

Gateshead Clubhouse CIO

Financial Statements

For The Year Ended 31 March 2022

Registered Charity No. 1160853

Gateshead Clubhouse CIO

Administration Information

For the year ended 31 March 2022

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2022

Reference and Administrative Details

Charity No	1160853
Address	Worcester Green Gateshead Tyne & Wear NE8 1NH
Accountant	Mark Thompson MAAT 42 Lesbury Road Heaton Newcastle upon Tyne NE6 5LB
Bankers	Lloyds Bank Gateshead
Trustees	Tersa Morley Co-Chair Anthony Johnson Co-Chair Paul Ogle Secretary Paul Holiday Terry Maher
Advisors	Andrew Jay – Mental Health Professional Lorna Sherriff - Mental Health Professiona Bill Scott – Service User Involvement Worker MHM Stephen Bell – Clubhouse Member

Gateshead Clubhouse CIO

Report of the Trustees for the Year Ended 31 March 2022

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Achievements

Whilst most of the statutory and voluntary sector organisations in Gateshead worked purely from home during the pandemic, we recognised the fact that most of our members were particularly vulnerable and would not have the skills to cope with being isolated in their homes. Many of them are also unable to use computers to gain access to online facilities or have any family support to draw from. We were determined to keep the building open whenever it was possible to do so and provide as much support for them as we could. For example, thanks to the funding we gained, we were able to bring in a dedicated Mindfulness tutor who worked successfully with some of our members over a course that ran throughout much of the year.

One of the most important reasons for the Clubhouse being in existence is linked to the problems that vulnerable people with mental health issues face with regards to social isolation.

How we have involved people from our community in our work

Our democratic approach is based on a flat hierarchical structure. This ensures that all members have a say in the running of the clubhouse. This approach has continued to work well, despite the various constraints imposed by the pandemic. Our monthly member's meetings, which have continued throughout the year, to keep members in the 'loop' with regards to opening times, activities, café items etc. These discussions have provided useful opportunities to ascertain how our members have been coping throughout the Covid situation and we have used their feedback to improve and adapt our services. There has also been a huge amount of peer support undertaken.

The difference we are making

The clubhouse has been open whenever possible for members to get out of their homes and reduce social isolation throughout the year. We have also used zoom video to provide peer support to our members as well as a Facebook group for members only.

We had to put new referrals on hold due to limited numbers allowed in the building - 24 was the maximum allowed with social distancing. Unfortunately, we could not run any activities throughout most of the year as we were using rooms in the clubhouse for overflow from the main room.

How we are changing what we do

Through regular consultations with our members we have achieved a strong level of flexibility in what we provide. Our members drive the wide range of activities and events which are held at the clubhouse and in the wider community on their behalf.

Looking to the future we want to continue developing the clubhouse and to ensure the security of the service bringing about activities that genuinely benefit the mental health of our members.

Now that we are established and have gained a significant level of expertise, we intend to look at other areas of T&W and see if we can help service users in their locality to create a customized version of the clubhouse model and to provide mental health-focused peer support services for themselves, using the club house as a 'show house' so they can see what is possible and hopefully encourage them to develop their own services in their area.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Plans for the Future

We will continue to develop the Clubhouse in its own right, but at the same time we wish to support other mental health communities in Tyne & Wear to develop their own models of user run services. Over the coming years we will be focusing on reaching out for partners to help develop these services, working with all sectors in mental health so we could see similar projects to the clubhouse throughout Tyne & Wear. These would be completely independent services customised to the requirements of local people in each location.

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:-

Anthony Johnson - Co Chair

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2nd February 2024



INDEPENDENT EXAMINER'S REPORT

Report to the
trustees of

Gateshead Clubhouse CIO

On accounts for
the year ended

31 March 2022

Charity no 1160853

**Respective
responsibilities of
trustees and
examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of
independent
examiner's
statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent
examiner's
statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 1 February 2024

Name: Mark Thompson MAAT
Address: 42 Lesbury Road
Newcastle
NE6 5LB

Gateshead Clubhouse CIO
Statement Of Financial Activities
For the year ended 31 March 2022

	Unrestricted Funds 2022	Designated Funds 2022	Restricted Funds 2022	Total Funds 2022	Total Funds 2021
Incoming Resources					
Grants			29902	29902	38310
Donations	236		205	441	1000
Catering Income	12177			12177	1400
Room Hire & Refreshments	1642			1642	3059
Other Income	1402			1402	814
Total Incoming Resources	15457	0	30107	45564	44583
Resources Expended					
Activities & Events	1268		5063	6331	7806
Catering Costs	10164		92	10256	5678
IT Costs	135		643	778	43
Insurance	280		1596	1876	925
Equipment	779		1814	2593	9626
Legal & Professional Fees	57		1600	1657	7060
Licences, Affiliations & Subs	96		189	285	267
Maintenance & Refurbishment	1050		2282	3332	13284
Sanitary & Cleaning	301		1119	1420	1301
Safety and Security	83		1674	1757	695
Stationery, Printing & Postage	60		255	315	414
Telephone & Internet	216		875	1091	1206
Travel Expenses	449		1327	1776	359
Utilities	1216		8152	9368	3856
Volunteer Expenses	0		0	0	139
Accountancy	0		116	116	0
Fundraising Costs	0		0	0	24
Other Costs	35		640	675	3724
Total Resources Expended	16189	0	27437	43626	56407
Net income (expenditure) for the year	-732	0	2670	1938	-11824
Transfer between funds	-350	500	-150		
Funds b/fwd	2436	7000	3250	12686	24510
Total Funds as at 31 March 2022	1354	7500	5770	14624	12686

Gateshead Clubhouse CIO

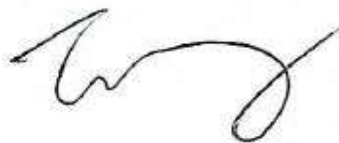
Balance Sheet as at 31 March 2022

	Notes	2022		2021	
		£	£	£	£
Fixed Assets					
Tangible Fixed Assets			0		0
Currents Assets					
Cash at bank and in hand		14624		13086	
Debtors & Prepayments		14624		13086	
Current Liabilities					400
Net Current Assets			14624		12686
Net Assets			14624		12686
Funds	4				
Restricted Funds			5769		3250
General Funds			1355		2436
Designated Funds			7500		7000
			14624		12686

Approved by the Committee on2nd February 2024

and signed on their behalf:

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Teresa Morley - Co-Chair



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Gateshead Clubhouse CIO

Notes to the financial statements for the year ended 31 March 2022

1 Accounting Policies

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Donations & Other Income

All income is accounted for when it is received.

1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts. Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

2 Grants Received:

NL Community Fund	15252
NLF Evaluation Fund	4500
Awards For All	10055
Open Day Fund	300
Total Grants Received	30107

3 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.
No Trustees claimed any expenses during the financial year.

4 Restricted Funds	B/fwd	Income	Expend	Trans to/from Gen Funds	C/fwd
Clubhouse in Corona Times	541		541		0
NL Community Fund	1806	15252	17058		0
Sofas Community Foundation	247		247		0
GP Risk Statement Charges	174		20		154
NLF Evaluation Fund		4500		-2250	2250
Awards For All	481	10055	8542	-150	1844
Open Day Fund		300			300
Fuel Bills Funding			1029	2250	1221
Total Restricted Funds	3249	30107	27437	-150	5769
Designated Funds					
Reserves	7000			500	7500
General Funds	2836	15457	16588	-350	1355
Total Funds	13085	45564	44025	0	14624