

HOME START

York



**ANNUAL
REPORT
& ACCOUNTS**

2021

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What is Home-Start York?

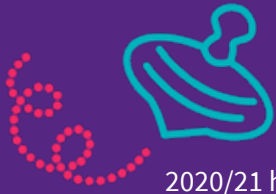
Home-Start York is a charity that has offered focussed family support and friendship to parents with young children in York since 1988. Providing a unique, in-home, volunteer-led service, Home-Start York fills a local community need by reaching hard-to-engage, vulnerable families who may be unwilling or unable to access other agencies.

Our volunteers (all parents themselves) are trained to work with stressed families with at least one child under 6 years old. Following a thorough needs assessment, families are matched with the volunteer best suited to help them meet their unique challenges.

Volunteers provide regular confidential support, friendship and practical help to support parents in giving their children the best start in life. Our service aims to promote family resilience through early intervention, and to stop difficulties escalating into crisis or breakdown.

Volunteers, staff and trustees all live in the local area and understand local needs and circumstances.





Chair's Annual Report

2020/21 has seen a lot of personnel changes at Home-Start York. Nevertheless, our remarkable staff and volunteers have continued to support families across York with creativity and dedication, in lockdown or out. I know the rest of the trustees join me in being hugely grateful to them all.

David Miller resigned as chair of trustees at Home-Start York last October, and I replaced him as the Chair at that time, ably assisted by Sandra Furby as Deputy Chair. I want to acknowledge the enormous contribution that David made during his time with us. He left Home-Start York with a comfortable financial reserve which has been invaluable during the past months. David not only entertained us, most especially as the Circus Ring Master, but also embedded new processes and procedures to meet the challenges of the coming years.

Sadly, we also said goodbye to Barbara Cooke who had been a Home-Start York Trustee for many years. I am thankful that she contributed significantly to the service both practically (great soup!) and with her calmness and attention to detail in overseeing our policies and procedures. We wish her a very happy retirement.

We also said good bye to Georgina Langstaff and Sarwat Shah who both resigned from the trustees last year and I would like to take this opportunity to thank them for their contribution and support.

We have also said goodbye to three staff members this year; Debs Hilton has retired from her role as a Family Case Worker after seven years and she will be remembered by us all for her enthusiasm and commitment to Home-Start children and families. Sophie Metcalfe has also moved on, having taken the role of our first paid fundraiser. She has left us with a healthy bank balance and an extensive address book of both current and potential donors.

Beth Cairns' temporary role working with our groups and supporting Sophie with social media and fundraising came to an end in March 2021. Beth helped to bring student volunteers into the service both to assist with delivering the loneliness project and also to help obtain feedback from our families during the pandemic.

During these many changes I have continued to be hugely grateful for the dedication and on occasion, stoicism, of Maria O'Keeffe and Hilary Norris, who have continued in their roles and cheerfully filled the gaps whenever it was needed.

We are delighted to welcome Susan Deery and Jo Harry as new Family Case Workers, who despite only having been in post a short time have made strong connections with our volunteers and families and are bringing new ideas and a fresh approach to the role.



Image: Carlos Magrio, Unsplash

We are also very pleased to have recruited Graeme Dawson as our new fundraiser and he is working with Sandra Furby to re-establish connections with our donors and to ensure that we can continue with our work.

The trustee board has also recruited four new members; Adele Hunter has been a Home-Start volunteer and has a background in adult mental health. Penny Heptonstall and Lesley Murphy have both been volunteers for many years and have joined the trustee board as Volunteer Representatives, as such they have already begun to build relationships with our volunteers and to support them to share good practice and ideas. Dr Sarah Blower is a research fellow at the University of York with a special interest in child mental health and the emotional, social and behavioural wellbeing of children. We have already benefited from the insight and experience that they have shared with us.

I remain incredibly grateful to the rest of our trustees, Val Bowman who is our much-valued treasurer. Sandra Furby is our Deputy Chair and brings experience in fundraising and human resources as well as being a great listening ear and Sarah Ratcliffe whose legal expertise is invaluable and who has oversight of our policies and our patrons. Thank you to you all.

I must of course also remember our Home-Start families. In writing this I read through the last two annual reports and note that David Miller commented in 2019 that it had been a 'memorable year'.... as indeed has 2020/21! Inevitably the restrictions and complexities of the pandemic have the greatest impact on the poorest and most disadvantaged in society, and the increases in child poverty and domestic abuse have been well documented. Our families continue to need and value the support that we give, and have been grateful for the adaptations we have made in order to keep in touch with them.

Susan Halstead
Chair
August 2021



Image: Ashton Bingham, Unsplash



Scheme Manager's Report

This year's report starts in a year presenting a challenging time for the world. The COVID-19 pandemic forced the country into lockdown on 23rd March 2020 and prevented human contact as we knew it.

Home-Start York, faced with this challenge, stepped up and a new way of working began. Staff were provided with laptops and phones to allow them to work from home and us all to communicate effectively with each other, the families, volunteers, our community partners, and funders. We all watched the daily government announcements hoping the return to normality wasn't too far away, unaware that we had a long road ahead.

Volunteers were supported and provided with written guidance to move safely to telephone befriending and our group work moved seamlessly from libraries to Zoom. Young mums attended weekly Zoom calls to share ideas, get support and see friendly faces. WhatsApp groups were set up for sharing information, resources, and ideas for families – all providing a great way to stay in touch and provide a link between staff and volunteers.

Over the summer months, we saw restrictions ease and the development of "Walk & Talk". Volunteers could help families get out of the house and meet in small groups of six. As part of our Armed Forces Covenant agreement, our Family Case Worker met weekly with military mums, who found themselves further isolated, away from families and local support networks. Our Group Worker arranged mums' meet ups in parks and on Zoom, providing sessions each week with the aim to reduce isolation and loneliness. Story time, and a session from Bloom and Bond Baby Massage proved a great hit.

Funding enabled us to provide training to our existing volunteers and recruit and train nine additional telephone support volunteers, growing our team to 46. In August, Lesley Murphy and a friend kindly provided us with a wonderful concert, live-streamed to our homes, in aid of Refugee Action York and Home-Start York. It was a delightful Sunday afternoon enjoying lovely music and fantastic singing with Lesley's gorgeous garden and glorious weather to top it off!!

Winter came, as the nation went back into lockdown and, once again, we had to adapt to supporting families by phone and video calls. Families were struggling, and the novelty of home schooling was wearing thin. Home-Start York continued to be there for families and give them support, encouragement and, on occasions, a light at the end of the tunnel.

The work of Home-Start York would not be possible without the generous support of local organisations, trusts and individuals in giving funds, quilts, toys, technology, masks, equipment and necessary items for our families in need. We are very grateful.

A special thank you for the commitment of our wonderful volunteers, without whom Home-Start York just would not exist. An enormous thank you to all our Staff, Trustees and Patrons. This year has been tough for everyone affected by this pandemic. We all worked remarkably hard and kept Home-Start York going, and of that I am very proud.

Finally... thank you to our families for your strength and willingness to let us into your homes, be alongside you with your children and be part of your amazing parenting journey. We are here for you and the future parents who need us.

Maria O'Keeffe

Partnership Working

We have continued our strong track record of partnership working with key Health and Social Care, voluntary sector and community teams and early years professionals. Home-Start York sits on Early Help panels, attends Family Early Help Assessment meetings, and we are also active members of other community infrastructure groups in York.

In the presence of COVID-19 we utilised our links with partner organisations including the food banks and Little Helping Hands to provide reactive support to our families most in need. Volunteers got involved, collecting City of York Council Rapid Response food parcels from New Earswick Folk Hall, to take to families in need. Staff worked with food banks and local initiatives across the city to ensure no families went hungry.



Our families continued to benefit over the Christmas period as Home-Start UK gave us the great news that John Lewis & Partners were supporting Home-Starts with their Christmas campaign, "Give a Little Love". The local John Lewis at Vangarde and Waitrose, Foss Bank kindly donated goody bags, toys and clothes and we delivered over 50 bags to our families as a great big Merry Christmas treat.

Our military mums were given goody bags and in turn donated special hampers for some Home-Start families most in need. This was a lovely gesture and showed us how communities can come together to support each other.

Rotary York Ainsty donated their beautiful handmade masks which we delivered to all of our families and volunteers with activities and chocolate. They also kindly presented Home-Start York with a Community Citation Award in appreciation of "our outstanding work in mitigating the effects of the global pandemic through community support, activities and making York a safer place to live".



We gratefully received 50 reconditioned Samsung tablets for families, allowing them to access the internet and socially interact via video communication. This enabled our mums to join local parenting classes, our group and be more involved in their school-aged childrens' learning.

Students from York St John University joined the groups to gain experience and have since worked to produce an independent evaluation for all the families supported. This will help us to gain an understanding of the effects the pandemic has had on parents. This vital information will shape our service going forward and allow us to look at the development of a School Readiness Programme and a New Parents Group for first time mums who have been affected by the pandemic.

We have been extremely fortunate to receive essential funds from City of York Council, Vale of York NHS Clinical Commissioning Group, Armed Forces Covenant Fund, local and national trust funders, and individuals to enable us to continue our vital work with families. Thank you each and every one for the generous consideration you have shown to Home-Start York.

Our Volunteers

As always, we thank these wonderful people, the volunteers who work tirelessly with Home-Start to support York families. Without their kindness and generosity, it would not happen.

Sandra*, Gill, Sylvia*, Claire, Alison, Glenys, Alison, Mary, Eleanor, Cate, Susan, Lynda, Jo, Ann, Melissa*, Gwen*, Maggie, Jen, Wendy, Penny, Julia, Bethany*, Angela*, Adele, Katherine, Hazel, Wendy, Georgina*, Julia, Janet, Ann, Sue, Elena, Sarah, Lesley, Linda, Lyn, Pat, Sandra, Cath, Ruth, Zephine, Diane, Heidi, Jayne, Sarah



Some of their feedback on volunteering with Home-Start York during the year:

I felt the continued link with my families was very worthwhile although so different to home visits. However, I think the children really missed out as the nearest thing I had to personal interaction with children was a couple of FaceTime calls. I am sure the phone calls helped to limit parental loneliness and were a useful opportunity to identify some signposting needs. The greatest joy was seeing the families face to face when delivering Christmas presents and much needed new baby equipment for a premature baby, tears of relief all round!

Home-Start York were great during the pandemic and shifted to supporting families remotely very quickly. Having non statutory body lifeline for families in need was great.

Support for volunteers has been good including Zoom calls and WhatsApp groups. It has been different supporting families through Zoom and phone call rather than in person although it has been easier now that we can meet for walks.

I found telephone support calls difficult and I am pleased to be getting back to supporting families in the home and engaging with parents and their children face to face. The guidelines that have been put in place for home visiting are very clear.

The arrangements during the pandemic were excellent. I walked at a social distance with my H-S mum and Deb was on the end of a phone for advice. WhatsApp was a godsend.

The Zoom calls with volunteers have been useful for hearing how other volunteers have managed during telephone support. It is good to hear hints and tips from other volunteers.

Families where contact has been positive have been an enriching experience for both family and volunteer. For me it has been rewarding to see one family become confident in parenting skills and looking forward to their future with much more hope and independence. That is what makes my role feel worthwhile.

Families who have moved into the York area during the pandemic have not been able to meet with other parents and thus have been even more isolated. It has been necessary to continue supporting the family for much longer as it has not been possible to go to parenting groups, other than virtually.

Thanks to Home-Start staff for continuing so effectively in these difficult times.

Online training for new volunteers worked well in January and May. It has been a bit daunting starting with phone support and then moving to garden chats and walks as restrictions lift.

Meaningful relationships have taken longer to develop by phone calls alone. For some families, this means contact has been too difficult and they have not continued.

As a volunteer I found that where families have been struggling with complex situations, it has been so hard to help them find their own network of relationships.

Family Feedback*

I felt it helped to speak to someone who isn't my friend or family. When I spoke to [the volunteer] I felt she highlighted how capable I am and how hard I work which I completely disregarded about myself and therefore had low self-esteem.

My volunteer was so kind, she listened to be concerns but never made me feel stupid or silly for feeling afraid. It was lovely when we met in the summer as she had been such a help to me.

They were always there and willing to help wherever they could even during difficult times in the pandemic.

Home-Start are great I can't praise their work enough. I love that I could have a call from someone, it literally made my week in lockdown.

I really struggled with my baby as she was born in lockdown. Not being able to have my family or friends visits absolutely destroyed my confidence so when I was referred to Home-Start by my health visitor it really gave me hope. The lady who supported me each week was so kind and patient. She really listened so I didn't feel so alone.

I will forever be grateful for the help I received from Home-Start. Maria is absolutely wonderful. She really took the time to get to know me, so that she could find the perfect volunteer for me, she was sympathetic to my situation, and I felt really supported by her throughout my whole time with the charity. The work the charity does is incredible, and I hope I can contribute to their fundraising efforts in the future.



Feedback on Support Delivered During COVID-19

We supported 96 families this year, of which 29 responded to our independent evaluation survey, conducted by students from York St John University.

Out of a total of 29 responses from mothers who have received some sort of support from Home-Start York during lockdown:

- 100% of people would recommend Home-Start York to other parents
- 86% graded support received from Home-Start York at the highest level
- Only one person felt that there was room for improvement regarding the support received
- 79% recognised that their lives improved with support
- 25 out of 29 stated that the support benefited others as well as themselves

Direct comments

“Home-Start were amazing and really helped me during a difficult time having multiples born in lockdown”

“I became more in charge”

“I have already told friends about how great it is”

“Group became my second family”

“I don’t know what I would have done without this support”

“A really positive experience”

“I was a calmer mother as a result of having support”

Overall, support provided by Home-Start York has been recognised as being positive and has helped many individuals throughout the lockdown period. The continuation of support has been beneficial to many, with much appreciation evident in the feedback given. Home-Start York will strive to continue providing amazing support to many individuals.

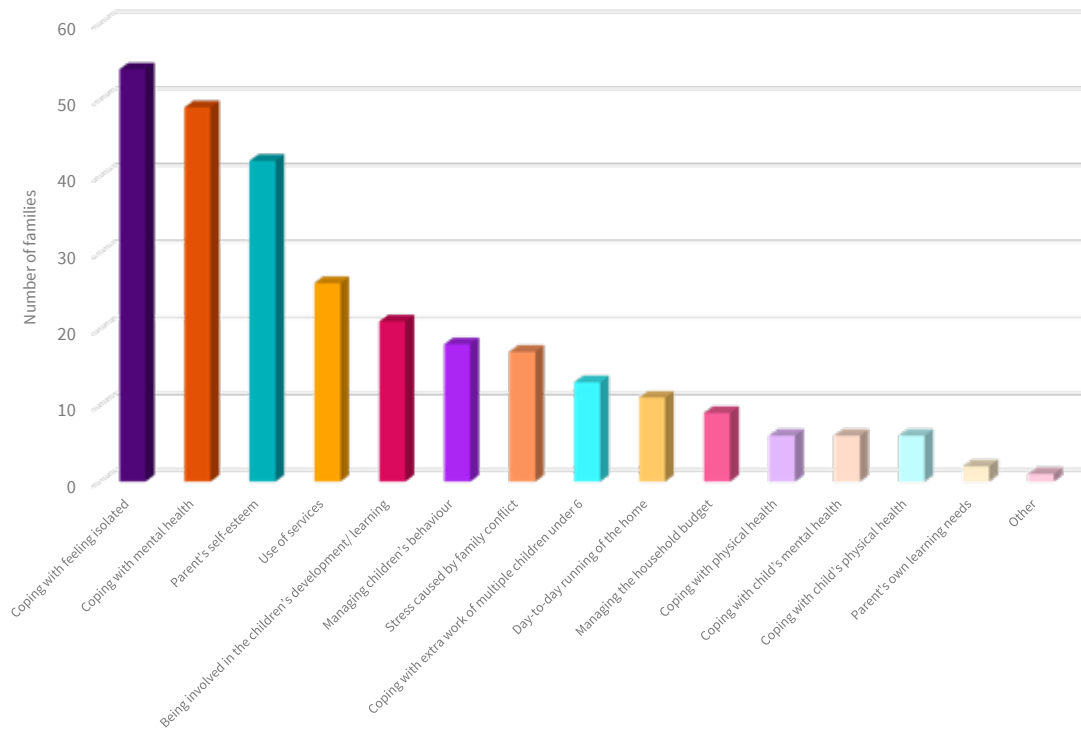
Report conducted by students of York St John University - Alex, Kristee, Georgia & Sarah.
Thank you all for your contribution.

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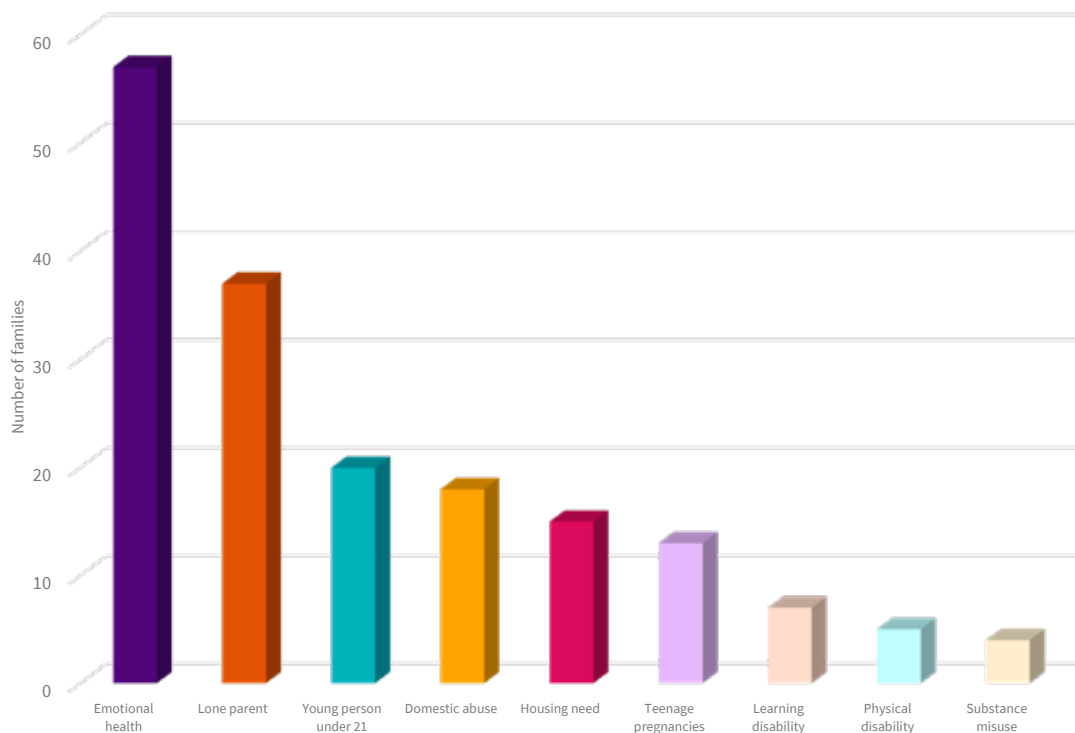
**YORK
ST JOHN
UNIVERSITY**



Families' Needs Identified at Referral Stage



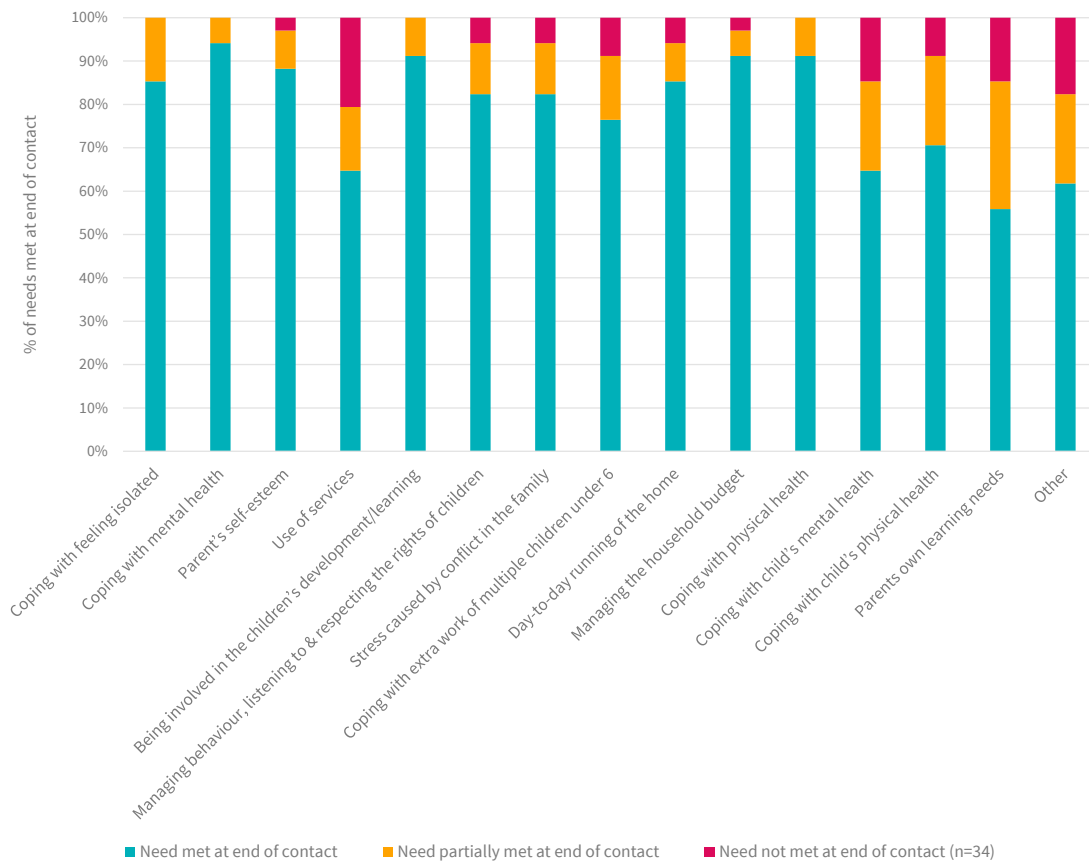
Families' Additional Needs Identified Following Referral



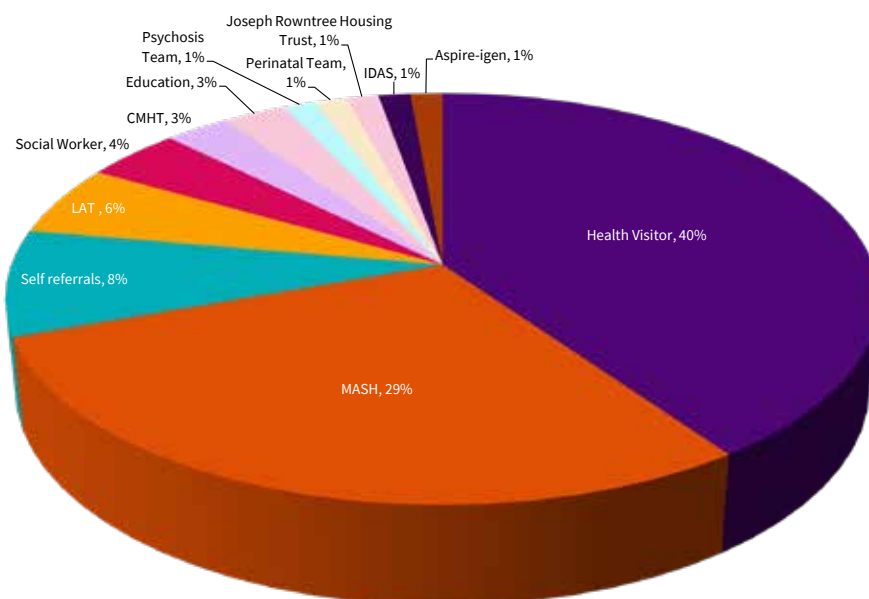
Based on 72 families sampled

Meeting Families' Needs

Based on 72 families at referral and 34 families where contact ceased in the year



Referral Sources



Thank You to our Sponsors and Supporters

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Thanks to our funders and donors - and all who gave anonymously - without whom our work would not be possible:

- Age Partnership Foundation
- Amazon Smile
- Armed Forces Covenant Fund
- City of York Council commissioned services and ward committees
- Ed De Nunzio Charitable Trust
- Enterprise Rent-A-Car UK Ltd
- Tina Funnell
- Government Loneliness COVID-19 Fund, administered by Home-Start UK
- Government funding through the Coronavirus Community Support Fund, administered by The National Lottery Community Fund
- Holbeck Charitable Trust
- Home-Start UK
- Howden Joinery
- John Lewis Partnership – and their local John Lewis & Partners and Waitrose & Partners stores
- Joseph Rowntree Housing Trust Committee
- NHS Vale of York CCG
- Persimmon
- Sir Jules Thorn Charitable Trust
- St Edward the Confessor Church, Dringhouses
- Tang Hall Big Local
- Gail Tamms
- The Albert Hunt Trust
- The Brelms Trust
- The Holbeck Charitable Trust
- The Liz and Terry Bramall Foundation
- The Lord Mayors of York's Charity of the Year fundraising
- The National Lottery Community Fund
- The Norman Collinson Charitable Trust
- In memory of Joyce Thompson
- TSYS staff
- Two Ridings Community Foundation
- University of York
- York Children's Trust
- York Common Good Trust
- York Rotary



Structure, Governance & Management

Home-Start York is a company limited by guarantee governed by its Memorandum and Articles of Association. It is a charity registered with the Charity Commission. Retiring and new trustees sharing Home-Start York's objectives are each year elected to the Trustee Board at an Annual General Meeting. The procedure for the induction and training of trustees follows carefully the policies and guidelines laid down by Home-Start UK, the national body for all Home-Start schemes.

The Trustee Board meets six times a year to agree on policies, budgets, to consider operational reports and to decide on future strategies. The staff are responsible to the Scheme Manager, who reports to the Board via the Chair and Deputy Chair. The volunteers' activities are supervised and monitored by the organisers.

In addition to its internal reports and the Annual Report, Home-Start York also issues reports on its performance and funding state to its two primary funders, the City of York Council and NHS Vale of York CCG. The Trustees review significant risks to the charity's continued operation regularly and ensure Home-Start UK's policies on risk mitigation are followed. The main risks are funding shortfalls, availability of suitable operating premises, and the personal safety of staff and volunteers.

Financial Review

RESERVES POLICY:

The Trustees aim to maintain an unrestricted reserve equivalent to at least 6 months' normal operating expenditure so that the core activities could continue through a period of unforeseen financial difficulty. In addition, a designated fund is maintained to cover the costs involved in closing the Scheme if that eventuality were to arise. The designated fund also covers potential liabilities arising from certain staff's membership of the Pensions Trust pension scheme and any significant contingent liabilities. All reserves are maintained in a readily realisable form. Funds materially in deficit: none.

FINANCIAL PERFORMANCE:

Home-Start York's total incoming resources were £176,445 an increase of £27,340 on the previous year due to better income from Home-Start UK, Trusts and the AFC Project.

The total resources expended were £133,199, an increase of £7,649 on the previous year, the majority of which was staffing costs. This increase was despite reductions in some expenditure areas due to the change in service provision due to COVID-19 restrictions. Despite the challenging year, there was a surplus of income over expenditure of £43,246 in the year, which has been added to the general reserve balance, which now covers approximately nine months' operational expenditure; a reasonable financial situation for a charity of our size. We intend to maintain our service above national and local expectations in future years and seek new funding for additional services, but doing so may change our current balances significantly. We have held our designated fund at last year's level after re-assessment of future costs, the potential liabilities that could arise on closure of the charity and anticipated difficulties in sourcing new funding as a result of the knock on effect of the pandemic.

RESTRICTED FUNDS:

Restricted funds received or expended during the year are showing an ongoing surplus of £17,078, which reflects timing differences.

Val Bowman
Treasurer



Trustee Responsibilities in Relation to the Financial Statements

Company law requires the directors (trustees) to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for the year. In preparing those financial statements the directors (trustees) are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, or explain departures therefrom;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The directors (trustees) are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities, as well as exercising proper financial controls. Members of the Board of Trustees, who are Directors for the purpose of company law, and Trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on the rear cover of this report.

DISCLOSURE

In accordance with company law, as the company's Directors, each of the Board of Trustees certifies that so far as they are aware:

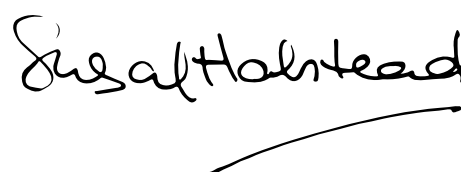
- There is no relevant information of which the charity's Independent Examiner is unaware;
- As Directors of the company they have taken the necessary steps to be aware of the information which would be relevant for independent examination purposes and have communicated such to the Independent Examiner.

EXEMPTIONS

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed in Note 1.2 to the financial statements).

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Board of Trustees



Susan Halstead

Chair

20th August 2021

Statement of Financial Activities for the Year Ended 31st March 2021

	Note	Unrestricted Funds £	Designated Fund £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
INCOME FROM:						
Donations and Grants	3	114,963		16,000	130,963	94,198
Armed Forces Covenant Project	3			41,106	41,106	41,076
Other Projects	3			4,000	4,000	12,040
Trading Activities	3					1,205
Investment Income	3	376			376	586
Total Income		<u>115,339</u>		<u>61,106</u>	<u>176,445</u>	<u>149,105</u>
RESOURCES EXPENDED:						
Raising funds	4	19,758		3,193	22,951	14,057
Charitable activities	4	55,133		55,115	110,248	111,493
Total Resources Expended		<u>74,891</u>		<u>58,308</u>	<u>133,199</u>	<u>125,550</u>
Net Income		<u>40,448</u>		<u>2,798</u>	<u>43,246</u>	<u>23,555</u>
Funds brought forward		70,791	37,000	14,280	122,071	98,516
Transfers between Funds						
Total funds carried forward		<u><u>111,239</u></u>	<u><u>37,000</u></u>	<u><u>17,078</u></u>	<u><u>165,317</u></u>	<u><u>122,071</u></u>

Balance Sheet as at 31st March 2021

	Note	2021 £	2020 £
Fixed Assets:			
		<u>Nil</u>	<u>Nil</u>
Current Assets:			
Debtors and Prepayments	6	564	
Cash in hand		138	133
Cash at Bank		164,941	125,070
		<u>165,643</u>	<u>125,203</u>
Liabilities: Amounts falling due within one year			
Creditors and accruals	7	(326)	(3,132)
Net Current Assets		<u>165,317</u>	<u>122,071</u>
Total Net Assets		<u><u>165,317</u></u>	<u><u>122,071</u></u>
Represented by:			
Funds			
Unrestricted Fund	8	111,239	70,791
Designated Fund	8	37,000	37,000
Restricted Funds	8	17,078	14,280
		<u><u>165,317</u></u>	<u><u>122,071</u></u>

Dated: 17th August 2021

Susan Halstead, Chair

For and on behalf of Home-Start York

All of the charity's operations are classed as continuing. There are no recognised gains or losses other than those stated above. The notes to the accounts on pages 16 - 18 form part of these financial statements

Notes to the Financial Statements for the Year Ended 31st March 2021

1 BASIS OF PREPARATION

1.1 Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2015) and with Accounting Standards.

1.2 Exemptions

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

2 ACCOUNTING POLICIES

2.1 Incoming Resources

These are included in the Statement of Financial Activities (SoFA) when: The charity becomes entitled to the resources. Receipt of the resources is probable, and the monetary value can be measured with sufficient reliability. When incoming resources have related expenditure the incoming resources and related expenditure are reported gross in the SoFA. Grants and Donations are only included in the SoFA when the charity has unconditional entitlement to the resources, Investment income is included in the SoFA when receivable

2.2 Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources, using the accruals basis.

2.3 Assets

Relevant expenditure is capitalised if an asset can be used for more than one year and cost at least £150 including VAT.

Depreciation is provided on all tangible assets at rates calculated to write off the cost of each asset over its expected useful life, as follows:

Office equipment - 20% Straight line basis

3 INCOME

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	2021 Total Funds £	Unrestricted Funds 2020	Restricted Funds 2020	2020 Total Funds £
Donations and Grants:						
City of York Council grant	14,863		14,863	24,771		24,771
Vale of York C.C.G. (N.H.S.) grant	15,387		15,387	15,175		15,175
Donations from Trusts	76,652	16,000	92,652	38,005	15,270	53,275
Armed Forces Covenant Project		41,106	41,106		41,076	41,076
Other Projects		4,000	4,000		12,040	12,040
Other Donations	8,061		8,061	977		977
	<u>114,963</u>	<u>61,106</u>	<u>176,069</u>	<u>78,928</u>	<u>68,386</u>	<u>147,314</u>
Trading Activities:						
Events				1,205		1,205
Investment Income:						
Bank and Deposit Account Interest	376		376	586		586
Total incoming resources	<u>115,339</u>	<u>61,106</u>	<u>176,445</u>	<u>80,719</u>	<u>68,386</u>	<u>149,105</u>

4 RESOURCES EXPENDED

2021

	Unrestricted £	Raising Funds Restricted £	Total £	Unrestricted £	Charitable Activities Restricted £	Total £	2021 Totals £
Payroll costs	18,154	2,500	20,654	45,038	43,756	88,794	109,448
Staff other costs				240	467	707	707
Volunteer costs				230	133	363	363
Family Activities				1,764	1,169	2,933	2,933
Office & premises running costs	1,474	607	2,081	7,741	9,509	17,250	19,331
Fundraising and A.G.M. costs	130	86	216	121	81	202	418
Depreciation							
Total resources expended	<u>19,758</u>	<u>3,193</u>	<u>22,951</u>	<u>55,133</u>	<u>55,115</u>	<u>110,248</u>	<u>133,199</u>

2020

	Unrestricted £	Raising Funds Restricted £	Total £	Unrestricted £	Charitable Activities Restricted £	Total £	2020 Totals £
Payroll costs	12,534		12,534	45,865	35,117	80,982	93,516
Staff other costs	23		23	1,186	614	1,800	1,823
Volunteer costs	34		34	1,803	833	2,636	2,670
Family Activities					4,562	4,562	4,562
Office & premises running costs	1,343		1,343	5,497	15,268	20,765	22,108
Fundraising and A.G.M. costs	123		123	450	298	748	871
Depreciation							
Total resources expended	<u>14,057</u>	<u>Nil</u>	<u>14,057</u>	<u>54,801</u>	<u>56,692</u>	<u>111,493</u>	<u>125,550</u>

4.1 Trustees expenses

No Trustee received remuneration for services rendered during the year, nor were any trustees' out of pocket expenses reimbursed.

4.2 Independent Examiners' fees

	2021	2020
For reporting on the financial statements	300	300



Notes to the Financial Statements for the Year Ended 31st March 2021

5 PAID EMPLOYEES

	2021	2020
5.1 Staff Costs		
Gross salaries and benefits in kind	98,267	83,613
Employer National Insurance	3,485	3,366
Employer pension contribution	7,696	6,537
Total staff costs	109,448	93,516
5.2 Full-time equivalent employees		
Average number of full-time equivalent employees in the year	4	3.5
Working in Charitable activities	3	3
Working in Fundraising activities	1	0.5

5.3 Pension arrangements

Staff may elect to join a pension scheme operated with The Pensions Trust. The scheme is a contracted-in occupational money purchase plan, currently growth plan 4. There is a contingent liability in relation to the guaranteed element of pension entitlement up to October 2001.

The cost of the scheme to the charity in the year

2,897 2,991

6 DEBTORS

HMRC CJRS Claim 564

7 CREDITORS AND ACCRUALS

Independent Examination 300 300
 Volunteers' expenses 26 53
 Organisers' expenses 120
 Office running costs
 Fundraising expenses
 Group running costs 100
 Payroll Costs (Pension, HMRC etc.) 2,559

326 3,132

8 DETAILS OF FUNDS

8.1 Funds held

Endowment Funds:

There were no such funds held during the year.

Restricted Funds: Funds held during the year were;

Armed Forces Covenant: Restricted fund to be used to support military families. Grant awarded for a period of three years.

Charity Log - new software system to replace MESH was funded in its entirety by grant funding

The Brelms Trust: to train and manage volunteers

Young Parents Groups Acomb, Heworth & Clifton: Funding was obtained from local area wards and other sources to expand on the group sessions which were funded on 2019 by The Red Cross. Clifton Group was created and commenced running in March 2020 and was funded by a grant from Tampon Tax

Technology Fund: Grant funded by HSUK in order to purchase technology equipment for key team members.

Designated Funds:

A designated fund is maintained to cover the costs involved in closing the Scheme if that eventuality was to arise. The designated fund also covers potential liabilities arising from certain staff's membership of the Pensions Trust pension scheme and any other significant contingent liabilities.

8.2 Movement of funds

	Balance B'fwd	Incoming Resources	Outgoing Resources	Transfers	Total Funds
Unrestricted Fund					
General Funds	70,791	115,339	74,891		111,239
Restricted					
Armed Forces Covenant	2,372	41,106	39,152		4,326
Red Cross Loneliness Project	(76)				(76)
BHA	58				58
Young Parents Acomb	594	5,334	5,159		769
Brelms Trust		5,000	5,000		
Young Parents Heworth	3,385	5,333	5,256		3,462
Charity Log	646		594		52
Young Parents Clifton	7,301	3,333	3,023		7,611
Technology		1,000	125		875
	14,280	61,106	58,308		17,078
Designated Fund	37,000				37,000
Closing balance	122,071	176,445	133,199		165,317

Notes to the Financial Statements for the Year Ended 31st March 2021

9 NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Designated	Total
Balances as at 31st March 2021				
Current Assets	111,565	17,078	37,000	165,643
Current Liabilities	(326)			(326)
	<u>111,239</u>	<u>17,078</u>	<u>37,000</u>	<u>165,317</u>
Balances as at 31st March 2020				
Current Assets	72,665	15,538	37,000	125,203
Current Liabilities	(1,874)	(1,258)		(3,132)
	<u>70,791</u>	<u>14,280</u>	<u>37,000</u>	<u>122,071</u>

10 CONTINGENT LIABILITIES

There is a contingent liability of £2,897 (2020 - £2,991) relating to the pension scheme, which would fall due to the scheme provider if Home-Start York had no members in the scheme. The amount of the liability is as advised by the Pensions Trust following their latest Scheme Valuation. The charity also has a leasing agreement for the supply of telephone equipment and telephone services for a period of seven years from April 2018 giving a contingent liability of £3,456 (2020 - £4,320).



Image: Danny Nee, Unsplash

Independent Examiner's Report to the Trustees

I report on the accounts of Home-Start York for the year ended 31st March 2021, which are set out on pages 15 - 18.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with these records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Report) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

22nd September 2021

Jeff Todd FCA
Outsource Independent Examination Service
The Hiscox Building
Peasholme Green
York
YO1 7PR



PRESIDENT

The Rt Revd Dr Jonathan Frost, Dean of York

VICE PRESIDENT

Richard Baldwin

PATRONS

Alison Baldwin

Barbara Cooke

Ron Cooke

Sallie Gray

Sally Kirk Walker

David Miller

Prof Kate Pickett

Gail Tams

Adam Tomlinson

DIRECTORS & TRUSTEES

Sue Halstead - Safeguarding & Deputy Chair – Chair from 2020 AGM

Sandra Furby - Training, Supervision, Fundraising

Val Bowman - Treasurer

Sarah Ratcliffe - Legal & Patrons Programme

Sarah Blower - Research

Adele Hunter - Community Mental Health Advisor & Volunteer

Penny Heptonstall - Volunteer Representative

Lesley Murphy - Volunteer Representative

STAFF TEAM

Maria O'Keeffe - Scheme Manager

Susan Deery - Family Case Worker

Jo Harry - Family Case Worker

Graeme Dawson - Trusts & Grants Fundraiser

Hilary Norris - Administrator

PRINCIPAL ADVISORS

Home-Start UK

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@homestartyork



@homestartyork1



homestartyork

Home-Start York is a charity registered with the Charity Commissioner, incorporated as a company limited by guarantee

Registered Company Number: 09471420 Registered Charity Number: 1161151

**HOME
START**
York

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