

# HIMMAH

England & Wales · Charity number 1161021

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2015-03-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.himmah.org](http://www.himmah.org)

## Activities

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**Objects:** 1. TO PREVENT AND RELIEVE POVERTY IN NOTTINGHAM AND ALL OVER THE UK, HELPING PEOPLE WHO LIVE IN POVERTY BY SUPPLYING THEM WITH FOOD THROUGH THE MEANS A FOOD BANK.2. TO ADVANCE EDUCATION BY PROVIDING LANGUAGE CLASSES SUCH AS ENGLISH, ARABIC AND URDU IN NOTTINGHAM AND ALL OVER THE UK TO THOSE WHO ARE LACKING COMPREHENSION IN THESE LANGUAGES BY PROVIDING REGULAR CLASSES IN THESE DISCIPLINES.3. TO ADVANCE THE ELIMINATION OF DISCRIMINATION ON THE GROUNDS OF RACE OR RELIGION IN NOTTINGHAM AND ALL OVER THE UK, HELPING THOSE WHO ARE DISCRIMINATED AGAINST BY CARRYING OUT RESEARCH WHICH WILL AID UNDERSTANDING OF DIFFERENT RACES AND RELIGIONS.4. TO DEVELOP THE CAPACITY AND SKILLS OF MEMBERS OF THE SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES OF NOTTINGHAM AND THE REST OF THE UK IN SUCH A WAY THAT MEMBERS ARE BETTER ABLE TO IDENTIFY AND MEET THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY BY PROVIDING CAPACITY BUILDING AND LEADERSHIP SKILLS.

**Activities:** Food BankHot MealsResearchAdvocacyCampaigningHate CrimeHeritage

## Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

## Geography

- **Area of benefit:** LOCAL
- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£743,430	£711,741	£148,013	7
2024-06-30	£671,614	£617,534	£116,325	11
2023-06-30	£449,583	£499,625	-	-
2022-06-30	£283,245	£234,832	-	-
2021-06-30	£153,939	£154,954	-	-
2020-06-30	£120,096	£59,433	-	-

## Trustees

Name	Role	Appointed
<b>Shoaib Khan</b>	Chair	2020-03-01
Baba Njie		2023-04-11
FERZANA SHAN		2015-03-23
Iftikhar Ahmed		2020-03-01
Isa Truchet		2022-04-04
Javid Khan		2025-08-12

**HIMMAH**

England & Wales - Charity number 1161021

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# Accounts

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# ANNUAL REPORT AND ACCOUNTS

2024 - 25

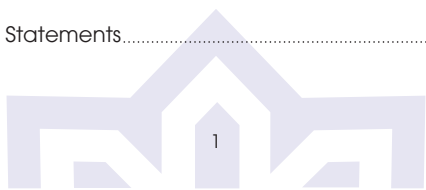
Registered Charity - 1161021



**The King's Award  
for Voluntary Service**

# Contents

Reference and Administrative Details.....	2
Chairmans Foreword.....	3
Food Bank.....	5
Food Print.....	9
FoodPrint on Wheels.....	9
Community Gardening.....	10
Christmas Hampers.....	10
Himmah Hub.....	11
Anti-Poverty and Food Systems Work.....	11
Hot Meals Provision.....	12
Citizen-Led Governance.....	13
Anchor Network Partnership.....	13
Clothes Bank.....	14
Race, Arts and Heritage Programme.....	15
Power 2 Prosper.....	15
Nottingham Race Network (NRN).....	16
Community Asset Transfer Campaign.....	16
Social Justice Awards 2024/25.....	17
Prince Harry Recognition.....	18
Public Benefit Statement.....	19
Governance.....	19
Induction of Trustees.....	19
Reserves Policy.....	20
Exemptions.....	20
Financial Statement.....	21
Notes to Financial Statements.....	26



# Reference and Administrative Details

<b>Trustees</b>	Mr. Shoaib Khan (Chair) Ms. Ferzana Shan (Vice-Chair) Mr. Iffikhar Ahmed Mr. Isa Truchet Mr. Baba Njie
<b>Senior Management Team</b>	Sajid Mohammed (Director) Caron Boulghassoul (Independent Board Secretary) Jagdish Patel (Head of Art, Heritage, and Research)
<b>Registered Office</b>	Unit 4-5 Forest Court Gamble Street, Radford Nottingham NG7 4EX
<b>Charity Registration Number</b>	1161021
<b>Bankers</b>	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
<b>Independent Examiners</b>	Dinson & Co. Castle Cavendish Enterprise Centre, 63-67 St Peter's St, Nottingham, NG7 3EN United Kingdom Info@dinson.co.uk

# Chairmans Foreword

On behalf of the Board of Trustees, it is my honour to present Himmah's Annual Report for the year 2024-2025 on behalf of the Board of Trustees, This has been another year of deep challenge for the communities we serve, but also a year in which Himmah has continued to respond with compassion, creativity, dignity and an unwavering commitment to justice.

Across Nottingham, too many individuals and families continue to face the harsh realities of poverty, insecure housing, low wages, rising food costs, benefit issues, poor health, and the ongoing pressures of an unequal society. For many people, the crisis is not temporary. It is long-term, complex and structural. Himmah's response has therefore continued to be more than emergency relief. We have sought to meet immediate need, while also building the relationships, confidence, leadership and collective power required to challenge the causes of poverty and injustice at their roots.

This year, Himmah once again maintained its position as the largest independent food bank in Nottingham. We distributed 11,961 food parcels to 1,188 families, reaching 2,463 people. Each parcel represents a household facing difficulty, but it also represents a commitment from Himmah that no one in our city should be left to go hungry. We have remained committed to providing seven days' worth of food for each person in a household, and we continue not to limit repeat referrals, recognising that many people need sustained support due to disability, insecure immigration status, homelessness, low income or wider hardship.

Our provision of Halal food parcels has also continued to grow in importance. This year we distributed 5,144 Halal food parcels, ensuring that people facing poverty are not forced to choose between hunger and their religious practice.

This is central to Himmah's ethos: food support should not only meet physical need, but should protect dignity, identity, faith and wellbeing.

Alongside the food bank, our Foodprint social supermarkets in Sneinton and Radford have continued to provide affordable food with choice and dignity. Supporting over 350 families a week, Foodprint allows people on low incomes to access good food while also reducing food waste. Our Foodprint on Wheels service has also continued in St Ann's, taking fresh and affordable food directly to residents who face barriers in accessing shops and healthy produce. Together, these services show that food justice is not simply about calories or parcels; it is about agency, access, dignity and community.

This year also saw Himmah take on the operation of the Nottingham Clothes Bank, formerly run by Nottingham Arimathea Trust. This has become a vital part of our support for people seeking asylum and newly recognised refugees, many of whom arrive in Nottingham with very little. Between December 2024 and May 2025, the Clothes Bank supported 724 individuals, including 101 children, distributing thousands of items of clothing and hundreds of toiletry packs. I am particularly proud that this work is delivered in a way that is welcoming, low-barrier and rooted in respect. It is a powerful reminder that dignity can be restored through the most practical acts of care.

Our community gardening work has continued to bring people together through growing, sharing and learning. The Gamble Street Corner garden remains a space where fresh produce, flowers, volunteers, food bank users and local residents all come together. Projects like this show the quieter but equally important side of Himmah's work: creating spaces of belonging, mutual support and hope.

The Himmah Hub in Hyson Green has also continued to develop as a Black-led cultural and social justice institution. Through hot meals, welfare support, cultural programming, anti-racist work, community organising and leadership development, the Hub represents a wider vision of what Himmah is becoming. It is not simply a building or a service point. It is a space of radical possibility, where people can move from crisis, to connection, to confidence, to leadership.

Our Hot Meals Provision has been central to this work. Over the year, we provided more than 15,000 meals through three weekly sessions at the Hub, serving between 100 and 140 people each evening. These meals are not only about food. They are about warmth, welcome, conversation, solidarity and connection. They also provide a gateway into wider support, including welfare rights, debt advice, wellbeing support, skills development and community organising.

This year has also seen Himmah deepen its role in social justice and systems change. Through Power 2 Prosper, the Nottingham Race Network, the Race Equality Justice Council Nottingham, and our work around community asset transfer, we have continued to build power with Black, Brown, Muslim and working-class communities. This work recognises that poverty and racial injustice are not accidental. They are the result of systems, policies and decisions. Our response must therefore include service, but also organising, advocacy, research, storytelling and collective action.

Our partnership with the Anchor Network has further strengthened our commitment to economic empowerment and community wealth building. By supporting Muslim professionals, students and emerging leaders to build networks, access mentoring and unlock opportunities, we are helping to create bridges between grassroots community work and long-term economic mobility.

In November 2024, we hosted our annual Social Justice Awards, bringing together more than 150 changemakers, partners and allies from across Nottingham. The evening was a chance to celebrate the individuals and organisations working for a more equal city, but also to remind ourselves that this work is collective. No single organisation can tackle poverty, racism and injustice alone. Himmah's strength has always come from partnership, solidarity and the many people who choose to stand alongside us.

As Chair, I want to extend my deepest thanks to our staff, volunteers, trustees, donors, partners and supporters. Your commitment makes this work possible. Whether you are packing food parcels, serving hot meals, sorting clothes, growing vegetables, offering professional expertise, making donations, building campaigns, or simply showing up for your neighbours, you are part of the story of Himmah.

Himmah began as a response to hardship and indignity. It has grown into a movement rooted in compassion, service, justice and love for our city. In a time when many people feel forgotten, Himmah continues to say: you are seen, you matter, and we will work with you to build something better.

Thank you for standing with us in this vital work.

**Shoaib Khan**  
**Chair of Trustees**



# Food Bank

**Himmah's food bank has maintained its status as the largest independent food bank in Nottingham, and we have continued to maintain our commitment to providing 7 days' worth of food for each person in a household, to ensure that no one need go hungry in Nottingham.**

Our service users vary considerably with the challenges they face and come to us for a wide variety of reasons, and many of our service users come to us with multiple issues. The most common reasons cited for needing our support include being on a low income (53% of service users have this cited as a reason for using our service) and issues with benefits (16% of service users). Other reasons include debt (6% of service users), domestic abuse (3%), homelessness (11%), sickness and/or ill health (8%) and having no recourse to public funding (3%).

We don't limit the number of repeat referrals someone can have, which means we are able to provide long-term support to those who need it; including people who cannot work due to disability, and/or have no recourse to public funds (who can only resolve their situation by submitting fresh claims for asylum or other immigration challenges they face).

We distributed 11,961 food parcels in the 2024-2025 financial year to 1,188 families (and 2,463 people). We distributed a high of 1,313 food parcels in May 2025, and a low of 688 food parcels in August 2024. We averaged 997 food parcels a month.

We also provide Halal food parcels so that people who have fallen into hardship can receive the food they need to maintain their Halal dietary requirements.



This means people who are facing hardship can keep their religious practices which is crucial to their wellbeing. In the 2024-2025 financial year we supplied 5,144 Halal food parcels.

To receive a food parcel, a service user is referred to us by one of our referral partners. We work with 146 referral partners to ensure that everybody who needs our service can access it. These include housing associations, GPs, women's refuges, Department for Work & Pensions (DWP) and Nottingham City Council amongst others.

Our food bank is run mostly by our trainee project manager, Adyan, alongside our Food Provision Officer, Adam. They both oversee the day-to-day running of the food bank, including overseeing volunteers and stock management.

The Food Bank relies on volunteer support to keep running. These volunteers support with making food parcels, greeting beneficiaries in reception and in helping in the Foodprint community shop. Our volunteers also get involved in deliveries, outreach and fundraising activities. We have also had an increase in Corporate Social Responsibility from larger businesses with us receiving volunteering support from corporate teams almost every week.



## Casestudy 1:

### Sam

Sam is a familiar face at the local food bank, visiting daily to access essential food and basic supplies while living without stable accommodation. Despite the uncertainty of homelessness, Sam consistently approaches the service with warmth, respect, and a strong desire to contribute.

From his first visits, Sam offered to help with practical tasks such as sweeping floors, mopping, cleaning surfaces, and keeping the space tidy for others. Staff and volunteers noticed that his support, though informal, made a genuine difference—especially during busy periods when maintaining a clean, welcoming environment is essential. Sam's willingness to help has also encouraged positive conversations with other service users, helping to create a sense of community and shared responsibility.

This case highlights how food banks can be more than a point of crisis support: they can provide connection, dignity, and opportunities for people to feel valued. Sam's story demonstrates the importance of recognising strengths as well as needs, and of creating inclusive spaces where everyone can contribute.

“

*Himmah offers an amazing service to the community. Times have changed, people are going hungry due to the high cost of food and housing costs and low benefits. People struggle and have to make choices like keep warm or eat today, parents not eating to enable them to feed their children. Himmah foodbank /shop and all the staff are a valued part of this community, there would be a lot more people malnourished without your service.*

**- Vicky, Framework**

”

“

*Himmah's work is essential in our community, providing support that reduces stress and helps people meet their basic needs. It gives individuals and families the space to focus on rebuilding their lives, feeling included, and becoming part of the community.*

**-Joanne, Belong**

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**2024**

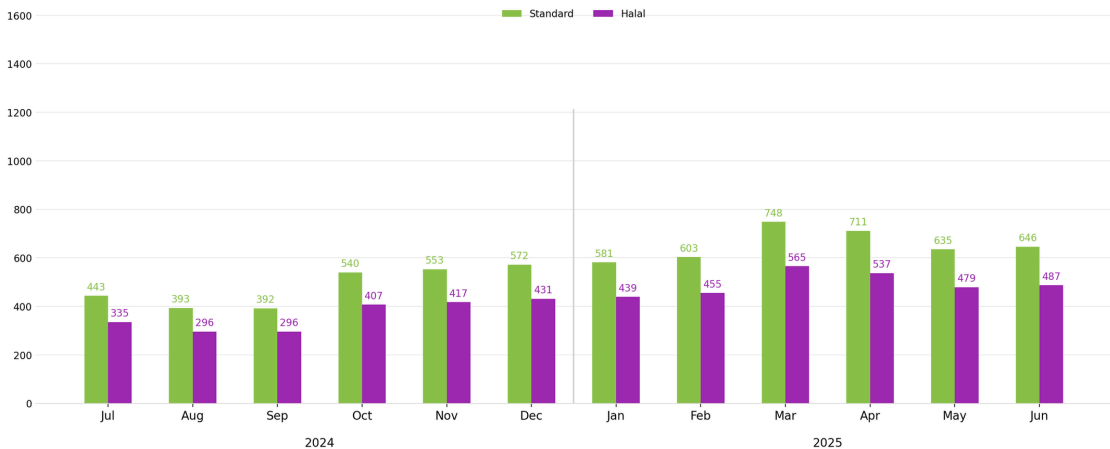
		Parcels	KG
<b>JUL</b>	Total food donated	778	6224
	Standard	443	3544
	Halal	335	2680
<b>AUG</b>	Total food donated	689	5512
	Standard	393	3144
	Halal	296	2368
<b>SEP</b>	Total food donated	688	5504
	Standard	392	3136
	Halal	296	2368
<b>OCT</b>	Total food donated	947	7576
	Standard	540	4320
	Halal	407	3256
<b>NOV</b>	Total food donated	970	7760
	Standard	553	4424
	Halal	417	3336
<b>DEC</b>	Total food donated	1003	8024
	Standard	572	4576
	Halal	431	3448

**2025**

		Parcels	KG
<b>JAN</b>	Total food donated	1020	8160
	Standard	581	4648
	Halal	439	3512
<b>FEB</b>	Total food donated	1058	8464
	Standard	603	4824
	Halal	455	3640
<b>MAR</b>	Total food donated	1313	10504
	Standard	748	5984
	Halal	565	4520
<b>APR</b>	Total food donated	1248	9984
	Standard	711	5688
	Halal	537	4296
<b>MAY</b>	Total food donated	1114	8912
	Standard	635	5080
	Halal	479	3832
<b>JUN</b>	Total food donated	1133	9064
	Standard	646	5168
	Halal	487	3896

<b>TOTAL</b>	Total food donated	11961	95688
	Standard	6817	54536
	Halal	5144	41152

**Number of Food Parcels Provided per Month**





# FoodPrint

In 2024-25, we continued to run our social supermarkets in Sneinton and Radford. Foodprint allows people to buy surplus food at a heavily discounted price. This allows people on a low income to have the dignity of being able to choose their own food from a social supermarket, whilst also helping to reduce food waste.

Foodprint is run by our Foodprint Co-ordinator, Nadeem and our Finance and Operations Lead, Charlie. Across 2 different wards in Nottingham.

Nadeem oversees pricing and the day-to-day management of our Sneinton branch, while Charlie oversees stock ordering and the day-to-day management of our Radford branch.

Sales this year have been strong, with average monthly sales at our Radford branch just shy of £2,500 and just shy of £18,000 for Sneinton. Average spend stands at £8.97 for Sneinton and £6.74 for Radford. The service remains strong, supporting over 350 families a week access affordable food whilst experiencing the rising cost of living seen today.



## Foodprint on Wheels

Over the last year we have continued to run our weekly Foodprint on Wheels service (the mobile version of our Foodprint shops). Once a week the van is taken to a social housing estate in St Anns, where residents often struggle to purchase food due to the estate being on a steep hill; and the two local shops are either unaffordable for people on low incomes or specialise in frozen food only (and often highly processed foods). This means that local residents are not able to access the fresh fruit and vegetables they need to maintain a healthy diet, which is where Foodprint on Wheels comes in. Metropolitan.

Thames Valley Housing have continued to support us this financial year by paying the vehicle running costs and the staff salary to coordinate the project. We serve around 30 customers a week, with an average spend of £8.89. Foodprint on Wheels therefore provides local residents with the opportunity to buy fresh produce at an affordable price, whilst also reducing the need to carry heavy produce that compounds the effects of food poverty in this neighbourhood.



# Community Gardening

This year we have maintained our Gamble Street Corner garden in collaboration with Nottz Garden Project. This space continues to cultivate a variety of vegetables and flowers, freely available to local residents or distributed through our food bank.

This initiative not only provides fresh produce but also creates a communal space that fosters social cohesion and mutual support.

Volunteers, food bank users, and local residents have come together, learning from one another and strengthening community bonds. Our community events, such as Mint Day, Taco Day, and a flowers and bees themed day, have engaged local people in gardening activities and raised awareness about the benefits of fresh produce.



# Christmas Hampers

This year we built on our Christmas hamper programme from last year, supplying hampers to children who usually receive free school meals in and around Nottingham and may otherwise receive nothing at Christmas. Each hamper contained two books, chocolate, crisps, biscuits, a toy, a pack of crayons and a colouring book, a mini slinkie, playing cards, a bouncy ball, and a Christmas card.

The hampers brought Christmas cheer to the city's most vulnerable children. The hampers were made in our food bank warehouse by the same loyal team of staff and volunteers who run the food bank. We received support from Nottingham Forest Community Trust and Ideagen as well as local community donations to ensure we could bring joy to children at Christmas.



# Himmah Hub

The Himmah Hub in Hyson Green has continued to serve as a Black-led cultural and social justice institution, operating as a communal space focused on radical imagination and emancipatory systems change.

Founded in direct response to the structural inequities faced by racialised and working-class communities, the Hub has embedded its role at the intersection of cultural production, grassroots organising, and systems transformation.



## Anti-Poverty and Food Systems Work

This year, the Hub has advanced our commitment to food justice not as charity, but as a deeply political practice, a site of memory, survival, and resistance through which a better world is both revealed and reimagined. Our anti-poverty strategy has focused on building community-led infrastructure that moves beyond crisis relief toward long-term empowerment and dignity. Through our Opportunity Pathways model, we have supported individuals moving from immediate relief through social capital and belonging, to wellbeing and skills development, security and opportunity, and ultimately to power and leadership.

Our work has challenged the charity model by embedding human rights-based approaches, ensuring access to nutritious food, decent housing, and social security are understood as fundamental rights rather than acts of benevolence.

### Key initiatives have included:

- Operating dignified food relief programmes alongside welfare rights advocacy, debt advice, and employment pathways
- Developing community kitchens and educational programmes that centre mutual aid and community resilience
- Establishing social eating spaces and cultural activities that build belonging and combat isolation
- Providing mental health support, healthy living activities, literacy, ESOL, and vocational courses



# Hot Meals Provision

Central to the Hub's food justice work has been our Hot Meals Provision programme, which has provided dignified access to nutritious food while building community and combating isolation. Throughout 2024/25, we have operated three hot meal sessions per week at the Himmah Hub, alongside our brilliant partners. Delivered in collaboration with community organisations, these sessions have enabled us to serve between 100–140 people each evening, totalling over 15,000 meals provided across the year.

These sessions are more than food distribution points; they are communal spaces where people gather, share stories, build relationships, and access wraparound support. Each meal service operates as a site of solidarity and resistance against the structural inequalities that create food insecurity in the first place. By centering dignity in every interaction from the quality of food served to the welcoming atmosphere created we challenge the stigma often associated with accessing food support.

The Hot Meals Provision has served diverse communities across Nottingham, with particular reach into Black, Asian, and Global Majority communities, as well as those experiencing homelessness, precarious housing, and economic hardship. Many attendees are working families whose wages do not stretch far enough, single parents navigating impossible choices, and individuals caught in the gaps of an inadequate social security system.

Crucially, the meals service operates as a gateway to our broader Opportunity Pathways model. While meeting immediate nutritional needs, staff and volunteers connect people with

The programme is sustained through a combination of food redistribution partnerships, community donations, volunteer labour, and the commitment of our core team. Volunteers include community members with lived experience of food insecurity, creating peer support networks and pathways to meaningful engagement.

Our Hot Meals Provision is made possible through the support of partner organisations, volunteers and community groups, helping us provide nutritious meals and welcoming spaces each week.

- Welfare rights advocacy and debt advice
- Mental health and wellbeing support
- Skills development and employment pathways
- Community organising and leadership opportunities
- Social connections that combat isolation and build resilience



## Looking ahead:

In recognition of growing need and community demand, we aim to expand our Hot Meals Provision to five evenings per week during 2026. This expansion will require additional funding, volunteer recruitment, and kitchen capacity development, but represents our commitment to ensuring no one in Nottingham goes hungry while we continue the longer-term work of transforming the systems that create poverty in the first place.

# Citizen-Led Governance

We have progressed our commitment to ensuring the Hub operates through a collaborative and inclusive approach. Through site visits to comparable organisations and community visioning workshops, we have been refining our citizen-led decision-making model. This decolonial approach to service delivery ensures that those who use the Hub shape its direction,

moving beyond traditional top-down models toward genuine community ownership and self-determination.

The Hub continues to stand as a space of radical possibility not simply responding to crisis, but actively prefiguring a different world rooted in care, healing, leadership, and collective working.

## Anchor Network Partnership

Himmah has strengthened its partnership with Anchor Network, a professional networking organisation connecting aspirational Muslims in Nottingham. Anchor addresses the disproportionate challenges faced by Muslim communities, including overrepresentation in unemployment, underrepresentation in senior positions, and disproportionate levels of poverty.

Through this partnership, Himmah has supported Anchor's mission to expand opportunities for Muslim professionals. By providing access to networking, mentoring and targeted development events, the partnership has helped individuals, from students with untapped potential to established professionals build connections, develop skills and progress in their careers.

This collaboration has contributed to our broader work on economic empowerment and community wealth building, ensuring that Black and Brown communities have access to professional networks and career advancement pathways that combat structural economic exclusion.

The partnership has strengthened links between Himmah's community organising work and Anchor's focus on professional development, creating pathways to opportunity for Nottingham's Muslim community. By connecting students, professionals and community leaders, it has helped individuals expand their networks, access mentoring, and build the skills and confidence to progress in their careers.



# Clothes Bank

In April 2025, Himmah took over the operation of the Nottingham Clothes Bank, formerly run by the Nottingham Arimathea Trust. Since then, we have worked to preserve and grow this vital provision for people seeking asylum and newly recognised refugees who often arrive in Nottingham with little more than the clothes they are wearing.

The Clothes Bank runs three mornings a week and is situated next to the Nottingham Refugee Forum, where beneficiaries can register for the service and wait in the Forum's free café. Crucially, the service is open-access, there is no referral system, ensuring a welcoming, low-barrier environment for those most in need.



Between December 2024 and May 2025, we supported 724 individuals, including 101 children. We distributed 3,282 items of clothing ranging from new underwear and socks, to trousers, coats, t-shirts, and trainers alongside 789 toiletry packs and a number of donated suitcases.

A majority of the items distributed (1,757) were donated or second-hand. These came through a wide range of creative partnerships, including local leisure centres, hotels, the Motorpoint Arena, and even lost property from the Robin Hood Half-Marathon.

Some volunteers even purchase suitcases from car boot sales using their own money, a testament to the compassion that fuels this project.

The clothes bank is coordinated by Anna, a dedicated subcontractor, and supported by a committed team of 27 volunteers. Together, they ensure the service operates with dignity and respect at its core. The project is overseen by an advisory board composed of Himmah staff, trustees, and volunteers, which meets quarterly to evaluate and develop the service.

## Service user story

"Dear Clothes Bank Nottingham,

I would like to express my sincere gratitude and appreciation for the wonderful assistance you provided me through the clothing supply. Your support has been immense and has had a significant positive impact on my life. I am extremely grateful for the opportunity to benefit from your services, and I am thankful for everything you have done.

Growing up, my passion for humanitarian work has driven me, inspired by my own experiences overcoming challenges in my childhood. I have always believed that humanity is what unites us, and I have always been eager to contribute to helping others whenever I have the opportunity. I am grateful for the opportunity to contribute to the clothes bank, and I am thrilled to be making a difference.

I would also like to thank the other volunteers for their kindness and support. Everyone I met during my volunteer period with the Clothes Bank was welcoming and wonderful, making me feel a sense of warmth.

Thank you again for all the support and assistance you provide to those in need. I wish you continued success and prosperity in your charitable work.

With sincere appreciation and respect  
Amna"

# Race, Arts and Heritage Programme

The Hub has served as a platform for cultural storytelling, anti-racist work on hate crime, and policy advocacy. Our commitment to participatory approaches has prioritised the agency, expertise, and creativity of those most impacted by systemic injustice, grounded in principles of anti-racism, intersectionality, and decoloniality.

Our arts and heritage work has included:

- **Race Equality Justice Council Nottingham**

**(REJCN):** Development of this Black and Brown-led body campaigning for racial justice through education, public accountability, casework support, and community-led research on hate crime



- **Anti-Racist Community Arts Hub:**

- Co-creating arts projects with communities using art-based methodologies to hold conversations about racism, populism, and social justice
- Monthly cultural programming including film screenings and music events
- Public exhibitions and storytelling workshops addressing hate crime and racial justice

## Power 2 Prosper & Nottingham Race Network

### Power 2 Prosper Regional Hub

Himmah serves as the lead organisation for the Nottingham hub of Power to Prosper (P2P), a bold national movement tackling the root causes of poverty, inequality, and debt by shifting power to the people and communities most impacted. This national programme, led by the New Economics Foundation and the Runnymede Trust, is led locally by us in partnership with Wahda CIC, Heya Empowerment, Pilgrim Social Action, and The African Institute for Social Development. As part of this national programme, Himmah - and our four P2P partners - have been building collective power through grassroots organising, challenging harmful myths about poverty and debt, and influencing policy at local and national levels.

The P2P Nottingham hub has focused on building lasting power among Black and Brown communities by:

- Strengthening relationships and deepening leadership capacity across the voluntary sector
- Campaigning strategically for the community asset transfer of public buildings to Black-led organisations
- Developing local solutions to poverty and inequality rooted in community self-determination
- Connecting local action with national change through research, storytelling, and campaigning

Power 2 Prosper's approach centres impacted communities particularly people of colour, single parents, and those with disabilities, rejecting symptom-fixing in favour of confronting systems and creating an economy that works for everyone.

# Nottingham Race Network (NRN)

Building on the P2P infrastructure, Himmah has advanced the development of the Nottingham Race Network a cross-sector, Black and Brown-led coalition designed to build relational power through regular forums, shared strategy development, and collective voice. The NRN serves as a trusted, coordinated space for Black and Brown voluntary and community organisations working across different thematic areas from youth, health, and education to faith, welfare, and enterprise.

This year's progress has included:

- Monthly social events for Black leaders: Building informal leadership networks and deepening relationships across the sector
- Monthly meetings for Muslim leaders: Strengthening intra-community unity and strategic coordination
- Leadership training: Training Hub leaders in public narrative development and relational organising through one-to-one conversations

- One-to-one engagement with Community Assets Transfer (CAT) seeking organisations: Conducting structured conversations with five organisations seeking community asset transfers, followed by joint meetings to develop collective strategy
- Sector mapping: Comprehensive mapping of the Black & Brown voluntary sector in Nottingham and conducting structured one-to-one meetings with leaders

The NRN has applied Marshall Ganz's organising methodology, focusing on story (developing public narratives), relationship (deepening trust through one-to-ones), structure (establishing leadership cohorts), strategy (targeting Nottingham City Council for Community Assets Transfer policy change), and action (mobilising through events and stakeholder engagement).

## Community Asset Transfer Campaign

Central to the NRN's work has been the campaign for community asset transfer advocating for Nottingham City Council to transfer key public buildings to Black-led voluntary organisations. This campaign recognises that community ownership of physical infrastructure is essential for long-term sustainability, autonomy, and power-building. Through research, coalition-building, and direct engagement with policymakers, the NRN has positioned asset transfer as a matter of racial justice and community self-determination.

Looking ahead, the network plans to commission a report from the Runnymede Trust based on Ubele's Home Truths research, host a race and asset justice stakeholder conference, and execute targeted campaign tactics to secure commitments from Nottingham City Council on community asset transfers.

# Social Justice Awards 2024/25

In November 2024, Himmah hosted the annual Social Justice Awards, an evening of celebration and gratitude recognising partners from across the community, statutory, and private sectors who have been engaged in tackling issues of social justice across Nottingham.

The event brought together over 150 changemakers, allies, and organisations committed to dismantling structural barriers and building a more equitable city. In a context of deepening inequality and ongoing challenges facing Black, Asian, and Global Majority communities, the awards provided a rare opportunity to pause, celebrate collective achievements, and honour those working at the forefront of racial justice, food sovereignty, anti-poverty initiatives, and community empowerment.

The Social Justice Awards served multiple purposes beyond recognition. The event strengthened networks across sectors, demonstrated the breadth of justice work happening across Nottingham, and created space for organisations to learn from one another's strategies and successes.

Importantly, the awards challenged conventional models of recognition by centring those with lived experience of injustice, celebrating grassroots organisations alongside established institutions, and framing social justice work not as charitable acts but as essential components of systemic transformation.

Attendees included representatives from local government, health services, education institutions, faith communities, voluntary sector organisations, and business leaders committed to ethical practice and community wealth building. The evening featured testimonials from community members whose lives have been transformed through social justice initiatives, cultural performances celebrating Nottingham's diversity, and collective visioning for the year ahead.

The success of the social justice awards has established an annual tradition a moment each year when Nottingham's social justice ecosystem gathers to celebrate progress, acknowledge challenges, and recommit to the long-term work of building a city rooted in dignity, redistribution, and shared power.



# Prince Harry Recognition



Dear Himmah,

I am delighted to inform you that I am making an unrestricted donation to support your vital work. While unrestricted, I hope this contribution will help you provide nutritious meals to families in need during the Christmas season a time when your services are particularly impactful.

Nottingham holds a special place in my heart, having had the privilege of visiting and supporting the community there for many years. The incredible work Himmah does to address food insecurity, poverty, and social exclusion is inspiring. I am pleased to continue supporting your efforts, following my wife's donation in 2021, which helped stock your food bank, and equip your team to expand their services.

It is an honour to play a small part in your mission to bring communities together, create opportunities, and support those facing hardship.

With warmest wishes for the holiday season,  
Best wishes,

Prince Harry, The Duke of Sussex



# Public Benefit Statement

The trustees of Himmah have considered the Charity Commission guidance on public benefit requirements. In the opinion of the trustees, the public benefit arising from Himmah's activities are the prevention and relief of poverty, community development (including developing community leadership and community organising), improving and developing religious and racial harmony and the advancement of

education through heritage & the arts. Himmah focuses its resources on supporting those most in need which is evidenced through referrals received for support from around 146 different partner charities/organisations. The trustees confirm that they have complied with their duty in terms of Section 4 of the Charities Act 2006 to have due regard to the Charity Commissions guidance on public benefit.

## Governance

Himmah's founding document is its constitution (Model Constitution for a Charitable Incorporated Organisation). It is managed by the Board of Trustees, which consists of trustees and others with expertise who may be appointed by the trustees as co-opted members. The Board of Trustees undertakes skills audits and invites others to join the board who it

feels will add value to the decision-making and processes of the charity. The Board of Trustees usually meets every 1-2 months, but additional meetings can be called should urgent business arise. The Senior Management Team are able to request a meeting should urgent business need to be discussed which requires trustees insight and strategic decision on.

## Induction of Trustees

All new trustees are invited to meet with the chair to discuss the role and what is expected of them as charity trustees. They are then given an induction pack outlining the roles and responsibilities of being a trustee as well as CC3 - The Essential Trustee, What you Need to Know

and What you Need to Do (Charity Commission). They are invited to attend a trustee meeting as an observer before they are offered the opportunity to become a trustee and can be involved in Himmah's development once their offer has been formally accepted.

# Reserves Policy

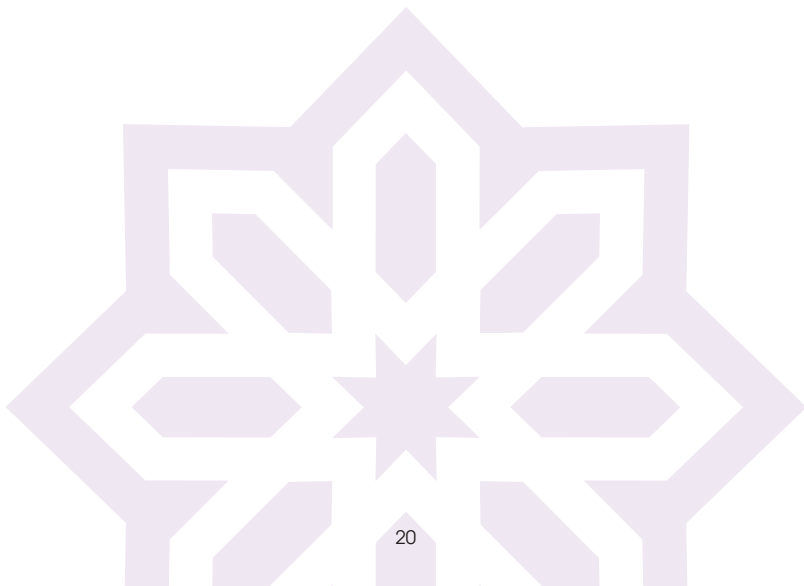
The Trustees have established a reserves policy to maintain unrestricted free reserves equivalent to between three and six months of fixed and operational expenditure. Based on expenditure levels during the year, this equates to a target reserves range of £141,280 to £282,560 at the year end.

At 30th June 2025, the charity's unrestricted reserves stood at £51,276. While this remains below the Trustees' target range, the year-end position reflects continued commitment towards the charity's reserves objective.

The Trustees recognise the importance of continuing to strengthen the charity's reserves position to improve financial resilience and sustainability. However, this objective must be balanced against the ongoing growth in demand for the charity's services and the organisation's commitment to maximising its charitable impact. Throughout the year, the charity continued to respond to increasing levels of need while maintaining its commitment to ensuring that individuals who could benefit from its services were not turned away due to capacity constraints.

# Exemptions

Himmah is a registered charity and is exempt from any Corporation or Income Tax.



# Financial Statement

For The Year Ended 30th June 2025

## Statement of Trustees' responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

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The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution.

The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable incorporated organisation. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

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Approved by the trustees of the charity on on 07/05/26 and signed on its behalf by:



**Mr. Shoaib Khan**

Chair of Trustees

# Independent Examiner's Report

For The Year Ended 30th June 2025

## Independent Examiner's Report To The Trustees

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 06 / 2025.

### Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). Requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

### Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants (ACCA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Muhammed Ahmed**

Dinson & Co.

The Association of Chartered Certified Accountants (ACCA)

# Statement of Financial Activities

For The Year Ended 30th June 2025

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
		£	£	£	£
<b>Income and Endowments from</b>					
Grants		52,700	171,487	224,187	268,326
Charitable Activities		249,846	-	249,846	255,536
Donations and Legacies		174,961	-	174,961	65,643
GiftAid		23,230	-	23,230	14,212
Zakat		-	19,464	19,464	32,757
General		51,616	125	51,741	35,140
<b>Total Incoming Resources</b>		<b>552,353</b>	<b>191,076</b>	<b>743,429</b>	<b>671,614</b>
<b>Expenditure on:</b>					
Charitable activities	2	540,488	146,623	687,111	575,334
Raising Funds	3	24,630	-	24,630	42,200
<b>Total Expenditure</b>		<b>565,118</b>	<b>146,623</b>	<b>711,741</b>	<b>617,534</b>
<b>Net (Expenditure)</b>		<b>(12,765)</b>	<b>44,453</b>	<b>31,688</b>	<b>54,080</b>
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds				-	-
<b>Net movement in funds</b>		<b>(12,765)</b>	<b>44,453</b>	<b>31,688</b>	<b>54,080</b>
Total funds brought forward ( <i>FY-2023/24</i> )		64,041	52,284	<b>116,325</b>	62,245
<b>Total funds carried forward</b>		<b>51,276</b>	<b>96,737</b>	<b>148,013</b>	<b>116,325</b>

# Balance Sheet

For The Year Ended 30th June 2025

	Note	2025 £	2024 £
<b>Fixed Assets</b>			
Tangible Assets	5	61,256	5,787
<b>Non Current Assets</b>			
Rent Deposit		9,500	-
<b>Current Assets</b>			
Prepayments		2,025	
Stocks		15,885	
Other Debtors	6	7,305	8,604
Cash at bank and in hand	7	115,048	109,008
<b>Total Assets</b>		<b>211,019</b>	<b>123,399</b>
<b>Creditors: Amounts Falling due within one year</b>	8	<b>63,006</b>	<b>7,074</b>
<b>Net current Assets</b>		<b>148,013</b>	<b>116,325</b>
<b>Total Assets less current liabilities</b>		<b>148,013</b>	<b>116,325</b>
<b>FUNDS</b>			
Restricted funds	9	96,737	52,284
Unrestricted funds	9	51,276	64,041
<b>TOTAL FUNDS</b>		<b>148,013</b>	<b>116,325</b>

## Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

### The Trustees acknowledge their responsibilities for:

1. Complying with the requirements of Charity 2011 Act, i.e: Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2024, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

The financial statements were approved by the trustees on 07/05/26 and authorised for issue, signed on their behalf:

## Chair of Trustees

Mr. Shoaib Khan

The notes on page 26 to 30 form an integral part of this financial statement.

# Cash Flow Statement

For The Year Ended 30th June 2025

	2025 £	2024 £
<b>Cash flows from operating activities</b>		
Net cash (expenditure)/income	31,688	54,080
(Increase)/Decrease in Inventory	(2,025)	-
(Increase)/Decrease in Prepayments	(15,885)	-
<b>Adjustments to cash flows from non-cash items</b>		
Depreciation	1,076	542
Investment income	-	-
	<u>14,854</u>	<u>54,622</u>
<b>Working capital adjustments</b>		
(Increase)/Decrease in other debtors	1,299	(1,288)
Increase in creditors	7,232	1,424
(Decrease)/increase in deferred income	48,700	-
Net cash flows from operating activities	<u>72,085</u>	<u>54,758</u>
<b>Cash flows from investing activities</b>		
Interest receivable and similar income	-	-
Rent Deposit Paid	(9,500)	-
Purchase of tangible fixed assets	(56,545)	(759)
Net cash flows from investing activities	<u>(66,045)</u>	<u>(759)</u>
Net (decrease)/increase in cash and cash equivalents	6,040	53,999
Cash and cash equivalents at 1 July	109,008	55,009
Cash and cash equivalents at 30 June	<u><b>115,048</b></u>	<u><b>109,008</b></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on page 26 to 30 form an integral part of this financial statement.

# Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2025

## 1. Accounting Policies

### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

### Basis of preparation

Himmah meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

### Going concern

The financial statements have been prepared on a going concern basis.

The trustees have reviewed the charity's financial position and future plans and have assessed the charity's ability to continue as a going concern for at least 12 months from the date of approval of these financial statements. The trustees are confident that the charity will continue as a going concern based on the following:

- The charity has adequate liquidity and cash flow forecasts for the next 12 months.
- Ongoing multi-year funding commitments from key funders ensure continued financial support.

### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

### Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

### Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

## Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

## Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable incorporated organisation for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

## Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fridges & Computer Equipment	18% reducing balance
Fixture & Fitting and General equipment	6% reducing balance

## Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are received for specific purposes.

## Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

**Notes forming part of these financial statements (continued)**  
**FOR THE YEAR ENDED 30th JUNE 2025**

<b>Notes</b>				
<b>Net incoming resources</b>				
Net Incoming resources are stated after charging:				
			<b>2025</b>	<b>2024</b>
<b>2</b>	<b>Charitable Activities</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
				<b>Total</b>
	Food and Drinks	70,444	104,321	<b>174,765</b>
	Staff Costs	216,217	19,689	<b>235,906</b>
	Sub Contract Services Costs	80,804	6,500	<b>87,304</b>
	Other Direct Costs	60,071	9,318	<b>69,389</b>
	<b>Total Direct Costs</b>	<b>427,536</b>	<b>139,828</b>	<b>567,364</b>

Charitable expenditure comprises the costs incurred in the direct delivery of the charity's activities and services to beneficiaries, together with support costs necessary to sustain those activities.

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
<b>Support Costs</b>				
Premises and facilities costs	83,991	2,295	<b>86,286</b>	48,579
Office and administrative support costs	27,141	4,500	<b>31,641</b>	32,242
<b>Total Support Costs</b>	<b>111,132</b>	<b>6,795</b>	<b>117,927</b>	<b>80,821</b>

Support costs are allocated on a reasonable and consistent basis, primarily reflecting staff time and use of facilities. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
<b>Governance Costs</b>				
Professional & Accountancy	1,820	-	<b>1,820</b>	1,755
	<b>1,820</b>	<b>-</b>	<b>1,820</b>	<b>1,755</b>

Governance costs are those associated with the governance of the charity and include the cost of trustee oversight and statutory reporting.

<b>Total of Charitable Activities, Support &amp; Governance Cost</b>	<b>540,488</b>	<b>146,623</b>	<b>687,111</b>	<b>575,334</b>
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	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
<b>3</b>	<b>Expenditure on</b>			
	Cost of Raising Funds	24,630	-	24,630
		<b>24,630</b>	<b>-</b>	<b>42,200</b>

**4 Analysis of staff costs, trustee remuneration and expenses**

The aggregate payroll costs were as follows:

			<b>2025</b>	<b>2024</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
<b>Staff costs during the year were:</b>				
Wages and salaries	207,081	19,689	<b>226,770</b>	233,690
Pension costs	9,136	-	<b>9,136</b>	8,368
			<b>235,906</b>	<b>242,058</b>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	<b>2025</b>	<b>2024</b>
No. of Employees	7	11
No. of Volunteers	62	84

No employee received remuneration of more than £60,000 during the year. (2024: NIL)

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year. (2024: NIL)

No trustees, nor any persons connected with them, have reimbursed expenses from the charity during the year. (2024: NIL)

## 5 FIXED ASSETS

	£	£	£	£	£	£
<b>COST or VALUATION</b>	<b>Computer</b>	<b>Fridges</b>	<b>Office Equipment</b>	<b>Fixture &amp; Fitting</b>	<b>Asset under construction</b>	<b>Total</b>
B/F	759	960	848	4,884	-	7,451
Addition	-	-	4,765	12,418	39,362	56,545
Disposal	-	-	-	-	-	-
<b>At 30/06/2025</b>	<b>759</b>	<b>960</b>	<b>5,613</b>	<b>17,302</b>	<b>39,362</b>	<b>63,996</b>
<b>Depreciation</b>						
Accumulated	136	475	164	889	-	1,664
Charge for the year	112	88	216	661	-	1,076
On Disposals	-	-	-	-	-	-
<b>At 30/06/2025</b>	<b>248</b>	<b>563</b>	<b>380</b>	<b>1,550</b>	<b>-</b>	<b>2,740</b>
<b>Net Book Value</b>						
Closing Balance	511	397	5,233	16,752	39,362	61,256
Opening Balance	623	485	684	3,995	-	5,787

Assets under construction relate to Leasehold Improvements. These works were ongoing at the year-end and are expected to be completed in next year, at which point depreciation will commence.

## 6 Debtors

	2025 £	2024 £
Other Debtors	7,305	8,604

## 7 Cash & cash equivalents

	2025 £	2024 £
Cash on hand	510	9
Cash at bank	114,538	108,999
	<u>115,048</u>	<u>109,008</u>

## Notes

	2025	2024
<b>Long term Liabilities</b>		
Opening Balance	-	-
Closing Balance	-	-
<b>8 Current Liabilities</b>		
Deferred Income	48,700	-
Payroll Liabilities	2,804	-
Accruals	9,682	5,319
Accountancy	1,820	1,755
	<u>63,006</u>	<u>7,074</u>

Deferred income at the year end as on 30th June 2025 was £48,700 (2024: £nil).

This represents grant income received in advance for specific projects where the performance conditions had not been met at the balance sheet date. The income will be recognised in Statement of Financial Activities in the next financial year, in line with when the related charitable expenditure is incurred, and the performance conditions are fulfilled.

## 9 Restricted funds

Deficit/Surplus 30/06/2024	52,284
Excess of income over expenditure	44,453
<b>Balance as on 30/06/2025</b>	<u><b>96,737</b></u>

### Unrestricted Funds

Deficit/Surplus 30/06/2024	64,041
Excess of income over expenditure	(12,765)
<b>Balance as on 30/06/2025</b>	<u><b>51,276</b></u>

Deficit/Surplus	
30/06/2023	4,956
	<u>47,329</u>
	<u><b>52,284</b></u>

Deficit/Surplus	
30/06/2023	57,289
	<u>6,752</u>
	<u><b>64,041</b></u>

Movement in Funds	Balance at 1st July 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance as at 30th June 2025 £
<b>Unrestricted funds</b>					
<b>General</b>					
General fund	64,041	552,353	(565,118)	-	51,276
<b>Restricted funds</b>					
Zakat	14,860	19,464	(12,389)	-	21,935
Single Parent Families Campaign	494	3,542	(3,542)	-	494
Food Bank and Refugee Work	(11,500)	39,117	(10,210)	-	17,406
Food Bank and Foodprint	-	92,250	(93,145)	-	(895)
Food Bank	34,540	4,986	(4,456)	-	35,070
Foodprint	-	10,000	(1,578)	-	8,422
Gardening	6,974	-	-	-	6,974
Community Centre	800	-	-	-	800
Cost of Living	(1,077)	9,964	(9,378)	-	(490)
Health	-	6,510	(6,510)	-	-
Cooking classes	-	2,990	-	-	2,990
Clothes Bank	-	1,254	-	-	1,254
Other	7,193	1,000	(5,416)	-	2,777
<b>Total restricted funds</b>	<b>52,284</b>	<b>191,076</b>	<b>(146,624)</b>	<b>-</b>	<b>96,737</b>
<b>Total Funds</b>	<b>116,325</b>	<b>743,429</b>	<b>(711,742)</b>	<b>-</b>	<b>148,013</b>

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Related Party Transactions

During the year, the charity did not enter into any related party transactions (2024: £nil).

The charity has considered the requirements of SORP (FRS 102) in relation to related party transactions and confirms that there were no transactions with trustees, key management personnel, or other related parties during the year.



**HIMMAH**

POVERTY | RACE | EDUCATION

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**HIMMAH**

England & Wales - Charity number 1161021

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# Accounts

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**HIMMAH.ORG**

grassroot community action

# **ANNUAL REPORT AND ACCOUNTS**

2023 - 24

Registered Charity - 1161021



**The King's Award  
for Voluntary Service**

# Contents

Reference and Administrative Details.....	2
Chairmans Foreword.....	3
Trustees Report.....	4
Kings Award for Voluntary Service.....	4
Food Bank.....	5
FoodPrint.....	10
FoodPrint on Wheels.....	10
GAIN Diaspora – 2000 hot meals during Ramadan.....	11
Islamic Relief parcels.....	11
Solidarity Fast – Partnership with Nottingham Forest Community Trust.....	11
Community Gardening.....	12
School Breakfast Clubs.....	13
Social Justice Awards Dinner.....	13
SaSh.....	14
Power to Prosper with Runnymede and NEF.....	14
School Uniform Project.....	15
Universal Credit Sanctions Campaign.....	15
Let’s Talk About Teen Mental Health.....	16
Nottingham Citizens.....	16
Living Wage Foundation.....	16
Governance.....	17
Induction of Trustees.....	17
Reserves Policy.....	18
Exemptions.....	18
Financial Statement.....	19
Notes to Financial Statements.....	24

# Reference and Administrative Details

<b>Trustees</b>	Mr. Shoaib Khan (Chair) Ms. Ferzana Shan (Vice-Chair) Mr. Ifikhar Ahmed Mr. Isa Truechet Mr. Baba Njie
<b>Senior Management Team</b>	Sajid Mohammed (Director) Caron Boulghassoul (Independent Board Secretary) Jagdish Patel (Head of Art, Heritage, and Research) Charlie Collins (Finance and Operations Lead)
<b>Registered Office</b>	Unit 4-5 Forest Court Gamble Street, Radford Nottingham NG7 4EX
<b>Charity Registration Number</b>	1161021
<b>Bankers</b>	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
<b>Independent Examiners</b>	Solutions Accountants & Financial Services Ltd 209 Radford Road Nottingham NG7 5GT <a href="http://www.solutionsaccountants.co.uk">www.solutionsaccountants.co.uk</a>

# Chairmans Foreword

On behalf of the Board of Trustees, it is my honour to present Himmah's Annual Report for the year 2023–2024. This past year has brought both recognition and renewed responsibility, as we have continued to respond to the deepening cost of living crisis with dignity, compassion, and unrelenting commitment to the people of Nottingham.

We were deeply proud and humbled to receive the prestigious King's Award for Voluntary Service – a national acknowledgment of years of grassroots work to combat poverty, racism, and educational inequality. The award ceremony at Colwick Hall offered not only a moment of celebration but also a chance to bring together the rich tapestry of partners and supporters who make our work possible. It reminded us that our efforts are powered by the people – the volunteers, donors, staff, and community members who give so generously of their time, resources, and belief in a fairer society.

Himmah has once again sustained its position as Nottingham's largest independent food bank, distributing over 13,000 food parcels – each one a critical lifeline in a time of extraordinary need. While rising food costs and the end of some external partnerships forced us to make difficult decisions, our commitment to delivering a full week's worth of food to each household has never wavered. In particular, our provision of Halal food parcels has continued to ensure that no one in our community is forced to choose between religious observance and hunger.

We have also expanded our commitment to accessible food through our two Foodprint social supermarkets in Sneinton and Radford, and our innovative Foodprint on Wheels initiative, which takes affordable, nutritious food directly into areas with limited access to fresh produce. Together, these programmes not only

address food poverty, but also restore agency and dignity to those we serve.

In tandem with these efforts, our community gardening projects have flourished – quite literally. What began as a guerrilla garden in Radford has blossomed into a network of communal growing spaces, now extending into St Ann's. These gardens do more than grow food; they cultivate community, hope, and a shared sense of stewardship.

Beyond food provision, this year has seen our deepening engagement in social justice and advocacy. Our partnership with Gingerbread on Universal Credit sanctions, our second annual Social Justice Awards Dinner, and our continued role in Nottingham Citizens reflect our ongoing mission to tackle structural injustice at its roots. We were especially proud to expand our Christmas Hamper programme by 66%, ensuring nearly 2,000 of the city's most vulnerable children received gifts that brought warmth and joy during the festive season.

Throughout all of this, we have remained a Living Wage employer, a supporter of community organising, and a platform for change – proving that even in hard times, it is possible to act with integrity, creativity, and compassion.

As Chair, I want to extend my deepest thanks to our exceptional staff, my fellow trustees, and above all, our volunteers. You are the lifeblood of this organisation, and the impact of your service cannot be overstated. Himmah is not just a food bank, or a charity – it is a movement for justice, grounded in love for our city and its people.

Thank you for standing with us in this vital work.

**Shoaib Khan**  
Chair of Trustees

# Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, FoodPrint (social supermarkets), hate crime awareness & reporting, and heritage/educational projects.

We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning. We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working.

Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive, educated and

prosperous communities, whilst ensuring that people don't fall through the cracks in terms of welfare provision through our food poverty projects etc.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods.

Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.

## Kings Award for Voluntary Service

This year Himmah was honoured to receive the King's Award for Voluntary Service. This award was given in recognition of years of service delivered to our community in tackling poverty, racism and educational inequalities. The award was handed to us in a presentation in June held at Colwick Hall. This event was also used to

showcase our work and bring together a variety of partners – from business, the public sector and the voluntary sector – to celebrate Himmah and the work we do, which is only possible through the massive contributions of our volunteers and donors.



## The King's Award for Voluntary Service

# Food Bank

**Himmah's food bank has maintained its status as the largest independent food bank in Nottingham, and we have continued to maintain our commitment to providing 7 days' worth of food for each person in a household, to ensure that no one need go hungry in Nottingham.**

Our service users vary considerably with the challenges they face and come to us for a wide variety of reasons, with many of them experiencing multiple issues. The most common reasons cited for needing our support include being on a low income (72% of service users have this cited as a reason for using our service) and issues with benefits (40%). Other reasons include homelessness (13%) sickness and/or ill health (11%), debt (6.4%), and domestic abuse (5.2%).

We don't limit the number of repeat referrals someone can have, which means we are able to provide long-term support to those who need it; including people who cannot work due to health conditions/disability, and/or have no recourse to public funds (who can only resolve their situation by submitting fresh claims for asylum or overcoming other immigration challenges they face).

We distributed 13,053 food parcels in the 2023-2024 financial year to 1,463 families (and 3,361 people), equating to 104,424 kg of food. We distributed a high of 1,407 food parcels in August 2023, and a low of 657 food parcels in June 2024. We averaged 1,088 food parcels a month, equating to 8,704 kg of food. This is down by 15% from the 15,387 food parcels distributed in 2022-2023, which is due to us taking the difficult decision to stop giving parcels to other organisations such as Phoenix Community Centre and Bilborough Food Bank. We took this decision due to financial constraints caused by

high inflation which had a massive impact in terms of the costs of purchasing the food items we distribute.

We also provide Halal food parcels so that people who have fallen into hardship can receive the food they need to maintain their Halal dietary requirements. This means people who are facing hardship can keep their religious practices which is crucial to their wellbeing. In the 2023-2024 financial year we supplied 3,037 Halal food parcels (23% of our total food parcel distribution), equating to 24,296 kg of food. This went from a high of 331 Halal food parcels in July 2023, to a low of 173 Halal food parcels in November 2023. We distributed an average of 253 Halal food parcels a month.

To receive a food parcel, a service user is referred to us by one of our referral partners. We work with 146 referral partners to ensure that everybody who needs our service can access it. These include housing associations, GPs, women's refuges, Department for Work & Pensions (DWP) and Nottingham City Council amongst others.

Of the 104,424 kg of food we distributed, only 9212.46kg (7.9%) came through donations – and we spent £68,797.50 on food. Of this, £57,567.63 was spent with Aldi, our biggest supplier, equating to 84% of our total food bill. We use Aldi as they are cheaper than any other supermarket (or wholesaler) and allow us to purchase in the bulk quantities we need.

Our food bank is run mostly by our trainee project manager, Adyan, alongside our Radford Foodprint coordinator, Ahmed. They both oversee the day-to-day running of the food bank, including supervising volunteers and stock management. Other staff are also key in running the food bank. Our fundraising and volunteering lead, Uzair, recruits and manages volunteers, while our partnerships lead, Elliot, oversees building relationships with new suppliers.

The food bank on average needs about two to five volunteers a day depending on deliveries

and volume of parcels needed. These volunteers support with making food parcels, greeting beneficiaries in the reception and in helping in the Foodprint community shop (our social supermarket). Our volunteers also get involved in deliveries, outreach and fundraising activities. We have also had an increase in Corporate Social Responsibility (CSR) support from larger businesses including helping through regular volunteering from staff. We have had corporate teams in nearly every week helping us to make food parcels and sort stock from companies including Lindt, Ideagen, and Experian.

**Casestudy 1:**

**Ameer**

Ameer has been using our food bank since April 2023, making him one of our longest serving food bank users. Due to issues with his benefits and debt, he struggles to afford sufficient groceries. In addition to relying on the food bank, Ammer benefits from Foodprint, which provides him with low-cost shopping alternatives, including small comforts like chocolates and soft drinks. Ameer's story exemplifies the ongoing need for accessible and affordable food options in our community. Indeed, it also underscores the need for emergency food provision that is not limited in the number of times a service user can access such provision.

**Casestudy 2:**

**Dave**

Dave, who has been homeless since September 2022, depends on our food bank as one of the only ways he can access food. Due to his lack of cooking facilities, we provide Dave with items that he can prepare with minimal equipment, such as pot noodles, microwaveable ready meals and soup. Dave's situation highlights the importance of adaptable food solutions for those facing homelessness, ensuring they can maintain some level of autonomy and normalcy despite their challenging circumstances.

**Casestudy 3:**

**Sarah**

Sarah regularly collects food parcels and does her weekly shopping at Foodprint. Her typical shopping list includes frozen ready meals, eggs, snacks such as crisps, chocolates, biscuits, toilet paper, and frozen meats. Sarah's reliance on our services is indicative of the financial pressures many individuals face, necessitating the availability of low-cost, essential items. The convenience and variety offered by Foodprint allow Sarah to maintain a balanced diet and ensure she has access to necessary household supplies. By providing affordable options, we help alleviate some of the financial stress that comes with grocery shopping. Sarah's consistent use of both food parcels and the Foodprint program highlights the critical role our services play in supporting community members.

“

*There are no words that can describe the impact of the food parcels that the service users receive. This great service allows people who have no money to have enough food to eat a decent meal.*

**- Kiran Dillon, Framework Housing Association**

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“

*My experience of referring customers to the service is that we have had exceptional professional service for each customer which has been a lifeline for them in their time of need... especially for our customers who have fled domestic abuse and have come to us with very little.*

**- Angela Bennett, Metropolitan Thames Valley Housing**

”

“

*We've had nothing but positive feedback from service users in terms of delivery, both personally and practically. With many of our service users having issues with budgeting it really does help to tie together what little money they have spare each month.*

**- Fergush Dalglish, Framework Housing Association**

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**2023**

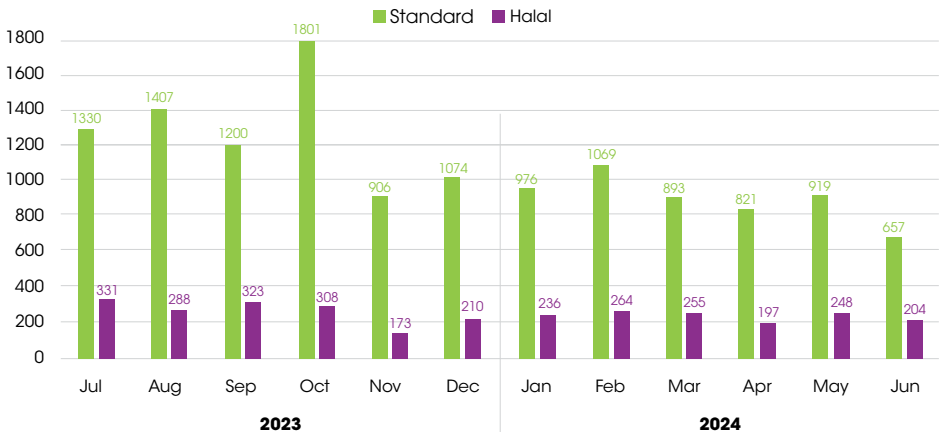
		Parcels	KG
<b>JUL</b>	Total food donated	1661	13288
	Standard	1330	10640
	Halal	331	2648
<b>AUG</b>	Total food donated	1695	13560
	Standard	1407	11256
	Halal	288	2304
<b>SEP</b>	Total food donated	1523	12184
	Standard	1200	9600
	Halal	323	2584
<b>OCT</b>	Total food donated	2109	16872
	Standard	1801	14408
	Halal	308	2464
<b>NOV</b>	Total food donated	1079	8632
	Standard	906	7248
	Halal	173	1384
<b>DEC</b>	Total food donated	1284	10272
	Standard	1074	8592
	Halal	210	1680

**2024**

		Parcels	KG
<b>JAN</b>	Total food donated	1212	9696
	Standard	976	7808
	Halal	236	1888
<b>FEB</b>	Total food donated	1333	10664
	Standard	1069	8552
	Halal	264	2112
<b>MAR</b>	Total food donated	1148	9184
	Standard	893	7144
	Halal	255	2040
<b>APR</b>	Total food donated	1018	2232
	Standard	821	6568
	Halal	197	1576
<b>MAY</b>	Total food donated	1167	8984
	Standard	919	7352
	Halal	248	1632
<b>JUN</b>	Total food donated	861	8472
	Standard	657	5256
	Halal	204	3416

<b>TOTAL</b>	Total food donated	16090	128720
	Standard	13053	104424
	Halal	3037	24296

**Number of Food Parcels Provided per Month**





# FoodPrint

In 2023-24, we continued to run our social supermarkets in Sneinton and Radford. Foodprint allows people to buy surplus food at a heavily discounted price. This allows people on a low income to have the dignity of being able to afford to choose their own food from a social supermarket, whilst also helping to reduce food waste.

Foodprint is run by our Foodprint Manager, Nadeem, who oversees both stores, stock purchases and the day-to-day running of our Sneinton Branch. While our Radford Foodprint co-ordinator, Ahmed, runs the day-to-day operations of our Radford branch. We also receive considerable support from a small group of dedicated volunteers, who help us with processing and displaying stock, as well as serving customers.

Since the Radford Foodprint store was opened in September 2022, monthly sales have more than doubled from £959.36 to £2072.30 in May 2023. Additionally, the number of customers served has also steadily increased from 36 per week in September 2022, to 86 per week in May 2023. In our Sneinton store we have maintained the levels of sales fairly consistently, and we continue to serve around 300 customers a week.

This financial year, Sneinton made up 90% of total sales, while Radford accounted for the remaining 10%. Average monthly sales in Sneinton have been £15,045.80, while serving around 300 customers a week with an average spend of £8.77. While in Radford, average monthly sales have been £1,626.48, serving around 60-65 customers a week, with an average spend of £6.46.

## Foodprint on Wheels

Over the last year we have continued to run our weekly Foodprint on Wheels service (the mobile version of our Foodprint shops). Once a week the van is taken to a social housing estate in St Anns, where residents often struggle to purchase food due to the estate being on a steep hill; and the two local shops are either unaffordable for people on low incomes or specialise in frozen food only (and often highly processed foods). This means that local residents are not able to access the fresh fruit and vegetables they need to maintain a healthy diet, which is where Foodprint on Wheels comes in. Metropolitan

Thames Valley Housing have continued to support us this financial year by paying the vehicle running costs and the staff salary to coordinate the project. We serve around 30 customers a week, with an average spend of £7.89. Foodprint on Wheels therefore provides local resident with the opportunity to buy fresh produce at an affordable price, whilst also reducing the need to carry heavy produce that compounds the effects of food poverty in this neighbourhood.



# GAIN Diaspora - 2000 hot meals during Ramadan

During this year we continued our partnership with Gain Diaspora to provide hot Iftar's to individuals and families every Friday evening during Ramadan. The meals were mostly collected by individuals from Hyson Green

Boys Club, but for families further away, or people struggling with mobility etc our team of dedicated volunteer delivery drivers made special home deliveries.



## Islamic Relief parcels

Throughout Ramadan we also distributed Halal food parcels with extra contents to help our service users through the holy month. These parcels were a lifeline to local Muslim families

who were struggling with food poverty, and helped to ensure they could fast safely knowing they had good quality food for their Iftar in the evening.

## Solidarity Fast - Partnership with Nottingham Forest Community Trust

This year saw our first ever solidarity fast which was a joint project between Himmah and NFCT. We met at the world-famous City Ground to hear inspiring speeches, have a tour of the facilities and then break our fast through Iftar

and hot food provision. This was an essential awareness raising event, where Muslims and friends joined together in fast, to help us to understand the hunger people experiencing poverty experience on a daily basis.

# Community Gardening

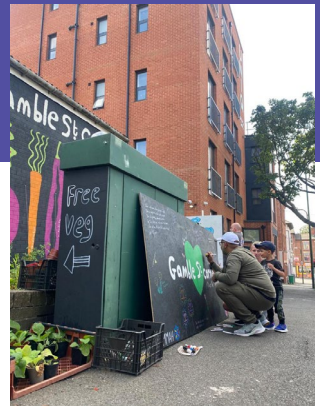
Our gardening project has significantly transformed our local community, embodying our commitment to addressing food insecurity and fostering community spirit. The project began in February 2023, in collaboration with the Nottz Garden Project, by revitalising an overgrown, derelict patch of land on Gamble Street Corner in Radford, Nottingham, into a thriving community garden. This space now cultivates a variety of vegetables and flowers, freely available to local residents or distributed through our food bank.

The success of our first guerrilla garden on Gamble Street Corner has been a testament to the project's impact. This initiative has not only provided fresh produce but also created a communal space that fosters social cohesion and mutual support. Volunteers, food bank users, and local residents have come together, learning from one another and strengthening community bonds. Our community events, such as Tomato Day, Taco Day, and a flowers and bees themed day, have engaged local people in gardening activities and raised awareness about the benefits of fresh produce.

Building on this success, we are excited to expand the community gardening project to a new site in St Anns, Nottingham. This area, identified as a 'food desert', struggles with

limited access to affordable fresh produce. By transforming another underutilised space into a community garden, we aim to provide a sustainable source of fresh food and foster a sense of community among residents. Our partnership with Metropolitan Thames Valley Housing has been instrumental in this expansion, ensuring that we can reach those most in need. Volunteers are at the heart of our gardening project. We organise weekly gardening sessions where local residents are invited to help plan and participate in activities. This volunteer-driven approach empowers individuals, providing them with valuable skills and a sense of ownership over the project. Moreover, the garden serves as an educational platform, offering workshops on topics such as plant care and the importance of reducing food miles.

The expansion of our gardening project to St Anns is expected to have a profound impact on the community. By addressing food insecurity and promoting community engagement, we aim to create a supportive environment where residents can thrive. The project will enhance access to fresh produce, improve nutritional intake, and contribute to the overall health and well-being of the community. Our efforts in gardening and guerrilla gardening exemplify our dedication to nurturing a resilient and inclusive community in Nottingham.



# School Breakfast Clubs

Every Monday during term time we deliver 72 loaves of bread to different schools in the city for their breakfast clubs. The bread is kindly donated from Hovis, and it is given to one school in the Lenton area, and to three schools in St Anns. All of the schools we supply bread to have a higher-than-average percentage of children on free

school meals. The breakfast clubs we support currently help 125 children, who may otherwise go hungry without this provision. It is well known that children cannot learn well if they are hungry, so this support is vital to these children achieving the best educational outcomes possible.

# Social Justice Awards Dinner

In November 2023 we held Himmah's second annual Social Justice Awards Dinner, which brought around 300 people together for an evening of fundraising and celebrating the good work that is done not only by Himmah, but

also by others in Nottingham. It was a moving and inspiring evening that brought everyone together – and we look forward to expanding the event and making it even bigger and better in 2024 and beyond.

# Christmas Hampers

This year we built on our Christmas hamper programme from last year, supplying hampers to children who usually receive free school meals in and around Nottingham and may otherwise receive nothing at Christmas. We increased the number of hampers by 66% from last year, giving out 1,831 hampers. Each hamper contained two books, chocolate, crisps, biscuits, a toy, a pack of crayons and a colouring book, a mini slinkie, playing cards, a bouncy ball, and a Christmas

card. The hampers brought Christmas cheer to the city's most vulnerable children.

The hampers were made in our food bank warehouse by the same loyal team of staff and volunteers who run the food bank. We received support from Nottingham Forest Community Trust and Ideagen as well as local community donations to ensure we could bring joy to children at Christmas.



# SaSh

We continue to work with the SaSH project which serves 150 meals per week. Although the hot meals kitchen was initially set up as a social eating project to end isolation and loneliness, it has seen a change in demographics due to the current cost of living crisis, with more people attending because of hunger, such as people experiencing homelessness who cannot access the basics needed in life. SaSH

was built on the principles of humanity and building bridges between religious groups as a partnership between Himmah and the Jewish Liberal Synagogue. It has been serving food to the community for over 9 years and continues to grow attracting both regular and new guests. Himmah is looking to support further hot meal provisions in Nottingham and are working with other providers to establish similar projects.

## Power to Prosper with Runnymede and NEF

This year we were fortunate to be able to join a three-year project in partnership with Runnymede Trust and the New Economics Foundation whereby we are working to address the root causes of poverty, inequality and problem debt. Power to Prosper is an ambitious programme that seeks to shift the balance of power in our political and economic systems to generate the conditions in which everyone can thrive. We pursue prosperity in its most generous sense, aiming to empower people with the wealth and security we all need to live healthy, happy and fulfilling lives.

Our partnership is based on a shared understanding that the existing status quo cannot deliver these outcomes. A collision of crises from Covid to the cost of living makes it clear that we are not “all in this together”. We know that the relationship between poverty and problem debt is not simple, and that debt is a symptom of a much wider issue. Our economy has been shaped so that it works for corporate power and wealthy elites, creating financial systems that produce deep inequality which hits certain groups harder.

The root causes of the cost-of-living crisis are built into our economic systems, which need urgent and fundamental change. Black and minority ethnic communities, single parent families, and households with a disabled member have always been unfairly exposed to disproportionate levels of poverty and debt. In recent years, we have seen that translate to tragic levels of material deprivation, housing precarity, food insecurity and fuel poverty. Our economy disadvantages those from lower and more unstable incomes and exposes communities to a poverty premium which takes more from those with the least.

Power to Prosper looks beyond individualised, short-term solutions, to promote a transformed economy that guarantees everyone financial security and a decent standard of living. Those worst impacted by these issues must be at the centre of the change we need, which can only be achieved by building collective power. Power to Prosper will build a coalition of organisations representing communities whose voices desperately need to be heard. Through these networks we will create a locally, regional and nationally impactful programme that makes

the case for an overhaul to our economic, social security and financial systems, with the leadership of those most impacted firmly at the forefront.

Only by telling an honest, powerful story about the relationship between poverty, inequality and

problem debt, can we create the momentum for a better future. We all deserve to live with dignity, security and enough to thrive. Power to Prosper aims to power that shift in approach in our communities.

## School Uniform Project

During the year we continued to provide storage space for the school uniform project which saw thousands of items of school uniform distributed to reduce the effects on landfill by repurposing and distributing second hand school uniform, mainly but not exclusively for primary aged

school children. At the end of the financial year, we parted ways as Himmah moved to a new warehouse for the Himmah foodbank and we could no longer accommodate this fantastic project.



## Universal Credit Sanctions Campaign

This year, Himmah has partnered with Gingerbread to run a campaign against Universal Credit sanctions. As part of this work, we interviewed 6 single parents about their fears and concerns regarding universal credit sanctions. This research will hopefully help to end Universal Credit sanctions, given how they negatively affect the most vulnerable in our society.

“

*It's been great to work with Himmah on our Sanctions project- a project that will hopefully help us change policy and improve the social security system, making it fairer. The team has been organised, professional and responsive. We would be delighted to partner with you again.*

”

# Let's Talk About Teen Mental Health

The "Let's Talk About Teen Mental Health" project was a comprehensive initiative aimed at supporting BAME adolescents and their families as they navigated mental health challenges. We partnered with Nottingham Counselling Service to run this project, which played a crucial role in providing expert guidance and

support throughout the program. Together, we established a peer support group for parents and carers, offering them a platform to share experiences and provide mutual support. Whilst maintaining one-to-one advice and support as needed by the families.

## Nottingham Citizens

Himmah has maintained our membership of Nottingham Citizens during this year. We were one of the founding members of this alliance, which aims to develop and organise people to challenge systems and structures that need improving, in order to enable everyone to have the best opportunities in life. As a founding member we maintain our commitment to having one of our members of staff or volunteers involved in the leadership team of Nottingham Citizens and during this year, our Partnerships Coordinator Elliot Farnsworth has maintained his position on the leadership group.

As part of this work, we have supported several community members to take part in Citizens UK's training in Community Organising, developing leadership skills and tackling issues important to them. We have also focused on building strong relationships with local institutions (schools, faith groups, universities, trade unions and charities) to build power and put pressure on some of the city's larger employers to pay employees the real living wage which has a demonstratable effect on lifting people from poverty.

## Living Wage Foundation

Himmah has continued our commitment to being a Living Wage Foundation employer, which means we pay all staff, irrespective of age the full living wage, which is agreed by the Living Wage Foundation and is usually around £1-£1.50 an hour more than the government mandated "living wage". We are proud of our commitment to this, to ensure that our staff team

are paid sufficiently so they do not need to also rely on welfare benefits such as Universal Credit to support their living costs. We also contribute to Living Wage campaigns that are held in Nottingham to try to promote take up of this commitment to improve staff pay by other local employers.

# Public Benefit Statement

The trustees of Himmah have considered the Charity Commission guidance on public benefit requirements. In the opinion of the trustees, the public benefit arising from Himmah's activities are the prevention and relief of poverty, community development (including developing community leadership and community organising), improving and developing religious and racial harmony and the advancement of

education through heritage & the arts. Himmah focuses its resources on supporting those most in need which is evidenced through referrals received for support from around 146 different partner charities/organisations. The trustees confirm that they have complied with their duty in terms of Section 4 of the Charities Act 2006 to have due regard to the Charity Commissions guidance on public benefit.

## Governance

Himmah's founding document is its constitution (Model Constitution for a Charitable Incorporated Organisation). It is managed by the Board of Trustees, which consists of trustees and others with expertise who may be appointed by the trustees as co-opted members. The Board of Trustees undertakes skills audits and invites others to join the board who it

feels will add value to the decision-making and processes of the charity. The Board of Trustees usually meets every 1-2 months, but additional meetings can be called should urgent business arise. The Senior Management Team are able to request a meeting should urgent business need to be discussed which requires trustees insight and strategic decision on.

## Induction of Trustees

All new trustees are invited to meet with the chair to discuss the role and what is expected of them as charity trustees. They are then given an induction pack outlining the roles and responsibilities of being a trustee as well as CC3 – The Essential Trustee – What you Need to Know

and What you Need to Do (Charity Commission). They are invited to attend a trustee meeting as an observer before they are offered the opportunity to become a trustee and can be involved in Himmah's development once their offer has been formally accepted.

# Reserves Policy

The trustees consider that there should always be reserves of between 3-6 months fixed and operational costs. This amounts to holding between £154,383 to £308,767 at the end of this financial year (relating to this report). As of the end of the financial year, we have not achieved this level of reserves despite reporting our largest ever end of year surplus. The year ended with

a balance brought forward of £116,325 which is excellent progress for Himmah whereby we have had to continue to respond year on year to growth of need whilst maintaining our commitment to never turning anyone away who could benefit from any of our projects.

# Exemptions

Himmah is a registered charity and is exempt from any Corporation or Income Tax.



# Financial Statement

For The Year Ended 30th June 2024

## Statement of Trustees' responsibilities

Company Law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charity at the end of the financial year and of the surplus or deficit for the year then ended. In preparing those financial statements, the trustees are required to select suitable accounting policies, as described on the above page, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Board of Trustees must also prepare the financial statements on the going concern

basis unless it is inappropriate to presume that the charity will continue in business. The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any one time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable incorporated organisation. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



**Mr. Shoaib Khan**  
Chair

## Independent Examiner's Report To The Trustees

I report to the trustees on my examination of the accounts of HIMMAH (the Charity) for the year ended 30th June 2024, which are set out on page 4 to 10.

### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in Section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Institute Of Chartered Accountants in England & Wales, which is one of the listed bodies.

Your attention is to drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities:

Statement of Recommended Practice issued on October 2019 which is referred to in the extant regulations but has since been withdrawn. We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Beerbal Mal*

### Beerbal Mal

ACA For & on behalf of Beerbal & Co  
Chartered Accountants & Solutions Accountants & Financial Services Ltd.  
149 Radford Road Nottingham NG7 5EH  
Date: 18/03/2025

# Statement of Financial Activities

For The Year Ended 30th June 2024

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
<b>Income and Endowments from</b>					
Grants		15,000	253,326	268,326	151,011
Charitable Activities		250,327	5,210	255,536	92,599
Donations and Legacies		39,220	26,423	65,643	142,404
GiffAid		14,212	-	14,212	4,796
Zakat		32,757	-	32,757	2,367
General		30,348	4,791	35,140	56,406
<b>Total Incoming Resources</b>		<b>381,864</b>	<b>289,751</b>	<b>671,614</b>	<b>449,583</b>
<b>Expenditure on:</b>					
Charitable activities	2	63,268	118,423	181,691	169,853
Expenditure on charitable activities	3	310,089	123,999	434,088	328,523
Governance costs	3a	1,755	-	1,755	1,250
<b>Total Expenditure</b>		<b>375,112</b>	<b>242,422</b>	<b>617,534</b>	<b>499,625</b>
<b>Net (Expenditure)</b>		<b>6,752</b>	<b>47,329</b>	<b>54,080</b>	<b>(50,042)</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds					
<b>Net movement in funds</b>		<b>6,752</b>	<b>47,329</b>	<b>54,080</b>	<b>(50,042)</b>
Total funds brought forward (FY-2023)		57,289	4,956	62,245	112,287
<b>Total funds carried forward</b>		<b>64,041</b>	<b>52,284</b>	<b>116,325</b>	<b>62,245</b>

The notes on page 23 to 26 form an integral part of this financial statement.

# Balance Sheet

For The Year Ended 30th June 2024

	Note	£	2024 £	2023 £
<b>Fixed Assets</b>				
Tangible Assets	5		5,787	5,570
<b>Current Assets</b>				
Other Debtors	6		8,604	7,317
Cash at bank and in hand	7		109,008	55,009
<b>Total Assets</b>			123,399	67,895
<b>Creditors: Amounts Falling due within one year</b>	8		7,074	5,650
<b>Net current Assets</b>			116,325	62,245
<b>Total Assets less current liabilities</b>			<b>116,325</b>	<b>62,245</b>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	9		116,325	62,245
<b>TOTAL FUNDS</b>			<b>116,325</b>	<b>62,245</b>

## Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

## The Trustees acknowledge their responsibilities for:

1. complying with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2024, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

## Trustee

Mr. Shoaib Khan

The notes on page 23 to 26 form an integral part of this financial statement.

# Cash Flow Statement

For The Year Ended 30th June 2024

	2024	2023
Note	£	£
<b>Cash flows from operating activities</b>		
Net cash (expenditure)/income	54,080	(50,042)
<b>Adjustments to cash flows from non-cash items</b>		
Depreciation	542	448
Investment income	-	-
	54,622	(49,594)
<b>Working capital adjustments</b>		
Increase in other debtors	(1,288)	(7,317)
Increase in creditors	1,424	1,398
(Decrease)/increase in deferred income	-	-
Net cash flows from operating activities	54,758	(55,513)
<b>Cash flows from investing activities</b>		
Interest receivable and similar income	-	-
Purchase of tangible fixed assets	(759)	-
Net cash flows from investing activities	(759)	-
Net (decrease)/increase in cash and cash equivalents	53,999	(55,513)
Cash and cash equivalents at 1 July	55,009	110,522
Cash and cash equivalents at 30 June	<b>109,008</b>	<b>55,009</b>
<b>Reconciliation of net cash flow to movement in net funds</b>		
(Decrease)/increase in cash	53,999	(55,513)
Net funds at 1 July 2023	55,009	110,522
Net funds at 30 June 2024	<b>109,008</b>	<b>55,009</b>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on page 23 to 26 form an integral part of this financial statement.

# Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2024

## 1. Accounting Policies

### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

### Basis of preparation

Himmah meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

### Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

### Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

### Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

## Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable incorporated organisation for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

## Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fridges & Computer Equipment	18% reducing balance
Fixture & Fitting and General equipment	6% reducing balance

## Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are received for specific purposes.

## Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

## Notes

### Net incoming resources

Net incoming resources are stated after charging:

			2024	2023
	Unrestricted	Restricted	Total	Total
<b>2 Charitable Activities</b>				
Food and Drinks	63,268	118,423	<b>181,691</b>	<b>169,853</b>
	<b>63,268</b>	<b>118,423</b>	<b>181,691</b>	<b>169,853</b>
<b>3 Expenditure on charitable activities</b>	<b>Unrestricted</b>		<b>Total</b>	<b>Total</b>
Office and general expenses	4,953	70	<b>5,023</b>	1,078
Rent and Rates	17,631	15,318	<b>32,949</b>	16,629
Advertising and Promotion	53,348	40	<b>53,388</b>	22,654
Packaging	1,226	3,500	<b>4,726</b>	6,152
Room Hire	140	-	<b>140</b>	2,025
Dues and Subscriptions	5,242	-	<b>5,242</b>	5,916
Insurance	1,866	172	<b>2,038</b>	1,335
Salaries	161,209	80,849	<b>242,058</b>	179,058
Sub Contract Cost	15,573	3,519	<b>19,092</b>	36,908
Depreciation: Fixed Assets	542	-	<b>542</b>	448
Repairs and Maintenance	1,422	-	<b>1,422</b>	1,457
Trade Waste	1,574	2,579	<b>4,153</b>	4,036
Website	768	-	<b>768</b>	762
Professional Fee	10,363	4,528	<b>14,891</b>	8,414
Donation Fee / Crisis Grants	-	1,666	<b>1,666</b>	13,955
Utilities	2,503	7,552	<b>10,055</b>	7,250
Volunteer Expenses	533	-	<b>533</b>	137
Telephone and Internet	506	-	<b>506</b>	1,158
Travel and Accommodation	3,655	580	<b>4,235</b>	1,542
Printing, Postage and Stationary	3,780	220	<b>4,000</b>	1,053
Miscellaneous Expense	3,287	1,556	<b>4,843</b>	4,143
Equipment Rentals	19,968	1,850	<b>21,818</b>	12,411
	<b>310,089</b>	<b>123,999</b>	<b>434,088</b>	<b>328,523</b>
<b>3a Governanc cost</b>				
Professional & Accountancy	1,755	-	1,755	1,250
	<b>1,755</b>	<b>-</b>	<b>1,755</b>	<b>1,250</b>
<b>4 Staff costs</b>				
The aggregate payroll costs were as follows:				
		2024		2023
	Unrestricted	Restricted	Total	Total
Staff costs during the year were:				
Wages and salaries	154,398	79,291	<b>233,690</b>	171,999
Pension costs	6,811	1,557	<b>8,368</b>	7,059
			<b>242,058</b>	179,058
The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:		2024	2023	
No. of Employees		11	16	
No. of Volunteers		84	84	

<b>5 FIXED ASSETS</b>					
<b>COST OR VALUATION</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	<b>Computer</b>	<b>Fridges</b>	<b>Office Equipment</b>	<b>Fixture &amp; Fitting</b>	<b>Total</b>
B/F	-	960	848	4,884	6,692
Addition	759				759
Disposal	-				-
<b>At 30/06/2024</b>	<b>759</b>	<b>960</b>	<b>848</b>	<b>4,884</b>	<b>7,451</b>
<b>Depreciation</b>					
Accumulated	-	368	120	634	1,122
Charge for the year	136	107	44	255	542
On Disposals	-	-	-	-	-
<b>At 30/06/2024</b>	<b>136</b>	<b>475</b>	<b>164</b>	<b>889</b>	<b>1,664</b>
<b>Net Book Value</b>					
Closing Balance	<b>623</b>	<b>485</b>	<b>684</b>	<b>3,995</b>	<b>5,787</b>
Opening Balance	-	592	728	4,250	5,570

<b>6 Debtors</b>		
	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Other Debtors	8,604	7,317

<b>7 Cash &amp; cash equivalents</b>		
	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Cash on hand	9	56
Cash at bank	108,999	54,953
	<u>109,008</u>	<u>55,009</u>

<b>Notes</b>	<b>2024</b>	<b>2023</b>
<b>Long term Liabilities</b>		
Opening Balance	-	-
Closing Balance	-	-
<b>8 Current Liabilities</b>		
Accounts Payable	-	4,400
Payroll Liabilities	-	-
Accruals	5,319	-
Accountancy	1,755	1,250
	<u><b>7,074</b></u>	<u><b>5,650</b></u>
<b>9 Restricted funds</b>		
Deficit/Surplus 30/06/2023	4,956	26,515
Excess of income over expenditure	47,329	(21,559)
Balance as on 30/06/2024	<u><b>52,284</b></u>	<u><b>4,956</b></u>
Unrestricted Funds		
Deficit/Surplus 30/06/2023	57,289	85,772
Excess of income over expenditure	6,752	(28,483)
Balance as on 30/06/2024	<u><b>64,041</b></u>	<u><b>57,289</b></u>

## **10 Taxation**



**HIMMAH**.ORG

grassroot community action

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info@himmah.org  
www.himmah.co.uk

Unit 4-5 Forest Court  
Gamble Street, Radford  
Nottingham NG7 4EX



**HIMMAH**

England & Wales - Charity number 1161021

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# Accounts

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# **ANNUAL REPORT AND ACCOUNTS**

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2022 - 23

Registered Charity - 1161021

# Contents

Reference and Administrative Details.....	2
Chairmans Report.....	3
Trustees Report.....	4
Food Bank.....	5
FoodPrint.....	10
FoodPrint on Wheels.....	12
Gardening & Guerrilla Gardening in Nottingham!!!.....	13
School Breakfast Clubs.....	13
Social Justice Awards Dinner.....	14
Solidarity Fast.....	14
Christmas Hampers.....	15
SaSH.....	15
School Uniform Project.....	16
Nottingham Citizens.....	16
Living Wage Foundation.....	16
Independent Examiner's Report.....	17
Income and Expenditure Account.....	18
Balance Sheet.....	19
Notes to Financial Statements.....	20

# Reference and Administrative Details

<b>Trustees</b>	Mr. Shoab Khan (Chair) Ms. Ferzana Shan Mr. Ifikhar Ahmed Mr. Isa Truchet
<b>Senior Management Team</b>	Sajid Mohammed (Director) Caron Boulghassoul (Head of Resources until May 2023 – Deputy Director from May 2023) Shoana Qureshi-Khan (Deputy Director until May 2023) Jagdish Patel (Arts and Research)
<b>Registered Office</b>	Unit 2 Forest Court Gamble Street Nottingham NG7 4EX
<b>Charity Registration Number</b>	1161021
<b>Bankers</b>	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
<b>Independent Examiners</b>	Solutions Accountants & Financial Services Ltd 209 Radford Road Nottingham NG7 5GT <a href="http://www.solutionsaccountants.co.uk">www.solutionsaccountants.co.uk</a>

# Chairmans Report

On behalf of the board of Trustees, it is my privilege to present Himmah's Annual Report for the year 2022-2023, showcasing our unyielding efforts and significant strides in the fight against food poverty in Nottingham. This year has been one of both challenge and innovation for Himmah, as we continued to serve as the largest independent food bank in the city, distributing an average of 1187 food parcels and nearly 10 tonnes of food every month.

As you will see in the report which follows, the past year has tested our resilience amid heightened macroeconomic pressures, including soaring inflation rates and escalating food prices impacting the UK and notably affecting our local community. These challenges were compounded by logistical hurdles, as the decrease in surplus food stocks necessitated a shift towards purchasing at full retail prices from supermarkets and wholesalers. Despite these obstacles, we have expanded our services, including the successful operation of our social supermarkets in Radford and Sneinton. These outlets have not only provided heavily subsidised food options but have also catered to specific dietary needs, reinforcing our commitment to accessibility and diversity.

This reporting year also marked the exciting launch of our 'Guerilla Gardening' project, transforming a neglected plot into a vibrant community garden. This initiative provided fresh vegetables and herbs, enhancing our community's nutrition and wellbeing.

Furthermore, our consistent support to local schools through the provision of 72 loaves of bread each Monday for breakfast clubs underscores our dedication to nurturing the next generation.

A highlight of the year was our inaugural 'Social Justice Awards Dinner', which brought together 300 community members in a celebration of solidarity and generosity. This event not only raised critical funds but also honored the outstanding contributions of our volunteers and partners.

As the cost of living crisis continued unabated, with significant increases in household energy bills, mortgages and basic necessities, the demand for food bank services intensified. The economic slowdown, coupled with specific challenges in Nottingham such as higher-than-average unemployment rates, made our mission ever more critical.

In closing, I extend my deepest gratitude to our partners, volunteers, and donors, whose unwavering support fuels our endeavors. Special thanks to our dedicated staff, the whole leadership and fellow trustees, whose stewardship has been indispensable. As we look forward, Himmah remains steadfast in our commitment to alleviate food poverty and foster social justice in our beloved community. Thank you for standing with us as we continue this vital work, striving to make Nottingham a beacon of hope and support for all its residents.

# Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, FoodPrint (social supermarkets), hate crime awareness & reporting, and heritage/educational projects. We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning. We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working. Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive, educated and prosperous communities, whilst

ensuring that people don't fall through the cracks in terms of welfare provision through our food poverty projects etc.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods. Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.

# Food Bank

**Himmah's food bank has maintained its status as the largest independent Food Bank in Nottingham, and we have continued to maintain our commitment to providing 7 days' worth of food for each person in a household, to ensure that no one need go hungry in Nottingham.**

Himmah's food bank has maintained its status as the largest independent Food Bank in Nottingham, and we have continued to maintain our commitment to providing 7 days' worth of food for each person in a household, to ensure that no one need go hungry in Nottingham.

Our service users vary considerably with the challenges they face, including people who are disabled, vulnerable & isolated, homeless, and women and children in shelters who have escaped domestic abuse, as well as people who have no recourse to public funds. We don't limit the number of repeat referrals someone can have, which means we are able to provide long-term support to those who need it; including people who cannot work due to disability, and/or have no recourse to public funds (who can only resolve their situation by submitting fresh claims for asylum or other immigration challenges they face).

We also provide Halal food parcels and currently around 40% of our food distribution is to BAME communities. This means that people who have fallen into hardship can receive the food they need to maintain their Halal dietary requirements. This means people who are facing hardship can keep their religious practices which is crucial to their wellbeing.

The number of parcels distributed monthly has remained fairly consistent for most of the year, and we have not seen huge growth like we did in the last financial year. This is despite having a

high of 1630 parcels distributed in March 2023, and a low of 838 parcels distributed in April 2023. We are averaging 1187 food parcels a month, equating to about 9496kg of food being distributed across the city. We work with a wide range of referrers including housing associations, GPs, women's refuges, Department for Work & Pensions (DWP) and Nottingham City Council amongst others.

Our food bank is run by a project manager who oversees volunteers and stock management and a project coordinator who oversees the day to day running of the food bank, along with the help of the Radford FoodPrint Coordinator who also assists as and when needed. It has been a challenge to maintain the same level of service that we were providing at the end of the last financial year, given that levels of surplus stock have decreased across supply chains which affects how much fresh produce we are able to distribute. These constraints have meant we have had to closely examine different options for sourcing our food stock and this has forced us to make regular purchases at full cost from supermarkets and wholesalers. This has a massive impact on our financial needs and means we have to consistently check on stock levels, as well as best places to source new stock as we maintain our commitment to never turn anyone away who is need of a food parcel.

The Food Bank on average needs about two to five volunteers a day depending on deliveries and volume of parcels needed. These volunteers support with making food parcels, greeting

beneficiaries in the reception and in helping in the Foodprint supermarket. Our volunteers also get involved in deliveries, fundraising activities and research into food poverty issues. We have also had an increase in Corporate Social Responsibility from larger businesses (such as volunteering days), with some CSR including helping with regular volunteering from staff.

The Food Bank has continued to work with a local Muslim Scouts group to help in providing opportunities for them to complete the Duke of Edinburgh award. The children involved are placed in local charities such as Himmah to provide an opportunity to support local charities

and serve their community. The skills developed include teamwork, building confidence and self-esteem, communication and planning skills. The team visit each Tuesday evening (term time) and together build between 100 and 200 parcels by setting up and managing a production line. As these young people are all from BAME communities, we see this initiative as a core means to build their leadership skills which will help with their employability in the future. Furthermore, we are working with a global business to create a leadership development plan for the Muslim Scouts group, who are visiting their Derby site later in the year.

### Casestudy 1:

Hannah, a Student Nurse, arrived at Himmah in a state of distress. She had not eaten for three days, had been removed from her family home, and was forced to sleep in her car. We provided her with a food parcel, but she only took the bare essentials out of embarrassment. We contacted her and encouraged her to return to the food bank, where we provided her with milk, fresh fruit and vegetables, bread, as well as some chocolate. We also encouraged her to reach out to her university's welfare team, so she could receive the support she needed.

Hannah has said that the support we provided her has made a profound difference to her life. Not only did it give her the emergency support she desperately needed, but she said the empathy and emotional support we provided her with helped her through a difficult period of her life. Furthermore, the recommendation to contact her university for support, has enabled her to find suitable student accommodation to live in.

### Casestudy 2:

Dalmar is a refugee from East Africa who was referred to Himmah via refugee roots – a charity that helps asylum seekers settle into the UK. Dalmar only spoke limited English. Two weeks after his initial referral he asked us if we had anything he could use to open the tins we gave him. Through further conversation we realised that Dalmar was not used to tinned food, and he had a number of cuts on his hands through trying to open them with a knife. We were able to provide a tin opener for him, as well as taking the time to explain how they work so he could manage this independently.

Dalmar has said that he is extremely grateful for the help we provided him with, as by understanding something that is so natural to many of us but sometimes difficult for people from other cultures to get used to, he is able to access a wider range of food which helps him especially given the hardship he is facing. Himmah's experience with Dalmar has been a learning process for all involved, and we are now trying to be more aware of how people from other cultures and countries may not understand things which we may often take for granted.

“

*In my experience of referring people to Himmah's food bank, I have found the staff and volunteers to be extremely helpful and with excellent communication. The online system for referrals is also easy to use and saves time.*

**- Fawad Mousawi, Refugee Roots (Partner)**

”

“

*I've found that clients really appreciate the fact that Himmah has the 4-week referral option available on top of the fact Himmah is open 4 days a week. I also spoke with a client recently who said you were able to give them an emergency parcel on a Friday, a day which you are usually not open. The client was extremely grateful. You are an asset to Nottingham.*

**- Lisa Batchelor, Nottingham City Council Welfare Rights (Partner)**

”

“

*Our service users look forward to getting their food parcel and are very happy with it as most of them would go hungry without the food parcel. The food parcel stops people from begging and stealing and contributes to a healthier lifestyle where people are not malnourished.*

**- Lincoln Webb, Framework (Partner)**

”

“

*I've now had chance to catch up with most of the team that volunteered on Wednesday and the feedback has been brilliant. They have all said how great it was to be involved and that all the people at Himmah were incredibly friendly and made them feel so welcome. Thank you and please pass on our thanks to your colleagues at Himmah for this, it is great to hear. Some of the team from Wednesday will be back out in August to support and those that are, have said they cannot wait to come and help Himmah again. For now thank you once again for making our colleagues so welcome.*

**- Daniel, Yusen (Volunteer)**

”

“

*I just wanted to thank you again for allowing Lindt to come today and support you and your organisation. The guys all had a great time and really felt like they have achieved something today by helping out the local community. Himmah is so essential in helping combat poverty and just knowing that such places exist must literally be a life saver to some, so thank you to you and your team for being so passionate and being a part of this, you work miracles.*

**- Carly, Lindt (Volunteer)**

”

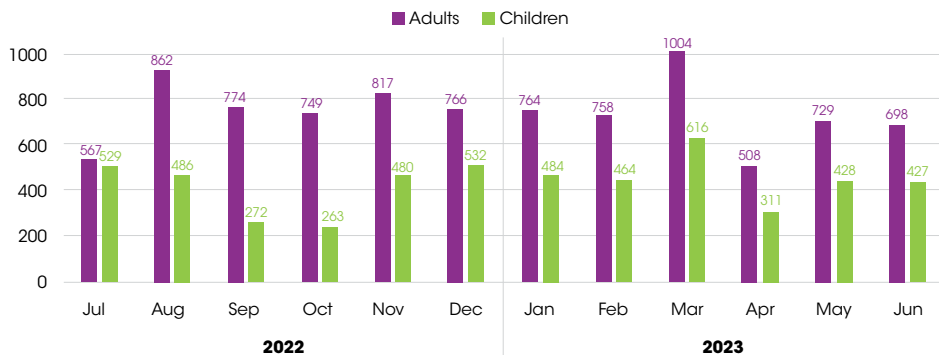
## 2022

		Parcels	KG
<b>JUL</b>	Total food donated	1096	9940
	Adults	567	5142
	Children	529	4798
<b>AUG</b>	Total food donated	1348	13370
	Adults	862	8550
	Children	486	4820
<b>SEP</b>	Total food donated	1046	9440
	Adults	774	6986
	Children	272	2454
<b>OCT</b>	Total food donated	1012	9620
	Adults	749	7120
	Children	263	2500
<b>NOV</b>	Total food donated	1296	11980
	Adults	816	7543
	Children	480	4437
<b>DEC</b>	Total food donated	1298	11688
	Adults	766	6898
	Children	532	4790
<b>CHRISTMAS</b>	Total food donated	1100	8800
	Adults	0	0
	Children	1100	8800

## 2023

		Parcels	KG
<b>JAN</b>	Total food donated	1248	9984
	Adults	764	6112
	Children	484	3872
<b>FEB</b>	Total food donated	1222	9776
	Adults	758	6064
	Children	464	3712
<b>MAR</b>	Total food donated	1620	12960
	Adults	1004	8032
	Children	616	4928
<b>APR</b>	Total food donated	819	6552
	Adults	508	4064
	Children	311	2488
<b>MAY</b>	Total food donated	1157	9256
	Adults	729	5832
	Children	428	3424
<b>JUN</b>	Total food donated	1125	9000
	Adults	698	5584
	Children	427	3416
<b>TOTAL</b>	Total food donated	15387	132366
	Adults	8995	77926
	Children	6392	54440

### Number of Food Parcels Provided per Month





# FoodPrint

We continued to run our social supermarket in Sneinton, and we also expanded our service by merging the Peoples Pantry into Foodprint. So we now have two Foodprint stores, one in Sneinton, and another in Radford at the same site as our food bank. Foodprint allows people to buy surplus food at a heavily discounted price. Allowing people on a low income to have the dignity of being able to afford to do a shop, whilst helping to reduce food waste. We have a full-time member of staff who is employed for the Sneinton Foodprint store and a part-time worker at the Radford Foodprint (within the Himmah warehouse).

Since the Radford Foodprint store was opened in September 2022, monthly sales have more than doubled from £959.36 to £2072.30 in May 2023. Additionally the number of customers served has also steadily increased from 36 per week in September 2022, to 86 per week in May 2023. In our Sneinton store we have maintained the levels of sales fairly consistently, and we continue to serve around 300 customers a week. Since September of this financial year the

Sneinton store has made up around 87% of the total sales, with the Radford branch making up the remaining 13%.

We have also gained funding from Public Health Nottingham to open a new shop in Bulwell (or a similar area with high levels of food poverty with poor access to fresh produce). Whilst we have not yet identified a suitable premise for this expansion it is something that we aim to conclude during the next financial year, so that we can expand the good work Foodprint does and help as many people as possible.



## Casestudy 1:

John is a middle-aged man and a single father, who often struggles to make ends meet while raising his two young children. As a minimum-wage earner, he often finds it challenging to provide balanced and nutritious meals for his family and has had to rely on food banks in the past. And in most supermarkets, healthier food options are simply too expensive for John to use, which he has told us leaves him feeling increasingly stressed and concerned about his children's well-being.

By becoming a regular customer at Foodprint, John noticed significant improvements in his life. With Foodprint's focus on healthy food options, John has been able to make more nutritious choices for his family. This has allowed John to provide his children with the nutrition they need to maintain a healthy and balanced diet.

John often says how using Foodprint has made a massive difference to him and his children's lives. It has meant he no longer has to rely on food banks. This he says affords him greater dignity in his life – as he can choose which food he wishes to purchase, rather than being given the same food every week that would be the case if he was still reliant on food parcels.

## Casestudy 2:

Laura is a young woman who leads a hectic life balancing various cleaning jobs across the city (microjobs). In addition to her busy schedule, Laura faced the daily challenge of managing several allergies, making it difficult for her to rely on food banks for support as they often provide little or no choice in the food they supply.

Fortunately, Laura found out about Foodprint, which she says has significantly improved her life. As she can purchase food that meets her dietary requirements at a reduced rate helping her manage on her limited budget. Moreover, prior to utilizing Foodprint, Laura's allergies often restricted her food choices, leading to an imbalanced diet. With Foodprint's array of nutritious alternatives, she can now maintain a well-rounded and healthy diet, positively impacting her overall well-being.

Laura has also benefited from Foodprint's increased opening hours, opening on Tuesdays and Thursdays has given Laura the opportunity to come to the store more frequently. Laura works on zero-hour contracts, which often means she cannot plan in advance when she will be able to shop.



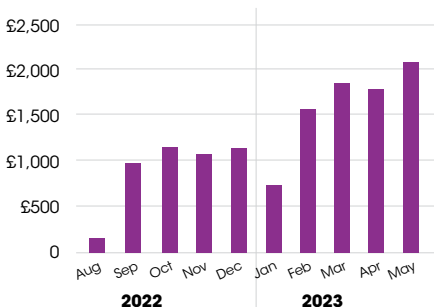
“

*I would like to thank Nadeem for making me feel so welcome and allowing me to be senior cardboard manager for the day, what a privilege! Credit also to go to the business Metropolitan Thames Valley Housing (MTVH) in allowing employees to get out into their local community and connect with people who they would not normally cross paths with. It may only be a few hours, but I started to understand some of the hardships, through food poverty, that exists not so far from my front door, it was a real eye-opener. Again, thanks to Nadeem and the team at Foodprint. I will not hesitate to come again.*

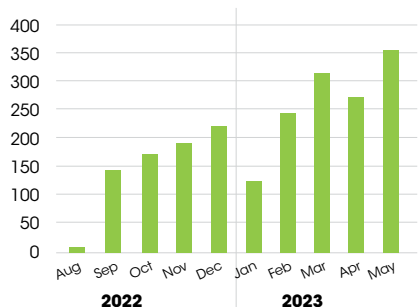
**- Volunteer**

”

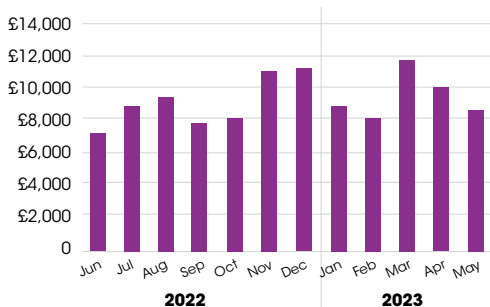
**Sales (Radford Store)**



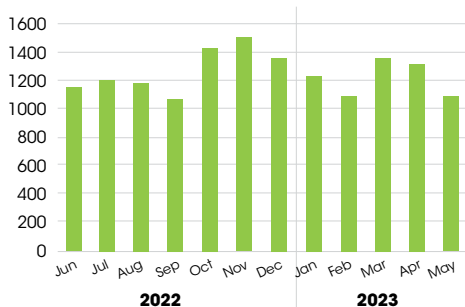
**No. of Sales (Radford Store)**



**Sales (Sneinton Store)**



**No. of Sales (Sneinton Store)**



## FoodPrint on Wheels

Over the last year we have continued to run our weekly Foodprint on Wheels service (the mobile version of our Foodprint shops). Once a week the van is taken to a social housing estate in St Anns, where residents often struggle to purchase food due to the estate being on a steep hill; and of the two local shops are either unaffordable for people on low incomes, or specialises in frozen food only (and often highly processed foods). This means the local residents are not able to access the fresh fruit and vegetables necessary to maintain a healthy diet, which is where FoodPrint on Wheels comes in. MTVH have continued to support us by paying the vehicle running costs and the staff salary to coordinate the project. We serve around 30 customers a week, with an average spend of £5.89. FoodPrint on Wheels therefore provides local resident the opportunity to buy fresh produce at an affordable price, and also reducing the carrying of heavy produce that compounds the effects of food poverty in this neighbourhood.



# Gardening & Guerrilla Gardening in Nottingham!!!

This year we started a new project based around the idea of community gardening with our partner, the Whitemoor Garden Project. In February Himmah's project manager Elliot, as well as Paul from the Whitemoor Garden Project, began work on a small derelict patch of land around the corner from our food bank. They (along with the help of regular volunteers) held weekly sessions where they made the land suitable for growing, as well as painting a colourful mural to raise awareness and add colour to the busy street corner. They have been able to plant a range of vegetables and herbs, including courgettes, tomatoes, beans, salad leaves, beetroot, callaloo, thyme and more. We have more plans for this space and encourage

people to come and harvest what they need, anytime of day or night but also encourage volunteers, schools and youth groups to get involved in learning about gardening. We even built a weeny library, which is regularly stocked up from donations we receive.

We have also taken over an allotment at the Sherwin Road Community Garden. With the help of some of our regular food bank volunteers, we were able to clear the overgrowing weeds and begin to plant vegetables which we have distributed through the food bank. The project has since been supported by weekly volunteer sessions led by Nottingham City General Practice Alliance (health service).



## School Breakfast Clubs

Every Monday during term time we deliver 72 loaves of bread to different schools in the city for their breakfast clubs. The bread is kindly donated from Hovis, and it is given to one school in the Lenton area, and to three schools in St Anns. All of the schools we supply bread to have a higher-than-average percentage of children on free school meals. This project was started by

Foodprint, and we have continued it since we took over Foodprint in the last financial year. The breakfast clubs we support currently help 125 children, who may otherwise go hungry without this provision. It is well known that children cannot learn as well if they are hungry so this support is vital to these children achieving the best educational outcomes possible.

# Social Justice Awards Dinner

In December 2022 we held Himmah’s first Social Justice Awards Dinner, which brought around 300 people together for an evening of fundraising and celebrating the good work that is done not only by Himmah, but by others in Nottingham. It

was a moving and inspiring evening that brought everyone together – and we look forward to expanding the event and making it even bigger and better in 2023 and beyond.

## Solidarity Fast

We organised a solidarity fast during Ramadan 2023 which recruited volunteers, local city councillors and partner organisations who joined staff in a one day’s fast, to understand both what Ramadan entails but also the suffering of people around the world who live without sufficient food on a daily basis. This act brought awareness of food poverty to the fore as well as raising some vital funds for us through participants collecting sponsorship for their fast. We ended the fast in speakers’ corner, which brought together all of

the people who had fasted for the day; in an event which we called ‘dates in the square’. The event included speeches by our director Sajid Mohammed, as well as Nottingham City Council leader David Mellon, and there were around 100 people in attendance. We provided a vegetarian meal for all the people who attended the event (whether they fasted or not) and we also handed out the remaining food to local homeless people, supplying them with a much-needed hot meal.



# Christmas Hampers

This year we built on our Christmas hamper programme from last year, supplying hampers to children who usually receive free school meals in the term time and would be struggling without access to a cooked meal during the holidays. This year we increased the number of hampers by 76.8% from last year, giving out 1100, which

equates to 8800kg of food. We also provided a toy and a book in each of the hampers. Most of the hampers were made in the warehouse by the same loyal team of staff and volunteers who run the food bank, making this period a stressful (due to the volume of hampers prepared and distributed) but also a very rewarding time.

## SaSH

We continue to work with the SaSH project which serves 150 meals per week. Although the hot meals kitchen was initially set up as a social eating project and to end isolation and loneliness, it is seeing a change in demographics during the current cost of living crisis, with more people hungry such as people experiencing homelessness and therefore without the basics needed in life. SaSH was built on the principles

of humanity and building bridges between religious groups as a partnership between Himmah and the Jewish Liberal Synagogue. It has been serving food to the community for over 8 years and continues to grow and sees regular and new guests. Himmah is looking to support further hot meal provision in Nottingham and are working with other providers to establish similar projects.

# School Uniform Project

The Uniform Project has grown from a project a local mum started and was operating from her home, however during this year we offered space for the Uniform Project to be based within the Himmah warehouse in Radford. Volunteers collect and clean donated uniforms (from around 30 different schools) for the project and then families who are struggling can come in to collect their uniform that has been put together to meet the needs of each child (in terms of sizes, preferred individual pieces of uniform e.g.

choosing cardigan or jumper, skirts or trousers etc). Most referrals come through social media channels or our email/messenger service and we then let families know when their parcel is ready for collection – either at Himmah or one of our distribution points around the city. People will offer a financial contribution if they are able to, but there is no obligation to donate. These uniforms would ordinarily go to landfill due simply to children outgrowing uniform often very quickly!

## Nottingham Citizens

Himmah has maintained our membership of Nottingham Citizens during this year. We were one of the founding members of this alliance, which aims to develop and organise people to challenge systems and structures that need improving, in order to enable everyone to have the best opportunities in life. As a founding member we maintain our commitment to having one of our members of staff or volunteers

involved in the leadership team of Nottingham Citizens and during this year, our Partnerships Coordinator Elliot Farnsworth has joined the leadership group. We have continued to support different campaigns, specifically the fair work campaign, which also links to our own accreditation through the living wage foundation.

## Living Wage Foundation

Himmah has continued our commitment to being a Living Wage Foundation employer, which means we pay all staff, irrespective of age the full living wage, which is agreed by the Living Wage Foundation and is usually around £1-£1.50 an hour more than the government mandated “living wage”. We are proud of our commitment to this, to ensure that our staff

team are paid sufficiently so they do not need to also rely on welfare benefits such as Universal Credit to support their living costs. We also contribute to Living Wage campaigns that are held in Nottingham to try to promote take up of this commitment to staff pay by other local employers.

# Financial Statement

**For The Year Ended 30th June 2023**

The trustees present their report and accounts for the year ended 30th June 2023. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 Issues in 2014.

## Independent Examiner's Report To The Trustees

I report on the accounts of the charity, which are set out on page 17 & 18.

### **Respective responsibilities of trustees and Examiner**

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and
3. State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

#### **My examination was carried out in accordance with the general directions given by the charity commission.**

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees

concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - to keep accounting records in accordance with section 130 of the 2011 Act and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*QaziArshad*

### **Qazi Naveed Arshad**

FIAB, MA, For & on behalf of Solutions Accountants & Financial Services Ltd.  
149 Radford Road Nottingham NG7 5EH  
Date: 18th Apr 2023

# Income and Expenditure Account

For The Year Ended 30th June 2023

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
<b>Income and Endowments from</b>					
Grants		6,600	144,411	151,011	78,188
Charitable Activities		92,599	-	92,599	-
Donations and Legacies		140,037	2,367	142,404	182,713
GiffAid		4,796	-	4,796	898
Zakat		2,367	-	2,367	14,445
General		56,406	-	56,406	7,000
<b>Total Incoming Resources</b>		<b>302,805</b>	<b>146,778</b>	<b>449,583</b>	<b>283,245</b>
<b>Expenditure on:</b>					
Charitable activities	1	51,093	118,760	169,853	64,881
Costs of charitable activities	2	278,945	49,578	328,523	168,926
Governance costs	3	1,250	-	1,250	1,025
<b>Total Expenditure</b>		<b>331,288</b>	<b>168,337</b>	<b>499,625</b>	<b>234,832</b>
<b>Net (Expenditure)</b>		<b>(28,483)</b>	<b>(21,559)</b>	<b>(50,042)</b>	<b>48,412</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds					
<b>Net (Expenditure of the year)</b>		<b>(28,483)</b>	<b>(21,559)</b>	<b>(50,042)</b>	<b>48,412</b>
Total funds brought forward (FY-2022)		85,772	26,515	<b>112,287</b>	63,874
<b>Total funds carried forward</b>		<b>57,289</b>	<b>4,956</b>	<b>62,245</b>	<b>112,287</b>

# Balance Sheet

	Note	£	2023 £	2022 £
<b>Fixed Assets</b>				
Fixture & fittings			4,843	5,244
Office Equipment			728	774
<b>Current Assets</b>				
Other Debtors	4		7,317	-
Bank			54,953	110,381
Petty Cash			56	140
<b>Total Assets</b>			<b>67,895</b>	<b>116,539</b>
<b>Creditors: Amounts Falling due within one year</b>	5		5,650	4,252
<b>Net current Assets</b>			62,245	112,287
<b>Total Assets less current liabilities</b>			<b>62,245</b>	<b>112,287</b>
<b>FUNDS</b>				
Accumulated Surplus Account	6		62,245	112,287
<b>TOTAL FUNDS</b>			<b>62,245</b>	<b>112,287</b>

## Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

## The Trustees acknowledge their responsibilities for:

1. complying with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2011, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

## Trustee

Mr. Shoaib Khan

The notes on page 20 form part of this financial statement.

# Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2023

## Accounting Policies

### 1 Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014 (as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

### Tax status

Himmah has a charitable status hence do not attract any Taxes

### Receipts

Income comprises of restricted and un-restricted donations, Grants.

### Funds structure

The charity has restricted and unrestricted funds. Restricted funds are categorised as restricted based on the donors' restrictions on the projects for which they must be used.

### Average Number of employee

Sixteen paid employees and 84 volunteers has been employed during the financial year.

### Income and endowments

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.

### Income recognition

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

### Expenditures

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It represents both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them,
- including the accountancy fees and costs linked to the strategic management of the charity.



**Notes****Net incoming resources**

Net incoming resources  
are stated after charging:

			<b>2023</b>	<b>2022</b>
<b>1 Charitable Activities</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
1.1 Charitable Assistance			-	-
1.2 Food and Drinks	51,093	118,760	<b>169,853</b>	64,881
1.3 Events and Activities	-	-	-	-
	<b>51,093</b>	<b>118,760</b>	<b>169,853</b>	<b>64,881</b>
<b>2 Costs of charitable activities</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
Office and general expenses	1,077.93	-	<b>1,078</b>	1,306
Rent and Rates	14,089.33	2,540	<b>16,629</b>	12,569
Advertising and Promotion	22,654	-	<b>22,654</b>	5,372
Packaging	6,151.61	-	<b>6,152</b>	3,909
Room Hire	225.00	1,800	<b>2,025</b>	-
Dues and Subscriptions	5,915.53	-	<b>5,916</b>	515
Insurance	1,335	-	<b>1,335</b>	-
Salaries	155,662.84	23,395	<b>179,058</b>	35,735
Sub Contract Cost	32,108.15	4,800	<b>36,908</b>	66,648
Depreciation: Fixed Assets	448	-	<b>448</b>	496
Repairs and Maintenance	1,457.18	-	<b>1,457</b>	5,729
Trade Waste	4,035.73	-	<b>4,036</b>	2,796
website	762	-	<b>762</b>	539
Professional Fee	6,164.29	2,250	<b>8,414</b>	4,905
Donation Fee / Crisis Grants	-	13,955	<b>13,955</b>	180
Utilities	6,450	800	<b>7,250</b>	8,420
Volunteer Expenses	100	37	<b>137</b>	394
Telephone and Internet	1,157.88	-	<b>1,158</b>	964
Travel and Accommodation	1,542	-	<b>1,542</b>	1,179
Printing, Postage and Stationary	1,053.26	-	<b>1,053</b>	1,369
Miscellaneous Expense	4,143	-	<b>4,143</b>	2,952
Equipment Rentals	12,411.37	-	<b>12,411</b>	12,949
	<b>278,945</b>	<b>49,578</b>	<b>328,523</b>	<b>168,926</b>
<b>3 Governanc cost</b>				
Professional & Accountancy	1,250		1,250	1,025
	<b>1,250</b>	-	<b>1,250</b>	<b>1,025</b>

<b>3A FIXED ASSETS</b>				
<b>COST or VALUATION</b>	£	£	£	£
	<b>Fridges</b>	<b>Office Equipment</b>	<b>Fixture &amp; Fitting</b>	<b>Total</b>
B/F	960	848	4,884	<b>6,692</b>
Addition				-
Disposal				-
<b>At 30/06/2022</b>	<b>960</b>	<b>848</b>	<b>4,884</b>	<b>6,692</b>
<b>Depreciation</b>				
Accumulated	238	74	362	<b>674</b>
Charge for the year	130	46	271	<b>448</b>
On Disposals	-			
<b>At 30/06/2022</b>	<b>368</b>	<b>120</b>	<b>633</b>	<b>1,122</b>
<b>Net Book Value</b>				
Closing Balance	<b>592</b>	<b>728</b>	<b>4,251</b>	<b>5,570</b>
Opening Balance	722	774	4,522	<b>6,018</b>

- 4 This is made up from the school uniform project (who owed us money for wages we paid to their staff), Metropolitan Thames Valley Housing (who owed us money for a service we delivered in partnership with them) and Green Hustle C.I.C. (who owed us money for providing food at their festival)

<b>Notes</b>	<b>2023</b>	<b>2022</b>
<b>Long term Liabilities</b>		
Opening Balance	-	-
	-	-
Closing Balance	-	-
<b>5 Current Liabilities</b>		
Accounts Payable	4,400	3,227
Payroll Liabilities	-	-
Accruals	-	-
Accountancy	1,250	1,025
	<b>5,650</b>	<b>4,252</b>
<b>6 Restricted funds</b>		
Deficit/Surplus 30/06/2022	26,515	38,379
Excess of income over expenditure	(21,559)	(11,863)
<b>Balance</b>	<b>4,956</b>	<b>26,515</b>
<b>Unrestricted Funds</b>		
Deficit/Surplus 30/06/2022	85,772	25,496
Excess of income over expenditure	(28,483)	60,276
<b>Balance</b>	<b>57,289</b>	<b>85,772</b>



**HIMMAH**.ORG

grassroot community action



0115 871 4426  
info@himmah.org  
www.himmah.co.uk

Unit 2, Forest Court.  
Gamble St. Nottingham. NG7 4EX



**HIMMAH**

England & Wales - Charity number 1161021

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# Accounts

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**HIMMAH.ORG**

grassroot community action

# **ANNUAL REPORT AND ACCOUNTS**

**2021 - 22**

Registered Charity - 1161021

# Contents

Chairs Foreword.....	2
Reference and Administrative Details .....	3
Trustees Report.....	4
Food Bank .....	5
FoodPrint.....	10
FoodPrint on Wheels .....	10
Hot Meals.....	12
Cooking Classes.....	12
Nottingham Citizens.....	13
Solidarity Fast.....	13
Ramadan Iftar’s.....	13
Christmas Hampers.....	14
Nottingham Trent University (NTU) – Faith Ambassadors .....	14
The Uniform Project (Nottingham) Ltd.....	15
Living Wage Accreditation .....	15
Partnership Working.....	15
Public Benefit Statement.....	17
Governance.....	17
Induction of Trustees .....	17
Reserves Policy.....	18
Exemptions.....	18
Statement of Trustees Responsibilities.....	19
Independent Examiners Report.....	20
Income and Expenditure Account.....	21
Balance Sheet .....	22
Notes to Financial Statements.....	23



# Chairs Foreword

**On behalf of the board of Trustees, I am grateful to be able to present Himmah's Annual Report, which details the activities we have engaged in to support our community over 2021-2022.**

Despite coming out of the pandemic, this reporting period covers a time in which global factors such as and energy insecurity began filtering through into the prices of staple food items, impacting even more families and vulnerable individuals. As you will see in this report, our work to tackle food poverty has greatly accelerated to meet this demand and this report sets out how the team had to ramp up services and be more flexible to the most vulnerable residents in our neighbourhoods. This has only been possible by an increase in the number and the commitment of volunteers from our community and I am proud of the way everyone has chipped in to meet the increase in demand despite such an enormous challenge.

This year we were also able to work even more innovatively and diversify the service offering further to support local people suffering from food poverty. With the acquisition of a 'social supermarket' in Sneinton; Foodprint, Himmah was able to provide access to affordable food and groceries to those in need for a heavily subsidised price for low income individuals. Foodprint was acquired as a 'turnkey' service, complete with a shop floor and vans to funding by housing partners helping us to serve communities in fresh-food 'deserts' around the city. This new service increases the scope and size of our operations, allowing us to reach more people in need, particularly in the south of the city and I am particularly pleased that this foothold also allows us to package this support with other services, such as referrals to professional debt advice, credit unions and wellbeing support for those that have been left disadvantaged by life events which you can read about below. As the cost-of-living crises gripped communities, we also diversified from food to support initiatives to provide other basic necessities such as school uniform, hygiene items and books and toys at Christmas.

As always, my thanks must go out to our partners and volunteers that worked with us over the reporting year. You strengthen my faith that

Nottingham is a special city, in which there exists extraordinary people and extraordinary organisations. You are doing heroic work on a daily basis to support the most impoverished members of our society and I commend you for it.

I would also like to thank our donors and funders, whether you gave openly or discretely, whether you gave a single item of food or funded a whole programme of work. Every donation has the potential to contribute to a life-changing impact for someone in our community.

Finally, I would like to thank the dedicated staff at Himmah; including Director Sajid Mohammed, who continues to drive the organisation despite the complexity of challenges and Caron Boulghassoul, who helps us grow and build our capacity to assist ever-increasing numbers of vulnerable residents in our city through institutional fundraising.

Unfortunately, as I write this foreword I am conscious that we have just navigated our most recent 'winter of discontent' and have not yet fully counted the inflationary costs of increased energy, interest-rates, food and other basic necessities on the impact of these factors on peoples' lives. There will have been no let-up in the number of citizens needing our support and our next report will likely demonstrate even more harrowing figures about the number of individuals and families needing support in our city. We will continue to work together with all of our stakeholders – volunteers, funders, donors and staff – to protect our neighbours from the harms of food poverty and social injustice, through practical support and campaigning, with the hope that we can shape the world, or Nottingham at least, into a better place.



**Shoab Khan**  
Chair

# Reference and Administrative Details

<b>Trustees</b>	Mr. Shoab Khan - Chair Ms. Ferzana Shan - Trustee Mr. Iffikhar Ahmed - Trustee Mr. Isa Truchet - Trustee
<b>Senior Management Team</b>	Sajid Mohammed (Director) Caron Boulghassoul (Head of Resources) Shoana Qureshi-Khan (Deputy Director) Jagdish Patel (Art & Research)
<b>Registered Office</b>	Unit 2 Forest Court Gamble Street Nottingham NG7 4EX
<b>Charity Registration Number</b>	1161021
<b>Bankers</b>	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
<b>Independent Examiners</b> Solutions Accountants & Financial Services Ltd	209 Radford Road Nottingham NG7 5GT <a href="http://www.solutionsaccountants.co.uk">www.solutionsaccountants.co.uk</a>



# Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, FoodPrint (social supermarkets), hate crime awareness & reporting, and heritage/educational projects. We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning. We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working. Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive,

educated and prosperous communities, whilst ensuring that people don't fall through the cracks in terms of welfare provision.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods. Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.



# Food Bank

**Himma's Food Bank is now regarded as the largest independent Food Bank in Nottingham. We have for the last 2 years maintained our commitment to providing 7 day's worth of food for each person in a household, to ensure no one need go hungry in Nottingham.**

Our service users needs vary considerably from people who are too unwell to work, disabled, pensioners, vulnerable and isolated, homeless and women & children in shelters having escaped domestic abuse We have also noted a rise in families that have at least one adult in work, which to us demonstrates that the work & welfare systems are failing families currently.

We also provide Halal and Caribbean food parcels and currently around 40% of our food distribution is to BAME communities. We are also proud that we continue to serve people with our free food parcels where their financial situation cannot really be rectified quickly – such as people with no recourse to public funds who can only resolve their situation by submitting fresh claims for asylum or other immigration challenges they face.

Our food bank has grown in the last 12 months from a low of 90 food parcels in August 2021 through to 1278 in February 2022. Our distribution of food parcels is done through direct referrals from our established referral partners (around 50 organisations) but also through more localised food banks such as Pheonix in Chilwell and Billborough Food Bank. We would also love to support other organisations through the distribution of food aid, when our stocks are sufficient to enable us to meet all demand.

Our Food Bank has two project coordinators that oversee partnerships and beneficiaries, logistics and operations as well as volunteer coordination and management. Since the winter period food parcels on average have grown from their

previous winter by 100% - therefore reflecting our increased expenditure as we have to source food from a variety of partners as the volumes of food we distribute continuously increased over the year.

We also partner with other organisations such as the hygiene bank (toiletries and sanitary items), the baby bank which helps families with babies and food as well as more recently pet food organisations. We have also begun working with the National Literacy Trust, and through this help families with access to educational tools including stationary, colouring books, childrens and adults reading books. We have a bookcase with books that can be used whilst people wait in reception or take home to read and return the next time they visit Himmah.

The Food Bank on average needs about two to five volunteers a day depending on deliveries and volume of parcels needed. These volunteers will support with making food parcels, overseeing beneficiaries in reception, through to delivering food parcels to people who cannot collect, and supporting our fundraising efforts and research into food poverty. We have also had an increase in corporate social responsibility from larger businesses (such as volunteering days) and then some businesses are also supporting us with regular volunteering from staff.

The Food Bank works closely with allotments such as Whitemoor Allotments and they have provided us with bags of fresh fruit and vegetables which are grown locally and then distributed in food parcels. During the course

of this year, we also started having Himmah volunteers and a staff member attend weekly to help to grow the fruit and vegetables that are distributed in our food parcels.

The Food Bank also works with a local Muslim Scouts group to help in providing opportunities for them to complete the Duke of Edinburgh award. The children involved are placed in local charities such as Himmah to provide an opportunity to support local charities and serve their community. The skills developed include

teamwork, building confidence and self-esteem, communication and planning skills. The team visit each Tuesday evening (term time) and together build between 100 and 200 parcels by setting up and managing a production line. As these young people are all from BAME communities, we see this initiative as a core means to build their leadership skills which will help with their employability in the future. Furthermore, we are working with a global business to look at a leadership development plan for the Muslim Scouts group.

### Casestudy 1:

Craig is a local white British man who visits the foodbank to collect parcels on behalf of his sister, whom for years has suffered with alcohol problems and was in between waiting for benefits to come through. In recent weeks she had no income and he had found her eating pet food to survive. He said "the last four weeks of food parcels had help stabilise her, had given her enough food to survive, but had also helped give her balanced meals" he's noticed a difference in his sister's overall health and wellbeing improve because she had enough suitable food.

### Casestudy 2:

Liv is an African female, she lives in a hotel at the moment and has fled domestic abuse. She has a young child under 2 years old, and has nowhere to go apart from the temporary accommodation which she is finding isolating. We have provided her with minimal cooking items for her hotel room, which are culturally appropriate. She knows although she has no fixed abode, we are a safety net in between her moves and whilst she has no recourse to public funding and works to resolve this status which limits her ability to cope financially.

### Casestudy 3:

Samina is a Pakistani female, has recently moved into her own flat after spending several months in temporary hotel accommodation. She had been moving around with 2 teenage girls from Nottingham city, to the outskirts, to places like Mansfield and Derbyshire. She left her husband after several years of marriage as she felt she was imprisoned and abused daily. She made the decision to leave when her daughter was being affected by the domestic abuse. Himmah provided her with several weeks of food, delivered to various locations and provided her with Zakat funds to support her to purchase necessary essentials. Samina described the provision as a 'gift from God' she was immensely grateful and said we enabled her to survive and feel safer.

**2021**

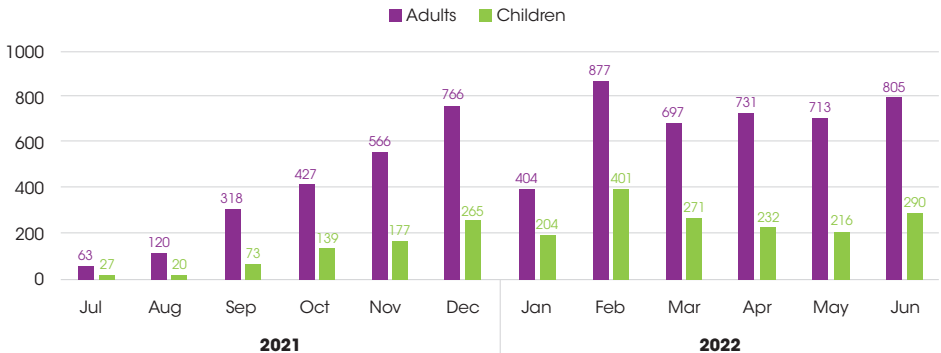
		Parcels	KG
<b>JUL</b>	Total food donated	90	750
	Adults	63	525
	Children	27	225
<b>AUG</b>	Total food donated	140	1256
	Adults	120	1077
	Children	20	179
<b>SEP</b>	Total food donated	391	3742
	Adults	318	3043
	Children	73	699
<b>OCT</b>	Total food donated	566	5076
	Adults	427	3829
	Children	139	1247
<b>NOV</b>	Total food donated	743	7058
	Adults	566	5377
	Children	177	1681
<b>DEC</b>	Total food donated	1031	9420
	Adults	766	6999
	Children	265	2421

**2022**

		Parcels	KG
<b>JAN</b>	Total food donated	608	5648
	Adults	404	3753
	Children	204	1895
<b>FEB</b>	Total food donated	1278	11872
	Adults	877	8147
	Children	401	3725
<b>MAR</b>	Total food donated	968	8992
	Adults	697	6475
	Children	271	2517
<b>APR</b>	Total food donated	963	8946
	Adults	731	6791
	Children	232	2155
<b>MAY</b>	Total food donated	929	8630
	Adults	713	6623
	Children	216	2007
<b>JUN</b>	Total food donated	1095	10172
	Adults	805	7478
	Children	290	2694

<b>Food Parcels Total</b>	<b>8802</b>
<b>KGs total</b>	<b>81562</b>

**Number of Food Parcels Provided per Month**





“

I come to Himmah to help improve my English, I lived in Germany as an asylum seeker and helped at charities there. I like to help others and I find Himmah a place of peace.

**- Amir, Volunteer**

”

“

I came to Himmah through my Maximus worker. She knew I had done some work in the past in warehouses, but I suffer ill-health, so she encouraged me to start going to Himmah to volunteer. I wanted to learn about the warehouse again and really enjoy all the tasks I get involved in. Everyone here is so welcoming

**- Kevin, Volunteer**

”

“

I am a student at the University of Nottingham and am new to the city. I wanted to try and help my community and get to know people to integrate within the society.

**- Soliman, Volunteer**

”

“

As a referral partner for Himmah, I have seen first-hand the positive impact that their services have on the community, particularly in providing much-needed food assistance to those who are struggling. Through my referrals to Himmah, I have been able to connect individuals in need with the resources they require to ensure that they and their families do not go hungry. Witnessing the positive changes in the lives of those I have referred to Himmah has been an incredibly rewarding experience

**- Fawad Mousawi, Partner - Refugee Support Worker, Refugee Roots**

”

“

Himmah has provided food parcels for us since we set up Community Food Parcels. We add a Himmah food box to every food parcel we distribute, which has meant so much to us and the wider community. As an independent foodbank, we heavily rely on Himmah and they have never failed to provide. In fact quite the opposite! We have approached Himmah twice now and asked them to increase the amount of food boxes they offer, due to the increase in demand coming through to us, and each time Himmah have been so generous and upped the amount given. We are so proud and privileged to work alongside Himmah. Not only have Himmah provided food boxes, they have also provided advice and support, which has helped us tremendously.

**- Bex and Tony, Partner - Community Food Parcels**

”

“

I find (Himmah) foodbank staff/volunteers are helpful and dedicated to supporting people in need of emergency food. The referral form is straight forward and quick to do, and I have found there is never really any problems from this. The need for emergency food help is a significant problem and demand has grown dramatically over the years, this past year even more. We are listening to citizens who call our service, who have to choose between having fuel or food, they can't afford both. Therefore, without Himmah's foodbank, they would go hungry. Working together with Himmah enables us to refer citizens who contact us for help, and offer prompt emergency food. This helps them immensely.

**- Debby Brown, Parter - Welfare Rights, Nottingham City Council**

”

# FoodPrint (Social Supermarkets) – Renamed from The Peoples Pantry

During this financial year, we continued to develop our provision to support people move out of food poverty and start to manage their income to reduce dependence on food banks and other charities. FoodPrint is the new name for this initiative following Himmah acquiring a FoodPrint store which students from the University of Nottingham had developed to provide them with real life entrepreneurial experience. The FoodPrint store in Sneinton came to Himmah during March 2022 – therefore we had little over 3 months during this financial year of managing this new endeavour.

As well as taking over the management and operations, we also gained the use of 2 vans that the students were leasing from Nottingham City Council – which proved essential to enabling us to be able to buy in provisions as we have struggled to manage our stock levels over this year.

The aim of this initiative is to help individuals and families to be able to manage on a very small income and enable them to not have to use our foodbank (which remains free for people who cannot afford the heavily subsidized stock we sell in Foodprint).

## Casestudy 1:

Mary is a woman in her 60's who lives in Sneinton. She is also responsible for caring for her mother and her friend's male widow, neither of whom live with her. She has a gluten allergy, which adds to the challenge of feeding herself and those she cares for.

Fortunately, Mary found out about Foodprint, a social supermarket that provides access to affordable food and groceries to those in need. Mary was able to access fresh produce, meat, dairy products, frozen foods and other grocery items at much lower prices than she would have been able to find elsewhere. This allowed her to provide nutritious meals for herself and those she cares for without breaking the bank.

Foodprint also offers additional services like nutrition advice and cooking classes that help customers make the most of their food budget. Mary has taken advantage of these services to learn about healthy recipes that fit into her dietary restrictions as well as tips on how to stretch her budget further.

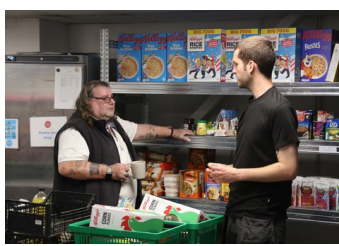
Mary often speaks about how grateful she is for Foodprint's help in providing meals for her family at an affordable price. She is particularly thankful for the availability of gluten-free bread at Foodprint, which she says is hard to find and usually very expensive. With Foodprint, she can buy the bread she needs without worrying about the cost.

Mary believes that Foodprint has made a huge difference in her life, both financially and nutritionally. She is thankful for the help it has provided her and those she cares for and hopes that more people will be able to benefit from its services in the future.

## Casestudy 2:

Eileen is a retired woman living in Bulwell, Nottinghamshire. She is a regular user of Foodprint, a social supermarket based in Sneinton. Eileen relies on Foodprint to help her make ends meet on her limited pension income. To get to Foodprint, Eileen has to take two buses from Bulwell to Sneinton. As the store opens at 9am on a Saturday, Eileen has to ensure she gets there early so that she can get the best selection of food available. To do this, Eileen makes sure she leaves for the store at least an hour before it opens.

Once at Foodprint, Eileen is able to select from a variety of fresh and frozen items at discounted prices. As well as helping her save money on groceries, Eileen also finds that shopping at Foodprint helps her to stay connected with other local people in her community. Eileen's experience shows how valuable social supermarkets can be for retired people living on limited incomes. By providing access to affordable food and creating a sense of community for their customers, these stores can help older people stay connected with their local communities.



## FoodPrint on Wheels

During the year we took over the FoodPrint store, we also took over the running of 2 vans one of which was purposefully kitted out to be a mobile fresh produce shop. This initiative was started by students and continued by Himmah where we now have a staff member take the van to a housing estate that is a food food desert. Since taking over the project, Metrolitan Thames Valley Housing have supported us by paying the vehicle running costs and the staff salary to

coordinate the project. The area of housing we currently work in has a steep hill and lacks any food shops for fresh produce, and with many households in the area not owning a vehicle it makes it very hard to buy fresh food due to the walk home with heavy bags. Thankfully we are now well known in the area and have a very busy Friday morning out on the estate each week.

# Hot Meals – Salaam Shalom Kitchen (SaSH)

We continue to work with the SaSH project which serves 140 meals per week and also gives out a bag of basic food items for everyone who visits each week. Although the hot meals kitchen was initially set up as a social eating project and to end isolation and loneliness, it is seeing a change in demographics, with more people hungry such as people experiencing homelessness and therefore without the basics needed in life.

SaSH was built on the principles of humanity and building bridges between religious groups as a partnership between Himmah and the Jewish Liberal Synagogue. It has been serving food to the community for over 7 years and continues to grow and sees regular and new guests. Himmah is looking to support further hot meal provision in Nottingham and are working with other providers to establish similar projects.



## Cooking Classes

During this year we started a project of cooking classes that were funded by the Canal & River Trust as a pilot aspect of green social prescribing (where people with health problems are referred to projects to help them to build skills and connections in the community and therefore reduce the impact of poor mental well-being).

They have been running for several months during this year and we have seen transformational outcomes for the individuals involved. The concept behind them is to teach people how to break themselves out of poverty including health inequalities. We are looking at developing life skills where people can cook with low-cost foods and turn them into nutritional, well balanced, sustainable and filling meals (most of the ingredients are given in our food parcels or can be bought through one of the FoodPrint stores).

We observed that during the classes, the participants were commenting about that being the first time that week of having a hot meal. We have between 6 and 8 people attend each session and the cohorts would have 10 weeks together for the course to be completed. The sessions start from basic cooking skills including peeling an onion, understanding vegetables, the types of vegetables, from seasonal to surplus varieties. 40% all those using this service were Food Bank users and had very minimal cooking skills/experience. The age range of the people using the cooking classes were between 26 and majority are from white British communities and living in deprived areas of Nottingham.



# Nottingham Citizens

Himmah has maintained our membership of Nottingham Citizens during this year. We were one of the founding members of this alliance, which aims to develop and organise people to challenge systems and structures that need improving, in order to enable everyone to have the best opportunities in life. As a founding member we maintain our commitment to having one of our members of staff or volunteers involved in the leadership team of Nottingham Citizens and during this year, Marvin Gee handed over the reins to Shoana Qureshi-Khan. We have continued to support different campaigns, specifically the fair work campaign, which also links to our own accreditation through the living wage foundation. We supported efforts to win a

commitment to the living wage being paid to all employees of Nottinghamshire Healthcare, which is a substantial win for all their employees who will benefit from having the minimum wage increased to the real living wage.



## Solidarity Fast

We organised a solidarity fast during Ramadan 2022 which recruited volunteers, local city councillors and partner organisations in supporting staff members who undertook one day's fast, to understand both what Ramadan entails but also the suffering of people around the world who live without sufficient food on a daily basis. This act brought awareness of food poverty to the fore as well as raising some vital funds for us through participants collecting sponsorship for their fast.



## Ramadan Iftar's

We partnered with Gain Diaspora and Mojato to provide Ramadan Iftar's throughout the month, whereby each Saturday during the holy month, people were given dates and a hot meal to take away with them. During the month, over 1000 packages of dates and meals were

distributed to the diaspora communities living in Nottingham, helping to lift their spirits during Ramadan - this was especially important at a time when people were struggling with isolation due to covid restrictions.

# Christmas Hampers

During the run up to the Christmas holidays, we became aware that many children who usually receive free school meals in the term time would be struggling without access to a cooked meal during the holidays. This year was our first year of coordinating donations, building hampers and distributing them to 11 local schools, and we distributed 622 hampers in total. We are

incredibly grateful to Basford Ward Councillors and Castle Cavendish for funding these hampers and also for support from Small Steps Big Changes and the Arches who contributed gifts for each hamper, as well as Nottingham Girls High School, who collected donations and delivered the hampers to the schools.



# Nottingham Trent University (NTU) – Faith Ambassadors

We worked with the team at NTU during Ramadan 2022, whereby members of the Faith Ambassadors team came to Himmah to help build food parcels during Ramadan. We often have staff and volunteers working less hours during the holy month, so having extra people on hand to coordinate our main food poverty work was extremely valuable to us. Our Deputy Director, Shoana also gave a speech at a Martin Luther King Day event where she shared how Martin Luther King started his community organising with soup kitchens and how that resonates with Himmah's anti-poverty work which also focuses on dignity and lifting people up by meeting this basic human need for sustenance. We also work together to promote cohesion across different faith communities – where all faiths do focus so much on supporting people at the margins and those experiencing

hardship. Finally, Himmah was also proud to support a nomination for Clive Foster to achieve an award of MBE for his extremely impactful work on supporting local people affected by the hostile environment who came to the UK during the Windrush era.



# The Uniform Project (Nottingham) Ltd

The Uniform Project has grown from a project a local mum started and was operating from her home, however during this year we offered space for the Uniform Project to be based within the Himmah warehouse in Radford. Volunteers collect and clean donated uniforms (from around 25 different schools) for the project and then families who are struggling can come in

and choose recycled uniform or even make a request via telephone or email and then collect when convenient for them. People will offer a financial contribution if they are able to, but there is no obligation to donate. These uniforms would ordinarily go to landfill due simply to children outgrowing uniform often very quickly



## Living Wage Accreditation

Himmah is very proud that we are awarded the Living Wage Accreditation year on year. We strongly believe that we cannot be an anti-poverty organisation if we are not paying a fair wage for the employees we have and on who we depend. Through our work with Nottingham Citizens, we also encourage our team of staff

and volunteers to get involved in the "Fair Work Team" to campaign for and champion a fair living wage to all people in employment in the city, with a focus on larger organisations who save much money by paying their low paid staff below the poverty line.

## Partnership Working

Partnership working has always been central to our organisational ethos and the outbreak of the pandemic proved how important strong partnerships are in a time of crisis. We collaborated with new referral partners over the course of this year so that we could ensure we could reach out to those who were most in need and were particularly vulnerable or isolated. By working in partnership, we can achieve far

more than we can if we work in isolation and Himmah is committed to working with other organisations to tackle poverty together and to help rectify gaps in provision to people in need. We have partnered with many organisations on our various projects, benefitting from partners' expertise and sharing best practise to provide holistic support to our service users.

We would like to thank the following organisations for continuing to work with Himmah to achieve better outcomes for the communities of Nottingham:

**Statuary Partners**

- DWP
- NHS
- Nottingham City Council

**Corporate Supporters**

- ASDA
- Capital One
- Morrison's
- Reed in Partnership
- Unite the Union

**Academic and Educational Institutions**

- Berridge School
- Bluecoat School
- NACRO
- Nottingham Trent University
- Seely Primary School
- University of Nottingham

**Arts and Culture**

- Bright Ideas Nottingham
- New Art Exchange
- Nottingham Contemporary
- Nottingham Photographers Hub
- Primary

**Transportation and Emergency Services**

- DG Taxi's
- Nottingham Cars
- Nottingham Stockhill Fire Station
- Primary

**Charity, Community and Religion**

- Belong Nottingham
- Big Issue
- British Red Cross
- Business in the Community
- Care4Calais
- Castle Cavendish
- Chayah Project
- Disability Direct
- El Shaddai Gospel
- New Ethos Nottingham
- Framework
- Friends of the Punjab
- Gian Diaspora
- Groundworks
- Hope Nottingham
- Improving Lives
- Inner City Care
- Islamic Centre Nottingham
- Metropolitan Housing
- Mixed Foundations
- Mojatu
- Muslim Women's Network
- Nottingham and Nottinghamshire Refugee Forum
- Nottingham Arimathea Trust
- Nottingham Citizens
- Nottingham Law Centre
- Notts Community Housing Association
- Notts Homeless Housing
- Notts Women Centre
- Oxygen Housing
- Peoples Assembly
- Pilgrim Church, The Meadows
- Refugee Roots
- Rene House
- SaSH & the Nottingham Liberal Synagogue
- SFICE Foundation
- Signpost for Polish Success
- Sisters of Noor
- Support for Survivors
- The Bridge Centre, Hyson Green
- The Vine Community Centre
- Thomas Helwys Church, Lenton
- Trinity Church
- Tuntum Housing Association
- Waste Notts
- YMCA

**Food and Catering**

- Avo Café
- Bombay Nights
- Butt Foods
- Chappati Junction
- Chaudhury catering
- Desi Downtown
- Desi Express
- Khyber pass
- Madni Sweets
- Royal Sweets

# Public Benefit Statement

The trustees of Himmah have considered the Charity Commission guidance on public benefit requirements. In the opinion of the trustees, the public benefit arising from Himmah's activities are the prevention and relief of poverty, community development (including developing community leadership and community organising), improving and developing religious and racial harmony and the advancement of

education through heritage & the arts. Himmah focuses its resources on supporting those most in need which is evidenced through referrals received for support from around 50 different partner charities/organisations. The trustees confirm that they have complied with their duty in terms of Section 4 of the Charities Act 2006 to have due regard to the Charity Commissioners guidance on public benefit.

## Governance

Himmah's founding document is its constitution (Model Constitution for a Charitable Incorporated Organisation). It is managed by the Board of Trustees, which consists of trustees and others with expertise who may be appointed by the trustees as co-opted members. The Board of Trustees undertakes skills audits and invites others to join the board who it

feels will add value to the decision-making and processes of the charity. The Board of Trustees usually meets every 2-3 months, but additional meetings can be called should urgent business arise. The Senior Management Team are able to request a meeting should urgent business need to be discussed which requires trustees insight and strategic decision on.

## Induction of Trustees

All new trustees are invited to meet with the chair to discuss the role and what is expected of them as charity trustees. They are then given an induction pack outlining the roles and responsibilities of being a trustee as well as CC3 - The Essential Trustee - What you Need to Know

and What you Need to Do (Charity Commission). They are invited to attend a trustee meeting as an observer before they are offered the opportunity to become a trustee and can be involved in Himmah's development once their offer has been formally accepted.



# Reserves Policy

The trustees consider that there should be always reserves of between 3-6 months fixed and operational costs. This amounts to holding between £70,750-£141,500 at the end of this financial year (relating to this report). As of the end of the financial year, we have not achieved

this level of reserves despite reporting our largest ever end of year surplus, (currently our income is not yet rising in line with our current increased expenditure) whilst income is not yet rising in line with increased expenditure.

# Exemptions

Himmah is a registered charity and is exempt from any Corporation or Income Tax.



# Statement of Trustees Responsibilities

Company Law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charity at the end of the financial year and of the surplus or deficit for the year then ended. In preparing those financial statements, the trustees are required to select suitable accounting policies, as described on the above page, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Board of Trustees must also prepare the financial statements on the going concern basis

unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any one time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Signed on behalf of the charity's trustees:



---

**Shoab Khan**  
Chair of Trustees



# Independent Examiners Report

The trustees present their report and accounts for the year ended 30th June 2022. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issues in 2014.

## Independent Examiner's Report To The Trustees

I report on the accounts of the charity, which are set out on page 20 & 21.

### Respective responsibilities of trustees and Examiner

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and
3. State whether particular matters have come to my attention.

### Basis of independent examiner's report

#### My examination was carried out in accordance with the general directions given by the charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees

concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - to keep accounting records in accordance with section 130 of the 2011 Act and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*QaziArshad*

### Qazi Naveed Arshad

FIAB, MA, For & on behalf of Solutions Accountants & Financial Services Ltd.  
149 Radford Road Nottingham NG7 5EH  
Date: 18th Apr 2023

# Income and Expenditure Account

For The Year Ended 30th June 2022

	Note	Unrestricted funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
<b>Income and Endowments from</b>					
Grants		5,560	72,628	78,188	88,957
Donations and Legacies		180,813	1,900	182,713	55,494
GiffAid		898			
Zakat		14,445	-	14,445	8,286
General			7,000	7,000	1,202
<b>Total Incoming Resources</b>		<b>201,717</b>	<b>81,528</b>	<b>283,245</b>	<b>153,939</b>
<b>Expenditure on:</b>					
Charitable activities	1	20,251	44,630	64,881	25,263
Costs of charitable activities	2	120,165	48,761	168,926	129,056
Governance costs	3	1,025		1,025	635
<b>Total Expenditure</b>		<b>141,441</b>	<b>93,391</b>	<b>234,832</b>	<b>154,954</b>
<b>Net (Expenditure)</b>		<b>60,276</b>	<b>(11,863)</b>	<b>48,412</b>	<b>(1,015)</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds					
<b>Net (Expenditure of the year)</b>		<b>60,276</b>	<b>(11,863)</b>	<b>48,412</b>	<b>(1,015)</b>
Total funds brought forward (FY-2021)		25,496	38,379	63,874	64,889
<b>Total funds carried forward</b>		<b>85,772</b>	<b>26,515</b>	<b>112,287</b>	<b>63,874</b>

# Balance Sheet

	Note	£	2022 £	2021 £
<b>Fixed Assets</b>				
Fixture & fittings			5,244	5,691
Office Equipment			774	823
<b>Current Assets</b>				
Other Debtors	4		-	-
Bank			110,381	60,609
Petty Cash			140	95
<b>Total Assets</b>			<b>116,538</b>	<b>67,217</b>
<b>Creditors: Amounts Falling due within one year</b>	5		4,252	3,343
<b>Net current Assets</b>			<b>112,286</b>	<b>63,874</b>
<b>Total Assets less current liabilities</b>			<b>112,286</b>	<b>63,874</b>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	6		112,287	63,874
<b>TOTAL FUNDS</b>			<b>112,287</b>	<b>63,874</b>

## Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

## The Trustees acknowledge their responsibilities for:

1. Complying with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has Prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2011, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

## Trustee

Mr. Shoaib Khan

The notes on page 24 form part of this financial statement.

# Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2022

## Accounting Policies

### 1 Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014 (as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011). The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

### Tax status

Himmah has a charitable status hence do not attract any Taxes.

### Receipts

Income comprises of restricted and un-restricted donations, Grants.

### Funds structure

The charity has restricted and unrestricted funds. Restricted funds are categorised as restricted based on the donors' restrictions on the projects for which they must be used.

### Average Number of employee

6 paid employees and 84 volunteers have been employed during the financial year.

### Income and endowments

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.

### Income recognition

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

### Expenditures

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It represents both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them,
- including the accountancy fees and costs linked to the strategic management of the charity.



## Notes

### Net incoming resources

Net incoming resources are stated after charging:

	2022			2021
	Unrestricted	Restricted	Total	Total
<b>1 Charitable Activities</b>				
1.1 Charitable Assistance			-	-
1.2 Food and Drinks	20,251.32	44,630	<b>64,881</b>	25,263
1.3 Events and Activities	-	-	-	-
	<b>20,251</b>	<b>44,630</b>	<b>64,881</b>	<b>25,263</b>
<b>2 Costs of charitable activities</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
Office and general expenses	1,245.92	60	<b>1,306</b>	694
Rent and Rates	9,888.07	2,681	<b>12,569</b>	19,156
Advertising and Promotion	5,222	150	<b>5,372</b>	3,025
Packaging	3,909.40	-	<b>3,909</b>	3,550
Computer			-	308
Dues and Subscriptions	514.64	-	<b>515</b>	652
Insurance			-	374
Salaries	22,892.92	12,842	<b>35,735</b>	11,316
Sub Contract Cost	42,535.32	24,113	<b>66,648</b>	61,944
Depreciation: Fixed Assets	496		<b>496</b>	155
Repairs and Maintenance	5,729.06	-	<b>5,729</b>	6,328
Trade Waste	2,796.04	-	<b>2,796</b>	865
Website	539	-	<b>539</b>	2,419
Professional Fee	2,904.77	2,000	<b>4,905</b>	1,681
Donation Fee / Crisis Grants	180	-	<b>180</b>	3,753
Utilities	8,420	-	<b>8,420</b>	6,184
Volunteer Expenses	354	40	<b>394</b>	653
Telephone and Internet	963.83	-	<b>964</b>	395
Travel and Accommodation	1,179	-	<b>1,179</b>	10
Printing, Postage and Stationary	1,162.26	207	<b>1,369</b>	2,257
Miscellaneous Expense	2,591	361	<b>2,952</b>	866
Equipment Rentals	6,641.99	6,307	<b>12,949</b>	2,471
	<b>120,165</b>	<b>48,761</b>	<b>168,926</b>	<b>129,056</b>
<b>3 Governance cost</b>				
Professional & Accountancy	1,025		1,025	635
	<b>1,025</b>	-	<b>1,025</b>	<b>635</b>

### 3A FIXED ASSETS

COST or VALUATION	£	£		£
	Fridges	Office Equipment	Fixture & Fitting	Total
B/F	960	848	4,884	<b>6,692</b>
Addition				-
Disposal				-
<b>At 30/06/2022</b>	<b>960</b>	<b>848</b>	<b>4,884</b>	<b>6,692</b>
<b>Depreciation</b>				
Accumulated	80	25	73	<b>178</b>
Charge for the year	158	49	289	<b>496</b>
On Disposals	-			
<b>At 30/06/2022</b>	<b>238</b>	<b>74</b>	<b>362</b>	<b>674</b>
<b>Net Book Value</b>				
Closing Balance	<b>722</b>	<b>774</b>	<b>4,522</b>	<b>6,018</b>
Opening Balance	880	823	4,811	<b>6,514</b>

### Notes

#### 4 Long term Liabilities

	2022	2021
Opening Balance	-	-
	-	-
Closing Balance	-	-

#### 5 Current Liabilities

Accounts Payable	3,227	2,708
Payroll Liabilities	-	-
Accruals	-	-
Accountancy	1,025	635
	<b>4,252</b>	<b>3,343</b>

#### 6 Restricted funds

Deficit/Surplus 30/06/2021	38,379	18,931
Excess of income over expenditure	(11,863)	19,448
<b>Balance</b>	<b>26,515</b>	<b>38,379</b>

#### Unrestricted Funds

Deficit/Surplus 30/06/2021	25,496	45,958
Excess of income over expenditure	60,276	(20,462)
<b>Balance</b>	<b>85,772</b>	<b>25,496</b>



**HIMMAH**.ORG

grassroot community action



0115 871 4426  
info@himmah.org  
www.himmah.co.uk

Unit 2, Forest Court.  
Gamble St. Nottingham. NG7 4EX



**HIMMAH**

England & Wales - Charity number 1161021

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# Accounts

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**HIMMAH.ORG**

grassroot community action

# ANNUAL REPORT AND ACCOUNTS

2020 - 21

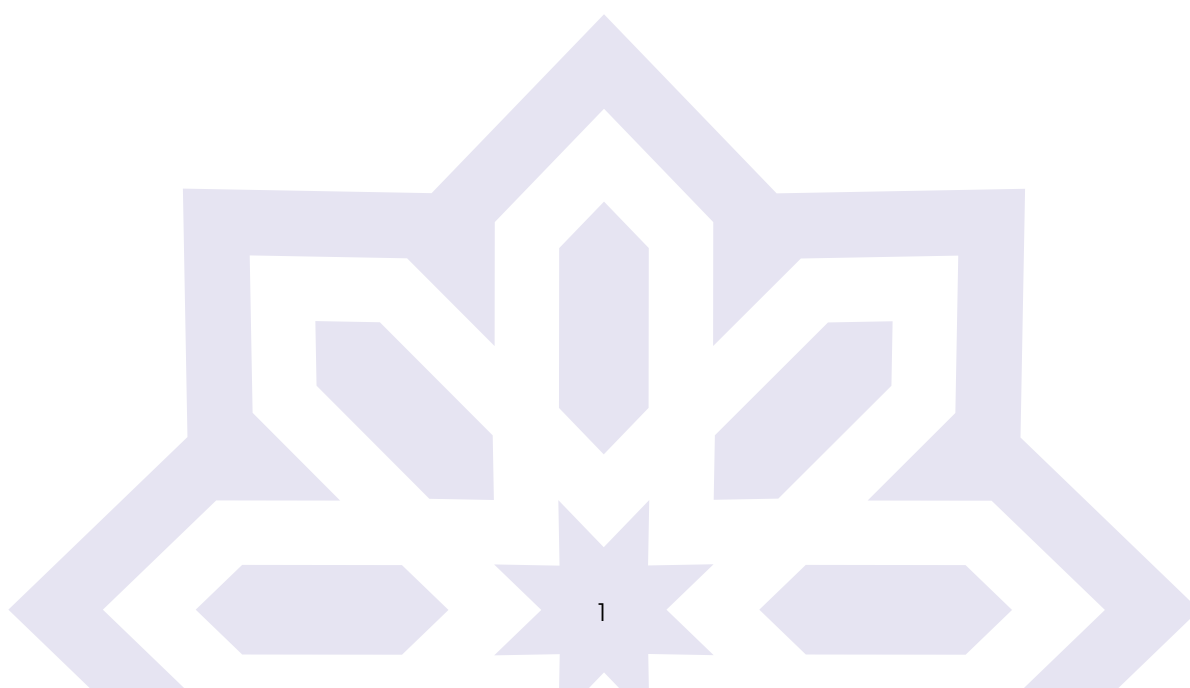
Registered Charity  
**1161021**



Registered with  
**FUNDRAISING  
REGULATOR**

# Contents

Chairs Foreword.....	2
Reference and Administrative Details .....	3
Trustees Report .....	4
Food Bank .....	5
People’s Pantry .....	8
Hot Meals .....	11
Nottingham Citizens .....	12
Partnership Working .....	13
Funders .....	14
Statutory Information.....	15
Statement of Trustees Responsibilities .....	16
Independent Examiners Report .....	17
Statement of Financial Activities .....	18
Balance Sheet.....	19
Notes to Financial Statements .....	20



# Chairs Foreword



**Shoab Khan**  
Chair of Trustees



**Once again, on behalf of the board of Trustees, I am honoured to present Himmah's Annual Report, which details the activities we have engaged in to support our community over 2020-2021.**

As you can imagine, the compounding problems of the COVID19 pandemic and rising living costs during this reporting period saw our work to tackle food poverty greatly accelerated and this report sets out how the team had to work in flexible and agile ways to continue delivering services to the most vulnerable residents in our neighbourhoods. This is seen most clearly in how our food bank had to overcome the significant operational challenges of lockdowns, supply chain problems, capacity issues and social distancing in order to guarantee business continuity at a time when we were often a critical source of sustenance for our service users. I am proud of the way everyone within the foodbank adapted to deal with a three-fold increase in demand despite such an enormous challenge.

The year 2020-2021 was also a year in which Himmah was able to work innovatively and diversify its service offering for local people suffering under the burden of food poverty. With the establishment of the 'Peoples' Pantry', we were able to create a new subscription-based service to break links of dependence with the foodbank for some service users, allowing them to cope better with managing their own stretched incomes. As a 'systems-thinker', I am particularly impressed by the work the team has done in packaging this support with other services, such as referrals to professional debt advice, credit unions and wellbeing support for those that have been left disadvantaged by life events which you can read about below.

Continuing the theme of nutrition, food is not just nourishment, of course, but in many cultures plays a central role in enabling mental wellbeing and acts as a 'keystone', locking the whole of social life together. Towards the end of this financial year, we developed a concept of helping further our food poverty aims alongside wellbeing, through developing cooking classes, which we can share more about in our next annual report. These sessions will be aimed at the many people in our community that have suffered from long term mental health problems, and at a time when public consciousness is waking up to the importance of mental health,

I hope that this initiative will provide a glimmer of joy, some reprieve, or a spark that can bring about individual happiness and contentment once again through newfound skills, independence and peer networks.

As always, my thanks must go out to our partners and volunteers that worked with us over the reporting year. You fortify my belief that Nottingham is a special city, in which there exists extraordinary people and extraordinary organisations. You are doing heroic work on a daily basis to support the most impoverished members of our society and I commend you for it.

I would also like to thank our donors and funders, whether you gave openly or discretely, whether you gave a single item of food or funded a whole programme of work. Every donation has the potential to contribute to a life-changing impact for someone in our community.

Finally, I would like to thank the dedicated staff at Himmah; including Director Sajid Mohammed, who continues to steer the operation in increasingly choppy waters and Caron Boulghassoul who has joined us to support us with our growth and ability to assist ever-increasing numbers of vulnerable residents in our city. A special mention and thanks are also extended to Paul Singh, our outgoing Foodbank Manager, who leaves us after steering us well through the move of our base of operations due to the massive expansion of need during the early stages of covid-19. Your work in developing and sustaining the operations of the foodbank are greatly appreciated, you have made a significant impact on the lives of the people of Nottingham and we wish you all the best in your future endeavours. You will be sorely missed.

Unfortunately, as I write this foreword we are facing the biggest cost of living crisis for decades over 2021-2022 and with rising food, fuel and energy prices, we are already seeing that there will be no let-up in the number of citizens needing our support in the short-term. We will continue to work together with all of our stakeholders – volunteers, funders, donors and staff – to protect our neighbours from the harms of food poverty and social injustice, through practical support and campaigning, with the hope that we can shape the world, or Nottingham at least, into a better place.

# Reference and Administrative Details

<b>Trustees</b>	Iffikhar Ahmed Shoaib Khan Ferzana Shan Javed Khan (resigned 22/01/2022) Bilal Hussain (resigned 18/12/2021)
<b>Senior Management Team</b>	Sajid Mohammed (Director) Caron Boulghassoul (Head of Resources) Jagdish Patel (Art & Research) Paul Singh (Food Bank Manager) (Left August 2021)
<b>Registered Office</b>	Unit 2, Forest Court Gamble Street Nottingham NG7 4EX
<b>Charity Registration Number</b>	1161021
<b>Bankers</b>	Lloyds Bank 12-16 Lower Parliament Street Nottingham NG1 3DA
<b>Independent Examiners</b>	Solutions Accountants & Financial Services Ltd 209 Radford Road Nottingham NG7 5GT <a href="http://www.solutionsaccountants.co.uk">www.solutionsaccountants.co.uk</a>

# Trustees Report

Himmah is grassroots, community action charity working on poverty, race and education inequalities. We achieve this by providing direct services, like our food bank, community meals, the Nottingham Peoples Pantry, hate crime awareness & reporting, and heritage/ educational projects. We strive to break dependency and empower people to create dignity, justice and change through community organising, research and campaigning.

We aim to meet the needs and aspirations of the communities we serve through direct delivery and partnership working. Our work is driven by an ethos of compassion, service and justice as transformative forces for positive social change that is needed in Nottingham. We aspire to create change by building more cohesive, educated and prosperous communities.

Himmah started with a chance encounter with Ahmed who was homeless and living from food waste in bins and donations from the public. This encounter sparked a call to action, and later Himmah was formed to help alleviate the indignity and distress of extreme poverty and homelessness experienced by Ahmed and others in our neighbourhoods.

Since then Himmah has gone on to help countless other people whose stories of hardship are similar to Ahmed. We have created a proud history of providing support to individuals and families in need, refugees and communities facing discrimination.



# Food Bank

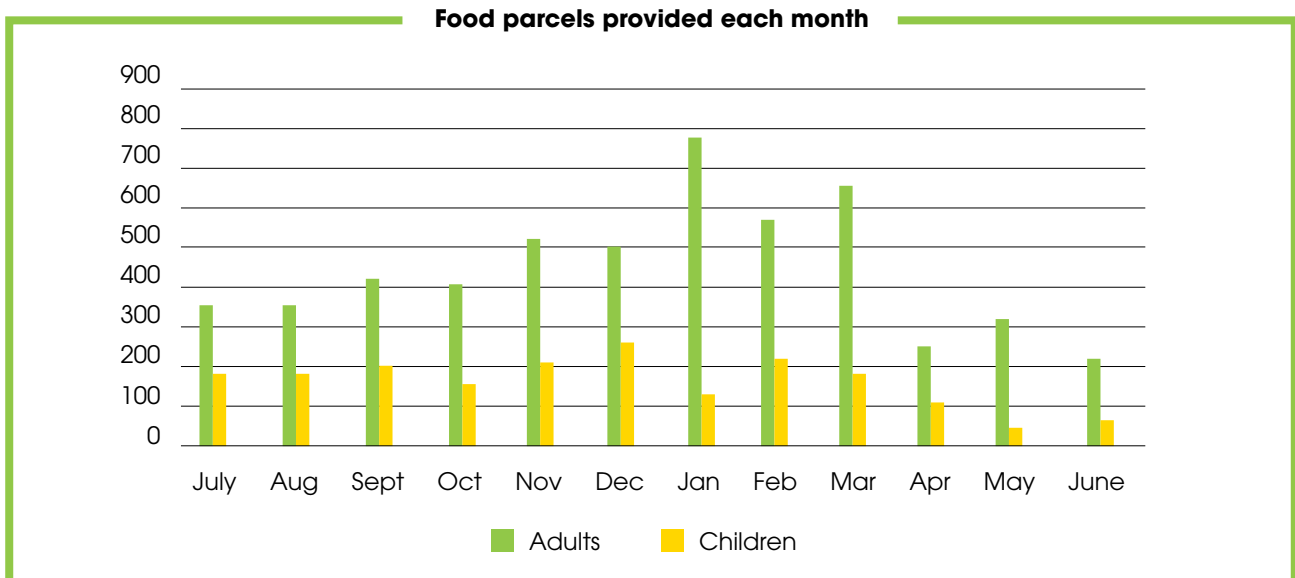
During 2020-2021 Himmah’s food bank had to be very agile and flexible in order to respond to the COVID-19 pandemic.

We experienced a huge increase in demand for our food bank as a result of the pandemic and resulting financial instability for many families. We were providing around 40 food parcels per week before the first covid-19 lockdown and saw a massive increase in the early months to providing 140 parcels a week. The Trussell Trust in an article published in the Guardian on 11/11/2020 reported seeing a 47% increase in food parcel provision in the first six months of Covid-19, where the take up of our provision was a 350% increase in the same time frame. Despite the increased demand, since the start of Covid-19 we really stepped up in our resolve to support people who were in desperate need of our support. We had to change how we work, and in a way this was disempowering to the people we work with - they could no longer come to our centre and choose the food that was available, instead they had to accept deliveries from local volunteers. We continued to try to meet dietary needs, which we could only do really if their referral had the relevant information on it.

Covid-19 impacted us further, in terms of the amount of donated food for our food bank. Initially, there was a reduction in the amount of food we received from Hyson Green ASDA which has supported Himmah for years. There were also shortages of certain items due to stockpiling which

meant that it was difficult to keep sufficient food stocks at our warehouse. We also noticed a change in the availability of volunteers. Previously, many students living locally would volunteer with Himmah but with the disruption to university schedules, it was difficult to recruit the same amount of people. Additionally, Covid-19 reduced people’s incentive to volunteer, especially if the person volunteering had health concerns themselves or had elderly or at risk relatives, as this means they are less likely to volunteer. Finally, we needed to recruit volunteers who could drive so that they could deliver food parcels for us.

Although Covid-19 presented a number of different difficulties as explained above, we rose to the challenge, recruited new volunteers and ensured that those in need were supported with their essential needs throughout the various lockdowns and changes to restrictions. Between 1st July 2020 and 30th June 2021, we provided a total of 6688 food parcels to the local community which is an average of 129 a week. Since the end of the financial year the numbers of people supported with food parcels has grown further, with us recently providing 350 food parcels in one week! This is only likely to get worse as we move into a cost-of-living crisis, with benefit levels being well below the poverty line, record breaking inflation and huge increases in the costs of heating a home, leading people to having to choose between heating and eating – which is appalling in the 5th richest economy in the world.



Feedback from a volunteer at the foodbank:

*"I am having a lovely time at Himmah, I feel part of family, and you are very welcoming. I am learning lots of skills, from the warehouse and building on things as time goes by."*

(Anonymous)

### Volunteer case study

X, has mild learning difficulties and has a history of being abused in the community, she comes one day a week for 2 hours and hasn't done anything like this since she was 18 years of age and now is in her 30s. This is building her confidence, as she walks away feeling she is a valued part of the community by helping others during their moment of need.

### Case Study

A family of three, the husband is a window cleaner and the wife is disabled and cannot work with a young child. The husband is currently struggling to get work and get business as a window cleaner because of the winter. This was their toughest winter and they were struggling to balance bills and food. On the day the parcel arrived, she said all her cupboards were empty and the parcel was a lifeline.

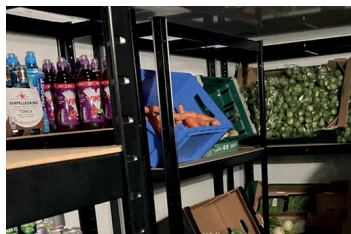


"Himmah's food parcels have been an absolute lifeline to a number of our vulnerable clients who are seeking asylum or have received a positive decision and are transitioning to life as a recognised refugee in Nottingham. We have referred many people during the various lockdowns and they have received food parcels for each person in the household and it has been a tremendous resource as it has meant they can get through a period of no income, with the food aid they have been provided. The food parcels are sufficient to meet their dietary needs and include fresh items which many other foodbanks cannot provide."

(Jean-Didier Mualaba, CEO of Belong Nottingham)

Himmah have been providing support to the Around Again Baby Bank which Framework run to support families living in poverty over the last 18 months. Himmah have helped with donations to the baby bank. The donations are in relation to babies to 4 year olds and include essential like baby food, milk and nappies. This is invaluable with the cost of living increasing all families are struggling from all walks of life. It has made a massive difference to families having milk and nappies and these are just common essentials."

(Nina Channa, Framework Housing Association)



# People's Pantry

During this financial year, we set up a new provision to support people move out of food poverty and start to manage their income to reduce dependence on food banks and other charities.

The "Peoples Pantry" is a membership/subscription-based service, to support families in poverty whilst enabling them to "buy in" to the project with a weekly payment (which can be cancelled at any time). For this subscription they can then choose grocery items that they pay a reduced rate for, which is £10 for 10kgs, £20 for 20kgs and £30 for 30kgs. We have developed a website so people can buy on line but also we receive local citizens to come into the centre to choose themselves what they want to purchase.

The aim of this initiative is to help families to be able to manage on a very small income and enable them to not have to use our foodbank (which remains free for people who cannot afford even this small subscription).

As well as access to highly subsidized food, by being a member of the Peoples Pantry – these families can also access the following services:

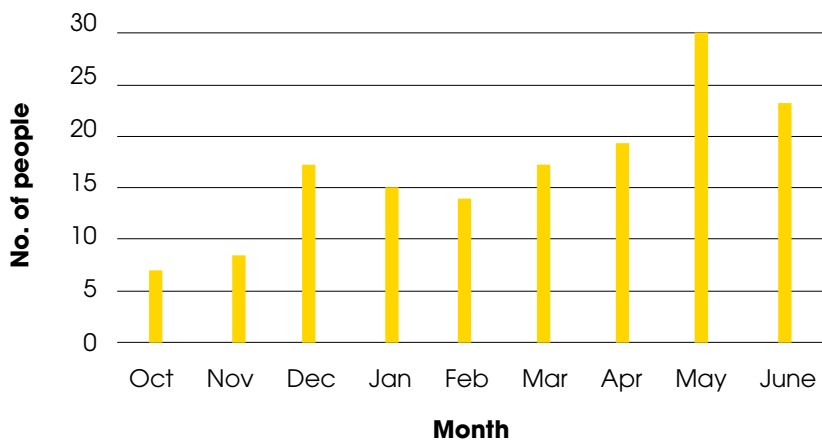
- Referrals to Nottingham Law Centre for assistance with Debt, Housing and Welfare Benefits Advice
- Referrals to Nottingham Credit Union for Financial Literacy training and support including access to savings accounts and ethical loans to help in a crisis such as when white goods break down and the family needs to buy a new cooker, washing machine etc
- Referrals to the Community Training Portal for support with Employability Scheme and training to help identify suitable employment opportunities and to develop job search and job application skills
- Arts and Wellbeing support through Nottingham Photography Centre
- ICT training through Belong Nottingham – using the UK Online Centre training provision which can help people with no experience with computers to learn basic functions, set up an email address and access services online.

During the year we supported a number of local families, however we really developed the website towards the end of the year and therefore has yet to have the impact in terms of receiving digitally based orders.

We have however seen a number of families repeatedly visit and buy food, and through having repeat customers we know we are moving in the right direction with this work.



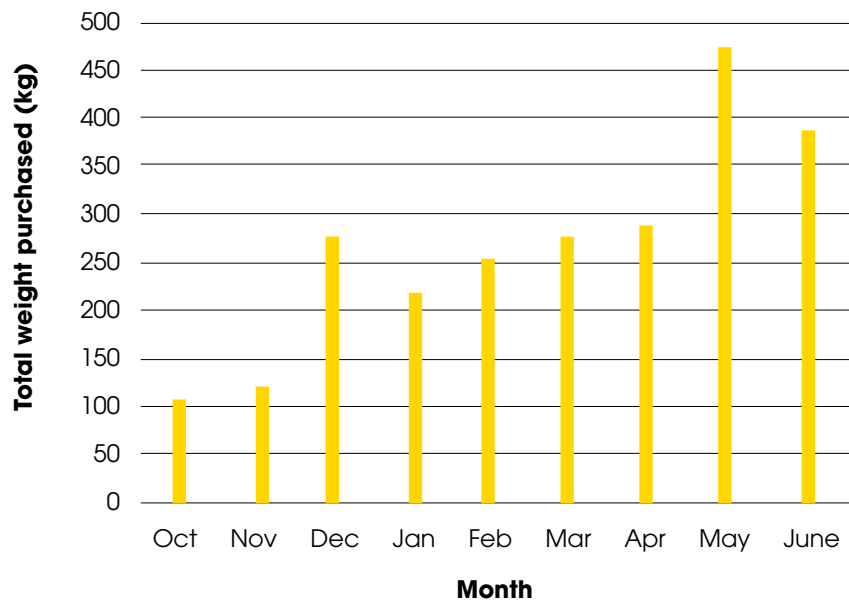
**Number of customers by month**



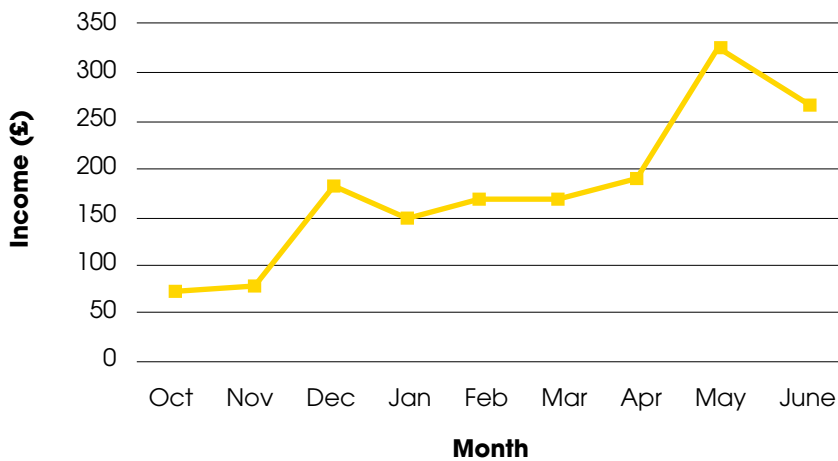
Nottingham Peoples Pantry was started in October 2020, which is why the charts above start part way through this financial year.



**Amount of food sold by month**



**Income by month**



### Case study

Abdula\* is a Pakistani male in his Late 60s. An ex-taxi driver, former business-runner now retired on state-pension. But still works a couple hours a week as a take-away delivery driver to stay busy/ top up income as his pension is quite low. He moved from Pakistan to Nottingham over 40 years ago, but feels that communities are no longer as connected and people live more in isolation which can become lonely. He enjoys visiting the pantry, as he gets the food that he needs at a great price, but he also knows we are a charity and provide free food parcels to people in crisis, so he very much sees his contribution as helping to put back into the community.

He started using the pantry around 10 weeks ago as he lacked money to pay rent for his home, where he lives with his son. He has diabetes and his son has to act as a carer. His poor health conditions means the food he has to buy is often more expensive, therefore using the pantry helps maintain low cost of shopping. He argues the pantry helped him improve his personal health and the ease of lower food costs, allows him to pay his rent.

### Case study

David\* has taken full time care responsibilities for a loved one who has autism and a brain injury. He said they are still awaiting public funding and financially struggling. David wants to support the use of the pantry by serving the community and has become a regular delivery driver. He often will choose to reclaim his mileage through a pantry shop which will mainly feed his brother who he cares for. His brother used to live in independent living placement but during covid it broke down and they had no alternative but to care for him.

(\*names have been changed)

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## Holiday Hunger

We provided 100 Holiday Hunger packs for children who would normally receive free school meals during vacations in the early part of the year.

We suspended this programme of work once the government started distributing funds to cover this type of work, through Nottingham City Council.

We did still provide children's food parcels under our core food bank delivery where a referral partner identified a family in need.

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## Christmas Hampers for Children

We distributed 300 Christmas Hampers in 2020 to help local school children who would usually benefit from free school meals and whose families were struggling to meet the rising food costs.

Through this we were able to support families to ensure they were well fed over the Christmas school holidays.

# Ramadan Iftars



We distributed 2000 hot meals to local families for their Saturday evening Iftar throughout Ramadan 2021.

We coordinated this work in partnership with Fearless Youth Association and Gain Diaspora to ensure the meals went to the families most in need during the holy month.

# Hot Meals



Himmah's hot meal provision also had to change drastically during the lockdown periods. When the restrictions were at their strictest, we were unable to run the community meals as we had previously and had to suspend the project.

However, we knew that there was still a demand and a need for cooked meals, regardless of the restrictions. So, we arranged a meeting with a few of the restaurants that had provided free food for our hot meal projects in the past.

Through this we were able to start to prepare some hot meals with Himmah providing the ingredients, for the most vulnerable and NHS staff. With the help of individuals, DG Taxis and Nottingham cars, we were able to deliver these meals directly to their door.

Later as it became apparent that Covid-19 restrictions would be with us for a longer time, we moved back to having volunteers cook meals at the Bridge Centre on Gregory Boulevard.

There we cooked the meals and packed them into takeaway containers which our fantastic volunteers gave out in the street in Hyson Green, which is one of the most disadvantaged neighbourhoods in the city.

This initiative, is a partnership with Nottingham Liberal Synagogue and is known as "Salaam Shalom Kitchen (SaSH)".

# Nottingham Citizens

**Himmah is a founding member of Nottingham Citizens, an alliance of over 40 organisations in the city of Nottingham working to identify core concerns and forming teams to collaborate, research and plan community actions leading to concrete improvements to the structures and systems operating through our communities.**

We interviewed our leader for work with the Nottingham Citizens alliance for further insight into what this initiative has achieved during this financial year.

**Interviewer:** Marvin, can you please tell me a little about the work of Nottingham Citizens over the year?

**Marvin:** We have had 3 campaigns running. These include Better Learning, Better Policing and Fair Work.

**Interviewer:** Can you tell me more about what activities you have personally been involved in on behalf of Himmah with Nottingham Citizens?

**Marvin:** Yes, we organised a fundraising campaign called Better Books and we aimed to raise £10,000 to be able to buy new books for schools in Nottingham that had a greater diversity in terms of the authors and content to help our younger citizens to be more inspired as they would see books that were written by people who looked like them or who presented social issues that gave the reader an opportunity to explore diversity and equality issues. We actually raised over £25,000 for this campaign and it meant we could support more schools with purchasing new material that they hadn't been able to use previously.

We also organised an event in the city centre, all the leadership team of Nottingham Citizens attended and we spoke to people passing by and engaged them in our fundraising challenge. It was a great initiative, we exceeded our own expectations of what we could achieve but also got to speak to new people who hadn't known about Nottingham Citizens work to challenge common social issues. This event was also attended by the local Nottingham East MP Nadia Whittome who came along to support our work which was a great opportunity to build relations further with a very dynamic and engaged local MP.



**Interviewer:** Was there any other highlights from the year in your work with Nottingham Citizens?

**Marvin:** Yes absolutely, we held a round table event to discuss educational progress for young people in the city. Again, this was supported by Nadia Whittome MP. We discussed how education is so key to helping people to help themselves. By raising people's education, we can inspire them to have greater aspirations for themselves, their families and communities.

**Interviewer:** What would you like to say to others to promote their involvement in citizen led community action?

**Marvin:** It is a great way to engage with local democracy. If you want to see action take place and decisions made – you need to get involved which is the best way to see the changes you want to see. It also is city wide as well so has great opportunities to make a difference. Some other citizens in other cities are working on better learning to raise funds for new books – so our campaign in Nottingham has inspired others to do the same in other cities with Citizen UK local chapters. Doing this kind of work is good for the city and leaving a legacy – that others can remember you by.

**Interviewer:** If someone is inspired to get involved in Nottingham Citizens through Himmah or another member organisation, what should they do?

**Marvin:** People can contact me on [marvin@himmah.org](mailto:marvin@himmah.org) or look up Nottingham Citizens through this link <https://www.citizensuk.org/chapters/nottingham/> to find out more and get involved.

# Partnership Working

Partnership working has always been central to our organisational ethos and the outbreak of the pandemic proved how important strong partnerships are in a time of crisis. We collaborated with new referral partners over the course of this year so that we could ensure we could reach out to those who were most in need and were particularly vulnerable or isolated when so many services had been forced to close their doors.

By working in partnership, we can achieve far more than we can if we work in isolation and Himmah is committed to working with other organisations to tackle poverty together and to help rectify gaps in provision to people in need. We have partnered with many organisations on our various projects, benefitting from partners' expertise and sharing best practise to provide holistic support to our service users.

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## **We would like to thank the following organisations for continuing to work with Himmah to achieve better outcomes for the communities of Nottingham:**

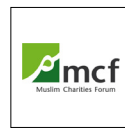
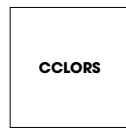
- Belong Nottingham
- Berridge School
- Bluecoat School
- British Red Cross
- Care4Calais
- Chayah Project
- Department for Work & Pensions (DWP)
- Disability Direct
- El Shaddal Gospel
- Ethos
- Framework
- Friends of the Punjab
- Gain Diaspora
- Groundwork Greater Nottingham
- Hope Nottingham
- Improving Lives
- Inner City Care
- Islamic Centre Nottingham
- Metropolitan Housing
- Mojatu
- NACRO
- Nottingham Arimathea Trust
- Nottingham and Nottinghamshire Refugee Forum (NNRF)
- NHS
- Nottingham Citizens
- Nottingham City Council
- Notts Community Housing Association (NCHA)
- Nottingham Homeless Housing
- Nottingham Law Centre
- Nottingham Liberal Synagogue
- Nottingham Muslim Womens Network
- Nottingham Women's Centre
- Oxygen Housing
- Peoples Assembly
- Pilgrim Church, The Meadows
- Reed
- Refugee Roots
- Rene House
- Seely Primary School
- SFICE Foundation
- Signpost to Polish Success
- Sisters of Noor
- Support for Survivors
- The Big Issue
- The Bridge Centre, Hyson Green
- The Vine
- Thomas Helwys Church, Lenton
- Trinity Church
- Tuntum Housing Association
- Unite the Union
- YMCA Robin Hood Group

# Funders

Himmah is incredibly grateful to all of our funders for their support. Without the trust in us, made by funders large and small we couldn't do the vital work we do in the communities across Nottingham.

We have over the year received many donations from very generous individuals, communities of people and also some funding bodies.

We have geared up our donations and yet again report to have increased both income and expenditure as we respond to community needs – which have grown massively since the start and the continued constraints presented by Covid-19.



30th June 2020

Dear Mr Mohammed,

The Duchess of Sussex recently came across your organisation and was pleased to hear of the good work you are doing through Himmah and – most pertinently during the pandemic – via your food bank.

Nottingham is a city very close to both The Duke and Duchess's heart, and they were so grateful to learn that Himmah exists to tackle poverty, racism and social exclusion. They were especially struck by your ethos for empowerment, change and public service – values that they too work to uphold.

You may be aware that in 2018 The Duchess worked with women from the Hubb Community Kitchen. The kitchen, situated within Al Manaar, the Muslim Cultural Heritage Centre, became a place of healing and comfort for the women in the community following the Grenfell Tower Fire. Along with the women they created the cookbook Together, with revenue used to benefit community through food. This revenue is still being used today to support those women and to help grow their own social enterprises.

Inspired by your organisation and understanding the challenges most charities are facing due to the pandemic, The Duchess has asked that £10,000 of the Together revenue is donated to Himmah, restricted to support the food bank and the Salaam Shalom Kitchen. It is her hope that this brings some small relief during such a challenging time.

This comes with The Duchess' very best wishes to you and the incredible people you support.



Himmah is also registered with the fundraising regulator due to our commitment to compliance over stewardship of public donations and encourages our supporters to get in touch with [caron@himmah.org](mailto:caron@himmah.org) should there be any concerns around our fundraising activities.



Registered with  
**FUNDRAISING  
REGULATOR**

# Statutory Information

## Public Benefit Statement

The trustees of Himmah have considered the Charity Commission guidance on public benefit requirements. In the opinion of the trustees, the public benefit arising from Himmah's activities are the prevention and relief of poverty, community development (including developing community leadership and community organising), improving and developing religious and racial harmony and the advancement of education through heritage & the arts.

Himmah focuses its resources on supporting those most in need which is evidenced through referrals received for support from around 50 different partner charities/organisations. The trustees confirm that they have complied with their duty in terms of Section 4 of the Charities Act 2006 to have due regard to the Charity Commissioners guidance on public benefit.

## Governance

Himmah's founding document is its constitution (Model Constitution for a Charitable Incorporated Organisation). It is managed by the Board of Trustees, which consists of trustees and others with expertise who may be appointed by the trustees as co-opted members. The Board of Trustees undertakes skills audits and invites others to join the board who it feels will add value to the decision-making and processes of the charity. The Board of Trustees usually meets every 3 months, but additional meetings can be called should urgent business arise.

## Induction of trustees

All new trustees are invited to meet with the chair to discuss the role and what is expected of them as charity trustees. They are then given an induction pack outlining the roles and responsibilities of being a trustee as well as CC3 – The Essential Trustee – What you Need to Know and What you Need to Do (Charity Commission). They are invited to attend a trustee meeting as an observer before they are offered the opportunity to become a trustee and can be involved in Himmah's development once their offer has been formally accepted.

## Reserves Policy

The trustees consider that Himmah should aim to achieve 6 months running costs for reserves, to allow the charity to cope with unexpected demand, rising costs or a significant loss of funding. At the end of this financial year, the accounts reflected we had achieved approximately 5 months of reserves (£63,874). However at the time of publishing this report (April 2022), our reserves have been reduced below this amount due to having several months of increased demand for our food poverty programmes, along with significant increase in operational costs (achieving supplies of food to distribute and transport costs rising). We therefore need to deliver a range of fundraising activities to ensure we can continue to meet the rising demand we have experienced over the last few months.

## Exemptions

Himmah is a registered charity and is exempt from any Corporation or Income Tax.

# Statement of Trustees Responsibilities

Company Law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charity at the end of the financial year and of the surplus or deficit for the year then ended.

In preparing those financial statements, the trustees are required to select suitable accounting policies, as described on the above page, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Board of Trustees must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any one time, the financial position of the charity, and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

## Small Company Provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The trustees declare that they have approved the trustees report above.

Signed on behalf of the charity's trustees:



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**Shoaib Khan**

Date: 5th April 2022

# Independent Examiners Report

The trustees present their report and accounts for the year ended 30th June 2021. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issues in 2014.

I report on the accounts of the charity, which are set out on page 17 & 18.

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## Respective responsibilities of trustees and Independent Examiner

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and
3. State whether particular matters have come to my attention.

### **Basis of independent examiner's report My examination was carried out in accordance with the general directions given by the charity commission.**

My examination was carried out in accordance with the general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning and

such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention;

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - to keep accounting records in accordance with section 130 of the 2011 Act and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*QaziArshad*

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### **Qazi Naveed Arshad**

Qazi Naveed Arshad FIAB, MA, For & on behalf of Solutions Accountants & Financial Services Ltd.  
149 Radford Road Nottingham NG7 5EH  
Date: 5th Apr 2022

# Income and Expenditure Account

For The Year Ended 30th June 2021

	Note	Unrestricted funds	Restricted Funds	Total Funds 2021	Total Funds 2020
		£	£	£	£
<b>Income and Endowments from</b>					
Grants		8,038	80,919	88,957	23,541
Donations		63,430	350	63,780	96,432
General Funds		1,202		1,202	122
<b>Total Incoming Resources</b>		<b>72,670</b>	<b>81,269</b>	<b>153,939</b>	<b>120,096</b>
<b>Expenditure on:</b>					
Charitable activities	1	5,799	19,464	25,263	13,429
Costs of charitable activities	2	86,698	42,358	129,056	45,389
Governance costs	3	635		635	615
<b>Total Expenditure</b>		<b>93,132</b>	<b>61,822</b>	<b>154,954</b>	<b>59,433</b>
<b>Net (Expenditure)</b>		<b>(20,462)</b>	<b>19,448</b>	<b>(1,015)</b>	<b>60,662</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds					
<b>Net (Expenditure of the year)</b>		<b>(20,462)</b>	<b>19,448</b>	<b>(1,015)</b>	<b>60,662</b>
Total funds brought forward		45,958	18,931	64,889	4,227
<b>Total funds carried forward</b>		<b>25,496</b>	<b>38,379</b>	<b>63,874</b>	<b>64,889</b>

# Balance Sheet

	Note	£	2021 £	2020 £
<b>Fixed Assets</b>				
Fixture & fittings			5,691	936
Office Equipment			823	
<b>Current Assets</b>				
Other Debtors	4		-	745
Bank			60,704	67,325
<b>Total Assets</b>			<b>67,217</b>	<b>69,006</b>
<b>Creditors: Amounts Falling due within one year</b>	5		<b>3,343</b>	<b>4,117</b>
<b>Net current Assets</b>			<b>63,874</b>	<b>64,889</b>
<b>Total Assets less current liabilities</b>			<b>63,874</b>	<b>64,889</b>
 <b>FUNDS</b>				
Accumulated Surplus Account	6		63,874	64,889
<b>TOTAL FUNDS</b>			<b>63,874</b>	<b>64,889</b>

## Exemption Statement

The trustees of Himmah are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

### The Trustees acknowledge their responsibilities for:

1. Complying the with the requirements of charity 2011 Act i.e. Charity keeps appropriate accounting records for preparation of Financial statements.
2. Charity has prepared the accounts which give a true and fair view of the state of affairs of the charity end of the financial year 2020, and of its income and expenditure account, in accordance with the requirements of charity Act 2011.

These accounts have been delivered in accordance with the provision applicable to small charities, and in accordance with the financial reporting standard for smaller Entities were approved by the Management committee.

### Trustee

Mr. Shoaib Khan

The notes on page 20 - 22 form part of this document.

# Notes to Forming Part of These Financial Statements

For The Year Ended 30th June 2021

## Accounting Policies

### 1 Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014 go (as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

### Tax status

Himmah has a charitable status hence do not attract any Taxes.

### Receipts

Income comprises of restricted and un-restricted donations and grants.

### Funds structure

The charity has restricted and unrestricted funds. Restricted funds are categorised as restricted based on the donors' restrictions on the projects for which they must be used.

### Average Number of employee

Two paid employees and 75 volunteers have been employed during the financial year.

### Income and endowments

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.

### Income recognition

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

### Expenditures

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It represents both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them,
- including the accountancy fees and costs linked to the strategic management of the charity.

## Notes

**Net incoming resources** Net incoming resources are stated after charging:

		2021			2020
		Unrestricted	Restricted	Total	Total
<b>1</b>	<b>Charitable Activities</b>				
1.1	Charitable Assistance			-	-
1.2	Food and Drinks	5,799	19,464	25,263	7,492
1.3	Events and Activities	-	-	-	5,937
		<b>5,799</b>	<b>19,464</b>	<b>25,263</b>	<b>13,429</b>
<b>2</b>	<b>Costs of charitable activities</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	Office and general expenses	694	-	694	1,455
	Rent and Rates	10,338	8,818	19,156	4,950
	Advertising and Promotion	2,626	399	3,025	1,829
	Packaging	3,550	-	3,550	-
	Computer	57.95	250	308	608
	Dues and Subscriptions	652	-	652	1,100
	Insurance	374	-	374	374
	Salaries	11,316	-	11,316	13,345
	Sub Contract Cost	33,243	28,701	61,944	17,578
	Depreciation: Fixed Assets	155	-	155	24
	Repairs and Maintenance	6,328	-	6,328	73
	Trade Waste	865	-	865	-
	Website	19	2,400	2,419	-
	Professional Fee	991	690	1,681	
	Donation Fee / Crisis Grants	3,753	-	3,753	
	Utilities	6,184	-	6,184	505
	Volunteer Expenses	653	-	653	3,193
	Telephone and Internet	395	-	395	356
	Printing, Postage and	2,107	150	2,257	-
	Stationery Miscellaneous	876	-	876	-
	Expense Equipment Rentals	1,521	950	2,471	
		<b>86,698</b>	<b>42,358</b>	<b>129,056</b>	<b>45,389</b>
<b>3</b>	<b>Governance Costs</b>				
	Professional & Accountancy	635		635	615
		<b>635</b>	<b>-</b>	<b>635</b>	<b>615</b>

### 3A FIXED ASSETS

	£	£	£
COST or VALUATION	Fridges	Office Equipment	Total
B/F	960	Fixture & Fitting	960
Addition		848	4,884
Disposal			-
<b>At 30/06/2021</b>	<b>960</b>	<b>848</b>	<b>4,884</b>
<b>Depreciation</b>			
Accumulated	24		24
Charge for the year	56	25	73
On Disposals	-		-
<b>At 30/06/2021</b>	<b>80</b>	<b>25</b>	<b>73</b>
<b>Net Book Value</b>			
Closing Balance	880	823	4,811
Opening Balance	936	-	-
			<b>936</b>

### Notes forming part of these financial statements FOR THE YEAR ENDED 30th JUNE 2021

Notes	2021	2020
<b>Long term Liabilities</b>		
Opening Balance	-	-
Closing Balance	-	-
<b>5 Current Liabilities</b>		
Accounts Payable	2,708	2,846
Payroll	-	166
Liabilities	-	-
Accruals	635	1,105
Accountancy	<b>3,343</b>	<b>4,117</b>
<b>6 Restricted funds</b>		
Deficit/Surplus 30/06/2020	18,931	11,245
Excess of income over expenditure	19,448	7,686
<b>Balance</b>	<b>38,379</b>	<b>18,931</b>
<b>Unrestricted Funds</b>		
Deficit/Surplus 30/06/2020	45,958	(7,018)
Excess of income over expenditure	(20,462)	52,976
<b>Balance</b>	<b>25,496</b>	<b>45,958</b>



**HIMMAH.ORG**

grassroot community action

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