

Company Registered Number: 09295578

Registered Charity Number: 1160931

MENTAL HEALTH NORTANTS COLLABORATION
DIRECTORS & TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30th NOVEMBER 2020

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DIRECTORS REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30th NOVEMBER 2020

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Legal and Administrative information:

Company Registration Number: 09295578

Charity Registration Number: 1160931

Registered Office: 1 Stanier Close
Northfield Avenue
Kettering
Northants NN16 9XW

Directors/Trustees: John Bruce - Chair
Nigel Mansfield - Vice Chair
John Nightingale - Treasurer
Joanne Pettitt - Vice Chair
Sherry Adams
Carolyn Benjamin
Ann Bodsworth (appointed 18th January 2020)
Jenny Cotton-Howells
Barry Day (appointed 20th September 2021)
Kimberley Hood (appointed 19th February 2020)
Irene Issitt (resigned 25th January 2019)
Sue Pepper (appointed 19th February 2020)
Joanne Webb
Wendy Wheeler (appointed 19th February 2020)

Company Secretary: Carolyn Benjamin

Bankers: CAF Bank

Independent Examiners: CVS Northamptonshire
32-36 Hazelwood Road
Northampton NN1 1LN

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The Directors/Trustees of Mental Health Northants Collaboration (MHNC) present their report, together with the Financial Statements for the year ended 30th November 2020.

Structure, Governance and Management

Mental Health Northants Collaboration is a Company Limited by Guarantee registered at Companies House 4th November 2014, having no share capital and a registered Charity Number 1160931 registered with the Charity Commission 16th March 2015. Directors/Trustees operate under the Memorandum and Articles of Association.

Directors/Trustees are appointed and re-elected at the AGM any persons wishing to become a Director/Trustee must be either recommended by the Directors/Trustees or a member of the Charity. On appointment new Directors/Trustees are advised of their responsibilities, included in the induction process are copies of the articles, processes and procedures, guidance notes from the Charity Commission and Companies House.

Principle Objectives

- To Promote the effective use of resources by charitable and non-charitable bodies operating in the local government area of Northamptonshire for the charitable purpose of the advancement of good mental health for the public benefit.
- To advance the education of the general public, including users of mental health services and mental health practitioners, in all areas relating to mental health.
- To advance good mental health for the public benefit in particular by raising awareness of mental health issues affecting individuals. Giving people involved with mental health services or users of such services a voice and an opportunity to influence the planning, development, delivery and monitoring of mental health service in the area of benefit and promoting the benefits of good mental health generally amongst members of the public.

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Achievement and performance

A breakthrough Year for MHNC saw Northamptonshire Health Foundation Trust engaging in the process of exploring and becoming a member of the newly convened Providers Collaborative which positioned MHNC as a Sector representative for Mental Health within the county.

There continued to be a movement towards new contracting arrangements and the proposed award of a 5 Year Contract meant there was a significant investment towards the Sectors future financial sustainability. The PCI (Primary Care intervention) Contract was again awarded to MHNC this included Public Health funding which grew the whole fund to £427k and the Collaboration set about putting into place robust processes for awarding the fund to members initially through a Service Level Agreements and reporting back electronically to capture the measured outcomes for the reporting purposes.

New initiatives began to be embedded which saw members individually contracting with NHFT to set up and deliver new initiatives such as a more robust Crisis Pathway with Services including Crisis Cafes, Mental Health Navigators and the launch of a countywide hub where all Mental Health enquiries went and then were allocated out to organisations that could support individuals

The recruitment of independent Trustees was seen as a priority through the year as it became apparent that both the CCG and NHFT wanted to engage and look at further collaborative business opportunities. The existing MHNC Trustees had decided that as a conflict of interest arose through members bidding internally for any new contract there was a need for independent Trustees to sit as an awarding function.

The success of the Collaborations WEN (Wellbeing Education Network) saw an increased offer for learning county-wide with courses being delivered on Anxiety, Mindfulness, Art Therapy and Food for Mood by a number of member organisations. Alongside this development was the continued development of a new product called "One Pathway" which helped strengthen the Collaborations position to move towards a coordinated data collection point.

Main Objectives 2021: -

1. To continue to work with the CCG and NHFT to build a funding portfolio that sustained activity
2. To seek increased investment to reflect the demand for Primary Care Services
3. To increase membership to MHNC building a more comprehensive geographical spread of county services.
4. To work on a new model of delivery by forming a Governance and Membership Board
5. To recruit a Business Development Coordinator to aid and facilitate the growth of the Collaboration

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Financial Review

The fourth-year end sees a balance of unrestricted funds of £11,333 (2019: £11,895), plus a restricted fund of £117,360 (2019: £2,630).

Public Benefit

Raising awareness of mental health issues affecting individuals and promoting the benefits of good mental health generally amongst members of the public.

Reserves Policy

It is the intention of the management team to build a reserve fund to ensure that sufficient funds are available to cover future commitments.

Risk Policy

The board of directors has conducted a review of the major risks to which the company is exposed. Where appropriate systems or procedures have been established to mitigate the risks the company faces.

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Company special provision

The report of the Directors has been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Company law requires the members of the Board of Directors to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the Company and of the income and expenditure of the Company for that period. In preparing these financial statements the members of the board are required to:

- Select suitable accounting policies and then apply them consistently
- Make adjustments and estimates that are reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue its activities

The members of the board are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They have a general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the Company and to prevent and detect fraud and other irregularities.

The Report was approved on 15th September 2021 by the Board of Directors (and Trustees) and signed on their behalf.



John Nightingale

Director

**Independent Examiner's Report to the Trustees of:
MENTAL HEALTH NOTHANTS COLLABORATION
Registered Charity Number: 1160931**

We report on the accounts of the company for the year ended 30th November 2020, which are set out on the attached pages 7 to 11.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act:
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act,
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

Our examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures of the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

B Peers-Ross

Brenda Peers-Ross FMAAT, ACIE
20th October 2021

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30th NOVEMBER 2020

	Notes	Unrestricted	Restricted	Total 2020	Unrestricted	Restricted	Total 2019
		£	£	£	£	£	£
Income and endowments from:							
Donations and legacies		-	-	-	-	-	-
Charitable activities	1	36,079	540,925	577,004	11,900	195,015	206,915
Investments		-	-	-	-	-	-
Other		-	-	-	-	-	-
Total Income and endowments		36,079	540,925	577,004	11,900	195,015	206,915
Expenditure on:							
Raising funds		-	-	-	-	-	-
Charitable Activities	2	29,974	432,862	462,836	863	193,140	194,003
Other		-	-	-	-	-	-
Total Expenditure		29,974	432,862	462,836	863	193,140	194,003
Transfer between funds		(6,667)	6,667	-	-	-	-
Net movement in funds		(562)	114,730	114,168	11,037	1,875	12,912
Total funds brought forward		11,895	2,630	14,525	858	755	1,613
Total funds carried forward		11,333	117,360	128,693	11,895	2,630	14,525

All of the activities of the charitable company are classed as continuing.

There are no recognised gains or losses other than those included in the Statements of Financial Activities.

Activities shown above.

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(A Company Limited By Guarantee)

BALANCE SHEET AS AT 30th NOVEMBER 2020

Company Number: 09295578

	Notes	Unrestricted	Restricted	Total 2020	Unrestricted	Restricted	Total 2019
		£	£	£	£	£	£
ASSETS:							
Fixed Assets		-	-	-	-	-	-
Current Assets							
Debtors	3	61	-	61	81	-	81
Cash at Bank		11,722	117,360	129,082	12,124	12,593	24,717
		11,783	117,360	129,143	12,205	12,593	24,798
Creditors							
Amounts falling due within one year	4	(450)	-	(450)	(310)	(9,963)	(10,273)
		(450)	-	(450)	(310)	(9,963)	(10,273)
Net Current Assets		11,333	117,360	128,693	11,895	2,630	14,525
NET ASSETS		11,333	117,360	128,693	11,895	2,630	14,525
FUNDS							
		£	£	£	£	£	£
Unrestricted	5	11,333	-	11,333	11,895	-	11,895
Restricted	6	-	117,360	117,360	-	2,630	2,630
		11,333	117,360	128,693	11,895	2,630	14,525

For the year ending 30th November 2020, the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (i) the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
- (ii) the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- (iii) these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts have been prepared in accordance with the special provisions relating to small companies within the Companies Act 2006.

Approved at a meeting of Directors on 15th September 2021, and signed on their behalf



John Nightingale

Director

The notes on page 7 to page 11 form part of these financial statements.

PRINCIPAL ACCOUNTING POLICIES

FOR THE YEAR ENDED 30th NOVEMBER 2020

The financial statements of the Charitable Company, which is a public benefit entity under FRS102, have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and the Statement of Recommended Practice SORP (FRS102) issued on 1st October 2019, applicable UK Accounting Standards and the Charities Act 2011.

The principal accounting policies of the charity are set out below.

Format

The company has taken advantage of the provisions of the Companies Act 2006 and presented an income and expenditure account in the form of a Statement of Financial Activities on the grounds that it enables the financial statements to show a true and fair view of the result for the year.

Fixed Assets

There are no Fixed Assets

Incoming Resources

Income is brought into account on a receivable basis.

Investment Income

Interest is brought into account on a receivable basis.

Gifts in Kind and Donated Services and Facilities

Gifts in kind, donated facilities and voluntary help, are not included in the financial statements since it is not considered practical to quantify such income.

Resources Expended

Expenditure is stated inclusive of value added tax, and brought into account in the year in which it is due.

Designated Funds

Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects

Reserves

The current reserve policy is to maintain sufficient cash flow for known commitments.

Risk

The Directors/Board of Trustees do not believe the organisation is subject to any substantial risk beyond those disclosed in the Annual Report and Accounts.

NOTES TO THE ACCOUNTS

1 Charitable Activities	Unrestricted Funds	Restricted Funds	2020 Total	Unrestricted Funds	Restricted Funds	2019 Total
	£	£	£	£	£	£
Grant - Wellbeing Education Network (WEN)	-	540,925	540,925	-	195,015	195,015
NCC Finance - Time to Change	24,999	-	24,999	-	-	-
Grant - Commsortia - BBO	1,080	-	1,080	1,900	-	1,900
Northants NHS FT -Infrastructure Development	10,000	-	10,000	10,000	-	10,000
	36,079	540,925	577,004	11,900	195,015	206,915

2 Charitable Activities	Unrestricted Funds	Restricted Funds	2020 Total	Unrestricted Funds	Restricted Funds	2019 Total
	£	£	£	£	£	£
Service Providers - (WEN)	-	432,862	432,862	-	193,140	193,140
Northants NHS Infrastructure	7,546	-	7,546	-	-	-
NCC Time to Change	19,029	-	19,029	-	-	-
Admin and other costs	2,359	-	2,359	-	-	-
Bank Charges	60	-	60	54	-	54
Insurance	483	-	483	422	-	422
Subscriptions	20	-	20	40	-	40
Governance						
Companies House	13	-	13	13	-	13
Independent Examination	464	-	464	334	-	334
	29,974	432,862	462,836	863	193,140	194,003

There are no employees at present

During the year the trustees received £nil remuneration (2019:£nil).

The total expenditure reimbursed to the trustees amounted to £nil (2019:£nil)

3 Debtors	Unrestricted Funds	Restricted Funds	2020 Total	Unrestricted Funds	Restricted Funds	2019 Total
	£	£	£	£	£	£
Sundry Debtors	-	-	-	-	-	-
Pre-Paid Debtors	61	-	61	81	-	81
	61	-	61	81	-	81

4 Creditors	Unrestricted Funds	Restricted Funds	2020 Total	Unrestricted Funds	Restricted Funds	2019 Total
	£	£	£	£	£	£
Amounts falling due in one year.						
Accruals	(450)	-	(450)	(310)	-	(310)
Other	-	-	-	-	(9,963)	(9,963)
	(450)	-	(450)	(310)	(9,963)	(10,273)

5 Unrestricted Funds	2020				
	Opening Balance	Movement	Movement	Transfer between funds	Closing Balance
	01.12.19	In	Out		30.11.20
	£	£	£	£	£
Unrestricted	11,895	36,079	(29,974)	(6,667)	11,333
	11,895	36,079	(29,974)	(6,667)	11,333

NOTES TO THE ACCOUNTS

Unrestricted Funds

	Opening Balance 01.12.18 £	Movement In £	2019 Movement Out £	Transfer between funds £	Closing Balance 30.11.19 £
Unrestricted	858	11,900	(863)	-	11,895
	<u>858</u>	<u>11,900</u>	<u>(863)</u>	<u>-</u>	<u>11,895</u>

6 Restricted Funds

	Opening Balance £	Movement In £	2020 Movement Out £	Transfer between funds £	Balance 2020 £
Well-Being Education Network (WEN)	2,630	540,925	(432,862)	6,667	117,360
	<u>2,630</u>	<u>540,925</u>	<u>(432,862)</u>	<u>6,667</u>	<u>117,360</u>

Restricted Funds

	Opening Balance £	Movement In £	2019 Movement Out £	Transfer between funds £	Balance 2019 £
Well-Being Education Network (WEN)	755	195,015	(193,140)	-	2,630
	<u>755</u>	<u>195,015</u>	<u>(193,140)</u>	<u>-</u>	<u>2,630</u>

Well-Being Education Network (WEN) - To bring together a network that offers a variety of learning opportunities for mental health and well-being.

7 Ultimate Controlling Party

The company is under the ultimate control of its directors, and whose names are shown at the front of the financial statements.