

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

England & Wales · Charity number 1161015

Details

Status Registered

Legal form Charitable company

Company number [09382059](#)

Registered 2015-03-23

Register [View on the Charity Commission register](#)

Contact

Address Trinity Community Hub
Wesleyan Row
Clitheroe
Lancashire
BB7 2JY

Phone 07538242314

Email connect@frvf.co.uk

Website www.frvf.co.uk

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT OF THE PEOPLE OF LANCASHIRE AND NORTH YORKSHIRE WITH A FOCUS ON RIBBLE VALLEY FAMILIES BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS 'BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY), OR' BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY, AS A RESULT OF BEING A MEMBER OF A SOCIALLY AND ECONOMICALLY DEPRIVED COMMUNITY.

Activities: The Foundation will provide packages of therapeutic support to families identified in need of support. The intervention will consist of a joined up approach of ?Mindfulness? with ?Fusion Therapeutic Life Coaching? to promote mental wellbeing and the prevention of mental ill health. It will also deliver universal group sessions to the community.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Defined Groups

Geography

- Lancashire
- North Yorkshire

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-01-31 | £49,369 | £59,958 | - | - |
| 2024-01-31 | £73,695 | £64,242 | - | - |
| 2023-01-31 | £57,974 | £42,316 | - | - |
| 2022-01-31 | £57,974 | £42,316 | - | - |
| 2021-01-31 | £68,699 | £50,383 | - | - |

Trustees

| Name | Role | Appointed |
|------------------|------|------------|
| Dr Susannah Owen | | 2017-11-09 |
| Gillian Harding | | 2018-09-27 |
| Helen Evans | | 2017-11-09 |
| IAN FRANK BROWN | | 2023-02-08 |
| Mark Sutcliffe | | 2025-10-02 |
| Ruchika Kiran | | 2025-02-25 |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

England & Wales - Charity number 1161015

Accounts

Trustee Annual Report 2024/25

The year 2024 marked the third and final year of delivery under our current National Lottery-funded project. With the charity now firmly established in its new location, we have been able to consolidate our position within the community and strengthen our impact across the Ribble Valley.

Building on the success of the past three years, a new Lottery funding application was submitted to support the next phase of our development. This proposal aims to extend and enhance our existing work, ensuring continued access to high-quality emotional wellbeing support for local families and young people.

Our dedicated staff team of three continued to deliver a flexible and responsive service, developing a range of new workshops to complement our established therapeutic coaching offer. These innovations have broadened our reach and helped us respond more effectively to emerging community needs.

In December, Lisa Edwards stepped down as Chair of Trustees after a period of valued leadership. The remaining trustees have continued to provide consistent governance and oversight, ensuring stability during this period of transition.

**The Foundation For Ribble Valley
Families**

**Detailed Income and Expenditure Account
for the year ended 31 January 2025**

| | 31/1/25 | | 31/1/24 | |
|--|---------|---------|---------|--------|
| | £ | £ | £ | £ |
| Turnover | | | | |
| Donations | 9,813 | | 14,225 | |
| Grants | 39,556 | | 59,585 | |
| | | 49,369 | 73,810 | 73,810 |
| Other income | | | | |
| Deposit account interest | | 614 | | - |
| | | 49,983 | | 73,810 |
| Expenditure | | | | |
| Rent | 6,000 | | 6,129 | |
| Insurance | 371 | | 274 | |
| Wages | 37,945 | | 35,380 | |
| Social security | - | | 1,528 | |
| Pensions | 577 | | 1,143 | |
| Protective clothing | - | | 115 | |
| Telephone | 156 | | 72 | |
| Post and stationery | 456 | | 1,445 | |
| Advertising | 547 | | 2,304 | |
| Travelling | 151 | | - | |
| Therapeutic life coaching and training | 11,134 | | 13,621 | |
| Repairs and renewals | 276 | | - | |
| Computer costs | 156 | | - | |
| Sundry expenses | 174 | | 883 | |
| Accountancy | 1,668 | | 1,176 | |
| Professional fees | 324 | | 287 | |
| | | 59,935 | 64,357 | 64,357 |
| | | (9,952) | | 9,453 |
| Finance costs | | | | |
| Bank charges | | 23 | | - |
| | | (9,975) | | 9,453 |
| NET (DEFICIT)/SURPLUS | | (9,975) | | 9,453 |

This page does not form part of the statutory financial statements

**Report of the Directors and
Unaudited Financial Statements
for the Year Ended 31 January 2025
for
The Foundation For Ribble Valley
Families**

**The Foundation For Ribble Valley
Families**

**Contents of the Financial Statements
for the year ended 31 January 2025**

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**The Foundation For Ribble Valley
Families**

**Company Information
for the year ended 31 January 2025**

DIRECTORS:

I F Brown
Mrs H M Evans
Ms G Harding
Doctor S E Owen

REGISTERED OFFICE:

Trinity Hub Wesleyan Row
Parson Lane
Clitheroe
BB7 2JY

REGISTERED NUMBER:

09382059 (England and Wales)

ACCOUNTANTS:

FS Accountants Limited
2 York Street
Clitheroe
Lancashire
BB7 2DL

**The Foundation For Ribble Valley
Families**

**Report of the Directors
for the year ended 31 January 2025**

The directors present their report with the financial statements of the company for the year ended 31 January 2025.

PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of other human health activities

DIRECTORS

The directors shown below have held office during the whole of the period from 1 February 2024 to the date of this report.

I F Brown
Mrs H M Evans
Ms G Harding
Doctor S E Owen

STATEMENT OF DIRECTORS' RESPONSIBILITIES

The directors are responsible for preparing the Report of the Directors and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:



[Susannah Owen \(Oct 9, 2025 16:11:10 GMT+1\)](#)

Director

1 September 2025

**The Foundation For Ribble Valley
Families**

**Income Statement
for the year ended 31 January 2025**

| | 31/1/25 £ | 31/1/24 £ |
|---|----------------|--------------|
| TURNOVER | 49,369 | 73,810 |
| Administrative expenses | 59,958 | 64,357 |
| OPERATING (DEFICIT)/SURPLUS | (10,589) | 9,453 |
| Interest receivable and similar income | 614 | - |
| (DEFICIT)/SURPLUS BEFORE TAXATION | (9,975) | 9,453 |
| Tax on (deficit)/surplus | - | - |
| (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR | <u>(9,975)</u> | <u>9,453</u> |

The notes form part of these financial statements

**The Foundation For Ribble Valley
Families (Registered number: 09382059)**

**Abridged Balance Sheet
31 January 2025**

| | 31/1/25 £ | 31/1/24 £ |
|--|---------------|---------------|
| CURRENT ASSETS | | |
| Cash at bank and in hand | 43,628 | 54,041 |
| CREDITORS | | |
| Amounts falling due within one year | 1,584 | 2,022 |
| NET CURRENT ASSETS | <u>42,044</u> | <u>52,019</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | <u>42,044</u> | <u>52,019</u> |
| RESERVES | | |
| Income and expenditure account | <u>42,044</u> | <u>52,019</u> |
| | <u>42,044</u> | <u>52,019</u> |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2025 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

All the members have consented to the preparation of an abridged Balance Sheet for the year ended 31 January 2025 in accordance with Section 444(2A) of the Companies Act 2006.

The financial statements were approved by the Board of Directors and authorised for issue on 1 September 2025 and were signed on its behalf by:

Mrs H M Evans - Director

The notes form part of these financial statements

**The Foundation For Ribble Valley
Families**

**Notes to the Financial Statements
for the year ended 31 January 2025**

1. STATUTORY INFORMATION

The Foundation For Ribble Valley Families is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to surplus or deficit on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 3 (2024 - 3).

**Chartered Certified Accountants' Report to the Board of Directors
on the Unaudited Financial Statements of
The Foundation For Ribble Valley
Families**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation For Ribble Valley Families for the year ended 31 January 2025 which comprise the Income Statement, Abridged Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://www.accaglobal.com/rulebook>.

This report is made solely to the Board of Directors of The Foundation For Ribble Valley Families, as a body, in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation For Ribble Valley Families and state those matters that we have agreed to state to the Board of Directors of The Foundation For Ribble Valley Families, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at https://www.accaglobal.com/content/dam/ACCA_Global/Technical/fact/tf-163-jan-24.pdf.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Foundation For Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and loss of The Foundation For Ribble Valley Families. You consider that The Foundation For Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation For Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

FS Accountants Limited
2 York Street
Clitheroe
Lancashire
BB7 2DL

Date:

**The Foundation For Ribble Valley
Families**

**Detailed Income and Expenditure Account
for the year ended 31 January 2025**

| | 31/1/25 | | 31/1/24 | |
|--|---------|---------|---------|--------|
| | £ | £ | £ | £ |
| Turnover | | | | |
| Donations | 9,813 | | 14,225 | |
| Grants | 39,556 | | 59,585 | |
| | | 49,369 | | 73,810 |
| Other income | | | | |
| Deposit account interest | | 614 | | - |
| | | 49,983 | | 73,810 |
| Expenditure | | | | |
| Rent | 6,000 | | 6,129 | |
| Insurance | 371 | | 274 | |
| Wages | 37,945 | | 35,380 | |
| Social security | - | | 1,528 | |
| Pensions | 577 | | 1,143 | |
| Protective clothing | - | | 115 | |
| Telephone | 156 | | 72 | |
| Post and stationery | 456 | | 1,445 | |
| Advertising | 547 | | 2,304 | |
| Travelling | 151 | | - | |
| Therapeutic life coaching and training | 11,134 | | 13,621 | |
| Repairs and renewals | 276 | | - | |
| Computer costs | 156 | | - | |
| Sundry expenses | 174 | | 883 | |
| Accountancy | 1,668 | | 1,176 | |
| Professional fees | 324 | | 287 | |
| | | 59,935 | | 64,357 |
| | | (9,952) | | 9,453 |
| Finance costs | | | | |
| Bank charges | | 23 | | - |
| | | (9,975) | | 9,453 |
| NET (DEFICIT)/SURPLUS | | (9,975) | | 9,453 |

This page does not form part of the statutory financial statements







Foundation for Ribble Valley Families 2025

Final Audit Report

2025-10-09

| | |
|-----------------|--|
| Created: | 2025-10-09 |
| By: | Dilys Day (dilys.day@frvf.co.uk) |
| Status: | Signed |
| Transaction ID: | CBJCHBCAABAAzc4_fumfRe_8ImPEkaUozCsQsLm9zvfU |

"Foundation for Ribble Valley Families 2025" History

-  Document created by Dilys Day (dilys.day@frvf.co.uk)
2025-10-09 - 11:59:41 AM GMT
-  Document emailed to susieowen45@aol.com for signature
2025-10-09 - 12:00:10 PM GMT
-  Email viewed by susieowen45@aol.com
2025-10-09 - 3:09:10 PM GMT
-  Signer susieowen45@aol.com entered name at signing as Susannah Owen
2025-10-09 - 3:11:08 PM GMT
-  Document e-signed by Susannah Owen (susieowen45@aol.com)
Signature Date: 2025-10-09 - 3:11:10 PM GMT - Time Source: server
-  Agreement completed.
2025-10-09 - 3:11:10 PM GMT

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

England & Wales - Charity number 1161015

Accounts

Trustee Annual Report 2023

2023 saw the charity setting up new systems and ready to take on more clients and develop services in the aftermath of the pandemic.

The charity relocated to Trinity Community Hub in the centre of Clitheroe. This put the service at the centre of the community, and enabled greater connectivity with complimentary services.

This was the second year of the Lottery-funded project, and also saw an increase in donations from local organisations to fund the delivery of service.

The charity was able to restructure the staffing, and appointed a dedicated customer service officer to liaise directly with clients.

The charity also redesigned its website with new referral forms designed to direct only suitable clients into the service.

There were Trustee changes, as Dorothy Shears & Philip Mileham resigned on 8.2.23, Gillian Darbyshire resigned on 28.3.23, and Lisa Edwards was appointed to the role of chairperson on 8.2.23 with Ian Brown appointed as trustee on 8.2.23.

Company registration number 09382059 (England and Wales)

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2024

Ridehalgh Limited
Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
Lancashire
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY INFORMATION

Directors

Mr G Darbyshire
Ms HM Evans
Ms G Harding
Dr SE Owen
Ms D Shears
Mr IF Brown (Appointed 3 April 2023)
Ms LM Edwards (Appointed 3 April 2023)

Company number 09382059

Registered office

Trinity Hub
Wesleyan Row
Parson Lane
Clitheroe
BB7 2JY

Accountants

Ridehalgh Limited
Guardian House
42 Preston New Road
Blackburn
Lancashire
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

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THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 JANUARY 2024

The directors present their annual report and financial statements for the year ended 31 January 2024.

Principal activities

The principal activity of the company continued to be that of a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

Directors

The directors who held office during the year and up to the date of signature of the financial statements were as follows:

Mr G Darbyshire

Ms HM Evans

Ms G Harding

Mr P Mileham

(Resigned 4 April 2023)

Dr SE Owen

Ms D Shears

Mr IF Brown

(Appointed 3 April 2023)

Ms LM Edwards

(Appointed 3 April 2023)

Small companies exemption

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the board

Ms LM Edwards

Director

22 October 2024

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES FOR THE YEAR ENDED 31 JANUARY 2024

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2024 which comprise the income and expenditure account, the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <https://www.icaew.com/regulation>.

This report is made solely to the board of directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state to the board of directors of The Foundation for Ribble Valley Families, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its board of directors as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Ridehalgh Limited
Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
Lancashire
BB2 6AH

22 October 2024

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JANUARY 2024

| | 2024 | 2023 |
|---------------------------------------|---------------------|---------------------|
| | £ | £ |
| Gross surplus | 73,695 | 68,577 |
| Administrative expenses | (64,242) | (61,789) |
| Surplus before taxation | <u>9,453</u> | <u>6,788</u> |
| Tax on surplus | - | - |
| Surplus for the financial year | <u><u>9,453</u></u> | <u><u>6,788</u></u> |

The income and expenditure account has been prepared on the basis that all operations are continuing operations.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

BALANCE SHEET

AS AT 31 JANUARY 2024

| | Notes | 31 January 2024 £ | £ | 31 March 2023 £ | £ |
|--|-------|----------------------|---------------|--------------------|---------------|
| Current assets | | | | | |
| Cash at bank and in hand | | 54,042 | | 43,948 | |
| Creditors: amounts falling due within one year | | <u>(3,225)</u> | | <u>(1,382)</u> | |
| Net current assets | | | 50,817 | | 42,566 |
| Creditors: amounts falling due after more than one year | | | <u>1,202</u> | | <u>-</u> |
| Net assets | | | <u>52,019</u> | | <u>42,566</u> |
| Reserves | | | | | |
| Income and expenditure account | | | <u>52,019</u> | | <u>42,566</u> |
| Members' funds | | | <u>52,019</u> | | <u>42,566</u> |

For the financial year ended 31 January 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with section 444 of the Companies Act 2006, all of the members of the company have consented to the preparation of abridged financial statements pursuant to paragraph 1A of Schedule 1 to the Small Companies and Groups (Accounts and Directors' Report) Regulations (SI 2008/409)(b).

The financial statements were approved by the board of directors and authorised for issue on 22 October 2024 and are signed on its behalf by:

Ms LM Edwards
Director

Company registration number 09382059 (England and Wales)

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2024

1 Accounting policies

Company information

The Foundation for Ribble Valley Families is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity Hub, Wesleyan Row, Parson Lane, Clitheroe, BB7 2JY.

1.1 Accounting convention

These financial statements have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the requirements of the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Income and expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.3 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 JANUARY 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors, bank loans, loans from fellow group companies and preference shares that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.4 Taxation

The company is exempt from corporation tax, it being a company not carrying on a business for the purposes of making a profit.

1.5 Employee benefits

The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.6 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Employees

| | 2024 Number | 2023 Number |
|-------|----------------|----------------|
| Total | 3 | 3 |

3 Members' liability

The company is limited by guarantee, not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding £1.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED TRADING AND INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JANUARY 2024

| | | 2024 | | 2023 |
|--|---------------|---------------|---------------|---------------|
| | £ | £ | £ | £ |
| Income | | | | |
| Donations | | 14,225 | | 13,426 |
| Grants | | 59,585 | | 57,046 |
| | | <u>73,810</u> | | <u>70,472</u> |
| Cost of sales | | | | |
| <i>Purchases and other direct costs</i> | | | | |
| Protective clothing | 115 | | 1,895 | |
| | <u>115</u> | | <u>1,895</u> | |
| Total cost of sales | | (115) | | (1,895) |
| | | <u>73,695</u> | | <u>68,577</u> |
| Gross surplus | | | | |
| | | | | |
| Employment costs | | | | |
| Wages and salaries | 35,380 | | 31,159 | |
| Employer nic | 1,528 | | - | |
| Therapeutic life coaching and training | 13,621 | | 18,153 | |
| Staff pension costs defined contribution | 1,143 | | 491 | |
| | <u>51,672</u> | | <u>49,803</u> | |
| | | (51,672) | | (49,803) |
| Establishment costs | | | | |
| Rent re licences and other | 6,129 | | 6,589 | |
| | <u>6,129</u> | | <u>6,589</u> | |
| | | (6,129) | | (6,589) |
| General administrative expenses | | | | |
| Legal and professional fees | 287 | | 422 | |
| Accountancy | 1,176 | | 1,440 | |
| Insurances | 274 | | 274 | |
| Printing and stationery | 1,445 | | 2,293 | |
| Advertising | 2,304 | | - | |
| Telecommunications | 72 | | 241 | |
| Sundry expenses | 883 | | 727 | |
| | <u>6,441</u> | | <u>5,397</u> | |
| | | (6,441) | | (5,397) |
| Operating surplus | | <u>9,453</u> | | <u>6,788</u> |

Company registration number 09382059 (England and Wales)

**THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2024**

Ridehalgh Limited
Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
Lancashire
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY INFORMATION

Directors

Mr G Darbyshire
Ms HM Evans
Ms G Harding
Dr SE Owen
Ms D Shears
Mr IF Brown (Appointed 3 April 2023)
Ms LM Edwards (Appointed 3 April 2023)

Company number 09382059

Registered office

Trinity Hub
Wesleyan Row
Parson Lane
Clitheroe
BB7 2JY

Accountants

Ridehalgh Limited
Guardian House
42 Preston New Road
Blackburn
Lancashire
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

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THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 JANUARY 2024

The directors present their annual report and financial statements for the year ended 31 January 2024.

Principal activities

The principal activity of the company continued to be that of a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

Directors

The directors who held office during the year and up to the date of signature of the financial statements were as follows:

Mr G Darbyshire

Ms HM Evans

Ms G Harding

Mr P Mileham

(Resigned 4 April 2023)

Dr SE Owen

Ms D Shears

Mr IF Brown

(Appointed 3 April 2023)

Ms LM Edwards

(Appointed 3 April 2023)

Small companies exemption

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the board

Ms LM Edwards

Director

22 October 2024

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES FOR THE YEAR ENDED 31 JANUARY 2024

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2024 which comprise the income and expenditure account, the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <https://www.icaew.com/regulation>.

This report is made solely to the board of directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state to the board of directors of The Foundation for Ribble Valley Families, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its board of directors as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Ridehalgh Limited
Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
Lancashire
BB2 6AH

22 October 2024

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JANUARY 2024

| | 2024 | 2023 |
|---------------------------------------|---------------------|---------------------|
| | £ | £ |
| Gross surplus | 73,695 | 68,577 |
| Administrative expenses | (64,242) | (61,789) |
| Surplus before taxation | <u>9,453</u> | <u>6,788</u> |
| Tax on surplus | - | - |
| Surplus for the financial year | <u><u>9,453</u></u> | <u><u>6,788</u></u> |

The income and expenditure account has been prepared on the basis that all operations are continuing operations.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

BALANCE SHEET

AS AT 31 JANUARY 2024

| | Notes | 31 January 2024 £ | £ | 31 March 2023 £ | £ |
|--|-------|----------------------|---------------|--------------------|---------------|
| Current assets | | | | | |
| Cash at bank and in hand | | 54,042 | | 43,948 | |
| Creditors: amounts falling due within one year | | <u>(3,225)</u> | | <u>(1,382)</u> | |
| Net current assets | | | 50,817 | | 42,566 |
| Creditors: amounts falling due after more than one year | | | <u>1,202</u> | | <u>-</u> |
| Net assets | | | <u>52,019</u> | | <u>42,566</u> |
| Reserves | | | | | |
| Income and expenditure account | | | <u>52,019</u> | | <u>42,566</u> |
| Members' funds | | | <u>52,019</u> | | <u>42,566</u> |

For the financial year ended 31 January 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with section 444 of the Companies Act 2006, all of the members of the company have consented to the preparation of abridged financial statements pursuant to paragraph 1A of Schedule 1 to the Small Companies and Groups (Accounts and Directors' Report) Regulations (SI 2008/409)(b).

The financial statements were approved by the board of directors and authorised for issue on 22 October 2024 and are signed on its behalf by:

Ms LM Edwards
Director

Company registration number 09382059 (England and Wales)

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2024

1 Accounting policies

Company information

The Foundation for Ribble Valley Families is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity Hub, Wesleyan Row, Parson Lane, Clitheroe, BB7 2JY.

1.1 Accounting convention

These financial statements have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the requirements of the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Income and expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.3 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 JANUARY 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors, bank loans, loans from fellow group companies and preference shares that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.4 Taxation

The company is exempt from corporation tax, it being a company not carrying on a business for the purposes of making a profit.

1.5 Employee benefits

The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.6 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Employees

| | 2024 Number | 2023 Number |
|-------|----------------|----------------|
| Total | 3 | 3 |

3 Members' liability

The company is limited by guarantee, not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding £1.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED TRADING AND INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JANUARY 2024

| | £ | 2024 £ | £ | 2023 £ |
|--|---------------|---------------|---------------|---------------|
| Income | | | | |
| Donations | | 14,225 | | 13,426 |
| Grants | | 59,585 | | 57,046 |
| | | <u>73,810</u> | | <u>70,472</u> |
| Cost of sales | | | | |
| <i>Purchases and other direct costs</i> | | | | |
| Protective clothing | 115 | | 1,895 | |
| | <u>115</u> | | <u>1,895</u> | |
| Total cost of sales | | (115) | | (1,895) |
| | | <u>73,695</u> | | <u>68,577</u> |
| Gross surplus | | | | |
| | | 73,695 | | 68,577 |
| Employment costs | | | | |
| Wages and salaries | 35,380 | | 31,159 | |
| Employer nic | 1,528 | | - | |
| Therapeutic life coaching and training | 13,621 | | 18,153 | |
| Staff pension costs defined contribution | 1,143 | | 491 | |
| | <u>51,672</u> | | <u>50,203</u> | |
| | | (51,672) | | (49,803) |
| Establishment costs | | | | |
| Rent re licences and other | 6,129 | | 6,589 | |
| | <u>6,129</u> | | <u>6,589</u> | |
| | | (6,129) | | (6,589) |
| General administrative expenses | | | | |
| Legal and professional fees | 287 | | 422 | |
| Accountancy | 1,176 | | 1,440 | |
| Insurances | 274 | | 274 | |
| Printing and stationery | 1,445 | | 2,293 | |
| Advertising | 2,304 | | - | |
| Telecommunications | 72 | | 241 | |
| Sundry expenses | 883 | | 727 | |
| | <u>6,441</u> | | <u>6,397</u> | |
| | | (6,441) | | (5,397) |
| Operating surplus | | <u>9,453</u> | | <u>6,788</u> |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

England & Wales - Charity number 1161015

Accounts

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 JANUARY 2022

RIDEHALGH LIMITED

Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2022

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THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 JANUARY 2022

The directors present their report and the unaudited financial statements of the company for the year ended 31 January 2022.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

DIRECTORS

The directors who served the company during the year were as follows:

S.E. Owen
H.M. Evans
G. Harding
P.K. Mileham
D. Shears
G.A. Darbyshire (Appointed 31 March 2021)
O.M. Phillips (Resigned 23 June 2021)

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 17 October 2022 and signed on behalf of the board by:

P.K. Mileham
Director

Registered office:
Ribblesdale Nursery School
Queens Road
Clitheroe
Lancashire
BB7 1EL

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
STATEMENT OF INCOME AND RETAINED EARNINGS
YEAR ENDED 31 JANUARY 2022

| | Note | 2022 £ | 2021 £ |
|---|------|----------------------|----------------------|
| TURNOVER | | 57,974 | 48,699 |
| GROSS PROFIT | | <u>57,974</u> | <u>48,699</u> |
| Administrative expenses | | 42,316 | 50,383 |
| Other operating income | | — | 20,000 |
| OPERATING PROFIT | | <u>15,658</u> | <u>18,316</u> |
| PROFIT BEFORE TAXATION | | <u>15,658</u> | <u>18,316</u> |
| Tax on profit | | — | — |
| PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME | | <u><u>15,658</u></u> | <u><u>18,316</u></u> |
| RETAINED EARNINGS AT THE START OF THE YEAR | | <u>20,120</u> | <u>1,804</u> |
| RETAINED EARNINGS AT THE END OF THE YEAR | | <u><u>35,778</u></u> | <u><u>20,120</u></u> |

All the activities of the company are from continuing operations.

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 JANUARY 2022

| | Note | 2022 £ | £ | 2021 £ | £ |
|---|------|--------------|---------------|-----------|---------------|
| CURRENT ASSETS | | | | | |
| Cash at bank and in hand | | 37,267 | | 20,120 | |
| CREDITORS: amounts falling due within one year | 5 | <u>1,489</u> | | <u>—</u> | |
| NET CURRENT ASSETS | | | <u>35,778</u> | | <u>20,120</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | <u>35,778</u> | | <u>20,120</u> |
| CAPITAL AND RESERVES | | | | | |
| Profit and loss account | | | <u>35,778</u> | | <u>20,120</u> |
| MEMBERS FUNDS | | | <u>35,778</u> | | <u>20,120</u> |

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 January 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of directors and authorised for issue on 17 October 2022, and are signed on behalf of the board by:

P.K. Mileham
Director

Company registration number: 09382059

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2022

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Ribblesdale Nursery School, Queens Road, Clitheroe, Lancashire, BB7 1EL.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Government grants

Government grants or assistance of a revenue nature are recognised in the same period as the related expenditure. Where the grant is for the purpose of giving immediate financial support with no future related costs the income is recognised in the period in which it becomes receivable.

(c) Revenue recognition

Turnover shown in the income and expenditure account represents amounts received during the year.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company requiring funds in order to continue as a going concern the directors have undertaken to contribute the necessary capital. It is unlikely these circumstances will arise in the foreseeable future.

5. CREDITORS: amounts falling due within one year

| | 2022 | 2021 |
|-----------------|--------------|----------|
| | £ | £ |
| Trade creditors | 1,489 | – |
| | <u>1,489</u> | <u>–</u> |

6. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 JANUARY 2022

7. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
MANAGEMENT INFORMATION
YEAR ENDED 31 JANUARY 2022

The following pages do not form part of the financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

CHARTERED ACCOUNTANTS REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

YEAR ENDED 31 JANUARY 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2022, which comprise the statement of income and retained earnings, statement of financial position and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/membership/regulations-standards-and-guidance.

This report is made solely to the Board of Directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state you, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

RIDEHALGH LIMITED
Chartered Accountants

Guardian House
42 Preston New Road
Blackburn
BB2 6AH

17 October 2022

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED INCOME STATEMENT

YEAR ENDED 31 JANUARY 2022

| | 2022 | 2021 |
|--|---------------|---------------|
| | £ | £ |
| TURNOVER | | |
| Baby massage | – | 2,135 |
| Donations | 16,681 | 13,106 |
| Room hire | 4,008 | 3,468 |
| Grants | 37,285 | 29,990 |
| | <u>57,974</u> | <u>48,699</u> |
| GROSS PROFIT | <u>57,974</u> | <u>48,699</u> |
| OVERHEADS | | |
| ADMINISTRATIVE EXPENSES | | |
| Rent rates and water | 3,978 | 2,003 |
| Light and heat | 554 | 1,762 |
| Insurance | 279 | 286 |
| Repairs and maintenance | 215 | 748 |
| Telephone | 450 | 455 |
| Printing, postage and stationery | 99 | 228 |
| Sundry expenses | 286 | – |
| Advertising and website costs | 409 | 432 |
| Legal and professional fees | 410 | 2,650 |
| Therapeutic life coaching and training | 35,516 | 41,819 |
| Accountancy fees | 120 | – |
| | <u>42,316</u> | <u>50,383</u> |
| OTHER OPERATING INCOME | | |
| Coronavirus small business grant | – | 20,000 |
| OPERATING PROFIT | <u>15,658</u> | <u>18,316</u> |
| PROFIT BEFORE TAXATION | <u>15,658</u> | <u>18,316</u> |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

England & Wales - Charity number 1161015

Accounts

Trustee Annual Report 2021

2021 was a year that was still feeling the effects of Covid.

This had a significant impact on the work of the charity as it moved on line to offer virtual therapeutic sessions and away from the Thrive Centre which had created a useful support hub for FRVF services and some partners.

The difficult decision to close the centre was made, and the charity moved out in September 2021.

Funds were tight, and there were limited opportunities to fund raise. Thankfully, Clitheroe Mayor chose FRVF as one of his beneficiaries, but as a result, a bid to the National Lottery Reaching communities fund was developed. In December 2021, the news that the bid to support the charity for 3 years had been successful was received. This allowed the charity to rent new, cost effective premises, and to appoint a management team to take the charity forward.

There were Trustee changes, as Owen Philips resigned on 23.6.21, and Gillian Darbyshire was appointed on 31.3.21

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 JANUARY 2022

RIDEHALGH LIMITED

Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2022

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| Chartered accountants report to the board of directors on the preparation of the unaudited statutory financial statements | 7 |
| Detailed income statement | 8 |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 JANUARY 2022

The directors present their report and the unaudited financial statements of the company for the year ended 31 January 2022.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

DIRECTORS

The directors who served the company during the year were as follows:

S.E. Owen
H.M. Evans
G. Harding
P.K. Mileham
D. Shears
G.A. Darbyshire (Appointed 31 March 2021)
O.M. Phillips (Resigned 23 June 2021)

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 17 October 2022 and signed on behalf of the board by:

P.K. Mileham
Director

Registered office:
Ribblesdale Nursery School
Queens Road
Clitheroe
Lancashire
BB7 1EL

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
STATEMENT OF INCOME AND RETAINED EARNINGS
YEAR ENDED 31 JANUARY 2022

| | Note | 2022 £ | 2021 £ |
|---|------|---------------|---------------|
| TURNOVER | | 57,974 | 48,699 |
| GROSS PROFIT | | <u>57,974</u> | <u>48,699</u> |
| Administrative expenses | | 42,316 | 50,383 |
| Other operating income | | — | 20,000 |
| OPERATING PROFIT | | <u>15,658</u> | <u>18,316</u> |
| PROFIT BEFORE TAXATION | | <u>15,658</u> | <u>18,316</u> |
| Tax on profit | | — | — |
| PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME | | <u>15,658</u> | <u>18,316</u> |
| RETAINED EARNINGS AT THE START OF THE YEAR | | <u>20,120</u> | <u>1,804</u> |
| RETAINED EARNINGS AT THE END OF THE YEAR | | <u>35,778</u> | <u>20,120</u> |

All the activities of the company are from continuing operations.

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 JANUARY 2022

| | Note | 2022 £ | £ | 2021 £ | £ |
|---|------|--------------|---------------|-----------|---------------|
| CURRENT ASSETS | | | | | |
| Cash at bank and in hand | | 37,267 | | 20,120 | |
| CREDITORS: amounts falling due within one year | 5 | <u>1,489</u> | | <u>—</u> | |
| NET CURRENT ASSETS | | | <u>35,778</u> | | <u>20,120</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | <u>35,778</u> | | <u>20,120</u> |
| CAPITAL AND RESERVES | | | | | |
| Profit and loss account | | | <u>35,778</u> | | <u>20,120</u> |
| MEMBERS FUNDS | | | <u>35,778</u> | | <u>20,120</u> |

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 January 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of directors and authorised for issue on 17 October 2022, and are signed on behalf of the board by:

P.K. Mileham
Director

Company registration number: 09382059

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2022

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Ribblesdale Nursery School, Queens Road, Clitheroe, Lancashire, BB7 1EL.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Government grants

Government grants or assistance of a revenue nature are recognised in the same period as the related expenditure. Where the grant is for the purpose of giving immediate financial support with no future related costs the income is recognised in the period in which it becomes receivable.

(c) Revenue recognition

Turnover shown in the income and expenditure account represents amounts received during the year.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company requiring funds in order to continue as a going concern the directors have undertaken to contribute the necessary capital. It is unlikely these circumstances will arise in the foreseeable future.

5. CREDITORS: amounts falling due within one year

| | 2022 | 2021 |
|-----------------|--------------|----------|
| | £ | £ |
| Trade creditors | 1,489 | – |
| | <u>1,489</u> | <u>–</u> |

6. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 JANUARY 2022

7. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
MANAGEMENT INFORMATION
YEAR ENDED 31 JANUARY 2022

The following pages do not form part of the financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

CHARTERED ACCOUNTANTS REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

YEAR ENDED 31 JANUARY 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2022, which comprise the statement of income and retained earnings, statement of financial position and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/membership/regulations-standards-and-guidance.

This report is made solely to the Board of Directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state you, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

RIDEHALGH LIMITED
Chartered Accountants

Guardian House
42 Preston New Road
Blackburn
BB2 6AH

17 October 2022

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED INCOME STATEMENT

YEAR ENDED 31 JANUARY 2022

| | 2022 | 2021 |
|--|--------------------------|--------------------------|
| | £ | £ |
| TURNOVER | | |
| Baby massage | – | 2,135 |
| Donations | 16,681 | 13,106 |
| Room hire | 4,008 | 3,468 |
| Grants | 37,285 | 29,990 |
| | <u>57,974</u> | <u>48,699</u> |
| GROSS PROFIT | <u>57,974</u> | <u>48,699</u> |
| OVERHEADS | | |
| ADMINISTRATIVE EXPENSES | | |
| Rent rates and water | 3,978 | 2,003 |
| Light and heat | 554 | 1,762 |
| Insurance | 279 | 286 |
| Repairs and maintenance | 215 | 748 |
| Telephone | 450 | 455 |
| Printing, postage and stationery | 99 | 228 |
| Sundry expenses | 286 | – |
| Advertising and website costs | 409 | 432 |
| Legal and professional fees | 410 | 2,650 |
| Therapeutic life coaching and training | 35,516 | 41,819 |
| Accountancy fees | 120 | – |
| | <u>42,316</u> | <u>50,383</u> |
| OTHER OPERATING INCOME | | |
| Coronavirus small business grant | – | 20,000 |
| OPERATING PROFIT | <u>15,658</u> | <u>18,316</u> |
| PROFIT BEFORE TAXATION | <u><u>15,658</u></u> | <u><u>18,316</u></u> |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

Company Limited by Guarantee

UNAUDITED FINANCIAL STATEMENTS

31 JANUARY 2022

RIDEHALGH LIMITED

Chartered Accountants

Guardian House

42 Preston New Road

Blackburn

BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2022

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| Statement of income and retained earnings | 2 |
| Statement of financial position | 3 |
| Notes to the financial statements | 4 to 5 |
| The following pages do not form part of the financial statements | |
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| Detailed income statement | 8 |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 JANUARY 2022

The directors present their report and the unaudited financial statements of the company for the year ended 31 January 2022.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

DIRECTORS

The directors who served the company during the year were as follows:

S.E. Owen
H.M. Evans
G. Harding
P.K. Mileham
D. Shears
G.A. Darbyshire (Appointed 31 March 2021)
O.M. Phillips (Resigned 23 June 2021)

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 17 October 2022 and signed on behalf of the board by:

P.K. Mileham
Director

Registered office:
Ribblesdale Nursery School
Queens Road
Clitheroe
Lancashire
BB7 1EL

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
STATEMENT OF INCOME AND RETAINED EARNINGS
YEAR ENDED 31 JANUARY 2022

| | Note | 2022 £ | 2021 £ |
|---|------|----------------------|----------------------|
| TURNOVER | | 57,974 | 48,699 |
| GROSS PROFIT | | <u>57,974</u> | <u>48,699</u> |
| Administrative expenses | | 42,316 | 50,383 |
| Other operating income | | — | 20,000 |
| OPERATING PROFIT | | <u>15,658</u> | <u>18,316</u> |
| PROFIT BEFORE TAXATION | | <u>15,658</u> | <u>18,316</u> |
| Tax on profit | | — | — |
| PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME | | <u><u>15,658</u></u> | <u><u>18,316</u></u> |
| RETAINED EARNINGS AT THE START OF THE YEAR | | <u>20,120</u> | <u>1,804</u> |
| RETAINED EARNINGS AT THE END OF THE YEAR | | <u><u>35,778</u></u> | <u><u>20,120</u></u> |

All the activities of the company are from continuing operations.

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 JANUARY 2022

| | Note | 2022 £ | £ | 2021 £ | £ |
|---|------|--------------|---------------|-----------|---------------|
| CURRENT ASSETS | | | | | |
| Cash at bank and in hand | | 37,267 | | 20,120 | |
| CREDITORS: amounts falling due within one year | 5 | <u>1,489</u> | | <u>—</u> | |
| NET CURRENT ASSETS | | | <u>35,778</u> | | <u>20,120</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | <u>35,778</u> | | <u>20,120</u> |
| CAPITAL AND RESERVES | | | | | |
| Profit and loss account | | | <u>35,778</u> | | <u>20,120</u> |
| MEMBERS FUNDS | | | <u>35,778</u> | | <u>20,120</u> |

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 January 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of directors and authorised for issue on 17 October 2022, and are signed on behalf of the board by:

P.K. Mileham
Director

Company registration number: 09382059

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2022

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Ribblesdale Nursery School, Queens Road, Clitheroe, Lancashire, BB7 1EL.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Government grants

Government grants or assistance of a revenue nature are recognised in the same period as the related expenditure. Where the grant is for the purpose of giving immediate financial support with no future related costs the income is recognised in the period in which it becomes receivable.

(c) Revenue recognition

Turnover shown in the income and expenditure account represents amounts received during the year.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company requiring funds in order to continue as a going concern the directors have undertaken to contribute the necessary capital. It is unlikely these circumstances will arise in the foreseeable future.

5. CREDITORS: amounts falling due within one year

| | 2022 | 2021 |
|-----------------|--------------|----------|
| | £ | £ |
| Trade creditors | 1,489 | – |
| | <u>1,489</u> | <u>–</u> |

6. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 JANUARY 2022

7. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
MANAGEMENT INFORMATION
YEAR ENDED 31 JANUARY 2022

The following pages do not form part of the financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

CHARTERED ACCOUNTANTS REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

YEAR ENDED 31 JANUARY 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2022, which comprise the statement of income and retained earnings, statement of financial position and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/membership/regulations-standards-and-guidance.

This report is made solely to the Board of Directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state you, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

RIDEHALGH LIMITED
Chartered Accountants

Guardian House
42 Preston New Road
Blackburn
BB2 6AH

17 October 2022

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED INCOME STATEMENT

YEAR ENDED 31 JANUARY 2022

| | 2022 | 2021 |
|--|---------------|---------------|
| | £ | £ |
| TURNOVER | | |
| Baby massage | – | 2,135 |
| Donations | 16,681 | 13,106 |
| Room hire | 4,008 | 3,468 |
| Grants | 37,285 | 29,990 |
| | <u>57,974</u> | <u>48,699</u> |
| GROSS PROFIT | <u>57,974</u> | <u>48,699</u> |
| OVERHEADS | | |
| ADMINISTRATIVE EXPENSES | | |
| Rent rates and water | 3,978 | 2,003 |
| Light and heat | 554 | 1,762 |
| Insurance | 279 | 286 |
| Repairs and maintenance | 215 | 748 |
| Telephone | 450 | 455 |
| Printing, postage and stationery | 99 | 228 |
| Sundry expenses | 286 | – |
| Advertising and website costs | 409 | 432 |
| Legal and professional fees | 410 | 2,650 |
| Therapeutic life coaching and training | 35,516 | 41,819 |
| Accountancy fees | 120 | – |
| | <u>42,316</u> | <u>50,383</u> |
| OTHER OPERATING INCOME | | |
| Coronavirus small business grant | – | 20,000 |
| OPERATING PROFIT | <u>15,658</u> | <u>18,316</u> |
| PROFIT BEFORE TAXATION | <u>15,658</u> | <u>18,316</u> |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

England & Wales - Charity number 1161015

Accounts



Trustees' Annual Report for the period

From 1st February 2020
January 2021

Period start date To 31st
Period end date

Charity name: **The Foundation for Ribble Valley Families**

Charity registration number: **1161015**

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire with a focus on Ribble Valley families by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | <p>The overriding factor that has affected the main activities of the charity for the period 1 February 2020 to 31 January 2021 was the impact of the Covid-19 pandemic.</p> <p>The Foundation for Ribble Valley Families (FRVF) has continued to provide therapeutic coaching sessions using the Fusion Model at the core of its activities, to the benefit of individuals and families across the community, through self-referral and directly from professional groups such as GPs. However, these activities were carried out remotely with clients rather than face-to-face. FRVF was also able to provide a number of Mindfulness courses for clients remotely. Baby Massage and Messy Play sessions unfortunately had to be postponed throughout the period due to the restrictions of "lockdown" and social distancing during the pandemic.</p> <p>FRVF also maintained an online presence and retained a high profile in the community through social media, offering support and guidance</p> |

| | | |
|--|-----------|--|
| | | for people who may be finding social isolation difficult, with many people being furloughed or losing their jobs, and children being at home due to school closures. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | The trustees can confirm that they are aware of the guidance on public benefit and have taken this into account when planning the activities of the charity, ensuring that everything we do is wholly of benefit to members of the local community. This includes the fact that the purposes of the charity are wholly charitable. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
| Policy on grant making | Para 1.38 | |
| Policy on social investment including program related investment | Para 1.38 | |
| Contribution made by volunteers | Para 1.38 | |
| Other | | |

Achievements and Performance

| | SORP reference | |
|--|----------------|--|
|--|----------------|--|

| | | |
|--|------------------|---|
| <p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p> | <p>Para 1.20</p> | <p>FRVF had planned to extend its work in 20/21, however, objectives had to be re-set with the onset of the pandemic. The charity was able to continue to function in a limited capacity throughout the period, retaining some capacity to accept referrals from new clients by offering remote coaching sessions, as well as running a number of Mindfulness courses for existing clients. We were unable to offer group activities from The Family Thrive Centre including Baby Massage and Messy Play.</p> <p>FRVF did, however, make productive use of the period, especially in the areas of business planning, and the development of a pilot programme in a local primary school to support teachers and parents.</p> <p>We were also able to apply for grants during the period, especially to support our work during the pandemic, mainly from the local authorities both at county and borough council levels. No fundraising activities took place during the period due to the restrictions of the pandemic.</p> <p>It is perhaps ironic that the charity was able to stabilise and indeed improve its financial position during the year due to the provision of local authority grants and reduced overhead and administrative expenses.</p> |
|--|------------------|---|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|------------------|--|
| <p>Achievements against objectives set</p> | <p>Para 1.41</p> | |
| <p>Performance of fundraising activities against objectives set</p> | <p>Para 1.41</p> | <p>The charity was unable to undertake any fundraising activities throughout the period.</p> |
| <p>Investment performance</p> | <p>Para 1.41</p> | |

| | | |
|--------------------|--|--|
| against objectives | | |
| Other | | |

Financial Review

| | | |
|--|-----------|--|
| Review of the charity's financial position at the end of the period | Para 1.21 | At the end of the financial period (31 January 2021) the charity was able to report an operating surplus of £18,316, an increase from the previous year's surplus of £5,442. This included a 36% decrease in gross profit but balanced against a 30% decrease in overhead and administrative costs. This does not take account of a Coronavirus Small Business Grant of £20,000. The reduction in overhead and administrative costs is largely as a result of lower centre costs (as the building was closed) and reduced provision of therapeutic coaching. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | The charity has not felt the need, up to the end of this reporting period, to hold formal reserves, as it has very limited fixed costs or financial commitments. However, the board decided to retain a minimum of £10,000 during the period as a safety-net. |
| Amount of reserves held | Para 1.22 | The amount of cash in hand at the end of the period was £20,120 (£7650 in the previous period). This is a more positive position than at the end of the previous period. |
| Reasons for holding zero reserves | Para 1.22 | The charity has not felt the need, up to the end of this reporting period, to hold reserves, as it has very limited fixed costs or financial commitments. The charity does not employ any staff and recovers most of its other costs in the form of grants (e.g. premises). The charity could be wound up quite simply without the need to pay out creditors. This policy is to be reviewed for the new financial year as we increase our activity levels and expand our work in the community as we come out of the restrictions of the pandemic. |
| Details of fund materially in deficit | Para 1.24 | The fund is not in deficit, with creditor payments being made within agreed arrangements. |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | There are no immediate concerns in this regard, especially as the charity continues to be successful in applying for and receiving grants and donations, and with continuing |

| | | |
|--|--|---|
| | | support from the local authority, local healthcare professionals and the wider community. |
|--|--|---|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|--|---|
| <p>The charity's principal sources of funds (including any fundraising)</p> | <p>Para 1.47 For the period in question, the principal sources of funds included: local authority grants to keep some of the core mental health activities going during the pandemic, and other grants from both national and local organisations.</p> | |
| <p>Investment policy and objectives including any social investment policy adopted</p> | <p>Para 1.46</p> | |
| <p>A description of the principal risks facing the charity</p> | <p>Para 1.46</p> | <p>At the start of the period in question we were unaware of the impact of the COVID-19 Pandemic, including how long restrictions would last, but also importantly, the impact upon local people and communities in terms of their mental health and resilience. Apart from the impact of the pandemic, the major risk facing the charity is sustainability, and our ability to achieve financial security going forward. Our plans pre-pandemic were very much reliant upon our ability to attract sustainable</p> |

| | | |
|-------|--|--|
| | | <p>funding, and through forging links with local business partners, as well as applying for local and national grants. We also hoped to expand our fundraising.</p> <p>As pandemic restrictions ease in 2021/22 our plans will include: plans to secure long-term funding from the NHS and other local authority providers for mental health service provision, long-term grant applications and public donation, and plans to promote our services directly to local schools, businesses and the wider community throughout the locality.</p> |
| Other | | |

Structure, Governance and Management

| | | |
|---|-----------|---------------------------------|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | Articles of Association |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | Company Limited by Guarantee |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Appointed by the Trustee Board. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |
| Other | | |

Reference and Administrative details

| | |
|-----------------------------|---|
| Charity name | The Foundation for Ribble Valley Families |
| Other name the charity uses | |
| Registered charity number | 1161015 |

| | |
|-----------------------------|---|
| Charity's principal address | The Family Thrive Centre The Old Physiotherapy Centre New Market Street Clitheroe BB7 2JW |
| | |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------------------|------------------------|--|--|
| 1 | Philip Kevin Mileham | Chair | | |
| 2 | Gillian Harding | | | |
| 3 | Helen Mary Evans | | | |
| 4 | Susannah Elizabeth Owen | | | |
| 5 | Owen Michael Gilbert Phillips | | | |
| 6 | Dorothy Shears | | 11.12.20 - 31.01.21 | Trustee Board |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees - names of the directors at the date the report was approved

| Director name | | |
|----------------------|--|--|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|---------------------|--|--|
| | | |

Funds held as custodian trustees on behalf of others

| | |
|---|--|
| Description of the assets held in this capacity | |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|-----------------|--|
| Accountant | Gary Farnsworth | Ridehalgh, Guardian House, 42 Preston New Road, Blackburn, BB2 6AH |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

P K Mileham

Full name(s)

Philip Kevin Mileham

**Position (eg
Secretary, Chair, etc)**

Chair

Date

23rd November 2021

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 JANUARY 2021

RIDEHALGH LIMITED

Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2021

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| Statement of financial position | 3 |
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| Detailed income statement | 8 |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 JANUARY 2021

The directors present their report and the unaudited financial statements of the company for the year ended 31 January 2021.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

DIRECTORS

The directors who served the company during the year were as follows:

S.E. Owen
H.M. Evans
G. Harding
P.K. Mileham
O.M. Phillips
D. Shears

(Appointed 11 December 2020)

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 22 September 2021 and signed on behalf of the board by:

P.K. Mileham
Director

Registered office:
The Family Thrive Centre
The Old Physiotherapy Centre
New Market Street
Clitheroe
Lancashire
BB7 2JW

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF INCOME AND RETAINED EARNINGS

YEAR ENDED 31 JANUARY 2021

| | Note | 2021 £ | 2020 £ |
|---|------|-----------|-----------|
| TURNOVER | | 48,699 | 76,941 |
| Cost of sales | | — | 118 |
| GROSS PROFIT | | 48,699 | 76,823 |
| Administrative expenses | | 50,383 | 71,381 |
| Other operating income | | 20,000 | — |
| OPERATING PROFIT | | 18,316 | 5,442 |
| PROFIT BEFORE TAXATION | | 18,316 | 5,442 |
| Tax on profit | | — | — |
| PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME | | 18,316 | 5,442 |
| RETAINED EARNINGS/(LOSSES) AT THE START OF THE YEAR | | 1,804 | (3,638) |
| RETAINED EARNINGS AT THE END OF THE YEAR | | 20,120 | 1,804 |

All the activities of the company are from continuing operations.

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 JANUARY 2021

| | Note | 2021 £ | £ | 2020 £ | £ |
|---|------|-----------|--------|-----------|-------|
| CURRENT ASSETS | | | | | |
| Cash at bank and in hand | | 20,120 | | 7,650 | |
| CREDITORS: amounts falling due within one year | 5 | — | | 5,846 | |
| NET CURRENT ASSETS | | | 20,120 | | 1,804 |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | 20,120 | | 1,804 |
| CAPITAL AND RESERVES | | | | | |
| Profit and loss account | | | 20,120 | | 1,804 |
| MEMBERS FUNDS | | | 20,120 | | 1,804 |

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 January 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of directors and authorised for issue on 22 September 2021, and are signed on behalf of the board by:

P.K. Mileham
Director

Company registration number: 09382059

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2021

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is The Family Thrive Centre, The Old Physiotherapy Centre, New Market Street, Clitheroe, Lancashire, BB7 2JW.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Government grants

Government grants or assistance of a revenue nature are recognised in the same period as the related expenditure. Where the grant is for the purpose of giving immediate financial support with no future related costs the income is recognised in the period in which it becomes receivable.

(c) Revenue recognition

Turnover shown in the income and expenditure account represents amounts received during the year.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company requiring funds in order to continue as a going concern the directors have undertaken to contribute the necessary capital. It is unlikely these circumstances will arise in the foreseeable future.

5. CREDITORS: amounts falling due within one year

| | 2021 | 2020 |
|-----------------|----------|--------------|
| | £ | £ |
| Trade creditors | – | 846 |
| Other creditors | – | 5,000 |
| | <u>–</u> | <u>5,846</u> |
| | – | 5,846 |
| | <u>–</u> | <u>5,846</u> |

6. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 JANUARY 2021

7. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
MANAGEMENT INFORMATION
YEAR ENDED 31 JANUARY 2021

The following pages do not form part of the financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

CHARTERED ACCOUNTANTS REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

YEAR ENDED 31 JANUARY 2021

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2021, which comprise the statement of income and retained earnings, statement of financial position and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/membership/regulations-standards-and-guidance.

This report is made solely to the Board of Directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state you, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

RIDEHALGH LIMITED
Chartered Accountants

Guardian House
42 Preston New Road
Blackburn
BB2 6AH

22 September 2021

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED INCOME STATEMENT

YEAR ENDED 31 JANUARY 2021

| | 2021 | 2020 |
|--|---------------|---------------|
| | £ | £ |
| TURNOVER | | |
| Baby massage | 2,135 | 2,178 |
| Donations | 13,106 | 60,513 |
| Therapeutic life coaching & training | – | 1,430 |
| Room hire | 3,468 | – |
| Grants | 29,990 | 9,750 |
| Events | – | 3,070 |
| | <u>48,699</u> | <u>76,941</u> |
| | | |
| COST OF SALES | | |
| Purchases | – | 118 |
| | <u>–</u> | <u>118</u> |
| | | |
| GROSS PROFIT | 48,699 | 76,823 |
| | | |
| OVERHEADS | | |
| ADMINISTRATIVE EXPENSES | | |
| Room hire | – | 770 |
| Rent rates and water | 2,003 | 2,241 |
| Light and heat | 1,762 | 4,717 |
| Insurance | 286 | 286 |
| Repairs and maintenance | 748 | 617 |
| Telephone | 455 | 307 |
| Printing, postage and stationery | 228 | 239 |
| Sundry expenses | – | 37 |
| Advertising and website costs | 432 | 314 |
| Legal and professional fees | 2,650 | 2,263 |
| Therapeutic life coaching and training | 41,819 | 59,590 |
| | <u>50,383</u> | <u>71,381</u> |
| | | |
| OTHER OPERATING INCOME | | |
| Coronavirus small business grant | 20,000 | – |
| | <u>18,316</u> | <u>5,442</u> |
| | | |
| OPERATING PROFIT | 18,316 | 5,442 |
| | | |
| PROFIT BEFORE TAXATION | <u>18,316</u> | <u>5,442</u> |

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 JANUARY 2021

RIDEHALGH LIMITED

Chartered Accountants
Guardian House
42 Preston New Road
Blackburn
BB2 6AH

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2021

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THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 JANUARY 2021

The directors present their report and the unaudited financial statements of the company for the year ended 31 January 2021.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1161015) and was established to fulfil the following obligation:- To promote social inclusion for the public benefit of the people of Lancashire and North Yorkshire.

DIRECTORS

The directors who served the company during the year were as follows:

S.E. Owen
H.M. Evans
G. Harding
P.K. Mileham
O.M. Phillips
D. Shears

(Appointed 11 December 2020)

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 22 September 2021 and signed on behalf of the board by:

P.K. Mileham
Director

Registered office:
The Family Thrive Centre
The Old Physiotherapy Centre
New Market Street
Clitheroe
Lancashire
BB7 2JW

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF INCOME AND RETAINED EARNINGS

YEAR ENDED 31 JANUARY 2021

| | Note | 2021 £ | 2020 £ |
|---|------|-----------|-----------|
| TURNOVER | | 48,699 | 76,941 |
| Cost of sales | | — | 118 |
| GROSS PROFIT | | 48,699 | 76,823 |
| Administrative expenses | | 50,383 | 71,381 |
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| OPERATING PROFIT | | 18,316 | 5,442 |
| PROFIT BEFORE TAXATION | | 18,316 | 5,442 |
| Tax on profit | | — | — |
| PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME | | 18,316 | 5,442 |
| RETAINED EARNINGS/(LOSSES) AT THE START OF THE YEAR | | 1,804 | (3,638) |
| RETAINED EARNINGS AT THE END OF THE YEAR | | 20,120 | 1,804 |

All the activities of the company are from continuing operations.

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 JANUARY 2021

| | Note | 2021 £ | £ | 2020 £ | £ |
|---|------|-----------|--------|-----------|-------|
| CURRENT ASSETS | | | | | |
| Cash at bank and in hand | | 20,120 | | 7,650 | |
| CREDITORS: amounts falling due within one year | 5 | — | | 5,846 | |
| NET CURRENT ASSETS | | | 20,120 | | 1,804 |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | 20,120 | | 1,804 |
| CAPITAL AND RESERVES | | | | | |
| Profit and loss account | | | 20,120 | | 1,804 |
| MEMBERS FUNDS | | | 20,120 | | 1,804 |

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 January 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the board of directors and authorised for issue on 22 September 2021, and are signed on behalf of the board by:

P.K. Mileham
Director

Company registration number: 09382059

The notes on pages 4 to 5 form part of these financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2021

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is The Family Thrive Centre, The Old Physiotherapy Centre, New Market Street, Clitheroe, Lancashire, BB7 2JW.

2. STATEMENT OF COMPLIANCE

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3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Government grants

Government grants or assistance of a revenue nature are recognised in the same period as the related expenditure. Where the grant is for the purpose of giving immediate financial support with no future related costs the income is recognised in the period in which it becomes receivable.

(c) Revenue recognition

Turnover shown in the income and expenditure account represents amounts received during the year.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee. In the event of the company requiring funds in order to continue as a going concern the directors have undertaken to contribute the necessary capital. It is unlikely these circumstances will arise in the foreseeable future.

5. CREDITORS: amounts falling due within one year

| | 2021 | 2020 |
|-----------------|----------|--------------|
| | £ | £ |
| Trade creditors | – | 846 |
| Other creditors | – | 5,000 |
| | <u>–</u> | <u>5,846</u> |
| | – | 5,846 |
| | <u>–</u> | <u>5,846</u> |

6. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 JANUARY 2021

7. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES
COMPANY LIMITED BY GUARANTEE
MANAGEMENT INFORMATION
YEAR ENDED 31 JANUARY 2021

The following pages do not form part of the financial statements.

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

COMPANY LIMITED BY GUARANTEE

CHARTERED ACCOUNTANTS REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

YEAR ENDED 31 JANUARY 2021

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The Foundation for Ribble Valley Families for the year ended 31 January 2021, which comprise the statement of income and retained earnings, statement of financial position and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/membership/regulations-standards-and-guidance.

This report is made solely to the Board of Directors of The Foundation for Ribble Valley Families, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of The Foundation for Ribble Valley Families and state those matters that we have agreed to state you, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The Foundation for Ribble Valley Families and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The Foundation for Ribble Valley Families has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The Foundation for Ribble Valley Families. You consider that The Foundation for Ribble Valley Families is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The Foundation for Ribble Valley Families. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

RIDEHALGH LIMITED
Chartered Accountants

Guardian House
42 Preston New Road
Blackburn
BB2 6AH

22 September 2021

THE FOUNDATION FOR RIBBLE VALLEY FAMILIES

DETAILED INCOME STATEMENT

YEAR ENDED 31 JANUARY 2021

| | 2021 | 2020 |
|--|---------------|---------------|
| | £ | £ |
| TURNOVER | | |
| Baby massage | 2,135 | 2,178 |
| Donations | 13,106 | 60,513 |
| Therapeutic life coaching & training | – | 1,430 |
| Room hire | 3,468 | – |
| Grants | 29,990 | 9,750 |
| Events | – | 3,070 |
| | <u>48,699</u> | <u>76,941</u> |
| | | |
| COST OF SALES | | |
| Purchases | – | 118 |
| | <u>–</u> | <u>118</u> |
| | | |
| GROSS PROFIT | 48,699 | 76,823 |
| | | |
| OVERHEADS | | |
| ADMINISTRATIVE EXPENSES | | |
| Room hire | – | 770 |
| Rent rates and water | 2,003 | 2,241 |
| Light and heat | 1,762 | 4,717 |
| Insurance | 286 | 286 |
| Repairs and maintenance | 748 | 617 |
| Telephone | 455 | 307 |
| Printing, postage and stationery | 228 | 239 |
| Sundry expenses | – | 37 |
| Advertising and website costs | 432 | 314 |
| Legal and professional fees | 2,650 | 2,263 |
| Therapeutic life coaching and training | 41,819 | 59,590 |
| | <u>50,383</u> | <u>71,381</u> |
| | | |
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| PROFIT BEFORE TAXATION | <u>18,316</u> | <u>5,442</u> |
