PRECIOUS GEMS

England & Wales · Charity number 1160917

Details

Status	Registered
Legal form	CIO
Registered	2015-03-16
Register	View on the Charity Commission register

Contact

Address	Precious Gems The Wellsprings innovation Centre Howell Croft South Bolton. BL1 1SB
Phone	07426918206
Email	enquiry@preciousgems.org.uk
Website	www.preciousgems.org.uk

Activities

Objects: TO DEVELOP THE CAPACITY AND SKILLS OF THE CITIZENS OF BOLTON, WHO ARE SOCIALLY AND ECONOMICALLY DISADVANTAGED, SO AS TO ENABLE THEM BETTER ABLE TO IDENTIFY, AND HELP MEET, THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY, LEADING TO THE IMPROVEMENT OF THEIR HEALTH AND WELL BEING.

Activities: Precious Gems is actively involved in building the capacity of women and young people, by identifying their gifts and talents and utilising these gifts and talents to enable them meet their identified social, economic, mental and environmental needs in their community. We operate in the United Kingdom and through our partner organisations outside the United Kingdom.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

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Geography

- **Area of benefit:** BOLTON
- Austria
- Central African Republic
- Ghana
- Nigeria
- Rwanda
- Scotland
- Switzerland
- Tanzania
- United States
- Zimbabwe
- Bolton
- Bury
- Manchester City
- Salford City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£214,754	£183,114	-	-
2024-03-31	£111,672	£115,551	-	-
2023-03-31	£100,096	£99,822	-	-
2022-03-31	£101,549	£84,849	-	-
2021-02-28	£73,029	£72,350	-	-

Trustees

Name	Role	Appointed
Tony Shepherd	Chair	2015-09-14
Dr OBOH COLLINS ACHIOYAMEN		2013-03-14
Susan Riley		2019-01-12

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PRECIOUS GEMS

England & Wales - Charity number 1160917

Accounts

Precious Gems

Unveiling your Potential

Trustees Annual Report

For the year ended 31st March 2025

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1. Chairman's Statement

It is my pleasure, on behalf of the Board of Trustees, to present this Annual Report of Precious Gems. The past year has been one of continued commitment and purposeful activity, as the organisation worked to support women, young people, families, and carers who face social and economic disadvantage.

As Trustees, we have overseen the delivery of a wide range of programmes aligned to our charitable objectives and delivered in accordance with the Charity Commission's guidance on public benefit. Our work continues to be underpinned by an Asset Based Community Development (ABCD) approach, which recognises and builds upon the strengths, skills, and assets within communities. This approach remains central to how Precious Gems designs and delivers its services.

Throughout the year, Precious Gems delivered activities across five core pillars: Enhancing Health and Wellbeing, Capacity Development, Preserving Culture and Heritage, Responding to Inflationary Pressures, and Community Leadership. Through these pillars, the organisation has supported individuals across the life course, promoted wellbeing and inclusion, strengthened skills and confidence, preserved cultural identity, and provided practical support to those experiencing financial hardship.

I am particularly proud of the organisation's continued international engagement. Since being granted United Nations Economic and Social Council (ECOSOC) consultative status, Precious Gems has strengthened its contribution to international dialogue and action, aligning its work with the United Nations Sustainable Development Goals and the African Union's Agenda 2063, while remaining firmly grounded in community-led practice.

The Trustees remain committed to maintaining high standards of governance, accountability, and financial stewardship. We continue to review our strategy, monitor performance, and manage risk to ensure the charity operates responsibly and sustainably, always with the public benefit at the forefront of our decision-making.

I would like to express my sincere appreciation to our staff and volunteers for their dedication, professionalism, and compassion, and to our partners and supporters for their continued trust and collaboration. Most importantly, I thank the individuals and communities we serve for allowing Precious Gems to work alongside them. As we look to the future, the Board remains committed to strengthening impact, deepening partnerships, and ensuring that Precious Gems continues to respond effectively to the evolving needs of the communities we support.

Tony Shepherd
Chairman

2. Reference and Administrative Details

Precious Gems
Charity registration No.1160917

Address
The Wellspring Innovation Centre
Howell Croft South
Bolton, BL1 1SB

Patron
Cllr Linda Thomas

Trustees
Tony Shepherd .....Chairman/Treasurer
Dr Oboh. C. Achioyamen.....Founder/Director of Development and Strategies
Susan C. Riley..... Secretary/Coordinator of Precious Gems Kearsley

Operational Team
Domina Achioyamen.....Co-Founder/Chief Executive
Dr Nosa Akpede..... Director of Precious Africa Foundation
Dr Elohor Onoge ..... Director of Policies
Barr Christine Eziamaka.....Secretary Precious Gems Africa Foundation
Prof. Gladys Nwokoye.....Coordinator international programs
Jayne Bushel.....Coordinator of Precious Gems Little Lever
Janet Ducket .....Coordinator of Precious Gems Bolton Central
Makai Sadiq.....Coordinator of Skills For Life Groups
Mariaa Farooqui..... Coordinator of Precious Gems Rumworth
Julie Shortland.....Coordinator of Arts and Crafts Groups
Mabel Akhigbe.....Coordinator of Youth program
Sarah Manya.....Coordinator of Northern Nigeria Region
Daniel Asogun.....Coordinator of Precious Gems media.
Dr Gift Oputteh.... .....Coordinator of Rural Project Nigeria
Dr Ofure Bakare..... Coordinator of student wing Nigeria.

3. Objectives and Activities

Precious Gems supports women and young people who are socially and economically disadvantaged to realise and utilise their potential to better meet their needs, stay resilient, develop themselves and their communities, and improve their health and wellbeing. We were granted the United Nations Economic and Social Council (ECOSOC) consultative status in 2022. This gives opportunity for us to work even more closely in helping to achieve the SDG goals of the United Nations and the Africa Union's Agenda 2063 as it relates to women and young people. Our work is delivered using an Asset Based Community Development (ABCD) approach, which recognises and builds on the strengths, skills, and assets within communities.

In accordance with the Charity Commission's guidance on public benefit, the trustees planned and delivered activities through the following core pillars of work:

a. Enhancing Health and Wellbeing

Our health and wellbeing programmes support women and young people to remain socially connected and active, both physically and mentally, while developing their skills and talents. The programmes aim to improve confidence and self-esteem and reduce social isolation and loneliness. We also provide counselling, advocacy, information, and mentorship to women and girls.

b. Capacity Development

Our programmes support women and young people to develop practical skills that enable them to increase their income, achieve financial independence, and build confidence in their abilities and their careers. We provide training to support employment, entrepreneurship, leadership, and management, focusing on women and young people' skills, talents, and passions. In addition, we offer short courses that strengthen CVs and improve employability.

c. Preserving Culture and Heritage

Our Culture and Heritage programmes support communities to preserve and promote their cultural traditions and heritage. We create opportunities for elders to pass cultural knowledge, values, and traditions to younger generations. We also support cultural festivals and the recording of oral histories to strengthen identity, unity, and a sense of belonging.

d. Responding to Inflationary Pressures

In response to rising living costs, Precious Gems provides practical support to families and pensioner households experiencing financial hardship. We provide food parcels and other household essentials to help meet basic needs. We also support households to manage their bills and debts through guidance, advocacy, and signposting. In addition, we offer budgeting and money-management support to help households manage their spending and identify ways to save.

e. Community Leadership

Our community Leadership programmes encourage women and young people to actively participate in the development of their communities. This includes involvement in decision-making, responding to local needs, and giving back through the use of their skills and talents. We also provide volunteering opportunities that enable our members to gain experience, build confidence, and contribute positively to their communities. Support is provided through access to information, guidance, and mentorship.

4. Achievement and Performance

During the reporting period, Precious Gems delivered a wide range of activities aligned to our charitable objectives and core pillars. Our programmes were designed to respond directly to the needs identified by women, young people, families, and carers within our communities. The following section outlines our achievements and the difference our work has made.

4.1 Enhancing Health and Wellbeing

4.1.1 Keep Fit Programme

We supported women and young people through regular keep-fit sessions, including Zumba and chair-based exercises delivered in a friendly and inclusive group setting. Sessions were designed to encourage physical movement, enjoyment, and social interaction while improving both physical and mental wellbeing.

Chair-based exercises were particularly beneficial for older women, supporting improved balance, flexibility, and mobility and helping to reduce the risk of falls. Research shows that these types of exercises are important for maintaining independence in later life, and participants reported feeling more confident in their movement and stability.

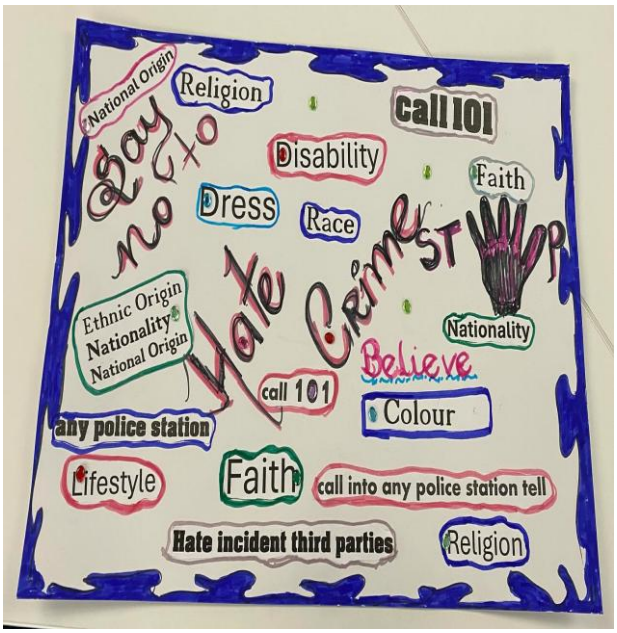
Zumba sessions were especially popular with younger women, who reported enjoying the music, dance, and group energy. Many of our members told us that they struggled to exercise alone or attend gyms due to lack of motivation, cost, or confidence. Exercising together with other women created a sense of belonging, accountability, and enjoyment.

Across all age groups, our members consistently reported that the sessions helped to reduce stress, improve mood, and increase energy levels. Many shared that they felt happier and more relaxed after sessions and valued having a regular activity to look forward to each week.

4.1.2 Hate Crime Awareness

Precious Gems works with women from diverse cultural and ethnic backgrounds. Some members reported experiencing hate crime or discrimination within their neighborhoods and were unsure how to respond or where to seek support. In response, we delivered hate crime awareness workshops that explained what constitutes hate crime, how incidents can be reported, and what local and national support services are available. Sessions included interactive discussions and activities that encouraged participants to share experiences and ask questions in a safe environment.

Following the workshops, members reported increased understanding of their rights and greater confidence in recognising and responding to hate crime. Feedback showed that participants found the sessions informative, empowering, and reassuring, and that they felt better equipped to seek help if they experienced or witnessed hate crime in the future.



4.1.3 Day Trips

We organised group day trips to various locations across the UK, including seaside destinations and historical sites. These trips were particularly valued during the summer months, when members could enjoy outdoor activities and shared experiences.

Our members reported that travelling as part of a group reduced feelings of isolation and increased enjoyment compared to travelling alone. Members highlighted the positive impact on their mental wellbeing, confidence, and social connections. The trips also provided informal learning opportunities, allowing participants to explore new places, learn about local history, and build friendships.

4.1.4 Dementia/Alzheimer's Programme

Through this programme, we supported people living with dementia, Alzheimer's, or memory loss, alongside their carers. Sessions were delivered in a calm, safe, and welcoming environment designed to reduce anxiety and promote dignity and inclusion.

Carers reported that there are limited accessible spaces where their loved ones feel comfortable and understood. They highlighted that Precious Gems sessions were friendly, well-structured, and something that both carers and those they care for looked forward to attending.

Activities included quizzes, dominoes, jigsaw puzzles, and dementia-friendly dance sessions. These activities supported cognitive stimulation, memory recall, and social interaction. Participants also engaged in gentle movement and dance, which helped to reduce stress and improve mood. Carers reported positive changes in engagement and wellbeing following sessions.

4.1.5 Knitting Programme

Women aged 50 and over participated in our knitting programme, where they learned new skills and improved existing ones. Participants created a wide range of items for personal use, for family members, and for people in need.

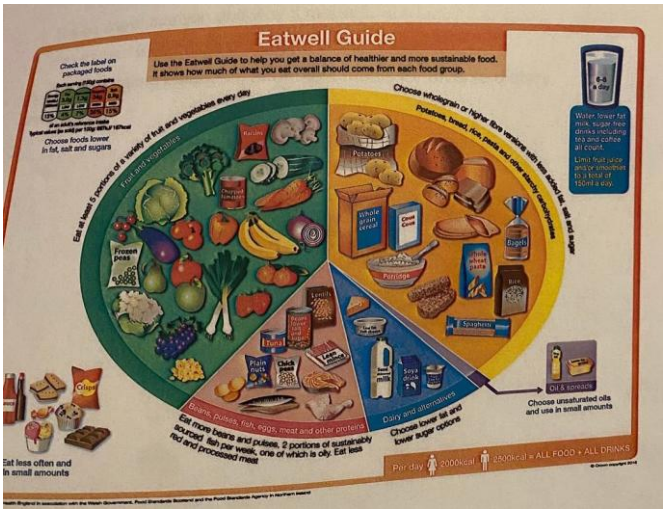
Items produced included baby hats for Royal Bolton Hospital, twiddlemuffs for people living with dementia, blankets for elderly residents in care homes, dog blankets for rescue charities, and clothing for children in hospices. Members also made items that were donated to children and families in need in the Philippines and India.

Participants reported that contributing to others gave them a strong sense of purpose, motivation, and achievement. The programme also supported social connection, with members forming friendships, meeting weekly, sharing meals, and reporting improved mental wellbeing and reduced loneliness.

4.1.6 Healthy Eating

We delivered healthy eating and nutrition workshops within our women's groups. Sessions focused on understanding nutrition, planning balanced meals, and making healthier food choices for individuals and families.

Our members reported that the workshops were informative and practical. Many shared that they gained new knowledge about nutrition and had started to implement changes at home, including improved meal planning and healthier cooking practices.



4.1.7 Pension Credit

As part of Precious Gems' ongoing commitment to reducing poverty and improving financial wellbeing among older people, we successfully delivered a Pension Credit outreach initiative in collaboration with Age UK. This partnership combined our community-based engagement strengths with Age UK's specialist expertise, ensuring older residents received accurate guidance and practical support to access their entitlements.

Through targeted awareness sessions and one-to-one support, the project helped older people better understand Pension Credit, address barriers to application, and increase confidence in navigating the benefits system

4.2 Capacity Development

4.2.1 Entrepreneurship Skills Development

Some ladies expressed strong desire to start their own businesses but lacked knowledge of the legal, financial, and practical requirements. We delivered entrepreneurship training covering business responsibilities, planning, and how to turn ideas into viable income-generating activities.

Women were invited to prepare products or services and showcase them at a community talent event attended by local organisations and community members. The event attracted strong attendance and positive feedback. Participants reported increased confidence, valuable customer feedback, and encouragement. Several participants went on to start small businesses following the programme.

4.2.2 Digital Skills Projects

Precious Gems delivered a digital skills project for women and young people in Bolton with limited or no prior digital experience. The project aimed to reduce digital exclusion and improve participants' ability to engage confidently with essential online services.

Participants developed practical digital skills, including online safety, email management, creating and formatting documents, completing online forms, online shopping, and accessing online banking. By the end of the programme, 87% of reported increased confidence in using digital devices and navigating online platforms. Importantly, several participants progressed into further digital learning at college, demonstrating sustained impact beyond the programme.

Precious Gems also delivered regular digital drop-in sessions, providing flexible, one-to-one support tailored to individual needs. These sessions enabled community members to receive hands-on assistance with personal devices, troubleshoot technical issues, and build skills at their own pace. The drop-ins were particularly effective in supporting ongoing learning, reinforcing confidence, and preventing participants from disengaging due to minor but significant digital barriers.

4.2.3 Employability and Confidence Building

Many young mothers we support had been out of employment for extended periods due to childcare responsibilities and language barriers. As a result, they reported low confidence and limited recent work experience.
We delivered training sessions focused on workplace skills, confidence-building, and understanding employer expectations. Following the training, many participants felt confident to begin actively seeking employment, while others chose to take on volunteering roles to gain experience and strengthen their CVs.

4.2.4 Skills for Life Projects

Through our Skills for Life projects, women learnt and developed a range of practical and creative skills, including garment making, cooking, painting, decorative crafts, henna art, and hairdressing. Participants reported increased confidence and creativity, with several using the skills gained to generate income or begin small-scale businesses. The continued demand for these projects demonstrates their relevance and long-term impact.

4.2.5 English Language Project

Many mothers from migrant communities we support face barriers to accessing English language courses due to childcare responsibilities and limited availability of suitable provision. Participants told us that lack of English language skills affected their confidence when speaking to professionals such as GPs, teachers, and potential employers.

We addressed this barrier by providing childcare support during sessions, enabling mothers to attend classes without distraction. Participants reported improved English language skills and increased confidence to communicate independently in everyday situations.

4.3 Culture and Heritage

4.3.1 Rite of Passage Oral History Project

Women from Black and Asian communities expressed concern that their cultural heritage and lived experiences were not being recorded and were at risk of being lost. Younger generations had limited access to this knowledge and history.

In response, we recorded oral histories from women from Congo, Kenya, Nigeria, India, Burma and The Gambia and produced a documentary combining these stories. An exhibition was held at Bolton Museum for several months and was open to the general public.

The documentary and original audio recordings have been archived by Bolton Museum, ensuring long-term preservation and access for future generations.

Follow this link to watch our documentary https://youtu.be/DbLUOe0MSxY?si=boVWNAQ6LFwlL8Rv

4.3.2 Cultural Dance

Members of the African community expressed a desire for their children to learn traditional African dances, as they were concerned that cultural traditions were being overshadowed by social media trends.

We organised cultural dance sessions that were well attended by young girls. Parents reported increased pride in cultural identity and engagement. Many requested continued support, including access to traditional costumes, to further enhance learning and participation.

4.4 Responding to Inflationary Pressures

4.4.1 Food Parcels and Household Essential Support

Due to rising living costs, many families and pensioners experienced financial hardship, including difficulties paying bills, purchasing food, and meeting basic needs. We provided culturally appropriate food parcels to households from minority backgrounds, recognising that their cultural foods are often more expensive. We also provided food vouchers to members from other backgrounds, along with essential household items.

In addition, we supported members experiencing rent arrears through advocacy and practical assistance, helping to reduce the risk of eviction.

4.4.2 Money Management

In partnership with Bolton Money Skills, we delivered money management sessions covering budgeting, debt management, saving strategies, and reducing energy costs.

Participants reported improved understanding of their finances and increased confidence in managing household budgets and debts.

4.4.3 Cooking on a Budget

Members participated in cooking-on-a-budget sessions focused on preparing healthy meals with affordable ingredients. Sessions covered meal planning, reducing food waste, and saving money by cooking at home rather than relying on takeaways.
Women reported positive changes in spending habits, improved confidence in cooking nutritious meals, and greater awareness of how to manage food costs.

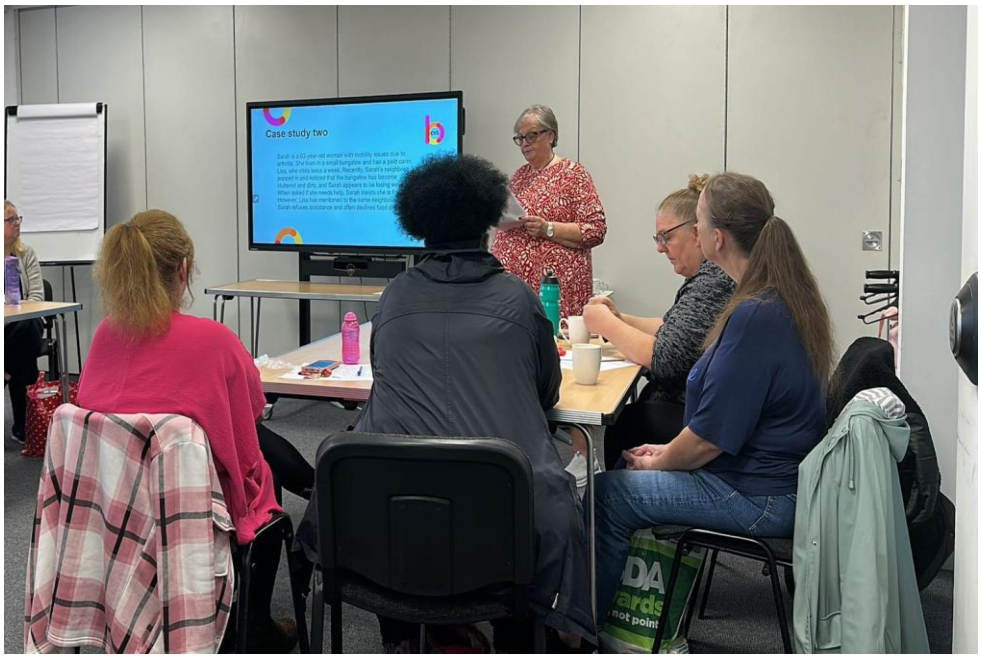
4.5 Community Leadership

3.5.1 First Aid Training

We delivered first aid training to members involved in community activities, equipping them with the skills needed to respond to medical emergencies and preserve life while awaiting professional medical assistance.

4.5.2 Safeguarding Training

In partnership with Bolton CVS, we delivered safeguarding training to ensure that individuals working within the community understood how to protect vulnerable people, recognise safeguarding concerns, and access appropriate support services.



4.5.3 Volunteering

We provided volunteering opportunities for individuals wishing to gain experience, develop skills, or give back to their communities. Volunteers received training, ongoing guidance, and regular support.

Volunteers play a vital role in the delivery of Precious Gems activities. Their contribution is highly valued, and their commitment and achievements are formally recognised and celebrated annually.

5. International Achievement

5.1 Humanitarian Action

Precious Gems delivered humanitarian action programmes aimed at addressing immediate health and welfare needs while promoting healthy living, dignity, and community wellbeing. These interventions were delivered in Ukhiodo Ewu, Nigeria, and Nairobi, Kenya, and focused on three key projects: Family Emergency Relief, Medical Relief Services, and Clothing and Essentials Distribution

5.1.1 Family Emergency Relief

Precious Gems delivered a Family Emergency Relief project to support homeless families within the Walakolo Community in Kibera, Nairobi. Families live in extremely challenging conditions, including makeshift polythene shelters, limited access to sanitation facilities, and unsafe living environments. Many rely on informal and insecure means of survival, which exposes them to ongoing health and safety risks

The project responded to urgent needs by providing essential household items, including cooking fuel, gas cylinders, burners, and basic supplies, supporting safer food preparation and improving daily living conditions. This assistance helped reduce reliance on unsafe cooking methods and eased immediate pressures faced by families experiencing homelessness.

5.1.2 Medical Relief Services

The medical relief services provided free healthcare support to community members with limited access to medical care. Licensed healthcare professionals delivered medical consultations, diagnosis, and treatment for common health conditions. Preventive health education was also provided to raise awareness of healthy living practices.

In addition, essential drugs were distributed under professional supervision with clear instructions. Free medical tests were conducted, including vital checks, blood glucose testing, and malaria screening using rapid diagnostic kits, supporting early identification of health concerns.

5.1.3 Clothing and Essentials Distribution

Through the clothing and essentials distribution project, Precious Gems provided clothing and personal items to women, children, and young people within the community. This support addressed immediate basic needs and promoted dignity among beneficiaries. The initiative also contributed to inclusiveness and strengthened community solidarity by supporting underprivileged families.

5.2 Education and Youth Engagement Programme

Precious Gems, in collaboration with The Pink Box Initiative, delivered the Education and Youth Engagement Programme in Mwanza, Tanzania, to support young people in schools by addressing critical issues affecting their health, safety, dignity, and overall wellbeing. The programme focused on gender-based violence (GBV), sexual and reproductive health (SRH), water, sanitation and hygiene (WASH), menstrual health, and gender equality, recognising the importance of engaging both girls and boys to create safe, inclusive, and supportive learning environments.

5.2.1 Youth Health and Protection Programme

The Youth Health and Protection Programme focused on supporting young people to better understand their health, wellbeing, safety, and rights. Through facilitated discussions and interactive sessions, students explored topics related to physical, mental, emotional, and social wellbeing, healthy relationships, personal safety, and gender equality.

The programme created a safe and supportive space for open dialogue, enabling young people to ask questions, share experiences, and challenge myths and harmful norms. By engaging both girls and boys, the project promoted mutual understanding, respect, and shared responsibility for creating safer school environments.

5.2.2 Menstrual Health Education and Support

The Menstrual Health Education and Support project addressed a key barrier to girls' participation and wellbeing in education. Health educators delivered structured sessions on menstrual health, covering the menstrual cycle, hygiene practices, and the safe use and disposal of sanitary products. Boys were included in the sessions to reduce stigma and misinformation and to promote supportive attitudes.

As part of the project, sanitary pads were distributed discreetly to girls in need, ensuring privacy and dignity. Clear guidance was provided on menstrual hygiene management, supporting girls to manage their menstrual health with confidence and remain engaged in their education.

5.3 Cervical Cancer Awareness and Screening Initiative

Precious Gems delivered a Cervical Cancer Awareness and Screening initiative to improve women's understanding of cervical cancer as a preventable and treatable condition and to increase access to early detection services. The initiative recognised the importance of education, prevention, and timely intervention in addressing barriers to women's health care. The programme was delivered at the Ambrose Alli University Health Centre, Edo State, Nigeria, with medical support from professionals at the Irrua Specialist Teaching Hospital.

5.3.1 Cervical Cancer Awareness

This project focused on increasing awareness of cervical cancer among women through targeted health education across the Ambrose Alli University. Volunteers engaged women through outreach activities, distributing educational materials and providing information on cervical cancer risk factors, symptoms, prevention methods, and the importance of regular screening. The project also highlighted the role of the Human Papillomavirus (HPV) vaccine in preventing cervical cancer, supporting informed health choices.

5.3.2 Cervical Cancer Screening

The screening project provided women with access to free cervical cancer screening services delivered at the Ambrose Alli University Health Centre, by qualified medical professionals from the Irrua Specialist Teaching Hospital. Participants were guided through the screening process, with opportunities to ask questions and receive clear information.

This project helped address financial and access barriers to screening and supported early detection and referral where appropriate.

5.4 Economic Empowerment

Precious Gems delivered economic empowerment initiatives to support women and young people to build sustainable livelihoods through skills development and income-generating activities. These projects focused on strengthening existing talents, improving financial independence, and supporting long-term economic resilience within communities.

5.4.1 Heritage Skills and Women's Livelihoods Programme

In Ghana, Precious Gems supported women and young people experiencing financial hardship by building on traditional heritage skills, particularly Bolga basket weaving, as a pathway to income generation. Women and young people were supported to develop and refine their weaving skills, produce high-quality baskets, and access opportunities to sell their products.

The programme recognised cultural craftsmanship as a valuable economic asset and enabled women and youth to generate income while preserving local heritage skills. Participants expressed increased confidence in their abilities and gratitude for the opportunity to support themselves and their families through their craft.

5.4.2 Vocational Training Programme

In Togo, Precious Gems established a Vocational Training Programme to support women and young people to acquire practical, employable skills, with a focus on sewing and tailoring. The programme provided hands-on training and access to equipment, enabling participants to develop skills that support self-employment and small business development.

Many participants progressed from training into income-generating activities, with several establishing their own sewing businesses or offering tailoring services within their communities. The programme supported participants to strengthen their earning potential and take positive steps towards economic independence.

6. Financial Report

6.1 Accounts

INCOME (A)	2024/2025			
	£ Restricted Funds	£ Unrestricted Funds	Total Funds 2024/2025	Total Funds 2023/2024
Grants	184,753.52	25246.48	210,000.00	111672
Donations		4,753.52	4,753.52	4958.26
TOTAL INCOME (A)	184,753.52	30,000.00	214,753.52	116630.26
EXPENDITURE (B)			0.00	
Rent and Rates	18,701.34		18,701.34	8247.72
Programme management and support	53,735.00		53,735.00	50267.29
Sessional workers fees	30000	£2,135.30	32,135.30	13210.18
Room hire	£4,742.49	1000	5,742.49	2568.99
Food Club and support	8,127.81	2000	10,127.81	7285.68
Equipment and Asset	£6,126.91		6,126.91	1200
Training	£11,926.31		11,926.31	5450
Arts and Wellbeing	£8,795.00	1050	9,845.00	3880
Volunteers' expenses	£7,000.00	458.75	7,458.75	3969
Utilities	£3,612.06	429.34	4,041.40	2254
Consultancy and support	£14,762.00	0.00	14,762.00	3100
Miscelleanous expenses and general running costs	£0.00	1,741.63	1,741.63	9118.54
Insurance and accountancy	0	1,069.60	1,069.60	3000
Overseas project and Website/ Social Media	1000	4,700.00	5,700.00	2000
TOTAL EXPENDITURE	168,528.92	14,584.62	183,113.54	115551.4
NET INCOME/EXPENDITURE	16,224.60	15,415.38	31,639.98	1078.86
TRANSFERS BETWEEN FUNDS	-	-		
NET MOVEMENT IN FUNDS FOR YEAR	**16,224.60**	**15,415.38**	31,639.98	1078.86
TOTAL FUNDS AT START OF YEAR	**17,445.54**	**1,000.00**	**18,445.54**	18445.54
TOTAL FUNDS AT END OF YEAR	**33,670.14**	**16,415.38**	**50,085.52**	19524.4

6.2 Balance Sheet

BALANCE SHEET	PRECIOUS GEMS	2024/2025
Assets	2024	**2025**
Current assets:	**Previous year**	**Current year**
Cash	9,524.40	10,085.52
Investments	-	-
Inventories	-	-
Accounts receivable	10,000.00	40,000.00
Pre-paid expenses	-	-
Other	-	-
Total current assets	**19,524.40**	**50,085.52**

Fixed assets:	**Previous year**	**Current year**
Property and equipment	12,980.00	6,126.91
Leasehold improvements	-	-
Equity and other investments	-	-
Less accumulated depreciation	-	-
Total fixed assets	**12,980.00**	**6,126.91**

Other assets:	**Previous year**	**Current year**
Goodwill	-	-
Total other assets	**-**	**-**

Total assets	**32,504.40**	**56,212.43**

Liabilities and owner's equity		
Current liabilities:	**Previous year**	**Current year**
Accounts payable	12,980.00	6,126.91
Accrued wages	-	-
Accrued compensation	-	-
Income tax payable	-	-
Unearned revenue	-	-
Other	-	

Total current liabilities	**12,980.00**	**6,126.91**

Long-term liabilities:	**Previous year**	**Current year**
Mortgage payable	-	-
Total long-term liabilities	**-**	**-**

Owner's equity:	**Previous year**	**Current year**
Investment capital	-	-
Accumulated retained earnings	-	-
Total owner's equity	**-**	**-**

Total liabilities and owner's equity	**12,980.00**	**6,126.91**

Balance	**19,524.40**	**50,085.52**
Restricted	19200.4	33670.14
Unrestricted	324	16415.38

6.3 INDEPENDENT EXAMINER REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31st MARCH 2025

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners' statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

1) the accounting records were not kept in accordance with section 130 of the Charities Act; or

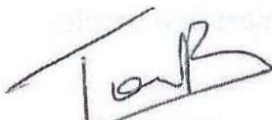
2) the accounts did not accord with the accounting records; or

3) the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Toya Berenger Mbitchi



BSc(Hons) Accounting and Finance

Let's Bloom Together
Suite 20
St James's House
Pendleton Way M65FW
Salford
Date 30/12/2025.

6.4 NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2025

1. Accounting policies

(a) Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared In accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) {effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable ln the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of Investments which are included at market value, as modified by the revaluation of certain assets.

(b) Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

(c) Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

(d) Expenditures

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

(e) Taxation

The charity is exempt from tax on its charitable activities.

(f) Charitable funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(g) Creditors

The Charity has creditors which are measured at settlement amounts less any trade discounts.

(h) Tangible fixed assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Office Equipment's : 3 years straight line

Computer Equipment's : 3 years straight line

(i)Transactions with Trustees and related parties

In the year, none of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity but they were informed that they could claim reasonable out-of-pocket expenses for travel expenses to attend meetings.

7. Appreciation

Precious Gems would like to express its sincere appreciation to all our volunteers, partners and members for their continued commitment, support, and engagement throughout the year. Your collective contribution has been central to the positive difference we have made in the lives of women, young people, families, and communities.

Our volunteers are at the heart of Precious Gems. Whether supporting programme delivery, community engagement, outreach activities, or behind-the-scenes operations, your time, skills, and dedication have been invaluable. Your willingness to give your energy and talents continues to strengthen our work and extend our reach.

We are equally grateful to our partners, whose collaboration, expertise, and shared values have enhanced the quality and impact of our programmes. Through strong partnerships, we have been able to respond effectively to community needs and deliver meaningful initiatives both locally and internationally.

Finally, we would like to thank our members, whose participation, trust, and voices shape the work of Precious Gems. Your engagement, feedback, and commitment to supporting one another help create strong, inclusive, and resilient communities.

To all our volunteers, partners, and members, thank you for your belief in the mission of Precious Gems. Your support, collaboration, and involvement continue to inspire and sustain our work.

8. Get involved

There are many ways you can support our work and be part of the impact we're creating. Whether you give your time, resources, or expertise, your involvement helps us reach more people and build lasting change.

Donate
Your donation helps fund our programmes, expand our reach, and respond to real needs as they arise. Every gift, no matter the size, makes a meaningful difference and allows us to continue delivering vital work.

Volunteer
Volunteers are at the heart of what we do. By giving your time and skills, you can support our activities, connect with the community, and play an active role in creating positive change. Whether you can help regularly or occasionally, your contribution is valued.

Partner with Us
We welcome partnerships with individuals, organisations, churches, and businesses who share our values. Partnering with us allows you to collaborate on projects, support our mission strategically, and create greater impact together.

However you choose to get involved, you become part of a growing community committed to making a difference. We would love to walk this journey with you.

For any more information on how you can get involved, please contact us on

Precious Gems
The Wellspring Innovation Centre
Howell Croft South
Bolton, BL1 1SB

+447963500069

enquiry@preciousgems.org.uk

Visit our website on www.preciousgems.org.uk

Facebook @preciousgems2013

Instagram @preciousgemscharity

PRECIOUS GEMS

England & Wales - Charity number 1160917

Accounts

Precious Gems

Unveiling your Potential

ANNUAL REPORT

FOR THE YEAR ENDED 31ST MARCH 2024

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1. Reference and Administrative Details

Precious Gems

Charity registration No.1160917

Address
Commerce House
59 Bridgeman Place
Bolton
BL2 1DW

Patron
Cllr Linda Thomas

Trustees
Tony Shepherd .....Chairman/Treasurer
Dr Oboh. C. Achioyamen.....Founder/Director of Development and Strategies
Susan C. Riley.....Secretary/Coordinator of Precious Gems Kearsley

Operational Team
Domina Achioyamen.....Co-Founder/Chief Executive
Dr Nosa Akpede..... Director of Precious Africa Foundation
Dr Elohor Onoge ..... Director of Policies
Barr Christine Eziamaka.....Secretary Precious Gems Africa Foundation
Ann Hargreaves.....Coordinator of Precious Gems Little Lever
Janet Ducket .....Coordinator of Precious Gems Bolton Central
Makai Sadiq.....Coordinator of Skills For Life Groups
Ghosia Jabeen.....Coordinator of Precious Gems Rumworth
Yasmin Dakri.....Coordinator of Arts and Crafts Groups
Mabel Akhigbe.....Coordinator of Youth program
Sarah Manya.....Coordinator of Northern Nigeria Region
Daniel Asogun.....Coordinator of Precious Gems media.
Dr Gift Oputteh.... .....Coordinator of Rural Project Nigeria

Bank
Santander
Bridle Road
Bootle,
L30 4GB

2. Acknowledgement

We want to appreciate everyone who worked with us to make a difference in members of the community. A big thank you to our funders who funded our projects this year. Your funding facilitated to make a positive impact on many people's lives.

A special thank you to all friends and partners of Precious Gems who collaborated with us to deliver projects both in the United Kingdom and Africa; your collaborations helped us have a greater reach in supporting members of different communities.

A huge thank you to all our staff and volunteers in the United Kingdom and internationally for your numerous and continued support in making sure that Precious Gems achieves its goals and objectives excellently. Thank you so much for your time and your services are greatly appreciated.

3. Make a Difference

It only takes a small step to make a big difference in someone's life.
Your support can help people in crisis live to see another day of their lives, allow children to continue their educations, help disadvantaged women and girls live better lives, and help vulnerable older people improve their health and wellbeing.
See below how you can make a difference.

a. Make a Donation

Any donation, no matter how small, is greatly appreciated and will go a long way toward changing the lives of disadvantaged women and girls.

b. Volunteer for us

Volunteers play a big role in delivering our projects. We wouldn't be where we are without their support. Share your skills, talents and passion and change someone's life.

c. Partner with us

At Precious Gems, we believe in partnership and collaboration. Raise donations for us, or partner with us to deliver a project.

For any more information on how you can make a difference, please see our contact details below

Address:
Precious Gems
Commerce House
59 Bridgeman Place
Bolton
BL2 1DW

Telephone:
+447963500069

E-mail:
enquiry@preciousgems.org.uk

website:
www.preciousgems.org.uk

Facebook:
@preciousgems2013

Instagram:
@preciousgemscharity

X: @PrecGems

4. Objectives and Activities

Precious Gems supports women and young people who are socially and economically disadvantaged to realise and utilise their potential to better meet their needs, stay resilient, develop themselves and their communities, and improve their health and wellbeing. We were granted the United Nations Economic and Social Council (ECOSOC) consultative status in 2022. This gives opportunity for us to work even more closely in helping to achieve the SDG goals of the United Nations and the Africa Union's Agenda 2063 as it relates to women and young people
We achieve these using Asset Based Community Development (ABCD) approach.
In planning activities for the year, trustees kept in mind the charity commission's guidance on public benefit.

The main activities of Precious Gems fall into the following categories:

a. Improving health and wellbeing

Our health and wellbeing programmes support women and young people in staying connected with members of the community, staying active both physically and mentally while enhancing their skills and talents. Our programmes also help them to improve confidence and self-esteem and to overcome social isolation and loneliness. We also support women and girls with counselling sessions, advocacy, information and mentorship.

b. Economic Empowerment

Our economic empowerment programmes support women and young people to raise and increase their income, be financially independent, and manage their finances. We train them on skills they require to get employment or do business, focusing on their skills, talents and passions. We also support them with short courses that enrich their curriculum vitae (CV) to increase their employment opportunities, giving them better income.

c. Community Involvement

Our community involvement programmes encourage women and young people to get involved in developing their communities by participating in decision-making concerning their community, meeting the needs or just giving back to their community using their skills and talents. We support them with information and mentorship.

5. Achievement and Performance

5.1 Culture and Heritage

5.1.1 Rites of Passage

Towards the end of last year, we started the Rites of Passage project, which focused on capturing the memories and experiences of individual stories of women from Black Asia and Minority Ethnic (BAME) living in Bolton. The older African and Asian women we work with said that they were concerned that they were getting old, and their traditions were getting lost. They were also concerned that their future generation has no reference to learning their tradition. To preserve their history, this year, we recorded their stories focusing on understanding those women's cultural traditions, marking the entrance into a particular status or place within their culture, with the focus on being a young girl to motherhood. We then compiled these stories as a documentary. Click on the link below to watch the recorded documentary. https://preciousgems.org.uk/heritage-project/

Every woman who participated in the project received a copy of their audio interview with the fully recorded documentary so they could pass on those documents to future generations. We have also given a copy of the recorded documentary to Bolton Museum so that the public can access it and learn about their culture, resulting in a safe and strong community.

5.1.2 Afro Dance

Women from African backgrounds told us they were concerned about their health as they were not very active and they were not able to pay for Gym membership. They said that they had checked, but they found out that yoga and Zumba were not in line with their tradition. We organised Afro Dance fitness for them, and they were delighted. The project was very well attended, and many women turned up for exercises and to learn how to do African dance. Others who couldn't dance due to health reasons also turned to every session to enjoy African music.

5.2 Capacity Development

5.2.1 Vision Board Seminar

The vision board Seminar was held in the Manchester Clayton area. The seminar's purpose was to support women in identifying the future they would like to create in their lives and teach them how to set measurable goals for success and build a realistic plan to achieve them. We had keynote speakers who spoke on maximising skills and talents, self-management, and habit-building. Women had a chance to practice setting goals and creating a vision board (see pictures below). They also had an opportunity to network and share aspirations.

5.2.2 English Project

We ran this project in collaboration with the adult learning department of Bolton College. Most people who attended this project were refugees and asylum seekers, women with little children who were not able to pay childcare costs for their children and had challenges securing space in college and other English class providers due to their children. We also had students sent to us from the Department of Working and Pension (DWP). Our students were able to make progress in their learning and move from the beginner level to the lower intermediate level. Women were so happy and asked for more classes during the week.

5.2.3 Skills for Life Programs

We run a Skills for Life program to support women to unveil their potential by participating in different activities using their skills and talents and learning from each other. Most members of this program are refugees, asylum seekers and other migrant women. The Skills for Life program gives them the opportunity to develop skills that they can use in their home or to earn income. We run this program in the Bolton area and the Manchester area. Women learnt how to do sewing, painting, make jewels, drawing and other handcrafts materials. They made garments for themselves and their families, flowers to decorate their homes, ceramics for decorations and many other valuable materials for their homes. The Skills for Life program also helped women from different backgrounds meet and make friends. The program also helped them to improve their wellbeing because the activities gave them a sense of direction and a sense of achievement.

5.2.4 International Women's Day Conference

Our International Women's Day Conference brought together many women of all ages and from different backgrounds. The theme of our conference was "You Matter" Our speakers focused on encouraging women to believe in themselves, stand up for each other and look after their mental health. We also had a poet who composed a poem for the event titled "You Matter". Most ladies who attended the event loved it and asked for a copy of the poem as it made them feel good. We had a Member of Parliament (MP), local councillors, and other women in the leadership to inspire our members to be in the leadership.

5.2.5 Food Hygiene Training

We did Food Safety Training in collaboration with Bolton College. All volunteers who are involved in preparing food for members of our projects attended that training. Some other women who attended our programs participated in the food Hygiene training to improve their knowledge. At the end of the training, they took exams, and all our members passed them and received a Level 2 certificate in food Hygiene.

5.3 Climate Action

5.3.1 Air Pollution Awareness

After conducting a consultation with members of the BME community, we realised that their level of knowledge when it comes to climate change in the BME community was very low. We then held training sessions where we explained to young ladies about air pollution, its effect on our health and environment and how transport is the main contributor to air pollution.These young ladies took action by investigating the level of pollution around their house, then used their knowledge to raise awareness of the danger caused by air pollution and encouraged their families and other women to take action.

5.3.2 Fabric Recycling Project

We spoke to different women from different back ground about effect of textile waste on our environment and encourage them to use our sewing machine for free of charge to repair their cloths, or recycle them instead of throwing them away.

Women were encouraged to recycle, those who didn't know how to use sewing machine asked their friends to do it for them. Those who participated in this project were able to make friends, learnt other people's culture, and enjoyed turning different projects of turning their unwanted clothes into new projects such as bags, pillowcases, decorations and many more projects that came out unwanted fabrics. These women also took action of walking to the project sessions or taking public transport instead of driving.

5.4 Older People's Programs

5.4.1 Keep Fit Programs

Our Keep Fit Program for older women is based in 3 different locations in Bolton. We run Zumba gold sessions twice a month at Bolton High Street Library; Chair exercises once a month at Kearsley Mount Methodist Church, and Gentle Circle Dance twice a month at Christ Church. Most of the time, the exercises are done standing but sometimes seated.

People who participated in these exercises said that they were not very active. The exercises are very useful to them and they enjoy doing exercises with friends in their Keep Fit groups. Those who participate in Zumba, Chair Exercises, and Gentle Circle Dance said that their keep fit is not just exercises but also sing-along sessions. They said that they enjoy the music, and it helps them to overcome stress.

The exercises also help them to improve their strengths and balance. Both music and exercise contribute to the improvement of their health and wellbeing.

5.4.2 Day Trips Programs

This year, we organised different day trips through five different existing groups of Senior's groups. They travelled in different areas of UK. We also joint all members of Precious Gems Bolton in one Day Trip to Leeds. Our members joint in tour guided bus and learnt history about different town of UK which added to their knowledge and improved their mental wellbeing. They also had a great time out with their friends.

5.4.3 Dementia /Alzheimer's Program

This program has been running for 9 years through Precious Memories Group. This year, more people joined the group. This group have connected people living with dementia with their carers. They have made friends among themselves. They enjoyed each other's company during lunchtime, and there was lots of laughter during their table games. Some carers got so connected with other carers to the point when the person they were caring for went to a care home, they still turned up at every session to see their friends. Some of them lost people they were caring for due to dementia, and they still turned up for the sessions. They said that the Precious Memories group helped them with bereavement.

5.4.4 Knitting Groups

We run Knitting groups through Precious Gems Keasley Group, Precious Gems Bolton Central Group and Precious Gems Rumworth. Members met weekly and had healthy lunches prepared by trained members of Precious Gems. They learnt from each other how to knit or crochet and improved their skills. They were also able to make friends, which helped them overcome social isolation and loneliness. Members of the knitting program also received different guest speakers who spoke on health and other information about what is happening in the community.

We have recently seen some men joining Precious Bolton Central. Some women who have been enjoying that group brought their husbands and taught them how to knit, and we now have three men who joined that group and got involved in the knitting activities.

5.4.5 Curling and Table Game

This year, we started a new project Westhoughton Library. We had a consultation with ladies, and they told us that they wanted something new, and they came up with a Carpet Carling idea with Table games. The project was open to all ages, but most people who attended this project were over 50. They enjoyed carpet curling; you could hear lots of laughter during that game. They also had healthy lunches and played different table games, including Scrabble, dominos, cards and many more. Some ladies said that they enjoyed table games because they helped them improve their memories.

5.5 Cost of Living

5.5.1 Warm Space

Due to the rising cost of living, many people struggled to heat their houses. We offered warm spaces four times a week where people in the community could come and stay warm for a few hours. We also provided them with light refreshments, which they appreciated. We also offered them the opportunity to join in group crafts activities, and they made friends with other people who participated in the activities. Most people who accessed our warm space said they came for a warm space and had a cuppa and friends. They also said that our activities gave them a sense of purpose and achievement, which contributed to their wellbeing.

5.5.2 Cooking on Budget

The cost of food kept increasing while people's wages remained the same. Those on benefits and small incomes are really struggling to feed themselves and their families. We introduced cooking on the budget project so that women could learn how to save money on food and still feed their families. The cooking on the budget project was attended to very much, but it was also served as a food parcel because people who participated in the project had free food. Women have learnt how to do many different dishes and lower budget, saved money and enjoyed food with their families.

5.6 Community Involvement

5.6.1 Visit to the Mayor's Parlour

Some Precious Gems Kearsley members said they were born in Bolton but have not been to the Mayor's parlour. They said that they wanted to go and visit the Mayor. Those who turned up to the mayor's parlour were very happy as they were told the history of Bolton and had an opportunity to sit where their local councillors, who presented them from their ward, sat and debated.

5.6.2 Volunteering Program

In our community groups, we encourage members of the community to get involved, participate in decision making and take part in running the projects. Most of our members are involved in volunteering in leading activities, buying refreshments and other materials for the activities. They start as service user, but within a few months, most of them get involved in volunteering. They told us that Precious Gems gave them the confidence to believe in themselves and that they could volunteer, and now they have taken more volunteering roles in different organisations. At end of this year, we recognise our volunteers by giving them volunteer appreciation certificates Cllr Melanie of Kearsley ward presented certificates to all our volunteers.

6. Precious Gems International

6.1 Good Health and Wellbeing

6.1.1 Village Medical Outreaches

Precious Gems conducted several medical outreaches in villages in Nigeria. Our focus is on providing essential healthcare services to rural communities where there are shortages of medical personnel. We are grateful to our team of medical volunteers who are passionate about making a difference in the lives of rural community citizens.

6.1.2 Healthcare Awareness

Regular campaigns are organized to promote health awareness and educate communities on preventive healthcare measures. These awareness outreaches give members of the community an opportunity to learn about health issues, ask questions, and interact with the health team on issues that bother them. We are also working on online medical outreach engagements for people who have internet access.

6.1.3 Humanitarian Project

In 2023, Malawi residents were affected by Cyclone Freddy. Many of them lost their houses and their resource and became internally displaced. They did not have food or other daily materials that they needed. We supported people from Blantyre. Emergency food was given to vulnerable families that lost their homes or whose houses fell due to heavy wind and nonstop rains. We also provided people with roofing materials so that they could rebuild their homes.

6.2 Educational Initiatives

6.2.1 Skills for Life Programs

This program provides vocational training and education to equip women and young adults with the skills needed for employment and entrepreneurship. We are active in several countries with this initiative and lots of participants have benefited. These activities include farming, weaving baskets, Sewing, entrepreneurship, and leadership.

6.2.2 Support for Schools

Precious Gems helps support schools with vocational programs to help deliver training to young people so that they are able to acquire the relevant skills needed to provide for themselves economically after their school work. These include STEM classes, Career talk programs and apprenticeship programs.

6.3 Gender Equality

6.3.1 Gender-Based Violence Campaign

Precious Gems, working in collaboration with Malawi Local Government Association (MALAGA), held a Sixteen-days campaign on Gender-based Violence (GBV) in Malawi, which was broadcast to leading National radio and television stations.
The purpose of the discussions was to promote uptake of evidence in decision making by policy makers at the national and local level in the fight against GBV, to promote knowledge management and learning on the fight against GBV in Malawi among key actors, and to promote and amplify women's and girls' rights and voices at the national level.
Many people who participated in the discussions commented that there is a need to invest resources, ideas, actions, knowledge, and education to prevent various tragedies, including loss of life and disabilities arising from violence against women.

Our team visited different primary and high schools in Tanzania and Nigeria to deliver a discussion on Violence against women. The conversations involved both girls and boys so that they would be prepared ahead and work together to fight any violence against women from a young age.

The Annual Report was approved by the board of trustees
Date: 24/01/2025
T Shepherd

Chair and Trustee
On behalf of the trustees

7. Financial Report

INCOME (A)	2023/2024			
	£ Restricted Funds	£ Unrestricted Funds	Total Funds 2023/2024	Total Funds 2022/2023
Grants	104,232.00	7440	111,672.00	99895.96
Donations		4,958.26	4,958.26	200
TOTAL INCOME (A)	104,232.00	12,398.26	116,630.26	100095.96
EXPENDITURE (B)			0.00	
Rent and Rates	8,247.72		8,247.72	6873.6
Programme management and support	50,267.29		50,267.29	41889.41
Sessional workers fees	12,010.18	£1,200.00	13,210.18	15460.18
Room hire	£1,968.99	600	2,568.99	968.99
Workshops	7,285.68		7,285.68	5225.68
Equipment and Asset	£1,200.00		1,200.00	2625.6
Training	£5,450.00		5,450.00	3000
Arts and Wellbeing	£3,880.00		3,880.00	5413.08
Volunteers' expenses	£3,969.00		3,969.00	3869
Sports and Keep Fit activities	£2,254.00		2,254.00	1432.84
Tutor fees and artist fees	£850.00	2,250.00	3,100.00	2800
Miscelleanous expenses and general running costs	£2,318.54	6,800.00	9,118.54	7118.54
Consultancy	1800	1,200.00	3,000.00	1880
Overseas project and Website/ Social Media	1800	200.00	2,000.00	1265
TOTAL EXPENDITURE	103,301.40	12,250.00	115,551.40	99821.92
NET INCOME/EXPENDITURE	930.60	148.26	1,078.86	274.04
TRANSFERS BETWEEN FUNDS	-	-		
NET MOVEMENT IN FUNDS FOR YEAR	**930.60**	**148.26**	1,078.86	274.04
TOTAL FUNDS AT START OF YEAR	**17,445.54**	**1,000.00**	**18,445.54**	18171.5
TOTAL FUNDS AT END OF YEAR	**18,376.14**	**1,148.26**	**19,524.40**	18445.54

7.1 Balance Sheet

BALANCE SHEET	PRECIOUS GEMS		2023/2024
Assets	2023		**2024**
Current assets:	**Previous year**		**Current year**
Cash	1,600.00		9,524.40
Investments	-		-
Inventories	-		-
Accounts receivable	16,199.94		10,000.00
Pre-paid expenses	-		-
Other	-		-
Total current assets	**17,799.94**		**19,524.40**
Fixed assets:	**Previous year**		**Current year**
Property and equipment	10,625.60		12,980.00
Leasehold improvements	-		-
Equity and other investments	-		-
Less accumulated depreciation	-		-
Total fixed assets	**10,625.60**		**12,980.00**
Other assets:	**Previous year**		**Current year**
Goodwill	-		-
Total other assets	**-**		**-**
Total assets	**28,425.54**		**32,504.40**
Liabilities and owner's equity			
Current liabilities:	**Previous year**		**Current year**
Accounts payable	9,980.00		12,980.00
Accrued wages	-		-
Accrued compensation	-		-
Income tax payable	-		-
Unearned revenue	-		-
Other	-		-
Total current liabilities	**9,980.00**		**12,980.00**
Long-term liabilities:	**Previous year**		**Current year**
Mortgage payable	-		-
Total long-term liabilities	**-**		**-**
Owner's equity:	**Previous year**		**Current year**
Investment capital	-		-
Accumulated retained earnings	-		-

Total owner's equity	**-**		**-**
Total liabilities and owner's equity	**9,980.00**		**12,980.00**
Balance	**18,445.54**		**19,524.40**
Restricted	17949.09		19200.4
Unrestricted	496.45		324

7.2 Independent Examiner Report

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st March 2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners' statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

1) the accounting records were not kept in accordance with section 130 of the Charities Act; or

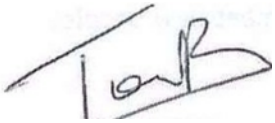
2) the accounts did not accord with the accounting records; or

3) the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Toya Berenger Mbitchi



BSc(Hons) Accounting and Finance
Let's Bloom Together
Suite 20
St James's House
Pendleton Way
M65FW
Salford
Date 07/01/2024.

7.3 Notes to the Financial Statements for the year ended 31st March 2023

1. Accounting policies

(a) Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared In accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) {effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable ln the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of Investments which are included at market value, as modified by the revaluation of certain assets.

(b) Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

(c) Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

(d) Expenditures

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

(e) Taxation

The charity is exempt from tax on its charitable activities.

(f) Charitable funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(g) Creditors

The Charity has creditors which are measured at settlement amounts less any trade discounts.

(h) Tangible fixed assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

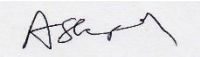
Office Equipment's : 3 years straight line

Computer Equipment's : 3 years straight line

(i)Transactions with Trustees and related parties

In the year, none of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity but they were informed that they could claim reasonable out-of-pocket expenses for travel expenses to attend meetings.

The financial Report was approved by the board of trustees
Date: 24/01/2024
T Shepherd



Chair and Trustee
On behalf of the trustees

PRECIOUS GEMS

England & Wales - Charity number 1160917

Accounts

Precious Gems

Unveiling your Potential

TRUSTEES ANNUAL REPORT

FOR THE YEAR ENDED 31ST MARCH 2023

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1. Reference and Administrative Details

Precious Gems

Charity registration No.1160917

Address
59 Bridgeman Place
Bolton
BL2 1DW

Patron
Cllr Linda Thomas

Trustees

Tony Shepherd	Chairman/Treasurer
Dr Oboh. C. Achioyamen	Founder/Director of Development and Networking
Susan C. Riley	Secretary/Coordinator of Precious Gems Kearsley

Operational Team

Domina Achioyamen	Co-Founder/Chief Executive
Sr Petronille Mukamunana	Chair Precious Gems Rwanda
Dr Nosa Akpede	Director of Precious Gems Foundation Nigeria (PGF)
Dr Elohor Onoge	Director of Policies
Bar Christine Eziamaka	Secretary, Precious Gems Foundation Nigeria (PGF)
Ann Hargreaves	Coordinator Dementia Group
Jean Nicholson & Janet Duckett	Coordinators of Knitting Group
Makai Sadiq	Coordinator of Skills For Life Group
Ghosia Jabeen	Coordinator of Active Groups
Mabel Akhigbe	Coordinator, Youth program
Sarah Manya	Coordinator, Northern Nigeria (PGF).
Daniel Asogun	Coordinator, Precious Gems media.
Kikelomo Folashade	Coordinator, Public Health and Social Media
Dr Gift Oputteh	Precious Gems Rural Projects (PGF)

Bank
Santander
Bridle Road
Bootle,
L30 4GB

2. Objectives and Activities

Precious Gems supports women and girls who are socially and economically disadvantaged to realise and utilise their potential to better meet their needs, stay resilient, develop themselves and their communities, and improve their health and wellbeing.
We achieve these using Asset Based Community Development approach.
In planning activities for the year, trustees kept in mind the charity commission's guidance on public benefit.
The main activities of Precious Gems fall into the following categories:

a. Improving health and wellbeing

Our programmes support women and girls to improve their wellbeing. We support them in staying connected with members of the community and staying active both physically and mentally while enhancing their skills and talents. Our programmes also help them to improve confidence and self-esteem and to overcome social isolation and loneliness. We also support women and girls with counselling sessions, advocacy, information and mentorship.

b. Economic Empowerment

Our economic empowerment programmes support women and girls in raising and increasing their income, being financially independent, and managing their finances. We help them train on skills they require to get employment or do business, focusing on their skills, talents and passions. We also support them with short courses that enrich their curriculum vitae (CV) to increase their employment opportunities, giving them better income.

c. Community Involvement

Our community involvement programmes encourage women and girls to get involved in developing their communities by participating in decision-making concerning their community, meeting the needs or just giving back to their community using their skills and talents. We support them with information and mentorship.

3. Achievement and Performance

3.1 Arts and Culture Projects

3.1.1 Arts and Crafts

Members of this project come from different cultures and backgrounds. They handcrafted different items to use in their own homes, which helped them learn and improve skills. They also did different arts that represented their cultures. Questions were asked and answered while making those arts that represented cultures. These increased the understanding of cultures and religions, increased connectivity, and contributed to their health and wellbeing. Our members often said that the project activities were therapeutic and helped them to relieve stress and improve their mental wellbeing

3.1.2 Artefacts Project

We did this project in collaboration with Bolton Library and Museum Services. Our members were able to view items that have been collected from all over the world and identify them. They always looked happy to see the items that represented their cultures and told stories about those items. Members of the project enjoyed finding out information about other people's cultures, which contributed to their health and wellbeing. During Artefacts project sessions, members also made connections and made friends with people from different cultures and improved wellbeing. At the end of the projects, members had a party and brought items from their homes that represented their cultures to share with other members of the community. There were exhibitions in Bolton Museum, which shared these items with the wider community of Bolton. Our members were so happy to see the items representing their cultures displayed and viewed by the wider community.

3.1.3 Heritage Project

The older African and Asian women we work with said that they were concerned that they were getting old and their traditions were getting lost. They were also concerned that their future generation has no reference to learning their tradition. Not many books tell stories and experiences of their culture that the younger generations could learn from. This year, we started the oral history project, funded by The National Lottery Heritage Fund. The purpose of the project is to gather personal experiences and memories on the rite of passage of women from the Black Minority and Asian (BAME) community and then keep those stories online and in Bolton Museum's archives. Our team had been trained by professional trainers and consultants on how to do oral history. They have also been trained on filmmaking. Our team has been raising awareness of the project in different communities based in Bolton and with existing members of Precious Gems. Those who heard about the project were so happy and looking forward to sharing their stories in the coming year.

3.2 Coping with the Cost of Living

3.2.1 Warm Space

The cost of living increased this year, and many members of the community were affected and struggled with feeding. Some elderly people we support said they no longer put the heaters on in their homes because they can't afford the heating bills. We offered them to join our warm space. We also had new people who were not members of Precious Gems. They made friends with our existing members and joined Precious Gems activities.

3.2.2 Cooking on Budget Program

We held Cooking on Budget sessions where we helped women struggling with their finances spend less on food and energy. Our team did cooking sessions showing them how to manage finances by spending less on food ingredients and also using pressure cookers or air fryers. Our members were happy with the ideas they learnt in those sessions, and most of them said that they have purchased air fryers to help them cut down on energy costs and eat healthily.

3.3 Capacity Development Programme

3.3.1 Upgrade seminar

The seminar aimed to inspire women to believe in themselves regardless of the challenges of the cost of living they were facing. Speakers on this programme spoke on Mental health, goal setting and money management with testimonies of their personal experiences of tools used to overcome mental health and financial challenges and achieve their goals. 90% of women who attended the event testified that they were inspired to set and pursue their goals without being put off by the obstacles of life

.

3.3.2 English Classes

Refugees and asylum seekers we support told us they wanted to work and earn their own income, but the English language was a problem. They regularly asked us to give them paid jobs or to help them find jobs. We supported them with English lessons and also supported them with job searches. And because of our support, nine ladies have been able to get jobs ad are earning income for themselves and their families.

3.3.3 Skills for Life

Women learnt different skills in this project. They did arts, sewing, cooking, knitting and embroidering. They made items for their own homes. Members of this project are young mothers with little children who are not able to go to work due to childcare responsibilities. They took the opportunity to attend our project where they learnt skills to improve their capacity and homes. They also told us that they used the learnt skills to save finances by making items needed in their homes.

3.3.4 Personal Development and Leadership

We celebrated International Women's Day, focusing on developing the capacity of women. We had a guest speaker who spoke on handling issues around mental health, overcoming personal barriers, and women in leadership. At the end of the event, we received feedback from women telling us how they learnt so much on that day and how they enjoyed the event and were looking forward to attending the same event in the coming year.

3.4 Combating isolation and loneliness

3.4.1 Knitting Groups

We continued to run our over 50s groups that support elderly women to overcome social isolation and loneliness. Our groups bring them together where they meet other ladies to talk with each other, and make friends. In these groups, women knit items for the homeless, elderly people in care homes and children in hospitals. These elderly women also knit items for themselves and their families. This group doesn't only support elderly women to overcome social isolation and loneliness but also to learn and improve their knitting skills. They enjoy knitting items for people in need because they see it as a way of giving back to the community which contributes to their wellbeing. In these groups, we also provide lunch for the elderly ladies because they said that they do not cook so much cooking in their homes. They said that they enjoy having meals with others.

3.4.2 Day Trips

The elderly people we support also said that they used to travel a lot, but they no longer travel so much because they are on their own and do not enjoy travelling long distances alone. We organised day trips where they visited different places and told us they enjoyed those trips.

3.4.3 Keep Fit groups

We continue to run the Zumba Gold and Chair Exercises program for elderly people to help them improve their balance and minimise falls. It's always lovely to see the ladies singing along with laughter during those exercises. These contribute to their wellbeing, and they always say that the exercises and music help them to relieve stress and feel better.

3.4.4 Dementia Group

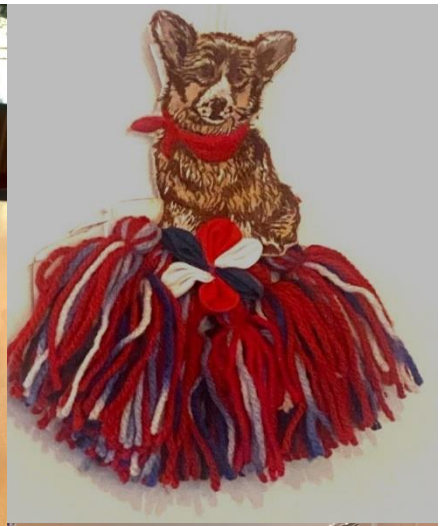
We support people living with dementia and their careers to meet together in a safe environment where they are supported and understood without being judged. A member from Bolton Carer Support is always present to give support and information to the carers. Members of this project make friends amongst themselves, and our trained volunteers are always present to make them feel welcome and supported. They share lunch, play dominoes, jigsaw puzzles and do gentle circle dances together.

This group is very important to the community. We have had carers who used to bring their family members to the dementia program but lost those family members through death but continued to attend the dementia program because they said that the group is part of their lives and helped their family members they lost through dementia. We continued to see many people visiting our group to learn from our group because they said that there are very few groups n the County that support people living with dementia in the way we support them.

3.5 Community Involvement Activities

3.5.1 Queen's Platinum Jubilee

Members of Precious Gems joined the whole of Britain to celebrate Queen Elizabeth II's Platinum Jubilee. They become so creative in preparing that jubilee. They imprinted pictures of the Queen visiting the commonwealth countries, used recycled material to make the queen's hat while protecting their planet, and embroidered the queen's face, royal do, knitted crown, Knitted twiddle muffs for people living with dementia in Union Jack colours in celebration of her majesty's Platinum Jubilee. On the day of celebration, they were so happy to celebrate their queen. They danced, ate together, dressed in Union Jack colours, sang British songs, and felt proud to have the queen as their leader. Learning about the life of Queen Elizabeth II made the British members feel proud but also gave them a deep understanding of the life of the queen members of the migrant community. This celebration united the members of different backgrounds, helped them to learn and improve their skills, and improved their wellbeing. The fabric with imprinted pictures of Queen Elizabeth II, The embroidered face and other items used for decorating the hall for the Queen's Platinum Jubilee have been donated to Bolton Museum's archives and can be viewed on request.



3.5.2 Festival of Public Health

Precious Gems Participated in the Festival of Public Health 2023, hosted by the University of Manchester. Our Team gave a presentation on the issues that are affecting global health. Precious Gems also gave volunteering opportunities to some students who attended the event.

3.5.3 Guest speaker

We had councillors of Kearsley visit our Kearsley project to give information on benefits and the local community. A member of Age UK visited our group to talk about the services that were provided by Age UK. A member of Bolton NHs visited the group to give information on diabetes and how to prevent it. All these guests had one-on-one support, which contributed to our member's wellbeing and made them feel like part of their community.

3.5.4 Precious Gems Team at Mayor's Parlour

Precious Gems staff and volunteers went to the mayor's parlour, where they were told the story of Bolton, shown around the Bolton Council building, and were taught how the council works. Our team members were so happy to be part of the visiting team. They said that they were born and bled in Bolton, but they never had a chance to see the parlour. If they were not members of the Precious Gems team, they probably wouldn't have visited the Mayor and known what they know today.

3.5.5 Hosting The Chief Constable, High Sheriff and Lord Lieutenant

In collaboration with the African Council and the African Israerl Partnership, Precious Gems hosted the Chief Constable, High Sheriff, and Lord lieutenants, who spoke about their roles in the community, answered people's questions and had one-to-one support with members of the community. Our members also had a great time networking and listening to different leaders of the communities.

4. Precious International

4.1 Farming Projects

Our farming projects continued in Rwanda, Zimbabwe, and Nigeria, where we support Women and girls to raise income through farming activities. They continued working in our Pineapple plantation in Rwanda, continued their herbs plantation and Christmas butter beans in Zimbabwe with bee farming. Members of our farming projects have been able to raise income and been able to feed themselves and sent their children to school. They told us that before getting involved in our projects it was a struggle for them to feed themselves and their families. Their kids were unable to go to school as they were not able to pay their school fees. We also continued the chicken farming in Nigeria where women have been able to raise income to support themselves by selling broilers, eggs and chicken manure. They told us that they have also made some friends with people in the community.

4.2 Career Talk Program

Our Precious Gems Nigeria team employed teachers to teach science subjects in schools, in rural areas lacking teachers teaching these subjects. Also, we regularly organised career days with the students to enlighten them about the various professions available and guide them in making these choices based on their interests. So far, we have reached out to several schools in Nigeria. We are working towards reaching out to more schools. Also, we help support students from poor backgrounds through our scholarship scheme. We have reached out to students from high school to university levels. Currently, we are running a scholarship campaign to get more partners to help support these students to make a huge difference in their lives.

4.3 Sleepers, Straw Hats and Baskets Making

We continue to support women in Ghana who are struggling financially to support themselves using their skills, especially weaving Bolga baskets and slippers. Women are incredibly grateful to be financially supported to learn skills and make baskets that are sold to generate income. They also make slippers and sell them to generate income.

4.4 Medical Outreach

Precious Gems' medical team carries out rural medical outreach. These outreaches give opportunities for members of rural communities to have access to medical professionals so they can attend to their health needs. Most of the residents in these villages don't have the financial capacity to go to the hospital, which might be far from them most of the time. Through the help of our medical volunteers, these outreaches have been making a difference in the lives of rural residents.

4.5 Youth Empowerment

Precious Gems is actively involved in organising health awareness outreaches for young people in Tanzania. These outreaches focus on various topics that affect young people from sexual abuse to economic empowerment. These outreaches are carried out in collaboration with the Pink Box Initiative based in Tanzania.

4.6 Volunteers Training

The Precious Gems team organise regular training and capacity building sessions for community engagement volunteers. After their training, these volunteers serve as the workforce we utilise for our rural community awareness outreaches and data collection for research.

5. Thanks

The board of trustees of Precious Gems would like to thank all our staff and volunteers for their time and contribution to the success of Precious Gems. We would not be where we are without your support. Those who work in administration at the strategic level and those who work in the community, we are very thankful for all the time and sacrifice you make for the success of Precious Gems. We know the work you do is not always convenient, but you sacrifice your time to support Precious Gems.

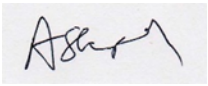
The board of trustees also would like to thank all our partners and friends of Precious Gems. Those who support us with funding and other facilities, those who speak on behalf of Precious Gems and those who do join projects with Precious Gems to support vulnerable people, we really appreciate all your support.

The Annual Report was approved by the board of trustees

Date: 30/12/2023

T Shepherd Chair and Trustee

On behalf of the trustees



6. Financial Report

INCOME (A)	**2022/2023**			
	£ Restricted Funds	£ Unrestricted Funds	Total Funds	Total Funds 2021/2022
			2022/2023	
Grants	98,495.96	1400	99,895.96	97779.5
Donations		200.00	200.00	3769.45
TOTAL INCOME (**A**)	98,495.96	1,600.00	100,095.96	101548.95
EXPENDITURE (B)			0.00	
Rent and Rates	6,873.60		6,873.60	4670
Programme management and support	41,889.41		41,889.41	17000
Sessional workers fees	15010.18	£450.00	15,460.18	14530
Room hire	£768.99	200	968.99	3900
Workshops	5,225.68		5,225.68	10380
Equipment and Asset	£2,625.60		2,625.60	900
Training	£3,000.00		3,000.00	8000
Arts and Wellbeing	£5,413.08		5,413.08	6080
Volunteers' expenses	£3,869.00		3,869.00	2760
Sports and Keep Fit activities	£1,432.84		1,432.84	800
Tutor fees and artist fees	£2,800.00		2,800.00	4920
Miscellaneous expenses and general running costs	£7,118.54		7,118.54	2709.45
Queen's Jubilee Celebrations	£0.00	0.00	0.00	2400
Consultancy	1000	880.00	1,880.00	4800
Overseas project and Website/ Social Media	1200	65.00	1,265.00	1000
TOTAL EXPENDITURE	98,226.92	1,595.00	99,821.92	84849.45
NET INCOME/EXPENDITURE	269.04	5.00	274.04	16699.5
TRANSFERS BETWEEN FUNDS	-	-		
NET MOVEMENT IN FUNDS FOR YEAR	**269.04**	**5.00**	274.04	16699.5
TOTAL FUNDS AT START OF YEAR	**17,680.05**	**491.45**	**18,171.50**	1472
TOTAL FUNDS AT END OF YEAR	**17,949.09**	**496.45**	**18,445.54**	18171.5

Assets 2022 2023

Current assets:	Previous year	Current year
Cash	16,699.50	1,600.00
Investments	-	-
Inventories	-	-
Accounts receivable	-	16,199.94
Pre-paid expenses	-	-
Other	-	-
Total current assets	**16,699.50**	**17,799.94**

Fixed assets:	Previous year	Current year
Property and equipment	10,000.00	10,625.60
Leasehold improvements	-	-
Equity and other investments	-	-
Less accumulated depreciation	-	-
Total fixed assets	**10,000.00**	**10,625.60**

Other assets:	Previous year	Current year
Goodwill	-	-
Total other assets	**-**	**-**

Total assets	**26,699.50**	**28,425.54**

Liabilities and owner's equity

Current liabilities:	**Previous year**	**Current year**
Accounts payable	8,528.00	9,980.00
Accrued wages	-	-
Accrued compensation	-	-
Income tax payable	-	-
Unearned revenue	-	-
Other	-	-
Total current liabilities	**8,528.00**	**9,980.00**

Long-term liabilities:	**Previous year**	**Current year**
Mortgage payable	-	-
Total long-term liabilities	**-**	**-**

Owner's equity:	**Previous year**	**Current year**
Investment capital	-	-
Accumulated retained earnings	-	-
Total owner's equity	**-**	**-**

Total liabilities and owner's equity	**8,528.00**	**9,980.00**

Balance	**18,171.50**	**18,445.54**
Restricted	17680.5	17949.09
Unrestricted	491.45	496.45

7. INDEPENDENT EXAMINER REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31st March 2023

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners' statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

1) the accounting records were not kept in accordance with section 130 of the Charities Act; or

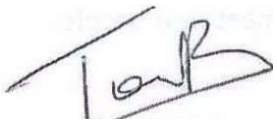
2) the accounts did not accord with the accounting records; or

3) the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Toya Berenger Mbitchi



BSc(Hons) Accounting and Finance
Let's Bloom Together
Suite 20
St James's House Pendleton Way M65FW
Salford
Date 19/06/2023.

8. NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2023

1. Accounting policies

(a) Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared In accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) {effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable ln the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of Investments which are included at market value, as modified by the revaluation of certain assets.

(b) Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

(c) Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

(d) Expenditures

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

(e) Taxation

The charity is exempt from tax on its charitable activities.

(f) Charitable funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(g) Creditors

The Charity has creditors which are measured at settlement amounts less any trade discounts.

(h) Tangible fixed assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Office Equipment’s : 3 years straight line

Computer Equipment’s : 3 years straight line

(i)Transactions with Trustees and related parties

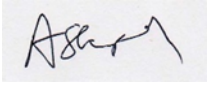
In the year, none of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity but they were informed that they could claim reasonable out-of-pocket expenses for travel expenses to attend meetings.

The Financial Report was approved by the board of trustees

Date: 30/12/2023

T Shepherd Chair and Trustee

On behalf of the trustees



9. Support Precious Gems

Make a Donation
We rely on your support to keep improving people's wellbeing. Any donation no matter how small is greatly appreciated

Volunteer for us
We rely on volunteers to run our community groups. We wouldn't have been where we are without the help of volunteers. Any time you can spare for us even if is one hour a week will go a long way

Partner with us
As precious Gems, we believe in partnership and collaboration.
We could do a project together
You could raise donations for us

For any more information on how you can get involved, please contact us on

Precious Gems
Commerce House
59 Bridgeman Place
Bolton
BL2 1DW

+447963500069

enquiry@preciousgems.org.uk

Visit our website on www.preciousgems.org.uk
Facebook @preciousgems2013
Twitter @PrecGems

PRECIOUS GEMS

England & Wales - Charity number 1160917

Accounts

Precious Gems

Unveiling your Potential

Trustees Annual Report for the Year Ended 31st March 2022

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1. Reference and Administrative Details

Precious Gems

Charity registration No.1160917

Address
59 Bridgeman Place
Bolton
BL2 1DW

Patron
Sir David Crausby

Trustees

Tony Shepherd	Chairman/Treasurer
Dr Oboh. C. Achioyamen	Founder/Director of Development and Networking
Susan C. Riley	Secretary/Coordinator of Precious Gems Kearsley

Operational Team

Domina Achioyamen	Co-Founder/Chief Executive
Sr Petronille Mukamunana	Chair Precious Gems Rwanda
Dr Nosa Akpede	Director of Precious Gems Foundation Nigeria (PGF)
Dr Elohor Onoge	Director of Policies
Bar Christine Eziamaka	Secretary Precious Gems Foundation Nigeria (PGF)
Ann Hargreaves	Coordinator Dementia Group
Jean Nicholson & Janet Duckett	Coordinator of Knitting Group
Claudine Furaha	Coordinator of Skills For Life Group
Ghosia Jabeen	Coordinator of Active Groups
Mabel Akhigbe	Coordinator, Youth program
Sarah Manya	Coordinator, Northern Nigeria (PGF).
Daniel Asogun	Coordinator, Precious Gems media.
Dr Gift Oputteh	Precious Gems rural projects (PGF)

Bank
Santander
Bridle Road
Bootle,
L30 4GB

2. Acknowledgement

The board of trustees of Precious Gems would like to thank all our staff and volunteers for their time and contribution to the success of Precious Gems. We wouldn't be where we are without your support. Those who work in administration, those who work on a strategic level and those who work in the community we are very thankful for all your time and sacrifice you make for the success of Precious Gems. We know the work you do is not always convenient, but you sacrifice your time to support Precious Gems.

The board of trustees also would like to thank all our partners and friends of Precious Gems. Those who support us with funding, and other facilities, those who speak on behalf of Precious Gems and those who do join projects with Precious Gems to support vulnerable people we really appreciate all your support.

3. Objectives and Activities

Precious Gems support women and girls who are socially and economically disadvantaged to realise and utilise their potential to meet their needs better, stay resilient, develop themselves and their communities, and improve their health and wellbeing. We achieve these using Asset Based Community Development approach. In planning activities for the year, trustees kept in mind the charity commission's guidance on public benefit.

The main activities of Precious Gems fall into the following categories:

3.1 Improving health and wellbeing

Our programmes support women and girls to improve their wellbeing. We support them in staying connected with other community members and staying active both physically and mentally while enhancing their skills and talents. Our programmes also help them to improve confidence and self-esteem and to overcome social isolation and loneliness. We also support women and girls with counselling sessions, advocacy, information and mentorship.

3.2 Economic Empowerment

Our economic empowerment programmes support women and girls in raising and increasing their income, being financially independent, and managing their finances. We help them train on skills they require to get employment or do business, focusing on their skills, talents and passions. We also support them with short courses that enrich their curriculum vitae (CV) to increase the employment opportunities that give them better income. Our team helps them in all processes such as planning, registration, and other requirements until they are ready to run independently.

3.3 Advocacy

Our team speaks on behalf of women and girls who are unable to speak for themselves. We are also committed to defending the right of women and girls who are oppressed and unable to stand for themselves to seek justice. We also hold campaigns on the right of women and girl child.

4. Achievement and Performance

4.1 Pandemic Recovery

4.1.1 Staying Active and Connected

At the beginning of this year, COVID -19 restrictions were still in place, but later the restrictions were lifted. During the COVID -19 restrictions, we had to support our members to stay physically and mentally active and to stay connected. Our WhatsApp groups helped to keep our members connected by communicating with each other and communicating the activities they wanted to do. Our team delivered materials and table games that they needed in their homes, and our team collected the finished items that were made by our members or table games from members' houses and supported members who needed personal support.

> During the lockdown, Precious Gems had an App to keep in touch, which helped greatly. Now we meet together the group to help with my depression and help with crafts, and I have improved my skills

We continued to support our members with telephone calls. We had many elderly people who lived on their own and were affected by loneliness. Some of those elderly people did not have access to smartphones therefore they were not in WhatsApp groups. Others said that they preferred phone calls because they could speak for more and longer as they couldn't write down everything they wanted to say on WhatsApp groups.

4.1.2 Supporting Victims of Domestic Violence

Our team supported women who were facing domestic violence to find a safe place. They also supported them with personal support because some of them were afraid of being seen outside and followed by their perpetrators. Some women did not have money or food because they depended on their partners for support and did not have access to the benefit. Our team supported them with food parcels. We also arranged counselling sessions for those women and provided them with clothes as some of them left their homes in a hurry and did not take anything with them.

4.1.3 Mental Wellbeing workshops

> I used to work as a shop manager, but I was made redundant. My mental health was affected, and I suffered from anxiety. I was referred to a Mental health organisation, and they sent me to work in their charity shop, believing that that was what I needed. I quit their programme because I was not getting any help for my mental health. I have gained much more for my mental health from Precious Gems than other mental health organisations.

COVID restrictions affected many of our members, some experienced domestic violence and some lost their employment others lost families and friends through death that caused by COVID, and others were affected mentally because they were cut out from their friends. We run mental wellbeing workshops through arts, creative writing, and exercises. Our members appreciated our workshops and said that they felt so much better mentally and that our activities helped them to relieve stress.

4.1.4 Girls Project

We held a Girls' Project to support girls who were coming from families that experienced domestic violence. And these girls told us that they felt lost because of what was going on in their home, they were not able to meet their friends, and they had nothing to do. We arranged counselling sessions for them and had mentorship sessions and also arranged dance sessions for them. At the end of this project, most girls said that our sessions helped them so much to relieve stress and the mentorship workshop helped them to keep going and helped them to regain their confidence.

> Thank you for coming to my rescue! I felt like I was losing my mind because of my parents' problems. Now I believe that I have my life to live, and I can have a better life regardless of what is happening around me. I am a totally different person now. Thank you.

4.2 Training Sessions

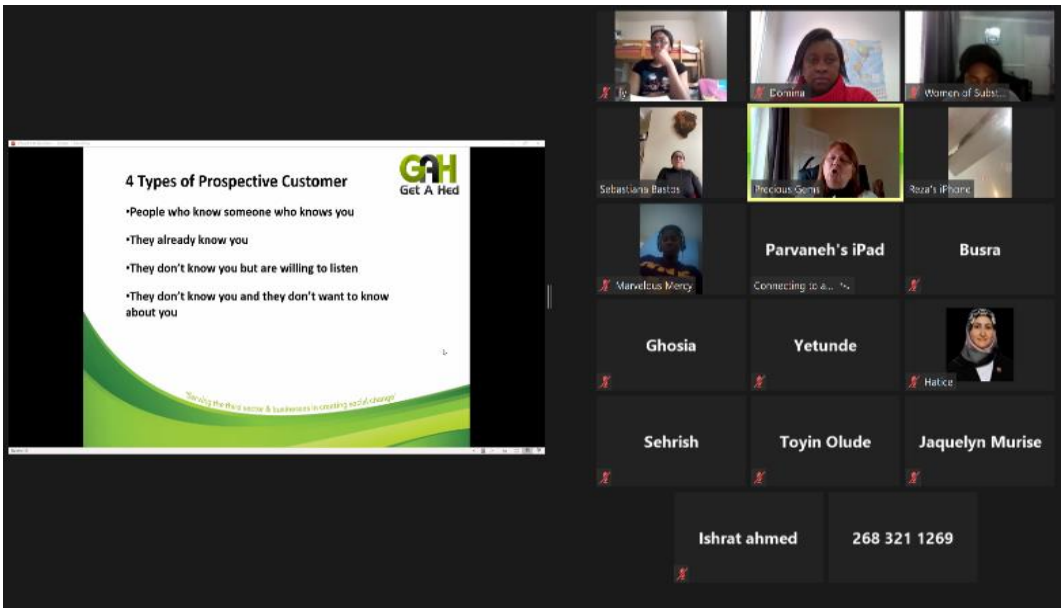
4.2.1 Leadership Training

We held leadership training for our volunteers and for people who want to take on community leadership roles. They were trained on how to identify and mobilise community assets using asset based community development approach. Those who attended the group said that they feel more confident running Precious Gems Projects, taking on volunteering roles and running their own community groups.

4.2.2 Self Employment Training

We had self employment training for women who wanted to increase their finances and for women who had not been in employment for a long time due to childcare costs and other caring responsibilities. They said that they wanted to start a small business that would help them to raise or increase income. They were trained on how to start and run a different types of businesses. Half of the women who attended the training started their businesses others said that they are working on raising capital.

> I have always wanted to do my own business, but I didn't know how to go about it. This training has given me the information I was looking for I am now ready to start my business. Thank you.



4.2.3 English Projects

We run three English Projects in different locations; One at Commerce House, the other at Bolton Central Library, and the other at Victoria hall. We run these projects in collaboration with Bolton College. Many of those students had been on the waiting list in Bolton college, but they were not able to get admission into college because of a lack of space. After attending our English Projects, they were able to move to the next higher level in college.

4.2.4 Computer Training

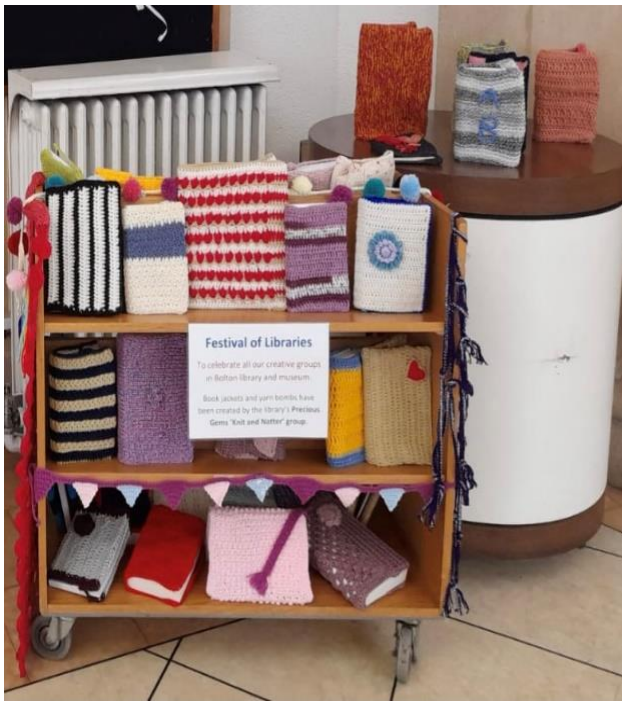
COVID-19 changed many things, and after the lockdown restrictions, many things did not go to normal. Many shops closed their shops and went online and booking doctors' appointments changed to booking online and many other activities that went online. For some of our members, everything was new including using a smartphone, doing online banking or shopping, emails etc.. they said that they wanted to learn about how to use the computer so that they can be able to do the activities mentioned above. We provided them with computer training, and our trainer helped them with how to use a smartphone phone.

Thank you for organising the training. I am the secretary for my walking group, and they have been asking me to take the minutes, but I was not confident enough to do that because I didn't know how to use Microsoft word. But today, I feel very confident to take the minutes because I learnt how to use Microsoft word, and the trainer taught me how to take the minutes.

4.3 Community Involvement activities

4.3.1 Festival of Libraries Project

Our members participated in the knitting of book covers that were presented at the festival of libraries. These book covers were presented in Bolton Library. Our members volunteered to do the book covers, and they were so proud of making them during lockdown as it gave them something to do. And they were happy to see the cover they made being presented at the festival. This project contributed to their wellbeing as it gave them a sense of belonging and a sense of achievement.



3.3.2 Bolton Sanctuary Project

Refugees and asylum seekers women we work with participated in the Sanctuary projects by embroidering tablecloths that were exhibited in the Bolton Library. They also did modelling for their traditional wear and did their traditional dances. These women felt proud showing off their tradition. These women were so happy with the project. They said that nobody knew their existence because since the day they arrived to the UK they were never made to feel welcome into the new community of Bolton.This project also contributed to their integration as they felt welcome into Bolton Community.

4.4 Long Term Groups

4.4.1 Knitting Groups

We continued to run our knitting group in four different locations in Bolton. Two of these groups have been existing for more than nine years. We have some regular members who have been attending these groups for over nine years. These Knitting groups support women who are over the 50s to overcome social isolation and loneliness by meeting together every week and having lunch together and knitting together. Members of these Knitting groups, love knitting for people in need as part of giving back to the community which contributes to their wellbeing. These groups also help them to make friends and help them to overcome social isolation and loneliness.

> This group is one of the most fantastic, friendly, caring and warm people I have ever known. We have a good laugh, and it cheers everyone up! So in way, it's just I can't wait for Monday when I know all my friends will be there. Who do I name ??? It's like a big family sooo lovely and caring.

4.4.2 Arts and Crafts group

Towards the end of this year, we started the Arts and Crafts group. It is well attended, and we intend to continue the group in the new year. Our members love it so much that they always say that the arts and crafts activities are therapeutic and they are always looking forward to doing the activities at arts and crafts. This group also bring together members from different background which contribute to their wellbeing and the wide community by bringing understanding between people from different background.

> This group has been very therapeutic for me since the day I joined. I have met some very lovely friends people who have helped me in many ways. I am very grateful for having been allowed to join. I treasure skills passed on to me from everyone in the group and general things in life too.

4.4.3 Keep Fit Activities

We continue to run Zumba and Chair exercises for women in our community. We recently started line dancing exercises. Our members said that it's always better to do exercises with others as it motivates them to do the exercises. These exercises contribute to their balance and minimise falls in their lives and contribute to their wellbeing.

4.4.4 Supporting refugees and Asylum seekers

We have created a group for refugees and asylum seekers where they meet once a week to learn different skills. Most of the time they do their cultural arts, but recently their focus has been sewing and embroidering as they want to learn sewing skills so that they can make garments for the community and raise income. They are also learning embroidering skills so that they can embroider garments and bedding for the community. They have told us they love coming to our group because the group help them to relieve stress and they look forward to meeting and chatting with friends. We also support refugees and asylum seekers with information and support including helping them with housing, making calls on their behalf and interpreting letters and providing English classes for them.

Meeting others in our group has helped me to forget about the stress I had in my past life. Because of this group, my self esteem has been improved. We have a laugh together, we sing together and we chat with each other.

4.4.5 Cooking Group

Women who attend this group come from different backgrounds, and they love sharing recipes. They like learning different cooking from different backgrounds. They like sharing what they have cooked together and sometimes they listen to music while cooking and do traditional dances. Women who attend this group said that they have changed their cooking and their cooking skills have greatly improved. They have also made a lot of friends in this group.

> I use to be very shy but since I joined the cooking class I have improved my confidence. I now know how to communicate with other people, and I am very confident to communicate with people who even speak other languages. I am really happy that I am a part of this group.

3.4.6 Dementia Project

This group has been running for over eight year and members of this group love our activities, especially music. They also enjoy playing dominos. We have had to adjust our activities so that they can continue to enjoy playing dominos. We lost many members in this group due o COVID many passed away and others went to live in a care home however we had many new members that joined our group after COVID-19 and still attending our group. This group has been a role model for many charities. Many people from all over the UK who wanted to start a group for people living with dementia came to learn from our activities so that they could start something similar. Families and careers for people living with dementia love coming to our group as well as they enjoy seeing the people they care about enjoying our activities regardless of their illness.

> It means a lot coming to our group. I have made good friends; I was really glad when came back together after the Covid lockdowns.

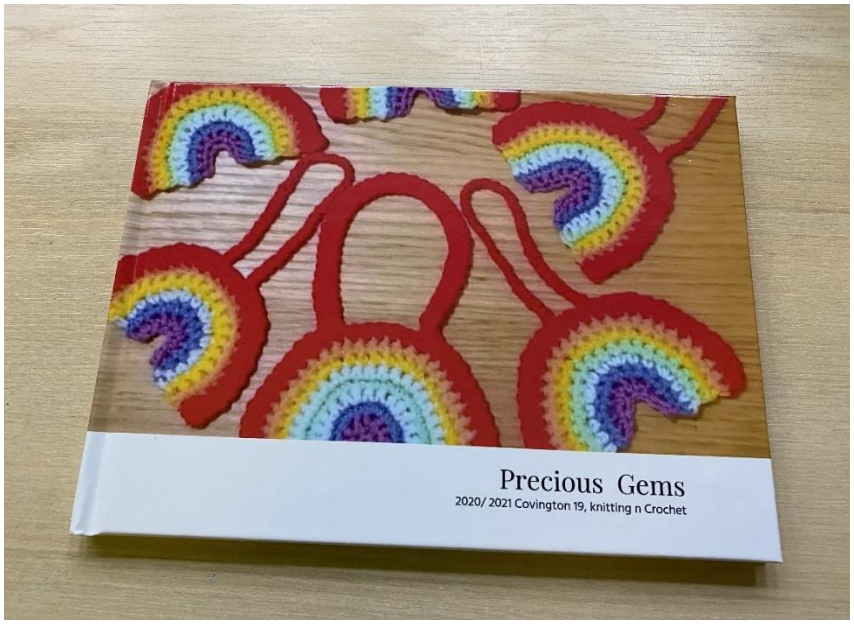
4.5 Climate Change Project

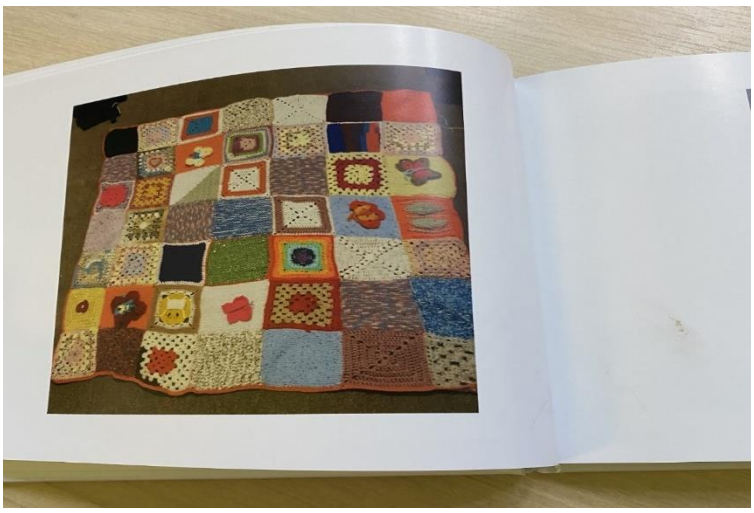
We run workshops on climate change with BAME women we support. The purpose of this project was to empower women to learn about climate change, improve their knowledge and take action to support their local council's strategy for climate change. Workshops were focused on discussing climate change and health, Climate change and food, and climate change and energy. We also ran one to one information and support with tips and helped women access grants from Trusts and foundations to improve energy efficiency at home with appliances. The women we work with did not have enough knowledge of climate change, but after attending our workshops, their knowledge has been improved. Also, these women were able to understand the agency of taking action towards climate change, and they are willing to make changes that will contribute to a better planet for their future generation.

> I will not travel with an aeroplane again. I will walk where I can instead of driving. I will not buy plastic bags anymore, and I will tell my children to do so. I may not change the people but I will play my part in serving our planet

4.6 Precious Gems Book in Bolton Libraries

During the COVID-19 lockdowns, the vulnerable women we support had to stay active doing what they love doing most which is knitting. Diane Pierce one of our volunteers put photos together of some knitted items that were made by our members during the lockdowns and titled the book **Precious Gems 2020/2021 Covington 19, Knitting and Crochet**. She handed the book to the library for people to view. For example, the open page below shows a big blanket that was made during the lockdown. About sixteen women made knitted/crocheted squares in their homes then our team picked up those squares from our members' houses and joined all squares together. This blanket was displayed in Bolton Central Library for several weeks for people to view and this blanket is still available to view on request in Bolton Library. The cover has pictures of the crocheted rainbow. During the lockdown, when people were not allowed to leave their homes, in the United Kingdom, many people put a picture of a rainbow on their windows which symbolised hope and light. Many of our ladies crocheted rainbows and put them on their windows so that it could remind them and people passing that there is hope that COVID-19 will end and also remind them that there is hope that they will meet their friends and do the knitting and crochet and again. The book is a reference book because it is one copy. It can be viewed on request in any Bolton Libraries.





4.7 Photos for Bolton Museum

In August 2021 Bolton Museum put photos of people who have made a great contribution to supporting the people of Bolton during the Covid lockdowns. Ten people were selected in the whole Bolton area and our own CEO Domina Achioyamen was selected among those Ten people who had made an impact in Bolton during lockdowns. Their pictures were in Bolton Museum exhibition for the public to view from August to December 2021. The photos and the stories of what those ten people did during lockdown are available on request in Bolton Museum.

5. International Achievement and Performance

5.1 Farming Projects

We held farming projects in two locations in Rwanda, Ngoma and Rwamagana area. We hired lands for women and provided them seeds, fertiliser and chemicals for them. They planted eggplants, peppers and cucumbers. They were happy with the harvest and sold their products. They said that on their own they wouldn't have imagined planting the cash crop as it cost a high capital. They were also happy as they were able to raise income to pay for their children's school fees, took care of their homes and still had extra money to continue the project and do other personal projects that can raise extra income. We still supporting women to raise income by providing them works in pineapple plantations.

We also continued the farming project in Zimbabwe. Last year women were focused on planting herbs like parsley, mint, coriander, thyme, and kale. They continued to plant these herbs and sold them to raise income, but later this year they added Christmas Butter Beans to their project because of their long life in the vineyard of approximately 7 years. Towards the end of this year, the women started Bee Farming as part of helping them to raise income from the selling of honey. Women said that their projects through our support had helped them to make friends to increase their income and contribute to the economy and to understand different culture.

We also started the chicken farming project in Nigeria, where women raise broilers and layers. We supported them with small capital to buy the broilers and layers and raised them by themselves. Broilers were ready to be sold within 3 months and continued with layers which later on started laying eggs. They used the money sold from the broilers and eggs to continue the project. They also sold the chicken manure to raise extra income.

> I have learnt and improved my farming skills. I have learnt many things. My income has been improved, now I can do the business I have been longing to do for many years. Thank you for bringing my dream come to pass.

The project has helped us to raise income to contribute to the economy. I have made many friends, and the project helped me to understand different cultures.

5.2 Straw Bank Projects

We set up a straw bank project to help strengthen women and girls in the artisan industry. Especially weavers of bolga basket and slippers making. The money was used to do training, and purchase the raw materials for weaving. Women were very grateful to be financially supported to learn skills and made baskets that were sold to generate income. They also made slippers and sold them to generate income.

5.3 Menstrual Hygiene outreach

As part of the celebration of international women's day, Precious Gems in collaboration with the Pink Box initiative gathered young girls in Mwanza Tanzania and listened to the message from International Women's day message from young girls in order to inspire the young girls for leadership. We Provided customised care kits that contained underwear, disposable pads, edibles, shaver, deodorants, sanitiser, and bathing soap to young girls that attended our programme. We also Provided basic menstrual hygiene education to WoteSawa since there were new girls who had just joined our program. Young girls also listened to the messages of IWD from the young girls. The purpose of this outreach was to help young girls to improve their hygiene during their period and improve their knowledge of sexual reproduction and confidence. Girls who attended this outreach said that their confidence was improved and that they now believe in achieving their goals in life and in leadership.

5.4 COVID Awareness

We spoke to students about COVID and provided buckets and handwashing soap to Paul Bomani high school, Misungwi District. We also provided sanitary pads to vulnerable girls who were selected for that school, so that they wouldn't have to worry about menstrual pads and missing classes for over two years period.

We also spoke to young girls who are domestic workers about COVID-19. These girls are busy the whole day travelling in buses and going to markets without being conscious of COVID. We spoke to them about how they should be protecting themselves from Covid and also protecting the people they work for. We gave them free reusable face masks. Due to the pandemic, the salary of a domestic worker has been reduced drastically therefore these young do not have enough money to buy sanitary pads for their hygiene. They use paper, leaves or old clothes which is so risky for their health. We gave them free reusable pads. Domestic workers also are at high risk of suffering sexual abuse in silence. We spoke to them about not suffering in silence and gave them information about who to contact in case of a sexual abuse incident.

5.5 Scholarship Program

In a bid to help these students Precious Gems Nigeria employed teachers to teach science subjects in schools that are in rural areas lacking teachers teaching these subjects. Also, we regularly organize career days with the students to enlighten them about the various professions available and guide them in making these choices based on their interests. So far, we have been able to reach out to several schools in Nigeria. We are working towards reaching out to more schools. Also, we help support students from poor backgrounds through our scholarship scheme. We have been able to reach out to students from high school to university levels. Currently, we are running a scholarship campaign to get more partners to help support these students to make a huge difference in their lives.

5.6 Leadership Program

Precious Gems in collaboration with Strategic Transition a world class leadership development organisation based in the USA, under the leadership of Dr Yonette Thomas, a seasoned and experienced leadership coach and mentor with years of experience coaching and mentoring high level leaders both in the academic world and business. This program was aimed at building the capacity of young medical students in Nigeria to provided them with the right experience and capacity so they would be able to be leaders in the field of research and leading in projects that have a global outlook. It was a rigorous process for the participants and was for a period of 6 months. After the program, the students were able to present their projects at the European Public Health conference 2021. They were outstanding and got awards for their brilliant performance. They were also able to present at the public health festival held in Manchester in 2021. They were also brilliant. Their awards were presented to them by the Vice-chancellor of Ambrose Alli University Edo state

5.7 Telehealth Project

Precious Gems in collaboration with World Telehealth Initiative (WTI) and Urban Health 360 has partnered together to help provide health care to the resource poor communities in Africa which is in line with the SDG goals of the United Nation. We decided to pilot our first telehealth provision to Opoji Community in Edo State Nigeria. Opoji is a rural community with about 13 villages and has been facing the challenge of not having regular healthcare professionals to provide them with much needed healthcare. WTI provided two of their Telehealth robots that were well received in the community. These robots are now located at the Opoji health care centre where it is connected to health care providers like doctors based in the United States. They can attend to patients in Opoji. This has been very successful. The doctors have been graciously provided by Providence health care USA. Their volunteer doctors have made the project a huge success. We are working towards replicating this success in other parts of the country.

5.8 Sewing Project Nigeria

Due to poverty and hunger, young women have to sell their bodies to generate income for themselves and their children. We provided them with sewing machines so that different women could take part in learning how to sew and then start businesses for themselves where they will be sewing clothes for other people and generating income. This training centre is based in Delta State in Nigeria, and different women have participated in training and got the certificate for that training.

The Annual Report was approved by the board of trustees

Date: 30/12/2022

T Shepherd Chair and Trustee

On behalf of the trustees

6. Financial Report

PRECIOUS GEMS END OF MARCH 2022				
INCOME (A)	**2021/2022**			2020/2021
	£ Restricted Funds	£ Unrestricted Funds	Total Funds 2021/2022	Total Funds
				2020/2021
Grants	93,879.50	3900	97,779.50	73,029.00
Donations		3,769.45	3,769.45	0.00
TOTAL INCOME (**A)**	93,879.50	7,669.45	101,548.95	73,029.00
EXPENDITURE (B)				
Rent and Rates	4,670.00		4,670.00	4,500.00
Programme management and support	17,000.00		17,000.00	0.00
Sessional workers fees	10880	£3,650.00	14,530.00	5,966.00
Room hire	£3,900.00		3,900.00	2,400.00
Workshops	10,380.00		10,380.00	5,450.00
Equipment and Asset	£900.00		900.00	1,200.00
Training	£8,000.00		8,000.00	1,500.00
Arts and Wellbeing	£2,880.00	3200	6,080.00	7,955.00
Volunteers' expenses	£2,760.00		2,760.00	3,414.00
Sports and Keep Fit activities	£800.00		800.00	0.00
Tutor fees and artist fees	£4,920.00		4,920.00	2,540.00
Miscelleanous expenses and general running costs	£2,709.45		2,709.45	4,925.00
Queen's jubilee Celebrations	£2,400.00		2,400.00	0.00
Consultancy	4000	800.00	4,800.00	2,500.00
Overseas project and Website/ Social Media	1000		1,000.00	30,000.00
TOTAL EXPENDITURE	77,199.45	7,650.00	84,849.45	72,350.00
NET INCOME/EXPENDITURE	16,680.05	19.45	16,699.50	679.00
TRANSFERS BETWEEN FUNDS	-	-	-	-
NET MOVEMENT IN FUNDS FOR YEAR	**16,680.05**	**19.45**	16,699.50	679.00
TOTAL FUNDS AT START OF YEAR	**1,000.00**	**472.00**	1,472.00	4,917.64
TOTAL FUNDS AT END OF YEAR	**17,680.05**	**491.45**	18,171.50	1,472.00

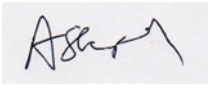
BALANCE SHEET						
	2022	2022	2021		2021	
FIXED ASSETS						
						1200
Tangible Fixed Assets		10000				
CURRENT ASSETS						
Debtors						0
Cash in Hand and at Bank	16699.5			672		
					672	
Creditors: Amount	8528					
falling due within one year				400		
Net Current Assets	8171.5			272		
Net Assets	18171.5	0		1472		
Accumalated Funds						
Unrestricted		491.45	472			
Restricted	17680.05			1000		
---	---	---	---	---	---	---
		18171.5		**1472**		

The financial report was approved by the board of trustees

Date: 30/12/2022

T Shepherd Chair and Trustee

On behalf of the trustees



5.1 Independent Examiner Report to the trustees for the year ended 31st March 2022

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners' statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

1) the accounting records were not kept in accordance with section 130 of the Charities Act; or

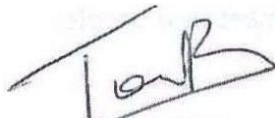
2) the accounts did not accord with the accounting records; or

3) the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Toya Berenger Mbitchi



BSc(Hons) Accounting and Finance
Let's Bloom Together
Suite 20
St James's House
Pendleton Way
M65FW
Salford
Date 08/12/2022.

5.2 Notes to the Financial Statement

1. Accounting policies

(a) Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared In accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) {effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable In the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of Investments which are included at market value, as modified by the revaluation of certain assets.

(b) Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

(c) Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

(d) Expenditures

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

(e) Taxation

The charity is exempt from tax on its charitable activities.

(f) Charitable funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(g) Creditors

The Charity has creditors which are measured at settlement amounts less any trade discounts.

(h) Tangible fixed assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Office Equipment's : 3 years straight line

Computer Equipment's : 3 years straight line

(i)Transactions with Trustees and related parties

In the year, none of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity but they were informed that they could claim reasonable out-of-pocket expenses for travel expenses to attend meetings.

7. How to get involved

1. Make a Donation

We rely on your support to keep improving people's wellbeing. Any donation no matter how small is greatly appreciated

2. Partner with us

As precious Gems, we believe in partnership and collaboration. We could do a joint project, or You could raise donations for us

3. Volunteer for us

We rely on volunteers to run our community groups. We wouldn't have been where we are without the help of volunteers. Any time you can spare for us even if is one hour a week will go a long way

Contact us

Precious Gems
59 Bridgeman Place
Bolton
BL2 1DW

+447963500069

enquiry@preciousgems.org.uk

www.preciousgems.org.uk

Facebook @preciousgems2013

Twitter @PrecGems

PRECIOUS GEMS

England & Wales - Charity number 1160917

Accounts

Precious Gems

Unveiling your Potential

Annual Report

For the Year Ended 28th February 2021

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1. Reference and Administrative Details

Precious Gems

Charity registration No.1160917

Address

Commerce House
59 Bridgeman Place
Bolton
BL2 1DW

Patron

Sir David Crausby

Trustees

Tony Shepherd - Chairman/Treasurer
Dr O. C. Achioyamen - Founder/Director Development and Networking
Susan C. Riley – Secretary/Coordinator of Kearsley Social Group

Operational team

Domina Achioyamen - Chief Executive
Soeur P Mukamunana - Chair Precious Gems Rwanda
Dr NosaAkpede - Director of Research
Barrister Elohor Onoge - Director of Policies
Barrister C. O. Eziamaka - Head legal Compliance
F. J. Munyemana - Director of Operations Rwanda
Sehrish Sehrish - Coordinator (Halliwell Women Group)
Ann Hargreaves - Coordinator (Precious Memories)
Jean Nicholson - Coordinator (Knit and Natter at the Central Library)
Aisha Siyajali - Coordinator (Skills For life)
Ghosia Jabeen - Coordinator (Knit and Get Fit)

Bank
Santander
Bridle Road
Bootle,
L30 4GB

2. Objectives and Activities

Precious Gems support women and girls who are socially and economically disadvantaged to realise and utilise their potential to meet their needs better, stay resilient, develop themselves and their communities, and improve their health and wellbeing. We achieve these using Asset Based Community Development approach.

The main activities of Precious Gems fall into the following categories:

2.1 Improving health and wellbeing

Our programmes support women and girls to improve their wellbeing. We support them in staying connected with other community members and staying active both physically and mentally while enhancing their skills and talents. Our programmes also help them to improve confidence and self-esteem and to overcome social isolation and loneliness. We also support women and girls with counselling sessions, advocacy, information and mentorship.

2.2 Economic Empowerment

Our economic empowerment programmes support women and girls in raising and increasing their income, being financially independent, and managing their finances. We help them train on skills they require to get employment or do business, focusing on their skills, talents and passions. We also support them with short courses that enrich their curriculum vitae (CV) to increase the employment opportunities that give them better income. Our team helps them in all processes such as planning, registration, and other requirements until they are ready to run independently.

2.3 Advocacy

Our team speaks on behalf of women and girls who are unable to speak for themselves. We are also committed to defending the right of women and girls who are oppressed and unable to stand for themselves to seek justice. We also hold campaigns on the right of women and girl child.

3. Achievement and Performance

This year has been a different and challenging one due to COVID-19. Our members met for two weeks only then the lockdown measures were introduced. Though our members were not able to meet face to face again due to social distancing measures, Precious Gems did not stop supporting members of our community. We still supported them throughout the year, observing the lockdown rules, keeping them safe and social distancing. We also helped them to stay physically and mentally active, which helped to improve their wellbeing. Most of our international activities were not affected very much because Africa was not affected by the pandemic as the rest of the world.

3.1 Supporting our Members to Stay Connected During Lockdowns

Every single person had to go in isolation due to the Coronavirus pandemic. These affected all our members. Our team made ***regular phone calls*** to all of them to keep them company, assure them, and support them. Our members appreciated phone calls, and they looked forward to them. Our team said that some members could keep them on the phone for up to one hour as they lived alone and did not have someone else to talk with. Through the phone calls, our team also identified the need of our members and supported them those who had to self-isolate due to being infected by COVID-19 or by being in contact with someone who had been infected. They supported them with Shopping or picking up their prescriptions from doctors or other personal needs.

We also created ***five WhatsApp groups*** for each group so that our members could continue to chat with each other and minimise the boredom at home. However, we could not create a group for Precious Memories Groups due to some members who live with dementia. We kept in touch with them through regular phone calls and text messages. The WhatsApp groups also helped members to support each other emotionally as members were posting the difficulties they were experiencing through COVID-19 and were comforted and advised by the other members of the groups.

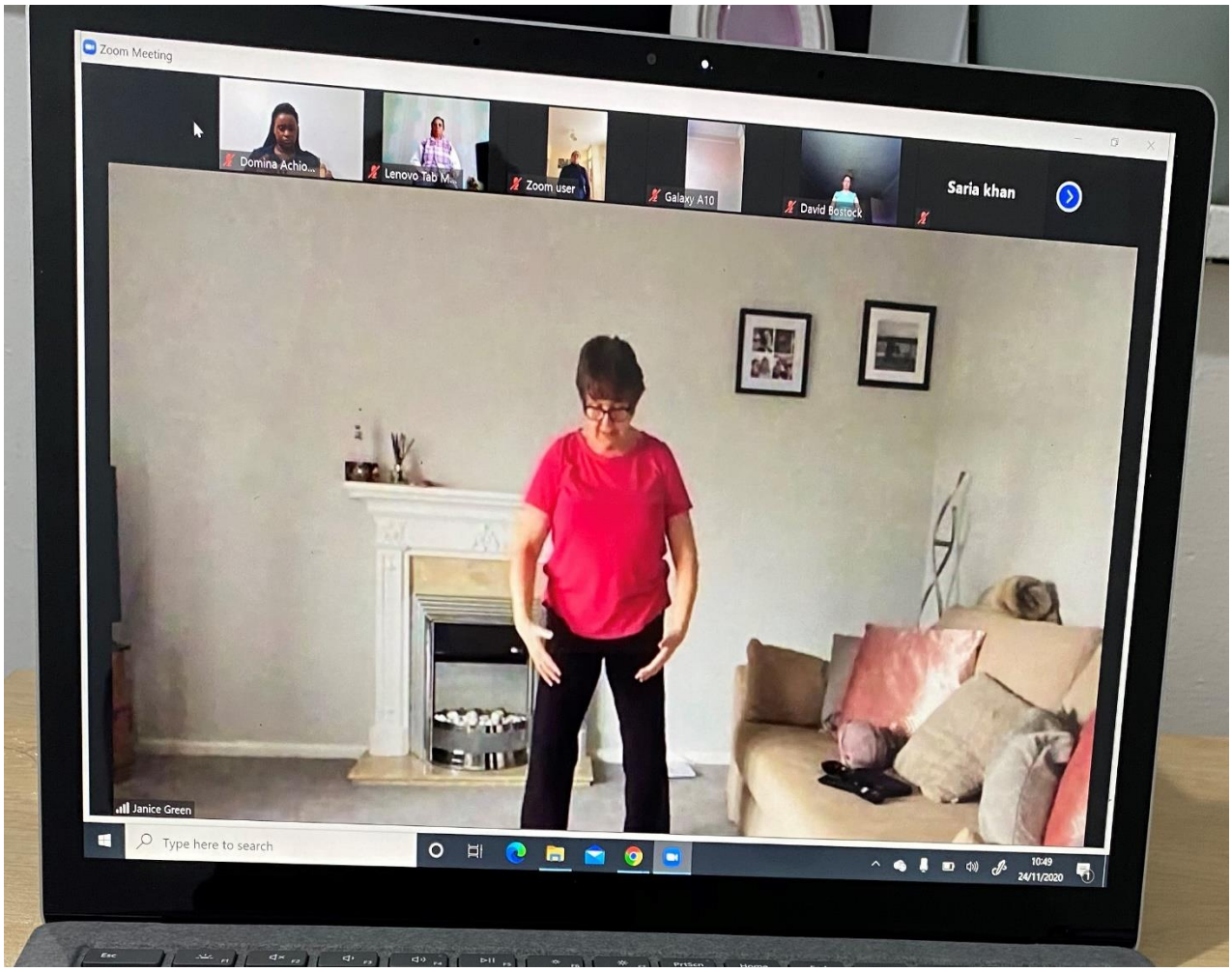
3.2 Supporting our Members to Stay Active During Lockdowns

Through the WhatsApp groups, members came up with knitting and embroidering projects they wanted to do. Our team delivered projects material and collected finished items to and from each door of our members. Our team delivered finished items made by our members to Bolton hospital, care homes, and homeless charities. Through WhatsApp groups, our members encouraged others to participate in the project by posting what they worked on. The WhatsApp groups also helped motivate members to stay active because apart from the agreed projects, our members also posted what they were doing during the lockdown, including ***gardening, cooking***, ***and painting***. Members who did those activities posted in group about their activities

and helped other members with information on how to do those activities and where to buy the materials for those

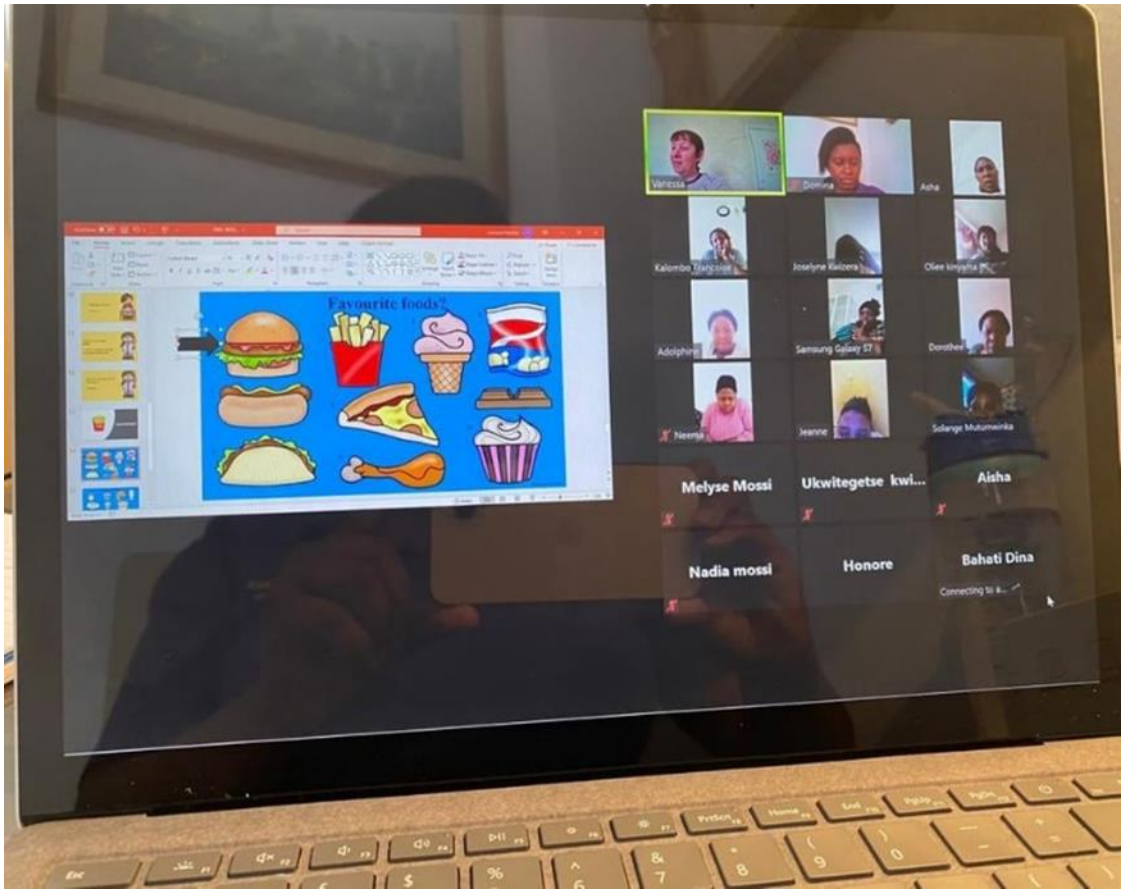
As our members did exercises in our groups before lockdown, we wanted to help them continue doing those exercises in their homes. We recorded ***Chair based exercises and Tai Chi videos*** and posted them in all WhatsApp groups and our social media. Our members told us that they loved them and they would keep on trying them on their own. See some exercises we sent to our members https://youtu.be/aeMW52yedIo

We held ***Weekly Zumba and Tai chi exercises sessions on zoom***. Our members participated in those exercises, and they said that they enjoyed them helped them do exercises that they were looking forward to doing exercises every week. Few of our members could not do virtual exercises as they did not know how to use the internet and they requested to learn how to use the computer. We are organising computer training sessions for them.



We held ***weekly makeup sessions on zoom*** for our young women. They bought their makeup and practised watching the instructor on zoom. They were so engaged asking questions about cosmetics and different types of skincare to use depending on their skins.

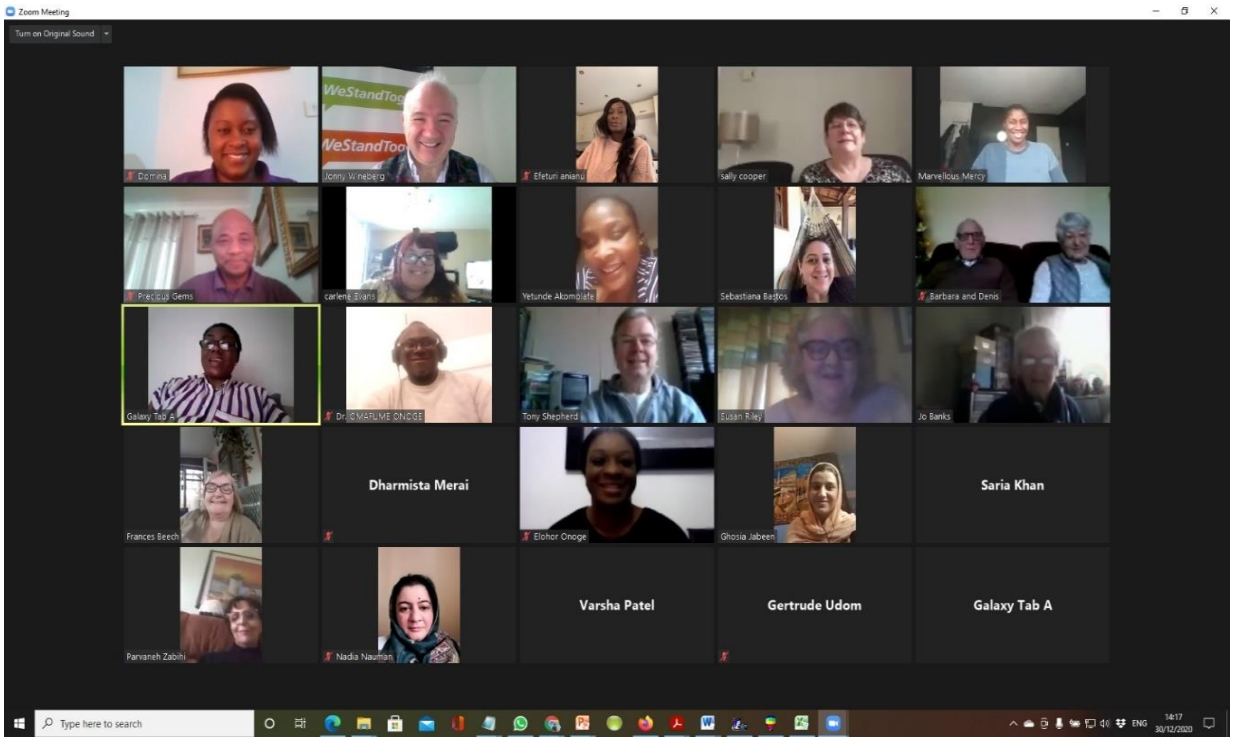
Working in collaboration with Bolton College, we held **weekly English classes on zoom beginners and intermediate level** for women we support whose English is not their first language. These classes were well attended, and we will continue these classes in physical after the lockdown restrictions have been removed because many women we support did not have laptops. They had to use their phones, and sometimes they could not see what the teacher was teaching them. Others could miss classes due to a lack of internet.

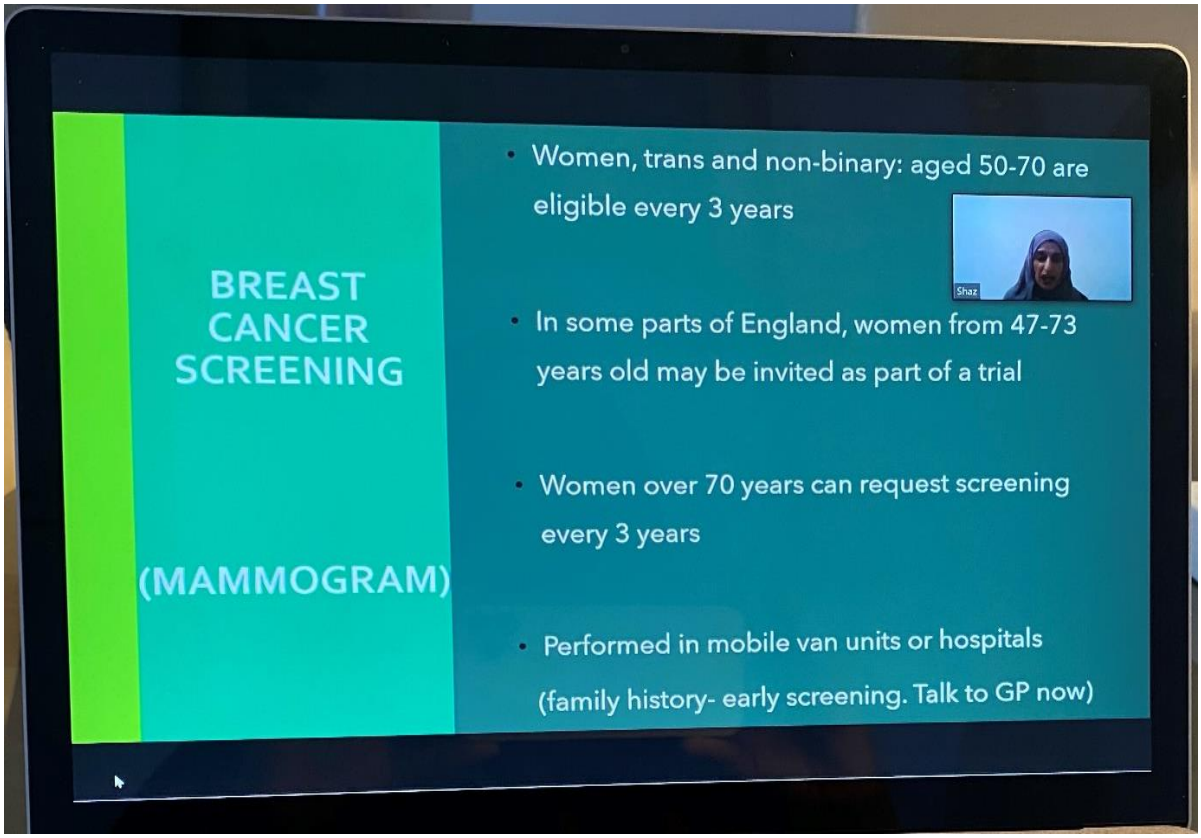


3.3 Recovery Support

Due to COVID-19, many jobs were lost and that had a financial impact on the women we support. Their mental wellbeing was affected. We also received a high number of calls from women we support who were experiencing domestic violence. Some women were afraid of leaving the abuser as they depended on them for the visa, and they felt they wouldn't have anywhere to go. We provided them ***advice and information on available support*** for them. For those who chose to leave their abuser, we ***helped them to go to the refuge*** and we helped others to ***find accommodation***. We also supported those women who experienced financial hardship with ***financial advice.*** We also conducted ***counselling sessions*** for women who experienced domestic violence others whose mental wellbeing was affected due to lockdown.

Working in collaboration with Answer cancer, we supported our members with **information on cancer,** and members appreciated the information. We also held ***a community dialogue event*** where we invited members of our community to have a chat on COVID-19, issues and needs in our community and planned together how to meet those needs.





4. International Achievement and Performance

4.1 Lasa Fever's Awareness

Our team embarked on a massive campaign in Edo state Nigeria to raise Lassa Fever's awareness and prevention. We are passionate about the prevention of Lassa fever because of its high mortality rate, especially for pregnant women and their unborn babies. Our team worked with other health partners to construct and distribute Veronica buckets, a simple but effective tool to encourage handwashing in schools, markets, and other public areas in Edo State, Nigeria.

4.2 Advocacy

Our team in Nigeria also ***supported sexually abused girls*** with advocacy. Due to the lack of finance to pay for solicitors, these girls were affected mentally and ridiculed in their community. Some of them had to leave their schools because of shame. When they reported their case to the authority, their abuser paid bribes to court to dismiss their case. Precious Gems ***supported the abused girls with paid solicitors and counselling sessions and helped them return to school.***

4.3 COVID-19 Awareness Campaign

Precious Gems Nigeria team did awareness of COVID-19 in the Esan region of Edo State Nigeria. Our team ***engaged local tailors' services to manufacture free reusable facemasks distributed to thousands of people***. We also ***hired local artisans to construct Veronica buckets*** for handwashing due to lack of running water. They were used to demonstrate safe handwashing to members of the public. These buckets were also installed in strategic places so that members of the public could utilise them. Our team has ***visited key community stakeholders like the various kings in their palaces, the security agencies, faith groups, markets, and commercial transporters***. Participants were taught safe handwashing, spotting symptoms of the disease, and referring themselves to or their loved ones for further medical attention.

Some of the Campaign findings were presented at the European health week EUPHA hosted by MUCH University of Manchester. Please find a link to the presentation: *https://medium.com/european-public-health-week-2020/community-work-in-edostatenigeria-including-the-impact-of-covid-19-in-the-local-community-265ff379e396*

The University of Manchester supported ***the research*** element of this Campaign by making funding available to help our team to be able to carry out knowledge, attitude and Practice research about COVID-19 in Edo state, Nigeria. It is believed that the papers generated from this piece of research will further support future funding for the university and also benefit Precious Gems.

4.4 Sexual Health and Menstrual Pad Awareness

Precious Gems working in collaboration with the Pink Box Initiative in Tanzania held a series of sexual health and menstrual awareness in schools designed to create awareness of menstrual hygiene and break the stigma associated with menstruation and create awareness of sexual abuse and who to talk to.

4.5 Supporting Children Living with Disabilities

Our team in Tanzania ***supported children living with disabilities*** with materials for them and also organised training for them. We are currently working to make this a regular project because these children need a lot of support. Unlike Western society with a support system for children living with disabilities, in Africa, such a level of support does not exist. So, there is dependence on support from charities like Precious Gems

4.6 Environmental Education

Precious Gems has partnered with the We Do GREEN and Eco 250 initiative and ***organised the environmental education and conservation activity*** at Buringa TVET, Muhanga District, Rwanda. With the main objective to promote environmental and climate stewardship among the next generation, among others. The students ***planted 100 agroforestry trees*** to sequester GHG emissions, prevent soil erosion, and achieve multiple ecological and socio-economic benefits. Students were introduced and had ***opportunities to share more ideas, including climate change, environment protection, sustainable lifestyle, gender equity, and the role of STEM education towards green entrepreneurship in their environment club.***

4.7 Supporting Women and Girls to Generate Income

Working in collaboration with EgaGift Trust **in Zimbabwe*, we supported women with capital to help them use their skills to generate income***. They used the money to buy corn and prepared corn into snacks (roasted maise) and sold those snacks to increase their capital to hire land. They have been able to lease land, and they planted vegetables, and they are raising income into those vegetables to take care of themselves and their families

In Rwanda, we supported women and girls to generate income by providing them jobs to work in the Precious Gems pineapple farming Project located at Ngoma and Rwamagana districts. Women can generate income to support themselves, their families and be able to pay for health insurance. We also supported women with ***capital to hire land and buy seeds for them and provided them watering machines,*** and they created cooperatives and will be using their farming skills to plant cash crops.

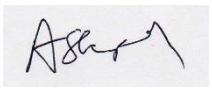
In rural villages in the Northern region of ***Ghana, we supported women and girls with training and small capital to help them raise income***. They brought materials to create basked and hats and bought the fabric to make leather shoes. They sold them to local markets and to visiting tourists, which helped them meet their financial needs and their families needs.

4.8 Women Empowerment Program

Precious Gems, in collaboration with Unveil In Grace Counselling and Training Centre, funded and ***organised The Above Rubies women empowerment program*** that will focus on:
Leadership, Economic Development, Gender Equality, Career Path Choices, Sex and Relationships.
The first session was leadership, and a hundred women and young girls attended the session. The program centred on empowering women to make their own choices, lead, and work on providing a level playing field for the girl child.
We looked at the definition of leadership concerning women empowerment, the role of women, the need for women empowerment, the Advantages of leading and participating, understanding the different types of empowerment, including social, P political, economic, educational, psychological empowerment. Also, the Seven key ways to empower women globally was unravelled.
The Speaker used the case study of the female leader Deborah, a judge and a strong force to reckon with. She was a value-adding woman. Men deferred to Deborah because of what she represented and brought to the table.
Also, used the newly appointed WTO President, Ngozi Okonjo Iweala and several other female leaders. She was able to make everyone see from her analysis of the case studies that glass ceilings shatter in the presence of a woman who is empowered, bold and ready.

The Annual Report was approved by the board of trustees
Date: 26/10/2021

T Shepherd



Chair and Trustee
On behalf of trustees

5. Financial Report the Year Ended 28 February 2021

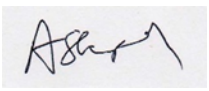
INCOME (A)	2020/2021			2019/2020
	£ Restricted Funds	£ Unrestricted Funds	Total Funds 2020/2021	Total Funds 2019/2020
Grants	37,885.00	35144	73,029.00	48,856.14
Donations		0.00	0.00	4,876.50
TOTAL INCOME (A)	37,885.00	35,144.00	73,029.00	53,732.64
EXPENDITURE (B)				
Rent and Rates	1,500.00	3,000.00	4,500.00	4,000.00
Sessional workers fees	5966	£0.00	5,966.00	7,415.00
Room hire	£2,400.00		2,400.00	4,800.00
Workshops	5,450.00	0	5,450.00	7,670.00
Equipment and Asset	£1,200.00	0	1,200.00	1,200.00
Training	£1,500.00	0	1,500.00	2,000.00
Arts and Wellbeing	£6,020.00	1935	7,955.00	5,500.00
Volunteers' expenses	£3,414.00	0	3,414.00	3,580.00
Tutor fees	£2,540.00	0.00	2,540.00	1,250.00
Miscelleanous expenses	£4,725.00	200.00	4,925.00	300.00
Consultancy	2500	0.00	2,500.00	2,000.00
International Programme	0	30,000.00	30,000.00	3,000.00
TOTAL EXPENDITURE	37,215.00	35,135.00	72,350.00	39,415.00
NET INCOME/EXPENDITURE	670.00	9.00	679.00	14,317.64
TRANSFERS BETWEEN FUNDS	-	-	-	-
NET MOVEMENT IN FUNDS FOR YEAR	670.00	9.00	679.00	14,317.64
TOTAL FUNDS AT START OF YEAR	14,000.00	317.64	14,317.64	5208.22
TOTAL FUNDS AT END OF YEAR	1,072.00	400.00	1,472.00	4,917.64

	2021		2021		2020		2020	
FIXED ASSETS								
				1200				
Tangible Fixed Assets								600
CURRENT ASSETS								
Debtors				0		10000		
Cash in Hand and at Bank		672						4317.64
			672					
							14317.64	
Creditors: Amount								
falling due within one year		400				0		
Net Current Assets		272				**14317.64**		
Net Assets		1472					4917.64	
Accumalated Funds								
Unrestricted	12278.42				-17215.11			
Restricted		-10806.42				22132.75		

		1472			**4917.64**			

The financial report was approved by the board of trustees
Date: 26/10/2021

T Shepherd



Chair and Trustee
On behalf of trustees

6. Independent Examiner Report

Basis of independent examiner's report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement:

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

31/08/2021

Ms. Elyse Bassagal
Accountant
AAT
Let's Bloom Together
Suite 20
St James's House
M6 5FW
SALFORD

7. Note to the Financial Statements for the Year Ended 28th February 2021

1. Basis of Preparation of Financial Statements

The Financial statements are prepared under the historic cost convention and include the results of the Charity's operations which are described in the Trustee's Report and all of which are continuing.
The financial statements have been prepared in accordance with the statement of recommended practice for Charity Accounts:

a. Fixed assets retained for use by the organisation include: laptops purchased in 2019. These fixed assets are depreciated using the straight-line method of depreciation over a period of three years.
b. Change in basis of accounting: Grants Receivable

Grants for immediate expenditure are accounted for when they become receivable.
Grants received for specific purposes are treated as restricted funds.
Grants restricted to future accounting periods are deferred and recognised in those periods.

2. Statement of Trustees Responsibilities

The standard constitution of the Charity requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs and of the surplus or deficit for the period. In preparing these financial statements the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgments that are reasonable and prudent;
- Prepare the financial statements on a going concern basis

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Charity acknowledges receipt of grants from:

- Awards for all: £10000
- Forever Manchester: £10144
- Groundwork: £4000
- Smallwood: £13885
- Local Giving: £500
- Tesco Bag: £500
- Salford CVS: £1000
- Bolton CDP: £3000
- Manchester University: £30000

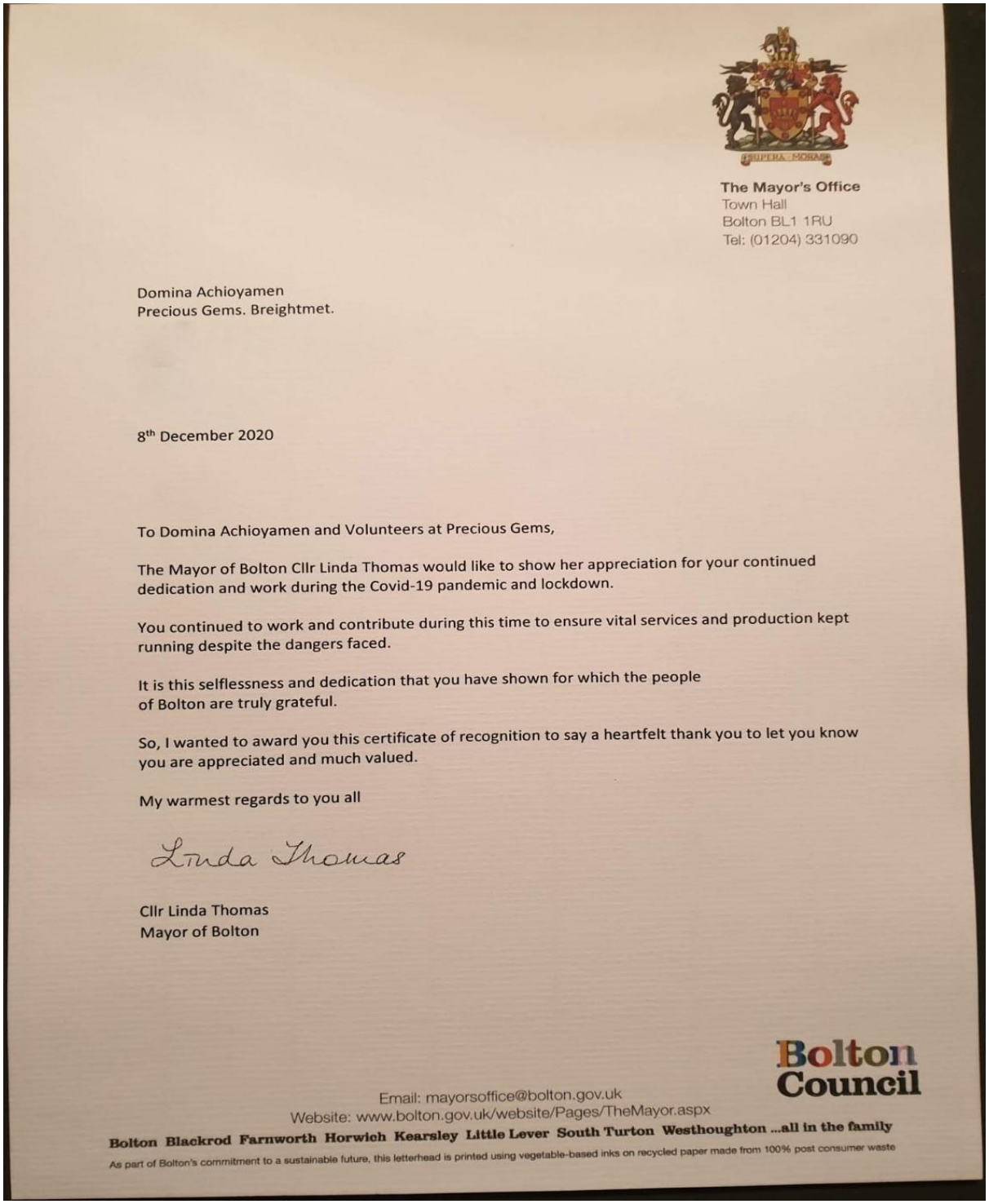
8. Volunteers and Partners Appreciation

The board of trustees would like to thank volunteers of Precious Gems both in the United Kingdom and Africa. You have sacrificed your time in helping Precious Gems to continue making a positive impact in our community. Your caring heart, compassion and support have transformed many lives. Even the pandemic did not stop you from supporting members of the community. You are our heroes.

We would like to thank partners who worked with Precious Gems in supporting our communities. Your partnership and collaboration helped us to deliver more and the best services to members of the community. We appreciate your support, and we are looking forward to continuing working with you.

9. Mayor's Award

We were delighted to receive recognition from the Mayor of Bolton for continuing our services to the community during the pandemic. A massive thank you to all our staff and volunteers who worked tirelessly during the pandemic, supporting members of the community.



The Mayor's Office
Town Hall
Bolton BL1 1RU
Tel: (01204) 331090

Domina Achioyamen
Precious Gems. Breightmet.

8th December 2020

To Domina Achioyamen and Volunteers at Precious Gems,

The Mayor of Bolton Cllr Linda Thomas would like to show her appreciation for your continued dedication and work during the Covid-19 pandemic and lockdown.

You continued to work and contribute during this time to ensure vital services and production kept running despite the dangers faced.

It is this selflessness and dedication that you have shown for which the people of Bolton are truly grateful.

So, I wanted to award you this certificate of recognition to say a heartfelt thank you to let you know you are appreciated and much valued.

My warmest regards to you all

Linda Thomas

Cllr Linda Thomas
Mayor of Bolton

Bolton Council

Email: mayorsoffice@bolton.gov.uk
Website: www.bolton.gov.uk/website/Pages/TheMayor.aspx

Bolton Blackrod Farnworth Horwich Kearsley Little Lever South Turton Westhoughton ...all in the family

As part of Bolton's commitment to a sustainable future, this letterhead is printed using vegetable-based inks on recycled paper made from 100% post consumer waste

Certificate of recognition

This certificate is to recognise the wonderful work your organisation and staff have done to save lives, keep people safe and stop the spread of Covid-19.

On behalf of the people of Bolton I thank you for your selflessness, commitment and sheer determination to go above and beyond in this crisis.

I commend you and offer my heartfelt appreciation and gratitude for everything you have done.

Your work now and in the future will benefit generations to come and will not be forgotten.

With best wishes

Linda Thomas

Mayor of Bolton
Councillor Linda Thomas
June 2020

10. How to Support Us

Make a Donation

We rely on your support to keep improving people's wellbeing. Any donation, no matter how small, is greatly appreciated

Volunteer for us

We rely on volunteers to run our community groups. We wouldn't have been where we are without the help of volunteers. Any time you can spare for us, even if it is one hour a week, will go a long way

Partner with us

As precious Gems, we believe in partnership and collaboration.
We could do a project together
You could raise donations for us

For any more information on how you can get involved, please contact us on

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Facebook www.facebook.com/preciousgems2013