



HIMMAH.ORG

grassroot community action

ANNUAL REPORT AND ACCOUNTS

2022 - 23

Registered Charity - 1161021

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Reference and Administrative Details

Trustees	Mr. Shoaib Khan (Chair) Ms. Ferzana Shan Mr. Ifikhar Ahmed Mr. Isa Truchet
Senior Management Team	Sajid Mohammed (Director) Caron Boulghassoul (Head of Resources until May 2023 – Deputy Director from May 2023) Shoana Qureshi-Khan (Deputy Director until May 2023) Jagdish Patel (Arts and Research)
Registered Office	Unit 2 Forest Court Gamble Street Nottingham NG7 4EX
Charity Registration Number	1161021
Bankers	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
Independent Examiners	Solutions Accountants & Financial Services Ltd 209 Radford Road Nottingham NG7 5GT www.solutionsaccountants.co.uk

Chairmans Report

On behalf of the board of Trustees, it is my privilege to present Himmah's Annual Report for the year 2022-2023, showcasing our unyielding efforts and significant strides in the fight against food poverty in Nottingham. This year has been one of both challenge and innovation for Himmah, as we continued to serve as the largest independent food bank in the city, distributing an average of 1187 food parcels and nearly 10 tonnes of food every month.

As you will see in the report which follows, the past year has tested our resilience amid heightened macroeconomic pressures, including soaring inflation rates and escalating food prices impacting the UK and notably affecting our local community. These challenges were compounded by logistical hurdles, as the decrease in surplus food stocks necessitated a shift towards purchasing at full retail prices from supermarkets and wholesalers. Despite these obstacles, we have expanded our services, including the successful operation of our social supermarkets in Radford and Sneinton. These outlets have not only provided heavily subsidised food options but have also catered to specific dietary needs, reinforcing our commitment to accessibility and diversity.

This reporting year also marked the exciting launch of our 'Guerilla Gardening' project, transforming a neglected plot into a vibrant community garden. This initiative provided fresh vegetables and herbs, enhancing our community's nutrition and wellbeing.

Furthermore, our consistent support to local schools through the provision of 72 loaves of bread each Monday for breakfast clubs underscores our dedication to nurturing the next generation.

A highlight of the year was our inaugural 'Social Justice Awards Dinner', which brought together 300 community members in a celebration of solidarity and generosity. This event not only raised critical funds but also honored the outstanding contributions of our volunteers and partners.

As the cost of living crisis continued unabated, with significant increases in household energy bills, mortgages and basic necessities, the demand for food bank services intensified. The economic slowdown, coupled with specific challenges in Nottingham such as higher-than-average unemployment rates, made our mission ever more critical.

In closing, I extend my deepest gratitude to our partners, volunteers, and donors, whose unwavering support fuels our endeavors. Special thanks to our dedicated staff, the whole leadership and fellow trustees, whose stewardship has been indispensable. As we look forward, Himmah remains steadfast in our commitment to alleviate food poverty and foster social justice in our beloved community. Thank you for standing with us as we continue this vital work, striving to make Nottingham a beacon of hope and support for all its residents.

Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, FoodPrint (social supermarkets), hate crime awareness & reporting, and heritage/educational projects. We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning. We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working. Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive, educated and prosperous communities, whilst

ensuring that people don't fall through the cracks in terms of welfare provision through our food poverty projects etc.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods. Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.

Food Bank

Himmah's food bank has maintained its status as the largest independent Food Bank in Nottingham, and we have continued to maintain our commitment to providing 7 days' worth of food for each person in a household, to ensure that no one need go hungry in Nottingham.

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Our service users vary considerably with the challenges they face, including people who are disabled, vulnerable & isolated, homeless, and women and children in shelters who have escaped domestic abuse, as well as people who have no recourse to public funds. We don't limit the number of repeat referrals someone can have, which means we are able to provide long-term support to those who need it; including people who cannot work due to disability, and/or have no recourse to public funds (who can only resolve their situation by submitting fresh claims for asylum or other immigration challenges they face).

We also provide Halal food parcels and currently around 40% of our food distribution is to BAME communities. This means that people who have fallen into hardship can receive the food they need to maintain their Halal dietary requirements. This means people who are facing hardship can keep their religious practices which is crucial to their wellbeing.

The number of parcels distributed monthly has remained fairly consistent for most of the year, and we have not seen huge growth like we did in the last financial year. This is despite having a

high of 1630 parcels distributed in March 2023, and a low of 838 parcels distributed in April 2023. We are averaging 1187 food parcels a month, equating to about 9496kg of food being distributed across the city. We work with a wide range of referrers including housing associations, GPs, women's refuges, Department for Work & Pensions (DWP) and Nottingham City Council amongst others.

Our food bank is run by a project manager who oversees volunteers and stock management and a project coordinator who oversees the day to day running of the food bank, along with the help of the Radford FoodPrint Coordinator who also assists as and when needed. It has been a challenge to maintain the same level of service that we were providing at the end of the last financial year, given that levels of surplus stock have decreased across supply chains which affects how much fresh produce we are able to distribute. These constraints have meant we have had to closely examine different options for sourcing our food stock and this has forced us to make regular purchases at full cost from supermarkets and wholesalers. This has a massive impact on our financial needs and means we have to consistently check on stock levels, as well as best places to source new stock as we maintain our commitment to never turn anyone away who is in need of a food parcel.

The Food Bank on average needs about two to five volunteers a day depending on deliveries and volume of parcels needed. These volunteers support with making food parcels, greeting

beneficiaries in the reception and in helping in the Foodprint supermarket. Our volunteers also get involved in deliveries, fundraising activities and research into food poverty issues. We have also had an increase in Corporate Social Responsibility from larger businesses (such as volunteering days), with some CSR including helping with regular volunteering from staff.

The Food Bank has continued to work with a local Muslim Scouts group to help in providing opportunities for them to complete the Duke of Edinburgh award. The children involved are placed in local charities such as Himmah to provide an opportunity to support local charities

and serve their community. The skills developed include teamwork, building confidence and self-esteem, communication and planning skills. The team visit each Tuesday evening (term time) and together build between 100 and 200 parcels by setting up and managing a production line. As these young people are all from BAME communities, we see this initiative as a core means to build their leadership skills which will help with their employability in the future. Furthermore, we are working with a global business to create a leadership development plan for the Muslim Scouts group, who are visiting their Derby site later in the year.

Casestudy 1:

Hannah, a Student Nurse, arrived at Himmah in a state of distress. She had not eaten for three days, had been removed from her family home, and was forced to sleep in her car. We provided her with a food parcel, but she only took the bare essentials out of embarrassment. We contacted her and encouraged her to return to the food bank, where we provided her with milk, fresh fruit and vegetables, bread, as well as some chocolate. We also encouraged her to reach out to her university's welfare team, so she could receive the support she needed.

Hannah has said that the support we provided her has made a profound difference to her life. Not only did it give her the emergency support she desperately needed, but she said the empathy and emotional support we provided her with helped her through a difficult period of her life. Furthermore, the recommendation to contact her university for support, has enabled her to find suitable student accommodation to live in.

Casestudy 2:

Dalmar is a refugee from East Africa who was referred to Himmah via refugee roots – a charity that helps asylum seekers settle into the UK. Dalmar only spoke limited English. Two weeks after his initial referral he asked us if we had anything he could use to open the tins we gave him. Through further conversation we realised that Dalmar was not used to tinned food, and he had a number of cuts on his hands through trying to open them with a knife. We were able to provide a tin opener for him, as well as taking the time to explain how they work so he could manage this independently.

Dalmar has said that he is extremely grateful for the help we provided him with, as by understanding something that is so natural to many of us but sometimes difficult for people from other cultures to get used to, he is able to access a wider range of food which helps him especially given the hardship he is facing. Himmah's experience with Dalmar has been a learning process for all involved, and we are now trying to be more aware of how people from other cultures and countries may not understand things which we may often take for granted.

“

In my experience of referring people to Himmah's food bank, I have found the staff and volunteers to be extremely helpful and with excellent communication. The online system for referrals is also easy to use and saves time.

- Fawad Mousawi, Refugee Roots (Partner)

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I've found that clients really appreciate the fact that Himmah has the 4-week referral option available on top of the fact Himmah is open 4 days a week. I also spoke with a client recently who said you were able to give them an emergency parcel on a Friday, a day which you are usually not open. The client was extremely grateful. You are an asset to Nottingham.

- Lisa Batchelor, Nottingham City Council Welfare Rights (Partner)

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Our service users look forward to getting their food parcel and are very happy with it as most of them would go hungry without the food parcel. The food parcel stops people from begging and stealing and contributes to a healthier lifestyle where people are not malnourished.

- Lincoln Webb, Framework (Partner)

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I've now had chance to catch up with most of the team that volunteered on Wednesday and the feedback has been brilliant. They have all said how great it was to be involved and that all the people at Himmah were incredibly friendly and made them feel so welcome. Thank you and please pass on our thanks to your colleagues at Himmah for this, it is great to hear. Some of the team from Wednesday will be back out in August to support and those that are, have said they cannot wait to come and help Himmah again. For now thank you once again for making our colleagues so welcome.

- Daniel, Yusen (Volunteer)

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I just wanted to thank you again for allowing Lindt to come today and support you and your organisation. The guys all had a great time and really felt like they have achieved something today by helping out the local community. Himmah is so essential in helping combat poverty, and just knowing that such places exist must literally be a life saver to some, so thank you to you and your team for being so passionate and being a part of this, you work miracles.

- Carly, Lindt (Volunteer)

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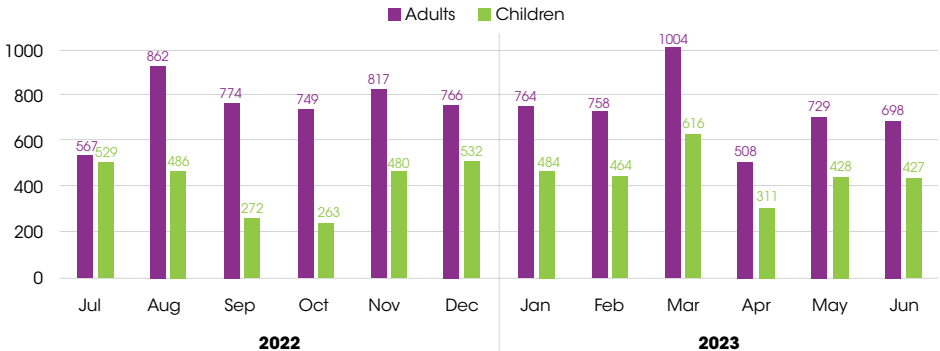
2022

		Parcels	KG
JUL	Total food donated	1096	9940
	Adults	567	5142
	Children	529	4798
AUG	Total food donated	1348	13370
	Adults	862	8550
	Children	486	4820
SEP	Total food donated	1046	9440
	Adults	774	6986
	Children	272	2454
OCT	Total food donated	1012	9620
	Adults	749	7120
	Children	263	2500
NOV	Total food donated	1296	11980
	Adults	816	7543
	Children	480	4437
DEC	Total food donated	1298	11688
	Adults	766	6898
	Children	532	4790
CHRISTMAS	Total food donated	1100	8800
	Adults	0	0
	Children	1100	8800

2023

		Parcels	KG
JAN	Total food donated	1248	9984
	Adults	764	6112
	Children	484	3872
FEB	Total food donated	1222	9776
	Adults	758	6064
	Children	464	3712
MAR	Total food donated	1620	12960
	Adults	1004	8032
	Children	616	4928
APR	Total food donated	819	6552
	Adults	508	4064
	Children	311	2488
MAY	Total food donated	1157	9256
	Adults	729	5832
	Children	428	3424
JUN	Total food donated	1125	9000
	Adults	698	5584
	Children	427	3416
TOTAL	Total food donated	15387	132366
	Adults	8995	77926
	Children	6392	54440

Number of Food Parcels Provided per Month





FoodPrint

We continued to run our social supermarket in Sneinton, and we also expanded our service by merging the Peoples Pantry into Foodprint. So we now have two Foodprint stores, one in Sneinton, and another in Radford at the same site as our food bank. Foodprint allows people to buy surplus food at a heavily discounted price. Allowing people on a low income to have the dignity of being able to afford to do a shop, whilst helping to reduce food waste. We have a full-time member of staff who is employed for the Sneinton Foodprint store and a part-time worker at the Radford Foodprint (within the Himmah warehouse).

Since the Radford Foodprint store was opened in September 2022, monthly sales have more than doubled from £959.36 to £2072.30 in May 2023. Additionally the number of customers served has also steadily increased from 36 per week in September 2022, to 86 per week in May 2023. In our Sneinton store we have maintained the levels of sales fairly consistently, and we continue to serve around 300 customers a week. Since September of this financial year the

Sneinton store has made up around 87% of the total sales, with the Radford branch making up the remaining 13%.

We have also gained funding from Public Health Nottingham to open a new shop in Bulwell (or a similar area with high levels of food poverty with poor access to fresh produce). Whilst we have not yet identified a suitable premise for this expansion it is something that we aim to conclude during the next financial year, so that we can expand the good work Foodprint does and help as many people as possible.



Casestudy 1:

John is a middle-aged man and a single father, who often struggles to make ends meet while raising his two young children. As a minimum-wage earner, he often finds it challenging to provide balanced and nutritious meals for his family and has had to rely on food banks in the past. And in most supermarkets, healthier food options are simply too expensive for John to use, which he has told us leaves him feeling increasingly stressed and concerned about his children's well-being.

By becoming a regular customer at Foodprint, John noticed significant improvements in his life. With Foodprint's focus on healthy food options, John has been able to make more nutritious choices for his family. This has allowed John to provide his children with the nutrition they need to maintain a healthy and balanced diet.

John often says how using Foodprint has made a massive difference to him and his children's lives. It has meant he no longer has to rely on food banks. This he says affords him greater dignity in his life – as he can choose which food he wishes to purchase, rather than being given the same food every week that would be the case if he was still reliant on food parcels.

Casestudy 2:

Laura is a young woman who leads a hectic life balancing various cleaning jobs across the city (microjobs). In addition to her busy schedule, Laura faced the daily challenge of managing several allergies, making it difficult for her to rely on food banks for support as they often provide little or no choice in the food they supply.

Fortunately, Laura found out about Foodprint, which she says has significantly improved her life. As she can purchase food that meets her dietary requirements at a reduced rate helping her manage on her limited budget. Moreover, prior to utilizing Foodprint, Laura's allergies often restricted her food choices, leading to an imbalanced diet. With Foodprint's array of nutritious alternatives, she can now maintain a well-rounded and healthy diet, positively impacting her overall well-being.

Laura has also benefited from Foodprint's increased opening hours, opening on Tuesdays and Thursdays has given Laura the opportunity to come to the store more frequently. Laura works on zero-hour contracts, which often means she cannot plan in advance when she will be able to shop.



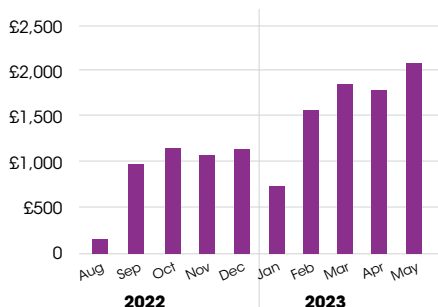
“

I would like to thank Nadeem for making me feel so welcome and allowing me to be senior cardboard manager for the day, what a privilege! Credit also to go to the business Metropolitan Thames Valley Housing (MTVH) in allowing employees to get out into their local community and connect with people who they would not normally cross paths with. It may only be a few hours, but I started to understand some of the hardships, through food poverty, that exists not so far from my front door, it was a real eye-opener. Again, thanks to Nadeem and the team at Foodprint. I will not hesitate to come again.

- Volunteer

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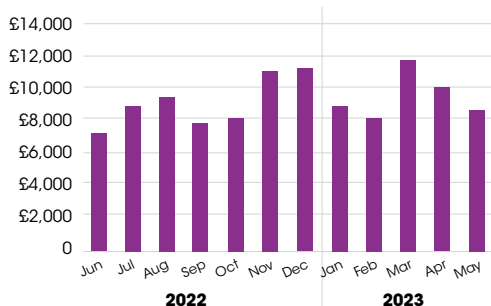
Sales (Radford Store)



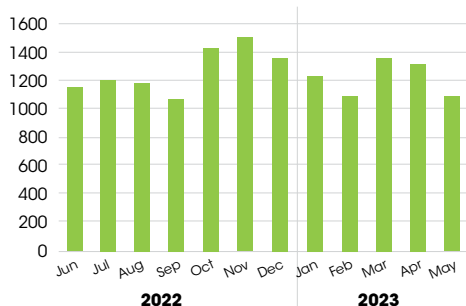
No. of Sales (Radford Store)



Sales (Sneinton Store)



No. of Sales (Sneinton Store)



FoodPrint on Wheels

Over the last year we have continued to run our weekly Foodprint on Wheels service (the mobile version of our Foodprint shops). Once a week the van is taken to a social housing estate in St Anns, where residents often struggle to purchase food due to the estate being on a steep hill; and of the two local shops are either unaffordable for people on low incomes, or specialises in frozen food only (and often highly processed foods). This means the local residents are not able to access the fresh fruit and vegetables necessary to maintain a healthy diet, which is where FoodPrint on Wheels comes in. MTVH have continued to support us by paying the vehicle running costs and the staff salary to coordinate the project. We serve around 30 customers a week, with an average spend of £5.89. FoodPrint on Wheels therefore provides local resident the opportunity to buy fresh produce at an affordable price, and also reducing the carrying of heavy produce that compounds the effects of food poverty in this neighbourhood.



Gardening & Guerrilla Gardening in Nottingham!!!

This year we started a new project based around the idea of community gardening with our partner, the Whitemoor Garden Project. In February Himmah's project manager Elliot, as well as Paul from the Whitemoor Garden Project, began work on a small derelict patch of land around the corner from our food bank. They (along with the help of regular volunteers) held weekly sessions where they made the land suitable for growing, as well as painting a colourful mural to raise awareness and add colour to the busy street corner. They have been able to plant a range of vegetables and herbs, including courgettes, tomatoes, beans, salad leaves, beetroot, callaloo, thyme and more. We have more plans for this space and encourage

people to come and harvest what they need, anytime of day or night but also encourage volunteers, schools and youth groups to get involved in learning about gardening. We even built a weeny library, which is regularly stocked up from donations we receive.

We have also taken over an allotment at the Sherwin Road Community Garden. With the help of some of our regular food bank volunteers, we were able to clear the overgrowing weeds and begin to plant vegetables which we have distributed through the food bank. The project has since been supported by weekly volunteer sessions led by Nottingham City General Practice Alliance (health service).



School Breakfast Clubs

Every Monday during term time we deliver 72 loaves of bread to different schools in the city for their breakfast clubs. The bread is kindly donated from Hovis, and it is given to one school in the Lenton area, and to three schools in St Anns. All of the schools we supply bread to have a higher-than-average percentage of children on free school meals. This project was started by

Foodprint, and we have continued it since we took over Foodprint in the last financial year. The breakfast clubs we support currently help 125 children, who may otherwise go hungry without this provision. It is well known that children cannot learn as well if they are hungry so this support is vital to these children achieving the best educational outcomes possible.

Social Justice Awards Dinner

In December 2022 we held Himmah's first Social Justice Awards Dinner, which brought around 300 people together for an evening of fundraising and celebrating the good work that is done not only by Himmah, but by others in Nottingham. It

was a moving and inspiring evening that brought everyone together – and we look forward to expanding the event and making it even bigger and better in 2023 and beyond.

Solidarity Fast

We organised a solidarity fast during Ramadan 2023 which recruited volunteers, local city councillors and partner organisations who joined staff in a one day's fast, to understand both what Ramadan entails but also the suffering of people around the world who live without sufficient food on a daily basis. This act brought awareness of food poverty to the fore as well as raising some vital funds for us through participants collecting sponsorship for their fast. We ended the fast in speakers' corner, which brought together all of

the people who had fasted for the day; in an event which we called 'dates in the square'. The event included speeches by our director Sajid Mohammed, as well as Nottingham City Council leader David Mellon, and there were around 100 people in attendance. We provided a vegetarian meal for all the people who attended the event (whether they fasted or not) and we also handed out the remaining food to local homeless people, supplying them with a much-needed hot meal.



Christmas Hampers

This year we built on our Christmas hamper programme from last year, supplying hampers to children who usually receive free school meals in the term time and would be struggling without access to a cooked meal during the holidays. This year we increased the number of hampers by 76.8% from last year, giving out 1100, which

equates to 8800kg of food. We also provided a toy and a book in each of the hampers. Most of the hampers were made in the warehouse by the same loyal team of staff and volunteers who run the food bank, making this period a stressful (due to the volume of hampers prepared and distributed) but also a very rewarding time.

SaSH

We continue to work with the SaSH project which serves 150 meals per week. Although the hot meals kitchen was initially set up as a social eating project and to end isolation and loneliness, it is seeing a change in demographics during the current cost of living crisis, with more people hungry such as people experiencing homelessness and therefore without the basics needed in life. SaSH was built on the principles

of humanity and building bridges between religious groups as a partnership between Himmah and the Jewish Liberal Synagogue. It has been serving food to the community for over 8 years and continues to grow and sees regular and new guests. Himmah is looking to support further hot meal provision in Nottingham and are working with other providers to establish similar projects.

School Uniform Project

The Uniform Project has grown from a project a local mum started and was operating from her home, however during this year we offered space for the Uniform Project to be based within the Himmah warehouse in Radford. Volunteers collect and clean donated uniforms (from around 30 different schools) for the project and then families who are struggling can come in to collect their uniform that has been put together to meet the needs of each child (in terms of sizes, preferred individual pieces of uniform e.g.

choosing cardigan or jumper, skirts or trousers etc). Most referrals come through social media channels or our email/messenger service and we then let families know when their parcel is ready for collection – either at Himmah or one of our distribution points around the city. People will offer a financial contribution if they are able to, but there is no obligation to donate. These uniforms would ordinarily go to landfill due simply to children outgrowing uniform often very quickly!

Nottingham Citizens

Himmah has maintained our membership of Nottingham Citizens during this year. We were one of the founding members of this alliance, which aims to develop and organise people to challenge systems and structures that need improving, in order to enable everyone to have the best opportunities in life. As a founding member we maintain our commitment to having one of our members of staff or volunteers

involved in the leadership team of Nottingham Citizens and during this year, our Partnerships Coordinator Elliot Farnsworth has joined the leadership group. We have continued to support different campaigns, specifically the fair work campaign, which also links to our own accreditation through the living wage foundation.

Living Wage Foundation

Himmah has continued our commitment to being a Living Wage Foundation employer, which means we pay all staff, irrespective of age the full living wage, which is agreed by the Living Wage Foundation and is usually around £1-£1.50 an hour more than the government mandated “living wage”. We are proud of our commitment to this, to ensure that our staff

team are paid sufficiently so they do not need to also rely on welfare benefits such as Universal Credit to support their living costs. We also contribute to Living Wage campaigns that are held in Nottingham to try to promote take up of this commitment to staff pay by other local employers.

Financial Statement

For The Year Ended 30th June 2023

The trustees present their report and accounts for the year ended 30th June 2023. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 Issues in 2014.

Independent Examiner's Report To The Trustees

I report on the accounts of the charity, which are set out on page 17 & 18.

Respective responsibilities of trustees and Examiner

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and
3. State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees

concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
 - to keep accounting records in accordance with section 130 of the 2011 Act and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QaziArshad

Qazi Naveed Arshad

FIAB, MA, For & on behalf of Solutions Accountants & Financial Services Ltd.
149 Radford Road Nottingham NG7 5EH
Date: 18th Apr 2023

Income and Expenditure Account

For The Year Ended 30th June 2023

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
Income and Endowments from					
Grants		6,600	144,411	151,011	78,188
Charitable Activities		92,599	-	92,599	-
Donations and Legacies		140,037	2,367	142,404	182,713
GiffAid		4,796	-	4,796	898
Zakat		2,367	-	2,367	14,445
General		56,406	-	56,406	7,000
Total Incoming Resources		302,805	146,778	449,583	283,245
Expenditure on:					
Charitable activities	1	51,093	118,760	169,853	64,881
Costs of charitable activities	2	278,945	49,578	328,523	168,926
Governance costs	3	1,250		1,250	1,025
Total Expenditure		331,288	168,337	499,625	234,832
Net (Expenditure)		(28,483)	(21,559)	(50,042)	48,412
Investment (deficits)/surpluses		-	-	-	-
Net Movement in funds before Transfers					
Gross Transfers between funds					
Net (Expenditure of the year)		(28,483)	(21,559)	(50,042)	48,412
Total funds brought forward (FY-2022)		85,772	26,515	112,287	63,874
Total funds carried forward		57,289	4,956	62,245	112,287

Balance Sheet

	Note	£	2023 £	2022 £
Fixed Assets				
Fixture & fittings			4,843	5,244
Office Equipment			728	774
Current Assets				
Other Debtors	4		7,317	-
Bank			54,953	110,381
Petty Cash			56	140
Total Assets			67,895	116,539
Creditors: Amounts Falling due within one year	5		5,650	4,252
Net current Assets			62,245	112,287
Total Assets less current liabilities			62,245	112,287
<u>FUNDS</u>				
Accumulated Surplus Account	6		62,245	112,287
TOTAL FUNDS			62,245	112,287

Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

The Trustees acknowledge their responsibilities for:

1. complying the with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2011, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

Trustee

Mr. Shoaib Khan

The notes on page 20 form part of this financial statement.

Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2023

Accounting Policies

1 Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014(as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

Tax status

Himmah has a charitable status hence do not attract any Taxes

Receipts

Income comprises of restricted and un-restricted donations, Grants.

Funds structure

The charity has restricted and unrestricted funds. Restricted funds are categorised as restricted based on the donors' restrictions on the projects for which they must be used.

Average Number of employee

Sixteen paid employees and 84 volunteers has been employed during the financial year.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.

Income recognition

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

Expenditures

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It represents both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them,
- including the accountancy fees and costs linked to the strategic management of the charity.

Notes				
Net incoming resources				
Net incoming resources are stated after charging:				
			2023	2022
1 Charitable Activities	Unrestricted	Restricted	Total	Total
1.1 Charitable Assistance			-	-
1.2 Food and Drinks	51,093	118,760	169,853	64,881
1.3 Events and Activities	-	-	-	-
	51,093	118,760	169,853	64,881
2 Costs of charitable activities	Unrestricted	Restricted	Total	Total
Office and general expenses	1,077.93	-	1,078	1,306
Rent and Rates	14,089.33	2,540	16,629	12,569
Advertising and Promotion	22,654	-	22,654	5,372
Packaging	6,151.61	-	6,152	3,909
Room Hire	225.00	1,800	2,025	-
Dues and Subscriptions	5,915.53	-	5,916	515
Insurance	1,335	-	1,335	-
Salaries	155,662.84	23,395	179,058	35,735
Sub Contract Cost	32,108.15	4,800	36,908	66,648
Depreciation: Fixed Assets	448	-	448	496
Repairs and Maintenance	1,457.18	-	1,457	5,729
Trade Waste	4,035.73	-	4,036	2,796
website	762	-	762	539
Professional Fee	6,164.29	2,250	8,414	4,905
Donation Fee / Crisis Grants	-	13,955	13,955	180
Utilities	6,450	800	7,250	8,420
Volunteer Expenses	100	37	137	394
Telephone and Internet	1,157.88	-	1,158	964
Travel and Accommodation	1,542	-	1,542	1,179
Printing, Postage and Stationary	1,053.26	-	1,053	1,369
Miscellaneous Expense	4,143	-	4,143	2,952
Equipment Rentals	12,411.37	-	12,411	12,949
	278,945	49,578	328,523	168,926
3 Governanc cost				
Professional & Accountancy	1,250		1,250	1,025
	1,250	-	1,250	1,025

3A FIXED ASSETS				
COST or VALUATION	£ Fridges	£ Office Equipment	£ Fixture & Fitting	£ Total
B/F	960	848	4,884	6,692
Addition				-
Disposal				-
At 30/06/2022	960	848	4,884	6,692
Depreciation				
Accumulated	238	74	362	674
Charge for the year	130	46	271	448
On Disposals	-			
At 30/06/2022	368	120	633	1,122
Net Book Value				
Closing Balance	592	728	4,251	5,570
Opening Balance	722	774	4,522	6,018

- 4 This is made up from the school uniform project (who owed us money for wages we paid to their staff), Metropolitan Thames Valley Housing (who owed us money for a service we delivered in partnership with them) and Green Hustle C.I.C. (who owed us money for providing food at their festival)

Notes	2023	2022
Long term Liabilities		
Opening Balance	-	-
	-	-
Closing Balance	-	-
5 Current Liabilities		
Accounts Payable	4,400	3,227
Payroll Liabilities	-	-
Accruals	-	-
Accountancy	1,250	1,025
	5,650	4,252
6 Restricted funds		
Deficit/Surplus 30/06/2022	26,515	38,379
Excess of income over expenditure	(21,559)	(11,863)
Balance	4,956	26,515
Unrestricted Funds		
Deficit/Surplus 30/06/2022	85,772	25,496
Excess of income over expenditure	(28,483)	60,276
Balance	57,289	85,772



grassroot community action

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