



HIMMAH.ORG

grassroot community action

ANNUAL REPORT AND ACCOUNTS

2021 - 22

Registered Charity - 1161021

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Chairs Foreword

On behalf of the board of Trustees, I am grateful to be able to present Himmah's Annual Report, which details the activities we have engaged in to support our community over 2021-2022.

Despite coming out of the pandemic, this reporting period covers a time in which global factors such as and energy insecurity began filtering through into the prices of staple food items, impacting even more families and vulnerable individuals. As you will see in this report, our work to tackle food poverty has greatly accelerated to meet this demand and this report sets out how the team had to ramp up services and be more flexible to the most vulnerable residents in our neighbourhoods. This has only been possible by an increase in the number and the commitment of volunteers from our community and I am proud of the way everyone has chipped in to meet the increase in demand despite such an enormous challenge.

This year we were also able to work even more innovatively and diversify the service offering further to support local people suffering from food poverty. With the acquisition of a 'social supermarket' in Sneinton; Foodprint, Himmah was able to provide access to affordable food and groceries to those in need for a heavily subsidised price for low income individuals. Foodprint was acquired as a 'turnkey' service, complete with a shop floor and vans to funding by housing partners helping us to serve communities in fresh-food 'deserts' around the city. This new service increases the scope and size of our operations, allowing us to reach more people in need, particularly in the south of the city and I am particularly pleased that this foothold also allows us to package this support with other services, such as referrals to professional debt advice, credit unions and wellbeing support for those that have been left disadvantaged by life events which you can read about below. As the cost-of-living crises gripped communities, we also diversified from food to support initiatives to provide other basic necessities such as school uniform, hygiene items and books and toys at Christmas.

As always, my thanks must go out to our partners and volunteers that worked with us over the reporting year. You strengthen my faith that

Nottingham is a special city, in which there exists extraordinary people and extraordinary organisations. You are doing heroic work on a daily basis to support the most impoverished members of our society and I commend you for it.

I would also like to thank our donors and funders, whether you gave openly or discretely, whether you gave a single item of food or funded a whole programme of work. Every donation has the potential to contribute to a life-changing impact for someone in our community.

Finally, I would like to thank the dedicated staff at Himmah; including Director Sajid Mohammed, who continues to drive the organisation despite the complexity of challenges and Caron Boulghassoul, who helps us grow and build our capacity to assist ever-increasing numbers of vulnerable residents in our city through institutional fundraising.

Unfortunately, as I write this foreword I am conscious that we have just navigated our most recent 'winter of discontent' and have not yet fully counted the inflationary costs of increased energy, interest-rates, food and other basic necessities on the impact of these factors on peoples' lives. There will have been no let-up in the number of citizens needing our support and our next report will likely demonstrate even more harrowing figures about the number of individuals and families needing support in our city. We will continue to work together with all of our stakeholders – volunteers, funders, donors and staff – to protect our neighbours from the harms of food poverty and social injustice, through practical support and campaigning, with the hope that we can shape the world, or Nottingham at least, into a better place.



Shoaib Khan
Chair

Reference and Administrative Details

Trustees	Mr. Shoaib Khan - Chair Ms. Ferzana Shan - Trustee Mr. Ifrikhar Ahmed - Trustee Mr. Isa Truchet - Trustee
Senior Management Team	Sajid Mohammed (Director) Caron Boulghassoul (Head of Resources) Shoana Qureshi-Khan (Deputy Director) Jagdish Patel (Art & Research)
Registered Office	Unit 2 Forest Court Gamble Street Nottingham NG7 4EX
Charity Registration Number	1161021
Bankers	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
Independent Examiners Solutions Accountants & Financial Services Ltd	209 Radford Road Nottingham NG7 5GT www.solutionsaccountants.co.uk



Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, FoodPrint (social supermarkets), hate crime awareness & reporting, and heritage/educational projects. We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning. We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working. Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive,

educated and prosperous communities, whilst ensuring that people don't fall through the cracks in terms of welfare provision.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods. Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.



Food Bank

Himmah's Food Bank is now regarded as the largest independent Food Bank in Nottingham. We have for the last 2 years maintained our commitment to providing 7 day's worth of food for each person in a household, to ensure no one need go hungry in Nottingham.

Our service users needs vary considerably from people who are too unwell to work, disabled, pensioners, vulnerable and isolated, homeless and women & children in shelters having escaped domestic abuse. We have also noted a rise in families that have at least one adult in work, which to us demonstrates that the work & welfare systems are failing families currently.

We also provide Halal and Caribbean food parcels and currently around 40% of our food distribution is to BAME communities. We are also proud that we continue to serve people with our free food parcels where their financial situation cannot really be rectified quickly – such as people with no recourse to public funds who can only resolve their situation by submitting fresh claims for asylum or other immigration challenges they face.

Our food bank has grown in the last 12 months from a low of 90 food parcels in August 2021 through to 1278 in February 2022. Our distribution of food parcels is done through direct referrals from our established referral partners (around 50 organisations) but also through more localised food banks such as Phoenix in Chilwell and Bilborough Food Bank. We would also love to support other organisations through the distribution of food aid, when our stocks are sufficient to enable us to meet all demand.

Our Food Bank has two project coordinators that oversee partnerships and beneficiaries, logistics and operations as well as volunteer coordination and management. Since the winter period food parcels on average have grown from their

previous winter by 100% - therefore reflecting our increased expenditure as we have to source food from a variety of partners as the volumes of food we distribute continuously increased over the year.

We also partner with other organisations such as the hygiene bank (toiletries and sanitary items), the baby bank which helps families with babies and food as well as more recently pet food organisations. We have also begun working with the National Literacy Trust, and through this help families with access to educational tools including stationary, colouring books, childrens and adults reading books. We have a bookcase with books that can be used whilst people wait in reception or take home to read and return the next time they visit Himmah.

The Food Bank on average needs about two to five volunteers a day depending on deliveries and volume of parcels needed. These volunteers will support with making food parcels, overseeing beneficiaries in reception, through to delivering food parcels to people who cannot collect, and supporting our fundraising efforts and research into food poverty. We have also had an increase in corporate social responsibility from larger businesses (such as volunteering days) and then some businesses are also supporting us with regular volunteering from staff.

The Food Bank works closely with allotments such as Whitemoor Allotments and they have provided us with bags of fresh fruit and vegetables which are grown locally and then distributed in food parcels. During the course

of this year, we also started having Himmah volunteers and a staff member attend weekly to help to grow the fruit and vegetables that are distributed in our food parcels.

The Food Bank also works with a local Muslim Scouts group to help in providing opportunities for them to complete the Duke of Edinburgh award. The children involved are placed in local charities such as Himmah to provide an opportunity to support local charities and serve their community. The skills developed include

teamwork, building confidence and self-esteem, communication and planning skills. The team visit each Tuesday evening (term time) and together build between 100 and 200 parcels by setting up and managing a production line. As these young people are all from BAME communities, we see this initiative as a core means to build their leadership skills which will help with their employability in the future. Furthermore, we are working with a global business to look at a leadership development plan for the Muslim Scouts group.

Casestudy 1:

Craig is a local white British man who visits the foodbank to collect parcels on behalf of his sister, whom for years has suffered with alcohol problems and was in between waiting for benefits to come through. In recent weeks she had no income and he had found her eating pet food to survive. He said "the last four weeks of food parcels had help stabilise her, had given her enough food to survive, but had also helped give her balanced meals" he's noticed a difference in his sister's overall health and wellbeing improve because she had enough suitable food.

Casestudy 2:

Liv is an African female, she lives in a hotel at the moment and has fled domestic abuse. She has a young child under 2 years old, and has nowhere to go apart from the temporary accommodation which she is finding isolating. We have provided her with minimal cooking items for her hotel room, which are culturally appropriate. She knows although she has no fixed abode, we are a safety net in between her moves and whilst she has no recourse to public funding and works to resolve this status which limits her ability to cope financially.

Casestudy 3:

Samina is a Pakistani female, has recently moved into her own flat after spending several months in temporary hotel accommodation. She had been moving around with 2 teenage girls from Nottingham city, to the outskirts, to places like Mansfield and Derbyshire. She left her husband after several years of marriage as she felt she was imprisoned and abused daily. She made the decision to leave when her daughter was being affected by the domestic abuse. Himmah provided her with several weeks of food, delivered to various locations and provided her with Zakat funds to support her to purchase necessary essentials. Samina described the provision as a 'gift from God' she was immensely grateful and said we enabled her to survive and feel safer.

2021

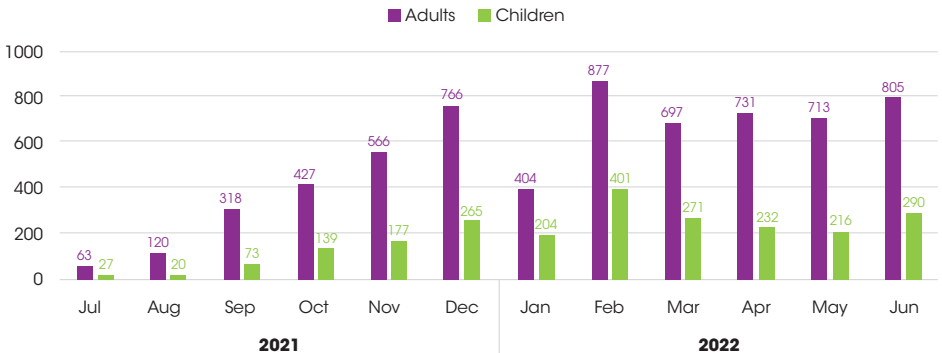
		Parcels	KG
JUL	Total food donated	90	750
	Adults	63	525
	Children	27	225
AUG	Total food donated	140	1256
	Adults	120	1077
	Children	20	179
SEP	Total food donated	391	3742
	Adults	318	3043
	Children	73	699
OCT	Total food donated	566	5076
	Adults	427	3829
	Children	139	1247
NOV	Total food donated	743	7058
	Adults	566	5377
	Children	177	1681
DEC	Total food donated	1031	9420
	Adults	766	6999
	Children	265	2421

2022

		Parcels	KG
JAN	Total food donated	608	5648
	Adults	404	3753
	Children	204	1895
FEB	Total food donated	1278	11872
	Adults	877	8147
	Children	401	3725
MAR	Total food donated	968	8992
	Adults	697	6475
	Children	271	2517
APR	Total food donated	963	8946
	Adults	731	6791
	Children	232	2155
MAY	Total food donated	929	8630
	Adults	713	6623
	Children	216	2007
JUN	Total food donated	1095	10172
	Adults	805	7478
	Children	290	2694

Food Parcels Total	8802
KGs total	81562

Number of Food Parcels Provided per Month





“

I come to Himmah to help improve my English, I lived in Germany as an asylum seeker and helped at charities there. I like to help others and I find Himmah a place of peace.

- Amir, Volunteer

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“

I came to Himmah through my Maximus worker. She knew I had done some work in the past in warehouses, but I suffer ill-health, so she encouraged me to start going to Himmah to volunteer. I wanted to learn about the warehouse again and really enjoy all the tasks I get involved in. Everyone here is so welcoming

- Kevin, Volunteer

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“

I am a student at the University of Nottingham and am new to the city. I wanted to try and help my community and get to know people to integrate within the society.

- Soliman, Volunteer

”

“

As a referral partner for Himmah, I have seen first-hand the positive impact that their services have on the community, particularly in providing much-needed food assistance to those who are struggling. Through my referrals to Himmah, I have been able to connect individuals in need with the resources they require to ensure that they and their families do not go hungry. Witnessing the positive changes in the lives of those I have referred to Himmah has been an incredibly rewarding experience

- Fawad Mousawi, Partner - Refugee Support Worker, Refugee Roots

”

“

Himmah has provided food parcels for us since we set up Community Food Parcels. We add a Himmah food box to every food parcel we distribute, which has meant so much to us and the wider community. As an independent foodbank, we heavily rely on Himmah and they have never failed to provide. In fact quite the opposite! We have approached Himmah twice now and asked them to increase the amount of food boxes they offer, due to the increase in demand coming through to us, and each time Himmah have been so generous and upped the amount given. We are so proud and privileged to work alongside Himmah. Not only have Himmah provided food boxes, they have also provided advice and support, which has helped us tremendously.

- Bex and Tony, Partner - Community Food Parcels

”

“

I find (Himmah) foodbank staff/volunteers are helpful and dedicated to supporting people in need of emergency food. The referral form is straight forward and quick to do, and I have found there is never really any problems from this. The need for emergency food help is a significant problem and demand has grown dramatically over the years, this past year even more. We are listening to citizens who call our service, who have to choose between having fuel or food, they can't afford both. Therefore, without Himmah's foodbank, they would go hungry. Working together with Himmah enables us to refer citizens who contact us for help, and offer prompt emergency food. This helps them immensely.

- Debby Brown, Parter - Welfare Rights, Nottingham City Council

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FoodPrint (Social Supermarkets) – Renamed from The Peoples Pantry

During this financial year, we continued to develop our provision to support people move out of food poverty and start to manage their income to reduce dependence on food banks and other charities. FoodPrint is the new name for this initiative following Himmah acquiring a FoodPrint store which students from the University of Nottingham had developed to provide them with real life entrepreneurial experience. The FoodPrint store in Sneinton came to Himmah during March 2022 – therefore we had little over 3 months during this financial year of managing this new endeavour.

As well as taking over the management and operations, we also gained the use of 2 vans that the students were leasing from Nottingham City Council – which proved essential to enabling us to be able to buy in provisions as we have struggled to manage our stock levels over this year.

The aim of this initiative is to help individuals and families to be able to manage on a very small income and enable them to not have to use our foodbank (which remains free for people who cannot afford the heavily subsidized stock we sell in Foodprint).

Casestudy 1:

Mary is a woman in her 60's who lives in Sneinton. She is also responsible for caring for her mother and her friend's male widow, neither of whom live with her. She has a gluten allergy, which adds to the challenge of feeding herself and those she cares for.

Fortunately, Mary found out about Foodprint, a social supermarket that provides access to affordable food and groceries to those in need. Mary was able to access fresh produce, meat, dairy products, frozen foods and other grocery items at much lower prices than she would have been able to find elsewhere. This allowed her to provide nutritious meals for herself and those she cares for without breaking the bank.

Foodprint also offers additional services like nutrition advice and cooking classes that help customers make the most of their food budget. Mary has taken advantage of these services to learn about healthy recipes that fit into her dietary restrictions as well as tips on how to stretch her budget further.

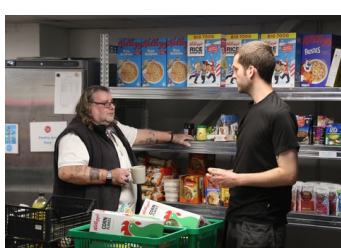
Mary often speaks about how grateful she is for Foodprint's help in providing meals for her family at an affordable price. She is particularly thankful for the availability of gluten-free bread at Foodprint, which she says is hard to find and usually very expensive. With Foodprint, she can buy the bread she needs without worrying about the cost.

Mary believes that Foodprint has made a huge difference in her life, both financially and nutritionally. She is thankful for the help it has provided her and those she cares for and hopes that more people will be able to benefit from its services in the future.

Casestudy 2:

Eileen is a retired woman living in Bulwell, Nottinghamshire. She is a regular user of Foodprint, a social supermarket based in Sneinton. Eileen relies on Foodprint to help her make ends meet on her limited pension income. To get to Foodprint, Eileen has to take two buses from Bulwell to Sneinton. As the store opens at 9am on a Saturday, Eileen has to ensure she gets there early so that she can get the best selection of food available. To do this, Eileen makes sure she leaves for the store at least an hour before it opens.

Once at Foodprint, Eileen is able to select from a variety of fresh and frozen items at discounted prices. As well as helping her save money on groceries, Eileen also finds that shopping at Foodprint helps her to stay connected with other local people in her community. Eileen's experience shows how valuable social supermarkets can be for retired people living on limited incomes. By providing access to affordable food and creating a sense of community for their customers, these stores can help older people stay connected with their local communities.



FoodPrint on Wheels

During the year we took over the FoodPrint store, we also took over the running of 2 vans one of which was purposefully kitted out to be a mobile fresh produce shop. This initiative was started by students and continued by Himmah where we now have a staff member take the van to a housing estate that is a food food desert. Since taking over the project, Metrolitan Thames Valley Housing have supported us by paying the vehicle running costs and the staff salary to

coordinate the project. The area of housing we currently work in has a steep hill and lacks any food shops for fresh produce, and with many households in the area not owning a vehicle it makes it very hard to buy fresh food due to the walk home with heavy bags. Thankfully we are now well known in the area and have a very busy Friday morning out on the estate each week.

Hot Meals – Salaam Shalom Kitchen (SaSH)

We continue to work with the SaSH project which serves 140 meals per week and also gives out a bag of basic food items for everyone who visits each week. Although the hot meals kitchen was initially set up as a social eating project and to end isolation and loneliness, it is seeing a change in demographics, with more people hungry such as people experiencing homelessness and therefore without the basics needed in life.

SaSH was built on the principles of humanity and building bridges between religious groups as a partnership between Himmah and the Jewish Liberal Synagogue. It has been serving food to the community for over 7 years and continues to grow and sees regular and new guests. Himmah is looking to support further hot meal provision in Nottingham and are working with other providers to establish similar projects.



Cooking Classes

During this year we started a project of cooking classes that were funded by the Canal & River Trust as a pilot aspect of green social prescribing (where people with health problems are referred to projects to help them to build skills and connections in the community and therefore reduce the impact of poor mental well-being).

They have been running for several months during this year and we have seen transformational outcomes for the individuals involved. The concept behind them is to teach people how to break themselves out of poverty including health inequalities. We are looking at developing life skills where people can cook with low-cost foods and turn them into nutritional, well balanced, sustainable and filling meals (most of the ingredients are given in our food parcels or can be bought through one of the FoodPrint stores).

We observed that during the classes, the participants were commenting about that being the first time that week of having a hot meal. We have between 6 and 8 people attend each session and the cohorts would have 10 weeks together for the course to be completed. The sessions start from basic cooking skills including peeling an onion, understanding vegetables, the types of vegetables, from seasonal to surplus varieties. 40% all those using this service were Food Bank users and had very minimal cooking skills/experience. The age range of the people using the cooking classes were between 26 and majority are from white British communities and living in deprived areas of Nottingham.



Nottingham Citizens

Himmah has maintained our membership of Nottingham Citizens during this year. We were one of the founding members of this alliance, which aims to develop and organise people to challenge systems and structures that need improving, in order to enable everyone to have the best opportunities in life. As a founding member we maintain our commitment to having one of our members of staff or volunteers involved in the leadership team of Nottingham Citizens and during this year, Marvin Gee handed over the reins to Shoana Qureshi-Khan. We have continued to support different campaigns, specifically the fair work campaign, which also links to our own accreditation through the living wage foundation. We supported efforts to win a

commitment to the living wage being paid to all employees of Nottinghamshire Healthcare, which is a substantial win for all their employees who will benefit from having the minimum wage increased to the real living wage.



Solidarity Fast

We organised a solidarity fast during Ramadan 2022 which recruited volunteers, local city councillors and partner organisations in supporting staff members who undertook one day's fast, to understand both what Ramadan entails but also the suffering of people around the world who live without sufficient food on a daily basis. This act brought awareness of food poverty to the fore as well as raising some vital funds for us through participants collecting sponsorship for their fast.



Ramadan Iftar's

We partnered with Gain Diaspora and Mojato to provide Ramadan Iftar's throughout the month, whereby each Saturday during the holy month, people were given dates and a hot meal to take away with them. During the month, over 1000 packages of dates and meals were

distributed to the diaspora communities living in Nottingham, helping to lift their spirits during Ramadan – this was especially important at a time when people were struggling with isolation due to covid restrictions.

Christmas Hampers

During the run up to the Christmas holidays, we became aware that many children who usually receive free school meals in the term time would be struggling without access to a cooked meal during the holidays. This year was our first year of coordinating donations, building hampers and distributing them to 11 local schools, and we distributed 622 hampers in total. We are

incredibly grateful to Basford Ward Councillors and Castle Cavendish for funding these hampers and also for support from Small Steps Big Changes and the Arches who contributed gifts for each hamper, as well as Nottingham Girls High School, who collected donations and delivered the hampers to the schools.



Nottingham Trent University (NTU) – Faith Ambassadors

We worked with the team at NTU during Ramadan 2022, whereby members of the Faith Ambassadors team came to Himmah to help build food parcels during Ramadan. We often have staff and volunteers working less hours during the holy month, so having extra people on hand to coordinate our main food poverty work was extremely valuable to us. Our Deputy Director, Shoana also gave a speech at a Martin Luther King Day event where she shared how Martin Luther King started his community organising with soup kitchens and how that resonates with Himmah's anti-poverty work which also focuses on dignity and lifting people up by meeting this basic human need for sustenance. We also work together to promote cohesion across different faith communities – where all faiths do focus so much on supporting people at the margins and those experiencing

hardship. Finally, Himmah was also proud to support a nomination for Clive Foster to achieve an award of MBE for his extremely impactful work on supporting local people affected by the hostile environment who came to the UK during the Windrush era.



The Uniform Project (Nottingham) Ltd

The Uniform Project has grown from a project a local mum started and was operating from her home, however during this year we offered space for the Uniform Project to be based within the Himmah warehouse in Radford. Volunteers collect and clean donated uniforms (from around 25 different schools) for the project and then families who are struggling can come in

and choose recycled uniform or even make a request via telephone or email and then collect when convenient for them. People will offer a financial contribution if they are able to, but there is no obligation to donate. These uniforms would ordinarily go to landfill due simply to children outgrowing uniform often very quickly



Living Wage Accreditation

Himmah is very proud that we are awarded the Living Wage Accreditation year on year. We strongly believe that we cannot be an anti-poverty organisation if we are not paying a fair wage for the employees we have and on who we depend. Through our work with Nottingham Citizens, we also encourage our team of staff

and volunteers to get involved in the "Fair Work Team" to campaign for and champion a fair living wage to all people in employment in the city, with a focus on larger organisations who save much money by paying their low paid staff below the poverty line.

Partnership Working

Partnership working has always been central to our organisational ethos and the outbreak of the pandemic proved how important strong partnerships are in a time of crisis. We collaborated with new referral partners over the course of this year so that we could ensure we could reach out to those who were most in need and were particularly vulnerable or isolated. By working in partnership, we can achieve far

more than we can if we work in isolation and Himmah is committed to working with other organisations to tackle poverty together and to help rectify gaps in provision to people in need. We have partnered with many organisations on our various projects, benefitting from partners' expertise and sharing best practise to provide holistic support to our service users.

We would like to thank the following organisations for continuing to work with Himmah to achieve better outcomes for the communities of Nottingham:

Statutory Partners

- DWP
- NHS
- Nottingham City Council

Corporate Supporters

- ASDA
- Capital One
- Morrison's
- Reed in Partnership
- Unite the Union

Academic and Educational Institutions

- Berridge School
- Bluecoat School
- NACRO
- Nottingham Trent University
- Seely Primary School
- University of Nottingham

Arts and Culture

- Bright Ideas Nottingham
- New Art Exchange
- Nottingham Contemporary
- Nottingham Photographers Hub
- Primary

Transportation and Emergency Services

- DG Taxi's
- Nottingham Cars
- Nottingham Stockhill Fire Station
- Primary

Charity, Community and Religion

- Belong Nottingham
- Big Issue
- British Red Cross
- Business in the Community
- Care4Calais
- Castle Cavendish
- Chayah Project
- Disability Direct
- El Shaddai Gospel
- New Ethos Nottingham
- Framework
- Friends of the Punjab
- Gian Diaspora
- Groundworks
- Hope Nottingham
- Improving Lives
- Inner City Care
- Islamic Centre Nottingham
- Metropolitan Housing
- Mixed Foundations
- Mojatu
- Muslim Women's Network
- Nottingham and Nottinghamshire Refugee Forum
- Nottingham Arimathea Trust
- Nottingham Citizens
- Nottingham Law Centre
- Notts Community Housing Association
- Notts Homeless Housing
- Notts Women Centre
- Oxygen Housing
- Peoples Assembly
- Pilgrim Church, The Meadows
- Refugee Roots
- Rene House
- SaSH & the Nottingham Liberal Synagogue
- SFICE Foundation
- Signpost for Polish Success
- Sisters of Noor
- Support for Survivors
- The Bridge Centre, Hyson Green
- The Vine Community Centre
- Thomas Helwys Church, Lenton
- Trinity Church
- Tuntum Housing Association
- Waste Notts
- YMCA

Food and Catering

- Avo Café
- Bombay Nights
- Butt Foods
- Chappati Junction
- Chaudhury catering
- Desi Downtown
- Desi Express
- Khyber pass
- Madni Sweets
- Royal Sweets

Public Benefit Statement

The trustees of Himmah have considered the Charity Commission guidance on public benefit requirements. In the opinion of the trustees, the public benefit arising from Himmah's activities are the prevention and relief of poverty, community development (including developing community leadership and community organising), improving and developing religious and racial harmony and the advancement of

education through heritage & the arts. Himmah focuses its resources on supporting those most in need which is evidenced through referrals received for support from around 50 different partner charities/organisations. The trustees confirm that they have complied with their duty in terms of Section 4 of the Charities Act 2006 to have due regard to the Charity Commissioners guidance on public benefit.

Governance

Himmah's founding document is its constitution (Model Constitution for a Charitable Incorporated Organisation). It is managed by the Board of Trustees, which consists of trustees and others with expertise who may be appointed by the trustees as co-opted members. The Board of Trustees undertakes skills audits and invites others to join the board who it

feels will add value to the decision-making and processes of the charity. The Board of Trustees usually meets every 2-3 months, but additional meetings can be called should urgent business arise. The Senior Management Team are able to request a meeting should urgent business need to be discussed which requires trustees insight and strategic decision on.

Induction of Trustees

All new trustees are invited to meet with the chair to discuss the role and what is expected of them as charity trustees. They are then given an induction pack outlining the roles and responsibilities of being a trustee as well as CC3 - The Essential Trustee - What you Need to Know

and What you Need to Do (Charity Commission). They are invited to attend a trustee meeting as an observer before they are offered the opportunity to become a trustee and can be involved in Himmah's development once their offer has been formally accepted.



Reserves Policy

The trustees consider that there should be always reserves of between 3-6 months fixed and operational costs. This amounts to holding between £70,750-£141,500 at the end of this financial year (relating to this report). As of the end of the financial year, we have not achieved

this level of reserves despite reporting our largest ever end of year surplus, (currently our income is not yet rising in line with our current increased expenditure) whilst income is not yet rising in line with increased expenditure.

Exemptions

Himmah is a registered charity and is exempt from any Corporation or Income Tax.



Statement of Trustees Responsibilities

Company Law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charity at the end of the financial year and of the surplus or deficit for the year then ended. In preparing those financial statements, the trustees are required to select suitable accounting policies, as described on the above page, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Board of Trustees must also prepare the financial statements on the going concern basis

unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any one time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Signed on behalf of the charity's trustees:



Shoab Khan
Chair of Trustees

Independent Examiners Report

The trustees present their report and accounts for the year ended 30th June 2022. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issues in 2014.

Independent Examiner's Report To The Trustees

I report on the accounts of the charity, which are set out on page 20 & 21.

Respective responsibilities of trustees and Examiner

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and
3. State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees

concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
 - to keep accounting records in accordance with section 130 of the 2011 Act and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QaziArshad

Qazi Naveed Arshad

FIAB, MA, For & on behalf of Solutions Accountants & Financial Services Ltd.
149 Radford Road Nottingham NG7 5EH
Date: 18th Apr 2023

Income and Expenditure Account

For The Year Ended 30th June 2022

	Note	Unrestricted funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
Income and Endowments from					
Grants		5,560	72,628	78,188	88,957
Donations and Legacies		180,813	1,900	182,713	55,494
GiftAid		898			
Zakat		14,445	-	14,445	8,286
General			7,000	7,000	1,202
Total Incoming Resources		201,717	81,528	283,245	153,939
Expenditure on:					
Charitable activities	1	20,251	44,630	64,881	25,263
Costs of charitable activities	2	120,165	48,761	168,926	129,056
Governance costs	3	1,025		1,025	635
Total Expenditure		141,441	93,391	234,832	154,954
Net (Expenditure)		60,276	(11,863)	48,412	(1,015)
Investment (deficits)/surpluses		-	-	-	-
Net Movement in funds before Transfers					
Gross Transfers between funds					
Net (Expenditure of the year)		60,276	(11,863)	48,412	(1,015)
Total funds brought forward (FY-2021)		25,496	38,379	63,874	64,889
Total funds carried forward		85,772	26,515	112,287	63,874

Balance Sheet

	Note	£	2022 £	2021 £
Fixed Assets				
Fixture & fittings			5,244	5,691
Office Equipment			774	823
Current Assets				
Other Debtors	4		-	-
Bank			110,381	60,609
Petty Cash			140	95
Total Assets			116,538	67,217
Creditors: Amounts Falling due within one year	5		4,252	3,343
Net current Assets			112,286	63,874
Total Assets less current liabilities			112,286	63,874
<u>FUNDS</u>				
Accumulated Surplus Account	6		112,287	63,874
TOTAL FUNDS			112,287	63,874

Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

The Trustees acknowledge their responsibilities for:

1. Complying the with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2011, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

Trustee

Mr. Shoaib Khan

The notes on page 24 form part of this financial statement.

Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2022

Accounting Policies

1 Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014 (as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011). The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

Tax status

Himmah has a charitable status hence do not attract any Taxes.

Receipts

Income comprises of restricted and un-restricted donations, Grants.

Funds structure

The charity has restricted and unrestricted funds. Restricted funds are categorised as restricted based on the donors' restrictions on the projects for which they must be used.

Average Number of employee

6 paid employees and 84 volunteers have been employed during the financial year.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.

Income recognition

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

Expenditures

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It represents both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them,
- including the accountancy fees and costs linked to the strategic management of the charity.

Notes

Net incoming resources

Net incoming resources
are stated after charging:

	2022			2021
	Unrestricted	Restricted	Total	Total
1 Charitable Activities				
1.1 Charitable Assistance			-	-
1.2 Food and Drinks	20,251.32	44,630	64,881	25,263
1.3 Events and Activities	-	-	-	-
	20,251	44,630	64,881	25,263
2 Costs of charitable activities	Unrestricted	Restricted	Total	Total
Office and general expenses	1,245.92	60	1,306	694
Rent and Rates	9,888.07	2,681	12,569	19,156
Advertising and Promotion	5,222	150	5,372	3,025
Packaging	3,909.40	-	3,909	3,550
Computer			-	308
Dues and Subscriptions	514.64	-	515	652
Insurance			-	374
Salaries	22,892.92	12,842	35,735	11,316
Sub Contract Cost	42,535.32	24,113	66,648	61,944
Depreciation: Fixed Assets	496		496	155
Repairs and Maintenance	5,729.06	-	5,729	6,328
Trade Waste	2,796.04	-	2,796	865
Website	539	-	539	2,419
Professional Fee	2,904.77	2,000	4,905	1,681
Donation Fee / Crisis Grants	180	-	180	3,753
Utilities	8,420	-	8,420	6,184
Volunteer Expenses	354	40	394	653
Telephone and Internet	963.83	-	964	395
Travel and Accommodation	1,179	-	1,179	10
Printing, Postage and Stationary	1,162.26	207	1,369	2,257
Miscellaneous Expense	2,591	361	2,952	866
Equipment Rentals	6,641.99	6,307	12,949	2,471
	120,165	48,761	168,926	129,056
3 Governance cost				
Professional & Accountancy	1,025		1,025	635
	1,025	-	1,025	635

3A FIXED ASSETS

	£	£	£	£
COST or VALUATION	Fridges	Office Equipment	Fixture & Fitting	Total
B/F	960	848	4,884	6,692
Addition				-
Disposal				-
At 30/06/2022	960	848	4,884	6,692
Depreciation				
Accumulated	80	25	73	178
Charge for the year	158	49	289	496
On Disposals	-			
At 30/06/2022	238	74	362	674
Net Book Value				
Closing Balance	722	774	4,522	6,018
Opening Balance	880	823	4,811	6,514

Notes	2022	2021
4 Long term Liabilities		
Opening Balance	-	-
	-	-
Closing Balance	-	-
5 Current Liabilities		
Accounts Payable	3,227	2,708
Payroll Liabilities	-	-
Accruals	-	-
Accountancy	1,025	635
	4,252	3,343
6 Restricted funds		
Deficit/Surplus 30/06/2021	38,379	18,931
Excess of income over expenditure	(11,863)	19,448
Balance	26,515	38,379
Unrestricted Funds		
Deficit/Surplus 30/06/2021	25,496	45,958
Excess of income over expenditure	60,276	(20,462)
Balance	85,772	25,496



grassroot community action

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