

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 25 February 2024
for
Support A Survivor of Torture

Support A Survivor of Torture

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for the Year Ended 25 February 2024

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Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2024

The trustees present their report with the financial statements of the charity for the year ended 25 February 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public Benefit

Support a Survivor of Torture (SAST) provides critical support for survivors of torture and/or sexual abuse, who are seeking asylum in the UK. We help victims with counselling, English and therapeutic art lessons, social events and practical support to access services.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Support A Survivor of Torture (SAST) takes a holistic, survivor-led approach, offering assistance that helps to break the cycle of stigma experienced by survivors of torture and abuse, and creates a supportive environment for recovery.

Over the last 12 months SAST has been a weekly lifeline for very isolated and traumatised individuals, addressing mental health and physical problems in the aftermath of conflict and torture in detention. We offered basic English classes, group and individual counselling sessions in the survivors' mother tongue, therapeutic art lessons and a hot meal, as well as reimbursement for travel costs. In addition, a part time case worker supplied other kinds of support, such as facilitating access to medical services, housing services and help to fill in HC2 forms for free medical prescriptions. Emergency counselling was available to those who needed guidance through times of severe distress and suicide ideation.

The number of participants rose from 45 to 64 as a result of new referrals. We worked with the Global Survivors Fund, initiating group discussions around Conflict-Related Sexual Violence (CRSV) with 50 participants - both male and female. In addition, survivors from the project were interviewed by the United Nations who visited. Additionally, two survivors went to a meeting in the Hague where they participated in a government consultation on their views on rehabilitation of sexual violence survivors.

Due to the receipt of a one-off grant, we provided additional weekly in-person meetings in the year. These were for individual counselling sessions provided by two counsellors and on average 6 people attended each week. With the increase in the number of participants coming to Thursday meetings and the individual counselling sessions plus inflation costs, travel and food costs more than doubled in the year. The one-off grant allowed for staff to receive additional training and clinical supervision in the year which has enhanced their counselling skills.

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for the Year Ended 25 February 2024

Between 26 February 2023 and 25 February 2024 SAST delivered:

- 50 weekly group meetings for approximately 64 survivors, with hot food provided and travel costs covered. In addition, we had 2 online sessions due to the train strikes and 4 group trips to sights in London during this period.
- 96 English lessons
- 95 therapeutic art sessions
- 263 individual counselling sessions
- 135 group counselling sessions.
- 9 consultation sessions in Tamil on sexual violence.

The charity:

- Assisted individuals with the filling in of 47 HC2 forms
- Assisted 1 individual to access legal help
- Provided 44 survivors with emergency support
- Provided financial support for 4 families of survivors
- 52 Participants were given cash gifts for Diwali festival from an individual donor
- 64 Participants were given cash gifts for Christmas from an individual donor.
- 5 NASS support applications were done
- 54 participants were given winter clothing (coats, hats, scarves, gloves, jumpers, thermal socks and vests)
- 4 participants were given monthly mobile phone top ups.

SAST staff and volunteers

The charity employs part-time the Project Manager, one counsellor and a bookkeeper and has freelance consultants and volunteers. SAST staff have access to regular counselling for the purposes of de-briefing as well as weekly clinical supervision online for the team. During the year there was additional support for staff in terms of training, supervision and capacity building.

Volunteers have also assisted the charity in the preparation of accounts, in helping arranging birthday cards and celebrations when someone gets asylum. One of the lead counsellors is also a volunteer. We work with a local school who also sends volunteers to help with English and Art lessons for the participants.

Funders and donors

In 2023, SAST received £175,038 in grant funds, mostly from multi-year grants, £17,670 in donations and £2,495 in Gift Aid.

Plans for 2024

We have been placing survivors one by one in council-run English courses when they are ready. Additionally, we added classes in hand quilting which have been popular.

Although sexual violence discussions have increased openness amongst participants who joined the programme in 2023, this now needs to be passed on to the more recently enrolled.

Inter-generational trauma is an emerging issue that needs addressing.

We would like to continue to provide professional development for our staff.

Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2024

FINANCIAL REVIEW

Financial position

The charity is backed by three major funders with grant payments totalling £175,039 in the year. The grants are unrestricted. Private donations totalling £20,172 with gift aid, are also unrestricted and tend to be used to support survivors and their families in emergencies or for celebrations and special days of remembrance.

We benefit from tax exemption on our activities as all funds are spent on our charitable aims. We are unable to reclaim VAT input tax on our costs as we are exempt for VAT purposes. We pay tax as an employer through the national insurance contributions we make. We make contributions to Nest pension scheme based on the requirements of the Pensions Regulator for automatic enrolment of all staff.

Reserves policy

We seek to build up a reserve to be able to continue services and to assist individuals in emergencies. The reserves held at the end of the financial year have decreased compared to the prior year due to a large grant that was received in November 2022 to pay for programme running costs up until March 2024. Current reserves will support the project work for five months.

Going concern

The director reviews the cash flow forecast of the charity on a monthly basis and communicates any concerns to the Trustees. This review along with the reserves held help the Trustees assess going concern. These Trustee reviews are annual at the moment as reserves are secure but would be quarterly at least if the funding situation changed. It has been decided to explore other funding sources as we have increased the number of survivors we helped in 2023 and we would like to ensure this continues. The Trustees have an open invitation to attend the weekly meetings and celebrations and spend time with the survivors and see the work of the project on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation controlled by its governing document, a deed of trust.

All participants sign a code of conduct and a privacy notice that is GPDR compliant.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1160787

Principal address

Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees

F Carver
Ms M Crowther
K Pathmanathan
Mrs L White
Susan Mary Wates, MBE (appointed 20 May 2024)

Support A Survivor of Torture

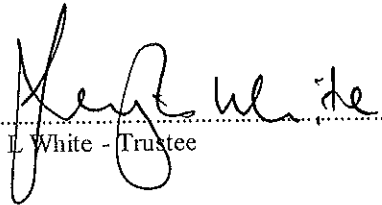
Report of the Trustees
for the Year Ended 25 February 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Louise Hallsworth FCA
For and on behalf of Baxter & Co.
Lynwood House
Crofton Road
Orpington
Kent BR6 8QE

Approved by order of the board of trustees on 30 July 2024 and signed on its behalf by:


.....
Mrs L White - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Support a Survivor of Torture (SAST)

I report to the Trustees on my examination of the financial statements of Support a Survivor of Torture (the "Trust") for the year ended 25 February 2024.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the "Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Louise Hallsworth FCA (Senior Statutory Auditor)

For and on behalf of Baxter & Co.
Chartered Certified Accountants
Lynwood House
Crofton Road
Orpington
Kent BR6 8QE

Date: 3 September 2024

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2024

	Notes	25.2.24 Unrestricted fund £	25.2.23 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>195,210</u>	<u>223,043</u>
EXPENDITURE ON			
Charitable activities			
Psychological		97,950	53,846
Social Work		85,478	61,194
General Expenses		<u>120,989</u>	<u>50,276</u>
Total		<u>304,417</u>	<u>165,316</u>
NET INCOME/(EXPENDITURE)		(109,207)	57,727
RECONCILIATION OF FUNDS			
Total funds brought forward		203,025	145,298
TOTAL FUNDS CARRIED FORWARD		<u>93,818</u>	<u>203,025</u>

The notes form part of these financial statements

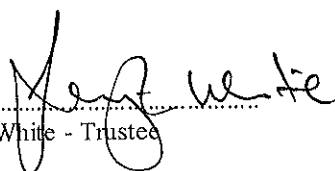
Support A Survivor of Torture

Balance Sheet
25 February 2024

		25.2.24 Unrestricted fund £	25.2.23 Total funds £
CURRENT ASSETS	Notes		
Debtors	4	2,495	2,933
Cash in hand		<u>109,370</u>	<u>209,359</u>
		111,865	212,292
CREDITORS			
Amounts falling due within one year	5	(18,047)	(9,267)
		<u>93,818</u>	<u>203,025</u>
NET CURRENT ASSETS			
		<u>93,818</u>	<u>203,025</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>93,818</u>	<u>203,025</u>
NET ASSETS			
		<u>93,818</u>	<u>203,025</u>
FUNDS	6		
Unrestricted funds		<u>93,818</u>	<u>203,025</u>
TOTAL FUNDS		<u>93,818</u>	<u>203,025</u>

The financial statements were approved by the Board of Trustees and authorised for issue on
and were signed on its behalf by:

30 July 2024


.....
L. White - Trustee

Support A Survivor of Torture

Notes to the Financial Statements for the Year Ended 25 February 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

There are no restricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2024 nor for the year ended 25 February 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2024 nor for the year ended 25 February 2023.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES FOR 2022 - 2023

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>223,043</u>
EXPENDITURE ON	
Charitable activities	
Psychological	53,846
Social Work	61,194
General Expenses	<u>50,276</u>
Total	165,316

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2024

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

Unrestricted
fund
£

NET INCOME

57,727

RECONCILIATION OF FUNDS

Total funds brought forward

145,298

TOTAL FUNDS CARRIED FORWARD

203,025

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

25.2.24
£

25.2.23
£

Other debtors

2,495

2,933

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

25.2.24
£

25.2.23
£

Other creditors

18,047

9,267

6. MOVEMENT IN FUNDS

	At 26.2.23 £	Net movement in funds £	At 25.2.24 £
Unrestricted funds			
General fund	203,025	(109,207)	93,818
	<u>203,025</u>	<u>(109,207)</u>	<u>93,818</u>
TOTAL FUNDS			

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	195,210	(304,417)	(109,207)
	<u>195,210</u>	<u>(304,417)</u>	<u>(109,207)</u>
TOTAL FUNDS			

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2024

6. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 26.2.22 £	Net movement in funds £	At 25.2.23 £
Unrestricted funds			
General fund	145,298	57,727	203,025
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>145,298</u>	<u>57,727</u>	<u>203,025</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	223,043	(165,316)	57,727
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>223,043</u>	<u>(165,316)</u>	<u>57,727</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2024

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 25 February 2024.

Support A Survivor of Torture

Detailed Statement of Financial Activities
for the Year Ended 25 February 2024

	25.2.24 £	25.2.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	17,655	17,322
Gift aid	2,516	2,902
Grants	<u>175,039</u>	<u>202,819</u>
	<u>195,210</u>	<u>223,043</u>
Total incoming resources	195,210	223,043
EXPENDITURE		
Charitable activities		
Survivors Travel	68,122	25,295
Training and supervision	34,230	10,263
Rent, light and heat	6,290	3,140
Food	23,209	11,084
Fees	85,514	53,335
Project management	29,639	28,665
General Expenses	<u>32,378</u>	<u>12,771</u>
	279,382	144,553
Support costs		
Finance		
Administration	12,911	12,598
Accountant's work	<u>8,569</u>	<u>3,613</u>
	21,480	16,211
Information technology		
Online services	2,235	3,352
Governance costs		
Independent examiner's fees	<u>1,320</u>	<u>1,200</u>
Total resources expended	<u>304,417</u>	<u>165,316</u>
Net (expenditure)/income	<u>(109,207)</u>	<u>57,727</u>