

INSPIRE WOMEN MEN AND CHILDREN

England & Wales · Charity number 1160891

Details

Other names INSPIRE WOMEN AND CHILDREN

Status Registered

Legal form CIO

Registered 2015-03-13

Register [View on the Charity Commission register](#)

Contact

Address 35 Stratford Road
London
E13 0NF

Phone 07951231046

Email inspirewomenandchildren@hotmail.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:(1) THE PREVENTION OR RELIEF OF POVERTY IN SUCH PARTS OF SOUTH AFRICA, ZIMBABWE AND THE UK AS THE TRUSTEES SHALL DETERMINE BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY. (2) TO ADVANCE EDUCATION AND PROMOTE GOOD MENTAL HEALTH AND WELLBEING AMONG PARENTS/CARERS BY PROVIDING AND ASSISTING IN THE PROVISION OF PROGRAMMES AND WORKSHOPS IN PARENTING SKILLS, FAMILY SUPPORT AND OTHER RELATED ACTIVITIES IN ORDER THAT THEIR CHILDREN MAY DEVELOP INTO EMOTIONALLY AND PHYSICALLY HEALTHY ADULTS.

Activities: We provide training, advice and guidance to women and men so that they can be able to access income generating opportunities and improve the quality of their lives. We also help children to achieve their education potential by providing them with supplementary education support.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- South Africa
- Zimbabwe
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£32,096	£31,691	-	-
2024-03-31	£46,956	£42,035	-	-
2023-03-31	£31,058	£40,985	-	-
2022-03-31	£31,756	£55,351	-	-
2021-03-31	£105,987	£73,006	-	-

Trustees

Name	Role	Appointed
Patience Pambano Ndebele-Omijie	Chair	2015-03-13
Adijat Yetunde Adeyinka		2025-11-01
Virginia Mwamba		2019-02-20

INSPIRE WOMEN MEN AND CHILDREN

England & Wales - Charity number 1160891

Accounts

Inspire Women, Men and Children

FINANCIAL ACCOUNTS FOR THE YEAR ENDING

31 MARCH 2025

Registered Charity in England and Wales
No 1160891

CHARITY INFORMATION

TRUSTEES:

Ms Patience Pambano Ndebele
Ms Virginia Mwamba
Ms Rita Kyambadde

CHAIR:

Ms Patience Pambano Ndebele

REGISTERED OFFICE:

35 Stratford Road
Stratford
London
E13 NF

EXAMINER:

Community Accounting Services
177 Teviot Street
London E14 6PY

CHARITY NO:

1160891

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The INSPIRE WOMEN MEN AND CHILDREN is registered charity organisation.

Appointment of trustees

As set out in the Constitution trustees are elected annually by the members of the charitable charity attending the Annual General Meeting.

Organisation

The board of Trustees members administers the charity.

The director has delegated authority, within terms of delegations approved by the trustees, for operational matters including finance, employment, and projects directions.

Related Parties

INSPIRE WOMEN MEN AND CHILDREN has no related parties.

Aims & Objectives

- To advance education and promote good mental health and wellbeing among parents and carers by providing and assisting in the provision of programmes and workshops in parenting skills, family support and other related activities in order that their children may develop into emotionally and physically healthy adults.
- To facilitate integration of people from minorities communities living in the East London Borough of Newham. by addressing various challenges such as access to employment, education, training, participation in the wider community.
- The prevention and relief of poverty in such part of UK, Zimbabwe and South Africa by providing items and services to individuals in needs and other organisations working to prevent or relied poverty.

Structure, Governance and Management

The INSPIRE WOMEN MEN AND CHILDREN is a Charity. It is governed by a constitution to achieve community needs. A management committee composed by trustees is responsible for running the organisation. They meet once every six weeks to determine the affairs of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

Charity law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charity law. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed and approved on behalf of the trustees:

Chair: Patience Pambano Ndebele-Omijie

Date: 12/12/2025

P.P.Ndebele-Omijie

**MANAGEMENT COMMITTEES CERTIFICATE OF APPROVAL
OF THE ACCOUNTS FOR
THE YEAR ENDED 31 MARCH 2025**

We certify that the annexed accounts are in accordance with the records, information and explanations supplied by us as management committee members and have our approval.

For the year ended 31st March 2025, the organisation was entitled to exemption from the audit under the charity law.

We acknowledge our responsibilities as Management Committee for:

- (i) Ensuring the organisation kept accounting records
- (ii) Prepare the accounts which give a true and fair view of the state of affairs of the organisations as at the end of the financial year, and its receipts and payments accounts for the financial year in accordance with the requirement of the charities law.

Signed by order of the trustees

Chair: Patience Pambano Ndebele-Omijie

Date: 12-12-2025

P.P.Ndebele-Omijie

INDEPENDENT EXAMINER'S REPORT TO THE MANAGEMENT COMMITTEE
ON THE ACCOUNTS FOR
THE YEAR ENDED 31 MARCH 2025

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 43 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Yusuf Mohamed
For and behalf of
Community Accounting Services
Dated: 12-12-2025



STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

INCOME:

	2025	2024
Opening Balance:	6,119.93	£11,125.58
Restricted income	(£)	(£)
Arnold Clark Community Fund:	750.00	0
LB Newham	16,187.00	10,180.50
The Swan Mountain Trust	2,000.00	0.00
Charles French Charitable Trust	0.0	2,000.00
The Scurrah Wainwright Charity	5,000.00	0.00
One Newham – Westfield grant:	0.0	500.00
Community Housing	0.0	2,992.20
London Community Foundation	0.0	25,400.00
The Cleremont Trust	0.0	600.00
The Woodward Trust	1,300.00	0.00
Coop-Grant	1,740.68	781.15
Riverside Foundation	3,500.00	0.00
Souter Charitable Trust	0.00	3,000.00
TOTAL	30,477.68	45,403.85
Un-restricted income	(£)	(£)
Donations and fundraising income	1,618.00	1,539.01
TOTAL	1,618.00	1,539.01
TOTAL INCOME	32,095.68	46,955.81

EXPENDITURE:

	2025	2024
	(£)	(£)
Community support services cost	11,690.00	15,113.24
Training and workshops cost	884.00	2,800.00
Foodbank cost	14,610.00	13,150.00
Social and cultural events:	897.00	2,175.00
Volunteers' expenses cost:	980.07	2,450.00
Project promotion:	450.00	1,129.50
Stationery and materials cost	1,170.00	1,210.94
Communication cost:	560.00	1,640.00
Capacity building cost	450.00	1,375.00
International development activities:	0.00	1,000.00
TOTAL	31,691.07	42,034.68
Closing balance	6,524.54	6,119.93

BALANCE SHEET AS AT 31 MARCH 2025

	March. 2025	March. 2024
Fixed Assets	£	£
Tangible Assets	7,321.15	6,012.50
Currents Assets		
Debtors	0	0
Prepayments & Accrued Income	0	0
Cash at Bank and in hand	6,524.54	6,119.93
Current Liabilities		-
Creditors falling due within one year	-	
Accruals and Deferred Income	-	-
Net Current Assets	6,119.93	6,119.93
Net Assets	13,845.65	12,132.43

The charity is entitled to exemption from audit under section 43(2) of the Charity Act.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records and preparing financial statements which give a true and fair view of the situation of the charity as at the end of financial year ending 31st March 2024.

Date: 12-12-2025

Chair: Patience Pambano Ndebele-Omijie

P.P.Ndebele-Omijie

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES:

The charity's accounting policies are as follows:

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards. The principal accounting policies adopted in the preparation of the financial statements are set out below.

(b) Incoming Resources

Voluntary Incoming including donations, and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities (such as provision of interpreting and translation services) is recognised as earned (as the related goods and services are provided)

(c) Volunteering and donated services and facilities

The value of services provided by volunteering is not included in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

(d) Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

(d) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: INSPIRE WOMEN MEN AND CHILDREN is not VAT register so cannot recover any VAT incurred.

(e) Tangible Fixed Assets

Fixed Assets are classified as Computers, Office Equipment's, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows: Plant & Machinery, Fixture & Fitting, Computer equipment.

(f) Fund's structure

The Trusts has its main grants as **restricted income** funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as **unrestricted income** funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expanded and advance its services.

(g) Pensions

Employees of the charity are entitled to join the County Pension Scheme, but at the present time there is no employee volunteer to take any Pension Scheme.

(h) Restricted Funds

Restricted funds are to be used for specified purposes as lay down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

(i) Unrestricted Funds

Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

(j) Designated Funds

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

(k) Revenue Income

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

(m) **Allocation Costs** Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

(m) **Depreciation:**

Tangible fixed assets are stated at cost less depreciation. Deprecation is provided at the following annual rates to write off each asset over its estimated useful life.

Plant and Machinery:	25% straight line
Fixtures and Fittings:	25% straight line
Computer Equipment:	25% straight line

INSPIRE WOMEN MEN AND CHILDREN

England & Wales - Charity number 1160891

Accounts

Inspire Women, Men and Children

FINANCIAL ACCOUNTS FOR THE YEAR ENDING

31 MARCH 2024

Registered Charity in England and Wales
No 1160891

CHARITY INFORMATION

TRUSTEES:

Ms Patience Pambano Ndebele
Ms Virginia Mwamba
Ms Rita Kyambadde

CHAIR:

Ms Patience Pambano Ndebele

REGISTERED OFFICE:

35 Stratford Road
Stratford
London
E13 NF

EXAMINER:

Community Accounting Services
177 Teviot Street
London E14 6PY

CHARITY NO:

1160891

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

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As set out in the Constitution trustees are elected annually by the members of the charitable charity attending the Annual General Meeting.

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The director has delegated authority, within terms of delegations approved by the trustees, for operational matters including finance, employment, and projects directions.

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INSPIRE WOMEN MEN AND CHILDREN has no related parties.

Aims & Objectives

- To advance education and promote good mental health and wellbeing among parents and carers by providing and assisting in the provision of programmes and workshops in parenting skills, family support and other related activities in order that their children may develop into emotionally and physically healthy adults.
- To facilitate integration of people from minorities communities living in the East London Borough of Newham. by addressing various challenges such as access to employment, education, training, participation in the wider community.
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STATEMENT OF TRUSTEES RESPONSIBILITIES

Charity law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charity law. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed and approved on behalf of the trustees:

Chair: Patience Pambano Ndebele-Omijie

Date: 21/12/2024

P.P.Ndebele-Omijie

**MANAGEMENT COMMITTEES CERTIFICATE OF APPROVAL
OF THE ACCOUNTS FOR
THE YEAR ENDED 31 MARCH 2024**

We certify that the annexed accounts are in accordance with the records, information and explanations supplied by us as management committee members and have our approval.

For the year ended 31st March 2024, the organisation was entitled to exemption from the audit under the charity law.

We acknowledge our responsibilities as Management Committee for:

- (i) Ensuring the organisation kept accounting records
- (ii) Prepare the accounts which give a true and fair view of the state of affairs of the organisations as at the end of the financial year, and its receipts and payments accounts for the financial year in accordance with the requirement of the charities law.

Signed by order of the trustees

Chair: Patience Pambano Ndebele-Omijie

Date: 21-12-2024

P.P.Ndebele-Omijie

INDEPENDENT EXAMINER'S REPORT TO THE MANAGEMENT COMMITTEE
ON THE ACCOUNTS FOR
THE YEAR ENDED 31 MARCH 2024

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 43 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

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In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 41 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Yusuf Mohamed
For and behalf of
Community Accounting Services
Dated: 21-12-2024



STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

INCOME:

	2024	2023
Opening Balance:	£1,198.80	£11,125.58
Restricted income	(£)	(£)
Arnold Clark Community Fund:	0	2,500.00
LB Newham	10,180.50	9,590.000
The Albert Hunt Trust:	0.00	0.00
Charles French Charitable Trust	2,000.00	0.00
The National Lottery Community Fund:	0.00	10,000.00
One Newham – Westfield grant:	500.00	0.00
One Housing	2,992.20	0.00
London Community Foundation	25,400.00	0.00
The Claremont Trust	600.00	0.00
East End Community Foundation	0.00	0.00
Coop-Grant	781.15	0.00
Sport England	0.00	5,198.00
Souter Charitable Trust	3,000.00	3,000.00
TOTAL	45,403.85	30,288.00
Un-restricted income	(£)	(£)
Donations and fundraising income	1,551.96	770.11
TOTAL	1,551.96	770.11
 TOTAL INCOME	 46,955.81	 31,058.11

EXPENDITURE:

	2024	2023
	(£)	(£)
Community support services cost	13,113.24	14,495.72
Training and workshops cost	2,800.00	2,274.00
Foodbank cost	13,150.00	11,205.29
Social and cultural events:	2,175.00	2,340.00
Volunteers' expenses cost:	2,250.00	2,960.00
Project promotion:	1,120.50	950.20
Stationery and materials cost	1,210.94	2,480.00
Communication cost:	1,240.00	1,450.40
Capacity building cost	1,375.00	1,480.40
International development activities:	3,600.00	1,350.00
TOTAL	42,034.68	40,984.89
Closing balance	6,119.93	1,198.80

BALANCE SHEET AS AT 31 MARCH 2024

	March. 2024 £	March. 2023 £
Fixed Assets		
Tangible Assets	6,012.50	6,124.00
Currents Assets		
Debtors	0	0
Prepayments & Accrued Income	0	0
Cash at Bank and in hand	6,119.93	1,198.80
Current Liabilities		-
Creditors falling due within one year	-	-
Accruals and Deferred Income	-	-
Net Current Assets	6,119.93	1,198.80
Net Assets	12,132.43	7,322.80

The charity is entitled to exemption from audit under section 43(2) of the Charity Act.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records and preparing financial statements which give a true and fair view of the situation of the charity as at the end of financial year ending 31st March 2024.

Signed and approved on behalf of the Committee on:

Date: 21-11-2024

Chair: Patience Pambano Ndebele-Omijie

P.P.Ndebele-Omijie

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES:

The charity's accounting policies are as follows:

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards. The principal accounting policies adopted in the preparation of the financial statements are set out below.

(b) Incoming Resources

Voluntary Incoming including donations, and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities (such as provision of interpreting and translation services) is recognised as earned (as the related goods and services are provided)

(c) Volunteering and donated services and facilities

The value of services provided by volunteering is not included in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

(d) Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

(d) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: INSPIRE WOMEN MEN AND CHILDREN is not VAT register so cannot recover any VAT incurred.

(e) Tangible Fixed Assets

Fixed Assets are classified as Computers, Office Equipment's, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows: Plant & Machinery, Fixture & Fitting, Computer equipment.

(f) Fund's structure

The Trusts has its main grants as **restricted income** funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as **unrestricted Income** funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expanded and advance its services.

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Restricted funds are to be used for specified purposes as lay down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

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Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

(j) Designated Funds

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

(k) Revenue Income

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

(m) Allocation Costs

Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

(m) Depreciation:

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INSPIRE WOMEN MEN AND CHILDREN

England & Wales - Charity number 1160891

Accounts

Inspire Women, Men and Children

FINANCIAL ACCOUNTS FOR THE YEAR ENDING

31 MARCH 2023

Registered Charity in England and Wales
No 1160891

CHARITY INFORMATION

TRUSTEES:

Ms Patience Pambano Ndebele
Ms Mukayi Moyo
Ms Virginia Mwamba
Ms Rita Kyambadde
Ms Jacqueline Masuku

CHAIR:

Ms Patience Pambano Ndebele

REGISTERED OFFICE:

35 Stratford Road
Stratford
London
E13 NF

EXAMINER:

Community Accounting Services
177 Teviot Street
London E14 6PY

CHARITY NO:

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The INSPIRE WOMEN MEN AND CHILDREN is a Charity. It is governed by a constitution to achieve community needs. A management committee composed by trustees is responsible for running the organisation. They meet once every six weeks to determine the affairs of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

Charity law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charity law. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed and approved on behalf of the trustees:

Chair: Patience Pambano Ndebele-Omijie

Date: 21/11/2023

P.P.Ndebele-Omijie

**MANAGEMENT COMMITTEES CERTIFICATE OF APPROVAL
OF THE ACCOUNTS FOR
THE YEAR ENDED 31 MARCH 2023**

We certify that the annexed accounts are in accordance with the records, information and explanations supplied by us as management committee members and have our approval.

For the year ended 31st March 2023, the organisation was entitled to exemption from the audit under the charity law.

We acknowledge our responsibilities as Management Committee for:

- (i) Ensuring the organisation kept accounting records
- (ii) Prepare the accounts which give a true and fair view of the state of affairs of the organisations as at the end of the financial year, and its receipts and payments accounts for the financial year in accordance with the requirement of the charities law.

Signed by order of the trustees

Chair: Patience Pambano Ndebele-Omijie

Date: 21-11-2023

P.P.Ndebele-Omijie

INDEPENDENT EXAMINER'S REPORT TO THE MANAGEMENT COMMITTEE ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 41 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Yusuf Mohamed
For and behalf of
Community Accounting Services
Dated: 21-11-2023



STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

INCOME:

	2023	2022
Opening Balance:	£11,125.58	£34,721.00
Restricted income	(£)	(£)
Arnold Clark Community Fund:	2,500.00	2,500.00
LB Newham	9,590.000	5,242.80
The Albert Hunt Trust:	0.00	1,000.00
The National Lottery Community Fund:	10,000.00	12,500.00
One Newham – Westfield grant:	0.00	500.00
Groundwork UK	0.00	500.00
National Survivor SBS Fund	0.00	500.00
East End Community Foundation	0.00	3,000.00
Coop-Grant	0.00	3,662.79
Sport England	5,198.00	0.00
Souter Charitable Trust	3,000.00	0.00
TOTAL	30,288.00	29,405.59
Un-restricted income	(£)	(£)
Donations and fundraising income	770.11	2,350.00
TOTAL	770.11	2,350.00
TOTAL INCOME	31,058.11	31,755.59

EXPENDITURE:

	2023	2022
	(£)	(£)
Community support services cost	14,495.72	16,350.72
Training and workshops cost	2,274.00	4,985.32
Foodbank cost	11,205.29	13,835.45
Social and cultural events:	2,340.00	3,840.00
Volunteers' expenses cost:	2,960.00	3,550.90
Project promotion:	950.20	1,760.54
Stationery and materials cost	2,480.00	3,905.43
Communication cost:	1,450.40	1,629.22
Capacity building cost	1,480.40	1550.43
International development activities:	1,350.00	3,943.00
TOTAL	40,984.89	55,351.01
Closing balance	1,198.80	11,125.58

BALANCE SHEET AS AT 31 MARCH 2023

	March. 2023
Fixed Assets	£
Tangible Assets	6,124.00
Currents Assets	
Debtors	0
Prepayments & Accrued Income	0
Cash at Bank and in hand	1,198.80
Current Liabilities	
Creditors falling due within one year	-
Accruals and Deferred Income	-
Net Current Assets	1,198.80
Net Assets	7,322.80

The charity is entitled to exemption from audit under section 43(2) of the Charity Act.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records and preparing financial statements which give a true and fair view of the situation of the charity as at the end of financial year ending 31st March 2023.

Signed and approved on behalf of the Committee on:

Date: 21-11-2023

Chair: Patience Pambano Ndebele-Omijie

P.P.Ndebele-Omijie

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES:

The charity's accounting policies are as follows:

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards. The principal accounting policies adopted in the preparation of the financial statements are set out below.

(b) Incoming Resources

Voluntary Incoming including donations, and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities (such as provision of interpreting and translation services) is recognised as earned (as the related goods and services are provided)

(c) Volunteering and donated services and facilities

The value of services provided by volunteering is not included in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

(d) Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

(d) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: INSPIRE WOMEN MEN AND CHILDREN is not VAT register so cannot recover any VAT incurred.

(e) Tangible Fixed Assets

Fixed Assets are classified as Computers, Office Equipment's, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows: Plant & Machinery, Fixture & Fitting, Computer equipment.

(f) Fund's structure

The Trusts has its main grants as **restricted income** funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as **unrestricted Income** funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expand and advance its services.

(g) Pensions

Employees of the charity are entitled to join the County Pension Scheme, but at the present time there is no employee volunteer to take any Pension Scheme.

(h) Restricted Funds

Restricted funds are to be used for specified purposes as laid down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

(i) Unrestricted Funds

Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

(j) Designated Funds

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

(k) Revenue Income

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

(m) Allocation Costs

Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

(m) Depreciation:

Tangible fixed assets are stated at cost less depreciation. Deprecation is provided at the following annual rates to write off each asset over its estimated useful life.

Plant and Machinery:	25% straight line
Fixtures and Fittings:	25% straight line
Computer Equipment:	25% straight line