



**HIMMAH.ORG**

grassroot community action

# **ANNUAL REPORT AND ACCOUNTS**

2023 - 24

Registered Charity - 1161021



**The King's Award  
for Voluntary Service**

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# Reference and Administrative Details

<b>Trustees</b>	Mr. Shoaib Khan (Chair) Ms. Ferzana Shan (Vice-Chair) Mr. Ifkhar Ahmed Mr. Isa Truechet Mr. Baba Njie
<b>Senior Management Team</b>	Sajid Mohammed (Director) Caron Boulghassoul (Independent Board Secretary) Jagdish Patel (Head of Art, Heritage, and Research) Charlie Collins (Finance and Operations Lead)
<b>Registered Office</b>	Unit 4-5 Forest Court Gamble Street, Radford Nottingham NG7 4EX
<b>Charity Registration Number</b>	1161021
<b>Bankers</b>	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
<b>Independent Examiners</b>	Solutions Accountants & Financial Services Ltd 209 Radford Road Nottingham NG7 5GT <a href="http://www.solutionsaccountants.co.uk">www.solutionsaccountants.co.uk</a>

# Chairmans Foreword

On behalf of the Board of Trustees, it is my honour to present Himmah's Annual Report for the year 2023–2024. This past year has brought both recognition and renewed responsibility, as we have continued to respond to the deepening cost of living crisis with dignity, compassion, and unrelenting commitment to the people of Nottingham.

We were deeply proud and humbled to receive the prestigious King's Award for Voluntary Service – a national acknowledgment of years of grassroots work to combat poverty, racism, and educational inequality. The award ceremony at Colwick Hall offered not only a moment of celebration but also a chance to bring together the rich tapestry of partners and supporters who make our work possible. It reminded us that our efforts are powered by the people – the volunteers, donors, staff, and community members who give so generously of their time, resources, and belief in a fairer society.

Himmah has once again sustained its position as Nottingham's largest independent food bank, distributing over 13,000 food parcels – each one a critical lifeline in a time of extraordinary need. While rising food costs and the end of some external partnerships forced us to make difficult decisions, our commitment to delivering a full week's worth of food to each household has never wavered. In particular, our provision of Halal food parcels has continued to ensure that no one in our community is forced to choose between religious observance and hunger.

We have also expanded our commitment to accessible food through our two Foodprint social supermarkets in Sneinton and Radford, and our innovative Foodprint on Wheels initiative, which takes affordable, nutritious food directly into areas with limited access to fresh produce. Together, these programmes not only

address food poverty, but also restore agency and dignity to those we serve.

In tandem with these efforts, our community gardening projects have flourished – quite literally. What began as a guerrilla garden in Radford has blossomed into a network of communal growing spaces, now extending into St Ann's. These gardens do more than grow food; they cultivate community, hope, and a shared sense of stewardship.

Beyond food provision, this year has seen our deepening engagement in social justice and advocacy. Our partnership with Gingerbread on Universal Credit sanctions, our second annual Social Justice Awards Dinner, and our continued role in Nottingham Citizens reflect our ongoing mission to tackle structural injustice at its roots. We were especially proud to expand our Christmas Hamper programme by 66%, ensuring nearly 2,000 of the city's most vulnerable children received gifts that brought warmth and joy during the festive season.

Throughout all of this, we have remained a Living Wage employer, a supporter of community organising, and a platform for change – proving that even in hard times, it is possible to act with integrity, creativity, and compassion.

As Chair, I want to extend my deepest thanks to our exceptional staff, my fellow trustees, and above all, our volunteers. You are the lifeblood of this organisation, and the impact of your service cannot be overstated. Himmah is not just a food bank, or a charity – it is a movement for justice, grounded in love for our city and its people.

Thank you for standing with us in this vital work.

**Shoaib Khan**  
Chair of Trustees

# Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, FoodPrint (social supermarkets), hate crime awareness & reporting, and heritage/educational projects.

We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning. We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working.

Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive, educated and

prosperous communities, whilst ensuring that people don't fall through the cracks in terms of welfare provision through our food poverty projects etc.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods.

Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.

## Kings Award for Voluntary Service

This year Himmah was honoured to receive the King's Award for Voluntary Service. This award was given in recognition of years of service delivered to our community in tackling poverty, racism and educational inequalities. The award was handed to us in a presentation in June held at Colwick Hall. This event was also used to

showcase our work and bring together a variety of partners – from business, the public sector and the voluntary sector – to celebrate Himmah and the work we do, which is only possible through the massive contributions of our volunteers and donors.



**The King's Award  
for Voluntary Service**

# Food Bank

**Himmah's food bank has maintained its status as the largest independent food bank in Nottingham, and we have continued to maintain our commitment to providing 7 days' worth of food for each person in a household, to ensure that no one need go hungry in Nottingham.**

Our service users vary considerably with the challenges they face and come to us for a wide variety of reasons, with many of them experiencing multiple issues. The most common reasons cited for needing our support include being on a low income (72% of service users have this cited as a reason for using our service) and issues with benefits (40%). Other reasons include homelessness (13%) sickness and/or ill health (11%), debt (6.4%), and domestic abuse (5.2%).

We don't limit the number of repeat referrals someone can have, which means we are able to provide long-term support to those who need it; including people who cannot work due to health conditions/disability, and/or have no recourse to public funds (who can only resolve their situation by submitting fresh claims for asylum or overcoming other immigration challenges they face).

We distributed 13,053 food parcels in the 2023-2024 financial year to 1,463 families (and 3,361 people), equating to 104,424 kg of food. We distributed a high of 1,407 food parcels in August 2023, and a low of 657 food parcels in June 2024. We averaged 1,088 food parcels a month, equating to 8,704 kg of food. This is down by 15% from the 15,387 food parcels distributed in 2022-2023, which is due to us taking the difficult decision to stop giving parcels to other organisations such as Phoenix Community Centre and Billborough Food Bank. We took this decision due to financial constraints caused by

high inflation which had a massive impact in terms of the costs of purchasing the food items we distribute.

We also provide Halal food parcels so that people who have fallen into hardship can receive the food they need to maintain their Halal dietary requirements. This means people who are facing hardship can keep their religious practices which is crucial to their wellbeing. In the 2023-2024 financial year we supplied 3,037 Halal food parcels (23% of our total food parcel distribution), equating to 24,296 kg of food. This went from a high of 331 Halal food parcels in July 2023, to a low of 173 Halal food parcels in November 2023. We distributed an average of 253 Halal food parcels a month.

To receive a food parcel, a service user is referred to us by one of our referral partners. We work with 146 referral partners to ensure that everybody who needs our service can access it. These include housing associations, GPs, women's refuges, Department for Work & Pensions (DWP) and Nottingham City Council amongst others.

Of the 104,424 kg of food we distributed, only 9212.46kg (7.9%) came through donations – and we spent £68,797.50 on food. Of this, £57,567.63 was spent with Aldi, our biggest supplier, equating to 84% of our total food bill. We use Aldi as they are cheaper than any other supermarket (or wholesaler) and allow us to purchase in the bulk quantities we need.

Our food bank is run mostly by our trainee project manager, Adyan, alongside our Radford Foodprint coordinator, Ahmed. They both oversee the day-to-day running of the food bank, including supervising volunteers and stock management. Other staff are also key in running the food bank. Our fundraising and volunteering lead, Uzair, recruits and manages volunteers, while our partnerships lead, Elliot, oversees building relationships with new suppliers.

The food bank on average needs about two to five volunteers a day depending on deliveries

and volume of parcels needed. These volunteers support with making food parcels, greeting beneficiaries in the reception and in helping in the Foodprint community shop (our social supermarket). Our volunteers also get involved in deliveries, outreach and fundraising activities. We have also had an increase in Corporate Social Responsibility (CSR) support from larger businesses including helping through regular volunteering from staff. We have had corporate teams in nearly every week helping us to make food parcels and sort stock from companies including Lindt, Ideagen, and Experian.

### Casestudy 1:

#### Ameer

Ameer has been using our food bank since April 2023, making him one of our longest serving food bank users. Due to issues with his benefits and debt, he struggles to afford sufficient groceries. In addition to relying on the food bank, Ammer benefits from Foodprint, which provides him with low-cost shopping alternatives, including small comforts like chocolates and soft drinks. Ameer's story exemplifies the ongoing need for accessible and affordable food options in our community. Indeed, it also underscores the need for emergency food provision that is not limited in the number of times a service user can access such provision.

### Casestudy 2:

#### Dave

Dave, who has been homeless since September 2022, depends on our food bank as one of the only ways he can access food. Due to his lack of cooking facilities, we provide Dave with items that he can prepare with minimal equipment, such as pot noodles, microwaveable ready meals and soup. Dave's situation highlights the importance of adaptable food solutions for those facing homelessness, ensuring they can maintain some level of autonomy and normalcy despite their challenging circumstances.

### Casestudy 3:

#### Sarah

Sarah regularly collects food parcels and does her weekly shopping at Foodprint. Her typical shopping list includes frozen ready meals, eggs, snacks such as crisps, chocolates, biscuits, toilet paper, and frozen meats. Sarah's reliance on our services is indicative of the financial pressures many individuals face, necessitating the availability of low-cost, essential items. The convenience and variety offered by Foodprint allow Sarah to maintain a balanced diet and ensure she has access to necessary household supplies. By providing affordable options, we help alleviate some of the financial stress that comes with grocery shopping. Sarah's consistent use of both food parcels and the Foodprint program highlights the critical role our services play in supporting community members.

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*There are no words that can describe the impact of the food parcels that the service users receive. This great service allows people who have no money to have enough food to eat a decent meal.*

**- Kiran Dillon, Framework Housing Association**

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*My experience of referring customers to the service is that we have had exceptional professional service for each customer which has been a lifeline for them in their time of need... especially for our customers who have fled domestic abuse and have come to us with very little.*

**- Angela Bennett, Metropolitan Thames Valley Housing**

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*We've had nothing but positive feedback from service users in terms of delivery, both personally and practically. With many of our service users having issues with budgeting it really does help to tie together what little money they have spare each month.*

**- Fergus Dalglish, Framework Housing Association**

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## 2023

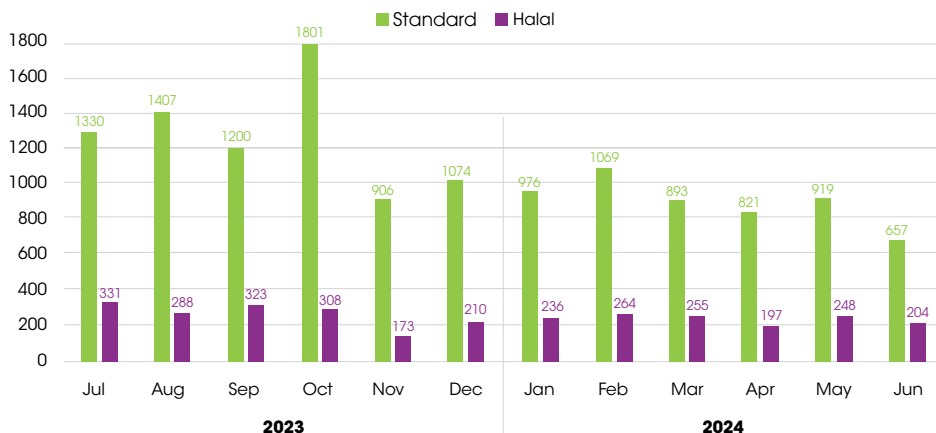
		Parcels	KG
JUL	Total food donated	1661	13288
	Standard	1330	10640
	Halal	331	2648
AUG	Total food donated	1695	13560
	Standard	1407	11256
	Halal	288	2304
SEP	Total food donated	1523	12184
	Standard	1200	9600
	Halal	323	2584
OCT	Total food donated	2109	16872
	Standard	1801	14408
	Halal	308	2464
NOV	Total food donated	1079	8632
	Standard	906	7248
	Halal	173	1384
DEC	Total food donated	1284	10272
	Standard	1074	8592
	Halal	210	1680

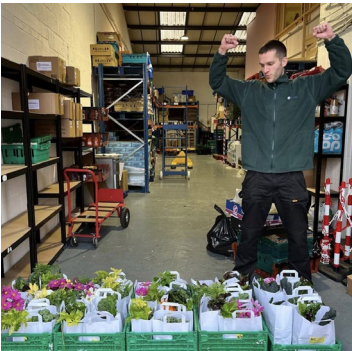
## 2024

		Parcels	KG
JAN	Total food donated	1212	9696
	Standard	976	7808
	Halal	236	1888
FEB	Total food donated	1333	10664
	Standard	1069	8552
	Halal	264	2112
MAR	Total food donated	1148	9184
	Standard	893	7144
	Halal	255	2040
APR	Total food donated	1018	2232
	Standard	821	6568
	Halal	197	1576
MAY	Total food donated	1167	8984
	Standard	919	7352
	Halal	248	1632
JUN	Total food donated	861	8472
	Standard	657	5256
	Halal	204	3416

TOTAL	Total food donated	16090	128720
	Standard	13053	104424
	Halal	3037	24296

### Number of Food Parcels Provided per Month





# FoodPrint

In 2023-24, we continued to run our social supermarkets in Sneinton and Radford. Foodprint allows people to buy surplus food at a heavily discounted price. This allows people on a low income to have the dignity of being able to afford to choose their own food from a social supermarket, whilst also helping to reduce food waste.

Foodprint is run by our Foodprint Manager, Nadeem, who oversees both stores, stock purchases and the day-to-day running of our Sneinton Branch. While our Radford Foodprint co-ordinator, Ahmed, runs the day-to-day operations of our Radford branch. We also receive considerable support from a small group of dedicated volunteers, who help us with processing and displaying stock, as well as serving customers.

Since the Radford Foodprint store was opened in September 2022, monthly sales have more than doubled from £959.36 to £2072.30 in May 2023. Additionally, the number of customers served has also steadily increased from 36 per week in September 2022, to 86 per week in May 2023. In our Sneinton store we have maintained the levels of sales fairly consistently, and we continue to serve around 300 customers a week.

This financial year, Sneinton made up 90% of total sales, while Radford accounted for the remaining 10%. Average monthly sales in Sneinton have been £15,045.80, while serving around 300 customers a week with an average spend of £8.77. While in Radford, average monthly sales have been £1,626.48, serving around 60-65 customers a week, with an average spend of £6.46.

## Foodprint on Wheels

Over the last year we have continued to run our weekly Foodprint on Wheels service (the mobile version of our Foodprint shops). Once a week the van is taken to a social housing estate in St Anns, where residents often struggle to purchase food due to the estate being on a steep hill; and the two local shops are either unaffordable for people on low incomes or specialise in frozen food only (and often highly processed foods). This means that local residents are not able to access the fresh fruit and vegetables they need to maintain a healthy diet, which is where Foodprint on Wheels comes in. Metropolitan

Thames Valley Housing have continued to support us this financial year by paying the vehicle running costs and the staff salary to coordinate the project. We serve around 30 customers a week, with an average spend of £7.89. Foodprint on Wheels therefore provides local resident with the opportunity to buy fresh produce at an affordable price, whilst also reducing the need to carry heavy produce that compounds the effects of food poverty in this neighbourhood.



# GAIN Diaspora – 2000 hot meals during Ramadan

During this year we continued our partnership with Gain Diaspora to provide hot Iftar's to individuals and families every Friday evening during Ramadan. The meals were mostly collected by individuals from Hyson Green

Boys Club, but for families further away, or people struggling with mobility etc our team of dedicated volunteer delivery drivers made special home deliveries.



## Islamic Relief parcels

Throughout Ramadan we also distributed Halal food parcels with extra contents to help our service users through the holy month. These parcels were a lifeline to local Muslim families

who were struggling with food poverty, and helped to ensure they could fast safely knowing they had good quality food for their Iftar in the evening.

## Solidarity Fast – Partnership with Nottingham Forest Community Trust

This year saw our first ever solidarity fast which was a joint project between Himmah and NFCT. We met at the world-famous City Ground to hear inspiring speeches, have a tour of the facilities and then break our fast through Iftar

and hot food provision. This was an essential awareness raising event, where Muslims and friends joined together in fast, to help us to understand the hunger people experiencing poverty experience on a daily basis.

# Community Gardening

Our gardening project has significantly transformed our local community, embodying our commitment to addressing food insecurity and fostering community spirit. The project began in February 2023, in collaboration with the Nottz Garden Project, by revitalising an overgrown, derelict patch of land on Gamble Street Corner in Radford, Nottingham, into a thriving community garden. This space now cultivates a variety of vegetables and flowers, freely available to local residents or distributed through our food bank.

The success of our first guerrilla garden on Gamble Street Corner has been a testament to the project's impact. This initiative has not only provided fresh produce but also created a communal space that fosters social cohesion and mutual support. Volunteers, food bank users, and local residents have come together, learning from one another and strengthening community bonds. Our community events, such as Tomato Day, Taco Day, and a flowers and bees themed day, have engaged local people in gardening activities and raised awareness about the benefits of fresh produce.

Building on this success, we are excited to expand the community gardening project to a new site in St Anns, Nottingham. This area, identified as a 'food desert', struggles with

limited access to affordable fresh produce. By transforming another underutilised space into a community garden, we aim to provide a sustainable source of fresh food and foster a sense of community among residents. Our partnership with Metropolitan Thames Valley Housing has been instrumental in this expansion, ensuring that we can reach those most in need. Volunteers are at the heart of our gardening project. We organise weekly gardening sessions where local residents are invited to help plan and participate in activities. This volunteer-driven approach empowers individuals, providing them with valuable skills and a sense of ownership over the project. Moreover, the garden serves as an educational platform, offering workshops on topics such as plant care and the importance of reducing food miles.

The expansion of our gardening project to St Anns is expected to have a profound impact on the community. By addressing food insecurity and promoting community engagement, we aim to create a supportive environment where residents can thrive. The project will enhance access to fresh produce, improve nutritional intake, and contribute to the overall health and well-being of the community. Our efforts in gardening and guerrilla gardening exemplify our dedication to nurturing a resilient and inclusive community in Nottingham.



# School Breakfast Clubs

Every Monday during term time we deliver 72 loaves of bread to different schools in the city for their breakfast clubs. The bread is kindly donated from Hovis, and it is given to one school in the Lenton area, and to three schools in St Anns. All of the schools we supply bread to have a higher-than-average percentage of children on free

school meals. The breakfast clubs we support currently help 125 children, who may otherwise go hungry without this provision. It is well known that children cannot learn well if they are hungry, so this support is vital to these children achieving the best educational outcomes possible.

# Social Justice Awards Dinner

In November 2023 we held Himmah's second annual Social Justice Awards Dinner, which brought around 300 people together for an evening of fundraising and celebrating the good work that is done not only by Himmah, but

also by others in Nottingham. It was a moving and inspiring evening that brought everyone together – and we look forward to expanding the event and making it even bigger and better in 2024 and beyond.

# Christmas Hampers

This year we built on our Christmas hamper programme from last year, supplying hampers to children who usually receive free school meals in and around Nottingham and may otherwise receive nothing at Christmas. We increased the number of hampers by 66% from last year, giving out 1,831 hampers. Each hamper contained two books, chocolate, crisps, biscuits, a toy, a pack of crayons and a colouring book, a mini slinkie, playing cards, a bouncy ball, and a Christmas

card. The hampers brought Christmas cheer to the city's most vulnerable children.

The hampers were made in our food bank warehouse by the same loyal team of staff and volunteers who run the food bank. We received support from Nottingham Forest Community Trust and Ideagen as well as local community donations to ensure we could bring joy to children at Christmas.





# SaSh

We continue to work with the SaSh project which serves 150 meals per week. Although the hot meals kitchen was initially set up as a social eating project to end isolation and loneliness, it has seen a change in demographics due to the current cost of living crisis, with more people attending because of hunger, such as people experiencing homelessness who cannot access the basics needed in life. SaSh

was built on the principles of humanity and building bridges between religious groups as a partnership between Himmah and the Jewish Liberal Synagogue. It has been serving food to the community for over 9 years and continues to grow attracting both regular and new guests. Himmah is looking to support further hot meal provisions in Nottingham and are working with other providers to establish similar projects.

## Power to Prosper with Runnymede and NEF

This year we were fortunate to be able to join a three-year project in partnership with Runnymede Trust and the New Economics Foundation whereby we are working to address the root causes of poverty, inequality and problem debt. Power to Prosper is an ambitious programme that seeks to shift the balance of power in our political and economic systems to generate the conditions in which everyone can thrive. We pursue prosperity in its most generous sense, aiming to empower people with the wealth and security we all need to live healthy, happy and fulfilling lives.

Our partnership is based on a shared understanding that the existing status quo cannot deliver these outcomes. A collision of crises from Covid to the cost of living makes it clear that we are not "all in this together". We know that the relationship between poverty and problem debt is not simple, and that debt is a symptom of a much wider issue. Our economy has been shaped so that it works for corporate power and wealthy elites, creating financial systems that produce deep inequality which hits certain groups harder.

The root causes of the cost-of-living crisis are built into our economic systems, which need urgent and fundamental change. Black and minority ethnic communities, single parent families, and households with a disabled member have always been unfairly exposed to disproportionate levels of poverty and debt. In recent years, we have seen that translate to tragic levels of material deprivation, housing precarity, food insecurity and fuel poverty. Our economy disadvantages those from lower and more unstable incomes and exposes communities to a poverty premium which takes more from those with the least.

Power to Prosper looks beyond individualised, short-term solutions, to promote a transformed economy that guarantees everyone financial security and a decent standard of living. Those worst impacted by these issues must be at the centre of the change we need, which can only be achieved by building collective power. Power to Prosper will build a coalition of organisations representing communities whose voices desperately need to be heard. Through these networks we will create a locally, regional and nationally impactful programme that makes

the case for an overhaul to our economic, social security and financial systems, with the leadership of those most impacted firmly at the forefront.

Only by telling an honest, powerful story about the relationship between poverty, inequality and

problem debt, can we create the momentum for a better future. We all deserve to live with dignity, security and enough to thrive. Power to Prosper aims to power that shift in approach in our communities.

## School Uniform Project

During the year we continued to provide storage space for the school uniform project which saw thousands of items of school uniform distributed to reduce the effects on landfill by repurposing and distributing second hand school uniform, mainly but not exclusively for primary aged

school children. At the end of the financial year, we parted ways as Himmah moved to a new warehouse for the Himmah foodbank and we could no longer accommodate this fantastic project.



## Universal Credit Sanctions Campaign

This year, Himmah has partnered with Gingerbread to run a campaign against Universal Credit sanctions. As part of this work, we interviewed 6 single parents about their fears and concerns regarding universal credit sanctions. This research will hopefully help to end Universal Credit sanctions, given how they negatively affect the most vulnerable in our society.

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*It's been great to work with Himmah on our Sanctions project- a project that will hopefully help us change policy and improve the social security system, making it fairer. The team has been organised, professional and responsive. We would be delighted to partner with you again.*

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# Let's Talk About Teen Mental Health

The "Let's Talk About Teen Mental Health" project was a comprehensive initiative aimed at supporting BAME adolescents and their families as they navigated mental health challenges. We partnered with Nottingham Counselling Service to run this project, which played a crucial role in providing expert guidance and

support throughout the program. Together, we established a peer support group for parents and carers, offering them a platform to share experiences and provide mutual support. Whilst maintaining one-to-one advice and support as needed by the families.

## Nottingham Citizens

Himmah has maintained our membership of Nottingham Citizens during this year. We were one of the founding members of this alliance, which aims to develop and organise people to challenge systems and structures that need improving, in order to enable everyone to have the best opportunities in life. As a founding member we maintain our commitment to having one of our members of staff or volunteers involved in the leadership team of Nottingham Citizens and during this year, our Partnerships Coordinator Elliot Farnsworth has maintained his position on the leadership group.

As part of this work, we have supported several community members to take part in Citizens UK's training in Community Organising, developing leadership skills and tackling issues important to them. We have also focused on building strong relationships with local institutions (schools, faith groups, universities, trade unions and charities) to build power and put pressure on some of the city's larger employers to pay employees the real living wage which has a demonstratable effect on lifting people from poverty.

## Living Wage Foundation

Himmah has continued our commitment to being a Living Wage Foundation employer, which means we pay all staff, irrespective of age the full living wage, which is agreed by the Living Wage Foundation and is usually around £1-£1.50 an hour more than the government mandated "living wage". We are proud of our commitment to this, to ensure that our staff team

are paid sufficiently so they do not need to also rely on welfare benefits such as Universal Credit to support their living costs. We also contribute to Living Wage campaigns that are held in Nottingham to try to promote take up of this commitment to improve staff pay by other local employers.

# Public Benefit Statement

The trustees of Himmah have considered the Charity Commission guidance on public benefit requirements. In the opinion of the trustees, the public benefit arising from Himmah's activities are the prevention and relief of poverty, community development (including developing community leadership and community organising), improving and developing religious and racial harmony and the advancement of

education through heritage & the arts. Himmah focuses its resources on supporting those most in need which is evidenced through referrals received for support from around 146 different partner charities/organisations. The trustees confirm that they have complied with their duty in terms of Section 4 of the Charities Act 2006 to have due regard to the Charity Commissions guidance on public benefit.

## Governance

Himmah's founding document is its constitution (Model Constitution for a Charitable Incorporated Organisation). It is managed by the Board of Trustees, which consists of trustees and others with expertise who may be appointed by the trustees as co-opted members. The Board of Trustees undertakes skills audits and invites others to join the board who it

feels will add value to the decision-making and processes of the charity. The Board of Trustees usually meets every 1-2 months, but additional meetings can be called should urgent business arise. The Senior Management Team are able to request a meeting should urgent business need to be discussed which requires trustees insight and strategic decision on.

## Induction of Trustees

All new trustees are invited to meet with the chair to discuss the role and what is expected of them as charity trustees. They are then given an induction pack outlining the roles and responsibilities of being a trustee as well as CC3 – The Essential Trustee – What you Need to Know

and What you Need to Do (Charity Commission). They are invited to attend a trustee meeting as an observer before they are offered the opportunity to become a trustee and can be involved in Himmah's development once their offer has been formally accepted.

# Reserves Policy

The trustees consider that there should always be reserves of between 3-6 months fixed and operational costs. This amounts to holding between £154,383 to £308,767 at the end of this financial year (relating to this report). As of the end of the financial year, we have not achieved this level of reserves despite reporting our largest ever end of year surplus. The year ended with

a balance brought forward of £116,325 which is excellent progress for Himmah whereby we have had to continue to respond year on year to growth of need whilst maintaining our commitment to never turning anyone away who could benefit from any of our projects.

## Exemptions

Himmah is a registered charity and is exempt from any Corporation or Income Tax.



# Financial Statement

**For The Year Ended 30th June 2024**

## Statement of Trustees' responsibilities

Company Law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charity at the end of the financial year and of the surplus or deficit for the year then ended. In preparing those financial statements, the trustees are required to select suitable accounting policies, as described on the above page, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Board of Trustees must also prepare the financial statements on the going concern

basis unless it is inappropriate to presume that the charity will continue in business. The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any one time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable incorporated organisation. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



**Mr. Shoaib Khan**  
Chair

## Independent Examiner's Report To The Trustees

I report to the trustees on my examination of the accounts of HIMMAH (the Charity) for the year ended 30th June 2024, which are set out on page 4 to 10.

### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in Section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Institute Of Chartered Accountants in England & Wales, which is one of the listed bodies.

Your attention is to drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities:

Statement of Recommended Practice issued on October 2019 which is referred to in the extant regulations but has since been withdrawn. We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Beerbal Mal*

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### Beerbal Mal

ACA For & on behalf of Beerbal & Co  
Chartered Accountants & Solutions Accountants & Financial Services Ltd.  
149 Radford Road Nottingham NG7 5EH  
Date: 18/03/2025

# Statement of Financial Activities

For The Year Ended 30th June 2024

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
<b>Income and Endowments from</b>					
Grants		15,000	253,326	268,326	151,011
Charitable Activities		250,327	5,210	255,536	92,599
Donations and Legacies		39,220	26,423	65,643	142,404
GiftAid		14,212	-	14,212	4,796
Zakat		32,757	-	32,757	2,367
General		30,348	4,791	35,140	56,406
<b>Total Incoming Resources</b>		<b>381,864</b>	<b>289,751</b>	<b>671,614</b>	<b>449,583</b>
<b>Expenditure on:</b>					
Charitable activities	2	63,268	118,423	181,691	169,853
Expenditure on charitable activities	3	310,089	123,999	434,088	328,523
Governance costs	3a	1,755		1,755	1,250
<b>Total Expenditure</b>		<b>375,112</b>	<b>242,422</b>	<b>617,534</b>	<b>499,625</b>
<b>Net (Expenditure)</b>		<b>6,752</b>	<b>47,329</b>	<b>54,080</b>	<b>(50,042)</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds					
<b>Net movement in funds</b>		<b>6,752</b>	<b>47,329</b>	<b>54,080</b>	<b>(50,042)</b>
Total funds brought forward (FY-2023)		57,289	4,956	62,245	112,287
<b>Total funds carried forward</b>		<b>64,041</b>	<b>52,284</b>	<b>116,325</b>	<b>62,245</b>

The notes on page 23 to 26 form an integral part of this financial statement.

# Balance Sheet

**For The Year Ended 30th June 2024**

	Note	£	2024 £	2023 £
<b>Fixed Assets</b>				
Tangible Assets	5		5,787	5,570
<b>Current Assets</b>				
Other Debtors	6		8,604	7,317
Cash at bank and in hand	7		109,008	55,009
<b>Total Assets</b>			123,399	67,895
<b>Creditors: Amounts Falling due within one year</b>	8		7,074	5,650
<b>Net current Assets</b>			116,325	62,245
<b>Total Assets less current liabilities</b>			<b>116,325</b>	62,245
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	9		116,325	62,245
<b>TOTAL FUNDS</b>			<b>116,325</b>	62,245

## Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

## The Trustees acknowledge their responsibilities for:

1. complying with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2024, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

## Trustee

Mr. Shoaib Khan

The notes on page 23 to 26 form an integral part of this financial statement.

# Cash Flow Statement

For The Year Ended 30th June 2024

	Note	2024 £	2023 £
<b>Cash flows from operating activities</b>			
Net cash (expenditure)/income		54,080	(50,042)
<b>Adjustments to cash flows from non-cash items</b>			
Depreciation		542	448
Investment income		-	-
		54,622	(49,594)
<b>Working capital adjustments</b>			
Increase in other debtors		(1,288)	(7,317)
Increase in creditors		1,424	1,398
(Decrease)/increase in deferred income		-	-
		54,758	(55,513)
Net cash flows from operating activities			
<b>Cash flows from investing activities</b>			
Interest receivable and similar income		-	-
Purchase of tangible fixed assets		(759)	-
		(759)	-
Net cash flows from investing activities			
Net (decrease)/increase in cash and cash equivalents		53,999	(55,513)
Cash and cash equivalents at 1 July		55,009	110,522
Cash and cash equivalents at 30 June		<b>109,008</b>	<b>55,009</b>
<b>Reconciliation of net cash flow to movement in net funds</b>			
(Decrease)/increase in cash		53,999	(55,513)
Net funds at 1 July 2023		55,009	110,522
Net funds at 30 June 2024		<b>109,008</b>	<b>55,009</b>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on page 23 to 26 form an integral part of this financial statement.



# Notes to Forming Part of These Financial Statements

**For The Year Ended 30th June 2024**

## 1. Accounting Policies

### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

### Basis of preparation

Himmah meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

### Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

### Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

### Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

## Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable incorporated organisation for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

## Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fridges & Computer Equipment	18% reducing balance
Fixture & Fitting and General equipment	6% reducing balance

## Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are received for specific purposes.

## Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

## Notes

### Net incoming resources

Net incoming resources  
are stated after charging:

			2024	2023
	Unrestricted	Restricted	Total	Total
<b>2 Charitable Activities</b>				
Food and Drinks	63,268	118,423	<b>181,691</b>	<b>169,853</b>
	63,268	118,423	<b>181,691</b>	<b>169,853</b>
<b>3 Expenditure on charitable activities</b>	<b>Unrestricted</b>		<b>Total</b>	<b>Total</b>
Office and general expenses	4,953	70	<b>5,023</b>	1,078
Rent and Rates	17,631	15,318	<b>32,949</b>	16,629
Advertising and Promotion	53,348	40	<b>53,388</b>	22,654
Packaging	1,226	3,500	<b>4,726</b>	6,152
Room Hire	140	-	<b>140</b>	2,025
Dues and Subscriptions	5,242	-	<b>5,242</b>	5,916
Insurance	1,866	172	<b>2,038</b>	1,335
Salaries	161,209	80,849	<b>242,058</b>	179,058
Sub Contract Cost	15,573	3,519	<b>19,092</b>	36,908
Depreciation: Fixed Assets	542	-	<b>542</b>	448
Repairs and Maintenance	1,422	-	<b>1,422</b>	1,457
Trade Waste	1,574	2,579	<b>4,153</b>	4,036
Website	768	-	<b>768</b>	762
Professional Fee	10,363	4,528	<b>14,891</b>	8,414
Donation Fee / Crisis Grants	-	1,666	<b>1,666</b>	13,955
Utilities	2,503	7,552	<b>10,055</b>	7,250
Volunteer Expenses	533	-	<b>533</b>	137
Telephone and Internet	506	-	<b>506</b>	1,158
Travel and Accommodation	3,655	580	<b>4,235</b>	1,542
Printing, Postage and Stationary	3,780	220	<b>4,000</b>	1,053
Miscellaneous Expense	3,287	1,556	<b>4,843</b>	4,143
Equipment Rentals	19,968	1,850	<b>21,818</b>	12,411
	<b>310,089</b>	<b>123,999</b>	<b>434,088</b>	<b>328,523</b>
<b>3a Governanc cost</b>				
Professional & Accountancy	1,755		1,755	1,250
	<b>1,755</b>	-	<b>1,755</b>	<b>1,250</b>
<b>4 Staff costs</b>				
The aggregate payroll costs were as follows:				
	<b>Unrestricted</b>	<b>2024 Restricted</b>	<b>Total</b>	<b>2023 Total</b>
Staff costs during the year were:				
Wages and salaries	154,398	79,291	<b>233,690</b>	171,999
Pension costs	6,811	1,557	<b>8,368</b>	7,059
			<b>242,058</b>	179,058
The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:				
		<b>2024</b>	<b>2023</b>	
No. of Employees		11	16	
No. of Volunteers		84	84	

<b>5 FIXED ASSETS</b>					
<b>COST or VALUATION</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	<b>Computer</b>	<b>Fridges</b>	<b>Office Equipment</b>	<b>Fixture &amp; Fitting</b>	<b>Total</b>
B/F	-	960	848	4,884	6,692
Addition	759				759
Disposal	-				-
<b>At 30/06/2024</b>	<b>759</b>	<b>960</b>	<b>848</b>	<b>4,884</b>	<b>7,451</b>
<b>Depreciation</b>					
Accumulated	-	368	120	634	1,122
Charge for the year	136	107	44	255	542
On Disposals	-	-	-	-	-
<b>At 30/06/2024</b>	<b>136</b>	<b>475</b>	<b>164</b>	<b>889</b>	<b>1,664</b>
<b>Net Book Value</b>					
Closing Balance	<b>623</b>	<b>485</b>	<b>684</b>	<b>3,995</b>	<b>5,787</b>
Opening Balance	-	592	728	4,250	5,570

## 6 Debtors

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Other Debtors	8,604	7,317

## 7 Cash & cash equivalents

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Cash on hand	9	56
Cash at bank	108,999	54,953
	<b>109,008</b>	<b>55,009</b>

<b>Notes</b>	<b>2024</b>	<b>2023</b>
<b>Long term Liabilities</b>		
Opening Balance	-	-
Closing Balance	-	-
<b>8 Current Liabilities</b>		
Accounts Payable	-	4,400
Payroll Liabilities	-	-
Accruals	5,319	-
Accountancy	1,755	1,250
	<b>7,074</b>	<b>5,650</b>
<b>9 Restricted funds</b>		
Deficit/Surplus 30/06/2023	4,956	
Excess of income over expenditure	47,329	
Balance as on 30/06/2024	<b>52,284</b>	
Unrestricted Funds		
Deficit/Surplus 30/06/2023	57,289	
Excess of income over expenditure	6,752	
Balance as on 30/06/2024	<b>64,041</b>	
		<b>Deficit/Surplus</b>
		30/06/2022
		26,515
		(21,559)
		<b>4,956</b>
		<b>Deficit/Surplus</b>
		30/06/2022
		85,772
		(28,483)
		<b>57,289</b>

## 10 Taxation



grassroot community action

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