

# **Gateshead Clubhouse CIO**

## **Financial Statements**

**For The Year Ended 31 March 2024**

**Registered Charity No. 1160853**

**Gateshead Clubhouse CIO**  
**Administration Information**

**For the year ended 31 March 2024**

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2024

**Reference and Administrative Details**

<b>Charity No</b>	1160853	
<b>Address</b>	Worcester Green Gateshead Tyne & Wear NE8 1NH	
<b>Accountant</b>	Mark Thompson MAAT 42 Lesbury Road Heaton Newcastle upon Tyne NE6 5LB	
<b>Bankers</b>	Lloyds Bank Gateshead	
<b>Trustees</b>	Teresa Morley Anthony Johnson Paul Ogle William Scott Terry Maher Natalie McKeown	Co-Chair Co-Chair Secretary
<b>Advisors</b>	Andrew Jay – Mental Health Professional Lorna Sherriff - Mental Health Professional	

## **Gateshead Clubhouse CIO**

### **Report of the Trustees for the Year Ended 31 March 2024**

#### **Objectives**

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

#### **Summary**

As in previous years, we believe that the Clubhouse continues to have a positive impact on the lives of its members. We have been seeing a reduction in the number of members reporting that they have experienced social isolation and many are noticeably engaging in more peer support activities and, as a result, their quality of life has improved.

On average, we are seeing approximately 60 members coming into the Clubhouse per day.

We went on 4 main trips this year, visiting York (14 members), Scarborough (11 members), Edinburgh (18 members) and Bowness-on-Windermere (13 members). We also went on local outings using public transport, arranged by the members, plus 5 informal walking groups.

Our annual Easter egg hunt, raffle and Easter dinner also went ahead and was well attended and enjoyed, along with our August bank holiday BBQ event.

We have experienced a marked increase in the number of activities / groups that have taken place over the year.

#### **Total room use - 472 usage**

- 38 mindfulness drop in
- 38 mindfulness
- 7 formal mindfulness
- 35 yoga
- 30 crafts
- 30 arts
- 8 Summer Art & Photography sessions with Damien
- 28 Bollywood dancing
- 15 Model-building Club
- 15 Multiply

#### **Room use in relation to the organisations we work with:-**

Recoco, Adult ADHD Support Groups N.E, CNTW, GP Surgeries (e.g peer support workers), Pathways (welfare rights), Connected Voice, CAB, Age Concern, Gateshead Library. For example:

- 5 Hearing Voices peer support group sessions (joint working with CNTW)
- 3 Gateshead Library Nostalgia quiz sessions
- 10 Gateshead Adults offshoot: learning numeracy based projects facilitated by Multiply (including cooking as a basis for developing numeracy skills, along with quizzes)

Concerning the financial value to Gateshead's communities and mental health services, we estimate that, if this were a staffed service, the annual cost would be at least £275,000 per annum.

We would like to highlight the positive impact we have had for some of our members this last year, particularly around the flagging of safeguarding concerns and effective information sharing with support and social workers to keep our members safe and ensure swift and correct action was taken to protect them from harm.

#### **Sharing and working with other organisations**

Our strategy of inviting anyone who works in the cross-sector mental health system open access to visit the Clubhouse when they wish, with or without clients, to see how the Clubhouse model works in relation to their clients who might wish to attend the Clubhouse has proven to be effective. This has increased the number of applications for

We have seen a welcome increase in people visiting from a wide range of statutory and voluntary sectors (which has in turn increased referrals and general information sharing regarding other support services and activities), in both primary and secondary care.

These include:-

- GPs and GP surgery managers and staff.
- Occupational therapists.
- Voluntary sector based support workers, social navigators, social prescribers, peer support workers and so on.
- Social workers, housing support workers, CPNs,

- Local authority staff, including community link workers, welfare rights workers

For the 10th year, we provided a Christmas day meal for 26 people who would have otherwise have had nowhere to go on Christmas Day. Everyone was given an individual present. Our 5 regular Christmas Day volunteers also came along again to help out.

We have continued to support the pilot Clubhouse project in South Tyneside (Club Together South Tyneside - CTST), giving advice and support when needed, as well as access to our forms and paperwork etc.

We have had regular visits from the Mental Health Community Engagement Officer and others involved in the project, under our "open house" arrangement where we can demonstrate and advise on the model, policies and practices, etc., and they have the opportunity to engage with our members.

### **Public Benefit Statement**

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

### **Risk Management:**

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

### **Reserves Policy**

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

### **Statement of Trustees' responsibilities**

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:-

Anthony Johnson - Co Chair

.....  
2nd February 2024

## INDEPENDENT EXAMINER'S REPORT

Report to the  
trustees of

### Gateshead Clubhouse CIO

On accounts for  
the year ended

31 March 2024

Charity no 1160853

Respective  
responsibilities of  
trustees and  
examiner

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

Basis of  
independent  
examiner's  
statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent  
examiner's  
statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 130 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 13 March 2025

Name: Mark Thompson MAAT  
Address: 42 Lesbury Road  
Newcastle  
NE6 5LB

**Gateshead Clubhouse CIO**  
**Statement Of Financial Activities**  
**For the year ended 31 March 2024**

	<b>Unrestricted Funds 2024</b>	<b>Restricted Funds 2024</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
<b>Incoming Resources</b>				
Grants		28865	28865	34771
Donations	40		40	66
Catering Income	8463		8463	11432
Room Hire & Refreshments	2422		2422	3258
Other Income	736		736	694
Refunds			0	8369
<b>Total Incoming Resources</b>	<b>11661</b>	<b>28865</b>	<b>40526</b>	<b>58590</b>
<b>Resources Expended</b>				
Activities & Events	482	6877	7359	8044
Catering Costs	7514	7685	15199	13043
IT Costs	14	415	429	191
Insurance		1630	1630	1015
Equipment	302	408	710	4699
Legal & Professional Fees	351	377	728	665
Licences, Affiliations & Subs			0	189
Maintenance & Refurbishment	722	4055	4777	3496
Sanitary & Cleaning	855	25	880	805
Safety and Security	103	737	840	1986
Stationery, Printing & Postage	47	683	730	480
Telephone & Internet	35	749	784	1099
Travel Expenses	141	2100	2241	1753
Utilities	1182	12584	13766	13323
Volunteer Expenses			0	0
Accountancy		700	700	0
Fundraising Costs			0	4
Other Costs	789	236	1025	900
<b>Total Resources Expended</b>	<b>12537</b>	<b>39261</b>	<b>51798</b>	<b>51692</b>
<b>Net income (expenditure) for the year</b>	<b>-876</b>	<b>-10396</b>	<b>-11272</b>	<b>6898</b>
<b>Transfer between funds</b>			<b>0</b>	
<b>Funds b/fwd</b>	<b>9079</b>	<b>12443</b>	<b>21522</b>	<b>14624</b>
<b>Total Funds as at 31 March 2024</b>	<b>8203</b>	<b>2047</b>	<b>10250</b>	<b>21522</b>

.

## Gateshead Clubhouse CIO

### Balance Sheet as at 31 March 2024

	Notes	2024		2023	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible Fixed Assets			0		0
<b>Currents Assets</b>					
Cash at bank and in hand		10250		21521	
Debtors & Prepayments		10250		21521	
<b>Current Liabilities</b>					
<b>Net Current Assets</b>					
			10250		21521
<b>Net Assets</b>					
			<b>10250</b>		<b>21521</b>
<b>Funds</b>					
	4				
Restricted Funds			2047		12442
General Funds			8203		9079
			<b>10250</b>		<b>21521</b>

Approved by the Committee on ...

and signed on their behalf:

Teresa Morley - Co-Chair

## Gateshead Clubhouse CIO

### Notes to the financial statements for the year ended 31 March 2024

#### 1 Accounting Policies

##### 1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

##### 1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

##### 1.3 Donations & Other Income

All income is accounted for when it is received.

##### 1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts.

Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

##### 1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

#### 2 Grants Received:

##### Restricted:

National Survivor	500
The National Lottery Communities Fund	21053
National Lottery (Meals subsidy)	7312
<b>Total Grants Received</b>	<b>28865</b>

#### 3 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.

No Trustees claimed any expenses during the financial year.

4 Restricted Funds	B/fwd	Income	Expend	C/fwd
Connected Voice (Fuel Bills)	487		487	0
Gateshead Council (Activities)	7576		7576	0
GP Risk Statement Charges	134		0	134
NLF Evaluation Fund	2250		1100	1150
The National Lottery Communities Fund	7	21053	21027	33
National Lottery (Meals subsidy)	1989	7312	8708	593
National Survivor	0	500	363	137
<b>Total Restricted Funds</b>	<b>12443</b>	<b>28865</b>	<b>39261</b>	<b>2047</b>
<b>General Funds</b>	<b>9079</b>	<b>11661</b>	<b>12537</b>	<b>8203</b>
<b>Total Funds</b>	<b>21522</b>	<b>40526</b>	<b>51798</b>	<b>10250</b>