

REGISTERED COMPANY NUMBER: 08608337 (England and Wales)
REGISTERED CHARITY NUMBER: 1161005

Trustees' Report and
Unaudited Financial Statements for the Year Ended 31 December 2022
for
The Kendo Nagasaki Foundation

Harris & Co Limited
Chartered Accountants
Marland House
13 Huddersfield Road
Barnsley
South Yorkshire
S70 2LW

The Kendo Nagasaki Foundation

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for the Year Ended 31 December 2022**

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The Kendo Nagasaki Foundation

**Reference and Administrative Details
for the Year Ended 31 December 2022**

TRUSTEES	Ms R F Macdonald Mr L R Stevens Ms Y Walker
REGISTERED OFFICE	Moorcourt Hall Farley Road Oakamoor Stoke-on-Trent Staffordshire ST10 3BD
REGISTERED COMPANY NUMBER	08608337 (England and Wales)
REGISTERED CHARITY NUMBER	1161005
INDEPENDENT EXAMINER	Harris & Co Limited Chartered Accountants Marland House 13 Huddersfield Road Barnsley South Yorkshire S70 2LW

The Kendo Nagasaki Foundation
Trustees' Report
for the Year Ended 31 December 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

To advance Buddhism in particular but not exclusively by the provision to those new to Buddhism of introductory education and experience of the practices of the Buddhism religion.

Significant activities

The Kendo Nagasaki Foundation provides events for people to come to Moorcourt Hall to take part in Zen Meditation, mindfulness and relaxation. Visitors have benefited from the experience we provide, and given good feedback via our website. We have maintained our provision of unique and original messages of peace and inspiration every month, available world-wide via our website. The foundation has been working on extending its facilities to accommodate more visitors to the site, and offer its Zen-based relaxation and empowerment experience and practices to a wider audience.

Public benefit

The Trustees have considered the Charity Commission's general guidance on public benefit and have taken it into account when reviewing the Charity's aims and objectives and in planning its future activities. The Trustees are satisfied that the aims of the Charity are carried out wholly in pursuit of its charitable aims for the public benefit. The Trustees consider the activities described clearly demonstrate the public benefit provided by the Charity.

ACHIEVEMENT AND PERFORMANCE

During the year the foundation was successful in continuing to enhance its profile and fundraising structure.

FINANCIAL REVIEW

Financial position

The pandemic continued to have an impact on the charity's ability to fundraise in 2022. The economic environment started to gradually improve throughout the year. The Trustees have continued to focus on delivering what was possible for the charity in these uncertain times. As a result the charity has made a deficit of £23,849 in the year (2021 surplus £14,857). The balance sheet remains positive at £749,906.

In the opinion of the Trustees, the funds held at 31 December 2022 were available and adequate to fulfill the charitable obligations. The available funds have been carefully considered by the Trustees in planning its future activities.

Principal funding sources

The charity's main source of income is derived from donations through supporting companies.

FUTURE PLANS

The charitable company will continue its activities in future years. It keeps the facilities in its charge under continual review with a view to maintaining and enhancing them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purposes of charity law. Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of one year after which they are eligible for re-election at the next Annual General Meeting.

The Kendo Nagasaki Foundation
Trustees' Report
for the Year Ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

A Board of trustees administer the charitable company. The trustees are, in part, appointed by the individual members. In considering other appointments to the board, the trustees meet at least quarterly or more frequently if circumstances require.

INDEPENDENT EXAMINER

Stephen Watson has been re-appointed as independent examiner for the ensuing year.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 December 2023 and signed on its behalf by:

Ms R F Macdonald - Trustee

**Independent Examiner's Report to the Trustees of
The Kendo Nagasaki Foundation**

Independent examiner's report to the trustees of The Kendo Nagasaki Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Watson

Harris & Co Limited
Chartered Accountants
Marland House
13 Huddersfield Road
Barnsley
South Yorkshire
S70 2LW

12 December 2023

The Kendo Nagasaki Foundation
Statement of Financial Activities
for the Year Ended 31 December 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		99,356	124,278
Other income	3	-	8,223
Total		<u>99,356</u>	<u>132,501</u>
 EXPENDITURE ON			
Raising funds		280	456
Charitable activities	4		
Donations		122,925	117,188
Total		<u>123,205</u>	<u>117,644</u>
 NET INCOME/(EXPENDITURE)		(23,849)	14,857
 RECONCILIATION OF FUNDS			
Total funds brought forward		773,755	758,898
 TOTAL FUNDS CARRIED FORWARD		<u><u>749,906</u></u>	<u><u>773,755</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

The Kendo Nagasaki Foundation

**Statement of Financial Position
31 December 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS			
Tangible assets	9	786,558	782,357
Investments	10	4	4
		<hr/> 786,562	<hr/> 782,361
CURRENT ASSETS			
Debtors	11	72,896	74,854
Prepayments and accrued income		1,181	454
Cash at bank and in hand		498	1,091
		<hr/> 74,575	<hr/> 76,399
CREDITORS			
Amounts falling due within one year	12	(111,231)	(85,005)
		<hr/> (36,656)	<hr/> (8,606)
NET CURRENT ASSETS			
		<hr/> (36,656)	<hr/> (8,606)
TOTAL ASSETS LESS CURRENT LIABILITIES			
		749,906	773,755
NET ASSETS		<hr/> 749,906	<hr/> 773,755
FUNDS	14		
Unrestricted funds		749,906	773,755
TOTAL FUNDS		<hr/> 749,906	<hr/> 773,755

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The Kendo Nagasaki Foundation

Statement of Financial Position - continued
31 December 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 December 2023 and were signed on its behalf by:

Ms R F Macdonald - Trustee

The Kendo Nagasaki Foundation
Notes to the Financial Statements
for the Year Ended 31 December 2022

1. STATUTORY INFORMATION

The Kendo Nagasaki Foundation is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the company information page.

The presentation and functional currency of the financial statements is the Pound Sterling (£)

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)'.

The financial statements have been prepared on a going concern basis under the historical cost convention.

The Covid-19 pandemic has adversely impacted on global and UK societies and economies, and this impact has continued into the 2023 financial year. However in the directors' opinion there is no significant uncertainty as to the going concern basis..

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost straight line
Fixtures and fittings	- 15% on reducing balance
Motor vehicles	- 25% on reducing balance

All fixed assets are initially recorded at cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

The Kendo Nagasaki Foundation

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

2. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Government grants

Government grants are recognised in accordance with the accrual model of Section 24 of FRS 102.

Grants became receivable as compensation for expenses already incurred for the purpose of giving immediate financial support to the entity with no future related costs recognised in income in the period in which the grant became receivable.

3. OTHER INCOME

	2022	2021
	£	£
Government grants	-	8,223
	<u> </u>	<u> </u>

The other income relates to Job Retention Scheme grants received during the year.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)	Support costs	Totals
	£	£	£
Donations	27,927	94,998	122,925
	<u> </u>	<u> </u>	<u> </u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Insurance	8,015	6,639
Light and heat	7,329	10,197
Telephone	1,560	1,410
Other establishment costs	7,699	7,166
Postage and stationery	1,770	1,677
Travel and motor expenses	7,740	4,764
Depreciation	3,100	4,405
Loss on sale of assets	(9,286)	(3,250)
	<u> </u>	<u> </u>
	27,927	33,008
	<u> </u>	<u> </u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	3,100	4,405
Surplus on disposal of fixed assets	(9,286)	(3,250)
Independent examination fee	1,250	1,250
	<u> </u>	<u> </u>

The Kendo Nagasaki Foundation

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

7. TRUSTEES' REMUNERATION AND BENEFITS

During the year R Macdonald received a salary of £7,660 (2021 £5,859).

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

8. STAFF COSTS

	2022 £	2021 £
Wages and salaries	57,128	32,203
Social security costs	3,459	-
Other pension costs	727	512
	<u>61,314</u>	<u>32,715</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Administration and fundraising	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

9. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Totals £
COST					
At 1 January 2022	768,275	14,761	6,105	12,000	801,141
Additions	-	-	-	8,250	8,250
Disposals	-	(9,407)	-	(4,000)	(13,407)
	<u>768,275</u>	<u>5,354</u>	<u>6,105</u>	<u>16,250</u>	<u>795,984</u>
At 31 December 2022	768,275	5,354	6,105	16,250	795,984
DEPRECIATION					
At 1 January 2022	-	8,965	4,268	5,551	18,784
Charge for year	-	1,449	276	1,375	3,100
Eliminated on disposal	-	(9,407)	-	(3,051)	(12,458)
	<u>-</u>	<u>1,007</u>	<u>4,544</u>	<u>3,875</u>	<u>9,426</u>
At 31 December 2022	-	1,007	4,544	3,875	9,426
NET BOOK VALUE					
At 31 December 2022	<u>768,275</u>	<u>4,347</u>	<u>1,561</u>	<u>12,375</u>	<u>786,558</u>
At 31 December 2021	<u>768,275</u>	<u>5,796</u>	<u>1,837</u>	<u>6,449</u>	<u>782,357</u>

The Kendo Nagasaki Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

10. FIXED ASSET INVESTMENTS

Shares in
group
undertakings
£

MARKET VALUE

At 1 January 2022 and
31 December 2022

4

NET BOOK VALUE

At 31 December 2022

4

At 31 December 2021

4

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

Kendo's Day Care Limited

Registered office: Moorcourt Hall, Farley Road, Oakamoor, Stoke-on-Trent, ST10 3BD.

Nature of business: Day Care Facilities

	%		
Class of share:	holding		
Ordinary	100		
		2022	31.12.21
		£	£
Aggregate capital and reserves		(83,114)	(80,711)
Loss for the year		(2,407)	(4,244)
		<u> </u>	<u> </u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Amounts owed by group undertakings	72,396	74,754
Other debtors	500	100
	<u> </u>	<u> </u>
	<u>72,896</u>	<u>74,854</u>

The Kendo Nagasaki Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Bank loans and overdrafts (see note 13)	979	204
Trade creditors	10	816
Social security and other taxes	1,970	-
Other creditors	103,700	80,784
Wages control account	1,372	-
Accruals and deferred income	3,200	3,201
	<u>111,231</u>	<u>85,005</u>

13. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>979</u>	<u>204</u>

14. MOVEMENT IN FUNDS

	At 1/1/22 £	Net movement in funds £	At 31/12/22 £
Unrestricted funds			
General fund	773,755	(23,849)	749,906
	<u>773,755</u>	<u>(23,849)</u>	<u>749,906</u>
TOTAL FUNDS	<u>773,755</u>	<u>(23,849)</u>	<u>749,906</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	99,356	(123,205)	(23,849)
	<u>99,356</u>	<u>(123,205)</u>	<u>(23,849)</u>
TOTAL FUNDS	<u>99,356</u>	<u>(123,205)</u>	<u>(23,849)</u>

Comparatives for movement in funds

	At 1/1/21 £	Net movement in funds £	At 31/12/21 £
Unrestricted funds			
General fund	758,898	14,857	773,755
	<u>758,898</u>	<u>14,857</u>	<u>773,755</u>
TOTAL FUNDS	<u>758,898</u>	<u>14,857</u>	<u>773,755</u>

The Kendo Nagasaki Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	132,501	(117,644)	14,857
TOTAL FUNDS	<u>132,501</u>	<u>(117,644)</u>	<u>14,857</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/21 £	Net movement in funds £	At 31/12/22 £
Unrestricted funds			
General fund	758,898	(8,992)	749,906
TOTAL FUNDS	<u>758,898</u>	<u>(8,992)</u>	<u>749,906</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	231,857	(240,849)	(8,992)
TOTAL FUNDS	<u>231,857</u>	<u>(240,849)</u>	<u>(8,992)</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

16. SHARE CAPITAL

The company is limited by guarantee and therefore has no share capital.

The Kendo Nagasaki Foundation

**Detailed Statement of Financial Activities
for the Year Ended 31 December 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	99,356	124,278
Other income		
Government grants	-	8,223
Total incoming resources	99,356	132,501
EXPENDITURE		
Raising donations and legacies		
Event expenditure	280	456
Charitable activities		
Insurance	8,015	6,639
Light and heat	7,329	10,197
Telephone	1,560	1,410
Other establishment costs	7,699	7,166
Postage and stationery	1,770	1,677
Travel and motor expenses	7,740	4,764
Plant and machinery	1,449	1,932
Fixtures and fittings	276	324
Motor vehicles	1,375	2,149
(Profit)/ Loss on sale of tangible fixed assets	(9,286)	(3,250)
	27,927	33,008
Support costs		
Management		
Trustees' salaries	7,660	5,859
Wages	49,468	26,344
Social security	3,459	-
Pensions	727	512
	61,314	32,715
Other		
Contractors	11,117	28,635
Repairs and renewals	18,727	17,868
	29,844	46,503
Governance costs		
Accountancy fees	3,840	4,962
Total resources expended	123,205	117,644
Net (expenditure)/income	(23,849)	14,857

This page does not form part of the statutory financial statements