

RELIEF FROM PAIN

England & Wales · Charity number 1160789

Details

Other names	SOLLIEVO DAL DOLORE
Status	Registered
Legal form	CIO
Registered	2015-03-09
Register	View on the Charity Commission register

Contact

Address	42 Collins Hill Fordham Ely CB7 5PE
Phone	07733267466
Email	ann@relieffrompain.org
Website	www.relieffrompain.org

Activities

Objects: THE RELIEF OF SICKNESS AND PAIN BY THE PRACTICE, SUPPORT AND PROMOTION OF ALL METHODS OF HEALING AND NATURAL THERAPIES DESIGNED TO RELIEVE HUMAN SUFFERING AND DISTRESS WITH SPECIAL CONSIDERATION GIVEN TO THOSE WITH CHRONIC AND TERMINAL DISEASES INCLUDING BUT NOT LIMITED TO: MULTIPLE SCLEROSIS; CANCER; STRESS RELATED LONG TERM ILLNESSES; CHRONIC PAIN. IN FURTHERANCE OF THIS THE CHARITY ACTIVITIES WILL INCLUDE • "HEALING BY DESIGN". TO ESTABLISH HEALING CENTRES DESIGNED TO ENHANCE THE HEALING PROCESS FOR RESIDENTIAL AND NON-RESIDENTIAL CLIENTS. • "HEALING HOLIDAYS" TO ESTABLISH HEALING CENTRES THAT PROVIDE THERAPEUTIC HOLIDAYS IN CLIMATES BETTER SUITED FOR THE RELIEF OF CHRONIC PAIN AND LONG TERM ILLNESS. • "HEALING INFORMATION". TO REGULARLY UPDATE GOVERNMENT HEALTH ORGANISATIONS, THE NHS AND OTHER RELEVANT BODIES WITH THE RESULTS OF RESEARCH AND STUDIES RELATING TO THE EFFICACY OF HEALING AS COMPLEMENTARY TREATMENT FOR THE CARE OF PEOPLE WITH LONG TERM ILLNESSES AND CHRONIC PAIN, AND TO ENCOURAGE PROMOTION OF THIS INFORMATION. • "HEALING RESEARCH". TO FUND AND CONDUCT RESEARCH WHICH AIMS TO ENHANCE EXISTING HEALING MODALITIES WITH THE POSSIBILITY OF DEVELOPING NEW THERAPIES AND TO PUBLISH THE RESULTS OF SUCH RESEARCH.

Activities: Monthly Healing Clinic, Blogging, social media to provide information and generate awareness about the benefits of healing to the general public and the medical establishment - Monthly Events in the Healing Centres to raise money for medical research - Attending third party events in CAM, healthcare and medical technology - Fundraising through crowdfunding via websites

Classification

- **How:** Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Cambridgeshire
- Leicestershire
- Reading
- Slough

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£2,249	£10,167	-	-
2023-12-31	£2,673	£8,931	-	-
2022-12-31	£864	£8,847	-	-
2021-12-31	£764	£9,888	-	-
2020-12-31	£908	£672	-	-

Trustees

Name	Role	Appointed
ANN MAURICE CLOTHILDE BOONE MBA	Chair	2015-03-10
Jakub Krzysztof Szendera		2025-09-01
LIEVE DECKERS		2015-03-10
MS JOELLE EGAN		2015-03-10
SABINE IBER DESIGNER		2015-03-10

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Accounts

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Budget 2026														
Inbound Marketing	hubspot	785	785	785	785	785	785	785	785	785	785	785	785	
Blogging + content	Benner Marketing	342	342	342	342	342	342	342	342	342	342	342	342	
social media	Lieve Deckers	200	200	200	200	200	200	200	200	200	200	200	200	
rent		1200	1200	1200	1200	1200	1200	1200	1200	1200	1200	1200	1200	
operational costs	donated by trustees	0	0	0	0	0	0	0	0	0	0	0	0	
administrative help	volunteer	0	0	0	0	0	0	0	0	0	0	0	0	
travel cost	Trustees meeting in	0	0	0	7500	0	0	0	0	7500	0	0	0	
hospital project	corporate donations	0	0	0	0	0	0	0	0	65,000	0	0	0	
		2527	2527	2527	10027	2527	2527	2527	2527	75027	2527	2527	2527	110324

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Income 2025														
donations	corporate	0	0	0	0	0	0	150	0	0	0	0	0	
donations	general	0	11	0	50	5	11	0	50	0	45	0	127	
healing clinic		150	150	150	150	150	150	150	150	150	150	150	150	
on-line donations		0	0	0	0	0	0	0	0	0	0	0	0	
other		0	0	0	0	0	0	0	0	0	0	0	0	
		150	161	150	200	155	161	300	200	150	195	150	277	2,249

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Expenses 2024														
Website renewal		0	0	0	0	0	75	0	0	0	0	0	0	
sales tool		0	0	0	0	0	0	0	0	0	0	0	0	
admin and blogs		0	0	0	0	0	0	0	0	0	0	0	0	
consultancy		0	0	0	0	0	0	0	0	0	0	0	0	
telephone		16	16	16	16	16	16	16	16	16	16	16	16	
rent		100	100	100	100	100	100	100	100	100	100	100	100	
other expenses	debt	0	0	0	0	0	0	0	0	0	0	0	8700	
		116	116	116	116	116	191	116	116	116	116	116	8816	10167

what does the charity do, particularly potential funders and beneficiaries.

Relief from Pain Charity is dedicated to providing energy healing and reiki to those in pain, physical and emotional. Our healing clinics are for those with chronic illness and chronic pain. Energy healing and reiki are part of an effective pain management strategy. The charity's main aim in the next 5 years is to implement energy healing and reiki programmes in medical settings and then research on the effectiveness by analysing medical and clinical data.

about your charity's work

Due to the covid pandemic, any non-critical research programmes were put on hold. As the receipt of corporate funding was delayed as well, we will start the projects in 2022. The research work and programmes will be rolled out once sufficient funding is in place. There are several corporate and other charities that are happy to co-operate. The charity anticipates that 200,000 pounds is required to prepare and conduct research and rollout 3 CAM projects in a medical setting. The last 5 years the charity focused on networking and our money is mainly from friends and family and benefactors that are in the personal network of the Trustee's. The charity runs a monthly healing clinic on the premises. There is a volunteer-based distant healing circle on Monday and a monthly clinic at the Positivity Centre, connecting with a number of experts, providing information to the public via blogs and social media as well as giving people the opportunity to experience the benefits of healing and reiki.

where the money comes from

Most funds come from the Trustee's personal and business income, friends and family are donating and receiving healing. The charity receives a small amount of on-line donations. The charity is looking to do more networking to connect with larger corporate sponsors in the future.

how the money was spent in the past year

All funds raised were used for inbound marketing, website and related services to maintain and further an o

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		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Budget 2023														
Inbound Marketing	hubspot	738	738	738	738	0	0	0	0	0	0	0	0	
Blogging + content	Benner Marketing	342	342	342	342	0	0	0	0	0	0	0	0	
social media	Ann Boone	0	0	0	0	0	0	0	0	0	0	0	0	
rent	in private home	0	0	0	0	0	0	0	0	0	0	0	0	
operational costs	donated by trustees	0	0	0	0	0	0	0	0	0	0	0	0	
administrative help	volunteer	0	0	0	0	0	0	0	0	0	0	0	0	
travel cost	donated by Trustees	0	0	0	0	0	0	0	0	0	0	0	0	
hospital project	corporate donations	0	0	0	0	0	0	0	0	0	0	0	0	
		1080	1080	1080	1080	0	0	0	0	0	0	0	0	4320

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Income 2022														
donations	corporate	0	0	0	0	0	0	0	0	0	0	0	0	
donations	general	70	0	4	7	34	34	22	4	0	62	9	117	
healing clinic		200	60	150	300	60	60	150	300	130	400	300	200	
on-line donations		0	0	0	0	0	0	0	0	0	0	0	0	
other		0	0	0	0	0	0	0	0	0	0	0	0	
		270	60	154	307	94	94	172	304	130	462	309	273.2	2629.2

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Expenses 2022														
Website renewal		0	0	0	0	0	75	0	0	0	0	0	0	
sales tool		0	0	0	0	0	0	0	0	0	0	0	0	
admin and blogs		0	0	0	0	0	0	0	0	0	0	0	0	
consultancy		0	0	0	0	0	0	0	0	0	0	0	0	
telephone		13	13	13	13	13	13	13	13	13	13	13	13	
rent		0	0	0	0	0	0	0	0	0	0	0	0	
other expenses	debt	0	0	0	0	0	0	0	0	0	0	0	8700	
		13	13	13	13	13	88	13	13	13	13	13	8713	8931

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Budget 2022														
Inbound Marketing	hubspot	785	785	785	785	785	785	785	785	785	785	785	785	
Blogging + content	Benner Marketing	342	342	342	342	342	342	342	342	342	342	342	342	
social media	Ann Boone	0	0	0	0	0	0	0	0	0	0	0	0	
rent	in private home	0	0	0	0	0	0	0	0	0	0	0	0	
operational costs	donated by trustees	0	0	0	0	0	0	0	0	0	0	0	0	
administrative help	volunteer	0	0	0	0	0	0	0	0	0	0	0	0	
travel cost	donated by Trustees	0	0	0	0	0	0	0	0	2500	0	0	0	
hospital project	corporate donations	0	0	0	0	0	0	0	0	65,000	0	0	0	
		1127	1127	1127	1127	1127	1127	1127	1127	68627	1127	1127	1127	81024

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Income 2022														
donations	corporate	0	0	0	0	0	0	0	0	0	0	0	0	
donations	general	11	8	4	75	5	9	22	4	210	47	35	100	
healing clinic		0	0	0	0	64	0	20	30	35	7	5	37	
on-line donations		0	0	0	0	0	0	0	0	0	0	0	0	
other		0	0	0	0	0	0	0	0	0	0	0	0	
		11	7.5	4	75	69.35	9	42	34	245	54	40	273.2	864.05

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Expenses 2022														
Website renewal		0	0	0	0	0	75	0	0	0	0	0	0	
sales tool		0	0	0	0	0	0	0	0	0	0	0	0	
admin and blogs		0	0	0	0	0	0	0	0	0	0	0	0	
consultancy		0	0	0	0	0	0	0	0	0	0	0	0	
telephone		6	6	6	6	6	6	6	6	6	6	6	6	
rent		0	0	0	0	0	0	0	0	0	0	0	0	
other expenses	debt	0	0	0	0	0	0	0	0	0	0	0	8700	
		6	6	6	6	6	81	6	6	6	6	6	8706	8847

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Budget 2022														
Inbound Marketing	hubspot	785	785	785	785	785	785	785	785	785	785	785	785	
Blogging + content	Benner Marketing	342	342	342	342	342	342	342	342	342	342	342	342	
social media	Ann Boone	0	0	0	0	0	0	0	0	0	0	0	0	
rent	in private home	0	0	0	0	0	0	0	0	0	0	0	0	
operational costs	donated by trustees	0	0	0	0	0	0	0	0	0	0	0	0	
administrative help	volunteer	0	0	0	0	0	0	0	0	0	0	0	0	
travel cost	donated by Trustees	0	0	0	0	0	0	0	0	2500	0	0	0	
hospital project	corporate donations	0	0	0	0	0	0	0	0	65,000	0	0	0	
		1127	1127	1127	1127	1127	1127	1127	1127	68627	1127	1127	1127	81024

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Income 2021														
donations	corporate	0	0	0	0	0	0	0	0	0	0	0	0	
donations	general	11	8	4	75	5	9	22	4	110	47	35	100	
healing clinic		0	0	0	0	64	0	20	30	35	7	5	37	
on-line donations		0	0	0	0	0	0	0	0	0	0	0	0	
other		0	0	0	0	0	0	0	0	0	0	0	0	
		11	7.5	4	75	69.35	9	42	34	145	54	40	273.2	764.05

		Jan	Feb	March	April	May	June	July	August	Sept	Oct	Nov	Dec	
Expenses 2021														
Website renewal		0	0	0	0	0	75	0	0	0	0	0	0	
sales tool		0	0	0	0	0	0	0	0	0	0	0	0	
admin and blogs		0	0	0	0	0	0	0	0	0	0	0	0	
consultancy		0	0	0	0	0	0	0	0	0	0	0	0	
telephone		6	6	6	6	6	6	6	6	6	6	6	6	
rent		0	0	0	0	0	0	0	0	0	0	0	0	
other expenses	debt	0	0	0	0	0	0	0	0	0	0	0	9741	
		6	6	6	6	6	81	6	6	6	6	6	9747	9888

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