

H&ME START

York

Annual Report & Accounts

Perinatal Support



Access Services



School Readiness



Home Visiting

2024-25

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Maria Farrar
Scheme Manager



Eleanor Carswell
Administrator



Susan Deery
Family Support Coordinator



Adele Hunter
Family Support Coordinator



Over the past few years, Home-Start York has experienced a period of significant growth and evolution. We proudly launched new services aimed at supporting women during the later stages of pregnancy, demonstrating our continued dedication to meeting the changing needs of families across our community.

Our work remains centred on delivering impactful early intervention for York's parents. We were proud to take part in meaningful collaboration with the City of York Council, contributing to their Early Help event. This gathering brought together professionals from across the city to showcase and celebrate the early intervention efforts being carried out locally—work that we are proud to be actively contributing to.

None of these achievements would have been possible without the remarkable commitment of our volunteers and highly dedicated staff team. Their ability to deliver timely and effective support to parents is the cornerstone of our service. Our rigorous training and matching system ensure that families are paired with volunteers who are not only skilled, but deeply passionate about making a difference. These volunteers are the true heart of Home-Start York, offering consistent, compassionate support that empowers parents every single week.

To our staff, volunteers, partners, and supporters—thank you. Your contributions have helped make this year a strong and successful one. We look ahead with optimism and determination as we continue our mission to support and uplift families in our community.

What is Home-Start York?

Home-Start York is an independent charity offering parents in York with pre-school children, confidential support since 1988.

Providing a unique, in-home, volunteer-led service, Home-Start York fills a local community need by reaching some of the most vulnerable families in York as well as those who are simply finding parenting difficult due to stresses.

Volunteers receive training to support families with at least one child under 5 years old. Following a thorough needs assessment, families are matched with the volunteer best suited to help them meet their personal challenges.

Through weekly visits, our volunteers provide confidential, non judgmental support to parents helping them overcome challenges, build confidence and promote positive relationships, giving their children the best possible start in life.

Our service aims to promote family resilience through early intervention, preventing difficulties escalating into crisis.



Chair's Report Sandra Furby MBE

I am so pleased that we can share with you another successful year of supporting families in York. The information contained in this report illustrates the range of assistance that our staff team and wonderful volunteers have provided during the last twelve months. Home-Start York is fully embedded in the heart of the community and receives referrals from multi-agencies, all working together. Our reputation in the city has grown over the years and as new projects begin our team works hard to ensure all appropriate agencies and organisations are fully aware of who and how we can help.

None of this would be possible without our amazing staff team and outstanding volunteers who work so closely together to provide the best quality service. My thanks and the thanks of the Board of Trustees go out to you all for the fantastic job that you do.

I would also like to thank all the funding organisations and charities that enable us to continue offering the service. It is getting more and more difficult to obtain financial support and we are very grateful to those who have confidence in our ability to achieve these outcomes.

We have a strong board of trustees that guide and support the staff team. The trustees come from a variety of backgrounds and have a wealth of skills and experience. We are always looking to expand the membership of the Board and if you feel becoming a trustee is something you would be interested in, please get in touch with Maria or Eleanor to find out more. I would like to take this opportunity to give a heartfelt thanks to Val Bowman who has been our trusted treasurer for the last seven years and is stepping down. She has been an absolute asset to Home-Start York and will be sorely missed!

We hope to continue to offer our service for a long time and to be able to respond to the needs of York families in the future. I hope you find this report of interest, thank you for taking the time to read it.

Visiting a new mum who had gone through a very difficult time prior to and after the birth of her baby. Watching how she went from a scared, traumatised person into one that grew in confidence, able to go out and enjoy her baby was immensely rewarding.

I loved working with an asylum seeking mother and baby. She and I got on so well and it was great to show her parts of York she hadn't known were on her doorstep. She told me so much about her culture and appreciated having a friend in such a lonely situation.

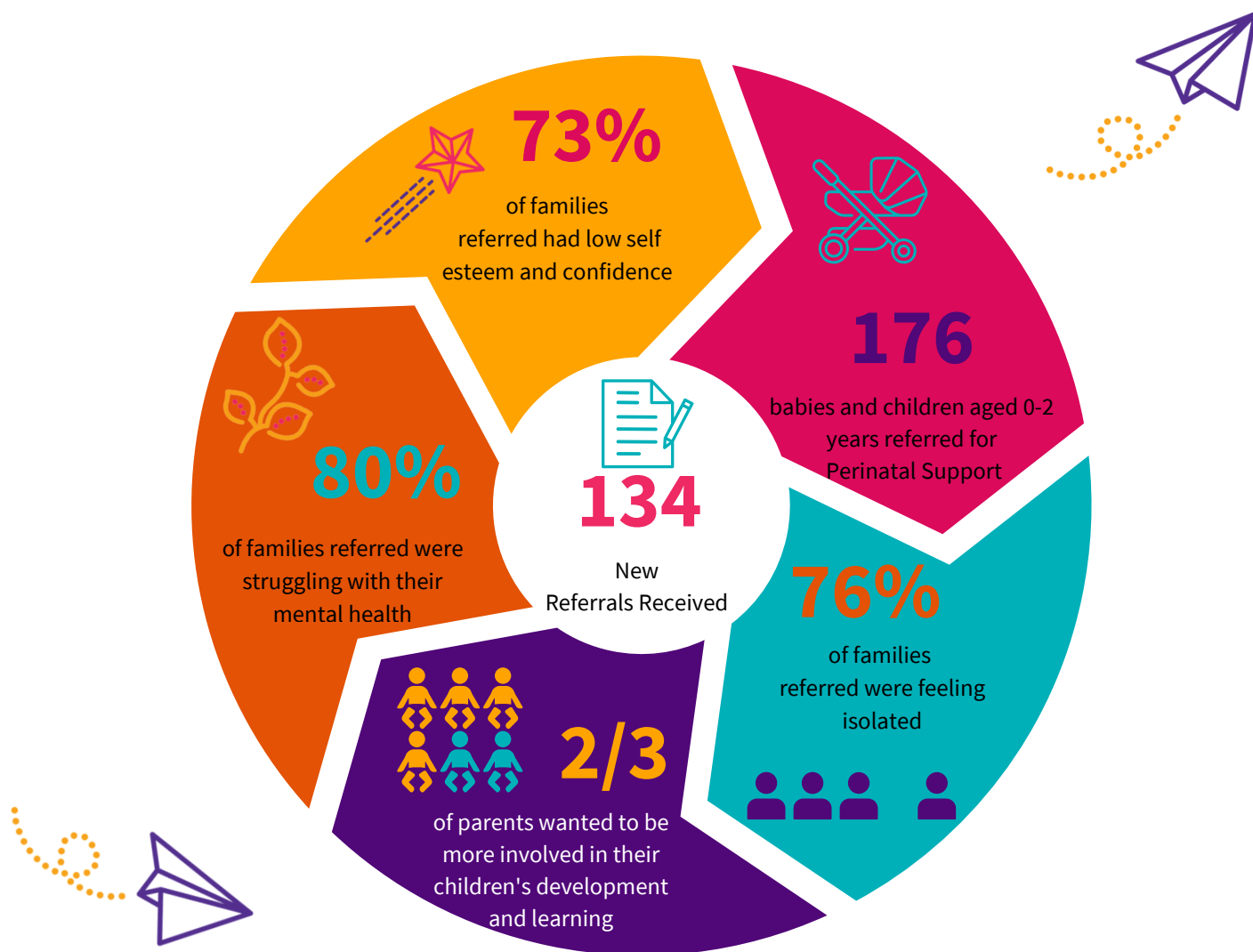
This sounds like a really small moment but it really was huge..... when one of my family's mums found the confidence to phone the council about her garden fence which had blown down month's before leaving her garden insecure for her children. She had previously believed that no-one would listen to her....but we talked about the conversation and - she did it and it was fixed within 2 weeks! I was so proud of her and she was really pleased with herself too. It was lovely to see her small children enjoying the garden across the summer as a result.

The little girl aged 4 developed her language and social skills. I was able to assist with the transition from nursery to primary school, giving support for parent induction meetings and child settling in sessions. Together with the Family Support Coordinator we helped this little family to improve their living conditions by accessing external help.

I think generally the happiness on the faces of my family when I arrive and a feeling that I slot into life and help and support without her really needing to ask me as we know each other well.

**Volunteer
Magic
Moments**

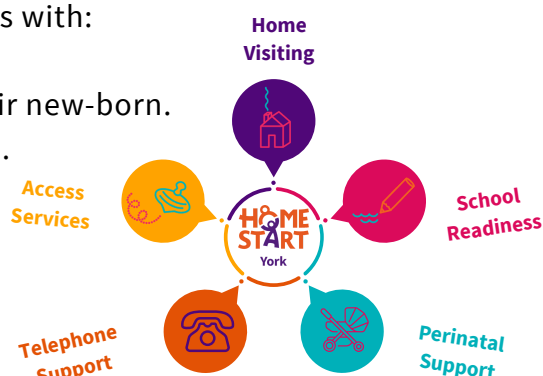
Referrals and Needs



Our Support

Offering weekly home visits our volunteers support parents with:

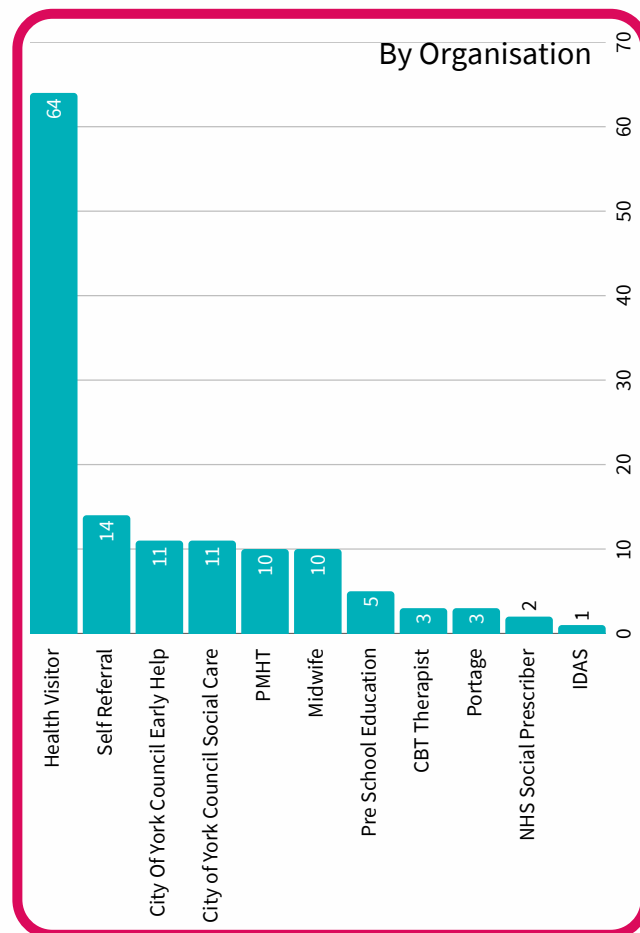
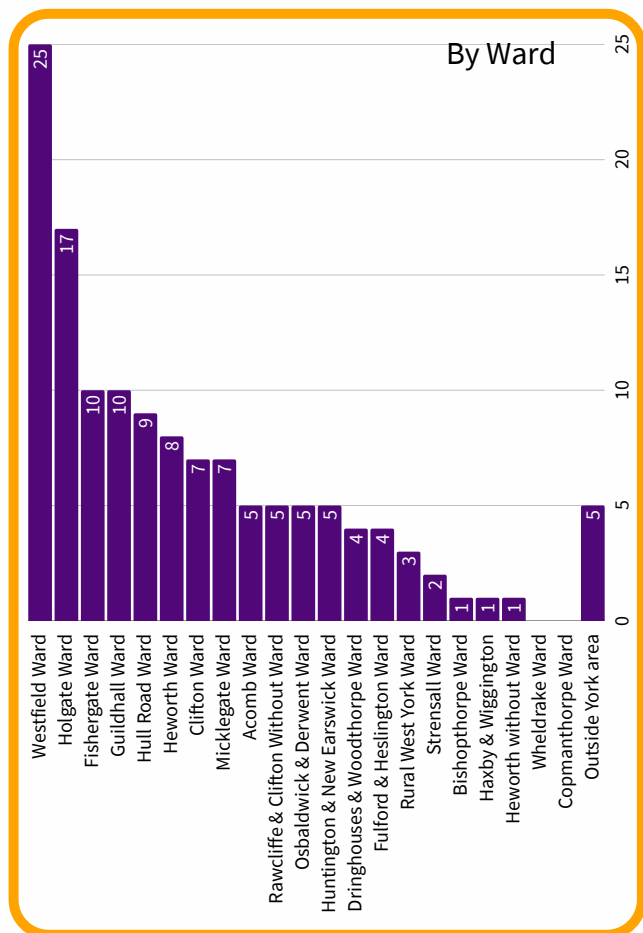
- Support from 30 weeks antenatally , to prepare for their new-born.
- Multiples, twins, triplets or several pre-school children.
- Postnatal illness or depression.
- Loneliness and isolation.
- Lone or First-time parents.
- Routines, behaviour management and play.
- Ill health, bereavement, disability or special needs.
- Accompanying to appointments and accessing local services.
- Preparing children with the skills for their school or nursery experience.



Support is based on need and engagement. Families progress and achievements are celebrated.

New Referral Sources

134 Referrals



Referrer Feedback

Gathered from: Portage, Healthy Child Team, Community Mental Health Team, Perinatal Mental Health Team, Social Workers, Education Settings, Social Prescribers, IDAS, Midwives,



A great service tailored to the individual's needs. I have seen a massive change with the many mums I have referred.

Home-Start York understood the difficulties facing one of our families and prioritised their allocation to reflect this. The match was so thoughtfully considered and the family could not speak highly enough of the service and the volunteer and said they felt they 'couldn't believe their luck'. The volunteer had supported them in getting out into the community which built their confidence to do it more and they could see the benefit this had on the children's learning, development and behaviour as well as their own and on the home environment. The relationship they built with their volunteer and them valuing 'the extra set of hands' had a huge impact and as a referrer I was so grateful that Home-Start were able to support so promptly. Thank you.

The Home-Start York team were responsive and made contact quickly. They offered my client flexibility with support and this helped her to feel more able to parent with confidence.

Families benefit from the support and knowledge of the volunteer. The emotional support that having someone outside the family visiting regularly can be invaluable when a family is struggling.

Families find Home-Start York really helpful and supportive. It enables them to get out and have much needed support when perinatal support is not available any longer.

Referrer Feedback



Outcomes, Impact and Family Feedback



237

Children aged 0-5
Nurtured

87%

of parents felt more able to
manage their children's
behaviour



77%

of parents reported an
increase in their self
esteem and confidence

75%

were more
confident with the
day to day running
of their home



71%

of parents felt more
involved in their child's
development and learning



178

Families worked
with this year



81%

of parents reported an
improvement in their
mental health



87%

of parents were
feeling less isolated

284

Visits by
Family
Support
Coordinators



“ Our volunteer is family, she chose us. She was always thoughtful, never judgmental. This opportunity changed my life and the tone of my days - thank you.

Home-Start York helped us at a very vulnerable time as we struggled having a medically complex child. Our volunteer was able to support me to find my confidence with my son and in my abilities. She helped me to feel strong when I felt at my weakest. She created a beautiful bond with my son who previously struggled to trust adults. We cannot put into words our thanks to Home-Start York - they have been an hugely important part of our journey and progress.

Having a Home-Start York volunteer visit weekly helped me gain confidence in getting out of the house, was someone to talk to, some much needed support and also helped me feel less alone. There was practical help as well as emotional support, just having someone to talk to and to know I wasn't the only person struggling with being a new mum and that it was okay. I had a really tough time with my mental health postpartum and I found the support team from Home-Start York invaluable and I would definitely recommend.

Our Home-Start York volunteer came to me with kindness and compassion and helped me feel like I could trust myself and cope looking after my baby and gave me confidence to start getting out of the house when even a walk felt stressful. I am so appreciative of all the support provided by Home-Start York, such a valuable service. Special thanks to the volunteer we were assigned who was a perfect match for our family and put me instantly at ease.

My volunteer was so friendly and supportive and non judgemental. It was amazing to have someone to talk to and to help build my confidence up with getting out of the house more with my baby. She helped me build up better support networks and strategies for coping with life management and managing my illness. It's honestly made such a difference. This scheme is incredible and I am so grateful for the support.

Family Feedback



Progress and Achievements Report

Spreading Joy at Christmas

We were once again incredibly grateful to Cameron from Overbury, who kindly donated Christmas presents for local families for the third year. In December, volunteers collected gifts during a festive gathering at the Home-Start York office, where they also enjoyed a warm mince pie with our team.



Supporting Families with Minister Lions

Home-Start York was proud to be chosen again by the Minister Lions as one of their supported charities from October 2024 to March 2025. Through this partnership, we identified families in need of essential items such as heated blankets and safety gates. Thanks to the generosity of the Minister Lions, we were able to supply these vital items and offer additional comfort and safety at home during the colder months.



Minster Tree Festival: Celebrating 35 Years of Service

Our contribution to the 2024 Minster Tree Festival celebrated 35 years of Home-Start York. Each ornament on our tree represented a family we've supported, symbolising the heartwarming journeys they've shared with us. The decorations also paid tribute to our dedicated volunteers who generously give their time to nurture special parent-child relationships. The Christmas lights illuminated not only the tree but the enduring spirit of compassion and community that defines our work. Here's to 35 years of making a difference—and many more to come.



Happy Healthy Homes Campaign

With the help of a £1,000 grant from Public Health, we launched the Happy Healthy Homes campaign to support families in learning how to prepare healthy meals at home. Families participated in cookery classes where they learned the basics of healthy food preparation in a fun and supportive environment.

Tadcrafters Apron Donation

We were thrilled to receive handmade aprons from Tadcrafters, gifted to parents participating in our cookery classes. These thoughtful and practical gifts added an extra layer of joy and usefulness to the experience.



Support from Smyths Toys

A heartfelt thank you to Smyths Toys for their generous donation of two "Next to Me" cribs. These were gifted to new parents who would otherwise have struggled to afford them, ensuring a cosy night's sleep for their babies.

Makaton Training with Jo Bryenton

We were delighted to offer Makaton training in May, delivered by Jo Bryenton. The session provided an engaging introduction to Makaton, using songs, games, and activities to help volunteers practice signs and symbols especially useful for families with young children. The feedback was overwhelmingly positive:

"Jo was excellent and very passionate, really enjoyed the session so thank you. I have been practicing on my 87-year-old Mum—she loves it! Thank you so much for the opportunity."



Other Local Networking

Attendance at Maternity Voices Partnership, York CVS, Volunteer Management Forum, ICS consultation events, York St John's University, University of York.

York Careers Fair – August 2024

We were invited to attend the York Careers Fair in August which proved a fantastic opportunity to raise awareness of our work and recruit new volunteers. Several attendees registered their interest in joining us to support local families.



Signposting Event with The Retreat Clinics

We participated in a valuable signposting event organised by The Retreat Clinics, which provided an excellent opportunity to connect with other local services. The event fostered discussions about how we can collaborate to offer enhanced support for families across York, particularly around mental health, neurodiversity, and legal and financial issues.



Tesco Stronger Starts – Community Support

We were delighted to be selected for Tesco's Stronger Starts blue token scheme over the Christmas and New Year period, which resulted in a generous donation of £1,000. In addition, Tesco Community Champion Jo Meier reached out to provide much-needed items including highchairs, clothing, and bedding.



University of York Student Placement



In February, we welcomed Chantelle Smart from the University of York for a 70 day student placement. Chantelle contributed meaningfully to our projects, gaining valuable experience while offering much-appreciated support to our team.

“During my 70-day placement with Home-Start York, I gained valuable, hands-on experience in family support work. I carried out initial assessments, built relationships through regular home visits, and managed my own caseload of families. I also shadowed professionals from other agencies, which deepened my understanding of multi-agency working.

I attended Child in Need (CiN) and FEHA (Family Early Help Assessment) meetings and accompanied the Family Support Coordinators to review visits and Safeguarding meetings. These experiences helped me understand the importance of collaborative working and the different procedures followed by partner organisations.

Regular reflective supervision with Maria, Adele, and Susan supported my learning throughout. These sessions helped me evaluate my practice, particularly around communication and professional confidence. Observing multi-agency work enhanced my ability to support families through signposting and participation in meetings.

The Home-Start York team played a key role in building my confidence. When I encountered areas of anxiety—such as unfamiliar topics on referral forms—I received practical guidance and encouragement. This support enabled me to prepare effectively for visits and reflect on what went well and what could improve.

Overall, this placement has been a rewarding and transformative experience. It has developed my practical skills, built my confidence, and encouraged me to become a more reflective and resilient practitioner. A big Thank you to everyone at Home Start York.”



Perinatal Infant Mental Health Support (PIMHs)



Since 2023, Home-Start York expanded its service to include *Perinatal Infant Mental Health Support (PIMHs)*, providing practical and emotional support for mothers from 30+ weeks of pregnancy through to when their babies are around six months old. This new service has empowered women through weekly volunteer visits, helping them to prepare positively for birth and build stronger emotional connections with their babies.

We believe that early intervention during the perinatal period can significantly impact long-term wellbeing—preventing the development of more complex challenges and helping parents feel more confident in finding their own way forward.

Our impact in the last 12 months:

- 22 volunteers trained to deliver perinatal support
- 19 referrals received for antenatal support
- 176 babies and children aged 0–2 years referred

Volunteers praised the training as:

“Really interesting and informative, giving clear guidelines on what is expected of a volunteer giving perinatal mental health support.”

They also valued the open group discussions, which offered space to reflect on lived experiences, explore the many factors influencing perinatal mental health, and develop skills to provide empathetic, informed support to families during this critical time.



Big Hopes Big Futures

Our School Readiness Programme, Big Hopes Big Futures was originally established by HSUK. No longer receiving funding or training through them we have continued to provide tailored support to families, responding directly to early childhood development needs identified during initial visits. Referral reasons are varied and include establishing routines, setting boundaries, supporting speech and language development, toileting, and encouraging engagement with early learning activities. These interventions aim to help children prepare for the transition to educational settings.

To enhance our school readiness efforts, we have collaborated with the City of York Council’s Early Talk for York initiative. This partnership allows us to align resources and ensure a smooth and consistent transition for children moving from preschool into primary education.

Both families and volunteers have responded positively to the programme’s short-term, solution-focused model. The structured nature of the intervention has been especially effective in guiding families through the process. A core element of the programme is its strengths-based approach, which is also reflected in our home visiting support. Volunteers play a crucial role in helping families recognise their strengths and successes, thereby promoting confidence and resilience in parenting. This empowering method helps families manage everyday challenges while providing a nurturing environment for their children’s development.



Our Volunteers

As always, we wish to thank these wonderful people, the volunteers who work tirelessly with Home-Start York to support families in York, without their kindness and generosity, it would not happen.

Volunteers in year 2024-25: 49

Adrienne, Alison B, Alison T, Amanda, Angela, Angie*, Ann*, Anneliese*, Cath, Di*, Elle*, Evie*, Fiona, Glenys, Hazel, Iris*, Jane B*, Jane, Janet, Jenny, Jo, Josie*, Jorge-Ann, Julia, Kathy*, Katie*, Laura, Lesley, Lisa*, Lyn P*, Lynda, Lynn*, Maggie I, Maggie S*, Natalie B*, Natalie P, Penny, Pippa*, Rachel, Ruth R, Sandrine, Sara H, Sara L, Sue M, Sue, Tricia, Val C, Yvonne, Zephine.

* retired this year

October 2024



March 2025

A huge thank you and congratulations to Lesley who has been with Home-Start York for an amazing 10 years and Hazel and Cath who have been with us for 5 years. Thank you for everything you do and the amazing support you give to families in York.

We were saddened by the passing of our longest serving volunteer Ruth at the end of September 2024 after a three year battle with cancer. Ruth had been involved with Home-Start York for over 25 years both as a volunteer and trustee, supporting many families in York and helping new volunteers. We were extremely touched that Ruth kindly chose Home-Start York as one of the collection charities at her memorial service.

“

Just knowing how much the families appreciate you being there to help and be supportive. It makes you feel you're doing something very worthwhile.

Do IT!! Home-Start York genuinely helps so many local families - you WILL make a difference in their lives. Also....you'll feel all warm and fuzzy when you know that you have really helped them.

Bring your life experiences to share with another family and you will both learn so much from each other and find joy in seeing families grow in confidence and enjoy their family.

Seeing changes that seem small each week build into huge changes over time and feeling proud to be a part of that. You'll be amazed by what a difference you can make to a family just by being there alongside them when they need some extra support. It can be life changing for them and you!

The training is high quality and sensitively delivered. Giving a few hours of your time every week feels so worthwhile and rewarding.

Being able to share your knowledge and skills with another family and hopefully help to make something easier in their everyday life and help them appreciate and enjoy seeing their child achieve and grow up.

If you can spare a few hours a week to help a family that is struggling with a baby or young children, the rewards of seeing what a difference Home-Start York and our visits make is a heart warming experience.

Volunteer Feedback

”

Thank You to Our Sponsors and Supporters

We express our sincere gratitude to all our funders, donors and supporters this financial year.

Without you, all the stories of change for individual families in York contained within this report just couldn't happen. Your contribution has helped us improve the lives of hundreds of children and their parents, so thank you!

Arlish & Chambers
Charity of Jane Wright
City of York Council
City of York Public Health
Feoffees of St Michaels Spurriergate
Gail Tams
Minster Lions of York CIO
NHS Humber & North Yorkshire Integrated
Care Board
Overbury PLC
Richard & Alison Baldwin
Ruth Somerville's - Memorial Collection
Tesco's Stronger Starts
The Community Fund
The Jack Brunton Charitable Trust

The Liz & Terry Brammall Grant
The Norman Collinson Charitable Trust
The Purey Cust Trust
Tina Funnell
Whitwam Family Charitable Foundation
WL Pratt Charitable Trust
York Children's Trust
York Common Good Trust
York CVS Grants
York Energy Advice
York Rotary Club

**An enormous “Thank you” to all the amazing staff,
volunteers, trustees and supporters who all make Home-
Start York the wonderful charity it is today.**

Structure, Governance & Management

Home-Start York is a company limited by guarantee governed by its Memorandum and Articles of Association. It is a charity registered with the Charity Commission. Retiring and new trustees sharing Home-Start York's objectives are each year elected to the Trustee Board at an Annual General Meeting. The procedure for the induction and training of trustees follows carefully the policies and guidelines laid down by Home-Start UK, the national body for all Home-Start schemes.

The Trustee Board meets four times a year to agree on policies, budgets, to consider operational reports and to decide on future strategies. The staff are responsible to the Scheme Manager, who reports to the Board via the Chair and Deputy Chair. The volunteers' activities are supervised and monitored by the Coordinators.

In addition to its internal reports and the Annual Report, Home-Start York also issues reports on its performance and funding state to its two primary funders, the City of York Council and NHS Vale of York CCG. The Trustees review significant risks to the charity's continued operation regularly and ensure Home-Start UK's policies on risk mitigation are followed. The main risks are funding shortfalls, availability of suitable operating premises, and the personal safety of staff and volunteers.

Financial Review

RESERVES POLICY

The Trustees aim to maintain an unrestricted reserve equivalent to at least 12 months' normal operating expenditure so that the core activities could continue through a period of unforeseen financial difficulty. In addition, a designated fund is maintained to cover the costs involved in closing the Scheme if that eventuality were to arise. The designated fund also covers potential liabilities arising from certain staff's membership of the Pensions Trust pension scheme and any significant contingent liabilities. All reserves are maintained in a readily realisable form.

Funds materially in deficit: none.

FINANCIAL PERFORMANCE

Home Start York's total incoming resources were £126,615 an increase of £47,664 on the previous year.

The total resources expended were £117,994, a decrease of £16,332 on the previous year, the vast majority of which was staffing costs. The decision to operate with two Family Support Coordinators rather than three made a significant difference to operating cost. We intend to maintain our service above national and local expectations in future years and seek new funding for services but doing so may change our current balances. We have held our designated fund at last year's level after re-assessment of future costs, the potential liabilities that could arise on closure of the charity and continued difficulties in sourcing new funding as a result of the issues faced by charities and businesses alike in the wake of continued economic turmoil and the reduction in the levels of funding available.

RESTRICTED FUNDS

Restricted funds received or expended during the year are showing a small surplus of £1,092.

Val Bowman
Treasurer

Trustee Responsibilities in Relation to the Financial Statements

Company law requires the directors (trustees) to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for the year. In preparing those financial statements the directors (trustees) are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, or explain departures therefrom;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The directors (trustees) are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities, as well as exercising proper financial controls. Members of the Board of Trustees, who are Directors for the purpose of company law, and Trustees for the purpose of charity law, who served during the year and up to the date of this report are set out inside the rear cover of this report.

DISCLOSURE

In accordance with company law, as the company's Directors, each of the Board of Trustees certifies that so far as they are aware:

- There is no relevant information of which the charity's Independent Examiner is unaware;
- As Directors of the company they have taken the necessary steps to be aware of the information which would be relevant for independent examination purposes and have communicated such to the Independent Examiner.

EXEMPTIONS

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed in Note 1.2 to the financial statements).

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Board of Trustees



Sandra Furby
Chair
8th August 2025



Statement of Financial Activities for the Year Ended 31st March 2025

	Note	Unrestricted Funds £	Designated Fund £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
INCOME FROM:						
Donations and Grants	3	122,917		1,510	124,427	76,360
Events	3					
Investment Income	3	2,188			2,188	2,591
Total Income		<u>125,105</u>	<u></u>	<u>1,510</u>	<u>126,615</u>	<u>78,951</u>
RESOURCES EXPENDED:						
Raising funds	4					
Charitable activities	4	117,305		689	117,994	134,326
Total Resources Expended		<u>117,305</u>	<u></u>	<u>689</u>	<u>117,994</u>	<u>134,326</u>
Net Income/(Expenditure)		<u>7,800</u>	<u></u>	<u>821</u>	<u>8,621</u>	<u>(55,375)</u>
Funds brought forward		105,357	37,000	271	142,628	198,003
Transfers between Funds						
Total funds carried forward		<u>113,157</u>	<u>37,000</u>	<u>1,092</u>	<u>151,249</u>	<u>142,628</u>

Balance Sheet as at 31st March 2025

	Note	£	2025 £	£	2024 £	£
Current Assets						
Debtors and Prepayments	3				2	
Cash in hand		184			18	
Cash at Bank		151,701			143,396	
			<u>151,885</u>		<u>143,416</u>	
Liabilities: Amounts falling due within one year						
Creditors and accruals	4	(636)		(788)		
Net Current Assets			<u>151,249</u>		<u>142,628</u>	
Total Net Assets			<u>151,249</u>		<u>142,628</u>	
Represented by:						
Funds						
Unrestricted Fund	8		113,157		105,357	
Designated Fund	8		37,000		37,000	
Restricted Funds	8		1,092		271	
			<u>151,249</u>		<u>142,628</u>	

Dated: 8th August 2025

Sandra Furby , Chair

For and on behalf of Home-Start York

All of the charity's operations are classed as continuing. There are no recognised gains or losses other than those stated above. The notes to the accounts on pages 16-18 form part of these financial statements

Notes to the Financial Statements for the Year Ended 31st March 2025

1. BASIS OF PREPARATION

1.1 Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2015) and with Accounting Standards.

1.2 Exemptions

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

2. ACCOUNTING POLICIES

2.1 Incoming Resources

These are included in the Statement of Financial Activities (SoFA) when: The charity becomes entitled to the resources. Receipt of the resources is probable, and the monetary value can be measured with sufficient reliability. When incoming resources have related expenditure the incoming resources and related expenditure are reported gross in the SoFA. Grants and Donations are only included in the SoFA when the charity has unconditional entitlement to the resources, Investment income is included in the SoFA when receivable.

2.2 Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources, using the accrual basis.

3. INCOME

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	2025 Total Funds £	Unrestricted Funds 2024	Restricted Funds 2024	2024 Total Funds £
Donations and Grants:						
City of York Council grant	23,063		23,063	17,297		17,297
CYC Public Health Grant	21,000		21,000			
Vale of York C.C.G. (N.H.S.) grant	15,649		15,649	15,649		15,649
Donations from Trusts	50,967		50,967	33,063		33,063
Other Projects	7,842	1,010	8,852	863	7,067	7,930
Other Donations	4,396	500	4,896	2,421		2,421
	<u>122,917</u>	<u>1,510</u>	<u>124,427</u>	<u>69,293</u>	<u>7,067</u>	<u>76,360</u>
Trading Activities:						
Events						
Investment Income:						
Bank and Deposit Account Interest	2,188		2,188	2,591		2,591
Total incoming resources	<u>125,105</u>	<u>1,510</u>	<u>126,615</u>	<u>71,884</u>	<u>7,067</u>	<u>78,951</u>

4. RESOURCES EXPENDED

2025	Raising Funds		Total £	Charitable Activities		Total £	2025 Totals £
	Unrestricted £	Restricted £		Unrestricted £	Restricted £		
Payroll costs				94,782		94,782	94,782
Staff other costs				695		695	695
Volunteer costs				2,492		2,492	2,492
Family Activities				419	689	1,108	1,108
Office & premises running costs				18,917		18,917	18,917
Total resources expended				<u>117,305</u>	<u>689</u>	<u>117,994</u>	<u>117,994</u>
2024	Raising Funds		Total £	Charitable Activities		Total £	2024 Totals £
	Unrestricted £	Restricted £		Unrestricted £	Restricted £		
Payroll costs				92,188	13,660	105,848	105,848
Staff other costs				1,227	15	1,242	1,242
Volunteer costs				2,105	500	2,605	2,605
Family Activities				100	2,264	2,364	2,364
Office & premises running costs				18,347	3,920	22,267	22,267
Total resources expended				<u>113,967</u>	<u>20,359</u>	<u>134,326</u>	<u>134,326</u>

4.1 Trustees expenses

No Trustee received remuneration for services rendered during the year.

4.2 Independent Examiners' fees

	2025	2024
For reporting on the financial statements	350	340

Notes to the Financial Statements for the Year Ended 31st March 2025

5. PAID EMPLOYEES

	2025	2024
5.1 Staff Costs		
Gross salaries and benefits in kind	85,941	95,786
Employer National Insurance	1,894	2,189
Employer pension contribution	6,947	7,873
Total staff costs	<u>94,782</u>	<u>105,848</u>
5.2 Full-time equivalent employees		
Average number of full-time equivalent employees in the year	2.75	3
Working in Charitable activities	2.75	3
Working in Fundraising activities		

5.3 Pension arrangements

Staff may elect to join a pension scheme operated with The Pensions Trust. The scheme is a contracted-in occupational money purchase plan, currently growth plan 4. There is a contingent liability in relation to the guaranteed element of pension entitlement up to October 2001.

The cost of the scheme to the charity in the year	2,028	2,028
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6. CREDITORS AND ACCRUALS

Independent Examination	350	340
Volunteers' expenses	286	448
	<u>636</u>	<u>788</u>

7. DETAILS OF FUNDS

7.1 Funds held

Endowment Funds:

There were no such funds held during the year.

Restricted Funds: Funds held during the year were;

Big Hopes Big Futures: Grants were made to this project by HSUK.

Perinatal Infant Mental Health: Funds were received from the Ed de Nunzio Trust and Whitwam Trust for this project and used towards training with full commencement in April 2023. Following commencement in April 2023, costs were allocated against staff, volunteers and operating expenses.

Minster Lions: Covered the cost of equipment requirements for supported families. Monies were requested and provided on a case by case basis.

Training: Funding for training was received through the Tesco Blue Token scheme.

A designated fund is maintained to cover the costs involved in closing the Scheme if that eventuality was to arise. The designated fund also covers potential liabilities arising from certain staff's membership of the Pensions Trust pension scheme and any other significant contingent liabilities.

7.2 Movement of funds	Balance B'fwd	Incoming Resources	Outgoing Resources	Transfers	Total Funds
Unrestricted Fund					
General Funds	105,367	125,105	117,305		113,157
Restricted					
Minster Lions	240	1,010	689		561
BHBF	29				29
Perinatal Infant Mental Health	2				2
Training		500			500
	<u>271</u>	<u>1,510</u>	<u>689</u>		<u>1,092</u>
Designated Fund	37,000				37,000
Closing balance	<u>142,628</u>	<u>126,615</u>	<u>117,994</u>		<u>151,249</u>

Notes to the Financial Statements for the Year Ended 31st March 2025

8. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Designated	Total
Balances as at 31st March 2025				
Current Assets	113,793	1,092	37,000	151,885
Current Liabilities	(636)			(636)
	<u>113,157</u>	<u>1,092</u>	<u>37,000</u>	<u>151,249</u>
Balances as at 31st March 2024				
Current Assets	106,145	271	37,000	143,416
Current Liabilities	(788)			(788)
	<u>105,357</u>	<u>271</u>	<u>37,000</u>	<u>142,628</u>

9. CONTINGENT LIABILITIES

There is a contingent liability of £2,028 (2024 - £2,028) relating to the pension scheme, which would fall due to the scheme provider if Home-Start York had no members in the scheme. The amount of the liability is as advised by the Pensions Trust following their latest Scheme Valuation.

Independent Examiner's Report to the Trustees of Home-Start York

HOME-START YORK, Charity Number: 1161151

I report on the accounts of Home-Start York for the year ended 31st March 2025, which are set out on pages 15-18.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with these records
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Report) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

8th August 2025

Jeff Todd FCA
Outsource Independent Examination Service
24 First Avenue
York
YO31 7YQ



PRESIDENT

Richard Baldwin

PATRONS

Alison Baldwin

Barbara Cooke

Sir Ron Cooke

Sallie Gray

David Miller

DIRECTORS AND TRUSTEES

Sandra Furby - Chair, Training & Supervision

Val Bowman - Treasurer

Sarah Blower - Vice Chair & Research

Penny Heptonstall - Volunteer Representative & Health & Safety

Lesley Murphy - Volunteer Representative

Jane Keel - Safeguarding

Samantha Beardsley - GDPR & Policies

Jess Harrison - Sustainability

STAFF TEAM

Maria Farrar (O'Keeffe) - Scheme Manager

Susan Deery - Family Support Coordinator

Adele Hunter - Family Support Coordinator

Eleanor Carswell - Administrator

PRINCIPAL ADVISOR

Home-Start UK



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Home-Start York is a charity registered with the Charity Commission, incorporated as a company limited by guarantee.
Registered Company No: 09471420 Registered Charity No: 1161151

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#comejoinourboard
#comejoinourvolunteers