

GATESHEAD CLUBHOUSE

England & Wales · Charity number 1160853

Details

Status Registered

Legal form CIO

Registered 2015-03-12

Register [View on the Charity Commission register](#)

Contact

Address Gateshead Club House
Worcester Green
Gateshead
NE8 1NH

Phone 01914409033

Email gateshead.clubhouse@gmail.com

Website <http://gatesheadclubhouse.com>

Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE WHO SUFFER FROM MENTAL HEALTH PROBLEMS IN THE BOROUGH OF GATESHEAD BY PROVIDING SERVICES OR FACILITIES CALCULATED TO RELIEVE THE NEEDS OF SUCH PERSONS.

Activities: Gateshead clubhouse is a mental health community hub run entirely by its members. We have a community cafe with Internet access for our members, we run various activities from the clubhouse as well as out in the community.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space
- **What:** Disability, Economic/community Development/employment
- **Who:** People With Disabilities

Geography

- Gateshead

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£56,421	£45,008	-	-
2024-03-31	£40,526	£51,798	-	-
2023-03-31	£58,590	£51,692	-	-
2022-03-31	£44,583	£56,407	-	-
2021-03-31	£44,583	£56,407	-	-

Trustees

Name	Role	Appointed
TERESA MORLEY	Chair	2015-04-01
John Hillary		2025-02-27
Natalie McKeown		2022-09-01
Terry Maher		2021-03-17
William Farr Sayer		2026-01-31
William Scott		2022-08-18

GATESHEAD CLUBHOUSE

England & Wales - Charity number 1160853

Accounts

A mental health community hub run by its members



Gateshead Clubhouse

Worcester Green

Gateshead

NE8 1NH

gateshead.clubhouse@gmail.com

www.gatesheadclubhouse.com

0191 4409033

Registered Charity No. 1160853

**Gateshead Clubhouse Trustees' Report /
Gateshead Clubhouse CIO Financial
Statements**

For The Year Ended 31 March 2025

**Gateshead Clubhouse CIO
Administration Information**

For the year ended 31 March 2025

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2025

Reference and Administrative Details

Charity No 1160853

Address Worcester Green
Gateshead
Tyne & Wear
NE8 1NH

Accountant Mark Thompson MAAT
42 Lesbury Road
Heaton
Newcastle upon Tyne
NE6 5LB

Bankers Lloyds Bank
Gateshead

Trustees Teresa Morley Co-Chair
William Scott Secretary
Terry Maher
Natalie McKeown
John Hillary

Advisors Andrew Jay – Mental Health Professional
Lorna Sherriff - Mental Health Professional

Gateshead Clubhouse CIO

Report of the Trustees for the Year Ended 31 March 2025

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Summary

As in previous years, we believe that the Clubhouse continues to have a positive impact on the lives of its members. We have been seeing a reduction in the number of members reporting that they have experienced social isolation and many are noticeably engaging in more peer support activities and, as a result, their quality of life has improved.

Achievements

One of the most important reasons for the Clubhouse being in existence is linked to the problems that vulnerable people with mental health issues face with regards to social isolation. We have been very successful in terms of our high levels of peer support in a wide range of different ways including: -

- We have increasingly recognized the importance of the often unrecorded value of the way clubhouse members have been able to work together in their endeavours to support the clubhouse and its members. This can range from simply saying hello to someone to longer conversations with new and old members, to new friendships being forged.
- Group Activities (see below),
- Trips out, local and regional (see below)
- Reaching out to vulnerable members who face problems with social anxiety via text, email and telephone.
- Sign posting some of our members to other organisations, to enhance their personal and social skills.
- Catering provision: We have continued to provide cafe facilities run entirely by our members on a rota basis, providing nutritious meals and light snacks.

Our Overall Democratic Structure

Our overall democratic structure is based on a flat hierarchical approach. This ensures that all of our members have a genuine say in the running of the Clubhouse. This has continued to work well throughout the years. Three of the key elements: -

Monthly member's meetings, which have continued throughout the year, to keep members in the 'loop' about opening times, activities, café items etc. These discussions have provided useful opportunities to get their feedback, as a means of informing future plans and adapting our activities that reflect what our membership want to see made available.

Monthly Trustees Meetings

Our Trustees are elected annually by the membership, at the AGM, and possess a wide range of knowledge, expertise and skills (in addition to invaluable lived experience), drawn, in the main from the clubhouse membership, plus past and current mental health professionals. All strategic matters (including finances, funding, health & safety, risks etc.) relating to the Clubhouse are discussed in-depth at each meeting.

Clubhouse Members Reps Meetings

Our member reps (our members who have the aptitude, skills and time to provide their support) undertake the general operational and daily running management of the Clubhouse.

Trips and other group activities 2024 – 2025

We have experienced a marked increase in the number of activities / groups that have taken place over the year.

Trips

- 5th June Mystery Trip (10 members)
- 25th June Bury Market (5 members)
- 8th July Beamish Museum (15 members)
- 1st August Carlisle Market (9 members)
- 15th August Marsden (9 members)
- 18th August Whitby Regatta (12 members)
- 9th September Edinburgh (17 members)

Other Group Activities

- Gateshead Learning & Skills Art (30 sessions)
- Gateshead Learning & Skills Crafts (30 sessions)
- Gateshead Learning & Skills Bollywood (30 sessions)
- Mindfulness (33 sessions)
- Yoga with Sally (42 sessions)
- Hearing voices support group (20 sessions)
- NHS pride action north east drop in (7 sessions)
- Model building (6 sessions)
- Film Club (11 sessions)
- Gateshead Libraries drop ins (6 sessions, including nostalgia quizzes)
- Multiply Gateshead: Cooking skills (12 sessions)
- Multiply Gateshead Gateshead: Quizzes (4 sessions)
- Multiply Gateshead Crafts (6 sessions)
- Safe Space with MIND x10 times (started October 2025)

Christmas Day Community Dinner

For the 11th year, we provided a Christmas day meal for 26 people who would have otherwise have had nowhere to go on Christmas Day. Everyone was given an individual present. Our 5 regular Christmas Day volunteers also came along again to help out.

We would like to highlight the positive impact we have had for some of our members over another year, particularly around the flagging of safeguarding concerns and effective information sharing with support and social workers to keep our members safe and ensure swift and correct action was taken to protect them from harm.



Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Financial Review

The financial position for the year shows net incoming funds of £56,421 and total outgoing resources of £45,008 with funds brought forward from last year of £10,251 the total funds carried forward are £21,664.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Following the loss of our co-chair (a founding member and a driving force behind the financial and administration work of the Clubhouse), we have been reaching out for support in these areas.

A meeting with Connected Voice, regarding the services that they provide to assist charities in their work, led to them helping us to source a treasurer/ admin support, on the basis of providing assistance once a month, in the sense of buying in someone's expertise.

They identified one of our partner charities, Tyne View Health Club (previously Big Local Gateshead) who are in a similar situation and we are working together towards finding an individual who can assist us both and share their expertise and cost of their time.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Plans for the Future include: -

- Hiring a treasurer
- Working with our partner Big Local Gateshead (now Tyne View Health Club).
- Increase the number of activities.
- Expand our membership
- Modernise the toilet facilities
- Assisting/supporting/ advising on the pilot of a new ADHD initiative in the local area, ran by one of our members and Mental Health Professional Advisors - Divergence.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

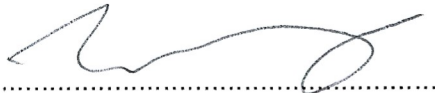
Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Statement of Trustees' responsibilities

- Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:
 - Select suitable accounting policies and then apply them consistently;
 - Make judgements and estimates that are reasonable and prudent;
 - State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.
- The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by: -



Date...

11/12/25

INDEPENDENT EXAMINER'S REPORT

Report to the
trustees of

Gateshead Clubhouse CIO

On accounts for
the year ended

31 March 2025

Charity no 1160853

**Respective
responsibilities of
trustees and
examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of
independent
examiner's
statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent
examiner's
statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 19 November 2025

Name:

Mark Thompson MAAT

Address:

42 Lesbury Road
Newcastle
NE6 5LB

**Gateshead Clubhouse CIO
Statement Of Financial Activities
For the year ended 31 March 2025**

	Unrestricted Funds 2025	Restricted Funds 2025	Total Funds 2025	Total Funds 2024
Incoming Resources				
Grants		43200	43200	28865
Donations	22		22	40
Catering Income	9552		9552	8463
Room Hire & Refreshments	2014		2014	2422
Other Income	1355		1355	736
Refunds	278		278	0
Total Incoming Resources	<u>13221</u>	<u>43200</u>	<u>56421</u>	<u>40526</u>
Resources Expended				
Activities & Events	1231	6808	8039	7359
Catering Costs	10914	8862	19776	15199
IT Costs	74	376	450	429
Insurance	152	1677	1829	1630
Equipment	228		228	710
Legal & Professional Fees	30		30	728
Licences, Affiliations & Subs	23	207	230	0
Maintenance & Refurbishment	38	646	684	4777
Sanitary & Cleaning	1255	1311	2566	880
Safety and Security	0	412	412	840
Stationery, Printing & Postage	0	199	199	730
Telephone & Internet	155	741	896	784
Travel Expenses	222	1461	1683	2241
Utilities	534	6773	7307	13766
Volunteer Expenses			0	0
Accountancy	30	450	480	700
Other Costs	199		199	1025
Total Resources Expended	<u>15085</u>	<u>29923</u>	<u>45008</u>	<u>51798</u>
Net income (expenditure) for the year	-1864	13277	11413	-11272
Transfer between funds			0	
Funds b/fwd	8203	2047	10250	21522
Total Funds as at 31 March 2025	<u>6339</u>	<u>15324</u>	<u>21663</u>	<u>10250</u>

Gateshead Clubhouse CIO

Balance Sheet as at 31 March 2025

	Notes	2025		2024	
		£	£	£	£
Fixed Assets					
Tangible Fixed Assets			0		0
Currents Assets					
Cash at bank and in hand		21663		10250	
Debtors & Prepayments		21663		10250	
Current Liabilities					
Net Current Assets					
			21663		10250
Net Assets					
			21663		10250
Funds					
	4				
Restricted Funds			15324		2047
General Funds			6339		8203
			<u>21663</u>		<u>10250</u>

Approved by the Committee on 11/12/25

and signed on their behalf:

Teresa Morley Chair

Gateshead Clubhouse CIO

Notes to the financial statements for the year ended 31 March 2025

1 Accounting Policies

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Donations & Other Income

All income is accounted for when it is received.

1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts. Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

2 Grants Received:

Restricted:

The National Lottery Community Fund – Reaching Communities	24000
The National Lottery Community Fund – Awards For All	19200
Total Grants Received	43200

3 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.

No Trustees claimed any expenses during the financial year.

4 Restricted Funds	B/fwd	Income	Expend	C/fwd
GP Risk Statement Charges	134		18	116
NLF Evaluation Fund	1151			1151
The National Lottery Community Fund – Reaching Communities	33	24000	21539	2494
The National Lottery Community Fund – Awards For All	593	19200	8366	11427
National Survivor	137			137
Total Restricted Funds	2048	43200	29923	15325
General Funds	8203	13221	15085	6339
Total Funds	10251	56421	45008	21664

GATESHEAD CLUBHOUSE

England & Wales - Charity number 1160853

Accounts

Gateshead Clubhouse CIO

Financial Statements

For The Year Ended 31 March 2024

Registered Charity No. 1160853

**Gateshead Clubhouse CIO
Administration Information**

For the year ended 31 March 2024

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2024

Reference and Administrative Details

Charity No	1160853	
Address	Worcester Green Gateshead Tyne & Wear NE8 1NH	
Accountant	Mark Thompson MAAT 42 Lesbury Road Heaton Newcastle upon Tyne NE6 5LB	
Bankers	Lloyds Bank Gateshead	
Trustees	Teresa Morley Anthony Johnson Paul Ogle William Scott Terry Maher Natalie McKeown	Co-Chair Co-Chair Secretary
Advisors	Andrew Jay – Mental Health Professional Lorna Sherriff - Mental Health Professional	

Gateshead Clubhouse CIO

Report of the Trustees for the Year Ended 31 March 2024

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Summary

As in previous years, we believe that the Clubhouse continues to have a positive impact on the lives of its members. We have been seeing a reduction in the number of members reporting that they have experienced social isolation and many are noticeably engaging in more peer support activities and, as a result, their quality of life has improved.

On average, we are seeing approximately 60 members coming into the Clubhouse per day.

We went on 4 main trips this year, visiting York (14 members), Scarborough (11 members), Edinburgh (18 members) and Bowness-on-Windermere (13 members). We also went on local outings using public transport, arranged by the members, plus 5 informal walking groups.

Our annual Easter egg hunt, raffle and Easter dinner also went ahead and was well attended and enjoyed, along with our August bank holiday BBQ event.

We have experienced a marked increase in the number of activities / groups that have taken place over the year.

Total room use - 472 usage

- 38 mindfulness drop in
- 38 mindfulness
- 7 formal mindfulness
- 35 yoga
- 30 crafts
- 30 arts
- 8 Summer Art & Photography sessions with Damien
- 28 Bollywood dancing
- 15 Model-building Club
- 15 Multiply

Room use in relation to the organisations we work with:-

Recoco, Adult ADHD Support Groups N.E, CNTW, GP Surgeries (e.g peer support workers), Pathways (welfare rights), Connected Voice, CAB, Age Concern, Gateshead Library. For example:

- 5 Hearing Voices peer support group sessions (joint working with CNTW)
- 3 Gateshead Library Nostalgia quiz sessions
- 10 Gateshead Adults offshoot: learning numeracy based projects facilitated by Multiply (including cooking as a basis for developing numeracy skills, along with quizzes)

Concerning the financial value to Gateshead's communities and mental health services, we estimate that, if this were a staffed service, the annual cost would be at least £275,000 per annum.

We would like to highlight the positive impact we have had for some of our members this last year, particularly around the flagging of safeguarding concerns and effective information sharing with support and social workers to keep our members safe and ensure swift and correct action was taken to protect them from harm.

Sharing and working with other organisations

Our strategy of inviting anyone who works in the cross-sector mental health system open access to visit the Clubhouse when they wish, with or without clients, to see how the Clubhouse model works in relation to their clients who might wish to attend the Clubhouse has proven to be effective. This has increased the number of applications for

We have seen a welcome increase in people visiting from a wide range of statutory and voluntary sectors (which has in turn increased referrals and general information sharing regarding other support services and activities), in both primary and secondary care.

These include:-

- GPs and GP surgery managers and staff.
- Occupational therapists.
- Voluntary sector based support workers, social navigators, social prescribers, peer support workers and so on.
- Social workers, housing support workers, CPNs,

- Local authority staff, including community link workers, welfare rights workers

For the 10th year, we provided a Christmas day meal for 26 people who would have otherwise have had nowhere to go on Christmas Day. Everyone was given an individual present. Our 5 regular Christmas Day volunteers also came along again to help out.

We have continued to support the pilot Clubhouse project in South Tyneside (Club Together South Tyneside - CTST), giving advice and support when needed, as well as access to our forms and paperwork etc.

We have had regular visits from the Mental Health Community Engagement Officer and others involved in the project, under our "open house" arrangement where we can demonstrate and advise on the model, policies and practices, etc., and they have the opportunity to engage with our members.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:-

Anthony Johnson - Co Chair

.....
2nd February 2024

INDEPENDENT EXAMINER'S REPORT

Report to the
trustees of

Gateshead Clubhouse CIO

On accounts for
the year ended

31 March 2024

Charity no 1160853

Respective
responsibilities of
trustees and
examiner

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

Basis of
independent
examiner's
statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent
examiner's
statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 13 March 2025

Name:
Address:

Mark Thompson MAAT
42 Lesbury Road
Newcastle
NE6 5LB

**Gateshead Clubhouse CIO
Statement Of Financial Activities
For the year ended 31 March 2024**

	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
Incoming Resources				
Grants		28865	28865	34771
Donations	40		40	66
Catering Income	8463		8463	11432
Room Hire & Refreshments	2422		2422	3258
Other Income	736		736	694
Refunds			0	8369
Total Incoming Resources	11661	28865	40526	58590
Resources Expended				
Activities & Events	482	6877	7359	8044
Catering Costs	7514	7685	15199	13043
IT Costs	14	415	429	191
Insurance		1630	1630	1015
Equipment	302	408	710	4699
Legal & Professional Fees	351	377	728	665
Licences, Affiliations & Subs			0	189
Maintenance & Refurbishment	722	4055	4777	3496
Sanitary & Cleaning	855	25	880	805
Safety and Security	103	737	840	1986
Stationery, Printing & Postage	47	683	730	480
Telephone & Internet	35	749	784	1099
Travel Expenses	141	2100	2241	1753
Utilities	1182	12584	13766	13323
Volunteer Expenses			0	0
Accountancy		700	700	0
Fundraising Costs			0	4
Other Costs	789	236	1025	900
Total Resources Expended	12537	39261	51798	51692
Net income (expenditure) for the year	-876	-10396	-11272	6898
Transfer between funds			0	
Funds b/fwd	9079	12443	21522	14624
Total Funds as at 31 March 2024	8203	2047	10250	21522

Gateshead Clubhouse CIO

Balance Sheet as at 31 March 2024

	Notes	2024		2023	
		£	£	£	£
Fixed Assets					
Tangible Fixed Assets			0		0
Currents Assets					
Cash at bank and in hand		10250		21521	
Debtors & Prepayments		10250		21521	
Current Liabilities					
Net Current Assets					
			10250		21521
Net Assets					
			10250		21521
Funds					
	4				
Restricted Funds			2047		12442
General Funds			8203		9079
			<u>10250</u>		<u>21521</u>

Approved by the Committee on ...

and signed on their behalf:

Teresa Morley - Co-Chair

Gateshead Clubhouse CIO

Notes to the financial statements for the year ended 31 March 2024

1 Accounting Policies

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Donations & Other Income

All income is accounted for when it is received.

1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts.

Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

2 Grants Received:

Restricted:

National Survivor	500
The National Lottery Communities Fund	21053
National Lottery (Meals subsidy)	7312
Total Grants Received	28865

3 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.

No Trustees claimed any expenses during the financial year.

4 Restricted Funds	B/fwd	Income	Expend	C/fwd
Connected Voice (Fuel Bills)	487		487	0
Gateshead Council (Activities)	7576		7576	0
GP Risk Statement Charges	134		0	134
NLF Evaluation Fund	2250		1100	1150
The National Lottery Communities Fund	7	21053	21027	33
National Lottery (Meals subsidy)	1989	7312	8708	593
National Survivor	0	500	363	137
Total Restricted Funds	12443	28865	39261	2047
General Funds	9079	11661	12537	8203
Total Funds	21522	40526	51798	10250

GATESHEAD CLUBHOUSE

England & Wales - Charity number 1160853

Accounts

Gateshead Clubhouse CIO

Annual Report &

Financial Statements

For The Year Ended 31 March 2023

Registered Charity No. 1160853

**Gateshead Clubhouse CIO
Administration Information**

For the year ended 31 March 2022

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2023

Reference and Administrative Details

Charity No	1160853
Address	Worcester Green Gateshead Tyne & Wear NE8 1NH
Accountant	Mark Thompson MAAT 42 Lesbury Road Heaton Newcastle upon Tyne NE6 5LB
Bankers	Lloyds Bank Gateshead
Trustees	Tersa Morley Co-Chair Anthony Johnson Co-Chair Paul Ogle Secretary Bill Scott Terry Maher Natalie McKeown
Advisors	Andrew Jay – Mental Health Professional Lorna Sherriff - Mental Health Professiona

Gateshead Clubhouse CIO

Report of the Trustees for the Year Ended 31 March 2023

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Summary

As in previous years, we believe that the Clubhouse continues to have a positive impact on the lives of its members. We have been seeing a reduction in the number of members reporting that they have experienced social isolation and many are noticeably engaging in more peer support activities and, as a result, their quality of life has improved.

On average, we are seeing approximately 50 members coming into the Clubhouse per day.

We went on 5 main trips this year to places like Holy Island and Edinburgh, we also went on lots of local outings using public transport, arranged by the members

Our annual Easter egg hunt, raffle and Easter dinner also went ahead and was well attended and enjoyed, along with our August bank holiday BBQ event.

We have experienced a marked increase in the number of activities / groups that have taken place over the year, from 550 hours in year 3, to 833 hours in year 4.

Total room use - 833h 30m usage

- 44 mindfulness drop in
- 44 mindfulness
- 8 formal mindfulness
- 35 yoga
- 29 crafts for wellbeing
- 30 art and crafts
- 20 Summer Art & Photography with Damien
- 12 Wellbeing Through Digital Drawing

Concerning the financial value to Gateshead's communities and mental health services, we estimate that, if this were a staffed service, the annual cost would be at least £275,000 per annum.

We would like to highlight the positive impact we have had for some of our members this last year, particularly around the flagging of safeguarding concerns and effective information sharing with support and social workers to keep our members safe and ensure swift and correct action was taken to protect them from harm.

Sharing and working with other organisations

Our strategy of inviting anyone who works in the cross-sector mental health system open access to visit the Clubhouse when they wish, with or without clients, to see how the Clubhouse model works in relation to their clients who might wish to attend the Clubhouse has proven to be effective. This has increased the number of applications for membership.

We have seen a welcome increase in people visiting from a wide range of statutory and voluntary sectors (which has in turn increased referrals and general information sharing regarding other support services and activities), in both primary and secondary care.

These include:-

GPs and GP surgery managers and staff.

- Occupational therapists.
- Voluntary sector based support workers, social navigators, social prescribers, peer support workers and so on.
- Social workers, housing support workers, CPNs,
- Local authority staff, including community link workers, welfare rights workers

For the 9th year, the Christmas day meal was jointly-funded with Oxford Terrace and Rawlings Road GP surgery. Half of those who attended were patients from the surgery, who would have otherwise have had nowhere to go on Christmas Day. A Christmas dinner was provided for approx. 26 people, and everyone was given an individual present. Our 5 regular Christmas Day volunteers also came along again to help out.

We have continued to support the pilot Clubhouse project in South Tyneside (Club Together South Tyneside - CTST), giving advice and support when needed, as well as access to our forms and paperwork etc.

We have had regular visits from the Mental Health Community Engagement Officer and others involved in the project, under our "open house" arrangement where we can demonstrate and advise on the model, policies and practices, etc., and they have the opportunity to engage with our members.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

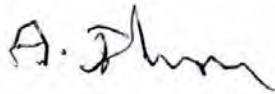
- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:-

Anthony Johnson - Co Chair

.....
2nd February 2024



INDEPENDENT EXAMINER'S REPORT

Report to the
trustees of

Gateshead Clubhouse CIO

On accounts for
the year ended

31 March 2023

Charity no 1160853

Respective
responsibilities of
trustees and
examiner

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

Basis of
independent
examiner's
statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent
examiner's
statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 1 February 2024

Name: Mark Thompson MAAT
Address: 42 Lesbury Road
Newcastle
NE6 5LB

Gateshead Clubhouse CIO
Statement Of Financial Activities
For the year ended 31 March 2023

	Unrestricted Funds 2023	Designated Funds 2023	Restricted Funds 2023	Total Funds 2023	Total Funds 2022
Incoming Resources					
Grants			34771	34771	29902
Donations	66			66	441
Catering Income	11432			11432	12177
Room Hire & Refreshments	3258			3258	1642
Other Income	694			694	1402
Refunds (Note3)	8369			8369	
Total Incoming Resources	23819	0	34771	58590	45564
Resources Expended					
Activities & Events	1117		6927	8044	6331
Catering Costs	12694		349	13043	10256
IT Costs	110		81	191	778
Insurance	0		1015	1015	1876
Equipment	3812		887	4699	2593
Legal & Professional Fees	175		490	665	1657
Licences, Affiliations & Subs	0		189	189	285
Maintenance & Refurbishment	3084		412	3496	3332
Sanitary & Cleaning	0		805	805	1420
Safety and Security	1281		705	1986	1757
Stationery, Printing & Postage	141		339	480	315
Telephone & Internet	125		974	1099	1091
Travel Expenses	199		1554	1753	1776
Utilities	1986		11337	13323	9368
Volunteer Expenses	0			0	0
Accountancy	0			0	116
Fundraising Costs	4			4	0
Other Costs	538		362	900	675
Total Resources Expended	25266	0	26426	51692	43626
Net income (expenditure) for the year	-1447	0	8345	6898	1938
Transfer between funds	1171	500	-1671	0	
Funds b/fwd	1355	7500	5769	14624	12686
Total Funds as at 31 March 2023	1079	8000	12443	21522	14624

Gateshead Clubhouse CIO

Balance Sheet as at 31 March 2023

	Notes	2023		2022	
		£	£	£	£
Fixed Assets					
Tangible Fixed Assets			0		0
Currents Assets					
Cash at bank and in hand		21521		14624	
Debtors & Prepayments		21521		14624	
Current Liabilities					
Net Current Assets					
			21521		14624
Net Assets					
			21521		14624
Funds					
	5				
Restricted Funds			12442		5769
General Funds			1079		1355
Designated Funds			8000		7500
			<u>21521</u>		<u>14624</u>

Approved by the Committee on ...2nd February 2024

and signed on their behalf:

Teresa Morley - Co-Chair



Gateshead Clubhouse CIO

Notes to the financial statements for the year ended 31 March 2023

1 Accounting Policies

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Donations & Other Income

All income is accounted for when it is received.

1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts. Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

2 Grants Received:

Restricted:

Connected Voice (Fuel Bills)	4000
Gateshead Council (Activities)	10000
The National Lottery Communities Fund	15896
NL (Meals subsidy)	4875
Total Grants Received	34771

3 Refunds

Refunds received £6,720 from EDF and £1,649 Pool Table.

4 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.
No Trustees claimed any expenses during the financial year.

5 Restricted Funds	B/fwd	Income	Expend	Trans to/from Gen Funds	C/fwd
Connected Voice (Fuel Bills)	0	4000	3513		487
Gateshead Council (Activities)	0	10000	2424		7576
Sofas Community Foundation	0				0
GP Risk Statement Charges	154		20		134
NLF Evaluation Fund	2250				2250
The National Lottery Communities Fund		15896	17399	1510	7
NL (Meals subsidy)		4875		-2886	1989
TNL Awards For All	1844		1844		0
Open Day Fund	300		5	-295	0
Fuel Bills Funding	1221		1221		0
Total Restricted Funds	5769	34771	26426	-1671	12443
Designated Funds					
Reserves	7500			500	8000
General Funds	1355	23819	25266	1171	1079
Total Funds	14624	58590	51692	0	21522

GATESHEAD CLUBHOUSE

England & Wales - Charity number 1160853

Accounts

Gateshead Clubhouse CIO

Financial Statements

For The Year Ended 31 March 2022

Registered Charity No. 1160853

**Gateshead Clubhouse CIO
Administration Information**

For the year ended 31 March 2022

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2022

Reference and Administrative Details

Charity No 1160853

Address Worcester Green
Gateshead
Tyne & Wear
NE8 1NH

Accountant Mark Thompson MAAT
42 Lesbury Road
Heaton
Newcastle upon Tyne
NE6 5LB

Bankers Lloyds Bank
Gateshead

Trustees Tersa Morley Co-Chair
Anthony Johnson Co-Chair
Paul Ogle Secretary
Paul Holiday
Terry Maher

Advisors Andrew Jay – Mental Health Professional
Lorna Sherriff - Mental Health Professiona
Bill Scott – Service User Involvement Worker MHM
Stephen Bell – Clubhouse Member

Gateshead Clubhouse CIO

Report of the Trustees for the Year Ended 31 March 2022

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Achievements

Whilst most of the statutory and voluntary sector organisations in Gateshead worked purely from home during the pandemic, we recognised the fact that most of our members were particularly vulnerable and would not have the skills to cope with being isolated in their homes. Many of them are also unable to use computers to gain access to online facilities or have any family support to draw from. We were determined to keep the building open whenever it was possible to do so and provide as much support for them as we could. For example, thanks to the funding we gained, we were able to bring in a dedicated Mindfulness tutor who worked successfully with some of our members over a course that ran throughout much of the year.

One of the most important reasons for the Clubhouse being in existence is linked to the problems that vulnerable people with mental health issues face with regards to social isolation.

How we have involved people from our community in our work

Our democratic approach is based on a flat hierarchical structure. This ensures that all members have a say in the running of the clubhouse. This approach has continued to work well, despite the various constraints imposed by the pandemic. Our monthly member's meetings, which have continued throughout the year, to keep members in the 'loop' with regards to opening times, activities, café items etc. These discussions have provided useful opportunities to ascertain how our members have been coping throughout the Covid situation and we have used their feedback to improve and adapt our services. There has also been a huge amount of peer support undertaken.

The difference we are making

The clubhouse has been open whenever possible for members to get out of their homes and reduce social isolation throughout the year. We have also used zoom video to provide peer support to our members as well as a Facebook group for members only.

We had to put new referrals on hold due to limited numbers allowed in the building - 24 was the maximum allowed with social distancing. Unfortunately, we could not run any activities throughout most of the year as we were using rooms in the clubhouse for overflow from the main room.

How we are changing what we do

Through regular consultations with our members we have achieved a strong level of flexibility in what we provide. Our members drive the wide range of activities and events which are held at the clubhouse and in the wider community on their behalf.

Looking to the future we want to continue developing the clubhouse and to ensure the security of the service bringing about activities that genuinely benefit the mental health of our members.

Now that we are established and have gained a significant level of expertise, we intend to look at other areas of T&W and see if we can help service users in their locality to create a customized version of the clubhouse model and to provide mental health-focused peer support services for themselves, using the club house as a 'show house' so they can see what is possible and hopefully encourage them to develop their own services in their area.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Plans for the Future

We will continue to develop the Clubhouse in its own right, but at the same time we wish to support other mental health communities in Tyne & Wear to develop their own models of user run services. Over the coming years we will be focusing on reaching out for partners to help develop these services, working with all sectors in mental health so we could see similar projects to the clubhouse throughout Tyne & Wear. These would be completely independent services customised to the requirements of local people in each location.

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:-

Anthony Johnson - Co Chair

.....
2nd February 2024



INDEPENDENT EXAMINER'S REPORT

Report to the trustees of

Gateshead Clubhouse CIO

On accounts for the year ended

31 March 2022

Charity no 1160853

Respective responsibilities of trustees and examiner

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 1 February 2024

Name: Mark Thompson MAAT
Address: 42 Lesbury Road
Newcastle
NE6 5LB

Gateshead Clubhouse CIO
Statement Of Financial Activities
For the year ended 31 March 2022

	Unrestricted Funds 2022	Designated Funds 2022	Restricted Funds 2022	Total Funds 2022	Total Funds 2021
Incoming Resources					
Grants			29902	29902	38310
Donations	236		205	441	1000
Catering Income	12177			12177	1400
Room Hire & Refreshments	1642			1642	3059
Other Income	1402			1402	814
Total Incoming Resources	15457	0	30107	45564	44583
Resources Expended					
Activities & Events	1268		5063	6331	7806
Catering Costs	10164		92	10256	5678
IT Costs	135		643	778	43
Insurance	280		1596	1876	925
Equipment	779		1814	2593	9626
Legal & Professional Fees	57		1600	1657	7060
Licences, Affiliations & Subs	96		189	285	267
Maintenance & Refurbishment	1050		2282	3332	13284
Sanitary & Cleaning	301		1119	1420	1301
Safety and Security	83		1674	1757	695
Stationery, Printing & Postage	60		255	315	414
Telephone & Internet	216		875	1091	1206
Travel Expenses	449		1327	1776	359
Utilities	1216		8152	9368	3856
Volunteer Expenses	0		0	0	139
Accountancy	0		116	116	0
Fundraising Costs	0		0	0	24
Other Costs	35		640	675	3724
Total Resources Expended	16189	0	27437	43626	56407
Net income (expenditure) for the year	-732	0	2670	1938	-11824
Transfer between funds	-350	500	-150		
Funds b/fwd	2436	7000	3250	12686	24510
Total Funds as at 31 March 2022	1354	7500	5770	14624	12686

Gateshead Clubhouse CIO

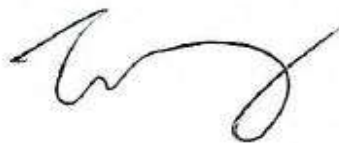
Balance Sheet as at 31 March 2022

	Notes	2022		2021	
		£	£	£	£
Fixed Assets					
Tangible Fixed Assets			0		0
Currents Assets					
Cash at bank and in hand		14624		13086	
Debtors & Prepayments		14624		13086	
Current Liabilities					
					400
Net Current Assets					
			14624		12686
Net Assets					
			14624		12686
Funds					
	4				
Restricted Funds			5769		3250
General Funds			1355		2436
Designated Funds			7500		7000
			<u>14624</u>		<u>12686</u>

Approved by the Committee on2nd February 2024

and signed on their behalf:

.....
Teresa Morley - Co-Chair



.....

Gateshead Clubhouse CIO

Notes to the financial statements for the year ended 31 March 2022

1 Accounting Policies

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Donations & Other Income

All income is accounted for when it is received.

1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts. Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

2 Grants Received:

NL Community Fund	15252
NLF Evaluation Fund	4500
Awards For All	10055
Open Day Fund	300
Total Grants Received	30107

3 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.
No Trustees claimed any expenses during the financial year.

4 Restricted Funds	B/fwd	Income	Expend	Trans to/from Gen Funds	C/fwd
Clubhouse in Corona Times	541		541		0
NL Community Fund	1806	15252	17058		0
Sofas Community Foundation	247		247		0
GP Risk Statement Charges	174		20		154
NLF Evaluation Fund		4500		-2250	2250
Awards For All	481	10055	8542	-150	1844
Open Day Fund		300			300
Fuel Bills Funding			1029	2250	1221
Total Restricted Funds	3249	30107	27437	-150	5769
Designated Funds					
Reserves	7000			500	7500
General Funds	2836	15457	16588	-350	1355
Total Funds	13085	45564	44025	0	14624

GATESHEAD CLUBHOUSE

England & Wales - Charity number 1160853

Accounts

Gateshead Clubhouse CIO

Charity Registration no 1160853

Financial Statements and Reports

For the year ended

31 March 2021

Worcester Green
GATESHEAD
Tyne & Wear
NE8 1NH

Contents

1.	Reference and Administrative Information	Page 3
2.	Structure and Governance	Page 4
3.	Trustees Report	Pages 4 to 5
4.	Independent Examiner's Report	Page 6
5.	Statement of Financial Activities	Page 7
6.	Balance Sheet	Page 8
7.	Notes to the Accounts	Pages 9-11

Reference and Administrative Information

Name: Gateshead Clubhouse CIO

Charity No: 1160853

Trustees/Directors: Teresa Morley – Chair
Anthony Johnson – Co Chair
Paul Ogle – Secretary
Paul Holiday
Terry Maher

Advisors: Andrew Jay – Mental Health Professional
Lorna Sherriff - Mental Health Professional
Bill Scott – Service User Involvement Worker MHM
Stephen Bell – Clubhouse Member

Registered Address: Worcester Green
GATESHEAD
Tyne & Wear
NE8 1NH

Bankers: Lloyds Bank plc
17 Ellison Walk
GATESHEAD
Tyne & Wear
NE8 1BF

Independent Examiner: Kate Tully FMAAT FCIE
20 Ennerdale Crescent
Winlaton
Blaydon on Tyne
NE21 6PS

Structure and Governance

Gateshead Clubhouse is a Charitable Incorporated Organisation managed by its Trustees.

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Trustee's Report

Achievements

Whilst most of the statutory and voluntary sector organisations in Gateshead worked purely from home during the pandemic, we recognised the fact that most of our members were particularly vulnerable and would not have the skills to cope with being isolated in their homes. Many of them are also unable to use computers to gain access to online facilities or have any family support to draw from. We were determined to keep the building open whenever it was possible to do so and provide as much support for them as we could. For example, thanks to the funding we gained, we were able to bring in a dedicated Mindfulness tutor who worked successfully with some of our members over a course that ran throughout much of the year.

One of the most important reasons for the Clubhouse being in existence is linked to the problems that vulnerable people with mental health issues face with regards to social isolation.

How we have involved people from our community in our work

Our democratic approach is based on a flat hierarchical structure. This ensures that all members have a say in the running of the clubhouse. This approach has continued to work well, despite the various constraints imposed by the pandemic. Our monthly member's meetings, which have continued throughout the year, to keep members in the 'loop' with regards to opening times, activities, café items etc. These discussions have provided useful opportunities to ascertain how our members have been coping throughout the Covid situation and we have used their feedback to improve and adapt our services. There has also been a huge amount of peer support undertaken.

The difference we are making

The clubhouse has been open whenever possible for members to get out of their homes and reduce social isolation throughout the year. We have also used zoom video to provide peer support to our members as well as a Facebook group for members only.

We had to put new referrals on hold due to limited numbers allowed in the building - 24 was the maximum allowed with social distancing. Unfortunately, we could not run any activities throughout most of the year as we were using rooms in the clubhouse for overflow from the main room.

How we are changing what we do

Through regular consultations with our members we have achieved a strong level of flexibility in what we provide. Our members drive the wide range of activities and events which are held at the clubhouse and in the wider community on their behalf.

Looking to the future we want to continue developing the clubhouse and to ensure the security of the service bringing about activities that genuinely benefit the mental health of our members.

Gateshead Clubhouse CIO

Now that we are established and have gained a significant level of expertise, we intend to look at other areas of T&W and see if we can help service users in their locality to create a customized version of the clubhouse model and to provide mental health-focused peer support services for themselves, using the club house as a 'show house' so they can see what is possible and hopefully encourage them to develop their own services in their area.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Financial Review

The financial position for the year shows net incoming funds of £44,583 and total outgoing resources of £56,407 with funds brought forward from last year of 24,509 the total funds carried forward are £12,686.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Plans for the Future

We will continue to develop the Clubhouse in its own right, but at the same time we wish to support other mental health communities in Tyne & Wear to develop their own models of user run services. Over the coming years we will be focusing on reaching out for partners to help develop these services, working with all sectors in mental health so we could see similar projects to the clubhouse throughout Tyne & Wear. These would be completely independent services customised to the requirements of local people in each location.

Trustees' Responsibilities

The Trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable Charity Law and United Kingdom Generally Accepted Accounting Practice.

Charity Law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements;

Gateshead Clubhouse CIO

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees and signed on their behalf:

Name:.....*Signature:*.....

Date:.....

Independent Examiners Report

Report to the trustees of Gateshead Clubhouse CIO on Accounts for the year ended 31 March 2021 set out on pages 7 to 11

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income does not exceed £250,000.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kate Tully FMAAT FCIE AATQB

Date

Signed



3

Kate Tully is a Fellow Member of the Association of Charity Independent Examiners and a Fellow Member of the Association of Accounting Technicians

Statement of Financial Activities

for the year ended 31 March 2021

	Unrestricted	Designated	Restricted	Total	Total
	Funds	Funds	Funds	Funds	Funds
Note	£	£	£	2020-21	2019-20
	£	£	£	£	£
Income and Endowments from:					
<i>Donations and Legacies</i>	1,090	0	38,220	39,310	53,167
<i>Charitable Activities</i>	5,273	0	0	5,273	5,222
<i>Other Trading Activities</i>	0	0	0	0	0
<i>Investment Income</i>	0	0	0	0	0
<i>Other</i>				0	0
Total	6,363	0	38,220	44,583	58,389
Expenditure on:					
<i>Raising Funds</i>	24	0	0	24	24
<i>Charitable activities</i>	8,481	0	47,902	56,383	52,276
<i>Other resources expended</i>				0	0
Total	8,504	0	47,902	56,407	52,300
Net income/(expenditure)	(2,141)	0	(9,682)	(11,824)	6,090
Transfers between funds	2,936	1,000	(3,936)	0	0
Net movement in funds	795	1,000	(13,618)	(11,824)	6,090
<i>Funds carried forward from 2019-20</i>	1,642	6,000	16,868	24,509	18,010
Total funds carried forward	2,436	7,000	3,250	12,686	24,100

The notes on pages 12-14 form an integral part of these financial statements.

Balance Sheet

as at 31 March 2021

	Note	2020-21 Funds £	2019-20 Funds £
Fixed Assets:			
<i>Tangible Assets</i>		0	0
Total Fixed Assets:		0	0
Current Assets			
<i>Debtors</i>	7	0	0
<i>BLF Designated Account</i>		0	13
<i>Current Account</i>		13,018	24,546
<i>Cash in Hand</i>		68	350
Total Current Assets		13,086	24,909
Liabilities			
<i>Creditors: Amounts falling due within one year</i>	8	(400)	(400)
<i>Creditors: Amounts falling due after one year</i>			
Total Assets less total liabilities		12,686	24,509
The Funds of the Charity:			
Restricted funds		3,250	16,868
Designated Funds		7,000	6,000
Unrestricted funds		2,436	1,642
TOTAL CHARITY FUNDS		12,686	24,509

Approved by the trustees and signed on their behalf:

Name:.....Signature:.....

Date:.....

The notes on pages 12-14 form an integral part of these financial statements

Notes to the Financial Statements
for the period ending 31 March 2021

1 Accounting Policies

Basis of Preparation

These Financial Statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015) – Charities SORP (FRS 102).

Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Capital Grants are released over the economic useful life of the asset to which they relate

Resources Expended and Liabilities

Resources expended have been analysed using a natural classification.

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible Fixed Assets

The Charity holds no assets of material worth at the present.

2 Funds

The Charity has three funds, an unrestricted general fund comprising accumulated surpluses and deficits which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity that have not been designated for other purposes, a designated contingency fund and a restricted funds, all the movements on these are disclosed below.

Fund Name	Bal. b/f	Income	Expenditure	Transfers	Bal. c/f
Restricted Funds					
Clubhouse in Corona Times	0	18,100	(13,623)	(3,936)	541
NLCommunity Fund Year 2	0	15,120	(13,314)		1,806
Sofas - Community Foundation	0	5,000	(4,753)		247
BLF Reaching Communities year 1	6,480	0	(6,480)		0
CF Grant 2020	564	0	(564)		0
GP Risk Statement Charges	174	0	0		174
Radiators Grant BLF AFA	9,650	0	(9,169)		481
	16,868	38,220	(47,902)	(3,936)	3,250
General Fund					
General Funds	1,642	7,580	(9,721)	2,936	2,436
Reserves	6,000	0	0	1,000	7,000
	7,642	7,580	(9,721)	3,936	9,436
Total of All Funds	24,509	45,800	(57,624)	0	12,686

Analysis of Income and Expenditure 2020-21 Donations and Legacies from:

	Unrestricted £	Designated £	Restricted £	This Year Total £	Previous Year Total £
Donations and Legacies					
Grants	90		38,220	38,310	38,977
Donations	1,000			1,000	14,190
Total	1,090	0	38,220	39,310	53,167
Income from Other Trading Activities					
Fundraising				0	0
Total	0	0	0	0	0
Investments					
Bank Interest	0			0	0
Total	0	0	0	0	0
Incoming resources from charitable activities					
Catering Income Room	1,400			1,400	1,393
Hire/Refreshments	3,059			3,059	3,059
Other	814			814	770
Total	5,273	0	0	5,273	5,222
TOTAL	6,363	0	38,220	44,583	58,389

Expenditure on:

	Unrestricted £	Designated £	Restricted £	This Year Total £	Previous Year Total £
Raising Funds					
Fundraising Costs	24				0
Total	24	0	0	24	0
Charitable activities					
Activities/Events			7,806	7,806	6,053
Adverts/Publicity				0	0
Catering Costs	2,839		2,839	5,678	13,716
Computer Software/Expenses	43			0	1,893
Insurance			925	925	2,241
Equipment			9,626	9,626	980
Legal/Professional Fees			7,060	7,060	69
Licences/Affiliations/Subs	267			267	234
Maintenance/Refurbishment			13,284	13,284	15,023
Sanitary/Cleaning	141		1,301	1,301	999
Safety/Security	695			0	1,035
Stationery/Postage/Printing	414			414	839
Telephone/Internet			1,206	1,206	944
Travel Expenses	359			359	649
Utilities			3,856	3,856	6,686
Volunteer Expenses	139			139	0
Independent Examination/Accountancy				0	451
Other	3,584			3,584	467
Total	8,481	0	47,902	56,383	52,276
Total	8,504	0	47,902	56,407	52,276

3 Fixed Assets

There are no fixed assets of material worth at this time.

4 Debtors

There are no debtors at this time

5 Creditors

	2020-21 Amounts falling due within 1 year £	2019-20 Amounts falling due more than 1 year £
Trade Creditors	400	400
Other Creditors		
Accruals and Deferred Income		
Total	400	400

6 Trustees Expenses

No Trustees claimed any expenses during this financial year.