

# Inspire Women, Men and Children

## FINANCIAL ACCOUNTS FOR THE YEAR ENDING

**31 MARCH 2025**

Registered Charity in England and Wales  
**No 1160891**

## **CHARITY INFORMATION**

### **TRUSTEES:**

Ms Patience Pambano Ndebele  
Ms Virginia Mwamba  
Ms Rita Kyambadde

### **CHAIR:**

Ms Patience Pambano Ndebele

### **REGISTERED OFFICE:**

35 Stratford Road  
Stratford  
London  
E13 NF

### **EXAMINER:**

Community Accounting Services  
177 Teviot Street  
London E14 6PY

### **CHARITY NO:**

1160891

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

The INSPIRE WOMEN MEN AND CHILDREN is registered charity organisation.

### **Appointment of trustees**

As set out in the Constitution trustees are elected annually by the members of the charitable charity attending the Annual General Meeting.

### **Organisation**

The board of Trustees members administers the charity.

The director has delegated authority, within terms of delegations approved by the trustees, for operational matters including finance, employment, and projects directions.

### **Related Parties**

INSPIRE WOMEN MEN AND CHILDREN has no related parties.

### **Aims & Objectives**

- To advance education and promote good mental health and wellbeing among parents and carers by providing and assisting in the provision of programmes and workshops in parenting skills, family support and other related activities in order that their children may develop into emotionally and physically healthy adults.
- To facilitate integration of people from minorities communities living in the East London Borough of Newham. by addressing various challenges such as access to employment, education, training, participation in the wider community.
- The prevention and relief of poverty in such part of UK, Zimbabwe and South Africa by providing items and services to individuals in needs and other organisations working to prevent or relied poverty.

### **Structure, Governance and Management**

The INSPIRE WOMEN MEN AND CHILDREN is a Charity. It is governed by a constitution to achieve community needs. A management committee composed by trustees is responsible for running the organisation. They meet once every six weeks to determine the affairs of the charity.

## **STATEMENT OF TRUSTEES RESPONSIBILITIES**

Charity law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charity law. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed and approved on behalf of the trustees:

Chair: Patience Pambano Ndebele-Omijie

Date: 12/12/2025

*P.P.Ndebele-Omijie*

**MANAGEMENT COMMITTEES CERTIFICATE OF APPROVAL  
OF THE ACCOUNTS FOR  
THE YEAR ENDED 31 MARCH 2025**

We certify that the annexed accounts are in accordance with the records, information and explanations supplied by us as management committee members and have our approval.

For the year ended 31<sup>st</sup> March 2025, the organisation was entitled to exemption from the audit under the charity law.

We acknowledge our responsibilities as Management Committee for:

- (i) Ensuring the organisation kept accounting records
- (ii) Prepare the accounts which give a true and fair view of the state of affairs of the organisations as at the end of the financial year, and its receipts and payments accounts for the financial year in accordance with the requirement of the charities law.

Signed by order of the trustees

Chair: Patience Pambano Ndebele-Omijie

Date: 12-12-2025

*P.P.Ndebele-Omijie*

**INDEPENDENT EXAMINER'S REPORT TO THE MANAGEMENT COMMITTEE**  
**ON THE ACCOUNTS FOR**  
**THE YEAR ENDED 31 MARCH 2025**

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 43 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Yusuf Mohamed  
For and behalf of  
Community Accounting Services  
**Dated:** 12-12-2025



# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

## INCOME:

	2025	2024
Opening Balance:	<b>6,119.93</b>	<b>£11,125.58</b>
<b>Restricted income</b>	<b>(£)</b>	<b>(£)</b>
Arnold Clark Community Fund:	750.00	0
LB Newham	16,187.00	10,180.50
The Swan Mountain Trust	2,000.00	0.00
Charles French Charitable Trust	0.0	2,000.00
The Scurrah Wainwright Charity	5,000.00	0.00
One Newham – Westfield grant:	0.0	500.00
Community Housing	0.0	2,992.20
London Community Foundation	0.0	25,400.00
The Cleremont Trust	0.0	600.00
The Woodward Trust	1,300.00	0.00
Coop-Grant	1,740.68	781.15
Riverside Foundation	3,500.00	0.00
Souter Charitable Trust	0.00	3,000.00
<b>TOTAL</b>	<b>30,477.68</b>	<b>45,403.85</b>
<b>Un-restricted income</b>	<b>(£)</b>	<b>(£)</b>
Donations and fundraising income	1,618.00	1,539.01
<b>TOTAL</b>	<b>1,618.00</b>	<b>1,539.01</b>
 <b>TOTAL INCOME</b>	 <b>32,095.68</b>	 <b>46,955.81</b>

**EXPENDITURE:**

	<b>2025</b>	<b>2024</b>
	<b>(£)</b>	<b>(£)</b>
Community support services cost	11,690.00	15,113.24
Training and workshops cost	884.00	2,800.00
Foodbank cost	14,610.00	13,150.00
Social and cultural events:	897.00	2,175.00
Volunteers' expenses cost:	980.07	2,450.00
Project promotion:	450.00	1,129.50
Stationery and materials cost	1,170.00	1,210.94
Communication cost:	560.00	1,640.00
Capacity building cost	450.00	1,375.00
International development activities:	0.00	1,000.00
<b>TOTAL</b>	<b>31,691.07</b>	<b>42,034.68</b>
<b>Closing balance</b>	<b>6,524.54</b>	<b>6,119.93</b>



## BALANCE SHEET AS AT 31 MARCH 2025

	March. 2025	March. 2024
<b>Fixed Assets</b>	£	£
Tangible Assets	7,321.15	6,012.50
<b>Currents Assets</b>		
Debtors	0	0
Prepayments & Accrued Income	0	0
Cash at Bank and in hand	6,524.54	6,119.93
<b>Current Liabilities</b>		-
Creditors falling due within one year	-	
Accruals and Deferred Income	-	-
<b>Net Current Assets</b>	6,119.93	6,119.93
<b>Net Assets</b>	<b>13,845.65</b>	<b>12,132.43</b>

The charity is entitled to exemption from audit under section 43(2) of the Charity Act.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records and preparing financial statements which give a true and fair view of the situation of the charity as at the end of financial year ending 31<sup>st</sup> March 2024.

Date: 12-12-2025

Chair: Patience Pambano Ndebele-Omijie

*P.P.Ndebele-Omijie*

## **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024**

### **1. ACCOUNTING POLICIES:**

The charity's accounting policies are as follows:

#### **(a) Basis of preparation**

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards. The principal accounting policies adopted in the preparation of the financial statements are set out below.

#### **(b) Incoming Resources**

Voluntary Incoming including donations, and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities (such as provision of interpreting and translation services) is recognised as earned (as the related goods and services are provided)

#### **(c) Volunteering and donated services and facilities**

The value of services provided by volunteering is not included in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

**(d) Resources expended**

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**(d) Irrecoverable VAT**

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: INSPIRE WOMEN MEN AND CHILDREN is not VAT register so cannot recover any VAT incurred.

**(e) Tangible Fixed Assets**

Fixed Assets are classified as Computers, Office Equipment's, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows: Plant & Machinery, Fixture & Fitting, Computer equipment.

**(f) Fund's structure**

The Trusts has its main grants as **restricted income** funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as **unrestricted income** funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expanded and advance its services.

**(g) Pensions**

Employees of the charity are entitled to join the County Pension Scheme, but at the present time there is no employee volunteer to take any Pension Scheme.

**(h) Restricted Funds**

Restricted funds are to be used for specified purposes as lay down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

**(i) Unrestricted Funds**

Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

**(j) Designated Funds**

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

**(k) Revenue Income**

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

(m) **Allocation Costs** Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

(m) **Depreciation:**

Tangible fixed assets are stated at cost less depreciation. Deprecation is provided at the following annual rates to write off each asset over its estimated useful life.

Plant and Machinery:	25% straight line
Fixtures and Fittings:	25% straight line
Computer Equipment:	25% straight line