult unexpressed thoughts and emotions and navigate the many aspects of these major life changes. I was given the opportunity, both within and between sessions, to reflect upon my way-of-being –how I think, how I act and why – as well as my self-esteem, value to myself and others and significant relationships. I sought out these sessions many months previously after the Junction immensely helped my wife. The benefits were immensely felt by both of us and we are very grateful for the quality of service offered, no questions asked.” (shared with permission).

Referral Reasons 2021/22



The Team

The team consists of a project manager, which is a paid role of 7.5 hours per week, and a small team of volunteers who are trained to offer bereavement support. Our current project manager is a counselling psychologist who manages both the administrative side of the project, as well as carrying out client work and managing the waiting list. Building relationships with the Doctorate in Counselling Psychology programs at both the University of South Wales and the University of the West of England, Bristol, has enabled us to provide placement opportunities, where trainees are gaining clinical expertise and therapeutic training through their university courses, whilst we provide training on the specific needs of our clients, including models of grief and how these can be applied to work around pregnancy loss. In addition to student placements, we have two bereavement volunteers, who have undergone training in counselling skills and bereavement support specifically in the context of pregnancy loss. All members of the team are provided with regular supervision to ensure ethical and reflective practice with clients.

Plans for the future

The Junction seeks to continue with the work of supporting those who experience pregnancy loss or pregnancy related distress, seeing clients on a one-to-one basis. We aim to increase paid staff, with an additional team member offering 7.5 hours per week in order to support the project manager with administrative tasks, including managing the waiting list, as well as providing client appointments. This would increase our project manager's capacity to provide supervision to trainees. This would therefore support us in increasing the volunteer team, and our capacity to provide client support, as well as keep waiting times under six months. We plan to increase fundraising activities over the next year, including seeking out and applying for relevant grants in order to sustain the continued work of the project.

HSM Overview: March 2021 – March 2022

Team

The past 12 months have seen a number of key developments across HSM. These have been underpinned by the appointment of our Hope St Mellons Coordinator (three days a week starting March 2021) which has brought greater stability to build from. As well as supporting the project developments covered in the following report, the HSM Coordinator has also worked on the following areas:

Volunteer support / process

We drafted a Volunteer Policy that was adopted by HOPE Trust in June 2021 and have developed a Volunteer Pack for HSM volunteers, which gives a brief introduction to values, role descriptions, Time Credits, training and key policies. We have also updated our volunteer application forms which are then used on our volunteer database. We currently have 32 regular volunteers. We are considering how we can include Equality and Diversity monitoring into our volunteer recruitment in a light-handed and appropriate way. This could help us get an accurate picture of the make-up of the volunteer teams and if/how we need to encourage wider diversity.

Grant fundraising

The majority of grant fundraising has been for restricted project costs but we are including management percentages where possible to contribute towards core costs, such as the HSM Coordinator's salary. Since March we have been awarded: £150 from the soil association; £300 from Waitrose; £2,000 from Together4TSM; £21,816.68 (match-funding to be received April 2021) from Together4TSM; £13,900 from C3SC; £38,985.09 from Welsh Government Prosperous Futures Division.



Networking / partnership working

We have been able to develop our connections with: Food Cardiff, FareShare, Church Action on Poverty, ACE, Llanrumeny Hall, Cardiff Youth Service, Meadowlane School, Fledglings Nursery, St Mellons Community Garden, St Mellons Clean Up, Trowbridge CF3: Grow Share Eat, and East Cardiff Muslim Centre. We remain part of the East Cardiff Youth Action Group and Together4TSM. We have developed strategic partnerships with Beacon Centre and Together4TSM. We have a draft partnership agreement with Beacon Centre (attached) and are working closely with Sarah Griffiths (Community Development Officer for Together4TSM) to develop asset-based community development from the Beacon Centre.

Step Out Fund Scholarship Programme

Current students (names changed for confidentiality)

Sarah is doing a Vocational Access Course at CAVC. She is a young carer and the scholarship will help her 'feel less stressed about costs at home like food'. She hopes to go on to do Health and Social Care

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- next year as this will 'give me the opportunity to eventually work in my dream job of working in a care home for the elderly.'
- Amit is studying English as a Second Language (ESOL) and is excited about improving his English so he can study Engineering. Amit has refugee status and was connected with the Step Out Fund through Oasis. We were also able to give Amit an investment grant (£500) on top of his scholarship so he could buy a good bike, helmet and bike lock for travelling to college.
- Dan is doing a carpentry apprenticeship. Whilst apprenticeships can offer some financial remuneration, it is often well below minimum wage and doesn't cover the expenses of the job, such as a PPE or travel. In Dan's case he regularly has to commute to Bridgend to work on site, which is unachievable without scholarship support.

St Mellons Mutual Aid Fund

After 200 payments (£7,000), the fund balance remains healthy thanks to the generosity of local regular givers. The majority of neighbours accessing the fund are young mothers. The UC cut and the fuel increases put demand on the MAF over winter. We are building our team capacity to manage the expected increase. We currently have a panel of eight volunteers, with four supporting self-referrals to the MAF. We are increasingly getting feedback about what the MAF means to local people.

"Being able to tell my mum about the MAF has made me feel less worried about the Winter. I try to help her out but I can't do that as much now because I've lost my job. Knowing she can get a grant if she struggles gives me peace of mind that she won't be choosing between heating or eating."

"I'll try to only call the MAF when I'm really struggling, but it has taken so much stress off me to know it's there if I need it. You live in constant fear when you don't have enough and the fund has helped take some of that away."

Schools and Families Work

We have been able to start the **Hive project** with two local people being trained as Forest School Assistants (Level 2). The training will be provided for them free of charge on the basis that they commit to volunteering for a year as part of the Forest School work at Meadowlane. They are fully enjoying the training, commenting: *"It's the first time I've enjoyed education"* and *"It has made my kids proud of me – I've loved it"*. We still have funding to pay towards half the cost of training a teacher/TA in Forest School – we are in communication with Meadowlane to arrange this.

Collaborating with Going Public, we had a 'Be the Best Me' performance for two classes of Year 6s in Meadowlane Primary School. We have started running two sessions of forest school on Fridays with one of the people who attended the training (the other will support with running a future group at the school – later in the school year).



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In the Summer holidays we were able to join with Together4TSM and Storey Arms to take local families gorge walking. This was supported by Cardiff Council's 'Summer of Smiles' programme.

From March to August, we ran an at-home Baking Club, making up and delivering baking packs every fortnight and sharing photos and recipes on a closed Facebook group. Baking Club was delivered in partnership with Beacon Centre and Together4TSM, with Together4TSM covering costs of the equipment for each family and the fortnightly ingredient bag.



Nature Club

We've had a great time starting our Nature Club this year (starting September 2021). This evolved from our plans to start a Kids Club at the Beacon Centre. Due to Covid we had to postpone the club and decided to do an outside club for the whole family. This has been received really well by those taking part and by the wider community who appreciate that the club is investing in the local natural environment and supporting community cohesion. So far, we have made seed bombs and birdhouses and have planted daffodil bulbs. We have also started a micro-orchard together and gone on nature identification walks. The club has also been an opportunity to work with other local groups, like Together4TSM, Trowbridge CF3: Grow Share Eat and St Mellons Clean Up. We started the club with the children in mind but a number of parents have said how much it has meant to them to get to know people in their community, especially after the loneliness of the lockdowns. The club is intergenerational with members from 0 to 75.



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Community Events

Potato-Grow-Along & Veg Plant Giveaway

With support from the Soil Association, we coordinated a group of local people to grow extra seedlings to give away for people to grow at home. We worked with Trowbridge CF3: Grow Share Eat to extend the event to Trowbridge this year too. This was a great chance to work together. The Veg Plant Giveaway followed on from our event last year during lockdown where we had help-yourself-stalls. This time we were able to have people on stalls and had lots of opportunity to chat with neighbours. We had 10 – 15 people involved in growing donated plants and gave away more than 400 seedlings across three sites. The volunteers are keen to develop it further next year and have it as more of a 'Veg Fayre' with activities, music and food.



Bread Making Workshops

We've been working with Together4TSM and Trowbridge CF3: Grow Share Eat to deliver a consultation project for Food Cardiff's "Good Food Neighbourhood Strategy". Along with ACE, we are part of a pilot consultation project to ask local people what Cardiff's Good Food Goals mean in our communities. We used Bread Making workshops as a creative way to have informal conversations around food in the community. These have been a great opportunity to listen to the community and to develop our work with local partners and with Food Cardiff. The feedback so far has supported the need for a local Pantry (which is good news for us!) and has included ideas for community meals and food-based activities that bring isolated groups together.



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Volunteer Christmas Party

With support from Together4TSM we were able to host an afternoon tea for local volunteers at the Beacon Centre. This was not just for Hope St Mellons volunteers, but for anyone who volunteers (formally or informally) in the community. We had folks from HSM, Beacon Centre, T4TSM, Scouts, CAST, Church of the Resurrection, and the St Mellons Community Garden. We ordered festive afternoon teas from a local business, Little Kitchen CF3, and it was a great chance to say 'Thank You'.

Christmas Toy Shop

Building on last year's St Mellons Secret Santa, one of our volunteers, Naomi Ewins, coordinated and ran a Free Christmas Toy Shop. Naomi is passionate about parents being able to choose gifts that they know their children would cherish and that are specific to them. Over two days we were able to give away brand new toys for more than 100 local children. Over 400 toys were bought and donated by local people – we estimate over £5,000 of donated gifts and vouchers. It lifted a huge burden from local families – particularly single mothers – and gave us a way to connect with more families. Naomi was also able to involve the local Schools and Hafod Housing, Linc Housing and Wales and West, with £400 from Wales and West going towards even more toys! We were also able to give away chocolate boxes, fancy toiletries and gift sets to parents, to make sure they had a gift at Christmas too.



St Mellons Pantry and Pantry Garden

Grant Funding

We were awarded £13,900 from the C3SC Food Poverty Grant and £38,985.09 from the Welsh Government EUT Food Poverty Grant to develop our Pantry. This money went on building alterations to a workshop at the Beacon Centre – to make it suitable for a Pantry – and on revenue costs, such as employing a Pantry Manager in October 2021. We are excited to have employed a local person who has developed through volunteering roles to this exciting new employed position. Alongside our Pantry Manager we have 12 volunteers who have received Food Hygiene Level 2, First Aid, and Manual Handling training. A number of the team have also undertaken Public Health Wales Nutrition Level 2 Training. This will allow volunteers to cascade nutrition information and to



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run the PHW 'Get Cooking' Course with Pantry members. This will all add to the value local people will get from Pantry membership and offers further ways to build relationships and community. The Pantry is a member-led food project responding to food poverty and food insecurity where members pay £5 a week and choose up to £20 worth of good-quality, healthy food, including fresh fruit, vegetables and meat. Alongside the Pantry we have also started a Coffee Morning where we host drop-in advice sessions from Speakeasy Law Centre and Welsh Water.

Pantry Garden

In June 2021 we successfully applied to Keep Wales Tidy for a Food Development Garden, which included: five native fruit trees, three large raised beds, seeds, 29 potted flowering and fruiting shrubs, 15 potted herbs, 50 wildflower plug plants, 200 ready to plant vegetable plugs, 200 native species bulbs, peat-free compost and topsoil, soil membrane, 40 square metres of wildflower turf, 10m of fencing, greenhouse, trellis and fixings, water butt and stand, compost bin, path creation, metal tool store, bench made of recycled plastic, wheelbarrow, information manuals / books, and a variety of hand tools to install and maintain garden. As well as supplying the Pantry with fresh produce, the garden is a social space where local people enjoy the wellbeing benefits of connecting with neighbours and with nature.



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Results

Net expenditure for the year amounted to £919 (2021: net income of £46,269). Unrestricted funds carried forward at the year end were £22,733 (2021: £23,967). Restricted funds carried forward at the year end were £61,639 (2021: £61,324).

Signed on behalf of the Trustees:



.....
Paul Francis
Chair of Trustees

Date: 17th January 2023

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Independent Examiner's report to the trustees of Hope Trust Cardiff
for the year ended 31 March 2022

I report on the accounts of the charity for the year ended 31 March 2022 which are set out on pages 3 to 20.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. the accounting records were not kept in accordance with section 130 of the Charities Act; or
2. the accounts do not accord with the accounting records;
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steve Ellum & Associates
Chartered Accountants
Adulam House
Glan Yr Afon, Llanelli SA15 3QB

Date: 17th January 2023

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Statement of financial activities
For the year ending 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Year ended 31/03/22 £	Year ended 31/03/21 £
Income					
Income from generating funds:					
Voluntary income	3	26,910	90,814	117,724	133,199
Total income		<u>26,910</u>	<u>90,814</u>	<u>117,724</u>	<u>133,199</u>
Expenditure					
Charitable activities	4	28,144	90,499	118,643	86,930
Total expenditure		<u>28,144</u>	<u>90,499</u>	<u>118,643</u>	<u>86,930</u>
Net movement in funds for the year		(1,234)	315	(919)	46,269
Total funds brought forward		23,967	61,324	85,291	39,022
Total funds carried forward		<u>22,733</u>	<u>61,639</u>	<u>84,372</u>	<u>85,291</u>

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 13 to 20 form part of these financial statements.

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Balance sheet
as at 31 March 2022

	Note	31 st March 2022		31 st March 2021	
		£	£	£	£
Current assets					
Debtors		-	-	-	-
Cash at bank and in hand		<u>85,004</u>		<u>85,491</u>	
		85,004		85,491	
Creditors: amounts falling due within one year	7	<u>632</u>		<u>200</u>	
Net current assets			<u>84,372</u>		<u>85,291</u>
Creditors: amounts falling due within one year					
Net Assets			<u>84,372</u>		<u>85,291</u>
Funds					
Restricted funds	9		61,639		61,324
Unrestricted funds	8		<u>22,733</u>		<u>23,967</u>
Total funds			<u>84,372</u>		<u>85,291</u>

The financial statements were approved by the trustees and signed on their behalf by:


Paul Francis
 Chair of Trustees

Date: 17th January 2023

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Notes to financial statements
for the year ending 31 March 2022

1 Charity status

Hope Trust Cardiff is a charitable incorporated organisation registered in England and Wales, number 1161235. The registered office is Glenwood Church, Circle Way West, Llanedeyrn, Cardiff CF23 6UW.

Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) in October 2019, the Charities Act 2011 and the UK Generally Accepted Accounting Practice.

Basis of preparation

Hope Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

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Notes to financial statements
for the year ending 31 March 2022

3 Voluntary Income	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Tavs				
Gift Aid donations	1,990	496	2,486	808
Other donations	3,437	4,836	8,273	11,930
Tax recovered	-	-	-	306
Hire income	360	463	823	360
Grant Income	-	5,000	5,000	49,920
	5,787	10,795	16,582	63,324
Junction				
Gift Aid donations	771	-	771	896
Other donations	7,703	-	7,703	3,394
Tax recovered	-	-	-	470
Grant income	-	-	-	11,856
	8,474	-	8,474	16,616
St Mellons – Step Out				
Gift Aid donations	4,478	-	4,478	4,002
Other donations	645	-	645	660
Tax recovered	-	-	-	1,717
	5,123	-	5,123	6,379
St Mellons – Families Worker				
Gift Aid donations	480	-	480	390
Other donations	3,093	-	3,093	5,729
Tax recovered	-	-	-	173
Grant income	-	500	500	6,505
	3,573	500	4,073	12,797
St Mellons – General & Other				
Gift Aid donations	100	3,707	3,807	4,375
Other donations	1,934	1,110	3,044	4,026
Tax recovered	-	-	-	1,019
Grant income	-	74,702	74,702	23,880
	2,034	79,519	81,553	33,300
Shared Income				
Gift Aid donations	-	-	-	50
Other donations	1,919	-	1,919	720
Tax recovered	-	-	-	13
	1,919	-	1,919	783
Total	26,910	90,814	117,724	133,199

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Notes to financial statements
for the year ending 31 March 2022

4 Charitable activities	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
a. Direct Charitable Costs				
Tavs				
Salaries	-	5,356	5,356	7,604
Homeless & Night Shelter	1,838	-	1,838	825
Tuesdays	-	-	-	355
Covid 19 Support	-	328	328	5,545
Co-op	-	8,452	8,452	537
	1,838	14,136	15,974	14,866
Junction				
Salaries & Training	1,188	7,045	8,233	6,329
Total	1,188	7,045	8,233	6,329
St Mellons – Step Out				
Intern Support & Emergency Fund	4,433	-	4,433	8,358
	4,433	-	4,433	8,358
St Mellons – Families Worker				
Salaries	3,917	-	3,917	4,167
General expenses	-	239	239	1,644
Anchor Foundation grant		1,650	1,650	1,800
	3,917	1,889	5,806	7,611
St Mellons – Food Pantry				
Set up costs	227	26,172	26,399	-
General expenses	1,746	11,512	13,258	-
	1,973	37,684	39,657	-
b. Support and Administration				
Tavs				
Equipment & Repairs	3,149	1,505	4,654	38,140
Administration and general expenses	5,054	102	5,156	1,943
Insurance	357	-	357	-
	8,560	1,607	10,167	40,083
Junction				
Rent	-	1,620	1,620	2,160
Insurance	357	-	357	-
Administration and general expenses	1,588	1,498	3,086	1,301
	1,945	3,118	5,063	3,461
St Mellons – Families Worker				
Insurance	-	107	107	-
Administration and general expenses	-	-	-	-
	-	107	107	-
St Mellons – General & Other				
Salaries	-	16,068	16,068	618
Administration and general expenses	3,213	1,331	4,544	329
Mutual Aid Fund grants	-	7,514	7,514	3,745
	3,213	24,913	28,126	4,692

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Shared Expenses

Shared general expenses	1,077	-	1,077	1,530
	1,077	-	1,077	1,530
Total	28,144	90,499	118,643	86,930

5 Trustees' remuneration and expenses

Jillian Jamieson is the director of a company that undertook payroll work for the charity during the year for which fees of £592 (2021: £351) were paid. These payments were not related to her roles as a trustee and were at a favourable market rate.

As allowed by the Charity Trust Deed, no trustees (2021: two) were reimbursed expenses of £nil (2021: £118).

6 Employees

Employment costs

	Year ending 31/3/22	Year ending 31/3/21
	£	£
Wages & salaries	37,961	18,197
	1,139	520
Social security & Pension costs	39,100	18,717

No employee received emoluments of more than £60,000 during the year.

The charity is managed on a day to day basis by the trustees who are unpaid and therefore the total employment benefits, including employer pension contributions, of the key management personnel of the charity were £nil (2021: £nil).

Number of employees

The average monthly number of employees during the period, calculated on the basis of full time equivalents were as follows:

	Year ending 31/3/22	Year ending 31/3/21
Charity staff	1.7	0.7

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7 Creditors: Amounts falling due within one year

	Year ending 31/3/22 £	Year ending 31/3/21 £
Trade creditors	371	60
Taxes and social security	261	140
	<u>632</u>	<u>200</u>

8 Unrestricted Funds

	Balance at 1 April 2021 £	Incoming Resources £	Resources expended £	Balance at 31 March 2022 £
General fund	23,967	26,910	28,144	22,733
Total	<u>23,967</u>	<u>26,910</u>	<u>28,144</u>	<u>22,733</u>

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9 Restricted Funds

	Balance at 1 April 2021 £	Incoming Resources £	Resources expended £	Balance at 31 March 2022 £
Tavs Refurbishment Fund				
Tavs – YMCA	102	-	102	-
Tavs – Mosawi – Co-op	4,383	-	-	4,383
Tavs – Lottery – Co-op	4,920	-	-	4,920
Tavs – Refurbishment	-	1,574	1,505	69
	9,405	1,574	1,607	9,372
Salaries Fund				
Tavs – Leathersellers – Salaries	439	-	439	-
Tavs – Lottery – salaries	5,000	-	1,417	3,583
St Mellons – CFIW – Helen’s salary	19,382	-	16,068	3,314
	24,821	-	17,924	6,897
Covid Support				
Tavs – Mosawi – Covid	580	-	328	252
Tavs - Groundworks – Covid	1,000	-	-	1,000
St Mellons – ACE grants	130	500	476	154
	1,710	500	804	1,406
Tavs General Costs				
Tavs – Allchurches Trust	3,500	-	3,500	-
	3,500	-	3,500	-
Tavs Food Co-op				
Tavs – Co-op	-	4,220	5,274	-1,054
Tavs – Co-op YMCA grant	-	5,000	3,178	1,822
	-	9,220	8,452	768
Junction – salaries, rent and supervision				
Junction – Comic Relief	666	-	641	25
Junction – CFIW – Tampon Tax	7,067	-	7,067	-
Junction – Allchurches Trust	3,000	-	2,455	545
	10,733	-	10,163	570
Hope St Mellons – general funding				
St Mellons – Anchor Foundation	4,330	-	1,656	2,674
St Mellons – Allchurches Trust	3,500	-	1,195	2,305
	7,830	-	2,851	4,979
Hope St Mellons – Mutual Aid Fund				
St Mellons – Mutual Aid Fund	3,325	4,818	7,514	629
	3,325	4,818	7,514	629
Hope St Mellons – Food Pantry				
St Mellons – Food Pantry – C3SC	-	13,900	12,977	923
St Mellons – Food Pantry – T4TSM	-	21,817	-	21,817
St Mellons – Food Pantry – Welsh Gov	-	38,985	24,707	14,278
	-	74,702	37,684	37,018
Total	61,324	90,814	90,499	61,639

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The grants and donations received for various restricted funds are for the following purposes:

Tavs Refurbishment Fund: Funds received to assist with refurbishment work in the Tavs Centre to better serve those in need in the area. Work has been completed on the shower area, kitchen and in providing facilities to serve food during the Covid pandemic

Salaries: Funds received to pay salaries and associated expenses of staff working in various projects in the charity

Covid Support: To be used to assist the provision we seek to make to those in need during the Covid pandemic

Tavs General Costs: To be used towards the general running costs of the Tavs Centre

Tavs Co-op: monies to help fund our Food Co-operative

Junction – salaries and pensions, rent and supervision: monies given to the Junction project to pay the salaries and pension contributions of our staff, rent for our office and supervision costs for counsellors

Hope St Mellons – general funding: To be used for the general running costs for the projects working in the St Mellons area

Hope St Mellons – Mutual Aid Fund: The mutual aid fund allows people to support others in their community who are struggling. Donation given by individuals are pooled and given as small grants to other in our community that are in need – and we have a strict process and criteria to identify those eligible for the grants

Hope St Mellons – Food Pantry: The charity has set up a Food Pantry during the year and funds were received to be used toward its setting up costs and salary of a Food Pantry manager

10 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	2022 Total funds £	2021 Total funds £
	23,365 (632)	61,639 -	85,004 (632)	85,491 (200)
Current assets				
Current liabilities	22,733	61,639	84,372	85,291

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11 Related parties

Glenwood Church is related as Paul Francis, a trustee of the charity, also served as a trustee of Glenwood Church during the financial year. During the year invoices were raised by Glenwood Church to Hope Trust Cardiff of £1,778 (2021: £41) and by Hope Trust Cardiff to Glenwood Church of £Nil (2021: £11). Further, during the year Glenwood made donations to Hope Trust Cardiff of £2,160 (2021: £2,160). At the end of the financial year the charity owed Glenwood £Nil (2021: £Nil).

12 Controlling parties

In the opinion of the trustees there is no single ultimate controlling party of the charity

13 Taxation

The company is a registered charity and is, therefore, exempt from taxation.

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**Notes to financial statements
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14 Statement of financial activities for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Year ended 31/03/21 £	Year ended 31/03/20 £
Income					
Income from generating funds:					
Voluntary income	3	33,968	99,231	133,199	41,958
Total income		33,968	99,231	133,199	41,958
Expenditure					
Charitable activities	4	34,459	52,471	86,930	32,077
Total expenditure		34,459	52,471	86,930	32,077
Net movement in funds for the year		(491)	46,760	46,269	9,881
Total funds brought forward		24,458	14,564	39,022	29,141
Total funds carried forward		23,967	61,324	85,291	39,022