

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 25 February 2023
for
Support A Survivor of Torture

Support A Survivor of Torture

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for the Year Ended 25 February 2023

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Support A Survivor of Torture
Report of the Trustees
for the Year Ended 25 February 2023

The trustees present their report with the financial statements of the charity for the year ended 25 February 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Public Benefit

Our work is of public benefit because it supports asylum seekers and refugees who have experienced torture and/or sexual abuse and are in conditions of need due to financial hardship, physical and/or mental health problems or other disadvantage.

More specifically, the charity assists with access to medical and legal services, emergency funding and therapeutic support. The aim is to help victims turn the corner into survivors who can imagine a future. Intervening at an early stage prevents decades of despair, self harm and dependency.

Furthermore, the charity looks for structural ways to improve the experience of asylum seekers, including failed asylum seekers

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Report of the Trustees
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ACHIEVEMENT AND PERFORMANCE

Charitable activities

Support A Survivor of Torture (SAST) takes a holistic, survivor-led approach, offering assistance that helps to break the cycle of stigma experienced by survivors of torture and abuse, and creates a supportive environment for recovery.

Over the last 12 months SAST has continued to be a weekly lifeline for very isolated and traumatised individuals, addressing mental health and physical problems in the aftermath of conflict and torture in detention. When they come to us they are often suicidal, without warm clothes and unable to access services because they don't speak English. We offer English classes, group counselling, therapeutic art, a hot meal - and a chance to make friends.

During 2022, SAST ran its weekly psycho-social support group for approximately 45 male and female torture survivors. The offering involved basic English classes, group and individual counselling sessions in the survivors' mother tongue, therapeutic art lessons and a hot meal, as well as reimbursement for travel costs. In addition to this, a part time case worker supplied other kinds of support, such as facilitating access to medical services, housing services and help to fill in HC2 forms for free medical prescriptions.

Between 26 February 2022 and 25 February 2023 SAST delivered

- 45 weekly group meet-ups for around 45 survivors, with hot food provided and travel costs covered. In addition to the 45 group meetings, we had 5 online sessions due to the train strikes and 3 outings during this period.
- 85 English lessons
- 85 therapeutic art sessions
- 164 individual counselling sessions
- 108 group counselling sessions.

The charity

- Assisted individuals with 26 HC2 forms
- Supported 2 individuals with legal help
- Provided 6 survivors with emergency funding
- Provided compassionate grants to 15 UK based individuals to determine for their own use
- 39 Participants were given cash gifts for Diwali festival from an individual donor
- 49 Participants were given cash gifts for Christmas from an individual donor.

SAST's inclusive environment has provided survivors with a safe space, enabling them to address their issues without feeling guilt or shame. Participants feel supported in their journey towards recovery and finding understanding and comfort together. We regularly ask for feedback from participants and overall, they report that SAST has created a safe environment where they are free from judgement and all the activities have contributed to their resilience in overcoming daily life challenges.

SAST staff and volunteers

There have been no staff changes and the charity employs part-time 1 counsellor and a bookkeeper, while the Project Manager and the Social Worker are freelance but key members of the team. We contracted external counselling supervision as needed. SAST counsellors have access to regular counselling for the purposes of de-briefing as well as weekly clinical supervision online for the team.

We are helping two of the employees to access training which will develop their professional counselling practice.

Some volunteers have also assisted the charity in the preparation of accounts, in helping arranging birthday cards and celebrations when someone gets asylum. One of the lead counsellors is also a volunteer.

Funders and donors

We are extremely grateful to the grant-givers and individuals that make our work possible. In 2022 SAST received £202,819 in grant funds - mostly from multi-year grants, £17,322 in donations and £2,902 in Gift Aid. Our fundraising efforts will continue in 2023.

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Report of the Trustees
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Plans for 2023

The charity is working on a consultation with Global Survivors Fund regarding their views on reparations for Conflict Related Sexual Violence. The charity's survivors have participated in large group discussion sessions and a report will be produced later in the year with the results.

Due to an extra grant, we are expanding our work to include more one-to-one in person sessions with survivors and also extra online sessions for survivors who live too far to attend the Thursday meetings on a regular basis.

FINANCIAL REVIEW

Financial position

The charity is backed by three major funders with grant payments totalling £202,819 in the year. The grants are unrestricted. Private donations totalling £20,224 with gift aid, are also unrestricted and tend to be used to support survivors and their families in emergencies or for celebrations and special days of remembrance.

We enjoy tax exemption on our activities as all funds are spent on our charitable aims. We are unable to reclaim VAT input tax on our costs as we are exempt for VAT purposes. We pay tax as an employer through the national insurance contributions we make. We make contributions to Nest pension scheme based on the requirements of the Pensions Regulator for automatic enrolment of all staff.

Reserves policy

We seek to build up a reserve to be able to continue services and to assist individuals in emergencies. The reserves held at the end of the financial year are due to a large grant that has been awarded to be spent from November 2022 to March 2024

Going concern

The administrator and the accountant review the cash flow forecast of the charity on a monthly basis and communicates any concerns to the Trustees. This review along with the reserves held help the Trustees assess going concern. These Trustee reviews are annual at the moment as reserves are secure but would be quarterly at least if the funding situation changed. It has been decided to explore other funding sources as we have increased the number of survivors we help in 2023 and we would like to ensure this continues. The Trustees have an open invitation to attend the weekly meetings and celebrations and spend time with the survivors and see the work of the project on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation controlled by its governing document, a deed of trust.

All participants sign a code of conduct and a privacy notice that is GPDR compliant.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1160787

Principal address

Suite 94
95 Wilton Road
London
SW1V 1BZ

Trustees

F Carver
Ms M Crowther
K Pathmanathan
Mrs L White

Support A Survivor of Torture

Report of the Trustees
for the Year Ended 25 February 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Louise Hallsworth FCA

For and on behalf of Baxters & Co.

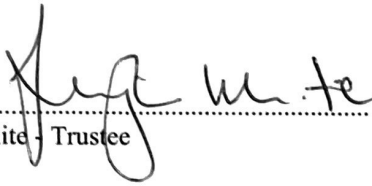
Lynwood House

Crofton Road

Orpington

Kent BR6 8QE

Approved by order of the board of trustees on 25th September 2023 and signed on its behalf by:


.....
Mrs L White - Trustee

Independent Examiner's Report to the Trustees of
Support A Survivor of Torture

Independent examiner's report to the trustees of Support A Survivor of Torture

I report to the Trustees on my examination of the financial statements of Support a Survivor of Torture (the "Trust") for the year ended 25 February 2023.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the "Act").

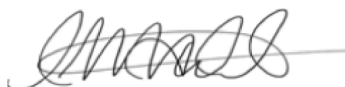
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Louise Hallsworth FCA (Senior Statutory Auditor)

For and on Behalf of Baxter & Co

Chartered Certified Accountants

Lynwood House

Crofton Road

Orpington

Kent

BR6 8QE

Date: 20 October 2023

Support A Survivor of Torture

Statement of Financial Activities
for the Year Ended 25 February 2023

	Notes	25.2.23 Unrestricted fund £	25.2.22 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>223,043</u>	<u>211,805</u>
EXPENDITURE ON			
Charitable activities			
Psychological		53,846	50,893
Social Work		61,194	80,733
Miscellaneous		<u>50,276</u>	<u>43,569</u>
Total		<u>165,316</u>	<u>175,195</u>
NET INCOME		57,727	36,610
RECONCILIATION OF FUNDS			
Total funds brought forward		145,298	108,688
TOTAL FUNDS CARRIED FORWARD		<u><u>203,025</u></u>	<u><u>145,298</u></u>

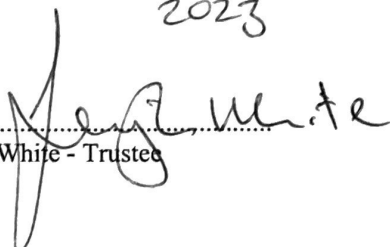
The notes form part of these financial statements

Support A Survivor of Torture

Balance Sheet
25 February 2023

		25.2.23 Unrestricted fund £	25.2.22 Total funds £
CURRENT ASSETS	Notes		
Debtors	4	2,933	2,808
Cash in hand		<u>209,359</u>	<u>151,082</u>
		212,292	153,890
CREDITORS			
Amounts falling due within one year	5	(9,267)	(8,592)
		<u>203,025</u>	<u>145,298</u>
NET CURRENT ASSETS			
		<u>203,025</u>	<u>145,298</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>203,025</u>	<u>145,298</u>
NET ASSETS			
		<u>203,025</u>	<u>145,298</u>
FUNDS	6		
Unrestricted funds		<u>203,025</u>	<u>145,298</u>
TOTAL FUNDS		<u>203,025</u>	<u>145,298</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2023 and were signed on its behalf by:


.....
L White - Trustee

Support A Survivor of Torture

Notes to the Financial Statements for the Year Ended 25 February 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

There are no restricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 25 February 2023 nor for the year ended 25 February 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 25 February 2023 nor for the year ended 25 February 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES FOR 2021 - 2022

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>211,805</u>
EXPENDITURE ON	
Charitable activities	
Psychological	50,893
Social Work	80,733
Miscellaneous	<u>43,569</u>
Total	175,195

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2023

3. **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

Unrestricted
fund
£

NET INCOME 36,610

RECONCILIATION OF FUNDS

Total funds brought forward 108,688

TOTAL FUNDS CARRIED FORWARD 145,298

4. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	25.2.23	25.2.22
	£	£
Other debtors	<u>2,933</u>	<u>2,808</u>

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	25.2.23	25.2.22
	£	£
Other creditors	<u>9,267</u>	<u>8,592</u>

6. **MOVEMENT IN FUNDS**

	At 26.2.22 £	Net movement in funds £	At 25.2.23 £
Unrestricted funds			
General fund	145,298	57,727	203,025
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>145,298</u>	<u>57,727</u>	<u>203,025</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	223,043	(165,316)	57,727
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>223,043</u>	<u>(165,316)</u>	<u>57,727</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2023

6. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 26.2.21 £	Net movement in funds £	At 25.2.22 £
Unrestricted funds			
General fund	108,688	36,610	145,298
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>108,688</u>	<u>36,610</u>	<u>145,298</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	211,805	(175,195)	36,610
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>211,805</u>	<u>(175,195)</u>	<u>36,610</u>

Support A Survivor of Torture

Notes to the Financial Statements - continued
for the Year Ended 25 February 2023

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 25 February 2023.

Support A Survivor of Torture

Detailed Statement of Financial Activities
for the Year Ended 25 February 2023

	25.2.23	25.2.22
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	1	-
Donations	17,321	18,285
Gift aid	2,902	2,633
Grants	<u>202,819</u>	<u>190,887</u>
	<u>223,043</u>	<u>211,805</u>
Total incoming resources	223,043	211,805
EXPENDITURE		
Charitable activities		
Survivors Travel	25,295	16,306
Training and supervision	10,263	11,101
Rent, light and heat	3,140	2,360
Food	11,084	29,159
Fees	53,335	56,250
Project management	28,665	29,482
Miscellaneous	<u>12,771</u>	<u>12,095</u>
	144,553	156,753
Support costs		
Finance		
Administration	12,598	9,240
Accountant's work	<u>3,613</u>	<u>3,735</u>
	16,211	12,975
Information technology		
Online services	3,352	4,717
Governance costs		
Independent examiner's fees	<u>1,200</u>	<u>750</u>
Total resources expended	<u>165,316</u>	<u>175,195</u>
Net income	<u><u>57,727</u></u>	<u><u>36,610</u></u>