

RESPIRE AT HOME VOLUNTEERS WEST MID BEDS & IVEL VALLEY

England & Wales · Charity number 1161178

Details

Other names RHV

Status Registered

Legal form CIO

Registered 2015-04-07

Register [View on the Charity Commission register](#)

Contact

Address 46 Falcon Crescent
Flitwick
Bedford
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Phone 07921923013

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Activities

Objects: THE OBJECT OF THE CIO IS TO PRESERVE AND PROTECT THE HEALTH OF FAMILIES, CAREERS AND FRIENDS OF PERSONS SUFFERING FROM LIFE-LIMITING ILLNESSES BY THE PROVISION OF HOSPICE-TYPE COMMUNITY CARE / A HOME CARE SERVICE IN THE WEST MID BEDS AND IVEL VALLEY AREAS OF CENTRAL BEDFORDSHIRE.

Activities: Respite at Home volunteers offers FREE befriending and support to patients and carers in their home

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** WEST MID BEDS AND IVEL VALLEY AREAS OF CENTRAL BEDFORDSHIRE
- Central Bedfordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£26,481	£28,445	-	-
2024-06-30	£23,049	£30,256	-	-
2023-06-30	£25,458	£27,213	-	-
2022-06-30	£18,474	£20,831	-	-
2021-06-30	£22,106	£15,844	-	-

Trustees

Name	Role	Appointed
Gareth Mackey	Chair	2021-03-30
Clare Louise Thompson		2018-11-27
Joyce Hallworth		2017-10-10
MARK SMITH		2016-10-11
Sarah Julie Murphy		2025-06-30

Accounts

REPORT OF THE TRUSTEES
AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2025
FOR
RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 JUNE 2025

The trustees present their report with the financial statements of the charity for the year ended 30 June 2025.

Accounting standard

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and the Charities Act 2011

Independent Examination

The charity's income for the year ended 30 June 2025 was in excess £25,000 and therefore its accounts and financial statements have been subject to independent examination.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the CIO is to protect and preserve the health of families, carers and friends suffering from life-limiting illness by the provision of hospice-type community care/a home service in the West Mid and Ivel Valley areas of Central Bedfordshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation (CIO) controlled by its governing document; a constitution dated 4 November 2014.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number: 1161178

Trustees:

Mr G Mackey

Ms C Thompson

Ms J Hallworth

Mr M Smith

Treasurer

David J Hallworth ACIB

7 Windsor Close

Flitwick

Bedford MK45 1PT

Report on Charitable Activities for the year ended 30 June 2025

Chairman's Report

As the world at large struggles with the challenges of economic uncertainty and an ever evolving global picture, so has the year 2024 / 25 has brought with it challenges to Respite at Home. We have passed the quarter century mark and are an established and well known organisation. We have continued with our core mission of providing respite care and friendship to those with life limiting illnesses and their families. Additionally, we have continued with our project to try and tackle loneliness in our community.

With these noble missions and being well established, you would have been forgiven for thinking that all would be plain sailing. However, this year has been extremely challenging. The economic situation has meant that individuals have been struggling to make ends meet and organisations have been much stricter in their funding. It has been extremely difficult to acquire funding from our usual sources.

Indeed, the start of this year saw an existential threat to Respite at Home. Our funding situation was critical and we needed money fast! At one point we had only enough funding to run for approximately 3 months. I am pleased to say that the committee recognised this issue and supported Nicola in bringing in the funding which has been a God send to us. David will be able to go into much more detail but I am pleased that we find ourselves in a much stronger position now.

No doubt, Nicola will elaborate on the challenges of raising the necessary funds to keep us going. However, I wanted to recognise the extremely hard work which goes into applying for grants, the long hours spent on tombola stands at events and especially the agony of not knowing whether the future is safe. Nicola and our volunteers have been exemplary in these circumstances and I cannot thank them enough for keeping the faith and working hard to keep the charity viable.

I am also extremely grateful to those who have supported and funded our charity. Your time and money change lives at a time when it may feel like the sky is closing in on you. Our work comes from a deep love of our neighbours and those who recognise this through funding and support are truly blessings on our work.

Of course all this fund raising and organisation is for one main purpose, that is to enable our volunteers to do the outstanding work of supporting our clients in their hour of need. Our volunteers, many of whom are here tonight, are the beating heart of our organisation. Along with Nicola, who keeps us all going in the same direction, they do such an incredible job in trying circumstances. I want to recognise that contribution by Nicola and you all. Thank you for all you do and the love you give to our community.

The Committee itself, has continued to be an enormous support. We have been pleased to welcome Sarah Murphy to the committee and as a trustee. Sarah, thank you for joining us and I look forward to working with you for years to come. Our other trustees, Joyce, Clare and Mark have been their usual sterling selves and I thank them for their commitment and hard work. I also wish Mark a swift recovery after his accident and Clare a safe trip home from her sabbatical.

Last but most certainly not least, David. David joined us as treasurer just before the last AGM. He came along when we were really struggling to keep the books in order and arrange the inspection of the accounts. His knowledge and experience have been invaluable to us and have made all the difference in helping us to analyse our financial position whilst also planning our future. The order which he has brought to the books has been central to helping Nicola secure the grants which have turned the organisation around this year. Thank you David, from the bottom of my heart, for all you do for us.

The committee will have much work to do over the next year. We are introducing a trial to offer counselling to our volunteers. We realise that the emotional connection between our volunteers and our clients is deep. Should our clients pass away, as does happen, the bereavement extends to volunteers too. We want to support them in giving of themselves and ensure that their mental health is protected too.

Some work will also need to take place on reviewing our policies and procedures along with our constitution this year. As an evolving organisation, it is important that we keep pace from a governance perspective.

Friends, I am privileged to stand to here looking to a hugely different future than that which faced us at the beginning of the year. Our financial position is good but that does not mean that the challenges are over. We still have to find significant funds each year to keep going. With the team we have in place, I am confident that we can meet this challenge. My ask of you all is to spread the word about our work and the wonderful people who volunteer for us. Any leads on funding would be gratefully received.

Finally, a thank you to all of you for giving up your evening to listen to us and celebrate another year of serving Mid Bedfordshire and Ivel Valley. Hear's to many more.

Volunteers' Manager's Report

Welcome everyone to our AGM which celebrates community groups, partnerships and Town Councils coming together in the local community, helping families living with life limiting illnesses, *Loneliness*, isolation, disabilities and bereavement in West Mid Beds and Ivel Valley areas across Central Bedfordshire.

This year has been an interesting and very challenging year which started with the realization that our reserve funding to run the charity was incredibly low. So, with that in mind I started the long process of looking for relevant grants and funding sources that we could apply for. With positivity and dedication and help from our Committee, we have managed to secure grants from The Big Lottery Community Fund for 2 years and from Bedfordshire, Luton Community Foundation and the YAPP Charitable Trust who have also given us funding for the next 3 years for our core costs.

Also, other grants kindly given from The Albert Hunt Trust, The Wixam Tree Charitable Trust, The Neighbourly Charitable Trust and The Gale Family Trust. With a large donation from the Chairmans Charity of Central Beds Council, we are extremely grateful for this. With a year of fundraising and the Stotfold Mayors' charity coming to an end in April, we must also thank them for pancake races, hooking ducks and a night out at The Con Club with a local band. Other Town Councils have been very generous with their grants, these include Sandy Town

Council, to cover the recruitment, training and onboarding costs for one new volunteer, Ampthill Town Council for a grant to publicise our charity with leaflets, banners and promotional literature, Shefford Town Council for home office equipment and also Flitwick Town Council. Also, applications and many letters later with Mandy taking the lead, to Freemasons Lodges across Central Beds we have received very kind donations from Lodges including Elstow, Russell, Robert Bloomfield, Ivel and Lovells Bury. Thank you for all for your support this year, it really does mean a lot to us and means that we can keep offering our unique service to those who really need it.

This year has been a real test to the dedication to all the families we support now and going forward. It has shown how a small local charity like ours can endure and do great things even when times are challenging. We are all focused and passionate about what we do, helping others, giving up some of our time each week for a couple of hours visiting people that really need our help and support at some of the most difficult times in their lives. We should all be very proud of what we do and have achieved, and my heartfelt thanks goes out to our incredible team of volunteers, which without you none of this would be possible and RHV simply would not exist.

From Stotfold down to Woburn Sands we travel anywhere to help people! And just to show how busy we have been with referrals this year which have mainly come from the Social Prescribers, The Stroke Association and the Palliative Nurses. The number of hours we have spent with families is just over 1,690 hours. And the number of miles we have driven to see our families is over 5,500 miles. The number of carers and clients we have visited and supported this year is 69 with myself and our team visiting and or making regular contact with them.

We still continue to have good working relationships with other other organisations, including Hilary from Age UK, Maureen from Hospice at Home Dunstable, Jaquie from Hospice at Home Leighton Buzzard, Keech Hospice, Carers in Bedfordshire, Healthwatch Central Beds, Good Neighbors groups, Social Prescribers, Palliative Nurses, and Neurological Nurses across the county. Referrals have been steady this year. Sadly a few of our long-term clients passed away this year, some of whom we have supported for 10 years and still continue to have contact with their families, to support them through their grief. So, you can see how these relationships really help our clients and their families. Much of the time our volunteers have willingly visited and supported at least one and sometimes two families on a weekly basis, sometimes agreeing to travel many miles to sit with someone so that their carer can have some much-needed break.

We have had a very busy year out and about promoting the charity and our services and also doing some fundraising at various community events. Kicking off the year with our T&Cake at Flitwick Village Hall, and back by popular demand our Pub Quizzes at The Cross Keys in Pulloxhill, so thank you to our fabulous Quiz hosts Rob and Clare and our team including Anne, Karen, Carol, Janet, Sarah, Mark and Sue for helping out and dragging their friends along for a good night out. We have attended events all across the county spending hours talking to people about our service and giving out leaflets at Stotfold Steam Fair, Flitwick Family Day, Potton Fest and Stotfest with a huge thank you all for supplying prizes and goodies in our 'Tombola of Curiosities and Antiquities' and also to Janet, Mandy, Allan, Carol, Rob and Julia for helping out at Hook a Duck with a difference and Tomboling on some of the hottest days this year. Thanks to Sue and John for their storage and transportation of our hurricane proof gazebo, and those early morning setups with Captain Mannering again! The Older Peoples Festival at The Rufus Centre and trips to libraries and local supermarkets giving information

sessions. And soon to be hitting the Christmas lights switch on with some handmade tree decorations and table decorations all lovingly made by our volunteer's, a huge thank you to Karen, Janet and Mandy for hounding businesses for Tombola prizes and making, knitting and stitching goodies for our fundraising!

We also had some unexpectedly great news regarding fundraising with East Beds Charity Cricket Shield donating a large sum of money to us back in cold December, Ampthill Fireworks in January and giving talks to the Flitwick Methodist Church breakfast Club and Ampthill Flexi Rotary who also chose us as one of the charities to fundraise for. They held their regular Jazz band afternoon event in July in Ampthill on one of the only drizzly days this summer, I can honestly say we have been well supported and acknowledged for the important work we do. Thank you again to all of these local organisations. As times are still challenging, we are extremely grateful to them all for this much needed boost.

With a grant from the Neighbourly Charitable Trust we had team training earlier this month which brings the whole group together for learning and team building, so important as most of us work on our own. After brainstorming and some very interesting ideas for moving the charity forward from our enthusiastic vibrant team. Thanks to everyone who was able to attend, we have some exciting times ahead.

We have also just celebrated the second birthday of the Community Café in Ampthill where we partner with The Methodist Church and Ampthill Town Council to run the weekly Cafe. We have created a space for carers and those possibly struggling with isolation and loneliness to come together and feel comfortable to meet others, make new friends over a free cuppa and eat something yummy. Over the last year we have had many community visitors to the cafe including Age UK, Social Prescribers, Central Beds Safety Team, the local Bobby, the Stroke Association and many others. We also celebrated VE DAY with a vintage singer and a cream tea and our summer special, Ampthill by the sea with fish and chips, ice cream, buckets and spades and bunting went down very well. With 58 people attending one week the Café has grown quickly and we consider it a great success for everyone who attends and who helps to run it.

It just goes to show when 3 local organisations come together to work for the community, what can be achieved.

This year has also seen Sue sadly leave the charity due to personal circumstances, always sad to see people go especially as we are a small group and work so closely together, but we understand that sometimes life just gets in the way. We thank Sue for all her hard work whilst at RHV. So, with recruitment in mind we have managed to recruit another new volunteer, Clare who lives in West Mid Beds area. We are always looking for new volunteers and we have attended a volunteer Fair in Biggleswade, put adverts in community magazines, Parish Councils, and on our socials and have recently had 3 people contact us who I am meeting soon, so fingers crossed. We always ask that people promote us and refer our service on so thank you.

So I cannot end without thanking all our wonderful team of volunteers who are so committed to RHV and who have worked so hard with me over the last year working with their families to ensure they are responded to quickly and given the help and support they need in what are truly challenging times. So a humungus thank you to Kathy, Allan, Anne, Carol, Rob, Janet, Mandy, Kim, Karen, Julia, Sue and Clare you are such a brilliant group of people and thank you

again for making my job so enjoyable. A big thanks also again to Kathy, for doing my job, when I do actually take some time off!

And last but not least I would like to thank our Chairman Gareth and all of existing Committee Joyce, Mark and Clare, and Sarah who joined this year as a new Trustee. And thanks also to our Trustee Clare and David our much-needed new Treasurer who have done a huge amount of work with the grant applications this year. David also doubles up as our official photographer tonight so please do smile! Again thanking you all for your continued support and guidance throughout another interesting year.

After the business bit is over, tonight's speaker is The Lord-Lieutenant of Bedfordshire, talking about the role of representing the Royal Family in the local community. We thank her for taking the time to attend our AGM tonight.

And we all know to help someone in their darkest times has to one of the greatest things we can all do as humans. And In the bigger picture we know, that by supporting a family at these difficult times the knock on effect is that:

- There is less chance that the carer will become unwell themselves
- There is less pressure put on the NHS and other services for support by carers and families
- The support our service offers, helps everyone's mental health
- And, family dynamics and issues are often resolved or improved when one of our team visits the family

regularly

So our small but mighty service is a vital part of our communities.

And I think this quote from one of our families, sums up perfectly why we do what we do:

'Our volunteer visitor is wonderful. She sits with my husband and chats and plays games with him. She is a Godsend for me, allowing me time away from my caring duties, We'd be utterly lost without her!'

Thank you again everyone for joining us tonight.

Treasurer's Report

1. Introduction

This has been a very busy financial year with RHV coming close to running out of funds to maintain its activities. Our Volunteers' Manager has worked very hard to secure meaningful grants and these will certainly enable at least another 12 months of operation.

Many of our grant providers have stipulated that their funds may only be used for specific purposes and some have mandated that we hold their grant in a separate Restricted Fund. This adds a degree of complexity to our financial record keeping and reporting.

The accounts are kept on an accrual basis which in short means that income and expenditure is only recognised in the year to which it applies (as opposed to the year in which it is received/spent – this is cash accounting). It's important to understand this concept as if you look at the bank balances held at the year end (£41,121) they include £26,910 of grants received but allocated for use in 2025/26 (£16,910) and 2027/27(10,000). Also, some grant providers only pay a portion of the agreed grant up front and require an interim report before releasing the balance.

2. Financial Statements

Include various accounting reports:

- a. Statement of Financial Activities (SOFA) – This gives a summary of Income and Expenditure over broad categories. The detail which makes up the summary can be found in:
- b. Analysis of Income & Expenditure
- c. Balance Sheet (Separate Funds) – I will talk to this at the meeting but here you will note the separate columns for General, Designated and Restricted Funds
- d. Statement of Assets and Liabilities (by fund) – this is a more detailed breakdown of the previous report (Balance Sheet separate funds)

3. Financial Summary

Income is up £3.3k on prior year at £26.5k. This is almost all accounted for by an increase in grants with donations down £1.1k and fund raising events up £1.2k

Expenditure appears to be down by £7.3k but this is not a true comparison. In “Employment Costs” the prior year figures include a £5.5k one off provision for redundancy and £1.3k of employer NI which shouldn't have been paid. This NI has been claimed back (plus also from 2022/23) and appears as a credit of £2.3k. in 24/25. Please see “Analysis of Income & Expenditure”. The comparative figures are 2024/25 £22.5k and 2023/24 £21.3k. Therefore, employment costs have risen, yet again, by about £1.2k.

Looking at the overall expenditure totals, then adjusting as per above on a like for like basis, expenditure in 2024/25 was £30.9k, compared to £29k in 2023/24. The net increase is almost all attributable to the adjusted increase in employment costs.

The balance sheet reveals that we have £41k in the bank, but please note that of this:

- a. £5.5k is reserved for redundancy costs
- b. £17k of grants to be expended in 2025/26
- c. £10k of grants for use in 2026/27

4. Conclusion

If we assume that our own fundraising generates say £7k p.a. then with the grants already secured and in order to preserve a General Reserve at £10k, we would need to raise the following amounts from Donations and Grants (combined):

- a. 2025/26 - £5k
- b. 2026/27 -£10k
- c. 2027/28 - £20k

Our aim should be to raise the General Reserve to £30k which gives about one year of operation. Our Reserves Policy says that where possible we will use our own fund raising events to increase the General Reserve to one year's normal expenditure. Therefore, if we set that as a target, we would need to raise the following revised sums from Grants & Donations:

- 1. 2025/26 - £12k
- 2. 2026/27 - £17k
- 3. 2027/27 - £27k

David Hallworth ACIB
Hon. Treasurer
11 September 2025

Financial Statements Declaration

The financial statements which follow were approved by the trustees and authorised for issue on 29 September 2025 and are signed on behalf of the trustees by:

.....
Gareth Mackey

Date: 27 November 2025

RESPITE AT HOME VOLUNTEERS WEST MID BEDS & IVEL VALLEY

(Charity Registration No. 1161178)

FINANCIAL STATEMENTS

For the Year ending 30 June 2025

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RESPIRE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY
Statement of Financial Activities (SoFA)
For the period from 01 July 2024 to 30 June 2025

Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds	Prior year total funds
3 Income and endowments from:	£	£	£	£	£
Grants	10,470		3,750	14,220	10,850
Donations	4,074			4,074	5,194
Fund Raising Events	7,995			7,995	6,767
Interest	193			193	238
Other Income					
Total income	22,731		3,750	26,481	23,049
4 Expenditure on:					
Employment Costs	17,256		2,944	20,200	27,940
Rent & Document Storage	992		280	1,272	773
Office Costs	2,008		120	2,128	2,637
Website & IT	153			153	195
Insurance	449		105	554	489
Volunteers' Travel & Expenses	100		51	152	692
Fund Raising Costs	872			872	943
Training	390		250	640	605
Community Cafe	1,148			1,148	548
Depreciation	662			662	662
Other Costs	664			664	273
Total expenditure	24,695		3,750	28,445	35,756
Net income / (expenditure) resources before transfer	(1,963)			(1,963)	(12,708)
10.3 Transfers:					
Gross transfers between funds - in					
Gross transfers between funds - out					
Other recognised gains / losses					
Gains/losses on investment assets					
Gains on revaluation, fixed assets, charity's own use					
Net movement in funds	(1,963)			(1,963)	(12,708)
Reconciliation of funds					
Total funds brought forward	11,774			11,774	24,482
Total funds carried forward	9,811			9,811	11,774
Represented by					
Unrestricted					
General Fund	9,811			9,811	11,774
Restricted					
Bedfordshire & Luton Community Foundation					
Shefford Town Council					
TRAINING & RECRUITMENT					
YAPP Charitable Trust					

RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

Balance Sheet

Notes	General	Designated	Restricted	At 30/06/2025	At 30/06/2024
	£	£	£	£	£
Fixed assets					
7 Tangible Assets					662
					662
Current assets					
8 Debtors	1,466		57	1,523	579
Cash At Bank And In Hand	34,928		6,193	41,121	18,437
	36,394		6,250	42,644	19,016
Liabilities					
9 Creditors: Amounts Falling Due In One Year	21,084		6,250	27,334	2,404
	21,084		6,250	27,334	2,404
Net current assets less current liabilities	15,311			15,311	16,612
Total assets less current liabilities	15,311			15,311	17,274
9.2 Provision For Liabilities After One Year	5,500			5,500	5,500
	5,500			5,500	5,500
Total net assets less liabilities	9,811			9,811	11,774
Represented by					
Unrestricted					
Unrestricted - General Fund	9,811			9,811	11,774
Designated					
Restricted					
10 Fund Totals	9,811			9,811	11,774

RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

**Statement of Assets and Liabilities (by fund)
As at: 30 June 2025**

		Balance	Previous balance
		£	£
	General Fund: Unrestricted		
	Fixed Asset		
	9000: Equipment	6,874	6,874
	9001: Equipment - Accumulated Depreciation	(6,874)	(6,211)
			662
	Current Asset		
	5000: Barclays - Current (Community) Account	(5,714)	5,824
	5100: Barclays - Business Premium Account	40,093	12,563
	5200: Petty Cash	50	50
8	Z05: Accounts Receivable	1,000	
	Z20: Prepayments	466	579
	Z99: DUMMY FUND TRANSFERS	500	
		36,394	19,016
	Liability		
9	Z04: Accounts Payable	20	
	Z07: PAYE and Pensions	(1,626)	582
	Z08: Accrued Payroll & Employee Expenses	2,030	1,822
	Z09: Income in Advance	20,660	
	Z10: Redundancy Provisions	5,500	5,500
		26,584	7,904
	General Fund: Unrestricted	9,811	11,774
	Bedfordshire & Luton Community Foundation: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	3,943	
8	Z20: Prepayments	57	
		4,000	
	Liability		
9	Z09: Income in Advance	4,000	
		4,000	
	Bedfordshire & Luton Community Foundation: Restricted		
	Shefford Town Council: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	250	
	Z99: DUMMY FUND TRANSFERS	(250)	
	Shefford Town Council: Restricted		
	TRAINING & RECRUITMENT: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	250	
	Z99: DUMMY FUND TRANSFERS	(250)	
	TRAINING & RECRUITMENT: Restricted		
	YAPP Charitable Trust: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	2,250	
		2,250	
	Liability		
9	Z09: Income in Advance	2,250	
		2,250	
	YAPP Charitable Trust: Restricted		
	Grand Total	9,811	11,774

Note 1 - Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with Financial Reporting Standards (FRS 102)
- and with the Charities Act.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year (\$ except for the following).

Give details in this box of any material changes that have been made.

None

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

Give details in this box of any material changes that have been made.

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: · the charity becomes entitled to the resources; · the trustees are virtually certain they will receive the resources; and · the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Investment income	This is included in the accounts when receivable.
Investment gains and losses	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Governance costs	Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.
Support Costs	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

None

Note 3 - Analysis of resources received

				Total	
				This year	Last year
				£	£
				£	£
Income and endowments from:					
Grants					
1000 - Grants	10,470		3,750	14,220	10,850
Grants Totals	10,470		3,750	14,220	10,850
Donations					
1100 - Donations - General	3,908			3,908	5,194
1110 - Donations - In Memory	166			166	
Donations Totals	4,074			4,074	5,194
Fund Raising Events					
1200 - Fund Raising - General	6,288			6,288	6,767
1210 - Fund Raising - Pub Quizes	997			997	
1220 - Fund Raising - Tea & Cake	710			710	
Fund Raising Events Totals	7,995			7,995	6,767
Interest					
1300 - Bank Interest	193			193	238
Interest Totals	193			193	238
Income and endowments Grand totals	22,731		3,750	26,481	23,049

Note 4 - Analysis of resources expended

Expenditure on:	Total				
	General	Designated	Restricted	This year	Last year
	£	£	£	£	£
Employment Costs					
2000 - Salary - Volunteers' Manager	17,188		2,438	19,626	18,448
2010 - Pension Contributions - Volunteers' Manager	784		143	926	824
2020 - Employer National Insurance - VM	(2,320)			(2,320)	1,291
2030 - Travel - Volunteers' Manager	1,594		364	1,957	1,680
2040 - Entertaining - Volunteers' Manager	11			11	198
2199 - Redundancy Provisions					5,500
Employment Costs Totals	17,256		2,944	20,200	27,940
Rent & Document Storage					
2400 - Rent - Virtual Office	642		30	672	30
2410 - Document Storage	350		250	600	550
2415 - Business Rates					193
Rent & Document Storage Totals	992		280	1,272	773
Office Costs					
2300 - Printing	484			484	
2310 - Stationery	67			67	
2320 - Other Office Supplies	174			174	903
2325 - Compliance and DBS Checks	16			16	
2330 - Postage	9			9	
2350 - Telephone & Broadband	1,244		120	1,364	1,734
2370 - Accounting Software	15			15	
Office Costs Totals	2,008		120	2,128	2,637
Website & IT					
2200 - Website & IT	153			153	195
Website & IT Totals	153			153	195
Insurance					
2100 - Insurance	449		105	554	489
Insurance Totals	449		105	554	489
Volunteers' Travel & Expenses					
2600 - Volunteers' Travel	100		51	152	692
Volunteers' Travel & Expenses Totals	100		51	152	692
Fund Raising Costs					
2700 - Fund Raising Costs	872			872	943
Fund Raising Costs Totals	872			872	943
Training					
2500 - Training - Volunteers	390		250	640	605
Training Totals	390		250	640	605
Community Cafe					
2800 - Community Cafe - Rent Contribution	638			638	319
2805 - Community Cafe - Publicity	356			356	
2810 - Community Cafe - Food	154			154	229
Community Cafe Totals	1,148			1,148	548
Depreciation					
3000 - Depreciation	662			662	662
Depreciation Totals	662			662	662
Other Costs					
2420 - Venue Hire	288			288	262
2750 - Miscellaneous Expenses	376			376	11
Other Costs Totals	664			664	273
Expenditure Grand totals	24,695		3,750	28,445	35,756

Note 5 - Details of certain items of expenditure

5.1 Trustee expenses

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

	This year	Last year
Number of trustees who were paid expenses	1	1
Nature of the expenses	Travelling to visit clients	Travelling to visit clients
Total amount paid	152	175

5.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

	This year £	Last year £
Independent examiner's or auditors' fees for reporting on the accounts		
Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor		

Note 6 - Paid employees

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	19,626	18,448
Employer's National Insurance costs	(2,320)	1,291
Pension costs	926	824
Total staff costs	18,232	20,562

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	1	1
Governance	1	1
Other	1	1
Total	1	1

6.3 Defined contribution pension scheme

Brief details of the scheme Scheme operated by Nest. On eligible earnings, 3% employer contribution and 5% employee. The employee contribution is paid by the employer.

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end	79	79
The amount of any contributions prepaid at the year end		

Note 7 - Tangible fixed assets

7.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward				6,874		6,874
Additions						
Revaluations						
Disposals						
Transfers *						
Balance carried forward				6,874		6,874

7.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL	SL or RB
** Rate				3 years	

Balance brought forward				6,211		6,211
Depreciation charge for year				662		662
Impairment provisions						
Revaluations						
Disposals						
Transfers*						
Balance carried forward				6,874		6,874

7.3 Net book value

Brought forward				662		662
Carried forward						

7.4 Revaluation

If any fixed assets have been revalued please give details of the valuer and method of valuation

--

Note 8 - Debtors and prepayments

8.1 Analysis of debtors

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Trade debtors	0	0	0	0
Amounts due from subsidiary and associated undertakings	0	0	0	0
Other debtors	1,000	130	0	
Prepayments and accrued income	523	449	0	
Total	1,523	579	0	0

Note 9 - Creditors and accruals

9.1 Analysis of creditors

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Salaries, wages, expenses and pension contributions	2,030	1,822	0	
HMRC	(1,626)	582	0	
Amounts due to subsidiary and associated undertakings		0	0	
Other creditors	20	0	0	
Accruals, deferred income, income in advance	26,910	0	0	0
Total	27,334	2,404	0	0

9.2 Provisions for liabilities and charges

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Statutory Redundancy Pay	5,500	5,500		
		0	0	0
Total	5,500	5,500	0	0

9.3 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

--

Note 10 - Endowment and restricted income

10.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions
Training Fund	R	Volunteer training. Funded from grants specifically for this
Beds & Luton Community Foundation	R	Core costs excluding fund raising cost
Shefford Town Council	R	Office Storage
Yapp Trust	R	Core Running costs but no capital purchases

10.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Income Deferred for 1 Year £	Income Deferred for more than 1 Year	Fund balances carried forward £
Training Fund	0	250	(250)	0	0		0
Beds & Luton Community Foundation	0	6,500	(2,500)	0	(4,000)		0
Shefford Town Council	0	250	(250)	0	0		0
Yapp Trust	0	9,000	(750)	0	(3,000)	(5,250)	0
General Fund	11,774	42,731	(24,695)	0	(10,000)	(10,000)	9,811
	0	0	0	0	0		0
Total Funds	11,774	58,731	(28,445)	0	(17,000)	(15,250)	9,811

Included in the General Fund incoming resources is a grant of £20,000 from the Big Lottery Community Fund. This grant is to be expended at £10,000 per year over two years commencing 2025/26. This is represented in the Deferred Income figures.

10.3 Transfers between funds

From Fund (Name)	To Fund (Name)	Reason	Amount

Note 11 - Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 6) details of such transactions should

11.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
None			

11.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties	None			
Due from trustees and related parties	None			

11.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
None				

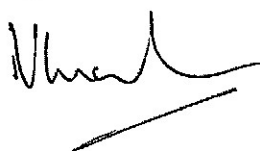
RESPIRE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY (the Charity)

Report and Accounts for the year ended 30 June 2025

Declarations

I confirm that these accruals-based accounts for the year to 30 June 2025 have been prepared from the records of the Charity and that they include all funds under the control of the Charity.

Signature of treasurer



Date 15 September 2025

Name and address of treasurer:

David James Hallworth ACIB

7 Windsor Close,
Flitwick,
Bedford MK45 1PT

Presentation to the Charity trustees

I confirm that the annual report and accounts for the year ended 30 June 2025 were presented to a meeting of the trustees held on: 29 September 2025.

Signature of the Chair of the meeting:



Gareth Mackay

Date:

29/09/2025

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of **Respite at Home Volunteers West Mid Beds and Ivel Valley (Charity No 1161178)** on the accounts for the year ended 30 June 2025.

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 June 2025

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

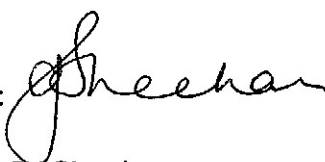
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 26/10/2025

Name: CJ Sheehan

Relevant professional qualification(s) or body: Chartered Accountant

Address: 88 Goswell End Road, Harlington, Beds LU5 6NX

RESPIRE AT HOME VOLUNTEERS – WEST MID BEDS AND IVEL VALLEY

Treasurer's Report for the year ended 30 June 2025

1. Introduction

This has been a very busy financial year with RHV coming close to running out of funds to maintain its activities. Our Volunteers' Manager has worked very hard to secure meaningful grants and these will certainly enable at least another 12 months of operation.

Many of our grant providers have stipulated that their funds may only be used for specific purposes and some have mandated that we hold their grant in a separate Restricted Fund. This adds a degree of complexity to our financial record keeping and reporting.

The accounts are kept on an accrual basis which in short means that income and expenditure is only recognised in the year to which it applies (as opposed to the year in which it is received/spent – this is cash accounting). It's important to understand this concept as if you look at the bank balances held at the year end (£41,121) they include £26,910 of grants received but allocated for use in 2025/26 (£16,910) and 2027/27(10,000). Also, some grant providers only pay a portion of the agreed grant up front and require an interim report before releasing the balance.

2. Financial Statements

Include various accounting reports:

- a. Statement of Financial Activities (SOFA) – This gives a summary of Income and Expenditure over broad categories. The detail which makes up the summary can be found in:
- b. Analysis of Income & Expenditure
- c. Balance Sheet (Separate Funds) – I will talk to this at the meeting but here you will note the separate columns for General, Designated and Restricted Funds
- d. Statement of Assets and Liabilities (by fund) – this is a more detailed breakdown of the previous report (Balance Sheet separate funds)

3. Financial Summary

Income is up £3.3k on prior year at £26.5k. This is almost all accounted for by an increase in grants with donations down £1.1k and fund raising events up £1.2k

Expenditure appears to be down by £7.3k but this is not a true comparison. In "Employment Costs" the prior year figures include a £5.5k one off provision for redundancy and £1.3k of employer NI which shouldn't have been paid. This NI has been claimed back (plus also from 2022/23) and appears as a credit of £2.3k. in 24/25. Please see "Analysis of Income & Expenditure". The comparative figures are 2024/25 £22.5k and 2023/24 £21.3k. Therefore, employment costs have risen, yet again, by about £1.2k.

Looking at the overall expenditure totals, then adjusting as per above on a like for like basis, expenditure in 2024/25 was £30.9k, compared to £29k in 2023/24. The net increase is almost all attributable to the adjusted increase in employment costs.

The balance sheet reveals that we have £41k in the bank, but please note that of this:

- a. £5.5k is reserved for redundancy costs
- b. £17k of grants to be expended in 2025/26
- c. £10k of grants for use in 2026/27

4. Conclusion

If we assume that our own fundraising generates say £7k p.a. then with the grants already secured and in order to preserve a General Reserve at £10k, we would need to raise the following amounts from Donations and Grants (combined):

- a. 2025/26 - £5k
- b. 2026/27 - £10k
- c. 2027/28 - £20k

Our aim should be to raise the General Reserve to £30k which gives about one year of operation. Our Reserves Policy says that where possible we will use our own fund raising events to increase the General Reserve to one year's normal expenditure. Therefore, if we set that as a target, we would need to raise the following revised sums from Grants & Donations:

- 1. 2025/26 - £12k
- 2. 2026/27 - £17k
- 3. 2027/27 - £27k

David Hallworth ACIB
Hon. Treasurer
11 September 2025



Respite at Home Volunteers West Mid Beds & Ivel Valley

Reserves Policy 2025/26

This document includes General Unrestricted and any Designated funds held by the charity trustees of Respite at Home Volunteers West Mid Beds & Ivel Valley (RHV). It does not include any Funds which are Restricted by virtue of terms and conditions of expense allocation imposed by the grantor organisation or individual. Whilst not part of this policy, we outline the way in which we control the use of any Restricted Funds.

Our General (unrestricted) funds are available to be used for any or all of the purposes of RHV.

Aim

Our aim is twofold:

- (1) To secure and sustain RHV's viability and future.
- (2) To give reassurance to the general public that RHV, which is a registered charity, intends to use all of the money coming into its care for the purposes of the charity and in furtherance of its charitable objectives.

RESERVES POLICY

Introduction

The balances of our various funds as at 30/6/2025 are detailed at the end of this section. We also show any surplus or shortfall against our stated policy (below).

RHV uses accrual accounting and therefore income and expenditure is allocated (pro rata if appropriate) to the financial year of use which may not necessarily correspond to the year of receipt or payment.

Unrestricted Funds

General Fund

Our policy is to hold 6 months of gross core expenditure as a reserve. In addition, as an absolute must, we hold 3 months of our Volunteers' Manager normal salary as a "Redundancy Reserve".

Our rationale is that we need the 6 months core expenditure buffer to cover any years where we are unsuccessful in securing grants and donations sufficient to cover all our normal annual expenditure.

If General reserves fall below our target, we will look to make up the shortfall by:

1. Using monies raised from our own fund raising activities and events.
2. Using personal donations from individuals who have not specified a particular use for their donation.

If General Reserves are above our target, the surplus will be:

1. Used to reduce our reliance on external grants and be allocated to our core running costs.

Funds held as at 30 June 2025

General Unrestricted	£15,311
Less Redundancy Provision	<u>(£5,500)</u>
Net Funds available	£9,811
6 months expenditure	<u>£14,222</u>
<u>Shortfall</u> on policy	(£4,411)

Restricted Funds

External grant providers may place restrictions on the nature and type of expenditure we may allocate their grants towards. Such grants may not always cover the total annual expenditure for which the grant has been awarded.

In all such circumstances we create a specific Restricted Fund for each such grant and ensure we can identify and show that the grant has been used for the purpose for which it was awarded.

This policy was adopted by the RHV committee on 29 September 2025

Signed on behalf of the trustees by:

.....
Gareth Mackey (Chair)

RESPITE AT HOME VOLUNTEERS WEST MID BEDS & IVEL VALLEY

(Charity Registration No. 1161178)

FINANCIAL STATEMENTS

For the Year ending 30 June 2025

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Reserves Policy

RESPIRE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY
Statement of Financial Activities (SoFA)
For the period from 01 July 2024 to 30 June 2025

Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds	Prior year total funds
3 Income and endowments from:	£	£	£	£	£
Grants	10,470		3,750	14,220	10,850
Donations	4,074			4,074	5,194
Fund Raising Events	7,995			7,995	6,767
Interest	193			193	238
Other Income					
Total income	22,731		3,750	26,481	23,049
4 Expenditure on:					
Employment Costs	17,256		2,944	20,200	27,940
Rent & Document Storage	992		280	1,272	773
Office Costs	2,008		120	2,128	2,637
Website & IT	153			153	195
Insurance	449		105	554	489
Volunteers' Travel & Expenses	100		51	152	692
Fund Raising Costs	872			872	943
Training	390		250	640	605
Community Cafe	1,148			1,148	548
Depreciation	662			662	662
Other Costs	664			664	273
Total expenditure	24,695		3,750	28,445	35,756
Net income / (expenditure) resources before transfer	(1,963)			(1,963)	(12,708)
10.3 Transfers:					
Gross transfers between funds - in					
Gross transfers between funds - out					
Other recognised gains / losses					
Gains/losses on investment assets					
Gains on revaluation, fixed assets, charity's own use					
Net movement in funds	(1,963)			(1,963)	(12,708)
Reconciliation of funds					
Total funds brought forward	11,774			11,774	24,482
Total funds carried forward	9,811			9,811	11,774
Represented by					
Unrestricted					
General Fund	9,811			9,811	11,774
Restricted					
Bedfordshire & Luton Community Foundation					
Shefford Town Council					
TRAINING & RECRUITMENT					
YAPP Charitable Trust					

RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

Balance Sheet

Notes	General	Designated	Restricted	At 30/06/2025	At 30/06/2024
	£	£	£	£	£
Fixed assets					
7 Tangible Assets					662
					662
Current assets					
8 Debtors	1,466		57	1,523	579
Cash At Bank And In Hand	34,928		6,193	41,121	18,437
	36,394		6,250	42,644	19,016
Liabilities					
9 Creditors: Amounts Falling Due In One Year	21,084		6,250	27,334	2,404
	21,084		6,250	27,334	2,404
Net current assets less current liabilities	15,311			15,311	16,612
Total assets less current liabilities	15,311			15,311	17,274
9.2 Provision For Liabilities After One Year	5,500			5,500	5,500
	5,500			5,500	5,500
Total net assets less liabilities	9,811			9,811	11,774
Represented by					
Unrestricted					
Unrestricted - General Fund	9,811			9,811	11,774
Designated					
Restricted					
10 Fund Totals	9,811			9,811	11,774

RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

**Statement of Assets and Liabilities (by fund)
As at: 30 June 2025**

		Balance	Previous balance
		£	£
	General Fund: Unrestricted		
	Fixed Asset		
	9000: Equipment	6,874	6,874
	9001: Equipment - Accumulated Depreciation	(6,874)	(6,211)
			662
	Current Asset		
	5000: Barclays - Current (Community) Account	(5,714)	5,824
	5100: Barclays - Business Premium Account	40,093	12,563
	5200: Petty Cash	50	50
8	Z05: Accounts Receivable	1,000	
	Z20: Prepayments	466	579
	Z99: DUMMY FUND TRANSFERS	500	
		36,394	19,016
	Liability		
9	Z04: Accounts Payable	20	
	Z07: PAYE and Pensions	(1,626)	582
	Z08: Accrued Payroll & Employee Expenses	2,030	1,822
	Z09: Income in Advance	20,660	
	Z10: Redundancy Provisions	5,500	5,500
		26,584	7,904
	General Fund: Unrestricted	9,811	11,774
	Bedfordshire & Luton Community Foundation: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	3,943	
8	Z20: Prepayments	57	
		4,000	
	Liability		
9	Z09: Income in Advance	4,000	
		4,000	
	Bedfordshire & Luton Community Foundation: Restricted		
	Shefford Town Council: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	250	
	Z99: DUMMY FUND TRANSFERS	(250)	
	Shefford Town Council: Restricted		
	TRAINING & RECRUITMENT: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	250	
	Z99: DUMMY FUND TRANSFERS	(250)	
	TRAINING & RECRUITMENT: Restricted		
	YAPP Charitable Trust: Restricted		
	Current Asset		
	5000: Barclays - Current (Community) Account	2,250	
		2,250	
	Liability		
9	Z09: Income in Advance	2,250	
		2,250	
	YAPP Charitable Trust: Restricted		
	Grand Total	9,811	11,774

Note 1 - Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with Financial Reporting Standards (FRS 102)
- and with the Charities Act.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year (\$ except for the following).

Give details in this box of any material changes that have been made.

None

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

Give details in this box of any material changes that have been made.

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - the trustees are virtually certain they will receive the resources; and - the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Investment income	This is included in the accounts when receivable.
Investment gains and losses	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Governance costs	Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.
Support Costs	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

None

Note 3 - Analysis of resources received

				Total	
				This year	Last year
				£	£
				£	£
Income and endowments from:					
Grants					
1000 - Grants	10,470		3,750	14,220	10,850
Grants Totals	10,470		3,750	14,220	10,850
Donations					
1100 - Donations - General	3,908			3,908	5,194
1110 - Donations - In Memory	166			166	
Donations Totals	4,074			4,074	5,194
Fund Raising Events					
1200 - Fund Raising - General	6,288			6,288	6,767
1210 - Fund Raising - Pub Quizes	997			997	
1220 - Fund Raising - Tea & Cake	710			710	
Fund Raising Events Totals	7,995			7,995	6,767
Interest					
1300 - Bank Interest	193			193	238
Interest Totals	193			193	238
Income and endowments Grand totals	22,731		3,750	26,481	23,049

Note 4 - Analysis of resources expended

Expenditure on:	Total				
	General	Designated	Restricted	This year	Last year
	£	£	£	£	£
Employment Costs					
2000 - Salary - Volunteers' Manager	17,188		2,438	19,626	18,448
2010 - Pension Contributions - Volunteers' Manager	784		143	926	824
2020 - Employer National Insurance - VM	(2,320)			(2,320)	1,291
2030 - Travel - Volunteers' Manager	1,594		364	1,957	1,680
2040 - Entertaining - Volunteers' Manager	11			11	198
2199 - Redundancy Provisions					5,500
Employment Costs Totals	17,256		2,944	20,200	27,940
Rent & Document Storage					
2400 - Rent - Virtual Office	642		30	672	30
2410 - Document Storage	350		250	600	550
2415 - Business Rates					193
Rent & Document Storage Totals	992		280	1,272	773
Office Costs					
2300 - Printing	484			484	
2310 - Stationery	67			67	
2320 - Other Office Supplies	174			174	903
2325 - Compliance and DBS Checks	16			16	
2330 - Postage	9			9	
2350 - Telephone & Broadband	1,244		120	1,364	1,734
2370 - Accounting Software	15			15	
Office Costs Totals	2,008		120	2,128	2,637
Website & IT					
2200 - Website & IT	153			153	195
Website & IT Totals	153			153	195
Insurance					
2100 - Insurance	449		105	554	489
Insurance Totals	449		105	554	489
Volunteers' Travel & Expenses					
2600 - Volunteers' Travel	100		51	152	692
Volunteers' Travel & Expenses Totals	100		51	152	692
Fund Raising Costs					
2700 - Fund Raising Costs	872			872	943
Fund Raising Costs Totals	872			872	943
Training					
2500 - Training - Volunteers	390		250	640	605
Training Totals	390		250	640	605
Community Cafe					
2800 - Community Cafe - Rent Contribution	638			638	319
2805 - Community Cafe - Publicity	356			356	
2810 - Community Cafe - Food	154			154	229
Community Cafe Totals	1,148			1,148	548
Depreciation					
3000 - Depreciation	662			662	662
Depreciation Totals	662			662	662
Other Costs					
2420 - Venue Hire	288			288	262
2750 - Miscellaneous Expenses	376			376	11
Other Costs Totals	664			664	273
Expenditure Grand totals	24,695		3,750	28,445	35,756

Note 5 - Details of certain items of expenditure

5.1 Trustee expenses

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

	This year	Last year
Number of trustees who were paid expenses	1	1
Nature of the expenses	Travelling to visit clients	Travelling to visit clients
Total amount paid	152	175

5.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

	This year £	Last year £
Independent examiner's or auditors' fees for reporting on the accounts		
Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor		

Note 6 - Paid employees

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	19,626	18,448
Employer's National Insurance costs	(2,320)	1,291
Pension costs	926	824
Total staff costs	18,232	20,562

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	1	1
Governance	1	1
Other	1	1
Total	1	1

6.3 Defined contribution pension scheme

Brief details of the scheme: Scheme operated by Nest. On eligible earnings, 3% employer contribution and 5% employee. The employee contribution is paid by the employer.

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end	79	79
The amount of any contributions prepaid at the year end		

Note 7 - Tangible fixed assets

7.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward				6,874		6,874
Additions						
Revaluations						
Disposals						
Transfers *						
Balance carried forward				6,874		6,874

7.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL	SL or RB
** Rate				3 years	

Balance brought forward				6,211		6,211
Depreciation charge for year				662		662
Impairment provisions						
Revaluations						
Disposals						
Transfers*						
Balance carried forward				6,874		6,874

7.3 Net book value

Brought forward				662		662
Carried forward						

7.4 Revaluation

If any fixed assets have been revalued please give details of the valuer and method of valuation

--

Note 8 - Debtors and prepayments

8.1 Analysis of debtors

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Trade debtors	0	0	0	0
Amounts due from subsidiary and associated undertakings	0	0	0	0
Other debtors	1,000	130	0	
Prepayments and accrued income	523	449	0	
Total	1,523	579	0	0

Note 9 - Creditors and accruals

9.1 Analysis of creditors

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Salaries, wages, expenses and pension contributions	2,030	1,822	0	
HMRC	(1,626)	582	0	
Amounts due to subsidiary and associated undertakings		0	0	
Other creditors	20	0	0	
Accruals, deferred income, income in advance	26,910	0	0	0
Total	27,334	2,404	0	0

9.2 Provisions for liabilities and charges

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Statutory Redundancy Pay	5,500	5,500		
		0	0	0
Total	5,500	5,500	0	0

9.3 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

--

Note 10 - Endowment and restricted income

10.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions
Training Fund	R	Volunteer training. Funded from grants specifically for this
Beds & Luton Community Foundation	R	Core costs excluding fund raising cost
Sheffield Town Council	R	Office Storage
Yapp Trust	R	Core Running costs but no capital purchases

10.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Income Deferred for 1 Year £	Income Deferred for more than 1 Year	Fund balances carried forward £
Training Fund	0	250	(250)	0	0		0
Beds & Luton Community Foundation	0	6,500	(2,500)	0	(4,000)		0
Sheffield Town Council	0	250	(250)	0	0		0
Yapp Trust	0	9,000	(750)	0	(3,000)	(5,250)	0
General Fund	11,774	42,731	(24,695)	0	(10,000)	(10,000)	9,811
	0	0	0	0	0		0
Total Funds	11,774	58,731	(28,445)	0	(17,000)	(15,250)	9,811

Included in the General Fund incoming resources is a grant of £20,000 from the Big Lottery Community Fund. This grant is to be expended at £10,000 per year over two years commencing 2025/26. This is represented in the Deferred Income figures.

10.3 Transfers between funds

From Fund (Name)	To Fund (Name)	Reason	Amount

Note 11 - Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 6) details of such transactions should

11.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
None			

11.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties	None			
Due from trustees and related parties	None			

11.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
None				

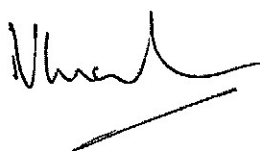
RESPIRE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY (the Charity)

Report and Accounts for the year ended 30 June 2025

Declarations

I confirm that these accruals-based accounts for the year to 30 June 2025 have been prepared from the records of the Charity and that they include all funds under the control of the Charity.

Signature of treasurer



Date 15 September 2025

Name and address of treasurer:

David James Hallworth ACIB

7 Windsor Close,
Flitwick,
Bedford MK45 1PT

Presentation to the Charity trustees

I confirm that the annual report and accounts for the year ended 30 June 2025 were presented to a meeting of the trustees held on: 29 September 2025.

Signature of the Chair of the meeting:



Gareth Mackay

Date:

29/09/2025

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of **Respite at Home Volunteers West Mid Beds and Ivel Valley (Charity No 1161178)** on the accounts for the year ended 30 June 2025.

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 June 2025

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

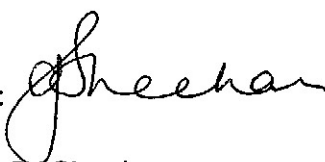
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 26/10/2025

Name: C J Sheehan

Relevant professional qualification(s) or body: Chartered Accountant

Address: 88 Goswell End Road, Harlington, Beds LU5 6NX

RESPIRE AT HOME VOLUNTEERS – WEST MID BEDS AND IVEL VALLEY

Treasurer's Report for the year ended 30 June 2025

1. Introduction

This has been a very busy financial year with RHV coming close to running out of funds to maintain its activities. Our Volunteers' Manager has worked very hard to secure meaningful grants and these will certainly enable at least another 12 months of operation.

Many of our grant providers have stipulated that their funds may only be used for specific purposes and some have mandated that we hold their grant in a separate Restricted Fund. This adds a degree of complexity to our financial record keeping and reporting.

The accounts are kept on an accrual basis which in short means that income and expenditure is only recognised in the year to which it applies (as opposed to the year in which it is received/spent – this is cash accounting). It's important to understand this concept as if you look at the bank balances held at the year end (£41,121) they include £26,910 of grants received but allocated for use in 2025/26 (£16,910) and 2027/27(10,000). Also, some grant providers only pay a portion of the agreed grant up front and require an interim report before releasing the balance.

2. Financial Statements

Include various accounting reports:

- a. Statement of Financial Activities (SOFA) – This gives a summary of Income and Expenditure over broad categories. The detail which makes up the summary can be found in:
- b. Analysis of Income & Expenditure
- c. Balance Sheet (Separate Funds) – I will talk to this at the meeting but here you will note the separate columns for General, Designated and Restricted Funds
- d. Statement of Assets and Liabilities (by fund) – this is a more detailed breakdown of the previous report (Balance Sheet separate funds)

3. Financial Summary

Income is up £3.3k on prior year at £26.5k. This is almost all accounted for by an increase in grants with donations down £1.1k and fund raising events up £1.2k

Expenditure appears to be down by £7.3k but this is not a true comparison. In "Employment Costs" the prior year figures include a £5.5k one off provision for redundancy and £1.3k of employer NI which shouldn't have been paid. This NI has been claimed back (plus also from 2022/23) and appears as a credit of £2.3k. in 24/25. Please see "Analysis of Income & Expenditure". The comparative figures are 2024/25 £22.5k and 2023/24 £21.3k. Therefore, employment costs have risen, yet again, by about £1.2k.

Looking at the overall expenditure totals, then adjusting as per above on a like for like basis, expenditure in 2024/25 was £30.9k, compared to £29k in 2023/24. The net increase is almost all attributable to the adjusted increase in employment costs.

The balance sheet reveals that we have £41k in the bank, but please note that of this:

- a. £5.5k is reserved for redundancy costs
- b. £17k of grants to be expended in 2025/26
- c. £10k of grants for use in 2026/27

4. Conclusion

If we assume that our own fundraising generates say £7k p.a. then with the grants already secured and in order to preserve a General Reserve at £10k, we would need to raise the following amounts from Donations and Grants (combined):

- a. 2025/26 - £5k
- b. 2026/27 - £10k
- c. 2027/28 - £20k

Our aim should be to raise the General Reserve to £30k which gives about one year of operation. Our Reserves Policy says that where possible we will use our own fund raising events to increase the General Reserve to one year's normal expenditure. Therefore, if we set that as a target, we would need to raise the following revised sums from Grants & Donations:

- 1. 2025/26 - £12k
- 2. 2026/27 - £17k
- 3. 2027/27 - £27k

David Hallworth ACIB
Hon. Treasurer
11 September 2025



Respite at Home Volunteers West Mid Beds & Ivel Valley

Reserves Policy 2025/26

This document includes General Unrestricted and any Designated funds held by the charity trustees of Respite at Home Volunteers West Mid Beds & Ivel Valley (RHV). It does not include any Funds which are Restricted by virtue of terms and conditions of expense allocation imposed by the grantor organisation or individual. Whilst not part of this policy, we outline the way in which we control the use of any Restricted Funds.

Our General (unrestricted) funds are available to be used for any or all of the purposes of RHV.

Aim

Our aim is twofold:

- (1) To secure and sustain RHV's viability and future.
- (2) To give reassurance to the general public that RHV, which is a registered charity, intends to use all of the money coming into its care for the purposes of the charity and in furtherance of its charitable objectives.

RESERVES POLICY

Introduction

The balances of our various funds as at 30/6/2025 are detailed at the end of this section. We also show any surplus or shortfall against our stated policy (below).

RHV uses accrual accounting and therefore income and expenditure is allocated (pro rata if appropriate) to the financial year of use which may not necessarily correspond to the year of receipt or payment.

Unrestricted Funds

General Fund

Our policy is to hold 6 months of gross core expenditure as a reserve. In addition, as an absolute must, we hold 3 months of our Volunteers' Manager normal salary as a "Redundancy Reserve".

Our rationale is that we need the 6 months core expenditure buffer to cover any years where we are unsuccessful in securing grants and donations sufficient to cover all our normal annual expenditure.

If General reserves fall below our target, we will look to make up the shortfall by:

1. Using monies raised from our own fund raising activities and events.
2. Using personal donations from individuals who have not specified a particular use for their donation.

If General Reserves are above our target, the surplus will be:

1. Used to reduce our reliance on external grants and be allocated to our core running costs.

Funds held as at 30 June 2025

General Unrestricted	£15,311
Less Redundancy Provision	<u>(£5,500)</u>
Net Funds available	£9,811
6 months expenditure	<u>£14,222</u>
<u>Shortfall</u> on policy	(£4,411)

Restricted Funds

External grant providers may place restrictions on the nature and type of expenditure we may allocate their grants towards. Such grants may not always cover the total annual expenditure for which the grant has been awarded.

In all such circumstances we create a specific Restricted Fund for each such grant and ensure we can identify and show that the grant has been used for the purpose for which it was awarded.

This policy was adopted by the RHV committee on 29 September 2025

Signed on behalf of the trustees by:

.....
Gareth Mackey (Chair)

Accounts

REPORT OF THE TRUSTEES
AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2024
FOR
RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

Report of the trustees

Chairman and Treasurer Report

Financial Statement Declaration

Statement of Financial Activities

Balance Sheet

Notes to the Financial Statements

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 JUNE 2024

The trustees present their report with the financial statements of the charity for the year ended 30 June 2024.

Accounting standard

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and the Charities Act 2011

Independent Examination

The charity's income for the year ended 30 June 2024 was less than £25,000 and therefore, for this year, an independent examination is not required.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the CIO is to protect and preserve the health of families, carers and friends suffering from life-limiting illness by the provision of hospice-type community care/a home service in the West Mid and Ivel Valley areas of Central Bedfordshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation (CIO) controlled by its governing document; a constitution dated 4 November 2014.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number: 1161178

Trustees:

Mr G Mackey

Ms C Thompson

Ms J Hallworth

Mr M Smith

Mr. T W G Thurley

Treasurer

David J Hallworth ACIB

7 Windsor Close

Flitwick

Bedford MK45 1PT

Report on Charitable Activities for the year ended 30 June 2024

Chairman & Treasurers Reports

This year has seen the charity continue its mission to bring comfort to those with life limiting illness whilst offering respite to those who love and care for them full time.

It is an especially significant year for us as it marks 25 years since the charity was founded by Kevin and Sue Clifton. I am confident that the groundwork they have laid has given us the strength, resilience, and passion to continue their work for many years to come.

Indeed, it was an incredible honour to be able to attend our birthday celebration this year and see so many of our friends, volunteers, donors, and supporters gathered in one place. It is abundantly clear to me that our place in the community is solid, and the need remains strong. Thank you to everyone who both organised the event and those who attended!

Of course, running a successful and viable charity is probably more difficult than it has ever been. The national economic picture is cloudy and uncertain, the pool of willing volunteers appears to be ever shrinking after the Covid pandemic where we were inundated with those wanting to give back to society, and the vast depth of need, given the crisis in our NHS, is ever expanding.

You may quite rightly ask me, 'why are you here tonight looking so relaxed and happy?'. Quite simply, the enormous wealth of this charity lies in the gold dust of the people who work so diligently for us. From the committee and trustees who give of their time, expertise and passion for their communities, to our volunteers who visit those with life limiting illness and give so much of their own souls to those in need to Nicola, who lives and breathes the charity and oozes our values. None of what we have accomplished could have been done without each and every person associated with this wonderful organisation in every conceivable capacity.

People are our business and whether it's our clients, our supporters or our volunteers and Nicola, I want to offer you all the thanks I possibly can for what you do for us. Words are inadequate to convey what you mean to us.

This year has also seen us expand the community café project we have been working on. The success of this project underlines the importance of tackling loneliness in society and the huge benefit of human contact in keeping people fit, healthy and mentally strong. I am sure Nicola will expand on the project, and I best not steal her thunder.

The role of the committee this year has very much been that of 'back to normal' after the massive challenges experienced over the past few years. We have come to terms with losing the certainty of the Big Lottery Grant which we secured with our former partners in Isabel and Garden House Hospices. We have also luckily moved on from the global pandemic and all which that meant to us.

This has meant that inevitably, our gaze should turn to seeking funding opportunities in a variety of places. In this, Nicola has excelled. I am pleased to see her out and about, hear, there and everywhere, spreading the word and shaking the tin to keep us in the black. Indeed, Nicola can be very proud of have achieved a number of significant grants and donations, and

supplementing these with numerous tombolas, raffles, special event and other grants. Seeing the money coming in on a weekly basis takes much of the financial worry off and allows us to focus our efforts on those who are in need of our care.

Given the breadth of the work now undertaken, we are always on the lookout for additional members of our committee. It has been a real struggle to recruit specialist roles. This has been especially evident since we lost our last treasurer at the start of my tenure as Chairman.

We have been lucky to have Terry Thurley step in to help us in a limited capacity. This has meant that we have struggled to fully complete the functions that role entails. This is particularly true for the keeping of the books and submission of our accounts to the Charity Commission where we are past due. I am pleased to say that we have a solution in the pipeline to have this deficiency remedied in the near future.

As such, I hope to have our accounts ready for inspection and approval soon with the process for the past year's accounts completed on schedule for April next year. That said, the bank balances remain in the black:

Community Account: £4,514.11
Business Account: £8,972.82
(Correct as of 18h00 28/10/2024)

In conclusion, I want to thank you all for coming out on a miserable October evening to support us. Thank you for all you to and for being such an integral part of the Respite at Home Volunteers West Mid Bedfordshire and Ivel Valley family. Here's to another 25 years!

Gareth Mackey
Chairman
Respite at Home Volunteers West Mid Beds & Ivel Valley

Approved by order of the board of trustees on 2 December 2024

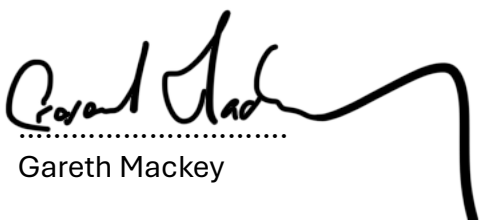
And signed on its behalf by:



Gareth Mackey

Financial Statements Declaration

The financial statements which follow were approved by the trustees and authorised for issue on....., and are signed on behalf of the trustees by:



Gareth Mackey

Date: 2 December 2024



Respite at Home Volunteers West Mids Beds and Ivel Valley

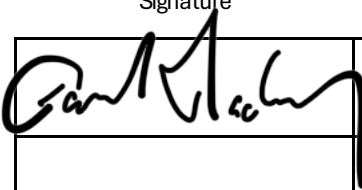
Respite at Home Volunteers West Mid Beds and Ivel Valley			Charity No:1161178		
Statement of Financial Activities					
	01-Jul-23	To	Period end date	30-Jun-24	

Category	Note	Unrestricted funds £	Restricted funds £	Endowment funds £	Total this year £	Total last year £
Incoming resources	3					
Incoming resources from generated funds						
Grants		10,850			10,850	17,674
Fund raising		6,767			6,767	7,345
Donations		5,194			5,194	410
Investment Income		238			238	29
Other incoming resources						
Total incoming resources		23,049			23,049	25,459
Resources expended	4-8					
Costs of Generating Funds						
Salaries & Wages		18,448			18,448	17,044
Employers NI		1,291			1,291	734
Pension costs		824			824	743
Employee travel		1,680			1,680	1,903
Office Rent & related costs		773			773	1,614
Entertaining		198			198	
Telephone		1,734			1,734	1,488
Insurance		489			489	402
Printing, stationery & office supplies		727			727	327
Depreciation		662			662	662
Venue Hire		262			262	201
Website & IT		195			195	252
Fund raising costs		943			943	692
Volunteers' travel and expenses		692			692	1,009
Miscellaneous costs		11			11	141
Training		605			605	
Community Café		548			548	
Other resources expended		176			176	
Total resources expended		30,256			30,256	27,213
Net incoming/(outgoing) resources before transfers		(7,208)			(7,208)	(1,754)
Gross transfers between funds						
Net incoming/(outgoing) resources before other recognised gains/(losses)		(7,208)			(7,208)	(1,754)
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use						
Gains and losses on investment assets						
Statutory redundancy pay provision		(5,500)			(5,500)	
Net movement in funds		(12,708)			(12,708)	(1,754)
Total funds brought forward		24,482			24,482	26,236
Total funds carried forward		11,774			11,774	24,482

Section B Balance sheet

	Note	Unrestricted funds £	Restricted funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets						
Tangible assets	9	662	-	-	662	1,324
		-	-	-	-	-
Investments	10	-	-	-	-	-
Total fixed assets		662	-	-	662	1,324
Current assets						
Stock and work in progress		-	-	-	-	-
Debtors	11	579	-	-	579	399
(Short term) investments		-	-	-	-	-
Cash at bank and in hand		18,437	-	-	18,437	24,943
Total current assets		19,016	-	-	19,016	25,342
Creditors: amounts falling due within one year	12	2,404	-	-	2,404	2,184
Net current assets/(liabilities)		16,612	-	-	16,612	23,158
Total assets less current liabilities		17,274	-	-	17,274	24,482
Creditors: amounts falling due after one year	12	-	-	-	-	-
Provisions for liabilities and charges		5,500	-	-	5,500	-
Net assets		11,774	-	-	11,774	24,482
Funds of the Charity						
Unrestricted funds		11,774			11,774	24,482
Restricted funds	13		-		-	-
Endowment funds	13			-	-	-
Total funds		11,774	-	-	11,774	24,482

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Gareth Mackey	2/12/24

Section C**Notes to the accounts****Note 1 Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with Financial Reporting Standards (FRS 102)
- and with the Charities Act.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year (\$ except for the following).

Give details in this box of any material changes that have been made.

None

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

Give details in this box of any material changes that have been made.

\$\$ if no changes have been made to accounts for previous periods then delete these words.

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when receivable.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS**Tangible fixed assets for use by charity**

These are capitalised if they can be used for more than one year. They are valued at cost or a reasonable value on receipt.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Stocks and work in progress

These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR DIFFERENT
FROM THOSE ABOVE**

Section C **Notes to the accounts** **(cont)**
Note 3 **Analysis of incoming resources**

Incoming resources may be further analysed if this would help the reader of the accounts.

	Analysis	This year £	Last year £
Voluntary income	Grants	10,850	17,674
		-	-
		-	-
		-	-
		-	-
	Total	10,850	17,674
Activities for generating funds	Fund raising events	6,767	7,345
		-	-
		-	-
		-	-
		-	-
	Total	6,767	7,345
Investment income	Bank interest	238	29
		-	-
		-	-
		-	-
		-	-
	Total	238	29
Incoming resources from charitable activities	Donations	5,194	410
		-	-
		-	-
		-	-
		-	-
	Total	5,194	410

Section C
Notes to the accounts
(cont)
Note 4 Analysis of resources expended

Resources expended may be further analysed if this would help the reader of the accounts.

		This year £	Last year £
	Analysis		
Costs of generating voluntary income	Fund raising costs	943	692
		-	-
		-	-
		-	-
		-	-
	Total	943	692
Fundraising trading costs		-	-
		-	-
		-	-
		-	-
		-	-
	Total	-	-
Investment management costs		-	-
		-	-
		-	-
	Total	-	-
Charitable activities		-	-
		-	-
		-	-
		-	-
		-	-
	Total	-	-
Governance costs		-	-
		-	-
		-	-
	Total	-	-

Section C **Notes to the accounts** **(cont)**
Note 5 **Support Costs**

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost type	Fundraising activity £	Charitable Activity £	Governance Activity £	Total Cost £
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	-	-	-	-

Note 6 **Details of certain items of expenditure****6.1 Trustee expenses**

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

Number of trustees who were paid expenses

Nature of the expenses

Total amount paid

This year	Last year
1	1
Travelling to visit clients	Travelling to visit clients
£174.60	£345.30

6.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

Independent examiner's or auditors' fees for reporting on the accounts

Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor

This year £	Last year £
£0	£0

Note 7 Paid employees

Please complete this note if the charity has any employees.

7.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	18,448	17,044
Employer's National Insurance costs	1,291	734
Pension costs	824	743
Total staff costs	20,562	18,521

7.2 Average number of full-time equivalent employees in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	1	1
Governance	1	1
Other	1	1
Total	1	1

7.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

Scheme operated by Nest. On eligible earnings, 3% employer contribution and 5% employee. The employee contribution is paid by the employer.

	This year £	Last year £
The costs of the scheme to the charity for the year	0	0
The amount of any contributions outstanding at the year end	79	68
The amount of any contributions prepaid at the year end	0	0

Section C
Notes to the accounts
(cont)
Note 8 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

8.1 Total value of grants

Purpose for which grants made	Grants to institutions Total amount £	Grants to individuals Total amount £
None	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

8.1 Grantmaking costs

If the charity's accounts are prepared on the "activity basis" please give details of any support cost associated with grantmaking. Please enter "Nil" if the charity does not identify and/or allocate support costs.

Support costs of grantmaking

£

8.3 Grants made to institutions

If the charity has made grants to particular institutions that are material in the context of its grantmaking please give details of the institution supported, purpose of the grant and total paid to each institution listed. Sufficient information should be given to provide a reasonable understanding of the range of institutions supported.

Names of institutions	Purpose	Total amount of grants paid £
None		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions		-

Section C
Notes to the accounts
(cont)
Note 9 Tangible fixed assets
Please complete this note if the charity has any tangible fixed assets
9.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward	-	-	-	6,874	-	6,874
Additions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers *	-	-	-	-	-	-
Balance carried forward	-	-	-	6,874	-	6,874

9.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL	SL or RB
** Rate				3 years	

Balance brought forward	-	-	-	5,549	-	5,549
Depreciation charge for year	-	-	-	662	-	662
Impairment provisions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
Balance carried forward	-	-	-	6,211	-	6,211

9.3 Net book value

Brought forward	-	-	-	1,324	-	1,324
Carried forward	-	-	-	662	-	662

9.4 Revaluation
If any fixed assets have been revalued please give details of the valuer and method of valuation

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C
Notes to the accounts
(cont)
Note 10 Investment assets

Please complete this note if the charity has any investment assets.

10.1 Fixed assets investments

	£
Carrying (market) value at beginning of year	-
Add: additions to investments at cost	-
Less: disposals at carrying value	-
Add/(deduct): net gain/(loss) on revaluation	-
Carrying (market) value at end of year	-

Please provide below:

10.2 A breakdown of the market values of investments shown above agreeing with the balance sheet row B03.

10.3 A breakdown of the income from investments agreeing with SOFA row S03.

Analysis of investments

	10.2 Market value at year end £	10.3 Income from investments for the year £
Investment properties	-	-
Investments listed on a recognised stock exchange or held in common investment funds, open ended investment companies, unit trusts or other collective investment schemes	-	-
Investments in subsidiary or connected undertakings and companies	-	-
Securities not listed on a recognised Stock Exchange	-	-
Cash held as part of the investment portfolio	-	-
Other investments	-	-
Total	-	-

10.4 Material investment holdings

If any single investment is material in terms of its value (for example represents more than 5 per cent of the value of the charity's total investments) please provide details.

Investment held	
Market Value	

Section C**Notes to the accounts****(cont)****Note 11 Debtors and prepayments***Please complete this note if the charity has any debtors or prepayments.***Analysis of debtors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	130	-	-	-
Prepayments and accrued income	449	-	-	399
Total	579	-	-	399

Note 12 Creditors and accruals*Please complete this note if the charity has any creditors or accruals.***12.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Salaries, wages, expenses and pension contributions	1,822	-	-	1,515
HMRC	582	-	-	494
Amounts due to subsidiary and associated undertakings		-	-	-
Other creditors		-	-	175
Accruals and deferred income	-	-	-	-
Total	2,404	-	-	2,184

12.2 Provisions for liabilities and charges

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Statutory Redundancy Pay		-	5,500	-
		-	-	-
Total	-	-	5,500	-

12.3 Security over assets*If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.*

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Section C	Notes to the accounts	(cont)
------------------	------------------------------	---------------

Note 13 Endowment and restricted income funds

Please complete this section if the charity has any endowment or restricted income funds.

13.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions

13.2 Movements of major funds

Please give details of the movements of the major funds summarised in the restricted and endowment columns of the Statement of Financial Activities.

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Gains and losses £	Fund balances carried forward £
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Total Funds	-	-	-	-	-	-

13.3 Transfers between funds

Please give details of any transfers between funds.

From Fund (Name)	To Fund (Name)	Reason	Amount

Note 14 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 6) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

14.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
None			

14.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties	None			
Due from trustees and related parties	None			

14.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
None				

Section C	Notes to the accounts	(cont)
Note 15	Additional Disclosures	
The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.		
Empty space for additional disclosures		

Accounts

REPORT OF THE TRUSTEES
AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2023
FOR
RESPITE AT HOME VOLUNTEERS WEST MID BEDS AND IVEL VALLEY

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Report of the trustees

Independent Examiner's Report

Statement of Financial Activities

Balance Sheet

Notes to the Financial Statements

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 JUNE 2023

The trustees present their report with the financial statements of the charity for the year ended 30 June 2023.

Accounting standard

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and the Charities Act 2011

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the CIO is to protect and preserve the health of families, carers and friends suffering from life-limiting illness by the provision of hospice-type community care/a home service in the West Mid and Ivel Valley areas of Central Bedfordshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation (CIO) controlled by its governing document; a constitution dated 4 November 2014.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number: 1161178

Trustees:

Mr G Mackey

Ms C Thompson

Ms J Hallworth

Mr M Smith

Mr. T W G Thurley

Independent Examiner

David J Hallworth ACIB

7 Windsor Close

Flitwick

Bedford MK45 1PT

Report on Charitable Activities for the year ended 30 June 2023

Chairman & Treasurers Reports

I want to take this opportunity to welcome you all to our AGM, our 24th as a charity. As every year, this year has been an enormous learning curve for us. A few things have changed over the year and I am incredibly grateful to our committee Mark, Clare, Joyce and Terry for their hard work and dedication to their roles. I know each of them have had a roller-coaster of a year themselves but I have always been able to rely on them for guidance, advice and the commitment required to keep the charity running.

Additionally, I want to thank our fabulous volunteers for their unceasing dedication to making the lives of those we care for that much better and more bearable through their love and care. You all do a fantastic job and are the heart of our charity. I know that your undertaking is emotionally difficult and at times devastating. Thank you for continuing to do your important work.

Every organisation needs its powerhouse and for Respite at Home, that is Nicola Mills. Nicola, as ever has been central to every aspect which keeps us going. Whether it is the administration tasks or being out fund raising, Nicola is always there with a smile and is the glue which hold us together.

So, a little more on the highs and lows of the year. Firstly, it is gratifying that we are approaching a return to full normality following the trials and tribulations of the Covid Pandemic. That said, we have emerged into a changing world and this has brought its own set of challenges.

Chief amongst these is the gradual loss of banking from our high street and the move to online / telephone services. We are acutely aware of the problems this has caused to those we support and it has been no different for us. Losing our local banks means adapting how we pay in our funds. The further loss of our post offices is causing us to have to try and navigate the black hole of telephone banking. I am very grateful to Clare who has found the time to hold on for interminable lengths of time trying to arrange mandates, paying in cards and any number of other services no longer provided by the banks. I am hopeful that we are getting to a position where we have everything we need set up.

The next big change this year has been the move away from 10 Dane Lane. The office had been our home for a number of years but the impending change in ownership along with the passing of our long-term landlord gave the committee a chance to reassess the needs of the charity. In the end it was decided that we would take up Nicola's kind offer of hosting our office from her home whilst maintaining a postal address here at The Rufus Centre. This has allowed us to keep our fixed costs lower whilst providing Nicola with a more convenient base of operations. We will continue to review this arrangement as we go along.

I am also pleased to report that we have launched our Community Hub service in the last few weeks. This has been a project initially undertaken as part of our bid for Lottery funding. The committee recognised that the aims of this project accord very well with our objectives as a charity. This work will allow us to extend our reach and build new partnerships for the future. This in turn, will keep us both relevant and sustainable in our ever changing circumstances.

Perhaps our biggest change this year has been our failure to secure further funding from the Big Lottery as part of the partnership between Isabel Hospice, Garden House Hospice and ourselves. It was very disappointing that despite a considerable amount of work putting together our bid, the Lottery decided not to award us a new tranche of funding.

This left us having to decide how best to move forward and also conduct a 'health check' of our sustainability as a charity. I am pleased to report that we are in a robust position at present. This is down, in large part, to Nicola's fund raising and the support we have received from Amy Ingram in applying for new grants. I don't want to steal Nicola's news so I will just say that, having commissioned further services from Amy, I am confident of further grant success in the future.

Let me take this opportunity to thank every single person who has supported Respite at Home. Whether you have given us a one-off grant, a repeat grant, a legacy donation or even bought something from our stalls, thank you from the bottom of my heart. Please know your support is making lives better.

Finally, a note on our finances. At the last meeting our finances for 2021/22 were still in the process of audit. These were completed by Peter Cole, submitted to the Charities Commission and are available to view tonight.

The accounts for 2022/23 are, similarly, still being concluded but should be available in a few weeks, well before the deadline.

This year we will be required to find a new auditor as Mr Cole will retire. Anyone who has any contacts or recommendations, please contact me at your leisure.

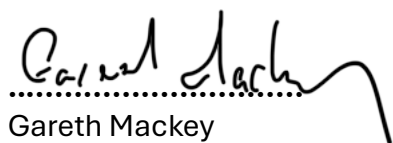
Throughout the year, I have sought to get us to a position where we are sustainable and able to continue operations for one year if grant funding suddenly dried up. I am pleased to say that our Business Account, which is used as a contingency fund is now sitting on £18,047.69 and our Community Account, used for everyday transactions, is on £4,510.92 as of 30/10/2023.

Finally, a big thank you to all of you for attending this evening. I look forward to another year of seeing Respite at Home grow and serve the community.

Gareth Mackey
Chairman
Respite at Home Volunteers West Mid Beds & Ivel Valley

Approved by order of the board of trustees on 30 October 2023

And signed on its behalf by:


Gareth Mackey

Independent Examiner's Report to the Trustees of

Respite at Home Mid Beds and Ivel Valley

Charity Number 1161178

Disclosure

I hereby declare that I am the spouse of one of the charity's trustees but have no day to day involvement nor exercise any influence over the operation of the charity or its finances.

As a very experienced charity treasurer, I was requested by the trustees to assist in the preparation and examination of these accounts as they were unable to appoint a fully functioning treasurer and the submission of these subject accounts to the Charity Commission was significantly past due and was impacting negatively on the charity's ability to raise grants.

It should also be noted that the charity's gross income is only marginally over the threshold of £25,000 under which an independent examination would not be required.

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of **Respite at Home Mid Beds and Ivel Valley** for the year ended 30 June 2023 set out in the accounts which follow this report. As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and, in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

The charity's gross income exceeded £25,000 and I am competent to undertake the examination by being an experienced charity treasurer and Associate of the Chartered Institute of Bankers.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below*) which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination
- the trustees' annual report is not consistent with the accounts.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signature of independent examiner:

A handwritten signature in black ink, appearing to read 'D. Hallworth', with a long horizontal stroke extending to the right.

Name of independent examiner: **David J Hallworth**

Relevant professional qualification of independent examiner: **ACIB**

Address: 7 Windsor Close, Flitwick, Bedford MK45 1PT

Date: 1 November 2024

Respite at Home Mids Beds and Ivel Valley



Respite at Home Mid Beds and Ivel Valley				Charity No:1161178	
Statement of Financial Activities					
	01-Jul-22	To	Period end date	30-Jun-23	

Category	Note	Unrestricted funds £	Restricted funds £	Endowment funds £	Total this year £	Total last year £
Incoming resources	3					
Incoming resources from generated funds						
Grants		17,674			17,674	12,363
Fund raising		7,345			7,345	6,108
Donations		410			410	
Investment Income		29			29	3
Other incoming resources						
Total incoming resources		25,459			25,459	18,474
Resources expended	4-8					
Costs of Generating Funds						
Salaries & Wages		17,044			17,044	13,244
Employers NI		734			734	
Pension costs		743			743	541
Employee travel		1,903			1,903	2,328
Office Rent & related costs		1,614			1,614	1,320
Telephone		1,488			1,488	1,301
Insurance		402			402	445
Printing, stationery & office supplies		327			327	520
Depreciation		662			662	284
Venue Hire		201			201	
Website & IT		252			252	144
Fund raising costs		692			692	
Volunteers' travel and expenses		1,009			1,009	
Miscellaneous costs		141			141	107
Accountants fees						175
Other resources expended						423
Total resources expended		27,213			27,213	20,831
Net incoming/(outgoing) resources before transfers		(1,754)			(1,754)	(2,357)
Gross transfers between funds						
Net incoming/(outgoing) resources before other recognised gains/(losses)		(1,754)			(1,754)	(2,357)
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use						
Gains and losses on investment assets						
Net movement in funds		(1,754)			(1,754)	(2,357)
Total funds brought forward		26,236			26,236	28,593
Total funds carried forward		24,482			24,482	26,236

Section B Balance sheet

	Note	Unrestricted funds £	Restricted funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets						
Tangible assets	9	1,324	-	-	1,324	1,137
		-	-	-	-	-
Investments	10	-	-	-	-	-
Total fixed assets		1,324	-	-	1,324	1,137
Current assets						
Stock and work in progress		-	-	-	-	-
Debtors	11	399	-	-	399	322
(Short term) investments		-	-	-	-	-
Cash at bank and in hand		24,943	-	-	24,943	26,467
Total current assets		25,342	-	-	25,342	26,789
Creditors: amounts falling due within one year	12	2,184	-	-	2,184	1,690
Net current assets/(liabilities)		23,158	-	-	23,158	25,099
Total assets less current liabilities		24,482	-	-	24,482	26,236
Creditors: amounts falling due after one year	12	-	-	-	-	-
Provisions for liabilities and charges		-	-	-	-	-
Net assets		24,482	-	-	24,482	26,236
Funds of the Charity						
Unrestricted funds		24,482			24,482	-
Restricted funds	13		-		-	-
Endowment funds	13			-	-	-
Total funds		24,482	-	-	24,482	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Gareth Mackey	04/11/2024

Section C

Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with Financial Reporting Standards (FRS 102)
- and with the Charities Act.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year (\$ except for the following).

Give details in this box of any material changes that have been made.

It has not been possible to establish the previous depreciation policy. Therefore the net book value of assets brought forward will be depreciated over 3 years. New assets with an estimated useful life of over one year will be depreciated over that period otherwise the purchase will be charged to expenditure in the year of purchase.

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

Give details in this box of any material changes that have been made.

\$\$ if no changes have been made to accounts for previous periods then delete these words.

Section C	Notes to the accounts	(cont)
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Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - the trustees are virtually certain they will receive the resources; and - the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Investment income	This is included in the accounts when receivable.
Investment gains and losses	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Governance costs	Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.
Support Costs	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR DIFFERENT
FROM THOSE ABOVE**

Section C Notes to the accounts (cont)
Note 3 Analysis of incoming resources

Incoming resources may be further analysed if this would help the reader of the accounts.

		This year £	Last year £
	Analysis		
Voluntary income	Grants	17,674	-
		-	-
		-	-
		-	-
		-	-
	Total	17,674	-
Activities for generating funds	Fund raising events	7,345	-
		-	-
		-	-
		-	-
		-	-
	Total	7,345	-
Investment income	Bank interest	29	-
		-	-
		-	-
		-	-
		-	-
	Total	29	-
Incoming resources from charitable activities	Donations	410	-
		-	-
		-	-
		-	-
		-	-
	Total	410	-

Section C **Notes to the accounts** **(cont)**
Note 4 **Analysis of resources expended**

Resources expended may be further analysed if this would help the reader of the accounts.

	Analysis	This year £	Last year £
Costs of generating voluntary income	Fund raising costs	692	-
		-	-
		-	-
		-	-
		-	-
	Total	692	-
Fundraising trading costs		-	-
		-	-
		-	-
		-	-
		-	-
	Total	-	-
Investment management costs		-	-
		-	-
		-	-
	Total	-	-
Charitable activities		-	-
		-	-
		-	-
		-	-
		-	-
	Total	-	-
Governance costs		-	-
		-	-
		-	-
	Total	-	-

Section C **Notes to the accounts** **(cont)**
Note 5 **Support Costs**

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost type	Fundraising activity £	Charitable Activity £	Governance Activity £	Total Cost £
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	-	-	-	-

Note 6 **Details of certain items of expenditure**
6.1 Trustee expenses

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

Number of trustees who were paid expenses

Nature of the expenses

Total amount paid

This year	Last year
1	
Travelling to visit clients	
£345.30	£

6.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

Independent examiner's or auditors' fees for reporting on the accounts

Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor

This year £	Last year £
£0	£175

Section C
Notes to the accounts
(cont)
Note 7 Paid employees
Please complete this note if the charity has any employees.
7.1 Staff Costs

	This year	Last year
	£	£
Gross wages, salaries and benefits in kind	17,044	13,244
Employer's National Insurance costs	734	-
Pension costs	743	541
Total staff costs	18,521	13,785

7.2 Average number of full-time equivalent employees in the year

The parts of the charity in which the employees work

	This year	Last year
	Number	Number
Fundraising	1	1
Charitable Activities	1	1
Governance	1	1
Other	1	1
Total	1	1

7.3 Defined contribution pension scheme
Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

Scheme operated by Nest. On eligible earnings, 3% employer contribution and 5% employee. The employee contribution is paid by the employer.

	This year	Last year
	£	£
The costs of the scheme to the charity for the year	0	0
The amount of any contributions outstanding at the year end	68	0
The amount of any contributions prepaid at the year end	0	0

Section C **Notes to the accounts** **(cont)**
Note 8 **Grantmaking**

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

8.1 Total value of grants

Purpose for which grants made	Grants to institutions Total amount £	Grants to individuals Total amount £
None	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

8.1 Grantmaking costs

If the charity's accounts are prepared on the "activity basis" please give details of any support cost associated with grantmaking. Please enter "Nil" if the charity does not identify and/or allocate support costs.

Support costs of grantmaking

£

8.3 Grants made to institutions

If the charity has made grants to particular institutions that are material in the context of its grantmaking please give details of the institution supported, purpose of the grant and total paid to each institution listed. Sufficient information should be given to provide a reasonable understanding of the range of institutions supported.

Names of institutions	Purpose	Total amount of grants paid £
None		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions		-

Section C **Notes to the accounts** **(cont)**
Note 9 **Tangible fixed assets**

Please complete this note if the charity has any tangible fixed assets

9.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward	-	-	-	6,024	-	6,024
Additions	-	-	-	850	-	850
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers *	-	-	-	-	-	-
Balance carried forward	-	-	-	6,874	-	6,874

9.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL	SL or RB
** Rate				3 years	

Balance brought forward	-	-	-	4,887	-	4,887
Depreciation charge for year	-	-	-	662	-	662
Impairment provisions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
Balance carried forward	-	-	-	5,549	-	5,549

9.3 Net book value

Brought forward	-	-	-	1,137	-	1,137
Carried forward	-	-	-	1,324	-	1,324

9.4 Revaluation

If any fixed assets have been revalued please give details of the valuer and method of valuation

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* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C
Notes to the accounts
(cont)
Note 10 Investment assets

Please complete this note if the charity has any investment assets.

10.1 Fixed assets investments

	£
Carrying (market) value at beginning of year	-
Add: additions to investments at cost	-
Less: disposals at carrying value	-
Add/(deduct): net gain/(loss) on revaluation	-
Carrying (market) value at end of year	-

Please provide below:

10.2 A breakdown of the market values of investments shown above agreeing with the balance sheet row B03.

10.3 A breakdown of the income from investments agreeing with SOFA row S03.

Analysis of investments

	10.2 Market value at year end £	10.3 Income from investments for the year £
Investment properties	-	-
Investments listed on a recognised stock exchange or held in common investment funds, open ended investment companies, unit trusts or other collective investment schemes	-	-
Investments in subsidiary or connected undertakings and companies	-	-
Securities not listed on a recognised Stock Exchange	-	-
Cash held as part of the investment portfolio	-	-
Other investments	-	-
Total	-	-

10.4 Material investment holdings

If any single investment is material in terms of its value (for example represents more than 5 per cent of the value of the charity's total investments) please provide details.

Investment held	
Market Value	

Section C **Notes to the accounts** **(cont)**
Note 11 **Debtors and prepayments**

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	399	-	-	-
Total	399	-	-	-

Note 12 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

12.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Salaries, wages, expenses and pension contributions	1,515	-	-	-
HMRC	494	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	175	-	-	-
Accruals and deferred income	-	-	-	-
Total	2,184	-	-	-

12.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

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Section C

Notes to the accounts

(cont)

Note 13 Endowment and restricted income funds

Please complete this section if the charity has any endowment or restricted income funds.

13.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

[illegible]

13.2 Movements of major funds

Please give details of the movements of the major funds summarised in the restricted and endowment columns of the Statement of Financial Activities.

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Gains and losses £	Fund balances carried forward £
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Total Funds	-	-	-	-	-	-

13.3 Transfers between funds

Please give details of any transfers between funds.

From Fund (Name)	To Fund (Name)	Reason	Amount

Section C
Notes to the accounts
(cont)
Note 14 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 6) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

14.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
None			

14.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties	None			
Due from trustees and related parties	None			

14.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
None				

Section C	Notes to the accounts	(cont)
Note 15	Additional Disclosures	
The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.		
Empty space for additional disclosures		

Accounts



Minutes for the 23rd Annual General Meeting for Respite at Home Volunteers West Mid Beds and Ivel Valley on Monday 31 October 2022 at 7.30pm at the Davis Suite, Rufus Centre, Flitwick

1. Welcome all to our 23rd AGM
2. Chairman's Opening Remarks
3. Attending, apologies and absence – Gareth read out the list of apologies which included: The Sandy Town Mayor, Kim Herrick volunteer, Justine Twinn volunteer, Rob Millington volunteer, Carol Solaiman Carers in Bedfordshire, Richard Fuller Member of Parliament for North East Bedfordshire, Emma Simpson IPL, Debra Aitken BRCC, Cllr Clinch Deputy Mayor of Ampthill
4. Minutes from the last Annual General Meeting 2021 – Mark Smith accepted the minutes from the 2021 AGM and Clare Thompson seconded and the vote in favour of acceptance was unanimous
5. Chairman's Report – Gareth spoke about his first year as Chairman and how impressed he is with the charity, the commitment of the Volunteer Manager and all the volunteers for all the work they do helping others in their local communities.
6. Treasurer's Report – As Gareth has taken on this role for much of the last year he talked this and how we now have a new Treasurer Terry Thurley who will be joining us soon. Gareth also apologised that the Annual Report and Accounts were unavailable as Peter Cole had been unable to complete them in time for the AGM, but these will be sent out to anyone who would like to see them.
31/10/22 RHV business account £18638, 23, RHV Community account £786.54
7. Volunteer Manager's Report – Nicola Mills read her report which included thanking all the volunteers for the brilliant work they do and also the wider community including the Chequers Pub who have raised so much money for us this year
8. Election of Honorary Auditor – Nomination for the re-election of Peter Cole was proposed to continue as the Honorary Auditor proposed by Gareth Mackey and seconded by Clare Thompson and the vote in favour of acceptance was unanimous
9. Nominations for the re-election of any Committee Members/Trustees – Nomination for the re-election of Mark Smith, Trustee, was proposed by Gareth Mackey and seconded by Clare Thompson and the vote in favour of acceptance was unanimous

10. The large group split into three smaller groups and our volunteers spoke about their experiences helping families living with life limiting illnesses in the local community, this was an informal interactive part of the meeting and the other attendees were encouraged to ask questions and share their experiences
11. Any Other Business? Allan Elliott discussed he felt that former volunteers should be mentioned at the AGM. Mandy Fallowfield made the point that due to the huge amount of work RHV have to do to secure Big Lottery funding, she felt that the local communities should get more involved and support small charities like ours.
12. Celebration of our volunteers work and commitment to Respite at Home Volunteers and a presentation of certificates for their long service. Congratulations to Karen Gulliksen and Kim Herrick and thank you for all the work you have done over the last 5 years years supporting others in the local community, you are all an inspiration.
13. Chairman Gareth Mackey's closing remarks - Gareth thanked all the great people in the community for their time and effort and helping to keep RHV still working in the community after 23 years!
14. Light refreshments with hot drinks, biscuits and spooky cakes were served whilst mingling

**REGISTERED COMPANY NUMBER:CE003849 (I
REGISTERED (**

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE
FOR
RESPITE AT HOME VOLUNTEERS

**Cole & co
34 Truro Gardens
Flitwick
Bedford
MK45 1UH**

England and Wales)
CHARITY NUMBER 1161178

2022

RESPITE AT HOME VOLUNTEERS

CONTENTS OF THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 30 JUNE 2022**

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Report of the trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4
Notes to the Financial Statements	5 to 8
Detailed Statement of Financial Activities	9

RESPITE AT HOME VOLUNTEERS
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 JUNE 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2022. The trustees adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the CIO is to protect and preserve the health of families, carers and friends suffering from life-limiting illness by the provision of hospice-type community care/a home service in the West Mid and Ival Valley areas of Central Bedfordshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company limited by guarantee as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number: CE003849 (England and Wales).

Registered Charity number: 1161178

Registered office

Trustees

Mr G Mackey
Ms C Thompson
Ms J Hallworth
Mr M Smith
Mr. T W G Thurley

Company Secretary

Independent Examiner

Cole & Co
34 Trutro Gardens
Flitwick
Bedford
MK45 1UH

Approved by order of the board of trustees on..... And signed on its behalf by:

.....

1

ompany,

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RESPITE AT HOME VOLUNTEERS

Independent examiner's report to the trustees of Respite At Home Volunteers

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 .

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purpose of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of your charity accounts carried out under section 145 of the Charities Act 2011.('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention with the examination cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act or any requirement that the accounts give a true and fair view which is not a matter considered by me in my independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the 5th Edition of the Recommended Practice for accounting and reporting by charities (applicable to charities preparing accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Peter Cole FMAAT
Cole & Co
34 Truro Gardens
Flitwick
Bedford
MK45 1UH.

Date:

June 2022.

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Statements of
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RESPITE AT HOME VOLUNTEERS
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2022

	Notes	2022 Unrestricted Fund £	2021 Total Funds £
INCOME AND ENDOWMENTS FROM			
Donations and Legacies		18471	22102
Investment income	2	<u>3</u>	<u>4</u>
Total		18474	22106
EXPENDITURE ON			
Other		<u>20831</u>	<u>15994</u>
NET LOSS/INCOME		-2357	6112
RECONCILIATION OF FUNDS			
Total funds brought forward		28593	22481
TOTAL FUNDS CARRIED FORWARD		<u>26236</u>	<u>28593</u>

The notes form part of these financial statements

RESPIRE AT HOME VOLUNTEERS
BALANCE SHEET
30TH JUNE 2022

	Notes	2022 Unrestricted Fund £	2021 Total Funds £
FIXED ASSETS			
Tangible assets	6	1137	763
CURRENT ASSETS			
Debtors	7	322	325
Cash at bank and in hand		26467	28646
		<u>27926</u>	<u>28971</u>
CREDITORS			
Amounts falling due within one year	8	-1690	-1141
NET CURRENT ASSETS		<u>26236</u>	<u>27830</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>28593</u>
NET ASSETS		<u>26236</u>	<u>28593</u>
FUNDS			
Unrestricted funds	9	26236	28593
TOTAL FUNDS		<u>26236</u>	<u>28593</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 1 ended 30 June 2022.

The members have not required the company to obtain an audit of its financial statements for the year end 30 June 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Section 38 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on..... and were signed on its behalf by:

.....
G Mackey-Trustee

The notes form part of these financial statements

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RESPITE AT HOME VOLUNTEERS
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2022

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the charities SORP (FRS 102) 'Accounting and Reporting for Charities: A Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)'. Financial Reporting Standard 102. 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared on the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to it and it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation to incur the expenditure, it is probable that a transfer of economic benefit will be required to settle the liability and been classified under headings that aggregate all cost related to the category. Where costs are directly attributed to particular headings they have been allocated to activities on a basis of the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 INVESTMENT INCOME

	2022	2021
Interest Received	<u>3</u>	<u>4</u>

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RESPITE AT HOME VOLUNTEERS
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022

3 NET INCOME/(EXPENDITURE.)

Net income/(expenditure is stated after charging/ crediting);

	2022	2021
	£	£
Depreciation-owned assets	<u>284</u>	<u>191</u>

4 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2022 for the year ended 30 June 2021.

Trustees expenses

There were no trustees' expenses paid for the year ended 30 June 2022 nor for the year ended 30 June 2021.

5 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds
INCOME AND ENDOWMENTS FROM	
Donations and legacies	18471
investment income	<u>3</u>
Total	18474
EXPENDITURE ON	
Other	<u>-20831</u>
NET LOSS	-2357
RECONCILIATION OF FUNDS	
Total funds brought forward	22481
TOTAL FUNDS CARRIED FORWARD	<u><u>20124</u></u>

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RESPITE AT HOME VOLUNTEERS
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022

6 TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 July 2021	5367
Additions	<u>657</u>
	<u>6024</u>
DEPRECIATION	
At 1 July 2021	4604
Charge for the year	<u>283</u>
	<u>4887</u>
NET BOOK VALUE	
At 30 June 2022	<u>1137</u>
At 30 June 2021	<u>763</u>

7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Prepayments	<u>322</u>	<u>325</u>

8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	268	42
Accrued expenses	<u>1422</u>	<u>1099</u>
	<u>1690</u>	<u>1141</u>

9 MOVEMENT IN FUNDS

	At	Net movement	At
Unrestricted funds	07/01/2021 in funds		30.06.2022
General fund	28593	-2357	26236
TOTAL FUNDS	<u>28593</u>	<u>-2357</u>	<u>26236</u>
Net movement in funds, included in the above are as follows:			
Unrestricted funds	Incoming resources	Resources Expended	Movement in funds
General fund	18474	-20831	-2357
TOTAL FUNDS	<u>18474</u>	<u>-20831</u>	<u>-2357</u>

continued.

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NOTES TO THE FINANCIAL STATEMENTS-continued
FOR THE YEAR ENDED 30 JUNE 2022

9 MOVEMENT IN FUNDS-continued

Comparatives for movement in funds

	At 1.7.2020	Movement in funds	At 30.6.2021
	£	£	£
Unrestricted funds			
General fund	22481	6113	28594
TOTAL FUNDS	<u>22481</u>	<u>6112</u>	<u>28594</u>

Comparative net movement in funds, included in the above as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	22107	-15994	6113
TOTAL FUNDS	<u>22107</u>	<u>-15994</u>	<u>6113</u>

A current year 12 months and prior year 12 months combined is as follows:

	At 1.7.2020	Movement in funds	At 30.6.2022
	£	£	£
Unrestricted funds			
General fund	22481	3756	26237
TOTAL FUNDS	<u>22481</u>	<u>3756</u>	<u>26237</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	40581	-36825	3756
TOTAL FUNDS	<u>40581</u>	<u>-36825</u>	<u>3756</u>

10 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2022..

RESPITE AT HOME VOLUNTEERS
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donation and fundraising	18471	22102
Investment income		
Interest received	<u>3</u>	<u>4</u>
Total incoming resources	<u>18474</u>	<u>22106</u>
EXPENDITURE		
Others		
Entertaining	92	-
Insurance	445	390
Motor expenses	2328	437
Rent and utilities	1320	1385
Postage and stationery	520	382
Software	144	233
Sundry expenses	437	30
Telephone	1301	1229
Pension	541	285
Wages	13244	11282
Depreciation	<u>284</u>	<u>191</u>
	20656	15844
Support costs		
Governance costs		
Accountancy and legal fees	<u>175</u>	<u>150</u>
Total resources expended	<u>20831</u>	<u>15994</u>
Net Expenditure/Income	<u>-2357</u>	<u>6112</u>

Accounts

Chairman's Report

Respite at Home Volunteers

West Mid Beds & Ivel Valley

Annual General Meeting - Monday 8th November 2021

Welcome to another West Mid Beds and Ivel Valley AGM our 21st and our 22nd year as a charity. This last 12 months has continued to be a unique experience globally but in particular for everyone involved in the community providing care and support to those with life limiting illnesses. As you will remember from last year's AGM we have had to re-think how we can provide care and support to our clients and their carers within the government guidelines, ensuring the safety of all. As we are unable to visit our client homes we have been keeping in contact with the clients and their carers by regular phone calls. However referrals have been affected during the pandemic which Nicola will cover in her report.

Our partnership with Garden House Hospice and Isobel Hospice continues, we are involved in regular team meetings covering the management of our joint project, steering groups to maintain direction and consistency across the teams. The meetings are attended by a selection of committee members and Volunteers. The good news is together with Garden House and Isobel we are submitting a proposal for further funding to the Big Lottery to enable our charities to recover and continue to grow as we emerge from the pandemic.

Although we have had a number of changes since our last AGM, through the dedication of our Volunteer Manager and our Volunteers, our clients have continued to receive a high level of support throughout the year. We have had a number of changes Kevin has retired as chairman and I am pleased to be accepted as the new chairman of RHV, our Treasurer position became vacant and Pat Lewis joined the committee to take on the role unfortunately due to personal issues he has had to step down. We are in the process of re-advertising the vacancy of Treasurer. In the meantime the role is being covered by me and Kevin while we sort out the details with Barclays. I will provide the Treasurer's report.

We have received numerous donations from local organisations and in particular Town Councils.

As I mentioned I will provide the financial report which shows our income was £22,106 in the past year over £4,000 less than the previous year. Our expenditure was £15,844 which is £6,000 less than the previous year resulting in a surplus of £6,112. I would like to thank Nicola for organising the various fundraising events we have attended despite COVID and everyone involved in the setting up and the manning of our stall at these events prior to the COVID restrictions. I would like to thank the Volunteers for the submission of their time they spend with their clients and their 'out of pocket' expenses and to thank the Volunteers who have donated their expenses back to the charity. Clearly this also changed with the introduction of the restrictions.

As you know the CIO constitution requires that a third of the Trustees 'stand down' each year at the AGM, based on the length of service, so it is Clare's turn to stand down today, as you will remember Joyce was re-elected last year at the 20th AGM. Later on, in the agenda I will accept nominations but I am sure Clare is happy to stand for re-election. Also my election as Chairmen will need to be ratified by the RHV membership so I will be asking for a nomination, seconder and a show of hands later in the agenda.

We are very lucky to have the support of the Doctors and their surgeries in West Mid Beds and Ivel Valley together with the Palliative care hub, the Community Matron/Nurses, Social Services, Carers in Beds and self-referrals for their support.

I would like to make a request regarding the need to strengthen our committee. If anyone is interested in joining our committee please let me or Nicola know.

A huge thank you, Nicola, for coordinating the Volunteers' activities, your energy and enthusiasm is much appreciated by the committee. Also thank you to Kathy and Joyce for providing excellent cover when Nicola is on holiday, as well as a huge thank you to our Volunteers for their loyal service and giving their time to our clients. A thank you to our committee, and finally a thank you to our helpers and fundraisers for their continued commitment.

Gareth Mackey, Chairman

RESPIRE AT HOME VOLUNTEERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations & fundraising	22,102	26,163
Investment income		
Interest received	4	19
Total incoming resources	<u>22,106</u>	<u>26,182</u>
EXPENDITURE		
Other		
Entertaining	-	306
Room hire	-	381
Repairs & renewals	-	87
Insurance	390	409
Motor expenses	437	4,370
Rent & utilities	1,385	1,385
Postage & stationery	382	237
Software	233	19
Sundry expenses	30	241
Telephone	1,229	1,590
Pension	285	416
Wages	11,282	12,096
Plant and machinery	191	239
	<u>15,844</u>	<u>21,776</u>
Support costs		
Governance costs		
Accountancy and legal fees	150	150
Total resources expended	<u>15,994</u>	<u>21,926</u>
Net income	<u><u>6,112</u></u>	<u><u>4,256</u></u>

This page does not form part of the statutory financial statements