

# THE RESTORATION TRUST

England & Wales · Charity number 1161196

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2015-04-08

**Register** [View on the Charity Commission register](#)

## Contact

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London  
SE2 0RX

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**Website** [www.restorationtrust.org.uk](http://www.restorationtrust.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:1) THE PROMOTION OF SOCIAL INCLUSION FOR PUBLIC BENEFIT AMONG MARGINALISED PEOPLE, IN PARTICULAR THOSE WHO SUFFER OR ARE AT RISK OF MENTAL ILL-HEALTH, BY THERAPEUTIC ENGAGEMENT WITH THE ARTS, CULTURE AND HERITAGE, THROUGH:PROJECTS THAT ENCOURAGE PEOPLE TO FLOURISH THROUGH THERAPEUTIC CULTURAL ENGAGEMENT;RESEARCH INTO THE WELLBEING AND OTHER BENEFITS OF THERAPEUTIC CULTURAL ENGAGEMENT IN ORDER TO SHOW WHAT WORKS;DISSEMINATING INFORMATION ABOUT THE WELLBEING AND OTHER BENEFITS OF THERAPEUTIC CULTURAL ENGAGEMENT;IMPROVING EQUAL OPPORTUNITIES FOR THERAPEUTIC CULTURAL ENGAGEMENT;2) SUCH CHARITABLE PURPOSES FOR THE PUBLIC BENEFIT AS ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAWS OF ENGLAND AND WALES AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE.

**Activities:** The Restoration Trust initiates and runs projects that connect people who live with mental health issues with heritage, including archaeology, ancient landscapes, historic places and archives. Stimulating friendship, curiosity and imagination, these projects help people feel more human again. We call this culture therapy and want it to become everyday good practice in heritage and mental health

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

## Geography

- Throughout England And Wales

## Finances

| Period end | Income   | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-03-31 | £117,871 | £104,524    | -      | -         |
| 2024-03-31 | £163,803 | £166,314    | -      | -         |
| 2023-03-31 | £206,892 | £181,580    | -      | -         |
| 2022-03-31 | £133,535 | £155,420    | -      | -         |
| 2021-03-31 | £120,401 | £128,083    | -      | -         |

## Trustees

| Name                    | Role  | Appointed  |
|-------------------------|-------|------------|
| <b>Glenys Watt</b>      | Chair | 2024-04-01 |
| Anne-Marie Bainbridge   |       | 2023-10-28 |
| Dr SARA LUNT            |       | 2015-04-07 |
| FRANCES HALAHAN         |       | 2015-01-30 |
| Helen Margaret Maclagan |       | 2023-05-13 |
| John Durrant            |       | 2023-05-13 |
| Martin Allfrey          |       | 2026-03-01 |
| Rosemary Folkes         |       | 2023-10-28 |
| Sune Kassimatis         |       | 2023-10-28 |
| Zoe Tipler              |       | 2026-03-01 |

**THE RESTORATION TRUST**

England & Wales - Charity number 1161196

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# Accounts

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## Annual Report: 2024 - 2025

The Trustees present their report and accounts for the year ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in note/1 to the accounts and comply with the Restoration Trust's constitution, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", (as amended for accounting periods commencing from 1st January 2019).



## OBJECTIVES AND ACTIVITIES

The objects of our charity are:

The promotion of social inclusion for public benefit among marginalised people, particularly those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage, through:

- projects that encourage people to flourish through therapeutic cultural engagement.
- Research into the wellbeing and other benefits of therapeutic cultural engagement in order to show what works.
- disseminating information about the wellbeing and other benefits of therapeutic cultural Engagement.
- improving equal opportunities for therapeutic cultural engagement.

Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the Trustees may from time to time determine.

## SUMMARY OF OUR MAIN ACTIVITIES

The Restoration Trust is a charity that works in partnership with heritage, arts and health and social care organisations to offer culture therapy to people who live with mental health challenges.

Culture Therapy uses heritage and creativity to improve people's mental health without relying on mental health services. Our projects explore heritage through walks, excavations, discussions, behind-the-scenes tours, individual research, music, drama, storytelling and art.

Connection roots us in a community that's bigger than ourselves. Belonging, friendship, asylum... all words which describe a place of safety for those who seek or need it. Dr Hills (Norfolk County Asylum Medical Superintendent, 1861-87) cared about people and saw them as individuals. Real people, with real symptoms and real stories. His casebook, now in the Norfolk Record Office, informs the way we work.

The challenge for mental health today is that, while knowledge has expanded, bed accessibility and treatment options haven't. We're committed to changing that, delivering pro-active support where people live because weaving partnerships and groups into new communities has a long-term impact on people and places.

Engaging with creativity and heritage involves our whole selves: mind, body and spirit. What if all heritage assets could be used like this? To help people feel less like patients, and more like valued members of society? To help people get wrapped up in a new story, and to illuminate the joy of shared heritage to those who feel alone. Culture therapy makes that possible.

Our projects are high quality experiences that are safe for people with complex mental health issues. But that doesn't mean they are exceptionally expensive. It costs around £30 per hour for one person to attend a Restoration Trust session. This compares to one 9-minute visit to a GP at £37, one NHS psychological therapy session at £95 per hour and one day on a mental health ward at £500+.

### **Statement confirming that the Trustees have had regard to Charity Commission guidance on public benefit**

The Trustees are satisfied that we meet Test B of the Charities Exception under the Equality Act, and the Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities they should undertake. Our governing document restricts benefits to people with a shared protected characteristic, being mental ill health, which is a disability. The restriction can be justified as being a fair, balanced and reasonably necessary way of carrying

out a legitimate aim, which is to improve people's mental health by therapeutic cultural engagement.

Evidence on cultural engagement for people with mental ill health suggests that:

- well managed cultural engagement improves people's mental health
- people with mental ill health are disproportionately excluded from heritage, arts and culture
- research into the wellbeing and health benefits of projects engaging people with mental ill health in heritage, arts and culture is needed for the development of cultural and health policy and practice
- discrimination against people with mental ill health is reduced by news and information about creative projects which support prevention, treatment and recovery.

### **Contributions by volunteers**

Volunteers play an essential part in achieving our purposes, by helping to organise and deliver projects. They are people who have participated in our projects, or who want to gain culture therapy experience. In 2024/25 we worked with 13 volunteers, who supported projects and our core activities, including through membership of our Expert Advisory Board.

## **SUMMARY OF MAIN ACHIEVEMENTS AND PERFORMANCE**

### **Projects and Partnerships**

#### **In 2024/25 we were the lead or delivery partner in projects that:**

- supported 116 people who live with mental health challenges on low income.
- delivered 162 culture therapy sessions, in person, online and hybrid
- provided experience for 13 volunteers, including peer volunteers and students
- Involved collaboration with 32 cultural, heritage mental health and research partners

A film was made about our Heritage Linkworker (Heritage for Wellbeing) project, commissioned by Historic England and the National Academy of Social Prescribing to celebrate this award-winning project and highlighting its creative health benefits.

The video can be viewed on YouTube here: <https://youtu.be/wavhIVgbiwE>

This is the blog that NASP have posted about the film: [Heritage for Wellbeing: connecting people to place through social prescribing – latest blog from National Academy for Social Prescribing | NASP](#)

*‘The ‘Heritage Link Worker – Heritage for Wellbeing’ project run by the [Restoration Trust](#) has shown the power of heritage social prescribing and the importance of collaborating with local health and heritage services. Since 2022 the project has supported over 70 individuals based in the coastal communities of East Anglia, Great Yarmouth, Gorleston, and Lowestoft, by connecting them to local heritage, archaeology, ancient landscapes, historic sites, and archives’. NASP.*

**We gained funding for and/or ran the following projects in 2024/25:**

- Heritage Linkworker, Great Yarmouth and Waveney; a pilot project funded by Historic England (to 2024) received additional funding from Norfolk Community Foundation, Public Health Empowering Communities for Mental Health and Wellbeing - Year 3 grant.
- Scaling Up Change Minds; 6 iterations, wellbeing research and an information hub. Further developments have led to projects in Wales, Jersey and Norfolk.
- Conservation for Wellbeing. Funding secured earlier in 2024 from City Bridge Trust for a second iteration of this project.
- **BUILDING A SUSTAINABLE RESTORATION TRUST (BSRT)**  
The National Lottery Heritage Fund awarded the Restoration Trust a grant in early 2025 to enable us to plan to build a sustainable future, supporting our innovative work and continuing to provide opportunities for people with mental health challenges to access and benefit from the richness of their local heritage. During the year our consultancy team has facilitated three roundtables to gather people’s views. These were attended by over 350 people and we are grateful for the support in co-hosting these events from the Gressenhall Farm and Workhouse; the Culture, Health and Wellbeing Alliance; and the Wellbeing and Heritage Working Group co-sponsored by Historic England and the Council for British Archaeology. The results of this work will form a Forward Plan due to be finalised early in 2026 and we will publish a summary of this on our website.

**We delivered or were delivery partners in the following projects:**

- Change Minds; following the success of the six Scaling Change Minds iterations (see above) two further Change Minds programs were delivered in Carmarthenshire and Jersey, with a third program due to start in Carmarthenshire this year.

The project evaluation reflects positive outcomes for all iterations and strong qualitative evidence (see evaluation report on the RT website). Six iterations of Change Minds have been delivered between October 2022 and April 2024 with 68

people in total signing up to take part in a project. There have been 6 volunteers and 14 staff involved. Locations included: London (Museum of the Mind), Lancashire, Kings Lynn, Bristol, Dundee, Record Offices and Norfolk (HMP Norwich)

- Archaeology for Wellbeing (Later Prehistoric Norfolk Project), for the Centre for Archaeology and Heritage at the Sainsbury Institute, University of East Anglia
- Watermills and Marshes project – Broads Authority
- Norwich University of the Arts (NUA) – Living in Changing Landscapes
- Heritage Linkworker (Heritage for Wellbeing) project, first two years funded by Historic England, received funding to support its transition to becoming a self-sustaining group, with continued low-level support from Restoration Trust
- Brecks and Fen Edge Rivers Landscape Partnership (BFER) – Suffolk County Council
- National Trust – Sutton Hoo – Heritage Linkworker (Heritage for Wellbeing)
- Hungate Medieval Arts, Norwich. Medieval Arts project.
- Conservation for Wellbeing, based in London and funded by City Bridge Foundation, is a new way of engaging people with heritage and creativity. An interactive, hands-on course, with the chance to examine real historic documents and practice conservation techniques. Working with museum and health partners.

## NETWORKS AND COMMUNICATIONS

- We are active members of the Heritage and Wellbeing Community of Practice group, the Norfolk and Waveney Arts and Health Collaborative, the Heritage Alliance and the Association of Mental Health Providers.
- Communications through website are active and local updates are ongoing.
- We delivered four Heritage for Wellbeing exhibitions across Norfolk and Suffolk, showcasing the work of participants from our award winning Heritage Linkworker – Heritage for Wellbeing project.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Restoration Trust was established by a charitable trust deed on 7 April 2015 as a Charitable Incorporated Organisation (CIO).

Registered Charity Number: 1161196

Principal address: 8 West Heath Road, LONDON, SE2 0RX

### **Board organisational structure:**

The Restoration Trust is a small charity with a simple organisational structure. The Board had three formal Board meetings in 2024/25. The Trustees are led by the Chair Glenys Watt.

There were eleven trustees in 2024-25 as follows:

Nic Allen; John Durrant; Frances Halahan, Secretary; Dr Sara Lunt; Glenys Watt , Chair; Melanie Rogers; Danny Whatmough; Anne-Marie Bainbridge; Helen Maclagan; Rosie Folkes; Suné Kassimatis

There are no corporate Trustees, and no Trustee holds title to property belonging to the charity.

Our Board and project boards include people with lived experience of serious mental health problems, people who are members of NHS Patient Public Involvement groups, and people who have been members of our projects.

We have an Expert Advisory Board comprising 13 people who are or have been members of our projects. We encourage participants to use their skills as contractors or volunteers for the Restoration Trust, and we reward people appropriately for their time.

### **Staff**

The Project Manager (Darren France) currently manages the organisation, being paid through restricted grant and project funds.

Other staff are self-employed contractors/freelancers, whom we contract to lead projects, deliver sessions, facilitate and manage projects and events.

The Scaling Up Change Minds Project Officer is employed on our behalf by Norfolk County Council (Norfolk Record Office).

We have a self-employed bookkeeper, PA and HR consultant.

### **POLICY**

The ongoing programme of policy development and review led by Trustees created a reformatted and updated Risk Register and Diversity policy with implementation plan.

## **FINANCE**

Our income is largely restricted funding, raised for projects. We also receive income from consultancy on projects led by other partners. Our unrestricted funds incorporate an overhead charge for delivering projects, which the Trustees have agreed should aim to be at least 12% of project costs.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

### **Reserves policy**

The Board considered the level of reserves that is prudent for the Restoration Trust to have at its first meeting and now does so annually. Our Reserves and Risk Management is based on what we need to cover current liabilities, which are small, given that we do not employ staff except on contracts covered by restricted funds. We anticipate that the bulk of the Restoration Trust's funds will be restricted; that its assets will be functional. It will accrue sufficient reserves to cover emergency expenditure and liabilities for at least 1 but not more than 3 months. It will not accrue excess reserves. We hold a £500 wind-up fund.

## **RISK**

### **Principal risks facing the charity**

We believe that the Restoration Trust's purposes do not pose a risk of detriment or harm. However, we have identified risks of detriment or harm that could result from the way we carry out our purposes. We consider that the benefits of our purposes and related activities outweigh the risks of detriment or harm to our beneficiaries or the public at large.

### **Policies and practice**

We have the following policies in place to manage the risk of detriment or harm: Safeguarding vulnerable adults' policy; safeguarding young people policy; volunteer policy; data protection; privacy; disclosure of information policy; health and safety policy; equality, inclusion and diversity policy; financial management and controls policy; reserves and risk management policy; conflict of interest policy. We maintain and annually review a corporate risk register, and each project has its own risk register.

### **Relationship with related parties**

We co-operate with other charities and organisations in pursuit of our objectives, as ours is a partnership model. These relationships are managed by partnership agreements agreed and signed by all parties, approved by the Trustees and accepted by funders. Conflicts of interest in the relationship between Trustees and the activities of the Restoration Trust are managed by the other Trustees by using our constitution, notably items 5 (Application of income and

property); 6 (Benefits and payments to charity Trustees and connected persons; 7 (Conflicts of interest and conflicts of loyalty). Our Conflicts of Interest Policy applies.

### Advisers

Our accountants and independent examiners are Timothy Hignett and Partners, 7 High Street, Cromer, Norfolk NR27 9HG.



**WINNER**

**Award for the Best Heritage  
Social Prescribing Project**



**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2025**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2025**

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# **The Restoration Trust**

## **Independent examiner's report**

### **Year ended 31<sup>st</sup> March 2025**

#### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.



Timothy Hignett and Partners Limited  
7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: 7<sup>th</sup> June 2025

**The Restoration Trust**  
**Statement of financial activities**  
**Including income and expenditure account**  
**Year ended 31<sup>st</sup> March 2025**

|                                       |        | Unrestricted<br>funds<br>2025<br>£ | Restricted<br>funds<br>2025<br>£ | Designated<br>fund<br>2025<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2025<br>£ | Total<br>2025<br>£ | Total<br>2024<br>£ |
|---------------------------------------|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2 & 3  | 4,349                              | 113,522                          | -                               | -                                                              | 117,871            | 188,424            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Expenditure on:</b>                |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4 & 12 | 7,265                              | 97,109                           | -                               | 150                                                            | 104,524            | 194,734            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Net income</b>                     |        | (2,916)                            | 16,413                           | -                               | (150)                                                          | 13,347             | (6,310)            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Transfers between funds</b>        |        | -                                  | -                                | -                               | -                                                              | -                  | -                  |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Net movement in funds</b>          |        | (2,916)                            | 16,413                           | -                               | (150)                                                          | 13,347             | (6,310)            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| Fund balances at 1 April 2024         |        | 6,477                              | 46,761                           | 500                             | 1,646                                                          | 55,384             | 61,694             |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Fund balances at 31 March 2025</b> |        | 3,561                              | 63,174                           | 500                             | 1,496                                                          | 68,731             | 55,384             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

**The Restoration Trust**  
**Balance sheet**  
**As at 31<sup>st</sup> March 2025**

|                                                       | Notes | 2025<br>£     | 2024<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 573           | 17,560        |
| Cash at bank and in hand                              |       | 71,147        | 46,432        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>71,720</b> | <b>63,992</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (2,989)       | (8,608)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current assets/(liabilities)</b>               |       | <b>68,731</b> | <b>55,384</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>68,731</b> | <b>55,384</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 63,174        | 46,761        |
| Unrestricted funds                                    |       | 3,561         | 6,477         |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 1,496         | 1,646         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>68,731</b> | <b>55,384</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 7<sup>th</sup> June 2025.

*Glenys Watt*

**Ms Glenys Watt**  
**Chair of The Restoration Trust board**

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2025**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**2. Charitable activities**

|        | Unrestricted<br>funds<br>2025<br>£ | Restricted<br>funds<br>2025<br>£ | Designated<br>fund<br>2025<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2025<br>£ | Total<br>2025<br>£ | Total<br>2024<br>£ |
|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| Income | 4,349                              | 113,522                          | -                               | -                                                              | 117,871            | 188,424            |

**3. Grants and donations**

|                                                   | 2025<br>£      | 2024<br>£      |
|---------------------------------------------------|----------------|----------------|
| <b>Donations and gifts</b>                        |                |                |
| <b>Unrestricted funds:</b>                        |                |                |
| Donations received                                | 1,429          | 939            |
| Unrestricted income                               | 2,920          | 23,682         |
|                                                   | <u>4,349</u>   | <u>24,621</u>  |
| <b>Restricted funds:</b>                          |                |                |
| Conservation for Wellbeing - Income               | 14,475         | 4,825          |
| Heritage LW - Income                              | 19,372         | 31,460         |
| Enterprise Development - Income                   | -              | 150            |
| Scaling Change Minds - Income                     | 29,131         | 109,281        |
| Archaeology for Wellbeing – Income                | 629            | 18,087         |
| Building a Sustainable Restoration Trust - Income | 49,915         | -              |
|                                                   | <u>113,522</u> | <u>163,803</u> |
| <b>Unrestricted: Stay in Touch/Baring fund:</b>   |                |                |
| Unrestricted income                               | -              | -              |
|                                                   | <u>-</u>       | <u>-</u>       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**4. Charitable activities**

|                                          | <b>Total<br/>2025<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|------------------------------------------|-----------------------------|-----------------------------|
| <b>Analysis by fund</b>                  |                             |                             |
| Unrestricted funds                       | 7,265                       | 27,245                      |
| Restricted funds                         | 97,109                      | 166,314                     |
| Designated funds                         | -                           | -                           |
| Unrestricted: Stay in touch/Baring fund: | 150                         | 1,175                       |
|                                          | <hr/>                       | <hr/>                       |
|                                          | 104,524                     | 194,734                     |
|                                          | <hr/>                       | <hr/>                       |

|                                         | <b>Unrestricted<br/>funds<br/>2025<br/>£</b> | <b>Restricted<br/>funds<br/>2025<br/>£</b> | <b>Designated<br/>fund<br/>2025<br/>£</b> | <b>Unrestricted<br/>Stay in<br/>touch/<br/>Baring fund<br/>2025<br/>£</b> | <b>Total<br/>2025<br/>£</b> |
|-----------------------------------------|----------------------------------------------|--------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------|-----------------------------|
| <b>Analysis by expense</b>              |                                              |                                            |                                           |                                                                           |                             |
| Staff/freelancers                       | 11,833                                       | 57,051                                     | -                                         | 150                                                                       | 69,034                      |
| Governance                              | -                                            | -                                          | -                                         | -                                                                         | -                           |
| Travel and subsistence                  | 2,648                                        | 7,788                                      | -                                         | -                                                                         | 10,436                      |
| Project expenses                        | 542                                          | 5,400                                      | -                                         | -                                                                         | 5,942                       |
| Promotion and marketing                 | 142                                          | 971                                        | -                                         | -                                                                         | 1,113                       |
| IT and telecoms                         | 3,276                                        | 1,703                                      | -                                         | -                                                                         | 4,979                       |
| Stationery, postage and sundry expenses | 30                                           | -                                          | -                                         | -                                                                         | 30                          |
| Evaluation                              | 397                                          | 5,215                                      | -                                         | -                                                                         | 5,612                       |
| Running costs                           | 4,969                                        | 2,409                                      | -                                         | -                                                                         | 7,378                       |
| Recharge of overheads                   | -16,572                                      | 16,572                                     | -                                         | -                                                                         | -                           |
|                                         | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |
|                                         | 7,265                                        | 97,109                                     | -                                         | 150                                                                       | 104,524                     |
|                                         | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**4. Charitable activities (continued)**

|                                            | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Designated<br>fund<br>2024<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2024<br>£ | Total<br>2024<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by expense</b>                 |                                    |                                  |                                 |                                                               |                    |
| Staff/freelancers                          | 23,161                             | 77,539                           | -                               | 1,100                                                         | 101,800            |
| Governance                                 | 96                                 | -                                | -                               | -                                                             | 96                 |
| Travel and subsistence                     | 5,506                              | 12,634                           | -                               | -                                                             | 18,140             |
| Project expenses                           | 197                                | 27,641                           | -                               | -                                                             | 27,838             |
| Promotion and marketing                    | 609                                | 13,947                           | -                               | 75                                                            | 14,631             |
| IT and telecoms                            | 3,918                              | 6,830                            | -                               | -                                                             | 10,748             |
| Stationery, postage and sundry<br>expenses | 272                                | 904                              | -                               | -                                                             | 1,176              |
| Evaluation                                 | -                                  | 9,000                            | -                               | -                                                             | 9,000              |
| Running costs                              | 9,990                              | 1,315                            | -                               | -                                                             | 11,305             |
| Recharge of overheads                      | (16,504)                           | 16,504                           | -                               | -                                                             | -                  |
|                                            | 27,245                             | 166,314                          | -                               | 1,175                                                         | 194,734            |

**5. Employees**

There were no employees during the year (2024: 1). None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2024: None).

**6. Key management personnel**

There is one member of key management personnel that served in 2025, the project manager. The trust project manager received £15,160 (2024: £17,546). The trust director resigned in 2024 and received £23,400 during the year ended 31<sup>st</sup> March 2024.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2025

#### 7. Trustee remuneration, benefits and expenses

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2025<br>£ | 2024<br>£ |
|-----------------------------------------------------|-----------|-----------|
| <b>Charitable funds committee members' expenses</b> |           |           |
| Travel and subsistence                              | 45        | 313       |
|                                                     | <hr/>     | <hr/>     |
|                                                     | 45        | 313       |
|                                                     | <hr/>     | <hr/>     |

#### 8. Related party transactions

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

#### 9. Independent examiner's remuneration

The independent examiner's remuneration of £2,250 (2024: £3,000) related solely to the examination, with no other additional work being undertaken.

#### 10. Debtors

|                                             | 2025<br>£ | 2024<br>£ |
|---------------------------------------------|-----------|-----------|
| <b>Amounts falling due within one year:</b> |           |           |
| Trade debtors                               | -         | 16,856    |
| Prepayments and accrued income              | 573       | 704       |
|                                             | <hr/>     | <hr/>     |
|                                             | 573       | 17,560    |
|                                             | <hr/>     | <hr/>     |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**11. Creditors: amounts falling due within one year**

|                              | <b>2025</b> | <b>2024</b> |
|------------------------------|-------------|-------------|
|                              | <b>£</b>    | <b>£</b>    |
| Trade creditors              | -           | 4,846       |
| Other creditors              | 739         | 762         |
| Accruals and deferred income | 2,250       | 3,000       |
|                              | <hr/>       | <hr/>       |
|                              | 2,989       | 8,608       |
|                              | <hr/>       | <hr/>       |

**12. Restricted costs**

|                            | <b>2025</b> | <b>2024</b> |
|----------------------------|-------------|-------------|
|                            | <b>£</b>    | <b>£</b>    |
| Conservation for Wellbeing | 17,548      | 20          |
| BCA Experience             | -           | 1,036       |
| Heritage LW                | 18,635      | 39,832      |
| Enterprise Development     | -           | 3,531       |
| Scaling Change Minds       | 40,133      | 108,144     |
| Archaeology For Wellbeing  | 7,676       | 13,751      |
| BSRT                       | 13,117      | -           |
|                            | <hr/>       | <hr/>       |
|                            | 97,109      | 166,314     |
|                            | <hr/>       | <hr/>       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**13. Analysis of net assets between funds**

|                                         | <b>Net<br/>current<br/>assets<br/>£</b> | <b>Total<br/>2025<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|-----------------------------------------|-----------------------------------------|-----------------------------|-----------------------------|
| Unrestricted funds                      | 3,561                                   | 3,561                       | 6,477                       |
| Restricted funds                        | 63,174                                  | 63,174                      | 46,761                      |
| Designated funds                        | 500                                     | 500                         | 500                         |
| Unrestricted: Stay in touch/Baring fund | 1,496                                   | 1,496                       | 1,646                       |
|                                         | <hr/>                                   | <hr/>                       | <hr/>                       |
|                                         | 68,731                                  | 68,731                      | 55,384                      |
|                                         | <hr/>                                   | <hr/>                       | <hr/>                       |

**14. Analysis of restricted fund movements**

|               | <b>Balance at<br/>1st April<br/>2024<br/>£</b> | <b>Income<br/>£</b> | <b>Expenditure<br/>£</b> | <b>Transfers<br/>£</b> | <b>Balance at<br/>31st March<br/>2025<br/>£</b> |
|---------------|------------------------------------------------|---------------------|--------------------------|------------------------|-------------------------------------------------|
| General funds | 46,761                                         | 113,522             | 97,109                   | -                      | 63,174                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |
|               | 46,761                                         | 113,522             | 97,109                   | -                      | 63,174                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2025**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2025**

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| Statement of financial activities | 2           |
| Balance sheet                     | 3           |
| Notes to the financial statements | 4 - 10      |

# **The Restoration Trust**

## **Independent examiner's report**

### **Year ended 31<sup>st</sup> March 2025**

#### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.



Timothy Hignett and Partners Limited  
7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: 7<sup>th</sup> June 2025

**The Restoration Trust**  
**Statement of financial activities**  
**Including income and expenditure account**  
**Year ended 31<sup>st</sup> March 2025**

|                                       |        | Unrestricted<br>funds<br>2025<br>£ | Restricted<br>funds<br>2025<br>£ | Designated<br>fund<br>2025<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2025<br>£ | Total<br>2025<br>£ | Total<br>2024<br>£ |
|---------------------------------------|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2 & 3  | 4,349                              | 113,522                          | -                               | -                                                              | 117,871            | 188,424            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Expenditure on:</b>                |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4 & 12 | 7,265                              | 97,109                           | -                               | 150                                                            | 104,524            | 194,734            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Net income</b>                     |        | (2,916)                            | 16,413                           | -                               | (150)                                                          | 13,347             | (6,310)            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Transfers between funds</b>        |        | -                                  | -                                | -                               | -                                                              | -                  | -                  |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Net movement in funds</b>          |        | (2,916)                            | 16,413                           | -                               | (150)                                                          | 13,347             | (6,310)            |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| Fund balances at 1 April 2024         |        | 6,477                              | 46,761                           | 500                             | 1,646                                                          | 55,384             | 61,694             |
|                                       |        |                                    |                                  |                                 |                                                                |                    |                    |
| <b>Fund balances at 31 March 2025</b> |        | 3,561                              | 63,174                           | 500                             | 1,496                                                          | 68,731             | 55,384             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

**The Restoration Trust**  
**Balance sheet**  
**As at 31<sup>st</sup> March 2025**

|                                                       | Notes | 2025<br>£     | 2024<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 573           | 17,560        |
| Cash at bank and in hand                              |       | 71,147        | 46,432        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>71,720</b> | <b>63,992</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (2,989)       | (8,608)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current assets/(liabilities)</b>               |       | <b>68,731</b> | <b>55,384</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>68,731</b> | <b>55,384</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 63,174        | 46,761        |
| Unrestricted funds                                    |       | 3,561         | 6,477         |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 1,496         | 1,646         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>68,731</b> | <b>55,384</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 7<sup>th</sup> June 2025.

*Glenys Watt*

**Ms Glenys Watt**  
**Chair of The Restoration Trust board**

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2025**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**2. Charitable activities**

|        | Unrestricted<br>funds<br>2025<br>£ | Restricted<br>funds<br>2025<br>£ | Designated<br>fund<br>2025<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2025<br>£ | Total<br>2025<br>£ | Total<br>2024<br>£ |
|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| Income | 4,349                              | 113,522                          | -                               | -                                                              | 117,871            | 188,424            |

**3. Grants and donations**

|                                                   | 2025<br>£      | 2024<br>£      |
|---------------------------------------------------|----------------|----------------|
| <b>Donations and gifts</b>                        |                |                |
| <b>Unrestricted funds:</b>                        |                |                |
| Donations received                                | 1,429          | 939            |
| Unrestricted income                               | 2,920          | 23,682         |
|                                                   | <u>4,349</u>   | <u>24,621</u>  |
| <b>Restricted funds:</b>                          |                |                |
| Conservation for Wellbeing - Income               | 14,475         | 4,825          |
| Heritage LW - Income                              | 19,372         | 31,460         |
| Enterprise Development - Income                   | -              | 150            |
| Scaling Change Minds - Income                     | 29,131         | 109,281        |
| Archaeology for Wellbeing – Income                | 629            | 18,087         |
| Building a Sustainable Restoration Trust - Income | 49,915         | -              |
|                                                   | <u>113,522</u> | <u>163,803</u> |
| <b>Unrestricted: Stay in Touch/Baring fund:</b>   |                |                |
| Unrestricted income                               | -              | -              |
|                                                   | <u>-</u>       | <u>-</u>       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**4. Charitable activities**

|                                          | <b>Total<br/>2025<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|------------------------------------------|-----------------------------|-----------------------------|
| <b>Analysis by fund</b>                  |                             |                             |
| Unrestricted funds                       | 7,265                       | 27,245                      |
| Restricted funds                         | 97,109                      | 166,314                     |
| Designated funds                         | -                           | -                           |
| Unrestricted: Stay in touch/Baring fund: | 150                         | 1,175                       |
|                                          | <hr/>                       | <hr/>                       |
|                                          | 104,524                     | 194,734                     |
|                                          | <hr/>                       | <hr/>                       |

|                                         | <b>Unrestricted<br/>funds<br/>2025<br/>£</b> | <b>Restricted<br/>funds<br/>2025<br/>£</b> | <b>Designated<br/>fund<br/>2025<br/>£</b> | <b>Unrestricted<br/>Stay in<br/>touch/<br/>Baring fund<br/>2025<br/>£</b> | <b>Total<br/>2025<br/>£</b> |
|-----------------------------------------|----------------------------------------------|--------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------|-----------------------------|
| <b>Analysis by expense</b>              |                                              |                                            |                                           |                                                                           |                             |
| Staff/freelancers                       | 11,833                                       | 57,051                                     | -                                         | 150                                                                       | 69,034                      |
| Governance                              | -                                            | -                                          | -                                         | -                                                                         | -                           |
| Travel and subsistence                  | 2,648                                        | 7,788                                      | -                                         | -                                                                         | 10,436                      |
| Project expenses                        | 542                                          | 5,400                                      | -                                         | -                                                                         | 5,942                       |
| Promotion and marketing                 | 142                                          | 971                                        | -                                         | -                                                                         | 1,113                       |
| IT and telecoms                         | 3,276                                        | 1,703                                      | -                                         | -                                                                         | 4,979                       |
| Stationery, postage and sundry expenses | 30                                           | -                                          | -                                         | -                                                                         | 30                          |
| Evaluation                              | 397                                          | 5,215                                      | -                                         | -                                                                         | 5,612                       |
| Running costs                           | 4,969                                        | 2,409                                      | -                                         | -                                                                         | 7,378                       |
| Recharge of overheads                   | -16,572                                      | 16,572                                     | -                                         | -                                                                         | -                           |
|                                         | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |
|                                         | 7,265                                        | 97,109                                     | -                                         | 150                                                                       | 104,524                     |
|                                         | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**4. Charitable activities (continued)**

|                                            | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Designated<br>fund<br>2024<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2024<br>£ | Total<br>2024<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by expense</b>                 |                                    |                                  |                                 |                                                               |                    |
| Staff/freelancers                          | 23,161                             | 77,539                           | -                               | 1,100                                                         | 101,800            |
| Governance                                 | 96                                 | -                                | -                               | -                                                             | 96                 |
| Travel and subsistence                     | 5,506                              | 12,634                           | -                               | -                                                             | 18,140             |
| Project expenses                           | 197                                | 27,641                           | -                               | -                                                             | 27,838             |
| Promotion and marketing                    | 609                                | 13,947                           | -                               | 75                                                            | 14,631             |
| IT and telecoms                            | 3,918                              | 6,830                            | -                               | -                                                             | 10,748             |
| Stationery, postage and sundry<br>expenses | 272                                | 904                              | -                               | -                                                             | 1,176              |
| Evaluation                                 | -                                  | 9,000                            | -                               | -                                                             | 9,000              |
| Running costs                              | 9,990                              | 1,315                            | -                               | -                                                             | 11,305             |
| Recharge of overheads                      | (16,504)                           | 16,504                           | -                               | -                                                             | -                  |
|                                            | 27,245                             | 166,314                          | -                               | 1,175                                                         | 194,734            |

**5. Employees**

There were no employees during the year (2024: 1). None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2024: None).

**6. Key management personnel**

There is one member of key management personnel that served in 2025, the project manager. The trust project manager received £15,160 (2024: £17,546). The trust director resigned in 2024 and received £23,400 during the year ended 31<sup>st</sup> March 2024.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2025

#### 7. Trustee remuneration, benefits and expenses

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2025<br>£ | 2024<br>£ |
|-----------------------------------------------------|-----------|-----------|
| <b>Charitable funds committee members' expenses</b> |           |           |
| Travel and subsistence                              | 45        | 313       |
|                                                     | <hr/>     | <hr/>     |
|                                                     | 45        | 313       |
|                                                     | <hr/>     | <hr/>     |

#### 8. Related party transactions

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

#### 9. Independent examiner's remuneration

The independent examiner's remuneration of £2,250 (2024: £3,000) related solely to the examination, with no other additional work being undertaken.

#### 10. Debtors

|                                             | 2025<br>£ | 2024<br>£ |
|---------------------------------------------|-----------|-----------|
| <b>Amounts falling due within one year:</b> |           |           |
| Trade debtors                               | -         | 16,856    |
| Prepayments and accrued income              | 573       | 704       |
|                                             | <hr/>     | <hr/>     |
|                                             | 573       | 17,560    |
|                                             | <hr/>     | <hr/>     |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**11. Creditors: amounts falling due within one year**

|                              | <b>2025</b> | <b>2024</b> |
|------------------------------|-------------|-------------|
|                              | <b>£</b>    | <b>£</b>    |
| Trade creditors              | -           | 4,846       |
| Other creditors              | 739         | 762         |
| Accruals and deferred income | 2,250       | 3,000       |
|                              | <hr/>       | <hr/>       |
|                              | 2,989       | 8,608       |
|                              | <hr/>       | <hr/>       |

**12. Restricted costs**

|                            | <b>2025</b> | <b>2024</b> |
|----------------------------|-------------|-------------|
|                            | <b>£</b>    | <b>£</b>    |
| Conservation for Wellbeing | 17,548      | 20          |
| BCA Experience             | -           | 1,036       |
| Heritage LW                | 18,635      | 39,832      |
| Enterprise Development     | -           | 3,531       |
| Scaling Change Minds       | 40,133      | 108,144     |
| Archaeology For Wellbeing  | 7,676       | 13,751      |
| BSRT                       | 13,117      | -           |
|                            | <hr/>       | <hr/>       |
|                            | 97,109      | 166,314     |
|                            | <hr/>       | <hr/>       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2025**

**13. Analysis of net assets between funds**

|                                         | <b>Net<br/>current<br/>assets<br/>£</b> | <b>Total<br/>2025<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|-----------------------------------------|-----------------------------------------|-----------------------------|-----------------------------|
| Unrestricted funds                      | 3,561                                   | 3,561                       | 6,477                       |
| Restricted funds                        | 63,174                                  | 63,174                      | 46,761                      |
| Designated funds                        | 500                                     | 500                         | 500                         |
| Unrestricted: Stay in touch/Baring fund | 1,496                                   | 1,496                       | 1,646                       |
|                                         | <hr/>                                   | <hr/>                       | <hr/>                       |
|                                         | 68,731                                  | 68,731                      | 55,384                      |
|                                         | <hr/>                                   | <hr/>                       | <hr/>                       |

**14. Analysis of restricted fund movements**

|               | <b>Balance at<br/>1st April<br/>2024<br/>£</b> | <b>Income<br/>£</b> | <b>Expenditure<br/>£</b> | <b>Transfers<br/>£</b> | <b>Balance at<br/>31st March<br/>2025<br/>£</b> |
|---------------|------------------------------------------------|---------------------|--------------------------|------------------------|-------------------------------------------------|
| General funds | 46,761                                         | 113,522             | 97,109                   | -                      | 63,174                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |
|               | 46,761                                         | 113,522             | 97,109                   | -                      | 63,174                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |

**THE RESTORATION TRUST**

England & Wales - Charity number 1161196

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# Accounts

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### Annual Report: 2023 - 2024

The Trustees present their report and accounts for the year ended 31 March 2024.

The accounts have been prepared in accordance with the accounting policies set out in note/1 to the accounts and comply with the Restoration Trust's constitution, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", (as amended for accounting periods commencing from 1st January 2019).



### OBJECTIVES AND ACTIVITIES

The objects of the CIO are:

The promotion of social inclusion for public benefit among marginalised people, particularly those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage, through:

Projects that encourage people to flourish through therapeutic cultural engagement.  
Research into the wellbeing and other benefits of therapeutic cultural engagement in order to show what works.

Disseminating information about the wellbeing and other benefits of therapeutic cultural Engagement.

Improving equal opportunities for therapeutic cultural engagement.

Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the Trustees may from time to time determine.

### **SUMMARY OF OUR MAIN ACTIVITIES**

The Restoration Trust is a charity that works in partnership with heritage, arts and health and social care organisations to offer culture therapy to people who live with mental health challenges.

Culture Therapy uses heritage and creativity to improve people's mental health without relying on mental health services. Our projects explore heritage through walks, excavations, discussions, behind-the-scenes tours, individual research, music, drama, storytelling and art.

Connection roots us in a community that's bigger than ourselves. Belonging, friendship, asylum... all words which describe a place of safety for those who seek or need it. Dr Hills (Norfolk County Asylum Medical Superintendent, 1861-87) cared about people and saw them as individuals. Real people, with real symptoms and real stories. His casebook, now in the Norfolk Record Office, informs the way we work.

The challenge for mental health today is that, while knowledge has expanded, bed accessibility and treatment options haven't. We're committed to changing that, and delivering pro-active support where people live because weaving partnerships and groups into new communities has a long-term impact on people and places.

Engaging with creativity and heritage involves our whole selves: mind, body and spirit. What if all heritage assets could be used like this? To help people feel less like patients, and more like valued members of society? To help people get wrapped up in a new story, and to illuminate the joy of shared heritage to those who feel alone. Culture therapy makes that possible.

Our projects are high quality experiences that are safe for people with complex mental health issues. But that doesn't mean they are exceptionally expensive. It costs around £30 per hour for one person to attend a Restoration Trust session. This compares to one 9-minute visit to a GP at £37, one NHS psychological therapy session at £95 per hour and one day on a mental health ward at £500+.

### **Statement confirming that the Trustees have had regard to Charity Commission guidance on public benefit**

The Trustees are satisfied that we meet Test B of the Charities Exception under the Equality Act, and the Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities they should undertake. Our governing document restricts benefits to people with a shared protected characteristic, being mental ill health, which is a disability. The restriction can be justified as being a fair, balanced and reasonably necessary way of carrying out a legitimate aim, which is to improve people's mental health by therapeutic cultural engagement.

Evidence on cultural engagement for people with mental ill health suggests that:

- well managed cultural engagement improves people's mental health;
- people with mental ill health are disproportionately excluded from heritage, arts and culture
- research into the wellbeing and health benefits of projects engaging people with mental ill health in heritage, arts and culture is needed for the development of cultural and health policy and practice
- discrimination against people with mental ill health is reduced by news and information about creative projects which support prevention, treatment and recovery.

### **Contributions by volunteers**

Volunteers play an essential part in achieving our purposes, by helping to organise and deliver

projects. They are people who have participated in our projects, or who want to gain culture therapy experience. In 2023/24 we worked with 22 volunteers, who supported projects and our core activities, including through membership of our Expert Advisory Board.

## **SUMMARY OF MAIN ACHIEVEMENTS AND PERFORMANCE**

### **Projects and Partnerships**

**In 2023/24 we were the lead or delivery partner in projects that:**

- supported 260 people who live with mental health challenges on low income, including prisoners and people aged 16 – 25
- delivered 207 culture therapy sessions, in person, online and hybrid
- provided experience for 22 volunteers, including peer volunteers and students
- Involved collaboration with 32 cultural, mental health and research partners

**We gained funding for and ran the following projects in 2023/24:**

- Heritage Linkworker, Great Yarmouth and Waveney; a pilot project funded by Historic England (to 2024), received an additional funding from Norfolk Community Foundation and Adnams Community Trust
- Scaling Up Change Minds; 6 iterations, wellbeing research and an information hub. Further developments have led to a pilot project in Wales with funding from the Welsh Government, due to start autumn 2024.
- Funding secured from City Bridge Trust for Conservation for Wellbeing (C4W) early in 2023.

**We were delivery partners in the following projects:**

- Archaeology for Wellbeing (Later Prehistoric Norfolk Project), for the Centre for
- Archaeology and Heritage at the Sainsbury Institute, University of East Anglia
- Scaling Up Human Henge – Bournemouth University
- Watermills and Marshes project – Broads Authority
- National Parks England consultation – Broads Authority
- Norwich University of the Arts (NUA) – Living in Changing Landscapes
- We completed Heritage Linkworker (Heritage for Wellbeing) project funded by Historic England
- Brecks and Fen Edge Rivers Landscape Partnership (BFER) – Suffolk County Council
- National Trust – Sutton Hoo – Heritage Linkworker (Heritage for Wellbeing)

**NETWORKS AND COMMUNICATIONS**

- We are active members of the Heritage and Wellbeing Community of Practice group, the Norfolk and Waveney Arts and Health Collaborative, the Heritage Alliance and the Association of Mental Health Providers.
- Communications were improved with a new website and brand identity developed with BRIX and launched in March 2023, local updates are ongoing.
- We published Archaeology for Wellbeing at Warham Camp, written and designed by Robert Fairclough.
- We gave presentations at Historic England's National Heritage for Wellbeing Conference.
- In October 2023 we delivered a partnership event 'Celebrate and Sustain' as part of the Heritage Linkworker project evaluation.
- We gave presentations at the National TAG Archaeology for Wellbeing conference
- Published a podcast and promotional video on 'Volunteering through Social Prescribing' in partnership with Norfolk and Waveney ICB.
- In March 2023 we spoke and participated in a Scaling Up Human Henge event, the Wellbeing through Archaeology and Heritage Symposium at Bournemouth University.

- We presented an end of project exhibition ‘Heritage for Wellbeing – a Shared Journey’ at two locations and a third planned for September during ‘Heritage Open days’
- In March 2024 we delivered a ‘Wellbeing Festival’ covering Norfolk and North Suffolk, the festival was attended by over 100 representatives from health, wellbeing, heritage and green space social prescribing.
- In March 2024, for four days we held board and participant away-days at Cavendish House, Suffolk. Historic Houses Trust awarded us the free use of Cavendish House.

## **PEOPLE**

### **Staff**

The Director Laura Drysdale managed the organisation, being paid through restricted grant and project funds.

We employed a Heritage Linkworker (Sophie Couling) up to December 2023

Other staff are self-employed contractors/freelancers, whom we contract to lead projects, deliver sessions, facilitated and manage projects and events.

The Scaling Up Change Minds Project Officer is employed on our behalf by Norfolk County Council (Norfolk Record Office) We have a self-employed bookkeeper, PA and HR consultant.

Our Board and project boards include people with lived experience of serious mental health problems, people who are members of NHS Patient Public Involvement groups, and people who have been members of our projects. Our Expert Advisory Board is made up of 13 people who are or have been members of our projects. We encourage participants to use their skills as contractors or volunteers for the Restoration Trust, and we reward people appropriately for their time.

## **POLICY**

The ongoing programme of policy development led by Trustees created a reformatted and updated Risk Register and Diversity policy with implementation plan.

## **FINANCE**

Principal sources of funds

Our income is largely restricted funding, raised for projects. We also receive income from consultancy on projects led by other partners. Our unrestricted funds incorporate an overhead charge for delivering projects, which the Trustees have agreed should aim to be at least 12% of project costs.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

The Trustees agree that we will raise funds by the following means:

- grants from charitable trusts, research funders and lottery distributors.
- donations.
- fundraising activities and events.
- contributions in kind from partner and supporting organisations.
- facilitation fees.
- the sale of licenses for use of our good practice model; training in use of our good practice model; research and dissemination events relating to our purposes; sale of tickets for entry to exhibitions relating to our projects; sale of artworks and books produced by our projects.
- any other income generating activity approved by our Trustees.

### **Reserves policy**

The Board considered the level of reserves that is prudent for the Restoration Trust to have at its first meeting and now does so annually. Our Reserves and Risk Management is based on what we need to cover current liabilities, which are small, given that we do not employ staff except on contracts covered by restricted funds. We anticipate that the bulk of the Restoration Trust's funds will be restricted; that its assets will be functional. It will accrue sufficient reserves to cover emergency expenditure and liabilities for at least 1 but not more than 3 months. It will not accrue excess reserves. We hold a £500 wind-up fund.

### **RISK**

#### **Principal risks facing the charity**

We believe that the Restoration Trust's purposes do not pose a risk of detriment or harm. However, we have identified risks of detriment or harm that could result from the way we carry out our purposes. We consider that the benefits of our purposes and related activities outweigh the risks of detriment or harm to our beneficiaries or the public at large.

Detriment or harm to participants could be caused by:

- failure of staff (in this and all the following instances staff include consultants and researchers) and volunteers to observe and alert others to a deterioration in someone's health and wellbeing.
- failure of staff and volunteers to protect a participant from detriment or harm by other participants.
- failure to identify and report abuse to or by a participant.
- failure to prevent abuse by staff or volunteers working on a project.
- failure to conform to good health and safety practice.
- failure to conform to appropriate confidentiality requirements.
- failure to conform to ethical research practice.

- failure to conform to excellent standards of staff, project and financial management.
- failure to operate in a Covid-Secure manner.

Detriment or harm to staff and volunteers could be caused by:

- harmful actions by participants in a Restoration Trust project.
- failure of others involved in the project to protect staff or volunteers.
- failure to observe and alert others to an escalation in abuse by participants.
- failure to identify and record abuse to staff and volunteers.
- failure to conform to good health and safety practice.
- failure to conform to appropriate confidentiality requirements.
- failure to conform to ethical research practice.
- failure to conform to excellent staff, project and financial management.
- failure to operate in a Covid-Secure manner.

Financial, operational and reputational risks are:

- financial damage to Trustees, partners and funders by failure to implement an effective financial management policy and practices.
- reputational damage to staff, volunteers, Trustees, partners and funders by any significant incident of harm connected to a Restoration Trust project.
- financial, operational and reputational damage to the organisation by failure to manage conflict of interest effectively.

We minimise the detriment or harm from the above by:

- ensuring that good practice in working with vulnerable people is integral to project plans and operations.
- appropriate training for staff and volunteers involved with our projects.
- routine operational monitoring of our performance in respect of detriment or harm.
- careful record keeping.
- excellent staff, project and financial management.
- training for Trustees in risk management in the context of our purposes and beneficiaries.
- Regular review of risks and risk management by Trustees.

### **Policies and practice**

We have the following policies in place to manage the risk of detriment or harm:

Safeguarding vulnerable adults' policy; safeguarding young people policy; volunteer policy; data protection; privacy; disclosure of information policy; health and safety policy; equality, inclusion and diversity policy; financial management and controls policy; reserves and risk management policy; conflict of interest policy. We maintain and annually review a corporate risk register, and each project has its own risk register. All registers include assessment of Covid-19 risks.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The Restoration Trust was established by a charitable trust deed on 7 April 2015 as a Charitable Incorporated Organisation (CIO).

### **Trustee selection**

Trustees are selected based on the skills, knowledge and experience that can contribute to the achievement of our purposes. They are appointed by the existing Trustees. As the organisation works with vulnerable adults, we carry out all trustee eligibility tests that are required by law.

### **Our constitution has the following provisions:**

Functions and duties of charity Trustees

The charity Trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

To exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO.

To exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard to any special knowledge or experience that he or she has or holds himself or herself out as having. If he or she acts as a charity trustee of the CIO during a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

### **Eligibility for Trusteeship**

Every trustee must be a natural person.

No individual may be appointed as a trustee if he or she is under the age of 16 years, or if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).

No one is entitled to act as a trustee whether on appointment or on any re- appointment until he or she has expressly acknowledged his or her acceptance of the office of trustee.

### **Number of charity Trustees**

There must be at least five Trustees. If the number falls below this minimum, the remaining Trustee or Trustees may act only to call a meeting of the charity Trustees or appoint a new charity trustee. There is no maximum number of charity trustees that can be appointed to the CIO.

### **Trustee induction**

The Board inducts Trustees according to the following policies and procedures:

- Terms of reference

- Principles for the operation of the Board
- Code of conduct for Trustees
- Chair of Trustees job description
- Trustee job description
- Trustee person specification

**Board organisational structure:**

The Restoration Trust is a small charity with a simple organisational structure. The Board had three formal Board meetings in 2023/24. The Trustees were led by the Chair Alison Richmond.

Frances Halahan is Secretary to the Board.

**Changes in the Board of Trustees**

Melanie Rogers was appointed in June 2023, plus four new trustees who took up their positions later in the year.

**Trustees are responsible for:**

Ensuring that The Restoration Trust has a clear mission, vision and strategic direction and is focused on achieving these.

Being responsible for the performance of the Restoration Trust and for its 'corporate' behaviour.

Ensuring that the Restoration Trust complies with all legal and regulatory requirements.

Acting as guardians of the Restoration Trust's assets, both tangible and intangible.

Representing the Restoration Trust as ambassadors in the wider community.

Ensuring that the Restoration Trust's governance is of the highest possible standard.

**The Director is contracted to:**

Work with the Board to develop and review The Restoration Trust's vision and strategic plans.

Deliver the Restoration Trust's charitable objectives through appropriate plans and in accordance with agreed policies and procedures.

Ensure that The Restoration Trust is well administered and meets its governance and risk management responsibilities.

Enhance the Restoration Trust's impact and profile.

**Relationship with related parties**

We cooperate with other charities and organisations in pursuit of our objectives, as ours is a partnership model. These relationships are managed by partnership agreements agreed and signed by all parties, approved by the Trustees and accepted by funders. Conflicts of interest in the relationship between Trustees and the activities of the Restoration Trust are managed by the other Trustees by using our constitution, notably items 5 (Application of income and

property); 6 (Benefits and payments to charity Trustees and connected persons; 7 (Conflicts of interest and conflicts of loyalty). Our Conflicts of Interest Policy applies.

These relationships are as follows:

- Johnny Tipler was a trustee during the year and is the husband of the Director of the Restoration Trust Laura Tipler, known professionally as Laura Drysdale.
- Dr Sara Lunt is the retired Senior Curator, West Territory, English Heritage, and the Restoration Trust has been running Human Henge with English Heritage in properties for which she was responsible. Dr Lunt provides pro bono advice as a member of the Scaling Up Human Henge Project Board, with travel/subsistence expenses covered by Bournemouth University.
- Melanie Rogers is also a member of the Scaling Up Human Henge Project Board, with travel /subsistence expenses covered by Bournemouth University
- Alison Richmond is the former Chief Executive Officer of Icon, the Institute of Conservation, and Icon is a partner in our Conservation for Wellbeing programme.

Trustees who served during the year

- Nic Allen; John Durrant; Frances Halahan, Secretary; Dr Sara Lunt; Alison Richmond, Chair; Melanie Rogers; Johnny Tipler; Debbie Tilson; Danny Whatmough

There are no corporate Trustees, and no Trustee holds title to property belonging to the charity.

We do not hold funds as custodian Trustees on behalf of others. Trustees are appointed for a three-year term, with a maximum of two term renewals.

### **Reference and administrative details**

Name: The Restoration Trust Registered Charity Number: 1161196

Principal address: 3 Vicarage Road, Cromer, NR27 9DQ

### **Advisers**

Our accountants and independent examiners are Timothy Hignett and Partners, 7 High Street, Cromer, Norfolk NR27 9HG.

### **Staff**

Laura Tipler, known professionally as Laura Drysdale, is our Director.

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2024**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2024**

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# **The Restoration Trust**

## **Independent examiner's report**

### **Year ended 31<sup>st</sup> March 2024**

#### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2024.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

The majority of the income and expenditure examined has been fine but there have been a couple areas of concern in collating the accounts. A total expenditure of £853 from the petty cash account has been allocated to the profit and loss account despite not having any evidence to quantify this. Following conversations with the project manager and book-keeper, the above amount has been allocated to travel costs (unrestricted £286, restricted Heritage Link Worker fund £411 & restricted Scaling Changing Minds fund £156).

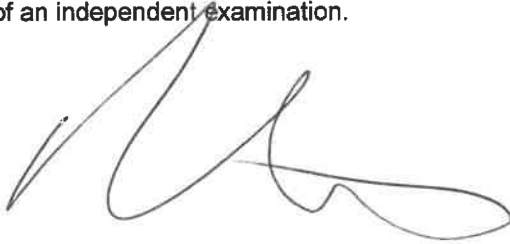
There was also a discrepancy of £491 on a payment to the project manager. The project manager has informed us that this was originally identified by the Director and he has stated that this is due to a missing invoice. The payment has been allocated to the restricted Heritage Link Worker fund.

The areas of concern have been highlighted to the project manager and he is going to ensure that records are kept to substantiate all transactions moving forward.

**The Restoration Trust**  
**Independent examiner's report (continued)**  
**Year ended 31<sup>st</sup> March 2024**

I have completed my examination. I confirm that no matters, other than those referred to in the above paragraphs, have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.



Timothy Hignett and Partners Limited  
7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: 17th October 2024

**The Restoration Trust**  
**Statement of financial activities**  
**Including income and expenditure account**  
**Year ended 31<sup>st</sup> March 2024**

|                                       | Notes  | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Designated<br>fund<br>2024<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2024<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|---------------------------------------|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2 & 3  | 24,621                             | 163,803                          | -                               | -                                                              | 188,424            | 206,892            |
| <b>Expenditure on:</b>                |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4 & 12 | 27,245                             | 166,314                          | -                               | 1,175                                                          | 194,734            | 181,580            |
| <b>Net income</b>                     |        | (2,624)                            | (2,511)                          | -                               | (1,175)                                                        | (6,310)            | 25,312             |
| <b>Transfers between funds</b>        |        | -                                  | -                                | -                               | -                                                              | -                  | -                  |
| <b>Net movement in funds</b>          |        | (2,624)                            | (2,511)                          | -                               | (1,175)                                                        | (6,310)            | 25,312             |
| Fund balances at 1 April 2023         |        | 9,101                              | 49,272                           | 500                             | 2,821                                                          | 61,694             | 36,382             |
| <b>Fund balances at 31 March 2024</b> |        | 6,477                              | 46,761                           | 500                             | 1,646                                                          | 55,384             | 61,694             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

**The Restoration Trust**  
**Balance sheet**  
**As at 31<sup>st</sup> March 2024**

|                                                       | Notes | 2024<br>£     | 2023<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 17,560        | 12,283        |
| Cash at bank and in hand                              |       | 46,432        | 56,959        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>63,992</b> | <b>69,242</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (8,608)       | (7,548)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>55,384</b> | <b>61,694</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>55,384</b> | <b>61,694</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 46,761        | 49,272        |
| Unrestricted funds                                    |       | 6,477         | 9,101         |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 1,646         | 2,821         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>55,384</b> | <b>61,694</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 17<sup>th</sup> October 2024.



**Ms Glenys Watt (Appointed 01/04/2024)**  
**Chair of The Restoration Trust board**

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2024**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**2. Charitable activities**

|        | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Designated<br>fund<br>2024<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2024<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| Income | 24,621                             | 163,803                          | -                               | -                                                              | 188,424            | 206,892            |

**3. Grants and donations**

|                                                 | 2024<br>£ | 2023<br>£ |
|-------------------------------------------------|-----------|-----------|
| <b>Donations and gifts</b>                      |           |           |
| <b>Unrestricted funds:</b>                      |           |           |
| Donations received                              | 939       | 781       |
| Unrestricted income                             | 23,682    | 24,563    |
|                                                 | 24,621    | 25,344    |
| <b>Restricted funds:</b>                        |           |           |
| Conservation for Wellbeing - Income             | 4,825     | -         |
| Like Minds (Norfolk) - Donations                | -         | 1,293     |
| Emergency Fund - Income                         | -         | -         |
| CRF 20 - Income                                 | -         | 5,310     |
| BCA Experience - Income                         | -         | -         |
| CRF 2/CRF 3 - Income                            | -         | -         |
| Heritage LW - Income                            | 31,460    | 25,203    |
| Kickstart Grant - Income                        | -         | 15,382    |
| Enterprise Development - Income                 | 150       | 19,500    |
| Scaling Change Minds - Income                   | 109,281   | 96,997    |
| Archaeology for Wellbeing – Income              | 18,087    | 13,863    |
|                                                 | 163,803   | 177,548   |
| <b>Unrestricted: Stay in Touch/Baring fund:</b> |           |           |
| Unrestricted income                             | -         | 4,000     |
|                                                 | -         | 4,000     |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**4. Charitable activities**

|                                          | <b>Total<br/>2024<br/>£</b> | <b>Total<br/>2023<br/>£</b> |
|------------------------------------------|-----------------------------|-----------------------------|
| <b>Analysis by fund</b>                  |                             |                             |
| Unrestricted funds                       | 27,245                      | 16,687                      |
| Restricted funds                         | 166,314                     | 160,939                     |
| Designated funds                         | -                           | -                           |
| Unrestricted: Stay in touch/Baring fund: | 1,175                       | 3,954                       |
|                                          | <hr/>                       | <hr/>                       |
|                                          | 194,734                     | 181,580                     |
|                                          | <hr/>                       | <hr/>                       |

|                                            | <b>Unrestricted<br/>funds<br/>2024<br/>£</b> | <b>Restricted<br/>funds<br/>2024<br/>£</b> | <b>Designated<br/>fund<br/>2024<br/>£</b> | <b>Unrestricted<br/>Stay in<br/>touch/<br/>Baring fund<br/>2024<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|--------------------------------------------|----------------------------------------------|--------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------|-----------------------------|
| <b>Analysis by<br/>expense</b>             |                                              |                                            |                                           |                                                                           |                             |
| Staff                                      | 23,161                                       | 77,539                                     | -                                         | 1,100                                                                     | 101,800                     |
| Governance                                 | 96                                           | -                                          | -                                         | -                                                                         | 96                          |
| Travel and subsistence                     | 5,506                                        | 12,634                                     | -                                         | -                                                                         | 18,140                      |
| Project expenses                           | 197                                          | 27,641                                     | -                                         | -                                                                         | 27,838                      |
| Promotion and marketing                    | 609                                          | 13,947                                     | -                                         | 75                                                                        | 14,631                      |
| IT and telecoms                            | 3,918                                        | 6,830                                      | -                                         | -                                                                         | 10,748                      |
| Stationery, postage and sundry<br>expenses | 272                                          | 904                                        | -                                         | -                                                                         | 1,176                       |
| Evaluation                                 | -                                            | 9,000                                      | -                                         | -                                                                         | 9,000                       |
| Running costs                              | 9,990                                        | 1,315                                      | -                                         | -                                                                         | 11,305                      |
| Recharge of overheads                      | -16,504                                      | 16,504                                     | -                                         | -                                                                         | -                           |
|                                            | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |
|                                            | 27,245                                       | 166,314                                    | -                                         | 1,175                                                                     | 194,734                     |
|                                            | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**4. Charitable activities (continued)**

|                                            | Unrestricted<br>funds<br>2023<br>£ | Restricted<br>funds<br>2023<br>£ | Designated<br>fund<br>2023<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2023<br>£ | Total<br>2023<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by<br/>expense</b>             |                                    |                                  |                                 |                                                               |                    |
| Staff                                      | 14,593                             | 74,419                           | -                               | 2,900                                                         | 91,912             |
| Governance                                 | 428                                | -                                | -                               | -                                                             | 428                |
| Travel and subsistence                     | 2,628                              | 9,674                            | -                               | 290                                                           | 12,592             |
| Project expenses                           | 400                                | 992                              | -                               | -                                                             | 1,392              |
| Promotion and marketing                    | 286                                | 29,055                           | -                               | 100                                                           | 29,441             |
| IT and telecoms                            | 3,921                              | 9,123                            | -                               | -                                                             | 13,044             |
| Stationery, postage and sundry<br>expenses | 4,796                              | 207                              | -                               | 196                                                           | 5,199              |
| Evaluation                                 | -                                  | 6,250                            | -                               | -                                                             | 6,250              |
| Running costs                              | 5,727                              | 15,350                           | -                               | 245                                                           | 21,322             |
| Recharge of overheads                      | (16,092)                           | 15,869                           | -                               | 223                                                           | -                  |
|                                            | 16,687                             | 160,939                          | -                               | 3,954                                                         | 181,580            |

**5. Employees**

There was 1 employee during the year (2023: 4).

None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2023: None).

**6. Key management personnel**

There are two members of key management personnel that served in 2024, the trust director who resigned this year and the project manager. The trust director received £23,400 (2023: £18,900), and the project manager received £17,546.

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**7. Trustee remuneration, benefits and expenses**

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2024<br>£   | 2023<br>£   |
|-----------------------------------------------------|-------------|-------------|
| <b>Charitable funds committee members' expenses</b> |             |             |
| Travel and subsistence                              | 313         | 5,700       |
|                                                     | <hr/> 313   | <hr/> 5,700 |
|                                                     | <hr/> <hr/> | <hr/> <hr/> |

**8. Related party transactions**

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

**9. Independent examiner's remuneration**

The independent examiner's remuneration of £3,000 (2023: £3,265) related solely to the examination, with no other additional work being undertaken.

**10. Debtors**

|                                             | 2024<br>£    | 2023<br>£    |
|---------------------------------------------|--------------|--------------|
| <b>Amounts falling due within one year:</b> |              |              |
| Trade debtors                               | 16,856       | 12,167       |
| Prepayments and accrued income              | 704          | 116          |
|                                             | <hr/> 17,560 | <hr/> 12,283 |
|                                             | <hr/> <hr/>  | <hr/> <hr/>  |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**11. Creditors: amounts falling due within one year**

|                              | <b>2024</b> | <b>2023</b> |
|------------------------------|-------------|-------------|
|                              | <b>£</b>    | <b>£</b>    |
| Trade creditors              | 4,846       | 3,559       |
| Other creditors              | 762         | 414         |
| Accruals and deferred income | 3,000       | 3,575       |
|                              | <hr/>       | <hr/>       |
|                              | 8,608       | 7,548       |
|                              | <hr/>       | <hr/>       |

**12. Restricted costs**

|                            | <b>2024</b> | <b>2023</b> |
|----------------------------|-------------|-------------|
|                            | <b>£</b>    | <b>£</b>    |
| Like Minds (Norfolk)       | -           | 441         |
| Conservation for Wellbeing | 20          | 1,849       |
| Emergency Fund             | -           | -           |
| CRF 20                     | -           | 7,370       |
| BCA Experience             | 1,036       | 2,810       |
| Caistor Pilot              | -           | 1,439       |
| Heritage LW                | 39,832      | 29,749      |
| Kickstart Grant            | -           | 19,052      |
| Enterprise Development     | 3,531       | 16,119      |
| Scaling Change Minds       | 108,144     | 72,749      |
| Archaeology For Wellbeing  | 13,751      | 9,361       |
|                            | <hr/>       | <hr/>       |
|                            | 166,314     | 160,939     |
|                            | <hr/>       | <hr/>       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**13. Analysis of net assets between funds**

|                                          | <b>Net<br/>current<br/>assets<br/>£</b> | <b>Total<br/>2024<br/>£</b> | <b>Total<br/>2023<br/>£</b> |
|------------------------------------------|-----------------------------------------|-----------------------------|-----------------------------|
| Unrestricted funds                       | 6,477                                   | 6,477                       | 9,101                       |
| Restricted funds                         | 46,761                                  | 46,761                      | 49,272                      |
| Designated funds                         | 500                                     | 500                         | 500                         |
| Unrestricted: Stay in touch/Baring fund: | 1,646                                   | 1,646                       | 2,821                       |
|                                          | <hr/>                                   | <hr/>                       | <hr/>                       |
|                                          | 55,384                                  | 55,384                      | 61,694                      |
|                                          | <hr/>                                   | <hr/>                       | <hr/>                       |

**14. Analysis of restricted fund movements**

|               | <b>Balance at<br/>1st April<br/>2023<br/>£</b> | <b>Income<br/>£</b> | <b>Expenditure<br/>£</b> | <b>Transfers<br/>£</b> | <b>Balance at<br/>31st March<br/>2024<br/>£</b> |
|---------------|------------------------------------------------|---------------------|--------------------------|------------------------|-------------------------------------------------|
| General funds | 49,272                                         | 163,803             | 166,314                  | -                      | 46,761                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |
|               | 49,272                                         | 163,803             | 166,314                  | -                      | 46,761                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2024**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2024**

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| Balance sheet                     | 4           |
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# **The Restoration Trust**

## **Independent examiner's report**

### **Year ended 31<sup>st</sup> March 2024**

#### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2024.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

The majority of the income and expenditure examined has been fine but there have been a couple areas of concern in collating the accounts. A total expenditure of £853 from the petty cash account has been allocated to the profit and loss account despite not having any evidence to quantify this. Following conversations with the project manager and book-keeper, the above amount has been allocated to travel costs (unrestricted £286, restricted Heritage Link Worker fund £411 & restricted Scaling Changing Minds fund £156).

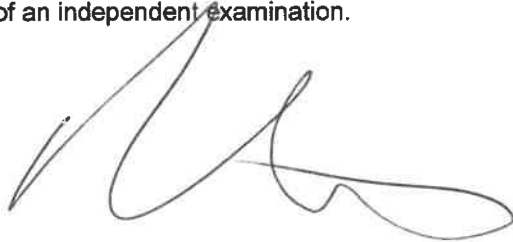
There was also a discrepancy of £491 on a payment to the project manager. The project manager has informed us that this was originally identified by the Director and he has stated that this is due to a missing invoice. The payment has been allocated to the restricted Heritage Link Worker fund.

The areas of concern have been highlighted to the project manager and he is going to ensure that records are kept to substantiate all transactions moving forward.

**The Restoration Trust**  
**Independent examiner's report (continued)**  
**Year ended 31<sup>st</sup> March 2024**

I have completed my examination. I confirm that no matters, other than those referred to in the above paragraphs, have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.



Timothy Hignett and Partners Limited  
7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: 17th October 2024

**The Restoration Trust**  
**Statement of financial activities**  
**Including income and expenditure account**  
**Year ended 31<sup>st</sup> March 2024**

|                                       | Notes  | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Designated<br>fund<br>2024<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2024<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|---------------------------------------|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2 & 3  | 24,621                             | 163,803                          | -                               | -                                                              | 188,424            | 206,892            |
| <b>Expenditure on:</b>                |        |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4 & 12 | 27,245                             | 166,314                          | -                               | 1,175                                                          | 194,734            | 181,580            |
| <b>Net income</b>                     |        | (2,624)                            | (2,511)                          | -                               | (1,175)                                                        | (6,310)            | 25,312             |
| <b>Transfers between funds</b>        |        | -                                  | -                                | -                               | -                                                              | -                  | -                  |
| <b>Net movement in funds</b>          |        | (2,624)                            | (2,511)                          | -                               | (1,175)                                                        | (6,310)            | 25,312             |
| Fund balances at 1 April 2023         |        | 9,101                              | 49,272                           | 500                             | 2,821                                                          | 61,694             | 36,382             |
| <b>Fund balances at 31 March 2024</b> |        | 6,477                              | 46,761                           | 500                             | 1,646                                                          | 55,384             | 61,694             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

**The Restoration Trust**  
**Balance sheet**  
**As at 31<sup>st</sup> March 2024**

|                                                       | Notes | 2024<br>£     | 2023<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 17,560        | 12,283        |
| Cash at bank and in hand                              |       | 46,432        | 56,959        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>63,992</b> | <b>69,242</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (8,608)       | (7,548)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>55,384</b> | <b>61,694</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>55,384</b> | <b>61,694</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 46,761        | 49,272        |
| Unrestricted funds                                    |       | 6,477         | 9,101         |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 1,646         | 2,821         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>55,384</b> | <b>61,694</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 17<sup>th</sup> October 2024.



**Ms Glenys Watt (Appointed 01/04/2024)**  
**Chair of The Restoration Trust board**

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2024**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**2. Charitable activities**

|        | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Designated<br>fund<br>2024<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2024<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|--------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| Income | 24,621                             | 163,803                          | -                               | -                                                              | 188,424            | 206,892            |

**3. Grants and donations**

|                                                 | 2024<br>£ | 2023<br>£ |
|-------------------------------------------------|-----------|-----------|
| <b>Donations and gifts</b>                      |           |           |
| <b>Unrestricted funds:</b>                      |           |           |
| Donations received                              | 939       | 781       |
| Unrestricted income                             | 23,682    | 24,563    |
|                                                 | 24,621    | 25,344    |
| <b>Restricted funds:</b>                        |           |           |
| Conservation for Wellbeing - Income             | 4,825     | -         |
| Like Minds (Norfolk) - Donations                | -         | 1,293     |
| Emergency Fund - Income                         | -         | -         |
| CRF 20 - Income                                 | -         | 5,310     |
| BCA Experience - Income                         | -         | -         |
| CRF 2/CRF 3 - Income                            | -         | -         |
| Heritage LW - Income                            | 31,460    | 25,203    |
| Kickstart Grant - Income                        | -         | 15,382    |
| Enterprise Development - Income                 | 150       | 19,500    |
| Scaling Change Minds - Income                   | 109,281   | 96,997    |
| Archaeology for Wellbeing – Income              | 18,087    | 13,863    |
|                                                 | 163,803   | 177,548   |
| <b>Unrestricted: Stay in Touch/Baring fund:</b> |           |           |
| Unrestricted income                             | -         | 4,000     |
|                                                 | -         | 4,000     |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**4. Charitable activities**

|                                          | <b>Total<br/>2024<br/>£</b> | <b>Total<br/>2023<br/>£</b> |
|------------------------------------------|-----------------------------|-----------------------------|
| <b>Analysis by fund</b>                  |                             |                             |
| Unrestricted funds                       | 27,245                      | 16,687                      |
| Restricted funds                         | 166,314                     | 160,939                     |
| Designated funds                         | -                           | -                           |
| Unrestricted: Stay in touch/Baring fund: | 1,175                       | 3,954                       |
|                                          | <b>194,734</b>              | <b>181,580</b>              |

|                                            | <b>Unrestricted<br/>funds<br/>2024<br/>£</b> | <b>Restricted<br/>funds<br/>2024<br/>£</b> | <b>Designated<br/>fund<br/>2024<br/>£</b> | <b>Unrestricted<br/>Stay in<br/>touch/<br/>Baring fund<br/>2024<br/>£</b> | <b>Total<br/>2024<br/>£</b> |
|--------------------------------------------|----------------------------------------------|--------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------|-----------------------------|
| <b>Analysis by<br/>expense</b>             |                                              |                                            |                                           |                                                                           |                             |
| Staff                                      | 23,161                                       | 77,539                                     | -                                         | 1,100                                                                     | 101,800                     |
| Governance                                 | 96                                           | -                                          | -                                         | -                                                                         | 96                          |
| Travel and subsistence                     | 5,506                                        | 12,634                                     | -                                         | -                                                                         | 18,140                      |
| Project expenses                           | 197                                          | 27,641                                     | -                                         | -                                                                         | 27,838                      |
| Promotion and marketing                    | 609                                          | 13,947                                     | -                                         | 75                                                                        | 14,631                      |
| IT and telecoms                            | 3,918                                        | 6,830                                      | -                                         | -                                                                         | 10,748                      |
| Stationery, postage and sundry<br>expenses | 272                                          | 904                                        | -                                         | -                                                                         | 1,176                       |
| Evaluation                                 | -                                            | 9,000                                      | -                                         | -                                                                         | 9,000                       |
| Running costs                              | 9,990                                        | 1,315                                      | -                                         | -                                                                         | 11,305                      |
| Recharge of overheads                      | -16,504                                      | 16,504                                     | -                                         | -                                                                         | -                           |
|                                            | <b>27,245</b>                                | <b>166,314</b>                             | <b>-</b>                                  | <b>1,175</b>                                                              | <b>194,734</b>              |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**4. Charitable activities (continued)**

|                                            | Unrestricted<br>funds<br>2023<br>£ | Restricted<br>funds<br>2023<br>£ | Designated<br>fund<br>2023<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2023<br>£ | Total<br>2023<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by<br/>expense</b>             |                                    |                                  |                                 |                                                               |                    |
| Staff                                      | 14,593                             | 74,419                           | -                               | 2,900                                                         | 91,912             |
| Governance                                 | 428                                | -                                | -                               | -                                                             | 428                |
| Travel and subsistence                     | 2,628                              | 9,674                            | -                               | 290                                                           | 12,592             |
| Project expenses                           | 400                                | 992                              | -                               | -                                                             | 1,392              |
| Promotion and marketing                    | 286                                | 29,055                           | -                               | 100                                                           | 29,441             |
| IT and telecoms                            | 3,921                              | 9,123                            | -                               | -                                                             | 13,044             |
| Stationery, postage and sundry<br>expenses | 4,796                              | 207                              | -                               | 196                                                           | 5,199              |
| Evaluation                                 | -                                  | 6,250                            | -                               | -                                                             | 6,250              |
| Running costs                              | 5,727                              | 15,350                           | -                               | 245                                                           | 21,322             |
| Recharge of overheads                      | (16,092)                           | 15,869                           | -                               | 223                                                           | -                  |
|                                            | 16,687                             | 160,939                          | -                               | 3,954                                                         | 181,580            |

**5. Employees**

There was 1 employee during the year (2023: 4).

None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2023: None).

**6. Key management personnel**

There are two members of key management personnel that served in 2024, the trust director who resigned this year and the project manager. The trust director received £23,400 (2023: £18,900), and the project manager received £17,546.

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**7. Trustee remuneration, benefits and expenses**

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2024<br>£   | 2023<br>£   |
|-----------------------------------------------------|-------------|-------------|
| <b>Charitable funds committee members' expenses</b> |             |             |
| Travel and subsistence                              | 313         | 5,700       |
|                                                     | <hr/> 313   | <hr/> 5,700 |
|                                                     | <hr/> <hr/> | <hr/> <hr/> |

**8. Related party transactions**

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

**9. Independent examiner's remuneration**

The independent examiner's remuneration of £3,000 (2023: £3,265) related solely to the examination, with no other additional work being undertaken.

**10. Debtors**

|                                             | 2024<br>£    | 2023<br>£    |
|---------------------------------------------|--------------|--------------|
| <b>Amounts falling due within one year:</b> |              |              |
| Trade debtors                               | 16,856       | 12,167       |
| Prepayments and accrued income              | 704          | 116          |
|                                             | <hr/> 17,560 | <hr/> 12,283 |
|                                             | <hr/> <hr/>  | <hr/> <hr/>  |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**11. Creditors: amounts falling due within one year**

|                              | <b>2024</b> | <b>2023</b> |
|------------------------------|-------------|-------------|
|                              | <b>£</b>    | <b>£</b>    |
| Trade creditors              | 4,846       | 3,559       |
| Other creditors              | 762         | 414         |
| Accruals and deferred income | 3,000       | 3,575       |
|                              | <hr/>       | <hr/>       |
|                              | 8,608       | 7,548       |
|                              | <hr/>       | <hr/>       |

**12. Restricted costs**

|                            | <b>2024</b> | <b>2023</b> |
|----------------------------|-------------|-------------|
|                            | <b>£</b>    | <b>£</b>    |
| Like Minds (Norfolk)       | -           | 441         |
| Conservation for Wellbeing | 20          | 1,849       |
| Emergency Fund             | -           | -           |
| CRF 20                     | -           | 7,370       |
| BCA Experience             | 1,036       | 2,810       |
| Caistor Pilot              | -           | 1,439       |
| Heritage LW                | 39,832      | 29,749      |
| Kickstart Grant            | -           | 19,052      |
| Enterprise Development     | 3,531       | 16,119      |
| Scaling Change Minds       | 108,144     | 72,749      |
| Archaeology For Wellbeing  | 13,751      | 9,361       |
|                            | <hr/>       | <hr/>       |
|                            | 166,314     | 160,939     |
|                            | <hr/>       | <hr/>       |

**The Restoration Trust**  
**Notes to the financial statements (continued)**  
**Year ended 31<sup>st</sup> March 2024**

**13. Analysis of net assets between funds**

|                                          | <b>Net<br/>current<br/>assets<br/>£</b> | <b>Total<br/>2024<br/>£</b> | <b>Total<br/>2023<br/>£</b> |
|------------------------------------------|-----------------------------------------|-----------------------------|-----------------------------|
| Unrestricted funds                       | 6,477                                   | 6,477                       | 9,101                       |
| Restricted funds                         | 46,761                                  | 46,761                      | 49,272                      |
| Designated funds                         | 500                                     | 500                         | 500                         |
| Unrestricted: Stay in touch/Baring fund: | 1,646                                   | 1,646                       | 2,821                       |
|                                          | <hr/>                                   | <hr/>                       | <hr/>                       |
|                                          | 55,384                                  | 55,384                      | 61,694                      |
|                                          | <hr/>                                   | <hr/>                       | <hr/>                       |

**14. Analysis of restricted fund movements**

|               | <b>Balance at<br/>1st April<br/>2023<br/>£</b> | <b>Income<br/>£</b> | <b>Expenditure<br/>£</b> | <b>Transfers<br/>£</b> | <b>Balance at<br/>31st March<br/>2024<br/>£</b> |
|---------------|------------------------------------------------|---------------------|--------------------------|------------------------|-------------------------------------------------|
| General funds | 49,272                                         | 163,803             | 166,314                  | -                      | 46,761                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |
|               | 49,272                                         | 163,803             | 166,314                  | -                      | 46,761                                          |
|               | <hr/>                                          | <hr/>               | <hr/>                    | <hr/>                  | <hr/>                                           |

**THE RESTORATION TRUST**

England & Wales - Charity number 1161196

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# Accounts

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The  
**Restoration**  
Trust

# Annual Report: 2022 - 2023

**The Trustees present their report and accounts for the year ended 31 March 2023.** The accounts have been prepared in accordance with the accounting policies set out in note/1 to the accounts and comply with the Restoration Trust's constitution, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", (as amended for accounting periods commencing from 1st January 2019).



## OBJECTIVES AND ACTIVITIES

The objects of the CIO are:

The promotion of social inclusion for public benefit among marginalised people, particularly those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage, through:

Projects that encourage people to flourish through therapeutic cultural engagement;  
Research into the wellbeing and other benefits of therapeutic cultural engagement in order to show what works;

Disseminating information about the wellbeing and other benefits of therapeutic cultural engagement;

Improving equal opportunities for therapeutic cultural engagement.

Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the Trustees may from time to time determine.

## SUMMARY OF OUR MAIN ACTIVITIES

The Restoration Trust is a charity that works in partnership with heritage, arts and health and social care organisations to offer culture therapy to people who live with mental health challenges.

Culture Therapy uses heritage and creativity to improve people's mental health without relying on mental health services. Our projects explore heritage through walks, excavations, discussions, behind-the-scenes tours, individual research, music, drama, storytelling and art.

Connection roots us in a community that's bigger than ourselves. Belonging, friendship, asylum... all words which describe a place of safety for those who seek or need it. Dr Hills (Norfolk County Asylum Medical Superintendent, 1861-87) cared about people and saw them as individuals. Real people, with real symptoms and real stories. His casebook, now in the Norfolk Record Office, informs the way we work.

The challenge for mental health today is that, while knowledge has expanded, bed accessibility and treatment options haven't. We're committed to changing that, and delivering pro-active support where people live because weaving partnerships and groups into new communities has a long-term impact on people and places.

Engaging with creativity and heritage involves our whole selves: mind, body and spirit. What if all heritage assets could be used like this? To help people feel less like patients, and more like valued members of society? To help people get wrapped up in a new story, and to illuminate the joy of shared heritage to those who feel alone. Culture therapy makes that possible.

Our projects are high quality experiences that are safe for people with complex mental health issues. But that doesn't mean they are exceptionally expensive. It costs around £30 per hour for one person to attend a Restoration Trust session. This compares to one 9-minute visit to a GP at £37, one NHS psychological therapy session at £95 per hour and one day on a mental health

ward at £410.

## Statement confirming that the Trustees have had regard to Charity Commission guidance on public benefit

The Trustees are satisfied that we meet Test B of the Charities Exception under the Equality Act, and the Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities they should undertake. Our governing document restricts benefits to people with a shared protected characteristic, being mental ill health, which is a disability. The restriction can be justified as being a fair, balanced and reasonably necessary way of carrying out a legitimate aim, which is to improve people's mental health by therapeutic cultural engagement.

Evidence on cultural engagement for people with mental ill health suggests that:

- well managed cultural engagement improves people's mental health;
- people with mental ill health are disproportionately excluded from heritage, arts and culture;
- research into the wellbeing and health benefits of projects engaging people with mental ill health in heritage, arts and culture is needed for the development of cultural and health policy and practice;
- discrimination against people with mental ill health is reduced by news and information about creative projects which support prevention, treatment and recovery.

## Contributions by volunteers

Volunteers play an essential part in achieving our purposes, by helping to organise and deliver projects. They are people who have participated in our projects, or who want to gain culture therapy experience. In 2022/23 we worked with 14 volunteers, who supported projects and our core activities, including through membership of our Expert Advisory Board.

# ACHIEVEMENTS AND PERFORMANCE

## PROJECTS AND PARTNERSHIPS

In 2022/23 we were the lead or delivery partner in projects that:

- supported 146 people who live with mental health challenges on low income, including for the first time prisoners and people aged 16 – 25;
- delivered 78 culture therapy sessions, in person, online and hybrid;
- provided experience for 26 volunteers, including peer volunteers and students;
- Involved collaboration with 32 cultural, mental health and research partners.

We gained funding for and ran the following projects in 2022/23:

- Stay in Touch; fortnightly online meetings
- Enterprise Development Programme; consultancy on a feasibility study and plan to earn income.
- Heritage Linkworker, Great Yarmouth and Waveney; a pilot project funded by Historic England (to 2024)
- Scaling Up Change Minds; 6 iterations, wellbeing research and an information hub (to

2025)

- Cultural Recovery Fund 20; forward planning
- Kickstart Grant; employing Culture Linkworkers

Project highlights in the year include:

- Change Minds courses at HMP Norwich, Museum of the Mind, Lancashire Archives, Stories of Lynn
- Human Henge iteration at Stonehenge
- Archaeology for Wellbeing excavation at Arminghall Henge
- Heritage Linkwork visit to Kirkham Heritage Social Prescribing project

We were delivery partners in the following projects:

- Archaeology for Wellbeing (Later Prehistoric Norfolk Project), for the Centre for Archaeology and Heritage at the Sainsbury Institute, University of East Anglia
- Scaling Up Human Henge, for Bournemouth University
- Putting on a Progress for Curious Spark.

We completed Like Minds Norfolk, Conservation for Wellbeing, Culture Quest and Burgh Castle Almanac Experience.

## NETWORKS AND COMMUNICATIONS

We are active members of the Heritage and Wellbeing Community of Practice group, the Norfolk and Waveney Arts and Health Collaborative, the Heritage Alliance and the Association of Mental Health Providers.

Communications were improved with a new website and brand identity developed with BRIX and launched in March 2023.

We published Archaeology for Wellbeing at Arminghall Henge, written and designed by Robert Fairclough. Conservation Object Relations Theory by Daisy Rubinstein, about the evaluation of Conservation for Wellbeing, was published as a chapter in Art Psychotherapy and Innovation (Jessica Kingsley 2023). We gave presentations to Icon (The Institute of Conservation), the National Academy of Social Prescribing, the British Association of Art Therapists and at Exeter University and the British Library. We spoke about Change Minds at the Culture and Mental Health International in Ghent, November 2022 and led a seminar organized by the National Heritage Lottery Fund and the Baring Foundation related to our Creatively Minded and Heritage report. In March 2023 we spoke and participated in a Scaling Up Human Henge event, the Wellbeing through Archaeology and Heritage Symposium at Bournemouth University.

## PEOPLE

### Staff

The Director Laura Drysdale manages the organisation, being paid through restricted grant and project funds. We employ a Heritage Linkworker but otherwise our Coordinators are self-employed contractors. The Scaling Up Change Minds Project Officer is employed on our behalf by Norfolk County Council (Norfolk Record Office) We have a self-employed bookkeeper, PA and HR consultant.

Our last Kickstart employee left in September 2022, and our Heritage Linkworker Emily Cannell left in January 2023 to be replaced by Sophie Couling in March 2023. Our CHASE-funded UEA PhD placement Ellen Hardy completed her work on our publications in March 2023.

## People-led growth

Our Board and project boards include people with lived experience of serious mental health problems, people who are members of NHS Patient Public Involvement groups, and people who have been members of our projects. Our Expert Advisory Board is made up of 13 people who are or have been members of our projects. We encourage participants to use their skills as contractors or volunteers for the Restoration Trust, and we reward people appropriately for their time.

## POLICY

The ongoing programme of policy development led by Trustees created a reformatted and updated Risk Register and Diversity policy with implementation plan.

## FINANCE

### Principal sources of funds

Our income is largely restricted funding, raised for projects. We also receive income from consultancy on projects led by other partners. Our unrestricted funds incorporate an overhead charge for delivering projects, which the Trustees have agreed should aim to be at least 12% of project costs.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognized at the time of the donation.

The Trustees agree that we will raise funds by the following means:

- grants from charitable trusts, research funders and lottery distributors;
- donations;
- fundraising activities and events;
- contributions in kind from partner and supporting organizations;
- facilitation fees;
- the sale of licenses for use of our good practice model; training in use of our good practice model; research and dissemination events relating to our purposes; sale of tickets for entry to exhibitions relating to our projects; sale of artworks and books produced by our projects;
- any other income generating activity approved by our Trustees.

### Reserves policy

The Board considered the level of reserves that is prudent for the Restoration Trust to have at its first meeting and now does so annually. Our Reserves and Risk Management is based on what we need to cover current liabilities, which are small, given that we do not employ staff except on contracts covered by restricted funds. We anticipate that the bulk of the Restoration Trust's funds will be restricted; that its assets will be functional. It will accrue sufficient reserves to cover emergency expenditure and liabilities for at least 1 but not more than 3 months. It will not accrue excess reserves. We hold a £500 wind-up fund.

## RISK

### Principal risks facing the charity

We believe that the Restoration Trust's purposes do not pose a risk of detriment or harm. However, we have identified risks of detriment or harm that could result from the way we carry out our purposes. We consider that the benefits of our purposes and related activities outweigh the risks of detriment or harm to our beneficiaries or the public at large.

Detriment or harm to participants could be caused by:

- failure of staff (in this and all the following instances staff include consultants and researchers) and volunteers to observe and alert others to a deterioration in someone's health and wellbeing;
- failure of staff and volunteers to protect a participant from detriment or harm by other participants;
- failure to identify and report abuse to or by a participant;
- failure to prevent abuse by staff or volunteers working on a project;
- failure to conform to good health and safety practice;
- failure to conform to appropriate confidentiality requirements;
- failure to conform to ethical research practice;
- failure to conform to excellent standards of staff, project and financial management;
- failure to operate in a Covid-Secure manner.

Detriment or harm to staff and volunteers could be caused by:

- harmful actions by participants in a Restoration Trust project;
- failure of others involved in the project to protect staff or volunteers;
- failure to observe and alert others to an escalation in abuse by participants;
- failure to identify and record abuse to staff and volunteers;
- failure to conform to good health and safety practice;
- failure to conform to appropriate confidentiality requirements;
- failure to conform to ethical research practice;
- failure to conform to excellent staff, project and financial management;
- failure to operate in a Covid-Secure manner.

Financial, operational and reputational risks are:

- financial damage to Trustees, partners and funders by failure to implement an effective financial management policy and practices;
- reputational damage to staff, volunteers, Trustees, partners and funders by any significant incident of harm connected to a Restoration Trust project;
- financial, operational and reputational damage to the organisation by failure to manage conflict of interest effectively.

We minimise the detriment or harm from the above by:

- ensuring that good practice in working with vulnerable people is integral to project plans and operations;
- appropriate training for staff and volunteers involved with our projects;
- routine operational monitoring of our performance in respect of detriment or harm;
- careful record keeping;
- excellent staff, project and financial management;
- training for Trustees in risk management in the context of our purposes and beneficiaries;
- Regular review of risks and risk management by Trustees.

## Policies and practice

We have the following policies in place to manage the risk of detriment or harm: Safeguarding vulnerable adults policy; safeguarding young people policy; volunteer policy; data protection; privacy; disclosure of information policy; health and safety policy; equality, inclusion and diversity policy; financial management and controls policy; reserves and risk management policy; conflict of interest policy. We maintain and annually review a corporate risk register and each project has its own risk register. All registers include assessment of Covid-19 risks.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Restoration Trust was established by a charitable trust deed on 7 April 2015 as a Charitable Incorporated Organisation (CIO).

### Trustee selection

Trustees are selected based on the skills, knowledge and experience that can contribute to the achievement of our purposes. They are appointed by the existing Trustees. As the organisation works with vulnerable adults, we carry out all trustee eligibility tests that are required by law.

Our constitution has the following provisions:

#### Functions and duties of charity Trustees

The charity Trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO.

to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard to any special knowledge or experience that he or she has or holds himself or herself out as having. If he or she acts as a charity trustee of the CIO during a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

#### Eligibility for Trusteeship

Every trustee must be a natural person.

No individual may be appointed as a trustee if he or she is under the age of 16 years; or if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).

No one is entitled to act as a trustee whether on appointment or on any re- appointment until he or she has expressly acknowledged his or her acceptance of the office of trustee.

### Number of charity Trustees

There must be at least five Trustees. If the number falls below this minimum, the remaining Trustee or Trustees may act only to call a meeting of the charity Trustees or appoint a new charity trustee. There is no maximum number of charity trustees that can be appointed to the CIO.

### Trustee induction

The Board inducts Trustees according to the following policies and procedures:

- Terms of reference
- Principles for the operation of the Board
- Code of conduct for Trustees
- Chair of Trustees job description
- Trustee job description
- Trustee person specification

### Board organisational structure

The Restoration Trust is a small charity with a simple organisational structure. The Board had three formal Board meetings in 2022/23. The Trustees are led by the Chair Alison Richmond. Frances Halahan is Secretary to the Board.

### Changes in the Board of Trustees

John Tipler resigned and John Durrant was appointed in February 2023. We interviewed new trustees in February 2023 and appointed four people who took up their positions later in the year.

### Trustees are responsible for:

Ensuring that The Restoration Trust has a clear mission, vision and strategic direction and is focused on achieving these.

Being responsible for the performance of the Restoration Trust and for its 'corporate' behavior.

Ensuring that the Restoration Trust complies with all legal and regulatory requirements.

Acting as guardians of the Restoration Trust's assets, both tangible and intangible.

Representing the Restoration Trust as ambassadors in the wider community.

Ensuring that the Restoration Trust's governance is of the highest possible standard.

### The Director is contracted to:

Work with the Board to develop and review The Restoration Trust's vision and strategic plans.

Deliver the Restoration Trust's charitable objectives through appropriate plans and in accordance with agreed policies and procedures.

Ensure that The Restoration Trust is well administered and meets its governance and risk management responsibilities.

Enhance the Restoration Trust's impact and profile.

### Relationship with related parties

We cooperate with other charities and organisations in pursuit of our objectives, as ours is a partnership model. These relationships are managed by partnership agreements agreed and signed by all parties, approved by the Trustees and accepted by funders. Conflicts of interest in

the relationship between Trustees and the activities of the Restoration Trust are managed by the other Trustees by using our constitution, notably items 5 (Application of income and property); 6 (Benefits and payments to charity Trustees and connected persons); 7 (Conflicts of interest and conflicts of loyalty). Our Conflicts of Interest Policy applies.

These relationships are as follows:

- Johnny Tipler was a trustee during the year and is the husband of the Director of the Restoration Trust Laura Tipler, known professionally as Laura Drysdale.
- Dr Sara Lunt is the retired Senior Curator, West Territory, English Heritage, and the Restoration Trust has been running Human Henge with English Heritage in properties for which she was responsible. Dr Lunt provides pro bono advice as a member of the Scaling Up Human Henge Project Board, with travel/subsistence expenses covered by Bournemouth University.
- Melanie Rogers is also a member of the Scaling Up Human Henge Project Board, with travel /subsistence expenses covered by Bournemouth University
- Alison Richmond is the former Chief Executive Officer of Icon, the Institute of Conservation, and Icon is a partner in our Conservation for Wellbeing programme.

Trustees who served during the year

- Nic Allen; John Durrant; Frances Halahan, Secretary; Dr Sara Lunt; Alison Richmond, Chair; Melanie Rogers; Johnny Tipler; Debbie Tilson; Danny Whatmough

There are no corporate Trustees, and no Trustee holds title to property belonging to the charity. We do not hold funds as custodian Trustees on behalf of others. Trustees are appointed for a three-year term, with a maximum of two term renewals.

Reference and administrative details

Name: The Restoration Trust Registered Charity Number: 1161196

Principal address: 3 Vicarage Road, Cromer, NR27 9DQ

Advisers

Our accountants and independent examiners are Timothy Hignett and Partners, 7 High Street, Cromer, Norfolk NR27 9HG.

Staff

Laura Tipler, known professionally as Laura Drysdale, is our Director.



Alison Richmond, Chair - 10 January 2024

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2023**

# **The Restoration Trust**

## **Annual report and financial statements**

**Year ended 31<sup>st</sup> March 2023**

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# **The Restoration Trust**

## **Independent examiner's report**

### **Year ended 31<sup>st</sup> March 2023**

#### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2023.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy Hignett and Partners Limited

7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: 20<sup>th</sup> December 2023.

# The Restoration Trust

## Statement of financial activities Including income and expenditure account

Year ended 31<sup>st</sup> March 2023

|                                       | Notes | Unrestricted<br>funds<br>2023<br>£ | Restricted<br>funds<br>2023<br>£ | Designated<br>fund<br>2023<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2023<br>£ | Total<br>2023<br>£ | Total<br>2022<br>£ |
|---------------------------------------|-------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2     | 25,344                             | 177,548                          | -                               | 4,000                                                          | 206,892            | 133,535            |
| <b>Expenditure on:</b>                |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4     | 16,687                             | 160,939                          | -                               | 3,954                                                          | 181,580            | 155,420            |
| <b>Net income</b>                     |       | 8,657                              | 16,609                           | -                               | 46                                                             | 25,312             | (21,885)           |
| <b>Transfers between funds</b>        |       |                                    |                                  | -                               |                                                                | -                  | -                  |
| <b>Net movement in funds</b>          |       | 8,657                              | 16,609                           | -                               | 46                                                             | 25,312             | (21,885)           |
| Fund balances at 1 April 2022         |       | 444                                | 32,663                           | 500                             | 2,775                                                          | 36,382             | 58,267             |
| <b>Fund balances at 31 March 2023</b> |       | 9,101                              | 49,272                           | 500                             | 2,821                                                          | 61,694             | 36,382             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2023

|                                                       | Notes | 2023<br>£     | 2022<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 12,283        | 459           |
| Cash at bank and in hand                              |       | 56,959        | 39,386        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>69,242</b> | <b>39,845</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (7,548)       | (3,463)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | 61,694        | 36,382        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | 61,694        | 36,382        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 49,272        | 32,663        |
| Unrestricted funds                                    |       | 9,101         | 444           |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 2,821         | 2,775         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 20<sup>th</sup> December 2023.

**Mrs Alison Richmond**  
**Chair of The Restoration Trust board**

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2023**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 2. Charitable activities

|        | Unrestricted<br>funds<br>2023 | Restricted<br>funds<br>2023 | Designated<br>fund<br>2023 | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2023 | Total<br>2023 | Total<br>2022 |
|--------|-------------------------------|-----------------------------|----------------------------|-----------------------------------------------------------|---------------|---------------|
|        | £                             | £                           | £                          | £                                                         | £             | £             |
| Income | 25,344                        | 177,548                     | -                          | 4,000                                                     | 206,892       | 133,535       |

#### 3. Grants and donations

|                                                 | 2023<br>£      | 2022<br>£      |
|-------------------------------------------------|----------------|----------------|
| <b>Donations and gifts</b>                      |                |                |
| <b>Unrestricted funds:</b>                      |                |                |
| Donations received                              | 781            | 14             |
| Unrestricted income                             | 24,563         | 563            |
|                                                 | <u>25,344</u>  | <u>577</u>     |
| <b>Restricted funds:</b>                        |                |                |
| Conservation for Wellbeing - Income             | -              | -              |
| Dr Hills Casebook - Income                      | -              | 4,570          |
| Dr Hills Casebook - Donations                   | -              | 558            |
| Like Minds (Norfolk) - Donations                | 1,293          | 312            |
| Emergency Fund - Income                         | -              | (623)          |
| CRF 20 - Income                                 | 5,310          | 2,087          |
| BCA Experience - Income                         | -              | -              |
| Caistor Pilot - Income                          | -              | 4,028          |
| CRF 2/CRF 3 - Income                            | -              | 52,390         |
| Heritage LW - Income                            | 25,203         | 27,921         |
| Kickstart Grant - Income                        | 15,382         | 24,315         |
| Sound Minds - Income                            | -              | 3,000          |
| Enterprise Development - Income                 | 19,500         | 6,900          |
| Scaling Change Minds - Income                   | 96,997         | 3,000          |
| Archaeology for Wellbeing – Income              | 13,863         | -              |
|                                                 | <u>177,548</u> | <u>128,458</u> |
| <b>Unrestricted: Stay in Touch/Baring fund:</b> |                |                |
| Unrestricted income                             | 4,000          | 4,500          |
|                                                 | <u>4,000</u>   | <u>4,500</u>   |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 4. Charitable activities

|                                          | Total<br>2023<br>£ | Total<br>2022<br>£ |
|------------------------------------------|--------------------|--------------------|
| <b>Analysis by fund</b>                  |                    |                    |
| Unrestricted funds                       | 16,687             | 9,905              |
| Restricted funds                         | 160,939            | 142,743            |
| Designated funds                         | -                  | -                  |
| Unrestricted: Stay in touch/Baring fund: | 3,954              | 2,772              |
|                                          | <hr/>              | <hr/>              |
|                                          | 181,580            | 155,420            |
|                                          | <hr/> <hr/>        | <hr/> <hr/>        |

|                                            | Unrestricted<br>funds<br>2023<br>£ | Restricted<br>funds<br>2023<br>£ | Designated<br>fund<br>2023<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2023<br>£ | Total<br>2023<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by<br/>expense</b>             |                                    |                                  |                                 |                                                               |                    |
| Staff                                      | 14,593                             | 74,419                           | -                               | 2,900                                                         | 91,912             |
| Governance                                 | 428                                | -                                | -                               | -                                                             | 428                |
| Travel and subsistence                     | 2,628                              | 9,674                            | -                               | 290                                                           | 12,592             |
| Project expenses                           | 400                                | 992                              | -                               | -                                                             | 1,392              |
| Promotion and marketing                    | 286                                | 29,055                           | -                               | 100                                                           | 29,441             |
| IT and telecoms                            | 3,921                              | 9,123                            | -                               | -                                                             | 13,044             |
| Stationery, postage and sundry<br>expenses | 4,796                              | 207                              | -                               | 196                                                           | 5,199              |
| Evaluation                                 | -                                  | 6,250                            | -                               | -                                                             | 6,250              |
| Running costs                              | 5,727                              | 15,350                           | -                               | 245                                                           | 21,322             |
| Recharge of overheads                      | (16,092)                           | 15,869                           | -                               | 223                                                           | -                  |
|                                            | <hr/>                              | <hr/>                            | <hr/>                           | <hr/>                                                         | <hr/>              |
|                                            | 16,687                             | 160,939                          | -                               | 3,954                                                         | 181,580            |
|                                            | <hr/> <hr/>                        | <hr/> <hr/>                      | <hr/> <hr/>                     | <hr/> <hr/>                                                   | <hr/> <hr/>        |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 4. Charitable activities (continued)

|                                            | Unrestricted<br>funds<br>2022<br>£ | Restricted<br>funds<br>2022<br>£ | Designated<br>fund<br>2022<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2022<br>£ | Total<br>2022<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by<br/>expense</b>             |                                    |                                  |                                 |                                                               |                    |
| Staff                                      | 3,985                              | 97,364                           | -                               | 2,100                                                         | 103,449            |
| Governance                                 | 2,883                              | 134                              | -                               | -                                                             | 3,017              |
| Travel and subsistence                     | 1,071                              | 4,012                            | -                               | -                                                             | 5,083              |
| Project expenses                           | 7                                  | 5,203                            | -                               | -                                                             | 5,210              |
| Promotion and marketing                    | 725                                | 9,114                            | -                               | 42                                                            | 9,881              |
| IT and telecoms                            | 3,172                              | 2,870                            | -                               | 160                                                           | 6,202              |
| Stationery, postage and sundry<br>expenses | 3,204                              | 4,930                            | -                               | 470                                                           | 8,604              |
| Evaluation                                 | 130                                | 6,856                            | -                               | -                                                             | 6,986              |
| Running costs                              | 1,798                              | 5,190                            | -                               | -                                                             | 6,988              |
| Recharge of overheads                      | (7,070)                            | 7,070                            | -                               | -                                                             | -                  |
|                                            | 9,905                              | 142,743                          | -                               | 2,772                                                         | 155,420            |

#### 5. Employees

There were 4 employees during the year (2022: 7). The employee wages are reimbursed to The Restoration Trust from the DWP under the Government Kickstart Scheme.

None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2022: None).

#### 6. Key management personnel

The only member of key management personnel in 2023 is the trust director. The trust director received £18,900, (2022: £32,264) from The Restoration Trust.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 7. Trustee remuneration, benefits and expenses

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2023<br>£ | 2022<br>£ |
|-----------------------------------------------------|-----------|-----------|
| <b>Charitable funds committee members' expenses</b> |           |           |
| Travel and subsistence                              | 5,700     | 3,260     |
|                                                     | <hr/>     | <hr/>     |
|                                                     | 5,700     | 3,260     |
|                                                     | <hr/>     | <hr/>     |

#### 8. Related party transactions

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

#### 9. Independent examiner's remuneration

The independent examiner's remuneration of £3,265 (2022: £1,260) related solely to the examination, with no other additional work being undertaken.

#### 10. Debtors

|                                             | 2023<br>£ | 2022<br>£ |
|---------------------------------------------|-----------|-----------|
| <b>Amounts falling due within one year:</b> |           |           |
| Trade debtors                               | 12,167    | 284       |
| Other debtors                               | -         | 51        |
| Prepayments and accrued income              | 116       | 124       |
|                                             | <hr/>     | <hr/>     |
|                                             | 12,283    | 459       |
|                                             | <hr/>     | <hr/>     |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 11. Creditors: amounts falling due within one year

|                              | 2023  | 2022  |
|------------------------------|-------|-------|
|                              | £     | £     |
| Trade creditors              | 3,559 | 2,089 |
| Other creditors              | 414   | 124   |
| Accruals and deferred income | 3,575 | 1,250 |
|                              | <hr/> | <hr/> |
|                              | 7,548 | 3,463 |
|                              | <hr/> | <hr/> |

#### 12. Restricted costs

|                            | 2023    | 2022    |
|----------------------------|---------|---------|
|                            | £       | £       |
| Burgh Castle Almanac       | -       | 758     |
| Culture Quest (Suffolk)    | -       | -       |
| Like Minds (Norfolk)       | 441     | 7,465   |
| Conservation for Wellbeing | 1,849   | 1,383   |
| Dr Hills Casebook          | -       | 23,804  |
| BCA Film Project           | -       | 66      |
| Emergency Fund             | -       | 214     |
| CRF 20                     | 7,370   | 7,476   |
| BCA Experience             | 2,810   | 5,997   |
| Caistor Pilot              | 1,439   | 2,589   |
| CRF 2/CRF 3                | -       | 51,827  |
| Heritage LW                | 29,749  | 3,966   |
| Kickstart Grant            | 19,052  | 20,645  |
| Sound Minds                | -       | 3,000   |
| Enterprise Development     | 16,119  | 6,900   |
| Scaling Change Minds       | 72,749  | 6,653   |
| Archaeology For Wellbeing  | 9,361   | -       |
|                            | <hr/>   | <hr/>   |
|                            | 160,939 | 142,743 |
|                            | <hr/>   | <hr/>   |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 13. Analysis of net assets between funds

|                                          | Net<br>current<br>assets<br>£ | Total<br>2023<br>£ | Total<br>2022<br>£ |
|------------------------------------------|-------------------------------|--------------------|--------------------|
| Unrestricted funds                       | 9,101                         | 9,101              | 444                |
| Restricted funds                         | 49,272                        | 49,272             | 32,663             |
| Designated funds                         | 500                           | 500                | 500                |
| Unrestricted: Stay in touch/Baring fund: | 2,821                         | 2,821              | 2,775              |
|                                          | <hr/>                         | <hr/>              | <hr/>              |
|                                          | 61,694                        | 61,694             | 36,382             |
|                                          | <hr/>                         | <hr/>              | <hr/>              |

#### 14. Analysis of restricted fund movements

|               | Balance at<br>1st April<br>2022<br>£ | Income<br>£ | Expenditure<br>£ | Transfers<br>£ | Balance at<br>31st March<br>2023<br>£ |
|---------------|--------------------------------------|-------------|------------------|----------------|---------------------------------------|
| General funds | 32,663                               | 177,548     | 160,939          | -              | 49,272                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |
|               | 32,663                               | 177,548     | 160,939          | -              | 49,272                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2023

|                                                       | Notes | 2023<br>£     | 2022<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 12,283        | 459           |
| Cash at bank and in hand                              |       | 56,959        | 39,386        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>69,242</b> | <b>39,845</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (7,548)       | (3,463)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 49,272        | 32,663        |
| Unrestricted funds                                    |       | 9,101         | 444           |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 2,821         | 2,775         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 20<sup>th</sup> December 2023.



**Mrs Alison Richmond**  
Chair of The Restoration Trust board

20 December 2023

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2023**

# **The Restoration Trust**

## **Annual report and financial statements**

**Year ended 31<sup>st</sup> March 2023**

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| Statement of financial activities | 2           |
| Balance sheet                     | 3           |
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# **The Restoration Trust**

## **Independent examiner's report**

### **Year ended 31<sup>st</sup> March 2023**

#### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2023.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy Hignett and Partners Limited

7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: 20<sup>th</sup> December 2023.

# The Restoration Trust

## Statement of financial activities Including income and expenditure account

Year ended 31<sup>st</sup> March 2023

|                                       | Notes | Unrestricted<br>funds<br>2023<br>£ | Restricted<br>funds<br>2023<br>£ | Designated<br>fund<br>2023<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2023<br>£ | Total<br>2023<br>£ | Total<br>2022<br>£ |
|---------------------------------------|-------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2     | 25,344                             | 177,548                          | -                               | 4,000                                                          | 206,892            | 133,535            |
| <b>Expenditure on:</b>                |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4     | 16,687                             | 160,939                          | -                               | 3,954                                                          | 181,580            | 155,420            |
| <b>Net income</b>                     |       | 8,657                              | 16,609                           | -                               | 46                                                             | 25,312             | (21,885)           |
| <b>Transfers between funds</b>        |       |                                    |                                  | -                               |                                                                | -                  | -                  |
| <b>Net movement in funds</b>          |       | 8,657                              | 16,609                           | -                               | 46                                                             | 25,312             | (21,885)           |
| Fund balances at 1 April 2022         |       | 444                                | 32,663                           | 500                             | 2,775                                                          | 36,382             | 58,267             |
| <b>Fund balances at 31 March 2023</b> |       | 9,101                              | 49,272                           | 500                             | 2,821                                                          | 61,694             | 36,382             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2023

|                                                       | Notes | 2023<br>£     | 2022<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 12,283        | 459           |
| Cash at bank and in hand                              |       | 56,959        | 39,386        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>69,242</b> | <b>39,845</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (7,548)       | (3,463)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | 61,694        | 36,382        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | 61,694        | 36,382        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 49,272        | 32,663        |
| Unrestricted funds                                    |       | 9,101         | 444           |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 2,821         | 2,775         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 20<sup>th</sup> December 2023.

**Mrs Alison Richmond**  
**Chair of The Restoration Trust board**

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2023**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 2. Charitable activities

|        | Unrestricted<br>funds<br>2023 | Restricted<br>funds<br>2023 | Designated<br>fund<br>2023 | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2023 | Total<br>2023 | Total<br>2022 |
|--------|-------------------------------|-----------------------------|----------------------------|-----------------------------------------------------------|---------------|---------------|
|        | £                             | £                           | £                          | £                                                         | £             | £             |
| Income | 25,344                        | 177,548                     | -                          | 4,000                                                     | 206,892       | 133,535       |

#### 3. Grants and donations

|                                                 | 2023<br>£      | 2022<br>£      |
|-------------------------------------------------|----------------|----------------|
| <b>Donations and gifts</b>                      |                |                |
| <b>Unrestricted funds:</b>                      |                |                |
| Donations received                              | 781            | 14             |
| Unrestricted income                             | 24,563         | 563            |
|                                                 | <u>25,344</u>  | <u>577</u>     |
| <b>Restricted funds:</b>                        |                |                |
| Conservation for Wellbeing - Income             | -              | -              |
| Dr Hills Casebook - Income                      | -              | 4,570          |
| Dr Hills Casebook - Donations                   | -              | 558            |
| Like Minds (Norfolk) - Donations                | 1,293          | 312            |
| Emergency Fund - Income                         | -              | (623)          |
| CRF 20 - Income                                 | 5,310          | 2,087          |
| BCA Experience - Income                         | -              | -              |
| Caistor Pilot - Income                          | -              | 4,028          |
| CRF 2/CRF 3 - Income                            | -              | 52,390         |
| Heritage LW - Income                            | 25,203         | 27,921         |
| Kickstart Grant - Income                        | 15,382         | 24,315         |
| Sound Minds - Income                            | -              | 3,000          |
| Enterprise Development - Income                 | 19,500         | 6,900          |
| Scaling Change Minds - Income                   | 96,997         | 3,000          |
| Archaeology for Wellbeing – Income              | 13,863         | -              |
|                                                 | <u>177,548</u> | <u>128,458</u> |
| <b>Unrestricted: Stay in Touch/Baring fund:</b> |                |                |
| Unrestricted income                             | 4,000          | 4,500          |
|                                                 | <u>4,000</u>   | <u>4,500</u>   |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 4. Charitable activities

|                                          | <b>Total<br/>2023<br/>£</b> | <b>Total<br/>2022<br/>£</b> |
|------------------------------------------|-----------------------------|-----------------------------|
| <b>Analysis by fund</b>                  |                             |                             |
| Unrestricted funds                       | 16,687                      | 9,905                       |
| Restricted funds                         | 160,939                     | 142,743                     |
| Designated funds                         | -                           | -                           |
| Unrestricted: Stay in touch/Baring fund: | 3,954                       | 2,772                       |
|                                          | <hr/>                       | <hr/>                       |
|                                          | 181,580                     | 155,420                     |
|                                          | <hr/> <hr/>                 | <hr/> <hr/>                 |

|                                            | <b>Unrestricted<br/>funds<br/>2023<br/>£</b> | <b>Restricted<br/>funds<br/>2023<br/>£</b> | <b>Designated<br/>fund<br/>2023<br/>£</b> | <b>Unrestricted<br/>Stay in<br/>touch/<br/>Baring fund<br/>2023<br/>£</b> | <b>Total<br/>2023<br/>£</b> |
|--------------------------------------------|----------------------------------------------|--------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------|-----------------------------|
| <b>Analysis by<br/>expense</b>             |                                              |                                            |                                           |                                                                           |                             |
| Staff                                      | 14,593                                       | 74,419                                     | -                                         | 2,900                                                                     | 91,912                      |
| Governance                                 | 428                                          | -                                          | -                                         | -                                                                         | 428                         |
| Travel and subsistence                     | 2,628                                        | 9,674                                      | -                                         | 290                                                                       | 12,592                      |
| Project expenses                           | 400                                          | 992                                        | -                                         | -                                                                         | 1,392                       |
| Promotion and marketing                    | 286                                          | 29,055                                     | -                                         | 100                                                                       | 29,441                      |
| IT and telecoms                            | 3,921                                        | 9,123                                      | -                                         | -                                                                         | 13,044                      |
| Stationery, postage and sundry<br>expenses | 4,796                                        | 207                                        | -                                         | 196                                                                       | 5,199                       |
| Evaluation                                 | -                                            | 6,250                                      | -                                         | -                                                                         | 6,250                       |
| Running costs                              | 5,727                                        | 15,350                                     | -                                         | 245                                                                       | 21,322                      |
| Recharge of overheads                      | (16,092)                                     | 15,869                                     | -                                         | 223                                                                       | -                           |
|                                            | <hr/>                                        | <hr/>                                      | <hr/>                                     | <hr/>                                                                     | <hr/>                       |
|                                            | 16,687                                       | 160,939                                    | -                                         | 3,954                                                                     | 181,580                     |
|                                            | <hr/> <hr/>                                  | <hr/> <hr/>                                | <hr/> <hr/>                               | <hr/> <hr/>                                                               | <hr/> <hr/>                 |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 4. Charitable activities (continued)

|                                            | Unrestricted<br>funds<br>2022 | Restricted<br>funds<br>2022 | Designated<br>fund<br>2022 | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2022 | Total<br>2022 |
|--------------------------------------------|-------------------------------|-----------------------------|----------------------------|----------------------------------------------------------|---------------|
|                                            | £                             | £                           | £                          | £                                                        | £             |
| <b>Analysis by<br/>expense</b>             |                               |                             |                            |                                                          |               |
| Staff                                      | 3,985                         | 97,364                      | -                          | 2,100                                                    | 103,449       |
| Governance                                 | 2,883                         | 134                         | -                          | -                                                        | 3,017         |
| Travel and subsistence                     | 1,071                         | 4,012                       | -                          | -                                                        | 5,083         |
| Project expenses                           | 7                             | 5,203                       | -                          | -                                                        | 5,210         |
| Promotion and marketing                    | 725                           | 9,114                       | -                          | 42                                                       | 9,881         |
| IT and telecoms                            | 3,172                         | 2,870                       | -                          | 160                                                      | 6,202         |
| Stationery, postage and sundry<br>expenses | 3,204                         | 4,930                       | -                          | 470                                                      | 8,604         |
| Evaluation                                 | 130                           | 6,856                       | -                          | -                                                        | 6,986         |
| Running costs                              | 1,798                         | 5,190                       | -                          | -                                                        | 6,988         |
| Recharge of overheads                      | (7,070)                       | 7,070                       | -                          | -                                                        | -             |
|                                            | 9,905                         | 142,743                     | -                          | 2,772                                                    | 155,420       |

#### 5. Employees

There were 4 employees during the year (2022: 7). The employee wages are reimbursed to The Restoration Trust from the DWP under the Government Kickstart Scheme.

None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2022: None).

#### 6. Key management personnel

The only member of key management personnel in 2023 is the trust director. The trust director received £18,900, (2022: £32,264) from The Restoration Trust.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 7. Trustee remuneration, benefits and expenses

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2023<br>£ | 2022<br>£ |
|-----------------------------------------------------|-----------|-----------|
| <b>Charitable funds committee members' expenses</b> |           |           |
| Travel and subsistence                              | 5,700     | 3,260     |
|                                                     | <hr/>     | <hr/>     |
|                                                     | 5,700     | 3,260     |
|                                                     | <hr/>     | <hr/>     |

#### 8. Related party transactions

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

#### 9. Independent examiner's remuneration

The independent examiner's remuneration of £3,265 (2022: £1,260) related solely to the examination, with no other additional work being undertaken.

#### 10. Debtors

|                                             | 2023<br>£ | 2022<br>£ |
|---------------------------------------------|-----------|-----------|
| <b>Amounts falling due within one year:</b> |           |           |
| Trade debtors                               | 12,167    | 284       |
| Other debtors                               | -         | 51        |
| Prepayments and accrued income              | 116       | 124       |
|                                             | <hr/>     | <hr/>     |
|                                             | 12,283    | 459       |
|                                             | <hr/>     | <hr/>     |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 11. Creditors: amounts falling due within one year

|                              | 2023  | 2022  |
|------------------------------|-------|-------|
|                              | £     | £     |
| Trade creditors              | 3,559 | 2,089 |
| Other creditors              | 414   | 124   |
| Accruals and deferred income | 3,575 | 1,250 |
|                              | <hr/> | <hr/> |
|                              | 7,548 | 3,463 |
|                              | <hr/> | <hr/> |

#### 12. Restricted costs

|                            | 2023    | 2022    |
|----------------------------|---------|---------|
|                            | £       | £       |
| Burgh Castle Almanac       | -       | 758     |
| Culture Quest (Suffolk)    | -       | -       |
| Like Minds (Norfolk)       | 441     | 7,465   |
| Conservation for Wellbeing | 1,849   | 1,383   |
| Dr Hills Casebook          | -       | 23,804  |
| BCA Film Project           | -       | 66      |
| Emergency Fund             | -       | 214     |
| CRF 20                     | 7,370   | 7,476   |
| BCA Experience             | 2,810   | 5,997   |
| Caistor Pilot              | 1,439   | 2,589   |
| CRF 2/CRF 3                | -       | 51,827  |
| Heritage LW                | 29,749  | 3,966   |
| Kickstart Grant            | 19,052  | 20,645  |
| Sound Minds                | -       | 3,000   |
| Enterprise Development     | 16,119  | 6,900   |
| Scaling Change Minds       | 72,749  | 6,653   |
| Archaeology For Wellbeing  | 9,361   | -       |
|                            | <hr/>   | <hr/>   |
|                            | 160,939 | 142,743 |
|                            | <hr/>   | <hr/>   |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2023

#### 13. Analysis of net assets between funds

|                                          | Net<br>current<br>assets<br>£ | Total<br>2023<br>£ | Total<br>2022<br>£ |
|------------------------------------------|-------------------------------|--------------------|--------------------|
| Unrestricted funds                       | 9,101                         | 9,101              | 444                |
| Restricted funds                         | 49,272                        | 49,272             | 32,663             |
| Designated funds                         | 500                           | 500                | 500                |
| Unrestricted: Stay in touch/Baring fund: | 2,821                         | 2,821              | 2,775              |
|                                          | <hr/>                         | <hr/>              | <hr/>              |
|                                          | 61,694                        | 61,694             | 36,382             |
|                                          | <hr/>                         | <hr/>              | <hr/>              |

#### 14. Analysis of restricted fund movements

|               | Balance at<br>1st April<br>2022<br>£ | Income<br>£ | Expenditure<br>£ | Transfers<br>£ | Balance at<br>31st March<br>2023<br>£ |
|---------------|--------------------------------------|-------------|------------------|----------------|---------------------------------------|
| General funds | 32,663                               | 177,548     | 160,939          | -              | 49,272                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |
|               | 32,663                               | 177,548     | 160,939          | -              | 49,272                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2023

|                                                       | Notes | 2023<br>£     | 2022<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 12,283        | 459           |
| Cash at bank and in hand                              |       | 56,959        | 39,386        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>69,242</b> | <b>39,845</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (7,548)       | (3,463)       |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 49,272        | 32,663        |
| Unrestricted funds                                    |       | 9,101         | 444           |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 2,821         | 2,775         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>61,694</b> | <b>36,382</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 20<sup>th</sup> December 2023.



**Mrs Alison Richmond**  
Chair of The Restoration Trust board

20 December 2023

**THE RESTORATION TRUST**

England & Wales - Charity number 1161196

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# Accounts

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## **ANNUAL REPORT 2021 - 2022**

### **The Trustees present their report and accounts for the year ended 31 March 2022.**

The accounts have been prepared in accordance with the accounting policies set out in note/1 to the accounts and comply with the Restoration Trust's constitution, the Charities Act, 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", (as amended for accounting periods commencing from 1st January 2019).

### **Objectives and activities**

#### **Summary of the purposes of the charity as set out in the governing document.**

The objects of the CIO are:

1. The promotion of social inclusion for public benefit among marginalised people, in particular those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage, through:
  - Projects that encourage people to flourish through therapeutic cultural engagement;
  - Research into the wellbeing and other benefits of therapeutic cultural engagement in order to show what works;
  - Disseminating information about the wellbeing and other benefits of therapeutic cultural engagement;
  - Improving equal opportunities for therapeutic cultural engagement.
2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the Trustees may from time to time determine.

### **Summary of our main activities**

The Restoration Trust helps marginalised people, and in particular those who experience or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage. We call this culture therapy. We set up, fund and run projects that are partnerships between cultural organisations such as galleries, historic and archaeological sites, archives, museums, orchestras and theatres, and organisations that work with people marginalized by mental ill health and by contributing factors, such as homelessness, poverty, crime, abuse and drug and alcohol misuse. We research and evaluate our projects to add to the evidence base of what works for people's wellbeing and recovery, and we use every possible means to tell people about what we do, while fully respecting privacy.

### **Statement confirming that the Trustees have had regard to Charity Commission guidance on public benefit**

3 Vicarage Road, Cromer, NR27 9DQ  
[www.restorationtrust.org.uk](http://www.restorationtrust.org.uk)  
[laura@restorationtrust.org.uk](mailto:laura@restorationtrust.org.uk)  
0044 7740 844883

Charity Registration Number: 1161196

The Trustees are satisfied that we meet Test B of the Charities Exception under the Equality Act, and the Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities they should undertake. Our governing document restricts benefits to people with a shared protected characteristic, being mental ill health, which is a disability. The restriction can be justified as being a fair, balanced and reasonably necessary way of carrying out a legitimate aim, which is to improve people's mental health by therapeutic cultural engagement.

**Evidence on cultural engagement for people with mental ill health suggests that:**

- a. well managed cultural engagement improves people's mental health;
- b. people with mental ill health are disproportionately excluded from heritage, arts and culture;
- c. research into the wellbeing and health benefits of projects engaging people with mental ill health in heritage, arts and culture is needed for the development of cultural and health policy and practice;
- d. discrimination against people with mental ill health is reduced by news and information about creative projects which support prevention, treatment and recovery.

**Contributions by volunteers**

Volunteers play an essential part in achieving our purposes, by helping to organise and deliver projects. They are people who have participated in our projects, or who want to gain culture therapy experience. In 2021/22 we worked with 20 volunteers, who supported projects and our core activities, including through membership of our Expert Advisory Board.

**Covid-19**

As Covid-19 continued into 2021/22, we continued to deploy hybrid working, online, with post and meeting in a Covid Secure way. This is now incorporated into our methodology.

**Achievements and performance**

**Summary of our main achievements**

We gained funding for the following projects in 2021/22:

- Cultural Recovery Fund (rounds 2 and 3); core funding, diversity strategy, policy development
- Exploring Caistor Roman Town; archaeology and creativity on the site of a Roman Town
- Burgh Castle Almanac Experience; community programme of visits, film showings, communications
- Sound Minds; 5 sessions with Norfolk Record Office as part of a British Library major project
- Stay in Touch; fortnightly online meetings
- Enterprise Development Programme; consultancy on a feasibility study and plan to earn income. Improving communications
- Heritage Linkworker, Great Yarmouth and Waveney; a pilot project funded by Historic England (to 2024)

- Scaling Up Change Minds; 6 iterations, wellbeing research and an information hub (to 2025)
- The Baring Foundation commissioned us to produce a report, Creatively Minded and Heritage, published in November 2021.
- Other publications included Dr Hills' Casebook, and the Burgh Castle Almanac, both edited by Ellen Hardy and designed by Robert Fairclough.
- We were part of a successful project bid by Bournemouth University for Scaling Up Human Henge and continued to run Like Minds Norfolk.
- Developing our marketing and communications was an I-Teams research project at the University of East Anglia.

We appointed 4 Kickstart placements as Culture and Heritage Linkworkers. A CHASE-funded University of East Anglia PhD placement enabled writer Ellen Hardy to work with us until March 2022. We appointed a Heritage Linkworker in March 2022 and we funded the post of a Change Minds Project Officer based at Norfolk Record Office from March 2022. Our Change Minds volunteer historian Richard Johnson was awarded Heritage Hero 2021/22 by the Heritage Alliance.

A programme of policy development led by Trustees included a new Equality Diversity and Inclusion Policy, an Associated Bullying and Harassment Policy and a Code of Conduct.

In 2021/2022 our projects:

- supported 58 people who live with serious mental health challenges on low income
- delivered 50 sessions, lasting from 1 to 3 hours, both online and in person
- provided experience for 20 volunteers, including peer volunteers and students
- Involved collaboration with 20 cultural, mental health and research partners.

### **Organisation**

The Director Laura Drysdale manages the organization, being paid through restricted grant and project funds. Our Coordinators are self-employed contractors. We have a self-employed bookkeeper, PA and HR consultant.

### **People-led growth**

Our Board and project boards include people with lived experience of serious mental health problems, people who are members of NHS Patient Public Involvement groups, and people who have been members of our projects. Our Expert Advisory Board is made up of 12 people who are or have been members of our projects. We encourage participants to use their skills as contractors or volunteers for the Restoration Trust, and we reward people appropriately for their time.

### **Reserves policy**

The Board considered the level of reserves that is prudent for the Restoration Trust to have at its first meeting and now does so annually. Our Reserves and Risk Management is based on what we need to cover current liabilities, which are small

given that we do not employ staff except on contracts covered by restricted funds. We anticipate that the bulk of the Restoration Trust's funds will be restricted; that its assets will be functional. It will accrue sufficient reserves to cover emergency expenditure and liabilities for at least 1 but not more than 3 months. It will not accrue excess reserves.

**Amount of reserves held**

£500 wind-up fund.

**Principal sources of funds**

Our income is largely restricted funding, raised for projects. We also receive income from consultancy on projects led by other partners. Our unrestricted funds incorporate an overhead charge for delivering projects, which the Trustees have agreed should aim to be at least 12% of project costs.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognized at the time of the donation.

The Trustees agree that we will raise funds by the following means:

- a. grants from charitable trusts, research funders and lottery distributors;
- b. donations;
- c. fundraising activities and events;
- d. contributions in kind from partner and supporting organizations;
- e. facilitation fees;
- f. the sale of licences for use of our good practice model; training in use of our good practice model; research and dissemination events relating to our purposes; sale of tickets for entry to exhibitions relating to our projects; sale of artworks and books produced by our projects;
- g. any other income generating activity approved by our Trustees.

**Principal risks facing the charity**

We believe that the Restoration Trust's purposes do not pose a risk of detriment or harm. However, we have identified risks of detriment or harm that could result from the way we carry out our purposes. We consider that the benefits of our purposes and related activities outweigh the risks of detriment or harm to our beneficiaries or the public at large.

**Detriment or harm to participants could be caused by:**

- a. failure of staff (in this and all the following instances staff include consultants and researchers) and volunteers to observe and alert others to a deterioration in someone's health and wellbeing;
- b. failure of staff and volunteers to protect a participant from detriment or harm by other participants;
- c. failure to identify and report abuse to or by a participant;
- d. failure to prevent abuse by staff or volunteers working on a project;
- e. failure to conform to good health and safety practice;
- f. failure to conform to appropriate confidentiality requirements;

- g. failure to conform to ethical research practice;
- h. failure to conform to excellent standards of staff, project and financial management;
- i. failure to operate in a Covid-Secure manner.

**Detriment or harm to staff and volunteers could be caused by:**

- a. harmful actions by participants in a Restoration Trust project;
- b. failure of others involved in the project to protect staff or volunteers;
- c. failure to observe and alert others to an escalation in abuse by participants;
- d. failure to identify and record abuse to staff and volunteers;
- e. failure to conform to good health and safety practice;
- f. failure to conform to appropriate confidentiality requirements;
- g. failure to conform to ethical research practice;
- h. failure to conform to excellent staff, project and financial management;
- i. failure to operate in a Covid-Secure manner.

**Financial, operational and reputational risks are:**

- financial damage to Trustees, partners and funders by failure to implement an effective financial management policy and practices;
- reputational damage to staff, volunteers, Trustees, partners and funders by any significant incident of harm connected to a Restoration Trust project;
- financial, operational and reputational damage to the organisation by failure to manage conflict of interest effectively.

**We minimise the detriment or harm from the above by:**

- a. ensuring that good practice in working with vulnerable people is integral to project plans and operations;
- b. appropriate training for staff and volunteers involved with our projects;
- c. routine operational monitoring of our performance in respect of detriment or harm;
- d. careful record keeping;
- e. excellent staff, project and financial management;
- f. training for Trustees in risk management in the context of our purposes and beneficiaries;
- g. Regular review of risks and risk management by Trustees.

**Policies and practice**

We have the following policies in place to manage the risk of detriment or harm: Safeguarding vulnerable adults policy; safeguarding young people policy; volunteer policy; data protection; privacy; disclosure of information policy; health and safety policy; equality, inclusion and diversity policy; financial management and controls policy; reserves and risk management policy; conflict of interest policy. We maintain and annually review a corporate risk register and each project has its own risk register. All registers include assessment of Covid-19 risks.

**Structure, governance and management**

The Restoration Trust was established by a charitable trust deed on 7 April 2015 as a

Charitable Incorporated Organisation (CIO).

### **Trustee selection**

Trustees are selected based on the skills, knowledge and experience that can contribute to the achievement of our purposes. They are appointed by the existing Trustees. As the organisation works with vulnerable adults, we carry out all trustee eligibility tests that are required by law. Our constitution has the following provisions:

### **Functions and duties of charity Trustees**

The charity Trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a. to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO.
- b. to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard to any special knowledge or experience that he or she has or holds himself or herself out as having. If he or she acts as a charity trustee of the CIO during a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

### **Eligibility for Trusteeship**

- a. Every trustee must be a natural person.
- b. No individual may be appointed as a trustee if he or she is under the age of 16 years; or if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).
- c. No one is entitled to act as a trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged his or her acceptance of the office of trustee.

### **Number of charity Trustees**

- a. There must be at least five Trustees. If the number falls below this minimum, the remaining Trustee or Trustees may act only to call a meeting of the charity Trustees or appoint a new charity trustee.
- b. There is no maximum number of charity trustees that can be appointed to the CIO.

### **Trustee induction**

The Board inducts Trustees according to the following policies and procedures:

- Terms of reference
- Principles for the operation of the Board
- Code of conduct for Trustees
- Chair of Trustees job description
- Trustee job description
- Trustee person specification

### **Board organisational structure**

The Restoration Trust is a small charity with a simple organisational structure. The Board had three formal Board meetings in 2021/22, and a Strategic Conversation for Trustees and Expert Advisory Board members in March 2022. The Trustees are led by the Chair Alison Richmond. Frances Halahan is Secretary to the Board.

### **Changes in the Board of Trustees**

No changes were made.

### **Trustees are responsible for:**

- a. Ensuring that The Restoration Trust has a clear mission, vision and strategic direction and is focused on achieving these.
- b. Being responsible for the performance of the Restoration Trust and for its 'corporate' behavior.
- c. Ensuring that the Restoration Trust complies with all legal and regulatory requirements.
- d. Acting as guardians of the Restoration Trust's assets, both tangible and intangible.
- e. Representing the Restoration Trust as ambassadors in the wider community.
- f. Ensuring that the Restoration Trust's governance is of the highest possible standard.

### **The Director is contracted to:**

- a. Work with the Board to develop and review The Restoration Trust's vision and strategic plans.
- b. Deliver the Restoration Trust's charitable objectives through appropriate plans and in accordance with agreed policies and procedures.
- c. Ensure that The Restoration Trust is well administered and meets its governance and risk management responsibilities.
- d. Enhance the Restoration Trust's impact and profile.

### **Relationship with related parties**

We cooperate with other charities and organisations in pursuit of our objectives, as ours is a partnership model. These relationships are managed by partnership agreements agreed and signed by all parties, approved by the Trustees and accepted by funders. Conflicts of interest in the relationship between Trustees and the activities of the Restoration Trust are managed by the other Trustees by using our constitution, notably items 5 (Application of income and property); 6 (Benefits and payments to charity Trustees and connected persons); 7 (Conflicts of interest and conflicts of loyalty). Our Conflicts of Interest Policy applies.

### **These relationships are as follows**

- Johnny Tipler is a trustee and the husband of the Director of the Restoration Trust Laura Tipler, known professionally as Laura Drysdale.
- Dr Sara Lunt is the retired Senior Curator, West Territory, English Heritage, and the Restoration Trust has been running Human Henge with English Heritage in properties for which she was responsible. Dr Lunt provides pro bono advice as

Chair of the Human Henge Project Board, and the Restoration Trust covers her related travel and subsistence expenses.

- Alison Richmond is the former Chief Executive Officer of Icon, the Institute of Conservation, and Icon is a partner in our Conservation for Wellbeing programme.

#### **Reference and administrative details**

Name: The Restoration Trust

Registered Charity Number: 1161196

Principal address: 3 Vicarage Road, Cromer, NR27 9DQ

#### **Trustees who served during the year**

Nic Allen

Frances Halahan, Secretary

Dr Sara Lunt, Chair Human Henge Project Board

Johnny Tipler

Danny Whatmough

Alison Richmond, Chair

Debbie Tilson

Melanie Rogers

There are no corporate Trustees, and no Trustee holds title to property belonging to the charity. We do not hold funds as custodian Trustees on behalf of others. Trustees are appointed for a three-year term, with a maximum of two term renewals.

#### **Advisers**

Our accountants and independent examiners are Timothy Hignett and Partners, 7 High Street, Cromer, Norfolk NR27 9HG.

#### **Staff**

Laura Tipler, known professionally as Laura Drysdale, is our Director.

#### **Declaration**

The Trustees declare that they have approved the report above.



**Alison Richmond**

Chair of the Trustees

#### **Dated**

09 January 2023.

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2022**

# **The Restoration Trust**

## **Annual report and financial statements**

**Year ended 31<sup>st</sup> March 2022**

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| Notes to the financial statements | 4 - 10      |

# **The Restoration Trust**

## **Independent examiner's report**

**Year ended 31<sup>st</sup> March 2022**

### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2022.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy Hignett and Partners Limited

7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: .

# The Restoration Trust

## Statement of financial activities Including income and expenditure account

Year ended 31<sup>st</sup> March 2022

|                                       | Notes | Unrestricted<br>funds<br>2022<br>£ | Restricted<br>funds<br>2022<br>£ | Designated<br>fund<br>2022<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2022<br>£ | Total<br>2022<br>£ | Total<br>2021<br>£ |
|---------------------------------------|-------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2     | (9,266)                            | 138,301                          | -                               | 4,500                                                          | 133,535            | 120,401            |
| <b>Expenditure on:</b>                |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4     | 9,905                              | 142,743                          | -                               | 2,772                                                          | 155,420            | 128,083            |
| <b>Net income</b>                     |       | (19,171)                           | (4,442)                          | -                               | 1,728                                                          | (21,885)           | (7,682)            |
| <b>Transfers between funds</b>        |       | -                                  | -                                | -                               | -                                                              | -                  | -                  |
| <b>Net movement in funds</b>          |       | (19,171)                           | (4,442)                          | -                               | 1,728                                                          | (21,885)           | (7,682)            |
| Fund balances at 1 April 2021         |       | 19,615                             | 37,105                           | 500                             | 1,047                                                          | 58,267             | 65,949             |
| <b>Fund balances at 31 March 2022</b> |       | 444                                | 32,663                           | 500                             | 2,775                                                          | 36,382             | 58,267             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2022

|                                                       | Notes | 2022<br>£     | 2021<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 459           | 6,616         |
| Cash at bank and in hand                              |       | 39,386        | 66,751        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>39,845</b> | <b>73,367</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (3,463)       | (15,100)      |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>36,382</b> | <b>58,267</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>36,382</b> | <b>58,267</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 32,663        | 37,105        |
| Unrestricted funds                                    |       | 444           | 19,615        |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 2,775         | 1,047         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>36,382</b> | <b>58,267</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 20<sup>th</sup> October 2022.



**Mrs Allison Richmond**  
Chair of The Restoration Trust board

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2022**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 2. Charitable activities

|        | Unrestricted<br>funds<br>2022 | Restricted<br>funds<br>2022 | Designated<br>fund<br>2022 | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2022 | Total<br>2022 | Total<br>2021 |
|--------|-------------------------------|-----------------------------|----------------------------|-----------------------------------------------------------|---------------|---------------|
|        | £                             | £                           | £                          | £                                                         | £             | £             |
| Income | (9,266)                       | 138,301                     | -                          | 4,500                                                     | 133,535       | 120,401       |

#### 3. Grants and donations

|                                                 | 2022<br>£ | 2021<br>£ |
|-------------------------------------------------|-----------|-----------|
| <b>Donations and gifts</b>                      |           |           |
| <b>Unrestricted funds:</b>                      |           |           |
| Donations received                              | 14        | 5,240     |
| Unrestricted income                             | (9,280)   | 13,493    |
|                                                 | (9,266)   | 18,733    |
| <b>Restricted funds:</b>                        |           |           |
| Burgh Castle Almanac - Income                   | -         | 6,896     |
| Conservation for Wellbeing - Income             | -         | 6,600     |
| Dr Hills Casebook - Income                      | 4,570     | 28,826    |
| Dr Hills Casebook - Donations                   | 558       | -         |
| Like Minds (Norfolk) - Donations                | 312       | -         |
| Emergency Fund - Income                         | (623)     | 10,423    |
| CRF 20 - Income                                 | 2,087     | 42,673    |
| BCA Experience - Income                         | 9,843     | -         |
| Caistor Pilot - Income                          | 4,028     | -         |
| CRF 2/CRF 3 - Income                            | 52,390    | -         |
| Heritage LW - Income                            | 27,921    | -         |
| Kickstart Grant - Income                        | 24,315    | -         |
| Sound Minds - Income                            | 3,000     | -         |
| Enterprise Development - Income                 | 6,900     | -         |
| Scaling Change Minds - Income                   | 3,000     | -         |
|                                                 | 138,301   | 95,418    |
| <b>Unrestricted: Stay in touch/Baring fund:</b> |           |           |
| Unrestricted income                             | 4,500     | 6,250     |
|                                                 | 4,500     | 6,250     |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 4. Charitable activities

|                                          | <b>Total<br/>2022</b> | <b>Total<br/>2021</b> |
|------------------------------------------|-----------------------|-----------------------|
|                                          | <b>£</b>              | <b>£</b>              |
| <b>Analysis by fund</b>                  |                       |                       |
| Unrestricted funds                       | 9,905                 | (1,753)               |
| Restricted funds                         | 142,743               | 124,633               |
| Designated funds                         | -                     | -                     |
| Unrestricted: Stay in touch/Baring fund: | 2,772                 | 5,203                 |
|                                          | <hr/>                 | <hr/>                 |
|                                          | 155,420               | 128,083               |
|                                          | <hr/> <hr/>           | <hr/> <hr/>           |

|                                            | <b>Unrestricted<br/>funds<br/>2022</b> | <b>Restricted<br/>funds<br/>2022</b> | <b>Designated<br/>fund<br/>2022</b> | <b>Unrestricted<br/>Stay in<br/>touch/<br/>Baring fund<br/>2022</b> | <b>Total<br/>2022</b> |
|--------------------------------------------|----------------------------------------|--------------------------------------|-------------------------------------|---------------------------------------------------------------------|-----------------------|
|                                            | <b>£</b>                               | <b>£</b>                             | <b>£</b>                            | <b>£</b>                                                            | <b>£</b>              |
| <b>Analysis by<br/>expense</b>             |                                        |                                      |                                     |                                                                     |                       |
| Staff                                      | 3,985                                  | 97,364                               | -                                   | 2,100                                                               | 103,449               |
| Governance                                 | 2,883                                  | 134                                  | -                                   | -                                                                   | 3,017                 |
| Travel and subsistence                     | 1,071                                  | 4,012                                | -                                   | -                                                                   | 5,083                 |
| Project expenses                           | 7                                      | 5,203                                | -                                   | -                                                                   | 5,210                 |
| Promotion and marketing                    | 725                                    | 9,114                                | -                                   | 42                                                                  | 9,881                 |
| IT and telecoms                            | 3,172                                  | 2,870                                | -                                   | 160                                                                 | 6,202                 |
| Stationery, postage and sundry<br>expenses | 3,204                                  | 4,930                                | -                                   | 470                                                                 | 8,604                 |
| Evaluation                                 | 130                                    | 6,856                                | -                                   | -                                                                   | 6,986                 |
| Running costs                              | 1,798                                  | 5,190                                | -                                   | -                                                                   | 6,988                 |
| Recharge of overheads                      | (7,070)                                | 7,070                                | -                                   | -                                                                   | -                     |
|                                            | <hr/>                                  | <hr/>                                | <hr/>                               | <hr/>                                                               | <hr/>                 |
|                                            | 9,905                                  | 142,743                              | -                                   | 2,772                                                               | 155,420               |
|                                            | <hr/> <hr/>                            | <hr/> <hr/>                          | <hr/> <hr/>                         | <hr/> <hr/>                                                         | <hr/> <hr/>           |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 4. Charitable activities (continued)

|                                            | Unrestricted<br>funds<br>2021 | Restricted<br>funds<br>2021 | Designated<br>fund<br>2021 | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2021 | Total<br>2021 |
|--------------------------------------------|-------------------------------|-----------------------------|----------------------------|----------------------------------------------------------|---------------|
|                                            | £                             | £                           | £                          | £                                                        | £             |
| <b>Analysis by<br/>expense</b>             |                               |                             |                            |                                                          |               |
| Staff                                      | 150                           | 79,747                      | -                          | 3,022                                                    | 82,919        |
| Governance                                 | 38                            | 150                         | -                          | -                                                        | 188           |
| Travel and subsistence                     | 92                            | 3,581                       | -                          | -                                                        | 3,673         |
| Project expenses                           | -                             | 900                         | -                          | 100                                                      | 1,000         |
| Promotion and marketing                    | 5,313                         | 2,973                       | -                          | -                                                        | 8,286         |
| IT and telecoms                            | 1,058                         | 9,860                       | -                          | 885                                                      | 11,803        |
| Stationery, postage and sundry<br>expenses | 1,480                         | 12,751                      | -                          | 1,196                                                    | 15,427        |
| Evaluation                                 | -                             | 1,105                       | -                          | -                                                        | 1,105         |
| Running costs                              | 1,236                         | 2,446                       | -                          | -                                                        | 3,682         |
| Recharge of overheads                      | (11,120)                      | 11,120                      | -                          | -                                                        | -             |
|                                            | (1,753)                       | 124,633                     | -                          | 5,203                                                    | 128,083       |

#### 5. Employees

There were 7 employees during the year (2021: 2). The employee wages are reimbursed to The Restoration Trust from the DWP under the Government Kickstart Scheme.

None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2021: £60,000).

#### 6. Key management personnel

The only member of key management personnel in 2022 is the trust fund director. The trust fund director received £32,264, (2021: £25,276) from The Restoration Trust.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 7. Trustee remuneration, benefits and expenses

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2022<br>£ | 2021<br>£ |
|-----------------------------------------------------|-----------|-----------|
| <b>Charitable funds committee members' expenses</b> |           |           |
| Travel and subsistence                              | 3,260     | 2,055     |
|                                                     | <hr/>     | <hr/>     |
|                                                     | 3,260     | 2,055     |
|                                                     | <hr/>     | <hr/>     |

#### 8. Related party transactions

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

#### 9. Independent examiner's remuneration

The independent examiner's remuneration of £1,260 (2021: £660) related solely to the examination, with no other additional work being undertaken.

#### 10. Debtors

|                                             | 2022<br>£ | 2021<br>£ |
|---------------------------------------------|-----------|-----------|
| <b>Amounts falling due within one year:</b> |           |           |
| Trade debtors                               | 284       | 908       |
| Other debtors                               | 51        | 5,586     |
| Prepayments and accrued income              | 124       | 122       |
|                                             | <hr/>     | <hr/>     |
|                                             | 459       | 6,616     |
|                                             | <hr/>     | <hr/>     |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 11. Creditors: amounts falling due within one year

|                              | 2022  | 2021   |
|------------------------------|-------|--------|
|                              | £     | £      |
| Trade creditors              | 2,089 | 12,851 |
| Other creditors              | 124   | 1,099  |
| Accruals and deferred income | 1,250 | 1,150  |
|                              | <hr/> | <hr/>  |
|                              | 3,463 | 15,100 |
|                              | <hr/> | <hr/>  |

#### 12. Restricted costs

|                            | 2022    | 2021    |
|----------------------------|---------|---------|
|                            | £       | £       |
| Burgh Castle Almanac       | 758     | 7,249   |
| Culture Quest (Suffolk)    | -       | 43      |
| Like Minds (Norfolk)       | 7,465   | 7,392   |
| Conservation for Wellbeing | 1,383   | 14,966  |
| Dr Hills Casebook          | 23,804  | 44,870  |
| BCA Film Project           | 66      | 4,740   |
| Emergency Fund             | 214     | 9,586   |
| CRF 20                     | 7,476   | 35,787  |
| BCA Experience             | 5,997   | -       |
| Caistor Pilot              | 2,589   | -       |
| CRF 2/CRF 3                | 51,827  | -       |
| Heritage LW                | 3,966   | -       |
| Kickstart Grant            | 20,645  | -       |
| Sound Minds                | 3,000   | -       |
| Enterprise Development     | 6,900   | -       |
| Scaling Change Minds       | 6,653   | -       |
|                            | <hr/>   | <hr/>   |
|                            | 142,743 | 124,633 |
|                            | <hr/>   | <hr/>   |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 13. Analysis of net assets between funds

|                                          | Net<br>current<br>assets<br>£ | Total<br>2022<br>£ | Total<br>2021<br>£ |
|------------------------------------------|-------------------------------|--------------------|--------------------|
| Unrestricted funds                       | 444                           | 444                | 19,615             |
| Restricted funds                         | 32,663                        | 32,663             | 37,105             |
| Designated funds                         | 500                           | 500                | 500                |
| Unrestricted: Stay in touch/Baring fund: | 2,775                         | 2,775              | 1,047              |
|                                          | <hr/>                         | <hr/>              | <hr/>              |
|                                          | 36,382                        | 36,382             | 58,267             |
|                                          | <hr/>                         | <hr/>              | <hr/>              |

#### 14. Analysis of restricted fund movements

|               | Balance at<br>1st April<br>2021<br>£ | Income<br>£ | Expenditure<br>£ | Transfers<br>£ | Balance at<br>31st March<br>2022<br>£ |
|---------------|--------------------------------------|-------------|------------------|----------------|---------------------------------------|
| General funds | 37,105                               | 138,301     | 142,743          | -              | 32,663                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |
|               | 37,105                               | 138,301     | 142,743          | -              | 32,663                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |

**Charity Registration No. 1161196**

**The Restoration Trust**  
**Annual report and financial statements**  
**Year ended 31<sup>st</sup> March 2022**

# **The Restoration Trust**

## **Annual report and financial statements**

**Year ended 31<sup>st</sup> March 2022**

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# **The Restoration Trust**

## **Independent examiner's report**

**Year ended 31<sup>st</sup> March 2022**

### **To the trustees of The Restoration Trust**

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31<sup>st</sup> March 2022.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1<sup>st</sup> April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1<sup>st</sup> January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy Hignett and Partners Limited

7 High Street  
Cromer  
Norfolk  
NR27 9HG

Dated: .

# The Restoration Trust

## Statement of financial activities Including income and expenditure account

Year ended 31<sup>st</sup> March 2022

|                                       | Notes | Unrestricted<br>funds<br>2022<br>£ | Restricted<br>funds<br>2022<br>£ | Designated<br>fund<br>2022<br>£ | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2022<br>£ | Total<br>2022<br>£ | Total<br>2021<br>£ |
|---------------------------------------|-------|------------------------------------|----------------------------------|---------------------------------|----------------------------------------------------------------|--------------------|--------------------|
| <b>Income from:</b>                   |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 2     | (9,266)                            | 138,301                          | -                               | 4,500                                                          | 133,535            | 120,401            |
| <b>Expenditure on:</b>                |       |                                    |                                  |                                 |                                                                |                    |                    |
| Charitable activities                 | 4     | 9,905                              | 142,743                          | -                               | 2,772                                                          | 155,420            | 128,083            |
| <b>Net income</b>                     |       | (19,171)                           | (4,442)                          | -                               | 1,728                                                          | (21,885)           | (7,682)            |
| <b>Transfers between funds</b>        |       | -                                  | -                                | -                               | -                                                              | -                  | -                  |
| <b>Net movement in funds</b>          |       | (19,171)                           | (4,442)                          | -                               | 1,728                                                          | (21,885)           | (7,682)            |
| Fund balances at 1 April 2021         |       | 19,615                             | 37,105                           | 500                             | 1,047                                                          | 58,267             | 65,949             |
| <b>Fund balances at 31 March 2022</b> |       | 444                                | 32,663                           | 500                             | 2,775                                                          | 36,382             | 58,267             |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2022

|                                                       | Notes | 2022<br>£     | 2021<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 459           | 6,616         |
| Cash at bank and in hand                              |       | 39,386        | 66,751        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>39,845</b> | <b>73,367</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (3,463)       | (15,100)      |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>36,382</b> | <b>58,267</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>36,382</b> | <b>58,267</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 32,663        | 37,105        |
| Unrestricted funds                                    |       | 444           | 19,615        |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 2,775         | 1,047         |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>36,382</b> | <b>58,267</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 20<sup>th</sup> October 2022.

  
**Mrs Allison Richmond**  
Chair of The Restoration Trust board

# **The Restoration Trust**

## **Notes to the financial statements**

### **Year ended 31<sup>st</sup> March 2022**

#### **1. Accounting policies**

##### **Accounting convention**

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1<sup>st</sup> January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

##### **Income**

All incoming resources are recognised once the charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms of conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

##### **Expenditure**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

##### **Debtors**

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

##### **Cash and cash equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due.

##### **Creditors**

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long-term creditors.

##### **Going concern**

The trustees consider that there are no material uncertainties about the ability of the charity to continue as a going concern.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 2. Charitable activities

|        | Unrestricted<br>funds<br>2022 | Restricted<br>funds<br>2022 | Designated<br>fund<br>2022 | Unrestricted:<br>Stay in<br>touch/<br>Baring fund<br>2022 | Total<br>2022 | Total<br>2021 |
|--------|-------------------------------|-----------------------------|----------------------------|-----------------------------------------------------------|---------------|---------------|
|        | £                             | £                           | £                          | £                                                         | £             | £             |
| Income | (9,266)                       | 138,301                     | -                          | 4,500                                                     | 133,535       | 120,401       |

#### 3. Grants and donations

|                                                 | 2022<br>£ | 2021<br>£ |
|-------------------------------------------------|-----------|-----------|
| <b>Donations and gifts</b>                      |           |           |
| <b>Unrestricted funds:</b>                      |           |           |
| Donations received                              | 14        | 5,240     |
| Unrestricted income                             | (9,280)   | 13,493    |
|                                                 | (9,266)   | 18,733    |
| <b>Restricted funds:</b>                        |           |           |
| Burgh Castle Almanac - Income                   | -         | 6,896     |
| Conservation for Wellbeing - Income             | -         | 6,600     |
| Dr Hills Casebook - Income                      | 4,570     | 28,826    |
| Dr Hills Casebook - Donations                   | 558       | -         |
| Like Minds (Norfolk) - Donations                | 312       | -         |
| Emergency Fund - Income                         | (623)     | 10,423    |
| CRF 20 - Income                                 | 2,087     | 42,673    |
| BCA Experience - Income                         | 9,843     | -         |
| Caistor Pilot - Income                          | 4,028     | -         |
| CRF 2/CRF 3 - Income                            | 52,390    | -         |
| Heritage LW - Income                            | 27,921    | -         |
| Kickstart Grant - Income                        | 24,315    | -         |
| Sound Minds - Income                            | 3,000     | -         |
| Enterprise Development - Income                 | 6,900     | -         |
| Scaling Change Minds - Income                   | 3,000     | -         |
|                                                 | 138,301   | 95,418    |
| <b>Unrestricted: Stay in touch/Baring fund:</b> |           |           |
| Unrestricted income                             | 4,500     | 6,250     |
|                                                 | 4,500     | 6,250     |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 4. Charitable activities

|                                          | Total<br>2022<br>£ | Total<br>2021<br>£ |
|------------------------------------------|--------------------|--------------------|
| <b>Analysis by fund</b>                  |                    |                    |
| Unrestricted funds                       | 9,905              | (1,753)            |
| Restricted funds                         | 142,743            | 124,633            |
| Designated funds                         | -                  | -                  |
| Unrestricted: Stay in touch/Baring fund: | 2,772              | 5,203              |
|                                          | <hr/>              | <hr/>              |
|                                          | 155,420            | 128,083            |
|                                          | <hr/> <hr/>        | <hr/> <hr/>        |

|                                            | Unrestricted<br>funds<br>2022<br>£ | Restricted<br>funds<br>2022<br>£ | Designated<br>fund<br>2022<br>£ | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2022<br>£ | Total<br>2022<br>£ |
|--------------------------------------------|------------------------------------|----------------------------------|---------------------------------|---------------------------------------------------------------|--------------------|
| <b>Analysis by<br/>expense</b>             |                                    |                                  |                                 |                                                               |                    |
| Staff                                      | 3,985                              | 97,364                           | -                               | 2,100                                                         | 103,449            |
| Governance                                 | 2,883                              | 134                              | -                               | -                                                             | 3,017              |
| Travel and subsistence                     | 1,071                              | 4,012                            | -                               | -                                                             | 5,083              |
| Project expenses                           | 7                                  | 5,203                            | -                               | -                                                             | 5,210              |
| Promotion and marketing                    | 725                                | 9,114                            | -                               | 42                                                            | 9,881              |
| IT and telecoms                            | 3,172                              | 2,870                            | -                               | 160                                                           | 6,202              |
| Stationery, postage and sundry<br>expenses | 3,204                              | 4,930                            | -                               | 470                                                           | 8,604              |
| Evaluation                                 | 130                                | 6,856                            | -                               | -                                                             | 6,986              |
| Running costs                              | 1,798                              | 5,190                            | -                               | -                                                             | 6,988              |
| Recharge of overheads                      | (7,070)                            | 7,070                            | -                               | -                                                             | -                  |
|                                            | <hr/>                              | <hr/>                            | <hr/>                           | <hr/>                                                         | <hr/>              |
|                                            | 9,905                              | 142,743                          | -                               | 2,772                                                         | 155,420            |
|                                            | <hr/> <hr/>                        | <hr/> <hr/>                      | <hr/> <hr/>                     | <hr/> <hr/>                                                   | <hr/> <hr/>        |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 4. Charitable activities (continued)

|                                            | Unrestricted<br>funds<br>2021 | Restricted<br>funds<br>2021 | Designated<br>fund<br>2021 | Unrestricted<br>Stay in<br>touch/<br>Baring fund<br>2021 | Total<br>2021 |
|--------------------------------------------|-------------------------------|-----------------------------|----------------------------|----------------------------------------------------------|---------------|
|                                            | £                             | £                           | £                          | £                                                        | £             |
| <b>Analysis by<br/>expense</b>             |                               |                             |                            |                                                          |               |
| Staff                                      | 150                           | 79,747                      | -                          | 3,022                                                    | 82,919        |
| Governance                                 | 38                            | 150                         | -                          | -                                                        | 188           |
| Travel and subsistence                     | 92                            | 3,581                       | -                          | -                                                        | 3,673         |
| Project expenses                           | -                             | 900                         | -                          | 100                                                      | 1,000         |
| Promotion and marketing                    | 5,313                         | 2,973                       | -                          | -                                                        | 8,286         |
| IT and telecoms                            | 1,058                         | 9,860                       | -                          | 885                                                      | 11,803        |
| Stationery, postage and sundry<br>expenses | 1,480                         | 12,751                      | -                          | 1,196                                                    | 15,427        |
| Evaluation                                 | -                             | 1,105                       | -                          | -                                                        | 1,105         |
| Running costs                              | 1,236                         | 2,446                       | -                          | -                                                        | 3,682         |
| Recharge of overheads                      | (11,120)                      | 11,120                      | -                          | -                                                        | -             |
|                                            | (1,753)                       | 124,633                     | -                          | 5,203                                                    | 128,083       |

#### 5. Employees

There were 7 employees during the year (2021: 2). The employee wages are reimbursed to The Restoration Trust from the DWP under the Government Kickstart Scheme.

None of the employees of The Restoration Trust received any benefits in excess of £60,000 (2021: £60,000).

#### 6. Key management personnel

The only member of key management personnel in 2022 is the trust fund director. The trust fund director received £32,264, (2021: £25,276) from The Restoration Trust.

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 7. Trustee remuneration, benefits and expenses

The trustees give their time freely and receive no remuneration for the work that they undertake in relation to the charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties relating to The Restoration Trust. These can include travelling specifically for charitable funds, committee meetings and charity specific training events.

Expenses were incurred by the committee members, as detailed below, and these were wholly in fulfilment of charity business.

|                                                     | 2022<br>£ | 2021<br>£ |
|-----------------------------------------------------|-----------|-----------|
| <b>Charitable funds committee members' expenses</b> |           |           |
| Travel and subsistence                              | 3,260     | 2,055     |
|                                                     | <hr/>     | <hr/>     |
|                                                     | 3,260     | 2,055     |
|                                                     | <hr/>     | <hr/>     |

#### 8. Related party transactions

None of the members of The Restoration Trust board or parties related to them have received any benefit from the charity in payment of kind. Board members received no honoraria or emoluments in the year and expenses paid to them are disclosed in note 7.

#### 9. Independent examiner's remuneration

The independent examiner's remuneration of £1,260 (2021: £660) related solely to the examination, with no other additional work being undertaken.

#### 10. Debtors

|                                             | 2022<br>£ | 2021<br>£ |
|---------------------------------------------|-----------|-----------|
| <b>Amounts falling due within one year:</b> |           |           |
| Trade debtors                               | 284       | 908       |
| Other debtors                               | 51        | 5,586     |
| Prepayments and accrued income              | 124       | 122       |
|                                             | <hr/>     | <hr/>     |
|                                             | 459       | 6,616     |
|                                             | <hr/>     | <hr/>     |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 11. Creditors: amounts falling due within one year

|                              | 2022  | 2021   |
|------------------------------|-------|--------|
|                              | £     | £      |
| Trade creditors              | 2,089 | 12,851 |
| Other creditors              | 124   | 1,099  |
| Accruals and deferred income | 1,250 | 1,150  |
|                              | <hr/> | <hr/>  |
|                              | 3,463 | 15,100 |
|                              | <hr/> | <hr/>  |

#### 12. Restricted costs

|                            | 2022    | 2021    |
|----------------------------|---------|---------|
|                            | £       | £       |
| Burgh Castle Almanac       | 758     | 7,249   |
| Culture Quest (Suffolk)    | -       | 43      |
| Like Minds (Norfolk)       | 7,465   | 7,392   |
| Conservation for Wellbeing | 1,383   | 14,966  |
| Dr Hills Casebook          | 23,804  | 44,870  |
| BCA Film Project           | 66      | 4,740   |
| Emergency Fund             | 214     | 9,586   |
| CRF 20                     | 7,476   | 35,787  |
| BCA Experience             | 5,997   | -       |
| Caistor Pilot              | 2,589   | -       |
| CRF 2/CRF 3                | 51,827  | -       |
| Heritage LW                | 3,966   | -       |
| Kickstart Grant            | 20,645  | -       |
| Sound Minds                | 3,000   | -       |
| Enterprise Development     | 6,900   | -       |
| Scaling Change Minds       | 6,653   | -       |
|                            | <hr/>   | <hr/>   |
|                            | 142,743 | 124,633 |
|                            | <hr/>   | <hr/>   |

# The Restoration Trust

## Notes to the financial statements (continued)

### Year ended 31<sup>st</sup> March 2022

#### 13. Analysis of net assets between funds

|                                          | Net<br>current<br>assets<br>£ | Total<br>2022<br>£ | Total<br>2021<br>£ |
|------------------------------------------|-------------------------------|--------------------|--------------------|
| Unrestricted funds                       | 444                           | 444                | 19,615             |
| Restricted funds                         | 32,663                        | 32,663             | 37,105             |
| Designated funds                         | 500                           | 500                | 500                |
| Unrestricted: Stay in touch/Baring fund: | 2,775                         | 2,775              | 1,047              |
|                                          | <hr/>                         | <hr/>              | <hr/>              |
|                                          | 36,382                        | 36,382             | 58,267             |
|                                          | <hr/>                         | <hr/>              | <hr/>              |

#### 14. Analysis of restricted fund movements

|               | Balance at<br>1st April<br>2021<br>£ | Income<br>£ | Expenditure<br>£ | Transfers<br>£ | Balance at<br>31st March<br>2022<br>£ |
|---------------|--------------------------------------|-------------|------------------|----------------|---------------------------------------|
| General funds | 37,105                               | 138,301     | 142,743          | -              | 32,663                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |
|               | 37,105                               | 138,301     | 142,743          | -              | 32,663                                |
|               | <hr/>                                | <hr/>       | <hr/>            | <hr/>          | <hr/>                                 |

**THE RESTORATION TRUST**

England & Wales - Charity number 1161196

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# Accounts

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Culture therapy  
for mental health

## ANNUAL REPORT 2020 - 2021

### **The trustees present their report and accounts for the year ended 31 March 2021.**

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Restoration Trust's constitution, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

### **Objectives and activities**

#### **Summary of the purposes of the charity as set out in the governing document.**

The objects of the CIO are:

1. The promotion of social inclusion for public benefit among marginalised people, in particular those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage, through:
  - Projects that encourage people to flourish through therapeutic cultural engagement;
  - Research into the wellbeing and other benefits of therapeutic cultural engagement in order to show what works;
  - Disseminating information about the wellbeing and other benefits of therapeutic cultural engagement;
  - Improving equal opportunities for therapeutic cultural engagement.
2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

### **Summary of our main activities**

The Restoration Trust helps marginalised people, and in particular those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage. We call this culture therapy. We set up, fund and run projects that are partnerships between cultural organisations such as galleries, historic and archaeological sites, archives, museums, orchestras and theatres, and organisations that work with people marginalized by mental ill health and by contributing factors, such as homelessness, poverty, crime, abuse and drug and alcohol misuse. We research and evaluate our projects to add to the evidence base of what works for people's wellbeing and recovery, and we use every possible means to tell people about what we do, while fully respecting privacy.

### **Statement confirming that the trustees have had regard to Charity Commission guidance on public benefit**

The trustees are satisfied that we meet Test B of the Charities Exception under the Equality Act, and the trustees have paid due regard to guidance issued by the Charity Commission

in deciding what activities they should undertake. Our governing document restricts benefits to people with a shared protected characteristic, being mental ill health, which is a disability. The restriction can be justified as being a fair, balanced and reasonably necessary way of carrying out a legitimate aim, which is to improve people's mental health by therapeutic cultural engagement.

**Evidence on cultural engagement for people with mental ill health suggests that:**

- a. well managed cultural engagement improves people's mental health;
- b. people with mental ill health are disproportionately excluded from heritage, arts and culture;
- c. research into the wellbeing and health benefits of projects engaging people with mental ill health in heritage, arts and culture is needed for the development of cultural and health policy and practice;
- d. discrimination against people with mental ill health is reduced by news and information about creative projects which support prevention, treatment and recovery.

**Contributions by volunteers**

Volunteers play an essential part in achieving our purposes, by helping to organise and deliver projects. They are people who have participated in our projects, or who want to gain culture therapy experience. In 2020/21 we worked with 12 volunteers, who supported projects and our core activities, including through membership of our Expert Advisory Board.

**Covid-19**

When Covid 19 caused lockdown in March 2020, we rapidly transferred sessions to Zoom with posted culture therapy parcels and private Facebook groups to help people stay connected at such a difficult time. This hybrid way of working online, with post and meeting outdoors in a Covid Secure way, is now incorporated into our methodology. We are especially grateful to our freelance contractors who were quick to adapt their practice so that they continued to engage people in interesting culture therapy experiences. We developed a Covid-19 Risk Assessment for core and project activities, and kept in touch with project funders who supported us as we found new ways to engage people.

**Achievements and performance**

**Summary of our main achievements**

This extraordinary year, dominated by responding to Covid-19, began with the initiation of three new projects, Dr Hills' Casebook, Conservation for Wellbeing and Like Minds Norfolk. Burgh Castle Almanac reached its closing phase by March 2020, but was extended due to Covid 19. During 2020-2021, we completed our Burgh Castle Almanac film, began a new project, Stay In Touch, a fortnightly Zoom drop-in for people on all our projects, and ran an online version of Human Henge. We were commissioned to produce a report on Heritage, Creativity and Mental Health and at the very end of the year were funded to run two new projects, Exploring Caistor Roman Town and Burgh Castle Almanac Experience.

Existing funders consolidated their commitment to grantees by unrestricted funding, or through emergency resilience grants. Funding or contributions in kind from City Bridge Trust, National Lottery Heritage Fund, Cultural Recovery Fund, Locality and Cranfield Trust enabled

us to do the following: develop and implement a Strategic Plan 2020 – 2026; improve our project accounting; review our policies and implement a Diversity Action Plan; appoint and support an Expert Advisory Board of people with lived experience of our projects; train trustees, staff and expert advisors in governance and diversity; create a fundraising strategy; explore social prescribing opportunities; improve digital expertise and carry out a digital access audit; purchase and use a Client Management system; buy IT equipment and training for staff, volunteers and participants; join the National Council for Voluntary Organisations and the Heritage Alliance. We used the Kickstart scheme to employ two young people on Universal Credit, and a CHASE-funded University of East Anglia PhD placement enabled writer Ellen Hardy to work with us from January 2021.

We raised our profile by winning the 2020 Arts and Humanities Research Council/Wellcome Trust Medical Humanities Community Collaboration Award.

### Impact and engagement

| Project                                                                   | Like Minds Norfolk | Conservation for Wellbeing | Stay In Touch | Dr Hills' Casebook | Human Henge Online | Burgh Castle Almanac | Total |
|---------------------------------------------------------------------------|--------------------|----------------------------|---------------|--------------------|--------------------|----------------------|-------|
| <b>People</b>                                                             |                    |                            |               |                    |                    |                      |       |
| Number of registered participants                                         | 14                 | 12                         | 34            | 13                 | 9                  | 26                   | 108   |
| <i>Average participants attending sessions</i>                            | 6                  | 6                          | 12            | 8                  | 7                  | 8                    | 47    |
| Number of staff (including facilitators, creatives, researchers, experts) | 9                  | 6                          | 8             | 25                 | 10                 | 7                    | 65    |
| Number of volunteers                                                      | 0                  | 2                          | 0             | 10                 | 0                  | 1                    | 13    |
| <b>Total</b>                                                              | 23                 | 20                         | 42            | 43                 | 19                 | 34                   | 181   |
| <b>Partnerships</b>                                                       |                    |                            |               |                    |                    |                      |       |
| Heritage and culture                                                      | 1                  | 2                          | 0             | 1                  | 1                  | 2                    | 7     |
| Mental health and social care                                             | 1                  | 1                          | 0             | 1                  | 1                  | 1                    | 5     |
| Research                                                                  | 1                  | 1                          | 0             | 1                  | 1                  | 1                    | 5     |
| <b>Total</b>                                                              | 3                  | 4                          | 0             | 3                  | 3                  | 4                    | 17    |
| <b>Sessions, events media/publication</b>                                 |                    |                            |               |                    |                    |                      |       |

|                                                    |    |   |    |    |    |    |     |
|----------------------------------------------------|----|---|----|----|----|----|-----|
| Number of sessions                                 | 23 | 8 | 21 | 44 | 10 | 18 | 124 |
| Number of events/exhibitions                       | 0  | 0 | 0  | 0  | 0  | 1  | 1   |
| Press, digital media and professional publications | 0  | 6 | 0  | 3  | 0  | 3  | 11  |

*In 2020/21 our projects:*

- *supported 108 people who live with serious mental health challenges on low income, with 47 people being regular attenders*
- *delivered 122 sessions, lasting from 1 to 3 hours, both online and in person*
- *provided experience for 13 volunteers, including peer volunteers and students*
- *contracted 65 people, including facilitators, experts, creative professionals, mental health professionals, support workers, musicians, artists, researchers*
- *Involved collaboration with 17 cultural, mental health and research partners.*

This is a significant increase from the previous year, largely because we could engage with people on Zoom. Our online projects Stay In Touch and Human Henge Online were able to involve people who would not attend sessions in person. We could also work with artists and experts from across the UK and beyond; for example Armenian Duduk master Arsen Petrosyan joined Human Henge Online's final session inside Stonehenge's Stone Circle.

Our work is described under four headings: projects, research, marketing and organisation.

## **Projects**

**Dr Hills' Casebook** is an archives, theatre and wellbeing project aimed at improving the wellbeing of people in South Norfolk living with mental health challenges, and to stimulate public conversation, comparing past and present treatments. It is part of the Change Minds programme and is a partnership with Norfolk Record Office, UpShoot Theatre Company and South Norfolk and Broadland District Council funded by the National Lottery Heritage Fund and Norfolk Archives and Heritage Foundation. The project was reconfigured to enable delivery during the pandemic, with most sessions during this period held on Zoom and the planned live theatre production was restructured as a filmed performance screened via YouTube. We published a research resource, Dr Hills' Casebook Aide memoire, written by volunteer Research Coordinator Richard Johnson

**Burgh Castle Almanac** involves local people with complex needs in walking, recording and publishing work based on one of Britain's greatest Roman forts, with fortnightly meetings alternating between Burgh Castle and Time and Tide Museum in Great Yarmouth. We are the delivery partner, Homegroup and Access CT are the client liaison organisations and the project is led by Norfolk Archaeological Trust. Funding is from the Heritage Lottery Fund

Landscapes Partnership Scheme award to the Broads Authority 'Water Mills and Marshes' project. This year delivery was blended face-to-face and online, and sessions ended in October 2020.

**Burgh Castle Almanac Film.** The Restoration Trust was funded by the National Lottery Community Fund to create a film of the project. This film, 'The Return of Happy Times' directed by Julian Claxton, was premiered at the Seagull Theatre in Lowestoft in September 2020, afterwards being made available on our YouTube Channel at <https://www.youtube.com/watch?v=ODVpf0bwVQI&t=7s>

**Burgh Castle Almanac Experience.** At the end of March 2021 we heard that we had gained funding on behalf of the Burgh Castle Almanac Community Group from the National Lottery Community Fund to run public walks and film showings to promote the groups' vision of sharing the benefits of walking in this and other ancient landscapes for mental health.

**Like Minds Norfolk** is a 24-session pilot project that connects excluded people living with mental health challenges in North Norfolk, Broadland and Norwich with Norfolk's amazing landscape, heritage, arts and culture so that their mental wellbeing improves. It is a partnership with Norfolk Library and Information service co-designed with people who have participated in Restoration Trust projects. It is funded by Charles Hill Littlewood Trust, Geoffrey Watling Charity, Arts Council England. After the first meeting in February 2020, the programme was reconfigured as a hybrid, and as we could not meet in libraries, the Norfolk Library and Information Service's contribution was restricted to some staff input to online sessions.

**Conservation for Wellbeing** is a 13-session pilot programme plus evaluation at London Metropolitan Archives, where Londoners living with serious mental health conditions learn conservation skills so that their wellbeing improves. It is funded by City Bridge Trust. Partners are the Institute of Conservation, St Mary Abbots Rehabilitation and Training (SMART), London Metropolitan Archives with University College London research oversight. The project was suspended in March 2020 due to Covid 19, and it reopened in September 2020 as an online experience, with a culminating online exhibition curated by participants and the Coordinator.

**Human Henge Online** explores what happens when Human Henge, an existing programme that creatively engages mental health service users with the ancient and natural landscape of Stone Henge is adapted for delivery online. The partnership with English Heritage and Richmond Fellowship was funded by the Cultural Recovery Fund. Participants met online to engage remotely with the ancient landscape and archaeology of Stonehenge, ending with an exclusive experience of virtual access to the Stone Circle close to the Spring Equinox. The 5-session pilot ran from January – March 2021 with one successor in-person session scheduled for summer 2021. Fortnightly online meetings for a maximum of 12 participants were supplemented by posted Culture Parcels, with things to do or think about between each meeting. The project was also supported by a private Facebook Group. A digital support package - including equipment, data, training and support as necessary - enabled all participants to join online sessions regardless of digital skills or resources. At the end of the programme, participants were offered a free pass to visit Stonehenge.

**Stay in Touch** is an online drop-in culture therapy group for everyone who is or has been a member of a Restoration Trust project. It began in November 2020 and meets fortnightly on Zoom, where sessions are led either by the Coordinator, by an external expert or creative, or by a member of the group. It is funded from unrestricted funds. The group has a mutually supportive dynamic, with different members coming forward to facilitate and share passions, creativity and expertise.

**Creatively Minded and Heritage** is a report consisting of 18 case studies with an introduction by our Director that the Baring Foundation commissioned in February 2021, for publication in November 2021. Our Chase Placement Ellen Hardy compiled the case studies, which focused on historic landscapes, local history and archives projects involving both heritage and creativity, and exemplifying UK-wide best practice in person-centred project development and delivery.

**Exploring Caistor Roman Town** is an archaeology, creativity and wellbeing pilot project at Caistor Roman Town that is a partnership with Caistor Roman Project, Julian Support, Norfolk Archaeological Trust, funded by Norwich Consolidated Charities. The grant was awarded at the end of March 2021 and the project was on site from August – October 2021.

## **Research**

Research is core to our mission of making culture therapy an everyday part of the offer to people with serious mental health problems. During 2020/21 we commissioned, or were in the midst of, evaluations by Jane Willis (Willis Newson) for Burgh Castle Almanac and Human Henge Online; Prof. Karen McArdle (Aberdeen University) for Dr Hills' Casebook; Daisy Rubinstein with Dr Linda Thomson (University College London) for Conservation for Wellbeing. Evaluation of Like Minds Norfolk will be carried out by Norfolk Libraries and Information Service using Narrative Inquiry.

Research supported our view that our culture therapy model is robust and scalable. Our inclusion ethos is evidenced as effective, as is partnership structure for projects. Our heritage focus on ancient landscapes, local history and archives, with creativity being integral to all projects is beneficial and innovative.

## **Marketing and communications**

We have a website ([www.restorationtrust.org.uk](http://www.restorationtrust.org.uk)), Facebook and Twitter accounts. Each project has its own website and a private Facebook group for internal communications, in addition to text, phone and email. We appointed a Digital Assistant through the Kickstart Scheme to implement recommendations from a digital access audit by DCN with Embed, and Robert Fairclough wrote and designed three editions of The Restoration Times, a periodic newsletter.

Media appearances included an interview with the Director in the Mirror Online and local newspapers, and on BBC Radio 3 Free Thinking as a result of winning the AHRC/Wellcome Trust prize; features on BBC Radio Norfolk's evening show, on BBC TV Look East, and in Eastern Daily Press; articles in Who Do You Think You Are magazine, on the National Lottery Heritage Fund website. We appeared in blogs by the Baring Foundation, the Culture Health and Wellbeing Alliance and presented at events run by the Heritage Alliance, the

Community Archives and Heritage Group, the First Fortnight Grange Gorman Histories Festival.

In terms of networks our Director was a member of the Wellcome Trust 2020 Ideas Hub cohort and the Digital Heritage Lab, and we joined the National Council of Voluntary Organisations and the Heritage Alliance.

### **Organisation**

The Director Laura Drysdale manages the organization, being paid through restricted grant and project funds. Our Coordinators are self-employed contractors. Like Minds Norfolk is coordinated by Dave Pullin. Dr Hills' Casebook is coordinated by Darren France, as is Exploring Caistor Roman Town. Conservation for Wellbeing is coordinated by Helen Lindsay. Human Henge Online is coordinated by Yvette Staelens. Burgh Castel Almanac and Burgh Castle Almanac Film are coordinated by Laura Drysdale and facilitated by Tod James, Burgh Castel Almanac Experience is coordinated by Ian Brownlie. Stay in Touch is coordinated by Ian Brownlie. Charity Backroom carries out Disclosure and Barring Service checks of volunteers, staff and trustees on our behalf. We are based in Laura Drysdale's home office in Cromer.

### **People-led growth**

Our board and project boards include people with lived experience of serious mental health problems, people who are members of NHS Patient Public Involvement groups, and people who have been members of our projects. Our Expert Advisory Board made up of 12 people who are or have been members of our projects met twice in 2020/2021, and is a source of guidance to trustees on all aspects of our work. We encourage participants to use their skills as contractors or volunteers for the Restoration Trust, and we reward people appropriately for their time.

### **Financial review**

#### **Review of our financial position at the end of the year**

By the end of the financial year our income had increased to £120,401 from the previous year end figure of £103,574. Fortunately, we received grant funding in the final quarter of 2019/20, as funders then closed funds to new applications while affirming support for existing grantees. It is notable that our unrestricted income from charitable activities rose from £2,467 to £18,733, reflecting funders' understanding of the need to support organisations through Covid-19 with core rather than project funds. This sum includes donations of £5,240, of which £5,000 was our prize for the AHRC/Wellcome Trust Award. It has become increasingly clear and is an objective of our Strategic Plan, that we must diversify income to reduce dependence on grant funding and thus protect our viability. We manage financial risk by making viability a routine agenda item at Board Meetings, and through utilizing the expertise of our trustee with charity accounting expertise, Debbie Tilson.

### **Reserves policy**

The board considered the level of reserves that is prudent for the Restoration Trust to have at its first meeting and now does so annually. Our Reserves and Risk Management is based on what we need to cover current liabilities, which are small given that we do not employ staff except on contracts covered by restricted funds or where staff are funded externally,

for example by the government's Kickstart Scheme. We anticipate that the bulk of the Restoration Trust's funds will be restricted; that its assets will be functional. It will accrue sufficient reserves to cover emergency expenditure and liabilities for at least 1 but not more than 3 months. It will not accrue excess reserves.

#### **Amount of reserves held**

£500 wind-up fund.

#### **Principal sources of funds**

Our income is largely restricted funding, raised for projects. We also receive income from consultancy on projects led by other partners, for example Burgh Castle Almanac, and latterly from sharing our expertise and knowledge, for example the Baring Foundation's commission to write the Creatively Minded and Heritage report for £6,250. Our unrestricted funds incorporate an overhead charge for delivering projects, which the trustees have agreed should aim to be at least 12% of project costs.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognized at the time of the donation.

The trustees agree that we will raise funds by the following means:

- a. grants from charitable trusts, research funders and lottery distributors;
- b. donations;
- c. fundraising activities and events;
- d. contributions in kind from partner and supporting organizations;
- e. facilitation fees;
- f. the sale of licences for use of our good practice model; training in use of our good practice model; research and dissemination events relating to our purposes; sale of tickets for entry to exhibitions relating to our projects; sale of artworks and books produced by our projects;
- g. any other income generating activity approved by our trustees.

#### **Principal risks facing the charity**

We believe that the Restoration Trust's purposes do not pose a risk of detriment or harm. However, we have identified risks of detriment or harm that could result from the way we carry out our purposes. We consider that the benefits of our purposes and related activities outweigh the risks of detriment or harm to our beneficiaries or the public at large.

#### **Detriment or harm to participants could be caused by:**

- a. failure of staff (in this and all the following instances staff include consultants and researchers) and volunteers to observe and alert others to a deterioration in someone's health and wellbeing;
- b. failure of staff and volunteers to protect a participant from detriment or harm by other participants;
- c. failure to identify and report abuse to or by a participant;
- d. failure to prevent abuse by staff or volunteers working on a project;
- e. failure to conform to good health and safety practice;
- f. failure to conform to appropriate confidentiality requirements;

- g. failure to conform to ethical research practice;
- h. failure to conform to excellent standards of staff, project and financial management;
- i. failure to operate in a Covid-Secure manner.

**Detriment or harm to staff and volunteers could be caused by:**

- a. harmful actions by participants in a Restoration Trust project;
- b. failure of others involved in the project to protect staff or volunteers;
- c. failure to observe and alert others to an escalation in abuse by participants;
- d. failure to identify and record abuse to staff and volunteers;
- e. failure to conform to good health and safety practice;
- f. failure to conform to appropriate confidentiality requirements;
- g. failure to conform to ethical research practice;
- h. failure to conform to excellent staff, project and financial management;
- i. failure to operate in a Covid-Secure manner.

**Financial, operational and reputational risks are:**

- financial damage to trustees, partners and funders by failure to implement an effective financial management policy and practices;
- reputational damage to staff, volunteers, trustees, partners and funders by any significant incident of harm connected to a Restoration Trust project;
- financial, operational and reputational damage to the organisation by failure to manage conflict of interest effectively.

**We minimise the detriment or harm from the above by:**

- a. ensuring that good practice in working with vulnerable people is integral to project plans and operations;
- b. appropriate training for staff and volunteers involved with our projects;
- c. routine operational monitoring of our performance in respect of detriment or harm;
- d. careful record keeping;
- e. excellent staff, project and financial management;
- f. training for trustees in risk management in the context of our purposes and beneficiaries;
- g. Regular review of risks and risk management by trustees.

**Policies and practice**

We have the following policies in place to manage the risk of detriment or harm: Safeguarding vulnerable adults policy; safeguarding young people policy; volunteer policy; data protection; privacy; disclosure of information policy; health and safety policy; equality, inclusion and diversity policy; financial management and controls policy; reserves and risk management policy; conflict of interest policy. We maintain and annually review a corporate risk register and each project has its own risk register. All registers include assessment of Covid-19 risks.

**Structure, governance and management**

The Restoration Trust was established by a charitable trust deed on 7 April 2015 as a Charitable Incorporated Organisation (CIO).

**Trustee selection**

Trustees are selected on the basis of the skills, knowledge and experience that can contribute to the achievement of our purposes. They are appointed by the existing trustees. As the organisation works with vulnerable adults we carry out all trustee eligibility tests that are required by law. Our constitution has the following provisions:

### **Functions and duties of charity trustees**

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a. to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO;
- b. to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to any special knowledge or experience that he or she has or holds himself or herself out as having. If he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

### **Eligibility for trusteeship**

- a. Every trustee must be a natural person.
- b. No individual may be appointed as a trustee if he or she is under the age of 16 years; or if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).
- c. No one is entitled to act as a trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged his or her acceptance of the office of trustee.

### **Number of charity trustees**

- a. There must be at least five trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b. There is no maximum number of charity trustees that can be appointed to the CIO.

### **Trustee induction**

The board inducts trustees according to the following policies and procedures:

- Terms of reference
- Principles for the operation of the board
- Code of conduct for trustees
- Chair of trustees job description
- Trustee job description
- Trustee person specification

### **Board organisational structure**

The Restoration Trust is a small charity with a simple organisational structure. The board had three formal Board meetings in 2020/21, and a facilitated session on our Strategic Plan 2020- 2026. All meetings were held online. The trustees are led by the Chair Alison Richmond. Frances Halahan is Secretary to the Board.

### **Changes in the Board of Trustees**

In February 2021 Melanie Rogers, a member of our Expert Advisory Board who was a participant on Human Henge, and Debbie Tilson, who brings expertise in charity accounting, joined the board. Darren France resigned at the same meeting because of potential conflicts of interest in his roles on Dr Hills' Casebook and as a Social Prescribing consultant.

### **Trustees are responsible for:**

- a. Ensuring that The Restoration Trust has a clear mission, vision and strategic direction and is focused on achieving these.
- b. Being responsible for the performance of the Restoration Trust and for its 'corporate' behavior.
- c. Ensuring that the Restoration Trust complies with all legal and regulatory requirements.
- d. Acting as guardians of the Restoration Trust's assets, both tangible and intangible.
- e. Representing the Restoration Trust as ambassadors in the wider community.
- f. Ensuring that the Restoration Trust's governance is of the highest possible standard.

### **The Director is contracted to:**

- a. Work with the Board to develop and review The Restoration Trust's vision and strategic plans.
- b. Deliver the Restoration Trust's charitable objectives through appropriate plans and in accordance with agreed policies and procedures.
- c. Ensure that The Restoration Trust is well administered and meets its governance and risk management responsibilities.
- d. Enhance the Restoration Trust's impact and profile.

### **Relationship with related parties**

We cooperate with a number of other charities and organisations in pursuit of our objectives, as ours is a partnership model. These relationships are managed by partnership agreements agreed and signed by all parties, approved by the trustees and accepted by funders. Conflicts of interest in the relationship between trustees and the activities of the Restoration Trust are managed the other trustees by using our constitution, notably items 5 (Application of income and property); 6 (Benefits and payments to charity trustees and connected persons); 7 (Conflicts of interest and conflicts of loyalty). Our Conflicts of Interest Policy applies.

### **These relationships are as follows**

- Johnny Tipler is a trustee and the husband of Laura Drysdale, Director of the Restoration Trust.
- Dr Sara Lunt is the retired Senior Curator, West Territory, English Heritage, and the Restoration Trust runs Human Henge with English Heritage in properties for which she was responsible. Dr Lunt provides pro bono advice as Chair of the Human Henge Project Board, and Restoration Trust covers her related travel and subsistence expenses.
- Alison Richmond is the former Chief Executive Officer of Icon, the Institute of Conservation, and Icon is a partner in our Conservation for Wellbeing programme.

### **Reference and administrative details**

Name: The Restoration Trust  
Registered Charity Number: 1161196  
Principal address: 3 Vicarage Road, Cromer, NR27 9DQ

**Trustees who served during the year**

Nic Allen  
Frances Halahan, Secretary  
Dr Sara Lunt, Chair Human Henge Project Board  
Johnny Tipler  
Danny Whatmough  
Alison Richmond, Chair  
Darren France (resigned February 2021)  
Debbie Tilson  
Melanie Rogers

There are no corporate trustees, and no trustee holds title to property belonging to the charity. We do not hold funds as custodian trustees on behalf of others. Trustees are appointed for a three-year term, with a maximum of two term renewals.

**Advisers**

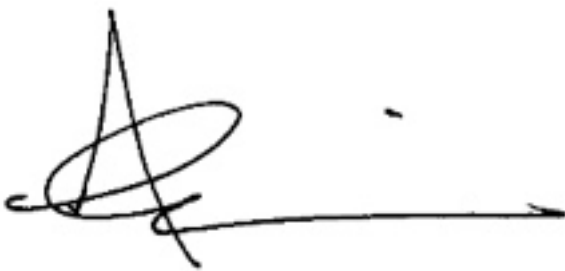
Our accountants and independent examiners are Timothy Highnett and Partners, 7 High Street, Cromer, Norfolk NR27 9HG.

**Staff**

Laura Drysdale is our Director.

**Declaration**

The Trustees declare that they have approved the report above.

A handwritten signature in black ink, consisting of a large, stylized capital 'A' followed by a horizontal line extending to the right.

**Alison Richmond**  
Chair of the Trustees

Dated: 31 December 2021

# The Restoration Trust

## Balance sheet

As at 31<sup>st</sup> March 2021

|                                                       | Notes | 2021<br>£     | 2020<br>£     |
|-------------------------------------------------------|-------|---------------|---------------|
| <b>Current assets</b>                                 |       |               |               |
| Debtors                                               | 10    | 6,616         | 1,608         |
| Cash at bank and in hand                              |       | 66,751        | 75,172        |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Current assets</b>                                 |       | <b>73,367</b> | <b>76,780</b> |
| <b>Creditors: amounts falling due within one year</b> | 11    | (15,100)      | (10,831)      |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Net current (liabilities)/assets</b>               |       | <b>58,267</b> | <b>65,949</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Total assets less current liabilities</b>          |       | <b>58,267</b> | <b>65,949</b> |
|                                                       |       | <hr/>         | <hr/>         |
| <b>Income funds</b>                                   | 13    |               |               |
| Restricted funds                                      |       | 37,105        | 65,145        |
| Unrestricted funds                                    |       | 19,615        | 304           |
| Designated fund                                       |       | 500           | 500           |
| Unrestricted: Stay in touch/Baring fund               |       | 1,047         | -             |
|                                                       |       | <hr/>         | <hr/>         |
|                                                       |       | <b>58,267</b> | <b>65,949</b> |
|                                                       |       | <hr/>         | <hr/>         |

The financial statements were approved by the trustees on 23<sup>rd</sup> October 2021.



**Mrs Alison Richmond**  
Chair of The Restoration Trust board

# The Restoration Trust

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**Mrs Alison Richmond**  
Chair of The Restoration Trust board